

Filename: NavScreensParent29Transcript2018

Interviewee: mother of 4 children ages 2, 3, 10, 14

Interviewer: Start by, could you tell me how many children you have and what their ages are?

Jessica: I have four children. My oldest is 14 and then I have a 10 year old, a three year old and a two year old now.

Interviewer: Okay. So we're focusing on the ten year old then. But also think about how things have changed between your 14 year old and your two year old. That will be really interesting for us.

Interviewer: Okay so now if you could tell me all the devices that your family owns. Anything with a screen.

Jessica: Well TVs. Ipads, computers, like Chromebook type laptop, and then Iphones and Nintendo Switch and then a lot of the Xbox, PlayStation. Those two are not in the home but with him, he goes to his grandparents once a week over night and so he plays them there.

Interviewer: Great that's perfect 'cause that was my next question. Any other things that he plays at friends, relatives, daycare, library. Does he have access to any screens?

Jessica: Just at his grandparents' and then at his dad's. The Switch and the iPad he usually takes with him.

Interviewer: Oh that's right. That's why it's called the Switch.

Interviewer: Okay. So, let's talk through all the different devices then and kinda' who owns them, if they are owned or who the primary users are. So let's start with televisions. Like, how are they used?

Jessica: We watch you know, just for entertainment, Netflix. We don't usually have it on during the day but at night. Me and my fiance will watch whatever shows we're watching at the time. He doesn't ... he's not too into the TV.

Interviewer: Okay.

Jessica: It's more like interactive type stuff that my son enjoys. So I mean, it's actually like when I take away some of the other screens sometimes he'll be allowed to watch a show for the night and then obviously when he's done something drastically not okay then we take away everything like all screens.

Interviewer: Okay. So is the iPad a family iPad or does he own that?

Jessica: He owns that. His grandmother got it for him for Christmas.

Interviewer: Oh nice.

Jessica: I know.

Interviewer: Good.

Jessica: She spoils him.

Interviewer: That's what grandmas are for right?

Jessica: Exactly. I have to remind myself that.

Interviewer: So what does he use the iPad for mainly?

Jessica: Mainly for entertainment, playing games, and then I actually communicate with him when he's at like his father's or his grandparents'. You know, check in with him, how are you doing, that sort of thing.

Interviewer: Yeah.

Jessica: But yeah.

Interviewer: Okay great. Do you know what kinds of games he plays? Do you know the names of any of the games?

Jessica: He plays road blocks, Minecraft, Super Mario ... what are the other ones?

Interviewer: Does he do like Clash of Clans or any of those huge group games?

Jessica: I don't think so. No. Nothing where he's like interacting with like strangers.

Interviewer: Oh okay. So is that your choice?

Jessica: He's just never ... that would be my choice also actually. I'd say probably three or four years ago he was playing Animal...something.

Interviewer: Jam?

Jessica: I think so. Something like that. There was just like a lot of issues where there was like bullying and things like that. So we cut that out completely. He actually had a subscription.

Interviewer: Yes. That would be Animal Jam.

Jessica: Yeah.

Interviewer: It's National Geographic, right? It's produced by National Geographic.

Jessica: Yes. I think so because it's a bunch of animals and different locations like geography type.

Interviewer: Yeah. So it looks family friendly.

Jessica: Yeah. They do I think keep a close eye on what's being said. They monitor and stuff but of course you can't always get it right away. So we actually stopped letting him do that. Then I think after that, they just kind of-

Interviewer: Just not interested?

Jessica: Yeah.

Interviewer: Mm-hmm (affirmative) On his Nintendo Switch, is he playing with friends on there or just by himself?

Jessica: Well when he gets together like with his cousins. 'Cause one of my nephews also has a Switch and you can take the side parts off and use them as like a controller.

Interviewer: Controllers?

Jessica: Yeah. So they'll get together. It's like four of them. Four boys. So they play.

Interviewer: That's so nice for him to have cousins his age.

Jessica: And they're all close in age.

Interviewer: Oh that's really lovely.

Jessica: Mm-hmm (affirmative) it is. So they'll play then but he doesn't play interactively like with strangers.

Interviewer: Okay. Okay. The Chromebook? Is that a family Chromebook?

Jessica: That's my daughter's.

Interviewer: Does he ever use that?

Jessica: No.

Interviewer: The iPhone?

Jessica: The iPhone's my daughter's also.

Interviewer: Okay. Does he have access to anything?

Jessica: No.

Interviewer: Okay. Then you mentioned he plays other games at his grandma's house and that's about it.

