

Features

News

Sports

02.12.15

the **VISTA**

@TheVista1903

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EDITORIALS

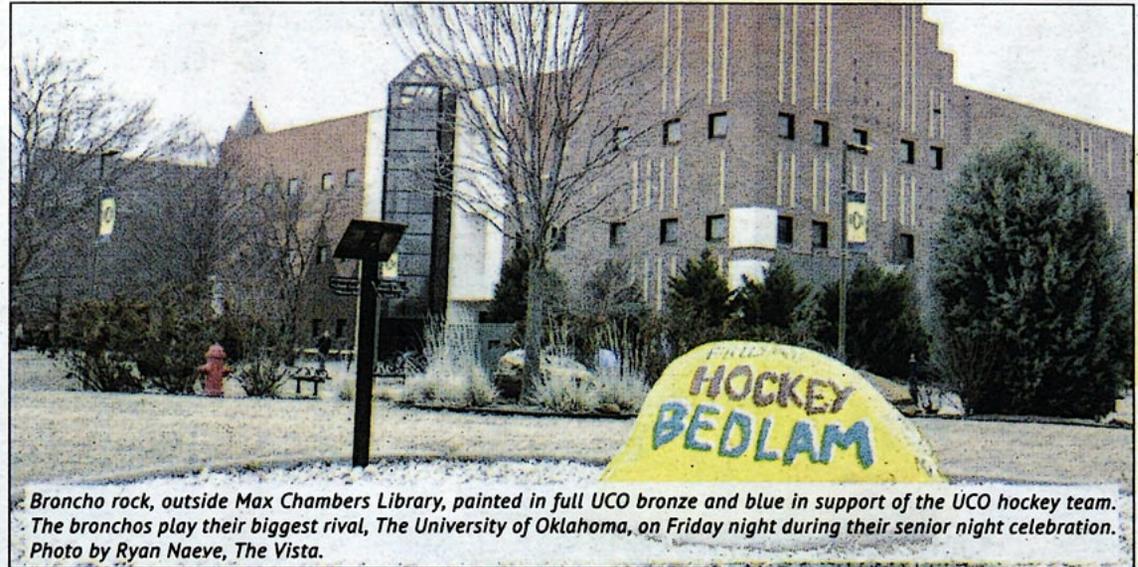
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LETTERS

The Vista encourages letters to the editor. Letters should address issues and ideas, not personalities. Letters must be typed, double-spaced, with a maximum of 250 words, and must include the author's printed name, title, major, classification and phone number. Letters are subject to editing for libel, clarity and space, or to eliminate statements of questionable taste. The Vista reserves the right not to publish submitted letters.

Address letters to:

Editor, The Vista, 100 N. University Dr., Edmond, OK 73034-5209, or deliver in person to the editor in the Communications Building, Room 131. Letters can be emailed to vistauco@gmail.com.



Broncho rock, outside Max Chambers Library, painted in full UCO bronze and blue in support of the UCO hockey team. The bronchos play their biggest rival, The University of Oklahoma, on Friday night during their senior night celebration. Photo by Ryan Naeve, The Vista.

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ON THE COVER

Students participate in a bubble-soccer tournament hosted in the UCO Wellness Center. Photo by Cooper Billington, The Vista; Photo Illustration by Daltyn Moeckel, The Vista.



Junior Lukeesha Thompson is crowned as the 2015 Miss Black UCO. The first runner-up was Rachel Runnels and the second runner-up was Brittini Moore. Photo by Brandi Melton, The Vista.

Change your APA Style, change your life



Taylor Favell
@ taylorlucky2

Contributing Writer

The Max Chamber Library on the campus of The University of Central Oklahoma hosted an APA Style class for faculty, staff, and University of Central Oklahoma students on Feb. 4 at 6:30 p.m. - 8 p.m. on the second floor of the library in Room LIB 226.

Though this room is usually used for professors who would like to schedule research sessions

with their students during class time, on Wednesday the room was held specifically for up to forty registered students to research how to construct citations, read citations and format papers in APA Style.

"We have a reference desk where students can come up to and ask questions anytime of the day. We've always had a lot of questions about APA Style," said Travis Biddick, research and instruction librarian. "After enough questions we thought it would be beneficial to have an open instruction session where anyone could come and ask questions."

Biddick works at the UCO

Chambers Library and he led the APA Style workshop. Overall he said he thinks the session was very helpful to those in attendance.

The library has evaluation forms that are given out to students after the workshop, which allow them to see exactly how helpful the APA Style class was and what areas need improvements.

"I think it went well. There are lot of different students who come to the workshops and they all have different kinds of needs, but by the end of the session their individual needs are met," said Biddick.

Along with APA Style, the Chamber Library also offers MLA Style and Chicago Turabian workshops as well. Biddick said that APA Style sessions have the highest attendance rates so far.

"There is just too much anxiety over APA Style and one of the goals of the class is to get back to the basics and reintroduce APA in a way that people can understand and really know all about it," he said.

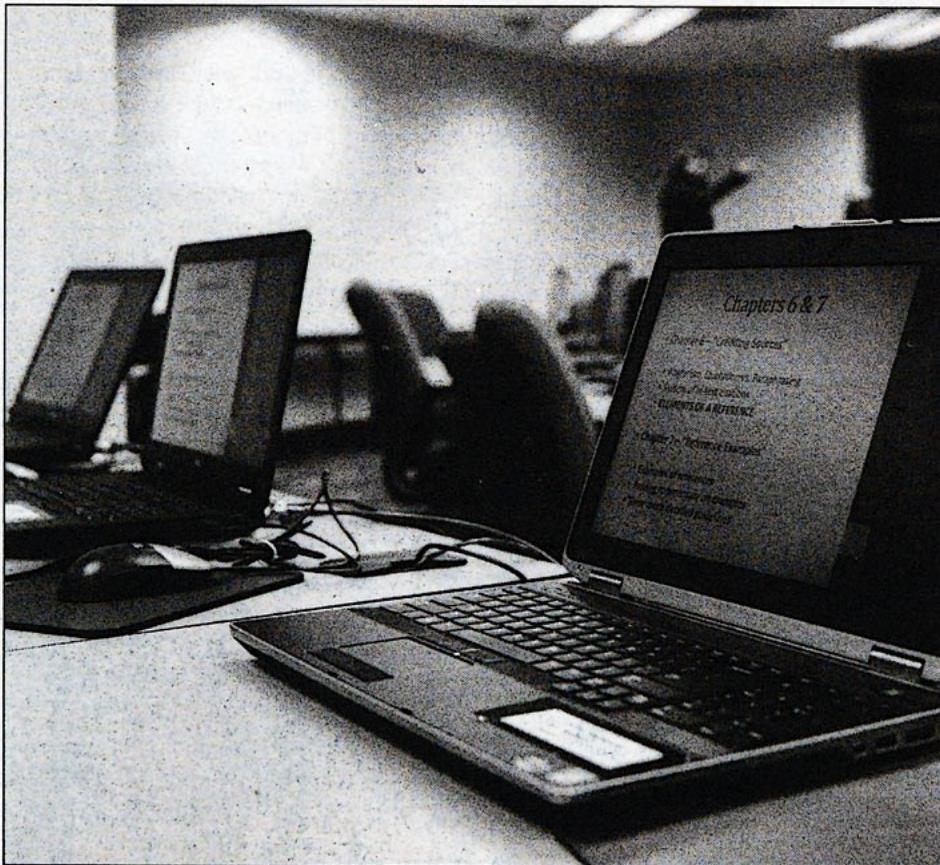
Wednesday's class was not the first APA Style class the library has held. The first class started back in spring 2014. The next class will be held Wednesday, Feb. 25 at 6:30 p.m. on the second

