

the HERLAND VOICE

August 2004

volume 22, number 8

Herland Fall Retreat - September 10-12, 2004

Retreat to Robbers Cave State Park September 10 - 12, surrender your worries and cares and give up your responsibilities for one weekend. The retreat features workshops, recreation, entertainment, a potluck dinner and a Saturday evening concert in a women-identified and supportive atmosphere. While we have lots of activities which are listed below, many people come to the retreats and park themselves under a tree with a good book all day; or go off hiking on their own - there is no need or pressure to do anything you don't want to. All women and girl-children are welcome. No boys over 10, please.

The retreat starts Friday afternoon with plenty of time for unstructured relaxation. The famous Retreat soup will be simmering on the stove by 5 pm. Join other retreaters around the campfire for songs, fellowship and marshmallows. Saturday morning, bright and early, join Judy for a bird-watching nature hike.

Bring your musical equipment and talent for the Saturday afternoon Open Mic at 4.

The Saturday evening potluck will give you a chance to show off your culinary skills. Whether that means a bucket of KFC or flaming a Baked Alaska, or something in between, you'll enjoy.

For our Saturday concert, join Nancy Scott and her fiddler friend Millie Marlow. Hometown favorites Mary Reynolds and Louise Goldberg will also be there.

Robbers Cave got its name from its alleged association with Jesse James and gangs, and Belle Starr, along with Cole Younger, and other assorted outlaws. Also, this historic park offers tons of things to do including Biking (road bikes can be rented), bird watching, camping, canoeing, fishing, hiking, horseback riding, jogging, kayaking and

paddle boating, rappelling, rock climbing and wildlife viewing.

Robbers Cave is located East of Lake Eufaula and just North of Wilburton on State Highway 2 in south-east Oklahoma. From I-40 take the Indian Nation Turnpike to McAlester, then US 270 East 30 miles to SH 2, then North on SH 2 for about 7 miles.

See registration form on page 4

Will your vote make a difference in 2004? Only if you register!

Almost 76 million of us didn't vote in 2000 - and with a less than 600 vote margin deciding the presidency in that election, we know now more than ever that everyone's vote counts!

This month we are enclosing a voter Registration Form for our readers in Oklahoma. If you are not registered, or if you need to change your address or party affiliation, please fill out the form, stamp it and drop it in the mail. If you do not need to use it, consider passing it along to a friend. Better yet, feel free to copy it and pass out copies to your friends.

If you live outside of Oklahoma, our apologies. Bulk mail regulations require that each mailing be identical, wherever it goes. But until August 26th, anyone from any state can register at any Office Depot store or by going online at www.wedecide2004.com.



29th Michigan Women's Music Festival

August 10th through 15th, 2004

For schedule of events and registration form, go to

www.michfest.com/home.htm



Saint Sybil

Dear St. Sybil,

What journals and periodicals are on your reading list? To put this another way, can you recommend some good, liberal-radical publications that might be hiding somewhere behind the New Yorker or the Enquirer at the newsstand?

Yours, Hungry for the Real News

Dear Hungry,

You can find real news and real ideas at *Off Our Backs*, a radical lesbian monthly. *The Progressive*; *In These Times*, and *Mother Jones*, are other monthlies which tell it as the liberal orthodoxy see it. *The Utne Reader* provides a great service with their monthly compilation culled from all of the radical (leftish) rags, both mainstream and more obscure. *The Nation*, a weekly, is one of the very best for political and intellectual commentary. It has Katha Pollitt and The Mad Law Professor (Patricia J. Williams) and a great puzzle on the back page that is so hard it puts Sybil to sleep. *Ms. Magazine* is a wonderful quarterly, so thick and juicy with news and opinion and fiction and poetry from all over the world that it takes a full three months to read it through. If you happen to live in Oklahoma, Frosty Troy's Oklahoma Observer can't be beat for updating you on the goings on at the Capitol.

The Sun is a delightful magazine, moderately liberal and radical, and soothingly intellectual and a-political. *On The Issues* was a marvelous feminist monthly which had a strong animal-rights philosophy. It unfortunately is defunct. Sybil hopes that it was not because they once published some of her musings.

If it moves you to send money to Amnesty International, The Humane Society, The Nature Conservancy, The Southern Poverty Law Center, the NAACP, PETA, the Smithsonian, the Schomburg Center for Research in Black Culture, Equality Now, etc. etc. - all of these and dozens more have wonderful magazines they send to their members which tell the truth as they see it about their issues.

