

## 5 MLK FACTS YOU DIDN'T KNOW

### 1 King's birth name was Michael, not Martin.

The civil rights leader was born Michael King Jr. on January 15, 1929. In 1934, however, his father, a pastor at Atlanta's Ebenezer Baptist Church, traveled to Germany and became inspired by the Protestant Reformation leader Martin Luther. As a result, King Sr. changed his own name as well as that of his 5-year-old son.

### 2 King was jailed 29 times.

According to the King Center, the civil rights leader went to jail nearly 30 times. He was arrested for acts of civil disobedience and on trumped-up charges, such as when he was jailed in Montgomery, Alabama, in 1956 for driving 30 miles per hour in a 25-mile-per-hour zone.

### 3 King entered college at the age of 15.

King was such a gifted student that he skipped grades nine and 12 before enrolling in 1944 at Morehouse College, the alma mater of his father and maternal grandfather. Although he was the son, grandson and great-grandson of Baptist ministers, King did not intend to follow the family vocation until Morehouse president Benjamin E. Mays, a noted theologian, convinced him otherwise. King was ordained before graduating college with a degree in sociology.

### 4 King's last public speech foretold his death.

King had come to Memphis in April 1968 to support the strike of the city's black garbage workers, and in a speech on the night before his assassination, he told an audience at Mason Temple Church: "Like anybody, I would like to live a long life. Longevity has its place. But I'm not concerned about that now ... I've seen the Promised Land. I may not get there with you. But I want you to know tonight, that we, as a people, will get to the Promised Land. And I'm happy tonight. I'm not worried about anything. I'm not fearing any man. Mine eyes have seen the glory of the coming of the Lord."

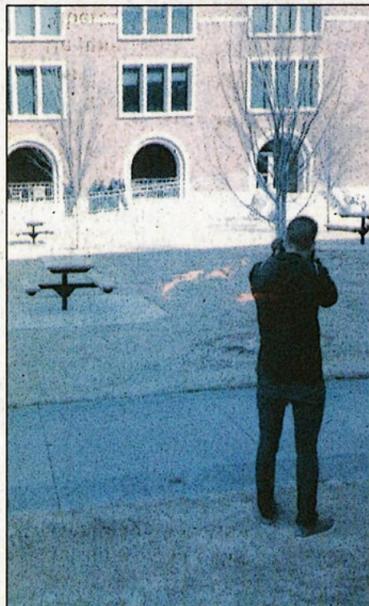
### 5 King's mother was also slain by a bullet.

On June 30, 1974, as 69-year-old Alberta Williams King played the organ at a Sunday service inside

Ebenezer Baptist Church, Marcus Wayne Chenault Jr. rose from the front pew, drew two pistols and began to fire shots. One of the bullets struck and killed King, who died steps from where her son had preached nonviolence. The deranged gunman said that Christians were his enemy and that although he had received divine instructions to kill King's father, who was in the congregation, he killed King's mother instead because she was closer. The shooting also left a church deacon dead.

See MLK Facts on Page 3

## 'Shots fired' Report Causes Campus Chaos



Norman Police officers responded to a call reporting possible gun shots coming from Gould Hall at the University of Oklahoma on Jan. 22, 2014 at 11:17 a.m. After further investigation, OU President Boren held a press conference stating that there were no shots fired. Top: Norman Police officers tell students at the University of Oklahoma to clear the campus after reports of a shooting on campus on Jan. 22, 2014. Photo by @OUDaily. Right: Gould Hall on the campus of the University of Oklahoma. Norman Police (SWAT) teams cleared the building and confirmed... Photo by @JoeyStipek Left: Members of the Norman SWAT outside Gould Hall. Photo by @ari\_pickard.

## UCO reveals new app

Natalie Cartwright

Staff Writer

The Office of Information Technology at the University of Central Oklahoma released the UCO Central application on Jan. 1, providing students with an iPhone, iPod touch, iPad or Android, instant accessibility to university information.

"I am thrilled we are finally able to provide students via mobile technology, the information they need to navigate through UCO's systems," Dr. Cynthia Rolfe, vice president for Information Technology said.

The UCO Central app will allow students to access D2L, grades, tuition bills, and University information, such as the faculty directory, campus events, news and a map. The app also provides direct access to social media outlets such as Facebook, Twitter, YouTube and iTunes.

While the app is targeted to students, anyone with a UConnect login and password can utilize the app, including faculty and staff.

Sabrin Abu Seir, a mass communications student at UCO said, "I love the my central section. Having easy access to D2L will be amazing, especially with online classes."

The UCO Central app is free of charge and available on the app store on your mobile device.

Rolfe said the new app brings students on-the-go access to their information, which meets one of the stated strategic goals of the OIT, to provide anytime, any-

where services to students, faculty and staff.

Abu Seir said, "I'll probably use the app everyday."

Production for the new app, which replaces the old Live Central app developed four years ago, began in June of 2013.

Rolfe added that updates to the app will be periodically implemented and an enhancement in a future version of the app will be access to student enrollment.

The framework of the app, provided by Ellucian, the OIT's primary information system provider, came at no extra contract charge.

"We are delighted to be able to offer a robust mobile service. Of course it means another application for us to support, but we enjoy serving our students and being an integral part of helping students learn through technology," Rolfe said.

For any technology-related assistance on UCO supported devices, software, and services, such as a problem with the new app, students should contact the UCO Service Desk via email, phone, or walk-in at the Max Chambers Library on campus, Rolfe said.

She stated that she welcomes and values student insights and encourages students to give feedback on the app, whether positive, negative, or indifferent.

"Our goal is to help students navigate through UCO as easily as possible," Rolfe said. "We welcome ideas for enhancements and will put suggestions on our enhancement list of possibilities for future versions."



The UCO Office of Information Technology released the UCO Central application, available for iPhone, iPod Touch, iPad and Android. Photo by Brooks Nickell, The Vista.

# THE VISTA

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The Vista is published as a newspaper and public forum by UCO students, semiweekly during the academic year except exam and holiday periods, and only on Wednesdays during the summer, at the University of Central Oklahoma. The issue price is free for the first copy and \$1 for each additional copy obtained.

### EDITORIALS

Opinion columns, editorial cartoons, reviews and commentaries represent the views of the writer or artist and not necessarily the views of The Vista Editorial Board, the Department of Mass Communication, UCO or the Board of Regents of Oklahoma Colleges. The Vista is not an official medium of expression for the Regents or UCO.

### LETTERS

The Vista encourages letters to the editor. Letters should address issues and ideas, not personalities. Letters must be typed, double-spaced, with a maximum of 250 words, and must include the author's printed name, title, major, classification and phone number. Letters are subject to editing for libel, clarity and space, or to eliminate statements of questionable taste. The Vista reserves the right not to publish submitted letters.

### Address letters to:

Editor, The Vista, 100 N. University Dr., Edmond, OK 73034-5209, or deliver in person to the editor in the Communications Building, Room 131. Letters can be emailed to [vistauc@gmail.com](mailto:vistauc@gmail.com).

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The Vista is published semiweekly during the fall and spring semesters, and once weekly during the summer. In all issues, The Vista has opportunities for both classified, online and print ads.

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# CAMPUS QUOTES

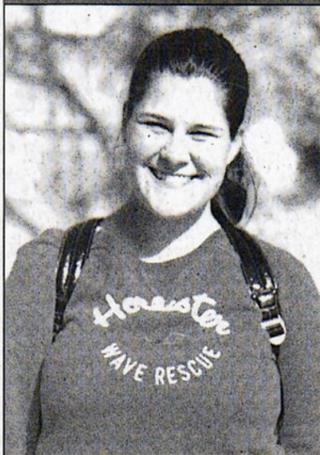
How are your New Year's resolutions going?

JOHN HERMENSEN  
Biology - Sophomore



"I didn't really have much New Year's resolutions, but the ones that I had are going pretty good."

LIBBY HAINES  
Kinesiology - Junior



"My New Year's resolutions are going well, but give me a month and ask me again."

GRACE RUNDEL  
Pre-Med - Junior



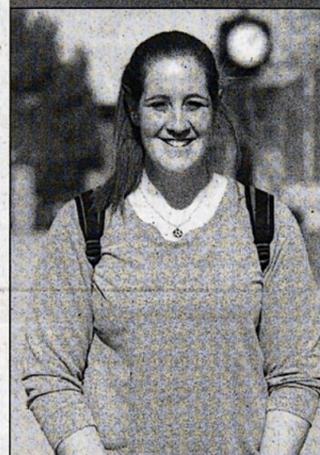
"I considered making New Year's resolutions this year, but then in the end I just realized that I probably wouldn't keep with them and I kind of gave up."

DAYNE  
Undeclared - Junior



"My New Year's is going ok and so far, so good, on the resolution."