floor in Room LIB 226.

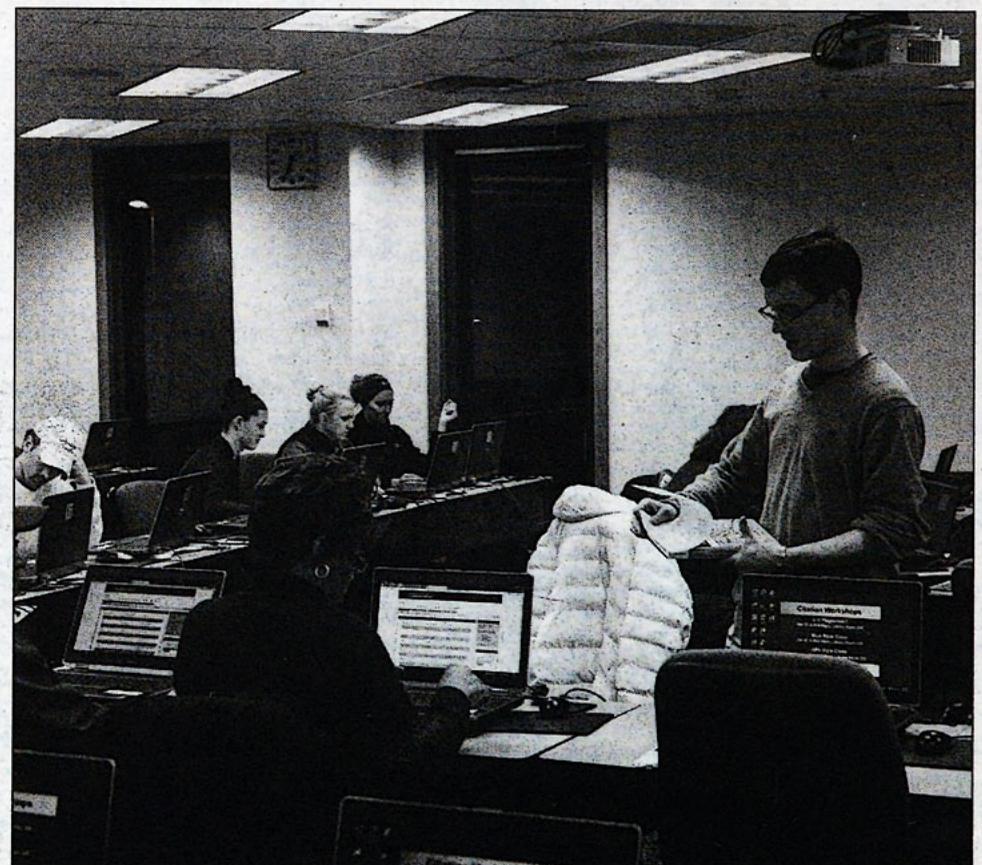
For more information go to the Chamber Library website at <http://library.uco.edu/> or call the front desk of the library 405-974-2878.

You can also stop by the Reference Desk in the library anytime during business hours for questions you may have.

"If I could say anything to the staff, faculty and students of UCO, I would just say it is our highest goal to clarify anything you might be confused about, and that you would leave the workshop with more confidence than when you came in," said Biddick.



Laptops sat open and ready for students in Room 226 on the second floor of Max Chambers Library on the campus of the University of Central Oklahoma. Photo by Ryan Naeve, The Vista.



Travis Biddick instructs students that showed up to the APA class on Wednesday, Feb. 4 in the Max Chambers Library. Photo by Ryan Naeve, The Vista.

Mexican food, math and science; Alfredo's partnering with UCO to support research



Rebekah Murphy
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Contributing Writer

The University of Central Oklahoma's College of Math and Science and Alfredo's Mexican Café are partnering together on March 31 by donating a portion of the proceeds earned by Alfredo's to help create awareness and funding for the undergraduate research program offered at UCO.

Specifically, the proceeds will support undergraduate research within the College of Math and Science. Furthermore, donations provide opportunities to students to build their

academic careers as well as provide a hands-on experience.

Development Manager of the college, Heather Zeoli, said this night will benefit the entire UCO community. She explained that the college chose Alfredo's because it is a local business and they love their food as well as the great opportunities they offer.

Undergraduate research is key to UCO's College of Math and Science overall experience.

Zeoli highlights why this is an important event for the college specifically. She explains that math and science studies represent one of the fastest growing major groups.

The degree programs include Math, Statistics, Physics, Engineering, Biology, Chemistry, Nursing, Funeral Services and Computer Science. The funding will be distributed throughout these areas of study and would be benefiting more than three thousand students with these declared majors at UCO.

Biology student Morgan Davis describes her experience with research as her favorite part of UCO as well as why she feels prepared to get a job after graduation.

Davis's first experience with UCO's research program was the Summer Bridge program. The program offers incoming freshman an introduction into research before school even begins and she stated she would never have gotten involved without that specific program.

