



ENDEAVORING FOR GREATNESS

Athletes compete in 14th Annual Endeavor Games



A group of archery athletes participate in the Outdoor Archery-Compound on Friday, June 7 at the UCO practice soccer field for the 2013 Endeavor Games. Photo by Michael McMillian, The Vista.



Targets filled with arrows stand as athletes take their aim during the qualifying round of the 2013 Endeavor Games event, Outdoor Archery-Compound. Photo by Cyn Sheng Ling, The Vista.

CONTINUED ON PAGE 3

UCO student accepted for 2013 Music in Marche performance in Mondavio, Italy

Tyler Talley, Contributing Writer

Tookah Sapper will participate in the Music in the Marche's 2013 summer program in Mondavio, Italy from June 9 to July 6, thanks to a successful online campaign to fund her attendance.

Sapper is currently a vocal performance major and a collaborative piano minor at UCO. She began piano lessons at the age of five, and began formal voice lessons in high school. Sapper said she accredits her continuing musical passion to her mentors.

"I was very lucky to have such dedicated music teachers growing up," Sapper said. "They really prepared me for college and I would not be where I am today were it not for them."

Sapper continues to remain musically active, and has participated in numerous performances at UCO, including the opera "Dido and Aeneas" this past April. It was during this production that Sapper auditioned for Dr. Jeffrey Peterson, the artistic director of the Music in the Marche. She, along with two other UCO music students, was accepted into the program.

"After being accepted, Sapper said she needed to find a way to raise funds in order to attend.

"A lot of singers raise money for summer programs by giving a series of recitals in which they ask people for donations," Sapper said. "I really wanted to do this, but my schedule was too hectic to work in the time needed to plan and perform a recital series."

It was only after a dinner with a friend that Sapper got the idea to turn elsewhere for funding. Sapper said her attendance

this summer came mainly due to the assistance of family, friends and fans on the crowd-funding website, Indiegogo. The website allows anyone to raise money for film, music, charity, small businesses, gaming, theater and more. Unlike crowd-funding websites, Sapper said that Indiegogo gives the option for users to choose flexible funding. This allows users to receive their funds even if their initial goals are not met.

Users hoping to raise money on the site are encouraged to campaign on various social media outlets, and provide perks as an incentive for people to fund their projects. They are then typically given 30 days to raise their desired goals.

Sapper's overall goal was \$7,400. This covered tuition, airfare, housing and other expenses. She had not only met her goal, but exceeded it with 29 benefactors contributing to her cause.

While in Mondavio, Sapper's schedule will consist of extensive vocal training on a daily basis, including weekly studio classes, diction classes, and master classes. She also will be able to participate in numerous cultural activities while abroad.

As she prepares to leave for four weeks overseas, Sapper said she finds herself incredibly humbled at the generosity of the people that donated.

"What really makes me happy is knowing that all of these people are not only supporting me, but they are grateful to be able to participate in the program," Sapper said. "I am so grateful to have the opportunity to better myself as a singing artist, and to have so many people who are helping me along the way."



Tookah Sapper has been accepted to participate in the 2013 Music in Marche program in Mondavio, Italy as a part of her vocal performance and piano education. Photo provided.

Congress votes on immigration reform



San Antonio, Texas Mayor Julian Castro, center, applauds President Barack Obama in the East Room of the White House in Washington, Tuesday, June 11, 2013, after the president spoke about immigration reform. From left are, Los Angeles Police Chief William Bratton, US Chamber of Commerce CEO Thomas Donohue and Castro. (AP Photo/Evan Vucci)

WASHINGTON (AP) — After years of gridlock, this may be the moment when Congress at last does something about the millions of immigrants living illegally in the U.S.

All eyes are on a 900-page Senate proposal with the you-

said-a-mouthful title of the "Border Security, Economic Opportunity and Immigration Modernization Act of 2013." The bill cleared its first procedural hurdle in the Senate on Thursday, and President Barack Obama hopes to have a bill on his desk by the fall.

What's in the bill? Is there a Plan B? And who are all these immigrants, once you get past the big round numbers?

A big dose of facts, figures and other information to help understand the current debate:

WHY NOW?

Major problems with U.S. immigration have been around for decades.

President George W. Bush tried to change the system and failed. Obama promised to overhaul it in his first term, but never did.

In Obama's second term, he's making immigration a priority, and Republicans also appear ready to deal.

Why the new commitment?

Obama won 71 percent of Hispanic voters in his 2012 re-election campaign, and he owes them. Last year's election also sent a loud message to Republicans that they can't ignore this pivotal voting bloc.

It's been the kind of breathtaking turnaround you rarely see in politics. Plus, there's growing pressure from business

leaders, who want to make it easier for the U.S. to attract highly educated immigrants and to legally bring in more lower-skilled workers such as farm laborers.

WHAT'S THE PROBLEM?

Talk about "comprehensive immigration reform" generally centers on four main questions:

—What to do about the 11 million-plus immigrants who live in the U.S. without legal permission.

—How to tighten border security.

—How to keep businesses from employing people who are in the U.S. illegally.

—How to improve the legal immigration system, now so convoluted that the adjective "Byzantine" pops up all too frequently.

WHAT'S THE GANG OF EIGHT?

A group of four Democrats and four Republicans in the Senate that crafted a bill to address all four questions. In a nutshell, this proposal would tighten border controls, allow more high- and low-skilled workers to legally immigrate, require employers to verify their workers have legal status, and create an opportunity for those who are in the U.S. illegally to eventually become citizens.

