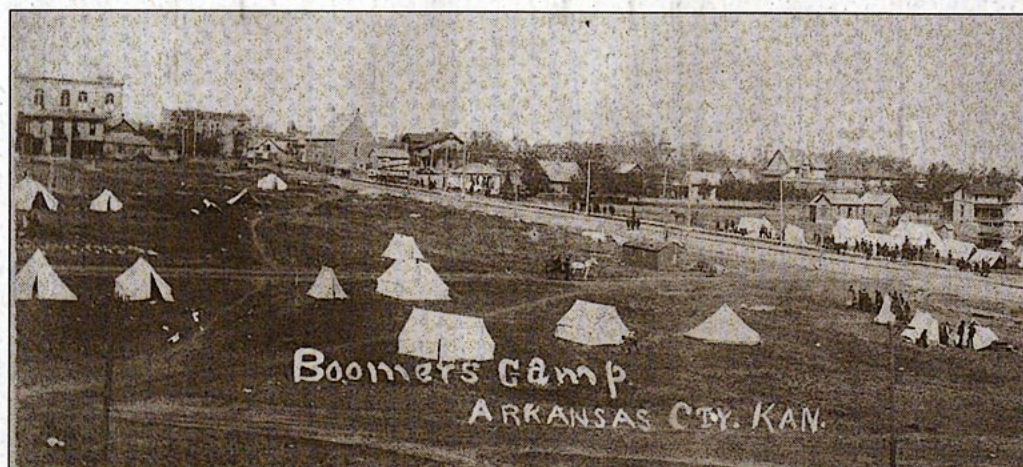


Celebrating 125 Years

Then:

In 1889, boomers camped out overnight to claim their spot for the land run. Photo provided.



Then:

Prospective landowners race across the land run starting line to stake out their land in the newly available Oklahoma Territory. Photo provided.



Now:

Oklahoma City, over the last decade, has developed into an urban landscape. The Greater OKC metropolitan area is now home to an NBA team, as well as a variety of diverse cultural districts. Photo by Aliki Dyer, The Vista.



1889-2014: From Land Run to Urban Cityscape

On Tuesday, April 22, Oklahoma will celebrate the 125th anniversary of the Oklahoma Territory Land Run, which opened the door to Oklahoma becoming a state.

Press Freedom Week coming to UCO's Nigh

Tyler Talley, Staff Writer

It's the third annual Freedom Press Week at the University of Central Oklahoma and instructor Yvette Walker and students enrolled in her Press Freedom course hosts it.

World Press Freedom Day, United Nations sponsored event, takes place on May 3, but since Central students will be preparing for finals that week, Walker and her class decided to celebrate the event a week or so in advance.

The United Nations Educational, Scientific and Cultural Organization (UNESCO) has held World Press Freedom Day since 1993.

According to Journalists Without Borders, an international non-profit, non-governmental organization aimed at promoting and defending the freedom of information and of the press, the United States ranks 46th in terms overall press freedom out of 179 other countries. Finland was the country that ranked the highest and North Korea as the lowest.

Walker pointed to the recent wire-tapping scandals revealed by Edward Snowden last year as the main reason for the United States' disappointing ranking this year. Last year, the U.S. ranked 32nd and the year before it came in at 47th.

Walker added that the event is to remind students that they should be aware of the comparatively free press the United States benefits from, but should also privy to some the challenges that these freedoms are presented with.

"We should be thankful, but not become complacent," Walker said. "We need to do a better job and set an example so that we can reach a better position in the years to come."

Walker went on to say that her students in her Press Freedom course study the freedoms and rights of journalists all over the world. The class communities with individuals from countries like Russia, Ecuador, Austria and more via Skype in order to gain a better understanding of the similarities and differences in press freedoms on an international scale.

Walker's students will host a booth designed to celebrate press freedom, as well as make students aware of the lack of press freedom in other countries from 11 a.m. through the lunch hour today in the Nigh University Center.

UCO to host Earth Day Fair

Sarah Neese, Editor-in-Chief

The University of Central Oklahoma (UCO) is hosting the Earth Day Fair on Tuesday, April 22 in order to celebrate its efforts for sustainability on campus. The Earth Day Fair will take place in various locations around UCO's campus.

The fair's kickoff is set for 10 a.m. at Broncho Lake and will include displays from businesses, student organizations and state agencies, all hoping to educate students, faculty and staff about their efforts for sustainability.

"UCO has a long, proud tradition of innovation in sustainable practices, the first of which was Earth Day. First brought on campus more than 20 years ago by a dedicated group of faculty, the event has grown and thrived throughout the years," UCO Sustainability Coordinator Tim Tillman said.

After its kickoff at Broncho Lake, the fair will host other events throughout the day.

At 11 a.m., the Rain Barrel

Workshop will take place under the Blue Tent in front of Broncho Lake. The workshop will aim to teach students about the rainwater collection process and rain barrels.

Immediately following the Rain Barrel Workshop, at noon, students can enjoy Lunch at the Lake, where complimentary veggie hotdogs and burgers will be available. The lunch will also take place in front of Broncho Lake.

The Redbud Walk and Seed Bomb Toss is set for 12:30 p.m. at Fink Park, which is located across from campus at the intersection of Second Street and Garland Godfrey Drive. Students and faculty who attend the event will help plant redbuds and will make "seed bombs," which will be thrown along Hafer Trail in an effort to help vegetation grow in the area.

In the Nigh University Center's Constitution Hall at 1 p.m., the Advancing Wind Oklahoma Panel Discussion will host ex-

perts in the wind energy industry to discuss the current state of the industry and its potential for the future.

Following the panel discussion, the deadCENTER Film Festival will show three short films in Constitution Hall. The three films, entitled "Where Did the Horny Toad Go?," "Food for Thought" and "Bokoshe: In the Air We Breathe," are all products of Oklahoma filmmaker Stefanie Leland. After the conclusion of the films, Leland will hold a question-and-answer panel about her films.

To conclude the Earth Day Fair, deadCENTER Film Festival will screen a documentary in Constitution Hall at 6 p.m. The film, "YERT," showcases the lives of three friends who travel to find how U.S. citizens are attempting to solve environmental issues.

All of the events during the Earth Day Fair are free.

THE VISTA

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The Vista is published as a newspaper and public forum by UCO students, semiweekly during the academic year except exam and holiday periods, and only on Wednesdays during the summer, at the University of Central Oklahoma. The issue price is free for the first copy and \$1 for each additional copy obtained.

EDITORIALS

Opinion columns, editorial cartoons, reviews and commentaries represent the views of the writer or artist and not necessarily the views of The Vista Editorial Board, the Department of Mass Communication, UCO or the Board of Regents of Oklahoma Colleges. The Vista is not an official medium of expression for the Regents or UCO.

LETTERS

The Vista encourages letters to the editor. Letters should address issues and ideas, not personalities. Letters must be typed, double-spaced, with a maximum of 250 words, and must include the author's printed name, title, major, classification and phone number. Letters are subject to editing for libel, clarity and space, or to eliminate statements of questionable taste. The Vista reserves the right not to publish submitted letters.

Address letters to:

Editor, The Vista, 100 N. University Dr., Edmond, OK 73034-5209, or deliver in person to the editor in the Communications Building, Room 131. Letters can be emailed to vistauco@gmail.com.

ADVERTISE WITH THE VISTA

The Vista is published semiweekly during the fall and spring semesters, and once weekly during the summer. In all issues, The Vista has opportunities for both classified, online and print ads.