Another student studying Chemistry and Philosophy, Ethan Wood, encourages students to become involved with research. He said he enjoys it because he gets to learn about things no one else knows exists.

Wood said students learn important life lessons from research study. He said his own lessons have included gaining a strong work ethic, being self-actuating and the importance of pursuing passions.

Providing funding for research is the college's greatest need. The faculty wants to build collaborative and experiential opportunities for students which are essential to success outside of the classroom and after graduation.

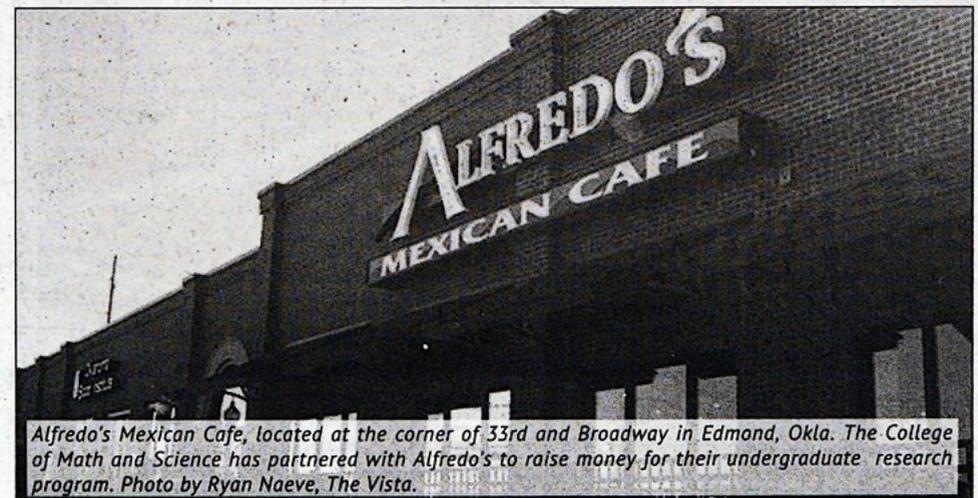
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Alfredo's Mexican Cafe, located at the corner of 33rd and Broadway in Edmond, Okla. The College of Math and Science has partnered with Alfredo's to raise money for their undergraduate research program. Photo by Ryan Naeve, The Vista.

UCO holding VIP parking raffle for food donations



Lauren Capraro
@ laurencapraro

Staff Writer

The University of Central Oklahoma's Parking and Transportation Services is holding monthly drawings for premium parking passes to encourage donations to the Central Food Pantry.

The premium parking pass will allow someone to park in the Visitor lot near the Nigh University Center, the metered parking spaces near Lilliard Administration and the Library for 30 consecutive days.

Parking and Transportation Services establishes parking rules and regulations, distributes parking permits and manages the parking facilities on campus. They also manage the alternative transportation programs consisting of the free Broncholink bus service, Connect by Hertz car rental program, a carpool program, Bum-A-Bike and the Cycology Bicycle Service Center.

According to Mary Crudu, UCO Transportation and Parking administrative specialist, to qualify for a raffle ticket, you must donate three regular items to the Central Food Pantry. If any of the items are high need items, each counts towards an additional ticket.

The food pantry's current high need items include canned fruit, canned meat, peanut butter, jelly, canned beans, all sizes of diapers and dry cereal. Other items that

the pantry will accept are canned or sealed packaged meats, pasta, pasta sauce, jelly, mac and cheese, rice and Ramen noodles.

To enter the drawing bring donations to the Transportation & Parking Services office in Room 309A of the Nigh University Center. UCO Students, faculty and staff are encouraged to participate in the drawing.

The Central Pantry is a choice model pantry intended to be used by students, faculty and staff members who meet the Gross Income Limits set forth by the Oklahoma Emergency Food Assistance Program. All that is needed to utilize the pantry is proof that you are currently enrolled or employed at UCO.

The Central Pantry is located in the Nigh University Center Room 203.

The Central Food Pantry opened in Fall 2012, and is staffed completely by volunteers. It is also a partner agency of The Regional Food Bank of Oklahoma. Through this partnership the Central Pantry is the recipient of weekly donations from the three Homeland grocery stores in Edmond.

To see a list of approved donations and to find out more about the Central Food Pantry, visit <http://www.uco.edu/student-affairs/ocl/central-pantry.asp>

Photo by Ryan Naeve, The Vista.



Paint the Campus Pink Week



Austin Rabon
@ TheRabon

Staff Writer

Pink is the new blue and bronze at the University of Central Oklahoma-- well at least for a week.

The week of Feb. 23-26 UCO will be holding Paint the Campus Pink Week. Each day of the week will be a different event and activity for students and faculty to get involved with.

"Paint the Campus Pink Week is a week full of promotional and educational events that take place before the Big Pink Volleyball Tournament," said Nicole Doherty, student engagement coordinator at UCO.

"All of the events are free, but Big Pink will be accepting donations at all events to go to Susan G. Komen of Central and Western Oklahoma," Doherty said. Susan G. Komen Central and Western Oklahoma is dedicated to combating breast cancer at every front.

To participate in the Big Pink Volleyball Tournament, students, faculty, and staff can register their teams at uco.edu/bigpink. Registration is due by Feb. 18 by 5 p.m.

The following events for the week are free and anyone can participate:

MONDAY

Light the Campus Pink will be on Feb. 16 from 7:30 p.m. - 9 p.m. at Broncho Lake Blue Tent. Come Light the Campus Pink with a glow balloon release, s'mores, hot chocolate and hear from a guest speaker about how to continue to fight back against breast cancer. The event will be co-programmed with the National Panhellenic Council.

TUESDAY

Top that Pizza Benefit Night on Feb. 17 from 5:30 p.m.- 8:30 p.m. at Top that Pizza in Edmond. Join Big Pink in raising as much money as possible to add to the final donation to Susan G. Komen. 20 percent of sales at Top That Pizza will go back to Big Pink to be added in to the donation at the end of February.

