

THE VISTA

The Student Voice Since 1903

AUG 19, 2013

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PAYING FOR EDUCATION: UCO STUDENTS START A NEW YEAR FACING RISING COSTS



Students wait in line for the UCO Financial Aid Office on August 14. Photo by Cyn Sheng Ling, The Vista.

Stacie Chambers
Contributing Writer

Tuition cost has lingered on the minds of students and parents at the beginning of each school year and this year is anything but different.

The University of Central Oklahoma's budget increase for 2013-14 has been approved by the Oklahoma State Regents for Higher Education and the Board of Regents. This has allowed for the university to fill a \$2.8 million funding gap for mandatory costs.

The majority of the budget increase is due to, not only the increase in mandatory university costs, but also continued stagnant state higher education funding, a rise in health insurance and the cost of supplemental retirement accounts.

Overall, the state of Oklahoma will allocate nearly \$980 million to higher education for the 2013-14 school year.

Central received \$548,100 in new support from the state. This allowed for the university to decrease its mandatory costs, an estimated \$3.3 million.

In the past five years, Central has grown by more than 1,500 students. However, at the same time, there has also been a rise in mandatory costs and reductions in state appropriations.

The university's tuition waivers and scholarships received from students have increased 90 percent over the past five years.

The cost of tuition at Central has increased \$11.50 per credit hour, which covers student tuition and mandatory fees.

For students enrolled in 30 credit hours, the increase will be about 95 cents more per day

compared to last year. However, the average student at Central takes a 22-hour workload per year, which will be about 70 cents more per day.

A total of 3 percent of the tuition increase was to honor the student body vote during the Spring 2012 semester, requesting an increase in the Student Activity fee. However, half of the increase was added this past school year.

The University of Central Oklahoma was not the only university in the state to increase their tuition rates.

The University of Oklahoma was approved for a 4.7 percent increase for resident tuition and a 4.3 percent increase for non-resident tuition. OU will now have a flat rate tuition making it the sixth school in the Big 12 to make this adjustment.

Students will be charged for

30 credit hours for the year and if they do not take 15 credits per semester will be granted the money back if they enroll in summer courses.

Oklahoma State University tuition budget for 2013-14 also increased for undergraduate students. However, due to the record number of students enrolling, students will not see a change in their cost. Freshmen enrollment increased 40 percent from 2008 to 2012 and is continuing to rise.

Students and parents are finding help funding the increasing cost of education by taking advantage of government grants, scholarships, and subsidized loans. Students may find more information at the financial aid office located on the first floor of the Nigh University building.

UCO named a great place to work



UCO parking manager Josh Stone works on his computer in the Transportation and Parking Services office on the third floor of the Nigh University Center. UCO was recently named one of the top universities to work for. Photo by Alik Dyer, The Vista.

Olanrewaju Suleiman
Staff Writer

UCO has recently been named as one of the nation's best colleges to work for by The Chronicle of Higher Education. It is the only university that was recognized in the state.

Christina Tian, a senior financing major, is a student technician at the Max Chambers

Library. She has been employed there for two and a half years.

Tian is an international student who applied at the library because it worked with her schedule.

"I like working at UCO," she said. "It's a good place to meet with people and to learn how to communicate."

Tian believes that every day at her job is always different. "Every day is a new day and

a new challenge," she said. "Everyone is really patient and nice."

"UCO really is a great place to work for," Tian said. "I really enjoy my job."

Timothy Kok, the director of international admissions and communications at the International Office, agrees with Tian's statements.

Kok has been at UCO for six years. He started his university career at a smaller private college and applied to UCO for a greater challenge.

"I wanted to work for a bigger university," he said. "UCO is a very supportive environment where your efforts are being appreciated."

Kok asserts that the leadership at UCO supports his efforts for international expansion and international student affairs.

"We get good resources and are becoming more globalized," he said. "UCO is a safe environment and I like the people I work with."

UCO was previously recognized in 2008, 2010, 2011 and 2012. Faculty and staff from universities and colleges from

across the nation participated in the surveys that determined which schools would be chosen.

Josh Stone, the UCO Transportation and Parking Services manager, started his career as a student worker. When he graduated, he moved up into a higher position.

"I was getting my master's degree and got a job as a student lot worker," he said.

UCO staff members are given the opportunity to take classes to develop their abilities.

"I enjoy all of the classes I get to take," Stone said.

The learning center has classes that range from communications to computer education.

"I like the professional development options UCO gives," he said. "It really is a great place to work for."

The "2013 Great Colleges to Work For" list had 12 categories. Central was selected in two categories: professional development and the educational environment.

UCO has over 2,000 full and part-time employees. Central is one of the state's largest employers.

LOCAL WEATHER

MONDAY H 92° L 68°

TUESDAY H 93° L 70°

WEDNESDAY H 93° L 73°

THURSDAY H 94° L 74°

FRIDAY H 95° L 74°

SATURDAY H 94° L 76°



THE VISTA

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The Vista is published as a newspaper and public forum by UCO students, semiweekly during the academic year except exam and holiday periods, and only on Wednesdays during the summer, at the University of Central Oklahoma. The issue price is free for the first copy and \$1 for each additional copy obtained.

EDITORIALS

Opinion columns, editorial cartoons, reviews and commentaries represent the views of the writer or artist and not necessarily the views of The Vista Editorial Board, the Department of Mass Communication, UCO or the Board of Regents of Oklahoma Colleges. The Vista is not an official medium of expression for the Regents or UCO.

LETTERS

The Vista encourages letters to the editor. Letters should address issues and ideas, not personalities. Letters must be typed, double-spaced, with a maximum of 250 words, and must include the author's printed name, title, major, classification and phone number. Letters are subject to editing for libel, clarity and space, or to eliminate statements of questionable taste. The Vista reserves the right not to publish submitted letters.

Address letters to:

Editor, The Vista, 100 N. University Dr., Edmond, OK 73034-5209, or deliver in person to the editor in the Communications Building, Room 131. Letters can be emailed to vistauc@gmail.com.

ADVERTISE WITH THE VISTA

The Vista is published semiweekly during the fall and spring semesters, and once weekly during the summer. In all issues, The Vista has opportunities for both classified, online and print ads.

Email your questions to ucovista.advertising@gmail.com for rates.

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CAMPUS QUOTES

What's your favorite part about the fall semester?

SAMI GARROUETTE

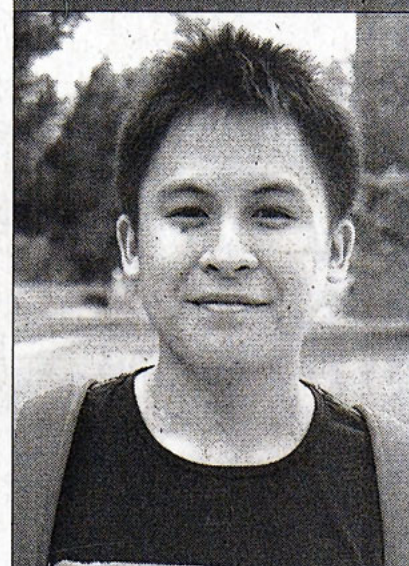
Math Education - Junior



"Probably the new freshman. Can't wait to see the new faces."

SAM WONG

Accounting - Sophomore



"The weather, because it's gonna be cold. I like the scenery in fall too, when the leaves start to fall."

NIKKI TAYLOR

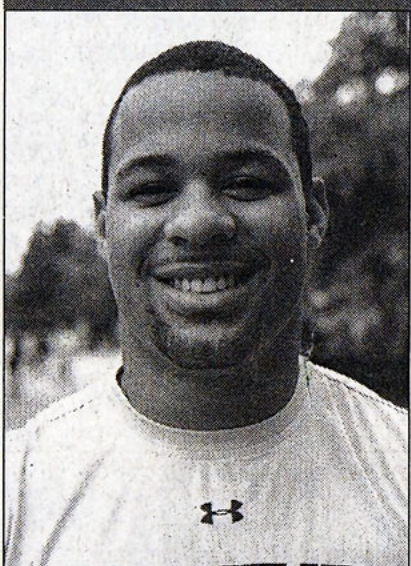
Nursing - Sophomore



"All the activities that's going on. There'll be a magician and a comedian coming to campus next week."

CORY DAUPHIN

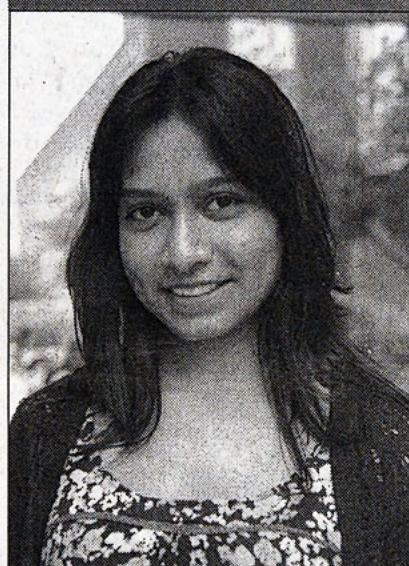
Industrial Safety - Senior



"Meeting with my wrestling team."

FARIA BADHAN

Accounting - Junior



"Make friends with new students that will be coming in."

CODY DAUPHIN

Criminal Justice - Senior



"Incoming freshman, which also means more chicks."

Letter from the Editor

Welcome Back to a New Year at UCO

My fellow Bronchos,

The start of a new year always brings new experiences and new memories. The beginning of this one is no different. All of us stand before a new year, like a door waiting to be opened. As we cross the threshold of this new year, starting classes, attending events and discovering what this university has to offer, I hope that every one of you will remember one thing – connection. A vital part of thriving in college is to stay connected, whether that be through friends, roommates, colleagues or even professors. Connections are what make the world turn and help all of us turn with it.

This year, The Vista will strive to keep you connected, whether that connection occurs through news, current events, sports, campus activities or even opinion writing. By keeping you informed, we will try our very best to stay connected to not only the university around you, but the city, state, nation and world around you.

As editor-in-chief of The Vista, I will dedicate my time to serve you, the UCO community. I look forward to displaying all that UCO has to offer in the pages of The Vista each week.

It is a privilege to be working with the students on my staff and I am honored to share their hard work with all of you.

With the start of something new, always comes potential for something great. It is my hope that The Vista will fulfill that potential for this upcoming year. By staying connected to UCO students, faculty and staff, we will be better able to help keep all of you more connected.

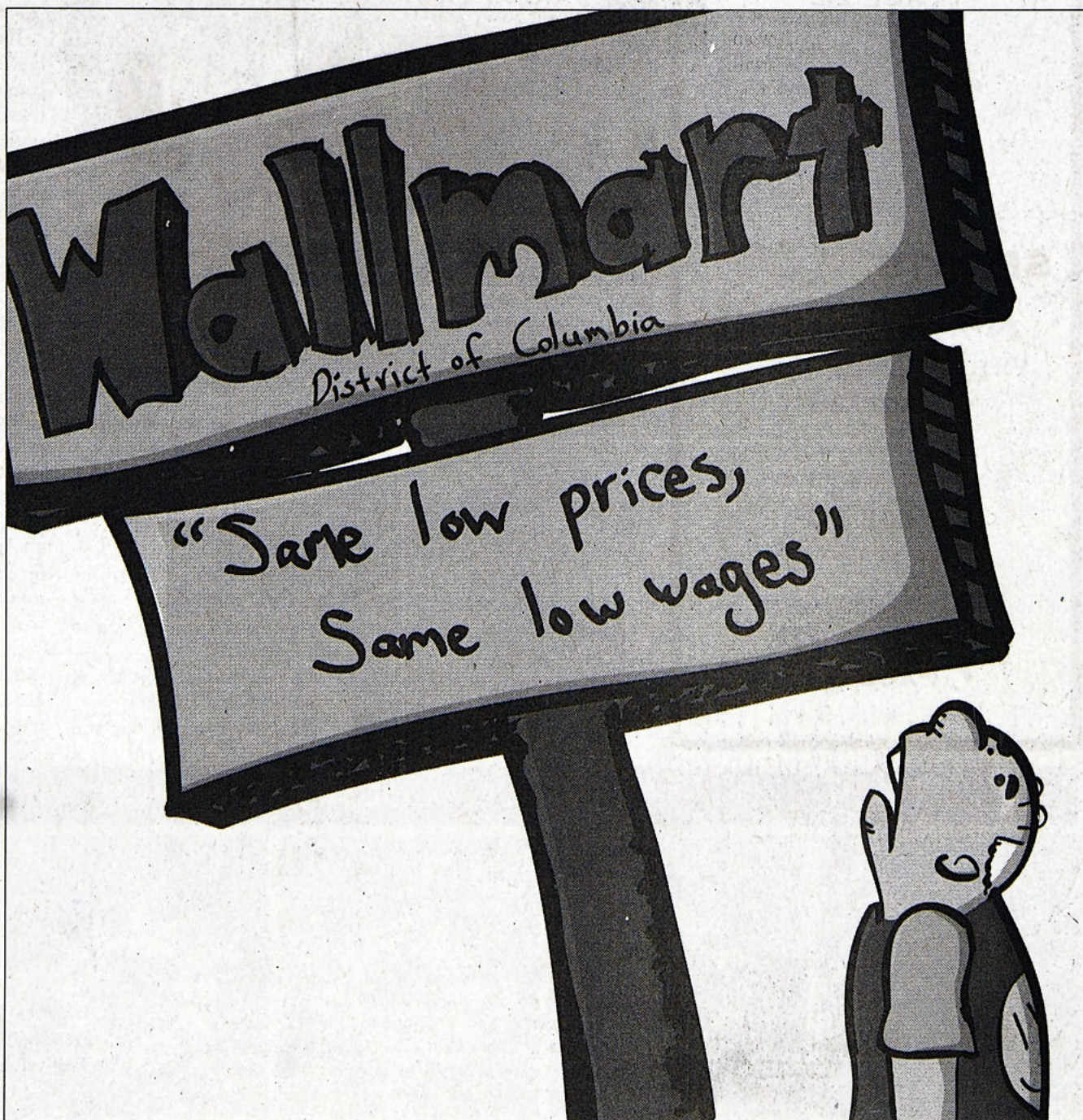
I'd like to thank you all in advance for your support and leave you with this quote by Bear Grylls, "To me, adventure has always been to me the connections and bounds you create with people when you're there. And you can have that anywhere."

Stay focused. Stay adventurous. Stay connected.

Sincerely yours,


Sarah Neese
Editor-in-Chief
The Vista

CAMPUS CARTOON



Cartoon by Matthew Gossom

Opinion

Sincerely,

Stevie
 Enjoy the Ride
 By Stevie Armstrong

"An exciting or very unusual experience," is the formal definition of an adventure. To me, that's the definition of life. Life is one big adventure and this new school year is the next stepping stone.

Each person's adventure is different. Some adventures may be similar or shared with others', but no matter what, they're all unique in some way.

Our definition states the words "exciting" and "unusual." At times, we can argue that life isn't always exciting, especially when stuck in a classroom day after day. But when we wake up, we may have an idea of what's going to happen that day, but we never really know. Personally, I'm terrified of the unknown, but that's what makes life exciting.

Life can be such a mystery. It's filled with questions like, "where should I go to college?" "What should my major be?" "Did I really kiss them last night??" Life, and the decisions we make in life, can be very unusual. But if everything was normal, exciting wouldn't exist.

A new semester has risen in your path and with it comes a new chapter. There will be long nights of studying and paper writing. There will be early mornings of getting drunk on coffee and skidding into class at the last second. On the bright side of this chapter, there will be long nights of making lifelong memories with your friends. And there will be early mornings of watching the sun rise,

sitting next to those same friends.

Unfortunately, there are times when our adventures feel more like unsurpassable tests and you second guess whether you can continue trudging through it. In my personal adventure, my strength grew weary just a few months ago. Everything seemed to be unclear. What I was supposed to accomplish in life, even my real friends were, who whether I should stay in school or not, were the types of questions haunting me. It was as if I had hit a "quarter-life crisis."

Being an overly dramatic female, I didn't see this confusion ever having a resolution. But just like everything else, it too eventually dissolved.

Not all of it, though. Clearly, I chose to stay in school and I opened my eyes to realize that I have some of the greatest friends I could ask for. As for understanding what I'm supposed to accomplish in my life, that, I left up in the air. Instead of trying to plan out every step, which is impossible, I accepted the fact that I'll never know every move to make, until life gets me there.

No one gets for certain what this exciting and unusual life will entail. If we did, what's the fun in that? Life is an adventure, y'all. Enjoy the ride.

Sincerely, Stevie

UCO Broncho Buddies celebrates with kickoff

Alex Cifuentes

Contributing Writer

The University of Central Oklahoma student organization Broncho Buddies celebrates its third year with a weeklong kickoff event Sept. 9 through Sept. 13 at the UCO International House.

To accommodate their steadily increasing numbers, this year's kickoff event will differ from previous, in that Broncho Buddy pairings may choose any day between Sept. 9 through Sept. 13 to enjoy their kickoff event. A kickoff event will take place each evening of Kickoff Week beginning at 6 p.m., and will take place at the International House, located on the corner of Chowning and University Drive. Broncho Buddy pairings will fill out an online questionnaire prior to the kickoff, which will determine what date will best fit the schedule of the Broncho Buddy pairing.

"By breaking up the kickoff into multiple days, it allows the Broncho Buddies to develop the one-on-one relationship, and avoids the chaos that usually comes with having 400 people at one event," International Activities Specialist Jared Scism said.

In 2011, Broncho Buddies began with 217 participants, and has nearly doubled membership with 399 participants in spring of 2013.

The growth of this organization can be attributed to the uniqueness of what their experience offers.

"Broncho Buddies is a great opportunity for students who can't go abroad to get the experience of what it's like to be abroad. It truly allows them to learn about other cultures without ever leaving home," Scism said.

Many American students fear the differences that come when getting to know a complete stranger from another culture, but the Broncho Buddies staff assures that these hurdles do not stand out in comparison to what those who participate are able to gain.

"I feel like a lot of times people are afraid that their Broncho Buddy is not going to be able to speak English. They think, 'How am I going to communicate or be friends with this person, if they can't even speak English?' In all reality, this barrier is not real, because the international students take a test to be able to attend school in the U.S.," Scism said.

Broncho Buddies is an intercultural program that pairs American UCO students with international students, according to common interests. Once a pairing has been made, Broncho Buddies hosts multiple events to allow each student to get to know the other's culture. These events range from dinner at a cultural restaurant, to a bi-annual Thunder basketball game.

For more information about Broncho Buddies, go to uco.edu/bronchobuddies



Group picture outside the Chesapeake Arena before a Thunder Game on April 17, 2013. Photo by Cyn Sheng Ling, The Vista

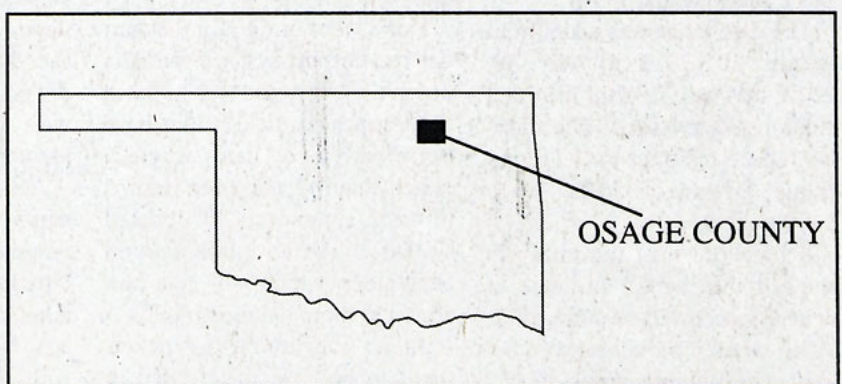


Broncho Buddies enjoy some food at the wrap up party at International House on April 27, 2013. Photo by Cyn Sheng Ling, The Vista

Osage County film makes its debut



FILE - In a Feb. 24, 2013, file photo, Meryl Streep appears at the Oscars at the Dolby Theatre in Los Angeles. John Wells' August: Osage County, which stars Meryl Streep and Julia Roberts, is among the 16 galas at the Toronto Film Festival, it was announced Tuesday, July 24, 2013. (Photo by Chris Pizzello/Invision/AP, file)



The Associated Press

OKLAHOMA CITY (AP) — A feature film about the lives of Oklahoma woman will make its world premiere at the Toronto International Film Festival next month.

"August: Osage County" features a slew of Hollywood all-stars, including Meryl Streep, Julia Roberts,

Ewan McGregor and Chris Cooper. It will premiere during the Toronto Film Festival Sept. 5-15.

The film is based on Tracy Letts' stage production of the same name. It was filmed in Pawhuska, Barnsdall and Bartlesville.

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THE PRICE OF PARKING

Parking permits increase as TPS strives to become more transparent

Brooks Nickell

Staff Writer

Parking permits have taken a 25 percent increase for students at the University of Central Oklahoma this year. These decals, which allow students to park in designated lots on campus, cost \$125 for the 2013 school year, a \$25 increase from last year's \$100 decal price.

Raul Martinez, UCO's Transportation and Parking Services (TPS) director says the \$25 increase is necessary in maintaining existing programs and functions of TPS, such as the Bum-A-Bike program and Broncholink bus, while at the same time allowing proper upkeep of parking lots and providing funding for new innovations to the way TPS runs.

