



Features

News

Sports

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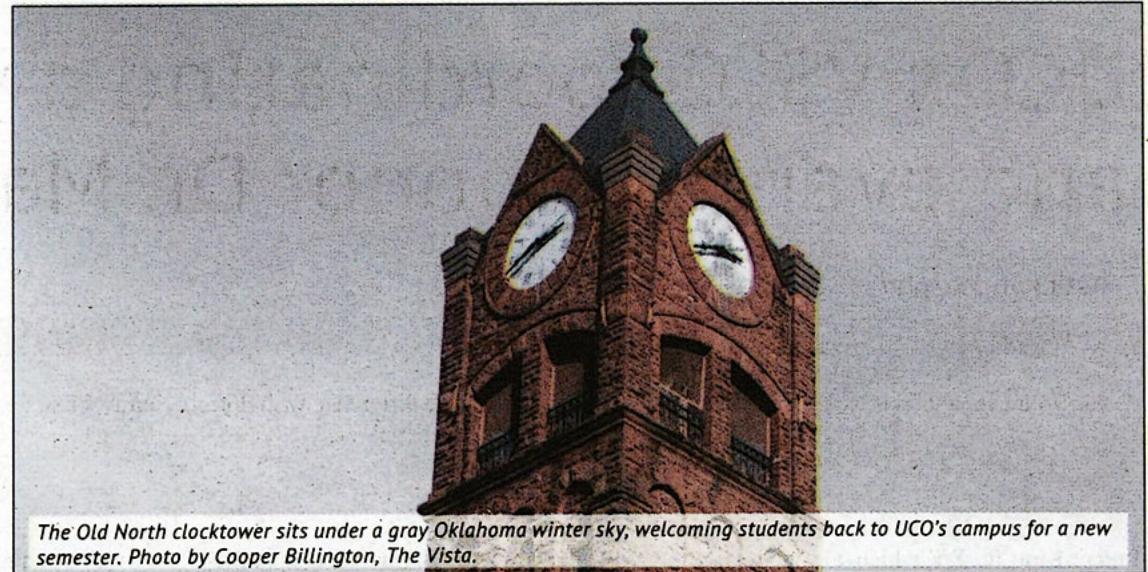
# the **VISTA**

Welcome back Bronchos!



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The Old North clocktower sits under a gray Oklahoma winter sky, welcoming students back to UCO's campus for a new semester. Photo by Cooper Billington, The Vista.

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The Vista is published as a newspaper and public forum by UCO students, semiweekly during the academic year except exam and holiday periods, and only on Wednesdays during the summer, at the University of Central Oklahoma. The issue price is free for the first copy and \$1 for each additional copy obtained.

## EDITORIALS

Opinion columns, editorial cartoons, reviews and commentaries represent the views of the writer or artist and not necessarily the views of The Vista Editorial Board, the Department of Mass Communication, UCO or the Board of Regents of Oklahoma Colleges. The Vista is not an official medium of expression for the Regents or UCO.

## LETTERS

The Vista encourages letters to the editor. Letters should address issues and ideas, not personalities. Letters must be typed, double-spaced, with a maximum of 250 words, and must include the author's printed name, title, major, classification and phone number. Letters are subject to editing for libel, clarity and space, or to eliminate statements of questionable taste. The Vista reserves the right not to publish submitted letters.

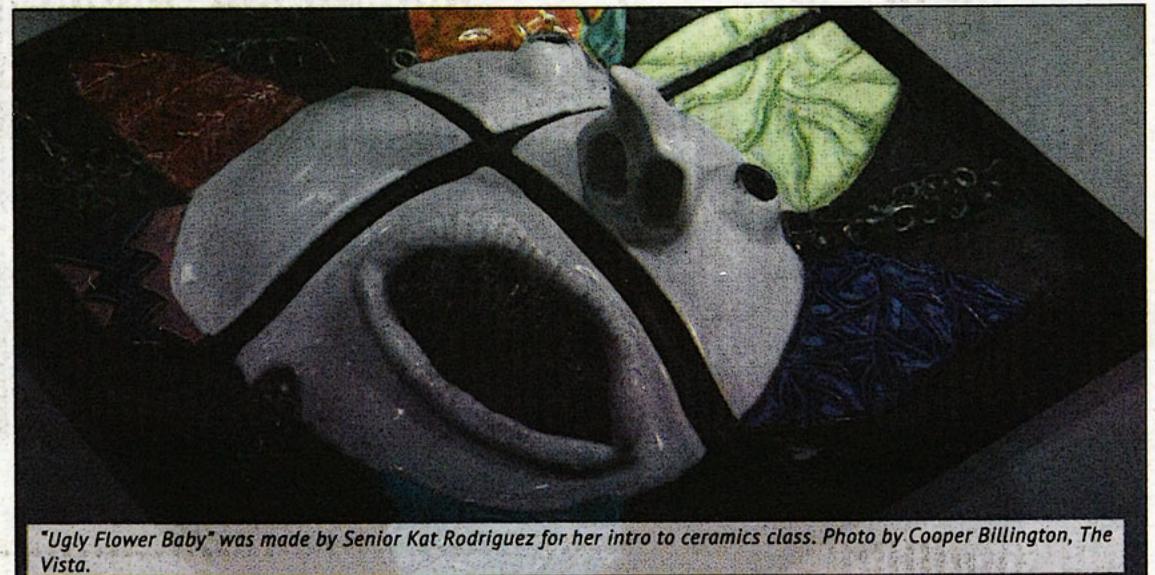
## Address letters to:

Editor, The Vista, 100 N. University Dr., Edmond, OK 73034-5209, or deliver in person to the editor in the Communications Building, Room 131. Letters can be emailed to [vistauco@gmail.com](mailto:vistauco@gmail.com).

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## ON THE COVER

Taxidermied animals line the walls of the Howell Hall Atrium where students study and congregate. Photo by Cooper Billington.



"Ugly Flower Baby" was made by Senior Kat Rodriguez for her intro to ceramics class. Photo by Cooper Billington, The Vista.

# UCO's VSLC coordinating a week of service and events to honor Dr. Martin Luther King Jr.

Rebekah Murphy

Contributing Writer

The Volunteer and Service Learning Center with the Office of Diversity and Inclusion is coordinating the official kickoff to the University of Central Oklahoma's King Week Jan. 19 at UCO in honor of Martin Luther King Jr. Day, which will include multiple events that are listed on the Office of Diversity and Inclusion's website.

Volunteers will spend Monday morning at local non-profit organizations and will be exposed to different types of service.

This provides students with an opportunity to impact their community and make a difference. Eric Hemphill, VSLC coor-

dinator, discusses the difference with this event as a chance to get in touch with what Martin Luther King Jr. was saying in his speech, as opposed to service for service's sake.

In an attempt to accomplish this, participants will read Dr. King's A Proper Sense of Priorities and engage in a discussion with staff leaders stationed at each site. Hemphill said he hopes students will see that Dr. King's words can be applied in today's culture, racially and socially.

The VSLC is making an intentional connection between service and his words and

aims for students to get to know the man himself and the movement.

Another goal of the VSLC is to cultivate passion in students, a character trait that sets people apart in daily life, as well as interviews and future careers, Hemphill said. He said he believes that passion makes you memorable and being a part of something you care about may take you further than skills alone.

By volunteering through the university, students will have an opportunity to interact with different students and give them a chance to go outside of their major and usu-

al organizations to make connections with a diverse group of peers.

