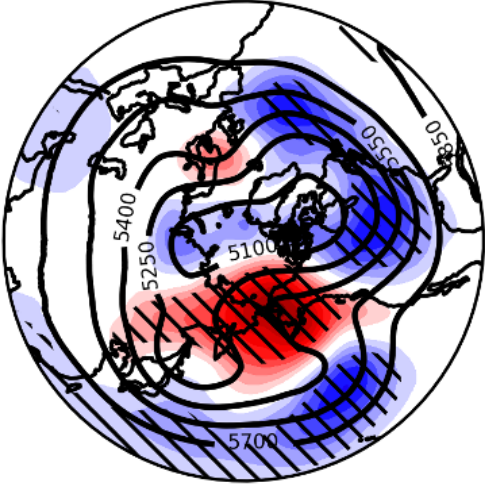


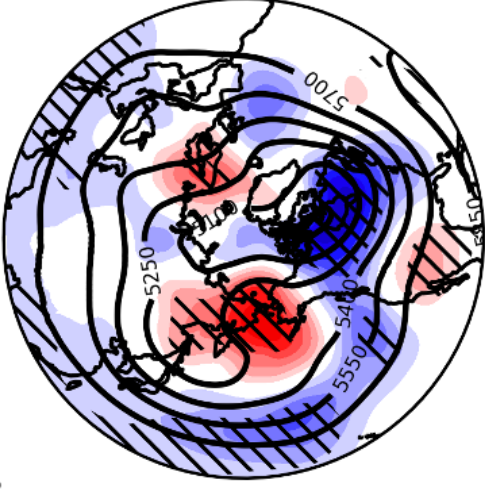
Composite of 500-hPa Geopotential Heights and Anomalies for Cold to Hot Whiplashes (N = 14)

a)

Days -5 to -3

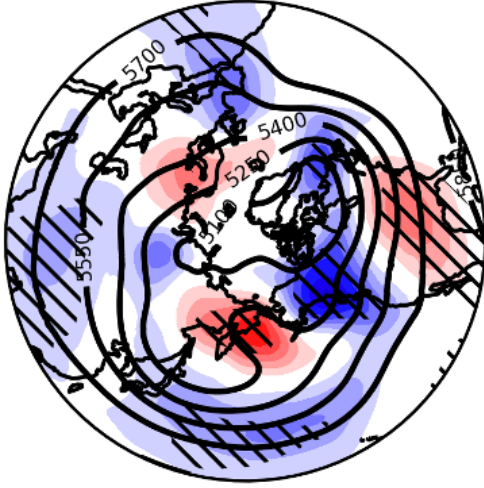


b) Days -2 to 0



c)

Days 1 to 3



d) Days 4 to 6

