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A COMPARISON OF THE TELEVISION VIEWING HABITS AND CLASSROOM BEHAVIOR OF DISRUPTIVE AND NON-DISRUPTIVE STUDENTS

The University of Oklahoma

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THE UNIVERSITY OF OKLAHOMA GRADUATE COLLEGE

A COMPARISON OF THE TELEVISION VIEWING HABITS AND CLASSROOM BEHAVIOR OF DISRUPTIVE AND NON-DISRUPTIVE STUDENTS

A DISSERTATION SUBMITTED TO THE GRADUATE FACULTY in partial fulfillment of the requirements for degree of DOCTOR OF EDUCATION

By
JOHN LARRY HUFF
Norman, Oklahoma
1984

A COMPARISON OF THE TELEVISION VIEWING HABITS AND CLASSROOM BEHAVIOR OF DISRUPTIVE AND NON-DISRUPTIVE STUDENTS

APPROVED BY

DISSERTATION COMMITTEE

A COMPARISON OF THE TELEVISION VIEWING HABITS AND CLASSROOM BEHAVIOR OF DISRUPTIVE AND NON-DISRUPTIVE STUDENTS

By

JOHN LARRY HUFF

Major Professor: Dr. Charlyce King

The purpose of this study was to determine the differences between the television viewing habits of disruptive and non-disruptive students. Two groups of students, disruptive students (N=32) and non-disruptive students (N=50), reported the number of hours they viewed particular television programs aired during a particular one-week period. The number of hours spent viewing television and the number of violent acts viewed were compared for the disruptive students and the non-disruptive students to test two major hypotheses. Three other hypotheses were tested concerning the inter-relationships among the variables measured on the disruptive students.

The results of testing the first null hypothesis led to the general conclusion that there was no real difference between the amount of time the disruptive and non-disruptive students spend watching television. A common belief is that disruptive students watch considerably more television than non-disruptive students but the results of this study would not support this idea.

The results of testing the second null hypothesis led to the general conclusion that the disruptive students watched television that was much more violence oriented than the television viewed by the non-disruptive students.

The results of testing the third null hypothesis led to the conclusion that those disruptive students who watched the most television saw the most violent acts.

Results of testing the fourth null hypothesis led to the general conclusion that those disruptive students who viewed the most violent acts on television tended to cause the most classroom disruptions.

Results of testing the fifth null hypothesis led to the general conclusion that those disruptive students who viewed the most violent acts tended to commit the most serious classroom disruptions.

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A COMPARISON OF THE TELEVISION VIEWING HABITS AND CLASSROOM BEHAVIOR OF DISRUPTIVE AND NON-DISRUPTIVE STUDENTS

CHAPTER I

INTRODUCTION AND PROBLEM

For years the question has been debated whether the school or the family is the primary force in the education of the young. This question is academic. Niether parents nor teachers are any longer the principal shaper of children's minds in the United States. Television has become the primary force.

A. L. Rowse (1927), the English historian, once wrote that all great changes in history have one theory in common: the people caught up in those changes never really know what is happening to them. Television became the most pervasive force in American life so quickly that its saturated effects have never really been comprehended. Although many of studies on the impact of television have been undertaken in the past quarter-century, the full significance of television as the central preoccupation of family life has yet to be assessed.

Statistics bear out the fact that since television first appeared in about 1950, an explosive television revolution has taken place.

According to Nielsen (1982a):

- 1. Ninety-eight percent of all U. S. homes have a television set which is more than have indoor plumbing or telephones. More than one-half have two televisions and twenty-five percent have several.
- 2. The average television set is on sixty hours per week or eight and one-half hours per day.
- 3. Two-thirds of Americans get "most" of their news from television and one-half of the American families watch news during dinner.
- 4. The typical American child now watches television more than thirty hours per week which is more time than he or she spends with their parents, plays with peers, attends school or reads books.
- 5. By the time a child reaches the first grade he or she will have compiled more hours watching television than would be needed to earn a college degree.
- 6. Children invest a full twenty-four hour day each week viewing television, and by the time one graduates from high school he or she will have spent fifteen thousand hours--the equivalent of two and one-half uninterrupted years--watching television, which is forty-five percent more time than he or she spent in classroom education.
- 7. Eighteen million children are still in the viewing audience between 8:00 p.m. and 9:00 p.m., and no fewer than one million are still watching at midnight.

The cumulative effects of television watching affects everyone but none so decidedly as children. In fact, recent research indicates that habitual viewing can affect a young person's basic outlook and sensibilities, pre-disposition to violence and hyperactivity, I. Q., reading ability, imagination, play, language patterns, critical thinking, self-image, perception of others, and values in general (Moody, 1980).

The National PTA's Television Commission, through a series of hearings, concluded that television has negative effects on children's education (Young, 1981). Examples of classroom disruption and the

breakdown of discipline were frequently cited as being directly related to children's viewing of violence in television programming.

There are many problems facing the public schools of this country which were amplified in the <u>Final Report of the National Commission of Excellence in Education</u> (Bell, 1983), but none more serious than discipline. The American people perceive discipline as the most important problem facing the public schools (Gallup, 1979) and indications are that discipline may be directly related to the other top public school problems of teacher burnout, public teachers' lack of interest, and the inability to recruit and retain teachers in the profession.

If the public schools are to survive the 80's, educators must constantly search for all sources of the festering that are infecting the public schools of our country and eating away at the foundation of our profession. One problem that appears necessary to study is a comparison of the television viewing habits of disruptive and non-disruptive students in the public schools to determine if there are any significant differences.

Need for the Study

These is no doubt that television has become an integral part of the lives of virtually every American child (Eisenhower, 1969). Gondor (1969) found in studying the American family construct, that television had actually taken a place in the family as a new member. Gondor discovered that television had pervaded many family constructs and at times had even taken over the role of the mother. He reported several cases where an infant's first words were in imitation of certain

television commercials. Instead of the traditional "ma-ma", Gondor found many of the infants cooing such phrases as, "Coca-Cola" or "Alka-Seltzer".

During the early years of television effects research, the principal tool of investigation was content analysis (Budd, 1967). The counting, numbering and classifying of violent program content was widespread (Thrush and Labovitz, 1969). In the 1950's the National Association of Broadcasters, sponsored by the Ford Foundation, employed Dallas Smythe to conduct a two week content analysis in four large cities to determine the amount of murder, torture, and mayhem being shown over prime-time commercial television (Smythe, 1952a). Smythe found prime-time programs depicting someone injured or threatened by violence once every six minutes. Almost all of the violence occurred in the entertainment type program, and children's programs were particularly aggressive averaging thirty-eight acts or threats of violence per hour. Eleven years later Smythe conducted another content study (Smythe, 1963b). He noted that there had been an increase of violence in prime-time television. He reported that in three hours of network prime-time, four stabbings, eight shootings, one kidnapping and onehundred and fifty other acts of violence took place.

The influence of these early content studies was profound. Almost immediately, concerned members of the community banded together to begin an organized effort to halt television violence (Rustein, 1974). The dawn of a great and continuing controversy had begun.

Sociologists and psychologists began to conduct research in the area of televised violence and viewer responses. Although the results

of this research were often in conflict, it has indicated that to ignore the possibilities of television's effects on young viewers would be a serious mistake. The years of continuing research in this area have indicated that the impact of television program content upon the viewer is both varied and great (Schramm, et al., 1961). Schramm pointed out that a child's own life experiences shaped the way in which he was influenced by television. He seemed to be implying that children's responses to aggressive or prosocial television content was a function of a number of interrelated variables or characteristics. Time spent watching a particular type of program, preferences of program content, and the total time viewing television, have all been some of the "consumption" variables, which have been found to be significant in terms of subsequent behavior. The "behavior" variables usually considered in the research have been: overt aggressive behavior, predisposition to violence, anomie, and most recently, predisposition to fantasy.

In 1968, President Lyndon Johnson appointed a National Commission on the Causes and Prevention of Violence. This action was, in part, due to the increased violence on college campuses during the 1960's and the assassinations of prominent political figures such as John F. Kennedy, Robert F. Kennedy, and Martin Luther King, Jr. The purpose of the establishment of this Commission was to study the question of whether or not there is a causal connection between violence and antisocial behavior of individuals, especially children. In reviewing the work of this Commission, Mukerji (1977) stated that violence in television was linked to aggressive behavior, but other factors should be considered as contributors.

It was against this backdrop in 1969 that Senator John O. Pastore, chairman of the Senate Subcommittee on Communication, requested the Surgeon General of the United States, William H. Stewart, to thoroughly investigate the evidence relevant to questions about the effects of television on children. Controversy, criticism, and scandal surrounded the project from the beginning and continues at this present time. There remains evidence of American network censorship, tactics of concealment, deceit, obstruction, and subsequently, a "cover-up."

In spite of the controversy about the Surgeon General's report, some important conclusions were reached which stimulated public interest and financial support for further exploration of television's effects on children. The report concluded that television and other media violence can arouse children and youth, instigate copying of aggression and antisocial acts, and shape the values of the young regarding a variety of undesirable and antisocial behavior. The report further concluded that television violence had a great effect on a small percentage of youngsters and a small, but significant, effect on a large percentage of youngsters.

Since the Surgeon General's report in 1972, many other studies have been conducted to examine the relationship between television violence viewing and aggressive behavior. The findings converge in three respects: a preliminary and tentative indication of a causal relationship between viewing violence on television and aggressive behavior; an indication that any such causal relationship operates only on some children; and an indication that it operates only in some environmental contexts.

In a publication sponsored by the United States Department of Commerce, George Comstock (1972) outlined what he considered to be two major themes for continued research in the area of television violence. These themes are designated as:

- (1) The control question of the role of televised violence in aggressiveness among the young cannot be taken as fully resolved. The most justifiable interpretation of the evidence presently available is that televised violence increases aggressiveness. The case, however, is not reversible.
- (2) The processes and dynamics, social and psychological, involved in any effects of televised violence on aggressiveness clearly demand further thorough and extensive investigations. Particularly important are: (a) the circumstances which increase the likelihood of aggressive behavior attributable to the viewing of televised violence, and (b) the circumstances which mitigate any such effects. At present, understanding of the phenomenon now given the stamp of scientific verisimilitude is remarkably slight (Comstock, 1972).

The investigation of these two underlying themes proposed by

Comstock are currently plagued with confusion and problems. His first

theme calls for an open minded approach to the research. In light of

the research and evidence it would be difficult to adopt a "violence

begets violence theory" (Berkowitz, 1965), a "cathartic theory"

(Feshbach, 1961) or a "no effects theory" (Zajonc, 1954). It seems only

logical that the answer lies somewhere among all three. As DeFleur

(1970) contended, you can pick up any side of this question and always

find enough "evidence" to support your contentions. The idea that the effects of television is not a completely settled question should find little opposition among researchers. As Comstock explains, "The contention is not based on the axiom that nothing is ever permanently resolved in science, but on the doubts of the evidence" (Comstock, 1972).

One of the most controversial questions in relation to this area is the long standing battle between experimental laboratory and correlational field studies. The laboratory experiment has its limitations in the kinds of data which can be collected for interpretation. Obviously one limitation is that of environment (Neale and Liebert, 1973). For example, television viewing is frequently indulged in by most people, however, their viewing rarely consists of a "glued to the tube" or narcotized environment. They engage in numerous other activities while viewing, they: talk, read, sew, play games, and naturally make frequent trips to the refrigerator (Liebert, et al., 1973).

Another problem with the laboratory experiment deals with the time spent viewing. The average child spends approximately twenty-five hours a week before the television set. Laboratory studies, in contrast, usually take from ten to twenty minutes and could not possibly have the same effect on an individual who is accustomed to several hours of viewing in one sitting.

