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THE INFLUENCE OF ISOLATED RHYTHMIC DRILL ON GROWTH IN SIGHT SINGING

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THE INFLUENCE OF ISOLATED RHYTHMIC DRILL ON GROWTH IN SIGHT SINGING


## In Memory of my Grandfather

LINZY LEWIS FOSTER

1899-1969

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# THE INFLUENCE OF ISOLATED RHYTHMIC <br> DRILL ON GROWTH IN SIGHT SINGING 

CHAPTER I

THE PROBLEM

## Introduction

During the nineteenth century, a major portion of the American public school music program was devoted to the development of sight-singing skills, according to John,? but, during the first half of the twentieth century, the development of sight-singing skills seemed to lose its position as a major objective of music education. This conclusion is reached since the teaching of sight singing was not specifically mentioned in the Outline of a Program for Music Education advocated by the Music Educators National Conference in 1951. Currently, however, there is a resurgence of interest in all areas of music reading.

While contemporary educators generally concur with the viewpoint that sight singing is not a major objective of

[^0]public-school music, they do recognize its importance. This is evidenced by its inclusion in basic song books, texts, and hymnals. The manuals that accompany these texts contain a wealth of suggested procedures to help students develop sight-singing skill.

The amount of time allotted for sight singing throughout the American educational system, from elementary general music through the college sophomore sight-singing proficiency examination, is limited. The music teacher who desires to develop the sight-singing skills of his students finds the available time very short. Hammer suggests that this may be one of the major reasons for the low state of musical literacy of students at all levels of attainment. 1 The problem of teaching students to read music at sight is as old as the music program itself. ${ }^{2}$ Many systems have been employed in an effort to teach this rather complicated skill. Chief among them have been the shaped note, the fixed do, and the movable do systems. ${ }^{3}$ (Singing with scale numbers may be considered a variation of the last named.) Still another system is the utilization of actual pitch, and another is the neutral syllable.
${ }^{1}$ Harry Hammer, "An Experimental Study of the Use of a Tachistoscope in the Teaching of Melodic Sight Singing," Journal of Research in Music Education, XI, No. 1, p. 44.
${ }^{2}$ Doris Hutton, "A Comparative Study of Two Methods of Teaching Sight Singing in the Fourth Grade," Journal of Research in Music Education, I, No. 3, p. 119.

3 Ibid.

Karl W. Gehrkens believes that the reason so many people, including college students, cannot read with more facility is because that they have not been exposed to a sufficient quantity of music. Dr. Gehrkens says, "The way to read music fluently is to read a lot of music." Many teachers have the idea that students hate music because their teachers require them to use the syllables. Dr. Gehrkens believes that this is usually not caused by having to sing sol-fa syllables, but by being forced to suffer through a lot of uninteresting uninspired music. ${ }^{1}$

Many educators believe that the inability to read rhythms limits many secondary school students' and college students' ability to sight read music. Some research seems to support these beliefs. ${ }^{2}$ Therefore, this study was undertaken with the assumption that improvement in the reading of rhythms will facilitate music reading.

## The Problem

The purpose of the study was two-fold:
(1) To determine whether sight-singing difficulties encountered in melodic reading can be minimized by the

[^1]utilization of a unit of study dealing with rhythmic reading prior to the study of melodic reading.
(2) To determine whether an isolated unit of study dealing with rhythmic reading might be beneficial in promoting or attaining greater efficiency in melodic perception.

## Statement of Hypotheses

In order to illustrate experimentally the feasibility of comparison between traditional sight-singing systems where melody, rhythm, and harmonic implications are presented simultaneously and a system where all rhythmical problems are explored prior to the introduction of melodic and harmonic material, the following specific hypotheses were formulated:
(1) Students who are taught to deal with rhythmic reading problems prior to their exposure to melodic and harmonic material will show greater consistency in sight-singing ability than those students who are exposed simultaneously to melody, rhythm, and melodies employing harmony.
(2) Students who are taught to deal with rhythmic reading problems prior to their exposure to melody and harmony will show greater consistency in the execution of intervals, scale singing, modal singing, chord arpeggiations, and singing in parts than those students who engage in all areas of sight singing simultaneously.

## Need for the Study

Preliminary investigation has revealed an absence of experimental studies in the specific area of the proposed study. Since the study of elementary sight singing is a part of the curriculum for freshmen music students, the related success of the concept proposed in this study should provide valuable information for teachers who are involved in the training of sight singing.