Jessica: Mm-hmm (affirmative)

Interviewer: Okay. So talk me through his day like yesterday. Maybe Sunday's not a very typical day but a typical day, even a school day, from like the moment he gets up in the morning to the moment he goes to bed and how he might see screens or interact with screens throughout the day.

Jessica: So he wakes up about 6:30, takes a shower, and then actually the past couple of days he's been asking to play his Switch for like five, ten minutes before school which I've allowed because it's almost the end of the school year so I'm a little bit more relaxed.

Interviewer: That's so true. Yeah.

Jessica: Then we go to school about seven o'clock, drop him off. Then from that, I'm not 100 percent sure what they use. I'm not sure if they're using Chromebooks this year or if that's next year.

Interviewer: Because your daughter is on that Chromebook scheme kind of? Like that's through her school.

Jessica: That's through her school. Yeah. That one I purchased for her because they can't bring them home. So I purchased it for her for homework and that sort of thing because there's some things you can't actually do on the iPad because it's an i format or something.

Interviewer: Okay sorry I interrupted. So he's at school and then...

Jessica: So and I think they do use the computer because I know that I sent him with some headphones at one point. So I know they get some sort of like computer lab time. Then we pick him up from school, come home, we usually eat, do his chore, like he gets a snack or something, do his chore, and then just depending on the day because some days he has karate early like 4, 4:30. So then he'll get ready for that and then either watch TV for a little bit or play on his Switch for a little bit. Probably like 20 minutes when it's earlier. He goes to there and I usually go to the gym so I bring him with me to the gym and he goes in the kids club. Sometimes they have the video games open there because they have like a TV screen and

video games but sometimes there's either a movie playing like a kids movie or they allow it for the video games.

Jessica: Then come home.

Interviewer: So is he watching media, watching movies with other kids? Does he know other kids there now because you're taking him there regularly?

Jessica: Yes. Yeah.

Interviewer: So is it kind of social interaction around media?

Jessica: Yeah. He knows like a few of the older kids there. But they actually have like this one little tucked away area and I don't think there is a TV in there but they have coloring and stuff like that type things for them. I haven't even gone in there. I kinda' see from the outside.

Jessica: Then they go home and have dinner or a snack just depending on how big his meal was before and then his bed time is 8:30. So he usually, because he has the chores is the living room. So we have the little ones so he does it twice usually. So he'll do it once after school, tidy up. Then just depending because one of them goes to bed at six. So the other one's a little older, the three year old, that goes to bed at the same time they do. There will still be some toys that she plays with depending. So then he'll have to do that again.

Jessica: So I'd say like probably on a typical day he'd probably have like 45 minutes to an hour on screens just 'cause we're so busy.

Interviewer: Yeah.

Jessica: On the weekends it's a different subject.

Interviewer: So tell me about the weekends then.

Jessica: So the weekends he actually goes with his grandmother one day and his father one day.

Interviewer: Oh I see, okay.

Jessica: His father has, I've tried telling him to monitor it but unfortunately I don't have much control with that. He does IT so-

Interviewer: Oh that's important.

Jessica: So he's really big on computers and screens and stuff like that. So he just, he doesn't find much of a problem with it.

Interviewer: Yes.

Jessica: So, he probably gets hours on the weekend.

Interviewer: So does his father play games? Is he a gamer? Like into that kind of stuff?

Jessica: When we were together he did. He actually had a computer and he built the monitor so that it would be good for gaming. But that's still at my place now so I don't know. I don't know if he does it for gaming anymore.

Interviewer: Okay. So your son isn't like doing things with his father, like different things than he would normally do.

Jessica: Unfortunately not. His father isn't like teaching him anything.

Interviewer: Right.

Jessica: Like it's nothing educational about it.

Interviewer: Okay that's important. So, let's think about how things in your ... with your kids have changed as they've grown older. So like as your son's growing older but also think about like your 14 year old, how things have changed from now with your two year old until she was 14. So, yeah. Do you have any immediate kind of responses to how things have changed?

Jessica: Changed as in like, you mean the options for technology?

Interviewer: Yeah and just kind of like how you provide guidance or like decision making that you-

Jessica: I'm a stay at home mom so I'm able to be like very in tune with my kids like that's just my main focus. So with my daughter, I got her her first iPhone, she's always been very mature, very responsible. So I figured, I think she was 11 years old and I got her her first iPhone. Mainly because when she would go to her dad's, if he was having a bad day, he would ... I'd be like, can I talk to [N], can you ever call me? And he wouldn't. So it was a way, initially, to keep us in contact because she was having issues over there too. I just wanted her to have that support. So yeah. So then that was the original reason why.

