



Features

News

Sports

the **VISTA**

September 16, 2014

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EDITORIALS

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LETTERS

The Vista encourages letters to the editor. Letters should address issues and ideas, not personalities. Letters must be typed, double-spaced, with a maximum of 250 words, and must include the author's printed name, title, major, classification and phone number. Letters are subject to editing for libel, clarity and space, or to eliminate statements of questionable taste. The Vista reserves the right not to publish submitted letters.

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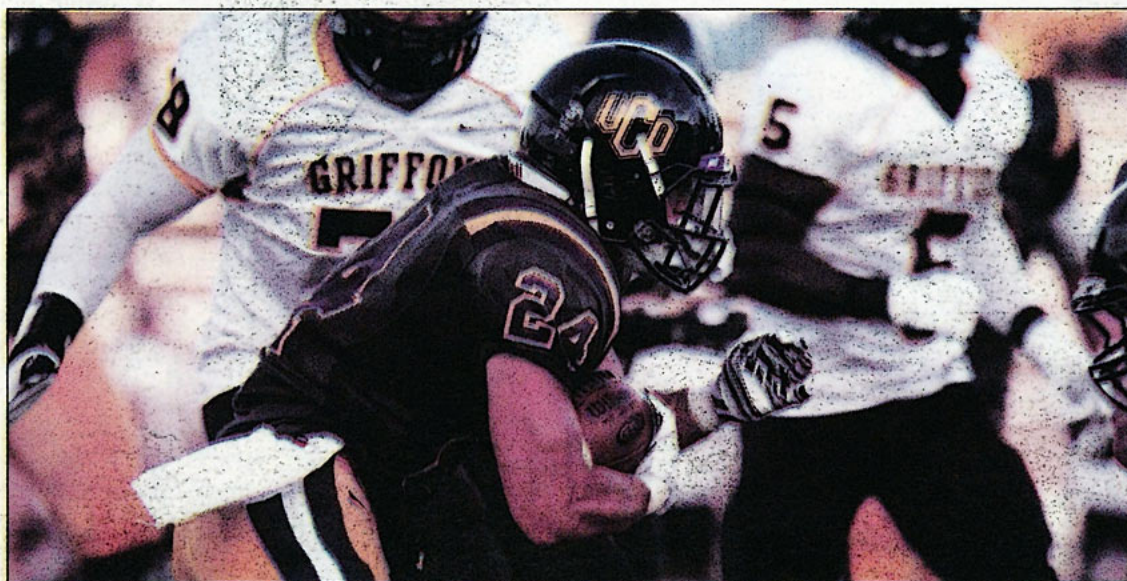


CONTENTS

News.....	B-Section
Campus Quotes.....	4A
Editorial.....	6A
Horoscopes.....	10A
Sports.....	11A-15A

ON THE COVER

Students Alex Baker and Blakely Elliott, members of the American Democracy Project, encourage students to register to vote on campus on Monday, Sept. 15. Photo by Aliki Dyer, The Vista.



Relationships 101: A Woman's Perspective



Kchris Griffin

@kchriswitha_k

Staff Writer

Everyone possesses a perspective about love, but some define love as having someone else's best interest and well-being as a priority in your life.

In a relationship, finding the right mix of qualities to help produce a healthy, lasting relationship can prove ambiguous in its nature. Keeping the person around for the long haul seems to cause the most problems. For the queen searching for her king, what does she think it takes to make something beautiful last?

Communication makes or breaks a relationship said Paige Holt, an early education freshman.

"Being able to talk to each other when there is a problem is key," Holt said. "Honesty is a big thing especially when you live a part. I'm in a long distance relationship. You have to trust that the other person is going to be honest with you. Respecting each other is important too."

In a relationship, the man and woman share responsibilities to keep the relationship balanced.

"I think social media has changed dating a lot," Holt said. "It ruins some relationships. It's just harder when you're in a relationship because there is a lot of jealousy going around."

According to facts.randomhistory.com, four signs showing a man cheating in a relationship are that he accuses his partner of cheating, he's extremely

vague, he seems to be compensating by acting extra nice for no reason or he's always at work.

"Even though my boyfriend is three hours away, we still talk everyday," Holt said. "Having the same values and being supportive of each other is what keeps our relationship going."

People search for happiness in different aspects of life such as family, jobs and relationships.

Courtney Harrell, a nursing freshman, said a difference between high school and college relationships exists.

"In high school, you know you're going to go your separate ways anyways," Harrell said. "In college, you're way to building your future. So you're kind of learning what you want to do with your life."

Harrell remains single but is in the "talking" stages of a relationship.

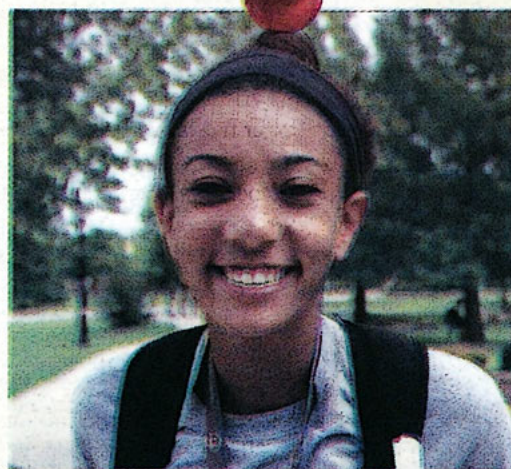
"When you meet someone in college, you know you're looking for something that will last a lot longer than a maximum of three or four years," Harrell said.

"I'd say my responsibility in a relationship is to build them up no matter what decide to do with their life. I'd say go with flow, because some people say that after a couple months you love them and for some people it takes years for that. It's just case to case and person to person depending on how they feel."

Photo by Ryan Naeve, The Vista.

“Campus Quotes”

What is your
favorite thing
to do at the
fair?



“Ride rides and eat junk food.”

-Haleigh Thompson
Freshman undecided major



“Trying all the fried food.”

-Destini Taylor
Senior psychology major



“Eat the food.”

-Xavier Vo
Freshman marketing major



“Eat all the different things they serve.”

-Reajuanique Baker
Freshman chemistry major

jhene aiko



Kchris Griffin

@kchriswitha_k

Staff Writer

"Is it strange for me to say that if I were to die today there's not a thing that I would change, I've lived well."

Jhene Aiko said these words in the track called "Eternal Sunshine," which is an addictive song off of her debut album called "Souled Out." Remember back in junior high, when you would lay in bed listening to your favorite song that made you dream about love? This album features that type of songs.

"Souled Out" showcases 14 songs, which touch on topics of love, life and breaking-up to open up for a better situation. Each song offers a different perspective from Aiko's personal life, which everyone can relate to, no matter what gender they are. She passionately paints a picture using her voice, making you become so consumed in your thoughts and emotions that you lose yourself.

Aiko possesses a distinct feel to her penmanship, emotion and voicing, which she puts into her music. Her breathy vocals will mesmerize you, putting you in a trance, make you think about things you've experienced and make you want to progress those thoughts into something better. Think of a

difficult break-up you went through and these lyrics from "Spotless Mind."

"Shame on me for changing, shame on you for staying the same."

Lyrics such as these linger throughout the album. Aiko dishes a unique perspective, which can lead one to feel good about him or herself and look forward to a better day.

I found myself addicted to the song titled "Blue Dreams." It's soothing, intense, smooth, peaceful, wishful, hopeful and oh-so-loving.

"My afternoon dream, when the world is still sleeping, I am still thinking of my Blue dream, it's bliss," Aiko sings. "Don't wake me up cause I'm in love with all that you are, you make me see the truth in things that I think you are."

Aiko didn't waste time adding useless features.

Every beat and feel to each song complements not only her

voice but also the woman she is. If you want to feel good about yourself, want something easy to listen to or need something to soothe your soul, then let the "Pretty Bird" songstress sing and pour her heart out to you.

SOULED OUT

4.8 out of 5



Stop overhyping ISIS



**J. Preston
Drake**

@jpdrake94

Editorial Writer

It is the same old tired story. Crazy Islamic militants are trying to create a holy war, chanting slogans and picking fights with everyone. It was seen with al-Qaeda, the Taliban, Hamas and countless other extremist groups. This is little different, yet the Islamic State of Iraq and Syria (ISIS) has Americans and politicians freaking out...again.

There is no doubt that ISIS is, to some extent, dangerous. But that extent is largely limited to Iraq, Syria and perhaps their neighbors. True, they have military-grade weapons and vehicles, but shockingly, so do the local militaries.

ISIS is not exactly making a lot of friends, either. al-Qaeda has taken great pains to distance themselves from ISIS and the Islamic Republic of Iran – a theocracy much like ISIS – is actively assisting Iraqi forces in fighting them.

The Islamists are already engaged in a three-front war against the Iraqi and Syrian Armed Forces and the Kurdish Peshmerga. The Iraqis and Kurds both enjoy extensive support by Western powers and Iran, while ISIS must largely rely on the supplies and equipment they capture throughout the conflict and money earned from plunder and smuggling – hardly a sustainable business model.

ISIS lacks a significant number of aircraft and the few fighters and helicopters they now have are effectively grounded by American air support. Furthermore, most estimates put the strength of ISIS on the ground at no more than 100,000 fighters, compared to 200,000 Peshmerga fighters, 600,000 Iraqi security personnel and an undetermined number of Syrian soldiers.

These militants are undoubtedly aggressive, zealous and remorseless and have successfully challenged the Iraqi central

government, but overall they are not, as Defense Secretary Chuck Hagel said, an “imminent threat” to the United States.

And Sen. Bill Nelson’s assertion that ISIS “will not stop until the black flag of ISIS is flying over the White House” is pure fear mongering.

The organization, as a whole, has no grasp of diplomacy and no desire to learn. They have even been ostracized by other radical Islamist groups and can only hope to hold what they have taken.

The Islamic State will not be crushed in the near future, of course, but their routine human rights violations and systematic extortion of its residents will make it difficult for them to develop into a sustainable regional power.

As for the fear of “lone wolves” returning to America to initiate acts of terror, there may be some level of legitimacy. However, with as much as the U.S. government spies on its citizens, they should hopefully be able to discover and thwart these attacks beforehand, assuming they are not too busy logging John Smith’s phone calls to his drug dealer.

The U.S. should, of course, continue to assist Iraqi and Kurdish forces in curtailing ISIS. This does not mean initiating yet another war in Iraq, even if they have executed two Americans. As tragic as those incidents were, sending thousands more American soldiers to die will not bring James Foley or Steven Sotloff back to life.

American air support may be key to the Iraqi-Kurdish victory over the extremists. However, ISIS is not a direct threat to the United States any more than swine flu was the start of the zombie apocalypse and that rhetoric needs to stop before America winds up in another expensive foreign occupation.



