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UNIVERSITY OF CENTRAL OKLAHOMA

THE VISTA

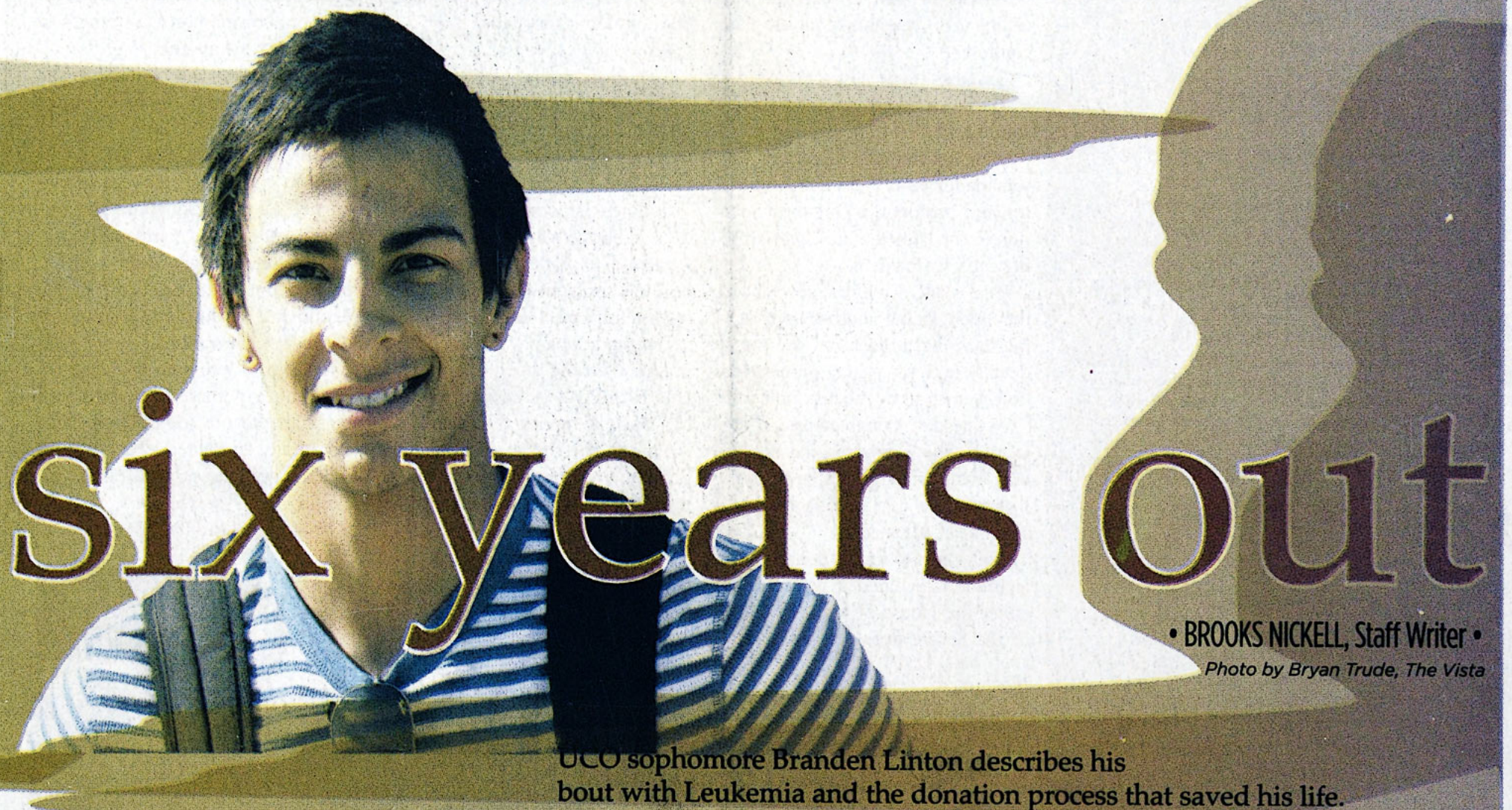


UCO Basketball
takes to the road
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The Student Voice Since 1903

THURSDAY • January 24, 2013



• BROOKS NICKELL, Staff Writer •
Photo by Bryan Trude, The Vista

UCO sophomore Branden Linton describes his bout with Leukemia and the donation process that saved his life.

When Branden Linton was 15 years old he sat in the ER at a hospital in Yukon with his mother and a handful of close friends awaiting the results of a CT Scan. The hopeful collective thought of the group during the 45-minute wait was 'Maybe it's just appendicitis.'

"This is the part of my job I hate the most," Branden's doctor said when he entered the room. "It looks like Leukemia."

"Can you live with it?" Branden asked.

The young man, now pursuing a degree in International business at the University of Central Oklahoma, sits at small wooden table, a strong smell of espresso and roasted coffee beans in the air. His demeanor and outlook are incandescent and seem to give off more light than the low hung fixtures themselves. Shadows of customers cast off the counter and pass along the back wall where paintings boasting 'Kenya' and 'Italian Roast' coffee are suspended symmetrically strutting their colors like peacocks.

"I remember feeling really sick. I couldn't keep anything

down. Branden says. "It persisted for a few weeks, we went to doctors and they put me on antibiotics but I still wasn't getting any better."

Branden tells his story with confidence, something that has been with him even before his diagnosis.

"I got ready for school going into my sophomore year, you don't want to miss the first day you know? I sat back down on the bed and knew I just couldn't continue to walk or be up. It felt like there was a rock in my stomach."

He would later find out, that "rock" in his stomach was in fact his spleen, swollen to the point of bursting due to the large amount of toxins being retained.

The doctors said they could place Branden in a hospital the next day. His mother, however, made sure her son was getting the care he needed that evening.

Branden was transferred to a children's hospital and spent August through November receiving radiation, chemotherapy and pain medicine. At one point he was even placed on high risk due to a lack of response to the che-

motherapy.

"My mind was set that I was perfectly fine. I researched allot and found that stress is a major factor in people being sick or staying sick," Branden said. "I lost my hair and my eyebrows even my leg hair. Staying positive really helped."

Branden's cancer went into remission in December of 2007 the same year he was diagnosed, a very uncommon occurrence in Leukemia patients. But, the battle was not over, not yet.

Looking at the college sophomore now, tan skin, a muscular frame and a head full of hair, you would never guess he was once locked in a battle with time. But, after his cancer remission, Branden needed a bone marrow transplant fast and finding a match can often be a difficult task.

The doctors tested Branden's mother in hopes that she could be the donor. They found she was not compatible. The next step was turning to his sister; She was a perfect match.

"Only about 30 percent of all people who need bone

Continued on page 4

Changing the Menu:

UCO Dining providing healthy alternatives for students' diets.

• BRYAN TRUDE, Senior Staff Writer •

As one of the Central Six tenants of transformative learning, health and wellness is considered a core part of the higher learning process at UCO.

While UCO's health initiatives, education efforts and programs with the Wellness Center are highly touted; the dining options used by thousands of students on a daily basis also play a significant role.

"Every area of campus has been connecting to and trying to find ways to enhance health and wellness," Josh Overocker, executive director of business enterprises, said. "We're kind of balancing two things. One, what do students want, and two, how do we provide those healthier options."

With 12 different eating options spread across six buildings, UCO students are not devoid of choice, however Overocker says the challenge of providing healthy options lies in that freedom of choice.

"The truth of the matter is, when students vote with their feet, they choose chicken tenders, pizza and French fries. It would be a really challenging day for me to pull those options out of our menu because that is what students choose," Overocker said.

The trick, according to UCO executive chef Chris Barton, is to continue to provide those choices, along with education, allowing students to partner with Dining chefs and staff in regards to their own dining health.

"If you take away the chicken fingers and fries and hamburgers, I think there will be a riot, but we're trying to intro-



A student samples the salad bar at Buddy's, Jan. 23, 2013. Photo by Bryan Trude, The Vista

duce slowly and steadily the awareness of products," Barton said, referring to product identifier cards placed with every menu item at Buddy's.

"One of the problems with self-serve lines is, I can go to Buddy's and put four scoop-fulls of the Teriyaki Beef on

my plate, and in doing so have consumed my entire calories for the day without having really realized it," Overocker said.

"It's a critical part, for a student participation in their own nutritional health, but we're trying to set the up so they have all the tools necessary to do that, through the menu and the information. We're trying to accomplish the best we can through the space we have," Barton said. "We're always going to offer the goodies, but we're trying to offer healthier options alongside those."

