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The Vista is published as a newspaper and public forum by UCO students, semiweekly during the academic year except exam and holiday periods, and only on Wednesdays during the summer, at the University of Central Oklahoma. The issue price is free for the first copy and \$1 for each additional copy obtained.

#### **EDITORIALS**

Opinion columns, editorial cartoons, reviews and commentaries represent the views of the writer or artist and not necessarily the views of The Vista Editorial Board, the Department of Mass Communication, UCO or the Board of Regents of Oklahoma Colleges. The Vista is not an official medium of expression for the Regents or UCO.

#### LETTERS

The Vista encourages letters to the editor. Letters should address issues and ideas, not personalities. Letters must be typed, double-spaced, with a maximum of 250 words, and must include the author's printed name, title, major, classification and phone number. Letters are subject to editing for libel, clarity and space, or to eliminate statements of questionable taste. The Vista reserves the right not to publish submitted letters.

#### Address letters to:

Editor, The Vista, 100 N. University Dr., Edmond, OK 73034-5209, or deliver in person to the editor in the Communications Building, Room 131. Letters can be emailed to vistauco@gmail.com.



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#### ON THE COVER

This photo features an asian dragon displayed at the Asian Moon Festival on the night of Sept. 17 at Plunket Park. The festival was free and contained entertainment, food and activities. Photo by Quang Pho, The Vista.





AN All-Mighter?

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## Central Station opens for fall



Central Station has reopened for the semester, offering healthy and affordable alternatives to eating on campus.

Our goal is to generate healthy and more cost efficient meals," said Jacquelynn Skocik, a senior Nutrition-Dietetics and Food Management major and the co-general manager of Central Station.

Located on the first floor of the Human Environmental Sciences building, the restaurant is operated by student nutrition majors who are gaining experience with quantity food production and food management. The Central Station was created in 1999 for the Nutrition-Dietetics and Food Management program, with profits going to student scholarships and maintenance of the platform.

Without a payroll, this allows Central Station to have lower prices, charging only for food costs and maintenance of the facility.

Central Station is very extreme when it comes to cleanliness, not only with the food, but even the details of the eating room floor, with every vase on every table thoroughly cleaned.

"Food safety and sanitation is one of our top priorities. I guess you could say we pride ourselves in sanitation," Skocik said.
"Everyone wears gloves at all times as well as smocks, hairnets and whatever else we need to maintain cleanliness. We also keep all our food and utensils separate to avoid cross contamination."

Although the restaurant has a few set signature items, namely chocolate brownies, turkey and hot ham with cheese, for the most part, they have a changing menu with a variety of dine-in or carry-out breakfast, lunch, dessert and snack items.

Their menus may rotate between Italian, Mexican, vegetarian, Vietnamese, or Lebanese, while also accommodating to seasonal items, like Thanksgiving pies and Halloween caramel apples.

If none of these serve your fancy, they also serve coffee items with state-ofthe-art espresso machines and an outback patio for a calmer, more relaxed atmosphere.

For a schedule of menu items, you can go online or view the posted sign in front of the Human Environmental Sciences building, just west of the Nigh.

Their days and hours of operation are Tuesdays and Thursdays, 10 a.m. to 2 p.m. Payment methods are cash and credit card only.



This photo features a Central Station barista preparing one of their coffee items that they offer, amongst many other options. Photo by Adam Ropp, The Vista.



This photo features UCO students and employees at Central Station located in the Human Environmental Sciences building across from the blue tent at Broncho Lake. Photo by Adam Ropp, The Vista.



## "Campus Quotes"



How effective do you think Sexual Health Awareness Week is?



"I think it's extremely important for students to have the availability of condoms so if they are sexually active they have them."

-Ashley Sells
Sophomore nutrition and dietetics major



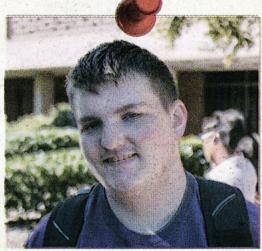
"I think sexual awareness week is very effective if you actually stop and listen and retain information."

-Berontaye Wallace Sophomore political science major



"Sexual Health Awareness Week is effective if you actually listen."

-Kandice Bell Sophomore nutrition major



"I feel like Sexual Awareness Week is very effective in the fact that it lets us open up and be taught about things that we feel like we know but don't necessarily know."

