

The cover of the magazine 'the VISTA' features a central photograph of a multi-tiered stone waterfall cascading over large, mossy rocks. In the background, there are several multi-story brick buildings with windows and a dormer window. The scene is set in autumn, with some trees showing orange and yellow foliage. The magazine's title and date are printed in a white banner at the bottom. On the right side, there are three vertical colored bars: a teal bar at the top, a light beige bar in the middle, and a dark brown bar at the bottom, each containing a section title. There are also smaller colored squares (teal, beige, brown) on the left and bottom right of the page.

News

Features

Sports

the **VISTA**

November 18, 2014

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The Vista is published semiweekly during the fall and spring semesters, and once weekly during the summer. In all issues, The Vista has opportunities for both classified, online and print ads.

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The Vista is published as a newspaper and public forum by UCO students, semiweekly during the academic year except exam and holiday periods, and only on Wednesdays during the summer, at the University of Central Oklahoma. The issue price is free for the first copy and \$1 for each additional copy obtained.

## EDITORIALS

Opinion columns, editorial cartoons, reviews and commentaries represent the views of the writer or artist and not necessarily the views of The Vista Editorial Board, the Department of Mass Communication, UCO or the Board of Regents of Oklahoma Colleges. The Vista is not an official medium of expression for the Regents or UCO.

## LETTERS

The Vista encourages letters to the editor. Letters should address issues and ideas, not personalities. Letters must be typed, double-spaced, with a maximum of 250 words, and must include the author's printed name, title, major, classification and phone number. Letters are subject to editing for libel, clarity and space, or to eliminate statements of questionable taste. The Vista reserves the right not to publish submitted letters.

## Address letters to:

Editor, The Vista, 100 N. University Dr., Edmond, OK 73034-5209, or deliver in person to the editor in the Communications Building, Room 131. Letters can be emailed to [vistauco@gmail.com](mailto:vistauco@gmail.com).



A paper lantern displayed at the 2014 International Festival on Nov. 13. Photo by Quang Pho, The Vista.

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## ON THE COVER

A view of the frozen rock fountain in front of Old North. Photo by Ryan Naeve, The Vista.



UCO Blue Crew runs with the flags after a touchdown against Pittsburg on Nov. 15, 2014. Photo by Quang Pho, The Vista.



Lauren  
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Staff Writer

## OKC preps for Downtown in December

Downtown Oklahoma City is getting in the holiday spirit by debuting the 13th Annual Downtown in December. This year's lineup will have new attractions and revamped events from past years.

Chesapeake Bricktown Snow Tubing, the Devon Ice Rink, Automobile Alley's Lights on Broadway, Midtown Holiday Pop-Up Shops and several other events are returning for this year's lineup.

The Devon Ice Rink was the first holiday attraction to open this season, which opened on Nov. 14. Light displays will start on Nov. 20, and the official kickoff party is the Sandridge Tree Lighting Festival in Bricktown, which will start at 5 p.m. on Nov. 28.

Jill Brown DeLozier, marketing director for Downtown

Oklahoma City, Inc., says several past events have been improved for the upcoming holiday season.

"Most of the events this year are returning favorites, but all of them are bigger and better than ever. The Devon Ice Rink is open more days this year, and the SandRidge Tree Lighting Festival will have a larger crowd and more snacks to feed them all!" DeLozier said. "The Chesapeake Snow Tubing slopes will now have 4 lanes instead of 3, so the lines will move faster, and all of the light displays have added more strands of lights."

Several new attractions are being added to the Myriad Botanical Gardens, including a carousel and Polar Express Train. Entrance to the Crystal Bridge Conservatory will be free on Saturdays, thanks to Devon Energy. Sheridan Avenue will also have week-

ly closings to create a safer environment for all.

The events hope to attract community members and visitors with their family-friendly environments.

"The local community and visitors love coming downtown for the holiday attractions. There's just something magical about all the lights and the flurry of activity," DeLozier said. "Every event is family friendly, so people are starting to make Downtown in December plans part of their family traditions every year. In my family, we fill the advent calendar with plans to attend every single one!"

For more information and this year's Downtown in December event lineup, visit their website, <http://www.downtownindcember.com/>.

Festive holiday decorations, like the giant ornament seen above, surround the Devon Energy Tower, located off of Sheridan Ave in Downtown Oklahoma City. Photo by Lauren Capraro, The Vista.



Queila Omena  
@queilaomena

Staff Writer

## Miss Asian UCO 2014 Crowned

On Nov. 15, the UCO Asian American Student Association held the Miss Asian UCO 2014 pageant in the Nigh University Center at 7 p.m.

"The Miss Asian UCO pageant is a 13-year tradition that celebrates the beauty, talent and intelligence of Asian women and we are proud to uphold this tradition at Central," said President Betz. "I am delighted that the young women in tonight's pageant have chosen Central as the place to help them achieve their dreams through higher education. Education and a culture of learning can change lives, and at Central each of tonight's fifteen contestants will learn to become productive, creative, ethical and engaged citizens and leaders and to serve our communities and our state in the future."

The winner of the competition, Dawa Lhamu Sherpa, representing Nepal, was granted with a \$1,600 UCO tuition waiver scholarship, an official crown, and a sash and plaque.

Sherpa is a freshman at UCO, seeking a career in Business Administration. The student had various ways to represent her country, through traditional dances and colorful dresses.

The first runner up was Mandy Tran, representing Oklahoma City and Vietnam. She is a senior majoring in Criminal Justice and Forensic Science. The student was granted with an \$800 UCO tuition waiver scholarship and an official plaque.

Rama Chawal, a junior majoring in Fashion Marketing and Business at UCO, was the second runner up, and was granted

with a \$500 tuition waiver and an official plaque.

The event began with an opening number, featuring Reigning Miss Asian UCO 2013 and all Miss Asian UCO contestants.

Soon after the opening number, contestants and judges were introduced to the audience. In between presentations, UCO provided the audience with special entertainment.

Contestants participated in the traditional wear, talent, on-stage question, and evening wear competitions. They were all granted with an official place by the end of the night.

UCO is in the process of organizing the upcoming Miss UCO Pageant, which will occur on Nov. 22, at 4:00 p.m. in Constitution Hall.



Left: Dawa Lhamu Sherpa, left, is presented her sash and crown by the previous Miss Asian UCO, Onuju Shrestha. Photo by Ryan Naeve, The Vista. Right: Contestants for the Miss Asian UCO pageant, Arzoo Batool, Mandy Tran, and Dawa Lhamu Sherpa, line up on stage before the winner is announced. Photo by Ryan Naeve, The Vista.

