A DESCRIPTIVE LOOK AT STAFFING AND PATIENT LOADS AT STILLWATER MEDICAL CENTER

Ву

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Scope and Method of Study: One of the more difficult jobs confronting the hospital administrator is estimating the level of nurse staffing needed to meet patient requirements. The further in advance these estimates can be made, the easier it is to plan levels of staffing, vacation time, and training programs. These factors are vital inputs into the control of nursing salary costs, which usually represent about 50% of the operating costs incurred by the hospital. The purpose of this study is to provide a descriptive profile of the staffing and patient loads experienced by the Stillwater Medical Center during the years of 1982 and 1983. It is also the hope that this study will serve as a bench mark for further study. Means were determined for patient loads, forecast staffing needs, actual staffing, RN's on duty, and LPN's on duty by years, months, days of the week, units and shifts. Also the same means for each unit were calculated for more in depth analysis. Trends and differences were then noted from these means.

Findings and Conclusions: When the data for 1983 was compared to 1982 a decline in the average patient load was seen, while the average nursing staff level remained unchanged. In general, a low in the average patient load and staffing activity occurred on Sundays for both years while the high was on Wednesdays. Also the forecast of nursing needs was considerably different than the actual staffing.

ADVISER'S APPROVAL Marilyn 6. Klothe

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CHAPTER I

INTRODUCTION

The channel through which hospitals work to deliver health care services is very unique. The final consumer, the patient, has in most cases no control over what type of treatment to buy and at what price. It is the decision of his doctor as to what medical tests are to be made and what treatment procedures are to be followed. Also while the delivery of health care services to consumers is direct, the payment system for these services involves intermediaries such as the Federal government, state and local governments, and private, commercial insurance companies. In the past, this third-party payment system along with the unique supply-demand relationship has created a lack of incentive for cost-containment on the part of hospitals in the past.

Total health care expenditures in the last 18 years have increased over 880% from \$41 billion in 1965 to over \$362 billion in 1983 and is expected to be over \$1 trillion by 1993. Inflation along with full reimbursement and third party payments

¹Herman B. Safflas, <u>Health Care Analyst</u>, Feb. 1983, p. H13.

are the major reasons behind these soaring health care costs. Although these costs increased at a faster pace than inflation, part of the increase can be attributed to the high inflation of the late 1960's and 1970's. Currently that is no longer true. While inflation has slowed to 4%, health care costs continue to increase at a double digit pace.

The need for fundamental reform in the health care system was recognized by the Federal government. If some changes were not implemented it was determined that the Medicare Hospital Insurance Trust Fund would run out by the year 1990. Hence, a new program was passed by Congress which took effect in October 1983. This program, called the "prospective-payment system" (pps), replaces the previous reimbursement program which was based solely on hospital costs. The pps program is based on putting all prospective medical treatments into one of 468 Diagnostic-Related Groups (DRG's), where a predetermined fee has been set for any treatment falling under that group. Therefore, a flat fee will be paid to hospitals regardless of their costs. addition, hospitals would have no legal recourse as to the adequacy of the reimbursement amount in any DRG category. However, they can challenge the classification of a particular patient under one DRG rather than another.

The free reign hospitals had with the cost-based system has been replaced with a fixed-payment system. Thus, if a hospital's costs exceed the flat payment the loss will be

absorbed by the hospital; if costs are less than the payment the hospital will make a profit.

The new payment system has turned the hospital industry upside down and forced all hospitals to reevaluate their operations in order to insure survival. The Stillwater Medical Center is currently involved in such reevaluations. They have been monitoring their staffing and patient loads for the past two years and forecasting their nursing needs for a little over a year. These activities are aimed at helping control the costs of the hospital and at giving them a better idea of what their environment is.

CHAPTER II

OBJECTIVES

This research project aims to provide a descriptive profile of the staffing and patient loads experienced by the Stillwater Medical Center during 1982 and 1983 by:

- Determining means for patient loads, forecasted staffing needs, actual staffing, registered nurses (RN's) on duty, and licensed practical nurses (LPN's) on duty by year, month, week, day of the week, unit, and shift.
- 2. Determining if there are any trends in the data.
- Determining if there are differences between the units in the hospital.

CHAPTER III

METHODOLOGY

Background

The Stillwater Medical Center is a 145 bed hospital consisting of ten different units. These units are: Unit 2, Maternity; Unit 3, Cardiovascular/Pediatrics; Unit 4, Outpatient Surgery; Unit 5, Broken Bones; Unit 10, Labor and Delivery; Unit 11, Nursery; Unit 12, Intensive Care; Unit 13, Psychiatric; Unit 14, Emergency Room (E.R.); and Unit 15, Birthing. For each unit the number of nurses that will be needed for each shift each day is estimated or forecast each day.

Once the forecasted nursing needs are determined it becomes the job of the nurising supervisor to use the forecast, to control actual staffing levels. Theoretically the actual and forecasted staffing levels should be the same but since the forecast is not limited to whole numbers this is not true.

Research Design

This research project is a descriptive study. In past years Stillwater Medical Center has been collecting data on its patient loads and staffing, but this data has been in a data base for only the last two years. In this time few studies have been done to really analyze the data and what can be done with it. For this reaosn a descriptive study was chosen to make an analysis of the data and provide a baseline for future research.

Data Collection Method

For this study primary data was collected by the Stillwater Medical Center during the years 1982 and 1983. Samples of the forms used for collecting the data are in the Appendix. Using form A a census was obtained every day for shift one on each unit. From these censuses the patient loads and actual nursing staff levels were obtained.

Determining the forecast of nurses need was not nearly as straightforward. First nurses use form B to determine each patients acuity level which gives an indication as to how much care a patient needs. The lower the level the less care a patient needs. The nurse rates the patient in each of the categories on form B such as ambulation, bath/hygiene, etc. and records the results on form C. For example if the patient is to have complete bed rest they would receive a score of 6 in the ambulation category. Then the scores from each category are totaled to obtain the Total Relative Patient Value or Total Points on form C.

After totals are obtained each patient is assigned to an acuity level according to the range their total points falls into on form C. Then the number of patients in each

acuity level is totaled under Today's Acuity on form C.

Form D is then used to calculate the number of nurses needed. For example if there were three patients that had an acuity level of III then 1.0 nurses would be needed on shift one to care for them. These nursing needs are then totaled and entered on form E under the 7-3 needs column. This is how forecast nursing needs are determined for shift one. Shift two and three needs are then determined by multiplying shift one needs by 88 and 58% respectively. These percentages were determined by a 1981 time study conducted by the hospital during a one week period.

CHAPTER IV

LIMITATIONS

As with any study there are certain limitations on this research project. One of them is that the data contains only two years of observations. Therefore making generalizations about events outside these two years should be done with caution.

Another problem is that the forecast of nurses needed does not always come out to a whole number. Thus when the forecast calls for 3.5 nurses the administration must determine whether to use three or four nurses which causes under or over staffing. Therefore, the hospital will not be as efficient as it should be.

Also the data does not give any idea as to how much activity the nurses are actually engaged in. We can only determine how well the forecast is compared to the actual number of nurses used.

CHAPTER V

FINDINGS

Yearly Averages

When examining any situation it is usually better to look at the broad picture first in order to further define areas that might want to be looked at in more detail. It was with that thought in mind that the yearly averages were computed first. These averages are computed from data with observations every day on every unit for all three shifts. It should be noted that in 1983, the Birthing Room, unit 15 was established. Therefore in order to make accurate comparisons between the averages for 1982 and 1983, discussions will be confined to the averages for 1983 that exclude unit 15. The 1983 averages with unit 15 are shown for comparison. Also the number of RN's and LPN's on duty have been combined into one variable (Actual Nurses); therefore they are shown, but the discussion will be confined to their sum (Actual Nurses).

The average for total patients shown in Table I indicates that the 1983 average is 20% less than that of 1982, whereas the average number of nurses on duty in 1983 was virtually unchanged. Note the nurse forecast only reflects units 2 - 5 and cannot be accurately compared to

TABLE I

AVERAGE DAILY UNIT PATIENT LOAD AND NURSING STAFF, STILLWATER MEDICAL CENTER, 1982 AND 1983

	1982	1983#	1983
Patients	13.345	11.476	10.641
Nurses Forecast	*	3.555	3.555
Actual Nurses	1.855	1.857	1.730
RN's	1.214	1.258	1.175
LPN's	0.641	0.599	0.555

^{*}missing data #data doesn't include unit 15

Note: Forecasting nursing requirements started in 1983 and includes only units 2, 3, 4 and 5.

the actual nurses on duty here because the actual averages are for all units in the hospital.

Monthly Averages

The monthly averages were computed in order to look at the data in more detail. These averages for 1982 and 1983 (see Table II) further support the decline in patients from 1982 to 1983 as each month except for August has declined from its 1982 average. Also the average patient load declines steadily from April through July for both years. For 1983 we can see that the average number of nurses actually on duty is quite similar to the monthly averages for 1982.