Interviewer: Okay that's really interesting. Thank you.

Jessica: Then I noticed that she was getting very consumed with it unfortunately. So I didn't catch it until it was like two quarters of school. I'm just thinking like, she's just having a hard time connecting with other kids because like I said, she's very mature. She's even like, these kids all they do is gossip and this and that. So I thought maybe it was just like a, you know, mature for her age and wasn't

connecting that way. Then I figured out like, it probably has to do with the phone. She's just too consumed with the phone instead of like making more like physical connections, it was more like viral type stuff. So then I gave her, I told her if you don't get your grades up this quarter, then I'm taking your phone. She had actually had an iWatch too, an Apple watch. I was like, I'm just going to take it. She didn't believe me so I did. Sold it and I got her a flip phone instead because that just takes all the fun out of it. It's more functional than anything. '

Interviewer: Right and that's what you originally got it for.

Jessica: So ever since then, she got her grades back up. It took her just a little bit of a slow progression but she got her grades back up and now she's doing really well.

Interviewer: Wow. What a powerful story.

Jessica: Well thank you. So I figure with [T], the same thing. As long as he's staying on task, you know? I'm [inaudible 00:13:20] here and there but I use that as a consequence. So no Switch or no this and right away he's like, okay I'm sorry.

Interviewer: He believes you because he's seen it. Yeah. That's so interesting. So that's, in terms of like, how your routines have changed, you've really had to make some tough decisions it sounds like and be a really strong mom. So do you feel like with your little ones now, you're kind of in routines? Or have you had to change routines for any reason?

Jessica: Well we're in routines and with my little one, she's really smart. She's what's the word? Always going, really hyper, but in a good way. Responsible. So with her, like I let her a few times a day, I'm not structured with her with the iPad. It's like when she feels like, and I almost think it's like a little bit of a time out for her too. She goes to it to just kind of re center and just kinda' like, what's the word? Tune out in way?

Interviewer: Chill out? We all do that, right? I totally do that.

Jessica: So but she still stays her happy go lucky self. But yeah, I always keep a close eye so as she gets older, more responsibilities and that sort of thing, then there will be more structure there. Then my two year old, she just turned two. She has no interest.

Interviewer: Wow. That's so interesting.

Jessica: She doesn't even watch TV. She'd rather play with the toys. So it's good.

Interviewer: Yeah. So those kind of routines have really varied with each child it sounds like.

Jessica: Yeah.

Interviewer: Okay. So, how does your son find things to do on his, like on his iPad it sounds mainly? Or his Switch? Is it relatives who are making suggestions or friends?

Jessica: I'm not sure. It just seems whatever is popular, he's playing. So I don't know if he gets that from school, you know, friends from school or I mean, that's what I'm assuming, I'm thinking it's something like friends from school or maybe even my oldest might be suggesting too. But there's like a popular one, Fortnite, which is kind of older but he's showing more interest in that because that's what my oldest one likes to play. But there's like a lot of shooting and stuff in it so I'm just trying to like push it off.

Interviewer: Just watching closely it sounds like. And his cousins? Do you think he gets ideas from his cousins?

Jessica: Oh yeah I'm sure. Yeah 'cause they're always talking about the newest games and they each have different games so they'll switch while they're there playing.

Interviewer: Who does he go to if he needs help with any technology issues?

Jessica: Probably his dad. Like technology issues like if something breaks or something?

Interviewer: Or if he just gets stuck in something?

Jessica: So I've taught him that if, because when he first started playing video games they were kind of difficult for him and he'd get really frustrated. I told him I'm like, look. If you're going to be getting frustrated and getting mad like this, then you're not going to play. You either need to work through it, that's the whole point of like video games is kind of like figuring it out. I'm like, if you can't figure it out, if it's too frustrating, then you put it away for a little bit and play something else. I'm like, because at first he was always like, can you help me? Can you do this? No. That's you. You figure it out.

Interviewer: Yeah, yeah, yeah.

Jessica: So he's gotten really good with that and he doesn't get frustrated. If he gets frustrated, he does that. He'll just put it away and walk away.

Interviewer: That's a good skill to have, right? So who makes decisions about what he can play on his iPad? What he downloads? What app he downloads, things like that.

Jessica: I do.

Interviewer: Okay. Is that a point of negotiation? A point of tension?