THE VISTA

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EDITORIALS

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The Vista encourages letters to the editor. Letters should address issues and ideas, not personalities. Letters must be typed, double-spaced, with a maximum of 250 words, and must include the author's printed name, title, major, classification and phone number. Letters are subject to editing for libel, clarity and space, or to eliminate statements of questionable taste. The Vista reserves the right not to publish submitted letters.

Address letters to:

Editor, The Vista, 100 N. University Dr., Edmond, OK 73034-5209, or deliver in person to the editor in the Communications Building, Room 131. Letters can be emailed to vistaco@gmail.com.

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The Vista is published biweekly during the fall and spring semesters, and once weekly during the summer. In all issues, The Vista has opportunities for both classified, online and print ads.

Contact Aaron at 405-974-5913 or email your questions to vista-media@yahoo.com for rates.

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Editorial

Strap on the Fat Pants

My younger sister moved to Tualatin, Oregon last year. One thousand nine hundred and sixty one miles of Oregon, Idaho, Utah, Wyoming, Colorado, Kansas and Oklahoma separate her driveway from mine.

After a year of her absence, you would think I'd adjust. However, I still get the sting of tears behind my eyes thinking about how far away she is, though I know she will eventually make her way back to OklaHOMEa.

In an effort to console and comfort, we have hour-long conversations at least once a week catching up on the ways of Oregonians and Oklahomans alike. Last night, my temporary Oregonian concluded our conversation on a hilarious note.

"So remember my favorite pair of Express Jeans I wore throughout high school?"

"Yes," I replied.

"Well, I have been wearing them again and I'm really excited about it, but after wearing them all day they make my stomach and back hurt because they don't really fit," my sister said.

"Don't you think that's kind of silly? You probably shouldn't wear them

anymore if they are hurting you. You have other pants that actually fit you, why don't you just wear those?"

"Because I have a theory," my sister said. "My other pants fit me so well that they make me feel skinny and I believe in those pants I can eat whatever I want throughout the day. Since these pants don't fit and are so constricting it makes me think I'm too fat to eat whatever I want all day."

I laughed for a long time at my sister's discovery of her old pants. Where does one find the motivation to make oneself uncomfortable in order to achieve a goal they hold at a higher standard than their own contentment?

Like sitting next to the stinky kid in class on the front row for the potential of taking better notes.

Parking in a back row parking space at Wal-Mart in hopes of enduring a little more exercise.

Tolerating an hour-long daily commute in 100-degree weather with no air-conditioner in order to save money for a long-awaited vacation.

Buying a gold fish for companionship and insurance of a low responsibility relationship.

Talking all night long with a friend through their tribulations in order to bring them back to the self they've lost.

Shopping online and never making a purchase in order to entertain desires and remain debt free.

Finding a way to balance time between three jobs, school, sorority priorities, family life and personal reflection all in hopes of a financially stable future.

By facing problems big or small, through anguish or comedy, with anxiety or ease, when it comes down to it we all have routes of distress that lead us to our desired destination of alleviation.

Be sure to wear your fat pants well, especially if by the end of the day you will be happy with the amount of food you didn't eat.

LINDSEY RICKARDS
managing editor

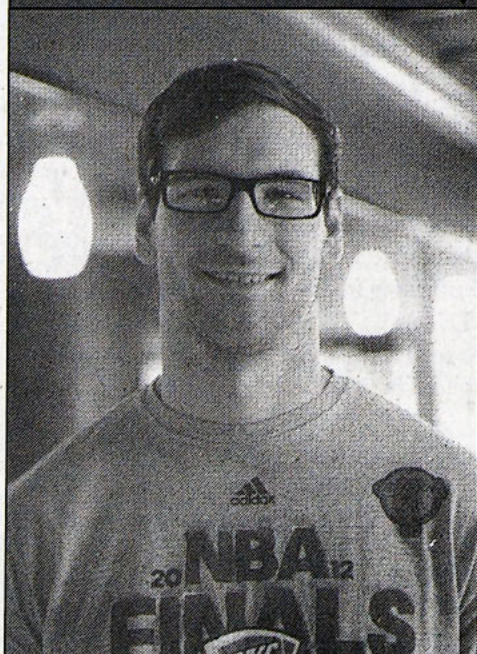


Cartoon by Evan Oldham

CAMPUS QUOTES

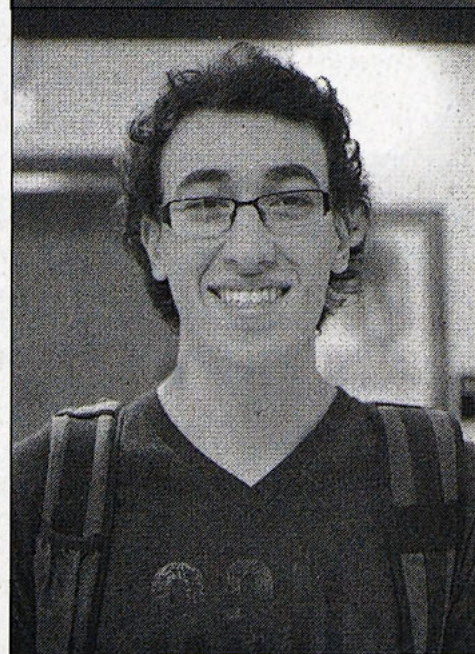
If you could study abroad to any country, which would it be and why?