There is another quarterly magazine I want to recommend, even though I feel I need to apologize for uttering the name out loud. *Bitch* is provocative and radical and fun, and jam-packed with interesting reading. It aims to be 100% feminist; although the name will cause

some to argue that the founders were misguided in their decision to reclaim the pejorative "bitch"; a word which many feminists would not let pass their lips even when speaking about Nurse Ratchett or Phyllis Schlafly. Still, there is a long history of the oppressed taking power and pride by embracing terms used to put them down, like "dyke" and "queer", for two. As well, I imagine there was a direct connection intended in the transition between *Ms.*, which it resembles, and their chosen name, as in "That's *Ms.* Bitch to you, buddy!" *Bitch* has hardly any advertising, barely more than *Ms.*, which has none. However, some of that advertising will seem over the top to more traditional (make that *older*?) feminists. In a nutshell I would say *Bitch* is *Ms.* in a jazzier, younger, more sexually open format.

So bon appetit, Hungry-for-Real-News; and good reading.

Love,
Sybil

Building Bridges: Gay and Lesbian Catholics and the Church

New Ways Ministry, a national Catholic ministry of justice and reconciliation for lesbian/gay people, presents "Building Bridges: Gay and Lesbian Christians and the Church", a daylong workshop that includes presentations on the full-range of Church teaching on homosexuality, lesbian/gay development and spirituality, family issues, and pastoral outreach.

All are welcome: pastoral workers, gay/lesbian people, their families and friends, social workers, counselors and educators.

The workshops are from 9:00 a.m. to 3:30 p.m. on the following dates and locations in Oklahoma:

Saturday, August 14, 2004

Tulsa GLBT Community Center
5545 East 41st Street
Tulsa, Oklahoma 74135

Co-sponsored by Tulsa Oklahomans for Human Rights

Monday, August 16, 2004

Bethany Library
3510 North Mueller
Bethany, Oklahoma 73008 (near Oklahoma City)

To register, send a \$45 check made out to "New Ways Ministry" to 4012 29th Street, Mt. Rainier, Maryland 20712. At door registration is \$55.

Scholarships are available. For more info., call (301) 277-5674 or email NewWaysM@verizon.net.

Herland Supper Club

Herland Supper Club will meet at 5:45 pm on Saturday, August 14th, at Earl's Rib Place (6816 N Western). Women wishing to carpool may meet at Herland at 5:15 pm. After supper, diners may return to Herland for an evening of fun and games.

Native American Women

OKC Two-Spirit Society is having meetings for lesbian and bi-sexual women of Native American descent. Please call the OKC Two-Spirit Hotline number at (405) 317-7283 for information.

Womyn of Color

Womyn of Color group meets the 2nd Sunday of each month— Please email womynof-color@gay.com or call (405) 842-3464 or (405) 947-7691 for more information.

August Celebrations!

Monday August 2nd, gay African American novelist James Baldwin's birthday (1924)

Tuesday the 3rd, Gray Panther Maggie Kuhn's birthday (1905)

Friday the 13th, suffragist Lucy Stone's birthday (1818)

Monday the 16th, Carol Mosely Braun's birthday (1947)

Thursday the 26th, 84th Anniversary of women's suffrage - so go vote already! And when you get discouraged in the struggle, remember it took 72 years of effort to achieve it.

Don't Forget to Support the Voice!

Your contribution is important! Just \$12 a year will help us pay for the \$300+ it costs every month to print and mail the newsletter.

Enclosed is a contribution for \$ _____

Please add me to the mailing list for The Voice.

Please change my address (new address below).

Name _____

Street _____

City _____ State _____ Zip _____

HERLAND EVENTS CALENDAR

August

Sunday, August 8: Womyn of Color Meeting, call 842-3464 for details

Monday, August 9: OGLPC Monthly Meeting at the Center, 2135 NW 39th, 7 pm

Saturday, August 14: Herland Hike at Martin Nature Park, 5000 W. Memorial, 10 am

Saturday, August 14: Herland Supper Club and Game Night—eat at Earl's Rib Place 6816 N Western at 5:45 pm.

Sunday, August 15: Herland Board Meeting, 4 pm, everyone welcome

Saturday, August 21: Herland Video Night—see below

Saturday, August 28: Herland Scrabble Night—6 pm

September

Friday Sept. 10—Sun. Sept. 12: Herland Fall Retreat at Robbers Cave State Park—see page 4 for registration

Sunday Sept. 19: AIDS Walk. See www.aidswalkokc.org for more info.

Kissing Jessica Stein

The August Herland Video Night will feature an indy film written by the actresses (Heather Jurgensen, Jennifer Westfeldt).

"Kissing Jessica Stine" is described by one reviewer as a lesbian Annie Hall (which may be stretching a point) and by another as When Sally met Sally, a comedy, a very light romp with the added bonus of Tovah Feldshuh as Jessica's mother.