Jessica: So like he'll ask me and then because things that cost money, he'll ask me and depending on what it is, because he has money. He does chores at his

grandparents' house. So depending on what it is, I'll tell him well, you got your money at grandparents' house, you can buy the game then I'll tell him, download it over there. But his grandmother actually takes him and buys him games too but she tells me about it beforehand.

Interviewer: So she okays it with you first?

Jessica: Yes. But he doesn't like, he's not constantly downloading games. So she usually goes and buys them and purchases them that way. I actually had his dad put a parental lock thing on the iPad because he was watching, what's that thing? It's some guy and I forget his name. I can't think of it.

Interviewer: Is it on youtube?

Jessica: Paul or something like that. Yeah he's on youtube. He plays video games and I'm like, you guys watch people play video games? I don't get it.

Interviewer: Yep. It's a thing.

Jessica: Yeah it is. But then I saw on Good Morning America that this guy, he does stunts and everything too and I saw that he actually, like really irresponsibly went to visit ... I don't know if it was in China or something? There's like a suicide forest and he documented it. Yeah. There was someone hanging in the background. Like for real. It wasn't even like staged or anything. So at that point I was just like, you're not watching that again and that's when we put the locks on it and stuff. So he can't even go on youtube. He goes on youtube kids.

Interviewer: Oh okay. On Netflix, do you have the same? Do you have like a kids?

Jessica: Yep.

Interviewer: The kids have their own space?

Jessica: Yep.

Interviewer: Okay.

Jessica: So the kids each have their own and then it's, you can do the kid one. He's got the kid one for that.

Interviewer: Yeah.

Jessica: It's all cartoons and family movies.

Interviewer: So that's been really helpful to have those? Is your oldest daughter, does she have, when do you kind of like-

Jessica: So I go based on the ratings. So based on you know, TV-14 that sort of thing. So TV-14 is where she gets the cut off. I have taken her a couple times to see R rated movies. But I've read reviews on them prior to going to make sure there's nothing like major. But so she did tell me she went behind my back and watched-

Interviewer: She told you?

Jessica: Yes. She watched 13 Reasons Why. I don't know if you're familiar with that?

Interviewer: Oh yes. That was a huge, like I can see why she'd want to find out what that was.

Jessica: Yes because everyone, she asked me about it when it first came out. Everyone in my school's watching.

Interviewer: Yes they were.

Jessica: I'm like, well that's fine. I'm like, their parents are more relaxed, they might not care as much as I do or whatever. So she, at her dad's house, her sister, her step sister was able to just, they let her do whatever. So she went on her account and watched it.

Interviewer: But she told you.

Jessica: She did tell me. So when she's really honest with me, I don't get mad. I talk to her about, I wish you wouldn't have done that because... you know? She's like, well when am I gonna' be mature?

Interviewer: Yeah.

Jessica: When do I get a mature, can watch mature ratings?

Interviewer: Yeah.

Jessica: I'm like, first of all, when you're 18. Then you make all your decisions. But if you come to me and I'm like, then I've seen it, then we'll talk about it and we'll see.

Interviewer: So it sounds like you're kind of making a case by case decision depending on the content of the film or whatever.

Jessica: Right.

Interviewer: Yeah. So do you google it? How do you find out information?

Jessica: So I'll go to, I think it's the IMB?

Interviewer: Oh yes.

Jessica: Because there's only been two movies that I've let her see that are rated R.

Interviewer: Oh okay.

Jessica: Then I'll just see that there's not like strong sexual content and things like that. The two ones have been more like gorier type and I've seen some of the things that she's seen on, what's that one show? It's like a ghost show with the two brothers?

Interviewer: Oh gosh. There's so many.

Jessica: I know. I know. I can't think of it. But they show several [inaudible 00:22:18] on that and it's on the WB on TV and she's seen that. So yeah. So then I'll read the reviews and some of the reviews are from teenagers and some of the reviews are from adults. So that's how I do it that way.

Interviewer: Okay. That's great. Anything else about how you guide your children's uses of screens and in kind of what way? So you're using parent controls. You're looking at kind of individual ratings. Any other ways that you kind of guide them?

Jessica: Well with my little one, I tend to want it to be more educational so she has a subscription to ABC Mouse.

Interviewer: Oh yeah.

Jessica: So we call it doing homework. She actually came to me and said, "Mom, I want to do homework." So we do it that way and then we also do books and stuff from the dollar store.

Interviewer: How did you decide on ABC Mouse?