LIDIA CALDWELL  
Theatre Performance - Freshman



"My New Year's resolutions I didn't really have, like, any specific ones. Just be happy, I guess, and I'm doing pretty good right now. I'm pretty happy."

CODY EDWARDS-JOHNSON  
Elementary Education - Junior



"They're going pretty good, of course everybody has your stay healthy ones, so the roommate and I are sticking to the gym and trying to be healthy."

## Much OU About Nothing

Editorial by: Sarah Neese (Editor-in-Chief)

While laying out the newspaper, chaos slowly brewed among students in the newsroom.

Rumors and reports were coming in by the minute about a shooting at the University of Oklahoma. It's funny how quickly news travels between cities.

In fact, just minutes after the police arrived on campus, the Oklahoma Daily tweeted about the incident. Texts were sent between UCO students to friends at OU, checking to see what exactly was going on.

Word of mouth beat the local news channels and even their accompanying websites.

It seemed so sudden and unexpected that someone would shoot so close to home, especially with so many friends attending the university.

Despite the fact that the "shots fired" report was simply a report, with no evidence of actual shots fired, it still had people frazzled.

Students around the newsroom began discussing the likelihood that the shooting wasn't really a shooting, and still other students discussed what would have happened if they had been there.

Since Gould Hall, where the shooting allegedly occurred, happens to be in close proximity to the Gaylord building, the home of OU's School of Journalism and Mass Communication departments, local news channels were interviewing an array of mass communication and journalism students who "almost witnessed" the shots being fired.

Being mass communication students, each of them had to put in their eyewitness reports, as if their reports of the event were the end-all, be-all of the news.

And at the end of the day, nothing even happened.

For a brief moment, I did contemplate what I would do if there were an actual shooting on my campus. But, I must admit, my conclusion wasn't very original. I would likely call my loved ones, grab my friends and haul my but out of there.

However, while thinking about all of this, I thought about the loved ones of students on the OU campus today.

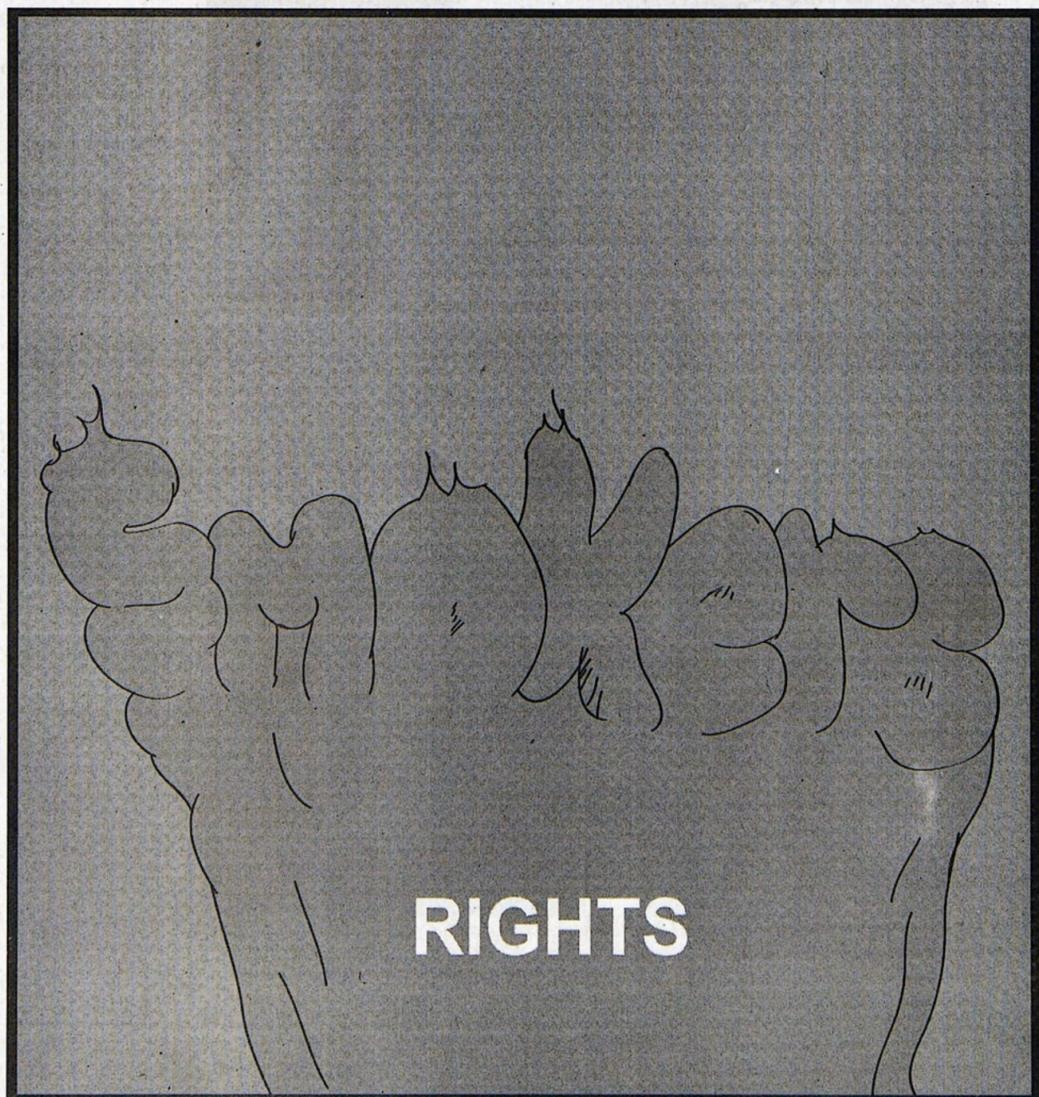
Can you imagine being a parent of an OU student and hearing that a shooting had taken place on campus?

CNN tweeted an incorrect tweet when they reported fatalities on the OU campus.

Imagine hearing that as a parent.

Accuracy is quickly losing in the war for being first and it may starting causing more problems than we can solve.

## CAMPUS CARTOON



Cartoon by Matthew Gossom

Opinion

Sincerely,



Stevie

Fortune Cookie Fate

By Stevie Armstrong

As I sat with my parents and finished our last dinner of 2013, I reached over and very precisely picked out the fortune cookie that I just knew would tell me my fate. Fighting with the cheaply made wrapper, I eventually pulled the cookie out and cracked it in two. With unnecessary anticipation, I threw the cookie aside and unfolded my corny fortune. I read it aloud to my parents, "Great thoughts come from the heart."

I've probably opened over a hundred fortune cookies in my life, most of them being cheesy sayings or quotes that don't even make it out of the restaurant or end up in the trash with my takeout box. For whatever reason, I stuck this fortune in my jacket pocket, instead. My step-dad paid the bill and off we were headed to a new year. About a week later, I was having one of those days where

nothing seemed to go right. I tried making my coffee and ended up spilling the coffee grounds everywhere. I went to the bank to deposit some extra cash, but they were closed. Then, during the middle of my conversation with my friend, my phone died. It felt as if any stupid little thing could go wrong to irritate me, it did.

Typically, I'm a fairly easy-going type of person; not this day. I was annoyed and frustrated. So I grabbed my dog, threw on my jacket, and we went to one of our favorite spots, Lake Hefner. Well, I don't really know for sure whether the lake is one of my dog's favorite spots, but she's never complained about it before.

As I sat on the half red dirt, half dead grass, I kept thinking about all the errands I needed to run before school picked back up, how bogged down the

upcoming semester was going to be, and how I was supposed to juggle everything. Stress, worry and anxiety seemed to be clouding over me.

A slight, yet chilly breeze picked up, sending my cold hands into my jacket pockets for refuge. My jacket pocket felt something and pulled out the fortune from my last 2013 dinner.

"Great thoughts come from the heart," I read to myself. I looked out onto the lake, then back down to the little white paper sliver. I read it again to myself, "Great thoughts come from the heart."

There, in my hand, was the solution for peace to my troubled day. I wasn't thinking great thoughts and they certainly weren't coming from my heart. I was concerning myself with meaningless problems and allowing them to steer my mind in a direction that I didn't

enjoy.