BRIAN KLIEWER
Biology-Senior



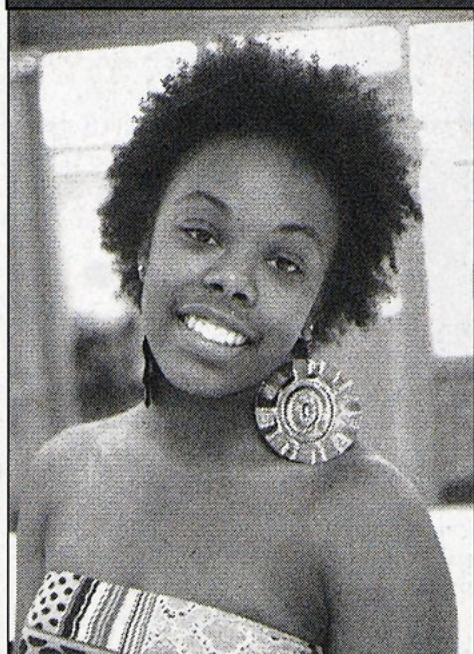
"England, so I could be a part of the atmosphere and culture. That area is close by to places like Rome and Greece."

ULISES SERRANO
Music Business-Senior



"Iceland. Because they have some of the worlds most beautiful scenery and active volcanoes. They have really good music too."

TIFFANY SHIRLEY
Psychology-Junior



"I would like to study in Paris. I like the culture and the unique history."

HALLIE MCCARTNEY
Biological Science-Senior



"France or London. I've learned French for seven years. It would be great if I got to use it. London, I really like England and there is no language barrier."

Opinion

Sincerely,
Stevie
Pavement for a Path
By Stevie Armstrong



You never thought you would finally finish, but the day has come. Your gown drapes behind you as you walk across the stage, proud but even more relieved that somehow you graduated college.

With every graduating class, many bright and talented friends go with it. Those graduates have a chance to go out into the world and make something of themselves. They also give those behind them the opportunity to follow in their footsteps; that's where I come into play.

If you regularly pick up a copy of The Vista, you may be used to reading Little Miss Sunshine's articles. I have the honor to express my opinions

in the same way she did.

First, I wanted to tell you all a little about myself so you have an idea of where these sometimes bizarre thoughts come from.

I grew up in Moore, Okla. before moving to Edmond in middle school. There must be something in the water here, since I have yet to leave this town. Maybe it's just the free food and cable my parents still provide.

I am a junior journalism major who loves reaching others through writing. I have always had a knack for writing, but was never sure what I wanted to do with it. I've written short stories, poetry, editorials, blog posts, and news articles. Editorials stood out

as my favorite because I got to include my own two cents, or three or four.

This past semester, I was offered the opportunity to write for The Vista. The little girl inside of me jumped up and down and called every person I know to tell them all about the great news. This started the pavement for a new path.

I have only ever lived in Oklahoma, but my heart has always been obsessed with the ocean. This leads me into my absolute favorite hobby, which has even turned into a side gig, scuba diving.

Most people raise their eyebrows when I tell them about this, especially living in Oklahoma. But the surprise is what makes it all the better.

Now that you know a little about me, I would love to hear from my readers as well. I believe interaction is crucial when it comes to being a writer.

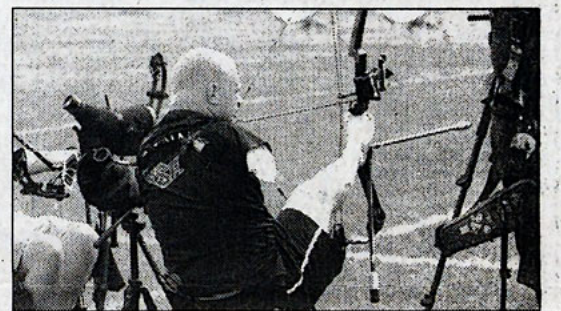
I would love to receive feedback or have my readers contact a me if they are interested in a certain subject and are curious about my point of view. My email is sarmstrong7@uco.edu and my Twitter is @steviearmstrong.

It's my honor to write for you. Without readers, there would be no writers.

Sincerely, Stevie



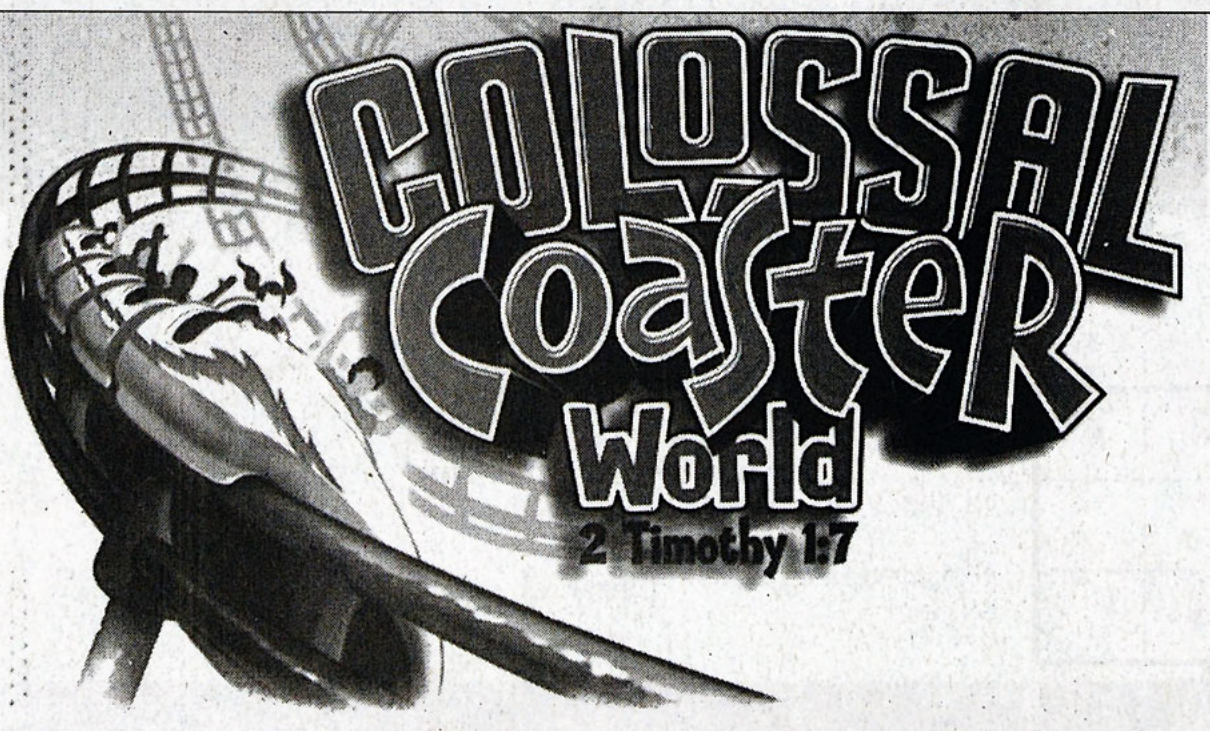
Photo by Michael McMillian, The Vista.