A final major problem with the laboratory study is its warning to the subjects that there is about to be a scientific experiment conducted. The fact that the subjects realize they are going to be manipulated and observed under controlled laboratory conditions might have an eventual effect on the research results. Jerome Singer (1971) summed up

the issue as follows:

Perhaps the major criticism of these studies is their artificiality. They smell of the laboratory and involve complex sequences of procedures that simply seem too far removed from the ordinary course of events in real life (Singer, 1971 p. 47).

This is not to say that the laboratory study has not been of great value in the comparison of viewed televised violence and subsequent behavior. As the review of the literature indicates, the laboratory study has demonstrated that children do learn from television content. The general findings of the Surgeon General's study were an excellent example of this. Numerous laboratory experiments over the past ten years have indicated that children do imitate aggressive behavior viewed on television. The results of experiments conducted by the Surgeon General's Committee are consistent with these earlier findings. Liebert, et al., (1973) point out that these studies, in scientific discourse, would be viewed as "strong evidence" for a causal effect relationship. But as Liebert also points out, a great deal is at stake. The problem under investigation is one which is very sensitive and salient to many people. Researchers must be certain that the data collected and analyzed from a laboratory experiment is generalizable to the world or as Liebert says: "generalized to the living rooms, televisions, and children of our society" (Liebert, et al., 1973).

In summarizing the problems of the laboratory experiment, Comstock notes three areas of concern: (1) the circumstances of measurement are abnormal because of the absence of social inhibitions against aggressiveness and the possibility of retaliation, (2) imitation of viewed aggression depends largely on the presence in the measurement situation of stimuli similar or identical to that observed earlier, and (3) ag-

gressiveness is operationalized in a form far from equivalent to what might occur in everyday aggressive behavior. As Comstock points out, the major "thrust" of all of these concerns is simply that the television experiment in the laboratory environment has very little relationship with what occurs in ordinary behavior, and therefore proves very little in terms of formulated causal hypotheses.

Field studies solve many of the problems which are inherent in the controlled laboratory experiment. Namely: subjects are viewed in their natural environment, there is no problem with viewing time or experimentally manipulated viewing situations, and there is no effect of a laboratory environment. There are, of course, arguments against the field survey. Haskins (1968) points out that the field survey is plagued with all the problems of any non-experimental design—lack of control. He also indicated that the lack of control in the field survey does not mean that control must be completely forsaken. Although complete control would require vast amounts of time and money (Haskins, 1968), careful methodology and survey design can help to overcome complex control problems.

The arguments concerning laboratory and field research seem to indicate that further comparisons of television viewing habits and subsequent viewer behavior must: (1) deal with the objections of the laboratory experiment and establish a bridge between the laboratory environment and the real world, and (2) further verify, using measures of "real life" behavior, a comparison of televised violence and overt aggressive behavior.

Because of the variety of conclusions reached in laboratory re-

search relating to television violence viewing and aggressive behavior and the serious doubts about much of the research in this area, this researcher was prompted to go into the everyday lives of students to examine their television viewing habits and behavior patterns. A comparison of the viewing habits of disruptive and non-disruptive students in public schools was made in this study to determine any differences.

Statement of the Problem

The problem of the study was to determine the differences between the television viewing habits of disruptive and non-disruptive students in public schools. More specifically, the study was an attempt to answer the question: Are students who watch excessive amounts of violence on television more likely to exhibit disruptive school behavior than students who do not watch excessive amounts of violence on television?

Hypotheses to be Tested

- HO₁ There is no statistically significant difference between the number of hours the disruptive students spent viewing television and the number of hours the non-disruptive students spent viewing television.
- HO₂ There is no statistically significant difference between the number of violent acts viewed by the disruptive students during their television watching and the number of violent acts viewed by the non-disruptive students during their television watching.
- There is no significant relationship between the number of hours the disruptive students spent watching television and the number of violent acts viewed.

- HO₄ There is no significant relationship between the number of violent acts viewed by the disruptive student and the number of times they were referred for disciplinary action.
- HO₅ There is no significant relationship between the number of violent acts viewed by the disruptive students and the seriousness of the disruptive infractions.

Population Defined

The population of this study were eighth-grade students enrolled in public schools in a southwestern city of the United States.

Limitations of the Study

The following limitations were placed on the present study in order to make it possible:

- (1) This study was limited to the accuracy of the information considered and the measurement system contained on the instruments in this study. The researcher recognizes that the questionnaire completed by the students and the referral form completed by school personnel may contain a certain amount of subjectivity, however, attempts were made through the use of standardized instruments to minimize the subjectivity of the information.
- (2) This study was limited to eighth-grade students enrolled in public schools of a southwestern city in the United States. The findings of this study are to be generalized only to the original population from which this sample of experimental subjects was drawn.

Definition of Terms

It was necessary to define several terms used in the present study. The following definitions and explanations were offered in order to avoid multiple interpretations of terms:

- (1) <u>Violence on Television</u>: For the present study, the National Coalition on Television Violence, <u>Monitoring Results</u>, <u>Weekly Report</u>, (Fall, 1983) was used to determine programs containing violence. In their guidelines, violence was defined as an overt expression of physical force (with or without weapon) against one's self or others; a compelling action against one's will on pain of being hurt or killed; and/or actual hurting or killing. An action to be considered violent must be plausible and credible and must include human or humanlike characters. It may be an intentional or accidental action, humorous or serious or a combination of both as long as the previous conditions are satisfied.
- (2) <u>Television Viewing Habits</u>: Television viewing habits included the hours regularly spent viewing television during prime-time and the programs watched during those hours.
- (3) Prime-time Television Viewing: For purposes of this study, prime-time television viewing was the time spent watching television between 6:00 p.m. and 12:00 midnight each day.
- (4) <u>Disruptive Student</u>: A disruptive student was any student who had been reported three (3) or more times to school officials for disruptive school behavior during the Fall Semester, 1983.

(5) Non-disruptive Student: A non-disruptive student was any student who had <u>not</u> been reported to school officials for disruptive school behavior during the Fall Semester, 1983.

Statement of the Purpose

The purpose of the study was to contribute additional knowledge in the field of education by trying to ascertain whether or not there are significant differences between the television viewing habits of disruptive and non-disruptive students in public schools.

An attempt was made in the study to compare the television viewing habits of disruptive and non-disruptive students. Any significant difference in the viewing habits of disruptive and non-disruptive students may be an indication to some that intervention by concerned citizens is needed. The specific correctives advocated generally fall into three categories:

- (1) There are those whose goal it is to influence the content of television. The strategies of this group are:
 - (a) to exert pressure on television stations and executives to change the type of programs they present and alter the content of those programs that are shown and
 - (b) to promote increased federal regulations over the content of television programming especially aimed at children.
- (2) There are those who exhort people to reduce their television viewing time and even to stop watching entirely. It is the contention of this group that by reducing excessive television viewing or eliminating viewing time entirely, youngsters will

- engage in other presumably more worthwhile activities.
- (3) There are those who advocate, through education in the schools, the development of critical television viewing skills. The skills taught are: the ability to evaluate one's own television viewing behavior; a knowledge of the business of television viewing; and the ability to recognize the effects of television viewing.

It is the plan of this researcher to draw the attention of those who might take a practical ameliorative action to the guidance that behavior and social scientists can provide. In particular, this group includes those in the broadcasting industry who are directly responsible for the television content that children view, and those who are not in the industry but are concerned enough to become involved in influencing those who are responsible for television content or student viewing habits.

CHAPTER II

REVIEW OF LITERATURE

In 1952 television receivers were widely available and programming was rapidly increasing. The "freeze" of the preceding four years was over and the television industry as well as the public was anxiously awaiting the availability of television. At this same period there also began the rumblings of concern and disapproval over the content of television programming. This concern, generated mainly over the violent and aggressive content of television programs, was actually not a "new" development. There had been similar concern over such content on radio in the 1940's (Wertham, 1966). It was predictable that violence on television would also raise the issue of its effect (Witty, 1966).

The idea that television was a "school for violence" (Wertham, 1966) or a "preparatory school for delinquency" (Banay, 1955) has been of growing concern since the early 1950's. Probably the leader in the research field of learning antisocial behavior via television is Bandura. Bandura's research has demonstrated that sequences of antisocial behavior could be learned and often imitated by viewers of aggressive film content. Bandura is known for his "bobo doll" experiments. The basic paradigm for these studies consisted of showing a group of children an aggressive film and a group of children a neutral

film. The children were then observed in play to see if they would choose an aggressive or non-aggressive toy. Bandura discovered that those who had viewed the violent film consistently chose the most aggressive toy, a "bobo" punching doll, which they used to "fight" (Bandura, 1965a).

A major problem with the Bandura studies was the restrictions placed on the experimental procedure: (1) children were frustrated prior to the testing, (2) children were tested in a situation which was very similar to the situation which they had just witnessed in the film, and (3) children were tested immediately after they observed the violent film.

Although the Bandura results must be interpreted with these conditions in mind, his studies indicated that children could learn and perform novel aggressive behavior after viewing such behavior on film. Bandura contended that his experiments supported the theory that novel aggressive techniques, such as those shown on ABC's <u>Kung Fu</u> series, could be acquired by children, simply by witnessing the acts on television.

The effect of time lapse between viewing aggression on television and the measurement of overt aggression has become an area for much concern and study. The research in this area (Hicks, 1965) has shown that a large portion of the aggressive behaviors are retained over long periods of time. This was particularly found to be true if the viewer of an aggressive film engaged in such a behavior at least one time between viewing the film and the observed behavior.

Concern has also been shown over the similarity of the setting of

the observed violence and the setting of the film cues presented to the subjects. Siegel (1956), Lovaas (1961), Meyerson (1966), and Greenwald and Albert (1968) indicated that subsequent aggressive behavior by subjects who viewed aggressive film was affected by the similarity of the setting observed in the film and the setting where the subjects were placed for observation.

Other studies, however, such as those conducted by Ross and Ross (1961), and Walters, Thomas, and Acker (1962), have controlled for this "setting" variable and have further supported the Bandura findings. Their results indicated that viewing violence can instigate aggressive behavior after the viewing of an aggressive scene. All of these studies followed the basic Bandura papadigm with only minor variations.

The research compiled thus far dealing with the question of learning from television content indicates that the audience does indeed learn something (Fuchs and Lyle, 1972). Survey reports indicate that both parents and children feel that they learn from entertainment programming on television. There is also empirical support for various types of television learning. Ward (1971) has indicated that children can easily remember and recite television commercial jingles by the time they are four years old. He also notes that by the time the child finishes the sixth-grade, he or she is able to understand and comprehend the function of the television commercial.

A pioneer in the study of television and children, Wilber Schramm (1961), also found some supporting evidence for a television learning effect. He discovered that there was a higher rate of vocabulary learning skills among children who most frequently viewed television. More

recently, LaPlante (1966) found similar evidence among both children and adults.

A study which is often cited in the literature was conducted by Stein and Friedrich (1971). The research combined both laboratory and field techniques to investigate the learning of aggression from television. Over a four-week period three nursery school groups viewed systematically varied television programs. One group saw a program categorized as prosocial. Another group viewed an aggressive program, while a control group viewed a neutral film. One of the more interesting results from this research related to the group of nursery children who viewed the aggressive program. Children in this group who were predisposed to aggression showed an increase in overt aggressive behavior. Those who were not predisposed to such a behavior showed no change. Finally, those children viewing the aggressive film showed less persistence, tolerance, and rule obedience than the children exposed to the prosocial program.

Numerous correlational studies have been conducted which have also investigated the relationship between "learning" and television consumption. Lyle and Hoffman (1971) found that viewing of violence on television was correlated with a number of variables including age, sex, parental conflict, and intellectual levels. An exhaustive review of correlational research in this area was completed by Chaffee (1971). He concluded that the studies reviewed, if looked at singularly, did not appear to be overly significant. However, he indicated that the "overall" pattern of the studies pointed to a positive relationship between aggressive behavior and aggressive television program consumption.