Join us for an evening of fun, music, light refreshments and socializing!

The Department of History & Geography  
at the University of Central Oklahoma  
invites you to a special book launch party for:



# OIL



A CULTURAL AND GEOGRAPHIC  
ENCYCLOPEDIA OF BLACK GOLD

XIAOBING LI AND MICHAEL MOLINA, EDITORS

Wednesday, December 10 7:00-9:00 p.m.

UCO Jazz Lab, 100 E. 5<sup>th</sup> Street, Edmond

For more information or to RSVP, please contact  
(405) 974-5277 or [amartucci@uco.edu](mailto:amartucci@uco.edu)

## International House offers scholarship

Katie Marshall, Contributing Writer

The International House at the University of Central Oklahoma will award one student, whose artwork displays a transformative learning experience, with a scholarship of \$1,000 and will display the artwork in the International House on UCO's campus.

The deadline for submission is Nov. 30. Students must submit a written proposal, describing how they will create a unique work of art based on their interpretation of one of two stories provided, and attach examples of previous artwork in an email to [ihouse@uco.edu](mailto:ihouse@uco.edu). The International House will then select one student who will have two months to create their piece.

The artwork can be of any form, and supplies are provided by the International House. "We do have a limit of how much we want them to spend, but nothing is on expense from the student," said Nela Mrchkovska, manager of the International House. "It can be a sculpture, it can be a painting, it can be photography... anything that, you know, has artsy characteristics. We don't have any limits on that."

When students come back from their study abroad, they tell the stories in which they experienced transformative learning, which is then written for the student body to interpret into artwork.

"We are basically trying to capture talent and transformative learning in one place," Mrch-

kovska said. "When American students study abroad, they have a lot of moments that are picturing this transformative learning."

Last year's transformative experience story was one of a girl who studied abroad in Switzerland. She was having a difficult time speaking the language and felt a barrier between herself and the people. One day, she saw an elderly woman walking with heavy bags and wanted to help. When she approached the woman, she was able to communicate with her and felt relief by being able to help.

"All of the sudden, she sort of crossed that barrier in order to connect better with a person," Mrchkovska said.

Last year was the first year for this program to take place. The scholarship of \$500 had around 25 submissions, Mrchkovska said, and the winner only had three weeks to complete their artwork. This year, the scholarship amount and time to work has been increased due to growing interest.

During the spring 2015 semester, the scholarship winner, winner's artwork and the storyteller will be presented in front of an International House advisory board. The board will consist of influential people from the Edmond and UCO community.

For more information or for questions regarding this opportunity, email [ihouse@uco.edu](mailto:ihouse@uco.edu).



The International House scholarship allows students to create art based on their interpretation of other students' stories. These stories are told about transformative learning experiences gained when those students study abroad. Adrienne Bingham, right, poses with the work of art that represented her story. The artist of the piece and last year's scholarship winner was fellow UCO student Rebekah Kabariti (not pictured). Photo provided by Adrienne Bingham.

# UCO hosting Edmond Thanksgiving Dinner

Katie Marshall, Contributing Writer

The University of Central Oklahoma will host the Edmond Community Thanksgiving Dinner, sponsored by local churches, from 11 a.m. to 3 p.m. in the ballrooms of the Nigh University Center on Thanksgiving Day.

Founded in 1981, the Edmond Community Thanksgiving dinner has been serving hot meals to the community for more than thirty years. James Powers currently works in student financial services at UCO and has been volunteering at the dinner for about five years.

"There was a member of UCO who was involved with the dinner who got it to be transferred here ten or so years ago," Powers said. "It'll be the traditional Thanksgiving fixings."

All food is donated through the sponsoring churches: First

Presbyterian Church, Southern Hills Christian Church, New Covenant United Methodist and St. John the Baptist. Contributions are also made from businesses and people throughout the Edmond community.

Powers said about 3,000 meals were served at last year's dinner. Through Facebook, they are asking for 2,000 pies to be donated for this year's dessert.

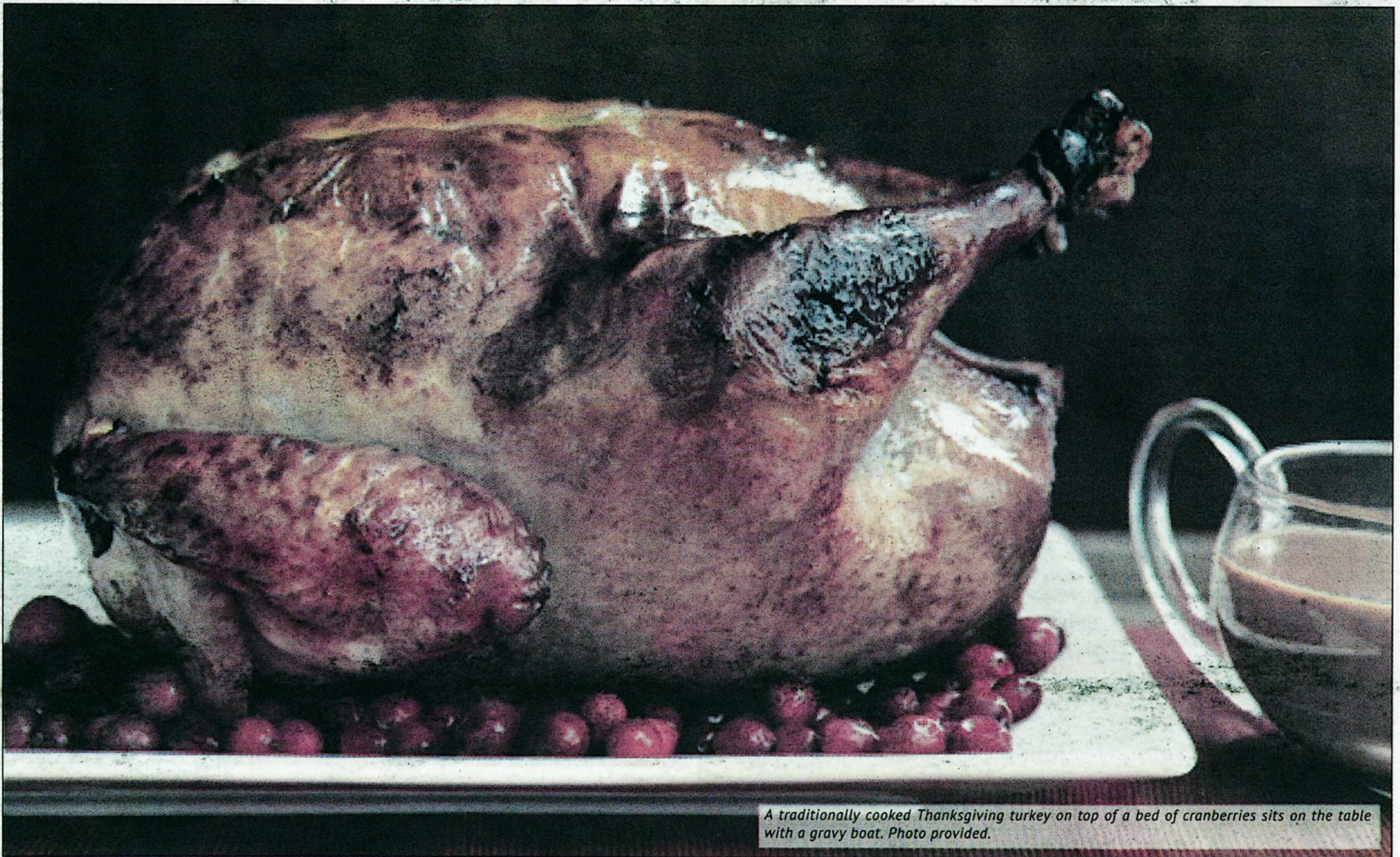
Meal deliveries are made the morning of Thanksgiving to those who are homebound or otherwise unable to attend the dinner. Leftover food is donated to the Jesus House; nothing goes to waste.