"If I stuck to the same budget every year for upkeep I would be taking care of less and less," Martinez said. "The cost of maintenance and necessary items like asphalt go up every year."

UCO President Don Betz agreed with Martinez and added that the cost inflation of materials needed in parking lot maintenance has provided for recent parking lot set backs.

"We have had to defer repair and maintenance of many of our parking lots for the past few years because of inflated costs of materials due to Hurricane Katrina. Those costs have now leveled off somewhat and the increase in parking fees will help us move forward with several of those long neglected, yet important projects."

Martinez budgets around \$400,000 annually for parking lot maintenance with another \$30,000 annually going into the removal of snow and ice. \$20,000 goes to the rental of lots on the west side of campus. All of this is on top of a \$750,000 bond payment that Martinez makes every year before students purchase a single permit. The bond payment covers a loan taken out in 2003 for parking lot construction. UCO's TPS is a self-supporting entity, receiving no financial assistance from the state and operating solely on funds from parking permit sales, citations and paid parking.

"I want us to be able to do more," Martinez said. "Anything that we do from providing a parking lot to a sign, we want to provide a quality product. Your commute to campus is

your first experience here. When you leave campus your commuting as well. We want that to be a good experience."

TPS has recently invested \$148,000 in a new parking management system that will change the way students deal with TPS, automating things like ticket viewing, payment

real problem stems from students not wanting to park in some of the farther lots, or being unaware that these lots exist.

"We have yet to have every parking spot filled up," Stone said. "Lot two is probably empty 90 percent of the time. Students complain about driving around for 20-30 min-

responsible for the decrease in parking permit sales.

"When you provide more commuting options to your customers you improve everyone's opportunities all around, including parking. We have an intensive transportation program here on campus. The strategy behind it is to decrease parking demand. We started this initiative aggressively in 2008 with the bum-a-bike program."

Currently, UCO's alternative parking initiative encompasses the Bum-A-Bike program, the Broncholink bus, the carpool program, an on-campus Hertz on Demand car rental service and the Cycology bicycle service center.

Martinez allows that due to these programs the number of parking spaces available is increasing versus the number of enrolled students. In the 2009-2010 school year, enrollment was at 16,092 students and the total number of parking permits purchased, including commuters, housing students, motorcyclists, presidential partners, non-UCO departments, faculty and staff members, was 15,275. In the 2010-2011 school year, enrollment increased to 17,101 and the number of permits decreased to 15,163. Again, these numbers followed the same trend in the 2011-2012 school year, where enrollment was up another 138 students and permit sales were down by 152.

"We don't make these decisions in isolation. We research and put the data together," Martinez said. "We keep a lot of data. We want to know that we're being good stewards of our resources and funds, spending them wisely and where they need to be spent."

Martinez presented his findings and suggestions to the UCO Student Association last spring. The senate voted to pass the price increase on parking permits 17-6.

"Support from the UCO Student Association was important as we moved forward with plans to increase parking fees," President Betz said. "Last spring, the UCOSA Senate endorsed the plan recognizing the importance of providing our students with improved parking facilities and expanded alternative transportation opportunities."

According to Stone, TPS is striving for transparency between their office and customers of their services.

"We're trying to serve the students, better tell them what we are doing," Stone said



With the costs of parking permits rising, many students are facing the choice on whether to pay more or find parking elsewhere. Photo by Cyn Sheng Ling, The Vista.

and the appeal process. According to Martinez, the new system will better "safeguard" parking spots as well. The new system will come with a Department of Motor Vehicle interface that identifies those who park on campus without a permit, allowing TPS to ticket them for taking up the parking spots of students who have paid for permits.

According to Josh Stone, TPS parking manager at UCO, there are around 6,500 parking spots on campus and an average of 20,000 people, from students, faculty and staff to visitors will occupy campus daily during the semester.

That would leave roughly 13,500 individuals without a parking space, but Stone and Martinez allowed that this is not the case and in fact say that there is more than enough parking available.

One of Stone's responsibilities within TPS is to monitor the UCO TPS Twitter account. Stone said that while many students complain about a lack of available parking, the

utes looking for spaces, but they're driving around lot 11. Students could take that time, park in a further lot and walk. You'll get to class faster that way than circling lot eleven and fighting for a spot that just doesn't exist."

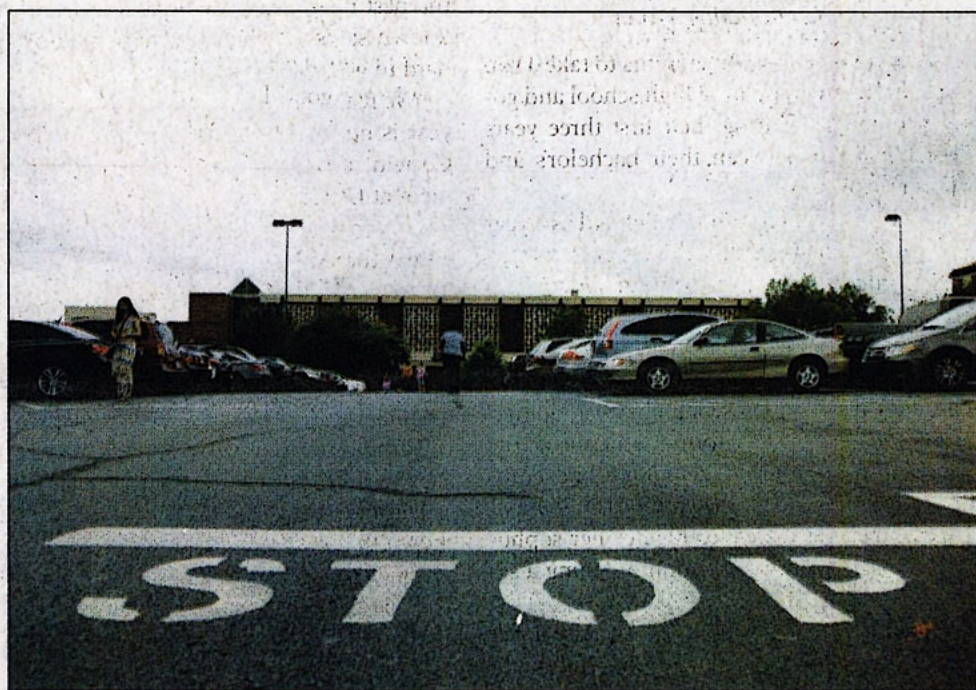
Lot two, situated just east of Wantland Stadium, is considered north parking and is a multi-permit lot. Students parking in this lot would look at a seven-minute walk to the Nigh University Center, where as students who arrive early enough to park in lot 6, just east of the Liberal Arts building can expect a four-minute walk.

"The increase in parking fees will ensure that the university is better able to serve our students through improved parking facilities and expanded alternative transportation opportunities such as the Bum-A-Bike program and the Broncho Route on Edmond's Citilink bus service," President Betz said.

And, alternative transportation opportunities are precisely what Martinez deems re-



Transportation and Parking Services handles parking permits and ticketing at UCO. Photos by Cyn Sheng Ling, The Vista.



UCO Transportation and Parking Services aims for efficient ticketing

Josh Wallace

Staff Writer

According to data obtained from the University of Central Oklahoma's Transportation and Parking Services (TPS), \$822,040 in tickets were issued for violations on campus between August 2012 and May 2013.

The data range was taken from August 20, 2012 to May 30, 2013, in which 28,590 recorded citations were issued. The number reflects citations issued for no charge, given as a warning, up to \$100 tickets.

A breakdown of the numbers showed the highest instance of ticketing occurred on August 27, 2012, where 561 tickets were issued. The highest volume of tickets issued per month occurred in September 2012, where 5,459 tickets were issued, it was also the highest in terms of dollar amount ticketed per month, at \$159,430.

According to TPS Parking Manager Josh Stone, the dollar

amount ticketed for the past two semesters doesn't reflect what has actually been collected, he added, "We didn't obviously collect all of that. It looks like an exorbitant amount of money, but we didn't even come close to collecting all of it, and unfortunately our current system doesn't allow me to show who paid and who didn't."

Stone went on to add that under the current system, the data doesn't show what tickets have been appealed, tickets that have been waived, or cases where a ticket might have been issued in error. He expects an updated system to be in place around September, which will give him access to more detailed reports.

As for the number of tickets that can be immediately tied to UCO students, Stone puts the figure at around half of the number issued, adding, "Generally I think it's somewhere around 45 percent of the tickets that are written are applied to a banner account which would mean we'll eventually collect. Unfortunately

that's as high as it gets about right now; hopefully with this new system it could go into the 70s or 80s."

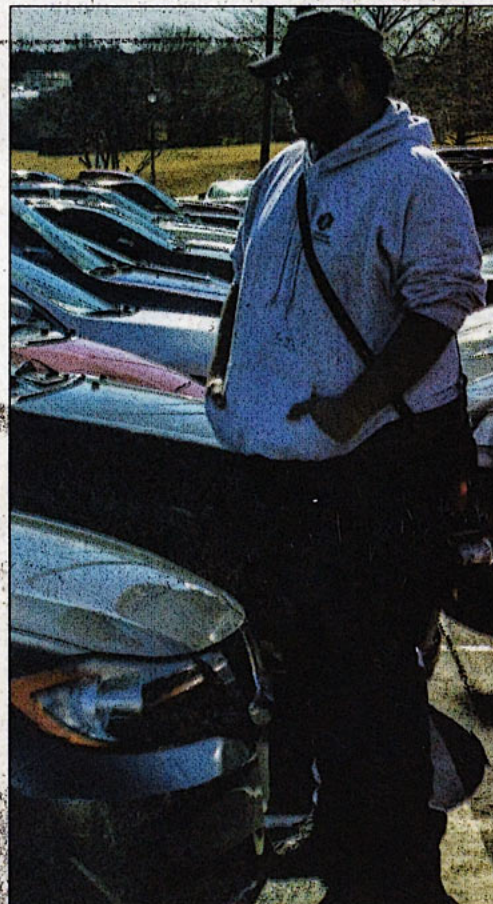
For vehicles that cannot directly be tied through registration with TPS or to a UCO banner ID, a student's identification number, the department enlists a third party to come and identify vehicles and match them to students. Once a vehicle is linked, the violations are put into a student's university account, along with a \$25 fee associated with identifying them.

As for whether he thinks students try to beat the system, Stone added, "Some certainly try. Usually they get shocked when it takes six months from now [and] let's say we suddenly catch up with them, it simply takes that long to go through and find them and do the research and apply to the car. So, some certainly do try to take advantage of the system, some may get away, but a lot of them won't, it just takes time."

According to Stone, consequences for those who don't

pay off their tickets can include a hold on their account if their university balance is above \$200, which can add up quickly with multiple tickets, essentially blocking them from enrolling in classes for the next semester. He also added, "If you get more than five citations, you're considered a habitual violator and your car can be impounded at your cost. Usually the hold on your account is all that is necessary, [but] if you continue to not pay your parking ticket they can be sent to collections. The university has a very good collections company and they'll hold your taxes and your pay checks, if you owe the university money, it's going to catch up to you, it'll affect your credit."

TPS does offer a payment program for those who have received a significant amount of tickets and need time to pay them off. Students can pay the fees off in four payments throughout the semester, typically around the same time each month over a four-month period.



Parking attendant Josh Hurley scouts cars for possible parking permit violations. Vista Archives.



Far Left: UCO President Don Betz makes a copy of the flyers accompanied by Amy Johnson, Academic Director of Letter Press and Prototyping Lab, during the grand opening of the lab on July 31st, 2013. Top Center: Amy Johnson shows President Betz and Ruki Ravikumar, Chair of Design Department, the machine used to make letter press and prototyping. Top Right: The new letter press and prototyping lab building. Bottom Center: Some of the work by UCO students displayed at the lab. Bottom Right: Amy Johnson and President Betz with a flyer at the letter press machine. Photos by Cyn Sheng Ling, The Vista.

New Letterpress and Prototyping Lab at UCO

Kanasha Brown

Contributing Writer

The University of Central Oklahoma's (UCO) Department of Design opened the new letterpress and prototyping lab, as well as hosted a reception for the public on July 31, 2013. The lab is located across from the UCO campus on 1020 Waterwood Parkway.

The lab features both modern and antique equipment. When asked why the merging of new and antique technology started, UCO's chair of the Department of Design, Ruki Ravikumar said "a lot of our terminology comes from this equipment, so in a way you appreciate the new technology when you

know what we started with."

Ravikumar explained that the old-fashioned letterpress was 2-D and more hands on than the modern 3-D prototyping machine. She described the prototyping machine as the future; the machine converts files into 3-D objects using powder.

Director of UCO Design Academic Program, Amy Johnson did demonstrations of the antique style letterpress. When talking about the purpose of the lab, Johnson said to the crowd, "To provide creative space where experimentation is the goal."

Throughout the reception, many walked around and observed the new equipment.

When asked about thoughts on the new

lab, Real Estate Manager Troy Talley replied, "I think its fantastic, it's been a long process getting the space set up."

Talley explained how bringing back the antiquated equipment is good for students that are accustomed to using the modern technology for print functions.

Minutes after the reception started, Ravikumar thanked everyone who was involved as she described the long journey and preparation of the lab. "This has been a project in the making for three years, its come out of literally blood, sweat, and tears," Ravikumar said.

During the reception, Ravikumar also stated that she serves on the board of The American Institute of Graphic Arts

(AIGA), as well. She explained that AIGA is the professional organization for graphic designers on a national level.

Ravikumar started her term July 1, 2013. She explained, "There is usually 13 people when you pull from different parts. There's always a spot for one educator so I feel very luck to be that one."

UCO professionals stated that the design classes will still be held on campus. The space is used as a support lab to make their products. Those interested in using the lab for other inquiries will be able to book time.

The lab is also extended to the community, fulfilling UCO's mission.

GAP YEARS IMPACT GRADUATION

Natalie Cartwright

Contributing Writer

A trend is setting for students to take a gap year between graduating high school and going to college, during their first three years of college, or between their bachelor's and master's degrees.

A "gap year" is commonly defined as a year off from academic studies in order to pursue other interests. This year off can allow a student time to travel, intern, work or simply explore different avenues of life.

"I started college straight after high school because it's what everyone else was doing," said Emily Haden, a former student at the University of Central Oklahoma. "I never really considered any other options."

Haden left UCO in 2009 after her sophomore year, with the intention of taking a semester off.

"I stopped attending UCO because I felt like I was wasting time and money. I thought it was pointless to continue on if I didn't have a particular destination," Haden said, proving that students who enroll in college with an undeclared major do not always find one while attending. A total of 39 seniors at UCO still had "undeclared" on their transcripts in 2012.

"It's now been 4 years," Haden said. "I thought one semester would be plenty of

time to figure things out. It obviously wasn't."

Haden has been working full-time as Assistant Café Manager at Barnes & Noble for the past three years, demonstrating the well known saying, "when you take time off, it's hard to go back."

"We really have seen statistically that a gap year is not good for a student," said Dr. Jay Corwin, associate vice president of enrollment at UCO.

Corwin teaches Success Central courses and is the author of College Talk, the book used in Success Central classrooms to help start conversations between the teachers and their students.

Success Central is a class for incoming freshman and its purpose is to help students with the transition from high school to college.

According to Corwin, "statistics have shown that students who take the class have a higher graduation rate and a higher GPA. The class intends to bring UCO's current graduation rate up, which right now is at a poor 36 percent in the past six years."

Corwin believes that nothing productive is accomplished when students take a year off from college.

"I'd describe my time off from school as stagnant, neither good nor bad. I just haven't accomplished all I thought I could in my time off," Haden said.

Taking a gap year is always a student's choice but their reasons widely vary. "Every

person will have a different answer," Corwin said.

"I regretted the school I transferred to so I withdrew," said Nichole Thompson, a current Graphic Design student at UCO.

Thompson withdrew from the University of Tulsa in 2010, after discovering she was attending the wrong university.

During her time off from college she worked full-time as a bank teller at the International Bank of Commerce, popularly known as IBC Bank. She owes her success in graphic design to her time off from school, knowing that if she had not spent time away from school she would not have found UCO.

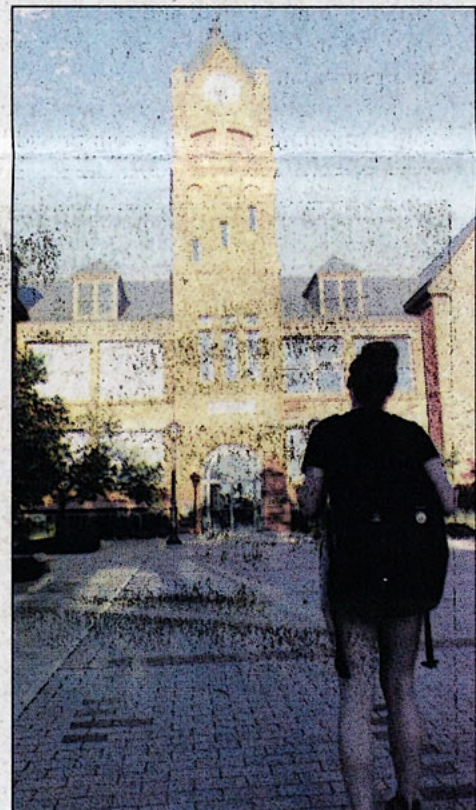
"The benefits were reinforcing the importance of college vs. minimum wage full-time jobs," Thompson said. "Taking a break from anything really puts your life in perspective."

Similar to Thompson's experience, Haden added, "After some real world experience, I know the benefits of continuing your education after high school."

Although Haden and Thompson do not regret their gap year decisions, college professors and counselors do not always support it.

"From what I've seen, if a student stops even for a semester it's really hard to get them back to the classroom," Corwin said.

Corwin describes taking a gap year like missing a class, "once you're out it's easier to be out, once you're in it's much easier to remain in."



A UCO student approaches Old North. Photo by Brooks Nickell, The Vista.

Many students have taken a gap year, considered taking one, or know someone who has. Before making the possible future-altering decision, Corwin encourages students to talk to their advisors or someone on campus that they trust.

Corwin said, "I never want to lose a student."

Brain Training Opportunity

Tyler Talley

Staff Writer

A new San Francisco web-based company, Lumosity, has developed the first "brain training program" that could prove useful to college students.

According to an article promoting the website, as people get older, both mental clarity and memory retention can become increasingly more difficult. This, in part, can be attributed to the influx of information the brain intakes, combined with the brain's advancement in age.

"While seemingly innocent, the loss of mental focus can potentially have a detrimental impact on our professional, social and personal well-being," the article stated.

The average college student usually has quite a lot of information to take in. For example, Lois Bryan, a graduate student with UCO's counseling psychology program, works two part-time jobs, on top of being a full-time student. She also commutes to Edmond from Norman four days a week. To help her keep track of all the information she must retain, Bryan has devised a practical way to help her remember everything.

"I keep a calendar of my deadlines, events and shifts, and I check them daily," Bryan said.

While Bryan's method is effective and traditional, Lu-

mosity looks to streamline the process of assisting in one's ability to retain information. The article says that the brain, like any other muscle, requires exercise. In a sense, the website hopes to create a form of brain training.

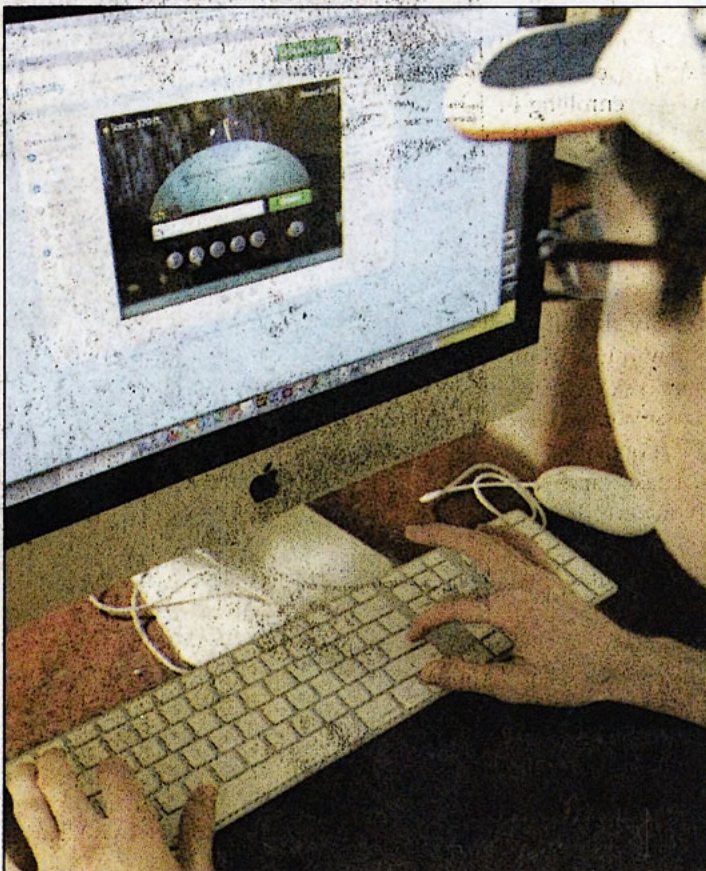
Lumosity's website offers numerous exercises that are expected to train and strengthen a number of aspects of the brain, including memory, attention, speed, flexibility and problem solving. Each of these categories include four sub-categories that the user can then pick and choose to focus on in an attempt to personalize each individual's experience with the program. The site also offers a series of games to help make memory retention more enjoyable.