Jessica: Well actually, my son, that's how he learned how to read and stuff. We had a desktop. He was around her age and at that point, I was a different person. That was ten years, nine years ago? So I was younger and I wasn't as mindful or I don't know what you would call it?

Interviewer: Confident maybe?

Jessica: Right. Just younger. Exactly. So I let him be on the computer as long as he want but at that point I did let him do ABC Mouse and just one day he was like reading stuff and I'm like, how did you learn this? You're three years old. So I remembered it from then.

Interviewer: So when you say he's smart, he is. It really showed even when he was three.

Jessica: Yeah. So it's a great, I love ABC Mouse. It's a great little tool for kids.

Interviewer: Okay. Great. So are there any other concerns that you have? So you said, kind of sexually explicit content. The suicide thing is kind of inappropriate.

Jessica: Yes. That was like a major part. They showed her like, and it was, even for me I was like ... and I didn't want her to see that.

Interviewer: No.

Jessica: You know?

Interviewer: Mm-hmm (affirmative)

Jessica: So I explained all that to her and just like there's things that I know that you don't know even though you think you're ready. I explained to her that her mind is like at a certain point. It's not fully developed to be able to handle these types of images and things like that.

Interviewer: You've mentioned, with your son, he's not interested in talking with strangers but you would restrict that in any case?

Jessica: Oh yeah. Oh yeah. Yep.

Interviewer: And time? You're concerned about time because like at his father's house he's spending too much time? Yep. So you have kind of rough guidelines on time it sounds like?

Jessica: I'm just kind of always paying attention and I notice if it just seems like too much time has gone by, then I'll, okay do something else. Go read a book. Do something else.

Interviewer: Yeah.

Jessica: He likes to read too which is good.

Interviewer: Yeah. Great. Okay. So, can you think of how you came up with these decisions like they've changed as you've kind of developed your parenting skills it sounds like. Can you think of how you came up? Is it, is there anything in particular? I'm just changing the battery on this.

Jessica: Well, I used to like to party before. I was a partier. I kind of had like issue with drinking. So, I stopped. I'm six years sober now. Six years, yeah. In May.

Interviewer: Congratulations. That's fantastic.

Jessica: Well, yeah this month. So I think with that, just sobriety has really opened my eyes. My parents are really great parents. They set really good example. So I'm

constantly talking with them and they're constantly talking with me. Checking in, that sort of thing. So just kind of being present, making sure that I'm staying in tune.

Interviewer: It sounds like you've done some mindfulness training? So that's really helped. That's really helped everything it sounds like.

Jessica: Absolutely.

Interviewer: Even this kind of thing. Thinking about really being aware of the decisions that you're making around screen media.

Jessica: Yep just being aware. I'm kind of aware all the time.

Interviewer: Wow that's so interesting.

Jessica: It can get kind of exhausting sometimes. But it's weird because it's like the more that I am, the easier it is.

Interviewer: That totally makes sense because you don't have to be making those decisions constantly. You're just aware constantly.

Jessica: Right. It's habit.

Interviewer: Yeah.

Jessica: Like I've made my life very healthy. It's almost to the point where even if there's something going on where I might not be immediately aware of, like my body will tell me. It'll like, and I'm so in tune with my body that it's like, I can't ignore it. You know? So yeah.

Interviewer: I get that. So that's why going to the gym really helps too because that really does help you be aware of your body and even the smallest changes in your body.

Jessica: Absolutely and it keeps me strong. Like I notice the stronger I get physically, the stronger mentally I am.

Interviewer: That totally makes sense. That's all connected with kind of mindfulness.

Jessica: Yep. Absolutely.

Interviewer: I hadn't made those connections at all. Okay. Let's see. We did that one and we did that one. So, is there anyone else who's giving you advice? Librarians, teachers, police, pediatricians.

Jessica: My parents. Just my parents really. My two middle children's grandmother, we talk. My dad was a police officer so he's really good at just, he's really logical and isn't, you know, takes less dramatic approach to things. He's very like kind of calm and centered.

Interviewer: So you've been able to apply that kind of attitude or way of thinking to screen media practices it sounds like. Like be logical, be calm.

Jessica: Yeah. He's a really great role model. Really great example. My mom too though of course.

Interviewer: What about friends of yours? Other parents who are-

Jessica: Honestly like I don't have a lot of close friends.

Interviewer: And it sounds like you're kind of a model for other parents in relation to screen media practices, right?

