A SURVEY OF THE RECREATIONAL AND LEISURE
TIME-ACTIVIMIES OF A REPRESENTATIVE GROUP
OF MALE ADULTS OF LAWTON, OKLAHOMA, A COMMUNITY OF 15,000 POPULATION

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## PR FACE

This survey of the recreational and leisure time activities of the male adults of Lawton, Oklahoma, is based upon the recorded data from three hundred male adults of Lawton, Oklahoma.

The survey was made by the questionnaire method, and attempts to show the activities in which the men participate at the present time; the activities in which the men would participate if the conditions permitted; and those activities which the men thought should be taught in the schools.

I desire to express my appreciation to Mr. James Kevin for his advice and guidance in the compilation of this data; to Dr. N. Conger for his assistance in the presentation and the organization of this survey; and to the Library Staff of the Oklahoma Agricultural and Mechanical College for the services which they rendered.

Julius H. Johnston.

## INTRODUCTION

The writer, who is interested and in some measure responsible for the promotion of health activities of all students in Cameron State Agricultural College, and indirectly responsible for promoting the recreational and leisure time activities of the male adults in the community of Lawton, oklahona, felt that a study of the recreational and leisure time activities of this community would be of value to the people of this particular place.

Out of this rather broad interest in general recreation activities, certain questions have arisen in the writer's mind with reference to the persistency of activities learned in school or college; the extent to which various activities are prevalent among mature men; and, in general, what men in the various walks of life, do for recreation and how they otherwise spend their leisure time. This interest naturally led to the investigation of the present problem.

One of the significent developments in the social life of America has been the increasing interest in the worthy use of leisure time. This is due, at least in part, to the shortened hours of work and the consequent increased amount of time available for leisure time activities. Science and mechanical inventions are constantly substituting machine labor for human labor, making the average day in the life of the American citizen one of comparative ease in regard to work, so that a large part of one's time is free to use as one pleases. The late Henry Suzzallo says:
"The problem confronting America in regard to the use of leisure time is one of no small significance." ${ }^{1}$

This problem can be dealt with in a systematic manner. First, we can discover the recreational and leisure time activities of the people at the present time. Then, we cen discover what activities best fulfill the desires of the people. As a final step, we can provide an opportunity for the enjoyment of those desired recreational and leisure time activities.

The best way in which to utilize the extra hours for leisure time has been the subject of many studies, ${ }^{2}$ but all phases have not been full investigated in this section of the United States. This study is an effort to supply some of this deficient data about leisure time activities participated in by the adult males of the average community in Oklahoma. In addition to determining the activities, the writer has attempted to make certain recomendation for facilities based on these activities.

Likewise, from an educational standpoint, it is desirable to know how much carry-over value is contained in those activities learned in school. By this means we can fit the curriculum of our schools to the needs of the com-

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\({ }^{1}\) Henry Suzzallo, "The Use of Leisure", Journal of N. E. A.
    pp. 124-125.
2
    Jesse Frederick Steiner, Americans At Play, 1935. Henry
    Suzzallo, "The Use of Leisure", Journal of N. E. A.
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munity, if necessary. An attempt to show those activities learned in school, which have the greatest carry-over value, has been made in this survey.

The best way, it seemed, to carry out a survey of this nature was to formulate a questionnaire to be answered by a representative group of the men of Lawton, Oklahoma. These men were selected from the Rotary Club, the Kiwanis Club, the American legion, and optional groups of diversified occupational interests. The writer received answers from 300 men, and it is on the basis of these answers from which this study was made.

## PROCEDURE

The first problem involved in making this study was to develop a list of leisure time and recreational activities that would be fairly complete. For this purpose, a survey was made of the literature that might be expected to yield such a list. The list which was used in this survey was taken from the following source: The Physical Bducation Curriculum based on Nine Years of Research by The Committee on Curriculum Research of The College Physical Education Association, assisted by Hundreds of Representative Physical Education Supervisors throughout the United States. The publication was sponsored by The College Physical Education Association, and was supervised by Harry A. Scott, Rice Institute, Houston, Texas.

As the primary consideration of this survey was to determine the activities participated in, both past and present, the questionnaire listed sixty-eight activities most commonly engaged in by men all over the United States. It was desirable to know the occupation, education, and the age of every individual who answered, so the questionnaire provided a place for that information.

When the activities were finally selected for the questionnaire, it was then necessary to determine just where the men first became interested in these various activities. Six questions were employed in this study in order to gain the desired information relative to these different activities. The questions are as follows:
(1) Did you learn the fundamentals of this activity without formal instruction? This question applied to those activities learned on vacant lots and neighborhood playgrounds. The situation may heve permitted incidental instruction through interested individuals not assigned to those teaching siturtions as a part of the educational program. It would also include those lesrning activities which are a part of the home training through parental influence and instruction. It was found that many activities learned as a child are carried over into adult life, e. g., hunting and fishing were never taught in school.
(2) Did you participate in this activity in high school or college? This question applies not only to activities engaged in while attending school, but also activities engaged in outside the regular school arriculum.
(3) Did you participate in this activity as a member of a team? This question applies not only to varsity teams, but also to intramural, club, fraternity teams, and others.
(4) Do you take part in this activity as a part of your recreational activities at the present time? This question was self-explanatory.
(5) Would you take part in this activity if conditions (financial, time, facilities) permitted? This question was asked to determine the necessary facilities em expense connected with the activity.
(6) Do you think this activity should be taught in schools? This question was asked to determine the values of
the activities taught in school as compared to the activities of later life.

In filling out the first sheet of the questionnaire, the men were asked to place their names in the space for that purpose. The occupational groups and age groups were essential parts of the study. Under the space reserved for educational record were three blanks in which the men were asked to state the school or schools attended, and date of graduation; whether elementary, high school, or college.

Instructions were placed on the first sheet with an illustration of the method to be used in filling out the remaining part of the questionnaire.

The six questions to be answered were placed at the bottom of the first sheet. The sixty-eight activities were listed in alphabetical order on the second sheet, with the numbers one to six inclusive, placed at the right of the activities.

The questions were given numbers from one through six. If the question was to be answered in the affirmative, the corresponding number to the right of the activity was to be encircled; if a negative reply was desired, the number was to be left blank.

To get a representative set of responses, the questionnaire was presented personally to the Rotary Club, the Kiwanis Club, and the American Legion. Forty questionnaires were filled out by the Rotary Club, thirty-six by the Kiwanis Club, and twenty-nine by the American Legion, the
remaining 195 from a random sampling of the adult men of the community.

In compilation, it was decided to divide the data according to age groups, occupations, educational achievements, and geographical distribution with reference to educational record. The data on each question was tabulated on each of the sixty-eight activities. The activities were ranked in order of number of participants. The occupations were grouped into: (1) men engaged in occupations which required physical labor; (2) men engaged in occupations which required moderate physical activity; (3) men engaged in occupations which required little or no physical activity.

This data is based upon the questionnaires which were checked by 300 adult males of Lawton, Oklahoma, which is a community of 15,000 population.

In order to make a survey of the recreational and leisure time activities of the male citizen of Lawton, I am asking your cooperation in filling out the following questionnaire. This study is being undertaken to determine the recreational and leisure time activities of the adult men of Lawton, with the idea of making recoumendations for opportunities and facilities for a fuller participation and appreciation of this phase of comunity life.
$\overline{\text { (Name) }}$ ( Occupation) (Age) $^{\text {Years }}$

## EDUCATIONAL RECORD

ELHMENTARY


HIGHSCHOOL $\qquad$
COILEGE


## INSTRUCTIONS

On the following sheet are a group of activities most commonly engaged in by men. After each of these activities are the numbers $1-2-3-4-5-6$. Will you encircle these numbers in accordance with the following instructions:

A circle around any number indicates an affirmative reply to the question with the corresponding number in this list. You will note that several numbers may be encircled. Take for example Basketball, (1) Did you learn the fundamentals of this activity without formal instruction? If you did encircle number (1).
(2) Did you participate in this activity in High School or College? If you did encircle number (2).
(3) Did you participate in this activity as a member of a team? If you did encircle number (3).
(4) Do you participate in this activity as a pert of your recreational activities at the present time? If you do, encircle (4).
(5) Would you take part in this activity if conditions (financial, time, facilities) permitted? If you would, encircle (5).
(6) Do you think this activity should be taught in the schools? If you think so, encircle number (6).