Day of the Week

When the data for the two years is looked at by day of the week (see Table III) several interesting trends are apparent. From the 1982 data we can see that the average number of patients is at its lowest level on Sundays. It then begins a steady climb until it reaches its peak of 13.999 on Wednesdays, after which it declines steadily through Sunday. The average number of nurses actually on duty follows the same path with highs on Wednesdays and lows on Sundays during 1982.

In 1983 the average patient load and the average number of nurses actually on duty show the same trend as 1982 with only slight differences. The average patient load for 1983

TABLE II

AVERAGE DAILY UNIT PATIENT LOAD AND NURSING STAFF,
STILLWATER MEDICAL CENTER, 1982 AND
1983, JANUARY-DECEMBER

February 15.288	LPN's	RN's	Actual Nurses	Nurses Forecast	Patients	Month	Year
March 14.151 * 1.868 1.278 April 14.158 * 1.773 1.192 May 13.832 * 1.773 1.150 June 13.247 * 1.739 1.107 July 12.400 * 1.768 1.177 August 11.569 * 1.733 1.150 September 12.659 * 1.952 1.242 October 13.816 * 1.928 1.251 November 13.933 * 2.035 1.306 December 12.060 * 1.909 1.284 #1983 January 12.152 4.323 1.971 1.328 February 12.327 4.436 1.984 1.303 March 12.576 4.576 1.991 1.295 April 11.432 * 1.879 1.242 May 11.050 3.553 1.802 1.227 June 10.596 3.162 1.790 1.221 July 10.909 3.248 1.752 1.212 August 11.768 2.795 1.821 1.252 September 12.165 2.934 1.852 1.236 October 10.931 3.298 1.807 1.235 November 12.065 4.214 1.875 1.301 December 9.830 2.646 1.773 1.250 October 10.931 3.298 1.807 1.235 November 12.065 4.214 1.875 1.301 December 9.830 2.646 1.773 1.250 January 12.152 4.323 1.971 1.328 February 12.327 4.436 1.984 1.303 March 12.572 4.576 1.991 1.295 April 10.763 * 1.776 1.177 May 9.998 3.553 1.648 1.129 June 9.540 3.162 1.614 1.103 July 9.827 3.248 1.585 1.099 August 10.610 2.795 1.657 1.145 September 10.962 2.934 1.680 1.125	0.644						1982
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^{*}missing data #data doesn't include unit 15

Note: Forecasting nursing requirements started in 1983 and includes only units 2, 3, 4 and 5.

TABLE III

AVERAGE DAILY UNIT PATIENT LOAD AND NURSING STAFF,
STILLWATER MEDICAL CENTER, 1982 AND
1983, SUNDAY-SATURDAY

CONTRACTOR STATE						
Year	Day	Patients	Nurses Forecast	Actual Nurses	RN's	LPN's
1982	Sunday Monday Tuesday Wednesday Thursday Friday Saturday	12.324 12.926 13.878 13.999 13.911 13.578 12.788	* * * * * * * *	1.596 1.911 1.997 2.132 1.959 1.832 1.559	1.046 1.232 1.309 1.375 1.309 1.204 1.023	0.550 0.678 0.688 0.756 0.650 0.628 0.535
1983#	Sunday Monday Tuesday Wednesday Thursday Friday Saturday	10.291 11.145 12.091 12.313 12.184 11.630 10.697	2.945 3.431 3.608 4.040 3.890 3.595 3.380	1.573 1.885 2.030 2.127 1.988 1.831 1.573	1.063 1.292 1.375 1.430 1.319 1.283 1.049	0.510 0.593 0.655 0.696 0.669 0.548 0.524
1983	Sunday Monday Tuesday Wednesday Thursday Friday Saturday	9.547 10.327 11.215 11.423 11.283 10.787 9.917	2.945 3.431 3.608 4.040 3.890 3.595 3.380	1.469 1.753 1.891 1.983 1.847 1.706 1.467	0.996 1.204 1.284 1.338 1.228 1.198 0.981	0.473 0.549 0.607 0.645 0.619 0.508 0.485

*missing data #data doesn't include unit 15

Note: Forecasting nursing requirements started in 1983 and includes only units 2, 3, 4 and 5.

by day of the week was always about 2.9 patients less than in 1983 and the average actual nurse count was always about the same as the 1982 average. Also the 1983 average actual nurse count shows a low on Saturdays and Sundays of 1.573.

The forecast of nurses needed in 1983 also exhibits the low Sundays, high Wednesday trend. Notice these averages are for units two, three, four, and five, and are twice the number of actual nurses on duty on average for the entire hospital.

Unit Averages

The best way to eliminate the distortion in the averages and still keep a broad perspective is to look at the unit averages. In Table IV the unit averages have been calculated and give us a different view of the data.

As the average patient load for both years changes on units two through five so does the average actual number of nurses on duty for those units. But for the other units of the hospital this does not hold, an increase or decrease in patient load does not mean a corresponding increase or decrease in actual nurses on duty. For example when the average patient load is from 15.629 on unit two to 31.57 on unit three the average number of nurses actually on duty rises correspondingly from 1.980 to 4.475. But when the average patient load rises on unit 10, on unit 11 the average number of nurses actually on duty falls. This is reasonable given unit 10 is Labor and Delivery.

TABLE IV

AVERAGE DAILY PATIENT LOAD AND NURSING STAFF,
STILLWATER MEDICAL CENTER, UNITS 2-15,
1982 AND 1983

Year	Unit	Patients	Nurses Forecast	Actual Nurses	RN's	LPN's
1982	2 3 4 5 10 11 12 13 14 15	17.668 33.084 3.441 28.211 1.333 8.767 2.571 8.052 12.502 *	* * * * * * * * * * * * *	2.147 4.506 0.289 3.642 1.379 1.072 1.293 1.202 1.156	1.211 2.527 0.137 1.922 1.361 0.545 1.293 0.778 1.148	0.937 1.979 0.151 1.720 0.018 0.527 0.000 0.424 0.008
1983	2 3 4 5 10 11 12 13 14 15	15.629 31.576 0.190 25.967 1.164 7.664 2.275 6.781 12.048 0.130	3.462 3.226 2.787 4.747 * *	1.980 4.475 0.034 3.656 1.448 1.051 1.518 1.182 1.369 0.130	1.269 2.672 0.015 1.896 1.444 0.482 1.380 0.799 1.367 0.130	0.711 1.802 0.020 1.761 0.004 0.570 0.138 0.383 0.002 0.000

^{*}missing data

Note: Unit 15 wasn't established until April 1983.

An important point brought out by these averages is that on units two through five in 1985 the average forecast of nurses needed and the actual number on duty are quite different. The forecast for units two, four and five is considerably higher than the actual and the forecast on unit three is lower than the actual.

Shift Averages

Averages for each shift are presented in Table V and reveal yet another way of analyzing patient and staffing loads. In 1982 the average patient load was its greatest on shift one (7 a.m. - 3 p.m.) then declined only slightly during shift two (3 p.m. - 11 p.m.) and finally reached its low during the third shift (11 p.m. - 7 a.m.). The actual nurses on duty followed the same trend with a larger decline on second shift from the first.

For 1983 the average patient load, nurses forecast, and actual nurses on duty had the same pattern as in 1982. Shift one had the highest averages with shifts two and three following respectively. The average patient load for 1983 however was about 1.8 patients below 1982 averages on every shift. The actual number of nurses on duty for 1983 was also below 1982 on the average except for shift one which remained the same at 2.202 nurses.

Unit Analysis

In order to gain a better understanding of the patient

TABLE V AVERAGE DAILY UNIT PATIENT LOAD AND NURSING STAFF, STILLWATER MEDICAL CENTER, SHIFTS 1-3, 1982 AND 1983

Year	Shift	Patients	Nurses Forecast	Actual Nurses	RN's	LPN's
1982 1 2 3	1 2	13.696 13.640	*	2.202	1.487	0.716
	3	12.698	*	1.537	1.015	0.523
1983#	1 2 3	11.822 11.724 10.883	3.877 3.662 3.130	2.168 1.901 1.502	1.472 1.238 1.064	0.696 0.664 0.438
1983	1 2 3	10.965 10.871 10.086	3.877 3.662 . 3.130	2.202 1.772 1.395	1.377 1.157 0.990	0.644 0.615 0.405

Forecasting nursing requirements started in 1983 and includes only units 2, 3, 4 and 5. Note:

^{*} missing data # data doesn't include unit 15

and staffing loads an indepth analysis was done on each of the different units in the hospital. This should be helpful in further describing any trends or differences in the data. From this specific problems or strengths may be abstracted.

Unit 2

On Unit 2 (Maternity) during 1982 the average patient load was highest for the first five months of the year (see Table VI). Then the patient load dropped off during the summer months of June, July, and August only to rise to a fairly steady average of about 17.5 patients through November. December however saw a sharp decline in the average patient load. The average number of nurses on duty in 1982 for unit two followed a slightly different trend than the average patient load. It experienced its lowest levels in the first part of the year and the highest during last few months.