From June 6 – 9, the University of Central Oklahoma held the 14th annual Endeavor games, a competition through various sports for athletes with physical disabilities.

The competition is nationally recognized, and sanctioned by U.S. Paralympics, a division of the U.S. Olympic Committee. The games took place at various locations in and around Edmond, including UCO, Edmond North High School, Lake Arcadia, and along the Oklahoma River at the Oklahoma City Boathouse District.

Events included archery, cycling, sitting volleyball, powerlifting, shooting, basketball, various track and field competitions, and paracanoeing along the Oklahoma River.



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UCO kinesiology students visit Seoul for study abroad program

Emily Crowder, Contributing Writer

A group of six kinesiology students from UCO are leaving for Hanyang University on June 27, to study abroad in Seoul, South Korea for one month.

The students will be taking a three credit hour course in Outdoor and Community Recreation, focusing on tourism and recreation at the South Korean university. UCO has a partnership with Hanyang University allowing the students to personally finance the course fees and pay for the course through the bursa's office at UCO.

Outdoor and Community Recreation student, Haleigh Larkin, 22, is traveling with the group and her main goal is to fully immerse herself in the South Korean culture and learn and grow from the experience not only as a student, but as an individual as well.

"This will be my first time extensively exploring a foreign nation and learning in a different atmosphere and university. I hope to gain a greater sense of cultural differences and attain a higher level of societal and lifestyle customs of the many different nationalities that will be in attendance at Hanyang," Larkin said.

The itinerary for the trip is centered on the class schedule, which will meet everyday throughout

the week except Wednesday. On Wednesdays, the students will be free to go on group excursions, giving them the opportunity to explore and engage in the local culture and attractions of Seoul.

"I found this opportunity to be a very exciting and an educational adventure that would be beneficial for a greater learning experience in a diverse setting," Larkin said.

UCO has an office for academic affairs located on the campus of Inje University in Gimhae, South Korea. The UCO Korean office works with its five partner universities: Hanyang University, Pukyong National University, Busan University of Foreign Studies, Hoseo University, Inje University, and Silla University, allowing UCO students and Korean students to get help and information while studying abroad. UCO will be the largest group represented at this international program. There will be faculty and students from at least 55 countries worldwide.

"Being a full-time student at the University of Central Oklahoma for the past four years, transferring briefly to a new scholastic arena will be a change that I welcome greatly and cannot wait for the opportunity of a life time," Larkin said.

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RANDOM FACTS

Sure, people see multiple home runs by the same person in the same game, but did you know that only one man in all of major league baseball history was able to pull off not one, but two grand slams in the same INNING? Fernando Tatis pulled off this feat while playing with the St. Louis Cardinals in the late 1990s.

The first private detective agency was established in 1833 by Eugene Francois Vidocq, a former fugitive. He used his extensive knowledge of the Parisian underworld to become a master criminologist. Vidocq was a pioneer in the use of surveillance and disguise, ballistics, card-index record keeping, and was the first to use plaster-of-paris to take impressions of shoe prints.

RANDOM QUOTE

Be fit for more than the thing you are now doing. Let everyone know that you have a reserve in yourself; that you have more power than you are now using. If you are not too large for the place you occupy, you are too small for it.

- James A. Garfield

RIDDLE

What has roots as nobody sees,
Is taller than trees
Up, up it goes,
And yet never grows?

- Answer in next week's issue.

RIDDLE ANSWER

Answer from the previous weeks riddle.

"Sequoia" "facetious" (vowels are in order) or "facetiously" (in order, and includes Y); abstemious and abstemiously (again with the Y).

SUDOKU

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WORD SEARCH

BEACH	R	Q	L	C	L	R	Z	Z	T	F	I	A	F	U	N
COOKOUT	H	H	X	B	W	J	M	S	G	L	G	L	T	U	K
FRIENDS	R	O	S	W	I	M	M	I	N	G	J	A	K	P	Q
FUN	R	P	H	U	K	L	C	O	O	K	O	U	T	J	Q
HOT	F	Y	A	G	M	E	E	V	Z	I	C	C	S	V	D
ICECREAM	K	Y	D	M	C	M	I	O	L	X	E	L	S	O	A
ICECUBES	Q	T	E	R	R	L	E	M	O	N	A	D	E	M	U
LEMONADE	G	R	E	J	R	A	F	R	I	E	N	D	S	J	D
OCEAN	G	A	N	I	L	E	W	O	T	C	Y	O	L	U	F
PARKS	M	P	S	E	B	U	C	E	C	I	G	V	U	Z	R
PARTY	N	A	H	Z	E	P	Z	O	R	X	M	T	S	Y	H
POOL	F	R	O	G	A	N	T	Y	F	E	N	E	E	N	I
SHADE	K	K	R	X	C	Q	D	C	L	K	T	Z	V	N	W
SHORTS	N	S	T	O	H	J	P	O	O	L	Z	A	A	U	V
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CROSSWORD