Overocker also said that UCO Dining can work with individual students on meeting their dietary needs, including providing vegetarian, vegan and gluten-free options.

"We're trying to ensure we can work with students at varying stages of whatever health and wellness needs they have," Overocker said. "For example, we have a breeding machine in the dining area that allows us to make gluten-free bread products, that is completely self-contained."

While nutritional information for chain stores such as Chick-fil A and Quiznos are available readily online, UCO-specific options such as Buddy's and Fire and Rice are largely available on-site or through a request to UCO Dining.

THE VISTA

100 North University Drive
Edmond, OK 73034
(405)974-5549
vistauco@gmail.com

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The Vista encourages letters to the editor. Letters should address issues and ideas, not personalities. Letters must be typed, double-spaced, with a maximum of 250 words, and must include the author's printed name, title, major, classification and phone number. Letters are subject to editing for libel, clarity and space, or to eliminate statements of questionable taste. The Vista reserves the right not to publish submitted letters.

Address letters to:

Editor, The Vista, 100 N. University Dr., Edmond, OK 73034-5209, or deliver in person to the editor in the Communications Building, Room 131. Letters can be emailed to vistauco@gmail.com.

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Editorial

Today's Solution, Tomorrow's Problem



Featured in the news for many months now, the looming debt ceiling has been haunting Americans, or maybe, more appropriately political pundits, nationwide.

Initially, the race to solve the debt ceiling crisis was almost too close for comfort.

Congress frantically scrambled to assemble an agreement to provide a solution to their debt creation.

However, the only agreement that was made was to raise the debt ceiling and postpone a long-term solution to the United States' ever-growing capacity for debt.

This week, Congress found that they were facing another approaching deadline to hash out the messy details, and yet again, procrastination seemed to be the best policy.

Wednesday, Congress passed legislation which deferred the nation's borrowing limit for three months, meaning the debt ceiling has once again been adjusted.

In an effort to force a solution, the legislation included a condition. If either the House of Representatives or the Senate does not pass a plan

for a new budget by Apr. 15, members of Congress will experience a pay reduction.

Although, this is a good try at producing a debt ceiling solution in a timely manner, the procrastination of a solution is inevitable.

Why?

It's human nature.

Congress' delay of the problem quite closely mirrors scenarios from the lives of college students across the nation.

Congress is no more likely to produce a budget early than a college student is to work on a project, due on the last day of the semester, during the third week of class.

The threat of a pay cut is no more unique than the threat of automatic failure of a college course, resulting in a waste of money and time.

Though the threat exists and the possibility of repercussions is real, procrastination is still the method of choice.

Why not put off today, what you could do tomorrow? That's the saying, right?

In fact, I'm willing to bet that the

week of Apr. 15 might resemble the last week of a semester.

Coffee-filled congressmen will hastily throw together stipulations and conditions, slumping against their chairs with bloodshot eyes, attempting to summon the strength to argue with one another.

An agreement will be made at the last moment, minutes before quitting time.

Though this situation is comparable to a late-night college consequence of procrastination, the impact is not quite as comparable.

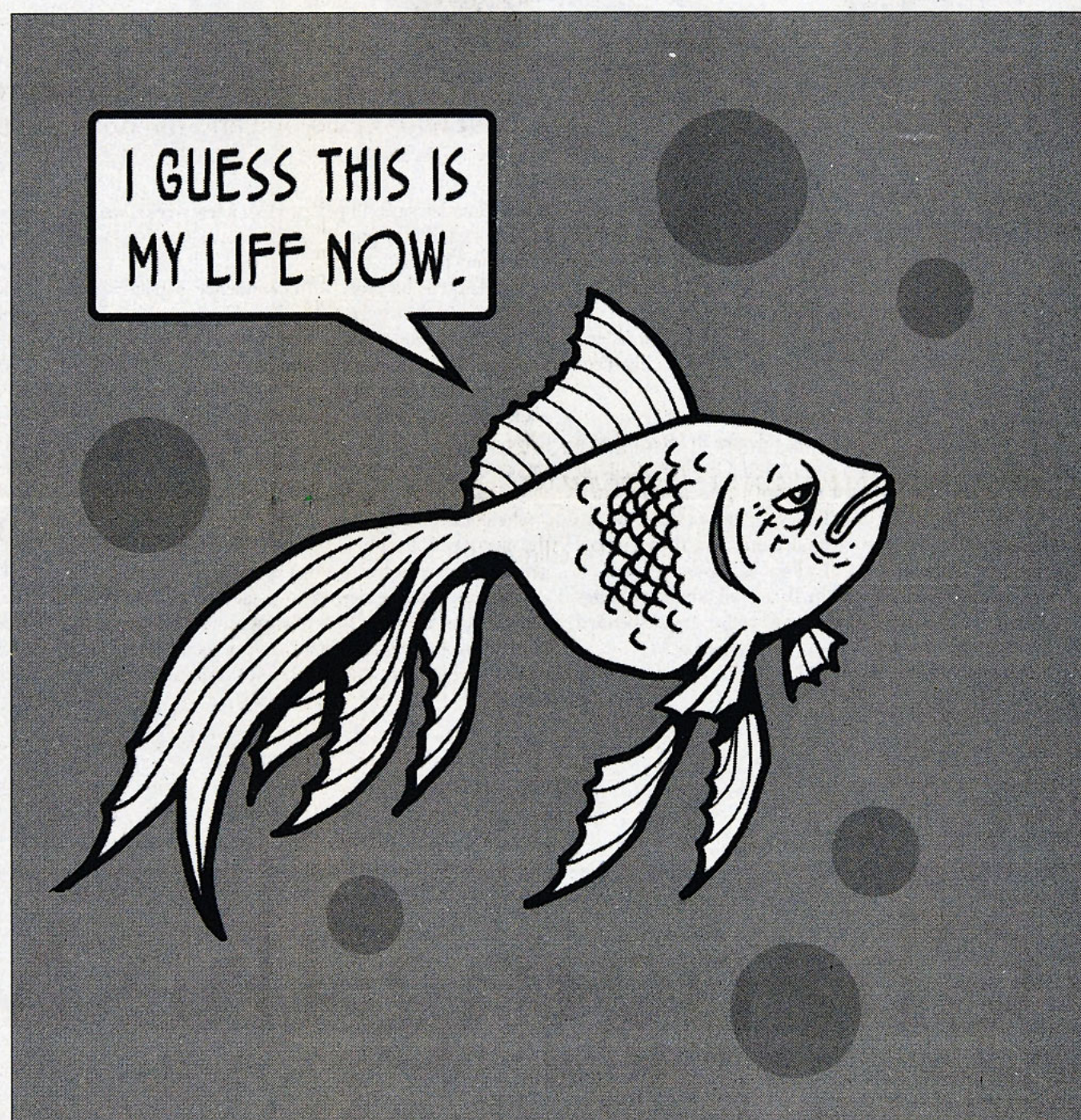
We're dealing not with a group project, but with the future of the nation and the future of a countless number of generations.

Instead of reliving the days of their youth, perhaps Congress could make an effort to accept the responsibilities of an elected leader.

What do these responsibilities include?

It's simple. Leading.