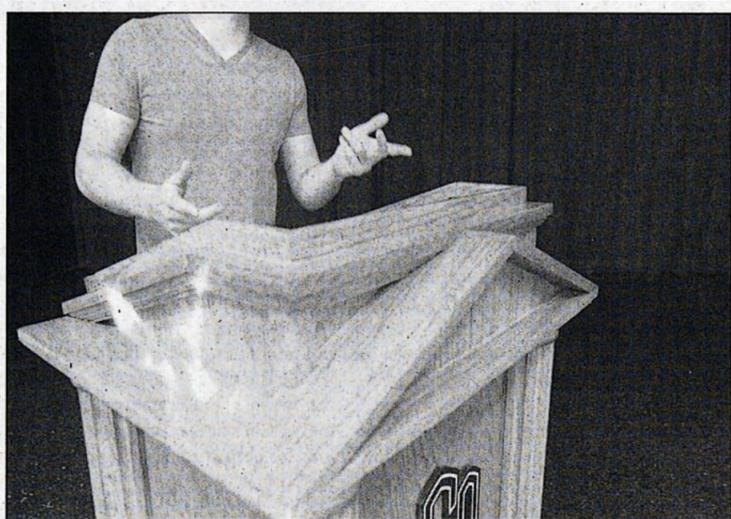
So, I changed my thoughts. Instead of getting upset about spilled coffee, I should be grateful that I have clean water to even make coffee, let alone, to drink. Instead of getting annoyed about the bank being closed, I should be grateful that I have extra money to deposit into a bank. And instead of being irritated about my phone dying, I should just be grateful that I have good friends to have conversations with.

These are the types of great thoughts that should come from the heart. So many times in today's world, we only focus on the negative. But what we really need to see is that every negative can be turned into a blessing.

Sincerely, Stevie

Follow me on Twitter @StevieArmstrong

## UCO Debate Team outranks Division I schools



UCO's debate team is nationally ranked in the top 20 of college debate teams throughout the nation. Photo by Aliko Dyer, The Vista.

Olanrewaju Suleiman

Staff Writer

The University of Central Oklahoma debate team recently traveled to Dallas to compete in two tournaments over winter break.

The tournaments were held at the University of Texas at Dallas and the University of North Texas.

Central seniors Michael Yost and Austin Vance placed third out of the 67 teams they competed against at the University of Texas.

At the University of North Texas, Yost and Vance debated alongside 70 teams and placed fifth.

The team outranked numerous Division I schools. This includes the University of Oklahoma, Baylor University and the University of Texas.

The team is nationally ranked in the top 20 of college debate teams throughout the nation. All students are able to join regardless of former debate experience.

Freshman William Garza is a former high school debater who has been recently informed about the debate team.

"I didn't know that UCO had a debate team," he said. "I debated all four years of high school, so it might be nice to try it again."

Garza is impressed by how the team

is ranked.

"I would have never expected them to beat OU. That's kind of cool," he said. Garza believes that debate could be beneficial to all students.

"I went to a smaller school and debate always kept me organized," he said. "Plus it could be a good way to meet other people and pay for school."

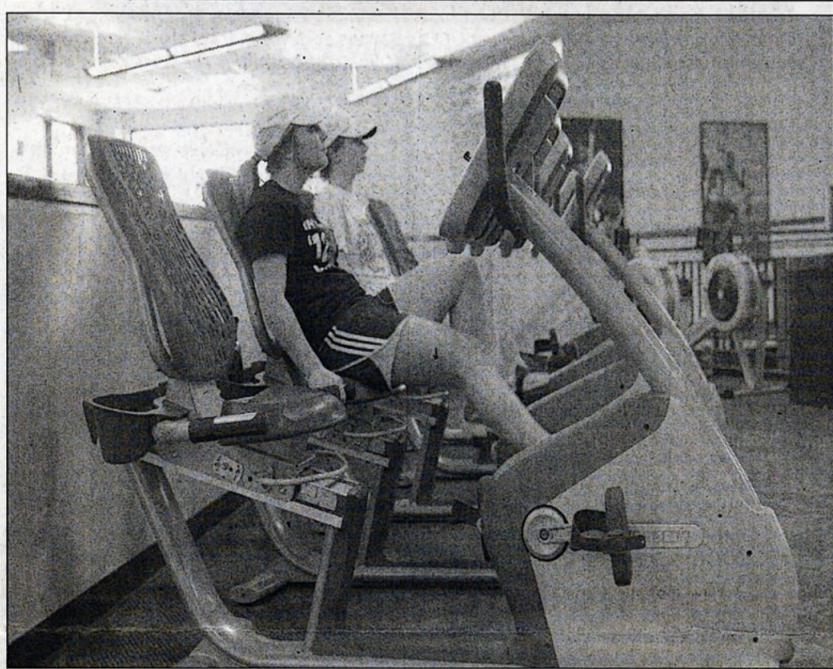
Experienced students interested in the Central debate team are encouraged to join before their first year on campus. This gives them time to prepare for the upcoming season during the summer. Students with no prior experience can join at any time during the school year. The debate team will make arrangements to prepare them to compete in tournaments against other colleges and universities.

Debate students are eligible for numerous academic scholarships through the College of Liberal Arts and the Office of Student Affairs. The debate team also provides all travel expenses for the tournaments.

The UCO debate team travels to 15 competitions a year. They also host both college and high school debate tournaments, as well as a high school debate workshop. The team also sponsors a series of public debates throughout the school year.

For more information on the Central debate team contact Matthew Moore at mmoore3@uco.edu.

## Wellness Center hosts Sochi Challenge: 6,333 mile goal



Students on the stationary bikes at UCO's Wellness Center. The Sochi Challenge encourages students, faculty and staff to log miles in order to reach the 6,333 mile goal. Photo by Quang Pho, The Vista.

Rachel Brocklehurst

Staff Writer

In honor of the Winter Olympics and to support Team USA, the Wellness Center is hosting the "Sochi Challenge," where students, faculty and staff can collectively log their miles to try to reach the goal of 6,333 miles.

Miles may be logged by walking, running, biking, kayak/canoeing, or any other activity measured by distance.

Olympic/Paralympic Training Site Manager Leigha Pemberton said, "We did a 'road to London challenge' in correlation with the summer games, and we do this because we're an Olympic and Paralympic training site, and we're very invested in both the Olympic and Paralympic games. We wanted to get our students, faculty and staff excited and more involved." She has been at UCO for seven years now.

Participants will be able to sign up at the Wellness Center and can use the facility by scanning their campus IDs. A box with log sheets for participants to keep track of their mileage will be available in the lobby by the front desk. For London, UCO did a very similar setup. It was swim, bike, run, row and kayak.

As long as you can record some type of mileage, you can do that activity. Each week, the Wellness Center will send out an email updating the campus on the progress made for the week. As well as listing fun Olympic and Paralympic facts, the email will let the reader know what the Wellness Center does as a training site, and give details as to what the students are a part of that they might not already know about.

UCO's Wellness Center also has Olympic or Paralympic athletes come in, as well as hopefuls who come in and train year-round. The students may not know about it since it's at the Wellness Center. The Wellness Center wants to educate them. They're also going to have a little fun and put a little competition in there, as well.

The Wellness Center had a lot of positive feedback from the "road to London challenge."

"I think a lot of people appreciated the awareness that it brought. They didn't realize the cool stuff that we do over here with the center as a whole," said Pemberton.

It put a different spin on being active and getting involved in the university.

"What surprised me is that we surpassed the mileage. We went far enough to get to London and come back by the time everybody logged their miles, so it was pretty cool," said Pemberton.

Logging miles can be on and off campus; the only stipulation is that it needs to be logged in the week that you do it.

The first 100 to sign up in January will receive a U.S. Olympic/Paralympic Training Site water bottle in February. The first 50 males and 50 females to sign up will be entered in a drawing for a Team USA shirt. Also, the male and female faculty/staff member and male and female student logging the most miles will receive a Team USA prize pack at the conclusion of the challenge.

**It put a different spin on being active and getting involved...**

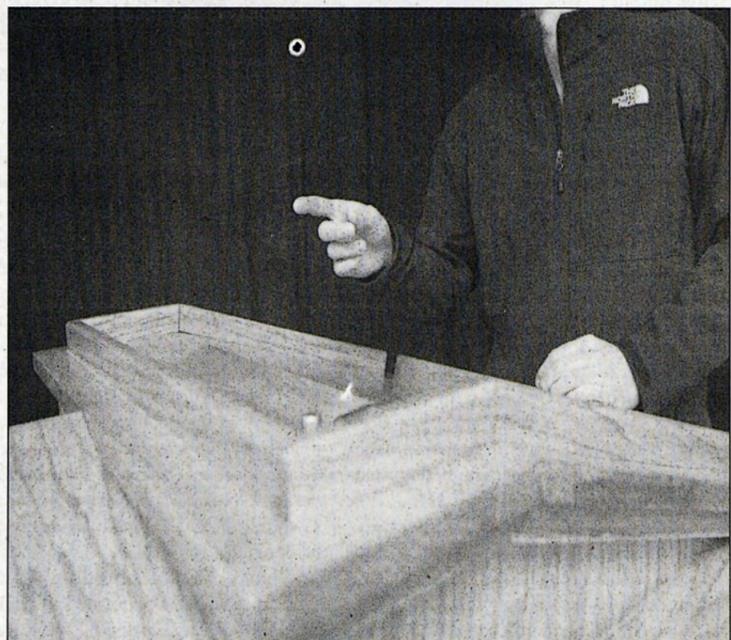
### 2014 - 2015 University Wide SAF Funding Applications

Applications for funding University Wide programs and events through Student Activity Funds are now being accepted. Any campus department or organization seeking funding for a new program or event is encouraged to e-mail Teresa Metzger at tmetzger@uco.edu to request an application.