The dinner is publicized in the city of Edmond, but the sponsoring churches want to get the word out to the UCO community.

"They want to get information out to the international students because that's a population that might not have somewhere else to go," Powers said. "The whole idea was just a place for the community of Edmond to come together and have a place where they can have a meal."

The dinner is free and open to the public. Volunteers are needed for shifts before, during and after the meal. If you would like to make a donation, or to get a volunteer application, email [edmondthanksgivingdinner@gmail.com](mailto:edmondthanksgivingdinner@gmail.com) or call (405) 341-3602. For more information, visit the Edmond Community Thanksgiving Dinner Facebook page.

Thanksgiving Day is Nov. 27. UCO's Thanksgiving break is Nov. 26-30.



A traditionally cooked Thanksgiving turkey on top of a bed of cranberries sits on the table with a gravy boat. Photo provided.



## UCO Modern Languages hosting toy drive through December First

Elizabeth Hamlin, Contributing Writer

The Department of Modern Languages at the University of Central Oklahoma is collecting toy donations through Dec. 1 for the Latino Community Development Agency's (LCDA) Christmas party for low-income families.

They need toys for ages newborn to 11 years, and donations of wrapping paper and monetary donations are also accepted. The LCDA would prefer the toys to be unwrapped so they can sort them, and they would also prefer nonviolent toys said Isela Serna, the Safe Care supervisor at LCDA and coordinator for this year's Christmas party. Donations can be made by Dec. 1 at Thatcher Hall, Room 204 or given to any of the Spanish, French or German club officers.

The LCDA's Christmas party will be on Dec. 13 at U.S. Grant High School and will have many events, including entertainment, dancing workshops, crafts and raffles. The University of Oklahoma and Oklahoma State University, as well as local high schools and stores, are also making donations. The children and families that are invited are involved with the agency and are active

through their programs. According to Serna, they are expecting about 300 families to attend this year. The children will be given a snack and a present to take home with them at the end of the night.

"In previous years I've had some moms say 'oh, that's their Christmas gift this year,'" Serna said.

The LCDA is an organization that works with lower income families in Oklahoma County. They have programs for counseling therapy, domestic violence, parenting classes, as well as a vaccination clinic. Their Safe Care program is a home visitation program that works with high-risk families covering health, safety and healthy relationships. Another significant program is Parents As Teachers, which focuses more on childhood development.

"In Safe Care we have a lot of substance abuse, a lot of domestic violence, and a lot of depression," Serna said. "The majority of my families are depressed at some point during the time."

For more information about donations contact Crimson Mason at [cmason@uco.edu](mailto:cmason@uco.edu).

Photo taken from The Vista Archives.



Adam Ropp

Contributing Writer

# Due tomorrow? Do tomorrow...

## *Tips to avoid procrastination during finals*

Finals week will soon arrive, with campus programs offering easier access to equipment, longer admittance to facilities and a variety of tutoring services. However, one issue that we feel needs some attention during finals is procrastination.

According to the Student Academic Services of California Polytechnic State University, positive reinforcement for delay (a good grade) is a principal contributor to continued procrastination.

Students who procrastinate are confident in their ability to complete a task in a small time-frame; therefore, everything feels under control with no urgency. Why begin a one-day project when you have five days to do it? Time passes, they cross an imaginary starting period and realize they're out of time and not in control.

At this point, students will direct high amounts of energy into their projects giving them the illusion that they "work well under

pressure," not realizing that progress is only being made because their back is against the wall with no alternatives.

The project receives a fairly good grade, and the student is rewarded positively for their poor behavior. "Look at the decent grade I got after all!" As a result, the counterproductive behavior is repeated over and over again.

CPSU asserts that procrastination is only remotely related to time management, (procrastinators often know exactly what they should be doing, even if they cannot do it), which is why very detailed schedules usually are no help.

Brian McKinney, a writing tutor for Tutoring Central stated, "I think the overwhelming anxiety keeps students from doing it at the last minute. We could say laziness, but I don't think that covers the full spectrum with what students deal with."

McKinney asserts that one of the biggest contributors to procrastinating is a student's

environment, using the example that students are less likely to answer their phone, use social media or converse with friends at the library than at home.

Breaking up your project into smaller pieces also helps ease the perception of having a large, daunting task. For example, if you're given four days to do an essay, figure out your topic on day one, check out and read your books on day two, then write the essay on day three. Use day four to re-read and check your work with fresh eyes.

Another tool is called "jabbing", where you tell yourself that you will work on the project for five minutes on and five minutes off. Chances are you will become involved and continue working.

Peer pressure can also be a very effective tool by having a friend or family member help you stay on track with your deadlines.

Another tool of peer pressure is called "falling forward," where a student sets a deadline

and informs their project partners of that deadline. This forces the student to complete the task on time because "they told people they would do it."

CPSU states that part of the problem with procrastinating is filling the void of actual work with mental assurances. Students should try to avoid telling themselves, "I'll do it tomorrow," "I need to have some well-earned fun first," "My problem will be solved if I change my major, or attend a different college," "I'll relax a while and then get started," or "Maybe the professor will get sick and cancel finals!"