In 1983 the average patient load on unit two varied much more over the months without many clear trends. The averages were highest during the first three months however, as in 1982. Also every months average was down from 1982 except for August which increased. The average number of nurses on duty also is down for every month except January, February, and March. From the average forecast of nurses needed it is apparent that there is not a linear relationship between it and the average patient load. Hence as the patient load goes up or down the forecast for nurses does

TABLE VI

AVERAGE DAILY PATIENT LOAD AND NURSING STAFF STILLWATER MEDICAL CENTER, UNIT 2 JANUARY-DECEMBER, 1982 AND 1983

Year	Month	Patients	Nurses Forecast	Actual Nurses	RN's	LPN's
1982	January February March April	18.570 21.095 19.720 18.011 19.204	* * * *	1.978 2.055 1.942 2.112	1.065 1.039 1.133 1.136	0.914 1.015 0.809 0.977
	May June July August September	16.622 16.516 15.247 17.467	* * *	2.154 2.151 2.001 2.023 3.313	1.091 1.008 1.247 1.312 1.369	1.043 1.143 0.754 0.711 0.944
	October November December	17.378 17.540 14.844	* * *	2.374 2.416 2.270	1.381 1.356 1.373	0.994 1.060 0.897
1983	January February March April May June July August September October November December	16.767 16.607 18.505 14.733 15.548 13.800 13.645 16.495 16.489 13.935 16.460 14.656	2.985 3.340 3.547 * 3.237 3.338 3.089 3.604 3.826 3.324 4.312 3.505	2.177 2.269 2.231 2.020 1.972 1.732 1.745 1.834 1.980 1.857 2.059 1.911	1.433 1.412 1.366 1.309 1.295 1.111 1.158 1.229 1.266 1.204 1.260 1.196	0.743 0.857 0.866 0.711 0.677 0.621 0.587 0.605 0.714 0.653 0.799

^{*} missing data

not necessarily do the same. An interesting fact about the forecast averages is that they are always above the actual number of nurses who worked:

When unit two is analyzed by day of the week definite trends and differences appear (see Table VII). For both years the same trend is seen in the average patient load, nurses forecast, and actual nurses on duty. Activity is at a low on Sundays and then begins a steady climb until a peak is reached on Wednesdays. The activity declines through Sundays. The only exception is that in 1982 the low for the average number of nurses actually on duty occurred on Saturday instead of Sunday. Average patient and actual staffing loads are also lower in 1983 for every day of the week. The average forecast by day of the week also exceeds the average actual nurses by day of the week everyday. For example, on Fridays the average forecast is 3.632 and the average actual nurses is only 1.863.

Averages for each shift for unit two are shown in Table VIII. Average patient loads for both years show a high on shift one and a low on shift two. The average number of nurses actually on duty declined from shift one through shift three for both years and the average forecast of nurses did the same for 1983. Here again 1983 activity is consistently down from 1982 and the forecast for nurses exceeds the actual.

TABLE VII

AVERAGE DAILY PATIENT LOAD AND NURSING STAFF,
STILLWATER MEDICAL CENTER, UNIT 2,
SUNDAY-SATURDAY, 1982 AND 1983

Year	Day	Patients	Nurses Forecast	Actual Nurses	RN's	LPN's
1982	Sunday Monday Tuesday Wednesday Thursday Friday Saturday	14.462 16.516 19.433 20.090 19.216 18.465 15.551	* * * * *	1.778 2.242 2.392 2.617 2.275 2.003 1.729	1.060 1.255 1.330 1.422 1.347 1.106 0.956	0.718 0.987 1.062 1.195 0.928 0.896 0.772
1983	Sunday Monday Tuesday Wednesday Thursday Friday Saturday	12.365 14.353 17.641 18.449 17.536 15.814 13.277	2.267 3.341 3.977 4.467 4.140 3.632 2.422	1.615 1.901 2.258 2.433 2.171 1.863 1.624	1.055 1.252 1.441 1.508 1.344 1.240 1.047	0.560 0.649 0.817 0.926 0.827 0.622 0.577

^{*}missing data

TABLE VIII

AVERAGE DAILY PATIENT LOAD AND NURSING STAFF,
STILLWATER MEDICAL CENTER, UNIT 2,
SHIFTS 1-3, 1982 AND 1983

Year	Shift	Patients	Nurses Forecast	Actual Nurses	RN's	LPN's
1982	1	18.576	*	2.445	1.367	1.078
	2	16.637	*	2.288	1.263	1.025
	3	17.789	*	1.708	1.002	0.707
1983	1	16.401	4.205	2.380	1.505	0.874
	2	14.683	3.727	2.163	1.197	0.197
	3	15.806	2.453	1.394	1.197	0.197

^{*}missing data

Unit 3

For unit three (Cardiovascular and Pediatrics) during 1982 and 1983 the average patient load was highest during the first three or four months and then leveled off with slight variations the rest of the year (see Table IX). However 1983 levels were down on the average about one to two patients. The average actual number of nurses on duty on unit three during 1982 were considerably higher for the last half of the year whereas for 1983 the first half of the year was higher. Another fact brought out by these monthly averages is that the average actual nurses on duty was higher than the average forecast of nursing needs for every month except November in 1983.

The averages by day of the week are listed in Table X and reveal interesting trends. For both years the average patient load and the average number of nurses actually on duty have the same trend. Activity is at a low on Saturdays and then rises steadily to a high on Wednesdays (note that 1982 patient load is an exception with the high on Tuesdays). Activity then declined steadily through Saturdays. Another exception is that in 1982 the average number of nurses actually on duty on Tuesdays was down and caused a break in the rising trend. Overall the average patient load for 1982 was higher than 1983 for every day of the week. The actual nurses average however was about the same for both years. The nurse forecast in 1983 also

TABLE IX

AVERAGE DAILY PATIENT LOAD AND NURSING STAFF,

STILLWATER MEDICAL CENTER, UNIT 3,

JANUARY-DECEMBER, 1982 AND 1983

Year	Month	Patients	Nurses Forecast	Actual Nurses	RN's	LPN's
1982	January February March April May June July August September October November December	34.376 34.940 31.968 34.115 32.914 32.644 33.237 33.602 32.800 31.396 33.701 31.489	* * * * * * * * * * * * * * * * * * *	4.320 4.273 4.132 4.298 4.183 4.092 4.370 4.786 4.816 4.777 5.162 4.842	2.477 2.492 2.449 2.328 2.355 2.422 2.398 2.592 2.609 2.723 3.000 2.713	1.843 1.781 1.683 1.970 1.828 1.850 1.972 2.257 2.207 2.053 2.162 2.129
1983	January February March April May June July August September October November December	34.067 34.988 33.086 32.789 29.387 30.089 30.978 30.882 32.311 29.258 33.345 28.167	4.241 3.826 4.575 * 3.009 3.240 4.432 2.249 1.682 2.658 5.147 0.495	4.991 4.857 4.963 4.618 4.378 4.332 4.438 4.201 4.027 4.211 4.415 4.293	2.847 2.726 2.668 2.468 2.610 2.522 2.741 2.505 2.502 2.668 2.949 2.880	2.144 2.131 2.296 2.150 1.769 1.810 1.697 1.696 1.524 1.543

^{*}missing data

TABLE X

AVERAGE DAILY PATIENT LOAD AND NURSING STAFF,

STILLWATER MEDICAL CENTER, UNIT 3,

SUNDAY-SATURDAY, 1982 AND 1983

Day	Patients	Nurses Forecast	Actual Nurses	RN's	LPN's
Sunday Monday	31.712 33.529	* *	4.178 4.706	2.324	1.854
Tuesday Wednesday	34.427 34.242	*	4.671 4.939	2.614 2.732	2.056
Friday	32.654	* *	4.482	2.645	2.135 1.837 1.677
Sunday	29.603	2.746	4.015	2.343	1.672
Monday Tuesday Wednesday	33.462	3.114 2.939 3.540	4.715 5.006	2.735 2.837	1.627 1.980 2.169
Thursday Friday Saturday	33.405 30.436 28.792	3.353 3.201 3.687	4.661 4.381 3.948	2.679 2.838 2.305	1.982 1.543 1.643
	Sunday Monday Tuesday Wednesday Thursday Friday Saturday Sunday Monday Tuesday Wednesday Thursday Friday	Sunday 31.712 Monday 33.529 Tuesday 34.427 Wednesday 34.242 Thursday 34.111 Friday 32.654 Saturday 30.994 Sunday 29.603 Monday 31.940 Tuesday 33.462 Wednesday 33.500 Thursday 33.405 Friday 30.436	Day Patients Forecast Sunday 31.712 * Monday 33.529 * Tuesday 34.427 * Wednesday 34.242 * Thursday 34.111 * Friday 32.654 * Saturday 30.994 * Sunday 29.603 2.746 Monday 31.940 3.114 Tuesday 33.462 2.939 Wednesday 33.500 3.540 Thursday 33.405 3.353 Friday 30.436 3.201	Day Patients Forecast Nurses Sunday 31.712 * 4.178 Monday 33.529 * 4.706 Tuesday 34.427 * 4.671 Wednesday 34.242 * 4.939 Thursday 34.111 * 4.638 Friday 32.654 * 4.482 Saturday 30.994 * 3.930 Sunday 29.603 2.746 4.015 Monday 31.940 3.114 4.615 Tuesday 33.462 2.939 4.715 Wednesday 33.500 3.540 5.006 Thursday 33.405 3.353 4.661 Friday 30.436 3.201 4.381	Day Patients Forecast Nurses RN's Sunday 31.712 * 4.178 2.324 Monday 33.529 * 4.706 2.616 Tuesday 34.427 * 4.671 2.614 Wednesday 34.242 * 4.939 2.732 Thursday 34.111 * 4.638 2.504 Friday 32.654 * 4.482 2.645 Saturday 30.994 * 3.930 2.253 Sunday 29.603 2.746 4.015 2.343 Monday 31.940 3.114 4.615 2.988 Tuesday 33.462 2.939 4.715 2.735 Wednesday 33.500 3.540 5.006 2.837 Thursday 33.405 3.353 4.661 2.679 Friday 30.436 3.201 4.381 2.838

