

File Name: NavScreensParent2Transcript2018

Interviewee: Mother of 1 boy age 5

Interviewer: We are now recording. And I will occasionally look at this to make sure it's still working ...

Interviewee: Okay. Okay.

Interviewer: So, I'm going to ask you a series of questions and please feel free to answer as you're comfortable doing. So, how many children do you have?

Interviewee: One.

Interviewer: You have one. And their age?

Interviewee: Five year old.

Interviewer: Five year old. Okay. A girl or a boy?

Interviewee: It's a boy.

Interviewer: A boy. Okay. Our project is on children, ages five to eleven. So, we'll be focusing mainly on children in that age group. We'd like to chat with you about electronic devices such as TVs, smart phones, laptops, iPads, e-readers, desktop computers, game consoles, anything that you have that has a screen, basically. So, tell me about the devices your family owns and how your family members use them. And I'm just going to make a list here.

Interviewee: Yeah. We own just a laptop. I mean, two laptops, one desktop, and one iPad which we don't use the iPad. It's stored in my drawer. And my son uses it that maybe a little bit when he was like one and a half, two and a half, just for a trip. But we don't use it in a daily basis or anything. It's just the laptops and the desktop that's pretty much ...

Interviewer: Yeah. Okay. Do you have a phone?

Interviewee: And a, yeah, we have a cell phone. Yes.

Interviewer: Okay.

Interviewee: One for me and one my husband. Yeah.

Interviewer: Okay. Do you have any game consoles? Does your son have any handheld games?

Interviewee: No, no. He does not.

Interviewer: And Xbox? Or anything on the TV?

Interviewee: No. We don't have a TV.

Interviewer: Okay. So, tell me about each of these different devices and how your family members use them.

Interviewee: I have my own computer that's more mine. And my sons watch an hour a day of screen time so we can plug in a DVD, play it for DVD or sometimes just choose something online. He has like a set, you know, of what he can choose from. All those shows, kids show. And that's what I use for my Facebook or YouTube. And he watch one hour. And my husband has his computer. That's pretty much just him. Sometimes he show something for my son but I don't use his computer. I guess that's ... And the desktop. But is just more, I use more the desktop as well. So, yeah. Pictures. It's more for a file for the family. You know, pictures or and I write some so I just use that, mainly the desktop for that. And my son sometimes play ten minutes a day, but not even every day of some like painting, you know, or drawing on the computer which is this, the regular one you have that nothing special. And, in that seat but it's not even a everyday thing he use that desktop. Yeah.

Interviewer: Okay. All right. Do your son use devices anywhere else such as friends' or relatives' homes? Daycare? Or even the library?

Interviewee: He does use in the library. When he doesn't watch at home he watches here. Sometimes he prefer come here because have more options. Now that we've started watching something on the computer like, you know, the online, so he kind of has the same stuff. But before he wouldn't have come here to watch something different than what he had on DVDs. It's an hour here now so then we let him watch. So, yeah. When he comes in.

Interviewer: And does he play games on the computer here? Or just mainly watching movies?

Interviewee: He may watch ... I don't know if he ... I think he ... Maybe he play a little of something some day but I'm not sure. I have never really seen, you know, my husband maybe he does a little bit but not much. I think it's, he mainly watch something. If there's just very little playing game here.

Interviewer: Okay. All right. So I've written down these different devices that you've mentioned. So, I think you've answered some of these questions, but let's just verify. So for the two laptops, you use one and your husband uses one.

Interviewee: Yeah.

Interviewer: Okay. And for the desktop, you both use the desktop and your son occasionally uses it?

Interviewee: Yeah. It's mainly me. I mean, it's for all of us but mainly I use more, I spend more time on the desktop than my husband. And my son, it's occasionally. He just play a little something game and then a little drawing or something simple. And, he likes the minutes just like, so get out of his system. Just like so.

Interviewer: Okay. And you said you do not use the laptop, or the iPad. Excuse me.

Interviewee: I know. We have a iPad but we had that for like four years and I really don't use much. Yeah. I never get, you know, used to it. Yeah.