Jessica: Sure. I have some friends but I don't really talk to them on a daily basis type thing. I have one really good friend that I go to her but for the most part, I just kind of figure things out by myself or if it's something where I really need any sort of guidance then I go to my mom or my dad.

Interviewer: Okay. So like, do you think about when you were growing up in relation to screen media? Like the practices that your mom and dad helped you-

Jessica: No because we were always outside.

Interviewer: Okay.

Jessica: So we would watch TV. We had an Atari and actually I had a Nintendo at one point. But I was always like-

Interviewer: Outside.

Jessica: I was a very social person growing up. Very social. So I never had like an issue like that. I just figure like, I can always tell when my kids are struggling, you know? When it seems like they're emotionally struggling. I figure I go through like a thing like, well what's going on? Their eating habits. Are they hydrated? Sometimes it's as little as drink some water. Like my son's really bad with that. He won't remember to drink water. I tell him to drink water and he's like a whole new kid.

Interviewer: Wow.

Jessica: After he's hydrated. So there's that. I kind of like go through a list you know and then I'm just like, maybe obviously then, you're ... 'cause my thing is, is if something's an issue like an addiction or something, it becomes like a negative thing, you usually tend to struggle more with reality. Because you're too busy like, it makes problems that shouldn't be big problems, it makes them big. It makes little problems big problems. So, I guess I just kind of like pay attention to that kind of thing and just trying to keep them centered too. Help them. I explain to them things too because I want them to have that way of thinking.

Interviewer: That's must be particularly helpful with your 14 year old.

Jessica: Yes. But she's like, she kind of just came out like a really great person. I got lucky there.

Interviewer: Well, that's not a coincidence.

Jessica: Thank you.

Interviewer: Okay. So, your parents and your grandparents' advice has been useful. Is there any particular reason why that's been useful?

Jessica: I honestly, I think it just, they're happy. They're happy people. They have a successful marriage, successful life I think. So I kind of, I want that for myself. So I figure they have to know something.

Interviewer: Okay so you trust them?

Jessica: Oh absolutely.

Interviewer: Yeah. Can you think of any advice about screen media practices that other people have given you that's not helpful?

Jessica: Hmm.

Interviewer: Not really? So some of the things that you're saying kind of align with how pediatricians tell me they go through their annual visits with families. Have you ever had that experience like they talk about bedtime? Are your kids getting enough sleep? Are screen practices part of that going to bed time?

Jessica: They've asked like how much time daily do they get on the screen. But other than that, they've never gone into detail really.

Interviewer: Okay. Or giving you advice. Okay. So, are there areas in the future that you might have questions about in terms of screen media practices? Like for your ten year old.

Jessica: I don't know. I can't think of one.

Interviewer: Okay. And for your 14 year old?

Jessica: Not that I can think of.

Interviewer: Great. Well I'm happy that you're feeling good. You're feeling confident and in control. That's great. Okay. So the last couple of questions are just to try to understand the whole kind of context of your ten year old a little bit more. So your son's father is in IT so that was one of my questions. So he's kind of an expert in technology. How would you describe your expertise in technology?

Jessica: It could be improved.

Interviewer: But you use technology for communication?

Jessica: Oh yes. Yeah. So I can kind of navigate through like the basics.

Interviewer: Yeah. Sure, okay. That's fine. The last questions are really demographics and they're totally optional. So how would you describe your ethnic background? This is optional.

Jessica: Hispanic.

Interviewer: Hispanic. Your son's father?

Jessica: So his dad's dad was adopted. So from the looks of his dad, like his mom's white, Caucasian, however you want to say it. But they think his dad may have had something in him. He looks almost Italian. If I saw him I would think Italian. But he looks like he could be half asian, half Italian, half Mexican. He's like one of those.

Interviewer: Okay. That's fine. Then can you tell me the highest level of education you've completed?

Jessica: So I got my GED and I've also completed cosmetology school at MITC.

Interviewer: Okay. And you're a stay at home mom you said?

Jessica: Correct.

Interviewer: Okay. And your son's father. What's his highest level of education?

Jessica: I believe he has his, I want to say his Bachelor's.

Interviewer: Okay.

Jessica: I know he had his Associates but he was still going to school.

Interviewer: Okay that's fine. Good. Anything else you think we should know or the library should know about kind of advice that parents get about screen media?

Jessica: Just I think that real life interactions like, is so much better of an option. So if you can always use that first for information for like books and things like that, communication like that, exchange like that. So maybe just make sure to do all that first and have screen time be secondary. So as little as possible I think. But it's still a great tool.