^{*}missing data

followed a similar pattern except the low was on Sundays and the high on Wednesdays. Also the average forecast was below the actual on every day of the week.

Looking at unit three by shift in Table XI we can see that the average patient load for both years shows a high on shift one and a low on shift two. The average number of nurses actually on duty declined from shift one through shift three for both years and were approximately the same for each shift. The average nurse forecast for 1983 is lower than the average number of nurses that actually worked for shifts one and two but higher on shift three. Also patient loads are consistently down.

Unit 4

Unit four is used for outpatient surgery at Stillwater Medical Center and appears to have undergone some changes in the past couple of years (see Table XII). From the monthly averages we can see that in the first half of 1982 the patient load was up but since then this unit has been used infrequently and in some months it has not been used at all. The forecast of nursing needs on this unit have been extremely high.

Looking at this unit by day of the week a trend is apparent in 1982 (see Table XIII). For average patient load and actual nurses a low activity level is experienced on Sundays after which activity rises every day until it reaches a high on Wednesdays. Then activity decreases

TABLE XI

AVERAGE DAILY PATIENT LOAD AND NURSING STAFF,
STILLWATER MEDICAL CENTER, UNIT 3,
SHIFTS 1-3, 1982 AND 1983

Year	Shift	Patients	Nurses Forecast	Actual Nurses	RN's	LPN's
1982	1	33.501	*	5.357	3.220	2.137
	2	32.521	*	4.547	2.432	2.115
	3	33.229	*	3.616	1.931	1.685
1983	1	32.155	2.809	5.310	2.872	2.438
	2	30.856	2.819	4.596	2.927	1.669
	3	31.718	4.049	3.518	2.218	1.300

^{*}missing data

TABLE XII

AVERAGE DAILY PATIENT LOAD AND NURSING STAFF,
STILLWATER MEDICAL CENTER, UNIT 4,
JANUARY-DECEMBER, 1982 AND 1983

Year	Month	Patients	Nurses Forecast	Actual Nurses	RN's	LPN's
1982	January February March April May June July August September October November December	1.753 8.606 8.523 4.690 7.043 * 0.506 0.000 1.072 1.444 7.000 0.000	* * * * * * * * * * * * * * * * * * * *	0.303 1.001 1.019 0.272 0.269 0.000 0.118 0.000 0.205 0.032 0.322 0.000	0.163 0.448 0.577 0.071 0.151 0.000 0.054 0.000 0.055 0.032 0.127 0.000	0.140 0.554 0.442 0.201 0.118 0.000 0.065 0.000 0.150 0.000 0.196 0.000
1983	January February March April May June July August September October November December	0.189 0.000 0.097 0.400 0.129 0.000 1.387 0.000 0.032 0.000	4.947 4.740 3.973 * 3.874 2.753 1.257 1.840 2.497 1.245 2.438 1.272	0.067 0.000 0.043 0.067 0.032 0.000 0.000 0.187 0.000 0.011 0.000 0.000	0.033 0.000 0.022 0.022 0.011 0.000 0.000 0.075 0.000 0.011 0.000 0.000	0.033 0.000 0.022 0.044 0.022 0.000 0.000 0.122 0.000 0.000 0.000

^{*}missing data

TABLE XIII

AVERAGE DAILY PATIENT LOAD AND NURSING STAFF,
STILLWATER MEDICAL CENTER, UNIT 4,
SUNDAY-SATURDAY, 1982 AND 1983

Year	Day	Patients	Nurses Forecast	Actual Nurses	RN's	LPN's
1982	Sunday	1.372	*	0.083	0.026	0.058
	Monday	1.827	*	0.128	0.059	0.069
	Tuesday	4.500	*	0.449	0.212	0.237
	Wednesday	5.725	*	0.592	0.282	0.310
	Thursday	4.561	*	0.439	0.183	0.256
	Friday	3.094	*	0.236	0.148	0.087
	Saturday	1.724	*	0.096	0.051	0.045
1983	Sunday	0.000	2.318	0.000	0.000	0.000
	Monday	0.000	2.659	0.000	0.000	0.000
	Tuesday	0.481	2.738	0.084	0.036	0.048
	Wednesday	0.551	3.064	0.083	0.038	0.045
	Thursday	0.235	3.153	0.059	0.017	0.045
	Friday	0.057	2.782	0.015	0.015	0.000
	Saturday	0.000	2.792	0.000	0.000	0.000

^{*}missing data

steadily through Sundays. In 1983 this trend is still apparent for average patient loads and average actual nurses but there is no activity at all on Saturdays, Sundays or Mondays. Here again the average forecast of nurses needed is extremely high for every day.

As far as shifts are concerned (see Table XIV) for both 1982 and 1983 the average patient loads show a high on shift one and a low on shift two. The average number of nurses actually on duty declined from shift one through shift three in 1982 but essentially stayed the same for all three shifts in 1983. Also we again notice a radical drop in activity during 1983 and a large forecast for nursing needs in 1983 on all shifts.

Unit 5

On unit five (broken bones) during 1982 the average patient load was highest for the first five months of the year (see Table XV). Then the patient load dropped off during June, July and August. December then saw the average patient load drop to its lowest point. The average number of nurses on duty in 1982 for unit five also experienced a drop during the summer months but its highest point was reached at the end of the year.

In 1983 the average patient load on unit five varied much more over the different months without many clear trends. However in December the average patient load dropped considerably and every months average except August

TABLE XIV

AVERAGE DAILY PATIENT LOAD AND NURSING STAFF,

STILLWATER MEDICAL CENTER, UNIT 4,

SHIFTS 1-3, 1982 AND 1983

Year	Shift	Patients	Nurses Forecast	Actual Nurses	RN's	LPN's
1982	1 2	3.714 3.174	*	0.345	0.162 0.128	0.184
	3 .	3.428	*	0.224	0.121	0.103
1983	1 2	0.229	3.279 2.831	0.038 0.032	0.015	0.023
	3	0.190	2.261	0.033	0.015	0.018

^{*}missing data

TABLE XV

AVERAGE DAILY PATIENT LOAD AND NURSING STAFF,
STILLWATER MEDICAL CENTER, UNIT 5,
JANUARY-DECEMBER, 1982 AND 1983

Year	Month	Patients	Nurses Forecast	Actual Nurses	RN's	LPN's
1982	January February March April May June July August September October November December	31.011 33.083 33.011 30.149 28.183 25.556 25.247 23.441 30.311 27.622 28.034 23.267	* * * * * * * * * * * * *	3.835 3.818 3.581 3.368 3.585 3.468 3.476 3.178 3.934 3.771 4.120 3.585	2.020 1.812 2.065 2.023 1.860 1.844 1.903 1.722 2.067 1.904 2.000 1.839	1.815 2.006 1.516 1.345 1.725 1.623 1.573 1.457 1.868 1.867 2.120 1.746
1983	January February March April May June July August September October November December	27.278 27.619 28.849 26.433 23.194 23.944 25.204 28.355 28.511 26.204 26.207 19.856	5.118 5.836 6.209 * 4.094 3.314 4.212 3.487 3.730 5.986 4.958 5.312	3.830 3.936 3.952 3.597 3.414 3.216 3.663 4.150 3.822 3.739 3.172	1.978 2.054 2.075 2.027 1.817 1.786 1.614 1.947 1.924 1.876 1.921 1.744	1.852 1.882 1.876 1.570 1.597 1.629 1.602 1.716 2.226 1.945 1.818 1.428

^{*}missing data

was down from 1982. On the ohter hand the average number of nurses actually on duty is higher for 1983 on many months and does not appear to have changed much. The average forecast of nurses needed is higher than the actual nurses for all months except June, August, and September.