In this photo provided by the Turkish Presidency Press Service, Turkish President Recep Tayyip Erdogan, left, and U.S. Defense Secretary Chuck Hagel shake hands before their talks in Ankara, Turkey, Monday, Sept. 8, 2014. Hagel is in Turkey for talks with Turkish leaders. (AP Photo/Turkish Presidency)

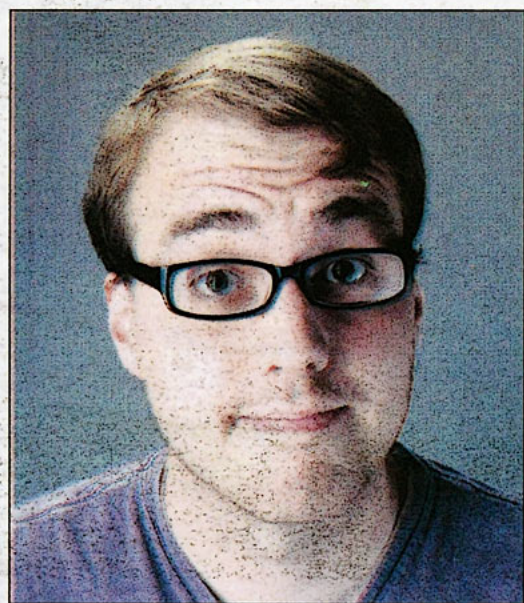


FILE - This undated file image posted on a militant website on Tuesday, Jan. 14, 2014, which has been verified and is consistent with other AP reporting, shows fighters from the al-Qaida linked Islamic State of Iraq and the Levant (ISIL), now called the Islamic State group, marching in Raqqa, Syria. U.S. President Barack Obama on Wednesday, Sept. 10, 2014 ordered the United States into a broad military campaign to “degrade and ultimately destroy” militants in two volatile Middle East nations, authorizing airstrikes inside Syria for the first time, as well as an expansion of strikes in Iraq. (AP Photo/Militant Website, File)

ATTACK OF THE NERDS

By Tyler Talley

TALLEY



MARKS

We live in a cultural crossroads in which being a nerd is cool. Comic book films are the driving force of the global box office and shows like "The Big Bang Theory" and "Game of Thrones" are some of the hottest shows on television.

So, it's odd to find nerd culture at war, not with Daleks or Uruk-hai, but with itself. While perusing websites like reddit, I frequently read complaints about the rising popularity of things once considered "nerdy."

These nameless trolls seem to be tormented by the fact that "posers" dare to like playing video games or reading comic books. After all, they didn't earn the right to like those things. They weren't bullied as adolescents for collecting Pokemon cards or mocked for waiting in line for the newest Teenage Mutant Ninja Turtles movie.

I, too, was angry during the initial "rise of the nerdism." All of a sudden these things I enjoyed for years in private were now considered a part of the mainstream. It felt as if someone took something I found precious and made me share it with everyone.

Then one day, I realized that just because that precious thing now has a bigger audience, it does not mean that thing has to be tarnished for me. The thing itself - whether it be something like "Star Trek" or Daft Punk - isn't

what's truly precious to me. It is the memories I associate with that thing.

Just because I liked something before someone else does not give me ownership of it. That's not being a nerd. It's being a pretentious hipster.

A person shouldn't have to pass the gom jabbar or Kobayashi Maru in order to enter our little club. Everyone has to discover something in his or her own time. I was not born with an innate love of "Star Wars." I had to be introduced to it just like everyone else.

Being a fan of something nerdy shouldn't be a race. If anything, it should be a recruitment. I constantly remind myself that I now live in a world in which "Guardians of the Galaxy" is not only a real movie, but a successful one, both critically and commercially. This is a time of celebration, people.

There is joy to be found in the fact that words like "nerd" and "geek" no longer carry negative connotations so why waste your time being angry about something so frivolous? To be a nerd is to find a passion in something, and to be proud of your knowledge of that thing. You love it so much you are willing to wear it on a T-shirt, or even a costume, and not be ashamed.





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VISTA NEWS

September 16, 2014



Shannon
Taylor

@shantays94

Contributing Writer

MAPS 3: \$33.4 million whitewater facility

The MAPS 3 Oklahoma River Project and Downey Construction will start production in October on a \$33.4 million whitewater facility that will be built on the north side of the river, east of the Boat-house District.

Oklahoma City Public Information and Marketing Director Kristy Yager said the construction will take 12 to 15 months to complete. The goal is to have the facility open for the 2016 Olympic trials.

"The 11-acre whitewater center will offer rafting, kayaking and canoeing for all skill levels," Yager said. "The center will be a training and competition venue for Olympic

athletes in paddle sports, while offering recreational opportunities for children and adults."

The facility, which will be managed by the Boathouse Foundation, is expected to attract not only Oklahomans, but people from all around the world, Yager said.

"It will be for everyone between 8 and 80. We will have areas for both Olympic athletes and grade school children," she said.

The MAPS 3 Oklahoma River Project is aimed at bringing more people to the river area, and the whitewater center is only one of its many aspects. All of the different

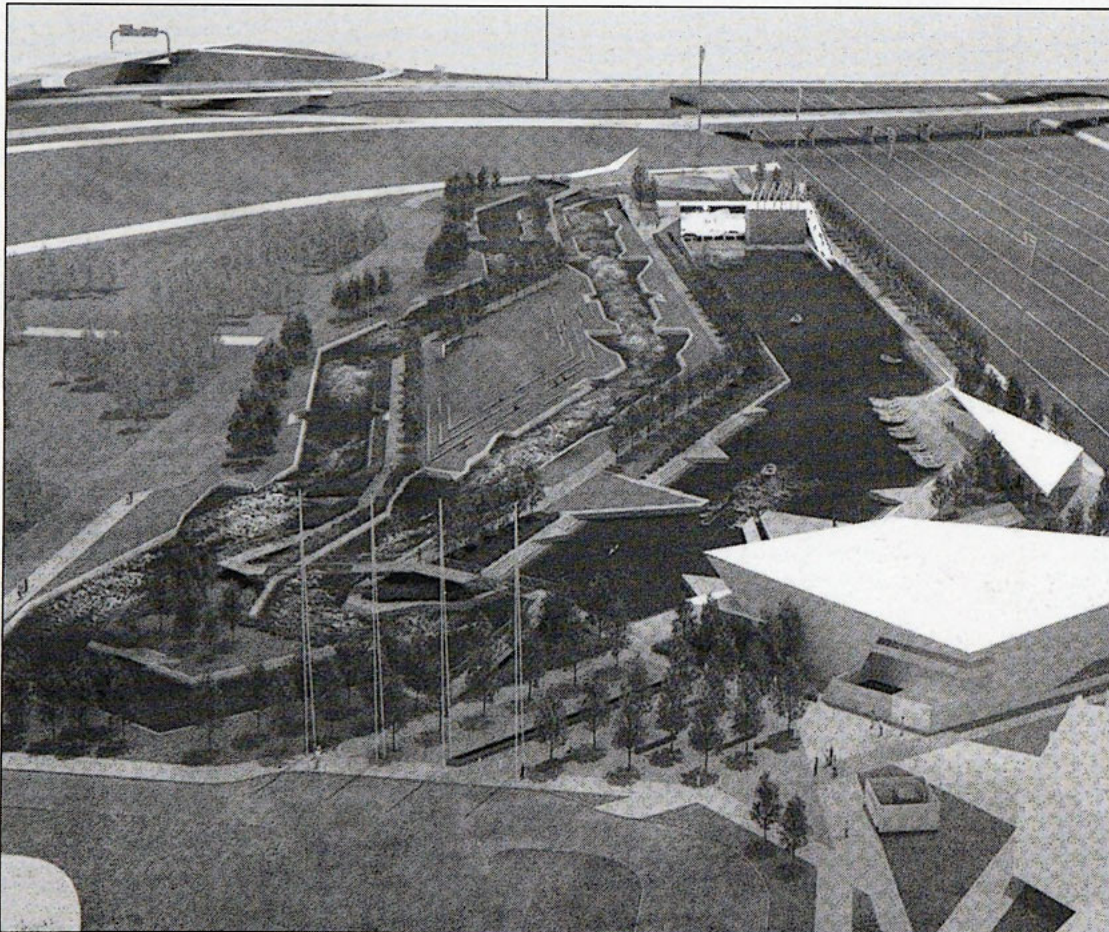
phases will add up to approximately \$57 million.

Yager said parts of the phases have already been installed, such as lighting for the first 1,000 meters of a racecourse, a starting system, starting docks, a judging platform, LED lighting, cameras, irrigation, buoy and cable improvements, cable crossover markers, a starting tower and timing huts, electrical fiber infrastructure, sound infrastructure and timing displays, and gateway enhancements.

However, Yager added that the whitewater facility cost came in over budget. This means some of the phases and plans that

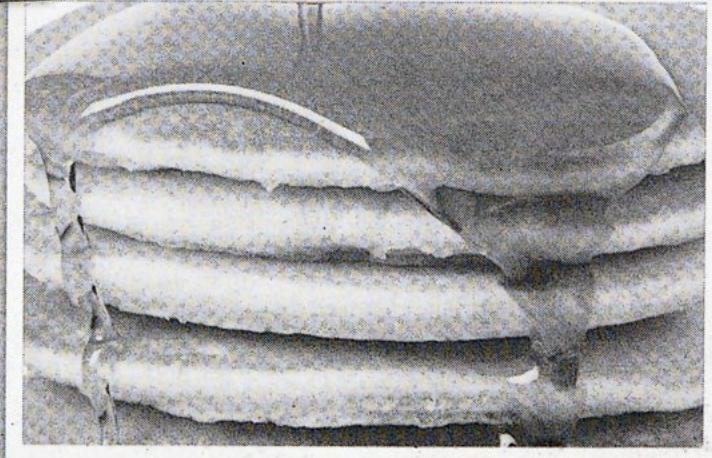
have not been installed yet may be put off or funded a different way.

"Depending on the remaining budget, the fourth phase could include improvements such as a grandstand, a floating stage, Lincoln Bridge enhancements, parking, additional landscaping, additional specialty lighting, whitewater enhancements, the second 1,000 meters of lighting and additional windscreens," Yager said. These additional installments will be taken into consideration after construction on the facility begins next month.



This photo is a rendering of the upcoming artificial whitewater park, located next to the Oklahoma River. The facility is anticipated to open for the 2016 Olympic trials. Photo provided.

Did you say Pancakes?