In a review of media violence research, Meyer and Anderson (1973) noted that one of the more unexpected findings was a child's ability to learn observed behavioral responses from television, regardless of the occurrence of reinforcement. The authors indicated that even children who viewed an aggressive film model being "punished" for his actions would still imitate the model's behavior when given the opportunity. In their summary they concluded by stating:

(1) Viewers learn aggressive behavior provided by TV content. They can and do add responses to their behavioral hierarchies, regardless of the presented reinforcement results; (2) When violent TV content is presented as rewarding, vicarious reinforcement can affect the position of the response in the hierarchy and raises the probability of it being evoked or demonstrated; (3) TV violence acts that are shown to be unrewarding are lowered in the hierarchy if the viewer sees that the circumstances in his own enviornment are similar to the conditions where TV violence was unsuccessful (Meyer and Anderson, 1973, p. 451).

Psychological Effects

Today's children are the first generation exposed to overstimulation and we know nothing of its long-term consequences. In his book, Overload, psychiatrist Leopold Bellak (1975) explains that the brain is a complex system of electric circuitry which, when overloaded with stimuli, can "short circuit." "What has us spinning," says Bellak, "is the tremendous overloading of our senses. We are hit with too much, too fast. Our signals are conflicting."

When rhesus monkeys at the University of Miami Medical School were subjected to the sounds of alarm clocks, radios, traffic, telephones, and televisions for three weeks, the monkey's average blood pressure increased by forty three percent (Moody, 1980). Exactly which part of

a person's (or monkey's) overload can be attributed to television is difficult to determine. However, we do know that in many households the television is turned on at breakfast time and plays almost constantly throughout the day and evening. Whether the people at home watch it, or listen to it, or simply co-exist with the turned-on television, its sound and flickers must be taken into account as a major stimulus.

Data are insufficient as to how cumulative television viewing will affect the development of the human species in the long run, but in the case of children who are growing up on continuous television special concern has been reported. The new emerging evidence reveals television viewing is affecting such individual physical responses as brain waves, eye movement, the use of the hands and overall body movements. It is becoming increasingly vital to know and understand how children respond to television and how respective physical and mental responses relate to each other.

The brain, like the heart and all muscles, is alive with electrical activities. This activity of the cells can be measured in volts, recorded, and charted in ways that help to explain what is going on inside the body. The tool used to measure and chart brain activity is the electroencephalograph, or the EEG.

The most common type of brain waves, those which can be recorded during most of a person's waking hours, are the medium paced "beta" waves, which are typically associated with "alert" activities such as focusing, paying attention, reading, talking, cooking dinner, driving a car, playing ball, etc. A marked slowdown of electrical activity in the brain will be measured and charted on the EEG as long, slow "alpha"

waves. The alpha waves occur when the individual is not orienting. They are associated with lack of eye movement, fixation, lack of definition, idleness, inactivity, and overall body inertness (Mulholland, 1979).

Brain wave studies indicate that children and adults alike lapse into a "predominantly alpha wave state" after only thrity seconds of television viewing (Emery and Emery, 1976). This characteristic pattern of brain wave activity is established and maintained no matter what program is being viewed.

In a landmark study, Dr. Thomas Mulholland (1979) found that even when watching their favorite show, the children's brain waves did not respond to the content but to the act of watching. Brain waves do not distinguish between "boring" or "exciting" content, "good" or "bad" shows. When Dr. Mulholland asked the children to be interested and involved in the program, he looked for an oscillation between alpha—slow waves and beta—medium waves, but that didn't happen. The children just sat and watched and remained in alpha most of the time.

The alpha state, when associated with television viewing, seems to be a response to the experience of watching a television screen rather than to a specific picture or program. Television can create extreme excitement in the brain, and after prolonged viewing, it can produce a "drugged state" and alpha waves in the brain (Lippold, 1973).

What elements of the medium might account for these effects on brain waves? Researchers believe that it is light—the particular kind of artificial light delivered by television (Mander, 1978). Television is an intense kaleidoscope of moving light and sound. For eight and

one-half hours a day, human beings sit in dark rooms, their bodies stilled, gazing at this light. Previous generations looked at starlight, firelight and moonlight, but no culture in all of history has spent such enormous blocks of time, every day, sitting a dark rooms looking at artificial light. This in itself represents an enormous change in human experience.

Television light is purposeful and directed rather than ambient. It is projected into the eyes from behind the screen by cathode-ray guns which are literally aimed at the viewer. These guns are powered by 25,000 volts in the case of color television and by about 15,000 volts in black and white sets.

Upon close inspection of a color television screen, it is evident that pictures emanate from a collection of red, blue, and green dots on lines. When moving away from the screen, the colors merge in the eyes to seem like other colors. These dots are made of phosphorescent metal placed inside the glass and they glow when the cathode-ray gun shoots electrons at them. Television is a fluorescent light (Mander, 1978).

Dr. John Ott, founder of the Environmental Health and Light Research Institute in Sarasota, Florida, has done extensive research on the effects of x-radiation emanating from television sets and the danger of fluorescent artificial light. In one celebrated study (Ott, 1974), the roots of bean plants placed in front of color television sets grew upward out of the soil. Another set of plants became monstrously large and distorted. Mice which were similarly placed developed cancerous lesions.

In another experiment involving two thousand mice, it was noted that the mice kept under pink fluorescent light developed tumors and died, on the average, within seven and one-half months. Those kept under other light sources had an average life span double that of the first group (Ott, 1974).

Cancer wasn't the only reaction to artificial light. When mice were kept under one particular pink fluorescent light for long periods of time, their tails would literally wither and fall off. Under a certain dark blue fluorescent light the cholesterol level in the blood of mice rose sharply, and male mice became obese, although the females did not.

A red filter placed over ordinary incandescent light was found to weaken and rupture the heart cells of chick embryos. A blue incandescent light placed over the cages of chinchillas increased the number of females in the litter; a similar light increased the female population of fish in a tank. Other light changes caused aggressiveness, hyperactive behavior, aimlessness and disorientation, as well as changes in sexual patterns among mice, rats, and other animals.

Ott believes there is a connection between the light received in the eyes and cell structure. He says light passes through the eyes to contact the retina. The rays pass via neurochemical channels into and through the pineal and pituitary glands into the animal and human endocrine systems.

The kind of light that passes through the eyes determines the reaction of human cells. His experiments on plants and animals were attempts to demonstrate that even minute changes in wavelength spectra (what we call "color")--say between one kind of artificial light and another, or between natural light and artificial light--cause important biochemical alterations.

According to reports in the prestigious British medical journal,

Lancet, increasing numbers of people have experienced fits or seizures
while viewing television. In one study the journal reported:

Many of these patients (98 of 176) experienced absence or seizures only while viewing television and usually when they are close to the set, adjusting the picture or switching channels. At least half of these patients have normal EEG's except when they are exposed to photic stimulation. Their physicians have labeled this response television epilepsy (Clement, 1976).

While "television epilepsy" is an unusual response to television, hyperactivity is a common response among children. When school psychologists and teachers speak of the "television syndrome" they are referring to the child who seems too tired to pay attention for more than a couple of seconds, yet is too restless or hyperactive to sit still or control his or her aggressive behavior.

Hyperactivity is increasing rapidly in American nurseries and elementary schools. According to a report by Dr. Werner I. Halpern (1975), the psychiatrist who heads the Rochester, New York Mental Health Clinic, there has been a sudden increase of young children referred to the clinic for behavior disturbances. They are restless, hyperactive and frantic. Their speech is inappropriate and they compulsively recite serial numbers and letters learned from <u>Sesame Street</u>. He said that usually this recitation occurs in the absence of any apparent cue.

When the parents of Halpern's young patients cut out the viewing of Sesame Street the children improved dramatically. Halpern contends

that the rapidity and choppiness of the <u>Sesame Street</u> images prevent reflection and the adaptive capacity of children from entering into the learning process. He reports that there is an overloading of the sensory perceptions which create the tension and hyperactivity and irritability in some children.

Television Affects Learning

Television is giving children stunningly complex pieces of information, but this knowledge is largely unintegrated and lacks sufficient context and meaning (Gondor, 1969). With understandable alarm parents, physicians, and teachers are observing rising numbers of children who can't process information. It was reported by Larrick (1979) that children generally can't see, hear, or pay attention as well as most children did only ten years ago.

Experienced teachers are coming to alarming conclusions about current learning styles and abilities. According to Moody (1980), children can't listen for any length of time; they can't follow verbal directions very well; they can't pay attention; they can't wait or delay gratification; they can't process language as well as past generations; and they don't seem motivated to use their imaginations and creative abilities.

Teachers report many children come to school exhausted. They watch television late and get up in time for an hour of television before boarding the school bus. They are only half-awake when they arrive at school and either put their heads down on their desks and have a quiet nap or sleep with their eyes open. "When they get that glazed look",

said one teacher, "I know they've tuned me out" (Gondor, 1969).

A school librarian noted that she shortens the stories she tells so that they are five or six minutes long and then offers a stretch period before beginning the next mini-story. She said, "Eight or ten minutes seem to be the longest time children can stay on task" (Larrick, 1979).

Mander (1978) discloses the same lethargic state shows up at recess. Given the option of going out on the playground or going to the reading room, most children in one school elected to stay indoors even on a sunny day. In one affluent community, sixth-graders were observed sitting on the curb of the blacktop just waiting for recess to end.

Increasingly, the television child wants the teacher to be as quick, fast paced, and full of flashiness as television with a constantly changing bag of materials, jokes, and costumes. Moody (1980) noted one teacher's frustration, "I can't compete with television. I can't change my body into different letters, nor can I change color. The lessons I consider exciting fall flat because I don't do these phenomenal things."

Television viewing has been correlated with poor reading ability and low I.Q. in two separate studies by Michael Morgan and Larry Gross (1977) at the Annenberg School of Communications, University of Pennsylvania, and by Drs. Dorothy and Jerome Singer (1977) at Yale University. When Morgan and Gross studied 625 public school students in the sixth through ninth grades in suburban/rural New Jersey, they found that those who watched a great deal of television had the poorer

reading ability and less comprehension of material read.

Psychologists Dorothy and Jerome Singer reported similar findings in their studies at Yale University. In another study mentally gifted grammar school students showed a marked drop in creative abilities (and lower I.Q. test scores) after only three weeks of intense television viewing (Esslin, 1982).

A 1980 study involving half a million sixth-grade to twelfth-grade students, conducted by the California Department of Education, demonstrated a strong statistical link between high levels of television watching (three hours or more per day) and low achievement scores, regardless of the number of hours they spent reading and doing homework.

Researchers generally agree that the more television a child watches, the worse he or she does in school. This analysis is strengthened by the fact that ever since the first member of the television generation began applying to colleges during the early 1960's, Scholastic Aptitude Test (SAT) scores have shown a steady decline (Swerdlow, 1981). Television viewing is the most obvious new and major factor in the lives of children during this period of time and it may very well be the leading influence contributing to this phenomenon (Esslin, 1982).

Not only is television being watched excessively by children, but the very entertainment techniques—short segments, fast action, quick cuts, fades, and dissolves—that produce pace and polish of successful television programming often create negative influences on the child's motivation and ability to learn. In a real sense television watching acts as a major drag on learning in America (Eisenhower, 1969).

Violence and Television

Television affects all kinds of human behavior but no aspect has greater consequences than violence. On television, violent incidents occur on the average of five times per hour during prime-time and eighteen times per hour during weekend day-time children's shows (Swerdlow, 1981). According to another study, children who are average television viewers watch up to twenty-five incidents of violence per hour and what is even more frightening is that it may make them violent, too (Marioni, 1979).

The bulk of the research supports the disturbing observation that children who see a great deal of violence on television are more likely than children who see less to engage in aggressive play, to accept force as a problem solver, to fear becoming a victim of violence and to believe that an exaggerated proportion of the society is employed in law enforcement (Steinfeld, 1972).

