

News

Features

Sports



the **VISTA**

November 13, 2014



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The Vista is published semiweekly during the fall and spring semesters, and once weekly during the summer. In all issues, The Vista has opportunities for both classified, online and print ads.

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The Vista is published as a newspaper and public forum by UCO students, semiweekly during the academic year except exam and holiday periods, and only on Wednesdays during the summer, at the University of Central Oklahoma. The issue price is free for the first copy and \$1 for each additional copy obtained.

## EDITORIALS

Opinion columns, editorial cartoons, reviews and commentaries represent the views of the writer or artist and not necessarily the views of The Vista Editorial Board, the Department of Mass Communication, UCO or the Board of Regents of Oklahoma Colleges. The Vista is not an official medium of expression for the Regents or UCO.

## LETTERS

The Vista encourages letters to the editor. Letters should address issues and ideas, not personalities. Letters must be typed, double-spaced, with a maximum of 250 words, and must include the author's printed name, title, major, classification and phone number. Letters are subject to editing for libel, clarity and space, or to eliminate statements of questionable taste. The Vista reserves the right not to publish submitted letters.

## Address letters to:

Editor, The Vista, 100 N. University Dr., Edmond, OK 73034-5209, or deliver in person to the editor in the Communications Building, Room 131. Letters can be emailed to [vistauco@gmail.com](mailto:vistauco@gmail.com).



The V&A Waterfront, also called Victoria's Wharf, includes shops, shoreline and a view of Table Mountain. The Waterfront is the most commercialized part of Cape Town, South Africa. More on South Africa on page 11. Photo by Sarah Neese, The Vista.

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## ON THE COVER

The Vista celebrates 111 years. It is the longest continuously running student newspaper in the state of Oklahoma. Photo by Lauren Capraro, The Vista.



Lt. Greg Gallant, of the Methuen, Mass. police department, portrays an active shooter as he roams the halls of a school with an assault rifle, loaded with dummy rounds, during a demonstration in Methuen, Mass., Tuesday, Nov. 11, 2014. School and police officials have unveiled a new system to detect and track a gunman that they say is the first in operation in a public school. (AP Photo/Charles Krupa) More on gun violence on page 7.



## What's funding the new construction on campus?



Danielle York  
Contributing Writer

It is hard for students to miss the major construction happening on the eastern side of Buddy's cafeteria. The University of Central Oklahoma began construction on the new dormitory on the East Hall Field last spring.

With 440 beds, 220 rooms, a basement storm shelter, plus other transformative spaces, the Transformative Learning Quadrangle, "The Quad" for short, will be completed in June 2015 and available for coed occupancy for the 2015 fall semester.

"This project has been in planning for at least 5 years," said David Stapleton, University Architect and Director of UCO Architectural and Engineer Services.

There has been speculation that the building of The Quad was due to discontinuation of housing with Central Plaza, located on Second Street across from campus. Stapleton says that UCO is vacating Central Plaza due to the opportunity to build UCO-owned housing.

As one of the largest constructions on the UCO campus, The Quad will be the fifth installment of dorms on the university's campus and the third coed housing. Unique in design, the dorms are built with a courtyard in the center of the building. Construction with Flintco Construction, Inc. began in April with eight bids ranging from a low bid of \$20,964,000 to a high bid of \$22,900,000.

"The total bid award cost was \$21,575,000 which included the award of the base bid of

\$20,964,000 plus add alternatives," Stapleton said. "#6 Installation of copper piping for \$35,000 and #8, basement storm shelter in the amount of \$576,000 for a total of \$21,575,000."

Before construction for The Quad, the field was home to East Hall, the all-male dormitory built in the mid 1960s, until it was taken down due to severe roof leaks that were not addressed over the years, creating major internal water damage and mold.

"The air conditioning and heating systems were completely worn out, duck work was undersized and not sufficient for new systems, and the building had a lot of asbestos in the building materials which would require abatement," Stapleton said. "The building was not a good candidate for renovation."

After the demolition of East Hall, East Hall Field was used for various intramural sporting games, practices and Stampede Week events.

A concern for some students is the potential lack of parking. Transportation and Parking Services have stated that they will not be adding additional parking and that parking will be available in Lot 2 and Lot 3 north and east of Wantland Stadium.

Although the residence fees and number of resident assistants have yet to be determined, incoming and current UCO students can hopefully sign up to live in The Quads by April 2015.

*The new dorm under construction to the east of Buddy's. The Quad will be the fifth dorm on campus and will be completed in June 2015. Photo by Ryan Naeve, The Vista.*



# Students with Special Needs:

## What is being done in Edmond Public Schools

Photo by Quang Pho, The Vista



Shannon Taylor @shantays94

Contributing Writer

The special education program in Edmond has evolved over the years with new programs being added and different areas of concern being recognized. However, funding has been inconsistent, especially federally. Therefore, the program is limited in certain aspects of what can be accomplished through a student's senior year of high school. Additionally, programs are not consistent between each of the Edmond schools.

### Funding

"Each district is paid based on a funding formula surrounded by students enrolled in our district [called Child Count]," said Edmond Public Schools (EPS) Director of Special Education Nancy Goosen.

"However," she said, "The state weights the funding amounts based on the Primary Disability category and if there is a Secondary Disability. The funding formula was created in 1981 and has not been amended. We really need a change in the funding formula so that it matches either the level of severity of the child's disability or the amount of services listed on the IEP [Individual Education Program]."

In accordance with Goosen's numbers, this year EPS has 2,593 students receiving special education services, representing 11.3 percent of the total student population. The total cost of special education programs is \$25.7 million, or 18.9 percent of total general fund expenditures. \$9,912 is spent on each stu-

dent needing special education, only approximately \$4,500 more than what is spent on a regular education student. Over \$18.7 million comes from local district funds, which include Edmond tax dollars, with less than \$4 million each coming in from the state and federal governments.

From 2009 through 2012, Goosen said the American Recovery and Reinvestment Act (ARRA), an economic stimulus package, provided funding for special education, in decreasing allotments each year. In 2013, however, the ARRA discontinued funding, leaving the school system with even less federal support. Thus, the special education program in Edmond is funded primarily by local funds.

### Transitioning Into General and Higher Education

Although funding can be sporadic, the programs used by EPS teachers for special education are working for the most part. EPS has a strong push for independence but does not place a student into the mainstream unless they are ready to do so. However, when a student reaches high school, the program tends to shift.

Marcia Moore, who works with students with emotional disturbances at Central Middle School (CMS), said, "Years ago, kids with special needs were not required to take the same assessments as general education population. Within the last decade, it has changed to where to meet a high school requirement, you

have to pass your classes. You're tested on a four by four: you have your four years of math, your four years of science, etcetera."