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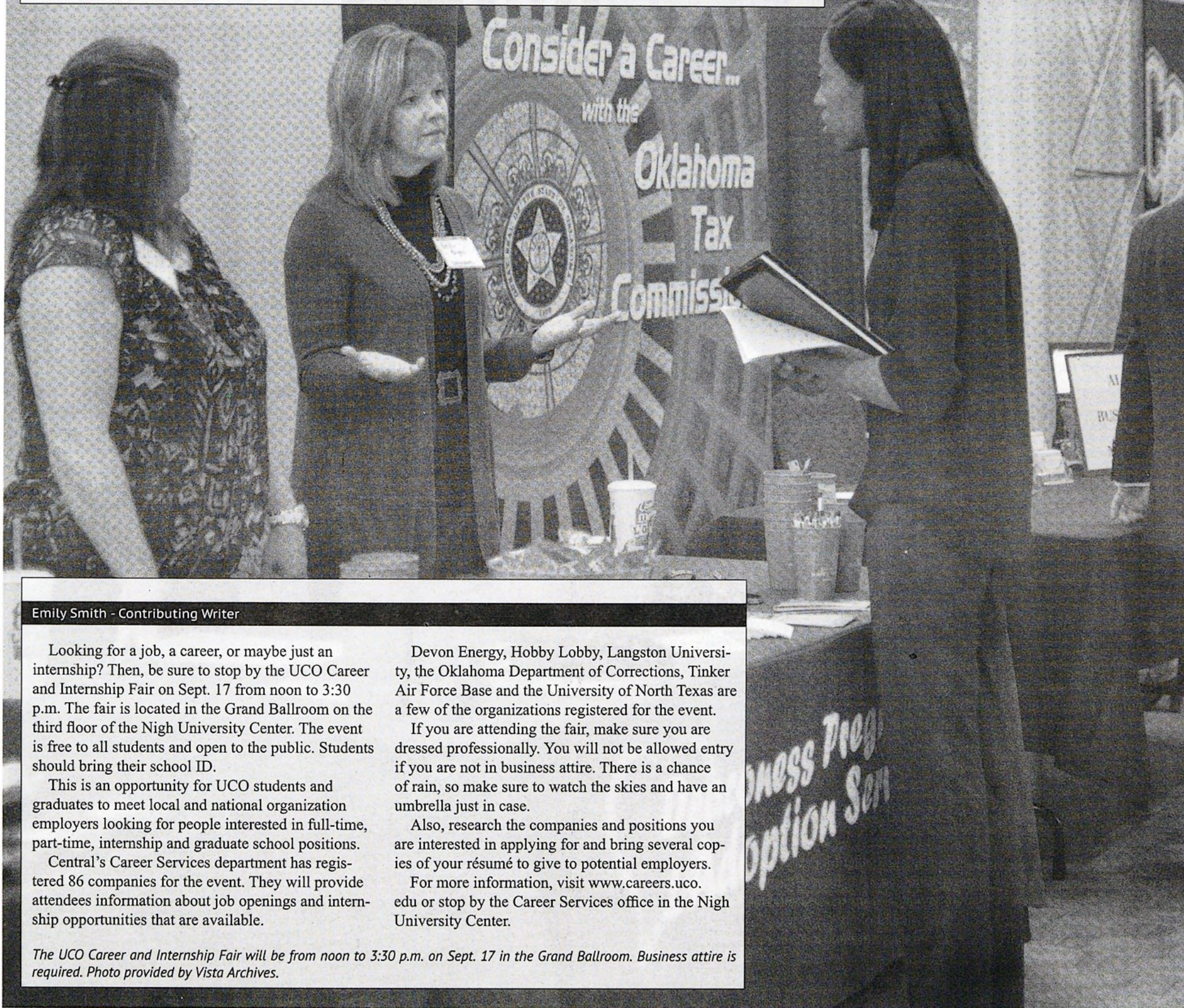
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11 a.m.

WHERE: The Blue Tent

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Career Fair Comes to Campus



Emily Smith - Contributing Writer

Looking for a job, a career, or maybe just an internship? Then, be sure to stop by the UCO Career and Internship Fair on Sept. 17 from noon to 3:30 p.m. The fair is located in the Grand Ballroom on the third floor of the Nigh University Center. The event is free to all students and open to the public. Students should bring their school ID.

This is an opportunity for UCO students and graduates to meet local and national organization employers looking for people interested in full-time, part-time, internship and graduate school positions.

Central's Career Services department has registered 86 companies for the event. They will provide attendees information about job openings and internship opportunities that are available.

Devon Energy, Hobby Lobby, Langston University, the Oklahoma Department of Corrections, Tinker Air Force Base and the University of North Texas are a few of the organizations registered for the event.

If you are attending the fair, make sure you are dressed professionally. You will not be allowed entry if you are not in business attire. There is a chance of rain, so make sure to watch the skies and have an umbrella just in case.

Also, research the companies and positions you are interested in applying for and bring several copies of your résumé to give to potential employers.

For more information, visit www.careers.uco.edu or stop by the Career Services office in the Nigh University Center.

The UCO Career and Internship Fair will be from noon to 3:30 p.m. on Sept. 17 in the Grand Ballroom. Business attire is required. Photo provided by Vista Archives.



Queila Omena

@queilaomena

Staff Writer

Veterans of UCO group gathers for Family Day at Arcadia Lake

On Saturday, Sept. 13, the UCO Veterans group of students gathered to celebrate Family's Day at the Arcadia Lake with activities, networking and food.

"We are here as a support group, basically to help veterans integrate with college and be there, for really, anything they need. Everyone can join, it's focus for veterans but anyone can be a member as long as you support veterans," said Jessica Hammack, president of Veterans at UCO.

Central Veterans is a group of students that formed an on-campus, peer-to-peer network for

veterans who are attending classes at the University of Central Oklahoma.

"The Central Veterans, the main focus of that, is that we are kind of the boots on the ground for students veterans. They are coming back to college, and most of them aren't traditional college students," Hammack said. "Most of us join the service first, so a lot of people are coming back to college and they are in their mid-twenties or even early to mid-thirty. So it's a whole new experience for us to be able to come back to college and just go through the process."

The group plays a critical role in ensuring that every veteran is successful after serving. They provide campus activities and professional networking in order to help veterans stay focused on their goals.

Student Veterans of America (SVA) has over 800 chapters nationwide and a few abroad. They are open to all people committed to creating successful veteran campuses.

SVA help veteran students, active duty, reserve, National Guard, Coast Guard and dependents to facilitate their academic transition into their successful

career.

"I'm very happy about it. I love Central Vets, and being a part and just helping them. Every month, we try to do something together as a group and just to say, hey, I'm in your situation too, I understand your situation and I want to be a part of what you got," said Demetrius Wright, senator of Central Veterans at UCO. "All these people should be involved in doing things, so we can do more for veterans that are on campus at UCO."

The Veterans group have several events lined up for this year such as the College Night Bowl-

ing, Thunder Military Appreciation, guest speakers, laser tag, Toys for Tots, Redhawks Military Celebration, ice skating and much more.

"It's just one of those things to help veterans get through, pass, graduate and have some other people just going through the same experiences," Wright said.

For more information about Central Veterans visit their page at www.facebook.com.ucocentralveterans or www.twitter.com/ucocentralvets.

To contact the group, email centralveterans@gmail.com or contact (405) 974-2400.



Veterans and their families gathered to celebrate Family Day for Veterans of UCO at Arcadia Lake on Saturday, Sept. 13. Photo by Ryan Naeve, The Vista.



Madison
Black

Contributing Writer

Dynamic duo to highlight diversity

On Tuesday, Sept. 16, the Office of Diversity and Inclusion is hosting the Black-Jew Dialogues, which promises to be a night of both fun and increased awareness. The event features Emmy-award winner Ron Jones and long-time performer Larry Jay Tish.

The pair has performed all over the United States, Canada, and Britain at different colleges, theaters, places of worship and high schools, bringing learning and laughs everywhere they go.

Jones and Tish perform in a two-person play that sheds light on some of the similarities between two very different cultures: African-American and Jewish communities.

The goal of the show is to bring people of all races and cultures together, not just African-Americans and Jews.

"Even if you feel like this doesn't have anything to do with you, it's a great way to find out what you have in common with others," said Jenna Sullivan, one of the students responsible for planning the event. "The goal of the event is to bring people together that you might not think you have anything in common with and to bring awareness to racial prejudice that you might not even know you have."

Another goal of the show is to reunite the Jewish and African-American communities, according to the Black-Jew Dialogues website, "The black and Jewish communities in America share a history of pain, oppression, pride, and a deep commitment to civil rights and justice. In the past several decades our communities have slowly drifted apart."

The Black-Jew Dialogues take an in-depth and humorous look at how race is treated in the United States and pushes the audience to examine their on biases and prejudice, not only towards African-Americans and Jews, but towards everyone who differs from them in culture and race.

The dialogues have become so popular across the United States that it actually spawned the development of the Dialogues on Diversity Workshops and Consulting. Several scholastic, professional and religious associations have commended the trainings that the workshops provide for their global competency and the multicultural awareness.

The event is being held in Constitution Hall in the Nigh University Center at 7 p.m. There will be a Q&A session at the end of the performance.



Danielle
York

Contributing Writer

Q&A with 3rd Street Yoga

As one of the first yoga studios in Edmond, 3rd Street Yoga has been a place of relaxation and spiritual growth for nearly 13 years. Yogi and Yin Yoga instructor Kelli Roush has been attending classes at 3rd Street Yoga for almost nine years and has been practicing for 12 years. Although she never set out to be an instructor, her path has led her to this point in life. I sat down with Kelli to get a more in-depth perspective on yoga and the benefits of practicing this up-and-coming trend of workout.

Q: How has yoga led you to this point today?

A: A couple of years ago I really wanted to deepen my practice for myself and I ended up going to a 200-hour training retreat in Nicaragua, which was a wonderful experience. There is where I learned the more spiritual side of yoga. We studied the history of yoga. We learned how to teach yoga. We got to live yoga. It kind of brought everything together for me that I'd been practicing for so long. We were on the beach in Nicaragua and it was the perfect place to really live yoga. I then decided I wanted to deepen my practice more and my husband and I went to a yoga retreat in Costa Rica and met a yogi named Max. Max lives and works at Samasati and was there with the Hari Aum School from Italy offering a 200-500 hour teacher training program in Costa Rica. I went this past March and did a 300 hour teacher training for five weeks in the jungle doing yoga and it was the most amazing experience. It's so amazing when you're able to remove yourself from the world, from your everyday life and you go and you just live yoga.



All photos by Quang Pho, The Vista.

Q: What does yoga mean to you?

A: Yoga is not a religion. It's not a religion but a lot of people think it is. It's not. It's a very spiritual practice. You have the very physical side of yoga and then the spiritual. Everyone finds their own yoga, so to speak. For me, when I practice my yoga I find a place of peace. I find a place of stillness in my body. I find a place where I'm with myself, my true self. I'm more balanced. I'm more at peace.

Q: What do you mean 'living yoga'?