The application deadline is February 7, 2014.

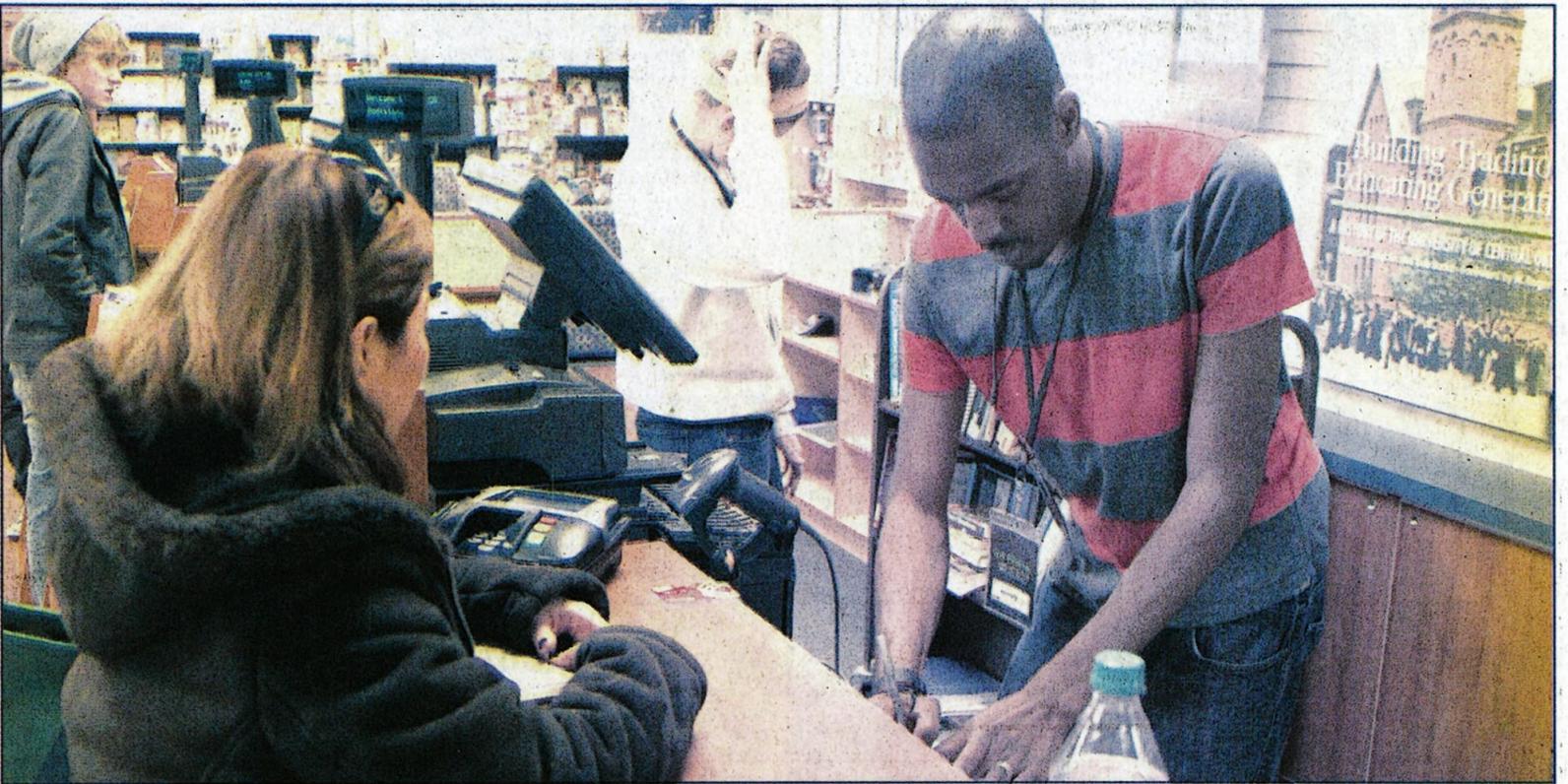
Examples of programs currently receiving Student Activity Funds include Earth Day and Kaleidoscope Dancers.

Funding requests for programs or events benefiting the entire student body are encouraged. Departmental academic activity and activities not accessible to all students will not receive consideration.



UCO's debate team outranked numerous Division I schools, such as the University of Oklahoma, Baylor University and the University of Texas. Photo by Aliko Dyer, The Vista.

## Student Worker Positions Abundant



Students work the cash registers at UCO's Barnes and Noble Bookstore, helping other students buy and rent textbooks for the spring semester. Jobs on campus are becoming more available as UCO has more than 40 job opportunities for students. Photo by Shea Hussey, The Vista.

Austin Rabon

### Contributing Writer

Opportunities for UCO students to acquire a campus job are becoming more available.

UCO has more than 40 job opportunities on campus for students. UCO's Talent Acquisition Manager David Herd is in charge of hiring students here at UCO.

"Working for UCO really gives students the experience they need when applying for jobs after graduation," Herd said.

Students will be able to create a resume, go through an interview process and get job experience to put on their current resume. Students pursuing a degree in a specific field

of study can get hands-on experience with that career right here at UCO.

Jobs that are available range from tutors, journalists, dance, theatre and maintenance.

Herd said, "Right now is the best time to apply if you are a student."

Andra Hale, a freshman, currently is working as a sales associate at the Central Tech Store.

Hale said, "Working on campus has been great since I live on campus and the hours work around my school schedule."

Students can work up to 23 hours a week. The departments hiring understand that you are a student to get an education and will work with you and your schedule.

Herd said, "First impression and avoiding one word answers is really important when

going to the interview."

After applying and getting selected for an interview, you can expect to hear back from the job as early as two weeks.

Hale said, "This job has been good because when we are slow with no customers, I can study."

The workweek is Monday through Friday and students will be off work when school is off for holidays and breaks.

To apply, students can visit the website at <https://jobs.uco.edu>, click on "search postings," under job category select "student," then click "apply for posting," and this will prompt you to either "login" or "create new application."

Hale said, "Applying was a really easy process."

You will only have to apply one time and can apply to as many jobs as you prefer.

Herd said, "All a student needs is a resume and if students want to go beyond that they can attach a cover letter and a list of references."

You can also go to [tweetmyjobs.com](http://tweetmyjobs.com) or follow them on twitter using the name @job-satUCO.

People who are not students here at UCO can also apply for campus jobs at UCO following the same steps as students by visiting the website and searching for professional jobs. UCO offers many career and part-time jobs for both current students and people in the business world.

## Prime Parking for Central Pantry Donations

Tyler Talley

### Staff Writer

The University of Central Oklahoma's Volunteer Service Learning Center (VSLC) and Transportation and Parking Services (TPS) will hold an ongoing monthly contest in hopes to encourage donations to the Central food pantry.

The contest stemmed from Director of TPS Raul Martinez. Martinez claimed that he came up with the idea for encouraging donations to UCO's food pantry, which is headed by VSLC, after continually reading that the department was frequently short on "high need items," which include canned meat and fruit.

"I proposed the idea to my office staff and they loved it," Martinez said. "In fact, they were so excited about the opportunity to help, we immediately started formulating a plan. To ensure it was fine and met with the objectives of the VSLC and our institution, I discussed it with the VSLC staff and they gave us their approval and support."

Martinez stated that the decided prize would be a premium parking pass that will allow the winner to park in the Visitor Pay Lot in front of the Nigh University Center and the Metered Parking Spaces for 30 consecutive days.

"These parking spaces are located on both sides of campus and create more parking opportunities for the selectees," Martinez said.

VSLC Coordinator Eric Hemphill stated that anyone who donates food to the Central pantry will be eligible for winning the parking pass.

"Each food item will equal one entry in the contest," Hemphill said. "Each time a person donates items, they are entered into a drawing, with the number of entries corresponding to the number of items they brought. The winner is then chosen randomly from those entries."

Hemphill went on to say that the aforementioned "high need items" will be worth double, meaning that they will be considered two entries into the contest.