Chloe Grey Baird, a UCO student who has tried the program, said that she found this particular aspect of the program to be helpful. "I struggle a lot with committing things to memory when I hear them for the first time, like names," Baird said, "So I believe the memory games would help a lot with that."

Baird will also be working part-time, going to classes, and attending events for her sorority, this fall. With such a full workload, Baird said the website could really benefit her daily life and assist her with memory retention.

"I do think it would help if you use daily because it does really challenge certain key points," Baird said.

While the program normally requires a subscription fee, Lumosity is currently offering a free trial for any potential customers that may be interested in trying the program.



A UCO student practices brain training using Lumosity. Photo by Alike Dyer.

Opinion



A Nickell for Your Thoughts

BACK SEAT BEATINGS BY BROOKS NICKELL

FOLLOW ME ON TWITTER @JBROOKSNICKELL

I've known Jake since we were both "knee high to a grasshopper," as my mother's father would say. We were both three, Jake and I, when his family moved across the street from mine. By across the street, I mean just on the other side of a dirt road 8 miles out of town and into a house that was built by my grandfather. Idioms weren't the man's only skill.

The first time I met Jake, we squared off. He stood in the doorway of my tiny-bedroom while I sat haphazardly, hanging one leg out of a screen less window. Not a single word had been spoken since my mother said something along the lines of, "This is Jake, your new neighbor," and left us to play. The parents went off to the living room of the trailer house we were living in at the time and Jake began to wade through the ocean of toy trucks and action figures that polluted my adolescent floor.

Roughly five minutes had passed before he came across one of my prized possessions, a foot and a half tall Fievel Mousekewitz doll from the animated movie *An American Tale*; Fievel Goes West. This toy was special to me. When you separated the Velcro strap holding the back of Fievel together, you would find a concealed cassette tape deck. Insert the Fievel Goes West tape, put the corresponding book in the doll's hands, press play and it was like watching magic. The oversized mouse, adorned in cowboy attire, would move his mouth as he read

you his story. It was an amazing toy for 1994.

Jake picked up the doll and turned his attention back to me. The rest of the memory is a smidge hazy, but I remember Jake raring back and throwing that Fievel doll, book, tape, and all, and hitting me right in the chest. I toppled out of the window, fell all of three feet and erupted into an ear-shattering wail upon my arrival to the ground.

Jake turned tail and ran. My parents scooped me up and the new neighbors loaded up in their car to drive back across the road. As Jake climbed up in the back of the car, I witnessed something that would happen many more times in the 19 years we would come to share. He did all things in his power and succeeded at getting the seat directly behind his father in the car.

It wasn't until about a year ago that we had a conversation regarding this tactic. I asked Jake why he had always sat behind his dad. He replied the way Jake always did, with a mischievous smile and starting his sentence with "Well Brooksy you see..."

He explained that his dad couldn't reach him if he sat directly behind the man, and that while it only prolonged the punishment until he got home, at least for a few minutes he was safe.

I could never escape the punishment when I did wrong. I was either too slow, or when on the cusp of avoidance, too morally

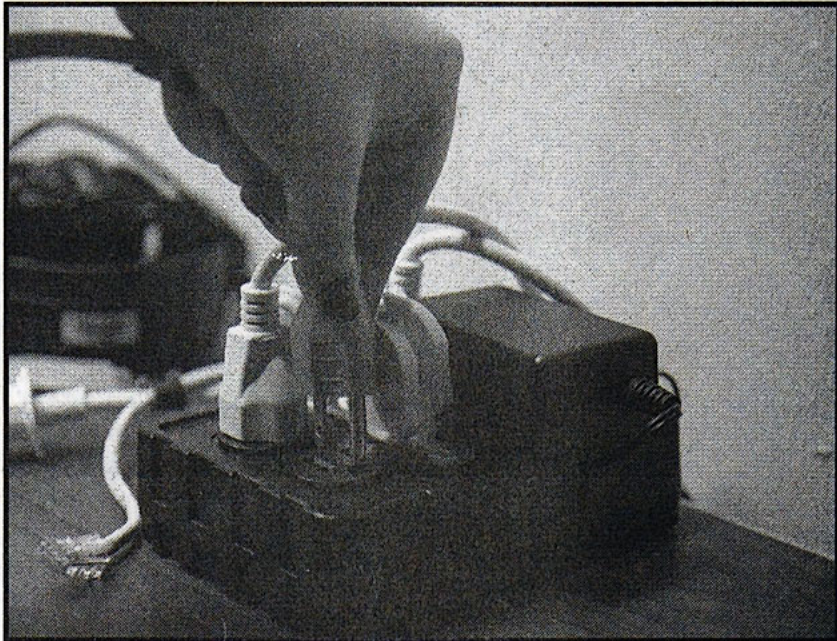
overwhelmed to live with even the smallest white lie. I would own up and take my whippings or grounding or extra chores, knowing that I had done wrong and become a better person for it, at least I thought.

It wasn't until my first few years of college that I realized Jake wasn't the only one capable of dodging a back seat beating. I shrugged off homework, neglected to study for tests and tried my hardest to blossom socially. I was avoiding the up front beating, the hard work and motivation it takes to succeed in collegiate level education. I was sitting in the backseat hiding behind dad.

Now that the car has come to a stop I find myself working harder and harder, taking more and more of a beating, all the while wishing I'd just have taken it up front, wishing I wasn't battling a low GPA and reprieving failing grades to try and un-tarnish my transcript.

Many of the friends I made along the way, the friends I tossed aside homework and failed tests for, are gone and I'm sure that more will be lost as time has a way of doing that. But, one friend that will always remain true is Jake, and I wish I had learned this lesson from him sooner; avoid the backseat beatings. Own up and do what's right. Put in the work now and I promise you, things will move a lot smoother.

Brooks Nickell



The University of Central Oklahoma spent \$8,795,613.03 on electricity across campus from 2007 - 2013. Photo by Cyn Sheng Ling, The Vista.

UCO COPES WITH FLUXUATING ELECTRICITY COSTS

Josh Wallace

Staff Writer

According to data from 2007 to 2013, the University of Central Oklahoma spent \$8,795,613.03 on electricity across campus.

The electricity usage report covered from January 2007 to May 2013 and showed similar costs per month for most of the year, despite a Kilowatt per hour rate increase in January 2010. Looking at the month of January, costs fluctuated from \$80,821.86 in 2007 to \$78,193.56 in 2011, with the costliest being in 2013 at \$83,666.87.

Looking at the other extreme, August, the charge for 2007 was \$138,532.00 and 2012 at \$165,569.06. The cost for 2011 was the highest at \$178,773.24, with 2011 and 2012 standing as two of the hottest months on record according to the National Weather Service, with the average temperature in the month for 2011 being 102.2 degrees and 2012 being an average of 96.5 degrees.

According to UCO's Sustainability Coordinator, Tim Tillman, the variation in cost from year to year is expected, he added, "There's a lot of variation, it will jump up and down quite a bit depending on when classes are in session and when they're not, summer is obviously pretty expensive just to keep things cool. So you're looking roughly \$88,000 to up to around \$150,000 a month. There's not been a whole lot of change in the cost since 2007, we've managed to keep it relatively stable, with the cost of utilities going up. How we did that is our performance contract with Johnson controls."

Tillman described how the arrangement with Johnson Controls (JC) came about, adding, "Back in 2006 we had two or three major buildings that the HVAC, the heating and cooling systems, were completely offline, they weren't functional. At the time it was against state law for a public entity to go issue state bonds and enter into this, what's called a performance-based contract. Well UCO and Steve Kreidler kind of led the way and lobbied the legislature and got that law changed, and we entered into this contract."

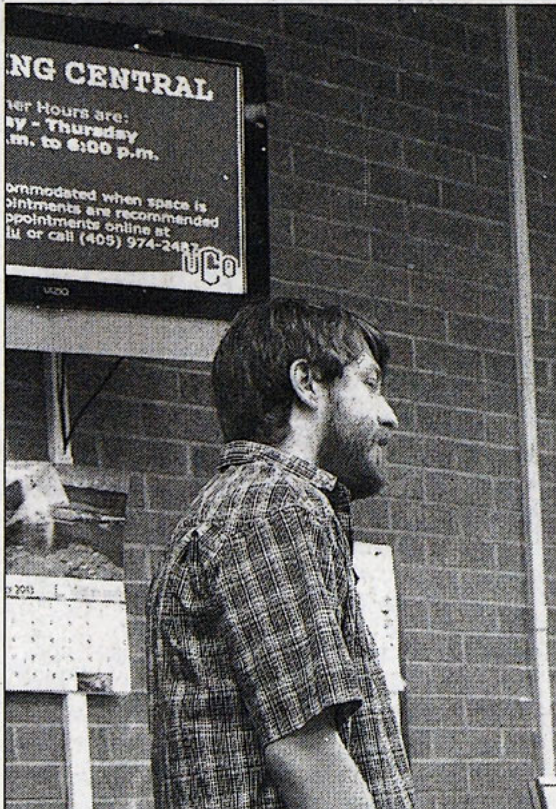
The performance-based contract UCO has with JC allowed for the repairs to be made to the buildings along with continued upkeep, with the condition that the equipment being replaced would be guaranteed to be efficient and energy saving enough to offset the cost of the bond repayment. Tillman said that since then, the performance contract with JC has allowed the university to operate more efficiently, with roughly a 24 percent reduction in electricity consumption.

In addition to the reduction in cost, Tillman considers the system reliable, adding, "I've been here since 2007 and I can't remember ever losing a class day, so yeah it's a great system and they're always looking for more efficiency, like changing out lights and converting to LEDs, ... there's a tremendous amount of work going on every day on campus to maximize efficiency."

Aside from the contract with JC, Tillman says he is looking for other ways to cut energy consumption, and ultimately, cost. He described how he is beginning to work more closely with the academic aspect of campus, getting away from administration, and trying to change the way UCO looks at energy consumption.

For example, why keep an entire building open during the summer, when energy rates are at their peak, and fewer students are on campus, just for a classroom or computer lab. "It's thinking about those things and planning it out and something else we've talked about is class consolidation, if you've got two classes in liberal arts, and one class going on in education, and one in business, just put them all in the same building. There's always room for improvement and we're always looking for it."

For Tillman, the effort would need to be taken on by students, faculty, and staff, he added, "We want to make it a collaborative effort, and we want to bring the deans and the vice president on board and get their support for that type of thinking, it really is a change in thinking, a change in behavior and just as I can't go around and tell every student 'hey, you need to recycle,' we can make it such a part of the culture on campus that it becomes second nature."



Tutoring Central is available 7 p.m. - 10 p.m. on Sunday, 9 a.m. - 10 p.m. Monday through Thursday, and 9 a.m. - 1 p.m. on Friday. Photos by Quang Pho, the Vista.



Tutoring Central Readies Up to Help Incoming Freshman

Stacie Chambers

contributing Writer

It's the beginning of a brand new school year here at the University of Central Oklahoma, and that means the start of sixteen weeks consisting of test taking, essay writing, and pop quizzes.

Tutoring Central (TC) was created to increase the student retention rate, help student's successfully complete courses, and to help focus and motivate students to do well while continuing their education. TC offers several tutoring options to help students stay on track and be successful.

TC provides tutoring services and academic support programs on campus to all students, free of charge.

Within TC there is an English and Writing lab, which offers a variety of services to students who really struggle with writing and to those who just need a second eye to look over their work.

TC is dedicated to improving the overall writing skills of students for all university courses. The English and Writing lab specializes in one-on-one tutoring to improve students writing, vocabulary and organizational skills.

Tutoring Central also provides tutoring for math students in courses up to College Algebra. Any student in any other math course beyond College Alge-

bra will be able to seek help in the math lab in room 100 of the Math and Computer Science Building.

TC also offers tutoring for science classes. Students enrolled in Intro to Chemistry, General Chemistry, and General Biology will benefit from the experienced tutors. The College of Math and Science provides all other science tutoring to students.

Students may make an appointment for Tutoring Central at their website <http://www.uco.edu/academic-affairs/students/tutoring-central/> as well as seek 24/7 online tutoring at Tutor.com

Students will find TC in the northeast corner of West Hall across from Buddy's Cafeteria. For fall and spring semesters, TC is available 7 p.m. - 10 p.m. on Sunday, 9 a.m. - 10 p.m. Monday through Thursday, and 9 a.m. - 1 p.m. on Friday.

In addition, TC has a link on their website that provides several topics to students who may be struggling with choosing a topic for essays and presentations. The website also provides other learning links for brainstorming, study strategies, and math help.

The semester may turn out to be challenging and/or stressful for many students, but all can take advantage of what the university has to offer to have a more successful semester and overall college experience.



Students utilize the on campus tutoring resource Tutoring Central. Photos by Quang Pho, the Vista.

Commons Roofs Replaced

Josh Wallace

Staff Writer

Starting in May 2013, the University of Central Oklahoma's Housing and Dining began getting roofs replaced around campus, as a result of hail damage sustained in 2012.

According to data provided from Housing and Dining (HD), the costs included repair work on Dining at \$497,667, Married Student Housing at \$23,385, and Central Plaza at \$200,162. These figures include the cost of painting, siding, and other repairs in addition to the roof replacements.

Josh Overocker, executive director of business enterprises, described the process of getting the building repaired, adding, "We went through the insurance process. All of our buildings are either insured through the state or insured through private insurance companies, so we had insurance adjusters come out ... and inspect the roofs, give us an estimate on what they would pay us to replace the roofs. We made an effort to try and use the window of time during the summer when we didn't have a lot of students living with us to do the roof replacements."

Overocker mentioned that all of the housing buildings, with the exception of Murdaugh Hall, will be having roof work

done. Murdaugh didn't sustain as much damage as the other buildings, due in part to the clay roof, which held up better to the hailstorm than the conventional roofs.

He also mentioned work to be done to West Hall, adding, "West Hall will be doing more roof work than the insurance company is paying for it. There's some other work we need to do on that roof while we're up there, so we're getting a certain amount from the insurance company and then will be doing additional work while we're up there."

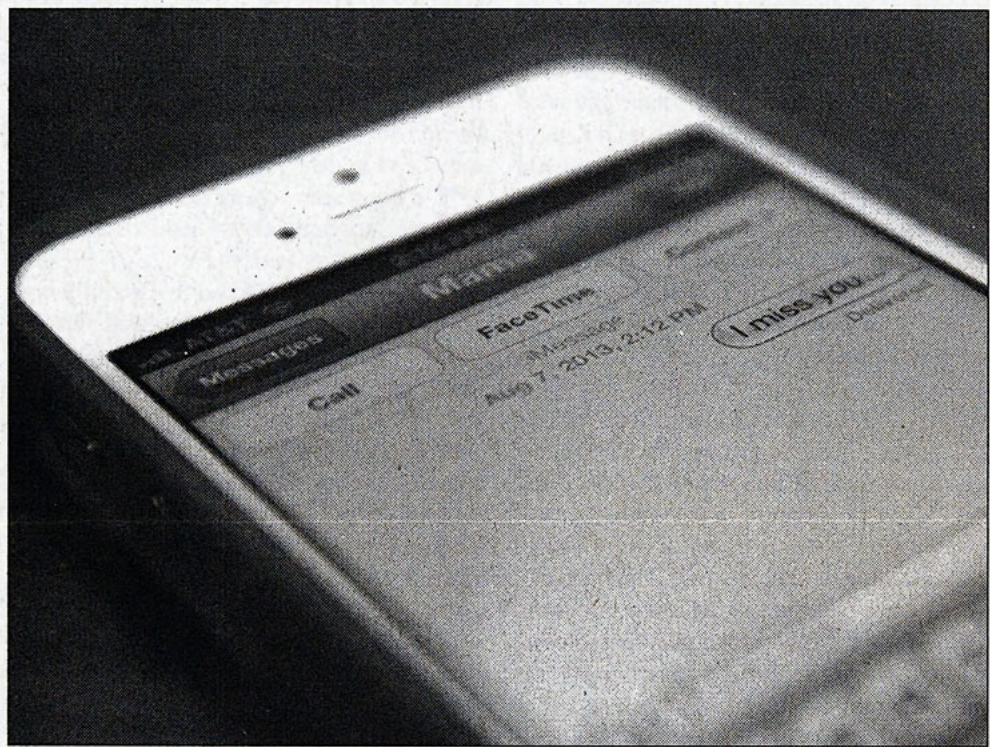
The funds needed for the roof work on West Hall that insurance won't cover, will come directly from HD's budget. Overocker described how the department estimates the costs of repairs years in advance, estimating the lifespan of the roof for instance, and allocates funds year by year to prepare for the maintenance down the road.

In addition to the housing buildings that were repaired over the summer, Overocker adds, "There are other buildings on campus that will be happening over the next eight or 10 months, again as a result of hail damage. Academic buildings have a little bit more flexibility as of when they can have roof work versus our buildings where I've got students living there. So, we made a concerted effort to try and get it all done this summer, beginning immediately when students moved out in May."



The UCO Commons' roofs under construction during the summer. Photos by Quang Pho, The Vista.

Homesickness reaches students across the globe



Many students starting a new school year will experience homesickness as they make the transition living away from home. Photo by Ailiki Dyer, The Vista.

Tyler Talley

Staff Writer

This fall, there will be a number of UCO students, ranging from freshman, graduates,

and transfer students, who will suffer from homesickness.

Derrick Ho, in the article he wrote for CNN.com, said that, for many leaving home for the first time, an intense longing for the familiar is not uncommon and is even ex-

pected.

"Homesickness is nothing new," Ho said. "It is mentioned in the Bible's Old Testament book of Exodus and Homer's 'Odyssey,' and happens to just about anyone away from home -- athletes and actors alike."

In a paper titled "Preventing and treating homesickness," co-written by Chris Thurber and Edward Walton, homesickness is defined as a disorder.

"Homesickness is the distress and functional impairment caused by an actual or anticipated separation from home and attachment objects such as parent," the article said.

Symptoms of the disorder listed in the article include anxiety, sadness, nervousness and an obsessive preoccupation with thoughts of home.

In his article, Ho gives several remedies for students who may be experiencing homesickness. The techniques Ho offers include becoming engaged in things like on-campus activities, establishing a personal routine, writing a letter to home and talking to other people who may also be homesick.

Not only will there be many new students coming to the UCO campus this fall, but some will also be traveling abroad this semester. They, too, may also experience homesickness as they leave the United States, perhaps for the first time.

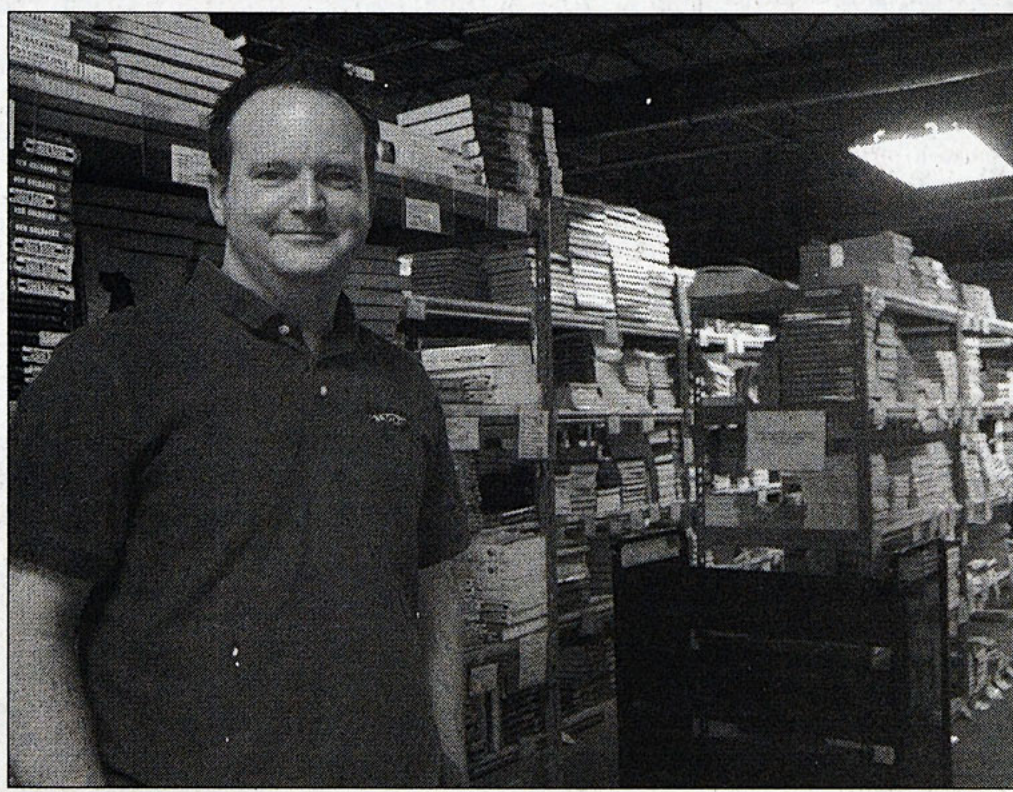
Marco Rodriguez, the assistant director at the Centre for Global Competency at UCO's International Services said that it is common for the first month of a student's time overseas to be the hardest, and informs them of such at the pre-departure meetings.

"I'm very clear with them," Rodriguez said. "You will be crying and scared at first."

Rodriguez said that, after the first month, things almost always become much easier for students as they have had the time and opportunity to become much more comfortable with their new surroundings. He also stressed that it is important for students that study abroad to maintain connections with their friends and family at home.