-Chris Stum Sophomore strategic communications major



#### **MITCH PARK YMCA**

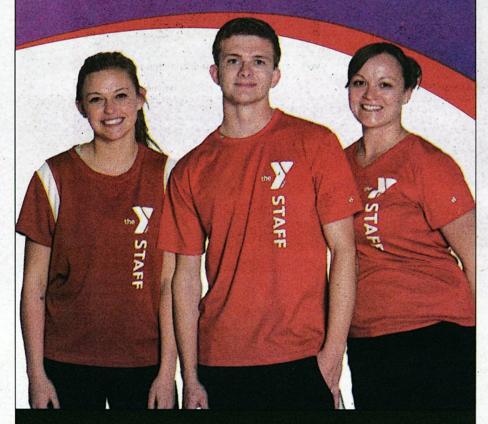
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# Skunk populations rise in Oklahoma

#### **Emily Smith**

You're on campus enjoying an evening walk, headed back to your dorm or maybe to grab some food from the grill when you notice something out of the corner of your eye. You turn and catch a glimpse of a black, cat-like shape with a bold white stripe running from its head to its arched tail: a skunk, strutting along the sidewalk, investigating the dark corners around buildings and cars. Your nose crinkles at the idea of the stench, and you hope it doesn't turn to head your way.

This scenario has become a common occurrence around the UCO campus and central Oklahoma City this summer. Due to the cool, wet weather, the skunk population has grown to an above-average number this year.

WildCare, a Noble-based wildlife foundation that takes in animals that wander into urban areas, reports it has already taken in 124 skunks this year. In 2013, the center took 124 skunks total for that year.

"Skunks are not afraid to live in the city. They are opportunists," Don Brown, spokesman for the Oklahoma Department of Wildlife Conservation told NewsOK. "We're seeing more because there are more than in recent years when we had droughts."

So what does this mean for those living in central Oklahoma City and the Edmond area?

First, know that skunks are not going to attack or spray you on a whim. If they are not feeling threatened or aggravated by you, they're likely to just avoid getting close.

Skunks are nocturnal animals, so students will only encounter one on campus late at night. They have been spotted roaming the area around the backside of the Suites, near the grill dumpsters and the Wellness Center parking lot.

Second, be aware that skunks are a large carrier of rabies. If you have pets or know someone with pets, be sure to have the animals up-to-date on their vaccinations.

Rabies is not always obvious. In most cases, infected animals will act depressed or groggy. It is only when the disease has damaged the brain that a pet will become furious, acting out of character and foaming at the mouth. Rabies is only passed through saliva, so there's no need to worry about contracting the infection from a skunk's spray.

Third, make sure you don't dump your room trash anywhere other than in the large dumpsters. Skunks are attracted to trash, so keeping the big stuff out of the small trashcans around dorms should help keep them away from living areas.



This photo taken Sunday, Sept. 14, 2014, in Oxford, Ohio, by police officer Matt Hatfield and provided by the Oxford police department, shows a skunk with it's head stuck in a beer can near a fraternity house at Miami (Ohio) University. An animal control officer was able to free and release the skunk without being sprayed. (AP Photo/Oxford Police Department, Matt Hatfield)

## Yes, white privilege exists & No, racism

is not extinct



J. Preston Drake @jpdrake94

Editorial Writer

It is the same old tired story. Crazy Islamic militants are trying to create a holy war, chanting slogans and picking fights with everyone. It was seen with al-Qaeda, the Taliban, Hamas and countless other extremist groups. This is little different, yet the Islamic State of Iraq and Syria (ISIS) has Americans and politicians freaking out...again.

There is no doubt that ISIS is, to some extent, dangerous. But that extent is largely limited to Iraq, Syria and perhaps their neighbors. True, they have military-grade weapons and vehicles, but shockingly, so do the local militaries.

ISIS is not exactly making a lot of friends, either al-Qaeda has taken great pains to distance themselves from ISIS and the Islamic Republic of Iran – a theocracy much like ISIS – is actively assisting Iraqi forces in fighting them.

The Islamists are already engaged in a three-front war against the Iraqi and Syrian Armed Forces and the Kurdish Peshmerga. The Iraqis and Kurds both enjoy extensive support by Western powers and Iran, while ISIS must largely relies on the supplies and equipment they capture throughout the conflict and money earned from plunder and smuggling – hardly a sustainable business model.