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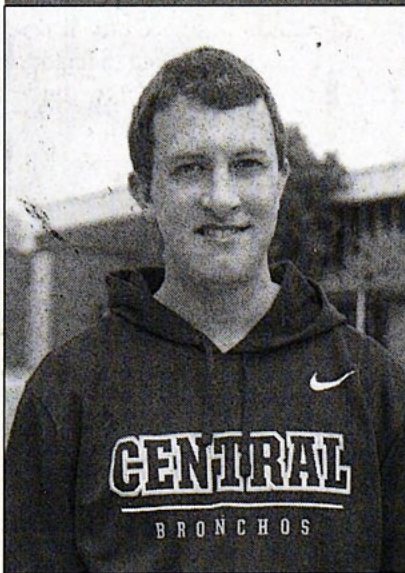
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CAMPUS QUOTES

What is the theme song to your life? Why?

JUSTIN REED
Professional Media - Sophomore



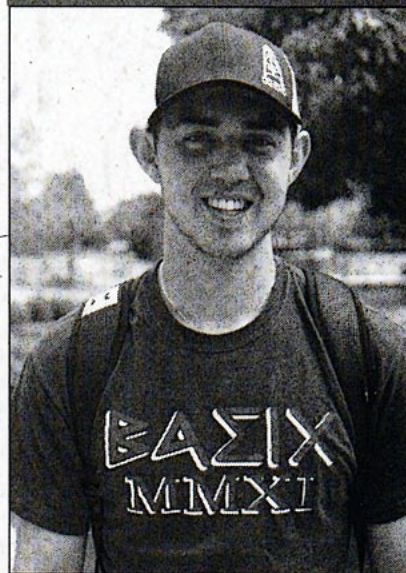
"Life is a highway because one exit is here and the next exit is gone."

CALEB POWER
Computer Science - Freshman



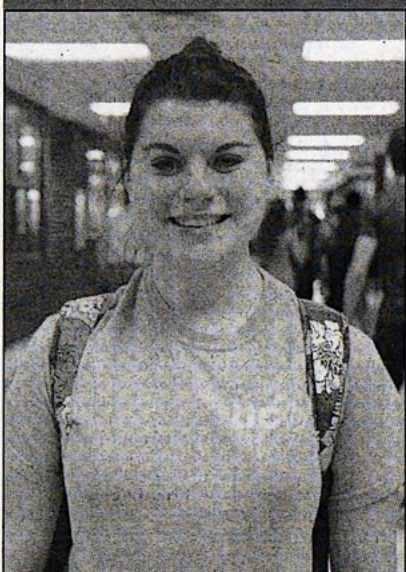
"Axel F theme song because it's cool."

TANNER GORE
Engineering - Freshman



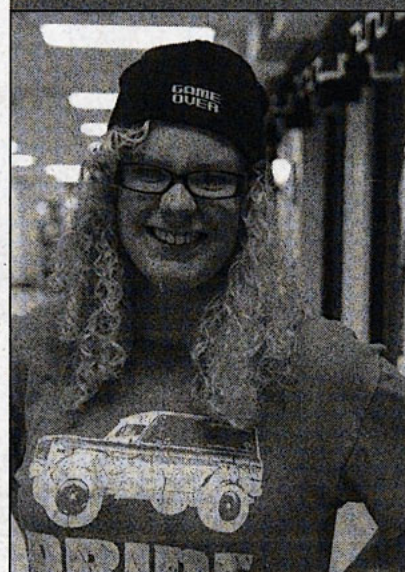
"Better I Don't by Chris Janson. It just depicts how I feel college should be."

GABRIELLE DEVERO
Theatre - Freshman



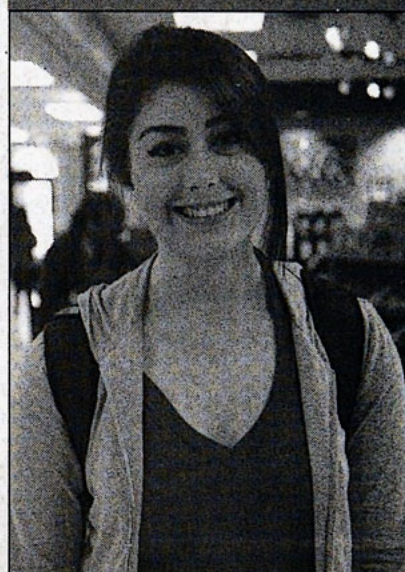
"Walking On Sunshine because it's perky and fun."

CHRISTINA THOMPSON
Theatre Performance/Education - Freshman



"Wake Me Up Before You Go Go by Wham cause I need a little waking up in the morning."

NATALIE KALANTARI
Business Administration - Freshman



"Let It Be by the Beatles because I stress a lot and I should just let it be."

A New Approach to Drug Abuse Education

Editorial by: John Drake

Most young people today with some point had meetings with a police officer in class about Drug Abuse Resistance Education, or DARE. The aim is to provide information about drugs to young people and discourage them from using them, with the general underlying point that they will ruin lives. But a few scattered pamphlets across 12 years of school do not do much good and drug use is rampant in the United States. It is time for a new approach.

DARE classes tended to be rather vague about most illicit substances, but the theme seemed to be that marijuana is a demon drug that will make people go insane, while everything else was summed up as "Drugs are bad, mmmkay?"

Most DARE material is based on obsolete propagandistic theories that are generally dismissed by the scientific community. Their website almost outright states that tobacco use will lead to hard drug abuse of some kind.

Another anti-drug organization, Above the Influence, attempts to dispel the theory of safe marijuana by comparing it to smoking poison ivy, a tendency that makes most rational researchers groan in exasperation.

Out with the propaganda, in with the science.

Students should be required to take a two-semester Drug Education class during their high school years, when drug use begins to rise. These classes should provide hard, scientific data and facts and discuss the benefits and dangers of every drug that young people may encounter, from aspirin to methamphetamine.

Sporadic fear-mongering does not convince students that drugs are bad and certain manners of combating youth drug use trigger the contrarian in many young people and have the opposite of desired effect.

Take marijuana, for example. Study after study shows that cannabis is far less harmful to humans than alcohol and many pharmaceuticals; there are no documented cases of marijuana overdose, while there are countless incidents of alcohol and pharmaceutical overdose.

Teenagers are not all idiots. Many will smoke marijuana and they will realize that they are not, in fact, inclined to attack their neighbor or rob a gas station. When some of these people find out that what they've been taught about cannabis was almost all lies, they will start to question information given about all drugs.

It is important to distinguish between soft,

CAMPUS CARTOON



Cartoon by Brenda Chavez Quintero

relatively harmless substances, like marijuana and those that make people eat faces, like bath salts. An intensive education on this subject would allow students to make informed decisions in their lives and may be the difference between a recreational pot-

head and a penniless crack addict. Teens and young adults need to know the truth. They need to know that some drugs are fairly benign and that others eat away flesh from the bones. When lobbying organizations that oppose drug use are writing drug

policy and education, there will be a natural bias and the people of the United States deserve to know everything. Scientific facts, not political rhetoric, should guide the education and policies surrounding illegal substances.

Opinion

Sincerely,



Stevie

Just Give Them What They Want

By Stevie Armstrong

When I saw that my professor wrote, "I should probably give this a failing grade," on my paper, my heart immediately sank to my stomach.

I flipped through the pages of my paper, searching for what I did wrong. But this was not a research-based paper filled with facts or a paper that could either be right or wrong. No, this was an opinion assignment!

I am a journalism major and creative writing minor. Most of my assignments require what comes out of my head to go straight onto paper.

Therefore, much of my work is opinion based, unless of course it is news articles

we're dealing with. In this case, it certainly was not.

So, I get my opinion piece back and it is marked up with red ink and discouraging comments. If I screwed up on a news story or media law paper, I'd expect to see something like that.

But, this was a paper about my point of view on a certain topic. How can a professor, or anyone, tell me that my opinions are wrong?