The event is 9 a.m. to 1 p.m. at five different project sites in the Oklahoma City metro area with lunch provided. The sites include the Myriad Gardens, City Rescue Mission, Regional Food Bank, White Fields and Infant Crisis Center. Transportation is provided from UCO to three of the sites. If interested apply online through OrgSync on the VSLC page before 5 p.m. Jan 16.



Letters spelling "We Believe" are carried by a group during a march honoring Martin Luther King Jr., Monday, Jan. 20, 2014, in San Antonio. (AP Photo/Eric Gay)

# Excess weight in the first years of college

Chase Reeser

Contributing Writer

Freshmen come to college with high expectations of expanding their horizons, but that's not always the only thing expanding. While this could be the beginning of a not-safe-for-school joke, we are actually talking waistlines, people.

The sudden freedom of being able to eat whatever you want, whenever you want allows freshmen—and really every student—the distinct opportunity to gain untold amounts of weight very quickly. This, of course, is the freshman fifteen.

Normally brought up in conversation by annoying family members, the freshman fifteen is that very strange occurrence where first year college students find that all of the fun they are having is suddenly quantified by the number of pounds he or she gains.

"I gained probably 8 pounds my freshman year because I was eating Buddy's and Chick-fil-A every day," said Alex Tarr, a recent graduate. "I also went from running about 50 miles a week to running zero miles a week, so that didn't help, obviously."

Experts suggest that a large amount of the blame for the excess pounds lies with the emotional stress caused by the first year of college. Between the adjustment of being away from home for the first time and coping with the newfound pressures of college, student's emotions are at an all time high.

This emotional roller coaster ride often leads straight into the refrigerator. Eating late at night, keeping unhealthy snacks on hand, and the lack of required exercise are also contributors to this weight gain.

A much more likely culprit is alcohol. Many students do not eat the bulk of their excess calories—they drink them. Heavy beers and mixed drinks cut with sodas can



A long line extends out of Starbucks in the Nigh Building on Tuesday morning. Students are eager to get coffee so that they can make it through their next class. Photo by Cooper Billington, *The Vista*.

add to your waistline just as much as that honey butter chicken biscuit Drunk You ordered. It becomes ridiculously easy to find yourself three or four drinks in before you even leave the pregame.

"Yeah, I gained some weight, but not nearly as much as some of my other friends...the alcohol, man, it'll get you every time," Tarr said.

Contrary to popular belief, studies have shown that the freshman fifteen is actually a myth. It is proven that first year college students do gain weight, but according to the Academy of Nutrition and

Dietetics, the average freshman only gains about 2.5-3.5 pounds during the academic year. Even so, a large portion of students actually report weight loss in the first year of college.

"I have actually lost weight because I can't really afford to overeat, to be honest." Freshman Cameron Stamps said.

There are many options available to those serious about maintaining a healthy lifestyle. The University of Oklahoma's Wellness Center is open every day and is free to all students and

staff with the proper I.D. The Student Counseling Center is open 8 a.m. - 5 p.m. every day on the fourth floor of the Nigh University Center, and the counselors can help students deal with the stress and pressure they feel.

"I didn't [gain weight]; I was worried that I would, but I took advantage of the Wellness Center and ate less than I did when I lived at home," Senior Taylor Arnold said. "Really it was only my first semester that I was worried, but I've always lived a healthy enough lifestyle that I know what I should

eat and when I should indulge."

For some reason college makes it very easy to add 10 or 15 pounds to a waistline, but that doesn't have to be the fate of every student. Utilizing the Wellness Center, choosing healthier options at Outtakes and learning how to handle stress can help students in the battle against the dreaded freshman fifteen.

# Students struggle with senioritis

Austin Rabon

Contributing Writer

The senioritis virus is back at the University of Central Oklahoma and it is circulating among seniors as graduation day nears closer.

On May 8 many seniors will proudly walk across the stage and receive a diploma and begin a new chapter in life. The only thing standing between now and May 8 is a few tests, late nights studying, job searching and a lot of procrastinating.

Some students will never catch the senioritis virus, but for some, the virus has already begun to spread.

"The hardest part about senioritis is being flooded with all new assignments and classes at the beginning of a semester when you know graduation is just months away," said Tanner Boswell, a senior at UCO.

Senioritis is a bad sickness that strikes seniors. The symptoms are: laziness, an over-excessive wearing of sweatpants, a lack of studying, repeated absences and an "I don't care attitude."

The only known cure for this virus is graduation.

"The most tempting thing to do while experiencing senioritis is to just stop trying because we think

we already have it all under control," said Senior Rachel Peck.

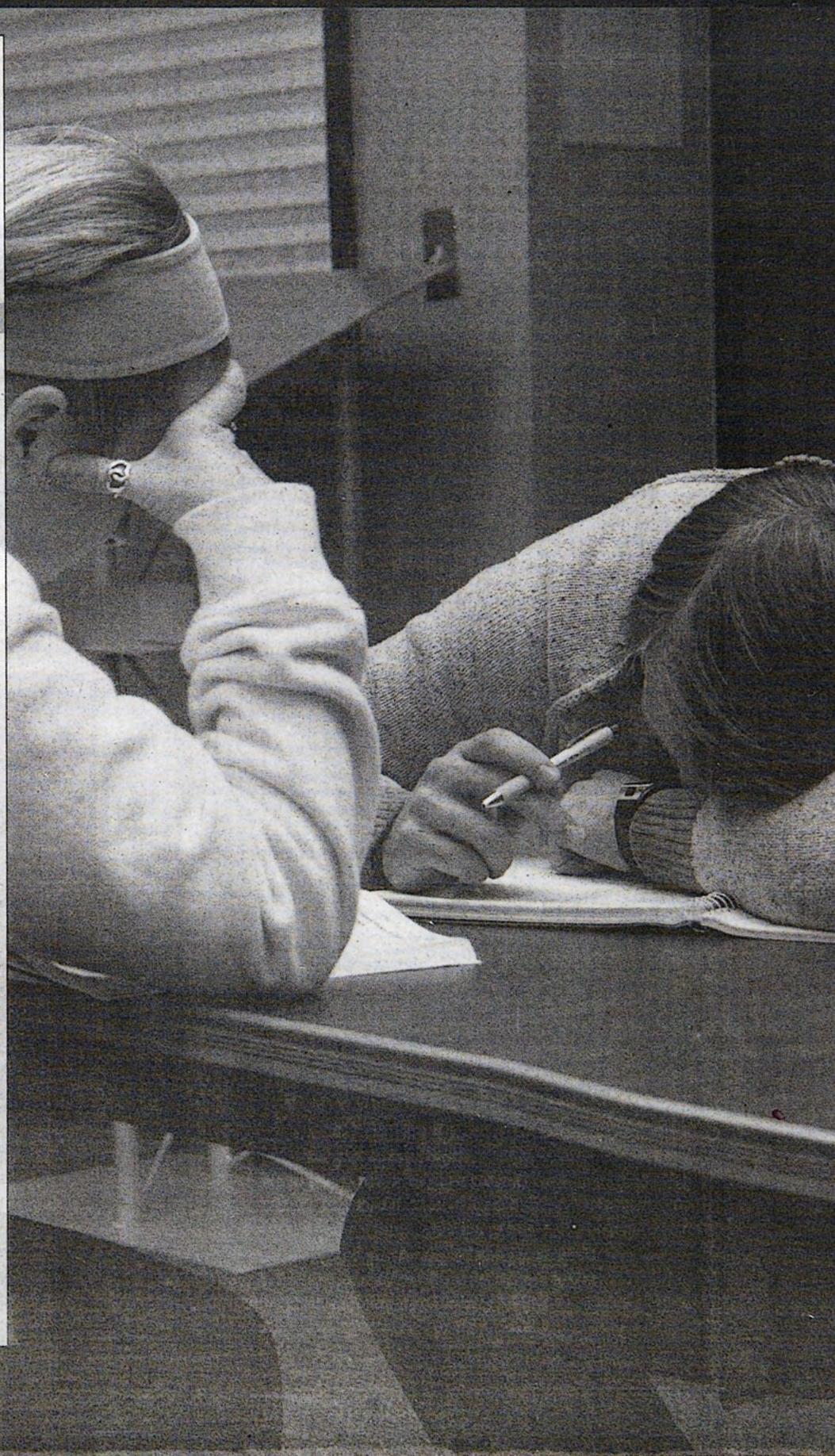
The National Association for College Counseling lists four steps for avoiding senioritis: plan ahead, don't obsess, talk about it and just have fun.