McKinney stated, "I think the largest battle in doing an assignment is overcoming the fear of doing it. The sooner we start by just taking pieces out of that assignment and working on them I feel will always come up with a better result for the assignment as well as the emotion of the student."

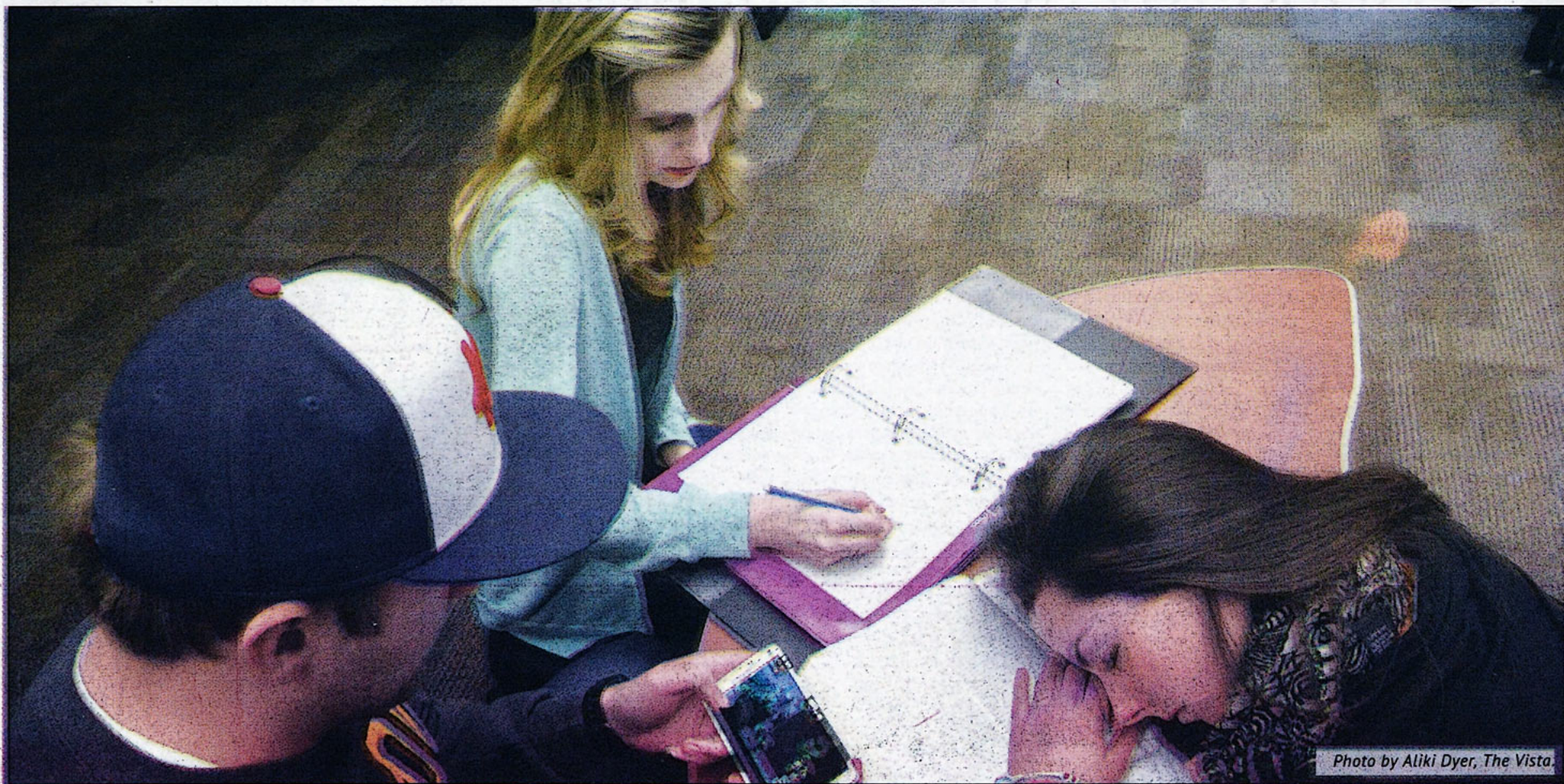


Photo by Alik Dyer, The Vista



# Photography Department hosting Italy study tour in Summer '15

Erick Perry, Contributing Writer

The University of Central Oklahoma will be offering a study tour in Italy, during the summer of 2015, to provide students with an opportunity to produce photography and video projects in unique locations thanks to Professor Jesse Miller.

The trip will take place in a variety of cities, including: Milan, Genoa, Verona, Venice, Florence, Pisa, Rome, Sorrento, Pompeii, Capri, Assisi, and Orvieto.

"This trip is open to all UCO students. As learning to document a unique place with photos and video has bearings in many career paths. Having some background in photography or video is recommended but in pre-trip meetings we cover the essentials of photography techniques and you will get a lot of on-location training," said Miller.

There will be two pre-trip classes before departure for Italy on May 11, 2015.

Upon return on May 26, there will be two post-trip classes

Each student will pick a specific project they will complete while traveling and upon return edit the project into a multimedia presentation or photography book.

The theme of the project will be based on research prepared before the trip.

Other activities will be provided daily during the trip including arranged shoots, tours, gallery visits, and meetings with local

professionals.

Free time for sightseeing, shopping, and enjoying local venues will also be included.

The cost of the trip is \$4,000, plus tuition.

This includes flights, accommodations, traveling within the country, entrance fees, activity costs, all breakfasts and many dinners.

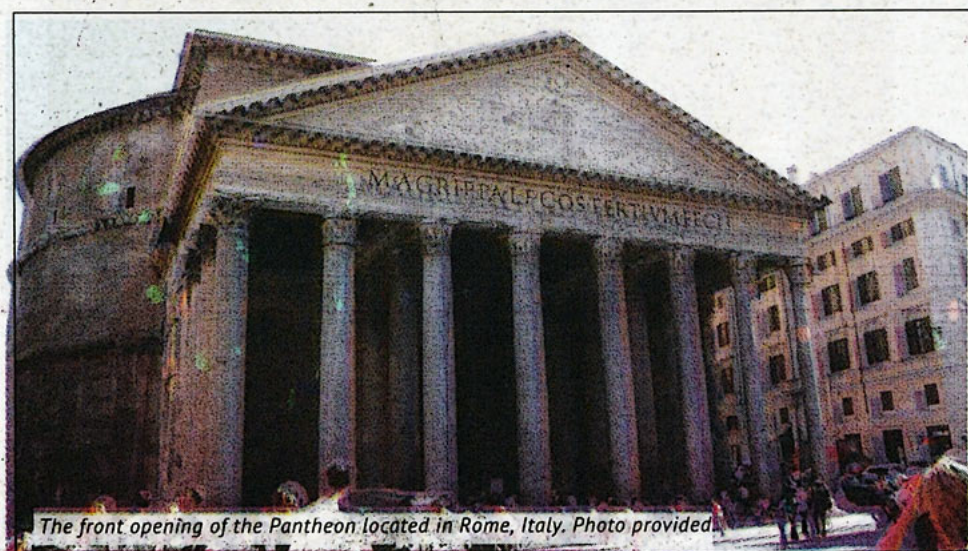
Scholarships are available through the Liberal Arts Department. Seeking scholarships outside of UCO is also suggested.