Some of these questions obviously do not apply to some activities, if so, ignore them.

In some cases you may perhaps be unable to recall the correct answer. Where this is the case, place on $X$ through the number. The questions you are to respond to which are referred to above are:

1. Did you learn the fundamental of this activity without formal instruction?
2. Did you participate in this activity in High School or College?
3. Did you participate in this activity as member of a team?
4. Do you take part in this activity as a part of your recreational activities, at the present time?
5. Would you take part in this activity if conditions (financial, time, facilities) permitted?
6. Do you think this activity should be taught in school?

ACTIVITIES

| ARRONAUTICS | 1 | 2 | 3 | 4 | 5 | 6 |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- |
| APPARATUS WORK | 1 | 2 | 3 | 4 | 5 | 6 |
| ARCHERY | 1 | 2 | 3 | 4 | 5 | 6 |
| BADMINTON | 1 | 2 | 3 | 4 | 5 | 6 |
| BAT MINTON | 1 | 2 | 3 | 4 | 5 | 6 |
| BASKETBALL | 1 | 2 | 3 | 4 | 5 | 6 |
| BASEBALL(HARDBALL) | 1 | 2 | 3 | 4 | 5 | 6 |
| BASSBALI(SOFTBALL) | 1 | 2 | 3 | 4 | 5 | 6 |
| BICYCITNG | 1 | 2 | 3 | 4 | 5 | 6 |
| BILIJARDS | 1 | 2 | 3 | 4 | 5 | 6 |
| BOATING | 1 | 2 | 3 | 4 | 5 | 6 |
| BOWIING | 1 | 2 | 3 | 4 | 5 | 6 |
| BOXING | 1 | 2 | 3 | 4 | 5 | 6 |
| BRIDGE(AUCTION) | 1 | 2 | 3 | 4 | 5 | 6 |
| BRIDGEICONTIRACT) | 1 | 2 | 3 | 4 | 5 | 6 |
| CANOEING | 1 | 2 | 3 | 4 | 5 | 6 |
| CHESS | 1 | 2 | 3 | 4 | 5 | 6 |
| CHECKRRS | 1 | 2 | 3 | 4 | 5 | 6 |
| CROQUET | 1 | 2 | 3 | 4 | 5 | 6 |
| CROSS COUNTRY | 1 | 2 | 3 | 4 | 5 | 6 |
| DANCING (SOCIAL) | 1 | 2 | 3 | 4 | 5 | 6 |
| DANCING(OTHER) | 1 | 2 | 3 | 4 | 5 | 6 |
| DIVING | 1 | 2 | 3 | 4 | 5 | 6 |
| DOMINORS | 1 | 2 | 3 | 4 | 5 | 6 |
| DUMB BEILS | 1 | 2 | 3 | 4 | 5 | 6 |
| FENCING | 1 | 2 | 3 | 4 | 5 | 6 |



OTHERS TO BE WRITTEN IN:

|  | 1 | 2 | 3 | 4 | 5 | 6 |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- |
|  | 1 | 2 | 3 | 4 | 5 | 6 |
|  | 1 | 2 | 3 | 4 | 5 | 6 |
|  | 1 | 2 | 3 | 4 | 5 | 6 |
|  | 1 | 2 | 3 | 4 | 5 | 6 |
|  | 1 | 2 | 3 | 4 | 5 | 6 |
|  | 1 | 2 | 3 | 4 | 5 | 6 |

FROM WHAT ACTIVITY, ASIDE FROM YOUR DAILY WORK, DO YOU DERIVE THE GREATEST PLEASURE?

WHAT SPECIFIC FBATURE OF THIS ACTIVITY GIVES YOU THE GREATEST PLEASURE?

RIMMARKS:

## GEOGRAPHIC DISTRIBUTION

The 300 male adults of Lawton, Oklahoma, indicate that their former schooling was completed in the states and countries as shown in the following chart.

| Oklahoma | 201 | Louisiana | 1 |
| :--- | ---: | :--- | ---: |
| TGxas | 30 | Minnesota | 1 |
| Illinois | 11 | Nebraska | 1 |
| Missouri | 6 | Alabama | 1 |
| Kansas | 6 | Michigan | 1 |
| Arkansaw | 5 | New Hampshire | 1 |
| Iowa | 5 | Mississippi | 1 |
| New York | 4 | Colorado | 1 |
| Tennessee | 3 | Ohio | 1 |
| Kentucky | 3 | New Mexico | 1 |
| Indiana | 3 | Pennsylvania | 1 |
| California | 2 |  |  |
|  | 2 | Germany | 2 |
| Georgia | 2 | Poland | 1 |
| South Dakota | 1 | Russia | 1 |
|  |  | Scotland | 1 |

This table is to be interpretated as follows: of the 300 who answered the questionnaire, 201 were educated in Oklahoma; 30 were educated in Texas; and 11 were educated in Illinois. The remaining 58 were educated in the states and countries listed in the table, subject to the manner of interpretation illustrated above.

The following table shows the age distribution of the 300 male adults. It will be observed that the distribution ranges from 20 years to 85 years, and is charted in fiveyear groups beginning with 20-25 and ending with 80-85. The per cent and number of each five-year group is shown.

AGE DISTRIBUTION

| Age | Number | Per cent |
| :--- | :---: | ---: |
| $20-24.9$ | 58 | 19.33 |
| $25-29.9$ | 67 | 22.33 |
| $30-34.9$ | 38 | 12.66 |
| $35-39.9$ | 28 | 9.33 |
| $40-44.9$ | 38 | 12.66 |
| $45-49.9$ | 28 | 9.33 |
| $50-54.9$ | 18 | 6.00 |
| $55-59.9$ | 9 | 3.00 |
| $60-64.9$ | 7 | 2.33 |
| $65-69.9$ | 8 | 2.66 |
| $70-74.9$ | 0 | 0.00 |
| $75-79.9$ | 0 | 0.00 |
| $80-84.9$ | 1 | .33 |
|  |  |  |

There were 58 men in the 20-25 year group, which represented 19.33 per cent of the total men. There were 67 in the 25-30 year group, which represented 22.33 per cent of the 300 men. The remaining groups and percentages are to be interpreted in the manner just illustrated.

The average age of the total 300 men was 36.36 years. The oldest man was 80 years of age, and the youngest was 20 years of age.

## COLLEGES AND UNIVERSITIES ATTENDED

The following table has no direct relation to the study but is included for the purpose of showing the wide distribution of colleges and universities attended by a portion of the 300 male adults.

As one would naturally expect, the local college contains the highest representation. It shows that Cameron State Agricultural College has 28 out of the 98 men who signified that they had attended college.

Oklahoma University was second with 19 and Oklahoma Agricultural and Mechanical College was third with 11. The remaining 40 colleges and universities and their number of attendants are listed and are to be interpretated in the manner just illustrated.

Out of the 98 men, 52 indicated that they had graduated from either a junior college or a four-year college. Thirtythree indicated that they had graduated within the last 10 years.

This table represents the Colleges and Universities attended by the College men in a group of 300 male adults of Lawton, Oklahoma.