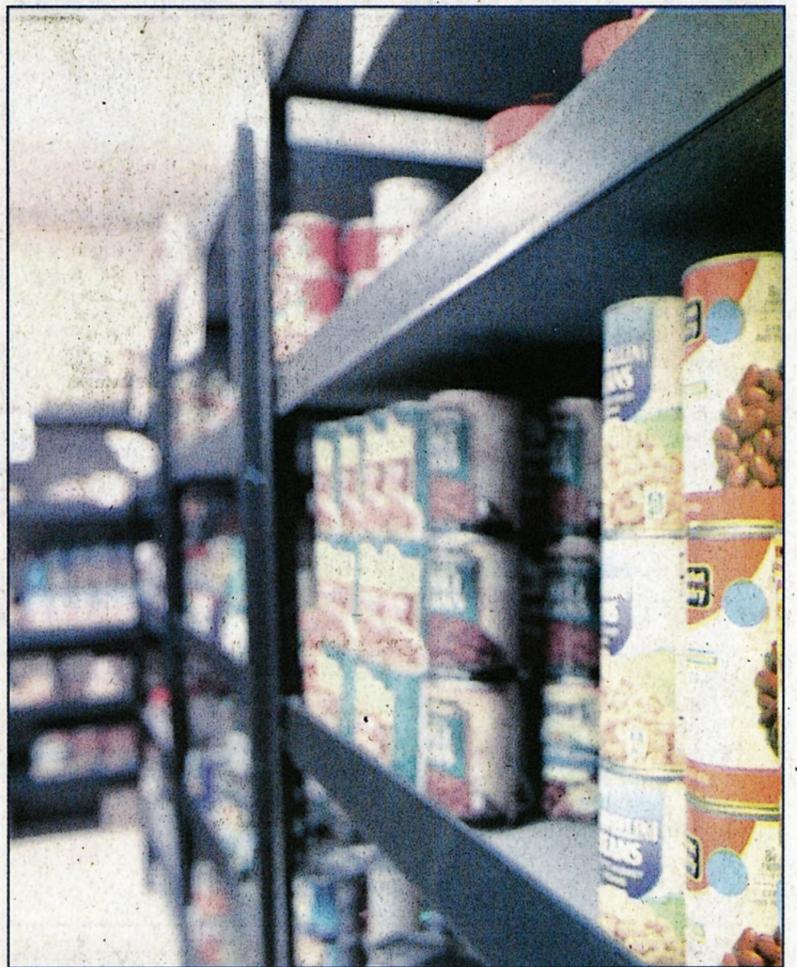
Martinez added that each individual must have at least three donations in order to be eligible for the drawing, but there is no limit to the amount of donations someone can bring.

"The drawing will be held at the beginning of each for all donations made the prior month," Martinez said. "One selection will be made per month, and the selectee will be notified by phone."

Anyone who would like to donate food items and be entered in the contest should bring their donations to the TPS window, which is located on the second floor of the Nigh University Center and is open from 8 a.m. to 5 p.m. Monday through Friday.

The UCO food pantry, which opened in November 2012, is a food pantry available to students, faculty and staff at UCO, and is located on the second floor of the Nigh University Center. More information can be found at [www.uco.edu/centralpantry](http://www.uco.edu/centralpantry).

Broadway Tonight will be Holbrook's first appearance at UCO, said Director of Broadway Tonight Greg White.



The Volunteer and Service Learning Center and Transportation and Parking Services have paired together in hopes of increasing donations to the Central Pantry by offering premium parking passes. Photo by Alikei Dyer, The Vista.

## UCO to host Hal Holbrook's "Mark Twain Tonight!"

Shaun Hail

### Contributing Writer

The award-winning actor, Hal Holbrook, will perform his famous "Mark Twain Tonight!" at 7:30 p.m. Jan. 24 in Mitchell Hall Theater as a part of the University of Central Oklahoma's College of Fine Arts and Design's Broadway Tonight program.

Holbrook's "Mark Twain Tonight!" is a 90-minute performance featuring dialogue from the writings of Mark Twain that Holbrook memorized, said Staff Writer for Marketing and Communications for UCO's College of Fine Arts and Design Angela Morris.

Holbrook changes his performance every

time with different text from Mark Twain's writings and uses it in such a manner to relate the dialogue to topics relevant today, such as racism and religion, said Morris.

Holbrook began this performance in 1954 at the Lock Haven State Teachers College in Pennsylvania, said the Booking Group, Holbrook's agent.

"Holbrook's characterization of the great novelist and raconteur is, to this day, a work in progress. The transformation is so complete as to be almost unsettling at times. The combination of Holbrook's physical and vocal talents and the potency of Twain's words is a mesmerizing thing to behold," said Washington Post on Nov. 16, 1996.

Holbrook's portrayal of Mark Twain began at Denison University in Ohio in an honors

project where he and his wife, Ruby, played as characters from works from William Shakespeare to Mark Twain in a two-person performance, said the Booking Group.

Holbrook won a Tony Award and a Drama Critics' Circle Award in 1966 for his one-man act, said the Booking Group.

CBS aired a 90-minute TV special of Holbrook's "Mark Twain Tonight!" in 1967, which was given an Emmy Award nomination, said the Booking Group.

Holbrook has since performed this work every year and has even done a world tour in 1985, said the Booking Group.

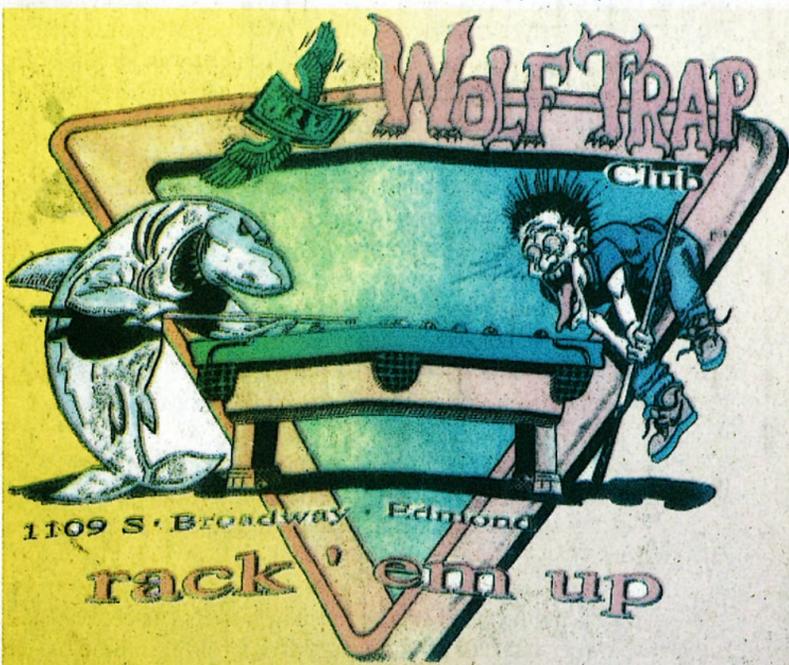
Holbrook has also performed in 50 TV shows and movies, including "The Group," the Emmy Award winning TV show "The Senator," "Pueblo," "Sandburg's Lincoln,"

"Into the Wild," Steven Spielberg's "Lincoln," and "Promised Land," which featured Matt Damon, said the Booking Group.

He has had 12 Emmy nominations and won five Emmys for "The Senator," "Pueblo," "Sandburg's Lincoln," Best Actor of the Year in 1974, and "Portrait of America" as host and narrator, said the Booking Group.

Holbrook has even guest starred on "West Wing," "Becker," "Hope & Faith," "The Sopranos," "NCIS," "ER," "Sons of Anarchy," "The Event," and "Monday Mornings," said the Booking Group.

Holbrook has performed in Oklahoma eight times and has performed in Oklahoma City, Midwest City, Bartlesville and Tulsa, said Joyce Cohen, Holbrook's assistant.



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**BCA Pool Tournament**

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Edmond**

# Winterglow:

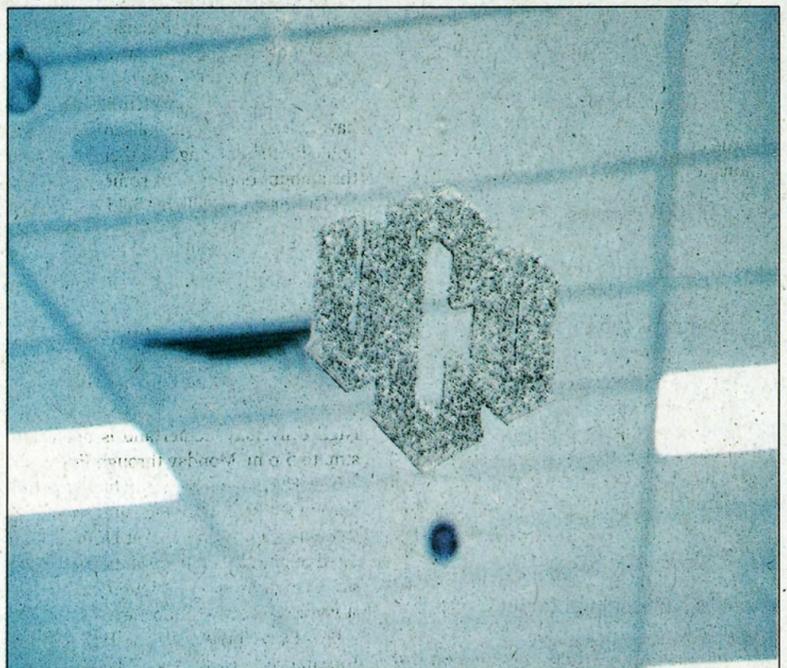
A glance at its January debut



A light show on the balcony of the Nigh University Center and on Broncho Lake's fountains lit up the evening sky at Winterglow. Photo by Quang Pho, The Vista.