Analyzing unit five by day of the week shows definite trends and differences (see Table XVI). For both years the average patient load shows the same trend. Sundays on the average experience the lowest number of patients. Then the average rises every day of the week until Thursdays when on the average the highest patient load is experienced. After which the average decreases every day through Sundays. The average number of nurses actually on duty also exhibits a similar trend, except that the highs are reached on Wednesdays and the lows are on Saturdays. The average forecast of nurses needed shows the same trend with a high on Wednesday and a low on Sunday. It should be noted that the average forecast of nurses needed is higher than the actual for every day of the week.

Averages for each shift for unit five are shown in Table XVII. Average patient loads for both years show a high on shift one and a low on shift two. The average number of nurses actually on duty declined from shift one through shift three for both years. The average forecast of nurses needed however had a high on shift two and a low on shift three. Here again 1983 activity is consistantly down from 1982 and the forecast for nurses exceeds the actual.

TABLE XVI

AVERAGE DAILY PATIENT LOAD AND NURSING STAFF,
STILLWATER MEDICAL CENTER, UNIT 5,
SUNDAY-SATURDAY, 1982 AND 1983

Year	Day	Patients	Nurses Forecast	Actual Nurses	RN's	LPN's
1982	Sunday Monday Tuesday Wednesday Thursday Friday Saturday	23.987 27.007 30.333 30.615 30.797 29.138 25.686	* * * * * * * *	2.942 3.851 4.051 4.224 3.820 3.678 2.929	1.553 2.007 2.100 2.201 2.123 1.922 1.546	1.389 1.844 1.951 2.023 1.697 1.756 1.383
1983	Sunday Monday Tuesday Wednesday Thursday Friday Saturday	20.808 24.373 28.038 28.808 29.320 27.564 22.918	4.454 4.611 4.779 5.089 4.911 4.771 4.617	2.974 3.873 3.978 4.175 3.974 3.704 2.945	1.635 2.034 2.088 2.099 1.912 2.004 1.509	1.338 1.839 1.890 2.076 2.062 1.699 1.435

^{*}missing data

TABLE XVII

AVERAGE DAILY PATIENT LOAD AND NURSING STAFF,
STILLWATER MEDICAL CENTER, UNIT 5,
SHIFTS 1-3, 1982 AND 1983

Year	Shift	Patients	Nurses Forecast	Actual Nurses	RN's	LPN's
1982	1	28.809	*	4.376	2.066	2.311
1902	2	27.332	*	3.702	2.142	1.561
	3	28.490	*	2.846	1.557	1.289
1983	1	26.569	5.212	4.354	2.064	2.290
_	2	25.066	5.271	3.670	1.881	1.789
	3	26.265	3.759	2.945	1.742	1.203

^{*} missing data

Units 10 - 15

Units 10 - 15 are the Labor and Delivery, Nursery, Intensive Care, Psychiatric, E.R., and Birthing units respectively. Tables analyzing these units in the same way that units two to five were analyzed are shown in Tables XVIII to XXXV for comparison.

Regression Analysis

As a part of the new scheduling method used by Stillwater Medical Center it has been determined that an audit can be made to determine nursing requirements for the first shift (7 a.m. to 3 p.m.) each day and from these requirements the nursing staff needed for the second and third shift (3 to 11 p.m. and 11 p.m. to 7 a.m. respectfully) can be approximated. The general rule is that the second shift will require 88% of the nursing staff the first shift required and the third shift only 58%. This study has analyzed the data in order to determine if the actual nursing staff requirements have been consistent with this rule.

In order to study this situation models were built using regression techniques. Only data from 1983 was used because the new forecasting program did not originate until that year. Tables XXXVI to XXXVII show the actual models and reveal several interesting things. Table XXXVI shows two equations that model the actual nursing staff levels experienced. They model shift two and three as a function

TABLE XVIII

AVERAGE DAILY PATIENT LOAD AND NURSING STAFF,
STILLWATER MEDICAL CENTER, UNIT 10,
JANUARY-DECEMBER, 1982 AND 1983

Year	Month	Patients	Nurses Forecast	Actual Nurses	RN's	LPN's
1982	January February March April May June July August September October November December	1.290 1.750 1.602 1.471 1.108 1.400 1.237 1.172 1.089 1.367 1.471 1.089	* * * * * * * * * * * * * * * * * * *	1.312 1.381 1.330 1.394 1.230 1.296 1.278 1.151 1.556 1.562 1.562	1.312 1.381 1.330 1.337 1.230 1.296 1.278 1.151 1.511 1.465 1.529 1.516	0.000 0.000 0.000 0.057 0.000 0.000 0.000 0.044 0.043 0.033 0.043
1983	January February March April May June July August September October November December	1.278 0.964 1.538 0.933 1.183 1.244 0.968 0.892 1.133 1.022 1.529 1.289	* * * * * * * * * * * * * * * * * * *	1.597 1.586 1.452 1.457 1.435 1.494 1.460 1.396 1.403 1.329 1.398 1.383	1.597 1.550 1.441 1.457 1.435 1.494 1.460 1.396 1.403 1.329 1.383	0.000 0.036 0.011 0.000 0.000 0.000 0.000 0.000 0.000

^{*}missing data

TABLE XIX

AVERAGE DAILY PATIENT LOAD AND NURSING STAFF,

STILLWATER MEDICAL CENTER, UNIT 10,

SUNDAY-SATURDAY, 1982 AND 1983

Year	Day	Patients	Nurses Forecast	Actual Nurses	RN's	LPN's
1982	Sunday	1.013	*	1.117	1.092	0.026
. ,	Monday	1.476	*	1.444	1.412	0.033
	Tuesday	1.233	*	1.619	1.606	0.013
	Wednesday		*	1.534	1.502	0.032
	Thursday	1.765	*	1.578	1.571	0.006
	Friday	1.346	*	1.270	1.270	0.000
	Saturday	1.135	*	1.092	1.073	0.019
1983	Sunday	0.929	*	1.147	1.147	0.000
	Monday	1.307	*	1.388	1.381	0.007
	Tuesday	1.205	*	1.724	1.704	0.019
	Wednesday	1.295	*	1.700	1.700	0.000
	Thursday	1.222	*	1.614	1.614	0.000
	Friday	1.167	*	1.376	1.376	0.000
	Saturday	1.031	*	1.194	1.194	0.000

^{*}missing data

TABLE XX

AVERAGE DAILY PATIENT LOAD AND NURSING STAFF,
STILLWATER MEDICAL CENTER, UNIT 10,
SHIFTS 1-3, 1982 AND 1983

Year	Shift	Patients	Nurses Forecast	Actual Nurses	RN's	LPN's
1982	1	1.499	*	1.765	1.740	0.025
	2	1.503	*	1.221	1.216	0.005
	3	0.997	*	1.150	1.125	0.025
1983	1	1.124		1.910	1.910	0.006
	2	1.423	*	1.269	1.269	0.000
	3	0.945	*	1.166	1.160	0.006

^{*}missing data

TABLE XXI

AVERAGE DAILY PATIENT LOAD AND NURSING STAFF,
STILLWATER MEDICAL CENTER, UNIT 11,
JANUARY-DECEMBER, 1982 AND 1983

Year	Month	Patients	Nurses Forecast	Actual Nurses	RN's	LPN's
1982	January February March April May June July August September October November December	8.430 10.548 9.344 8.179 9.376 8.144 6.925 8.892 9.322 8.811 8.253 9.067	* * * * * * * * * * * * * *	1.055 1.071 1.065 1.069 1.097 1.111 1.103 1.017 1.171 1.023 1.082 1.004	0.539 0.646 0.720 0.793 0.613 0.422 0.510 0.505 0.493 0.419 0.444 0.455	0.516 0.425 0.344 0.276 0.484 0.689 0.594 0.678 0.638 0.638
1983	January February March April May June July August September October November December	8.111 6.667 7.753 6.667 9.097 5.856 7.548 6.785 8.689 7.862 8.885 7.989	* * * * * * * * * * * * * * * * * * *	1.122 1.045 1.011 1.062 1.065 1.056 1.038 1.000 1.054 1.011 1.092 1.066	0.511 0.438 0.441 0.407 0.473 0.389 0.403 0.559 0.533 0.505 0.563	0.611 0.607 0.570 0.656 0.591 0.667 0.634 0.441 0.521 0.505 0.510