Students will be required to have a travel journal, digital or film camera, and access to a camera, which shoots video.

Students, post trip, will need photo paper. Other photo equipment may be used as needed.

"Italy is perfect because of its visual beauty, diverse landscapes going from tropical southern Italy with Islands and volcanoes to Rome which is metropolitan and northern Italy which has a strong Eastern European and German influence. It also has such a diverse and long history, you can find many themes to focus on from ancient Roman ruins to modern culture with fashion and food," Miller said.

Permission from the instructor is required to attend.



The front opening of the Pantheon located in Rome, Italy. Photo provided.



The Basilica di Santa Maria del Fiore, located in Florence, Italy. An example of the type of places that will be part of the Italy Study Tour. Photo provided.



J. Preston  
Drake  
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Staff Writer

# Stop the Keystone XL Pipeline

Republicans and Democrats alike are pushing the Keystone XL Pipeline, as a move toward energy independence and job creation. Construction has already begun in many areas, and Congress is ignoring the reality of it.

The pipeline, for those who do not know, is a planned 2,147-mile system to deliver oil from Canada to the Gulf of Mexico.

Such a big project would surely create a lot of new jobs in the United States, right? Sort of.

The construction would bring on a large number of new employees; the State Department estimated that there would be 42,100 average annual jobs created.

But what about after construction, when Keystone is in place? Well, then all of those jobs dry up faster than spit on a hot summer parking lot.

The State Department released an estimate for the number of permanent jobs the pipeline would make. Their findings?

Only 50 people would need to be employed after construction, of which only 35 would remain on a permanent basis.

Well, fine, but at least having more oil entering the U.S. will bring gas prices down and stimulate growth, right?

Unfortunately, no.

Keystone is the brainchild of TransCanada Corporation, which, as the name suggests, is a Canadian oil company.

The size of TransCanada accounts, in some part, for the low level of job growth that can be expected. Whereas the energy titans of Chevron and BP employ between 40,000 and 100,000 employees apiece, TransCanada only has about 5,000 employees.

The extra revenue from Keystone may pave the way for expanding employment,

but that does not necessarily mean anything for the United States. A Canadian oil company shipping Canadian oil and gas through a pipeline built with Canadian money is probably not excessively concerned with putting Americans to work.

TransCanada collects income and pays taxes, most of which would go to the Canadian government rather than the U.S. federal. Canadians have the chance to benefit from employment opportunities and higher government revenue.

Americans, meanwhile, will be benefitting from oil spills and increased pollution.

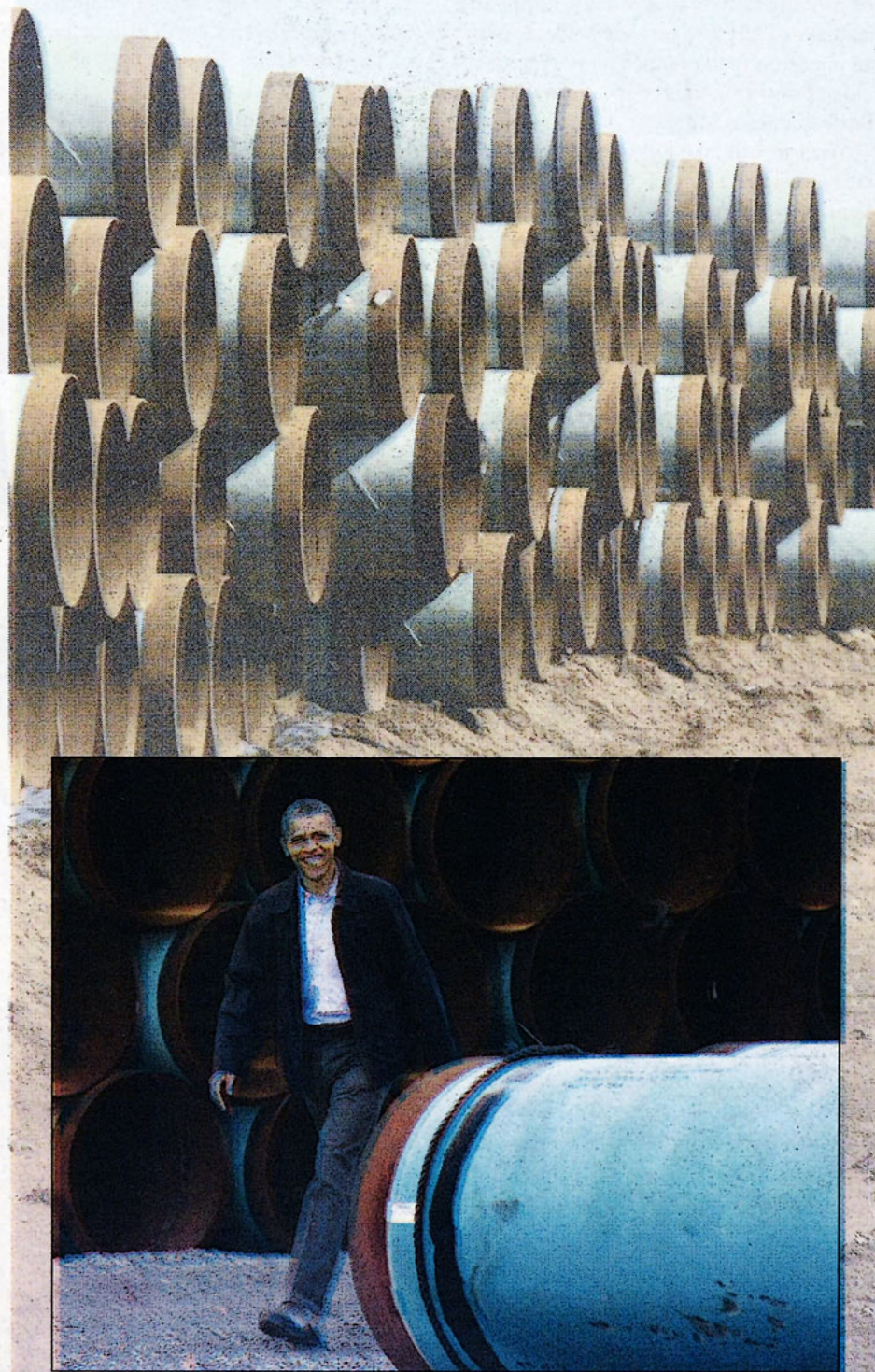
In the 2008 application for the Keystone permit, TransCanada stated that their reasoning had nothing to do with lowering gas prices, but raising them. Without too many means to ship Canadian oil abroad, gas stocks are high and prices low.