NUMBER ATTENDING
Cameron Agricultural College ..... 28
Oklahoma University ..... 19
Oklahoma Agricultural and Mechanical College ..... 11
Central State Teachers College ..... 3
Northwestern University ..... 3
Louisville University ..... 2
Texas Christian University ..... 2
Oklahoma Baptist University ..... 2
Wisconsin University ..... 2
Westplain College ..... 2
Baylor University ..... 1
Chicago College of Dental and Surgery ..... 1
Chillicothe Business College ..... 1
Colorado University ..... 1
Culver College ..... 1
Cumberland University ..... 1
Drake University ..... 1
Ferguson Business College ..... 1
George Washington University ..... 1
Howard-Payne College ..... 1
Iowa University ..... 1
Lincoln Chiropractic College ..... 1
Long Beach Junior College ..... 1
McKendree-Lebanon College ..... 1
North Texas Teachers College ..... 1
Northwestern State Teachers College ..... 1
Southern Illinois Normal ..... 1
Southeastern State Teachers College ..... 1
Southwestern State Teachers College ..... 1
Southwestern Optical College ..... 1
Tulsa University ..... 1
Tyler Commercial College ..... 1
Wayland Baptist College ..... 1
Western Military College ..... 1

## SCHOLASTIC ACHIEVEMENT

An effort was made to determine what relation if any existed between the amount of schooling and the amount and character of activities engaged in. To do this, a point scale was developed in which each year in school represented a point, that is, a person who has just completed the first grade was given one point; a person completing the second grade was given two points; a person who completed the third grade wes given three points; and so on up to the college graduate who was given sixteen points. A person who received a Master's degree was given 17 points. All persons completing work beyonda Master's degree were given 18 points.

The following table shows the distribution of the education on this scale of the group together with the percentage in each division. There was one person who had completed the first grade, and had one point, which represents .33 per cent of the total 300 cases. No one had two points, and three had three points which represents one per cent. The remainder of the table is to be read and interpretated in the same manner.

The point average on this scale is 11.74 , or in other words, the 300 men had an average schooling of just a little . less than high school graduates.

Sixty-two men, or 20.66 per cent, completed the eighth grade and stopped there. Eighty-three men, or 27.66 per cent, completed high school and stopped there. Thirty-one men, or 10.33 per cent, completed a four-year course in college.

This table represents the Scholastic Achievement of 300 Male Adults of Lawton, Oklahoma.

| POINTS | NUMABIR | PERCENT |
| :---: | :---: | :---: |
| 1 | 1 | .33 |
| 2 | 0 | . 00 |
| 3 | 3 | 1. |
| 4 | 4 | 1.33 |
| 5 | 2 | . 66 |
| 6 | 13 | 4.33 |
| 7 | 0 | . 00 |
| 8 | 62 | 20.66 |
| 9 | 4 | 1.33 |
| 10 | 19 | 6.33 |
| 11 | 5 | 1.66 |
| 12 | 83 | 27.66 |
| 13 | 20 | 6.66 |
| 14 | 28 | 9.33 |
| 15 | 7 | 2.33 |
| 16 | 31 | 10.33 |
| 17 | 10 | 3.33 |
| 18 | 8 | 2.66 |

GRADE AVERAGE ............. 11.74

## TABLE I

This table shows the responses to the question, "Did you learn the fundamentals of this activity without formal instruction?"

| 1. | Swimming | 254 | 47. | Weight Lifting | 66 |
| :---: | :---: | :---: | :---: | :---: | :---: |
| 2. | Baseball (H) | 228 | 48. | Apparatus | 61 |
| 3. | Fishing | 225 | 49. | Dumb Bells | 52 |
| 4. | Hunting | 217 | 50. | OutBoard Motoring | 49 |
| 5. | Reading | 215 | 51. | Cross Country | 47 |
| 6. | Cycling | 214 | 52. | Hand Ball | 36 |
| 7. | Motoring | 211 | 53. | Canoeing |  |
| 8. | Riding | 204 |  | Rowing | 35 |
| 9. | Checkers | 196 |  | Tumbling |  |
| 10. | Horseshoes | 193 | 56. | Sailboating | 29 |
| 11. | Boxing | 191 | 57. | Trap Shooting | 27 |
| 12. | Dancing |  | 58. | Indian Clubs | 22 |
|  | Boating | 186 | 59. | Soccer | 15 |
| 14. | Wrestling | 179 | 60. | Fencing |  |
| 15. | Rifle | 178 |  | Polo (W) | 12 |
| 16. | Gardening | 177 |  | Skeet |  |
| 17. | Diving | 176 | 63. | Skiing | 10 |
| 18. | Basketball | 175 | 64. | Polo (M) | 8 |
| 19. | Dominoes | 171 | 65. | Dancing (0) | 7 |
| 20. | Tennis | 167 | 66. | Aeronautics | 5 |
| 21. | Croquet | 165 | 67. | Badminton | 4 |
| 22. | Footbell <br> Skating (R) | 163 | 68. | Bat Minton | 3 |
| 24. | Pistol-Shooting | 155 |  |  |  |
| 25. | Hiking | 153 |  |  |  |
| 26. | Golf | 147 |  |  |  |
| 27. | Walking | 145 |  |  |  |
| 28. | Bridge (A) | 139 |  |  |  |
| 29. | Bowling | 126 |  |  |  |
| 30. | Chess | 125 |  |  |  |
| 31. | Pocket Billiords | 125 |  |  |  |
| 32. | Billierds | 124 |  |  |  |
| 33. | Track and Field | 120 |  |  |  |
| 34. | Archery | 119 |  |  |  |
| 35. | Baseball (S) | 118 |  |  |  |
| 36. | Music (V) | 107 |  |  |  |
|  | Marching |  |  |  |  |
|  | Music (I) | 100 |  |  |  |
| 39. | Snooker | 97 |  |  |  |
| 40. | Rope-skipping | 89 |  |  |  |
| 41. | Volley Ball | 84 |  |  |  |
| 42. | Ping Pong | 82 |  |  |  |
| 43. | Gymnastics | 81 |  |  |  |
| 44. | Skating (Ice) | 80 |  |  |  |
|  | Life Saving | 77 |  |  |  |
|  | Bridge ( C ) | 68 |  |  |  |

It shows that swimming was learned by the largest number without formal instruction--254 out of the total 300 cases; baseball (H) came second with 228 ; fishing came third with 225; hunting came fourth with 217; and reading came fifth with 215. Swimming, hard baseball, fishing, and hunting are more or less universal and are learned through observation and participation. Reading as an activity is more full explained in Table IV.

The remaining 63 activities are shown in their rank order and should be read as in the illustrations above.

## TABLE II

The table below shows the responses to the question, "Did you participate in this activity in high school or college?"

```
    1. Basket Ball
    2. Base Ball (H)
    3. Foot Ball
    4. Reading
    5. Track ond Field
    6. Baseball (S)
    7. Tennis
    8. Swimming
    9. Music (I)
10. Volley Ball
11. Music (V)
12. Boxing
13. Gymnestics
14. Dancing (S)
15. Wrestling
16. Gole
17. Rope Skipping
18. Rifle Marksmanship
19. Skating (I)
20. Apparatus Work
21. Riding
22: Diving
        Marching
        Motoring
25. Pistol shooting
```

105
99
86
68
52
36
35
32
31
29
26
22
18
17
16
15
13
12
11
10

9
26. Cross Country 8
Tumbling
28. Hunting
Soceer
7
Walking
31. Bicycling 6
Bowling
Bridge (A)
Fishing
Horseshoes
Life Seving
Ping Pong
Polo (W)
Skating (R)
40. Bridge (C)
Handball
5
Indian Clubs
43. Badminton 4
Checkers
45. Billiards 3
Boating
Canoeing
Chess
Dominioes
Gerdening

Hiking
Pocket-Billiards
Snooker
Trap Shooting
55. Archery

2
Batminton
Dancing (0)
Dumbells
Fencing
Rowing
Weight Lifting
62. Aeronautics

1
Croquet
Outboard Motoring
Sail boating
Skeet
Skiing
68. Polo (M) 0

This table shows that basketball and baseball (Hard) were tied for first place with 140 each out of the total 300 cases; football came third with 105; reading, fourth with 99 ; and track and field, fifth with 86 . The remaining 63 activities are shown in their rank order and should be read as in the illustrations cited above.