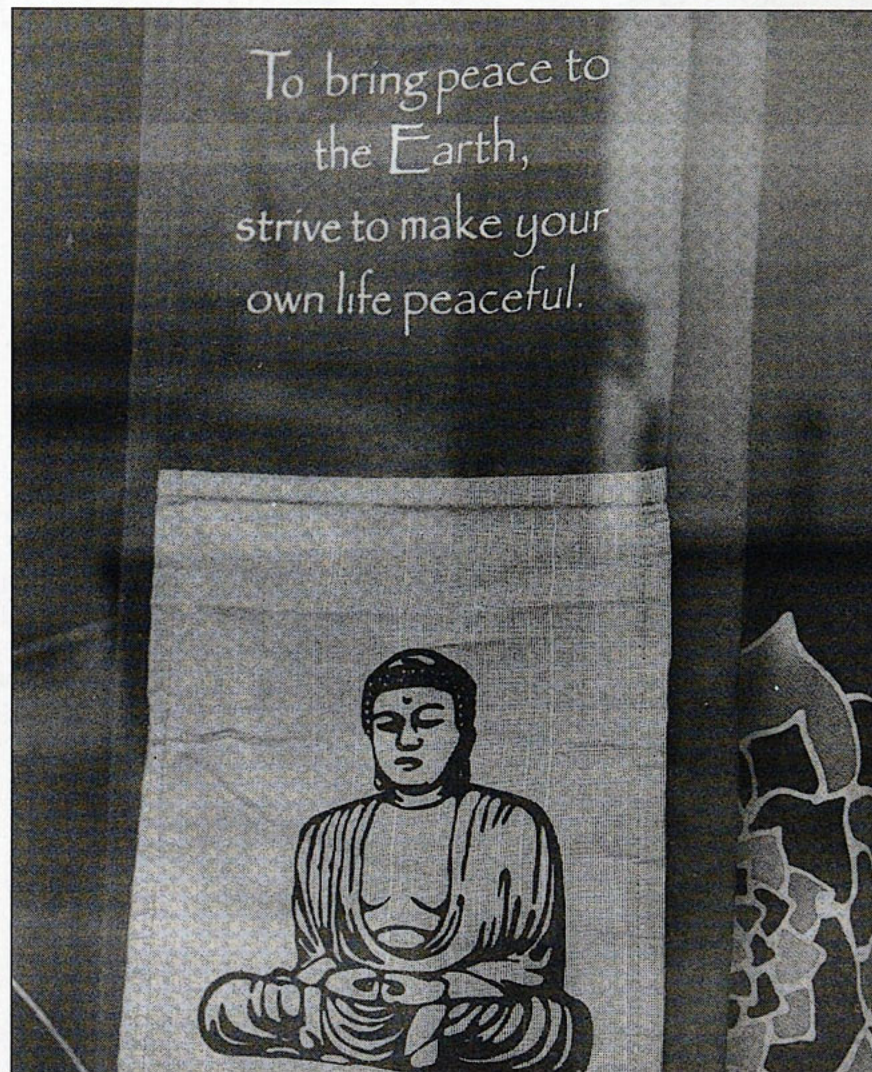
A: I am at peace and balanced and because of that all the craziness around me, I respond to it differently. To me that's living my yoga. It's being mindful. It's being thoughtful and it's coming from a place of peace within so that everything starts to balance around me starts to balance out too. If I respond differently to those around me, then those things around me respond differently towards me.

Q: Do you think college students can benefit from practicing yoga?

A: Very much so. I subbed a class the other night and it was amazing. I usually teach older or more mature people, but I found that even for them they really could use yoga. They had this amazing energy. I did a Yin practice and they finally started to settle in and find that place. At the end of the class they were so blissed out and so peaceful. They were so glazed over and at peace. So when I see those experience with young people, they really got it. When they're stressed out, they can let go and find a new perspective.

Q: What type of yoga do you teach?

A: I teach Yin Yoga. It's Chinese practice, not Hindu. We move through the breath so that we're able to clear the mind and follow the breath and release the body. We try to keep the muscles as relaxed as possible and stress areas of the body that are hard to stress. It's important as we age to keep our flexibility in our joints. We breathe in the life-force and without this we can't exist. It's very much breathing that energy to particular places to the body to where we can release and let go not just what's in our bodies, but what's in our minds. We can just calm it all down and find a place where we can breathe and let it all go. It's a beautiful practice. I usually teach an hour and 15 min class.



Q: How many different types of yoga are there?

A: There's a lot. You have restorative, Yin Yoga, power yoga, hot yoga, just many layers of yoga. There's many traditions and many practices, but I think it's all wonderful because even though we do different things with our bodies in these different practices, it's all about yoga which means to yoke. It's to bring together the body, the mind and the spirit. It's a way to clear the mind and move inward into the body and through that it does become a meditation.

3rd Street Yoga is located near downtown Edmond and has always been Kelli's yoga studio. It is the most authentic yoga studio in a modern city that she's ever been in. This studio gives the true feel of yoga, offering classes throughout the entire day. They also offer beginning yoga for those getting started and many other yoga practices for those interested.

Roxy's Ice Cream to open new location



**Lauren
Capraro**

@laurencapraro

Contributing Writer

Oklahoma City is bustling with unique neighborhoods, and the Plaza District is among the most popular. Located on 16th street, the district is lined with a variety of shops and restaurants that will make you think twice about moving to the suburbs.

One of the newest restaurants scheduled to open is Roxy's Ice Cream Social--a homemade ice cream parlor. What started out as a food truck is getting a permanent spot in the thriving district.

The building developer, David Wanzer, knew he wanted Roxy's Ice Cream as a tenant before renovations even began. Owner Raena Mutz was flattered when Roxy's was asked to open up a permanent shop.

"We weren't planning on opening up a brick and mortar, but the owners of the building contacted us to ask if we wanted to lease the spot. People are always trying to track down the truck so opening a parlor will make it much easier for customers to find us," Mutz said.

Roxy's boasts their unique homemade flavors, such as salted caramel and pineapple cream. "Salted caramel is definitely the customer favorite," Mutz said.

The shop is scheduled to open this fall and will have

an old-fashioned feel. The parlor will serve milkshakes, sodas, and sundaes alongside their classic hand-scooped ice cream. They also plan to have more vegan options, such as sorbet.

Mutz has always had a passion for homemade ice cream.

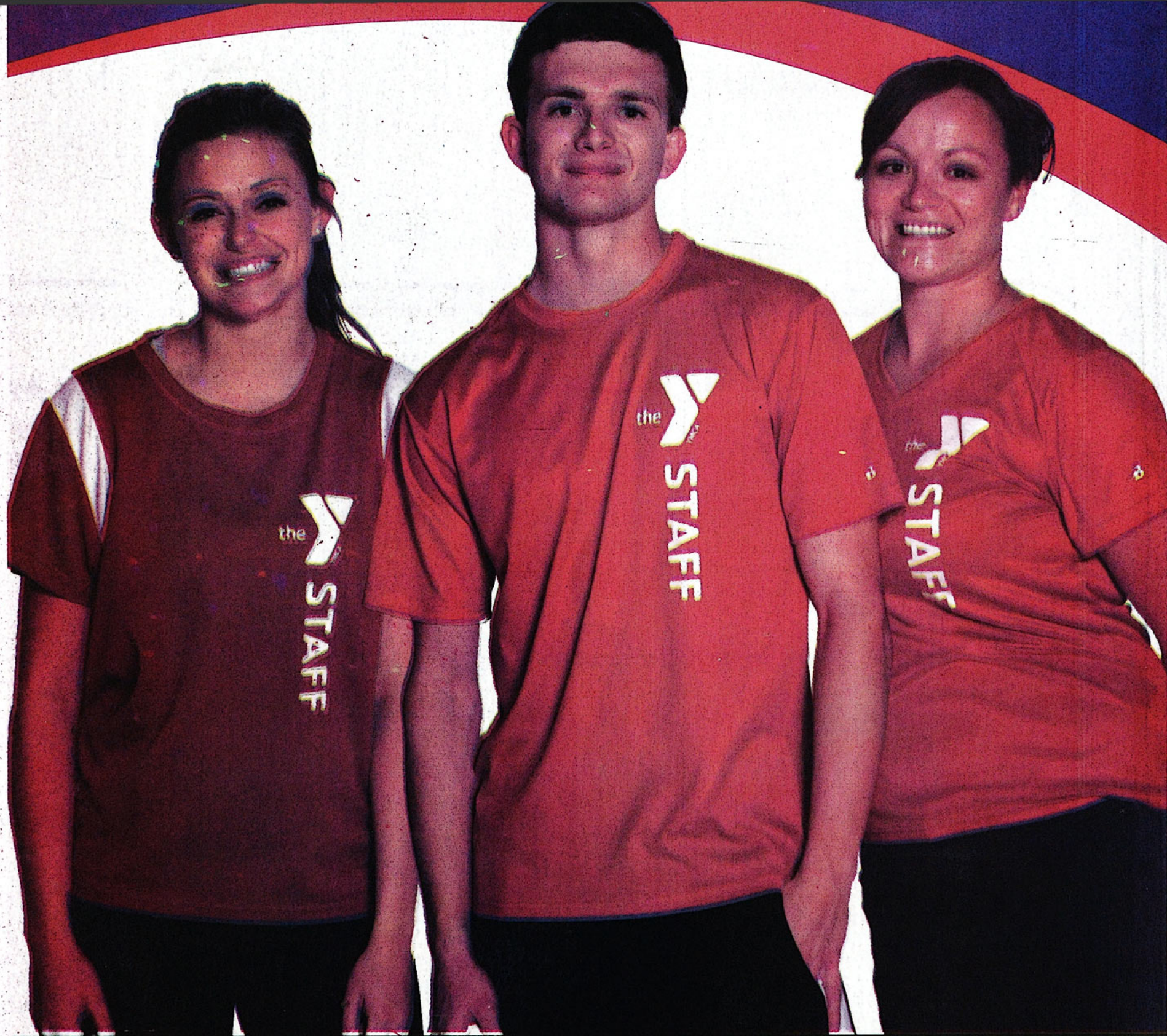
"My aunt would always make ice cream for family reunions so it was something that was a part of my childhood," she said.

The current food truck will continue operation after the opening of the shop, and they plan on expanding to two trucks by next summer.

"The truck was a spontaneous idea. My husband had made food trucks before, so it wasn't hard to get him to make a truck for Roxy's," Mutz said.

Like other food trucks, Roxy's posts their weekly schedule on social media accounts. Although the truck can be difficult to track down, it is hard to miss once you see it in person. The truck is bright yellow, complete with "waffle cone" skirting and pink "ice cream" dripping from the top.

For weekly schedules and updates on the new shop, visit Roxy's Ice Cream Social on Twitter @RoxysOKC and Instagram @roxysicecream.



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HOROSCOPES

September 2014 — Week 3



CAPRICORN
December 22–
January 19

The conflict continues for a beloved couple. Be there for them, but do not offer any advice. This is a problem for the pros, Capricorn. A promise is made.



ARIES
March 21–
April 19

Progress is lagging. It may be time to turn up the heat, Aries. A renovation begins at home. Prepare for chaos for some time to come.



CANCER
June 22–
July 22

The need for a purchase becomes clear. Do your homework, Cancer. A challenge is presented. Take it only if you dare. A friend returns a favor.



LIBRA
September 23–
October 22

Dribble, dribble, dribble. Relax, Libra. Things are getting done, just not at the pace you would like. A loved one has an interesting proposal. Hear them out.



AQUARIUS
January 20–
February 18

Opportunity knocks yet again. This is your chance, Aquarius. A sequence of events at work gets a conversation started. A message is delivered.



TAURUS
April 20–
May 20

Be careful, Taurus. What appears to be a travesty of justice may in fact not be. A health issue is resolved with a change in treatment.



LEO
July 23–
August 22

The stakes are high, maybe a little too high, Leo. There is no shame in bowing out. Vacation plans continue to change. Be patient. It will all come together soon.