Interviewer: Okay. And how about your cell phones? Who are the primary users of your cell phones?

Interviewee: It's me. And my husband, his own. And my son sometimes send a picture for my husband. Like, he likes to see his take pictures of like a toy when my husband is away. And then he want to send the picture and he adds some, you know, like faces or something. Or sometimes for my parents in Brazil. But it's not every day. And when he does, which is set five minutes. He can just get the phone, use five minutes, and then it's done with. He doesn't spend like long enough time, which is sad sometime for him. Yeah, maybe a bit screen time very ...

Interviewer: Do you have Skype? Or do you FaceTime with your parents?

Interviewee: We used to Skype. We don't do anymore. The face, we do WhatsApp. You know, yeah. Sometimes we do a little facing but it's less than maybe once every couple weeks maybe, yeah. But if it's sometimes once a month we do it. We don't do like every day or like, yeah.

Interviewer: Okay. So your son does the Face timing with your parents?

Interviewee: He does a little bit. Yeah. Not much. He had a few times that he talked to them but I think at his age, he doesn't want to be there just talking a lot.

Interviewer: Sure.

Interviewee: He want to say, "Hi". Or just show something. Or if my parents want to show him something. And then he talk a little bit and then he's done. Yeah.

Interviewer: It can be really useful though.

Interviewee: It can. Yes.

Interviewer: To reach out to your parents. Otherwise they may not get to see him.

Interviewee: Yeah. Yeah. So ...

Interviewer: Okay. Let's see. Think about your child's day yesterday or a recent day you were together. Walk me through the day from the time your child woke up until

bedtime, paying particular attention to the devices he used and then what devices did he use, or what did he use them for?

Interviewee: Okay. Oh. Let me see for yesterday, what we did. We would just always wake up. We have breakfast. And he plays some by himself or we play something with him. Or, I mean if he has any of, I mean, we always read books. I don't know if he, exactly yesterday, but then he went and played with the kids, our neighbor outside. So, yeah, he played with them some. We had lunch, play again, I think that he had like an hour of his screen time that he likes watching. He always does after lunch. He brush his teeth and then he just watch something for an hour.

Interviewer: Okay.

Interviewee: That's his time to have, his screen time. And then, after that he wanted to play again. Come inside, help us. My husband made sushi, so he just help him doing stuff. We all ate. Read a book. Did something. Play a game. We just play a regular game, like a board game. Yeah. And then he just take, he took his bath and we just prepare for bedtime. So, yeah. And that's what I remember. The device was that hour of screen time. I don't think he even play on the phone at all yesterday. I didn't see that.

Interviewer: Okay. So he was on the laptop or the desktop?

Interviewee: It was on the laptop.

Interviewer: Okay.

Interviewee: He always watch on my laptop. Yeah.

Interviewer: Okay. All right. Okay. So, thinking about the rest of the technology again, how do these devices fit into your family routines at all? Is it something you do all the time? Or you use all the time or is it something that you just use occasionally?

Interviewee: No, we use all the time. My husband spends a lot of time because he works with his computer a lot, so he spend a lot of time. I spend, during the day, I spend more time on the desktop if I have to write something or even be Facebook or searching for something. And I use my laptop more at night after certain time if we both go to bed. The bad have it. I just stay about an hour or something. Just seeing something. Watching something. Or searching or ... And then, that's the way I use my laptop. For like Facebook, YouTube, buying something online. Yeah.

That's mainly what I do on the desktop. I write more, just file stuff, or pictures. I spend time late with doing all the picture from five years from my son when he was born until now. So, I'm going through and deleting what we don't want and then keep this, you know, seeing all the videos. That's what I'm spending time also on the laptop. And then, that's it. And my husband's work and do things else where things, you know, just entertainment. And my son does on the laptop more

for his screen time. And sometimes on my phone. I don't think he use my husband phone much at all. It's just on mine sometimes when he send something.

Interviewer: Okay.

Interviewee: So ... And he forgot about, sorry, and my son forgot about my iPad or he would be want to use it.

Interviewer: He'd want to use your iPad?