"What helps me with senioritis is looking at my friends, who have graduated, and seeing their success through the hard work they have put in. This helps reassure me that I can do what they did and make it through the last dreaded year of school," Boswell said.

Chaz Newberry, a recent UCO graduate said, "I got over my senioritis by focusing on my goals and understanding that I had just spent four years of my life and a lot of money investing in my education. I just had to keep telling myself that four more months is easy compared to four years."

For those that the senioritis virus has already hit, take encouragement that there are others experiencing the same agony and pain and eventually the big day will come and your career will start. Remember to stay focused, don't procrastinate and finish strong.

*Students struggle to stay awake while studying for their senior classes. Photo by Ryan Naeve, The Vista.*



# Supplies for student success in Spring 2015

Lauren Capraro

Staff Writer

With the spring semester underway, the University of Central Oklahoma's campus is back to its full glory and is teeming with students. Whether you're graduating or this is your first semester, there are items that can help you sail through the semester.



With the price of textbooks rapidly increasing, many students prefer to rent their textbooks for the semester. Photo by Lauren Capraro, The Vista.

**BOOKS-** Required textbooks can be incredibly pricey. However, they are a necessary purchase for every semester; if a professor says the book is required, they usually refer to the book often. If you don't plan on purchasing the textbook for a few months, you may lag behind in the course. The Barnes and Noble on campus and the surrounding bookstores are affordable, but shop around online before making a decision. Amazon and Chegg are websites that offer buying and renting options. If you decide to rent your textbook, pay attention to the book's rental due date and treat it with care.

**Water Bottle-** An average person loses 90-ounces of water a day, which makes having a personal water bottle important. UCO has many water fountains with a water bottle function on campus, which makes it easy to fill up. Having a personal water bottle is not only environmentally friendly, but it also keeps you hydrated.

**Gym Clothes-** With New Year's resolutions in full swing, many are making exercise part of their daily routine. Many students do not take advantage of the wellness center right here on campus. If you decided to have a healthier lifestyle this year, having new workout clothes can help motivate you to get in that extra workout.

**Lunchbox-** It may be considered lame to bring a lunchbox to school, but it can save a lot of money. Bringing your own lunch instead of buying fast food could save you hundreds of dollars throughout the course of the semester. If you need something reheated, there is a microwave at Outtakes in the Nigh University Center. If it helps convince you, there are actually a few stylish lunchbox options out there.

**Pens/pencils-** Nothing is more embarrassing than realizing you forgot to bring a pen as your professor hands out a test. Be sure to have enough pens to last throughout the semester, and keep a couple of No. 2 pencils in your backpack for Scantrons. Also, highlighters can be a big help when studying for a test or making flash cards.

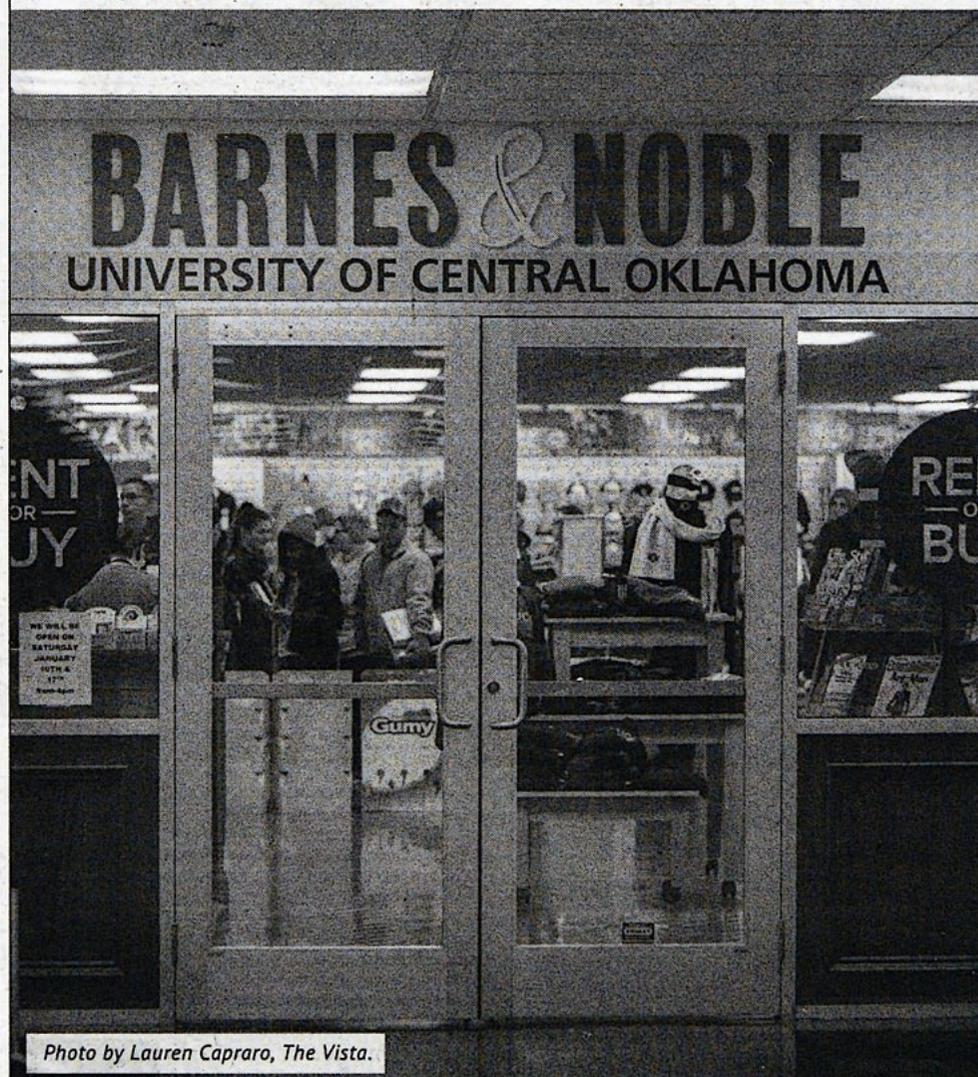


Photo by Lauren Capraro, The Vista.



Freshman Kelby Frazier holds her books and supplies for the new semester in Barnes and Noble on campus. Photo by Cooper Billington, The Vista.

**Backpack-** A backpack is extremely handy to have, especially if you bring your laptop and textbooks with you to class. Parking can be tricky at UCO, so students often have to walk a moderate distance to get to their classrooms. Lugging around five books and a laptop in freezing rain without a backpack could cause some major problems. If you want to take your laptop with you, be sure to look for a backpack with a laptop sleeve that will fit your laptop's size.