ISIS lacks a significant number of aircraft and the few fighters and helicopters they now have are effectively grounded by American air support. Furthermore, most estimates put the strength of ISIS on the ground at no more than 100,000 fighters, compared to 200,000 Peshmerga fighters, 600,000 Iraqi security personnel and an undetermined number of Syrian soldiers.

These militants are undoubtedly aggressive, zealous and remorseless and have successfully challenged the Iraqi central government, but overall they are not, as Defense Secretary Chuck Hagel said, an "imminent threat" to the United States.

And Sen. Bill Nelson's assertion that ISIS "will not stop until the black flag of ISIS is flying over the White House" is pure fear mongering.

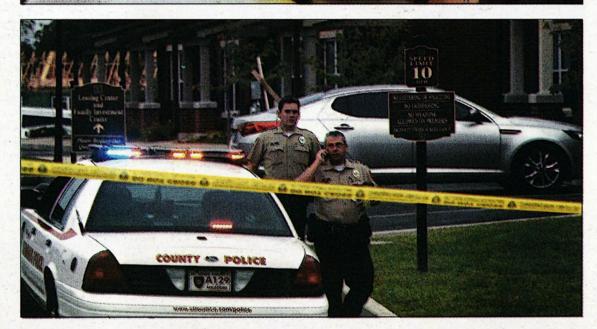
The organization, as a whole, has no grasp of diplomacy and no desire to learn. They have even been ostracized by other radical Islamist groups and can only hope to hold what they have taken.

The Islamic State will not be crushed in the near future, of course, but their routine human rights violations and systematic extortion of its residents will make it difficult for them to develop into a sustainable regional power.

As for the fear of "lone wolves" returning to America to initiate acts of terror, there may be some level of legitimacy. However, with as much as the U.S. government spies on its citizens, they should hopefully be



St. Louis activist Anthony Shahid confronts councilman Steve Stenger during the St. Louis County Council on Tuesday, Sept. 16, 2014, in Clayton, Mo. Protesters seeking the immediate arrest of Ferguson police officer Darren Wilson who fatally shot unarmed 18-year-old Michael Brown disrupted a government meeting Tuesday, renewing calls to remove the county prosecutor investigating the case. (AP Photo/St. Louis Post-Dispatch, Robert Cohen)



able to discover and thwart these attacks beforehand, assuming they are not too busy logging John Smith's phone calls to his drug dealer.

The U.S. should, of course, continue to assist Iraqi and Kurdish forces in curtailing ISIS. This does not mean initiating yet another war in Iraq, even if they have executed two Americans. As tragic as those incidents were, sending thousands more American soldiers to die will not bring James Foley or Steven Sotloff back to life.

American air support may be key to the Iraqi-Kurdish victory over the extremists. However, ISIS is not a direct threat to the United States any more than swine flu was the start of the zombie apocalypse and that rhetoric needs to stop before America winds up in another expensive foreign occupation.

St. Louis County police officers investigate the scene of a fatal police officer involved shooting on Thursday, Sept. 18, 2014 in Jennings, Mo. St. Louis County Police Chief Jon Belmar said the officers fired a combined 25 shots at the suspect. The officers told Belmar the suspect tried to fire at them, but the rifle the suspect had, jammed. No casings from the suspect's .22-caliber rifle were found. This is the second fatal shooting of a black suspect by police in the region since the fatal August shooting of Michael Brown by a Ferguson, Mo., officer. (AP Photo/St. Louis Post-Dispatch, David Carson)

#### IT COULD ALWAYS BE WORSE ...

By Tyler Talley

### TALLEY



MARKS

"I know things are bad but they could always be worse."

Many a time this phrase has been uttered in one way or another to someone going through some sort of trouble. It often comes from people that are simply trying to help. They mean well, but ultimately, these words do more harm than good.

I understand that this phrase comes from a good place, but it is the proverbially equivalent of throwing gasoline on a burning house.

Here's a for instance: let's say a friend of yours has just been fired. This friend is clearly upset. You have no idea what to say or how to relate so you offer the only help that comes to mind, because your parents did this for you.

You say something like, "I am sorry you got fired, but at least you are not in Syria right now. The government is killing its citizen over there."