Interviewee: Yes. So it's in a hidden place.

Interviewer: Okay, so, do you think that this routine has changed as your child has gotten older?

Interviewee: Yes. Oh, yes. It did change.

Interviewer: Can you explain how it's changed?

Interviewee: Well, when he get, when he was younger, when we still had the TV he would watch. His screen time would be on TV.

Interviewer: Okay.

Interviewee: We didn't use the computer at all for him. Well, sorry. We would do a little bit like after he eats or have him wash dishes or something, we'd put some music, signing time, or something that would be on the laptop. But he mainly watch something on the TV. And then we just got rid of the TV and then we went to no screen for like nine months, eleven months? Zero, pretty much, screen time. And then when we come back, we start using the laptop to him, for him to watch.

So that change on that stance before he even use, and he use a little bit, the iPad when we went to see my parents when he was young. It was hard to, you know, airports a little bit. Or even at my parents' house. Sometimes he'd sit and eat. It would just help with that a little bit. It was different. But it wasn't all the time. It was just a period of time every day. And then he's not using that at all anymore. It was very little we did. So, I think that's really the change and he used to do the TV, then we didn't do. And now he's doing the laptop. And we try not to introduce much other screen for the moment. But I know it's gonna come when he gets older.

Interviewer: So do you remember how routines were established related to the screen time when your children were really young? He's still pretty young though.

Interviewee: You mean like a year old? Or just like ...

Interviewer: How did you decide to establish the routines? Like, you say you got rid of your television ...

Interviewee: Well, because I never think, I don't think it's a good thing ...

Interviewer: Okay.

Interviewee: ... for a child to have screen time. Especially until like seven years old? Maybe, you know, I think they need it real, three dimension, you know, things until they are about seven. And then you maybe just do a little bit more or, you know, start really using as they grow. And so that's what I kind of believe. So we did mainly because as far as he sees, you know, and he want to see something. And when my husband was working like weekend, full day, you know, and I was just by myself with him, I would let him watch a little bit, just like ... We'd change. Sometimes it would be an hour and a half. Sometimes it would be, at the most, two hours a day, I would let him watch something so I could get something else done and get a coffee or talking on the phone or just if I have the headache. It could just like ... You know, just, and the rest of the day we just would do something else, you know? Go to the park or just play. And that's why it start.

It's mainly because it was a little bit of, he was, and no, he didn't know at first, when he was a, you know, very little, but it was just for us also to, you know, have a little time so he could just watch something. And we would always be very aware what he's watching like, you know, more like some kid-friendly like that. I try to put Portuguese videos at the beginning so he would get language. Although they say it's not really, you know, the best version though. I thought it would help some, you know, so that's the way we did. That's when we establish and then we didn't want to go because the thing that they, the thing that [inaudible 00:14:38], you know, they don't say it's better nothing until you're two years old. So we did some, try not to overdo. Some days we didn't do at all. And that's the way we establish. We try not to do much but let him have some. Yeah.

And now we got to this because he wants to watch something after the break and then we talk to him and we said well, it really came because he said, "Mom, why you don't let me watch anything anymore?" You know, why we don't have a TV set? Because if you watch something, you keep asking me you want it more and more and more, so, you know, we always want, so we don't want to watch anymore, so let's, if you agree that we want to watch this time and that's it, and then he said, it's okay. He was about three, almost five now when we start like for him. And was just turn five. And then he agree and then we establish that time. We kind of combine, you know, lunchtime, brush your teeth, and then you can watch something. So he knows that's the moment he can have his screen time. And then he just doesn't ask much after.

Interviewer: Okay. Does your child have friends or relatives that make suggestions or model things to do on the devices? Do they show them how to, like, I don't know if your husband's parents are close by, but ...

Interviewee: No.

Interviewer: Or, neighbors or anybody that might show him how to do things on the different devices?