Gerbner and Gross (1977) conducted sets of surveys of children who were "heavy viewers" or "light viewers." They asked, "How often is it allright to hit someone if you are mad at them?" They found that heavy viewers of television, more often than light viewers, responded that it is "almost always right to hit someone."

Ten separate studies were done by five research teams that focused on television's role in the instigation of aggressive behavior: Stein and Friedrich (1971); Feshbach (1971); Liebert and Baron (1971); Ekman, et al, (1972); and Leifer and Roberts (1971). These studies reported by the researchers differ in terms of the subjects and specific research procedures. However, the general research paradigm is similar

in each study.

The typical procedure was to show one group of children films or television programs that contained a number of violent episodes, while another group viewed relatively non-violent material. Each child was placed in a setting where his behavior was observed.

The specific types of aggressive behavior observed differed from one study to another and were not restricted to the mimicking or copying of what had just been observed. In most cases the children's aggressive behavior after watching the programs was quite different in quality and character from the aggressive or violent behavior in the television program.

Although the studies indicated the likelihood that a viewer will behave more aggressively after watching aggressive behavior portrayed on film or television, the research did not deal with the effects of the actual television programs. These investigators typically employed a several-minute violent excerpt severed from its original context which is quite different than determining the effects of content as it is presented on home television screens in total television programming.

A twenty year longitudinal study in the sixties and seventies in upstate New York by Lefkowitz and his colleagues (1977) charted possible predictors of aggressive behavior--including television--and checked them out in a sample of third-graders, who were re-tested after the twelfth-grade. The researchers found a clear correlation between the amount of television violence viewed by eighteen year old boys and subsequent aggressiveness in young adulthood. The study showed that the more violent the programs watched by boys in the third-grade, the

more aggressive their behavior both at that time and ten years later.

Atkins and Greenberg (1977) of the Department of Communications at Michigan State University have done extensive studies on the behavior of children in grades six through eight. "We analyzed how children behaved in an aggressive fashion on a day-to-day basis," says Atkins, "and we found that those children who watched violent television programs gave more aggressive answers to questions about how to solve day-to-day problems. And children ages eight to fifteen are those most vulnerable to the violent factor on television."

In a six year study in Great Britain, Belson (1978) of the London School of Economics Survey Research Center, concluded that young men who are heavy television viewers are fifty percent more likely than similar light viewers to commit violent crimes. Serious acts of violence were smashing cars and phone booths, setting shopping bags on fire, punching someone in the face or kicking them in the groin.

Peper (1978) said, "The horror of television is that information goes in, but we don't react to it until later when we don't know what we are reacting to. When you watch television you are training yourself not to react and so, later on, you're doing things without knowing why you're doing them or where they come from."

Nobody yet understands how cumulative television viewing will affect the development of the human species in the long run, but in the case of children who are growing up on continuous television there is special concern. Because of the existing evidence that suggests/ demonstrates television viewing affects the overt behavior of viewers and the emerging evidence that shows television viewing affects such

individual physical responses as brain waves, eye movement, the use of the hands and over-all body movements, it is becoming increasingly vital to know and understand how children respond to television and how respective physical responses relate to each other.

CHAPTER III

METHODOLOGY

Design of the Study

This study was designed to compare the television viewing habits and classroom behavior of disruptive and non-disruptive students in the public schools. The study was designed to answer the question: Are students who watch excessive amounts of violence on television more likely to exhibit disruptive school behavior than students who do not watch excessive amounts of violence on television?

Requests for approval of the study were made to the superintendent of the school involved in the study and to the parents of the participating students. This was in fulfillment of the requirements for research involving human subjects.

Description of the Subjects

The methods and procedures of this study resulted in the identification of two general populations: (1) the population of students exhibiting disruptive school behavior and (2) the population of students not exhibiting disruptive school behavior. The students exhibiting disruptive school behavior (N=32) were determined by school

personnel and reported for three (3) or more separate disruptive incidents on <u>Porter's Discipline Problem Reporting Form</u>. The students not exhibiting disruptive school behavior (N=50) were randomly selected from the eighth-grade population who had not been reported for disruptive behavior by school personnel.

Instrumentation

Four instruments were used in the study. The <u>Student Television</u>

<u>Viewing Questionnaire</u> (Appendix C) and the <u>Monitoring Results of the</u>

<u>National Coalition on Violence</u> (Appendix D) were selected to collect data from both the disruptive and non-disruptive students. <u>Porter's Discipline Problem Reporting Form</u> (Appendix A) and <u>Porter's Seriousness of Discipline Problems Rating Scale</u> (Appendix B) provided data from the disruptive students only.

The Student Television Viewing Questionnaire on viewing patterns and types of programs viewed was developed to survey the eighth-grade students in the study school. The questionnaire contained a checklist of programs aired during prime-time television for the week of October 17-24, 1983. Data collected from this instrument determined the total number of hours viewed and a complete listing of programs viewed by each student for the week.

The <u>Monitoring Results of the National Coalition on Violence</u> was selected to determine the total number of violent acts aired on primetime television for the week of October 17-24, 1983. The students' responses to the viewing questionnaire were checked against the monitoring results to determine the total number of violent acts viewed

by each student for the week.

Porter's Discipline Problem Reporting Form was provided to the study school personnel to report any eighth-grade student exhibiting disruptive behavior during the Fall Semester, 1983. The form contained a checklist of twenty-six discipline problems. A separate form was completed for each disruptive occurrence although the same student may have been involved many times. Data from this form provided a total number of times referred for each student and a classification for each infraction.

Porter's Seriousness of Discipline Problem Rating Scale assigned a numerical value for each disruptive infraction. The scale grouped the twenty-six discipline problems into five categories. The categories were given values ranging from 1 to 5 from least to most severe. Each referred infraction was checked against this scale and a numerical score was assigned.

Procedures for Collecting Data

The experimental procedures consisted of the collection of data from the disruptive and non-disruptive students in the study. To dedermine the disruptive and non-disruptive students, school personnel in the study school were asked to complete Porting Form for every disruptive behavior incident involving an eighth-grade student during the Fall Semester, 1983. A separate form was completed for each disruptive occurence although the same student may have been involved many times.

Since it was not known until the semester was completed which

students were classified as disruptive and non-disruptive, all eighthgrade students (N=471) were requested to complete the self-reporting

Student Television Viewing Questionnaire during prime-time television

for the week of October 17-24, 1983. This resulted in a total number

of hours of television viewed and a complete listing of the programs

viewed by each student. The programs watched were then checked against

the Monitoring Results of the National Coalition on Television Violence

to determine the total number of violent acts viewed by each student.

At the end of the semester, the students who had three (3) or more referrals for disruptive behavior were identified as the disruptive students (N=32). The non-disruptive students (N=50) were selected at random from the eighth-grade population who had not been reported by school personnel for disruptive behavior.

Additional data pertaining to the disruptive students were drawn from Porter's Discipline Problem Reporting Form and Porter's Seriousness of Discipline Problem Rating Scale. The data processed provided a total number of times each disruptive student was referred for disruptive behavior and a classification for each disruptive infraction. Each infraction was checked against the seriousness rating scale and assigned a numerical value ranging from 1 to 5 from least to most severe. The seriousness scores were summed for each disruptive student to determine an overall seriousness-infraction-score (I). The seriousness-infraction-score (I) was then multiplied by the number of times referred to obtain a final seriousness-rating-index (R).

Treatment of the Data

The following data were collected, processed, and analyzed in the study: (1) the total number of hours of television viewed by each student (2) a complete listing of programs viewed by each student (3) a total number of violent acts viewed by each student (4) a total number of times each disruptive student was referred for disruptive behavior and (5) an assigned numerical value for each disruptive incident.

These data were used to test the five null hypotheses stated earlier.

The first null hypothesis was tested by comparing the mean number of hours the disruptive students spent viewing television with the mean number of hours the non-disruptive students spent viewing television.

At test was used to make the comparison.

The second null hypothesis was tested by comparing the mean number of violent acts viewed by the disruptive students with the mean number of violent acts viewed by the non-disruptive students during the time they watched television. A t test was used to make the comparison.

The data pertaining to the disruptive students (only) included:

(1) the number of referrals and (2) the types of infractions. The

types of infractions were categorized and given a numerical value

according to their seriousness. These two values were then multiplied

to yield an overall seriousness-rating-index (R).

A product-moment correlation was used to determine possible relationships among the variables. The correlation matrix was used to test the final three hypotheses.

CHAPTER IV

FINDINGS

The television viewing habits of eighty-two (N=82) eighth-grade students from a public school in the southwestern United States were analyzed to compare the television viewing habits of disruptive and non-disruptive students. Two groups of students, disruptive students (N=32) and non-disruptive students (N=50), reported the number of hours they viewed particular television programs aired during a particular one-week time period during the Fall of 1983.

The disruptive students (N=32) had been reported for classroom disruptions. The number of referrals during the time period ranged from twenty-two (the highest) to three (the lowest). Discipline problems were classified using Porter's Discipline Problem Reporting Form (Appendix A) and the seriousness of the discipline infractions were determined by using Porter's Seriousness of Discipline Problems Rating Scale (Appendix B) and given a numerical value from 1 to 5 from least to most severe for each referral. The seriousness of infraction values were summed to obtain a seriousness-infraction-score (I). The times referred and the seriousness-infraction-score (I) were then multiplied to determine an overall seriousness-rating-index (R).

The number of hours spent viewing television and the number of

violent acts viewed were compared for the disruptive students and the non-disruptive students to test two major hypotheses. Three other hypotheses were tested concerning the inter-releationships among the variables measured on the disruptive students.

This chapter contains the results of testing all the hypotheses and a summary of all the results. Conclusions drawn from the results of the analysis are presented in Chapter V.

Data concerning the television viewing habits of the disruptive and non-disruptive students are presented in Table 1.

Results of Testing Null Hypothesis Number One

The first null hypothesis was stated and tested as follows:

HO₁ There is no statistically significant difference between the number of hours the disruptive students spent viewing television and the number of hours the non-disruptive students spent viewing television.

The first null hypothesis was tested by comparing the mean number of hours the disruptive students spent viewing television with the mean number of hours the non-disruptive students spent viewing television. A \underline{t} test was used to make the comparison. The means, standard deviations, and results of the statistical calculations are presented in Table 2.

The data presented in Table 2 show no significant difference between the number of hours of television viewing reported by the two groups (t=0.849;df=80;p>.05). These results would not allow the researcher to reject the first null hypothesis. Even though the disruptive students watched television slightly more than the non-

TABLE I

MEANS AND STANDARD DEVIATIONS CONCERNING THE NUMBER OF HOURS
OF TELEVISION VIEWED AND THE NUMBER OF VIOLENT ACTS VIEWED
BY THE DISRUPTIVE AND NON-DISRUPTIVE STUDENTS

Group	Number of Hours of Television Viewed	Number of Violent Acts Viewed
Isruptive Students	又 = 29.578	X = 191.679
(N=32)	s = 9.194	: = 68.252
n-Disruptive	$\overline{X} = 27.760$	X = 142.450
tudents (N=50)	s = 9.543	s = 62.108

TABLE 2

STATISTICAL RESULTS COMPARING THE NUMBER OF HOURS OF TELEVISION VIEWED BY THE DISRUPTIVE AND NON-DISRUPTIVE STUDENTS

Group	Number of Hours of Television Viewed	Calculated t = value *	Significance Level
Disruptive Students	X = 29.578		
(Ň=32)	s = 9.194		
		t = 0.849	p > .05
Non-Disruptive	X = 27.760		
Students (N=50)	s = 9.543		

^{*}The calculated t-value was based on 80 degrees of freedom

disruptive students, the difference was not significant.

Results of Testing Null Hypothesis Number Two

The second null hypothesis was stated and tested as follows:

HO₂ There is no statistically significant difference between the number of violent acts viewed by the disruptive students during their television watching and the number of violent acts viewed by the non-disruptive students during their television watching.