The moment you said "but," you nearly obliterated any good will you intended to convey. Now your friend not only feels awful for losing their job, but now they feel that their suffering has been invalidated because someone out there is having a worse day.

There is no aggregate scale for suffering; there are

simply different kinds of suffering.

You may be thinking to yourself, "Tyler, when I am troubled and someone tells me that it could be worse, it helps me because it gives me a good sense of perspective."

If you are thinking that, I envy you. Personally, though, it does not help me in the slightest when I break a bone and someone says, "Well at least you didn't break two bones." Imagining an alternate future where I broke multiple bones just makes me feel worse for people that actually have, as well as like an asshole for being upset in the first place.

Here is the thing though; I should be allowed to feel bad about some things. To deny someone there suffering when something bad befalls them is to deny them one of humanity's basic needs. We need to feel validated when we are suffering. When you compare my suffering to someone else's or create scenarios in which something worse happened to me, you are telling me that I shouldn't be sad at all in a situation that a normal human being should be upset about.

So, the next time you have a friend who is upset and you say, "I am sorry that happened..." leave out the "but" and just be there as a friend.



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## App allows for 'Unseen' socializing



Kchris Griffin @kchriswitha k

Staff Writer

With one "like" or comment, a picture or video will kick-start instant stardom for some, but can also quickly go viral for the wrong reasons.

Students seeking a discreet way of sharing moments of their lives with the world can do so anonymously with an app called "Unseen." After its initial release at Texas A&M University in May, the app garnered enough popularity to spur its release to the public in July. Through research and crowd-sourcing on ways to better connect people, co-founder Michael Schramm created the app.

While traditional social media serves as the go-to for connecting with others, the popularity of anonymous apps certainly reflects its short-comings, Schramm said.

"With apps like Unseen and

Snapchat, users now have an alternative to the inherently inauthentic, heavily censored and super glossy personas you see on Facebook, Instagram, Twitter etc," Schramm said. "So while most of the anonymous apps focus solely on the act of sharing anonymously, we're simply using it as a way to introduce yourself, your real self, to the community without fear of repercussions or judgment."

The app showcases a private self-destructing messaging and im-

posts made to their school and only see the posts from all the others."

Schramm created the app with Munjal Budhabhatti. The pair possesses backgrounds in building collaboration tools for businesses and consumers.

Budhabhatti said the only way to protect a person's identity is to never collect any identifiable information in the first place.

age-shar-

ing feature.

Schramm

said building a

way for users to have

complete transparency with

"There is no place that needs better

others is the next step.

ways to discover and connect with others

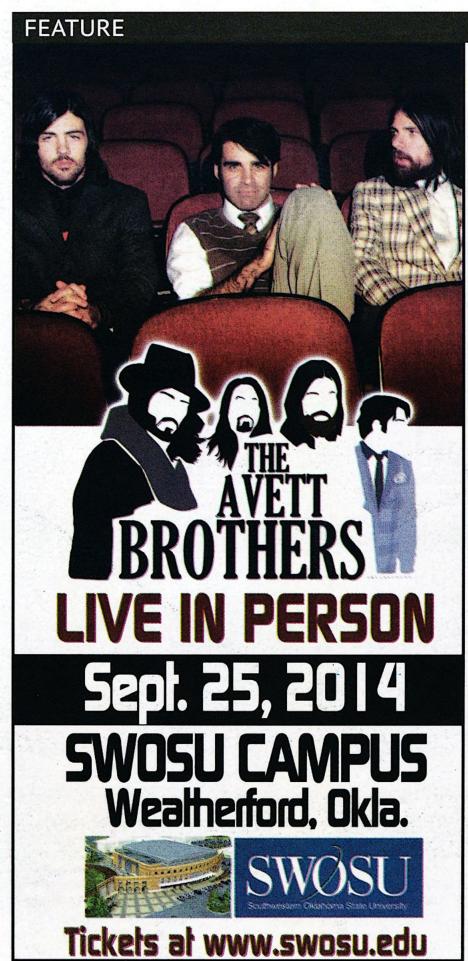
"The purpose of 'Unseen' is to allow people

to be as real as possible. Anonymity is the best way to do that. All students who sign up to use 'Unseen' can see and interact with

than college campuses," Schramm said.