It will be noted that reading ranked fourth in number of participents, but due to the possible misinterpretation of the question the response may be of low validity. This question applied to those activities engaged in while attending high school or college but not necessarily connected with high school or college work.

## TABLI III

The table below shows the responses to the question, "Did you participate in this activity as a member of a team?"

1. Baseball (H) ..... 162
2. Basketball ..... 129
3. Football ..... 105
4. Baseball ..... (S) ..... 80
5. Irack and ..... 77
6. Telnis ..... 32
7. Volley Ball ..... 26
8. Music ..... (I) ..... 19
9. Boxing ..... 17(V)
10. Golf
14
11. Rope skipping ..... 11
12. Rifle Marksmanship ..... 10
Wrestling
9
13. Swimming
14. Pistol Shooting ..... 8
15. Gymnastics ..... 6
16. Reading ..... 5
Soccer
17. Cross Country ..... 4
Polo (W)
18. Horseshoes ..... 3
Tumbling
19. Batminton2
BowlingDivingFishing
Skating ..... (I)
20. Apparatus Work ..... 1
ArcheryHiking
Pocket Billiards
Riding
Trap Shooting
Weight Lifting
21. Aeronautics ..... 0
Badminton
Bicycling
Billiards
Boating
Bridge ..... (A)
Bridge (c)
Canoeing
Chess
Checkers
Croquet
Dancing ..... (S)
Dancing ..... (0)
Dominoes
Dumb Bell
Fencing
Gardening
Handball
Funting
Indian Clubs
Life saving
Marching
Motoring
Outboard Motoring
Ping Pong
Polo (M)
Rowing
Sailboating
Skeet
Skating ..... (R)
Skiing
Snooker

This table shows that baseball (hard) was first with 162 out of the total 300 cases. Basketball came second with 129; football came second with 105; baseball (S), fourth with 80 ; and track and field came fifth with 77.

The remaining 63 activities are shown in their rank order and should be read as in the illustrations cited above.

That baseball (Hard), basketball, football, and track and field rank high in number of team participants is explained by the fact that they are principal athletic activities in Oklahoma high schools and colleges.

Such activities as outboard motoring, skeet, skiing, snooker, and walking are not offered in the curriculum of Oklahoma schools as team sports, which fact, no doubt, accounts for the lack of responses to this question.

## TABLE IV

The table below shows the responses to the question, "Do you take part in this activity as a part of your recreational activities at the present time?"

> Number Percent

| 1. Reading | 213 | 71. |
| :--- | :--- | :--- |
| 2. Motoring | 199 | 66.33 |
| 3. Swimming | 189 | 63. |
| 4. Fishing | 165 | 55. |
| 5. Hunting | 135 | 45. |
| 6. Dancing (S) | 134 | 44.66 |
| 7. Checkrs | 125 | 42. |
| 8. Dominoes | 120 | 40. |
| 9. Roller Skating | 92 | 30.66 |
| 10. Diving (A) | 85 | 28.33 |
| 11. Bridge (A) | 82 | 27.33 |
| 12. Gardening | 81 | 27. |
| 13. Riding | 78 | 26. |
| 14. Tennis |  | 26. |

Number
Percent

| 15. | Snooker | 68 | 22.06 |
| :---: | :---: | :---: | :---: |
| 16. | Music (I) | 66 | 22. |
| 17. | Pocket Billiards | 65 | 21.06 |
| 18. | Bridge (C) | 58 | 19.33 |
| 19. | Gold | 54 | 18. |
| 20. | Rifle Marksmanship |  | 18. |
| 21. | Boating | 53 | 17.66 |
| 22. | Croquet |  | 17.66 |
| 23. | Baseball (S) | 49 | 16.23 |
| 24. | Music (V) |  | 16.33 |
| 25. | Horseshoes | 47 | 15.66 |
| 26. | Pistol Shooting | 39 | 13.00 |
| 27. | Baseball (H) | 37 | 12.33 |
| 28. | Ping Pong | 32 | 10.66 |
| 29. | Hiking | 29 | 9.66 |
| 30. | Billiards | 28 | 9.33 |
| 31. | Bowling |  | 9.33 |
| 32. | Outboard Motoring | 24 | 8. |
| 33. | Apparatus Work | 23 | 7.66 |
| 34. | Aeronautics | 17 | 5.66 |
| 35. | Chess |  |  |
| 36. | Marching | 16 | 5.33 |
| 37. | Basketball | 15 | 5. |
| 38. | Life Saving |  | 5. |
| 39. | Boxing | 11 | 3.66 |
| 40. | Gymnasium |  | 3.66 |
| 41. | Bicycling | 10 | 3.33 |
| 42. | Football |  | 3.33 |
| 43. | Track end Field |  | 3.33 |
| 44. | Volley Ball | 8 | 2.66 |
| 45. | Walking |  | 2.66 |
| 46. | Weight Lifting |  | 2.66 |
| 47. | Rope Skipping | 6 | 2. |
| 48. | Sailboating |  | 2. |
| 49. | Skating (I) |  | 2. |
|  | Trap Shooting |  | 2. |
| 51. | Canoeing | 5 | 1.66 |
| 52. | Dancing (0) |  | 1.66 |
| 53. | Skeet |  | 1.66 |
| 54. | Cross Country | 4 | 1.33 |
| 55. | Handball | 3 | 1. |
| 56. | Tumbling |  | 1. |
| 57. | Wrestling |  | 1. |
| 58. | Archery | 2 | . 666 |
|  | Dumbells |  | . 666 |
| 60. | Indian Clubs |  | . 666 |
| 61. | Polo (M) |  | . 666 |
| 62. | Rowing |  | . 666 |
| 63. | Soccer |  | . 666 |
| 64. | Badminton | 1 | . 333 |
|  | Fencing |  | . 333 |
|  | Polo (V) |  | . 333 |
| 67. | Batminton | 0 | . 000 |
| 68. | Skiing |  | . 000 |

This table shows that reading came first with 213 out of the total 300 cases. Motoring was second with 199; swimming was third with 189; fishing was fourth with 165; and hunting was fifth with 135. The remeining 63 activities are shown in their rank order and should be reed as in the illustrations cited above.

It would have been interesting to investigate the types of reading matter read by these people but no such investigation was made. However, Dr. Gray has the following to say about adult reading interests:
"The studies of reading activities of adults showed that about 50 per cent read books, 75 per cent read magazines, and 95 per cent or more read newspapers. The average amount of time given to reading, as reported by several hundred adults, is more than 90 minutes per dey.

There is much good and much poor material read in magazines, including adventure, romance, short stories, and articles of interest to homemakers. An investigation of the reading interests of more then 2000 adults showed the five most frequently read magazines to be the Saturday Evening Post, True Story, Literary Digest, Liberty, and American. Types of books found to hage a high degree of popularity were biography, poetry, science, history, and travel."3

## table $V$

The table below shows the responses to the question, WWould you take part in this activity if conditions (financial, time, facilities) permitted?"

William S. Gray, and Ruth Monroe. Reading Interests And Habits of Adults. New York, MacMillan Company, 1930.