Interviewee: Not really. Not on a daily basis. It happened when he had a friend that moved away in July, but he had been maybe I would say like three times that she was like in a iPad in her house that we were there. Have a play date. And they stay with us the last three days before they move. So, I think she was doing something. But I don't know if she was even teaching him anything. I think he was just seeing her. And we do sometimes like, oh, okay, you have to click here so you can, you know, do the drawing. We might teach him if, you know, he needs to do a little something. But he figure out by himself. So even my phone, he has to send picture, he learns about things that I didn't know exist on my phone like, put some face and smile and coloring. So yeah. But it's very, it happens very occasionally. It's nothing like on a consistent, you know, base. No, it's not like that.

Interviewer: Okay.

Interviewee: Yeah.

Interviewer: I think you've kind of answered this but who primarily helps your children with the devices when they need help getting started, like you just said, or when something needs fixing?

Interviewee: It's me or my husband.

Interviewer: Okay.

Interviewee: That was around here and we go there and just help him if something get off or just stop it. Yeah.

Interviewer: Okay. Who makes the decisions in your household about purchasing technology?

Interviewee: It's just me and my husband together. Maybe my husband, he knows more, so like if I need to change my computer or something, he's probably the one who like, okay, you want a big one, you want a small one? What you want? And then he kind of helps [inaudible 00:17:44] and what he thinks when he asks me. But he kind of understand more, you know, if I need something. Yeah. He bought the iPad and he decided and he bought his own. And mine, no, mine was his old. It's mine now. But the other one I had, yeah. We kind of made the decision together just told him what I need and then he kind of knows the details about, you know, and he search and figure it out. It's, I don't know, maybe a day with him, I think, I would say maybe. Yeah.

Interviewer: Okay. So, of the devices we have on the list here, which of these devices does your child use by himself? Does he use any of these?

Interviewee: You mean, it's just him ...

Interviewer: Yes.

Interviewee: ... and he just do, put it away. And just ... No, none of them. He doesn't have his own device.

Interviewer: Okay. So when he looks at movies on the laptop, does he do that by himself?

Interviewee: No. We usually set the options he has. He gets like Amazon. My husband make a watch list for him and I found one like on YouTube one lady made, more peaceful, you know, for kids, like cartoons that's just not so violent ... And that's the way he does. Of course, he start now already trying to watch other stuff and then he figured it out how to move away from that screen. Like, we made a watch list in Amazon but now we figured why he's watching this. This is not in the list, you know, but then he kind of tries out other shows. You know, let's go back to the list. That's what we are supposed to be watching, you know, so, but yeah, but he's back already moving around but we set for him, yeah. We don't let just his watching like whatever, just search. No.

Interviewer: Okay. How do you make decisions about your child's use of electronic devices? For example, do you think about whether an activity is educational or not? Or are there other things that you think about when you're making decisions?

Interviewee: We try not to let him watch anything that we think it's a very appropriate for his age. It's too violent or too, you know, it's not gonna benefit him on any way. Before I was, I still try to do the Portuguese DVDs that we have it so he can keep a kind of the language thing going, but he still like the English better. And so he try. But we don't set like, we just let him watch some cartoons. We not worried, how can I say, we not worried right now about educational stuff as much, but he can watch some cartoons. You know, like the tiger, you know, the Wild Kratts, you know he likes those PBS more like that. But, yeah, we just try to be more kid-friendly and sometimes if I can put in Portuguese and it's educational, it's better if he likes.

But I think as he's getting older now, we might try to let's like separate. Maybe you can watch something for fun and then you watch something educational or maybe we can extend a little bit screen time for 15 minutes, 20 minutes a day so he can just kind of have a little bit of each. Yeah.

Interviewer: Okay. So, you mainly see his screen time as down time, recreation?

Interviewee: Yes. Yes. Now it is.

Interviewer: Unstructured play time?

Interviewee: Entertainment. Yeah. Now it is. Yeah. But we want to later put a little bit more also that helps him learn something, you know?

Interviewer: Okay. Are there any uses that you worry about? You mentioned objectionable content and moving away from the videos you have chosen.