Sarah Neese
Copy Editor
sneese@uco.edu



Cartoon by Evan Oldham

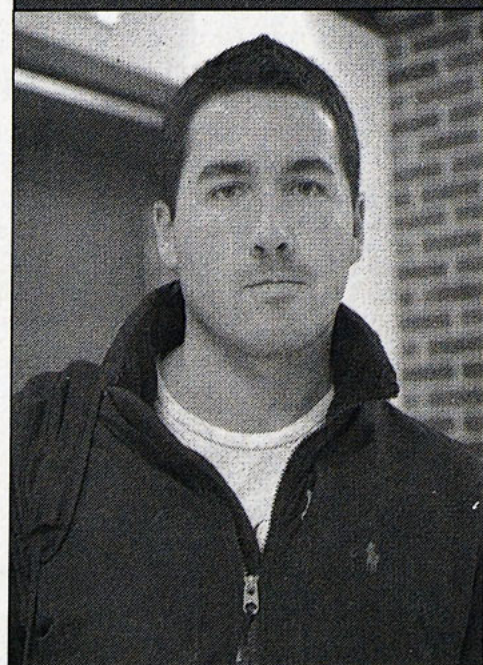


CAMPUS QUOTES



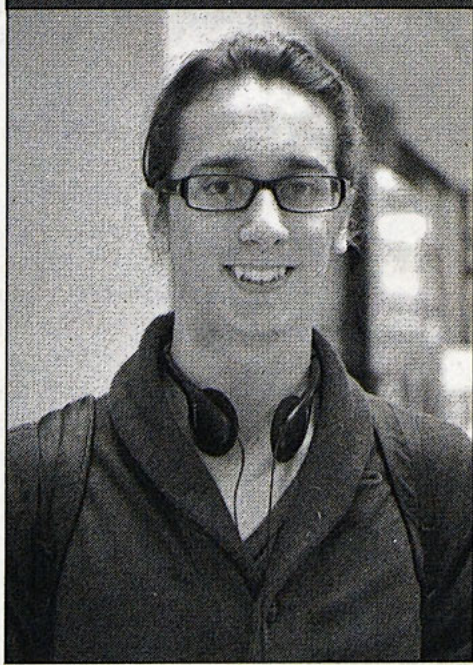
Do you think UCO provides adequate healthy food options on campus?

BRETT THOMAS
General Studies - Senior



"Yeah, maybe more variety at Chick-Fil-A."

DANIEL NORMANDIN
Liberal Arts - Freshman



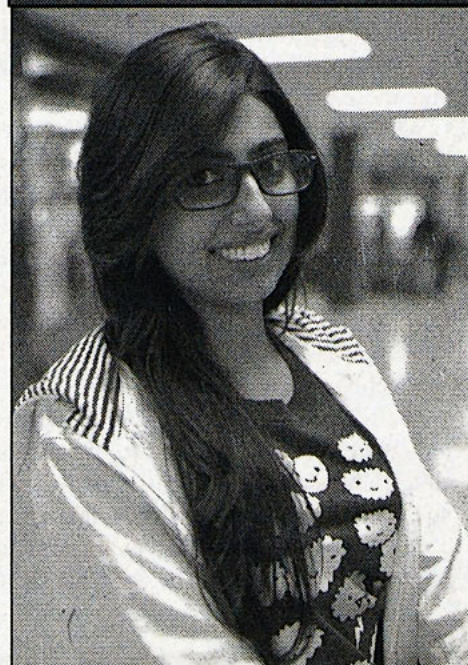
"Yes I do. Maybe a little more shops. I don't eat here a lot though."

LAURELIN HODGSON
Biology - Senior



"To some extent, no. I would love to have a Subway here."

ANNA ALI
Marketing - Freshman



"Yes, but not really. They've too much fried food. Should have more green food like vegetables."

Jazz

JAZZ LAB TO HOLD STAN KENTON TRIBUTE CONCERTS



The UCO Jazz Lab will honor composer and pianist Stan Kenton with two concerts, Jan. 24 and 25. Photo provided

• ALEX CIFUENTES, Contributing Writer •

Stan Kenton, jazz legend, will be honored by the University of Central Oklahoma's jazz lab with a pair of tribute concerts. The concerts will take place Jan. 24 and 25 at 8 p.m., and will feature the Edmond Jazz Orchestra which is conducted by former Stan Kenton orchestra member, Joel Kaye.

The Edmond Jazz Orchestra will be recording a live album during the concert series, and will feature several previously unrecorded compositions written for the Stan Kenton Orchestra. Each performance will contain different compositions, so each show will provide a different selection of Kenton's music.

"There are several ballads being played that haven't been recorded before, so by making a new album an old idea can get published in a new way. Having new music released from and old group makes it much more relevant. The quality that we have today is another important thing. Taking old music that didn't have the

technology that we have, and then performing it live with multiple microphone sets allow it to be truly performed in a high quality setting," said UCO student and Jazz Lab employee Katherine Tolbert.

Kenton's 23-piece orchestra won two Grammy Awards in 1962 and 1963, for their albums "Adventures in Jazz" and "West Side Story." Kenton was well known for his progressive jazz sound, and for creating the "Kenton Sound." Kenton sound is a style which features parts for a mellophone section and a bass saxophone which is mostly uncommon in a jazz band.

"I think the idea of keeping that style of music alive for the next generation is important. A lot of people think the big band thing is dead and gone, but that's where jazz music started out and became available to larger audiences. The more we play, the more important we can make it to outside audiences," said Tolbert.

The concert series will take place at the Jazz Lab located on 100 E. Fifth St. in Edmond. Tickets can be purchased for \$15 at the Jazz Lab.

Reservations can be made in advance by calling the ticket office at 405-359-7989.

To visit the Jazz Lab's website, scan the barcode provided:



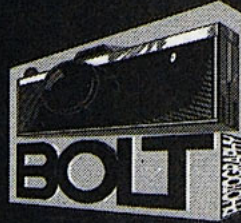
WikiLeaks Movie?



In this undated photo released Wednesday Jan. 23, 2013, by DreamWorks Studios, Benedict Cumberbatch as Julian Assange (left) with Daniel Bruhl as Daniel Domscheit-Berg are seen during the filming of the WikiLeaks drama, *The Fifth Estate*, by the film company, in Reykjavik, Iceland. The film traces the early days of WikiLeaks, culminating in the release of a series of controversial and history changing information leaks, and is due out in the USA in November. (AP Photo/ Frank Connor / DreamWorks Studios)

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Opinion



Little Miss SUNSHINE

By Kara Stewart

Creativity

Some of you may remember my stance that news is dying, and I still believe it's true. I also believe how we consume media is changing, and so is our education system. As a society, we are getting slightly dumber with each generation.

Don't take offense: I'm not saying we've mass-produced cavemen that go around smelling themselves and hooting about eating meat. We're close, but we're not quite to that point yet.

Part of this is coming from scrolling through my newsfeeds, which are wrought with grammatical and spelling errors, excessive punctuation, and all-around depressing evidence that no one really pays attention in class, anyway.

Don't worry: I'm guilty too. Where do you think I write these articles every week?

So, assuming the trend continues and our education system winds up in the dumps, how do we begin to interfere? How do we stop our children from picking their noses in public at the ripe old age of 16?

Well, maybe we don't do that, but we can at least begin to help them understand advance math and complex sentence structure. At least, I hope that we can, and I think the answer lies in creativity.

Whether its art, music, film, or photography, we all choose a creative outlet, whether we are the creator or consumer. In fact, most of us take

great pleasure in doing so. So, why not combine that with the things most of us don't particularly enjoy, like algebra or history?

I've heard the argument that creativity can't be taught, but I disagree; it isn't like common sense, which absolutely cannot be taught and which a person is nearly hopeless without. It will take time, and you may not necessarily be successful, but it can be taught, even as just a concept.

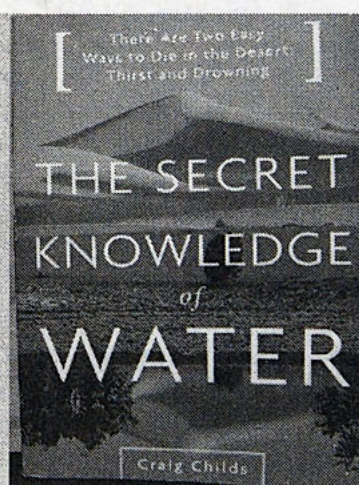
So let's reformat how we do things: use music sound-waves to teach graphs in math, paintings to correct sentence structure, and movies to demonstrate historical accuracy. It's entirely more appealing to walk into a classroom and enjoy learning than to wonder how you're going to make the time pass faster: Facebook or Snapchat?

It's an entirely plausible concept. In fact, it's being done in schools already. Take Ms. Jennifer Burris at Harding Fine Arts Academy for an example: she uses art concepts to help her students excel in math. She was even featured on News Channel 4 for doing so.

Our society is changing: things will die and may never be resurrected. We're on the brink of an apocalypse, albeit not one anyone was expecting: more social than divine. You either learn to re!! with it, or you flop.

Which one, America?

Book Review



The Secret Knowledge of Water

by Craig Childs

• review by LORIE WYLIE •

Let me begin by stating I don't care for the desert. I don't care to be hot, it makes me grouchy. I also have a real thing for trees, dark green leafy trees and lots of them. Give me a lush forest any day. Add to this the fact that the animals which usually reside in the desert always seem to be the scaly, creepy variety and I'm out.