"Complete anonymity is a requirement in every aspect of product development," Budhabhatti said. "No anonymous app should ever ask for or require your personal information. We're building the social network of tomorrow. 'Unseen' is the best way to connect and share with people without fear of rejection or anxiety of putting yourself out there."

Photo by Ryan Naeve, The Vista.



# Students connect with UCO Saudi Association



Queila Omena @queilaomena

Staff Writer



Senior Zakria Hamdi and Junior Abdullah Alanazi, the newly elected leaders of the Saudi Arabian Association, discuss futue plans for the group. Photo by Ryan Naeve, The Vista.

In the past weeks, UCO's Saudi Association has grown in members, promoted friendships and elected a new president and vice president.

The successful association has grown greatly and has remained strong as a part of UCO for over 8 years.

"Our numbers have grown, Saudi students population has grown. We had about two when we first started and now we're about 380 Saudi students," said Aaron Wheelbargar, advisor of the Saudi Association at UCO. "We also have seen quite a bit how the association have been out in the UCO population, trying to give a better view points of what Saudi is like, not mostly from the media but from actually students involved with life experiences."

The group has many events planned for this semester, including the National Day and Eid al-Fitr. Both events will be open to the public, with traditional Arabic food and prizes.

The National Day presents the day when King Abdulaziz announced Saudi Arabia as a kingdom on Sept. 23, 1932, and Eid al-Adha, being the second of the two religious holidays, celebrates Muslims worldwide each year.

"The Saudi Association is trying to coordinate with all Saudi students that are available here. It's important to represent our country, and to also represent our students. We are here as a country and this is really important to us," said Saudi Association Vice President Zakria Hamdi.

UCO's Saudi Association wants to connect Central students, help them enjoy the real college experience and get them out of the language barrier that breaks communication. Even though students are living far from home, they can prosper if they remain together as a unit.

"I'm not the president. All of us are the president, and we can do whatever we want. If they have a suggestion or need help, we can help them. Anytime," said Abdullah Alanazi, president of the Saudi Association at UCO.

For more information about the Saudi Association at UCO, please visit https://www.facebook.com/SaudiUCO or email Aalanazi@uco.edu.







December 22-January 19

Love blossoms and many kind words are exchanged. A heated debate at work proves the need for regular meetings. Be the first to suggest it, Capri-



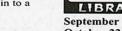
March 21-April 19

Worries compound at the office, and it turns out to be all for naught. Celebrate with a trip to an out-of-theway place. A cause is worth fighting for, Aries.



June 22-July 22

Relationships come and go, but this one is worth saving, Cancer. A megawatt smile brightens your week and clues you in to a situation.



September 23-October 22

Step on it, Libra. Time is of the essence. A family member changes direction midstream. Keep your reservations to yourself. It is the right move.



January 20-February 18

Rumors fly this week. Pay them no heed, Aguarius. The truth will be revealed soon. A friend invites you on an outing. Say yes. You will have fun.



April 20-May 20

Come on, Taurus. Take the leap. You will profit. A change in venue proves better all around. A young friend makes an offer out of this world.



July 23-August 22

Your moment in the sun comes to an end, but lucky for you, Leo, there is another one around the corner. A health problem is resólved.



November 21

This week is all about enjoying the fruits of your labor. There are lunches, games and more. Don't miss out, Scorpio. Attend every function



February 19-March 20

Tsk-tsk, Pisces. You can't have your cake and eat it too, not in this instance. Complaints stack up at home. Take them seriously. There is an easy fix.



May 21-

Psst, Gemini. A little kindness will go a long way toward opening a door. A check of the finances reveals that you are close to meeting a goal.



August 23-September 22

Persistence pays off, Virgo. Don't give up no matter what the feedback. The idea is good. It just needs some work. A project concludes.



November 22-December 21

Ask once, ask twice, ask thrice, and you will finally get it, Sagittarius. Painstaking efforts to restore a piece begin to take a toll on a loved one. Help them out.

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#### Classifieds

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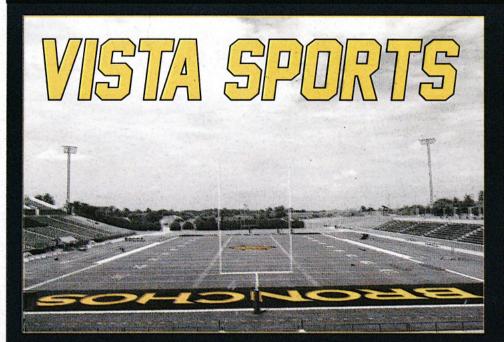
BFF Performance Shoe store (NW OKC) is now accepting applications from College students for part-time employment. 15-20 hrs. per week. Evenings and Saturdays. No retail experience needed. Call 608-0404.

