

Newsletter

Vol. 21 No. 1

May 2011

Presidents Message

Greetings! Ambassadors 2011

CE-FCS Ambassadors are off and running in the next 20 years with enthusiasm with their support and service. I am delighted to be serving as your President with the rewards each of you gives with your support and service.

Today, spring is in the air and it brings to my mind that each season has a cadence and spring's beat is one of freshness. I feel it in the attitudes of the old/new committee members and directors. It makes me smile to know that each individual, as part of the Ambassadors program, knows the value of making a difference in the lives of others. Being a part of family programs at this time in our history is exciting! There are so many opportunities to make a difference and Ambassadors will make that difference. Spring-everything seems possible! Plan those programs, events, and activities that will make the difference! Write a grant to make those plans come to life. Join me in the next 20 years of making a difference unfold!

Arleen James

Become an Ambassador!

The CE-FCS Ambassadors is an association of individuals, groups, organizations and businesses with a strong desire to support the mission of the Oklahoma Cooperative Extension Service Family and Consumer Sciences program. It is an organized program of private support. We would love to have 100% of our FCS Extension Educators as members of Ambassadors. Ambassadors are designed to support you, FCS Educators, State Specialists and OHCE groups with programming dollars. A small investment which will reap great rewards in your programming. To quote Barbara Brown:

Because they showed us how, we continue the Ambassador Quest, to offer support to make good programs better, to create programs that meet needs and solve problems, to make what we can't even imagine today, possible tomorrow. If you can dream it, you can achieve it.

PUBLIC RELATIONS AND RECRUITMENT COMMITTEE NEWS

The Public Relations and Recruitment Committee for Ambassadors would like to remind you that it is that time of the year to show your support. As Ambassadors, we need to continue to support the Extension family and youth programs through any size of donation, starting at only \$10.00!

In this newsletter is the *CE-FCS Ambassador/Fitch Fellowship Pledge Form.* Please fill out and return to the following address: Ambassadors Fund, 135 HES, Oklahoma State University, Stillwater, OK 74078-6111. Also, you may retrieve the form by visiting http://www.fcs.okstate.edu. At the bottom of the page under "Quick Links" click on *CE-FCS Ambassador/Fitch Fellowship Donation and Pledge Form.*

We hope to receive your membership soon! Your friends, family, Extension Supporters, OSU Alumni and any other interested persons are also welcome and encouraged to support/join this organization.

I would also like to thank the presenters at the OHCE district meetings (Arleen James, Jessica Riggins, Susan Routh and Tracey Watts) for promoting Ambassadors and the Silent Auction during the OHCE State Meeting. Without you, the word about the auction and Ambassadors wouldn't have been gotten out to the approximately 1,350 OHCE members in Attendance.

Donna Jung CE-FCS Ambassadors Public Relations and Recruitment Chair

SILENT AUCTION PLANS

The Public Relations and Recruitment Committee is planning



another fantastic Silent Auction with the help of donors, bidders and volunteers during the OHCE State Meeting on Monday, July 11th! Ambassadors and supporters are encouraged to share the excitement. We always look forward to browsing and (competitively) bidding!

Auction items ranged in the past from gourmet coffee & serving case, cookbooks, decorative birdhouses to quilts, needlepoint, gardening and spa baskets – it's been a grand time! Forms to pre-register auction items will be emailed to county Extension offices later in the spring.

Donna Jung CE-FCS Ambassadors Public Relations and Recruitment Chair

| | 2011 DATES TO REMEMBER |
|------------|--|
| July 1 | Deadline for all CE-FCS Ambassador Awards |
| July 10-12 | OHCE Annual Meeting and CE-FCS Ambassadors Silent Auction, Clarion Convention Center, OKC |
| October 7 | CE-FCS Awards Luncheon, OK Co. Extension Auditorium |
| | |

2011 CE-FCS Ambassadors Elected Officers, Board of Directors and Committees

Officers:

President: Arleen James Vice-President: Marlene Buck Secretary: Jean Bailey Treasurer: Connie Norrie

Directors:

Sissy Osteen Recia Garcia Lana Stidham LaDonna dunlop Jamonna Earsom Danette Russell Mary Selk Eileen St. Pierre Becky Scott Rachel Lockwood

Nominating Committee:

Dea Rash, Chair Ginny McCarthick Mary Deken

Program of Work:

Marlene Buck, Chair Recia Garcia Casey Campbell Mary Jo Bullis Sonya McDaniel Dixie Ferrell Kathy Stidham Diana Romano

Project Committee:

Karen Armbruster, Chair Nicole Neilson Jan Johnston Shirley Burns Lynne Beam June Cash Gerri Ballard

Public Relations & Recruitment Committee:

Donna Jung, Chair Charlotte Richert Kathy Enyart Tracey Watts Dea Rash Susan Routh Jessica Riggin

Newsletter Committee:

LaDonna Dunlop, Chair Jean Bailey

By-Laws Committee:

Cathy James, Chair Gloria Kng Brenda Miller

Finance Committee:

Connie Norrie, Chair JoAnn Brannan Dee Porter Barbara Brown Arleen James Jean Bailey

Archive Committee:

Mary Selk, Historian Lynda Harriman Dottie Goss

Ex-Officio:

Dr. Jorge Atiles Brenda Sheik

Mark your Calendars!