The second null hypothesis was tested by comparing the mean number of violent acts viewed by the disruptive students with the mean number of violent acts viewed by the non-disruptive students during the time they watched television. A \underline{t} test was used to make the comparison. The means, standard deviations, and results of the statistical calculations are presented in Table 3.

The data presented in Table 3 show that there was a significant difference between the number of violent acts viewed by the disruptive students and the number of violent acts viewed by the non-disruptive students (t=3.252;df=80;p<01). The disruptive students viewed significantly more violent acts in their television viewing than the non-disruptive students.

The results of testing the first two null hypotheses showed that there was no difference between the amount of time the two groups spent watching television, but the disruptive students tended to watch television programs which were significantly more violent than the non-disruptive students.

TABLE 3

STATISTICAL RESULTS COMPARING THE NUMBER OF VIOLENT ACTS VIEWED
BY THE DISRUPTIVE AND NON-DISRUPTIVE STUDENTS

Group	Number of Violent Acts Viewed	Calculated t = value*	Significance Level
Disruptive Students	$\overline{X} = 191.679$		
(N=32)	s = 68.252		
		t = 3.253	p < .01
Non-Disruptive	$\overline{X} = 142.450$		
Students (N=50)	s = 62.108		

^{*}The calculated t-value was based on 80 degrees of freedom

Results of Testing Hypotheses Concerning Disruptive Students (only)

Additional data were collected from the disruptive students. These data included (1) the number of referrals and (2) the types of infractions. The types of infractions were categorized and given a numerical value according to their seriousness. The seriousness of infraction values were summed to obtain a seriousness-infraction-score (I). These two values were then multiplied to yield an overall seriousness-rating-index (R).

The primary question the researcher wanted to address was, "Are there significant relationships between the number of violent acts viewed by students on television and the number and seriousness of classroom disruptions that these students cause?"

A product-moment correlation was used to determine possible relationships among the variables. The resulting correlation matrix is presented in Table 4. The raw data are presented in the appendices.

The three null hypotheses tested as a result of the correlation matrix were stated and tested as follows:

- There is no significant relationship between the number of hours the disruptive students spent watching television and the number of violent acts viewed.
- There is no significant relationship between the number of violent acts viewed by the disruptive students and the number of times they were referred for disciplinary action.
- HO₅ There is no significant relationship between the number of violent acts viewed by the disruptive students and the seriousness of the disruptive infractions.

TABLE 4 CORRELATION MATRIX SHOWING THE INTER-RELATIONSHIPS OF ALL VARIABLES MEASURED ON THE DISRUPTIVE STUDENTS

	Variables	(1) Number of Hours of Television Viewed	(2) Number of Violent Acts Viewed	(3) Number of Discipline Referrals	(4) Seriousness Infraction Score	(5) Seriousness Rating Index
(1)	Number of Hours of Television Viewed					
(2)	Number of Violent Acts Viewed	0.3412*				
(3)	Number of Discipline Referrals	0.1687	0.3643*			
(4)	Seriousness Infraction Score	-0.0364	0.3960*	0.9782**		
(5)	Seriousness Rating Index	0.1214	0.3839*	0.8309**	0.9277**	

^{*}Significant beyond the .05 level **Significant beyond the .01 level

The results presented in Table 4 show that there was a significant relationship between the number of hours spent watching television and the number of violent acts viewed (r=0.3412;df=31;p<.05). These results simply indicate that the more television the disruptive students watched the more violent acts they viewed.

Another significant relationship of particular importance was noted between the number of violent acts viewed (variable 2) and the number of discipline referrals (variable 3) (r=0.3643;df=31;p<.05). These results indicate a strong positive relationship between the number of violent acts viewed and the number of times the students were referred for disciplinary action.

A significant correlation was noted between the number of violent acts viewed and the seriousness of the infraction committed (r=0.3960; df=31;p<.05). These results indicate that the students who viewed the most violent acts on television committed the most serious disruptive actions in the classroom.

The extremely high relationships noted among variables 3, 4, and 5 were expected because they are actually linear transformations of each other. While these correlations are significantly high, they yield no particularly useful information to the results of the present study.

Summary of Results

The results of testing the two hypotheses concerning the disruptive and non-disruptive students revealed no significant difference between the number of hours they spent watching television, but the disruptive students viewed significantly more violent acts during their television

viewing than the non-disruptive students.

Further analysis of additional data collected from the disruptive students showed that there were significant relationships between the number of violent acts viewed and the number and seriousness of discipline referrals. Those who viewed the most violent acts on television caused the greatest number and the most serious classroom disruptions.

CHAPTER V

SUMMARY, CONCLUSIONS, AND IMPLICATIONS FOR FURTHER RESEARCH

The problem in this study was to determine the differences between the television viewing habits of disruptive and non-disruptive students. Two groups of students, disruptive students (N=32) and non-disruptive students (N=50), reported the number of hours they viewed particular television programs aired during a particular one-week time period. The disruptive students had been reported for classroom disruptions. The infractions were rated and assigned a numerical value from 1 to 5, from least to most severe. The seriousness of infraction values were summed to obtain a seriousness-infraction-score (I). The times referred and the seriousness-infraction-score (I) were then multiplied to determine an overall seriousness-rating-index (R). The numbers of hours spent viewing television and the number of violent acts viewed were compared for the disruptive students and the non-disruptive students to test two major hypotheses. Three other hypotheses were tested concerning the inter-relationships among the variables measured on the disruptive students.

Results of the Experiment

Results of testing the first null hypothesis showed that there was

no significant difference between the number of hours of television viewing reported by the disruptive students and the non-disruptive students.

Results of testing the second null hypothesis showed that there was a significant difference between the number of violent acts viewed by the disruptive students and the number of violent acts viewed by the non-disruptive students. The disruptive students viewed significantly more violent acts in their television viewing than the non-disruptive students.

Results of the three hypotheses concerning the inter-relationship among the variables measured on the disruptive students showed that there were significant relationships between the number of violent acts viewed and the number and seriousness of discipline referrals. Those who viewed the most violent acts on television caused the greatest number and the most serious classroom disruptions.

Conclusions Drawn from the Results of the Experiment

The results of testing the five hypotheses led to several conclusions. Each of these conclusions are stated in the order of their occurrence.

The results of testing the first null hypothesis led to the general conclusion that there was no real difference between the amount of time the disruptive and non-disruptive students spent watching television.

A common belief is that disruptive students watch considerably more television than non-disruptive students, but the results of this study did not support this idea.

The results of testing the second null hypothesis led to the general conclusion that the disruptive students watched television that was much more violence oriented than the television viewed by the non-disruptive students.

The results of testing the third null hypothesis led to the conclusion that those disruptive students who watched the most television saw the most violent acts. However, this was not a linear relationship. Those disruptive students who watched moderate amounts of television watched some non-violent programs, but those who watched a great deal of television tended to watch violent programs exclusively. This finding should serve as a catalyst for further research.

Results of testing the fourth null hypothesis led to the general conclusion that those disruptive students who viewed the most violent acts on television tended to cause the most classroom disruptions. There is no intention to imply a cause-effect relationship in this finding, but there was definitely a relationship which could serve as a basis for further research.

Results of testing the fifth null hypothesis led to the general conclusion that those disruptive students who viewed the most violent acts tended to commit the most serious classroom disruptions.

These last two results seem to imply an acting-out behavior on the part of the disruptive students, but that conclusion <u>cannot</u> be drawn from these results. That particular phenomenon will have to be investigated further in another study.

Implications for Further Research

During the course of this experiment several ideas and ancillary studies were conceptualized. Many of these studies could be easily dedigned and shown under significant contribution to education in general.

Reflection of the present research paradigm to students in both lower and upper grades, K-7 and 9-12, could provide indices which would allow for greater generalizability. Also, a longitudinal study reflecting the same research paradigm at various grade levels, 3-6-9-12, would provide consistency across time.

Another consideration would be the method of establishing a more controlled experimental environment. Through careful methodology and survey design, the school environment could be modified to incorporate the freedom of a field survey with the controls of a laboratory survey without investing vast amounts of time and money.

The final recommendations for further research would be a general replication of the study with the addition of other variables included in the analysis. It would be suggested that these variables be considered in future studies: parent's viewing habits; parent's overt behavior; sibling's viewing habits; sibling's overt school behavior; sibling's overt behavior outside school; and subject's overt behavior outside school.

Much research is needed to answer the many questions raised by this study. It is anticipated that further investigations into television's impact on children will yield information that can help eliminate the negative influence on children's behavior and their ability to learn.

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APPENDIX A
DISCIPLINE PROBLEM
REPORTING FORM

DISCIPLINE PROBLEM REPORTING FORM

Student Name		
School Personnel Completing Form Date Completed / /		
Circle the most appropriate discipline problem (only one per incident).		
1. Threatening other students/teacher with weapons 2. Using/pushing drugs (includes alcohol) 3. Cheating on exams, lessons, etc. 4. Using vulgar language and gestures 5. Petty thievery (school property) 6. Forging parents name 7. Lying about grades and activities 8. Petty thievery (personal property) 9. Disorderly conduct in halls and rooms 10. Disrespect for authority 11. Hostility and aggression toward teachers 12. Disruption of classroom climate 13. Hazing of other students 14. Hostility and aggression towards peers 15. Bad behavior in transit (on bus, etc.) 16. Smoking on school premises 17. Changing of report card or lessons 18. Illegal driving of vehicle on school premises 19. Failure to pay fines, bills, or fees 20. Improper dress 21. Failure to get haircut or other improper grooming 22. Violation of school rules and codes 23. Truancy 24. Cutting class 25. Letting outside responsibilities interfere with school work		
26. Performing inferior school work 27. Other (explain)		

^{*}Permission was granted to use Porter's Seriousness of Discipline Problems Reporting Form.

APPENDIX B SERIOUSNESS OF DISCIPLINE PROBLEMS RATING SCALE

SERIOUSNESS OF DISCIPLINE PROBLEMS RATING SCALE

CATEGORY		DISCIPLINE PROBLEM	SCALE
I	1.	Threatening other students or teachers with weapon	5
	2.		
II		Cheating on exams, lessons, etc.	4
11	4.		4
		Petty thievery (school property)	
	6.		
	7.	Lying about grades and activities	
	8.	Petty thievery (personal property)	
III	9.	Disorderly conduct in halls and rooms	3
		Disrespect for authority	
	11.	Hostility and aggression toward teachers	
		Disruption of classroom climate	
		Hazing of other students	
		Hostility and aggression toward peers	
	15.	Bad behavior in transit (on bus, etc.)	
IV	16.	Smoking on school premises	2
	17.		_
	18.		
	19.		
	20.	• •	
	21.	Failure to get hair cut or other improper grooming	
	22.	Violation of school rules and codes	
V	23.	Truancy	1
	24.	Cutting class	
	25. 26.	9	
	40.	Letting outside responsibilities interfere with school work	

^{*}Permission was granted to use Porter's Seriousness of Discipline Problems Rating Scale.

APPENDIX C
STUDENT VIEWING
QUESTIONNAIRE

STUDENT TELEVISION VIEWING QUESTIONNAIRE

STUDENT'S NAME
Sex M F (circle one)
Does student have television set of his/her own? YES NO (circle one)
Student's three (3) favorite television programs: 1
Student's three (3) least favorite television programs: 1

DIRECTIONS: Indicate programs viewed by placing a check in the blank space beside the channel and program listed. Write in the blank space the channel and program title if the program viewed is not listed or there has been a change in the schedule.