Homesickness is not an uncommon feeling to experience for anyone who has moved away from somewhere familiar. Whether it is for a couple of weeks or an entire semester, longing for home can be seen as a universal feeling.

For anyone who is experiencing homesickness at UCO, and feels as if they have no one to talk to, the Student Counseling Center is always available. It is located on the fourth floor of the Nigh University Center in suite 402.



Manager of Textbook Brokers on University Drive, John Beecher, gives students a chance to save money on their textbooks for the fall semester with low prices as well as the chance to use financial aid and renting options. Photo by Ailiki Dyer, The Vista.

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UCO Textbook Options

more convenient in case the money is not immediately available," Wilson said.

Maryam Bina, a UCO senior and criminal justice major, prefers to rent her textbooks because they are a good backup for a course whether used or unused. When asked about students who freeloan textbooks, Bina said, "It's okay at the beginning to wait and make an effort with one week or so, but I paid for the book and I need it. I think it's stupid when people do that." Bina has also shopped at Barnes and Noble, but more recently has started ordering the books online.

Dr. Matthew Hollrah, Associate Professor of English as well as Director of Composition, almost always requires textbooks. "The instructor is responsible first to use it if the student buys it," he said. Not only do the textbooks go into more detail, the process of reading is important. "If a student does not have a book, there can be a potential detriment to learning for him or her," Hollrah said. "Some of the readings show up in the writing assignments somewhere." His Advanced Composition class is laid out to where the reading is in the first half of the book, and the assignment to follow is in back. Textbook usage allows better access for students to follow along and keep up with the reading assignments. It is class specific, for instance, a class heavy on writing will have less of a need for a textbook versus one that is heavy on reading. "There are certain advantages to eBooks. They are cheaper, accessible from anywhere, easier to carry around, and publishers are going more toward that direction nowadays. Print is normally more expensive; on the other hand, it is not the same experience," Hollrah said.

Dr. Catherine Webster, Chair of the French Department, is very serious when it comes to the use of textbooks in her classes. "If I'm going to make the students purchase a book, they're going to use it," she said. According to

Webster, not only is the textbook a reference tool, it also has more information about each country than her elementary and intermediate classes can cover on a daily basis. It can be overwhelming trying to cover multiple aspects of the lecture at one time, and the textbook helps in breaking down the information. "The textbook moves away from so much grammar and vocabulary and is able to give more context, which I like," Webster said. As far as technology with books goes, Webster is a realist. Since UCO does not require students to purchase and bring a tablet, an eBook is not one of her priorities. "I can send students to look at internet resources or videos, whether they're textbook related or not, on their own time. We also have material we do in class that they can go review on their own," Webster said.

John Beecher, manager of Textbook Brokers located on 123 N. University Dr., started managing Textbook Brokers in 2005, but branched off in 2007 for the Edmond location. "The number of students choosing to rent instead of buy has increased lately," Beecher said. "Used books should be cheaper and there should be more of a supply of them." Textbook Brokers also offers a deferred payment option. "Students can use their financial aid, Broncho Spirit card; they can defer the payment, or they can use a cash check," Beecher said. The deferred payment can be more convenient if the student does not have the money at the time. Students have the option of selling their books back at Textbook Brokers. For the buyback rule, the book cannot have any pages torn, or get wet. "Shopping here, you can get and do anything between the deferred payment and financial aid. We have new and used books that you can buy and rent. We also monitor Amazon's pricing conditions. It takes two weeks to get a book from Amazon, whereas with us, when we order, they come in two days," said Beecher.

Things To Know About UCO

1

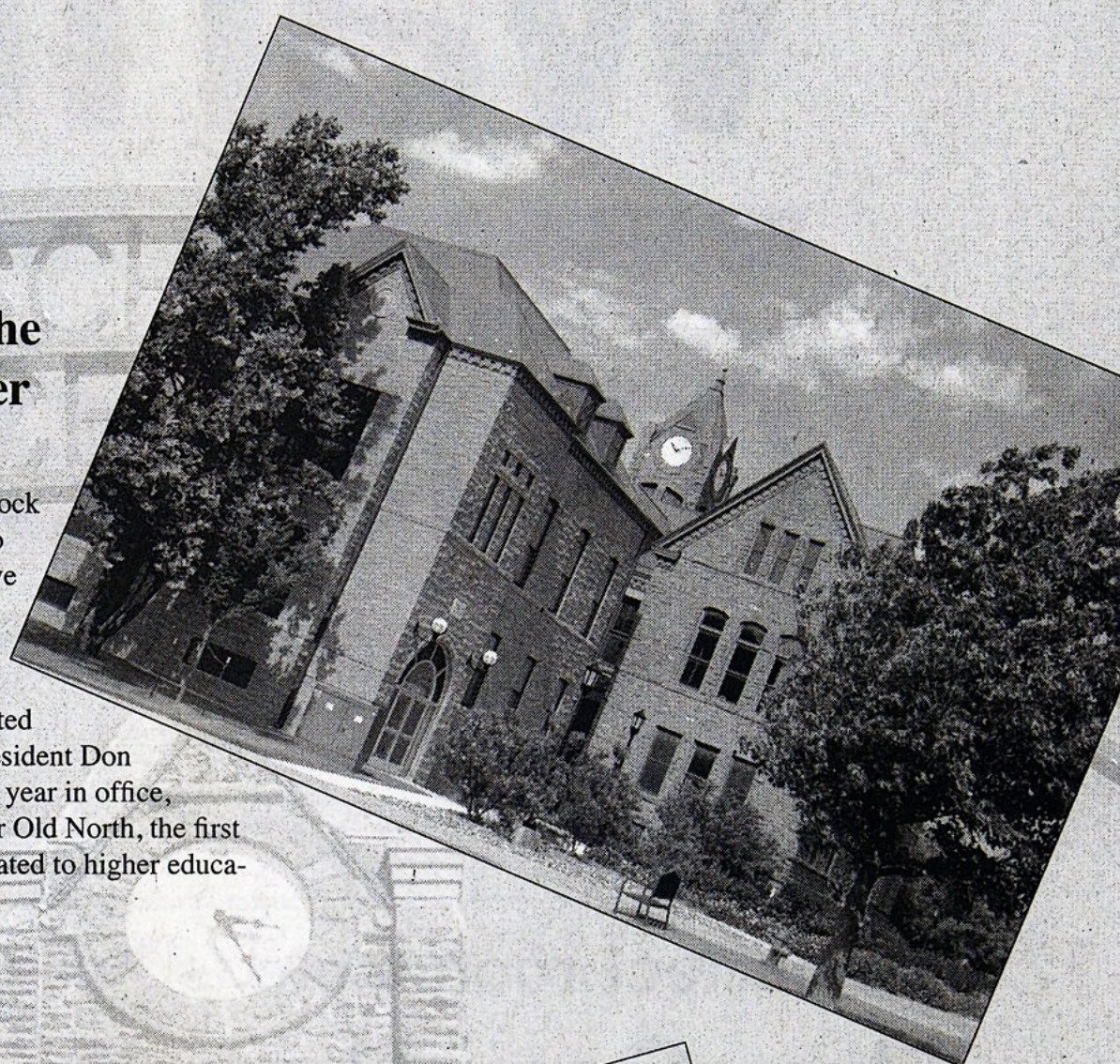
UCO Mace

During commencement ceremonies and inauguration activities, the University of Central Oklahoma president is bestowed with a ceremonial mace. The mace, which was used as a weapon until the 13th century, has transformed into a beautiful symbol of authority. The UCO Mace was developed in 1975 by Art Professor Hall Duncan, Ph.D., art students and faculty members such as Industrial Arts Professor John Bowen, now deceased. The UCO Mace used for President Betz's inauguration is a solid 10 pounds of wood with many metal decorations. The UCO Mace is a symbol of "carrying" the traditions of the university from one time to another. It also has silver and bronze embellishments, a model of Old North Tower, and it is open at the top to allow "fresh thought".

2

Order of The Clock Tower

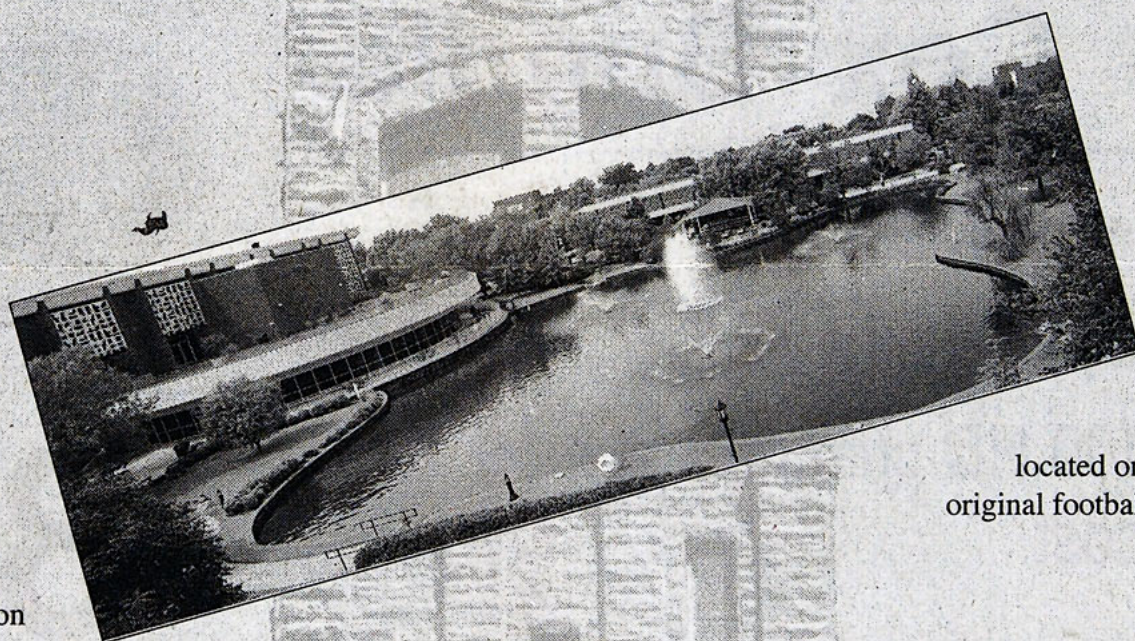
The Order of the Clock Tower is awarded to individuals who have been dedicated to higher education and Central itself. The honor was created by current UCO President Don Betz during his first year in office, and it is named after Old North, the first building built dedicated to higher education in 1892-93.



3

School Colors

The school colors for UCO were chosen by President Edmund Dandridge Murdaugh in 1895 and marked Central as the first institution of higher education to adopt colors. Bronze symbolizes the burnished sun, the gentle light of intelligence. Blue symbolizes the color of heaven's broad expanse, suggestive of depth, aspiration, hope, and ideals.



4

Broncho Lake

Broncho Lake is located on the site of the original football field.

5

Buddy Broncho

Buddy Broncho first appeared in the Vista on October 3, 1932 as a broncho horse wearing a UCO football uniform. He has appeared numerous times throughout the years from local Edmond papers in the 1960s to state-wide papers in the 1980s. The commissioning of the first ever live mascot appears in the UCO's 1979 Bronze Book where Buddy Broncho made his first public appearance at Homecoming. Since that time, Buddy has been a fixture at UCO events and in the hearts of Central students and alumna.



6

Homecoming Parade

The traditional homecoming parade that precedes the football game did not begin with the opening of the school. In the early 1900s, there were reunions and receptions held in Old North for alumni once a year. It was not until 1917 that the first article featuring "Homecoming Day" appeared in the Vista focusing on a football game and reception, and it was not until 1926 that an actual parade was mentioned. In November of that year, the Vista described a parade of floats that would take place after the football game. It has been an annual tradition of school spirit and competition ever since.

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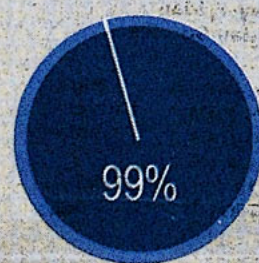
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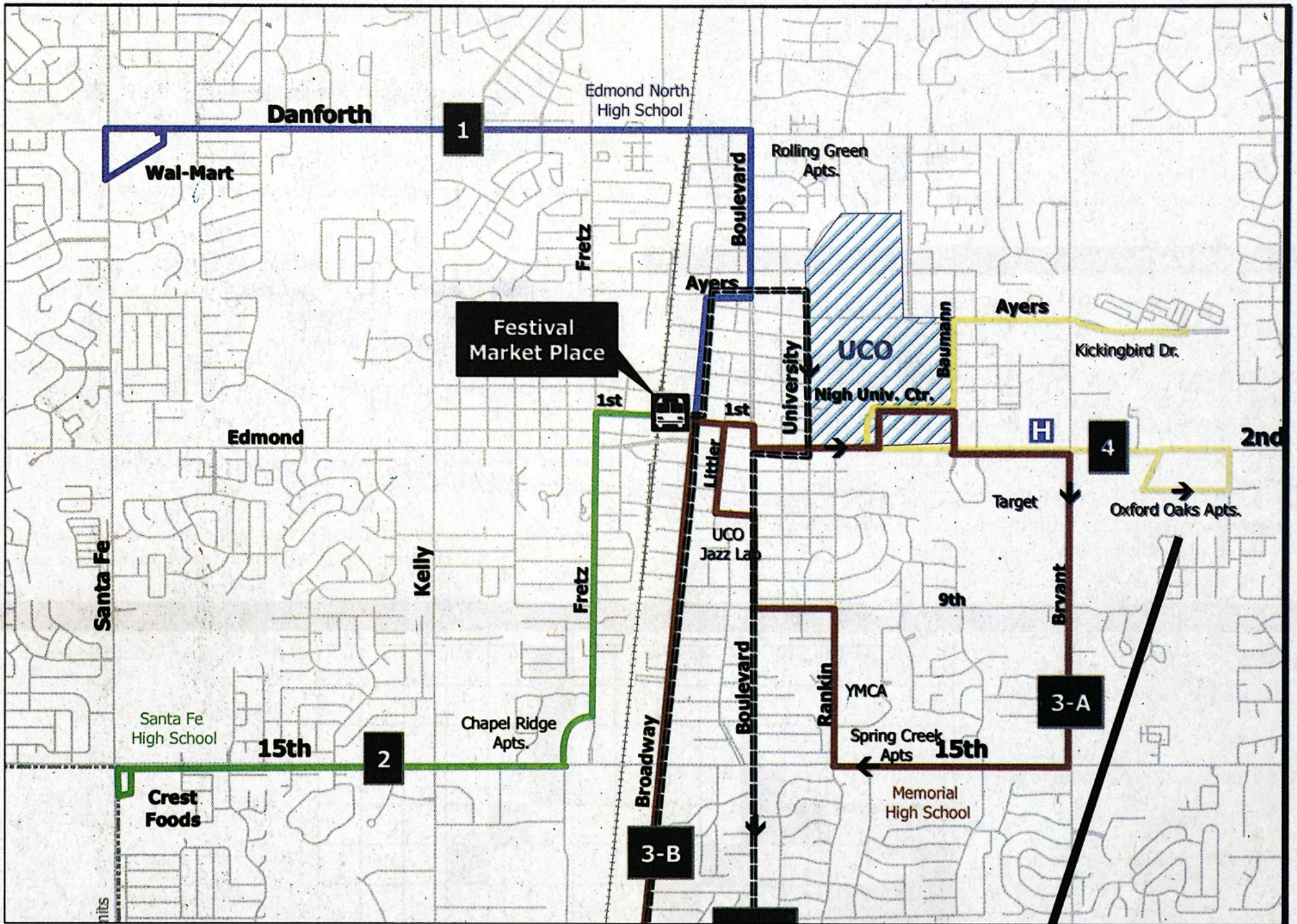
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*Offer expires 9/30/13 and is available to new residential Cox video and Internet customers in Cox service areas. \$89.99/mo. includes new subscriptions to Cox Advanced TV and Internet Preferred to complete the 2-service bundle. After 6 months, regular rates apply. See www.cox.com. Prices exclude installation/activation fees, equipment charges, inside wiring fees, additional outlets, taxes, surcharges and other fees. Not all services and features available everywhere. A credit check and/or deposit may be required. Offer not combinable with other offers. Cox Starter at a minimum, digital gateway, and a Cox digital receiver or a Cox-provided CableCARD together with a certified compatible CableCARD retail device required for Advanced TV. See CableCARD FAQ's on www.cox.com for details. Cable modem required for Internet services. For best Internet performance, use of Cox approved cable modem is recommended. A DOCSIS 3 modem is required to consistently receive optimal speeds for Preferred and higher tiers, and is strongly recommended for all other tiers. Uninterrupted or error-free Internet service, or the speed of your service, is not guaranteed. Actual speeds vary. Cox does not charge extra for HD versions of SD channels included in your Advanced TV subscription. Advanced TV receiver rental required to access On DEMAND. Subscription to channel required to receive corresponding On DEMAND programming. Some On DEMAND programming is extra. †For entertainment purposes only. These are not actual factual statements. Other restrictions may apply. ©2013 Cox Communications, Inc. All rights reserved.

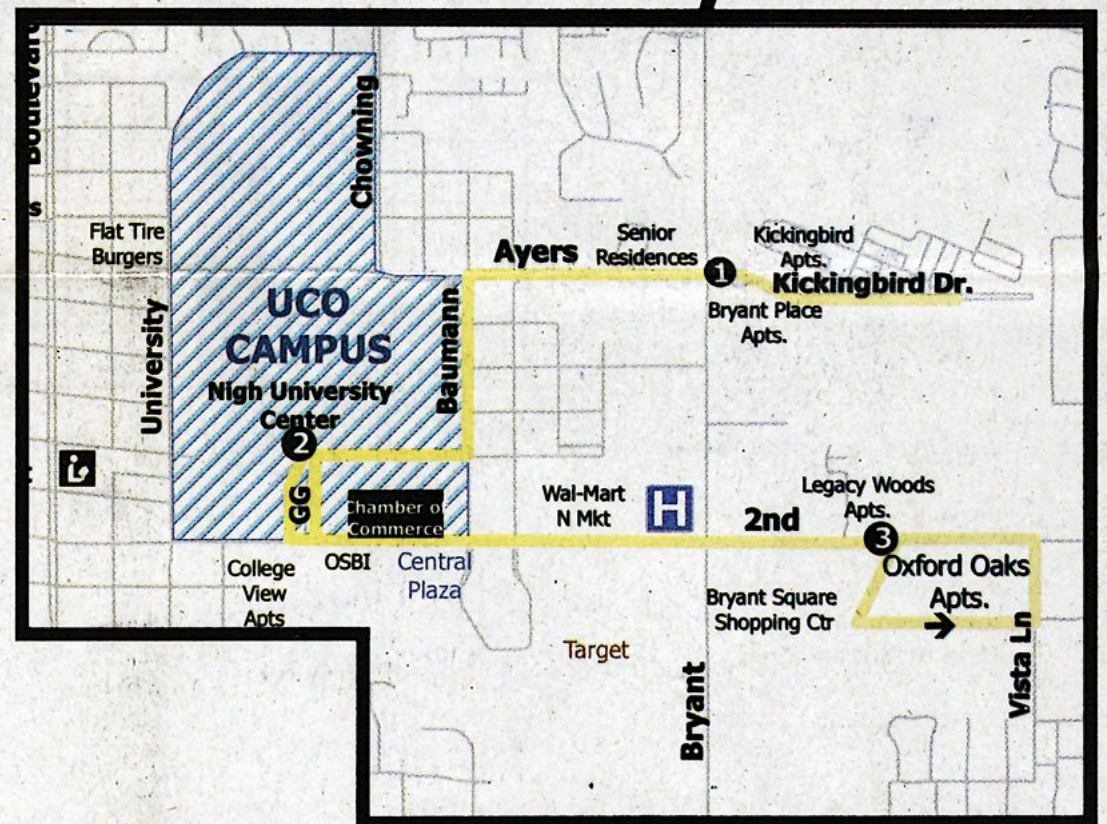
CityLink Bus Routes:



BronchoLink:

ROUTE 4
UCO BronchoLink
Monday-Friday
No Saturday Service

Ayres & Kickingbird Drive 1	Nigh University Center 2	2nd & Oxford Oaks Apts. Entrance 3	Nigh University Center 2	Ayres & Kickingbird Drive 1
7:13 AM	7:20 AM	7:28 AM	7:35 AM	7:42 AM
7:43 AM	7:50 AM	7:58 AM	8:05 AM	8:12 AM
8:13 AM	8:20 AM	8:28 AM	8:35 AM	8:42 AM
8:43 AM	8:50 AM	8:58 AM	9:05 AM	9:12 AM
9:13 AM	9:20 AM	9:28 AM	9:35 AM	9:42 AM
9:43 AM	9:50 AM	9:58 AM	10:05 AM	10:12 AM
10:13 AM	10:20 AM	10:28 AM	10:35 AM	10:42 AM
10:43 AM	10:50 AM	10:58 AM	11:05 AM	11:12 AM
11:13 AM	11:20 AM	11:28 AM	11:35 AM	11:42 AM
11:43 AM	11:50 AM	11:58 AM	12:05 PM	12:12 PM
12:13 PM	12:20 PM	12:28 PM	12:35 PM	12:42 PM
12:43 PM	12:50 PM	12:58 PM	1:05 PM	1:12 PM
1:13 PM	1:20 PM	1:28 PM	1:35 PM	1:42 PM
1:43 PM	1:50 PM	1:58 PM	2:05 PM	2:12 PM
2:13 PM	2:20 PM	2:28 PM	2:35 PM	2:42 PM
2:43 PM	2:50 PM	2:58 PM	3:05 PM	3:12 PM
3:13 PM	3:20 PM	3:28 PM	3:35 PM	3:42 PM
3:43 PM	3:50 PM	3:58 PM	4:05 PM	4:12 PM
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ucentralmedia.com