^{*}missing data

TABLE XXII

AVERAGE DAILY PATIENT LOAD AND NURSING STAFF,
STILLWATER MEDICAL CENTER, UNIT 11,
SUNDAY-SATURDAY, 1982 AND 1983

Year	Day	Patients	Nurses Forecast	Actual Nurses	RN's	LPN's
1982	Sunday	8.372	*	1.026	0.528	0.499
	Monday	8.320	*	1.093	0.535	0.558
	Tuesday	8.605	*	0.994	0.560	0.433
	Wednesday	8.705	*	1.203	0.551	0.651
	Thursday	9.039	*	1.079	0.656	0.423
	Friday	9.553	*	1.060	0.475	0.586
	Saturday	8.744	*	1.049	0.513	0.537
1983	Sunday	6.949	*	1.006	0.478	0.529
	Monday	7.473	*	1.041	0.454	0.587
	Tuesday	7.859	*	1.057	0.493	0.564
	Wednesday	7.737	*	1.126	0.579	0.547
	Thursday	8.059	*	1.065	0.516	0.549
	Friday	8.089	*	1.045	0.434	0.611
	Saturday	7.484	*	1.019	0.418	0.601

^{*}missing data

TABLE XXIII

AVERAGE DAILY PATIENT LOAD AND NURSING STAFF,
STILLWATER MEDICAL CENTER, UNIT 11,
SHIFTS 1-3, 1982 AND 1983

Year	Shift	Patients	Nurses Forecast	Actual Nurses	RN's	LPN's
1982	1	9.392	*	1.106	0.622	0.484
	2	8.200	*	1.015	0.561	0.454
	3	8.708	*	1.095	0.453	0.642
1983	1	8.227	*	1.062	0.656	0.406
	2	7.179	*	1.025	0.545	0.480
	3	7.588	*	1.067	0.243	0.823

^{*}missing data

TABLE XXIV

AVERAGE DAILY PATIENT LOAD AND NURSING STAFF,
STILLWATER MEDICAL CENTER, UNIT 12,
JANUARY-DECEMBER, 1982 AND 1983

Year	Month	Patients	Nurses Forecast	Actual Nurses	RN's	LPN's
1982	January	2.742	*	1.463	1.463	0.000
100-100-100-100-100-100-100-100-100-100	February	3.136	*	1.351	1.351	0.000
	March	2.860	*	1.396	1.396	0.000
	April	2.869	*	1.218	1.218	0.000
	May	2.301	*	1.196	1.196	0.000
	June	2.311	*	1.156	1.156	0.000
	July	2.108	*	1.152	1.152	0.000
	August	2.839	*	1.071	1.071	0.000
	September	1.656	*	1.139	1.139	0.000
	October	2.222	*	1.383	1.383	0.000
	November	3.000	*	1.405	1.405	0.000
(2)	December	2.900	*	1.582	1.582	0.000
1983	January	2.389	*	1.611	1.533	0.078
	February	2.024	*	1.710	1.473	0.237
	March	2.817	· *	1.799	1.584	0.215
	April	2.800	*	1.633	1.486	0.148
	May	1.720	*	1.513	1.374	0.139
	June	1.878	*	1.477	1.388	0.089
	July	2.118	*	1.409	1.366	0.043
	August	3.258	*	1.474	1.340	0.134
	September	1.822	*	1.341	1.191	0.150
	October	2.272	*	1.524	1.441	0.083
	November	2.310	*	1.424	1.261	0.163
	December	1.844	*	1.311	1.122	0.189

^{*}missing data

TABLE XXV

AVERAGE DAILY PATIENT LOAD AND NURSING STAFF,
STILLWATER MEDICAL CENTER, UNIT 12,
SUNDAY-SATURDAY, 1982 AND 1983

Year	Day	Patients	Nurses Forecast	Actual Nurses	RN's	LPN's
1982	Sunday	2.256	*	1.138	1.138	0.000
	Monday	2.427	*	1.376	1.376	0.000
	Tuesday	2.789	*	1.380	1.380	0.000
	Wednesday	2.827	*	1.477	1.477	0.000
	Thursday	2.662	*	1.327	1.327	0.000
	Friday	2.585	*	1.274	1.274	0.000
	Saturday	2.462	*-	1.081	1.081	0.000
1983	Sunday	2.263	*	1.218	1.088	0.129
111 20000	Monday	2.180	*	1.661	1.481	0.180
	Tuesday	2.301	*	1.684	1.501	0.183
	Wednesday	2.442	*	1.723	1.595	0.128
	Thursday	2.137	*	1.612	1.459	0.153
	Friday	2.329	*	1.563	1.441	0.122
	Saturday	2.264	*	1.182	1.107	0.075

^{*}missing data

TABLE XXVI

AVERAGE DAILY PATIENT LOAD AND NURSING STAFF,
STILLWATER MEDICAL CENTER, UNIT 12,
SHIFTS 1-3, 1982 AND 1983

Year	Shift	Patients	Nurses Forecast	Actual Nurses	RN's	LPN's
1982	1	2.691	*	1.529	1.529	0.000
	2	2.462	*	1.205		0.000
	3	2.561	*	1.145	1.145	0.000
1983	1	2.403	*	1.629	1.575	0.053
. , 0 5	2	2.141	*	1.619	1.516	0.102
	3	2.279	*	1.308	1.049	0.259

^{*}missing data

TABLE XXVII

AVERAGE DAILY PATIENT LOAD AND NURSING STAFF,
STILLWATER MEDICAL CENTER, UNIT 13,
JANUARY-DECEMBER, 1982 AND 1983

Year	Month	Patients	Nurses Forecast	Actual Nurses	RN's	LPN's
1982	January	9.269	*	1.249	0.706	0.543
. ,	February	11.952	*	1.151	1.151	0.000
	March	7.161	*	1.196	0.680	0.516
	April	7.405	*	1.154	0.752	0.402
	May	6.984	*	1.115	0.744	0.371
	June	6.478	*	1.186	0.806	0.380
	July	11.312	*	1.186	0.825	0.361
	August	6.312	*	1.166	0.854	0.312
	September	6.167	*	1.222	0.767	0.456
	October	10.744	*	1.298	0.785	0.513
	November	8.894	*	1.159	0.795	0.364
	December	5.022	*	1.238	0.958	0.280
1983	January	8.411	*	1.111	0.789	0.322
	February	10.190	*	1.190	0.810	0.381
	March	9.742	· *	1.277	0.874	0.403
	April	6.056	*	1.169	0.736	0.433
	May	7.570	*	1.054	0.677	0.376
	June	5.978	*	1.064	0.764	0.300
	July	3.763	*	1.083	0.788	0.295
	August	5.516	*	1.290	0.882	0.409
	September	7.811	*	1.300	0.889	0.411
	October	4.731	*	1.204	0.785	0.419
	November	7.471	*	1.278	0.883	0.395
	December	4.467	*	1.170	0.714	0.456

^{*}missing data

TABLE XXVIII

AVERAGE DAILY PATIENT LOAD AND NURSING STAFF,
STILLWATER MEDICAL CENTER, UNIT 13,
SUNDAY-SATURDAY, 1982 AND 1983

Year	Day	Patients	Nurses Forecast	Actual Nurses	RN's	LPN's
	1 327 (8)			101 121200		
1982	Sunday	8.269	* .	1.059	0.655	0.404
	Monday	8.112	*	1.156	0.669	0.487
	Tuesday	8.054	*	1.258	0.828	0.429
	Wednesday	8.006	*	1.333	0.949	0.385
	Thursday	8.003	*	1.277	0.884	0.394
	Friday	7.981	*	1.288	0.805	0.483
	Saturday	7.935	*	1.040	0.654	0.386
1983	Sunday	6.878	*	1.004	0.643	0.362
	Monday	6.740	*	1.170	0.723	0.447
	Tuesday	6.846	*	1.267	0.876	0.391
	Wednesday		*	1.332	0.957	0.375
	Thursday	6.882	· *	1.259	0.864	0.395
	Friday	6.603	*	1.181	0.848	0.333
	Saturday	6.635	* .	1.066	0.682	0.384

^{*}missing data

TABLE XXIX

AVERAGE DAILY PATIENT LOAD AND NURSING STAFF,
STILLWATER MEDICAL CENTER, UNIT 13,
SHIFTS 1-3, 1982 AND 1983

Year	Shift	Patients	Nurses Forecast	Actual Nurses	RN's	LPN's
1982	1 2 3	8.132 7.911 8.112	* * *	1.544 1.046 1.014	1.326 0.235 0.773	0.218 0.812 0.241
1983	1 2 3	6.878 6.663 6.801	* * *	1.395 1.096 1.056	1.231 0.243 0.923	0.164 0.853 0.133

^{*}missing data

TABLE XXX

AVERAGE DAILY PATIENT LOAD AND NURSING STAFF,
STILLWATER MEDICAL CENTER, UNIT 14,
JANUARY-DECEMBER, 1982 AND 1983

Year	Month	Patients	Nurses Forecast	Actual Nurses	RN's	LPN's
1982	January February March April May June July August September October November December	12.333 11.952 12.742 13.369 12.269 12.822 14.000 12.613 13.144 12.033 11.989 10.774	* * * * * * * * * * * * * * * * * * * *	1.203 1.151 1.126 1.071 1.151 1.193 1.226 1.205 1.170 1.160 1.084 1.127	1.182 1.151 1.126 1.071 1.108 1.193 1.226 1.205 1.148 1.149 1.084 1.127	0.022 0.000 0.000 0.043 0.000 0.000 0.000 0.022 0.011 0.000 0.000
1983	January February March April May June July August September October November December	10.878 11.881 10.763 12.067 11.264 12.578 13.957 12.344 12.722 13.141 12.379 10.200	* * * * * * * * * * * * * * * * * * *	1.233 1.262 1.187 1.288 1.355 1.539 1.376 1.339 1.412 1.315 1.470 1.654	1.233 1.262 1.187 1.288 1.355 1.539 1.376 1.339 1.142 1.315 1.470 1.654	0.000 0.000 0.000 0.000 0.000 0.000 0.000 0.000 0.000