MONDAY

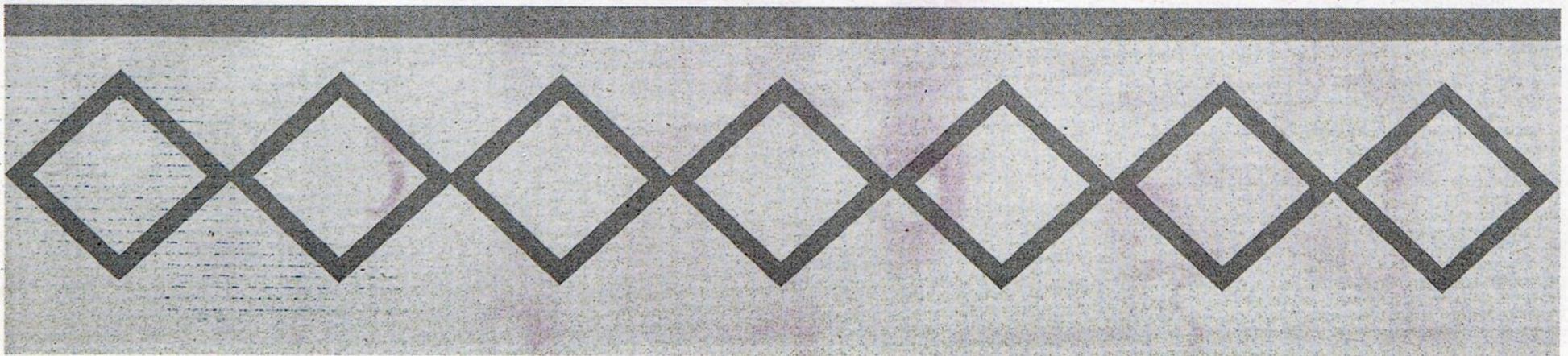
Happy Fifth Birthday, Big Pink will be on Feb. 16 at 11 a.m. - 1 p.m. in the Nigh University Center second floor Atrium. Celebrate Big Pink's fifth year on campus with some birthday cake and presents.

TUESDAY

Breast Day Ever will be on Feb. 17 from 11 a.m. - 1 p.m. in the Nigh University Center second floor Atrium. Grab an ice cream float in a Big Pink collectors cup while you are going to class.

WEDNESDAY

On Wednesdays, We Wear Pink on Feb. 18 from 11 a.m. - 1 p.m. in the Nigh University Center second floor Atrium. Get a KIND bar and some candy and tell why you play Big Pink.



PAINT THE CAMPUS PINK

WEDNESDAY

Movie Under the Stars on Feb. 18 from 7 p.m. - 9 p.m. in Radke Fine Arts Theater, CTL. Come watch A Walk to Remember and get some Big Pink swag.

FRIDAY

PINK-GO on Feb. 20 from 10 a.m. - 2 p.m. in the Nigh University Center Food Court. Try your luck at Big Pink's version of BINGO.

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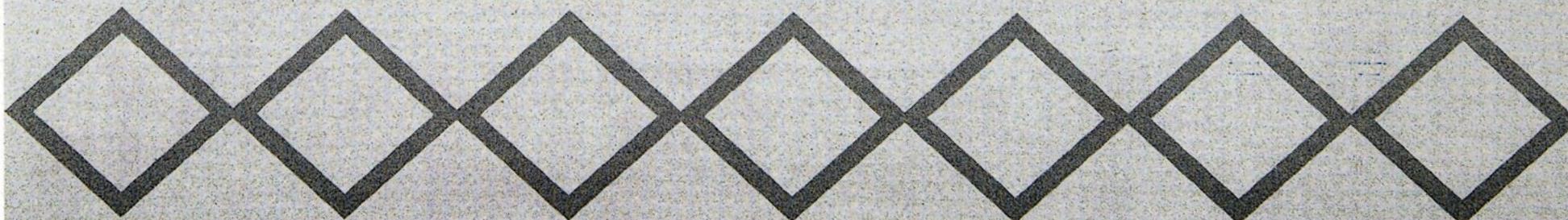
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THURSDAY

Carnival for a Cure on Feb. 19 from 7 p.m. - 9 p.m. in the Nigh University Center Ballrooms. Eat some food, play some games and help find a CURE. This event is co-programmed with the Student Programming Board.

FRIDAY

Big Pink Rally on Feb. 22 from 5:30 p.m. - 8 p.m. at the Wellness Center Volleyball Court. Rally your team together to come kick-off the Fifth Annual Big Pink Volleyball tournament. Space will be available to learn how to play Big Pink and practice before the tournament.



The National Science Foundation funds a summer internship in Turkey



Erick Perry
@erickperry9fo

Contributing Writer

A summer internship program in Turkey was presented by University of Central Oklahoma Provost John Barthell, at the first-ever Tea Time Speaker Series event Thursday, in Pegasus Theater of the Liberal Arts building. The National Science Foundation will fund the program, in which undergraduate students will research and study the aspects of the foraging ecology of solitary

and honey bees.

Barthell will select six undergraduate students as participants for the program. Participants' housing, meals, and transportation will be provided, along with a \$4,000 stipend. Participants may also enroll to receive course credit for the program.

A week of the program will be spent in Edmond, as a time for students to become acquainted with each other and study about Turkey. The remainder of the program will be held in a variety of cities throughout Turkey including; Istanbul, Bursa, Canakkale, Mytilene and Bergama.

Participants will be able to visit several famous destinations, such as the ancient city of Troy and the Gallipoli peninsula, in between

their studies.

The majority of the studies will be done at Uladag University in Bursa. The program's research will focus on three main areas.

Students will examine behaviors to test the effects of food quality and conditioning to various stimuli, as well as compare the pollination systems in native and non-native settings to learn about biological invasions.

Participants will also research the foraging dynamics of the bees by looking at clues and timing the handling of flowers.

The population of bees in the United States is declining and many believe that pesticides are to blame.

"Although pesticide exposure has been implicated as a possible

cause for bee decline, until now we had limited understanding of the risk these chemicals pose, especially how it affects natural foraging behavior," said Nigel Raine, co-author of a new study in the journal *Functional Ecology*.

According to some estimates, reported by the *Epoch Times*, bees pollinate 75 percent of agricultural crop species, which have an estimated \$150 billion per year global value.

The Tea Time Speaker Series is a new program, happening about two times a semester, that aims to showcase the UCO faculty's global efforts.

Applications for this research experience are due March 13, and can be found on the UCO website.