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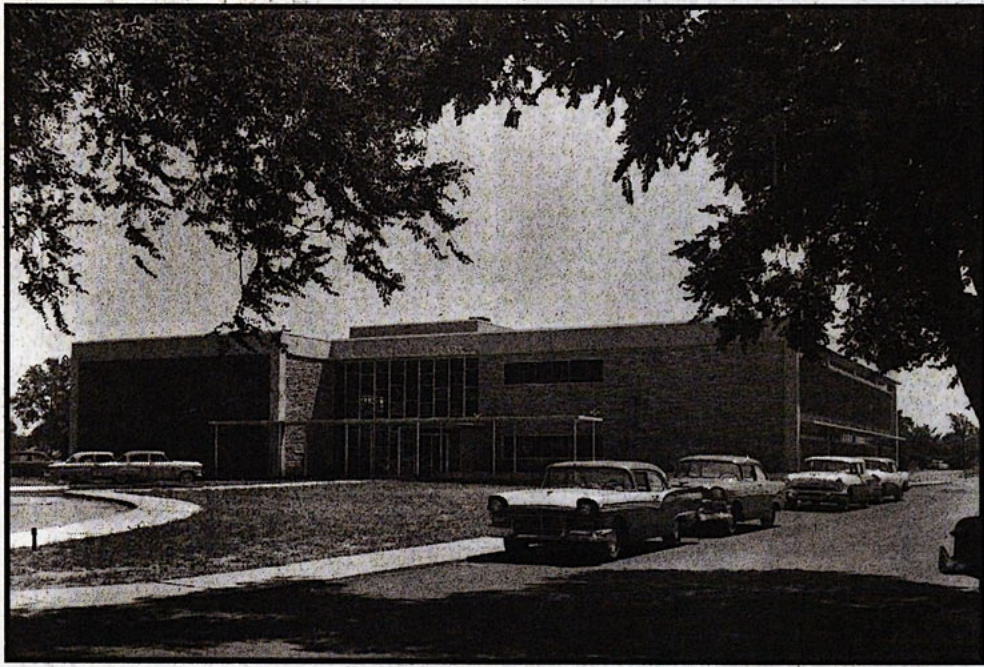
AUG 19, 2013

123 years of CENTRAL LIFE

PAST

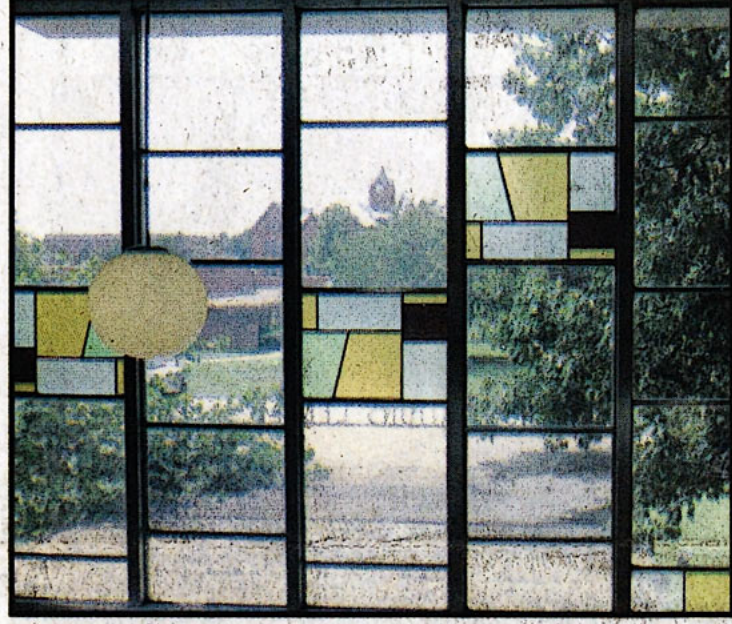


A look through the windows of the Mass Communications building from 1961. Photo provided by UCO Archives.

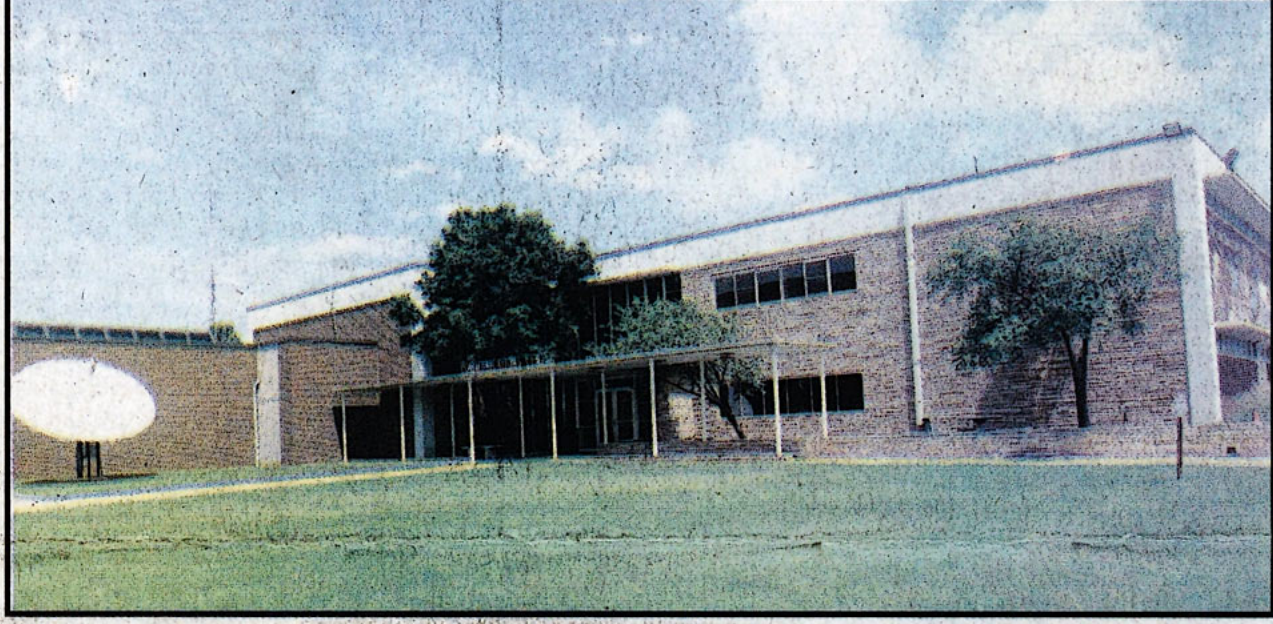


A view of the Mass Communications in the 1960s, which was then the UCO Library. Photo provided by UCO Archives.

PRESENT

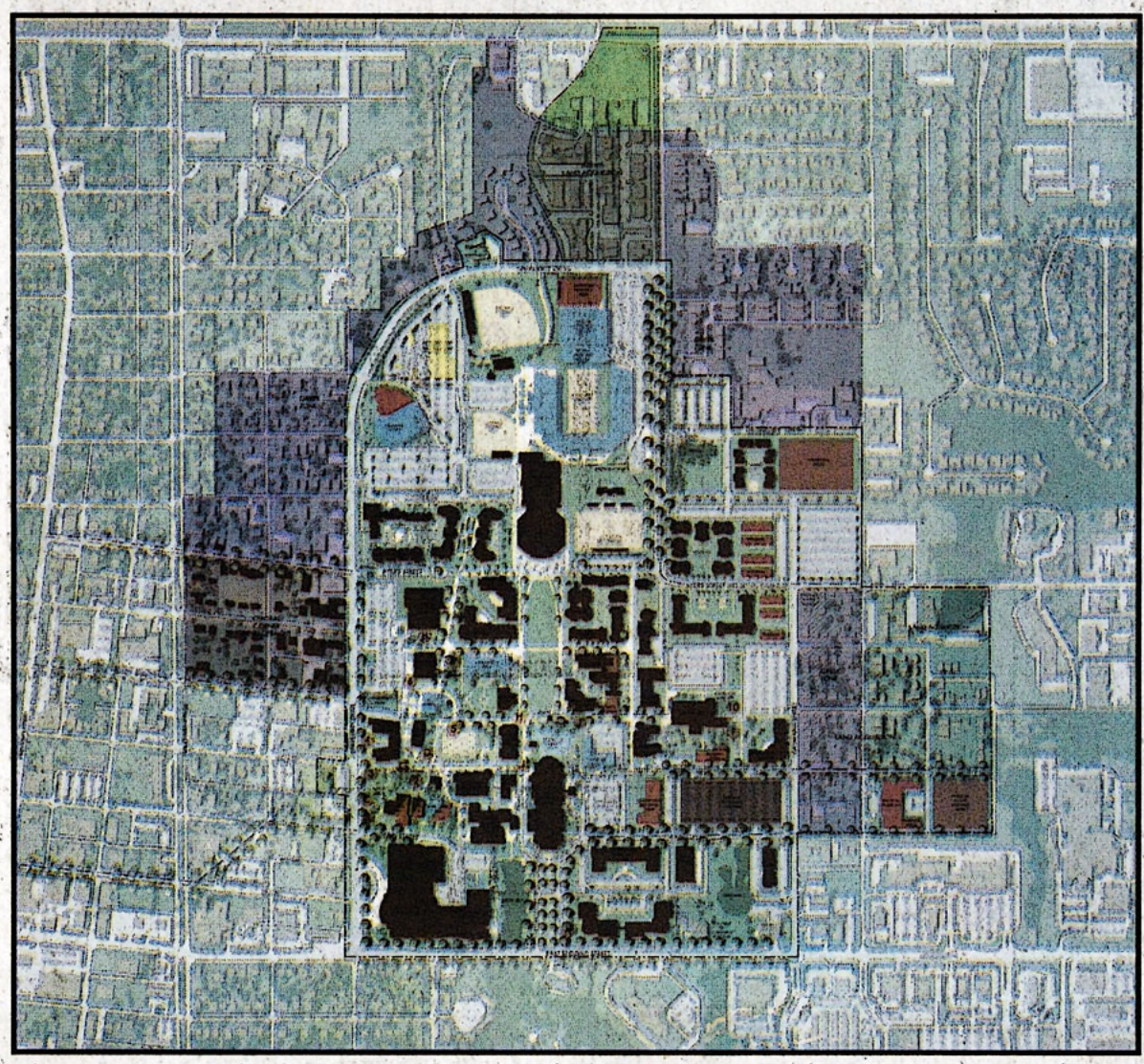


A present look through the windows of the Mass Communications building, peering out to Old North. Photo by Alik Dyer, The Vista.



A present view of the Mass Communications building. The Mass Communications building was built in 1957 and served as the Max Chambers Library for a number of years, after being located in Evans Hall. Today, the Mass Communications building serves as home for UCentral Media. Photo by Alik Dyer, The Vista.

FUTURE



This map shows the future plans for development on and around the Campus of The University of Central Oklahoma. This plan details how the landscape of UCO will change over the next 20 years. Changes for the next two decades, according to the plan, will include:

- The expansion of the "Greek Zone," the area allotted for Greek housing.
- The addition of trees on and around campus.
- The acquisition of land to expand UCO's campus beyond its current borders.
- The addition of an area designated as "Campus Corner."

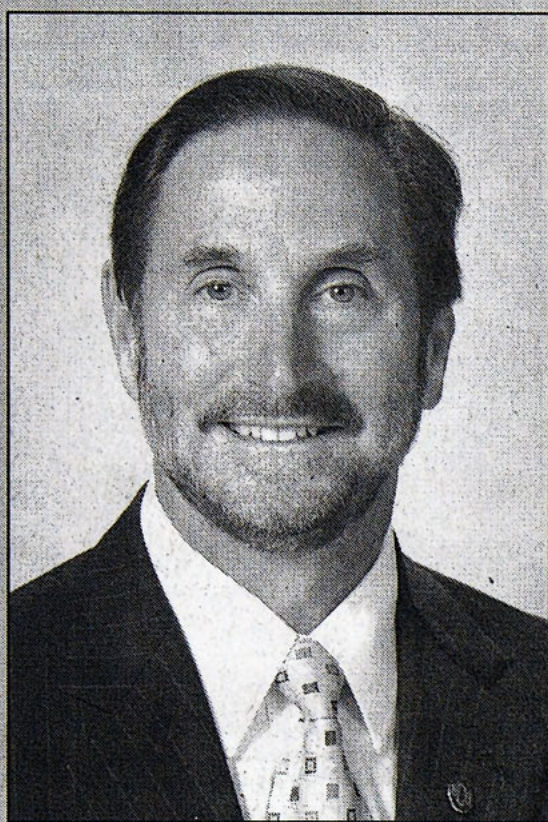
Looking toward the future, UCO will likely look very different from the UCO we know today.

THEN AND NOW: A TIMELINE OF THE UNIVERSITY OF CENTRAL OKLAHOMA

<p>1890</p> <ul style="list-style-type: none"> • The Territorial Normal School opens its doors. 	<p>1892</p> <ul style="list-style-type: none"> • Construction begins on Old North Tower. 	<p>1904</p> <ul style="list-style-type: none"> • The Territorial Normal School became Central State Normal School. 	<p>1919</p> <ul style="list-style-type: none"> • Central State Normal School became a teacher's college and was renamed Central State Teachers College. 	<p>1939</p> <ul style="list-style-type: none"> • Oklahoma state legislature passes law, changing the name to Central State College. 	<p>1971</p> <ul style="list-style-type: none"> • Central State College became Central State University. 	<p>1990</p> <ul style="list-style-type: none"> • Central State University was renamed the University of Central Oklahoma during the university's Centennial Year. 	<p>2013</p>
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Letters from around UCO

PRESIDENT DON BETZ



Hello and welcome to Fall 2013 at the University of Central Oklahoma!

We are truly pleased you have selected Central as the place to prepare for a life of learning and success in a world of challenge, opportunity and change.

Much has happened here since more than 2,000 students graduated in commencement ceremonies at Hamilton Field House last May.

Here are just a few of the highlights:

In the spring, some of you watched the construction in front of Old North as the new Central Gateway was erected. It is now finished and will always be a reminder of the vision, dedication and persistence of those whose passion for education first built this historic institution. It is my sincere hope that one day you will pass through the Gateway on your way to a commencement ceremony to receive your UCO degree.

Throughout the summer, many students, faculty and staff actively demonstrated they Live Central by volunteer-

ing to aid victims of the May tornadoes here in the metro area. They committed hundreds of hours helping the people of Moore and other communities in the region on their long journey to recovery from the devastation. I am proud to say that this is the Central Way.

Our softball team brought home the 2013 NCAA Division II National Championship in our first-ever women's team national title. And to add to the honors, Coach Genny Stidham and assistant coach Cody White were named the National Fastpitch Coaches Association's Division II National Coaching Staff of the Year.

Once again, and for the fifth time in the past six years, the Chronicle for Higher Education named Central one of America's Great Colleges to Work For, which speaks volumes about our exceptional faculty and resourceful staff. They work tirelessly to create transformative learning opportunities for you. We are all here to help you learn, persist, achieve and graduate, and we will match

your determination to fulfill your aspirations with our passion for teaching and learning.

Central is an exceptional place and I urge you to discover the abundance of organizations, activities, civic initiatives, sports and other ways that Central students gather together and create unique learning activities for themselves and each other. Like our students who volunteered to help tornado victims, I urge you to get involved.

We at Central are here to educate, encourage, challenge, motivate, and occasionally, inspire you.

But you will make your choices. Choose persistence and success. Choose to graduate.

We are here to help you.

We believe in you.

Welcome to Central!

Don Betz
President

PROVOST JOHN BARTHELL

Welcome to fall semester 2013! I am very pleased to have you on our campus as the new year begins and we place our focus on you and your success at the University of Central Oklahoma. You have chosen an excellent learning experience that will help you succeed in all your future endeavors. Our incredibly devoted and talented faculty and staff members on the UCO campus will help you create the future you envision for yourself. Indeed, the entire UCO community has your best interests at heart, including the Offices of the President, Academic Affairs, Athletics, Administration and Finance, Enrollment Management, Information Technology, Public Affairs, University Relations, and the UCO Foundation.

Our nearly 500 devoted and talented full-time faculty members span six colleges across our campus: Business, Education & Professional Studies, Fine Arts & Design, Liberal Arts, Mathematics & Science, and the Jackson College of Graduate Studies and Research. Our hard-working deans support these fac-

ulty members to better "help students learn." Their collective efforts, and those of so many other staff and administration members, are why our campus was just recently named as a "Great Place to Work" by the Chronicle of Higher Education. We want that positive environment to translate to you and your studies at UCO.

The skills you will develop at UCO are for a lifetime. In addition to your grounding in a liberal arts education that emphasizes your ability to think critically and communicate effectively, there are numerous programs in our academic colleges that will prepare you for specific opportunities in the job market today, including in the thriving Oklahoma City Metropolitan environment. In fact, our campus connects directly to the downtown through programs at the Academy of Contemporary Music (ACM) and a new boathouse on the Oklahoma River.

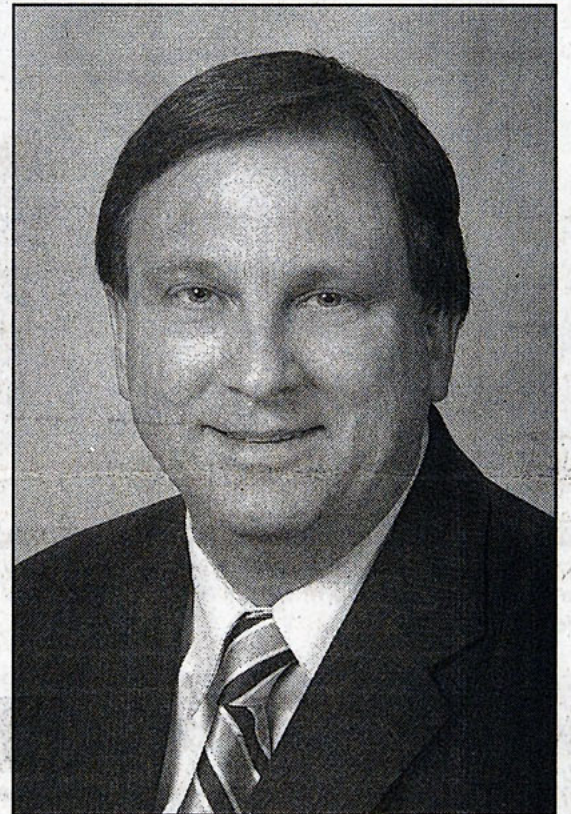
On our campus in Edmond, we continue to improve and beautify our environment with improvements to facilities through a continuing campaign to re-

store the luster of Old North, the oldest building in Oklahoma's history of Higher Education. Our Wellness Center and other state of the art buildings such as the Center for Transformative Learning and the W. Roger Webb Forensic Science Institute beckon to you as places to learn and live well among your peers at our institution.

At UCO we want to live our mission of helping students learn by providing transformative experiences so that they may become productive, creative, ethical, engaged citizens and leaders contributing to the intellectual, cultural, economic and social advancement of the communities they serve. Thank you for joining in that experience with us.

Welcome to your place of learning here at UCO.

John F. Barthell
Provost and Vice President
of Academic Affairs



Communications Building: The Past and Present



Photo provided by UCO Archives.

In 1961, students walked from the UCO library, which is not the Communications building.

Currently, in the year 2013, the Communications building at UCO is home to UCentral Media.

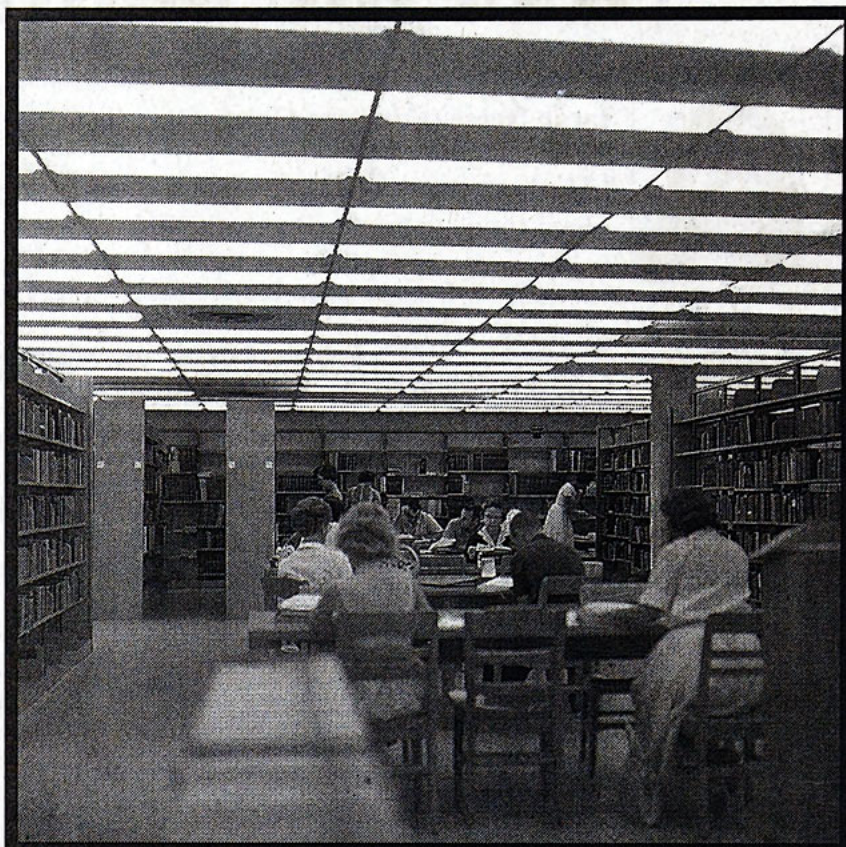


Photo by Aliko Dyer, The Vista.