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62					63		64	65						
66					67						68			
69					70						71			

Across

- Green gem
- "Gladiator" setting
- "Guilty," e.g.
- Arab chieftain
- Serving as or forming a base
- Be itinerant
- Clean and honest
- Creole vegetable
- Conformity with some aesthetic standard of correctness or propriety
- Affecting extreme elegance in dress and manner
- Syllable naming the fifth note of any musical scale
- "Nice!"
- Compete
- Church assembly
- Exit
- Caesar's farewell
- Baby holder
- Chinese zodiac animal
- "Beowulf," e.g.
- Barely beats
- Auditory
- Audition tapes
- 100 cents
- United States Postal Service

47. Bows

49. Power pylon

51. Arid

52. Moldovan monetary unit

53. "Bingo!"

56. Rotary engine

60. Utter shrill sounds

62. Ingredient in skin lotion

63. Ball about the size of a fist used in playing tennis

66. Aims

67. Assumed name

68. "Cast Away" setting

69. Bringing up the rear

70. Plant tissue

71. God with a hammer

Down

- Denims
- Prenatal test, for short
- Abandon
- Ashtabula's lake
- Suspension
- 50 Cent piece
- "C'___ la vie!"
- Babe in the woods
- Bay
- Noun that denotes a particular thing; usually capitalized
- Norse god of discord and mischief
- All ___
- Asian nurse
- "Don't go!"
- Gluttons
- Crush
- Next to the best
- Ferret out
- Beanery sign
- Bypass
- Jiffs
- Sacred Hindu writings
- Little, e.g.
- Citrus fruit
- Shade of green
- Socially awkward or tactless act
- Draped dress
- The way we word
- "One of ___" (Willa Cather novel)
- Flooded
- "You there?"
- Freud contemporary
- Old Chinese money
- Arm bone
- Engine parts
- Evasive
- Final notice
- Bubkes
- Dundee denial

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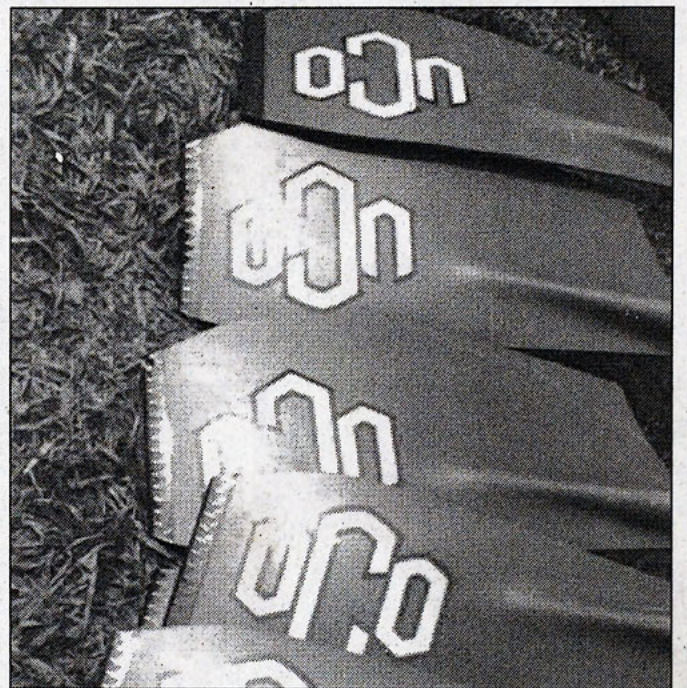
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Special

UCO Rowing places Nationally

Coaches talk about the success and struggle of a young team



UCO Women's rowing team placed fifth in national competition. Photos provided by Bronchosports.com.

Austin Litterell

Contributing Writer

Earlier this week, the University of Central Oklahoma experienced another success, as the women's rowing team qualified for the NCAA Division II rowing championships and competed for a national title. After only a few seasons under their belt, the women's rowing team received their second consecutive invitation to the National Championships, held in Indianapolis. National Championship competitions consist of teams chosen from three different regions, which are eligible for team competition, and at-

large teams, who compete solely in varsity-eight races. The Bronchos, alongside UC San Diego, competed as the at-large teams. The varsity-eight races were comprised of boats with eight rowers each, as well as each team's coxswain. The Bronchos finished in fifth place out of six boats competing in the races, placing fifth for a second consecutive year. Despite being in a position that many teams would have loved to be in, Head Coach Andy Derrick and the team thought they could have done better in the event. As a young, small program, there are not many scholarship opportunities given out for rowing. Because of this, finding undiscovered talent