BACK
40

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Tuesday, Feb. 17
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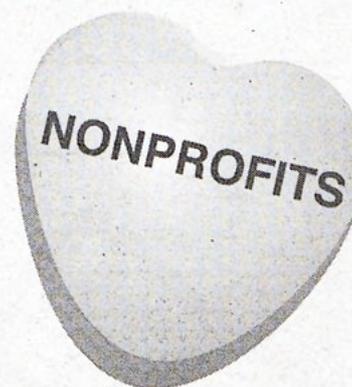
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Do you sleep in class?

SLEEP DEPRIVATION



Queila Omena
@ queilaomena

Managing Editor

College students have a reputation for missing early morning classes or falling asleep in class, and we ask ourselves, why is that?

Facts show that students don't necessarily need to be out partying to fall asleep in class the following morning.

Most young adults have a circadian rhythm which is an internal daily cycle for sleeping and waking that tells them when to wake up or go to sleep. These circadian rhythms can cause students to have a sleep deprivation due to the requirements of the college.

Students might feel drowsy,

have burning eyes and find it hard to pay attention when they are sleep deprived. Sleep deprivation refers to sleep duration of less than the average seven to eight hours.

Most adults need eight hours of sleep each night, but the typical college student sleeps only six to seven hours on weekdays.

According to a survey by the American College Health Association, 23 percent of college men and 25 percent of college women rated sleep difficulties as the third major impediment, after stress and illness, to academic performance.

The side effects of not getting enough sleep are endless due to the fact that the body doesn't have enough time to restore, and body tissues won't be relaxed.

Sleep disorders and sleep deprivation are also linked to serious physical and mental health conditions including congestive heart failure, hypertension, heart attack, stroke, osteoporosis, influenza, asthma, bronchitis, depression, suicide and obesity.

Sleep is associated with overall health and quality of life, so what can we do to have a better night of sleep and improve our sleeping

habits?

We should maintain a regular sleeping schedule, so our bodies will be able to adjust well. Having an altering schedule throws the biological internal clock off and disrupts sleep.

We need to create a sleep-friendly environment by changing the mattress or the pillow, finding a quiet place to rest, finding the ideal temperature in the room for your body or adjusting to your best body position.

Avoid caffeine, nicotine and alcohol before bed time, because these stimulants might take up

to four to six hours to clear from your blood. It reduces sleeping time by half or might quadruple the number of night awakenings.

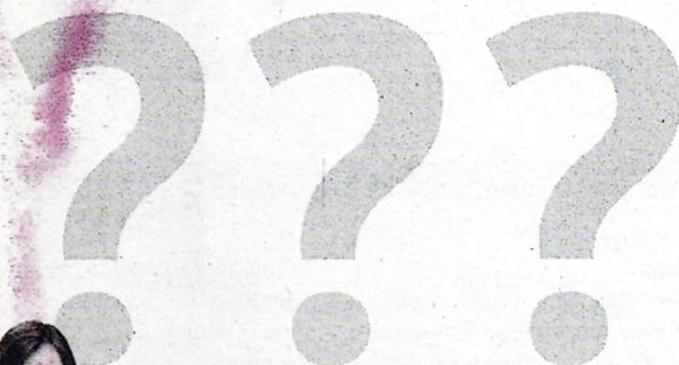
Also, avoid exercising close to bed time. Research shows that exercising three hours prior bed time is not recommended because it releases adrenaline.

Try to manage stress before nighttime and find what will make you relax, such as taking a break from technology or reading a book. Adjusting to a better sleeping schedule might take time, but it's worth it-- don't hesitate.



A student sleeps on the ground in a hallway of the Max Chambers Library on the campus of the University of Central Oklahoma. Photo by Ryan Naeve, The Vista.

How dirty do you think your smart phone is?



Ariana Muse
@ arianamarie93

Staff Writer

Smart phones these days see a lot more of our lives than we think. Not only are they exposed to more of our dirt, they also accumulate a lot of grime from other aspects of our messy lives.

A cellular device might pass through hands, purses, bathrooms, floors, food, illnesses, and a number of other steps through our daily routine. Other than keeping our memories through photos or messages, our phones are also keeping a record of germs and bacteria.

In order to see exactly how much our phones were really retaining germs, students from the University of Surrey used Petri dishes to let the bacterial growth imprinted from their phones develop for three days.

Most of the bacteria students found in the study was harmless, but a bacteria which can cause skin infections, *Staphylococcus aureus*, was found on the phones.

"Each phone tells a story. The ecological niche on the body for *Staphylococcus aureus* is the nostrils, so a furtive pick of the nose, and quick text after, and you end up with this pathogen on your smartphone," said Dr Park.

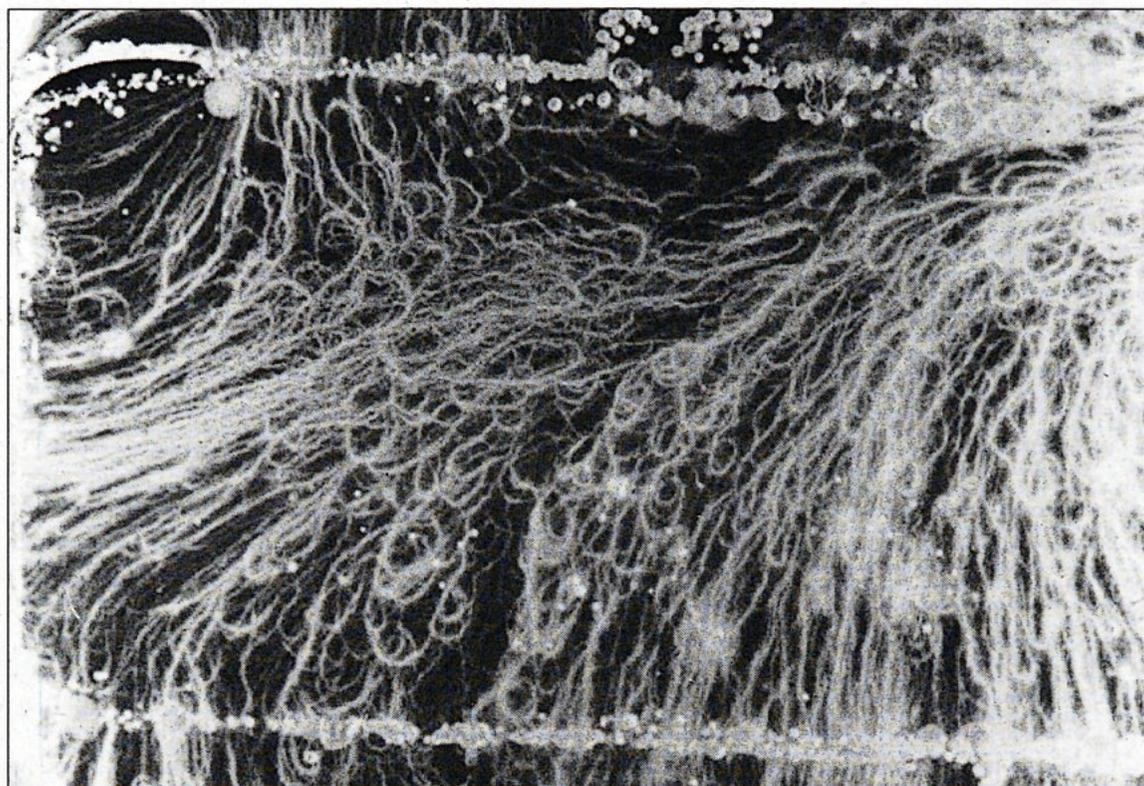
Senior lecturer, Dr. Simon Park, is the professor for these students studying Practical and Biomedical Bacteriology at the University of Surrey in Guildford, United Kingdom.