Moore explained that if students do not pass their end-of-year tests in these four categories, they don't pass the classes. She said this now qualifies for special education students who want to receive a high school diploma.

When a student reaches high school, they can either continue special education programs or go into general education, Moore said. If they continue with special education, they will not always receive the same diploma when they graduate as general education students, therefore hindering access to higher education, if they want to and are able.

"So we look at kids as they get into middle school and go toward high school and we decide if they want to pursue an education post-high school, like college, and if they need a diploma for college, and if that's the case, then they need to be in the general education curriculum," Moore said. "It depends on their abilities and on what they're going to do in their future, how independent they'll be."

Many of Moore's students are integrated into the general education population for different classes, which help with the move toward independence in high school, if possible.

### Differences in Programs and Schools

Jennifer Henry, who teaches at CMS in a Communications Disorder classroom for students with autism, said that her 11 students have a lot of support. There are 12 teacher assistants and one other teacher in the program. Henry teaches science, English and reading, while Kim Ahlgren teaches social studies and math.

"It's a very individualized program," Henry said, who started the program at CMS, the only middle school in Edmond to have the specific Communications Disorder classrooms.

Not all students with autism access those classrooms, she said. Only the students with the most severe forms of autism, who have IQs below average and who have intellectual disabilities, are in the program. Students with other forms can access other programs like Moore's class or can even just get some extra help at home from their families and counselors, as autism ranges in severity.

"You don't want a student to be in this program if they don't have to be in this program," Henry added.

"We want to work them out; we'd rather them be with all the other kids," she said. "We really in eighth grade look at how they're doing in our program and could they go into their [high] school and access classes, whether special education or not special education, and do okay."

Henry said that educating others about how autism works would also help when integrating students in programs like hers into general education classrooms.

In relation to how EPS as a whole is handling students with special needs, Henry said, "I always think, and I think every teacher is going to tell you this: there's not enough time, there's not enough money, to truly do everything I wish we could do. But, in my eyes, for my classroom, I feel like I'm very supported; I feel like the teachers and the students are really supported."

Henry clarified that she has a direct line of communication with the administration at CMS and the district officers, all of which are there to help.

"If we continue to do individualized programs, I think we're good," Henry said. "But, I think the students who don't have as much services are the students that are kind-of in-between—the kids who are able to access regular classes, who don't need an assistant, their IQ is average or above, but are struggling socially."

Ultimately, the special education programs offered in the Edmond school district for students are helping, and they cover all different forms and levels of what is considered special needs.

However, with more funding, the programs at CMS could be in place at each middle school. With more funding, the district would be able to hire more teachers that are qualified to aid in special education, therefore helping with the push toward independence so that students with special needs in high school can graduate with a general education diploma and go on to college.



# The fall season on Central's campus



All photos by Quang Pho, The Vista.





Quella Omena  
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Staff Writer

## Yoga: a union with mind and soul

On Nov. 5, philosophy professor Dr. Vedala Acharya presented a lecture on how to commune with God through yoga and soul exercises.

The philosophy professor explained that yoga wants to unite people with God, and eventually make them immortal. Dr. Archarya said that yoga is not a religion but a union with mind and soul.

According to Dr. Archarya, yoga is a system of integral education, not only for education of the body and mind, but also the intellect and inner spirit.

Yoga is a method that renovates all the sides of human personality.

"Yoga shows you the marvelous method of rising from badness to goodness, and from goodness to godliness, and then to eternal divine splendor. Yoga is not running from home and human occupation, but it's a process of molding one's attitude to home and society with a new understanding," Dr. Archarya said.

Essentially, yoga is not forsaking actions, or running away from home or human life, but rather demands spiritualization of life, explained Dr. Archarya.

To him, the practice of yoga leads to spiritual liberation and mental and physical discipline. The professor also explained that yoga practices the spiritual truths of all religions, making people a unit.