Perhaps to challenge my own perspective, for this book review I chose a book by my spouse's favorite author, Craig Childs, entitled *The Secret Knowledge of Water*.

What I found was insight from a man with a deep, abiding love for the desert; not unlike my husband. Somehow Childs creates a text which is informative, scholarly and poetically thought-

provoking. His vast knowledge of the land combined with sources which include archeologists, ecologists, ranchers, geologists, Native American legends, tales of backpackers and a 300-year-old desert map meld perfectly allowing the reader to enter a true adventure the likes of which we are not likely to experience ourselves. Since finishing this title I have journeyed on with Craig Childs to read his *Soul of Nowhere*, which I must also highly recommend. I have walked away from these books with a new appreciation for the beauty and the mystery of our nation's desert terrain.



Lorie Wylie is the Manager of Library Development at the University of Central Oklahoma.

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"Dream" Chasers

Students and faculty honored Martin Luther King Day by participating in March for Unity



Students and faculty walk along the outskirts of campus to commemorate Dr. Martin Luther King during the Unity March on Tuesday, January 22, 2013. Photo provided.

• MERVYN CHUA, Staff Writer •

Students, faculty and staff gathered outside Barnes and Nobles of the NUC, Tuesday, for the UCO March for Unity. The program started at 2 p.m. with MeShawn Conley, director of Central's Office of Diversity and Inclusion (ODI) giving an introductory speech.

Jeanee Canada, the secretary of the Black Student Association, then sang a popular tune during the civil rights movement entitled "We Will Overcome." At the third verse, the participants joined the chorus and started the march. Leaflets of the lyrics were given out before the song began.

Approximately 40 people participated in the march.

The route started at the NUC down to Garland Godfrey Drive, took a right on University Dr. to the administration building and another right back to the starting point. The march took about 45 minutes and refreshments were served after.

Signs were also carried during the march.

"Many times during the civil rights movement, people would be carrying signs of a message they want to bring to the community addressing issues like equal rights, or whatever the topic is. But we also want to have signs about the unity and the togetherness we have here at UCO," Conley said.

Darrell Williams, member of the Phi Beta Sigma Fraternity Incorporated, a collective

predominantly black organization planned to be at the march with some of his fellow members.

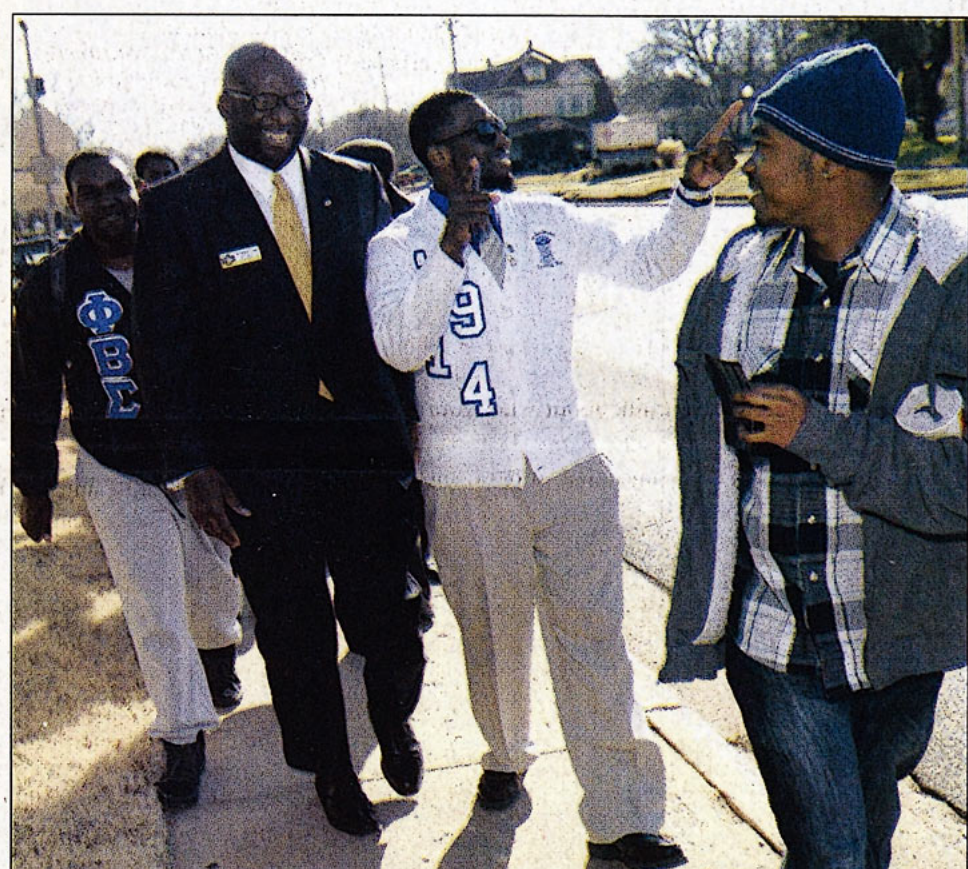
"I think this march is important because it shows us how far we've come and how much further we still have to go. The school needs to see what we are doing. We didn't get to celebrate Martin Luther King on Monday because it was a holiday, but I'm glad the school is doing something."

David Heaverin, a professor here at UCO took this event as a teaching opportunity.

"I look at it as important as a history professor. Later on in the semester, I will be teaching my students about the different marches that happened during the civil rights movement, and so for me, it's an opportunity for me to get my students engaged, to see what it's like to get out there and do a march in the favor of right for other people."

When asked why this march is important for UCO, Conley had this to say:

"I hope that people will feel inspired at all the sacrifice made during this movement. We have a great privilege to be together here. This could not have happened if not for Dr. King and those who have fought hard for this. We owe it to those people and the people after us to address an issue that is a part of our lives."



Vice President for Enrollment Management Myron Pope walks and talk with students during Tuesday's Unity March. Photo provided.



Study Abroad In South Korea

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Big Event registration deadline extended

• OLANREWAJU SULEIMAN •
Contributing Writer

The UCO Big Event executive committee has extended the due date of the team leader applications until Jan. 31.

The Big Event chair-elect Joel Richardson gave some insight into why the date has been extended.

"There were two different drafts of deciding team leaders, the first was in December," he said.

Richardson said the reason for the two separate deadlines was due to the overwhelming response from students wanting to be Big Event team leaders.

"There were many eager students wanting to be a part of Big Event, so we had a run in December that ended on the 7," he said. "Although, the majority of students will sign up in January, this is our main time to select team leaders."

Many students wondered about the new deadline. Greg Crutcher, a senior mass communications major, was one such student.

"I heard many rumors about Big Event only wanting a particular kind of student," he said. "I feel relieved because I felt that it wasn't fair and they were only wanting certain students and not actual students wanting to be involved and wanting to commit to it."

Students selected for the available positions have a variety of responsibilities, including scouting sites and making sure they are workable.

The 2013 Big Event is scheduled for Saturday, Mar. 9. All students wanting to apply for a team leader position can either apply online at uco.edu/volunteer, or in person at the Volunteer and Service Learning Center in The Nigh University Center.

Leukemia Cont. Page 1

marrow transplants find perfect matches in their family. That's 70 percent that still don't have a perfect match," Branden said.

A look of intent comes over his face as he relays the next bit of dialogue. Branden sits up in his chair a little. The noise in the coffee shop seems to dull and transform to the whooshing of slow turning attic fan. There is sincerity in his voice that demands attention.

"That's why it's important to donate blood and bone marrow. Everybody kind of keeps it in the back of his or her mind as a good deed. It's a good thing to do and some people do it just for that reason. I think people should see the importance and the urgency also. The day you go donate could be the day you save a life."

Branden hasn't forgotten the feeling of being 15 and told he had cancer. He hasn't forgotten the emotions or the thoughts running through his head at the time either.

"Growing up you always think about what your future is going to be like, the car your going to have, the house you're going to live in. Right then, at that point, when I was 15 years old and had been told I had leukemia, there was no future. You just have to take one day at a time."