Interviewee: Oh yeah. We don't want him moving away and start finding an entire world right now that's there, you know, and all the type of things that we don't think it's very, it's too fast, you know? So then we don't like him if we want a little more peace, you know? Peaceful. Because I think it just get their mind. It's just so ... because we notice that already, like, he used to like, he is just more like slow or peaceful. Then, when he's watched ... It was here. He got some DVDs from the library. He said he wanted one of these superhero movie and then, when I saw it, it was PG 13 and too much for him.

Interviewer: For his age, yeah.

Interviewee: We're like, no. And then we're just like, no, we're not gonna get these anymore. But then, oh no. It's too boring, you know, and they come back to super hero movies. And that's the worry we have, because once you feel like you go past that line it's hard to get back. So ...

Interviewer: So are there websites or magazines or TV shows or other kinds of resources that you have seen or heard about parenting children's use of electronic devices or screen media? So are there websites that you've found helpful in helping you decide in terms of screen time?

Interviewee: Well, what, the first time, I can't remember but I think I read an article when my son was very little about the not good thing about the screen time and even background noise, you know, when you have a baby or a small kid. I just can't remember where I read, how, and when I really got deep it was when Waldorf or Valdorf education. I don't know if you're familiarize with Waldorf education. They have a Montessori and a Waldorf. And they really have very like, you know, just no screen for little kids as much as possible. More like arts and just kind of nature and, you know, all more singing. And, you know, just doing more stuff.

And I read a lot of stuff about screen time that's not good for your kids, you know? But then you have, people say that's not that bad, so, you know. But I think I still believe that if, if it was my choice, he would never had screen time until he turns about seven years old. My, if it was my, you know, if I live in a bubble.

Interviewer: That's true. Yeah. Okay. So, have you received advice from anyone about guiding your child's use of these types of devices? So, have you been, had advice from people in the community? Like librarians or teachers, doctors? Anybody?

Interviewee: No.

Interviewer: Okay. Any family members that have given you advice?

Interviewee: Shouldn't, I mean, should not. I mean not use? Or just in general?

Interviewer: Any advice. Any advice, in general.

Interviewee: Well, people think, in general, people think oh, yeah, you know, it's a normal thing on the culture, so nobody really, I think, say don't do it or just sometimes, oh yeah, right, he watch or like oh yeah, wanna shows him some video or something, you know, for him. But, not really direct like kind of advice, I don't think I have. I think everything I found was because I was researching and reading, you know, about. So, yeah.

Interviewer: Okay. Great. The advice that you have found, did you find it really useful? Like, if you read an article or a book, did you find it useful?

Interviewee: I think it was. I think it was useful.

Interviewer: Okay.

Interviewee: I mean, I think it helped me see what I wouldn't see if I hadn't, you know, made me think about things that I wouldn't if I didn't read about it or just, yeah. Even about creativity, like if they already have so much in front of them, you kind of stop their, shut their own creativity because you already given everything already for them. So, you know?

Interviewer: So, was there information in these different articles or books that you didn't learn about that you wanted to learn about? I mean, was there any other information that you'd like to know more about?

Interviewee: Well, I think it's just so tricky because I always wonder like how much screen time in like, in a day, or for a little kid who's a year old, a two year old. I know there supposed not to have at all but like even a three year old, how much that can affect their mind, you know, as creative or whatever, in the long run? Or even their brain, because they say it can just even your eye it can affect if they are just alone a lot of time spending on screen. I think it can change even this, so I'm not sure. I mean, I read about. I don't know how true ... I mean, you know, you have all kind of information, you never know what is 100%, you know, true, or so.... So, yeah, I would always wonder about, you know, had he never watched TV until now, it would be different? You know? He would be more creative? He would be a little different behavior? He would, you know?

Interviewer: Okay. That answers my question. How do you know whose advice to follow, if people give you advice? Or, if you're looking at a website or something? How do you decide that that's good advice?

Interviewee: Yeah, that's a tricky question because if you did should know if that is research behind or who is talking about, if there is some other interest, you know? But I think I go from, I think I just read one time and then if I keep on my eye and I've seen that in different, you know, more than one time and something and it makes sense to me, like if I think, you know, if I think through and I see. And one thing I try to see, I try to observe my child in what happened, in what I see on him.