College puts on a front. It tells you that you're going to learn valuable material through different courses.

In reality, you learn how to get the right grade. You figure out how the professor teach-

es and what he or she wants from you in order to receive an A.

Although it's the end of the semester, I now know this particular professor's opinions and what I should write on my next opinionated paper. Not that the assignments should be called that. More like, you-better-tell-me-what-I-want-to-hear paper.

Obviously, you can tell it upset me. I do not like conflict, however. So I did not talk to the professor about it. I still got the completion grade I needed and will pass the class just fine.

But the fact that he wanted me to know that I "deserved"

to fail is what bothered me. People can disagree with other people's opinions all they want, but no matter how much you disagree, you cannot tell them how they see things is incorrect.

I will never understand why people think they have the authority to tell others that their thoughts are wrong. And I will never forget how this professor tried doing that to me.

Sincerely, Stevie

Follow me on Twitter @StevieArmstrong

Jumping for St. Jude

Michael Moore

Contributing Writer

The men of Tau Kappa Epsilon Fraternity at The University of Central Oklahoma hosted Jump-A-Thon from 9 a.m. Tuesday to 5 p.m. Friday, north of Broncho Lake. The fraternity jumped continuously for 80 hours to raise money for St. Jude Children's Research Hospital.

This was the first ever Jump-A-Thon, as well as the first philanthropy that TKE

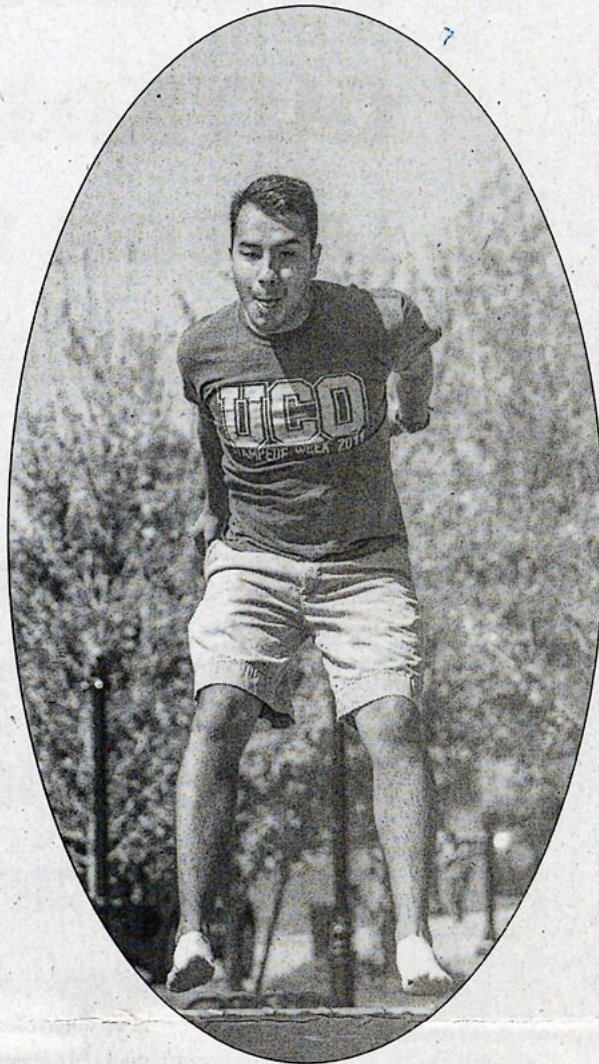
has held on campus since the spring of 2013. The philanthropy offered a free jump on a trampoline for students who were walking by the event. Donations were not required to jump, but encouraged by the members, said Philanthropy Chair Forest Myers.

All members were required to jump on the trampoline. Members that were assigned to jump overnight stayed in a tent on campus. Shifts for each member varied in length depending on class and work schedules.

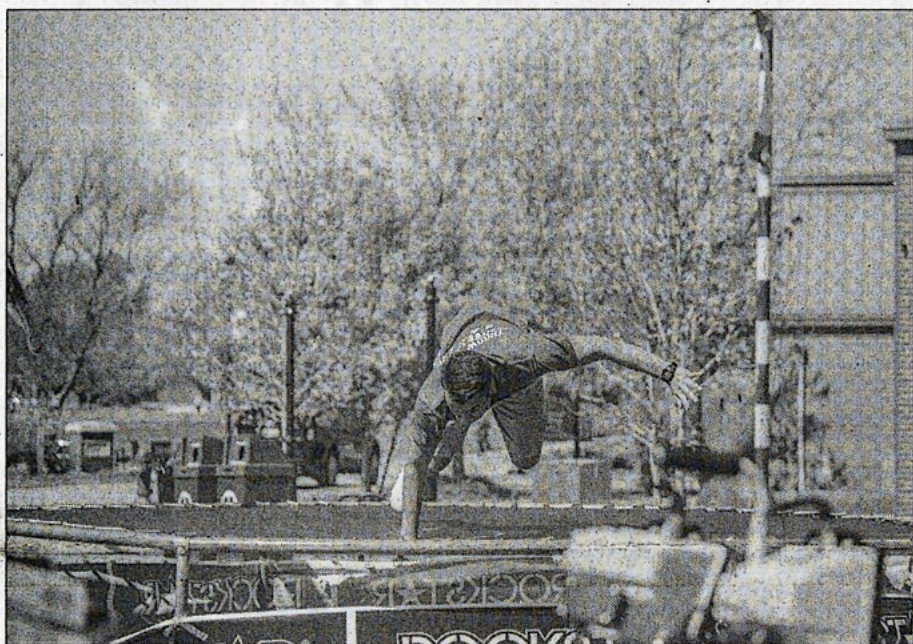
"We raised \$1,350 during the dura-

tion of Jump-A-Thon through sponsorships and donations. All of the proceeds were donated to St. Jude Children's Research Hospital," said Myers.

According to stjude.org, St. Jude Children's Hospital is the fraternity's national philanthropy. During the 2012-13 academic year, TKE raised more than \$100,000 for the hospital. TKE set a goal to raise \$1 million towards the naming of an MRI suite in the Chili's Care Center on the St. Jude campus. All TKE chapters across the nation plan to reach the goal within five years.



Tau Kappa Epsilon hosted Jump-A-Thon from last Tuesday to last Friday. Jump-A-Thon was 80 hours of continuous trampoline fundraiser for St. Jude Children's Research Hospital. The fraternity raised \$1,350 during Jump-A-Thon and more than \$100,000 over the 2012-13 academic year. All money was donated to St. Jude. Photos by Aliko Dyer, The Vista.



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Banning gay marriage rests on one judge's shoulders

Jordan Ensminger

Contributing Writer

One judge will play a deciding factor whether the United States can legally ban gay marriage. U.S. Circuit Judge Jerome Holmes, who is seen as the swing vote on the three-judge panel, heard arguments in Utah's and Oklahoma's appeals of a judge's ruling striking down a gay marriage ban.

The second of two hearings on gay marriage was held last Thursday in Denver. These cases are the first to reach an appellate court since the result of the U.S. Supreme Court struck down the Defense of Marriage Act last year. Following the demise of DOMA, gay rights lawyers convinced eight federal judges that they must strike down laws against gay marriage that deprive same-sex couples of a fundamental right.

One judge supporting the lower court rulings that struck down the Oklahoma and Utah bans, and the other appearing skeptical of them, leaves Holmes as the deciding factor in the hearings.

"The state cannot define marriage in any way that would trample constitutional rights, right?" Holmes asked Jim Campbell, the lawyer for the defendant, the Tulsa County clerk.

Both cases in Utah and Oklahoma are similar - involving bans on gay marriage passed by a majority of voters in 2004 - 76 percent in Oklahoma and 66 percent in Utah - and both bans were struck down within a month of each other by federal judges.