PRIME TIME LISTINGS FOR:

Monday, October 17, 1983

6:00 P.M.	7:30 P.M.
	(4) Movie "Policewoman Centerfold" (5) That's Incredible (9) Scarecrow & Mrs. King (13) Cosmos (14) Calling Dr. Whitaker (25) Movie "Cactus Flower" (34) Movie "Sunset Blvd." (43) Joker's Wild ()
6:30 P.M.	8:00 P.M.
(4) PM Magazine (5) Love Connection (9) People's Court (13) Oklahoma Report (14) Kids Praise the Lord (25) Chips Patrol (34) Sanford & Son (43) Startrek ()	(4) "Policewoman Centerfold" (5) Monday Night Football (9) After Mash (13) Shakespeare Plays (14) Sonshine (25) "Cactus Flower" (34) "Sunset Boulevard" (43) Bonanza ()
7:00 P.M.	8:30 P.M.
(4) Boone (5) That's Incredible (9) Scarecrow & Mrs. King (13) Cosmos (14) Calling Dr. Whitaker (25) Movie "Cactus Flower" (34) Movie "Sunset Blvd." (43) Tic Tac Dough	(4) "Policewoman Centerfold" (5) Monday Night Football (9) Newhart (13) Shakespeare Plays (14) Jack Van Impe (25) "Cactus Flower" (34) "Sunset Boulevard" (43) Bonanza ()

LISTINGS CONTINUED FOR:

Monday, October 17, 1983

9:00 P.M.	10:30 P.M.
(4) "Policewoman Centerfold" (5) Monday Night Football (9) Emerald Point NAS (13) The Shakespeare Plays (14) Praise the Lord (25) Quincy (34) Hawaii Five-0 (43) Big Valley ()	
9:30 P.M.	11:00 P.M.
(4) "Policewoman Centerfold" (5) Monday Night Football (9) Emerald Point NAS (13) The Shakespeare Plays (14) Praise the Lord (25) Quincy (34) Hawaii Five-0 (43) Big Valley ()	(4) Tonight Show(5) News(9) Movie "Hart to Hart"(13) Late Night America(14) Praise the Lord(25) Harry-O(34) Comedy Court(43) The 700 Club()
10:00 P.M.	11:30 P.M.

PRIME TIME LISTINGS FOR: Tuesday, October 18, 1983

6:00 P.M.	7:30 P.M.
(4) News(5) News(9) News(13) Nightly Business Report(14) TNB Today(25) Chips Patrol(34) Soap(43) Startrek()	
6:30 P.M.	8:00 P.M.
(4) PM Magazine (5) Love Connection (9) People's Court (13) Oklahoma Report (14) One Way Game the Lord (25) Chips Patrol (34) Sanford & Son (43) Startrek ()	(4) Remmington Steele (5) Three's Company (9) Movie "China Rose" (13) Vietnam: A TV History (14) The Answer (25) Movie "The Mephisto" (34) Movie "Texas Detour" (43) Bonanza ()
7:00 P.M.	8:30 P.M.
(4) The A Team (5) Just My Luck (9) The Mississippi (13) Nova (14) Dottie Rammo's Magazine (25) Movie "The Mephisto" (34) Movie "Texas Detour" (43) Tic Tac Dough	(4) Remmington Steele (5) Oh! Madeline (9) Movie "China Rose" (13) Vietnam: A TV History (14) The Answers (25) Movie "The Mephisto" (34) Movie "Texas Detour" (43) Bonanza ()

LISTINGS CONTINUED FOR: Tuesday, October 18, 1983

9:00 P.M.	10:30 P.M.
9:30 P.M.	11:00 P.M.
(4) Bunco (5) Hart to Hart (9) Movie "China Rose" (13) Mirage (14) Praise the Lord (25) Quincy (34) Hawaii Five-0 (43) Big Valley ()	(4) Tonight Show (5) Mash/Thicke of the Night (9) Movie "Magnum P.I." (13) Late Night America (14) Praise the Lord (25) Showcase 25, "Mephisto" (34) The Late Show "Tempest" (43) The 700 Club
10:00 P.M.	11:30 P.M.
(4) News (5) News (9) News (13) Dr. Who (14) Praise the Lord (25) Alfred Hitchcock (34) Benny Hill Show (43) Night Gallery	(4) Late Night w/David Letterman (5) Thicke of the Night (9) Movie "Magnum P.I." (13) Late Night America (14) Praise the Lord (25) Showcase 25 "Mephisto" (34) Late Show "Tempest" (43) The 700 Club

PRIME TIME LISTINGS FOR:

Wednesday, October 19, 1983

6:00 P.M.	7:30 P.M.
	(4) Real People (5) Fall Guy (9) Whiz Kids (13) The Oil Kingdoms (14) Prayer Concert (25) Movie "Which Way is Up" (34) Movie "Sterile Cuckoo" (43) Joker's Wild
6:30 P.M.	8:00 P.M.
(4) PM Magazine (5) Love Connection (9) People's Court (13) Oklahoma Report (14) AIA Sports Magazine (25) Chips Patrol (34) Sanford & Son (43) Startrek ()	(4) The Facts of Life (5) Dynasty (9) Movie "S.O.B." (13) The Oil Kingdoms (14) Faith That Lives (25) Movie "Which Way is Up" (34) Movie "Sterile Cuckoo" (43) Bonanza ()
7:00 P.M.	8:30 P.M.
(4) Real People (5) Fall Guy (9) Whiz Kids (13) The Oil Kingdoms (14) Upon Melody Mountain (25) Movie "Which Way is Up" (34) Movie "Sterile Cuckoo" (43) Tic Tac Dough	(4) Family Ties (5) Dynasty (9) Movie "S.O.B." (13) The Oil Kingdoms (14) Shockwaves of Armegeddon (25) Movie "Which Way is Up" (34) Movie "Sterile Cuckoo" (43) Bonanza

LISTINGS CONTINUED FOR:

Wednesday, October 19, 1983

9:00 P.M.	10:30 P.M.
	(4) Tonight Show(5) News/Mash(9) News(13) Late Night America(14) Praise the Lord(25) Nightline(34) Alice(43) One Step Beyond()
9:30 P.M.	11:00 P.M.
	(4) Tonight Show(5) Mash/Thicke of the Night(13) Late Night America(14) Praise the Lord(25) Nightline(34) Comedy Court(43) The 700 Club()
10:00 P.M.	11:30 P.M.
(4) News (5) News (9) Movie "S.O.B?" (13) Doctor Who (14) Praise the Lord (25) Alfred Hitchcock (34) Benny Hill Show (43) Night Gallery ()	

PRIME TIME LISTINGS FOR:

Thursday, October 20, 1983

6:00 P.M.	7:30 P.M.
6:30 P.M.	8:00 P.M.
(4) PM Magazine (5) Love Connection (9) People's Court (13) Oklahoma Report (14) Bible Bowl (25) Chips Patrol (34) Sanford & Son (43) Startrek	(4) We Got it Made (5) 9 to 5 (9) Simon & Simon (13) Nature II (14) Dwight Thompson (25) Movie "Demon Seed" (34) Movie "Crime Boss" (34) Bonanza
7:00 P.M.	8:30 P.M.
(4) Gimme A Break (5) Trauma Center (9) Magnum P.I. (13) Sneak Previews (14) Lordship of Christ (25) Movie "Demon Seed" (34) Movie "Crime Boss" (43) Tic Tac Dough	(4) Cheers (5) It's Not Easy (9) Simon & Simon (13) Nature II (14) Dwight Thompson (25) Movie "Demon Seed (34) Movie "Crime Boss" (43) Bonanza

LISTINGS CONTINUED FOR:

Thursday, October 20, 1983

9:00 P.M.	10:30 P.M.
(4) Hill Street Blues (5) 20/20 (9) Knots Landing (13) All Creatures (14) Praise The Lord (25) Quincy (34) Hawaii Five-0 (43) Big Valley	(4) Tonight Show (5) News/Mash (9) Entertainment Tonight (13) Late Night America (14) Praise the Lord (25) Nightline (34) Alice (43) One Step Beyond ()
9:30 P.M.	11:00 P.M.
	(4) Tonight Show(5) Mash/Thick of the Night(9) Movie "Trapper John, M.D."(13) Late Night America(14) Praise the Lord(25) Nightline(34) Comedy Court(43) The 700 Club
10:00 P.M.	11:30 P.M.
(4) News (5) News (9) News (13) Dr. Who (14) Praise the Lord (25) Alfred Hitchcock (34) Benny Hill Show (43) Night Gallery ()	

PRIME TIME LISTINGS FOR:

Friday, October 21, 1983

6:00 P.M.	7:30 P.M.
(4) News(5) News(9) News(13) Nightly Business Report(14) TNB Today(25) Chips Patrol(43) Startrek()	
6:30 P.M.	8:00 P.M.
(4) PM Magazine (5) Love Connection (9) People's Court (13) Oklahoma Report (14) Kids Praise the Lord (25) Chips Patrol (34) Sanford & Son (43) Startrek ()	(4) Manimal (5) Lottery (9) Dallas (13) Oklahoma Week in Review (14) Ever Increasing Faith (25) Movie "Blue Knight" (34) Movie "Countdown" (43) Bonanza
7:00 P.M.	8:30 P.M.

LISTINGS CONTINUED FOR:

Friday, October 21, 1983

9:00 P.M.	10:30 P.M.
(4) For Love & Honor (5) Matt Houston (9) Falcon Crest (13) Inside Story (14) Praise the Lord (25) Quincy (34) Hawaii Five-0 (43) Big Valley	(4) Tonight Show (5) News/Mash (9) Entertainment Tonight (13) Dr. Who (14) Praise the Lord (25) Nightline (34) Alice (43) One Step Beyond ()
9:30 P.M.	11:00 P.M.
(4) For Love & Honor (5) Matt Houston (9) Falcon Crest (13) Market to Market (14) Praise the Lord (25) Quincy (34) Hawaii Five-0 (43) Big Valley ()	(4) Friday Night Videos(5) Mash/Thick of the Night(9) Late Movie "Terror
10:00 P.M.	11:30 P.M.
(4) News (5) News (9) News (13) Dr. Who (14) Praise the Lord (25) Alfred Hitchcock (34) Benny Hill Show (43) Night Gallery ()	(4) Friday Night Videos(5) Thicke of the Night(9) Movie "Terror Among Us"(13) Dr. Who(14) Praise the Lord(25) Movie "Return of the Seven"(34) Comedy Court(43) The 700 Club()

PRIME TIME LISTINGS FOR:

Saturday, October 22, 1983

6:00 P.M.	7:30 P.M.
6:30 P.M.	8:00 P.M.
(4) At the Movies (5) Music City, U.S.A. (9) People's Court (13) Oklahoma Report (14) Lifeline (25) How the West was Won (34) Mid-South Wrestling (43) Fame	
7:00 P.M.	8:30 P.M.
(4) Different Strokes (5) T. J. Hooker (9) Cutter to Houston (13) Live from the Met (14) Dayspring (25) Movie "Missiles of October" (34) Movie "Buccaneer" (43) Salute ()	

LISTINGS CONTINUED FOR:

Saturday, October 22, 1983

9:00 P.M.	10:30 P.M.
	(4) WKRP in Cincinnati(5) Taxi(9) This Week in Country
October" (34) Movie "Buccaneer" (43) Cimarron Strip ()	Kid" (34) Movie "Home Bodies" (43) Championship Wrestling ()
9:30 P.M.	11:00 P.M.
(4) The Yellow Rose (5) Fantasy Island (9) Movie "Caribbean Mystery" (13) Life from the Met (14) Our Jewish Roots (25) Movie "Missiles of October" (34) Movie "Buccaneer" (43) Wanted: Dead or Alive	
10:00 P.M.	11:30 P.M.