Annual Ambassador's Award Luncheon "Simple Abundance"

Friday, October 7th, 2011

Oklahoma County Extension Auditorium, OKC



2011 AMBASSADORS/FITCH CONTRIBUTORS

January 1 thru April 18, 2011

AMBASSADOR

| Gerri Ballard | А |
|--------------------------|-----|
| Lynne Beam | А |
| Frances Bohannon | А |
| Casey Campbell | А |
| June Cash* | А |
| LaDonna Dunlop | A/F |
| Carmen Eicken | А |
| LaDell Emmons | А |
| Lindsay Ensley | А |
| Valerie Evans | А |
| Dixie Ferrell* | A/F |
| Dottie Gatz | А |
| Sue Hamilton | А |
| Sara Hook | А |
| Household Executives HCE | А |
| Marcy Lee Hurd | А |
| Arleen James | А |
| Laverda Johnson | А |
| Marquita Ladd | А |
| Connie LaGrow | А |
| Susan Lovelace | А |
| Ginny McCarthick | А |
| Sonya McDaniel | А |
| Sandra McManus | А |
| Susan Murray* | А |
| Nicole Neilson | А |
| Oklahoma County HCE | А |
| Mary Rhyne | А |
| Beverly Richards | А |
| Julie Starr Staiger | А |
| Sunshine HCE | F |
| Maureen Thomas | А |
| | |

| Micah Treadwell* | Α |
|---------------------|---|
| Underwood Home Ext. | Α |
| Mancy Green | Α |
| Pat Lynes | Α |
| Linda Swindler | Α |
| Virginia Jett | |

PEARL

| Don & Kay Bornemann | |
|----------------------|---|
| Lynda Harriman* | А |
| Carol Laverty | А |
| Murray County HCE* | А |
| Stephens County HCE* | А |
| Lani Vasconcellos | А |

* Founding Member A- Ambassadors; F - Fitch Fellowship

Memorial Contributions:

(Honoree Name/Donor Name):
2nd Lt Luke James/Arleen James
Eleanor Noble/Carmen Eicken, Sara Hook, Marueen Thomas
Anna Robinson/ Marquita Ladd
Wilbur & Leona Robinson/LaDell Emmons
Betty & Mattie Starr/Julie Starr Staiger
Irene Suckley/Frances Bohannon
Clarice/Nancy Green

Honorary Contributions:

- Jorge Atiles/Lynda Harriman Jo Ann Brannan/June Cash
- Recia Garcia/Connie LaGrow
- Laverda Johnson/Gerri Ballard
- Julie York/Mary Rhyne

Project Committee Encourages Applications by July 1, 2011

CE-FCS AMBASSADORS PROGRAM DEVELOPMENT GRANTS AND AWARDS Category Descriptions 2011 Grants

*Only Oklahoma Cooperative Extension Service employees and OHCE members are eligible for these grants.

The ***OHCE County/Group Grant** may be made to a team of County OHCE members and may include an Extension Educator. The total amount available in this category is \$,600 with a maximum of \$400 per application. The Projects Committee is encouraged to select at least one proposal from each of the four districts but allowed flexibility based on number and quality of applications.

The ***State Specialist Grant** may be awarded to one or more Family and Consumer Sciences State Extension faculty for an assistant or for program development. The total amount available in this category is \$1,500.

The ***County Grant** may be made to an individual Extension Educator or a team of collaborating staff (Extension Educators-FCS, CNEP, Special Projects positions, and/or 4-H Extension Educators with family and consumer sciences responsibilities) within a single county. The total amount available in this category is \$2,500 with a maximum of \$500 per application.

The ***Multi-County Grant** may be made to an individual working with more than one county or to a team of Extension staff (ex: Extension Educators-FCS, Extension Educator-4-H Youth Development, Special Projects positions, District Family and Consumer Sciences Program Specialists) collaborating across county or unit boundaries. The total amount available in this category is \$2,250 with a maximum of \$750 per application.

**Only Oklahoma Cooperative Extension Service Employees are eligible for this award.

****Outstanding State Faculty, Individual Field Staff and Team/Group Award** – Use the USDA application form to report innovative programming that is consistent with the goals of the Family and Consumer Sciences Plan of Work. The \$500 award for State STaff, \$500 award for Individual Field Staff, and \$500 award for Team/Group can be used for purchase of program resource materials and/or professional meeting registration.

CE-FCS Applications were included in all OEAFCS members packets at the annual meeting April 7-8, 2011.