Sharon Baldwin and Mary Bishop, the plaintiffs in the Oklahoma case, said they wanted to marry, but have made a point to try to change Oklahoma's law rather than travel to one of the 17 states where gay marriage is legal.

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Experiencing Post-Traumatic Stress Disorder: The Story of Life After Deployment



U.S. Army soldier of the 2nd Squadron, 38th Cavalry Regiment (2-38th), part of the NATO-led peacekeeping mission in Kosovo awaits to embark on a helicopter to conduct a parachute training exercise in U.S. military base Camp Bondsteel, near the village of Sojeve in Kosovo on Tuesday, April 15, 2014. U.S. Army peacekeeping force regularly conducts parachute exercises to maintain proficiency in airborne operations on this deployment in Kosovo. (AP Photo/Visar Kryeziu)

Amaya Williams, Contributing Writer

There was a cool breeze in the air on Oct. 11, 2006. Wedding bells were ringing and Rameisha Dean was about to marry the man of her dreams.

Jeffery Dean, Rameisha's soon-to-be husband, joined the army in 2000. He deployed to Bagdad, Iraq nearly two years after becoming a soldier in the United States military.

"He went overseas when I was a freshman in college. He was over there for about a year. He returned home in 2003," Rameisha said.

As soon as Jeffery came back home, he proposed to Rameisha. For three years, they lived a normal life.

After the wedding, Jeffery started to focus more on his family and things were great for the Deans for about a year. Then, their lives changed instantly.

"It was 5 p.m. in January 2007 when I arrived home from work and saw a written letter on my desk. The letter said 'I am leaving. Don't know when I will be back. Love you, Jeffery.'"

Rameisha was not shocked because Jeffery was starting to leave letters and notes around the house, often giving his temporary farewell for a couple of weeks.

"As the letters continued to appear, I would notice this continuous pattern. Since returning to the states, Jeffery had been hanging with some of his military colleagues that left and came back with him."

"They struggled with Post Traumatic Stress Disorder and picked up some unusual habits. The days Jeffery was at home, he would mention how 'messed up' they were. But as soon as night fell and we were sound asleep, Jeffery would awake sweating bullets in a panic."

Rameisha continued, "I knew it was his fellow comrades triggering those thoughts and emotions from war that Jeffery wanted to leave behind."

It had been nearly four years since Jeffery returned home from Bagdad and it was obvious the aftermath of the war battle seemed to creep up on him and attack him mentally.

While Jeffery was having a psychological match with the memories of war, Steven Smith, a veteran from Oklahoma City, was physically headed to war, fresh out of high school.

"I joined the Air Force in 2005. I was 18-years-old when I got a girl pregnant and I had to do something with my life, so I joined the United States Military."

Smith was deployed to Saudi Arabia about four years after joining the Air Force. He was at war for four years.

"When I first got deployed, I thought it

was some bullshit. I just joined the military to do something better with my life. I didn't think that I would ever get deployed anywhere," Smith said. "I was sent to four different places overseas and it was the scariest feeling I could ever imagine and an unforgettable experience."

"I was so paranoid most of the time. I could never sleep, I barely ate and I watched people die, and being ambushed became overwhelming."

While in battle, Smith saw so many depressing things and struggled with having peace of mind while fighting.

"I was so paranoid most of the time. I could never sleep, I barely ate and I watched people die, and being ambushed became overwhelming."

Smith was glad to come home to his family in 2012. He thought his life would be somewhat at ease once he got back to living life normally and among a "regular" society.

After his return from physical war, just as Jeffery, Smith was left battling war again in his own mind. But, Smith dealt with his mind battle instantaneously. He had constant flashbacks and many distressing memories.

"Once you get deployed, you don't forget. Personally, I am always alert. Just to hear loud noises frightens me. I honestly am always ready to whoop some ass," Smith said.

The more Smith would react to the aftermath of the war, the more people would say he suffered from PTSD.

"I will admit I have symptoms of PTSD, but I do not want to see a therapist. I'm not in denial, I am just being realistic," Smith said. "Anyone who gets deployed and comes back will suffer from flashbacks, terrible memories and a ton of uncontrollable emotions. Now that I've gone through it, I think it's normal after war."

Smith continued, "People who won't admit to the consequences and mind battle that come with being deployed, haven't really been over there and a psychiatrist can't possibly understand what I had to face and what myself and other soldiers will continue to face every moment forward because of this life changing experience."

And just as Smith, Jeffery felt the same way.

"He would always say if I don't want to talk about it with my family, the people I love, why would I go and talk to a stranger?" Rameisha said.

However, Rameisha felt that Jeffery needed a psychiatrist. She wanted him to utilize all of the resources that the government provided for combats, like Jeffery, returning home from battle.

"He started to feel like he was indestructible and that he could stand up to anyone. He lost his sense of fear and he started to become violent and mad at the world," Rameisha said.

Jeffery started to physically abuse Rameisha and not only that, but simple things would trigger many violent behaviors.

"I could remember driving home late at night. It was raining hard, I mean pouring down and Jeffery didn't care to turn on the windshield wipers. The sound and consistent noise of them would make him angry," Rameisha said.

"He also had to be very aware of his surroundings. He never wanted to sit with his back facing the door or entrance way of any place. He had to see everyone."

She continued by saying, "Some days I didn't even want to come home, because I knew if I did anything to annoy him, which could be anything, he would put his hands on me and initiate a fight."

Before war, Jeffery didn't do these things and before he left, he was as normal as anyone else.

"He even started smoking when he was in Iraq. He did it to pass time and relieve stress," Rameisha said.

And similar to Jeffery, Smith also picked up unfamiliar habits.

"Smoking and drinking were both habits I never wanted to pick up, but war became stressful and it relaxed me and helped me get through tough days," said Smith.

According to a study by "Post-deployment High Risk Behaviors, Aggression and Post-Traumatic Stress Disorder," top levels of military medical commands recently acknowledged that 65 percent of all combat veterans experience some degree of combat and operational stress response, such as lack of sleep, irritability, isolation and other responses, including PTSD.

About 19 percent of Operation Iraqi Freedom veterans also experience aggression and anger, along with developing PTSD within a year of returning home.

"In a national representative study, one-third of veterans with PTSD engage in partner violence at a rate of two to three times higher than those without PTSD."

This explains the reasoning behind why soldiers become exposed to bad habits and behave in a manner that seems to be abnormal.

Soldiers like Smith and Jeffery are merely turning to unhealthy habits, instead of taking advantage of mental therapy for the symptoms and reactions of PTSD.

The research study "Awareness of Post-Traumatic Stress Disorder in Veterans," says that of combat Veterans diagnosed with mental health disorders, including PTSD, only 23 to 40 percent receive mental health care.

Smith and Jeffery, unfortunately, are not a part of that percentage that tries to utilize any therapy because they believe PTSD naturally comes with postwar.

"I actually went to a doctor. They make you go for screening to test to see if you're basically crazy or not. I actually tested positive for PTSD and right now I'm in the middle of legal orders to prove in court I do not need to seek therapy," said Smith.

On the other hand, "Jeffery just refuses to see anyone," Rameisha said.

The New York Times mentions that Colonel Leree Sutton of the Army, head of the new Defense Center of Excellence for Psychological Health and Traumatic Brain Injury, said, "We're on a long journey to get veterans to seek professional help and we've come a long way, but we've still got a long way to go."

Sutton also said, "It's going to be a big step forward to help our service members understand that seeking care, in fact, is a sign of strength."