1. Reading ..... 193
2. Motoring ..... 191
3. Swimming
4. Hunting183
5. Fishing ..... 174
6. Riding ..... 148
7. Music ..... 142
8. Dancing (S) ..... 138
9. Aeronautics ..... 136
10. Music (V) ..... 135
11. Golf ..... 133
12. Rifle Marksmanship ..... 126
13. Outboard Motoring ..... 120
14. Dominoes ..... 118
15. Pistol Shooting ..... 116
16. Pocket Billiards ..... 114
17. Skating (I)
18. Gardening ..... 113
19. Bridge (A) ..... 107
20. Baseball ..... 106
21. Diving ..... 103
22. Checkers ..... 102
23. Ping Pong ..... 100
24. Bosting ..... 98
25. Bridge (C) ..... 97
26. Croquet ..... 93
27. Canoeing ..... 90
28. Snooker
29. Walking ..... 86
30. Baseball (S) ..... 84
31. Sailboating ..... 82
32. Skiling ..... 81
33. Handball ..... 79
34. Trap Shooting ..... 76
35. Bowling ..... 75
36. Chess
37. Basketball ..... 74
38. Bicycling ..... 71
39. Badminton ..... 69
40. Billiards ..... 67
41. Skeet
42. Horseshoes ..... 66
43. Polo (M)
44. Polo (W)65
45. Life Saving ..... 64
46. Volley Ball
47. Apparatus Work ..... 62
48. Track and Field ..... 57
49. Gymnastics ..... 54
50. Indian Clubs
51. Hiking ..... 53
52. Tumbling
53. Fencing ..... 5155. Footbell
54. Batminton ..... 50
55. Boxing
56. Wrestling
57. Rowing48
58. Soccer61. Tennis42
59. Weight Lifting ..... 40
60. Dancing (0) ..... 39
61. Archery ..... 36
62. Marching ..... 34
63. Dumb Bells ..... 32
64. Rope Skipping
65. Cross Country ..... 20

This table shows that reading came first with 193 out of the total 300 cases; motoring was second with 191 ; swimming and hunting were tied for third place with 183 each; fishing came fifth with 174. The remaining 63 activities are shown in their rank order and should be read as in the illustrations cited above.

The response to riding (would like to do) indicates that riding has a commercial value to someone in the community. One hundred forty-eight people or nearly 50 percent of the total 300 signified that they would ride if the facilities permitted.

One hundred fifty-three men indicated thet they would play golf if conditions permitted, while only 54 signified that they played golf at the present time, probably 99 more men would engage in this activity if conditions permitted.

If conditions permitted, 120 indicated that they would participate in outboard motoring.

One hundred twenty-six indicated that they would like to participate in rifle marksmanship. A rifle range, therefore, would be a satisfactory addition to the recreational facilities of the community.

With the exception of Music (I) and aeronautics, all the activities which ranked in the upper quartile require no formal instruction. This probably accounts for th ose activities ranking in the upper quartile of responses.

Those activities which ranked in the lower quartile of responses are almost without exception, too strenuous, or
require formal instruction. Also, Tumbling, Boxing, Wrestling, Weight-lifting, Archery, and Dumb Bells require wellequipped gymnasiums which are not so prevalent in Oklahoma.

## TABLE VI

The table below shows the responses to the question, "Do you think this activity should be taught in the schools?"

|  |  | Number | Percent |
| :---: | :---: | :---: | :---: |
| 1. | Music (I) | 233 | 77.66 |
| 2. | Music (V) | 233 | 77.66 |
| 3. | Swimming | 232 | 77.33 |
|  | Reading | 226 | 75.33 |
| 5. | Football | 223 | 74.33 |
| 6. | Basketball | 217 | 72.33 |
| 7. | Baseball (H) | 205 | 68.33 |
| 8. | Tennis | 198 | 66.00 |
| 9. | Wrestling | 190 | 63.33 |
| 10. | Boxing | 176 | 58.60 |
| 11. | Track and Field |  |  |
| 12. | Aeronautics | 165 | 53.00 |
| 13. | Life Saving | 162 | 54.00 |
| 14. | Gardening | 154 | 51.33 |
| 15. | Baseball (S) | 144 | 48.00 |
| 16. | Diving | 136 | 45.33 |
| 17. | Gymnastics | 134 | 44.66 |
| 18. | Motoring | 132 | 44.00 |
| 19. | Apparatus Work | 130 | 43.33 |
| 20. | Rifle Marksmanship | 129 | 43.00 |
| 21. | Golf | 127 | 42.33 |
| 22. | Tumbling | 122 | 40.66 |
| 23. | Marching | 120 | 40.00 |
| 24. | Volley Ball | 115 | 38.33 |
| 25. | Riding | 113 | 37.60 |
|  | Dancing (S) | 112 | 37.33 |
| 27. | Dancing (0) | 107 | 35.66 |
| 28. | Cross Country | 89 | 29.66 |
| 29. | Pistol Shooting | 87 | 29.00 |
| 30. | Walking | 76 | 25.33 |
| 31. | Fencing | 72 | 24.00 |
| 32. | Dumb Bells | 69 | 23.00 |
| 33. | Weight Lifting | 66 | 22.00 |
|  | Archery | 58 | 19.30 |
|  | Trap Shooting | 55 | 18.33 |
| 36. | Hiking | 50 | 16.66 |
| 37. | Fishing | 49 | 16.33 |
| 38. | Hendball | 45 | 15.00 |


|  |  | Number | Percent |
| :---: | :---: | :---: | :---: |
| 39. | Hunting |  |  |
| 40. | Skating (R) |  |  |
| 41. | Rowing | 42 | 14. |
| 42. | Ping Pong | 40 | 13.33 |
|  | Skating (I) |  |  |
| 44. | Boating | 35 | 11.66 |
| 45. | Polo (M) | 33 | 11.00 |
| 46. | Outboard Motoring | 31 | 10.33 |
| 47. | Dominoes | 28 | 9.33 |
| 48. | Indian Clubs | 27 | 9.00 |
| 49. | Rope Skipping | 25 |  |
| 50. | Sailboating | 24 | 8.00 |
| 51. | Bicycling |  |  |
| 52. | Bridge (A) |  |  |
| 53. | Horseshoes |  |  |
| 54. | Soccer |  |  |
| 55. | Polo (W) | 21 | 7.00 |
| 56. | Canoeing | 20 | 6.66 |
| 57. | Pocket Billiards | 18 | 6.00 |
| 58. | Bridge (C) | 17 | 5.66 |
| 59. | Checkers | 16 | 5.33 |
| 60. | Croquet |  |  |
| 61. | Skiing |  |  |
| 62. | Billiards | 14 | 4.66 |
| 63. | Bowling |  |  |
| 64. | Snooker | 13 | 4.33 |
| 65. | Batminton | 11 | 3.66 |
| 66. | Chess | 10 | 3.33 |
| 67. | Skeet | 9 | 3.00 |
| 68. | Badmintun | 8 | 2.66 |

This table shows that music (V) and Music (I) were tied for first place with 233 out of the total 300 cases. Swimming came third with 232 ; reading came fourth with 226 ; football came fifth with 223. The remaining 63 activities are shown in their rank order and should be read as illustrated above.

Music (I), Music (V), end reading rank 1 , 2, and 4, for the reason that they have always been included in school curriculums.

Since swiming has such a high recreational value, it
offers an opportunity to inaugurate an active program to stress safety by means of the Red Cross and other agencies devoted to safety.

## OCCUPATIONAL GROUP DIVISION

The 300 male adults were divided into three occupational classifications according to the amount of physical exertion required. There were 103 different occupations represented in the 300 subjects.

The first division consisted of men whose occupations required a great deal of physical labor. Some of the occupations included in group I are: blacksmith, millworker, laborer, etc.