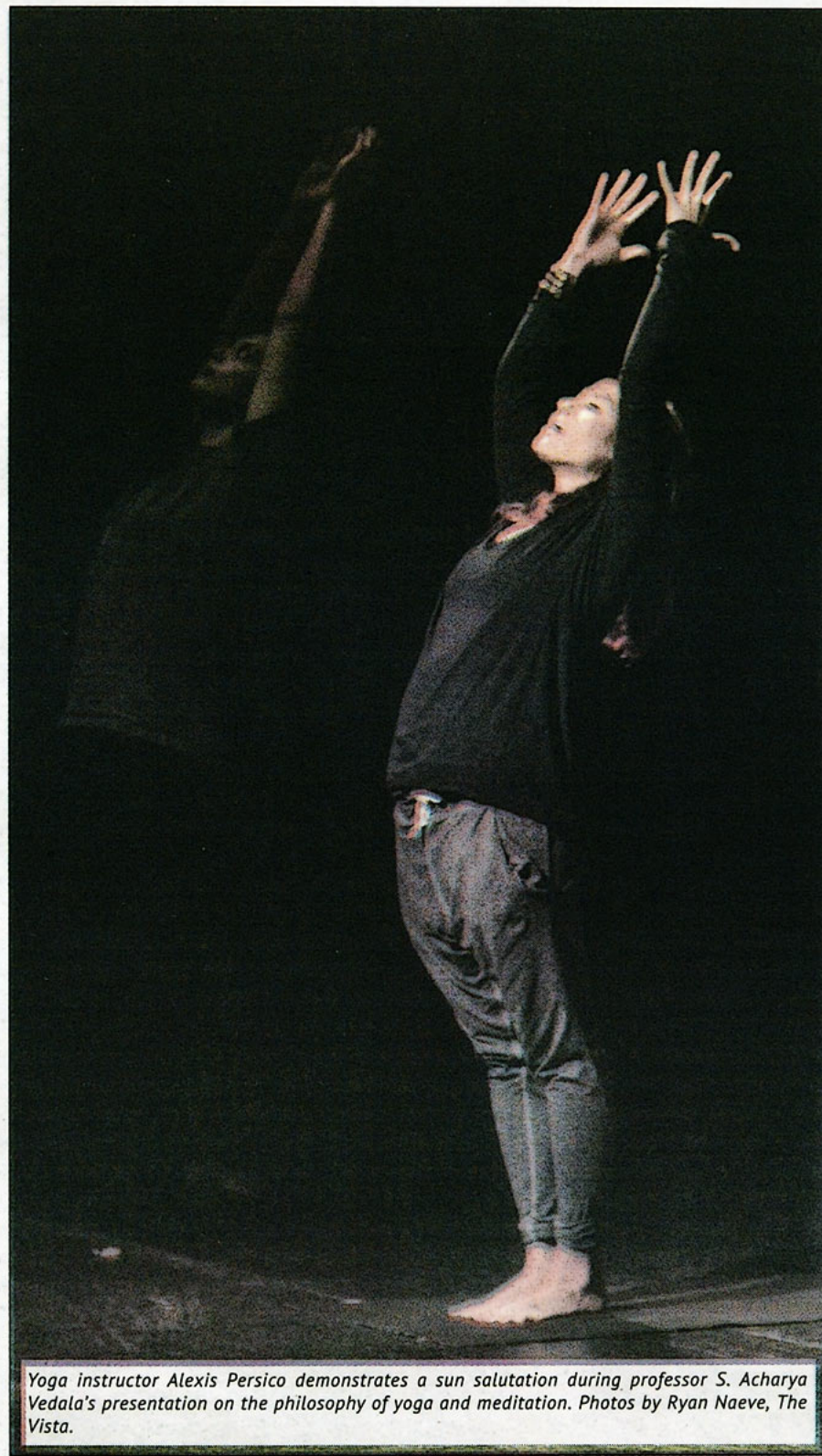
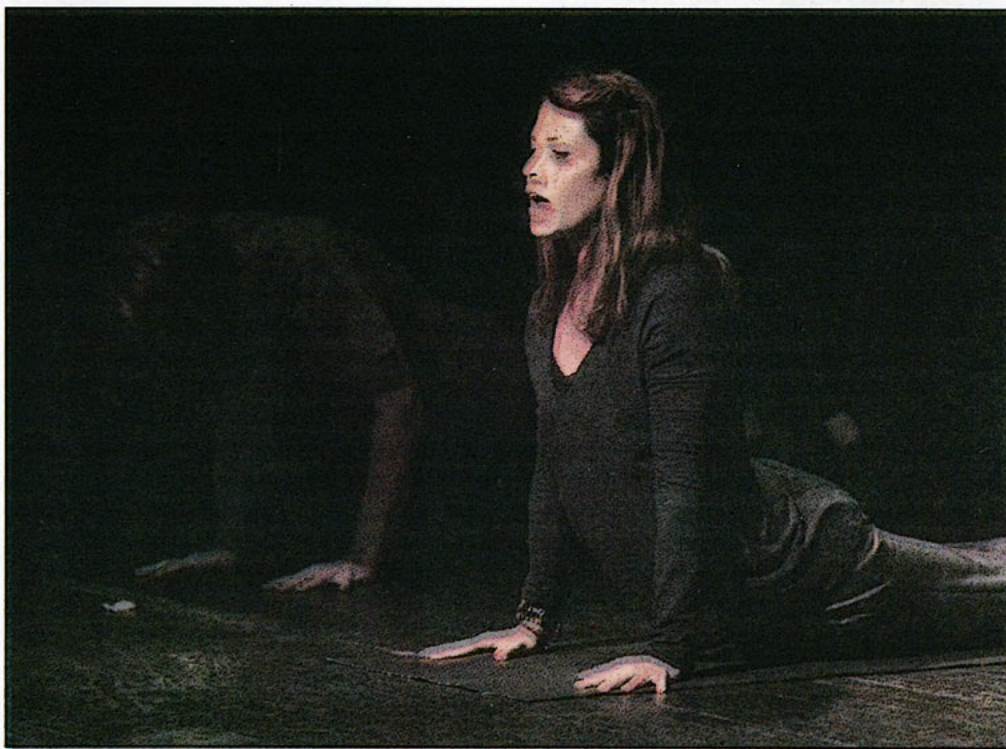
The lecture took place at Pegasus Theater, at the Liberal arts building at 5:30 p.m. The lecture was all about learning yoga concepts, and also exercises. Yoga instructor Alexis Persico demonstrated many basic yoga positions and made clear that everyone can be involved with yoga.

"I'd like to think that yoga is for everybody, and every body," Persico said.

For people to enjoy a life of yoga, they need to have steady mind control, energy, cheerfulness courage, patience, sincerity, purity, lack of despondency of mind, dispassion, concentration and practice of non-violence.

According to Dr. Archarya, yogis need to moderate eating and sleeping. They also need to have an intense longing for deliverance from family bondages, as well as a longing to learn the art of living happy, peaceful and harmonious.

"Yoga is for all," Dr. Archarya said.



Yoga instructor Alexis Persico demonstrates a sun salutation during professor S. Acharya Vedala's presentation on the philosophy of yoga and meditation. Photos by Ryan Naeve, The Vista.



# Smarten up about guns



**J. Preston Drake**

@jpdrake94

*Left: Lt. Greg Gallant, of the Methuen, Mass. police department, portrays an active shooter as he roams the halls of a school with an assault rifle, loaded with dummy rounds, during a demonstration in Methuen, Mass., Tuesday, Nov. 11, 2014. School and police officials have unveiled a new system to detect and track a gunman that they say is the first in operation in a public school. (AP Photo/Charles Krupa) Right: Officers from the Methuen, Mass., police department carry training weapons as*

Editorial Writer

It has been almost two years since the tragic shooting at Sandy Hook Elementary and less than a month since the Marysville Pilchuck High School shooting. Despite the continuation of gun violence, little has been done to curb the problem.

Gun rights activists, led by the National Rifle Association and given voice by the Republican Party, have constantly and loudly opposed any sort of firearm regulations. In their warped world, a background check to buy a Beretta is the definition of tyranny.

Obviously, this is ridiculous. If an individual is of sound mind, they should have no issue submitting to an evaluation before laying their hands on lead-spitting steel death machines.

It is a definite stretch for liberals to push for a blanket ban on guns – a notion that is only entertained by a handful of folks on

the fringe. They do have some purpose.

For instance, in rural areas, people hunt. Homes are invaded, too, and police reaction time can be slow; sometimes it is more than half an hour before an officer is on the scene.

A loaded Remington M870 shotgun can be the difference between life and death in some situations.

Urban residents need protection, too. A pistol can be very reassuring for a typical American living in a more rugged part of a city.

That said, not everyone needs or should have a gun. The hunter may need one for obvious reasons, but the man who talks to couches and worships an invisible pink unicorn definitely does not.

Unstable people aside, unless applying for a concealed carry permit, there is no required firearm safety course for gun

buyers.

Anyone can buy a gun in most parts of the country and seem to think that a few hundred games of Call of Duty make them a marksman.

But some people are careless and can be dangerous when given a loaded firearm and no familiarization.

If a hunter's education course is mandatory before hunting, then a firearm education class should be required before owning any gun.

Americans should always retain the right to bear arms, but that does not mean it needs to be blindly supported.

So long as someone can prove they are psychologically stable and know how to shoot and clean a gun, they should be allowed to purchase and own one.