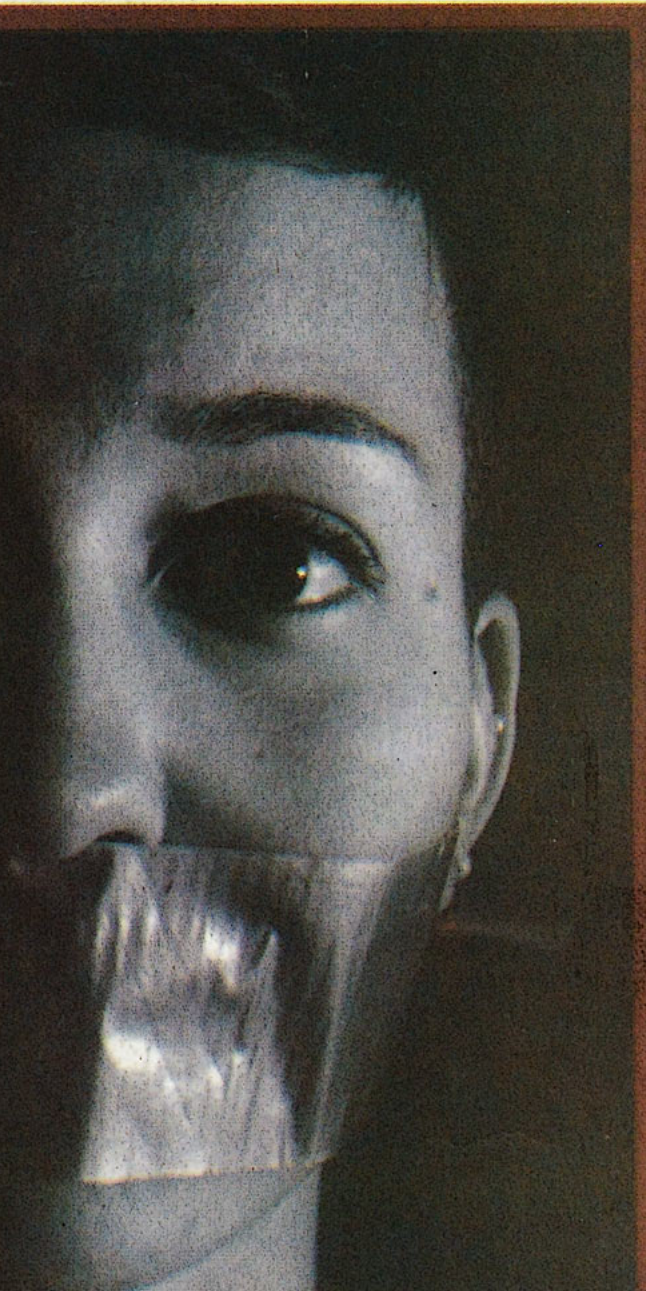
Smith said, "I saw a man, a father, fly back to the states with his daughter's casket. Those are the kinds of moments that will stay with you and leave you on an emotional rollercoaster. A therapist can't possibly help me overcome and shut out the things I've seen and experienced."

As a result, PTSD is a common issue that our soldiers deal with and although our American warriors leave war, the war never seems to leave them.

About 19 percent of Operation Iraqi Freedom veterans also experience aggression and anger, along with developing PTSD within a year of returning home.

46

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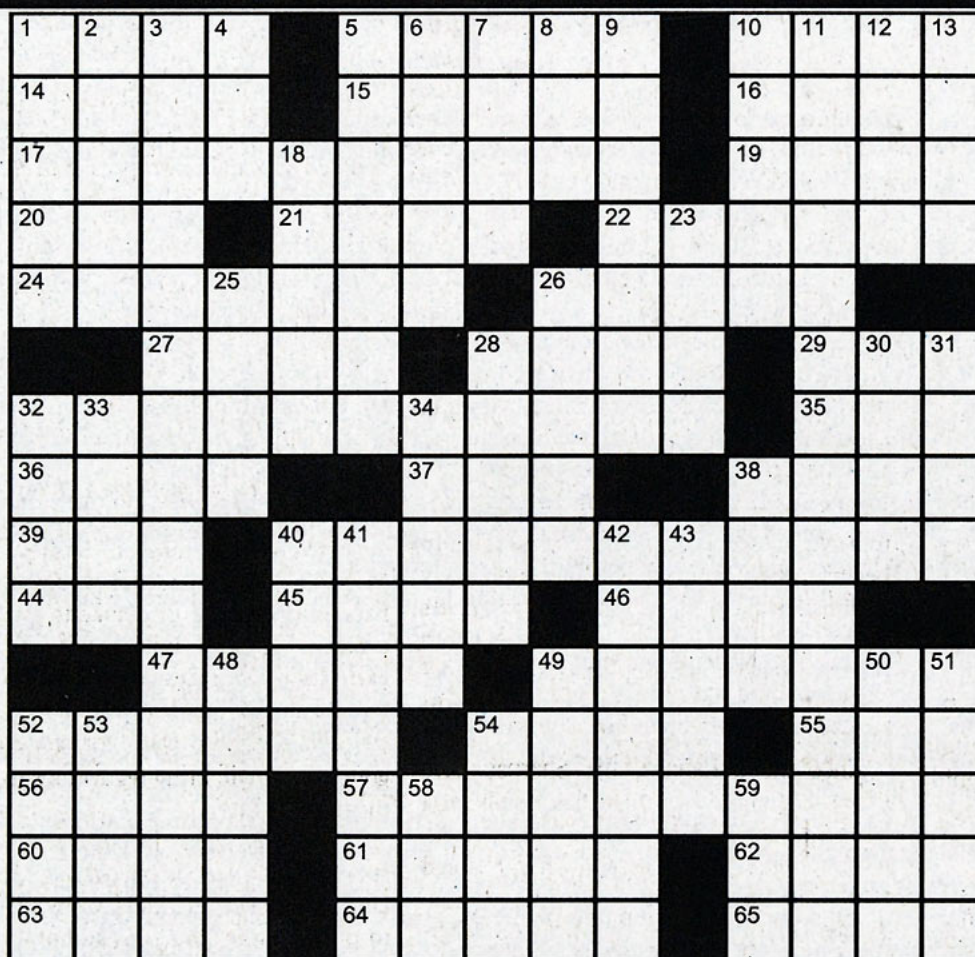
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16. ___-bodied
17. Coming in again
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20. Armageddon
21. Units of work
22. Least cooked
24. "60 Minutes" regular
26. Enjoy
27. "___ on Down the Road"
28. Assistant
29. Check for accuracy
32. Cemetery worker
35. "Act your ___!"
36. Bang-up (hyphenated)
37. Battering device
38. "Miss ___ Regrets"
39. Boy
40. Main character
44. "A jealous mistress": Emerson
45. Channel
46. "Giovanna d'___" (Verdi opera)
47. Having great weight
49. Doglike nocturnal African mammals
52. Plagiarist



54. Immanuel ____, German idealist philosopher
55. Ace
56. Maple genus
57. Yellow substance extracted from flax
60. Butcher's offering
61. Cleans up, in a way
62. A branch of Am. Military (acronym)
63. Christian Science founder
64. Shows excessive fondness
65. "Empedocles on ___" (Matthew Arnold poem)

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RANDOM FACTS

George Brett is the only major league baseball player in the history of the game to win a batting title in 3 different decades.

Al Capone's WWI draft card stated his occupation as "paper cutter."