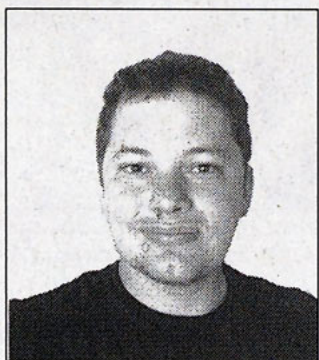
is key for the coaches. Most of their members are former walk-ons. Assistant Coach Travis Hall talked about the importance of being able to convince students to join. "For us walk-on recruiting is extremely important. A majority of our team members are walk-ons. We look for people who are athletic, very driven, and open to learning a new sport." Two All-Americans on the team, Jenna Goodner and Michaela Stam, are prime examples of the importance in seeking out talent. Goodner and Stam both walked on to the team to begin their careers. Though the season just ended, walk-on recruiting starts now for Coach Derrick and his assistants. For programs just starting out, it

can be difficult to find success, but the Bronchos rowing team has gotten a glimpse at that success. Now, the difficult thing for the Lady Bronchos is to be able to maintain that success. Hall believes experience is the key to improvement. "For us to build upon the success, it's about gaining experience. For us, we try to see as many Division II teams as possible by traveling." Hall also mentioned that traveling to different places across the country helps the team get a feel for the speed of other teams. This season was a great season for the Bronchos. The team accomplished many firsts for the program. From winning the San Diego Classic, to beating Kansas, a Divi-

sion I team. This year, the team has become more of a mainstay in the world of rowing. "I think this season continued the turn, last year started that," Hall said. The Bronchos row into the off-season looking to become stronger and faster as a team. Two sturdy seasons have helped UCO in its efforts to become an established program. Even though they lose their two All-Americans to graduation, most of their team remains intact, as they are graduating only one other senior. With a majority of the team returning, there is certainly hope for a bright future for the UCO rowing program.

Opinion

The Rounds: The Superman of Sports



Sam Philbeck

Sports Columnist

This week Warner Bros. releases upon the world a new take on Superman, arguably the greatest superhero of all time in Zack Snyder's "Man of Steel." While Captain America may have been the first superhero, Superman is the true definition of being a superhero. The new look Supes has fans of his (For the record, I'm a fan of Batman, but this still looks great) and fans of comic books and comic book films around the world buzzing. All that in mind, this week I've been making the rounds to find out who could be considered and who is the "Superman" of the sports world. If Superman were an athlete, he'd be a five-tool player in his sleep. His attributes? Faster than a speeding bullet, can leap tall buildings in a single bound, x-ray vision, superhuman strength and a hero-like mentality. His weaknesses? Only one. Kryptonite. A green crystal or substance from his home planet that makes him seem human when he comes into contact with it. So while no athlete has these "super" types of attributes there are those who from human standards are more exception in some cases and others that appear to jokingly be "from another planet." While searching high and low, I've found four athletes that many consider to be from another planet, but only one coming close to the standards Superman has set.

Looking at both their strengths and their weaknesses a.k.a. their kryptonite. Some honorable mentions to this list would be soccer superstar Lionel Messi, UFC fighter Jon "Bones" Jones, slugger Miguel Cabrera, five-tool star Mike Trout, Kevin Durant, Tom Brady, Calvin Johnson and Aaron Rodgers. The four standouts I have chosen, have made that leap to super human with amazing displays of athleticism and freak ability and leadership. All four have outstanding humanitarian work that make them stand out as well. These three of the four came close, but something stood out that made me a little too hesitant to give them the title. 4. LeBron James - The clear cut and undisputed best basketball player on the planet. The 6'8", 250-pound beast shows flashes of brilliance and super human like ability with high-flying dunks or blocks like Sunday's block on Tiago Splitter. Weaknesses? On the basketball court, none. Mentally, he is better than he's ever been, especially once he realized he can just blow past people to get to the basket. The one weakness that stands out to me is his ego. I know many athletes have egos, but I think James' is bigger than most. Whether he's wearing "LBJ MVP" shirts or doing hour long specials like "The Decision," (I blame a lot of that on the evil empire know as ESPN as well.) his ego stands out more as a negative than a positive if he were just confident. It wouldn't surprise me if LeBron said he was the best in the world, because it's true, but it also wouldn't surprise me if he said at some point he's the best all-time, which isn't. Ultimately, when I think of LeBron in super terms, I think of him as a super villain. A villain with Denzel-like charisma, an ego so big he needs a limo for it to be driven to and from the arena and

the ability to crush any city or the country's hearts. It's not like he's never accepted the villain role before. Don't believe me? Go check out his Nike villain commercial and see. 3. Tiger Woods - If I had written this a few years ago, this may be the "Superman" of sports. Remember the '08 U.S. Open? Making his way up and down Torrey Pines on his bum left knee. An iconic moment in the game of golf for one of its biggest icons of all time. His incredible drives and his super sight ability to read greens has made him appear super human at times compared to others in his profession. Weaknesses? Women. Well this could be said about any man, but in Tiger's case it became a huge weakness. The stories of Tiger's infidelities are well known by now and threw his career for a loop at the time. While that hasn't been the case recently, as he has found a new woman in his life, in the form of super skier Lindsey Vonn, it is still tabloid worthy. Something he doesn't need. In the end, look at him more as Bruce Wayne, than Clark Kent. Billionaire playboy, who's alter ego had to be broken first before he could rise up and take charge again. Something that Tiger appears to be doing now. A major would be a nice stamp on him being back. 2. Peyton Manning - Manning's leadership is second to none. The respect he commands from his teammates and gets is incredible. His ability to dissect defenses and his accuracy make him appear to be sent from another planet. Coming off of four neck surgeries, this former Super Bowl champion and four-time MVP led a Broncos team last year to incredible heights earning Comeback Player of the Year and looks to do more this year. Weaknesses? The playoffs. Manning has been recognized by many