Application, score sheet, & checklist must be submitted electronically by July 1 to:

Karen Armbruster-Karen.Armbruster@okstate.edu

Letter of recommendation should be sent to:

Karen D. Armbruster 407 Govt. St. Room 11 Alva, OK 73717

Applications are available at www.fcs.okstate.edu

CE-FCS AMBASSADORS PROGRAM DEVELOPMENT GRANTS AND AWARDS

Criteria for consideration for an Ambassador Program Grant:

- The proposed project should enhance knowledge and increase potential for addressing complex issues facing Oklahoma families and/or communities and should be designed to build coalitions and network with appropriate community agencies. It must involve educational programming to be conducted by the applicants addressing subject matter based on research or solid evidence. Projects should encourage inclusion of limited resource and/or culturally divers audiences and a public policy component that supports human well-being and/or a leadership component. Projects designed for outright benevolence will not be funded (i.e. items that will be given away and have no educational component, donations to other groups.)
- The proposed project should be a new program idea which seed money could help initiate and has potential to become an established program in other settings. The purpose of the grant is **not** to provide ongoing support or to expand previously funded projects.
- Projects should provide positive visibility to OCES and/or OHCE, and to Ambassadors.
- Indirect expenses or overhead charges are non-allowable expenses. Snacks for participants are not allowable expenses, unless they are an integral part of a nutrition education program.
- An Extension Educator and an OHCE group or county organization from the same county wishing to apply for funds for the same project should apply in only one category. Two proposals submitted from one county for the same project will not be funded.
- All grant funds are to be used starting January 1 and ending December 31. With prior approval grant expenditures incurred prior to January 1 may be reimbursed after the fiscal year begins on January 1. Receipts should be kept and submitted after January 1. All funds must be spent within the intent of the proposal.
- The description of individual or team leader's program and/or community service experience related to the program area (or resume reflecting experience in program area) should be no more than one page. This is in addition to the three pages of Program Description.
- The description of the innovative program should be typed and double-spaced, nor more than three (3) pages in length, with at least 1-inch margins using a size 12 font.
- Incomplete applications are unlikely to be funded.

NOTE: For state specialist's proposal, if funds are requested for a graduate assistant, describe the need and expectation in the proposed program including the graduate assistant's role in the development of the program and the anticipated benefits.

CE-FCS Ambassadors Program Development Grant For County, Multi-County, State Specialist and OHCE Grant Application Form

The proposal should use and address the following outline and items:

Individual or Team Leader's Experience or Resume — Should reflect programming and/or community service experience in the program area. Limit to <u>one page</u>. This is in addition to the three pages of program description.

Include Name of Applicant(s), position, county or campus, address, telephone, e-mail, title of program and type of award (OHCE County/Group, County, Multi-County or State Specialist)

- 1. Initiative Area: Indicate FCS Initiative Area (Food, Nutrition & Health, Family Economic well-Being, Family Resiliency, or Leadership) or OHCE Project Committee (Cultural Enrichment, Healthy Living, Resource Management, Family Issues or Leadership).
- 2. Innovative program Address how this proposal is a new program idea that can be developed and established in other settings and with other populations.
- 3. Situation statement What's happening in your area that justifies the need for this program?
- 4. Objectives What things do you intend to accomplish with this project?
- 5. Primary target audience Who will your project benefit?
- 6. Program delivery methods How will your project be done?
- 7. Program evaluation procedures/expected outcomes Describe how the project will be evaluated. Describe your expected outcome for the project.
- 8. Marketing strategies How will you advertise/promote your project?
- Budget List specific items you will purchase and how much you plant to spendon each item. Items may include supplies, educatiaonsl resources/curricula, marketing publications, training, postage, travel-cost breakdowns, fee, etc. Specify total amount of grant funds requested. If dollars from other sources will also be used, identify source and amount.)
- 10. Letter of Recommendation from the District Family and Consumer sciences Program Specialist, District 4-H Program Specialist, District Director or from the appropriate department head. OHCE needs a letter from the Extension Educator-Family & Consumer Sciences.
- 11. **Member of Ambassadors** An extra ten points is possible if applicant or county/group OHCE organization is a member of Ambassadors for the year of application.

Reminders for Applicants:

Include Score Sheet with the top portion and item number 11 completed by applicant(s). Include the checklist with the top portion completed

Application, score sheet and checklist must be submitted electronically by July 1 to:

Karen Armbruster-Karen.Armbruster@okstate.edu

Letter of recommendation should be sent to:

Karen D. Armbruster 407 Govt. St. Room 11 Alva, OK 73717

Ensure a Bright Future by Helping Build the Endowments

| Ambassador General Fund You can support the educational endeavors of Ambassadors that benefit Oklahoma families and youth by making a contribution. Your continued support is greatly appreciated! I pledge: \$ to be paid monthly annually. | | Margaret Edsel Fitch Extension Fellowship The Fellowship provides a mini-sabbatical experi- ence for OCE-FCS staff to study a relevant program in another state or country. Your continued support is greatly appreciated! I pledge: \$ to be paid monthly quarterly annually. | | |
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| Name | | Return to: M.E. Fitch Fellowship, | 135 HES, | |
| Address | | Oklahoma State University, Stillwater, OK 74078-6111 | | |
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Grand

\$10,000 and up



Glenn Muske Ambassadors • 135 HES Oklahoma State University Stillwater, OK 74078-6111

Address Correction Requested

The Ambassador's newsletter is published twice yearly. Editor, LaDonna Dunlop Newsletter Committee: Jean Bailey