# PDSA Cycles Increase Screening for Smoking Cessation

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## Background

Smoking is the leading cause of preventable disease, disability and death in the U.S.



Smoking cessation reduces health risks and decreases early mortality

PDSA cycles can improve outcomes through quality improvement projects



#### AIM Statement

To improve tobacco screening and counseling in OU Bedlam student-run clinic by 20% by June 2020.



## Methods/PDSA Cycles

Nursing student initiates screening



MD/PA student provides counseling



Social work student provides resources



#### Act

Adapt – Make modifications; Adopt – test on larger scale; Abandon – don't do another test

Prepare for next PDSA



#### Plan

State the question Make a prediction Who? What? When? Where? Identify Data you Need



**Carry Out Test** Document problems Collect Data

Do



#### Study

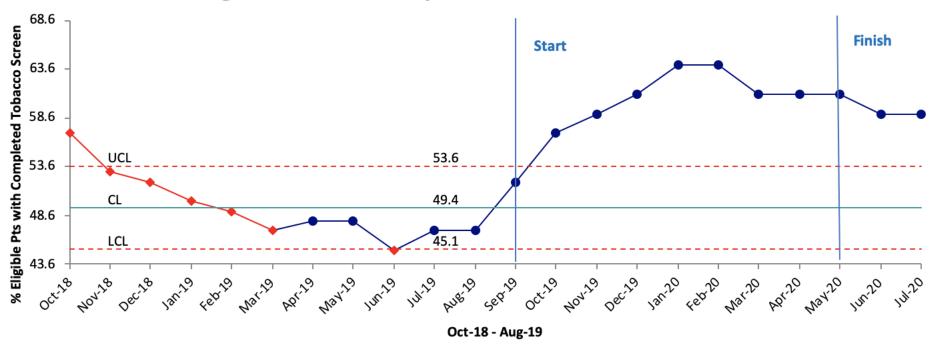
**Analyze Results Compare to Predictions** Summarize what learned





### Results

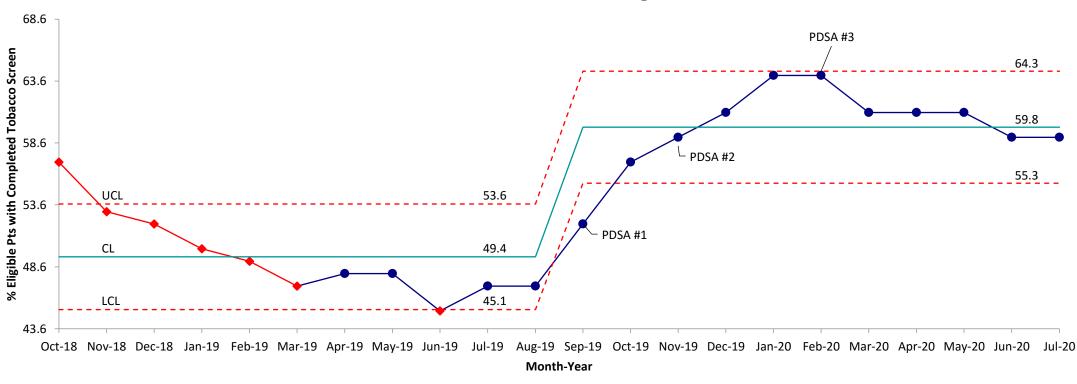
% Eligible Pts with Completed Tobacco Screen - X Chart





## Results

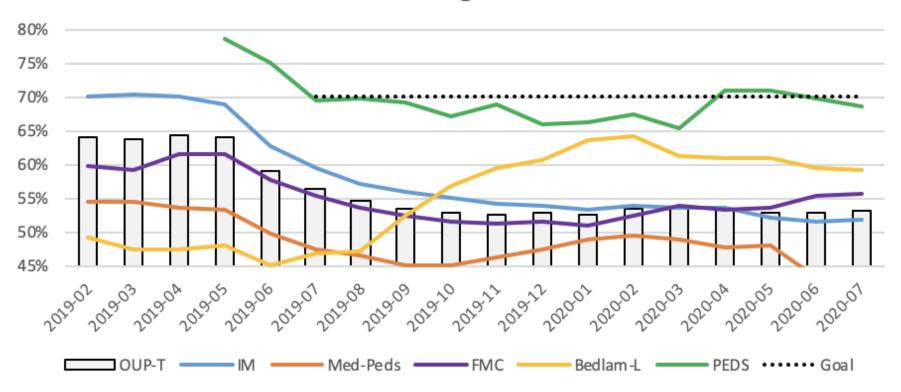
OU Bedlam Student Clinic: %Patients with Tobacco Screening Performed





#### Results

#### **Tobacco Screening & Intervention**





#### Discussion

Plan

- The PDSA cycle enabled the team to identify problems  $\rightarrow$  Documentation errors
- Design a protocol to improve documentation of screening

Do

- Implement the protocol
- Nursing students begin visits by documenting the screening in the EMR

Study

Plan was effective

Act

Adapt and implement the plan across the clinic



#### Final Conclusions

A student-led QI project using rapid cycle improvement led to improved patient care

Similar projects should continue being implemented at Bedlam Clinic and expanded to remaining OU clinics

Other institutions may use the same model to design and implement their own QI projects



#### References

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