as the greatest regular season QB of all-time, but his playoff record is less than desired. Going 9-12 in his career in the playoffs with the Colts and Broncos in many games they were heavily favored. While it's not all Manning's fault and he has won one Super Bowl, you would think a player of his stature would have accomplished a little more. Manning is essentially Captain America with his incredible leadership, who I believe will overcome any short comings left in his career much like Steve Rogers did and claim more glory. While I've chosen four outstanding choices, there can be only one "Superman" and that man is... Adrian Peterson. Ever since I first saw Peterson on field at the U.S. Army All-American game I knew he was special. Then he came to Oklahoma and everyone saw just how special he could be. Nicknamed A.D. (All Day) he set records his freshman year with most rushing yards in a season for a frosh (1,925) and at the time had the highest finish for a freshman in Heisman voting (should've won it.) He was plagued with injuries, but always seemed to come back stronger finishing as the second leading rusher in OU history. Since being drafted, in his six seasons playing in Minnesota, all he's done is rush for close to 8,850 yards and 76 touchdowns. Breaking the record for the most rushing yards in a game his rookie year with (294) and making his mark in history with last year's historic season. No one is supposed to be as good as he was last year after an ACL tear, but he was. Setting a new standard for returning from ACL injuries, a standard a future superman in RGIII may follow this upcoming season. Only missing one game between the 2011 game he was injured to the season opener in 2012, Peter-

son got out the gates a little slow in the first half of the season, but when his team needed him the most, he jumped in his phone booth and through the cape and carried them to four straight wins to end the regular season and put them in the playoffs. Along the way he finished nine yards short of the all-time single season rushing record with 2,097 yards and rushing for 12 touchdowns. The season earned him MVP honors and solidified him as the best back in the game. His mixture of strength (his hand shake can bring a man to his knees), speed, power and confidence is unmatched at his position and arguably in the game today. Weaknesses? It used to be fumbles, but he has fixed that problem with only five fumbles in the last three seasons, compared to nineteen is his first three. I'd say it's on his own team with his quarterbacks. Christian Ponder showed some flashes last season that showed it could help Peterson in the long run and their quest for a title, but he'll need to improve and be more consistent. So there you have it. Adrian Peterson, a.k.a. "All Day," or known in Minnesota as Purple Jesus, is the man I believe is the closest thing we have to "Superman" in sports today. His strength, leadership, confidence and humanitarian work put him above the rest. Things may change this upcoming season, a seasoned veteran or second year player may give us something new to strive for, but until then. It's truth, justice and the All Day Way.



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Football

Broncho football: UCO looks to the future

Coach Nick Bobeck talks about what to expect in the upcoming season



UCO Head Football Coach Nick Bobeck addresses his team. Photo provided by Bronchosports.com.

Thomas Jones

Contributing Writer

UCO football Head Coach Nick Bobeck is stressing the basics as his team begins its second full season in the Mid-America Intercollegiate Athletics Association.

"Getting kids experience, teaching schemes, and getting kids understanding what we're going to ask of them. That's the biggest thing," Coach Bobeck said.

The Broncos are a very young team this season, with a roster consisting of 11 returning seniors, 10 juniors, and more than 25 freshmen. Coach Bobeck feels confident about his new class.

"We're excited about these kids," Bobeck said. "We've got kids that fit. They aren't necessarily older kids, but they have at least been through the season. They've got some experience about them and some understanding as far as the physicality and the tempo of the league. It's always good to have kids who are experienced."

It's to be expected the 65-player squad of Broncos will need to compete for every inch they gain this season. Healthy competition at every position will be essential for the Varsity squad. The team hasn't had a full-pad workout since Spring Training, but the last practices were very effective.

"It's a night and day difference from last year at this time," Bobeck said. "Our kids understand our drills, the tempo we want in practice and things of that nature. We're a stronger football team, a faster

football team."

Bobeck's squad has matured and gained lots of ground since signing almost an entire team of high school athletes over the last two years. These young Broncos have endured an entire season in the MIAA and the experience is present.

"We knew there were going to be growing pains, but we also want to win football games and we can do that," Bobeck said. "We want kids that have a little bit of attitude to them and are going to play the game the correct way."

Bobeck is especially pleased with the linebacker group his staff has built in the last two years since he's taken the reigns for the Broncos as head coach.

"Our linebacker group has done a really good job. We're more athletic at that position," Bobeck said.

The Broncos will open the 2013 season at Missouri Southern on Thursday, Sept. 5, with the team's debut at home on Sept. 14 against Pittsburg State.

Home games are scheduled for Sept. 14 (PSU), Sept. 21 (Emporia State), Oct. 5 (Missouri Western), Oct. 19 (Central Missouri), and Homecoming, which occurs on Nov. 2 (Lincoln). Pre-season drills will begin early August.

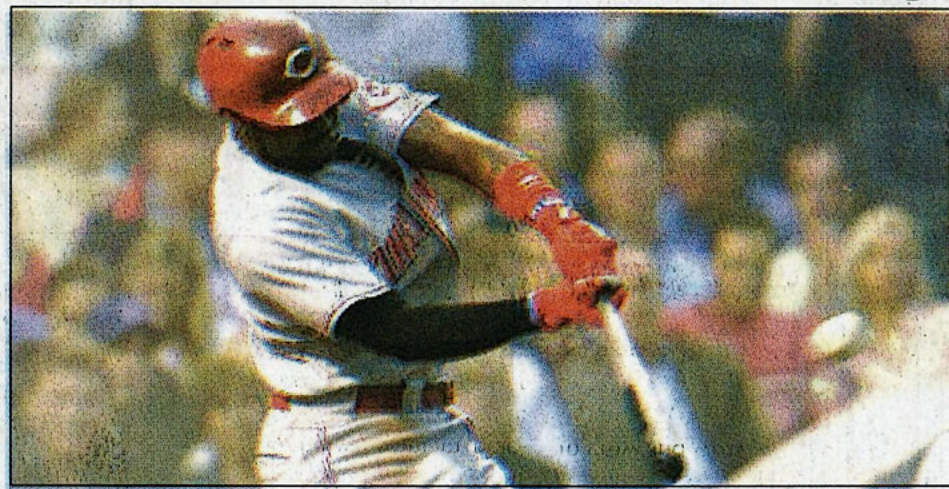
"We've got some guys that have played. We feel good with the class we signed. We're going to continue to grow and we're going to continue to get better."