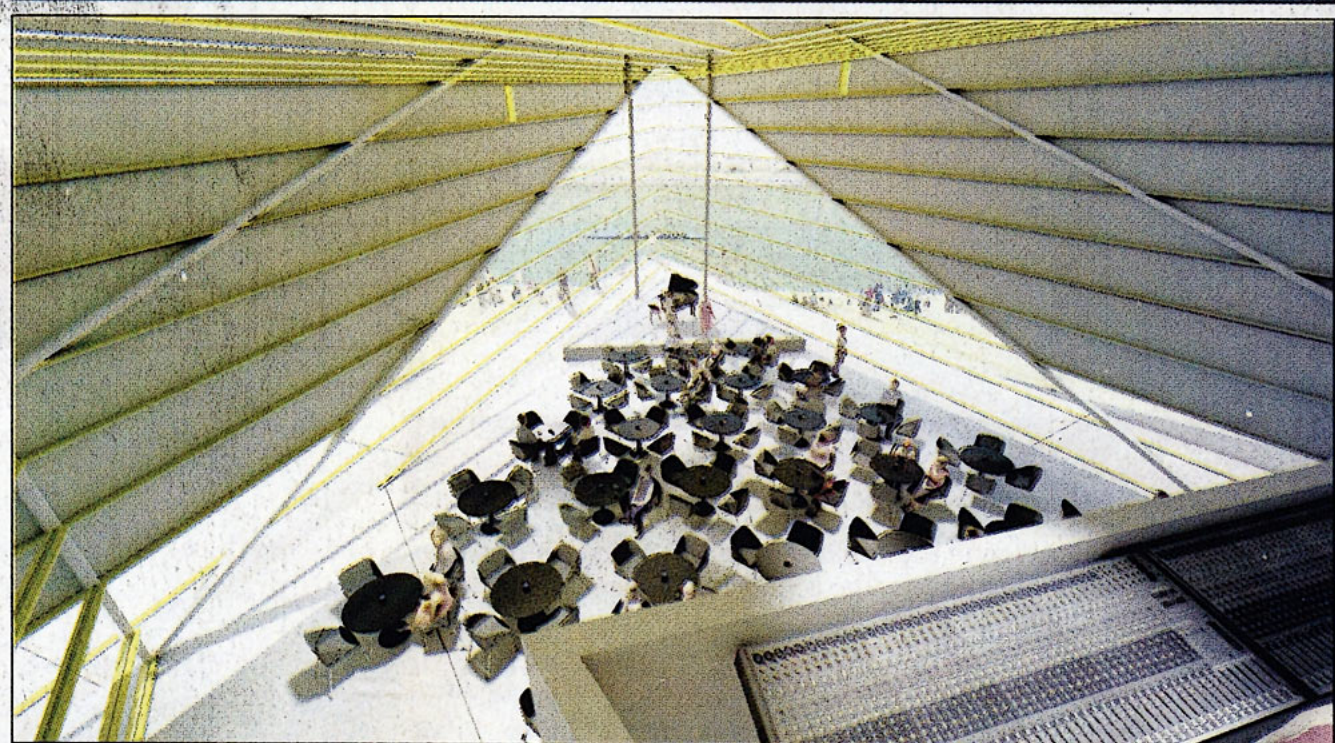
The ideas that drive him now are some of the very same that helped save his life nearly six years ago. The helpfulness and love given to him then, coupled with the drive of being destined for more, he now strives to return tenfold.

"I just like to spread as much happiness as I can. I feel like it's our duty to help out another person. You never know when it could happen to you or a family member. I would never wish it on anyone."

The future has no limits for Branden. He shows no sign of slowing for roadblocks or speed bumps along the way. He knows one thing for certain, he's six years out and going full speed ahead.

"Carpe Diem, I want to make the most out of my life. I never liked to travel before now I just want to see as many places as I can, enjoy as much food as I can. Most people don't have that second chance. I want to get some use out of the second life I've been given."

MidFirst Bank sponsors the completion of Central Boathouse



ABOVE: Art rendering of the outside of the CHK | Central Boathouse. BELOW: An inside rendering of the boathouse. The facilities are intended to host a variety of musical performances. Art provided

• JOSH WALLACE, Staff Writer •

Last year, the Vista reported on the status of the CHK | Central Boathouse and the project had effectively stalled due to lack of funding required for the \$6 million facility. While the majority of the funding was allocated in 2010 by Chesapeake, just earlier this month UCO was finally able to secure the remaining amount, announcing a gift from MidFirst bank, totaling \$2 million for the boathouse and an additional \$500,000 to the UCO Foundation.

The facility will be built alongside the OCU/Devon boathouse and will be joined by OU's planned facility along the Oklahoma River. The boathouse is designed to be a state of the art facility, with an art gallery and performance area, and will be the home for UCO's women's rowing team, who currently have to rent space from the Devon boathouse.

According to Vice President for UCO Development and Executive Director of the UCO Foundation, Anne Holzberlein, UCO has long standing relationship with MidFirst, adding, "One of the jobs of UCO Development is to help connect those in industry with people

and projects that are mutually beneficial. We are so fortunate to have an executive with MidFirst on our Foundation Board of Trustees, who helped facilitate this new partnership."

She noted that now that the funds for the boathouse have been acquired, there will be an additional planning period, which could take upwards of six months before construction starts. After that initial period, it's expected to take around a year to complete, with Holzberlein expressing her desire to have the CHK | Central Boathouse completed in time to coincide with 2014 Canoe Marathon World Championships.

UCO President, Don Betz, in a press release described his excitement with the project, adding, "Through this appreciated investment, our friends at MidFirst Bank have partnered with us to achieve this university goal. Our presence on the river will contribute to the thriving Boathouse district, offering athletes a place to train and the community and visitors a new venue to experience the arts."

In addition to the \$2 million dedicated for the boathouse, MidFirst do-

nated \$500,000 to be used, in part, to help pay for the ongoing renovations of UCO's historic Old North. As a token of appreciation for the donation, a section of Old North will be endowed with MidFirst's name.

While the boathouse will remain the CHK | Central Boathouse, because of the pre-existing arrangement with Chesapeake Energy, various areas of the facility will bear the MidFirst name for their contribution. The planned outdoor and indoor music spaces, which will be modeled after UCO's award-winning Jazz Lab, will both carry the MidFirst name.

Holzberlein noted that the creation of the boathouse shouldn't be seen as just important for our campus, but as an important aspect of how the university impacts the surrounding community, adding, "This facility is just one more example of the university's metropolitan impact. Through it, we are able to take our Central experience to the river, showcasing the art and music of our talented UCO faculty, staff and students, as well as our Paralympic/Olympic and rowing athletes."

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RANDOM FACTS

Simon Bolivar is the only person in the world to have two sovereign nations
named after him: Bolivia and Venezuela (the country's full name is Bolivarian
Republic of Venezuela).

The "S" in Harry S. Truman didn't stand for anything; Truman had a middle
initial but no middle name.

A shampoo containing real beer was marketed in the 1970s under the brand
name Body On Tap.

SUDOKU

4	8	1					9	3
7			9					2
						7		
	6			7	2		5	
		9	3		4	6		
	7		5	6			2	
		3						
5					7			9
9	1					2	3	5

1	2	3	4		5	6	7	8		9	10	11	12	13
14					15					16				
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20					21					22				
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			26				27					28	29	30
31	32	33				34				35	36			
37					38				39		40			
41				42		43				44				
45				46	47				48					
			49	50				51				52	53	54
55	56						57					58		
59						60					61			
62						63					64			
65						66					67			

Across

48. Campaigner, for short

49. Bond, for one

51. Small red beetle with
black spots

55. Tart

57. "Your majesty"

58. A pint, maybe

59. Argus-eyed

60. Upset the equilibrium

62. Domestic animal skin
disease causing loss of
hair

63. Cooking fat

64. Bad day for Caesar

65. "Come in!"

66. ____-bodied

67. Harp's cousin

Down

1. Category

2. Isuzu compact SUV

3. Command

4. The "p" in m.p.g.

5. Confusion

6. Take back, in a way

7. Check

8. "For shame!"

9. Male duck with green
head and neck

10. Dostoyevsky novel,
with "The"

11. Plates, bowls, cups
and saucers (2 wds)

12. Lentil, e.g.

13. Air, musically

18. File

22. Car accessory

24. Quartet member

25. Microcrystalline form
of silica

27. Smokejumper's need

29. #1 spot

30. "Well done!"

31. ____ carotene

32. "... happily ____ after"

33. Facial outline

34. Go downhill, maybe

36. Suggest

39. Existing indepen-
dently

42. Come in again

44. Example

47. "____ calls?"