**Notebook-** Having a quality notebook will help you stay organized throughout the semester. Professors often have students take notes, so bring it daily. For students taking a heavy course load, five-subject notebooks can change the way you handle your classes.

**Planner-** When stress starts to take over in the middle of the semester due to the plethora of projects and papers assigned, it is imperative to keep due dates and assignments straight. If you go to school and have a job, planners are able to keep the week organized and stress-free. With a variety of different types of planners, there is bound to be one that is right for every student.

**Shoes-** Having a good pair of shoes can make your morning walk to class significantly more enjoyable. A pair of shoes with ample support can help combat aches and pains. With winter weather upon us, having shoes with good traction can prevent you from starring in the next YouTube compilation of people slipping on ice.

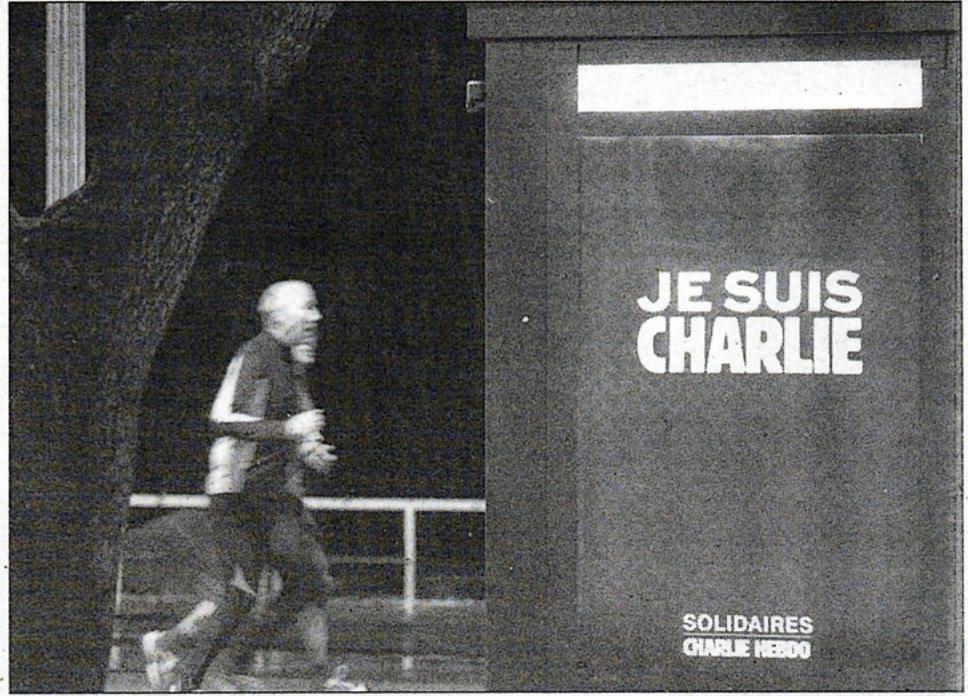
**Flash Drive-** Storing papers and files is a must throughout college. Purchasing a high quality flash drive will help you stay organized. A 16GB drive can be purchased at most stores for under \$15. If the internet on campus crashes as soon as you need to print a document your flash drive may be able to save the day. To take it a step further, getting an external hard drive for your computer can be extremely helpful in media-oriented classes.

**Stapler-** There will be a time during the semester that you wish you had a stapler. Mini staplers are sold at most stores that carry office supplies of any kind, which should be sufficient enough for the average student.

**Winter Gear-** With temperatures dropping daily, having quality winter clothing is extremely important. Be sure to have enough clothing to keep you warm, including a coat, hat, boots, and gloves. Also, it's a good idea to keep an ice scraper in your car for icy days.



Students line up in Barnes and Noble to purchase their books and supplies for the semester. Photo by Lauren Capraro, The Vista.



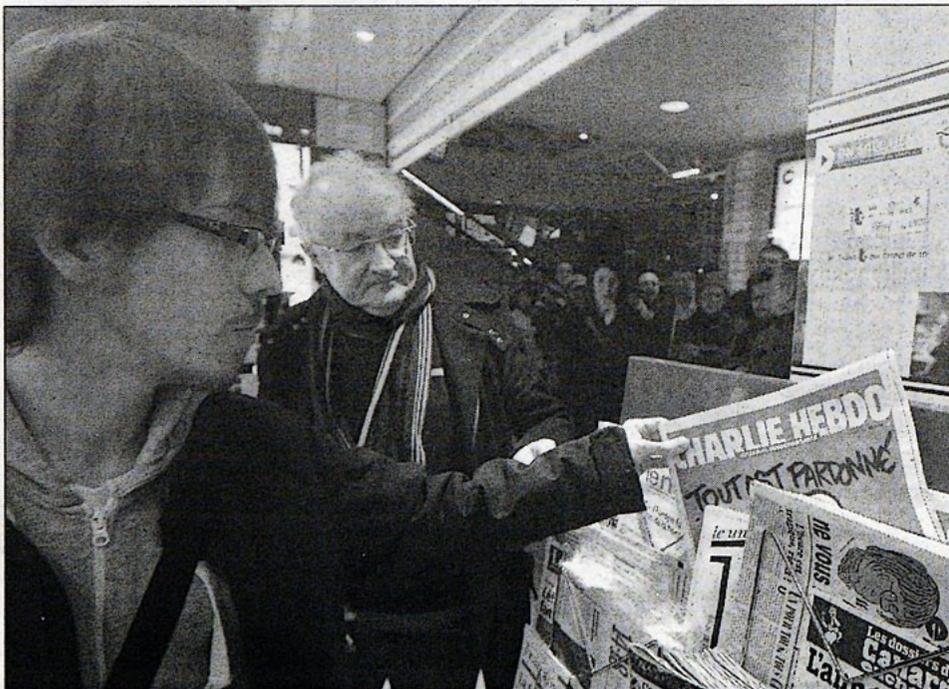
Above: A newspaper seller installs Charlie Hebdo newspapers to a shelf at a newsstand in Nice, southeastern France, Wednesday, Jan. 14, 2015. In an emotional act of defiance, Charlie Hebdo resurrected its newspaper Tuesday, featuring a caricature of the Prophet Muhammad on the cover that drew immediate criticism and threats of more violence. The black letters on the front page reads: "All is forgiven." (AP Photo/Lionel Cironneau)

Below: A man picks up a copy of Charlie Hebdo newspaper at a newsstand in Rennes, western France, Wednesday, Jan. 14, 2015. (AP Photo/David Vincent)

# JE SUIS CHARLIE

Above: People run by a kiosk with a poster reading "I'm Charlie" on the Promenade des Anglais in Nice, southeastern France, Wednesday, Jan. 14, 2015. (AP Photo/Lionel Cironneau)

Below: A bouquet of tulips from Washington Metropolitan Police, center, lays among others at the place where police officer Ahmed Merabet was killed in Paris, France, Wednesday, Jan. 14, 2015, one week after the attack on Charlie Hebdo newspaper. France ordered prosecutors around the country to crack down on hate speech, anti-Semitism and glorifying terrorism, announcing Wednesday that 54 people had been arrested for those offenses since the Paris terror attacks. (AP Photo/Jacques Brinon)





# French satirical newspaper attacked; 17 dead in shooting

Queila Omena

Managing Editor

Charlie Hedbo, a French satirical weekly magazine that features cartoons, jokes, reports and polemics, was attacked by terrorists causing 17 deaths and many dozen injured on Jan. 10. Some claim the attacks were due to a controversial and an offensive cartoon of the Prophet Mohammed.