Down

1. Scatter
2. "Gladiator" setting
3. Sewing notions (3 wds)
4. Barbie's beau
5. Punished by a fine
6. The "L" of XXL
7. Barbra's "A Star Is Born" co-star
8. Feminine side
9. Reduce in worth
10. Where "Aida" premiered
11. Lookout (2 wds)
12. Misfortunes
13. Pedal pushers
18. Bait
23. Affirm
25. Cleanse
26. Fraternity letter
28. Banded stone
30. Auspices
31. Makeup, e.g.
32. Apple variety
33. Big laugh
34. O. Henry device
38. "___ bitten, twice shy"
40. ___ du jour
41. Tangled
42. Bright, lively condition, esp. color
43. Be bombastic
48. Before the due date
49. Dispatch
50. Suffix with sect
51. Music note syllables (hyphenated)
52. Cover, in a way
53. Decorated, as a cake
54. Jersey, e.g.
58. Altar avowal (2 wds)
59. Directly

WORD SEARCH

Animal	I	M	J	T	E	A	O	A	N	T	E	C	R	I	C	G
Cellwall	O	E	E	T	S	L	I	D	E	D	O	Y	T	V	G	O
Chloroplast	B	M	A	A	E	I	I	S	A	F	A	T	Z	E	I	C
Coverslip	J	B	M	O	O	B	A	W	E	U	A	O	A	M	U	O
Cytoplasm	E	R	O	E	Y	E	P	I	E	C	E	P	U	I	I	V
Eyepiece	C	A	U	S	T	S	S	E	N	F	I	L	K	C	L	E
Focus	T	N	N	E	A	S	E	K	G	A	I	A	M	R	N	R
Membrane	I	E	T	C	N	O	A	A	A	A	W	S	H	O	N	S
Microscope	V	I	E	E	I	V	P	L	A	N	T	M	S	S	U	L
Mountedneedle	E	R	D	L	M	G	V	R	P	A	O	S	E	C	C	I
Nucleus	U	N	N	L	A	R	A	H	E	O	T	L	H	O	L	P
Objective	M	N	E	W	L	S	C	I	I	O	R	R	A	P	E	Y
Plant	G	E	E	A	L	A	U	Y	S	A	N	O	E	E	U	C
Slide	K	G	D	L	I	A	O	C	M	E	B	E	L	M	S	E
Stage	E	G	L	L	B	O	L	A	O	R	A	R	G	H	I	A
Vacuole	A	I	E	G	J	O	E	P	U	F	Y	V	L	D	C	T

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Climbing

Sherpas mourn deadly Everest avalanche



A Buddhist monk lights the funeral pyre of Nepalese climber Ang Kaji Sherpa killed in an avalanche on Mount Everest, in Katmandu, Nepal, Monday, April 21, 2014. Buddhist monks cremated the remains of Sherpa guides who were buried in the deadliest avalanche ever recorded on Mount Everest, a disaster that has prompted calls for a climbing boycott by Nepal's ethnic Sherpa community. The avalanche killed at least 13 Sherpas. Three other Sherpas remain missing and are presumed dead. (AP Photo/Niranjan Shrestha)

Binaj Gurubacharya

Associated Press

KATMANDU, Nepal (AP) — Buddhist monks cremated the remains of Sherpa guides who were buried in the deadliest avalanche to hit Mount Everest, a disaster that has prompted calls for a climbing boycott by Nepal's ethnic Sherpa community.

A Sherpa boycott could critically disrupt the Everest climbing season, which is key to the livelihood of thousands of Nepali guides and porters. Everest climbers have long relied on Sherpas for everything from hauling gear to cooking food to high-altitude guiding.

At least 13 Sherpas were killed when a block of ice tore loose from the mountain and triggered a cascade that ripped through teams of guides hauling gear. Three Sherpas missing in Friday's avalanche are presumed dead.

"Right now, I can't even think of going back to the mountain," said Tashi Dorje, whose cousin was killed. "We have not just lost our family members, but it is a loss for the whole mountaineering community and the country."

Hundreds of people lined the streets of Nepal's capital, Katmandu, on Monday as the bodies of six of the victims were driven in open trucks decorated with Buddhist flags.

During the cremation ceremony, dozens of nuns chanted for the victims' souls to be released as the bodies were covered in pine branches. A daughter of one of the climbers

fainted and was taken to the hospital.

While the work on Everest is dangerous, it has also become the most sought-after work for many Sherpas. A top high-altitude guide can earn \$6,000 in a three-month climbing season, nearly 10 times Nepal's \$700 average annual salary.

The avalanche came just as climbing was to begin in earnest, with mountaineers set to begin moving above base camp and slowly acclimatizing to the altitude on the world's highest mountain. Most attempts to reach the 8,850-meter (29,035-foot) summit occur in mid-May, when weather is at its most favorable.

Since the avalanche, the Sherpas have expressed anger that there has not been a bigger response from Nepal's government, which profits from the permit fees charged to the climbing expeditions.

Ang Tshering of the Nepal Mountaineering Association said Sherpa guides are considering a climbing boycott to press their demands. Without the guides, it would be nearly impossible for expedition teams to continue.

Tshering said there were about 400 foreign climbers from 39 expedition teams on the mountain and equal number of Sherpa guides, along with many more support staff such as cooks, cleaners and porters in the base camp.

The Tourism Ministry, which handles the mountaineering affairs, said it has not been told of any cancellations by expedition teams. Some Sherpas had already left the mountain by Monday, either joining the boycott or mourning their friends and col-

leagues.

The government has announced an emergency aid of 40,000 rupees (\$415) for the families of the deceased climbers, but the Sherpas are demanding better treatment.

The "Sherpa guides are heating up, emotions are running wild and demands are being made to the government to share the wealth with the Sherpa people," said a blog post by Tim and Becky Rippel. Tim Rippel, an experienced Himalayan guide and owner of the Canada-based guiding company Peak Freaks, was at base camp when the avalanche happened.

The post said many Sherpas were frustrated by their tiny share of the millions of dollars that flow into Nepal as a result of the climbing industry.

"Things are getting very complicated and there is a lot of tension here and it's growing," the Rippels wrote, adding of the Sherpas: "They are our family, our brothers and sisters and the muscle on Everest. We follow their lead, we are guests here."

The Sherpas want the minimum insurance payment for those killed on Everest to be doubled to 2 million rupees (\$20,800), and a portion of the climbing fee charged by the government to be reserved for a relief fund. They also want the government to build a monument in the capital in memory of those killed in the avalanche.

On Monday, Deputy Prime Minister Prakash Man Singh said the government has been working to help the Sherpas since the rescue began. "We will do what we can, keeping with the standard practice to provide compensation," he said.

Sherpa Pasang of the Nepal National Mountain Guide Association said they have handed over a list of demands to the government seeking 1 million rupees (\$10,400) each for the families of dead, missing and injured Sherpa guides in immediate financial aid. They also want assurance that the government will bring regulations to protect them in the future.

"The government has made no big response even after a big tragedy like this. Until they hear our pleas we will continue to put pressure," he said, adding they plan to meet top government officials later in the week.

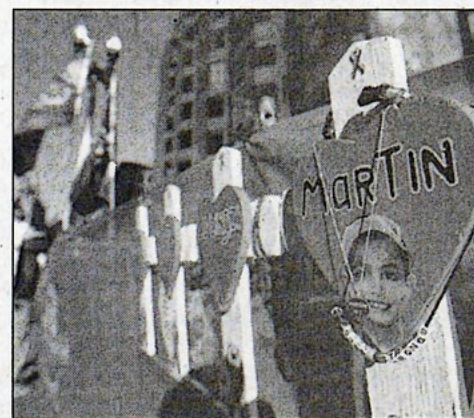
Hundreds of people, both foreigners and Sherpas, have died trying to reach the summit, and about a quarter of the deaths occurred in avalanches, climbing officials say.

The previous worst disaster on Everest had been a fierce blizzard on May 11, 1996, that killed eight climbers, including famed mountaineer Rob Hall, and was memorialized in a book, "Into Thin Air," by Jon Krakauer.