Gun activists fear these rules because of a half-baked notion that it will make

it easier for the government to take away their guns.

Even without any regulations, if the government, backed by the world's strongest military wants their guns, they can take them easily enough. Anyone can talk big about fighting for freedom, but it takes a special one to keep it up when an armored convoy enters the neighborhood and soldiers start going door to door.

But this is moot. The government will not be confiscating any guns. Gun rights groups need to take off the tin foil hats, and certain anti-gun activists should reevaluate the value of firearms.

There is a middle ground, and it is the spot where the right to bear arms is preserved but common sense is applied.





Lauren Capraro  
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Contributing Writer

# The Vista celebrates 111 years

The Vista was established in November of 1903 as the student newspaper of the University of Central Oklahoma. It is the longest, continually published student newspaper in the state. In honor of its 111th anniversary, we have interviewed past editors about their favorite stories and memories from their time working at The Vista.

Jennifer Chancellor was

editor of The Vista in 1995 and is currently the editor-in-chief of The Oklahoma Gazette.

Kory Oswald was editor of The Vista in 2009 and is currently the general assignments editor for The Oklahoma Gazette.

Josh Hutton was editor of The Vista in 2013 and is currently a full-time freelance writer out of Guthrie, Oklahoma.

*A gathering of students and faculty holding a copy of The Vista newspaper pose for a group photo in Evans, (Margaret Mitchell, assistant professor of history, from left, fourth in front, Professor W.C. Jamieson, Biology, at end, front). Photo courtesy of UCO Archives and Special Collections.*



**Q: What were your job titles and duties at The Vista?**

**Jennifer:** I was a student reporter, staff reporter, production manager, managing editor, editor-in-chief. I did just about everything but sell ads. News, feature, entertainment and-breaking news, making and managing assignments, editing copy, page and cover design, staff management, planning meetings, photography, working with the print shop each week to get the paper out, and sometimes delivery. Best job ever.

**Kory:** I was a staff reporter, managing editor, editor-in-chief and senior reporter.

**Josh:** I did it all—web writer, reporter, columnist and editor-in-chief. When Master Teddy Burch brought me on, my job was to drive reads online, to write, essentially, what is often called “click-bait” today. I wrote tons of stupid lists and left-field columns.

Thankfully, Teddy reined me in, got me focused. As editor I tried to make design paramount (though to be honest the paper looks better now than it ever did when I was there). Writers slave over their copy and expect readers to delve into it based solely on the content. Unfortunately, that’s not the world we live in. If you want someone to read what you’ve written, how it looks on the page is of equal importance to the content, not just the design and layout; the frequency of paragraph breaks, the frequency and types of punctuation, and varying sentence types are all key to earning a reader’s time.

**Q: What is your favorite memory from The Vista?**

**Jennifer:** Oh, geez! I made incredible, life-long, ridiculously talented, ethical, fun friends and colleagues while there. My heart was fully in what I did. In 1995, I was at The Vista when the Oklahoma City bombing happened. We covered it, the community

reaction, photography, news and even got an interview with an early suspect (he was innocent). He wouldn’t talk to national media, but a reporter discovered he was a former UCO student and used that as a foot in the door. It was a national exclusive. The staff was so motivated and believed in the role and power of The Fourth Estate.

I worked with those guys later in Enid, and especially at the Tulsa World. Especially the photographers (Christopher Smith, Mike Simons, John Clanton). They are mind-blowingly talented. And I went to school Mark Zimmerman, too. No exaggeration: Best photographers (and humans) ever.

Another incredible memory: I knew my mother worked for The Vista when she was in college in the ‘60s. An assistant was cleaning out old storage from the office one day, and piles of bound newspapers, labeled by school year, we’re going into the trash. I opened one and saw my mother in the masthead as editor-in-chief. I called her, and rescued “her years” at The Vista from the

Dumpster. They were time capsules. They also were a deep, true connection I’ve shared with my mother my entire life. She was a journalism teacher for 40 years after she graduated from UCO (well, Central State back then). I thank my Mom for everything, including her insistence that I attend UCO to begin with. I loved it.

**Kory:** My favorite memory is the excitement I felt scrambling every week to meet deadlines and get the paper out. I was working with friends and classmates for one common purpose, and it was thrilling. The relationships I made at the Vista will last a lifetime for some, but then the dynamics of the paper also mean that some people left the job without that same kinship. And that is a bit sad, but that is the nature of it.

Those are the moments that I remember.

We had the freedom of the press and the safety net (perceived or real) of being young, fearless and bulletproof. It was a one of a kind experience.

**Josh:** For one feature I wrote, I walked around with a parking officer. He spent the day telling me about all the weird discoveries he’d made in the lots, a myriad of condoms, half-full bottles of vodka, underwear. You could say it was enlightening.

I just miss getting coffee with the editors when you needed a little caffeine, a little fresh air to shake the cobwebs. I won the lottery when it came to the staff I worked for.

**Q: Do you have any interesting stories from your time at The Vista?**

**Jennifer:** Mid-’90s. The campus was in the throes of a gargantuan upgrade. Parking lots and buildings moved and built, all sidewalks torn up, mud, lost shoes in the mud, more mud, problems even walking to class, mud. Did I mention mud? Anyway, after months, I wrote an editorial about how one of our staff, who traveled campus in his wheelchair, actually



got so stuck in the mud that other students had to remove him from his trapped chair and carry him to classes. Two days later, we had temporary walkways. Plywood, but perfect. ("I love the smell of newsprint in the morning. It smells like ... victory." -- Terry Clark. ... If he didn't say it, he should.)

**Kory:** One time we ran a picture of a shirtless woman for the front page story about breast cancer awareness piece. The flak from that was interesting but surprisingly minimal.

The only stories I really have are of me learning the art and skill of reporting. I was mostly focused on that, and I learned things from my experience there that will be with me throughout my career. So, I don't have any crazy stories. Except for the occasional classmate sneaking booze into his office and stuff like that.

**Josh:** Let's see. I received a death threat. I got angry emails from UCOSA after we ran a story about their officers receiving staff parking passes. Some disgruntled dude got into an editorial grudge match over differing political ideology with our superb cartoonist, Evan Oldham. It was one of the best times of my life.

**Q:** *What's some advice you could give to students currently working at the newspaper?*

**Jennifer:** Do everything. I dumped a minor to take every j-school related class I could, from photography to design, advertising, writing. Work. Love it, live it, breathe it. Be a news junkie. Read like crazy, but good stuff. Study Jimmy Breslin and Mike Royko. Jim DeRogatis. Norman Mailer ("The Executioner's Song"). Truman Capote. The Beats: Allen Ginsberg, William Burroughs. Study the concept that we're (you're) a privileged class because

of our education, and be aware of that privilege and potentially dangerous bias when you are reporting. Learn about the civil rights movement -- it's still happening. Know and understand that context in everything you do. Be cynical. Ask questions. Use dark humor to help not take everything so seriously, because it can kill you if you do. Internships: Aim for three before your graduate. Journalism is a trade, and you learn by doing. Accept that you'll never get rich doing this, but you can make a living. Don't be flip. Believe in what you do. Have a reason for everything you do, and take good notes. Write to tell the truth and not to injure people.