Charlie Hedbo was founded in 1970, appearing as the successor to the Hara-Kiri magazine. In 1981, the magazine was banned after mocking the death of former President. 11 years after that, Charlie Hedbo was resurrected and survived through multiple legal cases.

The magazine had their first terrorist attack in 2011 after they published a controversial cartoon that offended

many believers. They are known for publishing articles that sound irreverent and non-conformist.

The latest attack in 2015 led many people in Paris to stand up for freedom of speech, even though many others said Charlie Hedbo's cartoons were too extreme and offensive in nature.

BBC states that more than 3 million people have taken part in unity marches across France after such horror happened. It's also estimated that more than 40 world leaders joined the march in an act of solidarity. The marches wanted to show overall unity after the attacks in France.

"We couldn't believe it. There was a terrorist attack within blocks from Notre Dame at the time we had visit-

ed the cathedral just 24 hours before the attack," said Ariana Muse, a UCO student that was on vacation in Paris at that time. "Everyone on the bus had to get off three times to have our passports and luggage checked," she added.

Muse said that in the next following days her family and friends constantly checked on her, afraid of the chaos taking place in France. She did not get hurt in Paris, and safely returned home.

There was been no proof as to why the terrorist attacks took place, but many blame the latest cartoon of the Prophet Mohammed, where he is naked with a star placed on his behind along with the saying: "Mohammed: A star is born!"

*Soldiers patrol the street in Paris, Wednesday, Jan. 14, 2015. French police say as many as six members of a terrorist cell that carried out the Paris attacks may still be at large, including a man seen driving a car registered to the widow of one of the gunmen. The country has deployed 10,000 troops to protect sensitive sites, including Jewish schools and synagogues, mosques and travel hubs. (AP Photo/Christophe Ena)*

# The Vista's way too early guide to Spring Break

Kchris Griffin

Staff Writer



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College students relax and refresh during Christmas break but prepare for the ultimate "Turn up" during spring break.

The conversation about spring break never starts too early. Students plan weeks, months and even a year in advance for their week vacation, but the question remaining unanswered is this: where should they go?

Top destinations include Panama City Beach in Florida, South Padre in Texas, Las Vegas and other places such as Gulf Shores in Alabama. Although the trip may prove costly, it's worth the money. These trips give students a way to collect more memories during their college years.

Students going to these places should dress for the occasion and bring plenty of sun block. It won't take much thought to put together the outfit for the beach. Ladies, a nice bikini will do wonders. Not too much more you could wear, right?

Guys, remember: less is more. Whether you're shirtless or in a cut-off there isn't really a need for anything extra. If you want to draw attention, then wear a

Bro-Tank with a catchy saying. Again, remember: less is more. It's not so much about what you wear as it is being there.

The game changes for the nightcap though. For the party, ladies should wear whatever makes them feel like they're the only girl in the world. Heels look attractive but only if you're going to stand the entire night, dance a little, have fun and don't hug the wall.

For guys short or long-sleeved button-downs, Bro-Tanks, V-necks or any T-shirt will do. Jeans or some light khakis will set you apart from the rest, but cargo shorts would probably make the best choice.

For anyone staying in Oklahoma for the break, the advice given earlier applies to you also. No, you won't find a beach in Oklahoma but this fact doesn't stop you from going to one of the many lakes. Whether in Oklahoma or laid out in another state make sure you stay ready.

Wherever you do end up for spring break, make the most of it because it's the easily one of the most memorable times of your life.



Taken from The Vista Archives.

# Surviving your second semester of college

Queila Omena

Managing Editor

School is back and so is everything else. It's time to get up early, organize books, drink a lot of coffee and be on time for class. As easy as it sounds, waking up on time for school is a struggle I have to deal every day that is just as hard as trying to cook scrambled eggs without burning the whole house down.

It's the first week of school. There are people everywhere, from long lines at the bookstore to tons of cars trying to find a single parking spot. People are excited for what they will learn, who they will meet and what they will accomplish. Though, as soon as they adapt to the routine, they will change their minds. It's bittersweet, I tell you. It is emotions everywhere. Before you give up, think about the wonderful teachings colleges, and only colleges, will do for you.

I wish I could explain how much college has changed my life, but for that I would need to write a couple of books and even then I wouldn't be able to describe my whole college experience.

I went from being the little girl lost in the hallway trying to find the

right classroom, to being the young adult with a million responsibilities. College changed my life and made me believe that I can do all things, if I only have an extra cup of coffee.

By this time, I became an expert on how to survive through my wonderful college years. There are a lot of tips you can learn to survive in college, but the main one is to never give up. I didn't give up, and you won't give up either. See, I didn't know I could write this column but I'm halfway down the page.

In a couple of years, months maybe, we both will be graduate students, holding our diplomas up high and taking graduating pictures for our family. We will be young adults entering the professional field. We will look back at how much we changed since we first entered school.

We will be proud of ourselves for all the struggles and lack of sleep we had, but more importantly we will be proud of ourselves for persevering.

*Students walk through the Nigh Center on the way to their first classes of the Spring 2015 semester. Photo by Cooper Billington, The Vista.*



## 2015 - 2016 University Wide SAF Funding Applications

- Applications for funding University Wide programs and events through Student Activity Funds are now being accepted. Any campus department or organization seeking funding for a new program or event is encouraged to e-mail Teresa Metzger at [tmetzger@uco.edu](mailto:tmetzger@uco.edu) to request the application information.
- The application deadline is February 6, 2015.
- Examples of programs currently receiving Student Activity Fee Funds include LeaderShape and Kaleidoscope Dancers.
- Funding requests for programs or events benefiting the entire student body are encouraged. Departmental academic activity and activities not accessible to all students will not receive consideration.

### Classifieds

BFF Performance Shoe store (NW OKC) is now accepting applications from College students for part-time employment. 15-20 hrs. per week. Evenings and Saturdays. No retail experience needed. Call 608-0404.