PAST

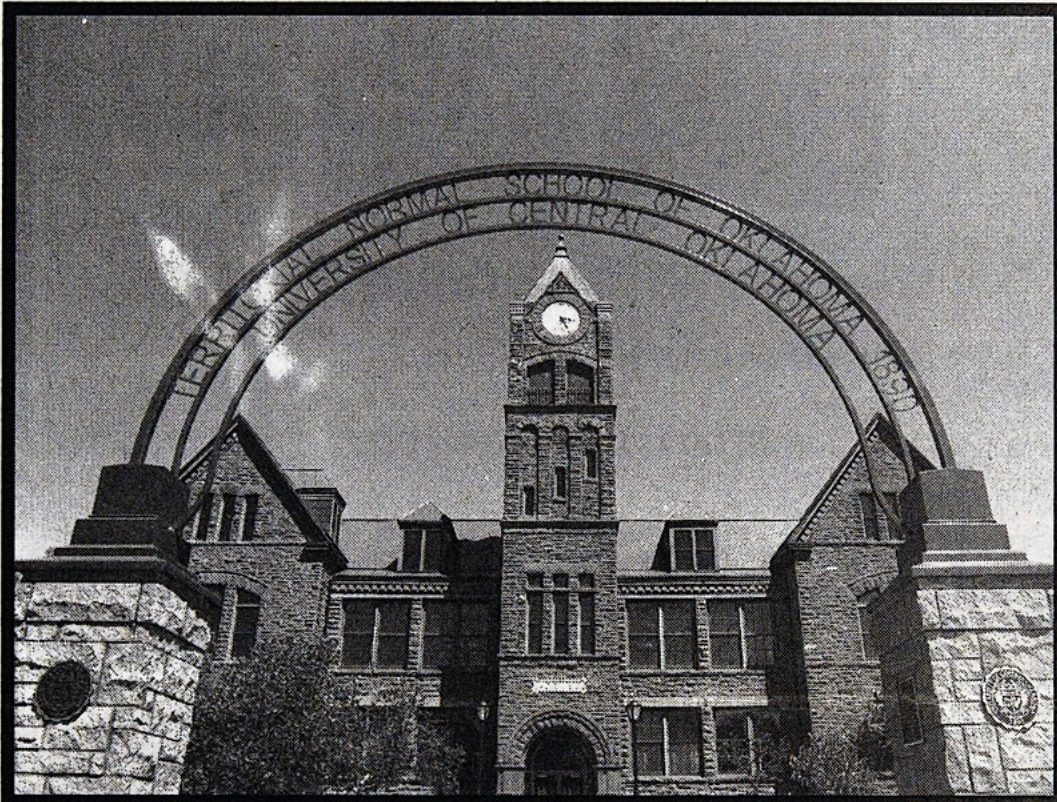


Old North is the oldest building on UCO's campus. It was built in 1892 and served as the main building for students. Photo provided by UCO Archives.



Students study in library, which is now the Communications Building. Photo provided by UCO Archives.

PRESENT



Old North stills stands on UCO's campus and has a new look after renovations. Photo by Ailiki Dyer, The Vista.



What was once the library, the Communications building now houses UCentral Media. Photo by Ailiki Dyer, The Vista.

WEEKEND LINEUP

August 22-25

**Stampede Week- Comedian Al Madrigal
August 22**

UCO presents comedian Al Madrigal in the Nigh University Center Ballrooms. Al Madrigal is a frequent comedian featured on Comedy Central's "The Daily Show." His show will begin at 8 p.m.

**Midsummer Nights' Fair -
August 23-24**

The Midsummer Nights' Fair includes artists, food vendors, music and performing artists. Art on exhibit will include paintings, drawings, pottery, jewelry, glass works, woodwork, stained glass and many others. The fair will take place at Lion's Park in Norman, Okla. which is located at 450 S. Flood.

**Liz Callaway & The Young Voices of Edmond -
August 23-25**

Liz Callaway is a Tony Nominee and Emmy Award-winning actress and singer. She will be performing with The Young Voices of Edmond at UCO's Mitchell Hall theater at 7:30 p.m. each night of the performance. For tickets, call (405) 974-3375 or visit www.uco.edu/cfad/events.

**Edmond Farmers Market -
August 24**

The Edmond Farmers Market occurs every Saturday from 8 a.m. to 1 p.m. at the Festival Market Place, which is located on First Street between Broadway and Fretz. The market provides an opportunity to purchase regional produce and Made in Oklahoma items.

**Oklahoma City Storytelling Festival-
August 22-24**

The Arts Council of Oklahoma City presents the Oklahoma City Storytelling Festival, which included storytellers, workshops and special performances. The Storytelling Festival will take place at the Oklahoma History Center, located at 800 Nazih Zuhdi Dr. in Oklahoma City.

WELCOME BACK

Meet the Staff:



Sarah Neese (Editor-in-Chief) @sarahneese

"The best way to spread Christmas cheer is singing loud for all to hear." - Buddy the Elf



Lindsey Rickards (Managing Editor) @lindseyrickards

"Forces beyond your control can take away everything you possess except one thing, your freedom to choose how you will respond to the situation." - Viktor E. Frankl



Stevie Armstrong (Copy Editor) @StevieArmstrong

"You can't stop the waves, but you can learn to surf." - John Kabat-Zinn



Cody Johnson (Sports Editor) @ch_johnson91

"Some people say that having a darker side will lead to no good. I certainly hope so." - The Most Interesting Man in the World



Aliko Dyer (Photo Editor) @Aliko_Dyer

"If you're not first, you're last." - Ricky Bobby



Michael McMillian (Design/Web Production)

"I aim to misbehave." - Captain Mal Reynolds



Brooks Nickell (Staff Writer) @JBrooksNickell

"Well it could've been should've been worse than you would ever know. The dashboard melted but we still had the radio." - Modest Mouse



Josh Wallace (Staff Writer)

"Some kind of high powered mutant never even considered for mass production. Too weird to live, and too rare to die."



Olanrewaju E. Suleiman (Staff Writer) @MsWaju

"Words are, in my not-so-humble opinion, our most inexhaustible source of magic. Capable of both inflicting injury, and remedying it." - Albus Dumbledore



Tyler Talley (Staff Writer) @tylertalley

"I am the one who knocks." - Breaking Bad



Austin Litterell (Staff Writer) @alitterell729

"Champions aren't made in the gyms. Champions are made from something they have deep inside them -- a desire, a dream, a vision." - Muhammad Ali



Alex Cifuentes (Contributing Writer) @AlexCifuentes

"I didn't choose the thug life, the thug life chose me." - Tupac



Cyn Sheng Ling (Photographer) @cynsheng

"Many of life's failures are people who did not realize how close they were to success when they gave up." - Thomas A. Edison



Campus Activities

A DEPARTMENT OF STUDENT AFFAIRS

Stampede Week

Highlight Events

2nd Annual Freshman Forge!

Saturday, August 17, 8:30pm, Wantland Stadium



8th Annual Wake Up in Wantland

Saturday, August 17, 9pm-1am, Wantland Stadium



Night of Magic with Ben Seidman

Monday, August 19, 8pm, NUC Ballrooms



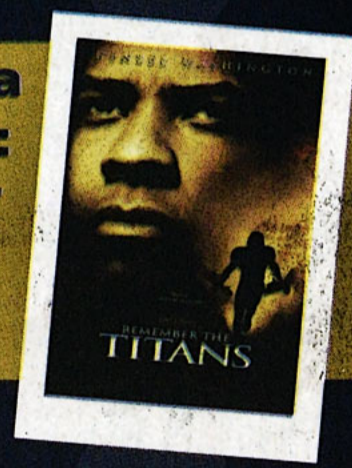
Broncho Difference & Greek Luau

Tuesday, August 20, 8-10pm, Plunkett Park



Wantland Cinema Presents: Remember the Titans

Wednesday, August 21, 8:30pm, Wantland Stadium



UCO Comedy Presents: Al Madrigal

Thursday, August 22, 8pm, NUC Ballrooms



for more details and the full week schedule, visit uco.edu/orientation

UCO_Orientation #sw13

HOT FOOD * COLD BEER

EAT HERE!

THE OKLAHOMA ORIGINAL

BRICKTOWN BREWERY

SINCE 1992



NOW OPEN IN EDMOND!

BRICKTOWN BREWERY

WOULD LIKE TO PRESENT...

Jack Waters and Eric Taylor

August 23, 2013

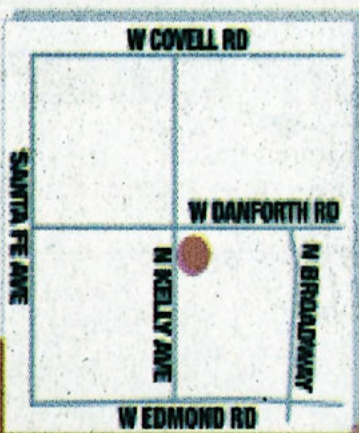
From 9p till close

They are a two piece cover band with their own unique and creative spin on today's popular music.

FRESH! FANTASTIC!



**FRESH FLAVORS,
LOCAL OKLAHOMA PRODUCTS,
FANTASTIC BRICKTOWN BREWS!**



THE OKLAHOMA ORIGINAL
BRICKTOWN BREWERY
SINCE 1992

**Buy One Lunch
Get One Free**

Present coupon with order.
Not valid with any other offer.
Free item must be of equal or less value.
Edmond location only.
Offer expires: September 30, 2013
Only valid Monday - Friday from 11a - 2p

THE OKLAHOMA ORIGINAL
BRICKTOWN BREWERY
SINCE 1992

840 W DANFORTH • EDMOND

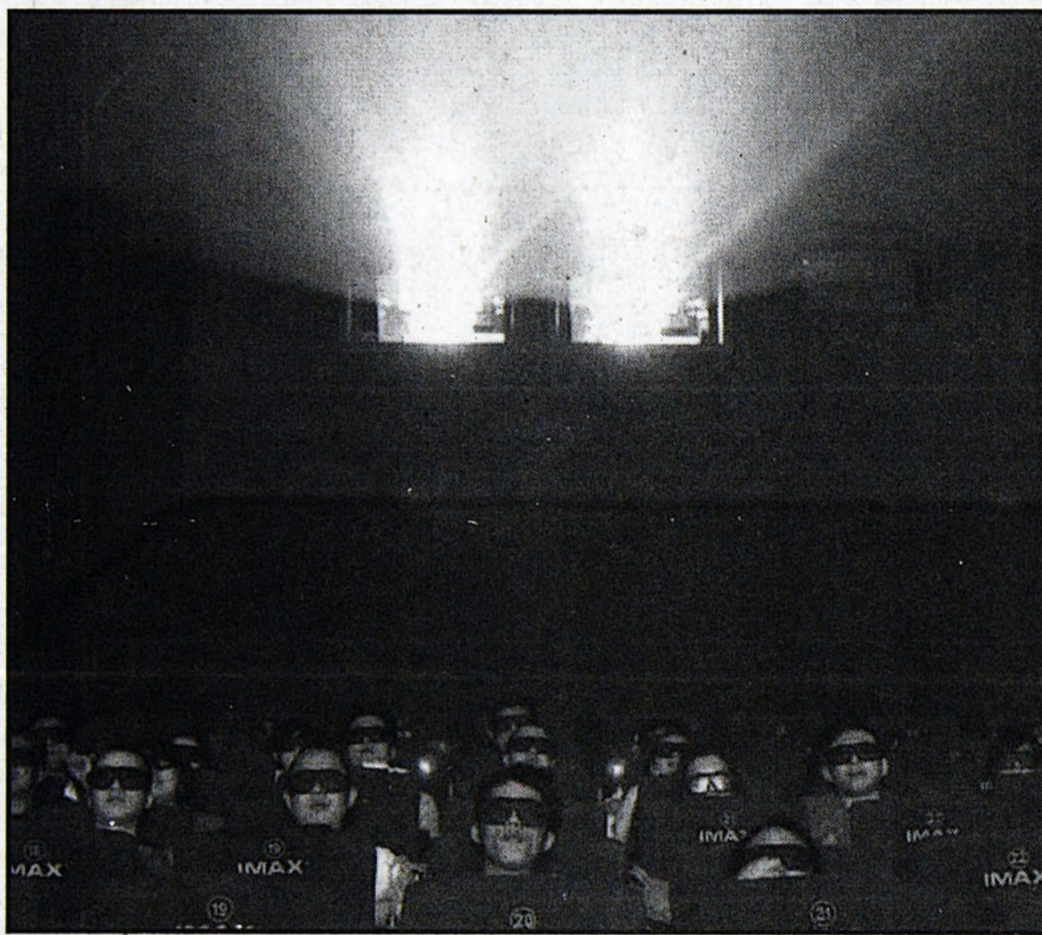
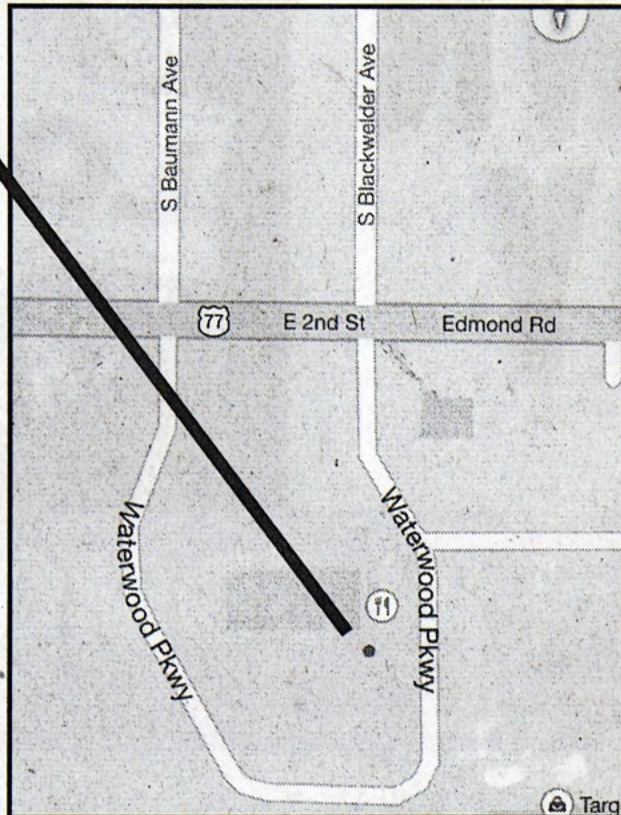
Around Campus:

Money savers - Under \$10:

Tao Café

331 S Blackwelder Ave
Edmond, OK 73034

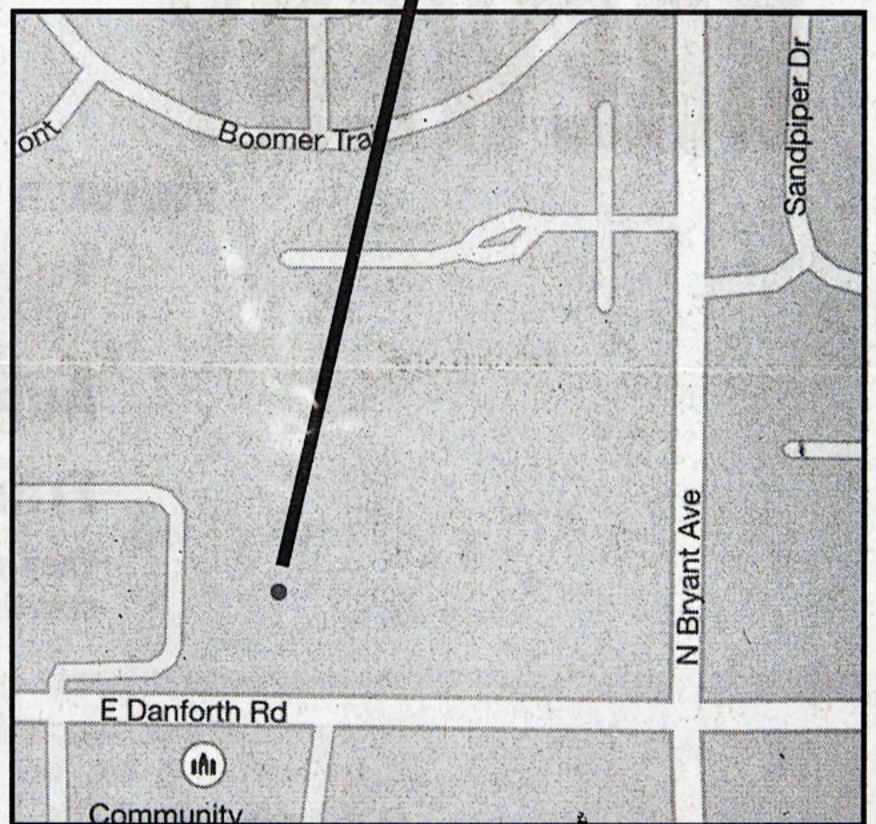
Tao Café has a large menu with nearly every item priced at under \$10. They feature Asian food boxes and boba tea, as well as other Asian-inspired cuisine.



Kickingbird Theaters

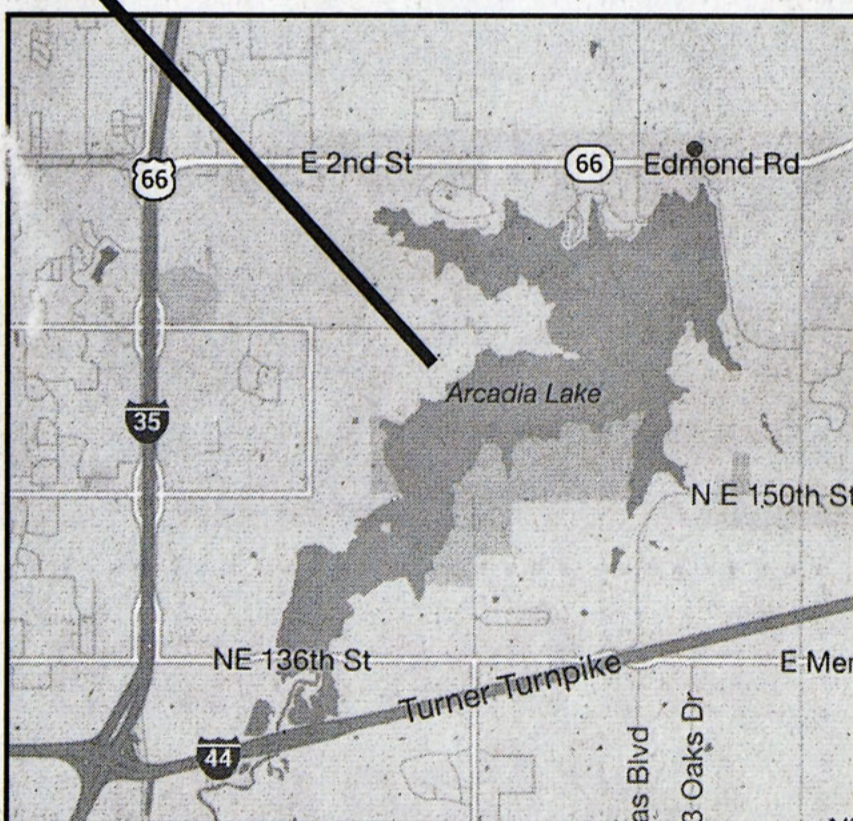
1225 E Danforth Rd Edmond, OK 73034

Kickingbird Theaters offers student discounts, allowing students to see a movie for less money than most theaters.



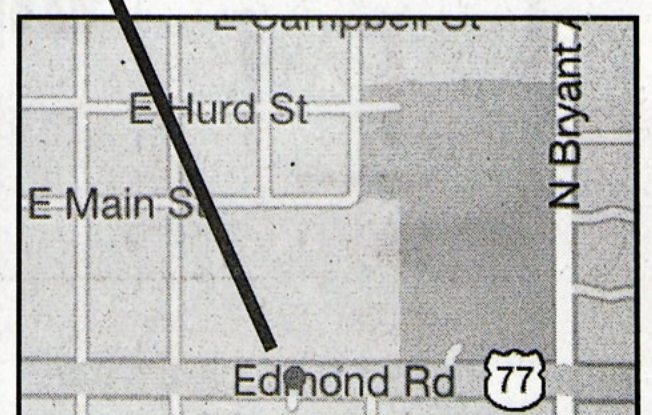
Lake Arcadia

Lake Arcadia has walking trails, swimming beaches, camping grounds and fishing spots. Admission lasts for the majority of the day and is under \$10.