The second division consisted of men whose occupations required a moderate amount of physicel activity, such as barber, filling station worker, physicion and surgeon, etc.

The third division consisted of men whose occupations required little or no physicel activity. Included in this group were occupations such as lawyer, banker, newspaper publisher, minister, etc.

These occupational divisions were made in order to determine if there was any significant differences in the types of recreational activities engaged in by occupational groups requiring different emounts of energy.

## OCCUPATIONAL DIVISION GROUP I

This table shows the different occupations which comprise the occupetional division group $I$, which contains 61 men whose occupations require a great deal of physical labor.

## OCCUPATION

Blacksmith
Boxer
Carpenter
C.C.C. Enrollee 1
Farmer 13
Janitor 1
Laborer ..... 27
Laundry Worker ..... 1
Machanic, Auto ..... 5
M111 Worker ..... 1
011 Field Worker ..... 2
Painter ..... 2
Plumber ..... 1
Tinner ..... 1

## OCCUPATIONAL DIVISION GROUP II

This table shows the different occupations which comprise the occupational division group II, which contains 195 men whose occupations require a moderate amount of physical activity.

OCCUPATION
Auto Dealer Auto Parts Manager
Baker
Barber
Broom Maker I
Bus Driver
1
Butcher ..... 3
Cafe Proprietor ..... 2
Cattle Buyer ..... 1
Chiropractor ..... 1
Chief Police ..... 1
City Imployee (Water Dept., Meter Dept.)Confectioner2
Gontractor (Building, Labor) ..... 2
Construction Foreman ..... 1
Cook ..... 5
Dairy Rancher ..... 1
Dentist ..... 4
Druggist ..... 2
Bducators ..... 12
Rlectrician ..... 1
Electric Sign Dealer ..... 1
Blectrical Supply Merchant ..... 1
Electrical Superintendent ..... 1
Embalmer ..... 1
Embalner (Student) ..... 1
Engineer, Civil ..... 1
Engineer, Mechanical ..... 1
Entertainer ..... 1
Fireman ..... 8
Funeral Director ..... 3
Furniture Dealer ..... 1
Filling Station Worker ..... 8
Game Ranger ..... 1
Gasoline, Wholesale ..... 1
Geologist ..... 1
Glass Glazier ..... 1
Gless Merchant ..... 1
Grocery Merchant ..... 3
Hardware Merchant ..... 1
Ice Company Fireman ..... 1

NUMBER 6

$\qquad$
22

Occupational Division Group II, Continued:
OCCUPATION
NUMBERR
Ice man
Insurance, Life, Agent
Lumberman
Mail-carrier 1

Manager
(Chamber of Commerce) 1 (Department Store) (Laundry)
(Ladies Ready-to-Wear)
(Men's Clothier)
(Radio and Battery)
(Pool Hall)
2
(Sheet Metal) 1
(Taxicab) 1
(Transportation Co.) 1
(Wholese? Auto Farts) 1
Manufacturer, Ice Cream
National Park Service (Fieldman)
$0 i l$ and Gas Leasor
1

Oil 1
$0 i 1$ Company Fmployee 3
Park Superintendent 1
Photographer $\frac{1}{7}$
Physician and Surgeon $\quad 7$
Rancher
Real Bstate
1
$-\quad 2$
Radio Service I
Salesman
(Automobile) 7
(Dept. Store) 3
(Drug Store) 2
(Electrical Appliances) 2
(Grocery) 6
(Ice) 3
(Insurance) 1
(Ladies Ready-to-Wear) 1
(Meat) $\frac{1}{3}$
(Men's Clothier) 3
(Shoe) 2
Service, Auto 1
Shoe Repairman I
Shoe Store Proprietor 2
Soldier 7
Student 12
Surveyor
Time-keeper, W. P.A. 1
Tire Repaiman I
Truck Driver 7
Waiter 1

## OCCUPATIONAL DIVISION GROUP III

This table shows the different occupetions which comprise the occupational division group III, which contains 44 men whose occupations require little or no physical activity.

OCCUPATION

```
Abstractor I
Architect
Auto Dealer, Secretary and Treasurer I
Benker
6
Bookkeeper 2
Building and Loan I
College Registrar I
County Judge I
County Judge \holesale I
Grocer, Wholesale I
Insurance, General Agent
Jeweler
1
I
Bookkeeper 2
I
Lawyer 5
Locomotive Engineer I
Manager
    (Newspaper Circulation) I
    (Office, Utility) 2
    (Steel Company) 1
    (Theater) 1
Minister 5
Musician
1
Office Worker 2
Optical Repair
I
Optometrist I
Postmaster, Assistant l
Publisher, Newspaper 1
Railway, Express Agent l
Research Worker, Historical I
Soldier, Retired l
Superintendent of Mails l
```

NUMBER

## TABLE VII-a

Table VII-a represents the five leading activities engaged in by 61 men whose occupations required a great deal of physical labor.

In question I, "Learned fundamentals wi thout formal instruction," fishing was the highest activity as it was participated in by 55 out of a total of 61 men.

In question II, "Participated in high school or college," baseball (hard) was the leading activity with 42 out of a total of 61 men.

In question III, "Participated in as a member of a team," baseball (hard) was the leading activity with 42 out of a total of 61 men.

The remaining questions and activities are shown, and are to be interpreted in the manner illustrated above. GROUP I

This table represent the five leading activities engaged in by 61 men whose occupations involve physical labor. QUESTION I

Learned Iundamentals without formal instruction.

1. Fishing 55
2. Swiming 54

Reading 54
3. Checkers 52 Bominoes 52
4. Hunting 51 Motoring51

(H)
5. Baseball ..... 50

QUESTION II
Participated in High School or College.

1. Baseball (H) 42
2. Basketball 31
3. Baseball (S) 30
4. Pootball 19

Track 19
5. Volley Ball 9 Tennis 9

QUESTION III
Participated as a member of a team.

1. Baseboll (H)
2. Basketball
3. Baseball (S)
4. Pootbell
5. Track

QUESTION V
Would like to do.

1. Hunting
2. Motoring
3. Swimming
4. Rifle M.
5. Reading

Dancing (S)

42
27
24
18
17

52
51
50
48
47
47

QUESTION IV
Participates in at present time for recreation.

1. Reading 53
2. Motoring 51
3. Che ckers 44
4. Swiming 40
5. Dominoes 39

Fishing 39

## QUESTION VI

Think it should be taught in school.

1. Swimming

## 55

2. Basketball 54
3. Music (V) 53
4. Football 51
5. Baseball (H) 49

## TABLE VII-b

Table VII-b represents the five leading activities engaged in by 195 men whose occupations required a moderate amount of physical activity.

In question $I$, "Learned fundementals without formal instruction," swimming was the leading activity as it was participated in by 162 out of a total of 195 men.

In question II, "Participated in High School or College," reading was the leading activity with 86 out of a total of 195 men.

In question III, "Participated in as a member of a team," baseball (hard) was the leading activity with 97 out of a total of 195 men.

The remaining questions and activities are shown, and are to be interpreted in the manner illustrated above.

GROUP II
This table represents the five leading activities engaged in by 195 men whose occupations require moajerate physical activity.

QUBSTION I
Learned fundamentals without formal instruction.

| 1. | Swimming | 162 |
| :--- | :--- | :--- |
| 2. Basebril (H) | 145 |  |
| 3. | Bicycling | 143 |
| 4. Fishing | 139 |  |
| 5. Riding | 136 |  |

QUBSTION III
Participated as a member of a team.

1. Baseball (H) 97
2. Basketball
3. Football
4. Track and Pield
5. Baseball (S)

QUESTION V
Would like to do.