TransCanada hopes that using the pipeline to pump out that excess will allow them to limit supply and therefore raise prices. They estimate that doing so would boost profits by almost \$4 billion.

A consulting firm confirmed this, saying that it could cause gas prices to rise by as much as 20 cents per gallon. That is not the most welcome idea, seeing as most Oklahomans are happily paying around \$2.79 per gallon for their gas.

The pipeline is even a threat to public safety. Oil spills have already occurred in at least a dozen spots across the already-existing pipeline and a serious burst could contaminate water supplies for thousands of people.

There is no real financial gain for the U.S. and the risks far outweigh the benefits. This article only touched the tip of the iceberg; there are countless more reasons why Congress needs to put the brakes on Keystone XL.



Background: FILE - In this Feb. 1, 2012 file photo, miles of pipe ready to become part of the Keystone Pipeline are stacked in a field near Cushing, Okla. (AP Photo/Sue Ogrocki, File) Right: FILE - This March 22, 2012 file photo shows President Barack Obama arriving at the TransCanada Stillwater Pipe Yard in Cushing, Okla. (AP Photo/Pablo Martinez Monsivais, File)

# TALLEY MARKS



## TIS THE SEASON

By Tyler Talley

We are officially 37 days away from Christmas. We only have to get through Thanksgiving, or pre-Christmas as my friends refer to it, and many of us will begin a month full of lights, trees, presents and the grand tradition of people being offended by nothing.

I am of course referring to the long fought and seemingly never-ending "War on Christmas." From the way you hear Fox News report on it, you'd assume actual blood was being spilt in this conflict. Of course, there would have to actually be conflict for this to be considered as such.

By now you've heard the fact put forth that Christmas is originally a pagan holiday co-opted by Christians several hundred years ago. You should also be well-aware that a few other major holidays are celebrated around the same time as Christmas, including Kwanzaa and Hanukkah.

While I find the evolution of Christmas interesting, it is infinitely more fascinating - albeit frustrating - to put myself in the head space of those that think that in some way Christmas is under some massive threat in this country.

It's hard to decipher when "culturally sensitive" and "inclusive" translated to "attack" and "doom" for these Christmas defenders. You know the type - they proclaim that "Christ must be kept in Christmas" and scoff at the idea of a holiday tree. As we all know, pine trees only serve one purpose, and that is to be cut down, decorated and displayed for the better part of a month, ultimately to find their way into the trash. As "The Lion King" taught us, it's the circle of life.

Sarcasm aside, the best answer I can come up with for all of the hullabaloo is that, for a majority of Christians in the United States, this is the closest they will come to persecution. Sure, Christians are persecuted in other parts of the world, but you'd be hard-pressed to find an area in the U.S. where Christians are some oppressed minority. While we are a country founded on the principle of religious

freedom, a vast majority of people in this country calls old JC a pal.

I guarantee that if these self-proclaimed "warriors of Christmas" got their way, and we put Christmas on every surface we could - which of course we already do, but hear me out - and made all other December holidays obsolete, they would still find something to complain about.

There is absolutely no way to defend your opposition to "Happy

Holidays" without coming off as some insensitive xenophobic tool in my eyes.

The meaning of Christmas, just like any holiday, is that we give it meaning. It is based around long-held and ever-changing traditions. Chances are that 300 years in the future, Christmas is going to look completely foreign to what it does now, just like it would to the pagans that started it, and that's not a bad thing.

If, for whatever reason, Christmas is ultimately done away with, as these doomsday prophets have foretold, we have either evolved beyond the need for holidays as a species or things have gotten so bad that we have bigger things to worry about.

For those that still disagree with me, let me try one last preverbal olive branch: Christmas, to my knowledge, is a holiday that is supposed to be about loving your fellow human. It is the one day of the year we strive to be a little better, so why not be the better person? Reach out to friends that don't celebrate Christmas, and instead of shoving your God's message down their throat, be the person your God taught you to be. Not some fearful jerk afraid of constant attack, but someone willing to learn about something new.

Not to get too much like Bill Murray at the end of "Scrooged" here, but there is something genuinely magical and non-cynical about the holiday season, folks. Stop wasting it on the petty things.

Photo provided by Creative Outlet.

# HOROSCOPES

November 2014 — Week 3



December 22–  
January 19

Cautious Capricorn. You've watched your step for far too long. Take a leap. A book brings home a point. You would be wise to follow the advice given.



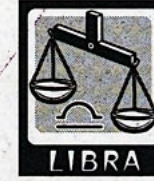
March 21–  
April 19

Your dedication is much to be admired, but even Aries has to cut loose once in a while. Take a break and have some fun. Your sanity depends upon it.



June 22–  
July 22

Cool, calm Cancer. You're good in a crisis, and that will come in handy this week. A friend pushes the envelope one too many times. Be there for them.



September 23–  
October 22

Less is not always more, Libra. If you feel the need to add to the festivities, then by all means, do. A dream is so close, yet so far away.



January 20–  
February 18

Yeah, yeah, Aquarius. You may feel you're destined for a job, but that doesn't mean others will. You will have to prove yourself worthy this week.



April 20–  
May 20

Phooey, Taurus. You've heard it all before. Take a pass. New revenue opens up old avenues. Explore all of the options before you take a bite.



July 23–  
August 22

Lost Leo. You've been muddling your way through a home improvement project for a while now. Perhaps it's time to swallow your pride and bring in the pros.



October 23–  
November 21

You're no scrooge, Scorpio, but you know how to save. A friend could use some help in that area. Show them the ropes. A text clues you in to a situation.