And have fun when you can. This sh\*t is hard work, but it's the most rewarding career I could ever dream of.

**Kory:** Students working at The Vista need to realize that they are doing much more than putting out a "student" paper. If they are seriously looking for a career in journalism, they need to get as heavily involved in every process of The Vista and put as much time and energy into it as possible. I quit my jobs and worked fulltime there for terrible pay. I was poor, I was a single-father, I was depressed, but every second I put in at the Vista was worth it because the dividends are still paying off and will forever pay off. Don't take your time there lightly. But, almost as importantly, have fun.

**Josh:** Tell each story like you're the subject. Tell each story with new energy, with respect, with a keen eye for detail, and, above all else, remember if it ain't broken, it will be soon. You can bite on trends, sure, but don't chew too long. It won't help your career. A strong portfolio, whether reporting, column writing, or photography, will always speak louder than resumé fodder.



Above and Below: Vista staff members using a typewriter. Photos courtesy of UCO Archives and Special Collections.





# THE 9TH ANNUAL WORLD SPORT STACKING ASSOCIATION (WSSA)

# STACK UP!

Local stackers take aim at Guinness World Record in sport stacking

**When:** Thursday, November 13th (Guinness World Records Day)

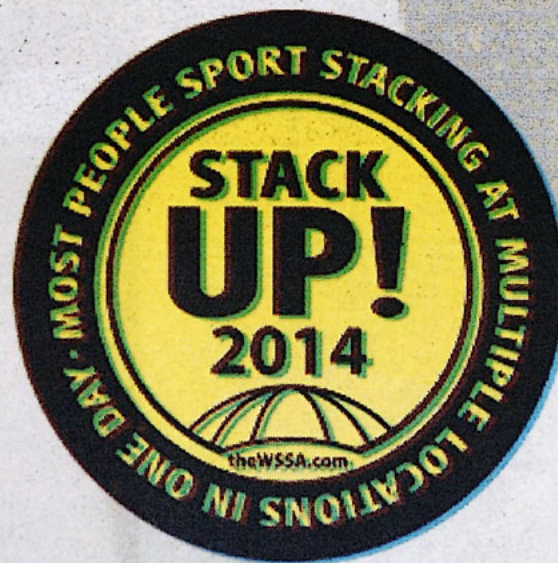
**Where:** Wantland Hall Gymnasium on the UCO Campus

**Time:** 9:30am-12:00pm

**Who:** UCO students

## DID YOU KNOW?!

Stacking and un-stacking plastic cups is an energizing, brain-activating and world-record-setting activity? On Thursday, November 13th, thousands of participants will take part in what Guinness World Records terms the "World's Largest Sport Stacking Event."



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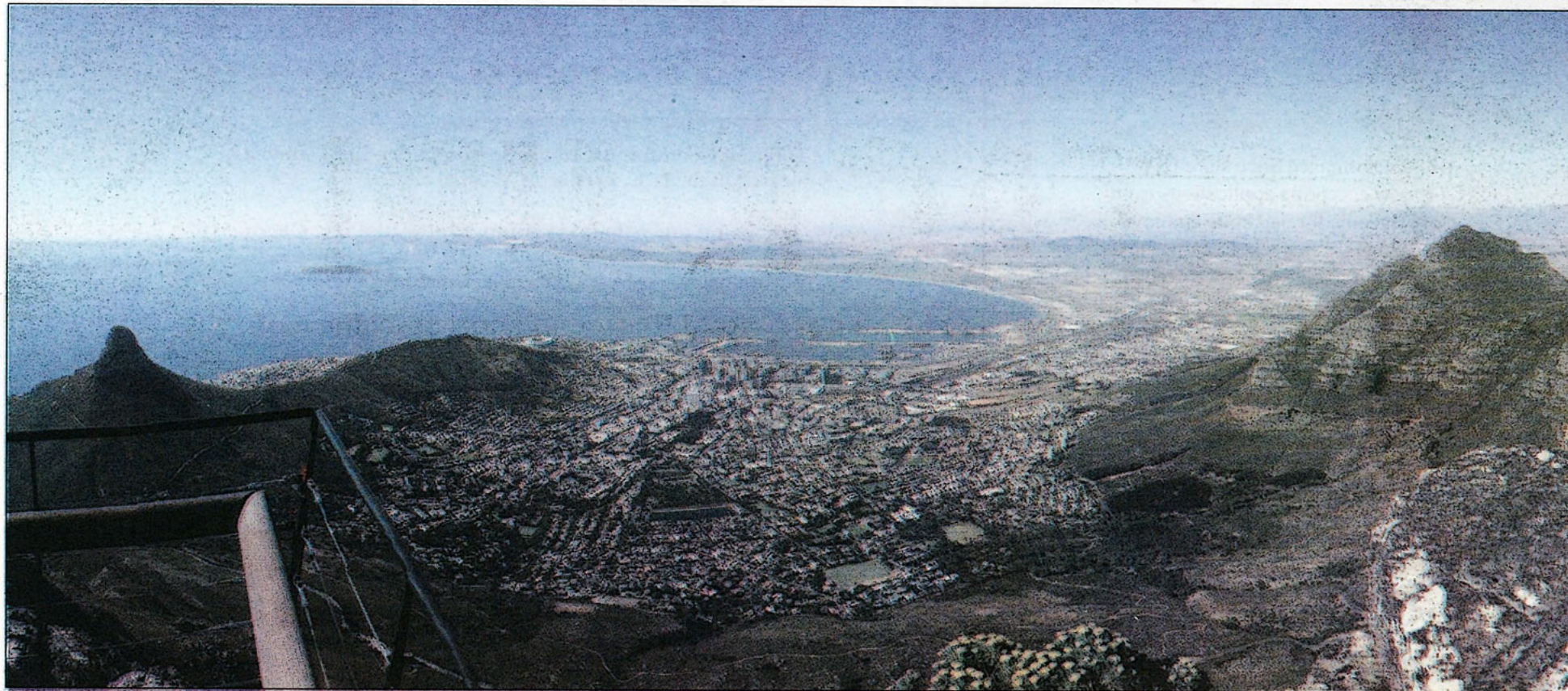




Sarah Neese  
@sarahneese

Copy Editor

## From the Sooner State to South Africa



From the top of Table Mountain, the city of Cape Town, South Africa, the Atlantic Ocean and Devil's Peak can all be seen. Robben Island, the place where Nelson Mandela was imprisoned, can also be seen in the background. Table Mountain has been named one of the Seven Natural Wonders of the World and is called the mother of Cape Town by the locals. Photo by Sarah Neese, The Vista.