1. Reading 121
2. Swimming 116
3. Motoring 112
4. Hunting 111
5. Fishing 102

QUESTION II
Participated in High School or College.

1. Reading 86
2. Basketball 84
3. Baseball (H) 76
4. Football 64
5. Track 53

QUSSTION IV
Participates in at present time for recreation.

1. Reading
126
2. Swiming 118
3. Motoring 115
4. Fishing
5. Dancing (S) 101 90

QUESTION VI
Think it should be taught in school.

1. Music (I) 149
2. Reading 149
3. Swimming 138
4. Basketball 127
5. Tennis 126

## TABLE VII-c

Table VII-c represents the five leading activities engaged in by 44 men whose occupations required little or no physical activity.

In question I, "Learned fundamentals without formal instruction," swimming was the leading activity as it was participated in by 38 out of a total of 44 men.

In question II, "Participated in high school or college," basketball was the leading activity with 25 out of a total of 44 men .

In question III, "Participated as a member of a team," basebell (hard) was the leading activity with 23 out of a total of 44 men.

The remaining questions and activities are shown, and are to be interpreted in the manner illustrated above.

It is interesting to note question IV, "Participates in at present time," in which the 44 men whose work requires little or no physical activity indicated that reading was the leading activity with 34 participants out of a total of 44 men.

In question $V$, "Would like to do," motoring was the leading choice with 28 out of a total of 44 men.

It will be noted from the two questions above that these activities require little or no physical activity. This would probably indicate that men whose occupation required little or no physical activity did not like to participate in strenuous recrestional activities.

## GROUP III

This table represents the five leading activities engaged in by 44 men whose occupations do not require any physical activity.

## QUESTION I

Learned fundamentals without formal instruction.

1. Swimming 38
2. Baseball (H)
3. Motoring 30
4. Football 29
5. Reading

## QUESTION II

Participated in high school or college.

1. Basketball 25
2. Pootball 22
3. Baseball (H) 22
4. Swimming 14 Track and Field 14
4: Eusic (V) 11
Reading
11
5. Music (I) 10

## QUESTION IV

Participates in at present time for recreation.

1. Reading 34
2. Motoring 33
3. Swimming 31
4. Hunting 25
5. Fishing 25
6. Bridge (C) 19

Dancing (S) 19
QUESTION TI
Think it should be taught in school.

1. Music (I) 41
2. Swimming 39
3. Music (V) 38
4. Football 37
5. Basketball 36

## TABLE VIII-a

THIS TABLE REPRESENTS THE TOTAL REPLIES OF THE THREE OCCUPATIONAL DIVISIONS.

The six questions that were asked are given numbers from one through six in the order in which they were placed on the questionnaire. These six numbers are placed at the top of the table in Roman numerals. The three occupational divisions are listed under groups one, two, and three, and placed under each question.

The interpretation of this table is as follows: Aeronautics in group one, and question one, had no participants; in group two, there appeared five participants; and in group three, there were no participants. Aeronautics in group one, and question two, had no participants; in group two there appeared one participant; and in group three there were no participants. For question three, there were no participants for any of the three occupational groups.

The remainder of this table is to be interpreted in the manner just illustrated.

## THIS TABLE SHOWS THE THREE OCCUPATIONAI DIVISIONS AND THEIR PARTICIPANTS IN EACH ACTIVITY



| QUES | $1$ | $\begin{array}{r} 1 \\ 2 \end{array}$ | 3 | 1 | $2^{11}$ | 3 |  | 1 | $\frac{111}{2}$ | 3 |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | : |  |  | : |  |  | : |  | : |  |
| Music (I) | :40 | 51 | 17 | 11 | 24 | 10 | : | 1 | 15 | 3 |
| Music (V) | :37 | 54 | 16 | : 2 | 18 | 11 |  | 4 | 7 | 6 |
| Outboard Motoring | : 1 | 35 | 13 | : 1 | 0 | 0 |  | 0 | 0 | 0 |
| Ping Pong | :13 | 61 | 8 | : 3 | 1 | 2 | : | 0 | 0 | 0 |
| Pistol Shooting | :42 | 93 | 20 | : 0 | 6 | 3 | : | 0 | 5 | 3 |
| Polo (W) | : 1 | 9 | 2 | : 0 | 5 | 1 | : | 0 | 4 | 0 |
| Polo (M) | : 0 | 4 | 4 | : 0 | 0 | 0 | : | 0 | 0 | 0 |
| Pocket Billiards | :33 | 77 | 15 | : 1 | 2 | 0 | : | 0 | 1 | 0 |
| Reading | :54 | 123 | 28 | : 2 | 86 | 11 | : | 0 | 5 | 0 |
| Riding | :43 | 138 | 23 | : 1 | 7 | 3 | : | 0 | 0 | 1 |
| Rifle Marksmanship | :45 | 110 | 23 | : 1 | 8 | 6 | : | 1 | 6 | 3 |
| Rowing | :15 | 16 | 4 | : 0 | 0 | 2 | : | 0 | 0 | 0 |
| Ropeskipping | :15 | 69 | 5 | : 0 | 16 | 0 | : | 0 | 11 | 0 |
| Sailboating | : 3 | 19 | 7 | : 0 | 1 | 0 | : | 0 | 0 | 0 |
| Skeet | : 1 | 8 | 3 | : 0 | 1 | 0 | : | 0 | 0 | 0 |
| Skating (I) | : 9 | 60 | 11 | : 0 | 10 | 3 | : | 0 | 2 | 0 |
| Skating (R) | :35 | 106 | 22 | : 0 | 6 | 0 | : | 0 | 0 | 0 |
| Skiing | : 0 | 7 | 3 | : 0 | 1 | 0 | : | 0 | 0 | 0 |
| Snooker | :29 | 63 | 5 | : 0 | 3 | 0 | : | 0 | 0 | 0 |
| Soccer | : 0 | 14 | 1 | $: 0$ | 5 | 2 | : | 2 | 0 | 3 |
| Swimming | :54 | 162 | 38 | : 3 | 19 | 14 | : | 1 | 3 | 5 |
| Tennis | :28 | 119 | 20 | : 9 | 33 | 10 | : | 9 | 17 | 6 |
| Track and Field | :31 | 73 | 16 | :19 | 53 | 14 | : | 7 | 58 | 12 |
| Trap Shooting | : 5 | 16 | 6 | : 0 | 2 | 1 | : | 0 | 0 | 1 |
| Tumbling | : 1 | 27 | 7 | : 0 | 5 | 3 | : | 0 | 1 | 2 |
| Volley Ball | :25 | 48 | 11 | : 9 | 17 | 6 | : | 8 | 14 | 4 |
| Walking | :43 | 78 | 24 | : 0 | 4 | 3 | : | 0 | 0 | 0 |
| Weight-Lifting | :25 | 38 | 3 | : 0 | 0 | 2 | : | 0 | 0 | 1 |
| Wrestling | :44 | 111 | 24 | : 1 | 11 | 6 | : | 1 | 5 | , |