Join us for Herland Video Night:

Saturday, August 21st, 2004, 7:00 P.M. at Herland

As always there will be free popcorn; also sodas and bottled water available for a donation to Herland.

The Voice is published monthly by Herland Sister Resources, Inc. 2312 NW 39th, Oklahoma City, OK 73112. The Voice is offered as an open forum for community discourse. Articles reflect the opinions of the author and not necessarily those of Herland Sister Resources. Unsolicited articles and letters to the editor are welcomed and must be signed by the writer with full name and address. Upon request, letters or articles may be printed under a pseudonym or anonymously. Subscriptions to The Voice are free upon request although a donation is requested to meet publication and distribution costs.

Herland Fall Women's Retreat Registration Form

Robbers Cave State Park - September 10-12, 2004

Below are guidelines to help you select an appropriate registration amount. Deadline for pre-registration is September 4th. Please remember that dogs are welcome but must remain on leashes and are not allowed in the dining hall.

Registration fee enclosed (payable to Herland):

___ \$15 ___ \$25 ___ \$35 ___ \$45 ___ \$60

___ Concert only - \$10

Name(s): _____ Phone: _____

Address: _____

City: _____ State: _____ Zip: _____

email (optional): _____

Sliding Scale Registration Guidelines Based on Income

Single Person Annual Income	Household Annual Income	Pre-Registration per person
under \$6,500	under \$13,300	\$15
\$6,500-\$13,300	\$13,300-\$18,000	\$25
\$13,300-\$19,500	\$18,000-\$26,000	\$35
\$19,500-\$30,000	\$26,000-\$50,000	\$45
over \$30,000	over \$50,000	\$60

- I need a scholarship to attend.
- I'm enclosing an additional \$ _____ to help provide scholarships.
- I'm bringing _____ children (girls of all ages and boys under age 10 are welcome).

Please return registration form and check to: Herland Sister Resources, 2312 NW 39th Street, Oklahoma City, OK 73112
A retreat packet with all information will be sent to you.

Free Training Opportunity

Domestic Violence Medical Intervention and Lethality Assessment—August 10 & 11, 2004, Norman Regional Hospital Auditorium.

This training is sponsored by the Oklahoma Department of Health, Oklahoma Coalition Against Domestic Violence and Sexual Assault, Oklahoma Department of Mental Health and Substance Abuse Services. Contact: Department of Health, Cassandra Smith Edwards 405-271-3430

Day one (August 10, 2004):

Focus - medical assessment and intervention to improve the medical response to victims of domestic violence including issues of screening, identification, referral, and medical documentation.

Day two (August 11, 2004):

Focus — factors associated with intimate partner homicides and the appropriate use of lethality assessments. The training targets emergency room physicians and nurses, ob/gyn specialists, physicians' assistants, public health nurses, admission clerks, records clerks, social workers, chaplains, emergency medical technicians, domestic violence service providers, counselors, law enforcement, and prosecutors.

The speaker for this training is Jacquelyn Campbell, Ph.D., R.N.. Dr. Campbell is the Anna D. Wolf

Chair and Associate Dean for Faculty Affairs in the Johns Hopkins University School of Nursing with a joint appointment in the Bloomberg School of Public Health. She has published more than 120 articles and seven books on the subject of domestic violence and lethality assessments.

Due to limited space, registration is required. **Deadline for registration is August 2, 2004. (If you receive this information after August 2, call anyway, deadlines often expand).** Registration and check-in for the trainings will begin at 8:00 a.m. For more information, contact Cassandra Smith Edwards at (405) 271-3430 or 1-800-522-0204, or Lisa Slater at (405) 271-7611. You can also access the training brochure at the DMHSAS website. Look under upcoming events.

This Month's website of the month is:

www.interguru.com/fiftyplusone

Would You Like to Quit Smoking?

A new website looks to help LGBT cigarette smokers quit. Researchers at the University of California, San Francisco (UCSF) recently launched iQuit, a free Internet-based smoking treatment study for lesbian, gay, bisexual, and transgender (LGBT) smokers (www.iquit.medschool.ucsf.edu).

This study comes on the heels of research showing high rates of smoking in the LGBT community. In some parts of the community, LGBT smoking rates can be as high as 50% much as 50% their heterosexual counterparts. This fact that more people die from HIV/AIDS, car accidents, and alcohol use combined, makes smoking an emerging public health priority for LGBT individuals.



rates can be as high as 50% much as 50% their heterosexual counterparts. This fact that more people die from HIV/AIDS, car accidents, and alcohol use combined, makes smoking an emerging public health priority for LGBT individuals.