### It's Not Too Late to Enroll!



**UCO Women's Choir**

**MPER 2141**

**Do you enjoy singing?**

**Were you in choir in high school?**

**Were you an All-State Singer?**

**Do you need a 1 hour elective course?**

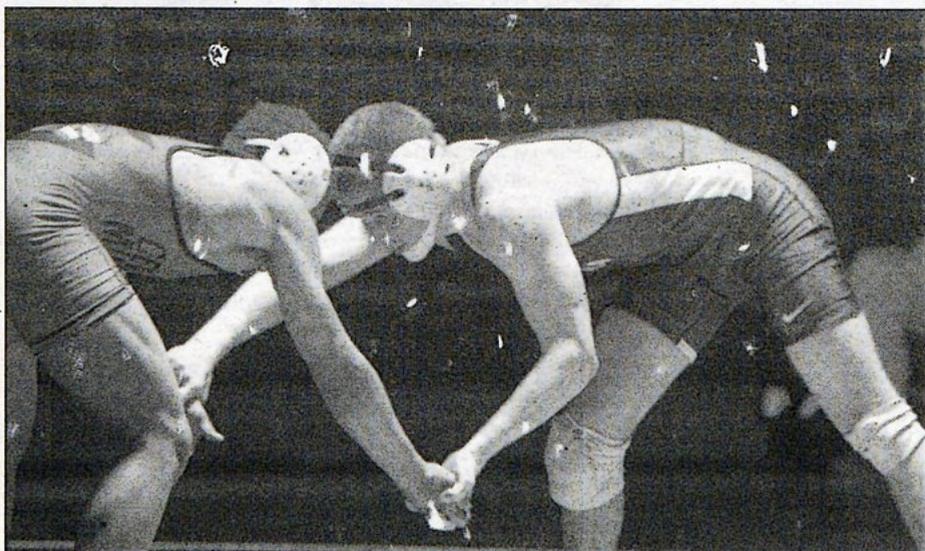
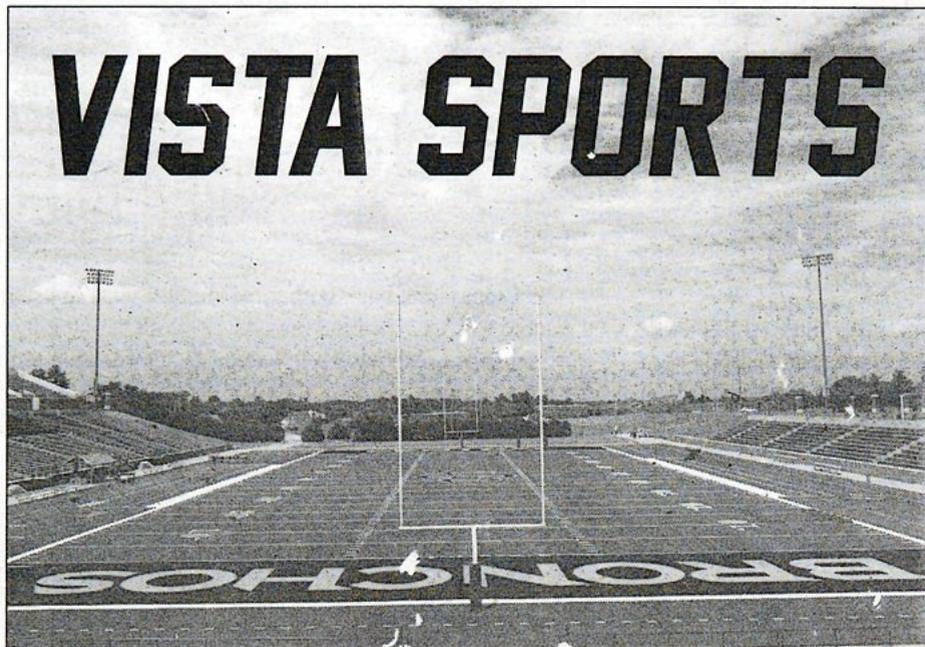
**• If you answered yes to any of the above ques!**

**Contact Dr. Eshelman, Cantilena Women's Choir Instru**

**Set up an audition appointment NOW!**

**[deshelman@uco.edu](mailto:deshelman@uco.edu) or 974-3426**

# VISTA SPORTS



## UCO GAMES THIS WEEK

### THURSDAY:

- Women's Basketball at Fort Hays State (5:30 P.M.)
- Wrestling vs. Newman (7:00 P.M.)
- Men's Basketball at Fort Hays State (7:30 P.M.)

### FRIDAY:

- No Events

### SATURDAY:

- Women's Track at J.D. Martin Invitational in Norman (11:00 A.M.)
- Women's Basketball at Nebraska-Kearney (5:30 P.M.)
- Men's Basketball at Nebraska-Kearney (7:30 P.M.)

### SUNDAY:

- No Events

## WOMEN'S BASKETBALL ON FIVE GAME WINNING STREAK

Women's Basketball had a busy Winter Break playing in five games including one on New Year's Eve. Saturday they won their 5th consecutive game against Southwest Baptist in Bolivar, MO. Ryan Fields brings us the latest in Women's Basketball news.

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## WRESTLING RECEIVES 7TH AT NATIONAL DUELS

Wrestling travelled to Fort Wayne, Indiana for the NWCA Division II National Duels where they went 2-1 over the past weekend. Kyle Factor had a clutch win allowing the Bronchos to receive 7th overall. This week UCO faces off. Inside Vista Sports Writer Branen Kirtley gives us a play by play of the weekend's action.

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# Wrestling places 7th at D2 National Duals

**Branen Kirtley**

Contributing Writer

The University of Central Oklahoma's wrestling team made a trip on January 9th to Fort Wayne, Indiana for the NWCA Division II National Duals, and came out with a winning record of 3-2.

Friday the Bronchos took on the Augustana College Vikings. The Vikings came out hot in the first match with a win from T.J. North, the top ranked wrestler in the 125 pound weight class, but UCO was able to come back and scrape by with a 19-16 victory.

In the next match of the day UCO faced the defending national champions, the Notre Dame Falcons.

UCO put up a good fight, but with wins from only Dustin Reed and Chris Watson the Bronchos fell short with a 29-7 loss to the Falcons.

The final match of the day was an elimination match against the Lake Erie Storm. After a tough first match loss from Zac D'Amico, the Bronchos won five straight matches

against the Storm.

With a win from Reed, putting him at three straight wins for the day, UCO was able to clinch a win and escape elimination with a 25-12 win over the Storm.

On Saturday, the second day of wrestling in the National Duals, UCO started off the day with their first match against the number six ranked McKendree University Bearcats.

For the second and final match of the weekend UCO was up against the Lindenwood University Lions, in the 7th place bout of the NCWA Division II National Duals.

D'Amico and Reed were fast out of the gate again with two great wins. The win from Reed brought him to five wins and zero losses for both days of wrestling.

Watson got another big win for UCO, securing his number one position at 165, and bringing him to 22-0 for a perfect season so far.

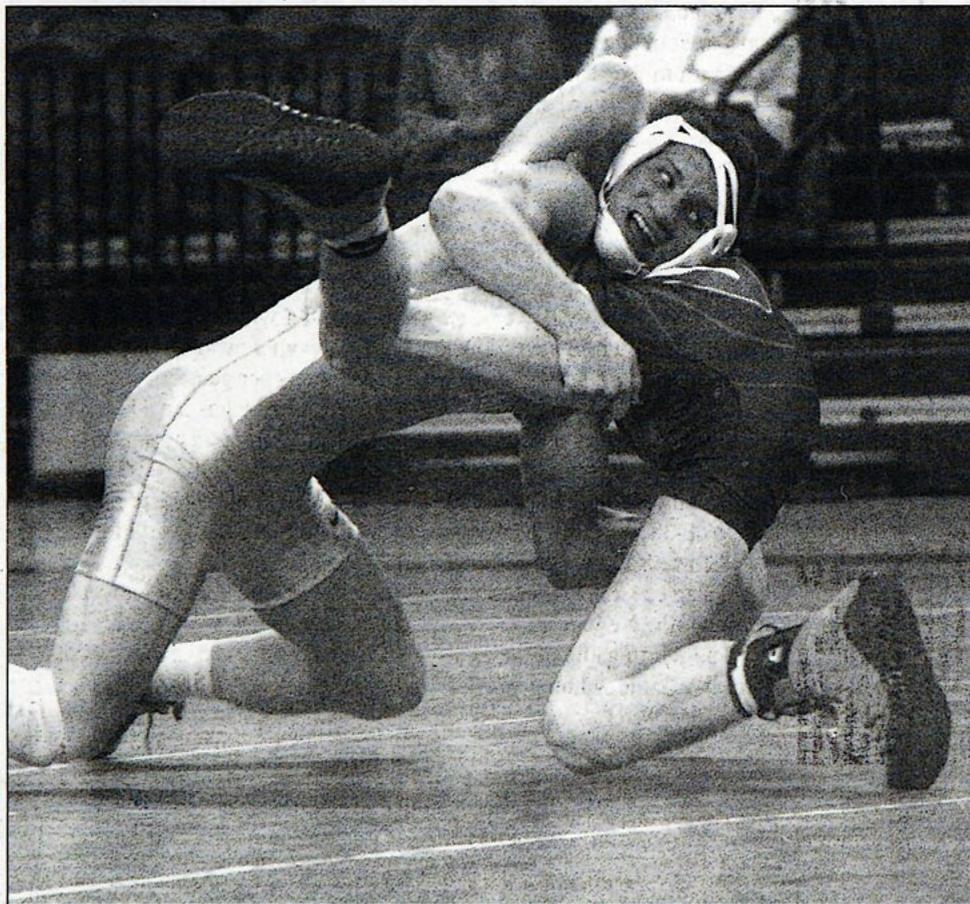
The Lions came back with three straight wins to bring the score to UCO 16, Lindenwood 19. With a clutch win from redshirt Freshman Kyle Factor, UCO was able to tie the match at 19.