SCORPIO
October 23–
November 21

No more, Scorpio. You've balked at an idea long enough. Join in the effort, even if your heart is not in it. You will learn more than you imagined.



PISCES
February 19–
March 20

Pace yourself, Pisces. There is a lot to do this week, but you have more than enough time to get it done. A crass comment is no reason to get upset.



GEMINI
May 21–
June 21

It's all about the numbers this week, Gemini. Keep track of your expenditures. There could be ways to save. A special occasion draws near.



VIRGO
August 23–
September 22

Whew, Virgo. The pressure eases with better technology and a larger team. An old foe drops by bearing gifts. Welcome them with caution.



SAGITTARIUS
November 22–
December 21

Stranger things have happened, Sagittarius. Continue to hope and pray, and you might just get your wish. A review points you in a different direction.

FOR ENTERTAINMENT PURPOSES ONLY

Classifieds

Help Wanted

Part time: One Bartender to start ASAP

Clean, neat appearance, Reliable and punctual, honest, responsible behavior. Various Shifts Available. Experience for Bartending or School Required for Bartending Shifts

Average pay : \$12/hour - \$20/hour
Apply at The Wolf Trap. 1109 S. Broadway. Edmond, OK 73034

Help Wanted

Part time :One Bartender to start when position is vacated

Clean, neat appearance, Reliable and punctual, honest, responsible behavior. Various Shifts Available. Experience for Bartending or School Required for Bartending Shifts

Average pay : \$12/hour - \$20/hour
Apply at The Wolf Trap. 1109 S. Broadway. Edmond, OK 73034

Help Wanted

Part Time: One Barback to Start ASAP

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Average pay : \$10/hour - \$12/hour
Apply at The Wolf Trap. 1109 S. Broadway. Edmond, OK 73034

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AA/EOE M/F/D/V Member FDIC

BFF Performance Shoe store (NW OKC) is now accepting applications from College students for part-time employment. 15-20 hrs. per week. Evenings and Saturdays. No retail experience needed. Call 608-0404.

Attn: child development majors! Edmond Child Development Center is accepting applications for part time teacher positions
Call for Details 330-3077

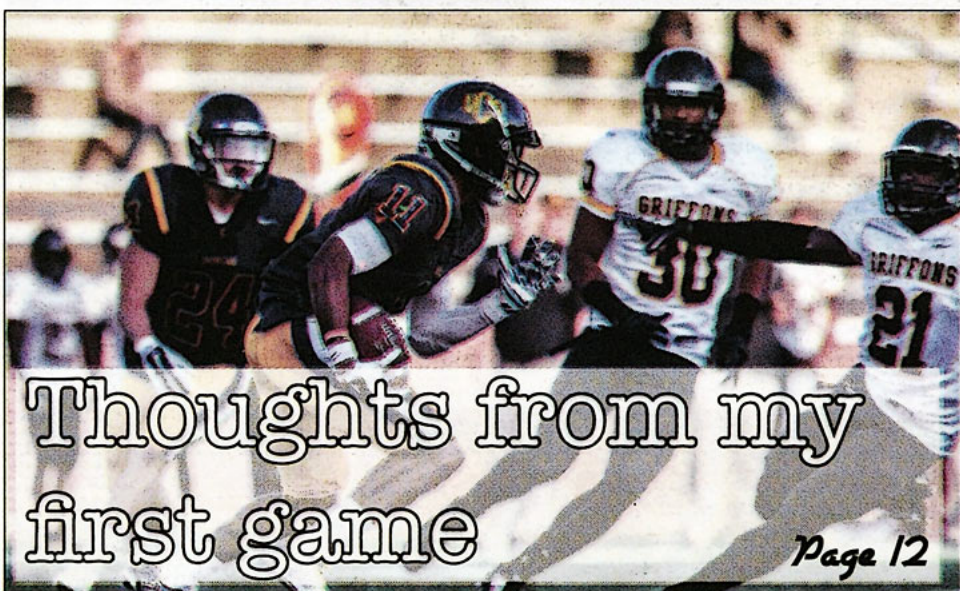
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2002 Honda Reflex 250cc motor scooter/ 11K miles/ Gold/Black/ Garage kept/ located in Edmond/ VGC/ \$1,700.00/ After Aug 24, Call 405-996-6597

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VISTA SPORTS



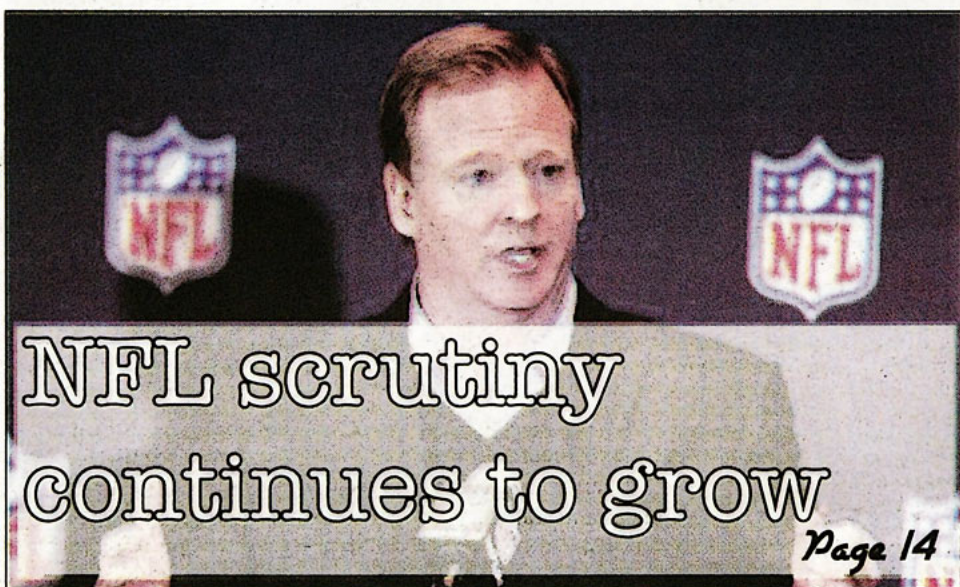
Thoughts from my first game

Page 12



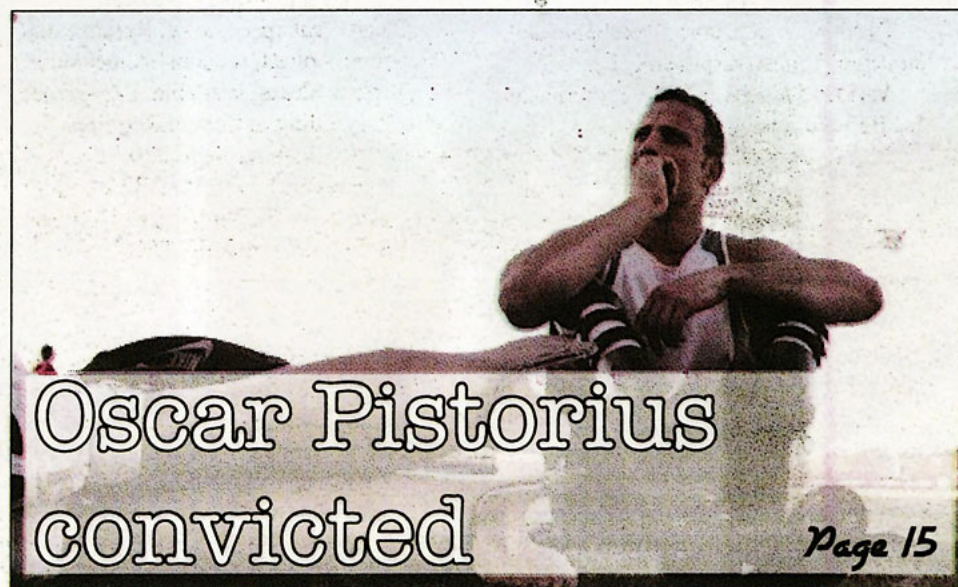
Bronchos roll in home opener

Page 13



NFL scrutiny continues to grow

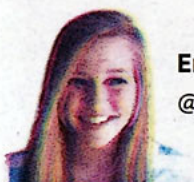
Page 14



Oscar Pistorius convicted

Page 15

Thoughts from my first football game



Emily Hahn
@emilyjhahn

Sports Writer

For my first football game at UCO, I would say Saturday was an excellent one.

The sun was shining, and the smell of hamburgers and hot dogs lingered in the air as the stands filled up for the Bronchos home opener against Missouri Western State University (MWSU).

The anticipation and excitement from the fans made for an excellent atmosphere against a tough opponent.

Patriotism was at a high with UCO's Army ROTC waving our country's flag as the national anthem played from the new sound system in Wantland Stadium,

echoing for miles around.

The high-energy student section provided continuous support and school pride, to the point where even the stadium couldn't take it, and a row of bleachers buckled under pressure.

Down 14-0 at one point in the game, I will admit I started to think this was beginning to resemble last year's disappointing loss against Missouri Western.

It would have been easy to lose hope for a win. But UCO showed grit, as they came back to tie the game at 17.

The sun lowered over Wantland Stadium, with tension rising and the game winding down, I could feel my heart beating faster and faster as MWSU stopped yet another scoring chance.

However, when Seth Hiddink hit the 18-yard field goal, with only 17 seconds left in competition, and the crowd erupted with

pure joy, victory was within our grasps.

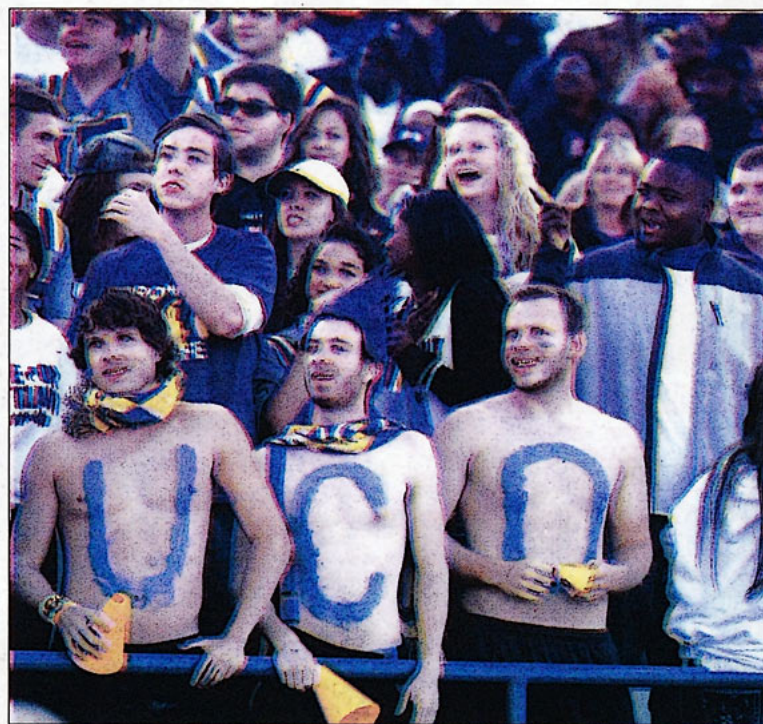
The last minutes and seconds of the game seemed to be straight from the movies. Fans were on their feet, players running off of adrenaline, and the clock winding down.