Also, an educator is engaged in a never-ending quest for knowledge and information that will improve skills in the classroom, and a resourceful teacher is always alert to the possible improvement of teaching techniques and innovations for employment within his own academic situation. Higgins and Merwin ${ }^{1}$ attest that proficient music educators are continually evaluating educational techniques and curricula. Choate ${ }^{2}$ suggests that all music educators need to participate more actively with the appraisals of the entire scope of music teaching. Giles and Ricci ${ }^{3}$ confirm the fact that there exists a wide-spread weakness in the preparation of entering college freshmen in music schools and were
${ }^{1}$ Martin J。Higgins and Jack C. Merwin, "Assessing the Progress of Education in Music," Music Educators Journal, LIII, No. 8, p. 52.
${ }^{2}$ Robert A. Choate, "Tanglewood Symposium Project Report," Music Educators Journal, LIII, No. 8, pp. 46, 51.

3Allen Giles and Robert Ricci, "An Experimental Music Curriculum for Gifted High School Students," Music Educators Journal, LIII, No. 3, p. 57.
concerned at the level of musical illiteracy that was indicated by the inability of these students to read musical notation with any degree of fluency.

## CHAPTER II

## SURVEY OF RELEVANT MATERIALS

Although there appears to be an absence of experimental studies in the specific area of the present study, there are several related studies and materials.

On at least two occasions mechanical devices have been invented in an attempt to eliminate rhythmic problems. In 1812, Beethoven's friend Maelzel invented the "upsidedown pendulum," the metronome, to "tick-tock" rhythmical beats. 1 In 1932, Otto Meissner improved the metronome to emphasize accents, both primary and secondary. This device was called the Rhythophone and was manufactured by C. G. Conn Company. ${ }^{2}$

However, it must not be taken for granted that students have learned and can use note and rest values, time signatures, duple rhythms, triple rhythms, alla-breve, and

[^2]syncopation--all with musical feeling. ${ }^{1}$ Dorothy Horn ${ }^{2}$ states that few students understand the difference between simple and compound meters.

In an article in the Journal of Research in Music Education ${ }^{3}$ Irving Lowens and Allen P. Britton suggest that, had Lowell Mason adapted the shaped-note system of William Little and William Smith as set forth in The Easy Instructor (1798), "we might have been more successful in developing skilled music readers and enthusiastic choral singers in our public schools."

George Kyme described an experiment which he conducted with control groups of students who were taught to read music by two methods. Orthodox methodologies were utilized in the instruction of one group, and their music reading ability was compared with that of experimental groups who were taught to read music by the utilization of several approaches to music reading. The other system used was the shaped-note system developed by James B. Aikin and described in The Christian Minstrel (1846). (Aikin developed his seven-shape notation from the four-shape system

[^3]of The Easy Instructor.) Kyme calls attention to the fact that both systems of teaching the reading of music are still in use in some southern churches. ${ }^{1}$

Mr . Kyme rejected the null hypotnesis when it was discovered that there was a significant difference in the development of music ability in the group that utilized the shape notes. This experimental group had greater pitch and rhythm accuracy than did. the other group of students who had learned to read music by the utilization of the "usual" methods which were included in the study.

In addition to the measured skill in singing at sight, the experimental groups utilizing Kyme's shaped-note system seemed to excel in many other ways. ${ }^{2}$ The students in the experimental sections were the only ones to develop skill in notating their created melodies. They alone attained a grasp of the harmonic structure in music necessary to create an autoharp accompaniment.
"The most interesting observation of all," states Kyme, "was found in the seventh-grade registrations."3 At the junior high school to which three control and experimental groups were promoted, $63 \%$ of the fourth and fifthgrade subjects enrolled in seventh-grade glee club--an

[^4]elective course which met before the regular school day began. The average percentage from other elementary schools entering the school glee club was less than $20 \%$.

In the light of this evidence, music educators may wish to reappraise the shaped-note system of teaching sight singing, a system in use for over 150 years in the southeastern United States.

Bolden conducted an experimental study to determine the extent of the influence, if any, of the piano keyboard, syllables/letter names, and recorder on growth in sight singing and rhythmic reading. Of the three modes of instruction used in the Bolden study, the emphasis placed on syllables/ letter names as a growth regulator in developing sight singing and rhythmic reading resulted in this approach exceeding both the piano keyboard and recorder in the effectiveness as regards rhythmic reading gain and total gain. ${ }^{1}$

Murphy feels that the dependence on syllables is a serious handicap in harmonic study since syllables may be applied only to a single melodic line, and suggests that they be discarded as early as is deemed feasible. ${ }^{2}$
${ }^{1}$ Joyce Inez Johnson Bolden, "The Influence of Selected Factors on Growth in Sight Singing and Rhythmic Reading" (unpublished Doctor's dissertation, Michigan State University, Lansing, Michigan, 1967), p. 94.
${ }^{\text {Howard A. Murphy, Teaching Musicianship (New York: }}$ Coleman-Ross Company, Inc., 1950), pp. 46-47.