50. Fill up

51. Actionable words

52. Toss back and forth

53. Gastric woe

54. "Silly" birds

55. Flimsy, as an excuse

56. Brio

57. Give the cold shoulder

60. Cable network

61. Afflict

WORD SEARCH

DAILY QUOTES

ADDED
AIMS
ALARMED
ARAB
ATOMS
BLADE
BREAD
CALVES
CHALK
CLUB
COPIES
COWS
CRAB
CROWDS
CRUDE
DADS
DEER
DOES
DOOR
DOWN
DROWN
EARS
ELECTED
ESSAY

GLAD
GODS
GRASSY
LEND
LESSON
LIME
LOCKED
LOSES
NINTH
NOON
NOUN
OMIT
ONTO
PARTING
PASS
PAST
PEAK
PIECE
POEM
POST
READY
REDS
ROOFS
SANK

SICK
SOCK
SPIT
SPUN
STUN
STYLE
SURE
THAN
THING
TOOK
TURTLES
TYRES
UNCLE
WEED
WEST-
WARD
WOOD
WROTE
YAWNED
YOLK

P A R T I N G P O S T Y O L K
P E C O P I E S M C R A B G S
A L A R M E D I I C T W R R C
S A N K O G A C T H Y N A A A
S P U N N W O K O A R E D S L
P A I I I W D D S L E D D S V
A S H T N E R S S K S N E Y E
B T O W T S E O Z R E A D Y S
L R O C H T U R T L E S R Q D
A R E M K W N R R E G T H A N
D L P A S A O O E S C C L U B
E T I S D R O O F S O G O N W
P O E M E D N N D O W N U C E
L O C K E D P A T N S T Y L E
D K E C R U D E L O S E S E D

The aspects of pa-
triotism that hush
dissent, encourage
going along, and
sanction comfort-
able distancing and
compliance with
what is indecent and
unacceptable... those
aspects are too fun-
damental to ignore
or gloss over.

- Bernadine Dohrn

Basketball

Men's Hoops versus Emporia State



UCO junior Josh Gibbs looks to pass out of a double team against Northeastern on Wednesday, Jan. 16, 2013. Photo by Alik Dyer, The Vista

Whitt Carter

Staff Writer

After a fresh start to the New Year that was followed by two tough home losses, UCO will head back on the road this week, as they travel north to Kansas for the opening contest of a three-game road trip at Emporia State.

UCO (6-10) had won three of four, including three in a row, but dropped an 80-71 decision to in-state rival Northeastern State on

Wednesday, followed by 71-57 loss to Northwest Missouri State on Saturday, both at Hamilton Field House.

The young Bronchos were leading at the break of the Northeastern State game, but shot poorly in the second half—a theme that has plagued the team throughout the season—before their comeback fell short late in the game.

It was much of the same story against NWMSU, aside from the solid start. The Bronchos never re-

ally got things going offensively, evident by their 37 percent shooting from the floor, 26 percent from three-point range and 52 percent from the foul line.

Through 16 games, the Bronchos are only shooting 43 percent from the field, 33 percent from behind the arc and 64 percent at the charity stripe collectively. Those three percentages are lower in each three categories than each season since 2006-2007.

There have been a few bright

spots on this Broncho club: an upset over #8 Washburn at Hamilton Field House before students returned to school and getting young/new guys experience (six players in the UCO rotation are a new face), which includes the emergence of Sam Houston State transfer Josh Gibbs.

Coming off of the MIAA Player of the Week honors for his efforts in the Bronchos' road conference victories over Truman State and Lindenwood, Gibbs followed suit with

more solid play this past week.

Gibbs led UCO's scoring output in both games, dropping 18 points in the loss to NSU and 20 points and seven rebounds against NWMSU. On the year, Gibbs is averaging 16 points and six rebounds per contest, both tops on the UCO squad. The junior also shoots 47 percent from the field, and leads UCO in three-point percentage, shooting 39 percent from behind the arc.

Emporia State enters the contest at 7-7, 2-4, but the Hornets are riding a two-game win streak after beating Truman State, 65-60, and Missouri Western, 71-60, last week.

The Hornets boast three players that average double figures, led by Kaleb Wright at 15 points per game. Paul Bunch is ESU's best interior player, and averages 13 points and eight rebounds per outing, while Chris Sights averages 12 points per contest and shoots 44 percent from long range.

Emporia State is solid defensively, as the Hornets sit third in the MIAA in opponents' field goal percentage, allowing only 64.6 points per game.

Following the trip to Emporia State, the Bronchos will play at Fort Hays State on Wednesday, then will travel north to face off at Nebraska-Kearney on Friday.

UCO returns to Hamilton Field House on Thursday, Feb. 7 to host Central Missouri, the first contest in a three-game, weeklong home stand.

Women's Basketball searching for rhythm

Whitt Carter

Staff Writer

It's been a streaky year for the Bronchos.

UCO started the year off hot, winning eight out their first ten ball games.

But as of late, it hasn't been as pretty for Guy Hardaker's club.

The Bronchos have lost six in a row, falling below .500 for the first time since November.

Shooting woes—the same thing that has plagued the UCO men—have hampered the Bronchos in their recent losses. In Saturday's 65-55 loss to Northwest Missouri State, UCO shot just 27 percent from the field, a season worst.

In Wednesday night's heartbreaking 54-53 defeat to in-state rival Northeastern State, the Bronchos shot only 33 percent, but were slowed down by a slow start offensively.

"It's been tough," said Hardaker. "Our girls have really battled and it's been tough, for sure."

The Bronchos (8-8, 1-7) will now venture on a three-game road trip,

starting with Sunday's road game at Emporia State.

Senior Alyssa Fuxa and freshman Whitney Dunn have led UCO's offensive attack recently, along with some key performances from several role players.

Fuxa leads the team in both scoring and rebounding, at 13 points and six rebounds per contest. The Garber native is also near the top of the team in FG percentage at 45 percent.

Dunn has been a very bright spot on this banged up Broncho ball-club. The freshman only averages five points and three rebounds per game, but is shooting 46 percent from the field, and as of late has posted two outings of 12 points off of the bench.

The Bronchos are only shooting 39 percent as a team, partly because of their results from behind the three-point line, where UCO shoots only 31 percent collectively.

The Hornets (8-6, 3-3) have played one of the tougher schedules in Division-II, as nine of their 12 opponents have received votes in the WBCA National Poll or played in last year's NCAA Tournament.



UCO Senior Alyssa Fuxa (33) looks for an open teammate against Northeastern on Wednesday, Jan. 16, 2013. Photo by Alik Dyer, The Vista

More importantly, Emporia State is undefeated at WL White Auditorium this year, boasting a 5-0 record up to this point.

Laura Patrick, who averages a team-high 15 points and four rebounds per game, leads the Hornets offensively. Emporia State also gets consistent contributions from Ra-

chel Hanf (10.5 PPG, 4 RPG) and Merissa Quick (10 PPG, 6 RPG and 54 percent FG).

Following Sunday's contest at Emporia State, the Bronchos will play in Kansas one more time on the road, traveling to Fort Hays State on Wednesday night, before heading further north for the finale of the

three-game vacation, at Nebraska-Kearney on Friday.

UCO will return home on Thursday, Feb. 7 to host Central Missouri, the first contest in a three-game home stand.

Opinion

Full Timeout: The Glass Half Full



Chris Brannick

Sports Editor

Timeout. The glass is actually half full. The glass in reference being one decorated in orange and blue. The Oklahoma City Thunder have completed the first half of the NBA season and have done so with the best record in the NBA. Much can be said about such an accomplishment.

Does it matter that they are the best team now and have been most of the season? Well, not exactly. Is it relevant? Sort of. What is most important is to think of the first half of the NBA season, in terms of the Oklahoma City Thunder, is that their glass is half full. And, it doesn't matter how much they seem to drain out of that glass, it just continues to remain half full.

Alright, analogies aside, the first half of the Thunder's season does bring some

rather interesting notes. One being that Oklahoma City actually does have the best team in the NBA. Defeating the second best team in the league, the L.A. Clippers, by an average of 9 PPG proves there is some difference. Playing alongside the Miami Heat last summer apparently served as the equivalent of eating just one potato chip.

With the taste in their mouth the Thunder have shown all season how hungry they are to not only get back to the NBA Finals but actually win the series.