UCO was able to gain the winning point due to having more total match points than Lindenwood from all the previous matches.

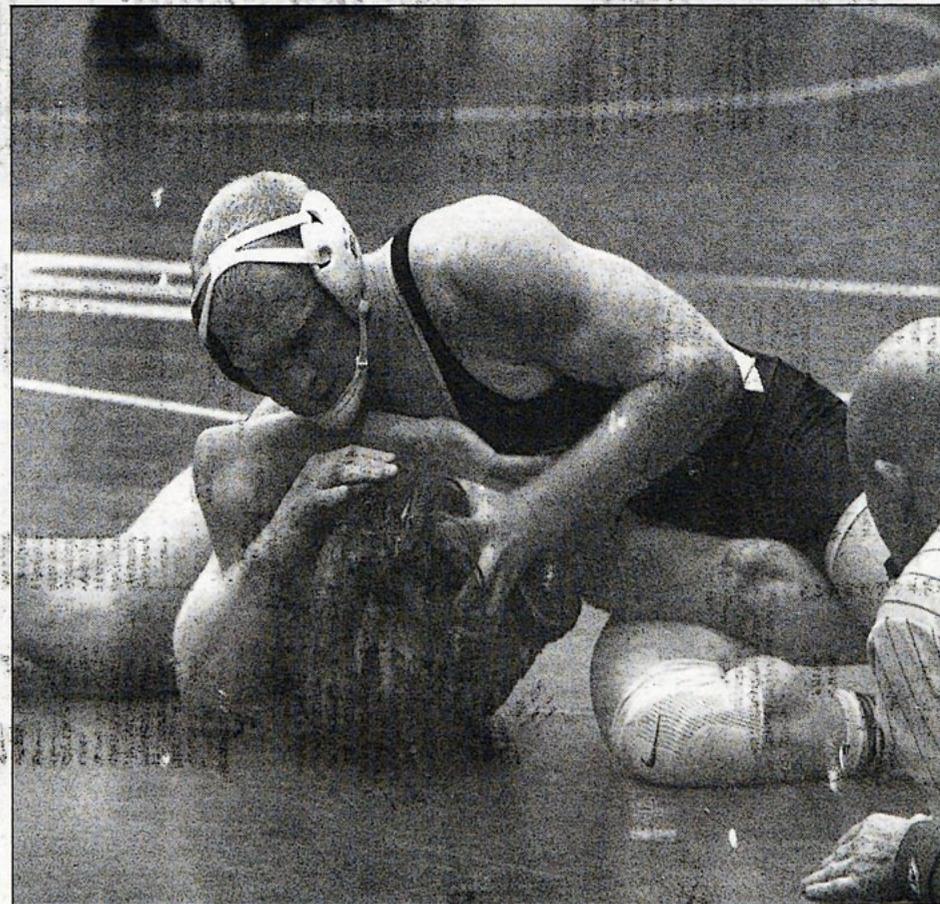
The Bronchos performed well at the NCWA Division II National Duals, winning 3 matches to clinch the 7th place bout.

The two losses that the Bronchos had were hard fought matches against the number one and number six teams in the division.

The Bronchos are now 3-4 on the season with their home opener coming up Jan. 15 against the Newman University Jets at 7 P.M. in Hamilton Fieldhouse.



Dustin Reed takes down his opponent in a home match last season. Reed took over the starting position for the 133 pound weight class this Winter for the Bronchos. Photo taken from The Vista Archives.



Senior and two-time All American Chris Watson pins his opponent. Watson finished second in the nation last season in Division 2 Wrestling. Photo taken from The Vista Archives.

# Women's Basketball finishes break on a roll

# BASKETBALL



## Ryan Fields

Contributing Writer

Winter break began in a bad way for the Bronchos as they traveled to Warrensburg, Missouri and lost a tough battle to Central Missouri 63-58 after leading by double-digits for a majority of the game.

The Bronchos led by 11 points with 11:56 remaining in the second-half, but would go on a dry spell over the next six minutes as Central Missouri had the game tied with five minutes remaining.

Olivia Mason led the way with 13 points, but the Bronchos were unable to overcome the furious flurry from the Jennies and went on to lose their third game of the season.

The Bronchos were able to bounce back over the course of the next five games reeling off five straight victories.

The streak began with an impressive 79-64 win over Missouri Western State followed by another solid victory over East Central 60-51 on New Year's Eve. Central Oklahoma began the New Year in dominant fashion by beating Northwest Missouri State 68-38 with Julia Mason and McKenzie Solberg contributing 14 points apiece in their first home game of the New Year.

The fourth game of their current five game winning streak

may have been the most exciting as a late in the game comeback to beat Missouri Southern 54-51. The Bronchos trailed by 13 in the second-half but made a number of plays down the stretch including nine points from Kylie Mayes in the second-half finishing with 14 points total. Julia Mason also added 13 points and Solberg finished with nine.

On Saturday the Bronchos took on the Southwest Baptist Bearcats, continuing their impressive play as they beat the Bearcats 72-65.

After falling behind 10-6 early, Central Oklahoma went on an 11-2 run and the Bronchos would never look back as Olivia Mason finished with a career-high 22 points.