Decorations and Christmas trees lined the halls of the Nigh University Center at Winterglow. Photo by Quang Pho, The Vista.



A glittered UCO logo hung from the ceiling as decoration at Winterglow. Photo by Quang Pho, The Vista.



Children at Winterglow participated in coloring activities. Their coloring works were on display. Photo by Quang Pho, The Vista.

## EMPLOYMENT

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## RANDOM QUOTES

Attempt easy tasks as if they were difficult, and difficult as if they were easy; in the one case that confidence may not fall asleep, in the other that it may not be dismayed.

- Baltasar Gracian

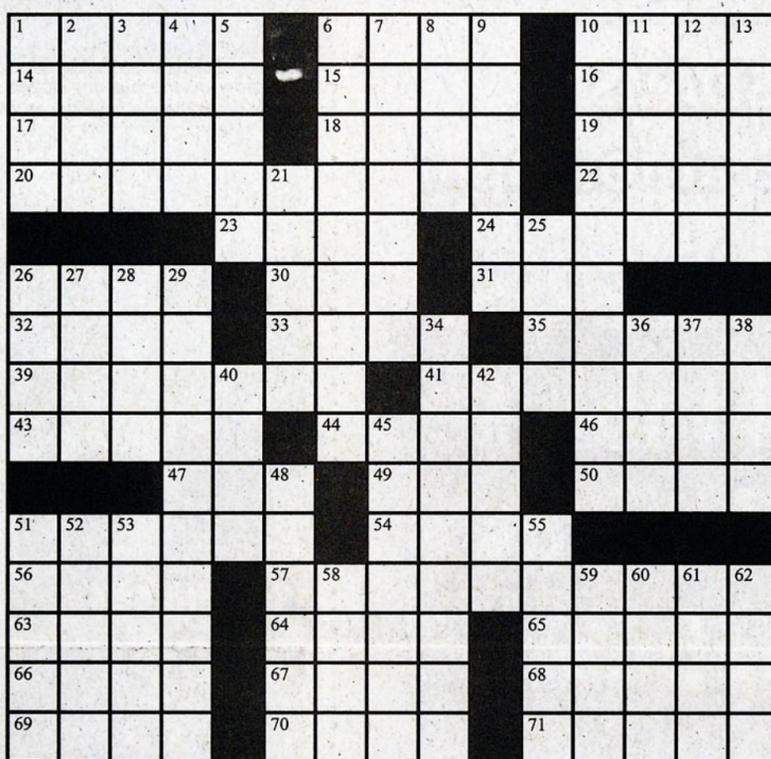
I was always looking outside myself for strength and confidence, but it comes from within. It is there all the time.

- Anna Freud

## CROSSWORD

## Across

1. To the point  
6. "Murphy Brown" bar owner  
10. Duff  
14. Downy duck  
15. Put on board, as cargo  
16. Ashcroft's predecessor  
17. Harshly criticize  
18. Comrade in arms  
19. Black cat, maybe  
20. Characterized by oneself  
22. A fisherman may spin one  
23. \_\_\_ lily  
24. Emulated running mates?  
26. \_\_\_-bodied  
30. \_\_\_ juice (milk)  
31. Barely beat  
32. Cut short  
33. 100 centavos  
35. Run off to the chapel  
39. Keeps tobacco fresh  
41. As expected  
43. "Fiddler on the Roof" role  
44. Fill  
46. \_\_\_ gin fizz  
47. Expression of doubt  
49. French software engineering vendor



50. Big mouths  
51. Common, heavy mineral  
54. Confusion  
56. Husk  
57. Party favor  
63. \_\_\_ fruit  
64. "Iliad" warrior  
65. Excellent  
66. Corker  
67. Church part  
68. Clear, as a disk  
69. Appear  
70. Brews  
71. Copenhageners

## RANDOM FACTS

The celery stick garnish became a staple of the Bloody Mary only after an impatient patron at Chicago's Pump Room couldn't wait for his server to bring him a swizzle stick. He took matters into his own hands and snatched a celery stalk from a nearby relish tray.

In 2007, researchers at Beth Israel Medical Center in New York reported that people who played video games for 3+ hours a week made better surgeons.

Theodore Roosevelt was once shot at during a campaign rally in Wisconsin. The bullet penetrated his glasses case and a manuscript, just missing his right lung. Being an expert hunter he decided to stay and give his speech since he wasn't coughing up blood. His speech lasted nearly an hour.

It Happened One Night (1934), One Flew Over The Cuckoo's Nest (1975) and The Silence of The Lambs (1991), are the only films to grab all 5 major Oscars (Best Picture, Director, Actor, Actress, and Screenplay) at The Academy Awards.

After having an argument with his son about Crazy 8's, Merle Robbins, a barbershop owner and card lover, invented UNO in 1971 in Reading, Ohio. He introduced the game to his family, and after they started playing the game more and more, he decided to have the game printed.

13. In shape  
21. Beat  
25. Stead  
26. Hurting  
27. Bummed out  
28. Describe  
29. Functional cavity liner  
34. Removes by heat  
36. \_\_\_ podrida  
37. Farm equipment  
38. "\_\_\_ only"  
40. Angry outburst  
42. Capture  
45. Accomplish  
48. Tomorrow  
51. Natives of France  
52. Bicker  
53. Charles de Gaulle's birthplace  
55. Put in  
58. Face-to-face exam  
59. Halo, e.g.  
60. Hate group  
61. "... or \_\_\_!"  
62. Bakery selections

## Down

1. British tax  
2. Houston university  
3. "American \_\_\_"  
4. Bondman  
5. Iron  
6. Theater regulars  
7. Calls to hunting dogs  
8. Doing nothing  
9. Dutch cheese  
10. Cytoplasm and nucleus  
11. Chart anew  
12. Administer extreme unction to

## WORD SEARCH

Arm	I	G	R	E	N	D	E	L	S	M	O	T	H	E	R	D	Q
Beowulf	B	I	A	G	N	R	N	S	M	I	B	I	V	U	V	I	K
Claw	E	D	S	O	E	H	E	A	L	T	Z	S	N	D	O	S	Y
Denmark	O	E	H	J	Y	A	O	R	L	L	I	B	J	B	J	R	H
Enchanted Sword	W	N	O	K	E	R	T	N	E	V	Y	F	R	A	E	V	O
Geatland	U	C	U	W	Z	M	I	L	O	W	L	G	N	R	P	G	E
Grendel	L	H	L	A	E	I	A	N	A	R	I	B	A	I	I	R	F
Grendels Mother	F	A	D	L	G	A	H	U	O	N	E	E	R	T	O	E	E
Higlac	W	N	E	C	U	N	I	A	W	T	D	D	Y	N	R	N	D
Hilt	I	T	R	C	A	G	G	R	D	T	O	J	H	H	W	D	U
Honored Hero	G	E	N	B	N	T	L	O	L	S	T	W	R	E	I	E	E
King Hrothgar	L	D	T	F	N	E	A	L	U	U	B	R	E	H	R	L	Z
Shoulder	A	S	I	E	B	T	C	T	T	Y	J	N	T	R	A	O	T
Tower	F	W	K	I	N	G	H	R	O	T	H	G	A	R	R	E	O
Wiglaf	S	O	H	E	V	H	K	R	A	M	N	E	D	I	A	U	A
	C	R	I	O	X	H	S	N	T	Q	O	B	E	A	G	C	O
	A	D	S	H	R	A	I	P	H	N	T	E	X	B	E	D	E

# VISTA SPORTS

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Women's Basketball

## Lady Bronchos could not keep up with Tigers

Rick Lemon

Sports Reporter

Fort Hays State had its players come up big in their women's basketball game at Hamilton Fieldhouse last Thursday. The visiting Tigers seemed to be able to find the necessary adjustments against the Lady Bronchos who could not keep up.

The 38-64 loss dropped the Bronchos to 9-6 on the season before they won another game over the weekend, making their current record 10-6 overall and 5-4 in conference play.