Attn: child development majors! Edmond Child Development Center is accepting applications for part time teacher positions Call for Details 330-3077

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### **UCO GAMES THIS WEEK**

#### TUESDAY:

- Men's Golf at the NSU Golf Classic (Talequah, OK)
- -Women's Volleyball at Southwest Baptist University (6:00 p.m.)

#### **WEDNESDAY:**

-No Events Scheduled

#### THURSDAY:

-No Events Scheduled



## UCO SOCCER STARTS MIAA PLAY

The UCO Scooer team started conference play this weekend with a game last friday night with a road game against Northeastern State and a home game on SUnday against Southwest Baptist. The Vista contributor Jazzmine Pride recaps the games inside.

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# VISTA EXCLUSIVE: INTERVIEW WITH UCO HOCKEY'S SAM RICE

The UCO hockey team has come to prominance in recent seasons as a powerhouse in the Western Collegiate Hockey League. The Vista Sports Writer Austin Littrell sat down with forward Sam Rice to get his take on the team, expectations for this season, and what it's like being a hockey athlete from Canada.

PAGE 15

## Broncho soccer faces conference competition



Jazzmine Pride

Contributing Write

The UCO Women's soccer team traveled to Tahlequah, Oklahoma last Friday, as they opened up MIAA conference play to take on the Northeastern State Riverhawks (NSU). They made their way back home Sunday, as the took on Southwest Baptist (SBU) on their own turf.

The Bronchos finished this weekend 1-1 in conference play, as their record climbs to 4-2. The 2-0 win over the Riverhawks on Friday gave the team a good momentum going into Sunday's game.

Gabi Bochus scored the only two goals of the game Friday night, closing out NSU. UCO's defense remains a factor as they continue to hold off opponent after opponent. The Bronchos goalie Brandi Bartley had an outstanding three saves, holding off NSU. Attempting 11 shots UCO converted two points, while NSU also took 11 shots but scored no points.

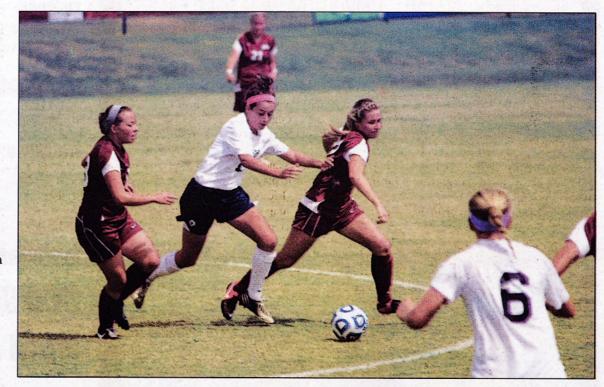
The Bronchos first goal of the game came from Bochus on a penalty kick in the first period 20:24 into the game. Bochus has a total of 3 goals for this season. In the second period, 54:50 into play, an assist from Emily Precure to Gabi Bochus led to another score for the Bronchos, putting them up 2-0.

"We played pretty good, especially defensively, but we need to pick up our intensity and there's still a long ways to go," Head Coach Mike Cook said to bronchosports.com. "We're making progress and just need to keep getting better every time we step on the field."

The Bronchos will meet the RiverHawks again, this time at home on Oct. 31.

Central Oklahoma fell short Sunday's game against SBU, as they lost 4-1. SBU's defense held up well against UCO's offense, with a total of 4 saves coming from Cheyenne Forshey of SBU. UCO's only goal came from Emily Hahn, racking in a shot from 10 feet away off a deflection in the 52nd minute, but they were still down 3-1.