Raisin' Cane's

1225 E 2nd St
Edmond, OK 73034

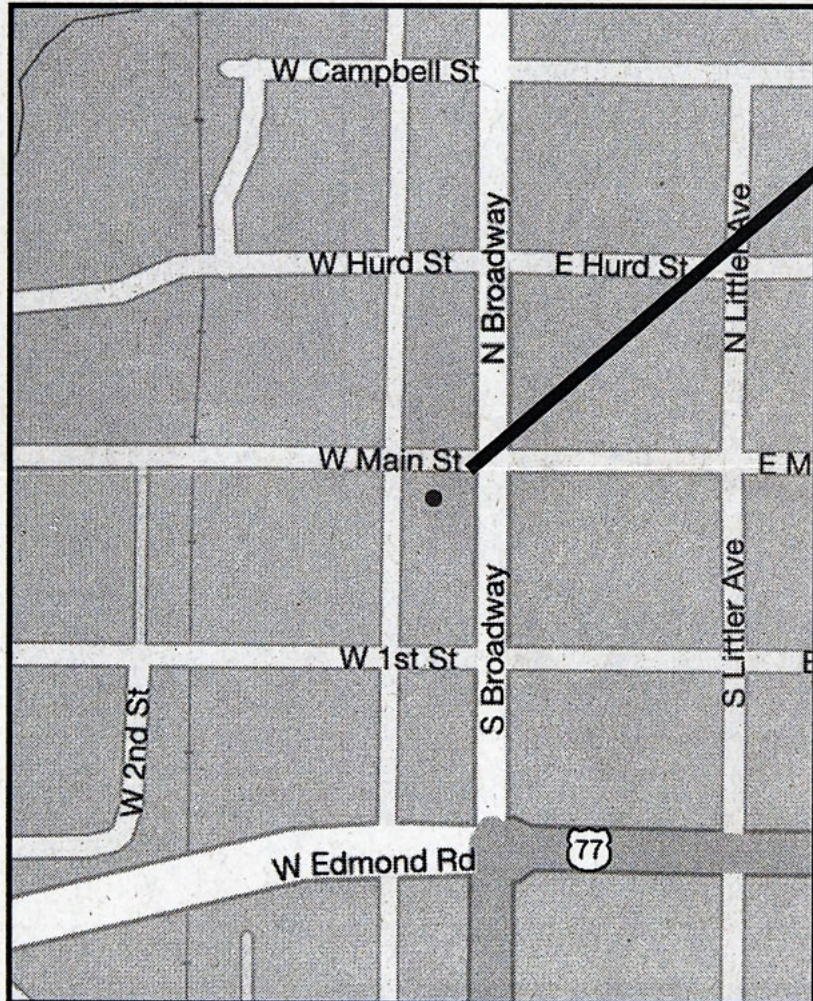
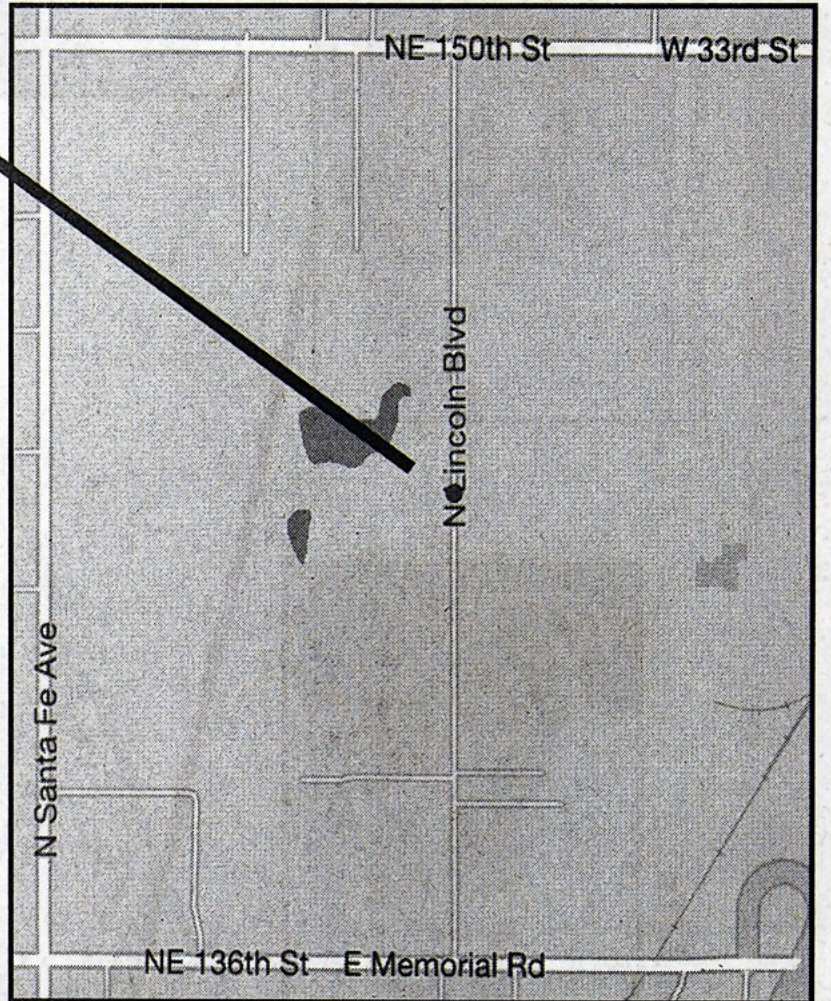
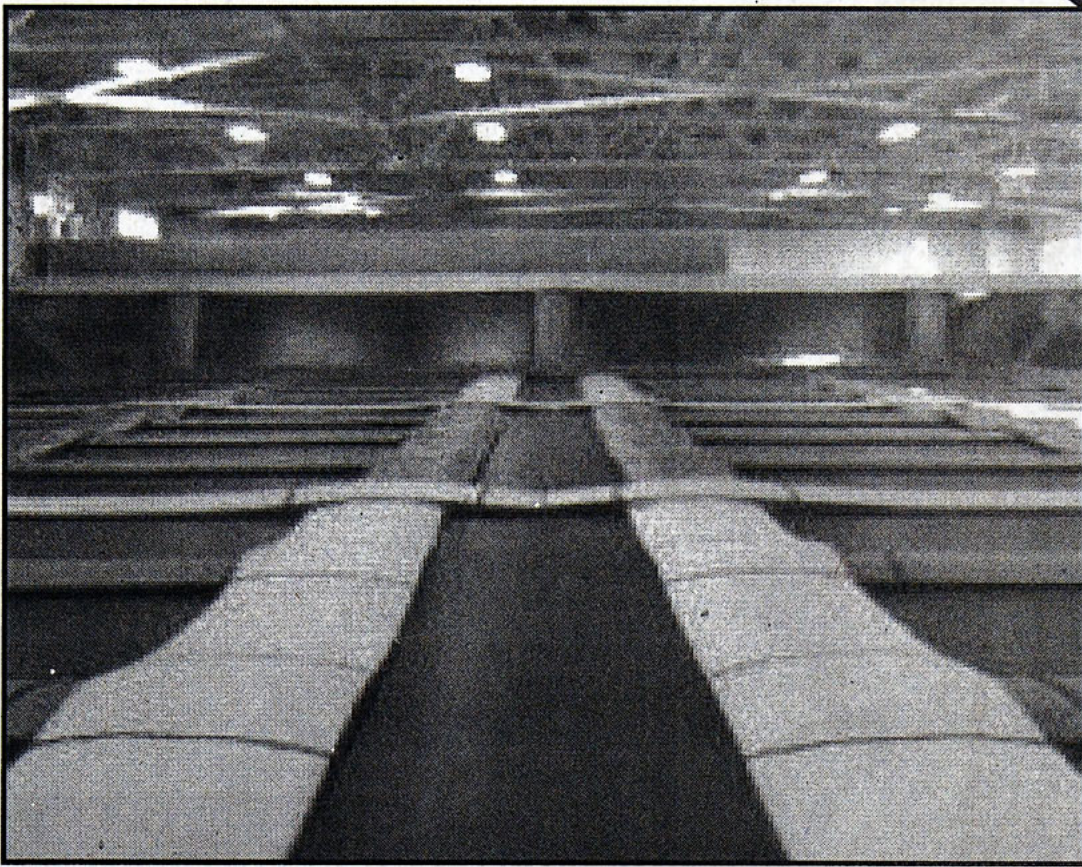


Places of Edmond

Big Spenders - \$10+:

Elevation Trampoline Park

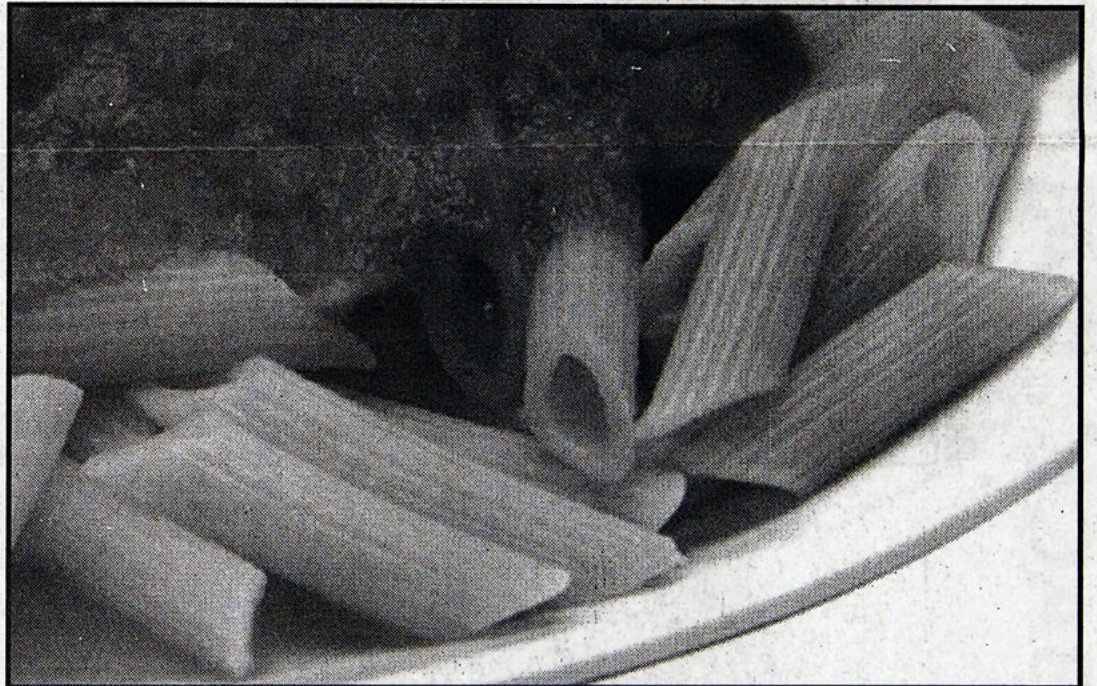
14402 N Lincoln Blvd Edmond, OK 73013



Othello's

1 S Broadway Edmond, OK 73034

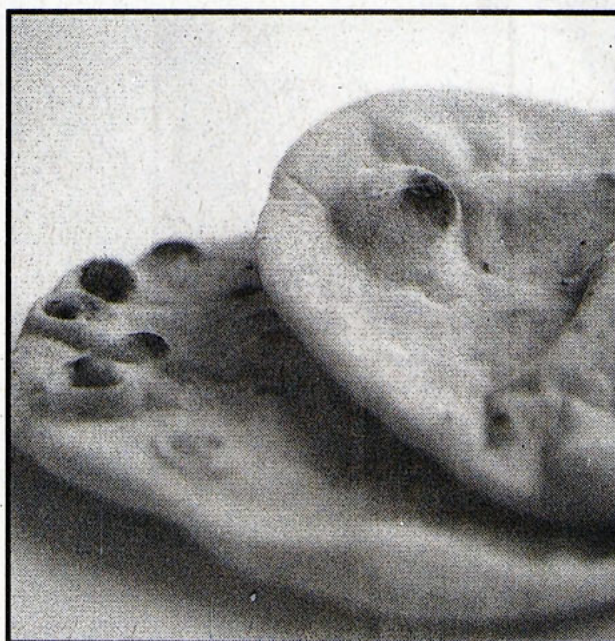
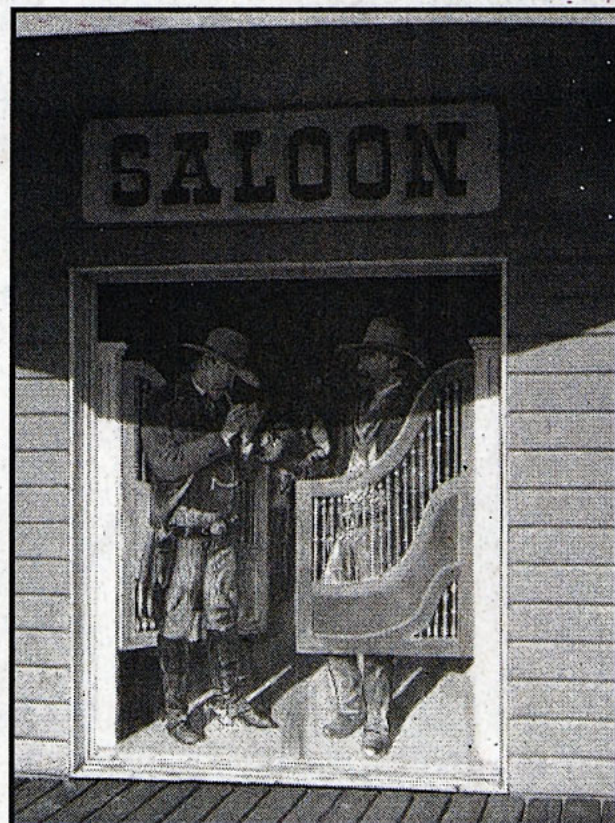
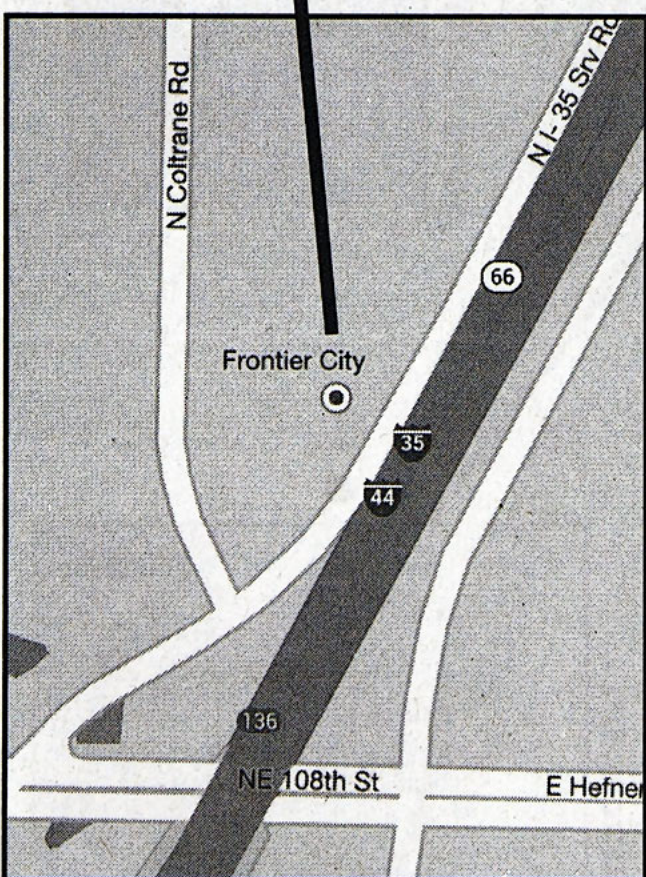
Othello's is an Edmond staple. With great Italian food and a unique atmosphere, Othello's is a must for anyway staying in Edmond.



Frontier City

11501 N I 35 Service Rd
Oklahoma City, OK 73131

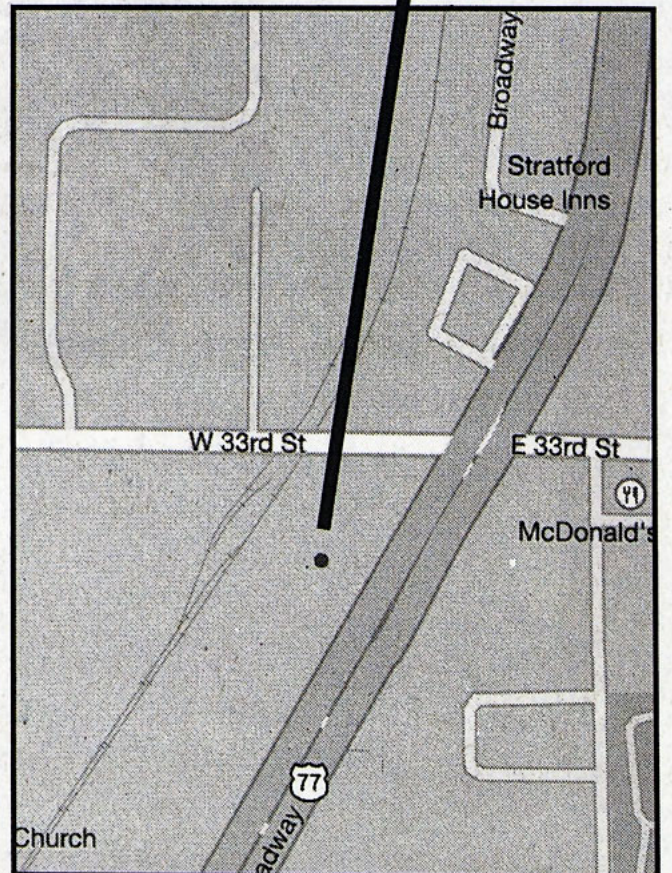
Frontier City is Oklahoma City's roller coaster amusement park. Frontier City is open through October and is a great place to have a good time.

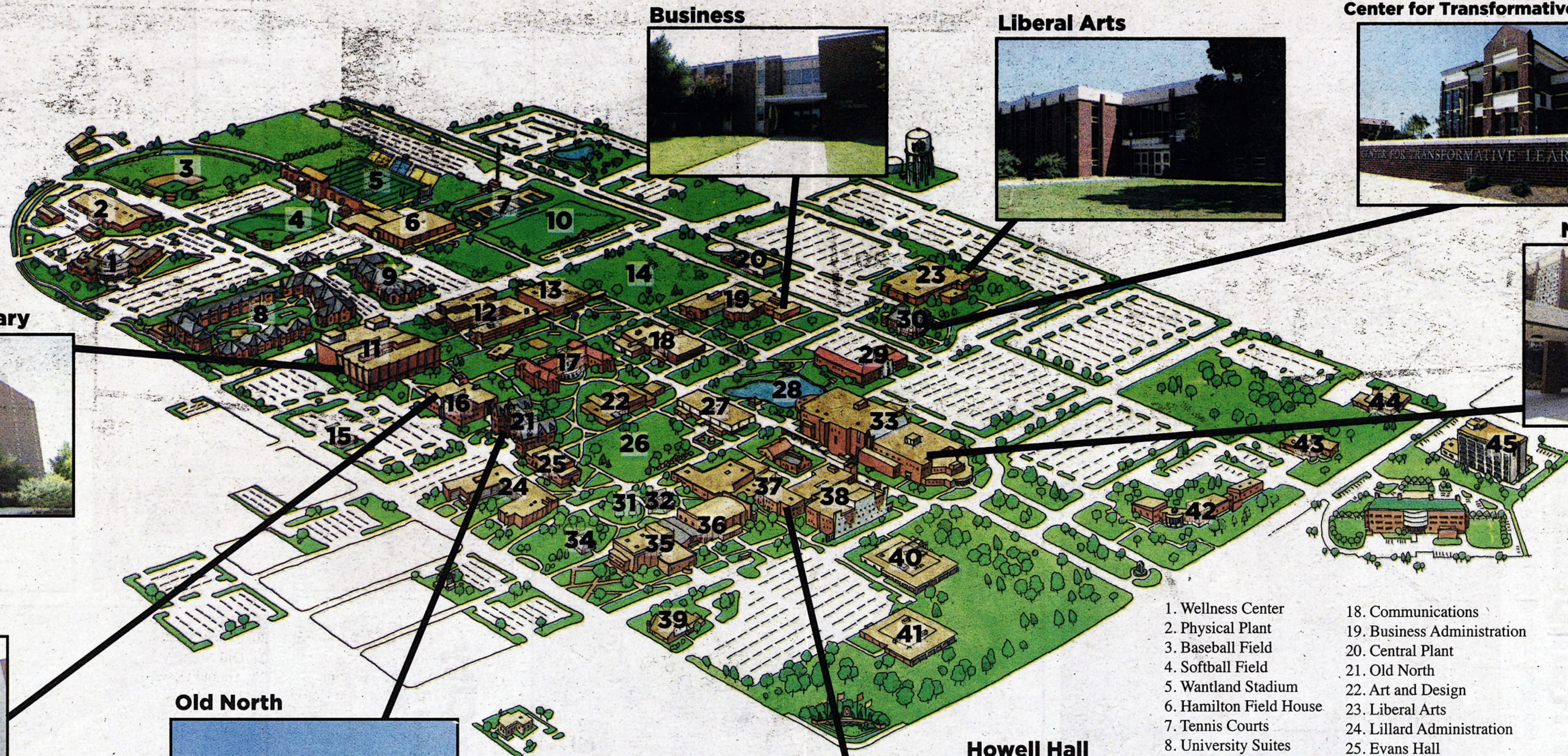


Heritage India

3409 S Broadway,
Edmond, OK 73013

Heritage India is Oklahoma City's roller coaster amusement park. Heritage India is open through October and is a great place to have a good time.