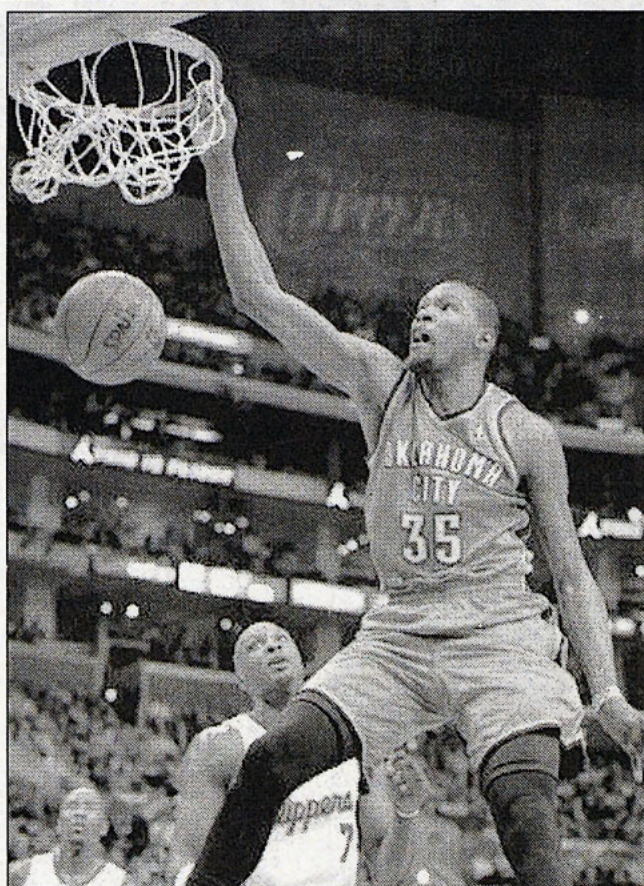
OKC has shown different ways in winning this season, which is why they have made their way to the top. Winning a game from the opening tip all the way to the final buzzer, winning a game that maybe they shouldn't have because they played like crap or winning a game at that final buzzer because they gutted it out and gave absolutely everything they had. Any way you draw up the win, the Thunder have won.

Growth is always part of the equation when it comes to professional sports. This is something that the fans in Chesapeake Energy Arena have seen in tremendous bunches in the first half of the season. Russell Westbrook has officially improved statistically. Despite the criticism in each of his errant maneuvers

throughout the season, Westbrook has actually gotten better. You do not want to have to try and guard him, and if you are trying to get around him, your night is not going to be easy by any definition of the word. Entering the top-10 in scoring at 23 PPG and adding 8.2 assists and a shade under two steals per game, Westbrook is, shall we say, Russell-in-Russellin-Everyday-He-Russellin.

Then there is the superstar Kevin Durant. Just when you think there isn't any more this guy can do, he does. For instance, Tuesday night against those Clippers, 32 points with five 3-pointers and nine rebounds. The rebounds are coming in at a career high for Durant as are many other statistics. The Thunder are better because Durant is better now. This is kind of scary because of the early accolades of the young world-star, but KD is careering it in a handful of categories.

Oklahoma City has a target on their back this season, which is something new. The Thunder are suddenly and strangely expected to win and be atop the NBA. The glass half-full attitude has translated to the way both fans and critics look at OKC. Lets hope the second half of the season tastes as good as the first.

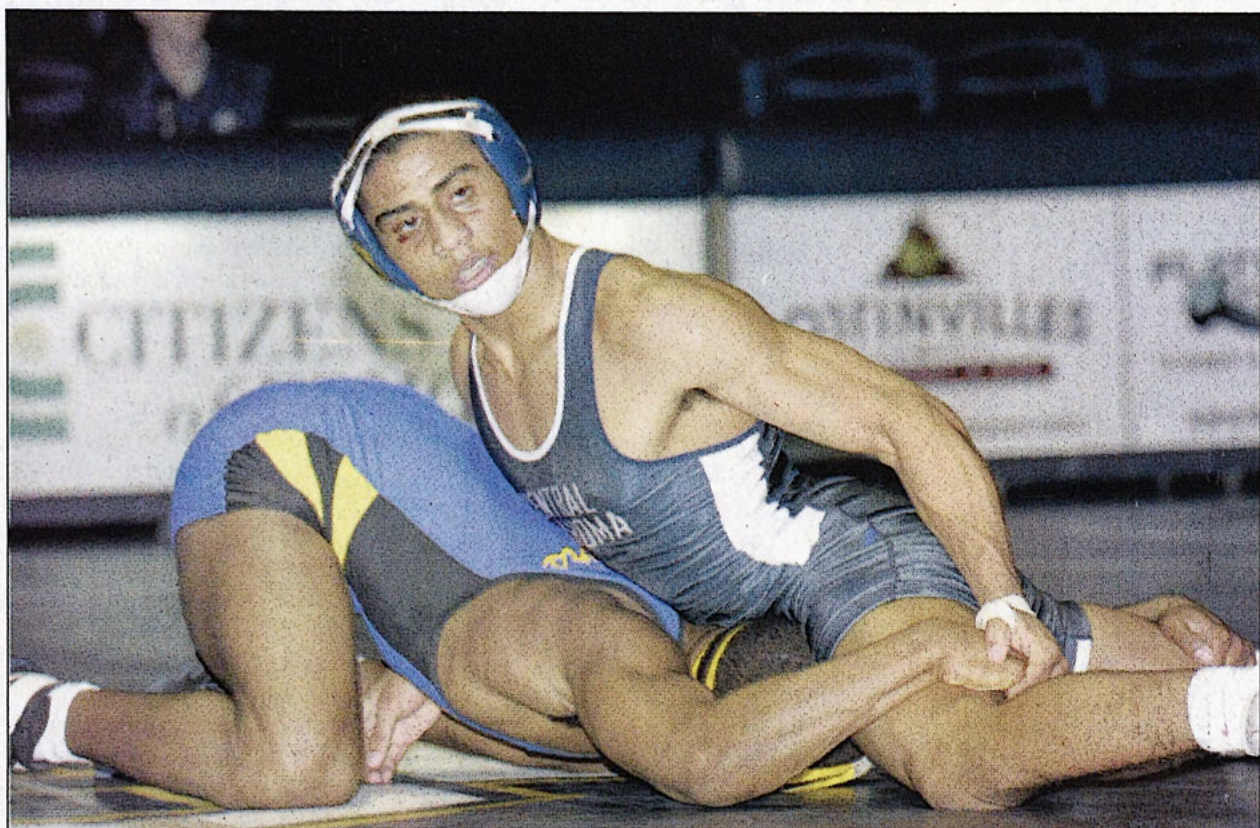


Oklahoma City Thunder forward Kevin Durant, right, goes up for a dunk as Los Angeles Clippers forward Lamar Odom, second from left, defends while guard Jamal Crawford, left, looks on during the second half of their NBA basketball game, Tuesday, Jan. 22, 2013, in Los Angeles. The Thunder won 109-97. (AP Photo/Mark J. Terrill)

Wrestling

Bronchos extend win streak to four

UCO Hockey team hosts Colorado St.



UCO junior and MIAA Wrestler of the Week Jordan Basks wrestles Raufeon Stots on Thursday, Jan. 17, 2013. Photo by Alik Dyer, The Vista

Cody Johnson

Contributing Writer

The No. 3 ranked UCO Bronchos defeated the No. 6 ranked OCU Stars 36-6 Tuesday night when the Stars came to Edmond.

"This time of year you have to keep striving to make improvements"

Coach David James said,

The Stars won the first match of the night at 125 pounds when No. 8 ranked Kidd Gomez defeated Ryan Brooks, a sophomore for the Bronchos, in a 5-2 decision, putting the Stars ahead 3-0 in team points.

At 133 pounds No. 3 ranked Casy Rowell, a junior for the Bronchos, obtained a technical fall defeating Tyler Espitia 16-1. This gave the Bronchos 5 team points and continued Rowell's

15 match winning streak.

Next Trison Graham, a senior for the Bronchos, wrestling at 141 pounds defeated Trevor Sterling in a 9-0 major decision, giving the Bronchos 4 more team points

Continuing his 11 match winning streak at 149 pounds, Jordan Basks, a junior for the Bronchos, defeated Josh Stewart 17-0 with a technical fall, winning 5 more points for the Bronchos.

No. 8 ranked Cory Dauphin, a junior for the Bronchos, defeated No. 3 ranked Mark Meyers in a 5-0 decision at 157 pounds.

