

# THORACIC ENDOVASCULAR REPAIR OF DESCENDING THORACIC AORTIC THROMBUS

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# INTRODUCTION

#### Thoracic Aortic Thrombus (TAT):

- Mural thrombi are attached to the luminal wall of a large blood vessel or cardiac chamber
- Majority found in descending aorta
- Occur secondary to atherosclerosis
- Management includes: anticoagulation, thrombolysis, surgery
- Thoracic endovascular aneurysm repair (TEVAR) is most common treatment modality

### Penetrating Arterial Ulcer (PAU)

- Incidence is 2-8%
- 40-50% of PAUs progress to acute classic aortic dissection
- Females with PAUs tend to have worse outcomes

# CASE PRESENTATION

• 80 year old woman with bilateral renal infarct and persistent abdominal/back pain secondary to extensive descending thoracic/thoracoabdominal aortic thrombus despite oral anticoagulation treatment

#### • CT Scan:

- 6mm penetrating aortic ulcer (PAU) proximal to celiac artery
  (Figure 1)
- > 50% stenosis of distal left common femoral artery (CFA)

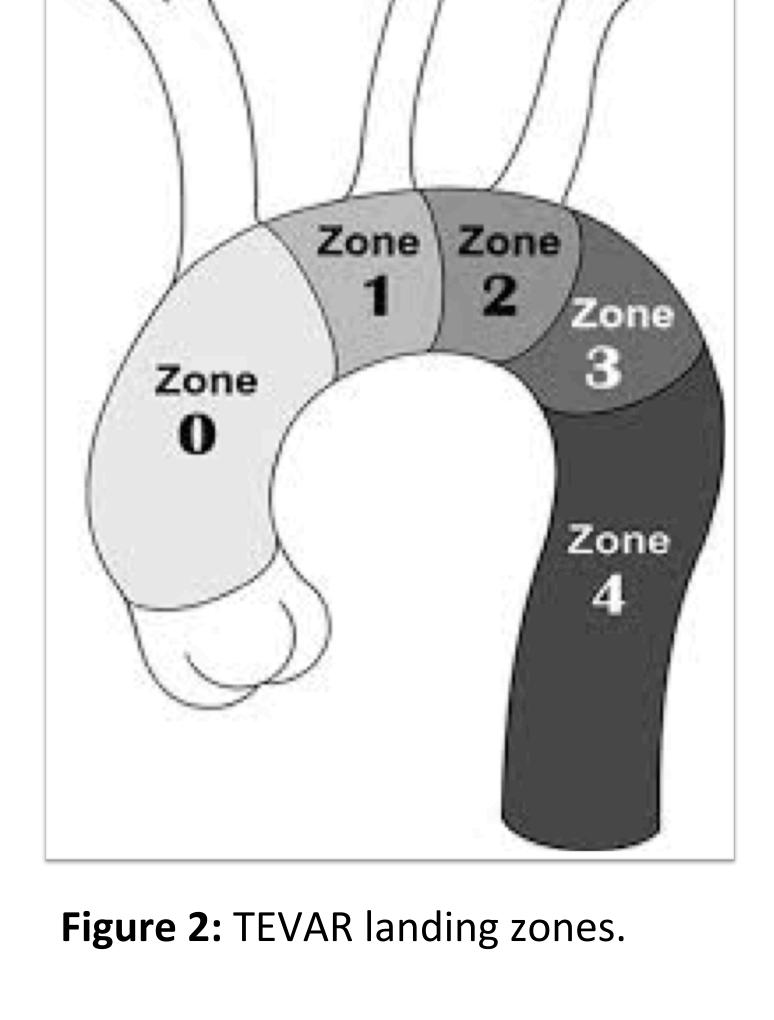
### • Operative Intervention:

