

Herland VOICE

September, 2000

RACE FOR THE CURE

A team of Herland runners and walkers will join with thousands of other women and men in the seventh annual Susan G. Komen Breast Cancer Foundation Race for the Cure. The race is scheduled for 9:00 a.m. Saturday, Sept. 30 at Oklahoma City's Myriad Gardens. The USAT&F sanctioned 5K run/fitness walk is the Komen Foundation's signature event to help stamp out breast cancer. The event will also include a 1-mile fun run/walk and Komen Kids 50 yard dash for children ages 8 and under. Returning as honorary Race chair for the fifth year is Oklahoma's First Lady Cathy Keating.

The Susan G. Komen Breast Cancer Foundation was established in 1982 by Nancy Brinker to honor the memory of her sister, Susan G. Komen, who died of breast cancer at the age of 36. The Foundation is an international organization with a network of volunteers working through local Affiliates fighting to stamp out breast cancer as a life-threatening disease by advancing research, education, screening and treatment. The Komen Race for the Cure® is the largest series of 5K runs/fitness walks in the world, with 109 scheduled in the United States in 2000.

The goal of this year's Race is to raise funds toward the Komen Foundation mission of eradicating breast cancer. Seventy-five percent of net proceeds from the Race will fund local breast health education project and grants. Twenty-five percent of the proceeds from the Race will fund the International Grant Program of the Komen Foundation.

Race registration is available through the day of the race. Before 9/20, the fee is \$16 or on race day, \$25. On-line registration also available before 9/20 for \$19. Registration forms available by calling 232-CURE (2873), at metro Oklahoma City JCPenney locations or on-line at www.racegate.com. For a complete schedule of race events, see www.okbreastcancer.com.

Thanks to continued strong corporate support and record race registrations, last year's Oklahoma City event raised nearly \$200,000 for free mammograms for the underserved in Oklahoma as well as funding for several educational programs and life-saving research. □

HERLAND WEEKEND BIKE RIDE

Join the Herland Bike Riders for our first overnightr on Sept. 23 & 24. We will meet Saturday morning in Chickasha and bike 40 miles to Duncan where we will take in some of the Duncan Fall Bluegrass Festival.

Riders can camp out at the RV Park or stay in a motel and the next day we will pedal back to Chickasha. There will be a sag wagon or two to pick up weary riders and carry food and supplies (everyone brings their own food and covers their own expenses).

Everyone is welcome to join us, whether you want to bike or just ride in a sag wagon and enjoy the trip. Call Ginger at 942-1535 for more details. □

September Events

**Supper Club - 5:00 PM,
September 9 Meet at Herland to
pick a restaurant.**

**Weekend Bike Trip-September
24-25**

**Herland Board Meeting - 4:30
P.M., September 17 at Herland**

**Race for the Cure - September
30 , 8A.M., Myriad Gardens, OKC**

**Herland Fall Retreat -- October
13-15 at Osage Hills State Park
See inside for registration
information.**

SAINT SYBIL

Sybil Ludington, Matron Saint of the Forgotten Woman, is an occasional contributor to this space.

Dear St. Sybil,

I'm sorry, I try to be peaceful and serene, to spread joy and harmony wherever I go, but I can't help it, I'm spitting mad again. Here it is: There's a promotion going on at a nightspot here in town – no names, I'm not about to give them any free advertising: I'll call them the Treading on Thin Water Club.

According to our local Shopper, the club is holding an ongoing contest for those they call "the mammary-challenged" – Oh, it just makes me want to go hurt somebody! The competition is once a week for an unspecified amount of time, and the lucky winner gets "you guessed it – a set of bigger, better, newer breasts."

Sybil, short of doing something that I might at some level possibly regret in the future, as I languish in a jail cell as a result – what can I do? Thanks for any help you can give me, your fan,

I've Had It Up To Here!

Dear Haddit,

Maybe the best thing to do would be to have a contest of your own, maybe the Kathryn Bradley Sparrow League (KBS) would sponsor it. You could advertise at the bar itself – put up posters, you know, in the bathrooms maybe – wheat paste is always good – maybe put them on the windows – it would be a good, valuable contest with a great prize, so maybe cover the windows entirely over, so no one would miss out. . . . You could use the same words the Club uses, as quoted in the Shopper, only of course it would be for the guys, that would only be fair.

So the posters would say "Those of the male persuasion who aren't quite satisfied with the size of their penises can visit this Club on Monday nights to compete in a contest to make it to the finals to win – you guessed it, a bigger and better, newer penis. KBS feels it's important to offer one lucky gent the chance to increase his peeny to suite his style."

For a prize for the lucky fellow? You could offer a year's supply of viagra, but even better, I'd say, would be a free penile implant. How to pick the lucky winner, Haddit? I don't know, and neither does the Treading on Thin Water Club, evidently. You and/or the KBS would

just assure the eager contestants, as does the Club, that "Though the final stage of the contest has yet to be determined, KBS reassures us that it will not be humiliating or degrading to the contestants."