So I try to kind of make sense, you know, a little bit like, oh yeah, see, I see it. You know, I think that's kind of, that's what effect, you know, and it's not, you know? That's kind of way I mean, I know it was supposed to mean, you know, if there is some research that has a background, you know, a good one? I know that's important too, but yeah, if I find it many different ways, and I start thinking about, oh yeah, I think that makes sense, you know, that's true, or yeah.

Interviewer: Okay.

Interviewee: Or sometimes we don't know. I mean, sometimes many things I'm still like, well, don't know how true or if it is true maybe it's just five percent or something. It's just ten percent. You know, it's not a big deal or yeah, that can affect something. So, yeah.

Interviewer: Okay. In what areas do you feel comfortable guiding your child?

Interviewee: You mean related to the computer?

Interviewer: To screen time.

Interviewee: I think it was just trying to find something that I think it might be good for him. Of course, I want him also to have lived with probably to give a little freedom to also choose what he likes, you know, and always has because [Here We Come 00:29:34] always has a lot of types where he can always see all the options and he just kind of got your filter a little bit, yeah.

But I feel confident that is a very tricky situation. I think it's a very, it's not a comfortable, how can I say, a comfortable, yeah, situation because you're like, no, you don't want to, you know, keep too tight but at the same time, I'm not comfortable like, just he do whatever he wants. Not at all. So, yeah. It's, yeah, it's a tricky line. So I try, we try to be more on the safe, you know, side. Well, let's just do it now where he can have some fun. He can see but not just too much. Yeah, so ...

Interviewer: Are there areas that you have questions about and would like further guidance? So if a library was putting on a program for parents, would there be questions that you might bring to that? Or are there areas about screen time that you would like to have them mention?

Interviewee: Well, I think ... Yeah, really, like, really how much and maybe especially after they are a certain age, you know, at what age how would be appropriate time? And what type of content, you know, you would think they would be? You know, almost like, you know, this for this type, you know, for his age more appropriate or, and maybe time also. You know, how much they should spend? Or ...

Interviewer: Okay. So, what are ... Okay. So there are lots of different things you do with your technology like communication in email, entertainment, work-related tasks, research, or even creative production. In relation to each device that you

mentioned earlier, would you describe yourself as an expert, a beginner, or somewhere in between?

Interviewee: Maybe, it's, I mean, if I have to navigate the simple stuff, you know, just social media, emails, yeah, I think I'm fine. I'm maybe in between. But I don't have a lot of knowledge, you know, if I needed to like of an app, you know, if I need to do something more sophisticated? No. Then I'm a very beginner. I would say, I don't know if that's your question, kind of. Yeah. In the simple thing, just to use for communicate, like to say, that's okay, yeah. I think I am in between.

Interviewer: Okay.

Interviewee: But, yeah.

Interviewer: So how about choosing applications for your son? Do you think that you're an expert? Or ...

Interviewee: No expert at all, yeah.

Interviewer: You need a lot of advice on what to use?

Interviewee: You mean, the content? Or you mean just to find ...

Interviewer: Oh, to find like educational games that he might like to play or drawing apps or something like that he would use.

Interviewee: I think the content I would be okay maybe finding if I see what it is but then I don't know if I would be okay researching and finding and bringing it for him to use. I don't know. I don't know if you know what I'm saying.

Interviewer: Yeah.

Interviewee: Yeah, yeah. So, yeah. My husband would probably the one trying to go there and find what to buy or whatever, you know? See which, yeah.

Interviewer: So this is my next question. Could you tell us about your child's other parent's experience with technology? Do you think that he would consider himself an expert, beginner, or somewhere in between?

Interviewee: My son?

Interviewer: Your husband.

Interviewee: My husband. Oh. I think he's more, I don't know. I don't think he's an expert but better than I, for sure. Much better. Between an expert maybe and an expert? But yeah. No beginner, I mean, yeah, he knows way better than I do, yeah.

Interviewer: Okay. So, it's also helpful for us to have some basic information about you and your family. So how would you describe your ethnic background? You come from Brazil?