Throughout the course of the game, you could tell that the Bronchos were trying all

kinds of different tactics, attempting to pinpoint weak spots in the Fort Hays defense. Nothing worked for long, though.

UCO did everything from changing tempos, to throwing in different lineups, to switching defense to try and harass Fort Hays' offensive rhythm, but whatever the adjustment made by UCO's coaches; Fort Hays was able to find an answer.

One of the biggest of those answers by the Tigers came in the form of Kate Lehman, the Tiger's starting center and MIAA record holder for block, both in a single season and in a career. Her monster game, especially in the second half, kept the Bronchos at bay and made almost the entire paint a no-fly zone for Bronchos' ball handlers. This was made most

clear during the second half, when the Bronchos attempted to push the pace to make up for the growing deficit.

Usually, when a basketball team tries to push the pace, it takes the opposing center out of the game because you score before they have time to run down the court and set up in the paint.

However, Fort Hays countered this move by making it so Lehman didn't have to run the entire court. Fort Hays countered UCO raising the tempo of the game by running up-tempo themselves. Since Fort Hays would run their offense so quickly, they would generally score before Lehman even needed to get to the paint, that way she was able to dedicate all her attention to locking down the

interior against a Bronchos' offense that was struggling to find an answer.

Overall, the Bronchos shot 23.4 percent from the field this game (15-64) and were outscored 36-15 in the second half. Including the win that the Lady Bronchos picked up over the weekend against Nebraska-Kearney, UCO is now tied for seventh overall in the Mid-American Intercollegiate Athletic Association standings.

The Bronchos play their next game at 5:30 p.m. Thursday night as they battle Washburn in Topeka, Kan.

Men's Basketball

## Bronchos lose in an overtime heartbreaker

Austin Litterell

Sports Reporter

The UCO men's basketball team lost an overtime heartbreaker at Hamilton Field House Thursday night. UCO fell to the Tigers of Fort Hays State 101-97 in overtime, falling to 10-5 on the season and 4-4 in MIAA play.

The first half was close for a while before UCO used a 7-0 nothing run to get some separation from the Tigers in the first half. The Bronchos managed to open up a 45-34 lead at the half behind 12 points from Jacob Richardson and nine from Josh Gibbs.

UCO led for most of the second half until the final seconds of regulation. Fort Hays cut the lead to three early in half after a 12-2 run. The Bronchos extended their lead back to eight after a Josh Gibbs layup. However the Tigers never went away, keeping the game within striking distance the rest of the way. With three minutes remaining, Seth Heckart hit a three that seemed like the dagger, putting UCO up 86-77.

A turning point came with less than a minute left as Gibbs picked up his fifth foul. The Tigers went on to score six unanswered points to get back within three. The Bronchos had a chance at the free throw line, but missed both. Fort Hays' Craig Nicholson buried a game trying

three with only a few seconds left. UCO got another shot at the free throw line, but once again missed both.

Fort Hays continued to dominate offensively, scoring the first six points of overtime and they did not look back. Aaron Anderson hit a layup to make it a two-point game, but Fort Hays hit their free throw to seal the 101-97 victory for the Tigers.

A big difference in this one was from the free throw line. The Bronchos made only one less than the Tigers, but had seven more opportunities from the stripe. Fort Hays shot over 80 percent from the stripe, while UCO shot in the mid-sixties.

Once again, UCO showed great balance on the offensive side of the ball, led by star Josh Gibbs, who finished with 25 points, 16 coming in the second half. Aaron Anderson put in 22 points and Seth Heckart, who hit five threes in the game, finished with 17 points. Sophomore Cal Andrews and Jacob Richards each added 13 to the scoreboard for UCO.

The Tigers got a huge gain from their star Dwayne Brunson, who scored 31 points and grabbed nine rebounds, as well. James Fleming and Craig Nicholson, who hit the game tying three, chipped in with 20 and 19, respectively. Two others got into double digits for the Tigers.



Freshman Marley Anderson prepares to shoot against Fort Hays State on Jan. 16, 2014. Photo by Ailiki Dyer, The Vista.



Sophomore Haley Weathers dribbles against Fort Hays State on Jan. 16, 2014. Photo by Ailiki Dyer, The Vista.

Opinion

## Sports Decoded: You should have drank your milk

Cody Johnson

Sports Editor

Statistically, it was going to be one great fight, but sometimes things don't go like they are supposed to. Publicity buzzed like a hive of bees for weeks leading up to the big night. Two men enter the ring and only one man leaves with his dignity still intact. That is the story behind every great fight. This one was going to be no exception.... except it was.

Anderson Silva and Chris Weidman have squared off before and that didn't end too well for Silva. Being the same cocky character in the ring that he portrays out of the ring, Silva let his ego get the best of him. While taunting Weidman to hit him by lowering his hands, Chris responded by knocking Silva's attitude out cold, along with his brain.

Having been embarrassed by the American fighter in their last fight, Silva entered the second fight as focused and sharp as a professional knife thrower's blade. Anderson Silva did just that. He did not play the part of the fool in the first round. Silva punched at Weidman with a true purpose, anger seemed to be behind each fist that flew at Weidman's face. Weidman did not blink one bit. He took full advantage by taking Silva to the ground. Despite Silva's impressive career and reputation, Weidman knew he had the power and ability to cut off the mythical beast's head from the previous fight.

Cut camera and skip to round two. Silva is back on the scene after taking a ground and pound from Weidman that almost put him out of the second fight. Then it happens.

What looks like a normal kick from Silva towards Weidman turns out to be a match-ending bone-shattering hit against Weidman's leg that leaves Anderson Silva rolling on the ground with what looks like a limp noodle for his leg.

No one saw it coming; Silva didn't even feel it until the shattering of his bones finally overloaded the nerve receptors in his brain with a barrage of information so strong it sent them running for shelter like the German's at the end of either World War. Weidman now remains the only person in the UFC to defeat Silva, not once, but twice.

And that was when the fat lady sang; the match that everyone had been hyped about for weeks was over in the second round and Silva, at the age of 38, might be too old to return to the UFC.

So what is the moral to this story? Don't be cocky? Some might say that the underdog is typically more humbled which makes them more focused. That was definitely true the first time Weidman and Silva fought, but Silva seemed to have purpose and focus after his ego embarrassed him in front of millions of people.

I say there is a much simpler moral to this story. If I learned anything from my mother, it was to always drink my milk. Growing up, my mother traveled 30 minutes away to the town of Claremore, Okla. every week for one purpose, to buy the four gallons of raw whole milk that my family would consume during

that week.

To this day, I have yet to break a single bone in my body. Every couple years the trends change. Eggs, which were bad for you in the early 2000s, are now considered

healthy again. The latest trend in health and fitness is that dairy is bad for you and you should avoid red meat. Apparently, Silva followed those trends.



# AROUND

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Men's Basketball

## Bronchos charge to victory against Kearney

Aaron Santelman

Contributing Writer

The Bronchos charged to victory on Saturday as they defeated the University of Nebraska-Kearney Lopers, 96-82.

The Bronchos played host to the Lopers at Hamilton Field House after coming off a

Wrestling

close four-point loss to Emporia State University on Thursday evening.

Both teams started the game playing sluggish and exchanging fouls and turnovers on each possession. The sluggishness wore off quickly after Broncho sophomore Aaron Anderson drilled a three-pointer.

On the next Broncho possession, Anderson sliced through the paint and smoothly made another basket off the board. An-

derson scored five of the first seven for the Bronchos and ended with a career high of 28 points.

However, the Lopers responded with their big men as sophomore forward Ethan Brozek and freshman Cory Frank bullied their way in deep on two quick possessions for easy buckets. The game remained close throughout most of the first half with both teams having issues with foul trouble.

With 6:40 left to play in the first half, Anderson drove into the lane and kicked the ball out to Jacob Richardson who knocked down a triple from the corner to get the Broncho lead up to six at 38-32.

The Lopers' game plan remained consistent, as did their six-point deficit, until a pair of turnovers got the Bronchos running. The turnovers led to a pair of free throws from Cal Andrews and one from Phillip Brown.

After the Lopers scored on a lay-up, Broncho guard Seth Heckart answered by blowing by his defender and dropping a sweet shovel pass into Phillip Brown under the bucket for two. Rico Hogan completed the run with a three-pointer just over a minute remaining in the first half.

This gave the Bronchos a 44-34 lead going into the break.

The Lopers responded aggressively after halftime, using their height in the paint to establish an 11-3 run.

However, the Loper lunge did not last long as they could not find a way to contain Anderson who sunk two more from behind the arc, scoring 11 of the Bronchos' first 14 points in the second half.