More than 4,000 climbers have reached the top of Everest since 1953, when the mountain was first conquered by New Zealander Edmund Hillary and Sherpa Tenzing Norgay.

Boston Marathon

Capturing the Boston Marathon



A memorial to 2013 Boston Marathon bombing victim Martin Richard, right, sits alongside those for bombing victims Lu Lingzi, Krystle Campbell and for MIT officer Sean Collier, allegedly killed by the bombing suspects, near the starting line of the 118th Boston Marathon Monday, April 21, 2014 in Boston. (AP Photo/Robert F. Bukaty)



Mobility-impaired runners David Abel, left, Juli Windsor, and Scott Riggsby compete in the 118th Boston Marathon Monday, April 21, 2014 in Hopkinton, Mass. (AP Photo/Michael Dwyer)



Boston Police officers on bicycles ride across the finish line before the 118th Boston Marathon Monday, April 21, 2014 in Boston. (AP Photo/Elise Amendola)

Upcoming Broncho Games

Tuesday

Women's Golf at MIAA Championships (Hosted at Alvmarr Country Club in Lawrence, Kansas) (Day 2 of 3)
Men's Golf at MIAA Championships (Hosted at Alvmarr Country Club in Lawrence, Kansas) (Day 2 of 3)

Wednesday

Women's Golf at MIAA Championships (Hosted at Alvmarr Country Club in Lawrence, Kansas) (Day 2 of 3)
Men's Golf at MIAA Championships (Hosted at Alvmarr Country Club in Lawrence, Kansas) (Day 2 of 3)
Track and Field at Drake Relays (Hosted at Drake University) (All Day)
Baseball vs. Southwestern Christian University 3:00 p.m.

Thursday

Track and Field at Drake Relays (Hosted at Drake University) (All Day)

Friday

Track and Field at Drake Relays (Hosted at Drake University) (All Day)
Softball at Northwest Missouri State University 2:00 p.m. / 4:00 p.m.
Baseball vs. University of Central Missouri 2:30 p.m.
Women's Tennis at MIAA Championships (Hosted at the Cooper Tennis Complex in Springfield, Missouri) (All Day)

Saturday

Track and Field at Drake Relays (Hosted at Drake University) (All Day)
Track and Field at Missouri Southern Invitational
Women's Tennis at MIAA Championships (Hosted at the Cooper Tennis Complex in Springfield, Missouri) (All Day)
Women's Rowing at Southern Methodist University Duels (All Day)
Softball at Missouri Western State University 12:00 p.m. / 2:00 p.m.
Baseball vs. University of Central Missouri 1:00 p.m. / 3:00 p.m.

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OKC Thunder

Thunder look to avoid slow second half in Game 2

Cliff Brunt

AP Sports Writer

Pace was a word in fashion after Oklahoma City's 100-86 win over Memphis in their first-round playoff opener.

Game 1 on Saturday looked like two different games.

There was the first half, when Oklahoma City pushed the ball, scored transition baskets at will and led by 25 points.

Then there was the third quarter. Memphis slowed things, picked its spots to run, used post players Zach Randolph and Marc Gasol to dominate inside and outscored Oklahoma City by 18 points to get back in it.

"We got stops," Randolph said. "We played our style of basketball. We were getting stops and pushing the ball up and getting back on defense, getting back in transition and slowing down them running off and getting fast breaks."

Memphis believes its best chance to beat Oklahoma City is to play an entire game like the third quarter of Saturday's contest. The Grizzlies can take confidence from their rally into Game 2 Monday night in Oklahoma City.

"It was real important," Randolph said. "We see what we can do. We know what we can do and we've got to come like that at the beginning of the game."

In the first half, Memphis missed shot after shot against Oklahoma City's aggressive defense and allowed Kevin Durant and Russell Westbrook to snag defensive rebounds. Once those two got the ball, it was a race to the hoop that Memphis was ill-equipped to win. Durant scored 17 points in the first half and Westbrook added 16.

Oklahoma City blocked eight shots in the first half to fuel its transition game. The Thunder scored 21 fast-break points before halftime and led 29-16 after one quarter and 56-34 at the break.

"Now we know that we've got to send the ones and the twos back on the shot every time," Memphis guard Courtney Lee said. "We can't gamble on the backcourt, we've got to get back. You know, when (Serge) Ibaka is blocking shots like that, leading off the fast break, me or Michael (Conley) or whoever's out there

at the guard slot needs to realize that and get back."

Oklahoma City allowed 34 points on 25 percent shooting in the first half.

"I thought we did a good job of just continuing to play at the pace that we want to play," Oklahoma City coach Scott Brooks said of the first-half performance. "To keep pushing the ball, it has to be off of our defensive effort."

If Memphis wants to control the speed of the game, it also will need to better control Westbrook, a tall task for any team. Oklahoma City's explosive point guard was out with a knee injury last year when Memphis won the Western Conference semifinals in five games. He showed his value Saturday with 23 points, 10 rebounds and five assists.

"He was running the basketball extremely well, got everybody the ball, and scored the ball at a high rate," Durant said. "He makes it a lot easier for everybody, not just myself. He wreaked havoc on both ends of the floor."

In the third quarter, Memphis cut its 22-point deficit down to four. Its grind-it-out style put a scare into the crowd at Chesapeake Energy Arena.

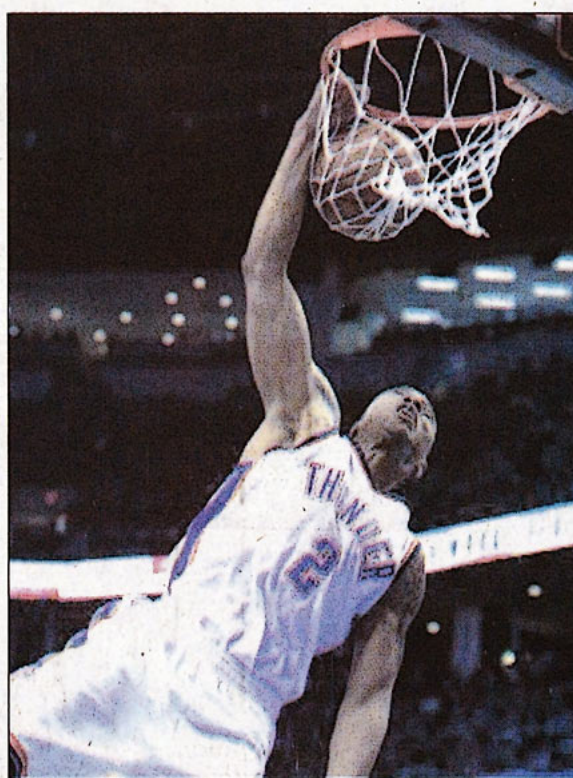
"Second half, I thought we did a better job of getting our hands on them, being more physical defensively," said Conley, who had 16 points and 11 assists. "We allowed ourselves to slow down the game a little bit and we were able to get it to our pace."

Brooks acknowledged his team's complacency to start the second half.

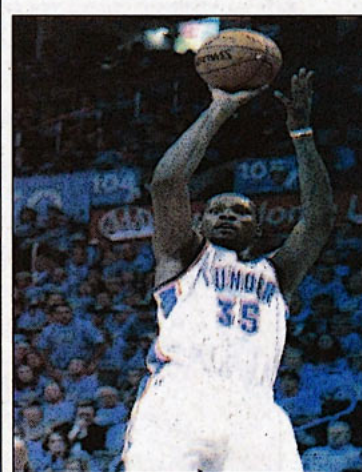
"Our defense wasn't as aggressive," he said. "Give them credit. They came out. When they were down a big number, they came out better, and we didn't do a good job of getting stops in that third quarter that allowed us to play with our pace."

