

**CENTER FOR HEALTH SCIENCES** 

## Introduction

Left main coronary artery (LMCA) thrombosis during acute myocardial infraction is rare and carries high mortality. The etiology and clinical presentation are variable. Our current understanding of LMCA thrombus largely comes from case reports.

## Etiology

Acute Plaque Rupture

Embolization

Dissection

Extrinsic compression

Optimal evidence-based therapy for LMCA thrombosis is unclear based on current literature.

## **Therapy Described by Previous Literature**

Unstable	Stable
PCI	Heparin
Surgery	Glycoprotein II/III inhibitor

## Case Presentation

- DES LCx, Ischemic
- use, no drug use.
- **Cardiovascular Exam:**
- ✤ Normal S1 and S2,

- appreciated. bilaterally.
- **\*** Labs:
- Troponin: 15

# AN UNUSUAL CASE OF LEFT MAIN CORONARY **ARTERY THROMBUS TREATED WITH GUIDE CATHETER ASPIRATION**

✤ HPI: A 53-year-old male presented to the ED with intermittent substernal chest pain for the previous two days. On admission, his pain became continuous, more intense and similar to the pain he had with a previous MI five years previous. His pain did not resolve with medical therapy so invasive evaluation was recommended.

✤ PMH: CAD with previous MI (2014) treated with 2.5 x 28 cardiomyopathy, HLD.

**\* FHx**: The patient was adopted.

SHx: Daily tobacco use, <sup>1</sup>/<sub>2</sub> ppd for 40 years, occasional alcohol

**Vitals on presentation**: BP 134/79; HR 69; RR 18; Temp 36.7C; 99% on RA; BMI 20.9

Regular rate and rhythm. No murmurs, rubs, or gallops Distal pulses are intact

Potassium: 3.9, Creatinine 0.74









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demonstrating the thrombus in the LMCA (H). Two fragments of aspirated thrombus. The largest measured 5 mm in diameter (I).

## **Clinical Course**

Initial presentation consistent with ACS/NSTEMI

Patient was taken for left heart catheterization with Bivalirudin fo PCI

pLCx 100% stenosis in previous stent was treated with 2.5 x 28mm Xience Sierra DES deployed within the previous stent

3.0 x 18mm Xience Sierra deployed at the ostium of LCx followed by high-pressure post dilation

Post PCI angiogram demonstrated a large, mobile thrombus trapped behind the proximal stent extending into LMCA

Eptifibatide was initiated. Multiple passes with an aspiration thrombectomy catheter and PTCA were unsuccessful

Aspiration directly through a CLS 3.5 guide catheter extracted 2 large fragments of thrombus. The largest measured 5 mm in diameter

There appeared to be a nearly complete resolution of thrombus. The patient had repeat angiogram after Eptifibatide infusion revealed complete resolution

## Discussion

LMCA thrombosis is rare and carries a high mortality. Our case demonstrated an unusual cause of thrombus extending from a stented vessel into the LMCA.

✤ In the setting of AMI, we pursued several options that were described in the literature without immediate success.

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During runs with the aspiration catheter, we observed that the tip of the guide catheter was in close proximity to the mobile thrombus in the LCx and LMCA. This prompted an attempt at a novel technique of aspiration thrombectomy via the guide catheter that demonstrated immediate success.

Our patient experienced no immediate or perioperative complications.

Aspiration of thrombus through a guide catheter may be an effective alternative technique in treating LMCA thrombus.

### Reference

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