For someone who has traveled to a variety of places over their lifetime, wanderlust can often become a part of daily life.

Pictures of far away places, circulating social media and virtually every crevice of the Internet, stir up a desire to see everything there is to see in every place there is to see it.

This is what I thought I understood about my own version of wanderlust. Though my exposure to life outside of the great state of Oklahoma was limited to cities within the U.S., I still found myself hoping to travel to as many of Earth's great destinations as my lifespan would allow.

However, traveling within the

continental U.S. is much different than traveling across the Atlantic.

My trek to South Africa was long, though I'll skip the grueling details of lengthy flights, layovers and hours of travel. I would, however, encourage those who are going to travel on an eight-hour flight or longer to invest in a first class ticket. Speaking from experience at the back of the plane in some of the crappiest seats an airplane can offer, the bed-like seats at the front of the plane are worth every penny.

But, I digress.

From the moment I arrived in South Africa, I could feel the palpable difference between our cultures.

For one thing, life moves at a much slower pace. There's no hurry. Even the hustle and bustle of a seaside city like Cape Town was calm and relaxed compared to the rush of a city like Chicago.

The people of South Africa, drawn apart only two decades ago by apartheid and segregation, address tourists and each other with familiar smiles and greetings of "brother" or "sister."

Cape Town residents, ranging from local South Africans to immigrants from the surrounding nations, exhibit a love for their city and their country in the way that they interact with visitors.

Though, it's easy to see why. Cape Town, South Africa is a

sprawling city, rich in culture, food, and markets, nestled between the shores of the Atlantic Ocean and Table Mountain, said to be the mother of the city.

I could turn my head in any direction, and there to meet my gaze would be either an ocean view, a tower mountain silhouette or a lively landscape of local city life.

Being the adventurous type, I decided to embark on a culinary exploration during my time in Cape Town. I tried a variety of traditional South African dishes, including Bobotie, a spiced sausage; Koeksisters, a twisted pastry dessert; and South Africa's version of pumpkin pie, a savory mix of pumpkin and spices wrapped

in phyllo pastry. I'm proud to say that I also ventured out and tried zebra, which to my companions' surprise was quite delicious.

After observing vendors selling their hand-crafted products and art, musicians playing and dancing to the sound of drums and locals sharing the story of the mother mountain, I was able to experience a snapshot of the unique relationship that South Africans have with their native land.

Though sometimes overwhelmed by moments of culture shock and plagued with the exhaustion of travel and jet lag, I'm proud to say that I opened my mind to South Africa and she opened her arms to me.



## Classifieds

BFF Performance Shoe store (NW OKC) is now accepting applications from College students for part-time employment. 15-20 hrs. per week. Evenings and Saturdays. No retail experience needed. Call 608-0404.



Tutoring Central is a free-to-use service for UCO students, located in the N.E. corner of West Hall.

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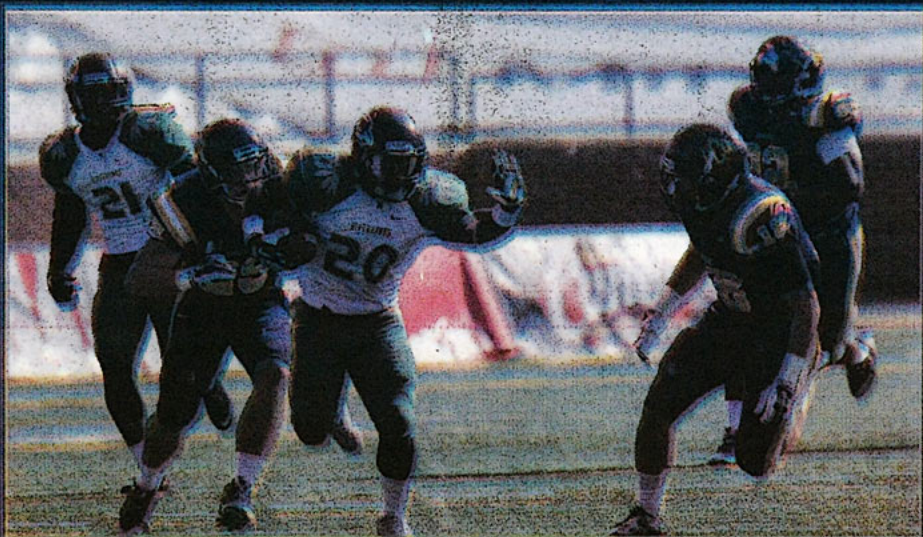
**MARK COSTELLO**  
**Labor Commissioner**

WHEN: Nov. 18th @ noon  
WHERE: NUC Mary Fallin Room (304)  
WHO: You

HOSTED BY: College Republicans at UCO  
CONTACT: Chad Smith (t) 405-740-1421, e-mail: [csmith190@uco.edu](mailto:csmith190@uco.edu)



# Vista Sports



## UCO GAMES THIS WEEK

### FRIDAY:

- Women's Basketball vs. Southeastern OSU (12:00 P.M.)
- Women's Soccer vs. Augustana College (South Dakota) (In Warrensburg, Mo.) (1:00 P.M.)
- Men's Basketball vs. Southeastern OSU (2:00 P.M.)

### SATURDAY:

- Football vs. Pittsburg State University (2:00 P.M.)
- Women's Basketball vs. Northwestern OSU (2:00 P.M.)
- Men's Basketball vs. Northwestern OSU (4:00 P.M.)
- Women's Volleyball vs. Pittsburg State (7:00 P.M.)

## VOLLEYBALL SHAVES THE BEARCATS

The UCO volleyball team swept the Southwest Baptist Bearcats on Tuesday night at Hamilton Fieldhouse extend their overall record to 27-5. Bronchosports.com was at the game and gives all the reactions from the Bronchos' big win.

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## FOOTBALL PLAYS FOR MIAA SUPREMACY THIS WEEKEND

The UCO football team plays Pittsburg State this weekend. The Gorillas are currently second place in the conference with a nine and one record, with UCO sitting at third with a record of 8-2. Therefore, the game this weekend will decide who will claim second place in the MIAA and possibly who can make the NCAA D-II playoffs. VistaSports writer Austin Litterell breaks down the matchup and just what this game means to the 'Chos' program.