PRIME TIME LISTINGS FOR:

Sunday, October 23, 1983

6:00 P.M.	7:30 P.M.
(4) OU Football Playback (5) Ripley's Believe It (9) 60 Minutes (13) Austin City Limits (14) Good News (25) Movie "Aunt Mary" (34) Outdoor U.S.A. (43) The Incredible Hulk	
6:30 P.M.	8:00 P.M.
(4) OU Football Playback (5) Ripley's Believe It (9) 60 Minutes (13) Austin City Limits (14) Our Jewish Roots (25) Movie "Aunt Mary" (34) Rat Patrol (43) Incredible Hulk ()	
7:00 P.M.	8:30 P.M.
(4) Nightrider (5) Hardcastle & McCormick (9) Alice (13) Nature II (14) A Reason to Sing (25) CNN News (34) Oklahoma Horse Report (43) Best of the 700 Club	(4) Movie "Women of San Quentin"(5) NFL Football(9) Good Night Bean Town(13) Masterpiece Theatre(14) Lloyd Ogilvie(25) Sunday P.M(34) Jim Bakker(43) Jimmy Swaggart()

LISTINGS CONTINUED FOR:

Sunday, October 23, 1983

9:00 P.M.	10:30 P.M.
9:30 P.M.	11:00 P.M.
	(4) Movie "Thief Who Came to Dinner"(5) Taxi(9) CBS Sunday Night News(13) Vietnam: A TV History(14) Praise the Lord(25) Ernest Angley(34) Women in Crises(43) Independent Network News()
10:00 P.M.	11:30 P.M.
(4) News(5) NFL Football(9) News(13) Vietnam: A TV History(14) Praise the Lord(25) Search(34) Prophecy in the News(43) Lawrence Welk()	(4) Movie "Thief Who Came to Dinner" (5) Taxi (9) CBS Sunday Night News (13) Vietnam: A TV History (14) Praise the Lord (25) Ernest Angley (34) Women in Crises (43) Independent Network News

APPENDIX D PROGRAM VIOLENCE MONITORING RESULTS

Network Program Monitoring Results for October 17 - 24, 1983

PROG	RAM TITLE	NETWORK	VIOLENCE PER/HOUR
1.	Fall Guy	ABC	63
2.	A Team	NBC	39
3.	Manimals	NBC	37
4.	Matt Houston	ABC	28
5.	Hardcastle and McCormick	ABC	22
6.	Rousters	NBC	22
7.	Hart to Hart	ABC	20
8.	Simon & Simon	CBS	20
9.	T. J. Hooker	ABC	20
10.	Magnum PI	CBS	19
11.	Bunco	NBC	17
12.		NBC	15
13.	· ·	CBS	14
14.	Hill Street Blues	NBC	11
15.	Ripley's Believe It or Not	ABC	11
16.	The Yellow Rose	NBC	10
17.	For Love & Honor	NBC	7
18.	· · · · · · · · · · · · · · · · · · ·	ABC	7
19.	Happy Days	CBS	
20.	Mississippi	ABC	6
20.	Trauma Center	NBC	6
-	•		5
22.	Remington Steel	NBC	5
23.	Benson	ABC	3
24.	Dukes of Hazzard	CBS	3
25.	Jennifer Slept Here	NBC	3
26.	Just My Luck	ABC	3
27.	Three's Company	ABC	3
28.	Dynasty	ABC	3
29.	Gimme a Break	NBC	2
30.	Lottery	ABC	2
31.	Alice	CBS	1
32.	Boone	NBC	1
33.	Dallas	CBS	1
34.	Different Strokes	NBC	1
35.	Emerald Point NAS	CBS	1
36.		CBS	1
37.	Knots Landing	CBS	1
38.	Mr. Smith	NBC	1
39.	St. Elsewhere	NBC	1
40.	After Mash	CBS	0

Network
Program Monitoring Results
for October 17 - 24, 1983
(continued)

PROGRAM TITLE	NETWORK	VIOLENCE PER/HOUR
41. Cheers	NBC	0
42. Cutter to Houston	CBS	0
43. Fantasy Island	ABC	0
44. First Camera	NBC	0
45. Goodnight Beantown	CBS	0
46. Hotel	ABC	0
47. It's Not Easy	ABC	0
48. Mama's Family	NBC	0
49. Newhardt	CBS	0
50. Nine to Five	ABC	0
51. Oh! Madeline	ABC	0
52. One Day at a Time	CBS	0
53. Real People	NBC	0
54. Silver Spoons	NBC	0
55. Sixty Minutes	CBS	0
56. That's Incredible	ABC	0
57. The Jeffersons	CBS	0
58. The Love Boat	ABC	0
59. Trapper John, M.D.	CBS	0
60. Twenty-Twenty	ABC	0
61. Webster	ABC	0
62. We Got It Made	NBC	0
63. Whiz Kids	CBS	0

Syndicated Program Monitoring Results for October 17 - 24, 1983

PROG	RAM TITLE	VIOLENCE/PER HOUR
1.	Mission Impossible	19
2.	Harry-0	16
3.	Hawaii Five-0	15
4.	Rat Patrol	14
5.	Night Gallery	13
6.		10
7.	Big Valley	7
8.	Chips	7
9.	Incredible Hulk	7
10.		7
11.	•	6
12.		6
	Bonanza	5
	Cimarron Strip	Š
	Wanted Dead or Alive	ς̈́
	Alfred Hitchcock	4
	Quincy	4
	Benny Hill	2
	Masterpiece Theatre	5 5 4 4 2 2 2
20.		2
21.	▲	1
_	Taxi	1
	A Reason to Sing	0
	AIA Sports Magazine	0
25.		0
	Arts Chronicle	0
	At the Movies	0
	Austin City Limits	0
	Believers Voice	0
	Bible Bowl	0
	Calling Dr. Whitaker	0
32.		0
33.	Day Spring	0
34.	Doctor Who	0
35.		0
36.		0
37.		0
38.	•	0 .
	Ernest Angley	0
40.	Ever Increasing Faith	0

Syndicated Program Monitoring Results for October 17 - 24, 1983 (continued)

PROG	RAM TITLE	VIOLENCE	PER/HOUR
41.	Faith That Lives	0	
42.	Fame	0	
43.	Father Manning	0	
	Friday Night Videos	0	
	Good News	0	
46.	Honeymooners	0	
	Hour of Power	0	
48.	I Choose Life	0	
49.	In the Land of the Bible	0	
50.	Jack Van Impe	0	
51.	James Robison	0	
	Jerry Falwell	0	
	Jim Bakker	0	
54.	Jimmy Swaggart	0	
55.	Jokers Wild	0	
56.	Kids Praise the Lord	0	
57.	Lahayes on Family Life	0	
58.	Late Night America	0	
59.	Late Night With David Letterman	0	
60.	Lifeline	0	
61.	Live From the Met	0	
62.	Lloyd Ogilvie	0	
63.	Lordship of Christ	0	
64.	Love Connection	0	
65.	Love Special	0	
66.	Mirage	0	
67.	Music City U.S.A.	0	
68.	Nature II	0	
69.	Nightline	0	
70.	Nightly Business Report	0	
71.	Nova	0	
72.	Oklahoma House Report	0	
73.	Our Jewish Roots	0	
74.		0	
	Outdoors Oklahoma	0	
	P.M. Magazine	0	
	Peoples Court	0	
	Praise the Lord	0	
79.	Prophecy in the News	0	
80.	Restoration	0	

Syndicated Program Monitoring Results for October 17 - 24, 1983 (continued)

PROGR	AM TITLE	VIOLENCE PER/HOUR
81.	Rock TV	0
82.	Salute	0
83.	Search	0
84.	Shock Waves of Armageddon	0
	Sneak Previews	0
86.	Sonshine	0
87.	Starsearch	0
88.	Sunday P.M.	0
89.	The Answer	0
90.	The Oil Kingdom	0
	The Law Makers	0
92.	The 700 Club	0
93.	The Shakespeare Plays	0
	Thicke of the Night	0
95.	This Week in Country Music	0
96.	Tic Tac Dough	0
97.	TNB Today	0
98.	Today in Bible Prophecy	0
99.	Tonight Show	0
100.	Toy of Music	0
101.	Undersea/Cousteau	0
102.	Upon Melody Mountain	0
103.	Vietnam: A TV History	0
104.	Wall Street Week	0
105.	Wild America	0
106.	Women in Crisis	0
107.	Zola Levitt	0

Movie Monitoring Results

MOVI	E TITLE	VIOLENCE PER/HOUR
_		
.1.	Forced Vengence	125
2.	Shogun Assassin	123
3.	An Eye for an Eye	120
4.	Sword and the Sorcerer	117
5.	Flash Gordon	100
6.	The Sorcerer	100
7.	Attack Force	96
8.	Lion of the Desert	90
9.	Parasite	88
10.	Conan the Barbarian	80
11.	For your Eyes Only	80
12.		80
13.	Big Jake	78
14.	Inchon	78
15.	Night of the Juggler	72
16.	Moonraker	70
17.	Death Wish	62
18.	Heavy Metal	61
	Fighting Back	60
20.		60
21.	Legend of the Lone Ranger	59
22.	Penitentiary	59
23.		58
24.	Vice Squad	57
25.	Battle Beyond the Stars	56
26.		56
27.		. 55
28.	· · · - - · · · - · -	54
29.	Diamonds are Forever	53
30.	The Big Red One	52 52
31.	The Empire Strikes Back	49
32.	The Golden Raiders	49
33.	Tron	49
34.	Fire Fox	48
35.	March or Die	48
36.	Tattoo	48
37.	Time Bandits	48
38.	Wind Walker	48
39.		48
40.	The Shadow Raiders	47
70.	THE CHANCE HARVETS	47

MOVI	E TITLE	VIOLENCE PER/HOUR
41.	Comin at Ya	46
42.	Kill and Kill Again	46
43.		46
44.		45
45.		45
46.		44
47.	=	44
	The Return of Maxwell Smart	44
	Bugs Bunny Movie	41
50.	Class of 1984	41
51.	The Great Escape	41
	First Blood	40
53.		40
54.	V	40
55.	The Four Muskateers	40
56.	The Outlaw Josie Wales	40
57.	Through the Magic Pyramid	40
58.		39
59.		38
	Butch Cassidy and the Sundance Kid Caveman	38
		38
62.	Every Which Way But Loose	38
	Sharkey's Machine The Enforcer	38
		— -
	Outland	37
65.	The Beast Within	37
66.		36
	Butch and Sundance	36
	Nighthawks	36
	The Blue and the Gray, Part III	36
70.	The Blues Brothers	36
71.	Wrong is Right	36
72.		35
73.	Day Breakers	35
74.	Dogs of War	35
75.	Forbidden World	35
76.		35
77.	A Stranger is Watching	34
78.	Dr. No	34
79.	Her Majesty's Secret Service	34
80.	The Gauntlet	34

MOVIE	TITLE	VIOLENCE PER/HOUR
81.	The Thing	34
82.	Golden Rendeyouz	33
83.	Marco Polo, Part IV	33
84.	The Boys in Company "C"	33
85.	Thunder Ball	33
86.	Friday the 13th, Part III	32
87.	Sphinx	32
88.	Halloween, Part III	30
89.	Hanky Panky	30
90.	Striking Back	30
91.	The Man with the Golden Gun	30
92.	Any Which Way You Can	29
	Clash of the Titans	29
94.	Paradise	29
95.	Return of the Seven	29
96.	The Blue and the Gray, Part II	29
	The Last Ride of the Dalton Gang	29
	A Rumor of War	28
	Blue Knight	28
	House of Wax	28
	Mega Force	28
	Revenge of the Pink Panther	28
	The Border	28
104.	The Gambler	28
	Avalanche Express	27
106.	Blade Runner	27
	Coast to Coast	27
	Eye of the Needle	27
	Honey Boy	27
	Busting Loose	26
	Crime Boss	26
112.	Crossed Sword	26
	Trial of Billy Jack	26
114.	Eye Witness	25
115.	Police Story	25
	The Blue and the Gray, Part I	25
	Baltimore Bullets	24
	Blazing Saddles	24
	Casablanca	24
120.	Deadly Encounter	24