February 19–  
March 20

Some opportunities knock only once. Don't miss out, Pisces. Passion ignites and love blooms. A financial snafu turns out to be in your favor.



May 21–  
June 21

The stage is set for victory. Make sure you're onboard, Gemini. A gift gets the conversation flowing. Now it's time to get down to business.



August 23–  
September 22

Your character will be tested this week, Virgo. Stay strong. An email points you in a new direction regarding your finances. Do your homework.



November 22–  
December 21

Silliness is encouraged this week, Sagittarius. Invite the gang over and have a few laughs. The to-do list grows. Choose your helpers carefully.

FOR ENTERTAINMENT PURPOSES ONLY

## Classifieds

BFF Performance Shoe store (NW OKC) is now accepting applications from College students for part-time employment. 15-20 hrs. per week. Evenings and Saturdays. No retail experience needed. Call 608-0404.

# VISTA SPORTS



## UCO GAMES THIS WEEK

### TUESDAY:

- Women's Basketball vs. Oklahoma Christian (5:30 P.M.)
- Men's Basketball vs. Oklahoma Christian (7:30 P.M.)

### WEDNESDAY:

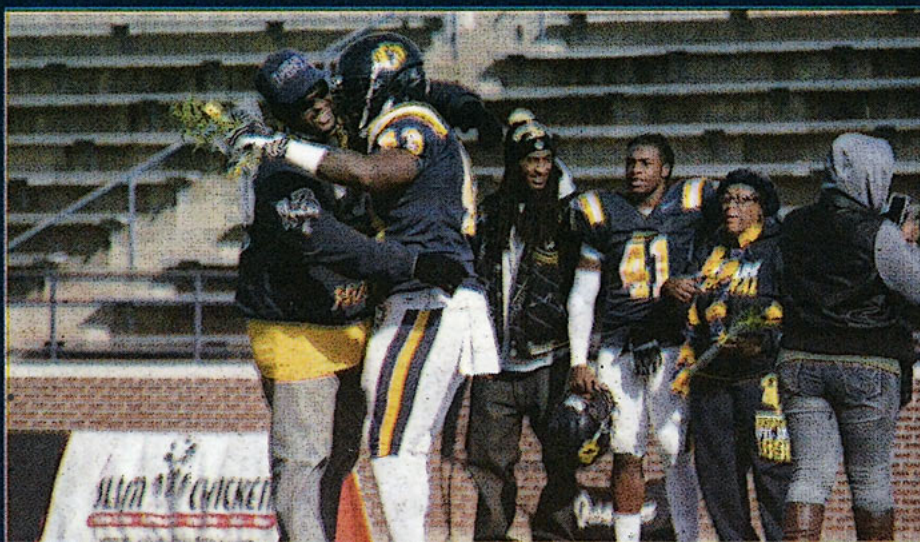
- No Events Scheduled

### THURSDAY:

- No Events Scheduled

### FRIDAY:

- Women's Basketball vs. Midwestern State (in Denton, Texas) (5:00 P.M.)



## UCO FOOTBALL ACCEPTS BID TO THE MINERAL WATER BOWL

UCO Football might have lost on Senior Day last Saturday, but they still get a chance to end the season with a win as they have accepted a bid to the 49th annual Mineral Water Bowl to be played in Excelsior Springs, Mo. on Dec. 6. VistaSports writer Austin Litterell discusses the Bronchos' final regular season game and the details for their bowl matchup with Sioux Falls.

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## MEN'S BASKETBALL STARTS SEASON IN WINNING FORM

The UCO Men's basketball team used a strong start to get out to an early lead against Northwestern Oklahoma and never looked back on the way to a 104-68 trouncing. BronchoSports.com was at the game and gives the details of a great season-opening win for the 2-0 Bronchos.

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# UCO Football going to Mineral Water Bowl



**Austin Litterell**

@AustinLitterell

Sports Writer

In a game with huge postseason implications, the University of Central Oklahoma fell short to the sixth-ranked Pittsburg State Gorillas 41-14. The Bronchos finished their regular season with an 8-3 record, and the Gorillas at 10-1 earned themselves a share of the Mid-America Intercollegiate Athletic Association title along with Northwest Missouri State.

Pittsburg State took control early in the game, and they never looked back. After forcing UCO into a quick three and out, the Gorillas struck with a quick, five-play drive that lasted under two minutes. Backup quarterback Ramsey Hamilton scored on a one-yard run.

Things would not get any better for UCO's offense on their next drive. After showing signs of being able to move the ball on the Gorillas' defense, the Bronchos turned the ball over on a fumble. Pittsburg State would drive the ball into the red zone, but the defense held and forced the Gorillas to kick a field goal that put them up 10-0 in the first quarter.

Pittsburg State added to their lead with a 73-yard drive early in the second quarter. The Bronchos finally had an answer with a 74-yard Jake Gandara touchdown run to cut Pittsburg State's lead to ten. After that play, the Gorillas would once again take hold of the reigns over the Bronchos. The MIAA co-champions would score twice more to carry a 27-7 lead into the locker room.

The Gorillas continued their offensive onslaught in the third quarter by scoring on their first two possessions and eliminating any chance of a comeback. The Bronchos did add a late touchdown on a Gandara run to make it 41-14.

Pittsburg State's defense showed why they are one of the best in all of Division II. UCO was held to just 222 yards worth of offense in the game. Chas Stallard threw for a season-low 71 yards on just ten com-

pletions. Nearly half of UCO's rushing attack came on Gandara's long touchdown run. They finished with 151 yards on the ground in the game. Gandara crossed the 1,000-yard mark with his 103-yard, two-touchdown performance. Freshman Caleb Moss finished with 40 yards receiving on five receptions.

Pittsburg State's balance was a key factor in their success on Saturday. The Gorillas ran and passed for over 200 yards. They had 531 yards of total offense in the game.