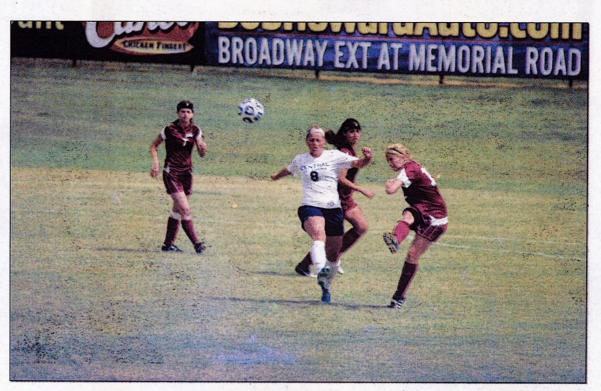
The Bronchos are back at it again Friday as they take on Missouri Western.



UCO midfielder Caitlin Bond dribbles the ball through defenders in this archived photo from last season. Photo taken from The Vista Archives.



The UCO Soccer Team huddles before their match in this archived photo from last season. Photo taken from The Vista Archives.



UCO Forward Emily Hahn heads the ball away from defenders in this archived photo from last season. Hahn scored the only UCO goal of the game last saturday as the Bronchos lost to Southwest Baptist (3-1). Photo taken from The Vista Archives.

## Vista Exclusive: UCO Hockey Forward Sam Rice



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The University of Central Oklahoma Hockey Team has consistently been one of the best teams on campus. Since its creation in 2006, Head Coach Craig McAlister has done nothing but win and get to the national tournament. Being able to recruit players, like sophomore forward Sam Rice, plays a vital role in that success.

Rice came in as a freshman in 2013 and had an immediate impact with the team. Rice ended the year by being voted onto the American Collegiate Hockey Association. In 41 regular season games, he scored 14 goals and added 26 assists, ranking near the top of the team in each category. He also scored a goal in the National Tournament.

Rice has traveled a long way to play hockey here at UCO. He is

originally from Victoria, British Columbia, almost 2,100 miles from Edmond. Coming from Canada to Oklahoma, where not many people watch hockey, might seem strange to some, but Rice has his reasons. McAlister's recruiting and the dream of continuing to play hockey were major factors in Rice's decision to make the long journey to UCO. He does not regret his decision at all.

"Everything just worked out, and it's probably been the best decision I've ever made," Rice said.

According to Rice, there have not been noticeable differences between Oklahoma and Canada. Having players from Canada has helped ease the transition and hide the differences. Last season's roster featured 14 players from Canada, including Rice's friend Chad Roorda. However, there was one big difference that Rice did mention.

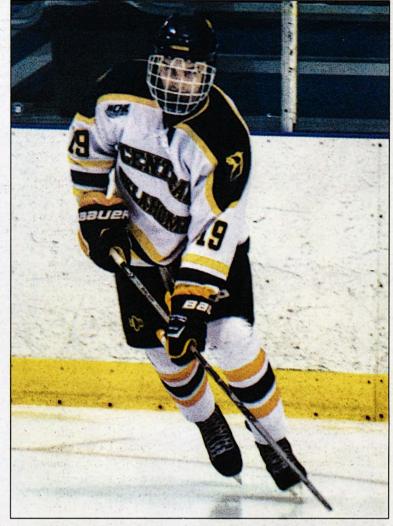
"When we are like, at the school selling season tickets and stuff, people are like oh we have a hockey team? It's a little bit of a shot, but we take it with a grain of salt," he said.

Despite having an outstanding freshman season, Rice is not resting on his laurels. Like all good players, he is itching to get better each and every day, especially with his consistency and leadership qualities.

"That's the main part of hockey, just being consistent day in and day out. Now that I am a sophomore, I'm going to be looked at more to be a leader, so just that leadership quality and consistency," Rice said.

His favorite matchup of the season comes as no surprise. Rice loves playing division rival University of Oklahoma. He enjoys the intense atmosphere that comes along with the rivalry.

Rice and the rest of the team began their trek to nationals last Friday and Saturday at home against Texas A&M with 18-0 and 17-0 wins respectively.



UCO Center Nolan Grauer takes the puck and looks up the ice at the Texas A&M defense. Photo by Ryan Naeve, The Vista.



Left: UCO Center Kurtis Johnson passes the puck out of the UCO zone to avoid the Texas A&M fore-check. UCO won this game, that took place last friday night 18-0. Photo by Ryan Naeve, The Vista.



Right: The UCO hockey team celebrates after scoring a goal in the second period of this game against Texas A&M on Saturday night. UCO won this game by a score of 17-0. Photo by Ryan Naeve, The Vista.