And don't forget to add the sweetly patronizing encouragement offered by the co-manager of the club: "Rev. Doctor Feelgood of the KBS, who has had penile implantation himself, said 'It gives you so much more confidence in yourself. People pay for penile implants every day of the week. What's wrong with someone getting one for free?'"

My only other suggestion, just off the bat, would be to get a few of your sisters, representing all fabulous womanly shapes and sizes, and go in and have a Shirt-Off Sit In demonstration on the contest nights. Whatever, be sure to have fun with it and try to stay out of jail.

Yours in sisterhood,
Sybil



Thanks!.....

Kate for the donated TV and VCR, and Kathy for repairing the broken windows in the garage.

Individual, couples or family counseling. Accessible rates. Call for a Wednesday evening appointment. Jo L. Soske, PhD, LPC, CADC 879-2226

Female Roommate needed. Large home in Norman. \$375/month + 1/2 electric bill monthly. Leave a message at 321-6793.

www.herlandsisters.org

Herland Board of Directors:

Laura Choate	Pat Reaves, Co-Chair
Joanna Fife, Secretary	Jerri Schaben
DTH	Denise Smith
Ginger McGovern, Treasurer	Judy Walden

The Voice is published by: Herland Sister Resources, Inc.
2312 N.W. 39th, Oklahoma City, OK 73112.

The Voice is offered as an open forum for community discourse. Articles reflect the opinions of the author and not necessarily those of Herland Sister Resources. Unsolicited articles and letters to the editor are welcomed and must be signed by the writer with full name and address. Upon request, letters or articles may be printed under a pseudonym or anonymously.

Subscriptions to The Voice are free upon request although a donation is requested to meet publication and distribution costs.

CHECK THESE OUT!

—Deb Willis

If sports is your thing then the Metropolitan Library System has books and videos that might be of interest to you.

Biographies are big in the publishing world and biographies of sports figures are among some of the hottest. A few of the more recent biographies of famous women athletes include WNBA MVP Cynthia Cooper's *She Got Game: My Personal Odyssey* (1999); Babe Didrikson Zaharias: *The Making Of A Champion* (1999), by Russell Freedman, about the woman often labeled the greatest female athlete of all time; and Olympic gold medallist Dot Richardson's *Living The Dream* (1997).

If you're looking to broaden your sports horizon beyond biographies, check out *Girljock: The Book* (1998), which contains stories, cartoons and photographs from *Girljock: The Magazine*. This book is full of fun reads about women and sports; a few personal favorites include an article about the Dinah Shore Golf Tournament, an interview with Martina, and the "Lifestyle Questions in the Nation of Jogbras" section. Pat Griffin's *Strong Women, Deep Closets: Lesbians And Homophobia In Sport* is a groundbreaking exploration of the assumptions, prejudice and discrimination women in general, and lesbians in particular, face in sports.

The library system has a number of how-to videos on sports for women, among them are *Do It Better Women's Basketball* (1990) and *Beginning Golf For Women* (1987). If you missed the inaugural season of the WNBA, or want to relive it, check out the video *We Got Next* (1997).

Until next time, happy playing.

Deb is a librarian at the Midwest City Library. You can reach her there (732-4828 x 3) or via email at windeater@planetout.com. ☐



**mystic
FOREST TREASURES**

• incense & oils • candles • imports

• crystals & stones • jewelry

• unique & unusual gifts

• new age supplies

Campus Corner

323 White Street

Norman, OK 73069

Natasha Rice (405) 447-5111

REBECCA R. HOLT, Ph.D.
CLINICAL PSYCHOLOGY

321-2148

P.O. Box 5119
Norman, Okla. 73070

Individual - Couples
Family Therapy, Retreats

HERLAND FALL RETREAT

OCTOBER 13-15, OSAGE HILLS STATE PARK

Please choose the registration amount most appropriate for you. On-site registration will be \$65. Deadline for pre-registration is October 9 and registration is non-refundable after October 11.

Single Person's Annual Income	Suggested Pre-registration per person	Household Annual Income
under \$6,500	\$15	under \$13,300
\$6,500 - \$13,250	\$25	\$13,300 - \$18,000
\$13,250 - \$19,500	\$35	\$18,000 - \$26,000
\$19,500 - \$30,000	\$45	\$26,000 - \$50,000
over \$30,000	\$60	over \$50,000

Registration fee enclosed (payable to Herland): ☐ \$15 ☐ \$25 ☐ \$35 ☐ \$45 ☐ \$60
☐ Saturday only Registration \$25

Name: _____ Phone: _____

Address: _____ City: _____ State: _____ Zip: _____

☐ I need a scholarship to attend.

☐ I'm enclosing an additional \$_____ to help provide scholarships.

☐ I'm bringing _____ children (girls of all ages and boys under 10 are welcome)

Return registration to: Herland Sister Resources, 2312 N.W. 39, Oklahoma City, OK 73112

Herland Sister Resources
2312 N.W. 39
Oklahoma City, OK 73112

Address Service Requested