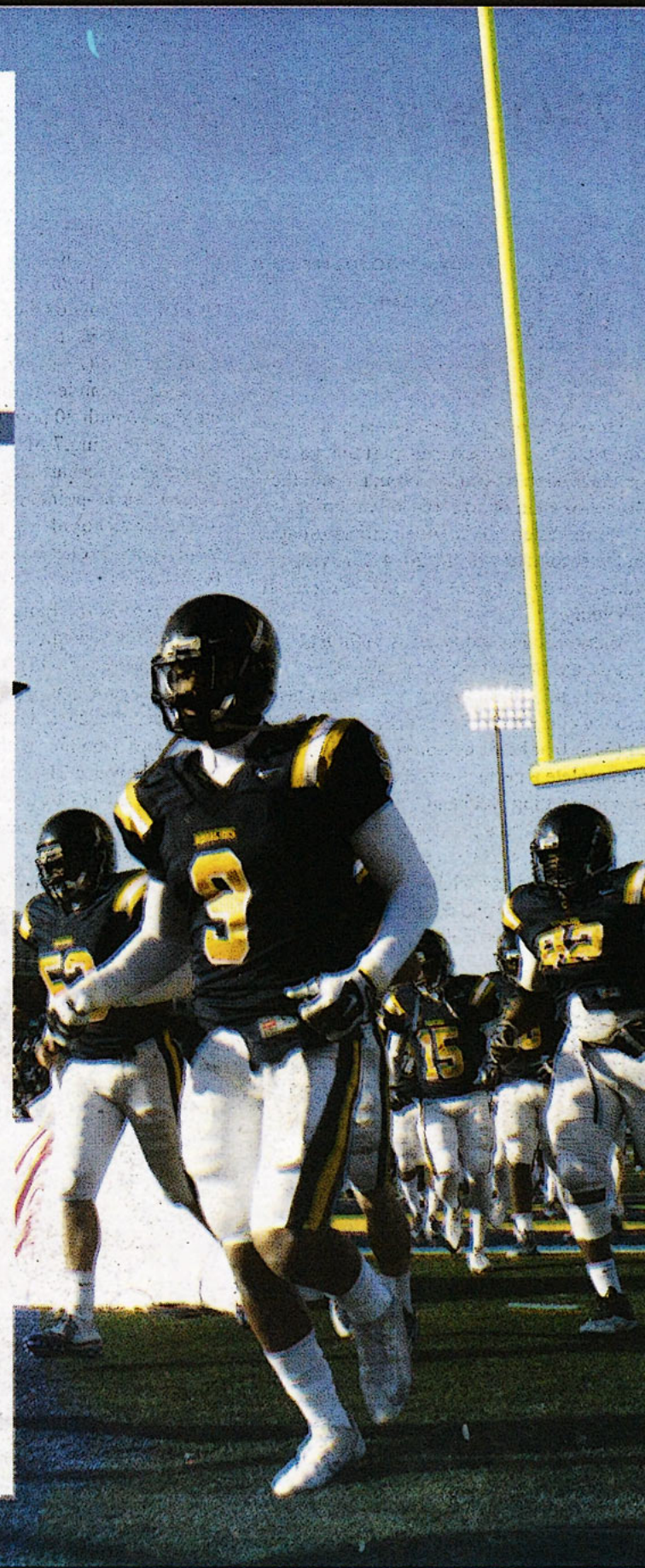
Anthony Adenoja was rarely off the mark in this one, he completed 21 out of his 29 pass attempts for 290 yards and a touchdown. The Gorillas gained 240 yards on the ground, with nine different players getting at least one carry. Wide receiver Marquise Cushon led the attack with 88 yards on four carries, including a 44-yard touchdown. Cushon also added a touchdown and 68 yards receiving.

Despite losing, UCO will have one more chance at victory in 2014. The Bronchos, who finished third in the MIAA, will be heading to the Mineral Water Bowl to face the Sioux Falls Cougars on Dec. 6. The Cougars finished the season 10-1 and 6-1 in the Northern Sun Intercollegiate Conference.

"Obviously we are excited about playing postseason football! It speaks volumes about our kids and their ability to play above and beyond others' expectations," said Head Coach Nick Bobeck.

Bobeck went on to mention his improving program and ending the season the right way, with a victory. "We have a very young football team and will continue to improve in the coming years but more importantly we have a chance to finish this season in the correct manner."

This is the first time UCO has been in the postseason since 2003, when Chuck Langston coached the Bronchos.



The UCO Football team runs off the field at halftime of their game against the Pittsburg State Gorillas on Saturday. Photo by Ryan Naeve, The Vista.

# UCO Men's Basketball starts their season 2-0 after a beatdown of Northwest-OSU



BronchoSports.com

@UCOAthletics

## Special Report

Three different players scored in a game-opening 7-0 scoring spurt that gave Central Oklahoma early command and the Bronchos went on to a 104-68 drubbing of Northwestern Oklahoma here Saturday on the second day of the 2014 Stuteville Automotive Group MIAA/GAC Basketball Challenge.

Mahlon Jones and Garen Wright had layups and Seth Heckart a 3-pointer as UCO bolted to a 7-0 lead just over two minutes into the contest and the Bronchos led by 24 (54-30) at halftime before cruising in to complete a perfect two-day stint in the season-opening weekend classic.

"We got off to a great start and just never looked back," said head coach Terry Evans, whose team hosts Oklahoma Christian at 7:30 p.m. Tuesday in the home opener. "We shot the ball really well and did a good job defensively."

The Bronchos shot 53.7 percent (36-of-67) from the field, including a sizzling 54.5 percent (18-of-33) from 3-point range. UCO outrebounded the Rangers 45-36 and limited NWOSU to 35.4-percent shooting from the field (23-of-65).

Reggie Sloan led five players in double figures with 20 points and added 11 rebounds, hitting 7-of-10 shots with four 3-pointers. Heckart was 6-of-8 from long range in an 18-point outing.

The Bronchos also got 12 points each from Mahlon Jones and Cal Andres and 10 from Wright.

The closest the Rangers got after UCO's early volley was three at 10-7, but the Bronchos answered quickly with layups by Philip Brown and Jones to go up 14-7.

The lead reached double digits at 23-11 on a Jones 3-pointer with 11:12 left in the half and it was a 21-point cushion (39-18) following a Heckart trey at the 5:00 mark before UCO went to the break with the big 54-30 advantage.

NWOSU never got closer than 19 in the opening minutes of the second half and UCO's lead peaked at 40 (80-40) on an Andrews 3-pointer with 10:40 left to play.



UCO '13 sophomore Aaron Anderson pulls up for a three-pointer in a game last season against the Pittsburg State Gorillas. Photo by Quang Pho, The Vista.



UCO junior Jarred Bairstow fights his way into the paint against a Washburn defender in this photo from last season. Photo provided by BronchoSports.com.



UCO redshirt-freshman Garren Wright goes up for a basket against an Oklahoma City University defender during an exhibition game played on Nov. 3, 2014. Photo provided by Bronchosports.com.

UCO  
Department of  
Kinesiology and Health Studies

# KHS Symposium



Come to see our poster presentations,  
table top displays, round table and  
paper presentations!

November 19th 8:00 A.M to Noon

at Wantland Hall and the Health & Physical Education Building