Late in the second half, the Lopers threatened by dropping the Bronchos lead to eight, but could not maintain it as the Bronchos bargged them from the three-point line.

Jacob Richardson pitched in with 15 points for the Bronchos and Cal Andrews added 16, including a spirit-crushing dunk near the end of regulation.

The loss begins a two-game losing skid for the Lopers, but notches up an 11-5 record for the Bronchos.

Next, the Bronchos head to Topeka, Kan. to take on Washburn

## UCO returns from Midwest Duals

Emily Hahn

Contributing Writer

Fifth-ranked Central Oklahoma fell short in the Midwest Duals this past weekend due to late comebacks by Nebraska-Kearney and Western State.

The loss to Nebraska-Kearney (No. 4) came early in the day with a score of 23-18 when the Bronchos lost the last two weights. Ninth ranked Western State upset Central Oklahoma 18-15 losing the last four weight classes. However, the Bronchos rallied and defeated California Baptist 21-15.

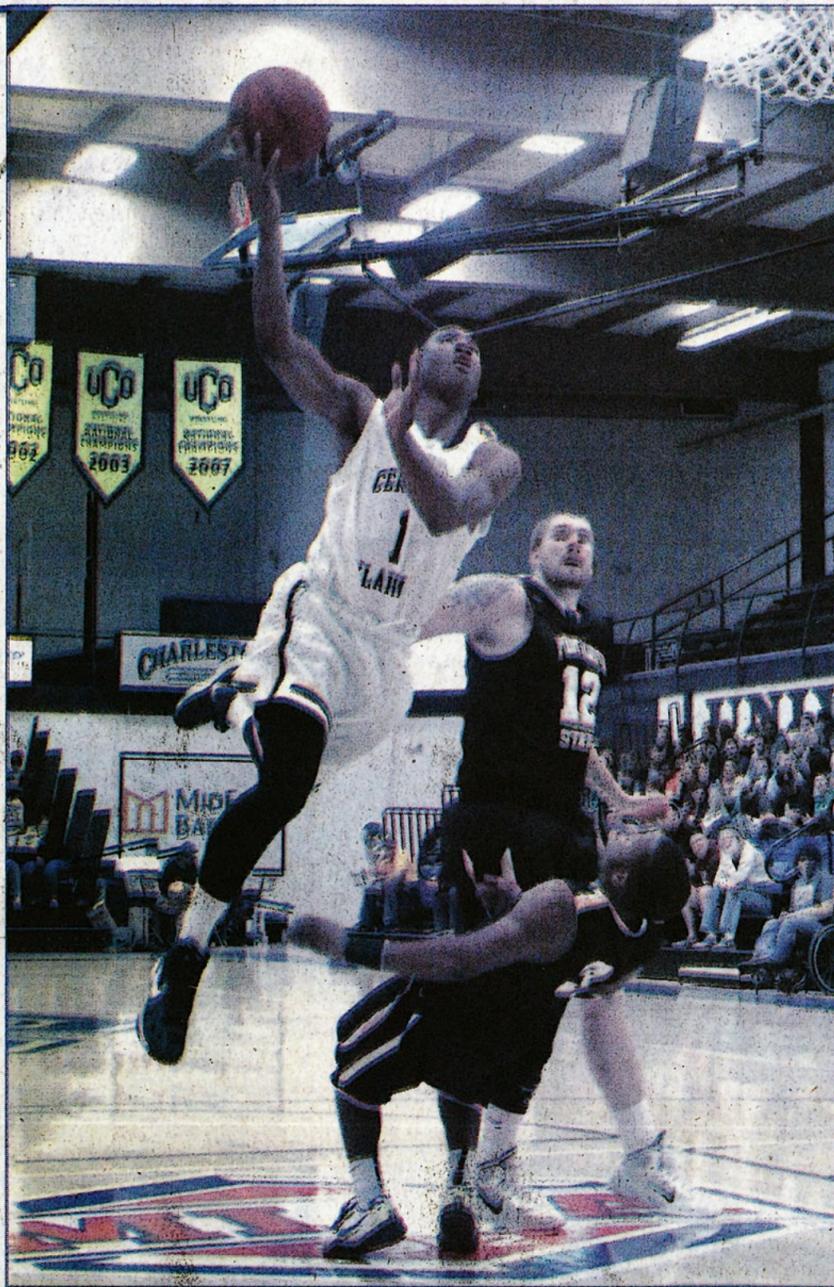
Senior and reigning MIAA National Champion, Cory Dauphin, at 157, remained undefeated conquering fifth-ranked Brady Bersano of California Baptist 4-1.

"I think we need to get more aggressive and offensive. We have to score points to win matches and that means we have to be willing to take chances," said Dauphin. "We've got to find a way to win the close matches."

Dauphin advanced his winning streak to 36 over the weekend, the fourth longest in school history.

Central Oklahoma is now 6-4 overall and 1-1 in the Mid-American Intercollegiate Athletic Association. The Nebraska-Kearney Lopers advanced to 9-3 and 1-0 overall in the MIAA. Loper Brock Smith handed top-ranked Chris Watson, at 165 pounds, his first loss of the season in what proved to be the upset of the day.

"Certainly we had our chances and opportunities to win all three duals and we just didn't get it done," Head Coach David James said. "It was frustrating and we need to have some guys step up. We've got to regroup and try to get better, that's the bottom line."



Sophomore Aaron Anderson goes to the basket on Jan. 16, 2014, against Fort Hays State. Photo by Alik Dyer, The Vista.



Hockey

From Left to Right: Aaron Anderson, Josh Gibbs, Seth Heckart, and Jacob Richardson against Fort Hays State on Jan. 16, 2014. Photos by Alik Dyer, The Vista.

## Central Oklahoma prepares for four straight days

Austin Litterell

Sports Reporter

UCO hockey will return home for four straight days when they play at the Artic Edge Arena on Thursday night. The Bronchos will host Western Collegiate Hockey League foe Colorado before playing Colorado State the next two days. The Bronchos are coming into this game with 19 wins on the season. Colorado is in its first season in the WCHL and American Collegiate Hockey Association in Division I hockey, after making the jump from Division II.

It has not been an easy jump for the Buffaloes, who are currently last in the WCHL. Colorado has just eight wins in 21 games played on the season.

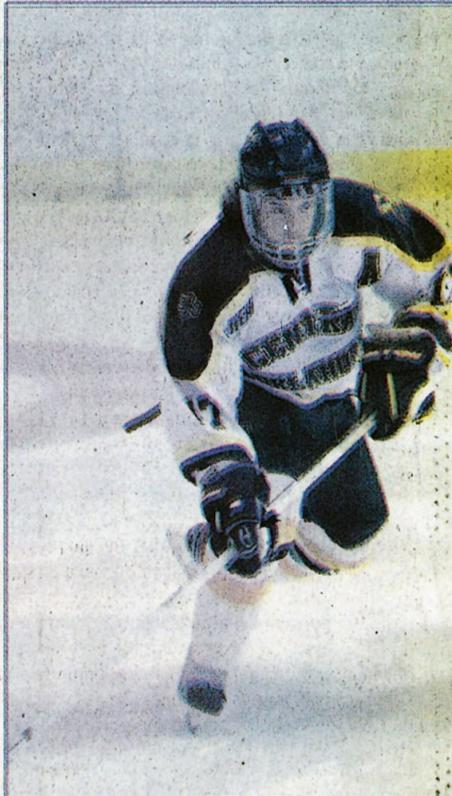
The Bronchos are off to a rough start in 2014. Since the new year began, UCO has lost four of its first five games and have lost two in a row. The Bronchos should still have some confidence going into this game after a two game sweep of the Buffaloes. The Bronchos outscored Colorado 7-3 in the two games up in Boulder. The Buffs are currently last in the WCHL behind UCO's next

opponent, Colorado State. UCO is second in the league with a six and five record behind Arizona State at 10-1.

The Bronchos defeated the Buffaloes 2-1 in the first game of their double header earlier this season. UCO was led by sophomore forward Rylan Duley with a goal and an assist. Seth Cory was the beneficiary of Duley's assist with a goal of his own.

UCO dominated the second matchup against the Buffaloes, coming away with an impressive 5-2 victory. UCO was especially impressive in sharing the puck in this game. Five different players recorded an assist to help the Bronchos. All five goals were scored by different players led by defenseman Matt Prigge, who also added two assists to his night. Others to score were Nolan Grauer, Rylan Duley, Riley Spraggs and Michael Rivera.

Offensively, the Bronchos have one of the best scorers in the ACHA. Riley Spraggs is tied for third with 24 goals in 33 games played for UCO. The sophomore forward is also the team leader in points for UCO with 36 points on the season.



Senior captain Shane Khalaf against Texas State on Nov. 10, 2013. Photo by Cyn Sheng Ling, The Vista.

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