Even bacteria usually found in soil, called *Bacillusmycoides*, was found on the phones making our phones like a footprint of our daily life, said Dr. Park.

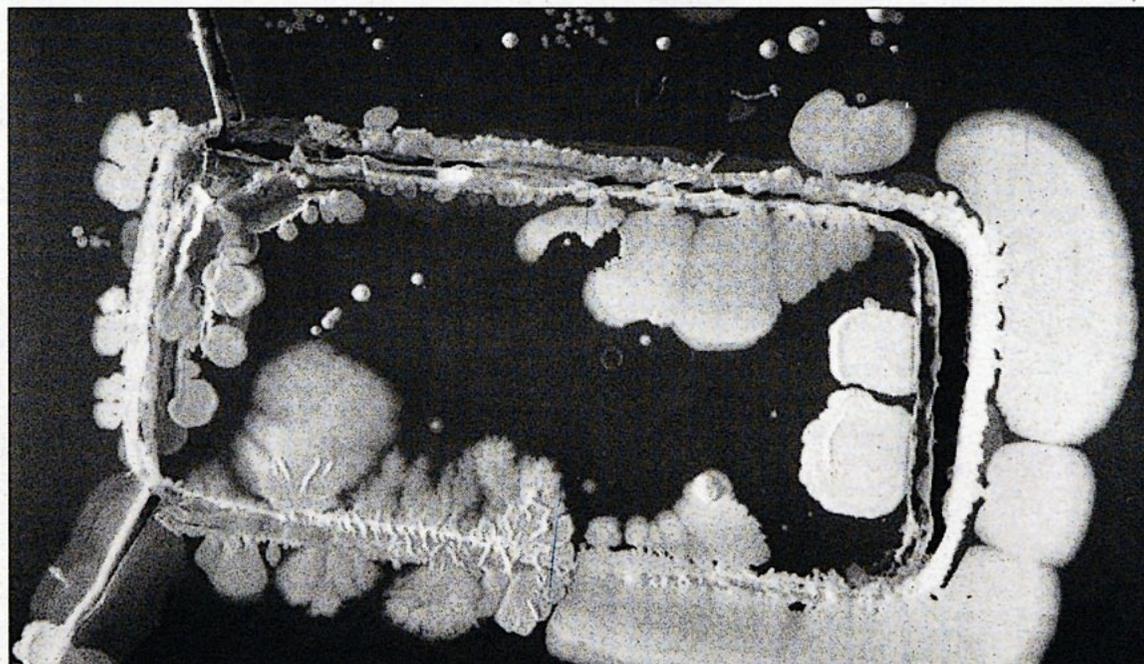
"You can clearly see the outline of the phone on this, but the whole plate is covered by the spreading growth of a bacterium called *Bacillus mycoides*. This pattern of growth is unique to this bacterium and because soil is its natural habitat, we know that this phone or its user had recently been in contact with soil. Each phone tells a story," Dr. Park said.

From these results, it seems that the mobile phone doesn't just remember telephone numbers, but also harbors a history of our personal and physical contacts such as other people, soil and other matter.

Next time your hands are dirty and you're in a hurry, it might be a good idea to wash those thumbs before you #hashtag with them.



The bacteria *Bacillusmycoides*, which is usually found in soil, was found on a student's phone. Photo provided by the University of Surrey.



Bacterial growth from a phone imprint that sat in a Petri dish for three days. Photo provided by the University of Surrey.

Murderers are too sensationalized on TV

OVEREXPOSURE



Alex Brown
@ Aymae_baybay

Copy Editor

How much exposure of the feelings and actions of murderers is too much exposure? Scrolling through Netflix on a Saturday night, trying to find something interesting to watch and looking through the Trending Now tab is what brought this question to mind.

Shows like CSI: Crime Scene Investigation, Criminal Minds, I Survived and Law & Order were always interesting and I never thought anything was wrong with them. Some of these shows will even have a disclaimer that viewer discretion is advised when their content is pretty gruesome or too realistic.

One such warning came up on the screen before starting the new show on Netflix called *The Killer Speaks*. The show description noted, "Actual convicted murderers-- including spree killers, serial killers and domestic killers-- describe their crimes in bone-chilling detail."

I thought this was interesting-- my first thought was, "Oh, they'll have footage of famous murderers telling people why they

did the awful things they did."

That wasn't the case. This show is just about your average joe that murders people, they talk about it and the family and friends of the deceased relive the experience too.

In all honesty, I could only watch the first episode, because it made me angry. It feels silly now thinking about it, because I should think that everyone has a right to speak their opinions and tell their own truths.

I don't feel like this is the best way to do it though. We shouldn't be posting these murderers up in front of cameras and give them their own show, where they can talk about why they did what they did.

It seems almost like we're rewarding them. Not only that, it seems disrespectful to the victims.

The murderer's voice shouldn't be louder than the voice of the survivors.

In the episode I watched, a young 10-year-old girl was home when a man came in and shot her entire family: her dad, her teenage brother and her pregnant

mom. He wasn't sadistic during the spree murders, he just said that he thought killing these people would make him feel better, but it didn't.

Why did they make a show about this? What bothered me was the lack of appropriate emotion when this man was discussing all of his actions; he was smiling when he described setting his sister's room on fire because he was mad at her.