^{*}missing data

TABLE XXXI

AVERAGE DAILY PATIENT LOAD AND NURSING STAFF,
STILLWATER MEDICAL CENTER, UNIT 14,
SUNDAY-SATURDAY, 1982 AND 1983

Year	Day	Patients	Nurses Forecast	Actual Nurses	RN's	LPN's
1982	Sunday	14.000	*	1.038	1.038	0.000
	Monday	11.240	*	1.199	1.160	0.039
	Tuesday	11.531	*	1.161	1.154	0.006
	Wednesday		*	1.235	1.235	0.000
	Thursday	11.719	*	1.196	1.183	0.013
	Friday	12.503	*	1.179	1.179	0.000
	Saturday	15.154	*	1.083	1.083	0.000
1983	Sunday	12.821	*	1.180	1.180	0.000
* # 60 LTD	Monday	11.940	*	1.319	1.319	0.000
	Tuesday	10.987	*	1.506	1.501	0.005
	Wednesday	11.147	· *	1.562	1.562	0.000
	Thursday	10.863	*	1.474	1.467	0.007
	Friday	12.652	*	1.365	1.365	0.000
	Saturday	13.868	*	1.181.	1.181	0.000

^{*}missing data

TABLE XXXII

AVERAGE DAILY PATIENT LOAD AND NURSING STAFF,
STILLWATER MEDICAL CENTER, UNIT 14,
SHIFTS 1-3, 1982 AND 1983

Year	Shift	Patients	Nurses Forecast	Actual Nurses	RN's	LPN's
1982	1	12.562	*	1.351	1.343	0.008
	2	18.252	*	1.093	1.084	0.008
	3	6.707	· *	1.025	1.016	0.008
1983	1	12.414	*	1.433	1.428	0.005
,,,,	2	17.329	*	1.641	1.641	0.000
	3	6.385	*	1.031	1.031	0.000

^{*}missing data

TABLE XXXIII

AVERAGE DAILY PATIENT LOAD AND NURSING STAFF,
STILLWATER MEDICAL CENTER, UNIT 15,
JANUARY-DECEMBER, 1982 AND 1983

Year	Month	Patients	Nurses Forecast	Actual Nurses	RN's	LPN's
1982	January	*	*	*	*	*
. ,	February	*	*	*	*	*
	March	*	*	*	*	*
	April	*	*	*	*	*
	May	*	*	*	*	*
	June	*	*	*	*	*
	July	*	*	*	*	*
	August	*	*	*	*	*
	September	*	*	*	*	*
	October	*	*	*	*	*
	November	*	*	*	*	*
	December	*	*	*	*	*
1983	January	*	*	*	*	*
	February	*	. *	*	*	*
	March	*	*	*	*	*
	April	0.137	*	0.137	0.137	0.000
	May	0.211	*	0.211	0.211	0.000
	June	0.033	*	0.033	0.033	0.000
	July	0.086	*	0.086	0.086	0.000
	August	0.183	*	0.183	0.183	0.000
	September	0.133	*	0.133	0.133	0.000
	October	0.204	*	0.204	0.204	0.000
	November	0.080	×	0.080	0.080	0.000
	December	0.100	*	0.100	0.100	0.000

^{*}missing data

TABLE XXXIV

AVERAGE DAILY PATIENT LOAD AND NURSING STAFF,
STILLWATER MEDICAL CENTER, UNIT 15,
SUNDAY-SATURDAY, 1982 AND 1983

Year	Day	Patients	Nurses Forecast	Actual Nurses	RN's	LPN's
1982	Sunday	*	*	*	*	*
40 MAGAMA	Monday	*	*	*	*	*
	Tuesday	*	*	*	*	*
	Wednesday	, X	*	*	*	*
	Thursday	*	*	*	*	*
	Friday	*	*	*	*	*
	Saturday	*	*	*	*	*
1983	Sunday	0.144	*	0.144	0.144	0.000
	Monday	0.102	*	1.102	1.102	0.000
	Tuesday	0.135	*	1.135	0.135	0.000
	Wednesday	0.171	*	0.171	0.171	0.000
	Thursday	0.099	*	0.099	0.099	0.000
	Friday	0.126	*	0.126	0.126	0.000
	Saturday	0.132	*	0.132	0.132	0.000

^{*}missing data

TABLE XXXV

AVERAGE DAILY PATIENT LOAD AND NURSING STAFF, STILLWATER MEDICAL CENTER, UNIT 15, SHIFTS 1-3, 1982 AND 1983

nift Pa	atients 	Nurses Forecast	Actual Nurses	RN's	LPN's
1	¥				
	*	*	*	*	*
2	*	*	*	*	*
3	*	. *	*	*	*
1	0.185	*	0.185	0.185	0.000
2	0.147	*		0.147	0.000
3	0.058	*	0.058	0.058	0.000
	1 2 3	2 0.147	2 0.147 *	2 0.147 * 0.174	2 0.147 * 0.174 0.147

^{*}missing data

TABLE XXXVI

REGRESSION MODELS OF NURSING STAFF, STILLWATER MEDICAL CENTER, SHIFT 1 VS. SHIFTS 2 AND 3, 1983

Shift	ift m Constant		_R 2
2	0.774@	0.826	
3	0.5830	0.218@	0.767
Note:	Number of Nurses = m Needed	Number of x Nurses on - Shift 1	+ Constant
^			

[©]Significant at the 0.0001 level.

TABLE XXXVII

REGRESSION MODELS OF NURSING STAFF,
STILLWATER MEDICAL CENTER, 1983,
SHIFT 1 VS. SHIFTS 2 AND 3,
SUNDAY-SATURDAY

Day	Shift	m	Constant	R ²
Sunday	2 3	0.819 ⁰ 0.697 ⁰	0.210 [@] 0.184 [@]	0.837
Monday	2	0.742 ⁰ 0.621 ⁰	0.227 [@]	0.807
Tuesday	2	0.818 ⁰ 0.620 ⁰	0.186 [@] 0.175 [@]	0.827 0.783
Wednesday	2	0.741 [@] 0.535 [@]	0.149 0.172 [@]	0.831 0.757
Thursday	2 3	0.802 ⁰ 0.588 ⁰	0.134 0.156 [@]	0.826 0.784
Friday	2	0.781 ⁰ 0.513 ⁰	0.190 [@] 0.224 [@]	0.826 0.802
Saturday	2	0.777 [@] 0.637 [@]	0.251 [@] 0.221 [@]	0.837

Note: Number of Number of Nurses = $m \times Nurses = m \times Nur$

 $^{^{}m @}$ Significant at the 0.0001 level.

of shift one. It is interesting to note that had the forecast rule been exactly right the constants for both shifts would have been zero and m would have been 0.880 and 0.58 for shifts two and three respectively. From the models we see that this is not what happened. Shift two requirements were actually 77.4% of shift one requirements plus 0.207 nurses and shift three was 58.4% plus 0.218. Table XXXVII shows similar models except that instead of modeling the whole year each day of the week was modeled. These models gave similar results to the overall model developed using the entire years data.

The models developed for each unit however gave radically different results (see Table XXXVIII). The values for m were much lower in all cases. Units two to five had the largest values for m and they were low (0.203 - 0.491). Units 10 - 15 show very little relationship between actual shift one nursing staff and shifts two and three nursing staffs, as seen by the small values of m.

Beyond just determining the monthly averages for patient loads and actual nurses on duty the study analyzed the relationship between the number of nurses on duty and the patient load, taking into account seasonal differences. To do this regression models were developed from both years data and are shown in Table XXXIX. All of the models have the same general form:

Number of Number of Nurses Needed = Constant + A \times Patients + B \times Q1 (Actual or Forecast) + C \times Q2 + D \times Q3.