Then it happened, Cody Jones intercepted the ball and returned it for a 42-yard touchdown.

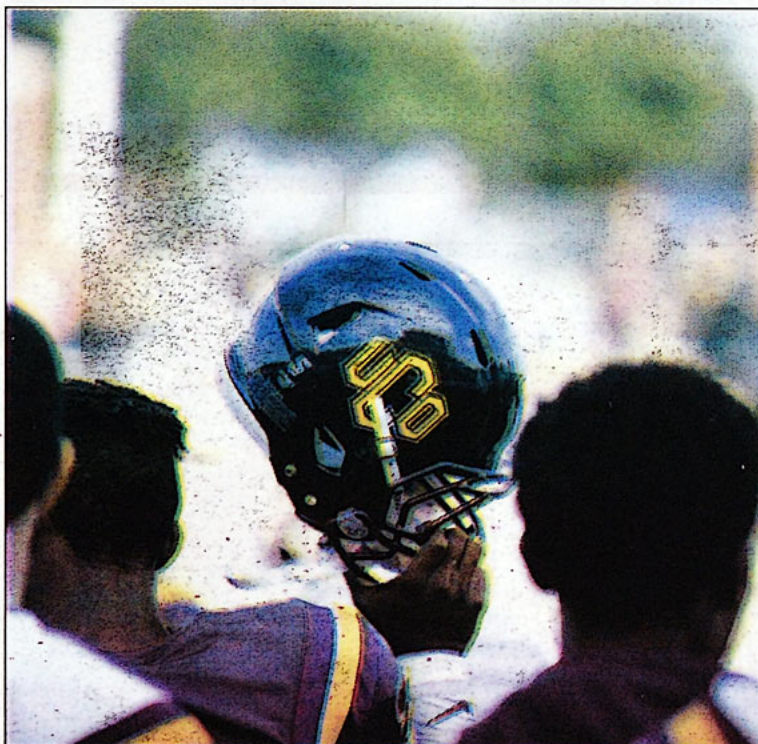
The crowd rushed the field in the final seconds of the game chanting "2 and 0" in reference to our undefeated season thus far.

Elation and relief filled the air as the student body and athletes sang the UCO fight song for the perfect ending to an incredible game.

After such an incredible first experience watching UCO defend our home turf, I will definitely return to see more Broncho Football, and you should do the same.



UCO fans hype themselves off before the opening kickoff last Saturday. The Bronchos beat the Missouri Western State Griffons 26-17. Photo by Quang Pho, The Vista.



A UCO player on the sidelines holds his helmet in the air in solidarity with the team as the fourth quarter starts during the game last Saturday against Missouri Western State University. Photo by Quang Pho, The Vista.



UCO Cheerleaders pump up the crowd during the second half of the football game last Saturday. UCO went on to win this game against Missouri Western State University 26-17, making UCO 2-0 on the season for the first time since 2004. Photo by Ryan Naeve, The Vista.

Bronchos roll Missouri Western in home opener



Austin Litterell

@AustinLitterell

Sports Writer

The University of Central Oklahoma is off to its first 2-0 in ten years after a thrilling fourth-quarter comeback against the Griffons of Missouri Western. Cody Jones returned an interception on the last play of the game to seal the 26-17 victory over the Griffons. A victory this season shows just how much this team has improved after losing 63-30 last season.

The team struggled to get anything going in the first quarter. The Bronchos would fall behind early in the second quarter 14-0, but the defense would keep it close until UCO finally got on the scoreboard. The offense broke through the Griffons' defense when Chas Stallard found Connor Pulley for a 34-yard touchdown. Cody Jones' first interception set up an 18-yard field goal by Seth Hiddink, to pull the Bronchos within four going into the locker room.

The defenses came to play in the third quarter. Both offenses were shutout until early in the fourth, when Missouri Western made a field goal to put the Griffons up 17-10.

After that field goal, UCO dominated the quarter. The Bronchos put up 229 yards of offense in the fourth quarter, over half of their total yards in the game. UCO answered with a 73-yard drive to tie the game. Stallard kept the drive on third down by escaping a sack and finding Christian Hood for 35

yards. He would finish the drive with a three-yard touchdown run.

After a blocked field goal, UCO would force a big three-and-out to get the ball back. Seth Hiddink would knock in the game winning field goal with 17 seconds left in the game. Jones would finish the game off with his second interception of the game.

The Bronchos finished with 403 yards of offense in the game. Chas Stallard once again led the Bronchos with another stellar performance. He finished 27-of-39 passing for 271 yards and a touchdown. He also led the team in rushing with 90 yards on 19 carries and recorded the game-tying touchdown. More importantly he made big plays when the team needed them.

Head Coach Bobeck has liked what he has seen from his young quarterback so far this season.

"Chas is one of those character kids that had to grow up a lot in the second half. He is playing well right now, and we need him to continue growing as a quarterback and a leader," Bobeck said.

Christian Hood came closer to breaking UCO's receiving record with five receptions. Hood needs just 31 more receptions to become the all-time receptions leader at UCO. Marquez Clark chipped in with seven receptions and 66 yards.

The defense was once again a strong point in this game. They came up with huge plays to keep UCO in the game when the offense was struggling. Chas Glasspie led the team in tackles with 11.

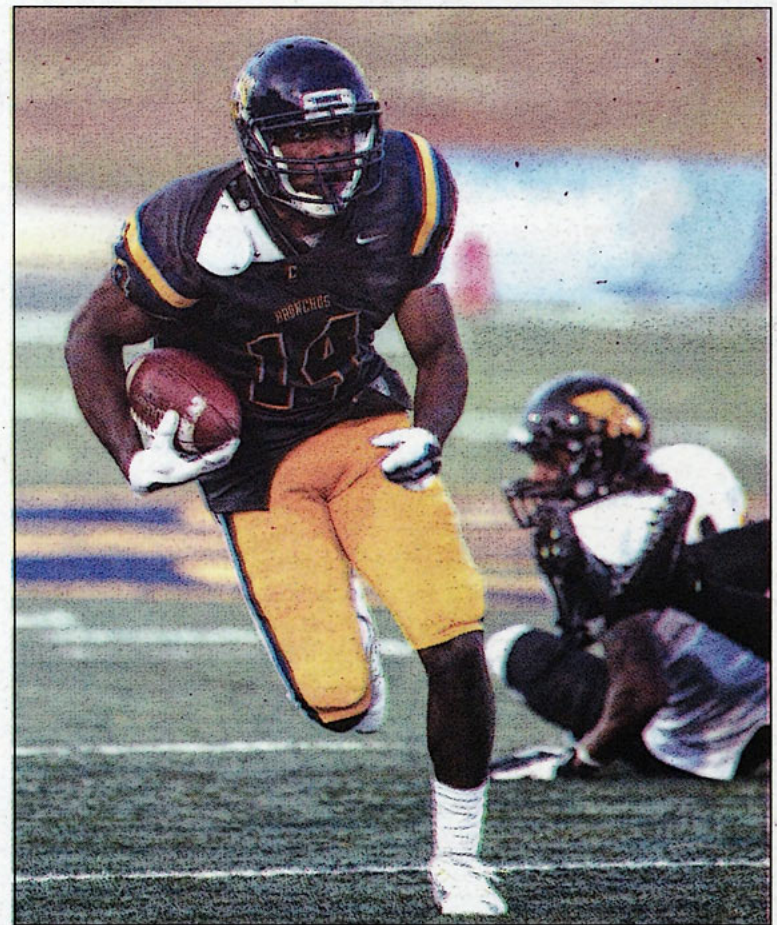
The Griffons' offense was held to just 262 yards of offense in the game. Skyler Windmiller was 17-of-30 passing for 165 yards with

two touchdowns and two interceptions. For the second game in a row, UCO held their opponent to less than one hundred yards rushing. Raphael Spencer did have 104 yards on 24 carries, but that was all the success that the Griffons could muster out of their rushing attack.

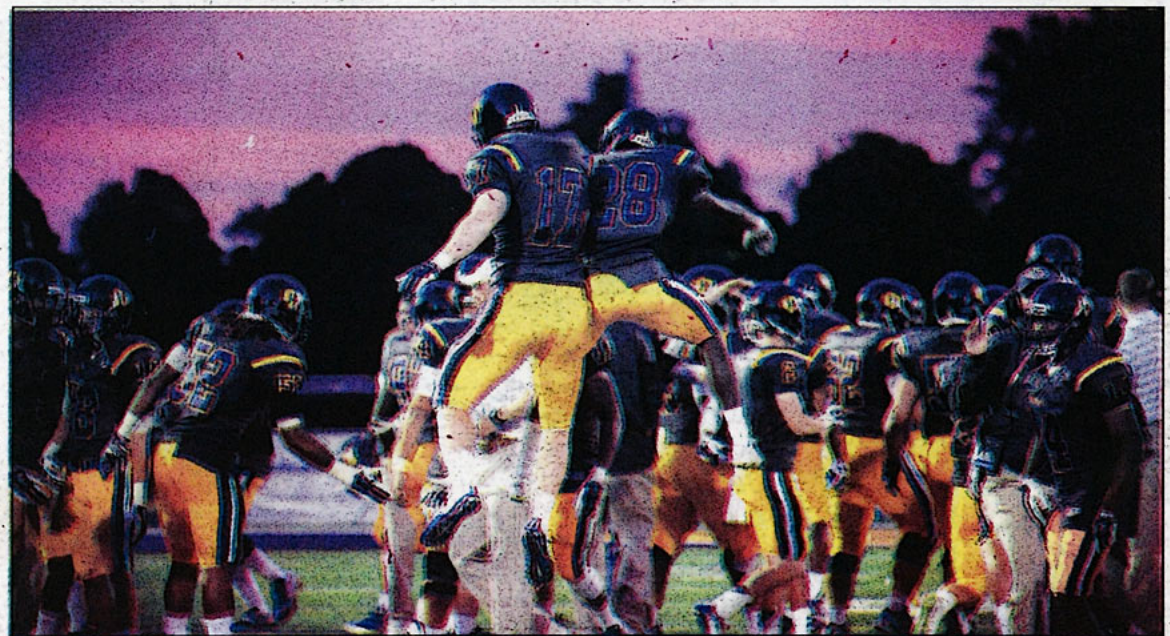
Bobeck felt good about how his team played overall.

"It was not extremely clean but we found a way to win the game. Our kids have a great deal of character and continued to fight," he said.

The Bronchos will not be home again until the Sept. 27. They will host defending champion Northwest Missouri State. As for next week, UCO will be on the road taking on the Hornets of Emporia State. The Bronchos fell to the Hornets 54-38 in 2013, but this team has come a long way since then.



UCO defensive back Cody Jones runs back a interception in the first half last Saturday. The Bronchos held on to beat the Missouri Western State Griffons 26-17. Photo by Ryan Naeve, The Vista.