Broncho Fall Football Schedule

- Game 1**
Thurs, September 5, 6:00 p.m. Joplin, Mo.
University of Central Oklahoma Broncos
vs.
Missouri Southern State University
- Game 2**
Sat, September 14, 6:00 p.m. Wantland Stadium.
University of Central Oklahoma Broncos
vs.
Pittsburg State University
- Game 3**
Sat, September 21, 6:00 p.m. Wantland Stadium.
University of Central Oklahoma Broncos
vs.
Emporia State University
- Game 4**
Sat, September 28, 2:37 p.m. Topeka, Kan.
University of Central Oklahoma Broncos
vs.
Washburn University (MIAA TV Game)
- Game 5**
Sat, October 5, 6:00 p.m. Wantland Stadium.
University of Central Oklahoma Broncos
vs.
Missouri Western State University
- Game 6**
Sat, October 12, 1:00p.m. Maryville, Mo.
University of Central Oklahoma Broncos
vs.
Northwest Missouri State University.
- Game 7**
Sat, October 19, 1:00 p.m. Wantland Stadium.
University of Central Oklahoma Broncos
vs.
University of Central Missouri
- Game 8**
Sat, November 2, 2:00p.m. Wantland Stadium.
University of Central Oklahoma Broncos
vs.
Lincoln University (Homecoming)
- Game 9**
Sat, November 9, 1:00p.m. Bolivar, Mo.
University of Central Oklahoma Broncos
vs.
Southwest Baptist University
- Game 10**
Sat, November 16, 1:00p.m. Tahlequah, Okla.
Bronchos
vs.
Northeastern State University

Baseball

Phillips and Bailey lead the way



Cincinnati Reds' Brandon Phillips hits a grand slam against the Chicago Cubs during the third inning of a baseball game Monday, June 10, 2013, in Chicago. (AP Photo/Jim Prisching)

The Associated Press

CHICAGO (AP) — Brandon Phillips and Homer Bailey were all the Cincinnati Reds needed to recover from a tough weekend.

Phillips hit a grand slam and matched his career high with six RBIs and Bailey pitched eight strong innings, and the Reds extended their dominance over the Chicago Cubs with a 6-2 win Monday night in foggy conditions at Wrigley Field.

Across town, the Chicago White Sox and Toronto Blue Jays were delayed over an hour because of dense fog but the Cubs and Reds were never halted.

The Reds were in a hurry to rebound from a weekend series loss to NL Central-leading St. Louis. The Cardinals had lost four of five overall.

"We were embarrassed over the weekend, personally and as an organization and as a team," manager Dusty Baker said. "We'll get them again many, many times."

The Reds don't play St. Louis again until Aug. 2-4, and before then will have to be content with beating the Cubs, something they do regularly. Cincinnati has won 10 straight at Wrigley Field, eight of 10 over the overall this season, and 17 of the teams' last 20 matchups.

On Monday, all the Reds' runs were driven in by Phillips, who had an RBI single in the first, connected off Scott Feldman (5-5) in the third and an RBI groundout in the eighth for his fourth-career game of six RBIs.

Phillips had been 2 for his last 12 but hit his 152nd home run as a Reds second baseman, tying Joe Morgan for the most by a second baseman in team history.

His six RBIs gave him 615, surpassing Morgan's 612 for the most as a Cincinnati second baseman.

"It just means I've been over here too long to do that because Joe Morgan is the best second baseman to play this game," Phillips said. "For me to be in the same category as him, it's an honor."

Bailey (4-4) didn't make any history, but

he gave Cincinnati exactly what it needed and picked up his first win since May 25 against the Cubs.

He gave up one unearned run and four hits while striking out eight to improve to 7-2 against Chicago, which fell to 7-19 in the NL Central. Bailey threw 120 pitches, his second most of the season and third 100-plus pitch start of the season, sparing a bullpen that worked four innings in Sunday's 11-4, 10-inning loss to the Cardinals.

Going deep into the game and trying to save the bullpen wasn't on Bailey's mind, however.

"If you do that you're not going to make it out of the fourth," Bailey said. "I just wanted to be aggressive and try to be very efficient."

Feldman's night wasn't as good.

He pitched six innings and allowed five runs and seven hits to lose his first decision since May 24 at Cincinnati, the other time he's allowed five earned runs this season.

Unfortunately for Feldman, the Reds did not have trouble in the fog. The Cubs lost for the sixth time in eight games since a five-game winning streak.

"I was hoping it would make it harder for them to pick up the ball," Feldman said. "Apparently it didn't work."

Baker said he lost track of Luis Valbuena's fly ball to left during the bottom of the first that was caught by Xavier Paul, and he and Cubs manager Dale Sveum had doubts whether the game would continue.

"Obviously it couldn't get any worse otherwise you'd have to stop it," Sveum said "It was borderline as it was."

There was no doubt about how much Cincinnati needed to win Monday after a tough weekend against a team Phillips called the best in baseball.

"For us to come out and play the way we did today, it's awesome," Phillips said. "We bounced back from a loss, a tough loss we had at home. We just came here and got key hits in key situations, and got a win."