The study will compare two Internet-based smoking treatments: one that provides general information that has been helpful in a variety of smoking treatment programs, another that includes the general information plus information and support designed especially for an LGBT audience. Smokers will be randomly selected to participate in one or the other. Researchers hope to enroll 600 participants over the course of a year. The purpose of the study is to determine if either treatment results in higher rates of use, more quit attempts, or higher quit rates.

iQuit is unique in offering participants cessation services that are highly convenient and private. LGBTs can access the site's resources any time of day, from multiple locations, and their participation is kept confidential. To be eligible for the study, individuals must be 18 years of age or older and identify as LGBT.

For more information about this study, visit the iQuit website at www.iquit.medschool.ucsf.edu. If you would like posters, flyers, or postcards to display in your community, please contact Anthony Taylor at taylor@itsa.ucsf.edu or by calling us toll free at 866-895-8050.)



WENDY ALLEN CONCERT AT CHURCH OF THE OPEN ARMS

Wendy Allyn, singer and songwriter, will be performing at Church of the Open

Arms, located at 3131 N. Pennsylvania, on Saturday, August 21st at 7:30 pm. There is a suggested donation of \$5 to \$15 with all proceeds to benefit Church of the Open Arms.

California born, Oklahoma grown, Wendy Allyn writes songs that combine the stable and sturdy traits of a prairie farmer with a breezy west coast attitude. Solid lyrics float on shamelessly hummable melodies. Her debut album, *Catalina Days*, offered a showcase of her songwriting skill. The album received extremely positive reviews. Since that recording was released, Wendy has traveled the country, living for awhile in the northeast, awhile in California, and some time in Hawaii.

Wendy's songs cover the gamut of the human experience, from family ties to social issues. Characters in her songs come to life in succinct composite sketches, drawn with lyrical pictures. Like a good storyteller, Wendy gets her listeners involved in the songs from the first line and keeps them hanging until the last note. You'll believe that she lived every minute of the tales she tells - and you'll be right.

For more information, contact Church of the Open Arms UCC at 525-9555.

Calling for Poetry, Cartoons, Short Writings

Herland is seeking poetry, cartoons, and short essays/stories for a special issue of the Voice in late Fall 2004. Submissions may be sent via snail mail or electronic mail (preferred but not required). Acceptable electronic formats include, email plain text, MS WORD, and MS Publisher. If you want a by line published with your entry, specify this with your submission and indicate how you want your name printed. We will not assume you want your name printed and will not do it without your written permission.

Herland Sister Resources
2312 NW 39th Street
Oklahoma City, OK 73112

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<p style="text-align: center;">Your Ad Here</p> <p>Reach over 1000 readers with your message</p> <p style="text-align: center;">Rate: \$15.00 per month</p>	<p style="text-align: center;">Domestic Relations • Probate • Guardianship • Civil</p> <p style="text-align: center;">Shannon D. Webb Mediation Services, Inc. P.O. Box 58126 • Oklahoma City, OK 73157-8126</p> <p>Shannon D. Webb (405) 824-8565 Owner E-mail: mediationservicesinc@cox.net</p>				
<p style="text-align: center;">REBECCA R. HOLT, Ph.D.</p> <p style="text-align: center;">Clinical Psychology (405) 321-2148</p> <p>Box 5119 Norman, OK 73070</p> <p style="text-align: right;">Individuals - Couples Family Therapy, Retreats</p>	<p style="text-align: center;"><u>Julia Irwin, M.D., P.C.</u></p> <p style="text-align: center;">Psychiatrist</p> <p>Doctor's Park 500 E. Robinson, Suite 600 Norman, OK 73071 (405) 321-3719</p> <p style="text-align: right;"><i>Young And Older Adults</i></p>				
<p style="text-align: center;">DOROTHY E. HEIM Attorney at Law (405) 691-4949 dheim033@yahoo.com</p> <p>Call me with your legal questions:</p> <table border="0" style="width: 100%;"><tr><td>estate planning</td><td>personal injury</td></tr><tr><td>contract issues</td><td>small business</td></tr></table>	estate planning	personal injury	contract issues	small business	<p style="text-align: center;"></p> <p style="text-align: center;">Sandy Ingraham, J.D., M.S.W. Attorney-at-Law Ingraham & Associates, PLLC</p> <p>Estate Planning, Wills, Trusts, Probate, Adoption, Contracts</p> <p>Route 2, Box 369-B McCloud, OK 74851</p> <p style="text-align: right;">Tel. (405) 964-2072 Ingraham@mccloudteleco.com</p>
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