TABLE XXXVIII

REGRESSION MODELS OF NURSING STAFF,
STILLWATER MEDICAL CENTER, UNITS
2-15; SHIFT 1 VS. SHIFTS
2 AND 3, 1983

Unit	Shift	m	Constant	R2
		- 8	A	
2	2	0.363 [@] 0.285 [@]	1.299 [@] 0.716 [@]	0.174
3	2	0.356 [@] 0.329 [@]	2.703 [@] 1.770 [@]	0.146 0.136
4	2	0.491	0.014	0.284
5	3	0.472 [@] 0.437 [@]	0.015 1.767 [@]	0.282
10	3 2	0.203 [@] 0.198 [@]	2.062 ^e 0.890 ^e	0.091
11	3	0.033 0.036	1.102 [@] 0.987 [@]	0.004
	3	-0.024	1.092	0.001
12	3	0.261 [@] 0.129	1.194@	0.080
13	2	0.025 0.112	1.061 ⁰ 0.900 ⁰	0.002
14	2	0.251 [@] 0.026	1.282@ 0.994@	0.049
15	2 32 32 32 32 32 32 32 32 32 32 32 32 32	0.280@	0.095	0.006
	3	0.006	0.057	0.000

Note: Number of Number of Nurses = $m \times Nurses = m \times Nur$

 $^{^{}m @}$ Significant at the 0.0001 level.

TABLE XXXIX

REGRESSION MODELS OF NURSING STAFF VS. PATIENT LOADS ACCOUNTING FOR SEASONALITY, STILLWATER MEDICAL CENTER, UNITS 2-15 1982 AND 1983

Unit	Constant	Α	В	С	D	_R 2
2-15	0.685@	0.105@	-1.142@	-0.1210	-0.146@	0.700
2 3 4 5 10 11 12 13 14 15	1.149@ 2.214@ 0.039 1.859@ 1.409@ 0.949@ 1.309@ 1.134@ 1.181@ 0.000	0.063@ 0.078@ 0.126@ 0.074@ 0.036 0.012@ 0.053@ 0.013 0.010@ 1.000	-0.216@ -0.262@ 0.001 -0.254@ -0.019 0.008 0.107 -0.044 -0.109 0.000	-0.161@ -0.385@ 0.004 -0.312@ -0.069 0.036 -0.057 -0.095 -0.035 0.000	-0.178@ -0.288@ -0.015 -0.233@ -0.075 0.015 -0.166@ -0.017 0.028 0.000	0.157 0.093 0.760 0.161 0.009 0.019 0.051 0.013 0.026

Note: Number of Number of Nurses = Constant + A x Patients + B x Q1 + C x Q2 + D x Q3

 $^{^{}m @}$ Significant at the 0.0001 level.

Each of the Q variables is a dummy variable designed to take into account the seasonal differences. For example Q1 is always zero except for the first quarter of the year (January to March), during which it is one. Q2 and Q3 act the same and are only taken into account during the second and third quarters of the year respectively. The fourth quarter is taken into account as part of the constant as only three quarters in the model can have variables at any one time.

An applied example of the model may help to clarify its use. If we wanted to determine the number of nurses needed on unit 10 during September for any day on any shift the model would look like this:

Number of Nurses = $1.409 + 0.036 \times Patients + (-0.075) \times 1$ Needed

Note that the constant term equals 1.409, A equals 0.036, Q1 and Q2 equal zero, D equals -0.075, and Q3 equals 1.0. Q1 and Q2 are zero because September is in the third quarter of the year (hence Q3 equals 1). All that would be needed now is the number of patients on unit 10 at the time in September and the number of nurses needed could be determined.

Going back to Table XXXIX now the results can be examined. Overall for both years we can see that for all units (2 - 15) the first three quarters have a negative effect on the actual number of nurses needed. The same is true of units two, three, five, 10 and 13. Although these

findings may show a slight negative trend the magnitude of each seasonal correction is only slight, with -0.385 being the largest. Therefore the seasonal differences are almost negligable.

The same type of analysis was then done to find the relationship between the forecast of nurses needed and the patient load. Table XXXX contains the results of this analysis (note that only units two through five forecast nursing needs). Combining the units that forecast nursing needs we see that in the first quarter of the year the forecast calls for 0.937 more nurses to be used on the average while in the third quarter 0.472 less nurses will be forecast.

Looking at each unit by itself revealed serveral differences. For units two and three the first quarter showed seasonal differences but in the opposite direction. Unit two shows a decrease of almost one in the forecast of nurses in the first quarter while unit three shows an increase of over one for the first quarter. Unit four showed a large increase in the forecast during the first and second quarters as indicated by the values of B and C. The fifth unit showed decreases in the second and third quarters of about 1.7 in the forecasts.

TABLE XXXX

REGRESSION MODELS OF FORECAST NURSING STAFF VS.
PATIENT LOADS ACCOUNTING FOR SEASONALITY,
STILLWATER MEDICAL CENTER,
UNITS 2-5, 1982 AND 1983

Unit	Constant	А	В	С	D	R.2
2-5	2.779 [@]	0.037@	0.9370	-0.041	-0.4720	0.071
2 3 4 5	0.518 1.942 1.646@ 4.915@	0.216 ⁰ 0.027 0.008 0.024	-0.960 [@] 1.325 [@] 2.907 [@] 0.145	-0.397 0.378 1.677@ -1.782@	-0.370° 0.011 0.208 -1.774@	0.231 0.036 0.305 0.102

Note: Forecast Number of of Nurses = Constant + A \times Patients + B \times Q1 Needed + C \times Q2 + D \times Q3

 $^{^{}m @}$ Significant at the 0.0001 level.

CHAPTER VI

CONCLUSIONS AND RECOMMENDATIONS

It is apparent that the Stillwater Medical Center has experienced a decline in its patient load during 1983 when compared to 1982. While it seems that this drop in patient load would also cause some decline in nurising staff needs on the average, this did not occur. Instead nursing staff activity remained virtually unchanged.

In general, a low in the average patient load and nursing staff activity occurred on Sundays for both years while the high was on Wednesdays. Also the method in which the forecast of nursing needs is obtained or the way in which the results are applied needs to be reevaluated. As there was considerable differences between the forecast of nursing needs and the actual staffing level.

The recommendation of this study is that data should continue to be collected by the Stillwater Medical Center so that trends and differences can be more thoroughly examined. This study will serve as a bench mark for continued research from which the hospital can gain valuable information about its operations and the changing environment it finds itself in.

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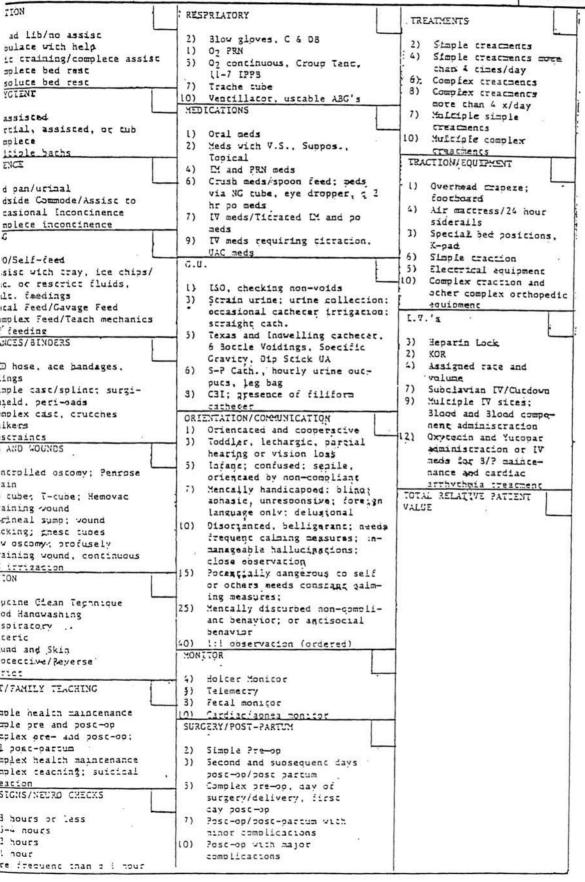
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APPENDIX

					П	_	_		П	-				11	1	1
DATE: 12-22-8 MIDNIGHT CENSUS: 67+8		Total Man	Patients.	Man Hours per Patient		Total Man Hours	Total Patients	Man Hours per Patient		- 1	Total Man Hours	Total .	Man Hours per Patient	Grand Total Man Hours	Average Census	Man Hours per Patient
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THIRD FLOOR	7-3				3-11		_		-	-7						
RM LPN	4.				3	+				3						•
UNIT SEC		698 11.		×	1	İ					-					
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AIDE/ORDERLY	\vdash					_										
TOTAL	H	-	=-		=	-	-	_	-	=	-	=	-=		-	
PT PTH PLOOR	7-3				3-11				—	-7						
RM LPN-	3	.			2	+			-	2)						
UNIT SEC.					11											
AI DE ORDERLY	3	.,	20	3.2	3	=/	. 0	2.1		-	1-1	-	10	152	19.3	9.3
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Table for Calculating Number of Staff Personnel Needed Based Upon Patient Classification

(Excluding Ward Clerk)

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	11	 1.2	2.8	3.7	11.0
at.	12	 1.3	3.0	4.0	12.0
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VITA

Jay Thomas Zoller

Candidate for the Degree of

Master of Business Administration

Thesis: A DESCRIPTIVE LOOK AT STAFFING AND PATIENT LOADS AT

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