Interviewee: I came from Brazil, yeah. My great-grandparents came from Italy. My Mom, you know, Grandma, she came from Italy when she was like five year old to Brazil, yeah. And, my grandmother from my Dad's side, yes, she's also Italian. And, so yes. Maybe Italian I think. Maybe a little bit from Portugal, I think is my grandfather, you know, from my Dad's side. Yeah.

Interviewer: Would you consider yourself Latino, if we were checking a box on a survey or anything?

Interviewee: No, I don't.

Interviewer: No? So, Portuguese?

Interviewee: Well, I think the options are always ...

Interviewer: Well, like African-American, Asian, Hispanic, Latino, or White non-Hispanic. That's what we usually are on the survey forms.

Interviewee: Maybe that. I think white non-Hispanic. I think that's what I would do, yeah.

Interviewer: White non-Hispanic? Okay.

Interviewee: Now if you're coming from where you're coming from, from the country, that's a kind of confusing question, you know, then it's, yeah. I'm from, you know, South America but yeah. I don't consider myself Latino. You know, we don't, yeah.

Interviewer: Yeah. Okay. And, how about your husband?

Interviewee: Oh yeah. His parents also has some Irish or England or some European of him, yeah.

Interviewer: So he's a white non-Hispanic, Caucasian?

Interviewee: Yes, oh yes, yes. Caucasian. Yeah.

Interviewer: And he's from the United States?

Interviewee: Yeah, he was born here.

Interviewer: Okay. Could you tell me the highest level of education you have completed? So, high school or college or ...

Interviewee: I had, I completed like you call, Brazil you call post-graduation after college. I did a year and a half, yes. So ...

Interviewer: So you did college and a year and a half after?

Interviewee: So we call post is kind of masters which is called really like a post-graduation. Like you can do only if you have a college. But like, since I was a dietician I did like food safety. That's what my, yes, ...

Interviewer: Your major?

Interviewee: Yeah, yeah.

Interviewer: Okay. And what about your husband?

Interviewee: He did, he has an MBA? He did, well, he has a thing between college. He has nursing degree and then like economics, I think. And then he had some MBA or something that's, yeah.

Interviewer: He likes school.

Interviewee: He does, yeah.

Interviewer: So what is your profession? Do you work?

Interviewee: I don't work here since I moved. Here, I taught ballet for like six years. And in Brazil, I work as a dietician for like 15 years.

Interviewer: Okay.

Interviewee: That's what I did.

Interviewer: And how about your husband?

Interviewee: He work as a nurse the last ten years and now he's working from home more. He's doing other type of work, you know, trying to start the business with his friend. And he's having other, being with, on the side. But yeah, he work as a nurse. And he had some job before as a consulting. Yeah. He's so, yeah, before he did the nursing degree, so yeah.

Interviewer: Okay. So that, we just have to have basic demographic information. So, your husband's from the United States? Are you a US citizen?

Interviewee: Yes, I am, yeah.

Interviewer: Okay. Great. Okay. Is there anything else you'd like to tell us about this topic? Anything that comes to mind that I haven't asked you about that I need to know?

Interviewee: Well, no. Not really. I think it just, yeah, I think it's just a confusing, you know, it's a matter for me at least, you know, and for my husband too. The screen for kids. I think for many parents it is difficult, so yeah. We probably need some

more guidelines set. So we're like, okay, we can just really just follow, you know, without a lot of question, you know?

Interviewee: But something would be helpful because it's so, yeah.

Interviewer: There's a lot of information out there.

Interviewee: Yeah.

Interviewer: And a lot of it is very conflicting.

Interviewee: Yeah. If there's some new information like now I know it's okay, they can have it. You know? It's good. It's not gonna make you violent. You're like, well, maybe when he gets older he might have more freedom but right now, yeah.

Interviewer: Okay. Well, that concludes our interview today.

Interviewee: Okay.

Interviewer: Unless you have any questions or anything further?

Interviewee: No. I don't think so. No.

Interviewer: Thank you for participating in this interview.