Boyle ${ }^{1}$ compared the effectiveness of procedures incorporating bodily movement as an aid in the teaching of rhythmic reading with procedures which did not employ bodily movement. The experimental group of junior high school bandsmen studied by Boyle made statistically more significant gains than did the parallel control group. Boyle concluded that systematic programs of rhythm training enabled bandsmen to make statistically significant gains in scores on a rhythm sight-singing test and The Watkins-Farnum Performance Scale.

The Boyle experiment was conducted in twenty-four junior high school training bands in northern Kansas. The twenty-four bands were divided and matched as nearly as possible into two equal groups of twelve bands each.

All bands used the same training materials for thirty minutes per week during the experimental semester. The experimental bands incorporated bodily movements in the form of foot tapping to mark the underlying beat and hand clapping to practice the rhythm patterns as aids for learning and performing rhythm exercises. Control bands were not permitted to use such bodily movements during training.

Boyle suggests that band directors utilize rhythm training during a portion of their rehearsal time teaching
${ }^{1}$ John David Boyle, "The Effect of Prescribed Rhythmical Movement on the Ability to Sight Read Music" (unpublished Doctor's dissertation, University of Kansas, Lawrence, Kansas, 1968), p. 183.
systematically the reading of rhythms. He further recommends that the bodily movements used by the subjects in the experiment be incorporated into these rhythm training programs. Although the high correlation between rhythm sight reading and melodic sight reading does not prove that the latter is dependent upon the former, it does lend strong support to this tiresis.

Middleton ${ }^{1}$ concluded from his study dealing with an innovative technique known as the breath-impulse method that subdivisions of the beat can be learned and practiced through the means of measured breath exhalations synchronized with a given rhythmical pulse.

Middleton's experiment consisted of the instruction of six groups of elementary bandsmen--three control groups and three experimental groups. All of the groups were taught by several different instructors in the breathimpulse method, or the competing method, for a period of seven months. It was determined, as a result of the experiment, that the breath-impulse technique causes a student to make subdivisions of the beat into two, three, and four impulses with a natural body function, one that is integral to the processes of performance on a wind instrument.

1 James Allen Middleton, "A Study on the Effectiveness of the Breath Impulse Technique in the Instruction of Wind Instrument Performers" (unpublished Doctor's dissertation, University of Oklahoma, Norman, Oklahoma, 1967), pp. 58-59.

Middleton's BRIM technique has been used successfully in the Norman, Oklahoma, Public Schools since 1961. ${ }^{1}$

DeVon Helbling experimented to determine the relative effectiveness of "whole" and "part" concepts of learning as applied to teaching sight singing in its elementary stages. ${ }^{2}$ To determine the relative effectiveness of the application of the two concepts, a "whole" method group and a "part" method group composed of undergraduate elementary education majors were equated for the experiment. Each group met for a total of twenty sessions. The result was that the progress of neither group was significantly better than the other. The "part" concept, including rhythm as a single part, was as satisfactory as the "whole" concept where rhythm was included within the total concept.

Barnes studied the effectiveness of drill in learning to sight sing certain intervals and, also, the consequent effect of drill upon sight-singing ability. His experiment included instruction of a control group and an experimental group. The two groups were composed of members of the freshman music theory class at Indiana State Teachers

[^5]College during the 1958-1959 school year, and the groups were matched with respect to musicality and intelligence.

The experimental group participated in the interval drill for a period of ten weeks, while the control group utilized a traditional approach. Barnes 1 found, as a result of the experiment, that the experimental group performed significantly better than the control group in the sight singing of melodies. However, the improvement in the ability to sight sing melody was not statistically significant as was the improvement in the ability to sight sing intervals. In fact, Barnes states:

Since the improvement in the ability to sing intervals did not reflect a direct improvement in the ability to sight sing melody made up of these intervals, it would seem that the latter ability is more complex than the former and is dependent on more factors than were accounted for in this experiment. ${ }^{2}$

Although this study does not involve a comparison of the relative effectiveness of isolated rhythmic drill, it does feature an approach to teaching sight-singing skill characteristic of the isolated "part" concept.

Like drama and dance, music is a time art; it exists in time. Music is organized in time, and it is rhythm that is the organizational element. The Greek meaning of rhythmos is to "flow." Rhythm, therefore, can be a broad
${ }^{1}$ James W. Barnes, "An Experimental Study of Interval Drill As It Effects Sight Singing Skill" (unpublished Doctor's dissertation, Indiana University, Bloomington, Indiana, 1960), pp. 83-84.
${ }^{2}$ Ibid., p. 81.
concept that covers everything to do with the temporal aspect of music. It includes the subordinate concepts of pulse, tempo, note values, rhythmic patterns, meter, as well as phrase and period. However, of all rhythmic elements in measured music, the most fundamental is pulse. ${ }^{1}$

The time values of the notes in a piece are so important that if a choice must be made between perfection of pitches and perfection of time values, there can be no doubt that the latter should receive preference. Rubinstein ${ }^{2}$ lends support to this statement as follows:

One cannot hope to be an expert sight reader without being a well-grounded musician, and certainly one of the attributes of a well-grounded musician is his regard and respect for musical elements, the two most basic of which are notes and their time values. Either of these without the other is meaningless. It is as essential to know the time relationship of a quarter to an eighth, or any other value to a different value, as it is to know the names of the notes on the lines and spaces on the staffs, and which notes on the piano correspond to them. Time values are the outer garment of rhythm in the sense that bark is the outer garment of a tree. The garment must be kept whole and intact if the body beneath is not to be destroyed. Rhythm is the indispensable soul of music; as such, it is of the utmost importance, whether sight reading or otherwise.