MOVIE	TITLE	VIOLENCE PER/HOUR
121.	Friday the 13th	24
122.	From Russia with Love	24
123.	High Noon Part II: The Return of Will Cane	24
124.	History of the World, Part I	24
125.	Poltergeist	24
126°.	Robin Hood	24
127.	Rollicing Adventures of Elisa Fraser	24
128.	Southern Comfort	24
129.	Sunburn	24
130.	Under the Rainbow	24
131.	Bite the Bullet	23
132.	Bridge at Remagen	23
	Creepshow	23
134.	My Bodyguard	23
135.	Buccaneer	22
136.	Dragonslayer	22
	Some Kind of Hero	22
	Smokey and the Bandit II	22
	Visiting Hours	22
140.	Detour to Terror	21
141.	Looker	21
142.	Muppet Movie	21
	My Favorite Year	21
144.	Student Bodies	21
145.	Terro Train	21
	Uptown Saturday Night	21
	White Line Fever	21
148.	Who'll Stop the Rain	21
149.	Caligula	20
150.	China 7, Liberty 27	20
151.		20
152.	Fade to Black	20
153.	Popeye	20
154.		20
155.	•	20
156.	Young Doctors in Love	20
157.	The Rocky Horror Picture Show	20
158.	Altered States	10
	Annie	10 .
160.	Cat People	10
	-	

MOVIE	TITLE	VIOLENCE PER/HOUR
	Exorcist	10
	Fiendish Plot of Fu Manchu	10
163.	Ghost Stories	10
164.	Jimmy the Kid	10
165.	Love and Bullets	10
166.	Love Child	10
167.	Montenagro	10
168.	The Great Muppet Caper	10
169.	The Secret of Nimh	10
170.	This is Kate Bennett	10
171.	Atlantic City	9
	Blow Out	9
173.	Man from Snowy River	9
	Monty Python	9
	Prince of the City	9
176.		9
177.	The World According to Garp	9
178.	The Mephisto	9
179.	True Confessions	9
	Alice in Wonderland	8
	Bad News Bears Break Training	8
	Endless Love	8
	First Family	8
	Jinxed	8
185.	Lovers and Liars	8
	Modern Problems	8
	Neighbors	8
	Private Lessons	8
	Shoot the Moon	8
	Sunset Boulevard	8
	Urban Cowboy	8
	An Officer and a Gentleman	7
	Elephant Man	7
	Nice Dreams	7
	On the Right Track	7
	Partners	7
	A Midsummer's Night Sex Comedy	6
	Beneath the Valley of the Ultra Vixens	6
	Best Little Whorehouse in Texas	6 .
200.	Fantasia	6
•		-

MOVIE	TITLE	VIOLENCE PER/HOUR
201.	Harry's War	6
202.	Missionary	6
203.		6
204.		6
	S.O.B.	6
	Seems Like Old Times	6
207.		6
208.		6
209.		6
210.	Arthur	5
211.	Cannery Row	5
212.		5
213.		5
214.	E.T.	5
215.	Earthbound	5
216.	Grease II	5
217.	Hopscotch	5 5 5 5 5 5
218.	The Front	
219.	Crises at Central High	4
	Diner	4
221.	Fast Times at Ridgemont High	4
222.	Hamlet	4
	If You Could See What I Hear	. 4
224.		3
225.		3
226.		. 3
227.	<u> </u>	3
	Improper Channels	3 3
229.	,	3
230.	Mommie Dearest	3 3
231.	Night Crossing	3
	Pennies From Heaven	3 3
233.		3
234.	The Formula	3
	The Jazz Singer	3
	Author! Author!	2
	Body Heat	2 2 2 2
238.		2
	Homework	
240.	Honey Pot	2

MOVI	E TITLE	VIOLENCE PER/HOUR
041	n! ! " ! "	
	Rich and Famous	2
	The Mirror Cracked	2
	Absence of Malice	1
	Best Little Girl	1
	Candy Goes to Hollywood	1
246.	Chariots of Fire	1
	Four Seasons	1
248.	Health	1
249.	I Ought to Be in Pictures	1
	Joni	1
251.	Making Love	1
252.	Middle Age Crazy	1
253.	Only When I Laugh	1
254.	Personal Best	1
255.	Summer Lovers	1
256.	The French Lieutenant's Woman	1
	Trapper John, M.D.	1
258.		1
259.	Victory	1
	Cancer Confrontation	0
	Country Gold	0
	Devil and Max Devlin	0
	First Monday in October	0
	Gray Lady Down	0
	Heartland	0
	Hollywood High, Part II	0
	It's My Turn	0
	Missiles of October	0
	My Dinner with Andre	0
270.		0
271.		Ö
272.		Ŏ
	Ordinary People	0
	Other Side of the Mountain	ŏ
	Paternity	·
	Policewoman Centerfold	0
	Richard Pryor	0
278.		0
	Stevie	0
	The Priest	0
•		0
	Who's Life is it Anyway	0
282.	Yes, Georgio	U

APPENDIX E
LETTER TO PARENTS

Dear Parents,

I am sure that you are aware of the interest and concern being shown by many people today regarding television viewing and how it may be affecting behavior. It is with this concern that I am asking for your cooperation in conducting some research which I believe will be helpful in determining what effects, if any, television is having on our children.

Students participating in the study will be requested to complete a questionnaire on viewing patterns and types of programs viewed during the third week of October. will be no physical risk involved and your child will not be identified in any manner in the findings.

I would appreciate you allowing your child to participate in this study and return the signed permission form as soon as possible. It is with the consent of the administration of your school district that I am conducting this investigation.

Sincerely

Administrator Instructional Media and

Television

Oklahoma State Department

of Education

APPENDIX F
APPROVAL FORM

	has permission to participate in
Name of Student	· · · · · · · · · · · · · · · · · · ·
your study which will as:	sess television viewing habits and
student behavior.	
	Signed Parent or Guardian

APPENDIX G
CORRESPONDENCE

August 16, 1983

Dr. Lewis Eubanks Superintendent Midwest City Public Schools 607 West Rickenbacker Midwest City, Oklahoma 73110

Dear Dr. Eubanks:

This correspondence is directed at our telephone conversation concerning the possibility of allowing me the opportunity to conduct research involving students and staff in the Midwest City Junior High Schools during the 1983-84 school year.

The research deals with a comparison of television viewing habits and classroom behavior of disruptive and non-disruptive students in public schools. It is hoped that the results of this research study will help to provide additional insight into a major concern among educators today, disruptive student behavior in the public schools.

Your consideration in helping to assimilate this data is greatly appreciated. The results of this study will be made available to the Midwest City Public Schools upon request.

Sincerely,

Larry Huff, Administrator Instructional Media and Television Oklahoma State Department

of Education

August 18, 1983

Mr. Larry Huff, Administrator Instructional Media Television State Department of Education 2500 North Lincoln Boulevard Oklahoma City, Oklahoma 73105

Dear Mr. Huff:

This letter is in reply to your correspondence and our telephone conversation concerning you conducting research involving students and staff in the Midwest City Junior High Schools. We are willing to cooperate and most interested in learning of the results of the research pertaining to a comparison of the television viewing habits and behavior of disruptive and non-disruptive students in our schools.

It is believed that your findings will not only be interesting but also very helpful to educators who are responsible for providing a suitable learning environment for our youth. We would be very appreciative if you made available to us the results of your findings.

Sincerely,

Lewis Eubanks, Superintendent Midwest City Public Schools

September 7, 1983

Dr. Edward Porter The Educational Services Center 1607 North Harrison Street Shawnee, Oklahoma 74801

Dear Dr. Porter:

This correspondence is directed to our conversation concerning the possibility of you allowing me to use research instruments you designed dealing with the reporting of disruptive student behavior in public schools and the rating of the seriousness of the disruptive behavior.

Your consideration in allowing me to use these instruments is greatly appreciated.

Sincerely,

Larry Huff, Administrator Instructional Media and

Television

Oklahoma State Department of Education

September 16, 1983

Mr. Larry Huff, Administrator Instructional Media and Television Oklahoma State Department of Education 2500 North Lincoln Oklahoma City, Oklahoma 73105

Dear Mr. Huff:

This letter is in response to our conversation and your letter to me requesting permission to use instruments developed by me and included in my dissertation entitled,

The Effect of Type of Discipline Problem, Appearance and Previous Behavior on Discipline Decisions in the Public Schools.

It would be a priviledge for me to allow another researcher to use materials developed by me. Hopefully, the instruments will meet your needs without modification, however, feel free to modify them to meet the individual needs of your study.

Sincerely.

Edward Porter

I dward Forter

APPENDIX H

RAW DATA CONCERNING THE DISRUPTIVE AND NON-DISRUPTIVE STUDENTS

DATA CONCERNING THE NON-DISRUPTIVE STUDENTS

Subject Number	Gender	Total Hours of Television Viewed	Number of Violent Acts Viewed
1	F	40	211
2	M	31.5	191
3	F	42	131
4	M	42	268
5	F	41.5	231.5
6	M	35	130
7	F	9	43.5
8	M	23.5	155
9	F	21.5	72
10	M	27	101.5
11	F	26.5	84.5
12	M	15.5	108.5
13	F	42	192 171
14 15	M F	31.5 30.5	214
16	, M	36.5	219
17	F	13	131
18	, H	34	185.5
19	F	12.5	41
20	й	6.5	50.5
21	;; F	23	132
22	M	36	132
23	Ë	13	80
24	M	35.5	155
25	F	33	153.5
26	M	36	186
27	F	31	76
28	M	28.5	126
29	F	24.5	101.5
30	M	30 .	136.5
31	F	33	236
32	M	32	183.5
33	F	24	70
34 35	M	20	155.5
36 36	F M	33.5 32	209.5 243.5
37	F F	9	26.5
38	и	36	206
39	Ë	30	69
40	й	19.5	190
41	Ä	23.5	102.5
42	Ë	20	82
43	M	26.5	146.5
44	F	42	172
45	M	38	253
46	F	25	89
47	M	34.5	143
48	F	23.5	100.5
49	M	19	94
50	M	19.5	171
Mean * Standard Devia	-	27.760	142.45

DATA CONCERNING THE DISRUPTIVE STUDENTS

Subject Number	Gender	Total Hours of Television Viewed	Number of Violent Acts Viewed	Number of Times Referred	Seriousness Infraction Score	Serfousness Rating Index
1	М	22.5	185	22	70	1540
	М	31.5	177	19	67	1273
2 3 4 5 6 7	M	42	310	18	68	1224
4	F	25.5	171	16	46	736
5	M	37	188.5	16	44	704
Š	Й	42	299	15	44	660
7	Й	17.5	180.5	14	43	602
8	М	38	193.5	12	36	432
ğ	F	33.5	214.5	12	34	408
10	F	25.5	133.5	12	34	408
iĭ	м	32	207.5	iõ	37	370
12	й	38.5	288	ij	33	297
13	F	28	338.5	8	30	240
14	14	35.5	182	8	26	208
15	H	32.5	225.5	8 8	22	176
16	Ä	33.5	254.5	7	23	161
17	ж	24	170.5	7	20	140
18	Ä	34	241.5		20	120
19	M	32.5	201.5	6 6	19	114
20	F	24.5	287	6	18	108
21	F	40	196.5	6	17	102
22	F	31		0	16	96
23	M	33.5	227.5 136.5	0	18	90
24		33.5 26		5		
25	M	25.5	169	6 6 5 5 5	15	75 60
25 26	M		56	2	12	60
26 27	H	10.5	94	4.	10	40
28	M	22.5	192.5	3	10	30
29	M F	15.5 41	68.5	3 3 3 3	9	27
30	r F	19	137.5	3	y	27
			93.5	3	ž	27
31	F	41	193.5	3	9 9 9 5 3	15
<i>3</i> 2	F	31	119.5	3	3	9
Mean ≠	Deviation =	29.578 9.1942	191.6788 68.2519	8.750 5.3279	25.8438 18.1856	328.7188 396.389