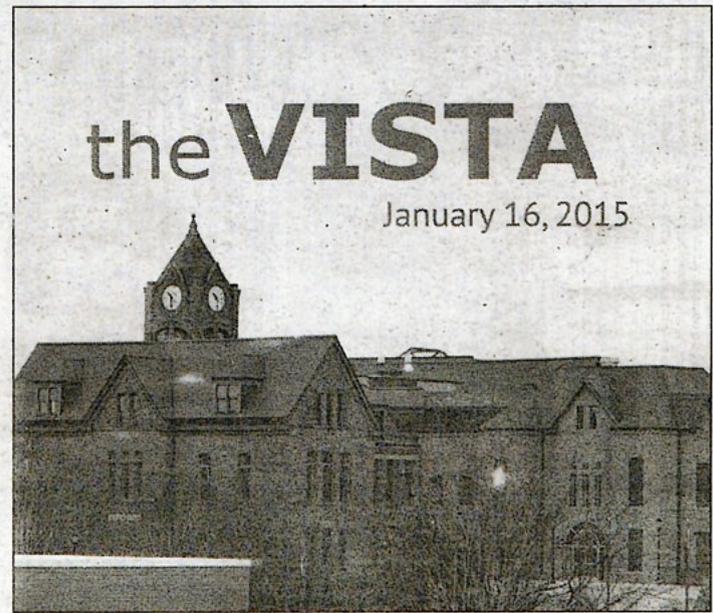
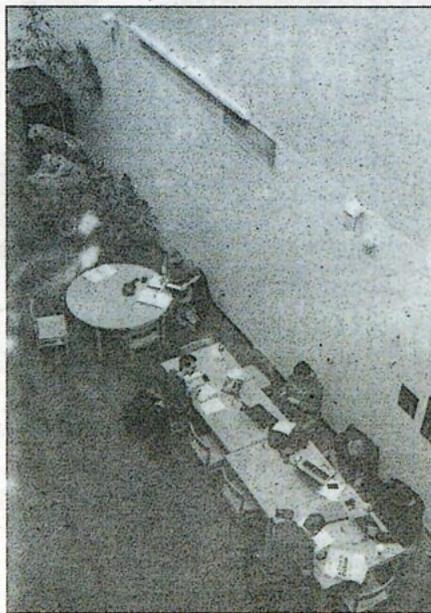
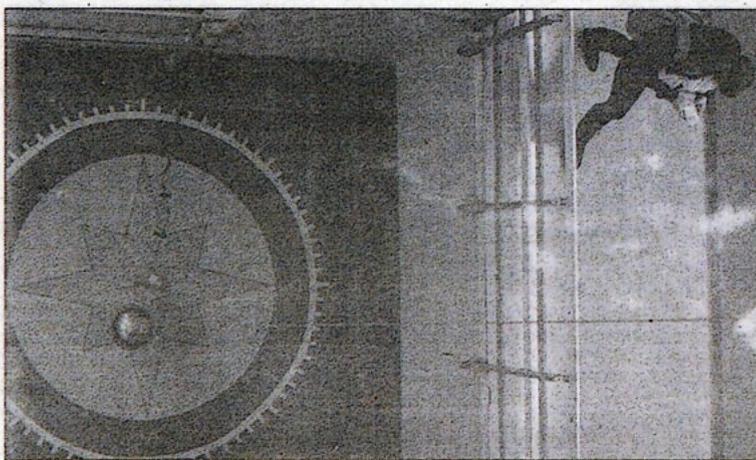
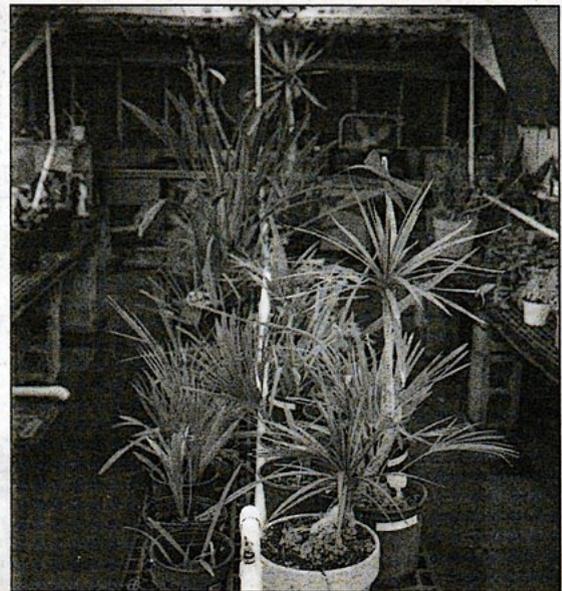
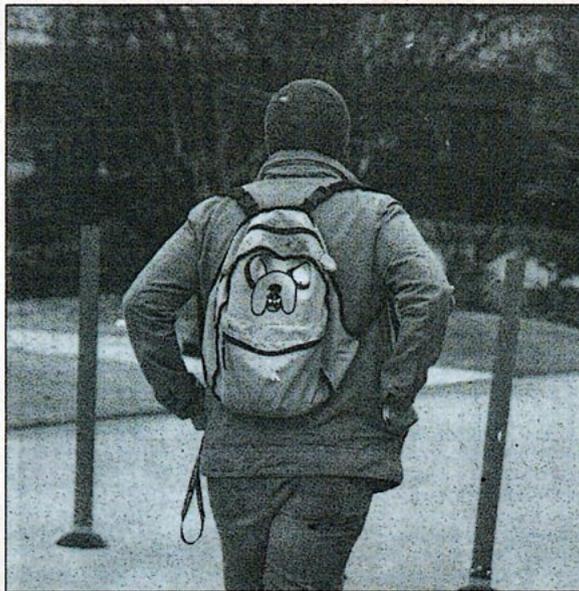
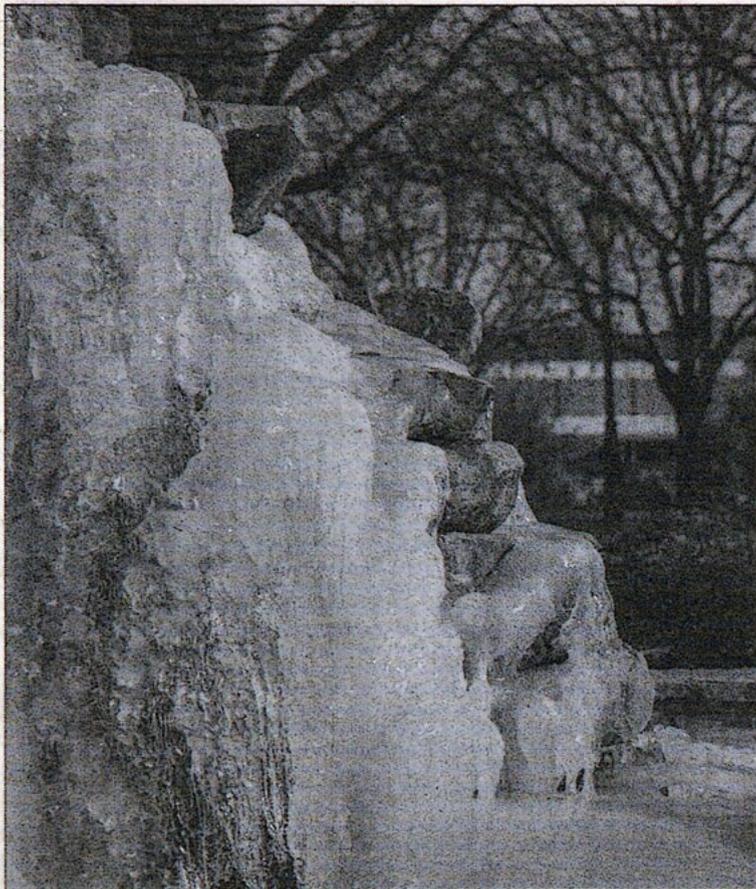
This Central Oklahoma team is off to an impressive start to the season; we will head into the spring semester with a balanced offense of four women who average at least 10 points per game.

The Bronchos have been able to win 11 of 12 games, which will bring their record to 13-3, eclipsing their win total for the previous year with thirteen games still left on the schedule.

The Bronchos will now take on the 14-1 Fort Hays State Tigers 5:30 p.m. Jan. 15 in Hays, Kansas.

*Top Left: Marley Anderson, a sophomore guard, makes her way down the court in Hamilton Fieldhouse in the Fall against Washburn University. Photo taken from The Vista Archives.*

*Bottom Left: Forward Hayley Bryan eyes the basket against Pitt State in the Fall in Hamilton. Bryan is in her Junior season for the Bronchos. Photo taken from The Vista Archives.*



Photos by Cooper Billington, The Vista.