UCO linebacker Tanner Koons (17) and defensive back Levonte Douglas celebrate as the Bronchos win the game last Saturday. The Broncho defense fought off a game-winning drive from the Missouri Western State Griffons with a interception that was returned for a touchdown. Photo by Quang Pho, The Vista.

The Lemon Drop: Goodell is the problem



Rick Lemon
@lemon_rick

Sports Editor

The NFL is back and more popular than ever. It's so popular that a whole offseason of legal trouble and suspensions not only did nothing to dent "The Shield" but actually helped keep America's insatiable appetite in check, with almost constant news coming out of the league, even during the off-season.

With the regular season now underway league officials hoped that the headlines would turn back to the action on the field. Unfortunately for the league office however, as the second week of games finishes, the hits seem to just keep coming for the NFL and its commissioner, Roger Goodell.

From off-season suspension headlines, especially the season-long suspension of Brown's wide receiver, Josh Gordon, to the whole summer-long Ray Rice scandal that seems to be coming to a head, to Adrian Peterson now being indicted for "recklessly or by criminal negligence cause bodily injury" to his son, the league has never been under more scrutiny and has never has a worse single week in its history.

A week that started with the full video of Ray Rice assaulting his wife in an Atlantic City Elevator, and bookended with Adrian Peterson's indictment, overshadowed what has been also one of the most injury-prone starts to a season in history.

In week 2 alone, the Bengals lost A.J. Green to turf toe; the Redskins lost both Robert Griffin III and DeSean Jackson; and the Buccaneers lost Gerald McCoy. These are some of the biggest

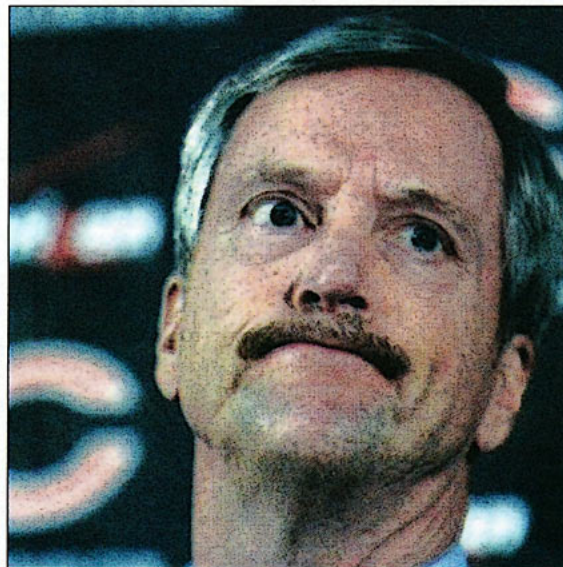
stars in the NFL and their injuries are still overshadowed in what has become a doomsday scenario for Roger Goodell.

These controversies have all come together in recent weeks and have given momentum to the long-running campaign to oust Goodell from his office. In particular his handling of the Ray Rice suspension, with the two-game suspension being increased to a indefinite one only after this footage has come out of the actual assault, has called into question what other types of controversies the commissioner has covered up all in the name of the game he loves.

Over Goodell's reign as commissioner, there have been countless instances of legal troubles by players that have resulted in disciplinary action by the league office. Almost none of these instances, however, have involved video evidence of the crime.

Ray Rice's incident sheds doubt on exactly how the league handles these issues and if the severities of their punishments are truly enough. There has been video evidence of Rice pulling his unconscious then-fiancée out of an elevator for months and that only led the league to suspend the player for the first two games of the regular season. This new video, released by TMZ and showing the actual assault, show just how violent these crimes can be and how little the NFL does to actually discipline their players.

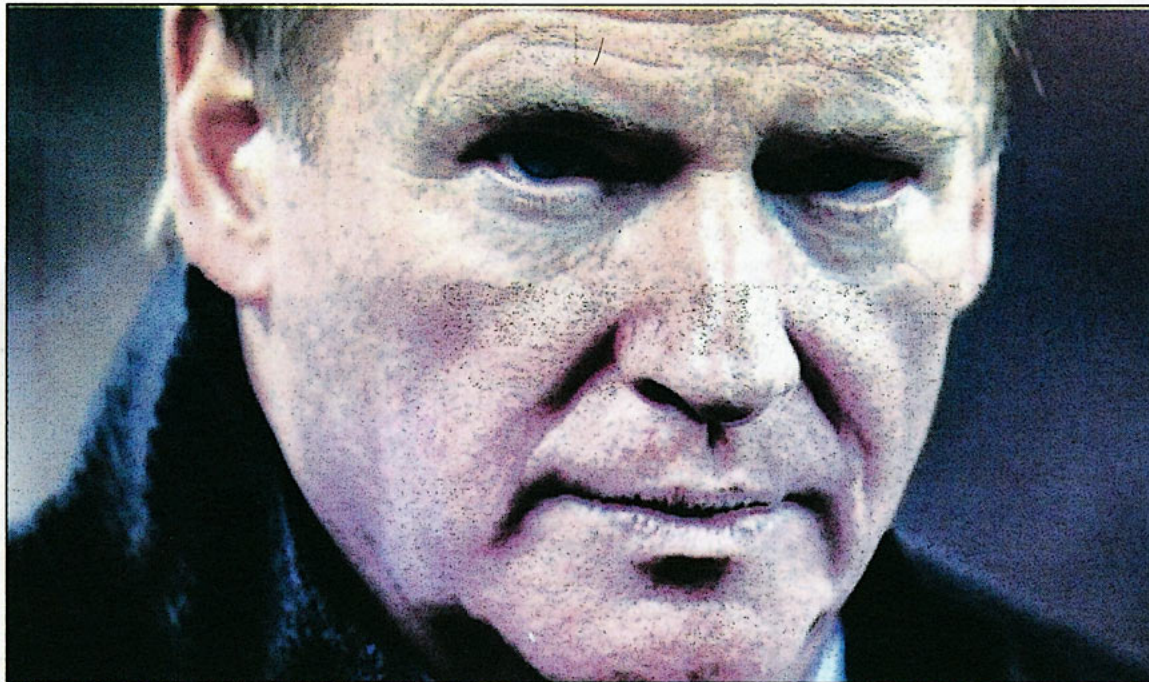
If it takes actual video evidence being released overwhelming public outrage for the NFL to truly discipline a player, and if Goodell is in charge carrying out those punishments, then every other similar incident should be called back into question. The NFL has a spotted history at best of disciplining their players, and Roger Goodell is at the center of the problem.



Above Left: In this Jan. 3, 2012, file photo, Chicago Bears chairman George McCaskey speaks at a news conference at Halas Hall in Lake Forest, Ill. The Bears top executives say they back Commissioner Roger Goodell and support an independent investigation into the NFL's handling of the Ray Rice domestic violence case. (AP Photo/Daily Herald, George LeClaire, File)



Above Right: In this Aug. 4, 2010, file photo, NFL Commissioner Roger Goodell, left, talks with Washington Redskins owner Daniel Snyder, right, after the team's NFL football training camp at Redskins Park in Ashburn, Va. In a statement released Saturday, Sept. 13, 2014, Snyder says he supports Goodell, stating he "has always had the best interests of football at heart" and "we are fortunate to have him." (AP Photo/Rob Carr, File)



In this Feb. 2, 2014, file photo, NFL Commissioner Roger Goodell takes the field before the NFL Super Bowl XLVIII football game between the Seattle Seahawks and the Denver Broncos in East Rutherford, N.J. A law enforcement official says he sent a video of Ray Rice punching his then-fiancee to an NFL employee five months ago, while league executives have insisted they didn't see the violent images until they were published this week. The person played The Associated Press a 12-second voicemail from an NFL office number confirming the video arrived on April 9. A female voice expresses thanks for providing the video and says: "You're right. It's terrible." Goodell sent a memo on Wednesday, Sept. 10, 2014, to the 32 teams reiterating that the NFL never saw the video until Monday, Sept. 8. (AP Photo/Ben Margot, File)

Blade Runner convicted of culpable homicide

AP Gerald Imray
@AP

Associated Press Writer

PRETORIA, South Africa (AP) — A judge convicted Oscar Pistorius of culpable homicide Friday in the death of his girlfriend, ruling that the former track star was negligent when he opened fire in his home after hearing what he said sounded like an intruder in a bathroom in the middle of the night.

The judge acquitted Pistorius of a more serious murder charge, a day after saying that the onetime Olympian could have called security guards or screamed for help on the balcony instead of grabbing his handgun and blasting multiple rounds through the door of a toilet stall.

Under South African law, culpable homicide is the illegal killing of someone through irresponsible behavior. The charge is comparable to reckless homicide or manslaughter.

“The conduct of the accused

after the incident is inconsistent” with someone who had just committed murder, Judge Thokozile Masipa said, referring to Pistorius’ telephone calls for help after he shot Reeve Steenkamp and his apparent distress as he cried and prayed over her body.

The runner’s conviction on the lesser charge troubled some people who said the law goes too easy on deep-pocketed defendants such as Pistorius, who hired a high-powered legal team.

“People think he got away with murder,” said Veronica Nyathi, a Johannesburg resident. “Most people want to see him go to jail. If he was poor, he would definitely be in jail. But if you are rich, your life can go on as normal.”

Pistorius showed no emotion as he stood in a dark suit with his hands crossed in front of him for the judgment. After the verdict, the double-amputee who rose to fame running on carbon-fiber blades, was hugged by relatives. The judge then ordered a recess and extended his bail.

The verdict capped months of testimony in a trial that was followed around the world and had been seen as a showcase for the justice system in South Africa a generation after the end of white racial rule.

The next step in the sensational case comes at an Oct. 13 sentencing hearing, when the defense and the prosecution call witnesses to try to influence the judge’s decision on whether, or for how long, Pistorius should go to prison.

The sentence for a culpable homicide conviction is at the judge’s discretion and can range from a suspended sentence and a fine to as much as 15 years in prison. Legal experts have cited five years as a guideline.

South Africa does not have a jury system. Masipa, 66, reached the verdict with the help of two assistants. One of South Africa’s first black female judges, she is regarded by some as a symbol of the country’s transformation since 1994, deciding a case in which the accused, as well as the chief

defense lawyer and prosecutor, are all white men.

Masipa said Pistorius could not be convicted of premeditated murder or a lesser murder charge because prosecutors did not prove that he knew Steenkamp was behind the locked toilet door when he shot through it in the predawn hours of Valentine’s Day last year.

Pistorius said he mistook Steenkamp for an intruder. The prosecution said he killed her intentionally after an argument. The 29-year-old model had been seeing him for only a few months.

Some legal analysts agreed there was a strong case for conviction on the lesser charge because Pistorius knew that someone — in his version, an intruder — was behind the toilet door when he fired.

“The verdict is shocking to say the least,” said Leonard Gray in Port Elizabeth, Steenkamp’s hometown. “I feel sorry for Reeve Steenkamp’s family because they’re not going to get any closure.”

However, Shrina Padayachy, also in Port Elizabeth, called the judge’s verdict “fair and just because it’s the prosecution that must prove beyond a reasonable doubt.”