This man had a bad relationship with his father and he was described as a problem child. He said that his anger and fears were the result of his difficult childhood; he said his dad was the one who showed him how to kill stray animals his siblings brought home.

I'm not going to sit here and condemn a man who has already been tried and convicted for killing people because of his daddy issues. His siblings didn't kill anyone, and they grew up in the same environment-- some people just handle their emotions differently.

What I am bringing into question is how

the producers of this show thought this was a good idea. Maybe they got what they wanted from me writing this-- more people to hear about their show.

I've always ignored the viewer discretion warnings because I never thought they would apply to me. After watching this show, I realized that I'm not as desensitized as I thought.

Why are people so morbidly curious about tragedies of other people-- so curious that some big producers come up with the idea to sensationalize your average murderer? The real kicker was the message at the end of the episode.

The murderer was asked if he felt guilty and he said no, and that he still really didn't care who he hurt. What I got out of this was the guy who killed people was awful and is still awful-- thanks for the update *The Killer Speaks*.

Do you think there is a problem with shows like this? Give us your opinion at @TheVista1903



The Killer Speaks (2013) where actual convicted murderers--including spree killers, serial killers and domestic killers-- describe their crimes in bone-chilling detail. Property of A&E Network.

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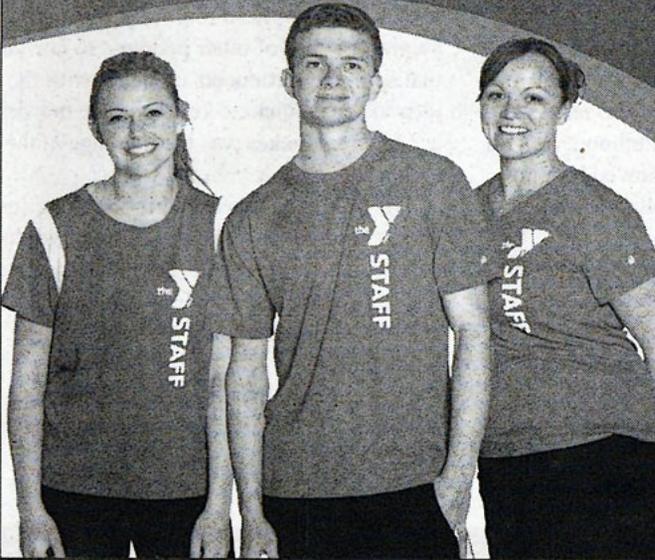
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BFF Performance Shoe store (NW OKC) is now accepting applications from College students for part-time employment. 15-20 hrs. per week. Evenings and Saturdays. No retail experience needed. Call 608-0404.

Tuxedo Junction at Quail Springs Mall is hiring part time associates 15 to 30hrs/wk for our busy season working with weddings and prom students to choose their tuxedos and colors. Must be good with people, outgoing and have some sales or customer service exp. We offer flexible hours evenings and weekends, some days and salary plus commission. Call Beth to schedule an appt. 405-640-9108.

VISTA SPORTS



UCO GAMES THIS WEEK

THURSDAY:

- Women's Tennis vs. East Central (1:00 P.M.)
- Women's Basketball at Washburn (5:30 P.M.)
- Men's Basketball at Washburn (7:30 P.M.)

FRIDAY:

- Women's Tennis vs. Harding Simmons in Wichita Falls (1:00 P.M.)
- Baseball vs. Regis in Hays, KS (4:00 P.M.)
- Hockey vs. Oklahoma (7:30 P.M.)

SATURDAY:

- Women's Track OBU Invitational at Norman (11:00 A.M.)
- Women's Tennis at Midwestern State (12:00 P.M.)
- Women's Basketball at Emporia State (1:30 P.M.)
- Men's Basketball at Emporia State (3:30 P.M.)

SUNDAY:

- Wrestling MIAA Championships in Warrensburg, MO (10:00 A.M.)

SOFTBALL TAKES SECOND IN OPENING WEEKEND OF SEASON

Softball traveled to Tuscon, Arizona over the weekend where they went 4-2 in the National Fast-pitch Coaches Association Leadoff Classic. The Bronchos took it to the title game losing by a close margin. UCO has been picked second in the MIAA this season, Senior center fielder Kaylee Brunson has been named to the NFCA Division II player of the year watch-list for the 2015 season. VistaSports contributing writer, Joshua Palmer fills us in on the weekend's happenings.

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WOMEN'S BASKETBALL WINS BIG OVER MIAA RIVALS

The Bronchos are in the heat of their season, playing big-time school rivals Northeastern State last week as well as Pittsburg State. UCO handled the Riverhawks in a tough game making their record for the season 7-6 only to fall to Pitt State two days later. Chelsea Robinson and Jordan Ward both had strong offensive efforts aiding to the Broncho attacks this past week. VistaSports contributing writer Ryan Fields has the game recaps.

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Softball travels to tournament in Arizona; takes second in opening weekend competition



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Contributing Writer

Leading 7-2 late in the ballgame, the University of Central Oklahoma softball team appeared ready to clinch the tournament championship over St. Mary's on Sunday afternoon in Arizona.

Unfortunately, they watched that lead vanish in the sixth inning and could never quite recover, despite a valiant comeback effort.

Down 10-7 in the seventh and final inning, the Bronchos scored twice, thanks to a double from Junior Brooke Zukerman and a home run from Freshman Morgan Heard. However, the team left two runners stranded and fell in the National Fast-pitch Coaches Association Leadoff Classic title game, 10-9

The loss capped off an otherwise successful opening weekend for UCO. The squad returns home with a record of 4-2 and wins over top teams from the University of Missouri-St. Louis and Dixie State University.

The Bronchos reached the tournament's title game by sweeping a doubleheader on Friday and splitting a pair of games on Saturday. Sunday's win over Dixie State might have been the most exciting contest of the weekend.

Trailing 1-0, UCO's lineup entered the top of the seventh having struck out 10 times and producing zero hits. Freshman Shelby Carel led the inning off with a walk.

After another strikeout, Zukerman delivered the Bronchos' first and only hit of the ballgame, a two-run homer that put the squad up 2-1.

Dixie State quickly loaded the bases with three straight singles in the bottom half of the seventh inning, but UCO Junior Nicole Brady was able to force two ground balls and one fly out to preserve her team's fourth win of the season.