Business



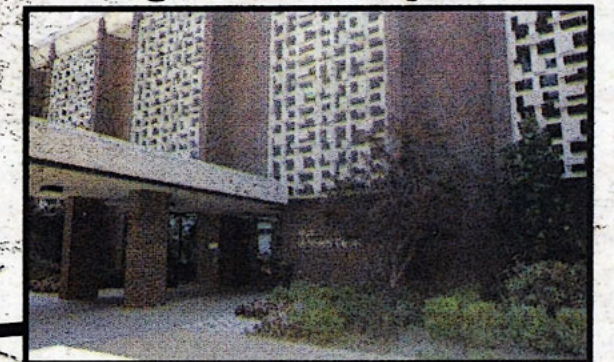
Liberal Arts



Center for Transformative Learning



Nigh University Center



Max Chambers Library



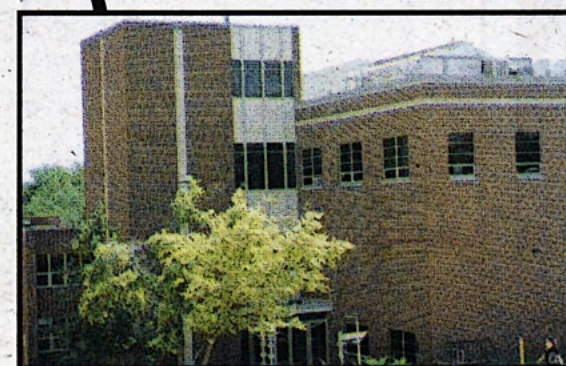
Education



Old North



Howell Hall



- 1. Wellness Center
- 2. Physical Plant
- 3. Baseball Field
- 4. Softball Field
- 5. Wantland Stadium
- 6. Hamilton Field House
- 7. Tennis Courts
- 8. University Suites
- 9. University Commons
- 10. Thompson Field
- 11. Max Chambers Library
- 12. West Hall
- 13. Buddy's Cafeteria
- 14. East Field
- 15. UCO Police Services
- 16. Education
- 17. Murdaugh Hall
- 18. Communications
- 19. Business Administration
- 20. Central Plant
- 21. Old North
- 22. Art and Design
- 23. Liberal Arts
- 24. Lillard Administration
- 25. Evans Hall
- 26. Plunkett Park
- 27. Human Environmental Sciences
- 28. Broncho Lake
- 29. Thatcher Hall
- 30. Center for Transformative Learning
- 31. Y Chapel of Song
- 32. Music
- 33. Nigh University Center
- 34. Mitchell Hall
- 35. Health and Physical Education
- 36. Wantland Hall
- 37. Howell Hall
- 38. Science Lab
- 39. Baptist Colleegete Ministries
- 40. Math / Computer Science
- 41. Coyner Health Science
- 42. Forensic Science
- 43. Edmond Chamber of Commerce
- 44. Edmond Fire Station
- 45. Central Plaza

University of Central Oklahoma

VISTA SPORTS

The Student Voice Since 1903

AUG 19, 2013

FALL 2013



INSIDE PREVIEW:

- Players' season predictions
- Q&A with players
- Upcoming schedules
- Meet the sports writers

BASKETBALL
FOOTBALL
HOCKEY
SOCCER
VOLLEYBALL
WRESTLING



Women's Basketball 2013

Tarrington Oakes



Photo by Aliko Dyer, The Vista

Player Profile:

#4 Tarrington Oakes
Position: Guard
Height: 5'7"
Class: Redshirted Junior
Hometown: Midwest City, Okla.
High School: Midwest City

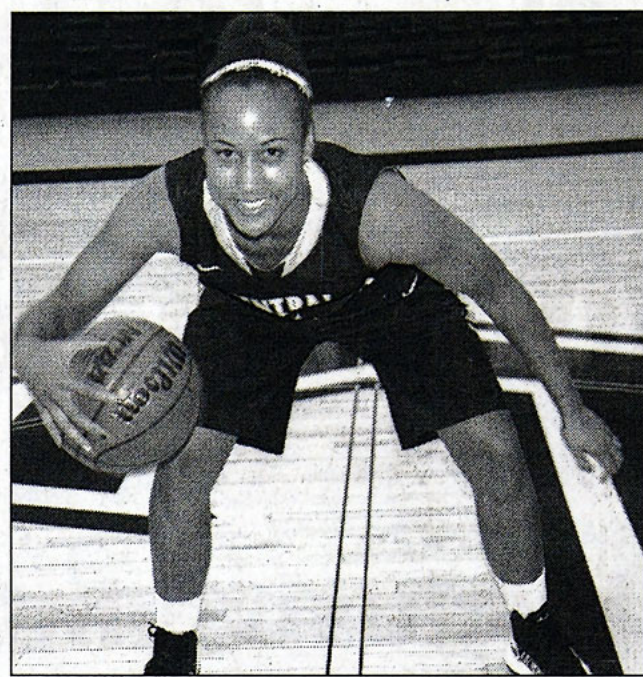


Photo by Aliko Dyer, The Vista

Exclusive Interview:

How do you guys feel about the upcoming season?

"I think we will do well this season. We have a couple new girls coming in that are supposed to help a lot. As far as with the new girls and with the old girls I feel like we bond a lot, like our chemistry is really well, on and off the court. So I think that is what is going to be our biggest up on everyone."

What have you been working on in the off-season?

"We do a lot of pick-up games as far as against each other and with each other. Chemistry as well, that helps a lot hanging out with each other. And lifting."

How do you feel about last year?

"I feel like we struggled a little bit last season, a lot with rebounding. Actually I think that's what hurt us a lot, and injuries as well. We have had a lot of injuries the past three years that I've been here, but we have learned a lot from it. We have learned just to stay together as a team and chemistry."

UCO FOOTBALL: THE PAST AND THE PRESENT

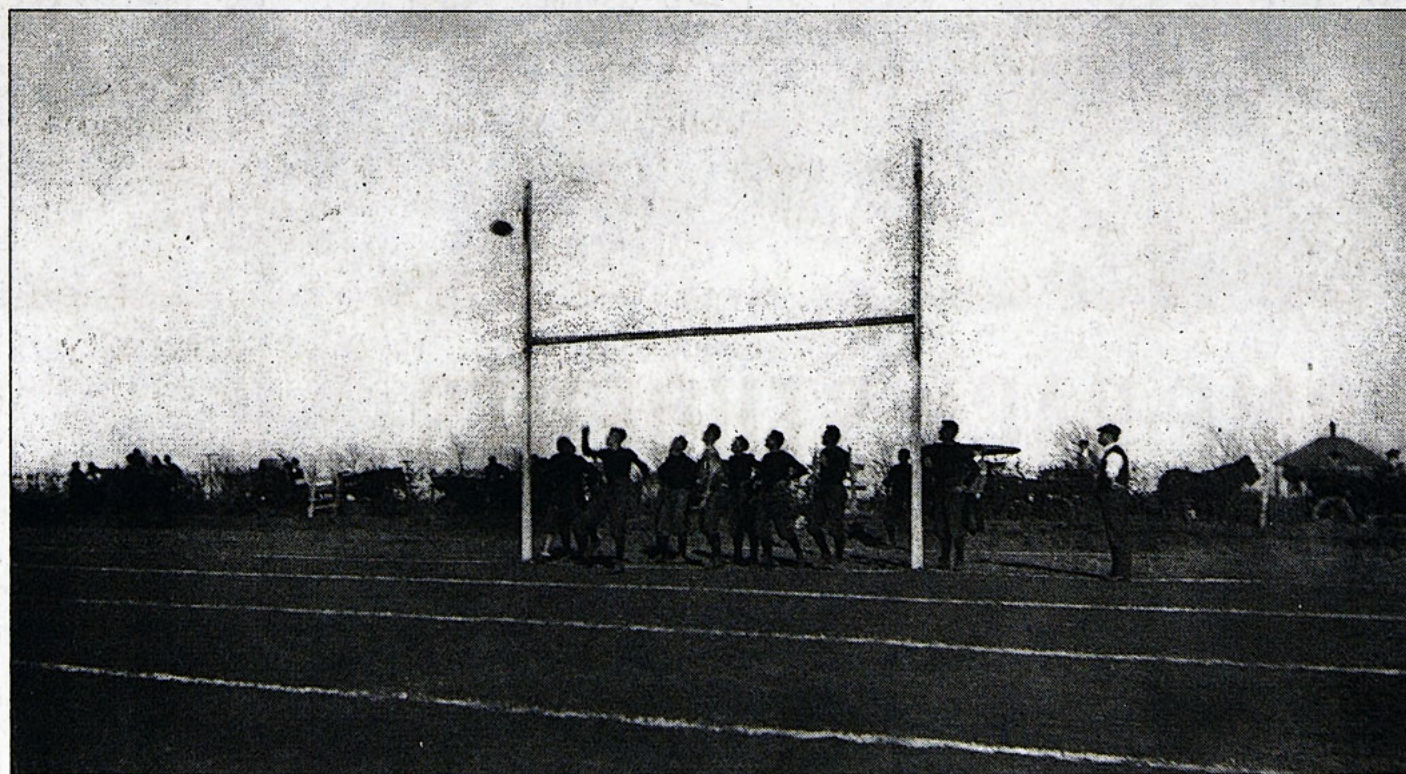


Photo provided by UCO Archives.

A group of UCO football players participates in a practice on the football field in 1908. At that time, the University of Central Oklahoma was named the Central State Normal School.

Wantland Stadium now serves as UCO's football field. Wantland Stadium also serves as the home field for all three of Edmond's high schools.

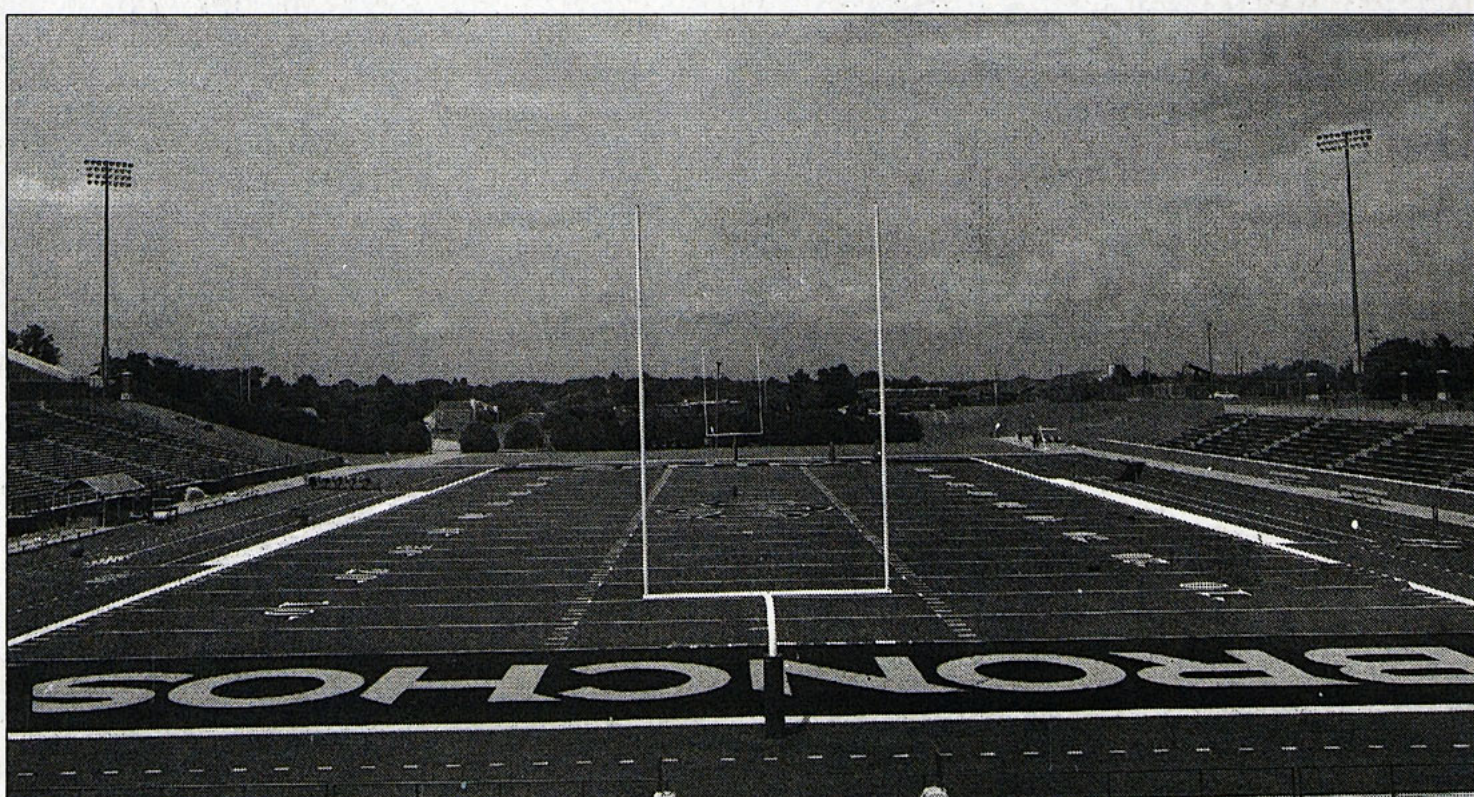
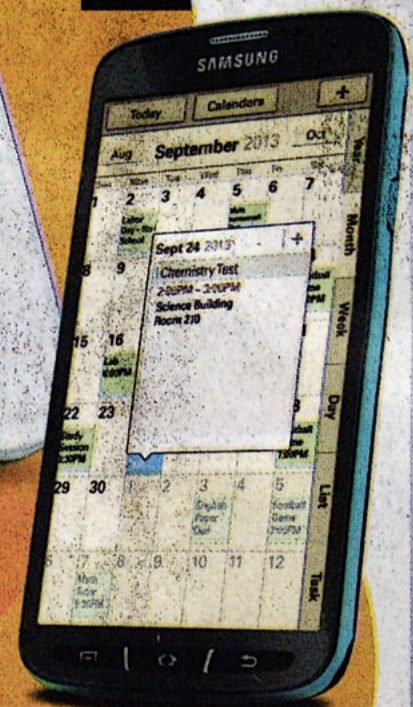


Photo by Aliko Dyer, The Vista.

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Central Oklahoma Soccer 2013

Jordan Hutchison



Photo by Alik Dyer, The Vista

Player Profile:

#5 Jordan Hutchison
Position: FullBack
Height: 5'3"
Class: Senior
Hometown: Edmond, Okla.
High School: North

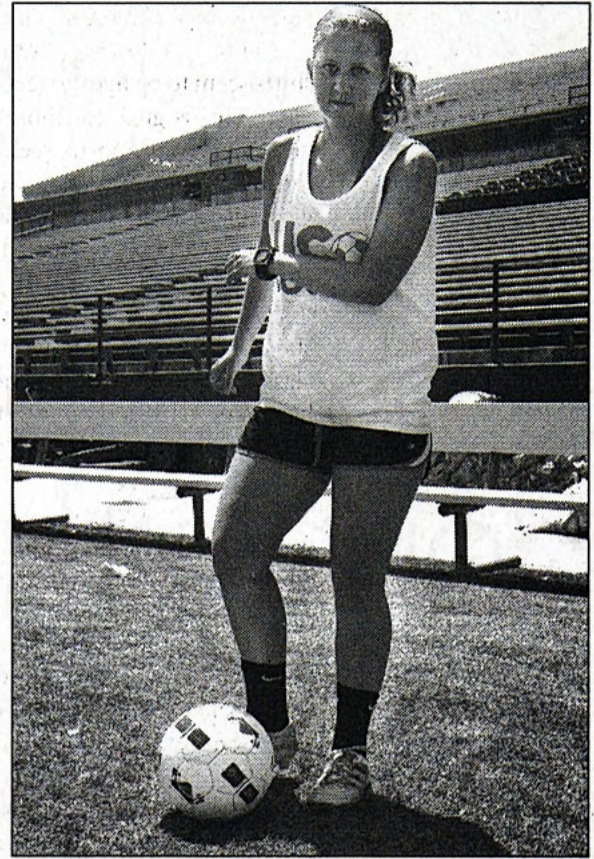


Photo by Alik Dyer, The Vista

Exclusive Interview:

What tough games are you expecting this season?

"Central Missouri is always a tough one. I don't know, it changes year to year. Dallas Baptist is always, they have been getting better and better."

How did your last season go?

"It was a tough season. It was good. The group that was last years seniors were the group I came in with so I enjoyed playing with them one last time because a lot of those girls I've played with since I was young. I thought we did really well. It was a tough lost that last one. I thought we could have gone a lot further than we did. We made it to the second round of the NCAA tournament."

What have you guys been focusing on?

"Mostly positions, learning what we need to do and just fitness. Fitness is always the big thing with our coach."

Central Oklahoma Volleyball 2013

Tate Hardaker

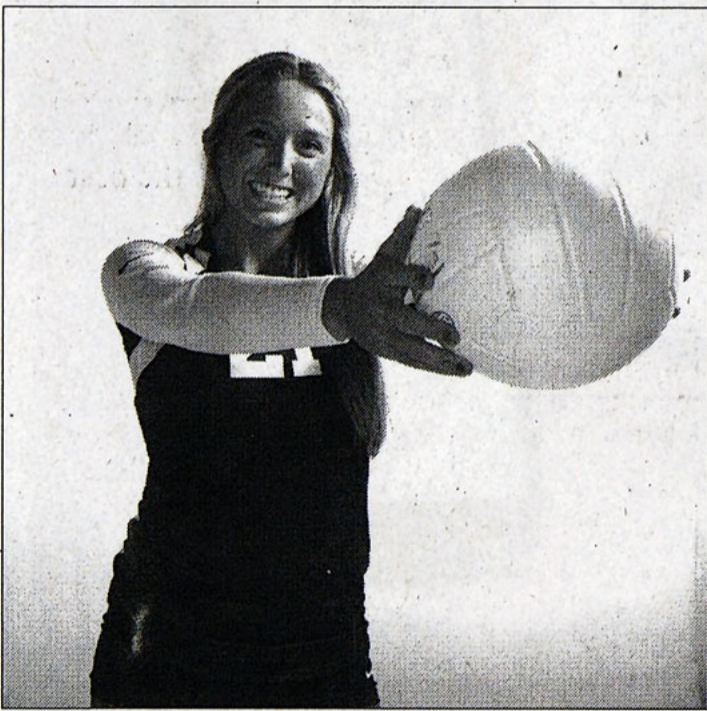


Photo by Alik Dyer, The Vista

Player Profile:

#21 Tate Hardaker
Position: Libero
Height: 5'9"
Class: Senior
Hometown: Edmond, Okla.
High School: Santa Fe

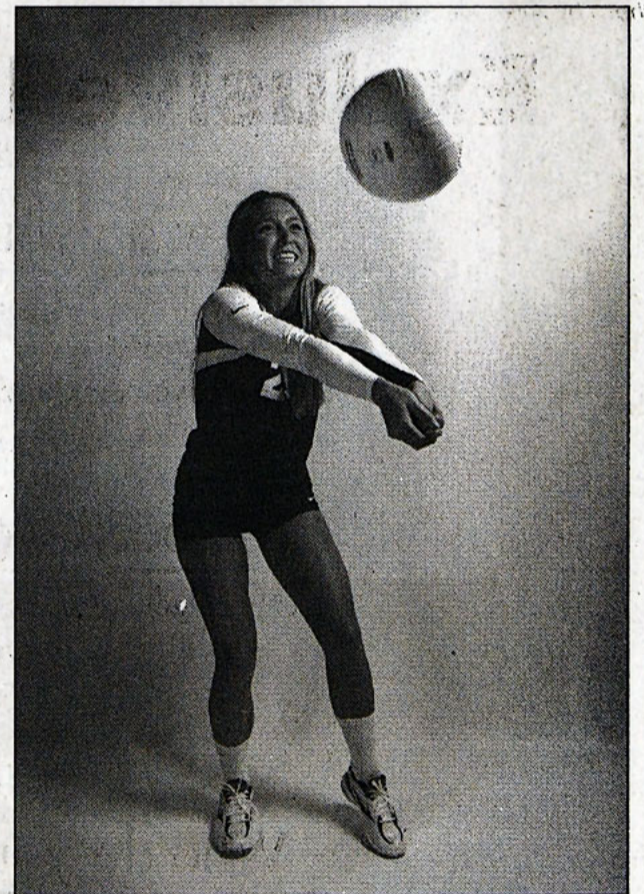


Photo by Alik Dyer, The Vista

Exclusive Interview:

How is the new coach fitting in?

"I love him! I mean I loved my first coach obviously because I signed with him initially, but I love Edgar. He is great. He is so smart that it is scary sometimes. It's intimidating. But he knows his stuff."

Do you have a young team this year?

"I'm the only senior on the team. I think we have maybe like six or seven freshman. We only have five returning players and then the rest are transfers or freshman."

What have you been improving upon as a team this summer?

"All the girls have been doing weights and cardio all summer long. August 1st all the girls moved here and we started practicing voluntary by ourselves for two weeks. So we have already gotten to know each other a little bit."

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