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# Volleyball sweeps Southwest Baptist to stay in NCAA championship hunt



**BronchoSports.com**

@UCOAthletics

## Special Report

Sabetha Young ended a tense second-set battle with back-to-back kills and Central Oklahoma went on to sweep Southwest Baptist Tuesday night at Hamilton Field House.

The Bronchos claimed a 25-17 win in the opening set, prevailed 27-25 in the second behind Young's closing surge and routed the Bearcats 25-11 in the third to record their 18th sweep of the season.

UCO improved to 27-5 on the season and 16-5 in Mid-America Intercollegiate Athletics Association play. The Bronchos conclude the regular season Saturday, hosting Pittsburg State at 7 p.m. for Senior Night.

"We took care of business," head coach Edgar Miraku said. "It's important to not lose our focus and I thought we did a good job of that tonight. We want to finish strong Saturday and see what happens."

UCO is hopeful of earning an at-large bid into the NCAA Division II national tournament, with the top

eight teams in the Central Region advancing. The Bronchos were seventh in the regional rankings last week, with a new poll due out Wednesday.

Barbara Jackson led UCO against the Bearcats, hitting .351 with a match-high 16 kills and 10 digs. Young had eight kills and no errors in 14 attacks for a .571 hitting percentage.

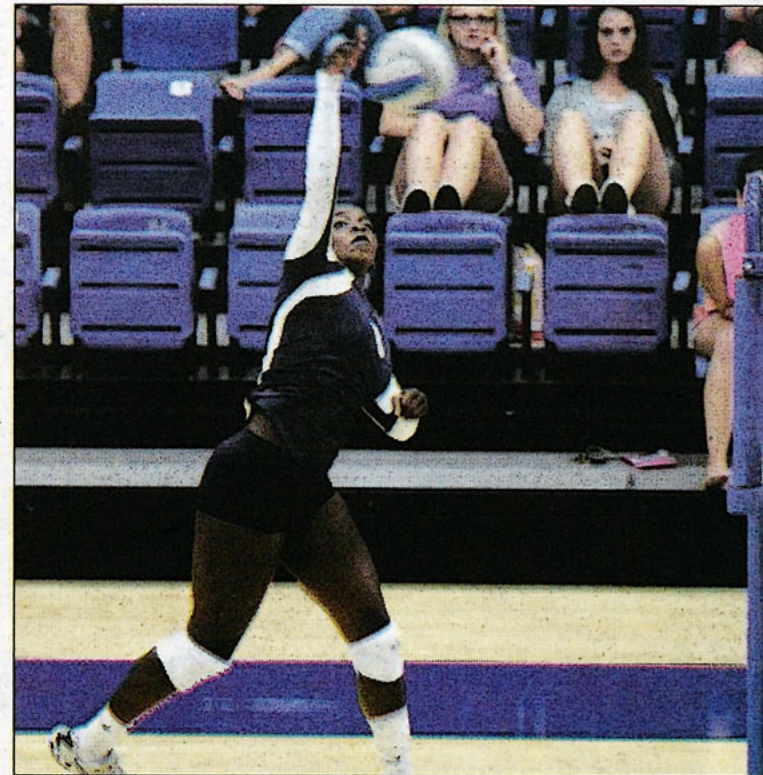
Bonnie Vernon added seven kills, Juliette Smith had six kills and five total blocks and Katy Davis dished out 37 assists.

Jackson had six kills in the first set as the Bronchos overcame an early 4-1 deficit, with the junior outside hitter adding six more in the back-and-forth second-set battle.

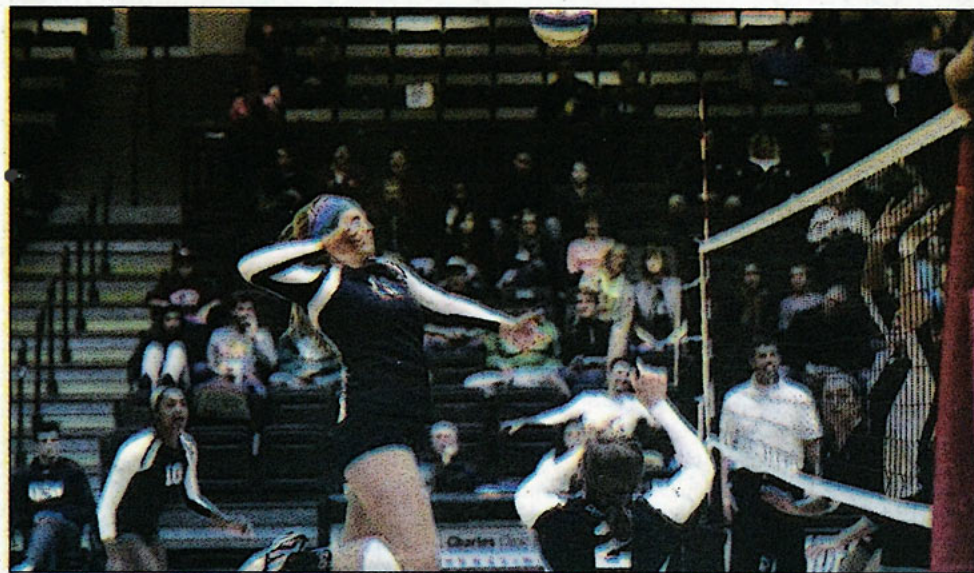
There were 15 ties and 11 lead changes in the second set and UCO trailed 22-20 before a Jackson kill and SBU error tied it. The Bearcats went back in front 24-23 and were serving for the set, but Davis and Smith teamed up for a block that knotted the score.

It was tied again at 25 when Young came through with her two clutch kills, getting one on a soft tip and the other on a hard shot down the middle to give UCO the win.

Smith had five of her six kills in the final set and the Bronchos sprinted from a 9-all tie with 11 straight points behind Mikayla Bangasser's serve en route to closing out the match.



UCO freshman Madison King spikes the ball back over the net during a game against Emporia State on October 4, 2014 at Hamilton Fieldhouse. Photo provided by BronchoSports.com.



UCO sophomore Allison Barr goes up to spike the volley during this game against Lindenwood on November 7, 2014 in St. Charles, Mo. Photo provided by BronchoSports.com.



UCO volleyball players, Sabetha Young and Juliette Smith jump to block a shot by Southwest Baptist's Taryn Martin in their match on Tuesday night at Hamilton Fieldhouse. The Bronchos won the match 3-0. Photo provided by BronchoSports.com.



# Football prepares for showdown of the year



Austin Litterell

@AustinLitterell

Sports Writer

Saturday's game between the University of Central Oklahoma and Pittsburg State, two of the four winningest programs in Division II, is a matchup of titanic proportions. Not only are the teams still in the race for a Mid-America Intercollegiate Athletic Association title, they are each vying for a spot in the Division II playoffs, and possibly even the Mineral Water Bowl.