Memphis cut Oklahoma City's lead to two in the fourth quarter, but the Grizzlies expended too much energy catching up. Durant scored 13 of his 33 points in the fourth quarter to help the Thunder pull away.

"We dug ourselves a hole starting out and climbing that ladder and trying to dig into the lead," Tony Allen said. "It's kind of crucial down the stretch, with some guys getting fouls, and fatigue probably might've set in. Whatever the case may be, we've just got to be ready to play from start to finish. We do that come Monday, I like our odds."



Below: Oklahoma City Thunder forward Kevin Durant (35) shoots against the Memphis Grizzlies during the fourth quarter of Game 1 of the opening-round NBA basketball playoff series in Oklahoma City on Saturday, April 19, 2014. Oklahoma City won 100-86. (AP Photo/Alonzo Adams)



Above Left: Oklahoma City Thunder forward Caron Butler (2) goes up for a dunk against the Memphis Grizzlies during the fourth quarter of Game 1 of the opening-round NBA basketball playoff series in Oklahoma City on Saturday, April 19, 2014. Oklahoma City won 100-86. (AP Photo/Alonzo Adams)



Memphis Grizzlies head coach David Joergel reacts to a call against his team as they play the Oklahoma City Thunder during the first quarter of Game 1 of the opening-round NBA basketball playoff series in Oklahoma City on Saturday, April 19, 2014. (AP Photo/Alonzo Adams)

Baseball blasts Lions to win 3 of 4

Trey Winfrey

Contributing Writer

The University of Central Oklahoma Baseball was back in action this past weekend in a pivotal series with the Missouri Southern University in Joplin, Mo.

The Bronchos and Lions kicked off the series in a Thursday afternoon matchup. The teams battled in a tough pitcher's duel, as Jared Sterling and Payton Walker fought for seven innings until Walker cracked in the seventh, giving up a Jake O'Brien two-run homerun.

That homerun sealed the game for UCO, as they took game one, 4-1.

"Tonight was a battle in all three phases of the game," head coach Dax Leone told bronchosports.com. "This win says a lot about the character of

this club and its toughness. Missouri Southern's left-handed pitcher, (Payton) Walker, was outstanding for them and really made us work for everything."

In game two on Friday, the first game of a doubleheader, Rickey Reeves took the mound and was great as always. Reeves picked up his eighth win, going five and one-third innings and giving up one earned run. Phillip Wilson picked up his seventh save of the year and is now tied for the most saves in a single season in UCO history.

The Lions tacked on three runs in the fifth inning to make things interesting, but UCO plated three runs of their own in the seventh to pad their lead and they went on to win game two, 7-3.

In game three, the Bronchos jumped up on top 3-1 and had handed the game to their bullpen in the fourth. Joe Howell and Wilson gave up three runs in the sixth inning and the Lions stole

game three, 3-4.

The Bronchos found themselves losing 3-6 after the third inning in the series finale Saturday afternoon.

Caesar Wong brought the Bronchos within one run in the seventh on a two-run homerun. The Bronchos offense came alive in the ninth behind a Wilson and Wong back-to-back homerun. They tacked on another run in ninth, when Dillon Argo knocked in Matt Johnson on a RBI double.

The Bronchos went on to win 8-6 and won their seventh series of the year. They also went over the 30-win mark for the season, with a record of 32-11 and 25-11 in the MIAA conference.

The Bronchos are back home this weekend for a matchup between the top two teams in the conference, as they host Central Missouri for the regular season title.



Left: UCO Senior Joe Hollowell throws out a strike. Taken from The Vista Archives

Above: UCO '13 Senior Cameron Mavroulis fields a ground ball at second base. Taken from The Vista Archives.

UCO Men's Golf continues streak

Austin Litterell, Staff Writer

The men's golf team continued their incredible finish to the season last week with another first place finish in St. Louis at the Embassy Suites Invitational. UCO is finishing the season on a high note with their third straight title. The team also won in Topeka at Washburn's event, then the Broncho Invitational that they hosted here in Edmond. The Embassy Suites Invitational was the last regular season tournament for the team.

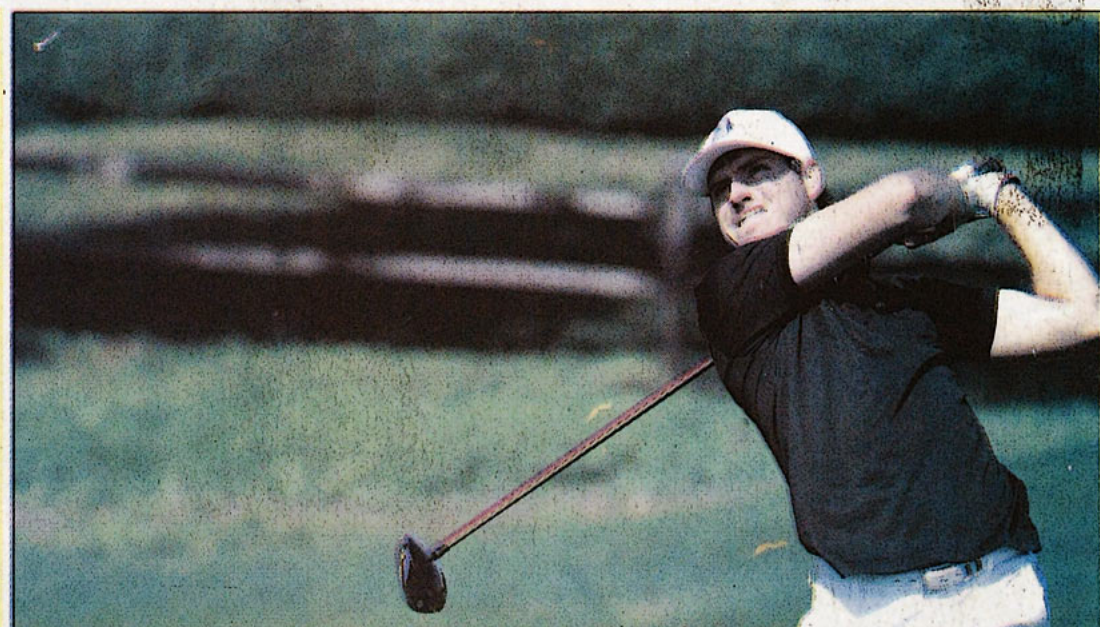
The Bronchos have had a pretty successful season already this year. Besides their three wins, UCO has placed in the top five of a tournament five other times. With only two seniors on the roster, the team has plenty of young players getting good experience.

UCO put in a strong 297 score on the second and final day of the tournament last week to secure the win. Overall, the Bronchos finished with a 603 score and a 10 stroke victory over the next opponent: Host school Lindenwood finished runner up, while Washburn finished in third place with a score of 619.

The Bronchos had solid individual results all across the board. Leading the way on the final day, Russ Perser posted a 73, one stroke over par. Freshman Joby Gray added a 74, Landon Morgan and Matt Helms each shot 75, and Eric Kline finished with a score of 81 on the day. Helms was the highest finisher individually over the two day event with a runner up finish and a score of 149. Gray finished in third at 150 and Perser finished in fifth with a 151.

Next up for the Bronchos will be the MIAA conference tournament this week in Lawrence, Kans. UCO came out on top last season in the conference tournament, their first season in the MIAA. UCO will have just two players on the team who participated in last year's conference tournament, Kline and Chris Muriana. Last year, Kline finished 10th in the tournament, while Muriana came in 28th place.

Following the MIAA tournament, UCO will have the NCAA super regional and the NCAA tournament starting on May 19th at The Meadows Golf Course in Allendale, Mich.



UCO Sophomore Russ Purser tees off. Photo taken from The Vista archives.

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