TABLE VIII-a (continued)

|  | $\begin{gathered} \hline \text { IV } \\ 2 \end{gathered}$ |  | $3: 1$ |  | $\begin{aligned} & \bar{\nabla} \\ & 2 \end{aligned}$ | $3: 1$ |  | $\begin{array}{r} \hline \overline{V I} \\ 2 \\ \hline \end{array}$ | 3 |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | : | : | ; | : | : | , |  | : |  |
| Aeronautics | 0 | 14 | 3: |  | 86 | 9: | 45 | 100 | 20 |
| Apparatus Work | : 14 | 8 | $1:$ | 35 | 23 | 4: | 27 | 84 | 19 |
| Archery | 0 | 2 |  |  | 4 | 3: | 27 | 25 | 6 |
| Badminton | 0 | 1 | 0 : | 11 | 57 | 1: | 4 | 3 | 1 |
| Bat Minton | 0 | 0 | $0:$ |  | 25 | 0 : |  | 6 | 1 |
| Basketball | 3 | 12 | 0 : |  | 41 | 3: |  | 127 | 36 |
| Baseball (H) | 19 | 17 | 1: |  | 57 | $8:$ | 49 | 123 | 33 |
| Baseball (S) | 21 | 23 | 5: | 36 | 42 | 6: |  | 89 | 20 |
| Bicycling | 0 | 10 | $0:$ | 31 | 38 | 2: | 7 | 14 | 1 |
| Billiards | 0 | 26 | 2: | 35 | 28 | 4: | 4 | 9 | 1 |
| Boating | 4 | 40 | 9: |  | 46 | 9: | 7 | 26 | 2 |
| Bowling | 3 | 10 | 5: | 34 | 31 | 10: |  | 7 | 2 |
| Boxing | 1 | 9 | 1: |  | 28 | 2: |  | 111 | 20 |
| Bridge (A) | 12 | 63 | $7:$ | 42 | 61 | 4: |  | 8 | 0 |
| Bridge (C) | 3 | 36 | 19: |  | 48 | 10: |  | 10 | 0 |
| Canoeing | 1 | 4 | 0: |  | 52 | 4 : | 7 | 11 | 2 |
| Chess | 2 | 13 | 2: | 28 | 46 | 1: |  | 2 | 3 |
| Checkers | : 44 | 71 | 11: | 39 | 56 | 7 7 |  | 4 | 5 |
| Croquet | 16 | 29 | 8: | 38 | 47 | 8: |  | 9 | 3 |
| Cross Country | 0 | 4 | $0:$ | 2 | 10 | $0:$ | 35 | 44 | 10 |
| Dancing (S) | 28 | 90 | 16: |  | 78 | 13: |  | 57 | 10 |
| Dancing (0) | 1 | 4 | 0: |  | 8 | $0:$ | 22 | 73 | 12 |
| Diving | 22 | 56 | 7: |  | 68 | $7:$ |  | 88 | 17 |
| Dominoes | 39 | 69 | 12: | 40 | 67 | 11: |  | 17 | 2 |
| Dumb Bells | 0 | 2 | 0: | 18 | 13 | 1: | 25 | 38 | 6 |
| Fencing | 0 | 1 | 0: | 25 | 24 | 2: |  | 47 | 8 |
| Fishing | 39 | 101 | 25: | 46 | 102 | 26: |  | 40 | 3 |
| Football | 1 | 7 | 2: |  | 35 | 2: |  | 135 | 37 |
| Gole | 1 | 43 | 10: | 40 | 77 | 16: | 33 | 77 | 17 |
| Gymnastics | 3 | 8 |  |  | 32 | 2: |  | 80 | 21 |
| Gardening | 10 | 54 | 17: | 14 | 88 | 11: |  | 99 | 20 |
| Hand Ball | 2 | 1 |  | 29 | 48 | 2: |  | 25 | 10 |
| Hiking | 1 | 16 | 12: | 8 | 37 | 8: |  | 16 | 13 |
| Horseshoe pitching | 4 | 35 | 8: | 14 | 44 | 8: |  | 7 | 7 |
| Hunting | 24 | 86 | 25: | 52 | 111 | 20: |  | 26 | 8 |
| Indian Clubs | 0 | 2 |  | 27 | 27 |  | 11 | 11 | 5 |
| Life Saving | 1 | 12 |  | 26 | 36 |  |  | 92 | 28 |
| Marching | 0 | 11 | 5: | 5 | 27 | 2: |  | 73 | 16 |
| Motoring | 51 | 115 | 33: | 51 | 112 | 28: |  | 84 | 30 |
| Music (I) | 22 | 45 | 9: | 45 | 87 | 10: | 43 | 149 | 41 |
| Music (V) | 6 | 34 | 9: |  | 90 | 8 : |  | 142 | 38 |
| Outboard Motoring | 0 | 14 | 7 : | 41 | 70 | 9: |  | 22 | 1 |
| Ping Pong | 1 | 25 | 6: | 31 | 65 |  | 17 | 21 | 2 |

TABLE VIII-a (continued)


## TABLE VIII-b

THIS TABLE ANALYZES THE SURVEY IN ORDER TO PROVIDE A BASIS FOR RECOMMENDATIONS

The following table is the basis for the recreational and leisure time activities as recomended for the comunity of Lawton, Cklahoma.

The table was divided into three main divisions, namely: Present Pacilities, which was further subdivided into two columns, Space, Equipment and Instruction; Present Needs; and Future Needs.

Under Present Facilities, in the column listed Space, a plus sign was placed after the activity if there was ample space or facilities for the activity, and a minus sign was placed in the column if no space or facilities were available; the same system was used for the colunn entitled Equipment and Instruction, and a zero mark was placed in this column if organizati on and sponsorship were needed.

In arranging this table, the percentages from Table IV and VI were used to divide these activities into quartiles; if an activity appeared in the first quartile it was so designated by placing three $X$ marks in the column headed Present Need; if the activity appeared in the second or third quartile, two $\mathbb{X}$ marks were placed in column Present Needs; and if the activity appeared in the lower or fourth quartile, one $\mathbb{X}$ mark was placed in Present Needs; the same method was used to score the column entitled Future Need.

## TABLE VIII-b



TABLE VIII-b (continued)


## RECOMMENDATIONS

The following recommendations are based upon Table VIII-b which is given on the preceding page.

In the absence of a Recreational Director or Playground Supervisor, it would be desirable for the civic clubs or other agencies to sponsor a commity recreational and leisure time activity program.

The municipal government through its Public Park Board could provide facilities for adult recreation. Of the six parks in the city of Lawton, four have inadequate facilities, and this condition should be remedied. The great demand for tennis as indicated in this survey, is evidence that the four municipal tennis courts now available in Lawton are an insufficient number. It would be advisable for the Park Board to provide four additional tennis courts in order that the demand for this activity could be more nearly satisfied. Likewise, the construction of two additional croquet courts would be a desirable step.

If the municipal officials could obtain permission from the nearby Fort Sill Military Post for the use, by the male adults of Lawton, of their Army rifle and pistol range, it would be very effective in satisfying the demand for these activities.

Due to the large demand for Horseback riding, a bridepath could be effectively utilized, and also a commercial riding academy probably could be successfully operated.

A community center or recreational building with facilities for gymnastics, billiards, bowling, snooker, swimming, and dancing, under a competent supervisor, would provide a large number of the male population of the community with wholesome recreational activity. A small fee could be charged to defray the maintenance expense.

The civic clubs could greatly assist by organizing and sponsoring various community recreational activities, such as the following: Bicycling clubs; boating regattas; auction and contract bridge clubs and tournaments; hiking, walking, and marching clubs; bands and orchestras; community singing; reading clubs; swimming and diving teams, and contests.

A municipal golf course with a nominal green fee for the general up-keep of the course, would be very desirable in view of the fact that the green fee et the local golf courses is almost prohibitive for the average man.

Through the transportation committee of the Chamber of Commerce, or the organization of a motoring club, a directory of the various places of beauty or interest in the vicinity of Lawton, could be provided for those who enjoy motoring.

As Lawton is situsted in the vicinity of the Wichita Mountains, and the Wichita National Park which contains some sixty lakes of varying sizes, many natural facilities for recreational and leisure time activities are provided for the population of this community. These natural facilities can be utilized to a great extent.

While this study deals with the recreation of the male adults, conditions effecting women's activities are very much the same. This would indicate the need of a recreational program under qualified leadership for the children of this comunity, which program would prove of value to the adult citizen of the future.

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