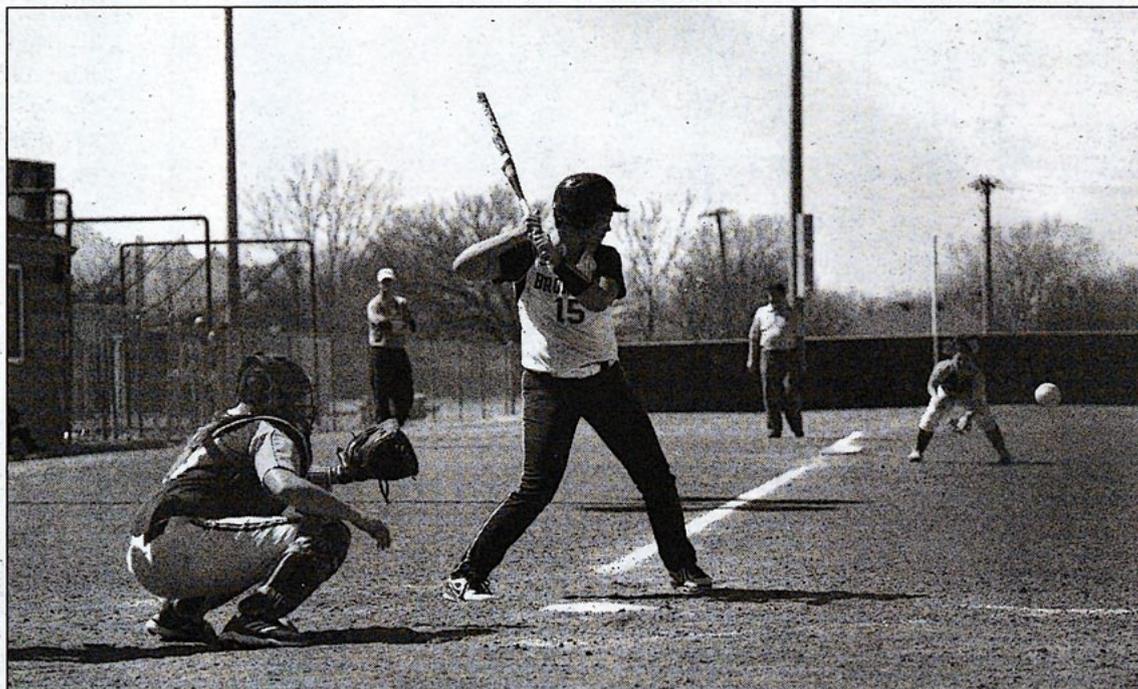
Like their baseball counterparts, big things are expected from a UCO softball program that won a national championship in 2013. The MIAA Preseason Poll ranked the Bronchos second, behind defending champion Emporia State.

UCO is led by senior center fielder Kaylee Brunson. The lead-off hitter enters the 2015 season with a career batting average of .377 and 96 stolen bases, a school-record. She was also named on the NFCA Division II National Player of the Year watch list.

Second baseman Ally Dziadula and right fielder Brooke Zukerman will also look to build on their stellar batting campaigns from 2014.

Nicole Brady will lead UCO's pitching staff in the circle this season. She held a record of 9-3 last year, with a 2.86 ERA. She went 2-0 over the past weekend.

The Bronchos next play at the Rattler Invitational in San Antonio on Feb. 20-22. They face a doubleheader on Friday, including a rematch against St. Mary's University.



Emily Ditmores is in her senior season for UCO and her second year starting at first base. Ditmores is also a designated hitter for the Bronchos after transferring from Weatherford College. In 2014 she started all 58 games and will be a big contribution to the team in 2015. Photo taken from The Vista archives.



Nicole Brady, the leading pitcher for UCO this season went 2-0 over the past weekend with two force outs at home plate and a fly out in the championship game. Brady is a junior who pitched in 25 games last season for the Bronchos, starting 13 games in the 2014 season. Photo taken from The Vista archives.

Women's Basketball wins big over MIAA rival

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Contributing Writer

The University of Central Oklahoma's women's basketball team looked to get back on track against Northeastern State after losing their last five games.

They did just that on Thursday evening in an impressive performance on the defensive end by holding Northeastern to 47 points and winning 62-47.

Along with the stifling defense, the Bronchos also found their way on the offensive end by making six of 11 3-pointers and a total of 65 percent overall from the field in the second half. The shooting performance was their best in the past month.

The Bronchos never trailed in this game and were in control for the most part. Even so, Northeastern battled back in the second half to cut the lead to two points with eight minutes remaining in the game.

UCO responded however with a 12-0 run to put the game away for good with Chelsea Robinson leading the charge. She finished with 15 points shooting 70 percent from the field with seven assists, four rebounds and two steals; Olivia Mason added 14 points and six boards.

This was a big win for the Bronchos, bringing them above .500 in conference play at 7-6.

Central Oklahoma faced a tougher task

on Saturday matching up against the 20-3 Pittsburg State Gorillas. The Bronchos were battling early and keeping the game competitive throughout most of the first half.

UCO was trailing by only one point with three minutes left in the first half, before Pittsburg State went on an explosive 18-2 run. Over the next seven minutes Pittsburg extended what was once one point lead to 19.

The hot shooting from last game didn't carry over for the Bronchos as they shot 30 percent for the game and only 27 percent from 3-point range.

Central did get a strong performance from Jordan Ward who scored her career high 15 points on 5-7 Pittsburg shooting for the game. Julia Mason pitched in with 12 points as well, but the Bronchos did not get much more from anyone else on the court.

The first half was a story of runs; UCO went on a 7-0 run to lead 12-6 early on, but Pittsburg answered with an 11-0 run themselves to take a five point lead.

After Pittsburg State's second big run pushing their lead to 19, the Bronchos never got within 14 and lost for the second time to Pittsburg State this year 68-51.

The loss drops UCO to 7-7 in conference with a road trip to Topeka, Kansas to play Washburn on Thursday.

Junior Guard Chelsi Dennis shoots a long range shot in Hamilton Fieldhouse earlier this season. Dennis nailed two important three pointers in Thursday's game against Northeastern State that helped start the Bronchos scoring attack and ultimately clinch the game. Daniels sat out last season due to a pre-season injury. Photo by Cooper Billington, The Vista.





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