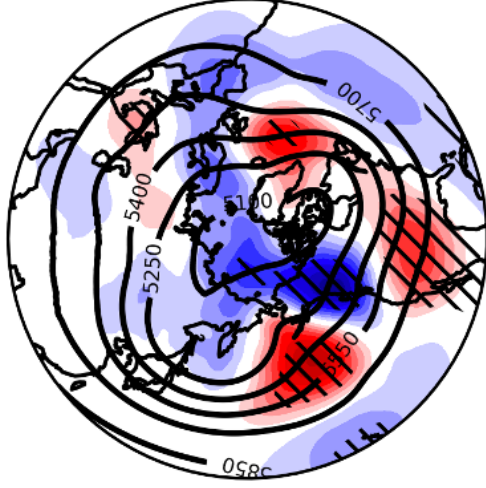
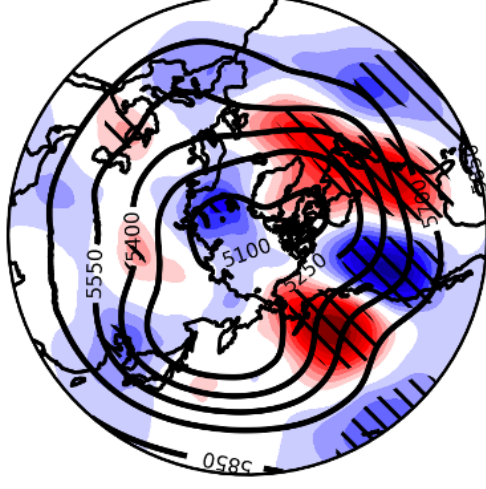


Composite of 500-hPa Geopotential Heights and Anomalies for Hot to Cold Whiplashes (N = 45)

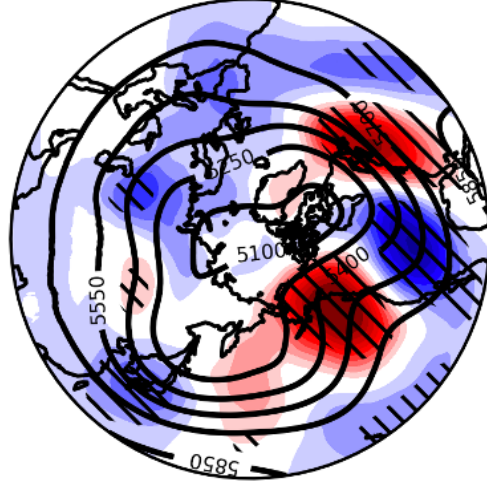
a) Days -5 to -3



b) Days -2 to 0



c) Days 1 to 3



d) Days 4 to 6