For Pittsburg State to at least clinch a share of the title, all they have to do is win. The Gorillas can claim the crown outright with a win, and a Northwest Missouri State loss to Washburn. The Bronchos need a win, and a Washburn victory to claim a share of their first MIAA title.

Going into this week, UCO is the only two-loss team in the regional rankings at number ten. For the Bronchos to make the playoffs, they have to find their way into the top six in what is one of the toughest regions in the country. For the Bronchos to at least have a chance at getting in, they have to start by upsetting the Gorillas, currently ranked fourth in the region.

Even if neither of these teams make the playoffs, there is still a chance for one of them to play in the postseason. A berth in the Mineral Water Bowl, held in Excelsior Springs, Missouri, could also be on the line. The right to play in this game goes to the MIAA team, not in the playoffs, with the best record. The MIAA team competes against a team from the Northern Sun Intercollegiate Conference. Pittsburg State took home the trophy last season with a 90-28 victory.

Both teams have had tremendous seasons up to this point. UCO comes into this game with an impressive 8-2 record. Their win total so far matches the amount of wins from the past four seasons combined. The Gorillas are 9-1 on the season, and they have won six

straight games after a surprising early season loss to the Fort Hays State Tigers.

One of the bigger questions in this game is how the Bronchos are going to move the ball on the Gorillas' defense. The Gorillas are fourth in the country in total defense, and they are only giving up 12.3 points per game. Offensive Coordinator Chris Martin gave his opinion on what the Bronchos need to do in order to put points on the board.

"They are a very good defense. We will need to execute, convert third downs, and take care of the football. Play fast, physical, and hold ourselves to our standard of excellence."

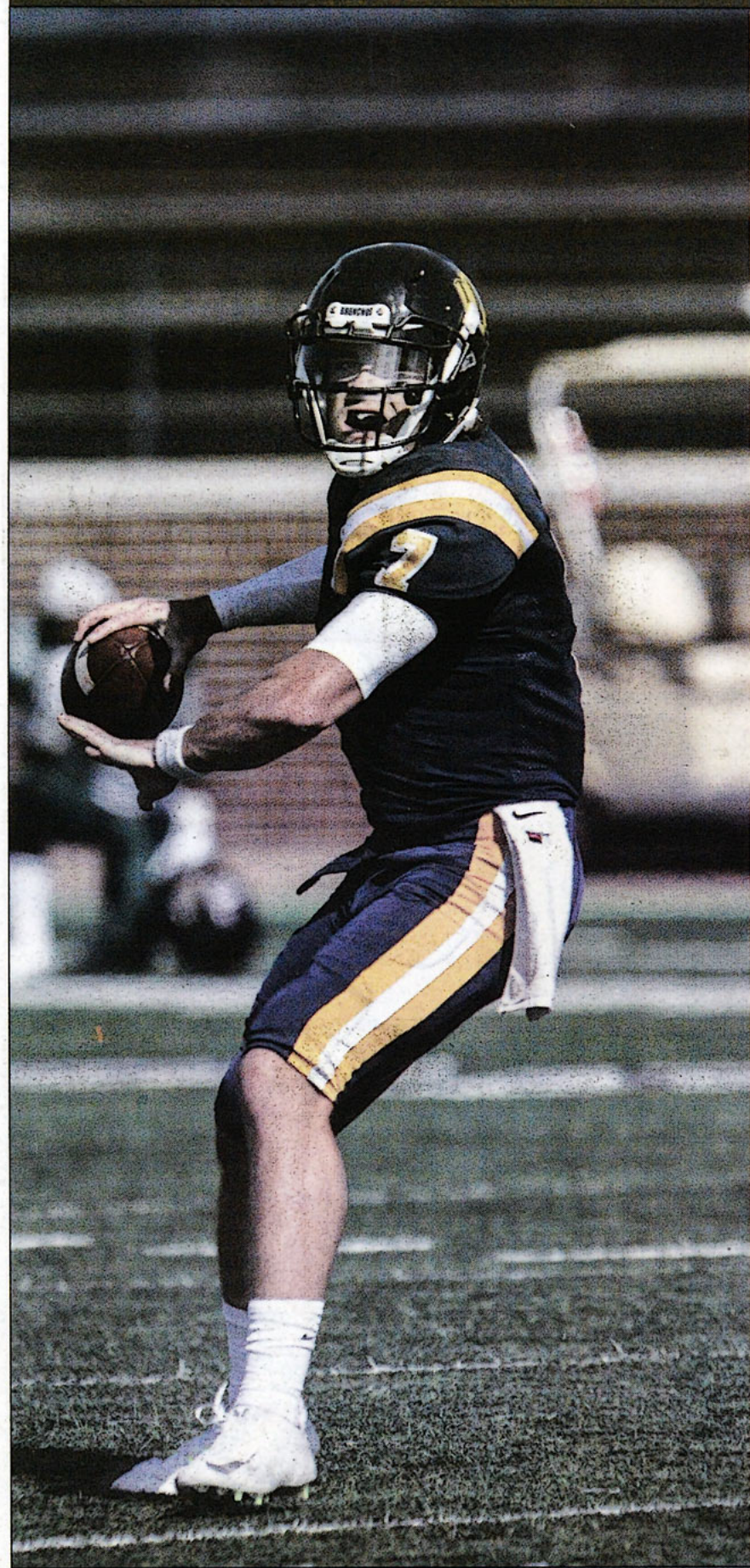
UCO's defense has been a revelation this season. They have jumped from the bottom of the conference to the upper half in both total and scoring defense. Defensive coordinator Russ Pickett's defense is giving up 30.5 points per game less this year than in 2014.

The secondary will be under pressure on Saturday, going up against the Gorillas' passing attack, ranked number one in the conference.

"Pitt State is the best offensive football team that we have played up to this point. They have a great scheme with explosive skill players. The biggest thing we have to do is make sure we limit the chunk yardage plays. We must make them execute all the way down the field. Our kids are excited and focused for this football game. We are treating it as a playoff game, winner moves on, loser goes home," said Pickett, when asked about dealing with Pittsburg State's offense.

With so much on the line, this is certain to be one of the biggest regular season games in UCO history. It is by far the most important game since Nick Bobeck took over the program in 2012.

*Chas Stallard sights in a pass during the Northeastern State game played on November 1, 2014 at Wantland Stadium. Photo by Ryan Naeve, The Vista.*





UCO  
Department of  
Kinesiology and Health Studies

# KHS Symposium



Come to see our poster presentations,  
table top displays, round table and  
paper presentations!

November 19th 8:00 A.M to Noon

at Wantland Hall and the Health & Physical Education Building