Pistorius’ uncle, Arnold Pistorius, said there were no winners in the case, but his family was relieved.

“It’s a big burden off us, off our shoulders,” he said. “We always knew the facts of the matter, and we never had any doubt in Oscar’s version of this tragic incident.”

Disappointed prosecutors said they would decide whether to appeal only after sentencing.

The judge convicted the 27-year-old athlete of illegally firing a gun in a public place when a friend’s pistol he was handling went off in a Johannesburg restaurant in early 2013, weeks before Steenkamp’s killing.

Pistorius was acquitted on two other weapons charges, including another count of firing a gun in public and a count of illegal possession of ammunition in the Pretoria home where he killed Steenkamp.

Steenkamp’s mother, June, said she doesn’t care what happens to Pistorius because nothing can change the fact that her daughter is gone.

Still, she said, the athlete’s story is hard to believe.

“She died a horrible death, a horrible, painful, terrible death, and she suffered,” she told NBC News. “He shot through the door, and I can’t believe that they believe that it was an accident.”



Left: In this Sunday, Aug. 5, 2014 file photo South Africa’s Oscar Pistorius starts in the men’s 400-meter semifinal during the athletics in the Olympic Stadium at the 2012 Summer Olympics, London. Pistorius is free to compete for South Africa again, as long as his running doesn’t go against the ruling of the judge. Pistorius, who is to be sentenced next month after being found guilty in the negligent killing of his girlfriend, (AP Photo/Anja Niedringhaus, File)

Right: This Feb. 14, 2013, handout photo supplied by the South African Police Services (SAPC) and used as evidence shows scenes at the home of Oscar Pistorius after the shooting death of his girlfriend Reeve Steenkamp. Pistorius was found guilty Friday, Sept. 12, 2014 of culpable homicide. (AP Photo/South African

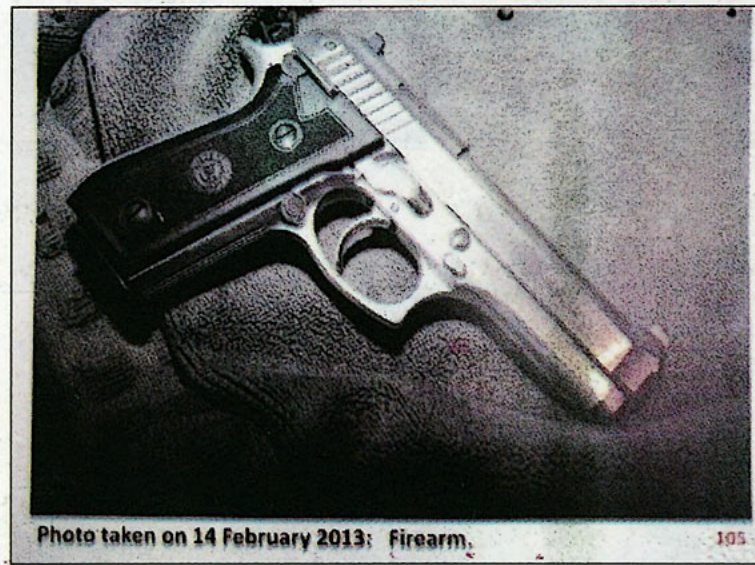
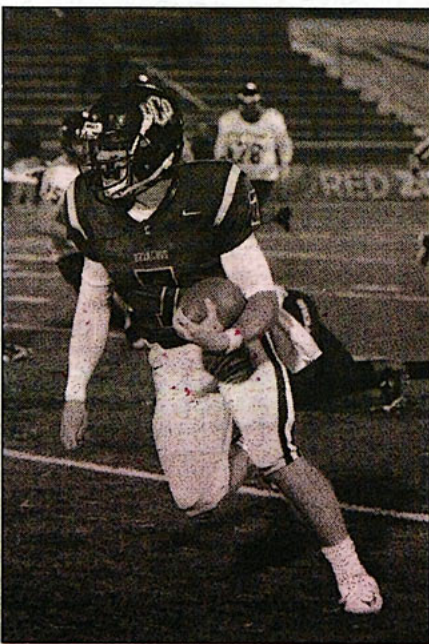
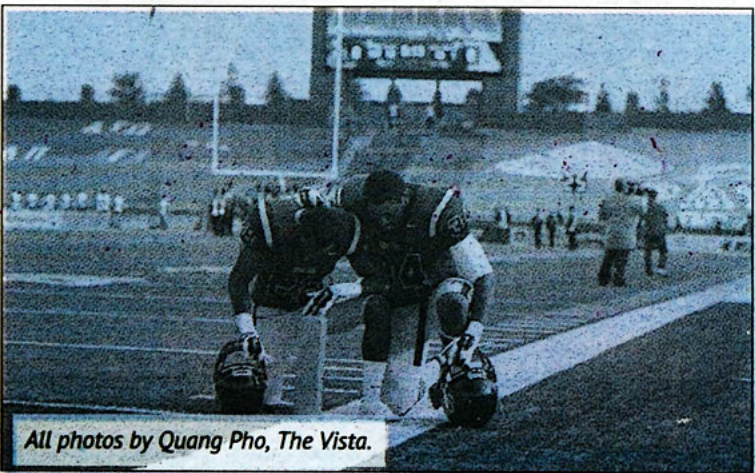
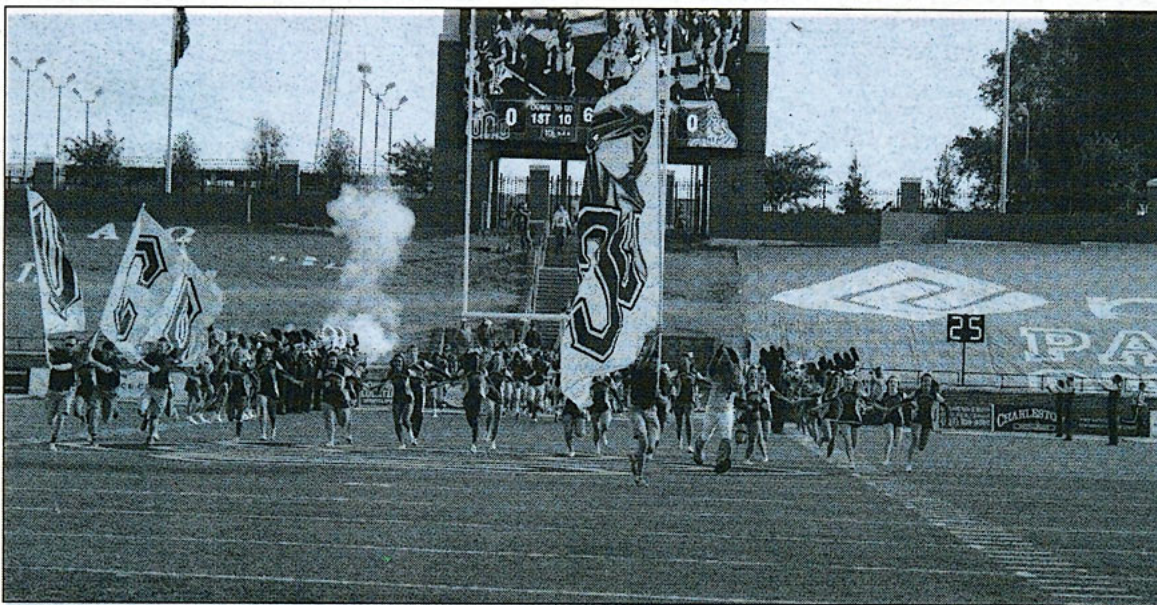
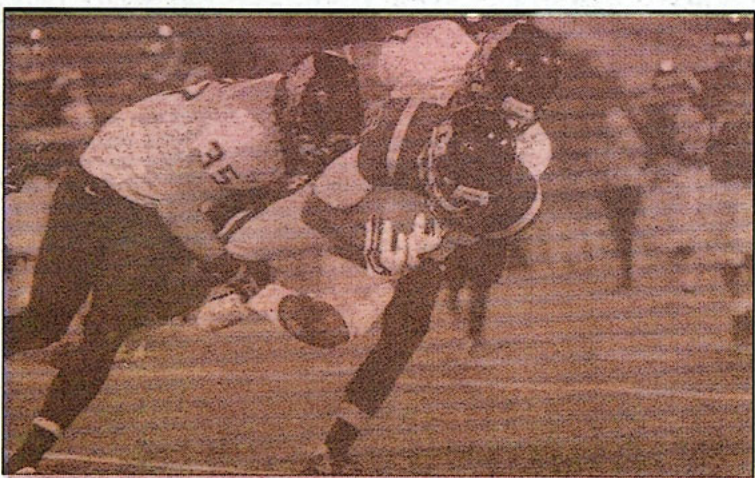
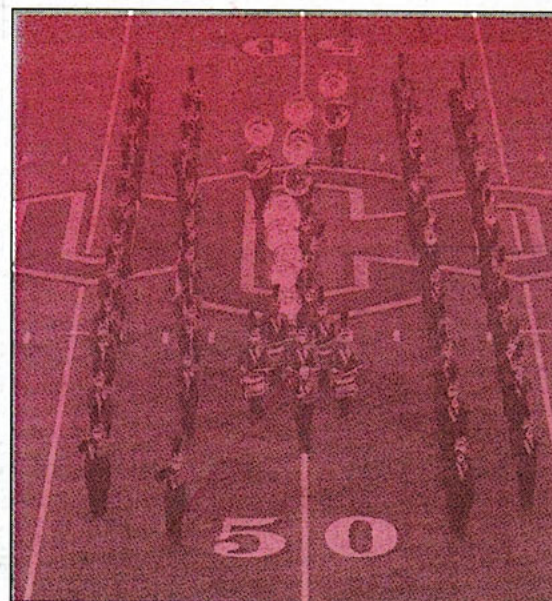
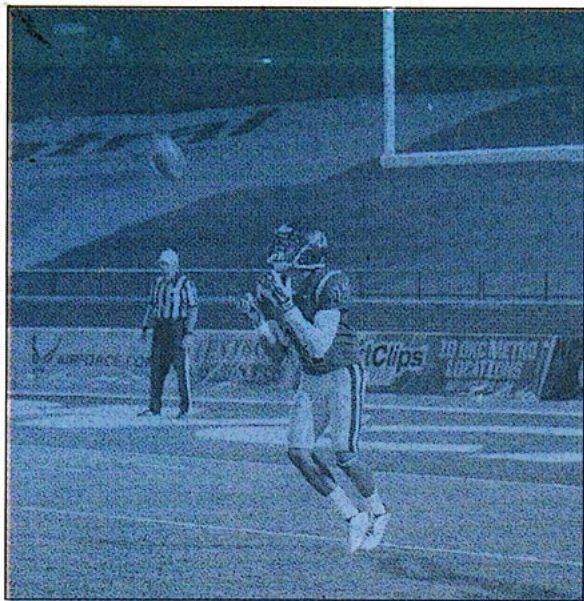


Photo taken on 14 February 2013: Firearm.



the **VISTA**

September 16, 2014

All photos by Quang Pho, The Vista.