At 165 pounds No. 6 ranked Chris Watson, a sophomore for the Bronchos, pinned No. 2 ranked Zachary Skates putting the Bronchos ahead 23-3 in team points.

No. 4 ranked Kelly Henderson, a senior for the Bronchos, defeated Teagan Franco 9-1 in a major decision at 174 pounds.

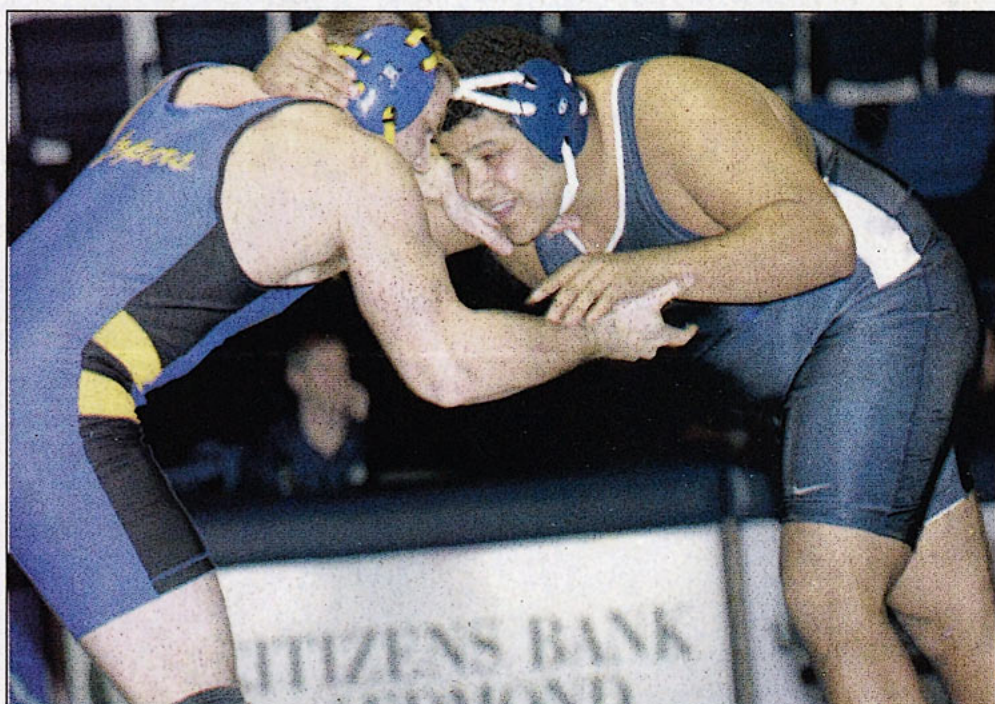
No. 4 ranked Tanner Keck, a senior for the Bronchos, wrestling at 184 pounds defeated No. 5 ranked Mitchell Eichenauer in a 5-3 decision. This put the Bronchos ahead 30-3 against the Stars in team points.

At 197 No. 6 ranked Michael Brown earned 3 team points for the Stars when he defeated Znick Ferrell, a junior for the Bronchos, in a 6-4 decision.

At 285 pounds No. 8 ranked Cody Dauphin, a junior for the Bronchos, pinned Stanley Lattimore in 46 seconds, giving the Bronchos 6 more team points and the dual a final score of 36-6.

"It's frustrating cause they are looking to not to get pinned and I'm trying to get the fall", Jordan Basks said.

The Bronchos traveled last Friday to Ouachita Baptist University and defeated them 34-13. The Bronchos are now on a 4 straight dual winning streak, including defeating the defending national champion Nebraska-Kearney 22-16 last Thursday.



UCO junior Cody Dauphin wrestles against Nebraska-Kearney. Dauphin's win sealed the victory for the Bronchos. Photo by Alik Dyer, The Vista

Track & Field

Bronchos hit the road for a three-match conference road trip.

Lindenwood- Friday, Jan. 25

Truman State- Wednesday, Jan. 30

Central Missouri- Thursday, Jan. 31

***All matches start at 7 p.m.**

Remaining Schedule

Feb. 1 Iowa State

Feb. 8 Oklahoma

Feb. 9 at Oklahoma

Feb. 15 North Dakota State

Feb. 16 North Dakota State

The puck drops at 7:30 at Arctic Edge Arena in Edmond.

Women's Track & Field strides into season



UCO Senior Cara Cox runs during the Texas Tech Invitational on Saturday, Jan. 19, 2013. Photo Provided

Sam Philbeck

Contributing Writer

The UCO women's track team hosts the UCO Indoor Invitational this weekend in Norman.

The Lady Bronchos look to continue building confidence going into the Invitational after following their second meet this semester at the Masked Rider Invitational this past weekend at Texas Tech.

The team finished the meet with four members finishing in the top ten in their individual meets, led by junior Katie Kearns, who had a runner-up finish in the 1,000 meter

run.

Kearns, running in the first 1,000 meter run for the Bronchos, finished just four seconds behind the first place runner with a 3:07:03 time.

Kearns finish wasn't the only top five finish for the Bronchos in the Division-1 dominated field this past weekend.

Two-time All-American junior Lacey Rhodes finished fifth in the high jump with a 5' 5 1/4" effort. Rhodes also placed ninth in the women's triple jump.

Sophomore Erica Guerrero gave the final top-10 finish for the Bronchos when she placed eighth in the pole vault at 10'4".

While the Bronchos only had one top three finish, UCO coach Martha Brennan was still excited about what she saw last weekend.

"There were some good things that aren't going to be on paper," Brennan said, when talking about the team's performance at the Masked Rider Invitational.

Along with the 1,000-meter event, the Bronchos distance team got their first taste of competition this season.

"We're a pretty young team still discovering how to do things and trying to build confidence," Brennan said when describing her squad.

The Bronchos now go into their own invitational this weekend in

Norman.

Teams expected at meet: While the Bronchos faced a more Division-1 heavy field down at Texas Tech, the field this weekend will consist more of Division II, III and NAIA teams.

The teams expected to show are Bacone College, Langston, Midwestern, Northwood, OCU, Southern Nazarene, Southwestern, Texas Wesleyan, Wayland Baptist, Hardin Simmons and Dallas Baptist.

The only Division-1 team that could be at the meet could be Oklahoma, but that isn't likely.

Events: The invitational will feature six field events beginning at 11:00 a.m. and fifteen running events that begin at noon.

The six field events will be the weight throw, shot put, pole vault, long jump multis, long jump, triple jump, pentathlon and high jump.

The fifteen running events will feature the 5,000 meters, two mile relay, 60 hurdles trial, 60 dash trials, one mile run, 60 hurdles final, 60 dash finals, 400 meters, 600 meters, 800 meters, 1000 meters, 200 meters, 3,000 meters, one mile relay and distance medley relay.

About the Bronchos: While the Bronchos are only two competitions into this semester, they began the season in December at the Oklahoma Baptist Invitational.

The Bronchos are led by two-time All-American Lacey Rhodes, who so far this track and field season has had a top five finish in the high jump in each of the three events.

She placed second in the OBC Invitational, first in the Missouri Southern Invitational where she also

qualified for the national meets and she placed fifth at the Masked Rider Invitational.

Rhodes also has four other top-10 finishes in two other events. A fourth and sixth place finish in the 60-meter hurdle and a fourth and ninth place in the triple jump.

Along with Rhodes, the Bronchos have nine other members who have multiple top-ten finishes in events this season - Erin Funderburgh, Madison Berryman, Alayna McGee, Audrey Price, Dietra Reece and Paige Slayton all have three top ten finishes. Erica Guerrero, Paige Locke and Daysha Harak each have two and Lauren Clonts, Courtney Peck and Katie Kearns have one.

Berryman and Harak each have individual championships this season as well. Berryman won in them in the 60-meter dash and long jump, while Harak has won both championships in the pole vault.

Key matchups: The matchup of Southern Nazarene's Jamie Hope and UCO's Lacey Rhodes is one to keep an eye on.

Rhodes has three top-5 finishes this season, including a championship at the MSSU Invitational.

While Hope has only competed in two meets this season she has finished in the top two in each event.

Hope won the high jump at the MSSU Early Bird Open and finished second behind Rhodes at the MSSU Invitational.

This should make for an interesting matchup.

Start time and location: The event begins at 10:00 a.m. at the Mosier Indoor Facility at the University of Oklahoma in Norman.