

The STLR Snapshot Interactive Dashboard is an online tool where students view their UCO STLR credits and organize them into STLR Snapshot printouts (like the sample below and following pages). The STLR Snapshot is like a second transcript that both helps students to reflect on their experiences and shows their in- and out-of-class growth in the five STLR-tracked tenet categories employers and graduate schools say they want applicants to have. Students can use different versions of their STLR Snapshot printouts to support what they put on their resumes or grad school applications. Below is an explanation key of the items that appear on those printout pages.

STLR Snapshot Printout

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7/6/2021

University of Central Oklahoma
100 North University Drive
Edmond, OK 73034

The purpose of this Student Transformative Learning Record Snapshot is to provide a visual representation of this student's achievement in the University of Central Oklahoma's (UCO) Tenets of Transformative Learning. This student's educational experience at UCO has resulted in achievements at the exposure, integration or transformation levels as indicated below. See the key on the final page of this document for short descriptions of what these levels of learning indicate with regard to student knowledge and experience. These experiences have been assessed and validated by trained faculty and professional staff members at the University.

Leadership

Transformation : 4
Integration : 8
Exposure : 15
Total : 27

- > Transformation 2021 Spring | 2 B Leaders
- > Transformation 2020 Fall | STLR Student Ambassadors
- > Transformation 2019 Summer | Transformative Learning Assessment by a Third Party
- > Transformation 2017 Summer | 2019 STEM Summer Bridge Program
- > Integration 2020 Spring | Orientation Leaders 2020
- > Integration 2019 Summer | Peer Health Leader Interns
- > Integration 2019 Fall | Foundations of Org Leadership | What is Leadership? Video
- > Exposure 2017 Fall | Visit the Capitol Work | Leadership

Global and Cultural Competencies

Transformation : 2
Integration : 10
Exposure : 13
Total : 25

- > Transformation 2019 Fall | Asian American Student Association
- > Transformation 2020 Spring | United States since 1945 | STLR Reflection Essay
- > Integration 2019 Fall | TED Women 2019
- > Integration 2019 Fall | Life Span Nutrition
- > Exposure 2018 Fall | 400: An Afrikan Epic | Global and Cultural Competencies
- > Exposure 2019 Fall | Care of Vulnerable Individuals | GC - Dropbox Life Review

Service Learning and Civic Engagement

Transformation : 2
Integration : 8
Exposure : 16
Total : 26

- > Transformation 2019 Spring | 2019 MCASE Safety Olympics
- > Transformation 2018 Spring | Civic Leadership Capstone | Capstone Project - STLR Tagged - 125 points
- > Integration 2019 Fall | Food Recovery Network
- > Integration 2019 Fall | Technology for Teachers
- > Integration 2019 Fall | American Association of University Women (AAUW)
- > Exposure 2018 Spring | NCUR Volunteer VH4 | Service Learning and Civic Engagement
- > Exposure 2017 Fall | Central Pantry Volu | Service Learning and Civic Engagement

Learn more about this student at <https://tinyurl.com/y683tnrh>

STLR tenet category

Number of STLR credits by level

Students can arrange and hide tenets and activities in different printout versions

Each triangle represents 1 STLR credit earned per level (up to 10 shown)

Names of STLR activities (up to 10 shown)

Link to student e-portfolio with richer detail

U N I V E R S I T Y O F C E N T R A L O K L A H O M A

Because College is About More Than a Degree.

stlr.uco.edu

405.974.5570

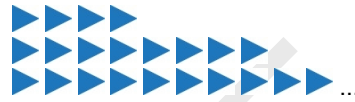
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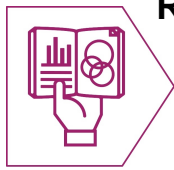
Service Learning and Civic Engagement



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Research, Creative and Scholarly Activities

Transformation : 1
Integration : 5
Exposure : 11
Total : 17



- > Transformation 2019 Summer | 2019 STEM Summer Bridge Program
- > Integration 2019 Spring | Psychology of Happiness
- > Integration 2019 Fall | Advanced Set Design | Final Essay - Personal Reflection
- > Integration 2019 Spring | A Study on Voice Disorder Knowledge in High Risk Majors
- > Exposure 2019 Spring | Linear Algebra | MatLab Assignment #3



Health and Wellness

Transformation : 0
Integration : 7
Exposure : 18
Total : 25



- > Integration 2019 Fall | Food Recovery Network
- > Integration 2019 Spring | Psychology of Happiness
- > Integration 2019 Spring | 2019 MCASE Safety Olympics
- > Integration 2019 Fall | Life Span Nutrition
- > Integration 2019 Summer | Peer Health Leader Interns
- > Exposure 2017 Fall | Career Coaching Apt19 | Health and Wellness
- > Exposure 2017 Fall | Healthy Life Skills | Transformative Wellness Commercial & Reflection
- > Exposure 2017 Fall | Central Pantry Volu | Health and Wellness

Student Transformative Learning Record



Global and Cultural Competencies

Transformation

Keen sense of cultural self and an identity as a global citizen has emerged.

Integration

Developing sense of cultural self; and relation to the global community.

Exposure

Beginning awareness of cultural self; openness to learning.



Health and Wellness

Transformation

A holistic view of health and wellness for self and community is articulated and practiced.

Integration

A developing holistic view; some application to self and community with some ability to evaluate own behavior.

Exposure

Beginning awareness and understanding of health and wellness; initial attempts at personal change.



Leadership

Transformation

Leadership knowledge and skills are applied effectively to community or campus issues.

Integration

Leadership is developing; knowledge and skills are applied at a basic to intermediate level.

Exposure

Leadership skills are being tried out with increasing understanding.



Research, Creative and Scholarly Activities

Transformation

The "why" and the "how" of research and creation are grasped and show in work.

Integration

Relevant inquiry about research and creative process & skills are developing.

Exposure

Skills in research and the creative process are developing; ideas are beginning to emerge.



Service Learning and Civic Engagement

Transformation

Deep engagement in the community, both through learning and helping.

Integration

Awareness of community issues and the importance of engagement.

Exposure

First experiences in volunteering and civic interest.

The Student Transformative Learning Record is an accurate reflection of the named student's transformative learning achievements at the University of Central Oklahoma. An ePortfolio is utilized by some students at the University as a way of demonstrating and providing further evidence of learning. ePortfolio links, when included, lead to information that is not comprehensively curated by the University and is therefore not an official representation of the student's work at the University.

ACCREDITATION:

The University of Central Oklahoma is accredited by the Higher Learning Commission/North Central Association of Colleges and Schools as a bachelor's and master's degree granting institution.

NAME CHANGE HISTORY:

1890 Territorial Normal School
1904 Central State Normal School
1919 Central State Teachers College

1939 Central State College
1971 Central State University
1990 University of Central Oklahoma