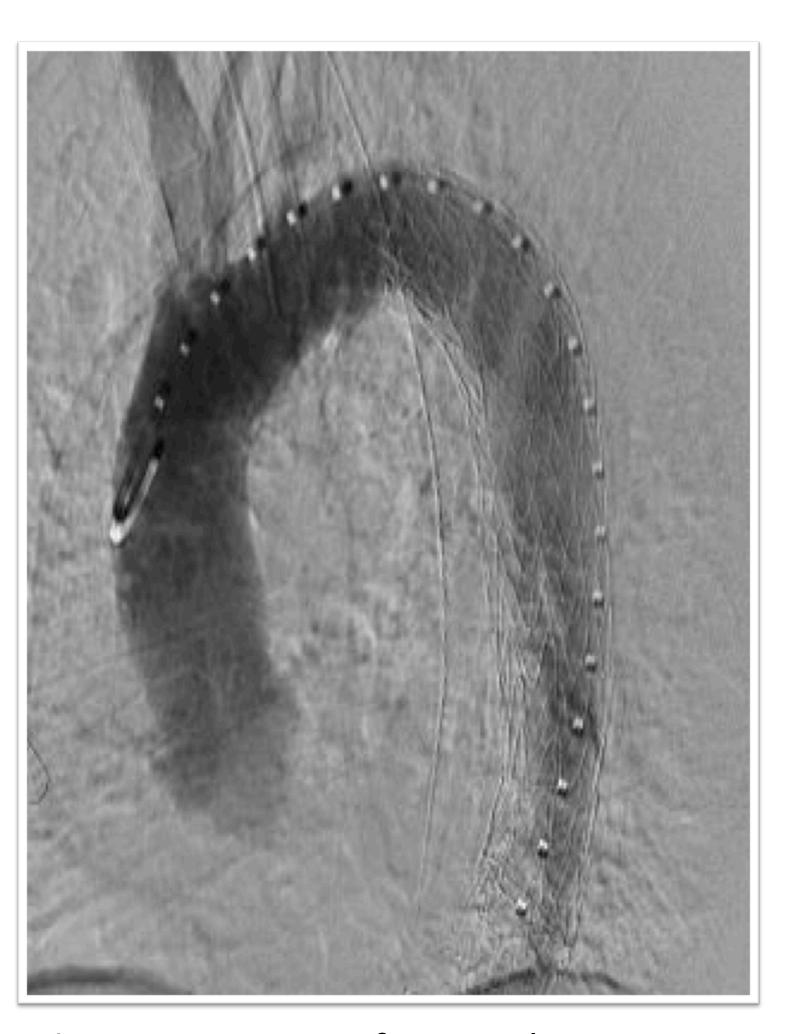
- Stent grafts planned across Zone 2 to Zone 4 (Figure 2)
- Stent grafts in descending thoracic aorta distal to subclavian and proximal to celiac artery (Figure 3)
- Thromboembolism in the left CFA and external iliac artery (EIA) on intraoperative imaging
- Open endarterectomy, retrograde stent graft in left EIA and bilateral stents in the common iliac arteries (Figure 4)
- Flow-limiting thromboembolism in the left superficial femoral artery (SFA) treated with covered stent graft
- Palpable pedal pulses bilaterally at conclusion of the case

### **IMAGES**



**Figure 1**: Mural thrombus with PAU in descending thoracic aorta on CTA.





**Figure 3:** Stent graft extending from Zone 2 to Zone 4 on intraoperative aortogram.



Figure 4: Stent grafts in common iliac arteries bilaterally on postoperative CTA.

### DISCUSSION

#### TAT:

- Incidence is unknown
- May be symptomatic or diagnosed as an incidental finding on computed tomography (CT)
- Reported 73% incidence of embolic events in patients with mobile mural thrombi
- Mortality of complex plaques up to 20% in three years
- TEVAR is minimally invasive compared to open endarterectomy
- TEVAR allows for simultaneous stent graft placement

#### Penetrating Arterial Ulcer (PAU)

- PAU persisted despite long-term oral anticoagulation
- We could assume thrombus was partially organized, therefore the patient was a candidate for TEVAR

#### TEVAR:

- Shortens operative times and decreases hospital stay
- Improves perioperative morbidity and all-cause mortality

### Potential complications of TEVAR:

- Hematoma at access site
- Acute thrombosis of access vessel
- Distal embolization
- Emergent revascularization is indicated in cases of acute thromboembolism with thrombectomy and intervention (angioplasty with/without stent placement) or bypass

### CONCLUSION

- Stent grafts aid in prevention of future thromboembolism
- In this case we were able to successfully restore distal perfusion and contribute to overall improved quality of life