[^6]William S. Newman also recognizes rhythm as a dominant factor in sight reading: ${ }^{1}$

The prime difficulty in sight reading is almost always rhythm rather than notes. Although there are eighty-eight notes on the piano, and these are combined in a nearly inexhaustible variety of harmonies, the fact remains that the notes will invariably appear in fixed places on the staff and on the keyboard. Rhythm, on the other hand, is much more elusive. To be sure, the number of different note values and signs in common use is comparatively small, but these are arranged in varied combinations that are neither tangible nor predictable.

Unless one can maintain an approximately correct tempo, a real understanding of the meaning of a composition and communication of its emotional values are impossible to achieve. A sight-reading performance does not mean a polished or perfect performance. The object, rather, is to give a general idea of the read piece. Therefore, continuous movement is the fundamental in sight reading. At times, the inexperienced sight reader is thrown into complete bewilderment when a wrong note is heard. This is the most difficult moment in sight reading because the sight singer will inevitably turn back to correct his mistake and disregard completely the "forward movement" that is necessary in sight singing.

Statistics have shown that $87 \%$ of the errors in ear training are notational problems. ${ }^{2}$ Many sight-singing

[^7]teachers advocate a course in notational problems while others rely upon much blackboard work under constant supervision.

In his bcok, Elementary Musicianship, Baum states:
The student must have an ample opportunity to listen and experience new musical phenomena before they are explained. Far more important than the subject matter is the work procedure. Through adequate methods of practice and approach to new problems the student will shape tools to help him in all his musical problems. 1

Bauman's theory reflects the present concern of "how to do" being as important as "what to do." Thus, the method for presenting new material is as important as the material presented.

Bauman further states that the writing of dictation should be postponed until the excerpt has been completely memorized. The slower the approach to paper, the faster correct dictation will be written. Bauman states, "Memorize and then 'slow down' the melody." 2

McHose, a noted authority in the field, states:
Rhythmic dictation should precede melodic and harmonic dictation. However, only after the student has mastered a particular rhythmic problem

[^8]through rhythmic reading should rhythmic dictation be presented.

Ear training should be regarded as directed or controlled listening. The training of a discriminating ear is largely informational, and the development of the skills depends upon the effectiveness of the instruction and upon the ingenuity of the observer in the detection of difficulties. Murphy states that "we hear with our ears, but we listen with our minds." ${ }^{2}$

Jones ${ }^{3}$ states that the requisite for good sight reading is the development of the eye span and steady rhythm. Regularity of reading practice and selection of good material should be emphasized in the overall program.

Sight reading is a combination of notation, ear training, and tone production and furnishes continual training in all. ${ }^{4}$ Its purpose is that of learning to read music silently and to reproduce it vocally. 5
${ }^{1}$ Allen I. McHose, Teacher's Dictation Manual (New York: Appleton-Century-Crofts, Inc., 1948), p. 3.
${ }^{2}$ Murphy, op. cit., p. 61.
$3_{\text {Marjorie Dana Jones, "Sight Reading All Important," }}$ Etude Magazine, LXXV, No. 3, p. 17.
${ }^{4}$ Carl E. Seashore, Psychology of Music (New York: McGraw-Hill Book Company, 1938), p. 157.

5Murphy, op.cit., p. 43.

The grasp of a melodic or rhythmic idea by ear or by eye requires familiarity with a certain number of fundamental tonal and rhythmic concepts. 1

It is necessary that the student develop a meaningful tonal and rhythmic vocabulary--a vocabulary which is "made up" of the sounds or symbols or various tones, rhythms, and items of theory which the performer must understand. ${ }^{2}$ Students should build a sight vocabulary of music fundamentals, such as basic keys, tonal groups, rhythms and terms, and should seek to develop a high level of mental and physical coordination. 3

In an article, "It"s Not Theory, It's Music," the late Chester Barris states that "thinking and hearing should be logically coordinated. $"^{4}$ In this connection he stresses the importance of learning music by the scale relationship of tones, saying that it is the logical way in which the majority of students will be able to use, consciously and intelligently, their sense of hearing as an aid to the reproduction of tones. Music is sound; therefore, the ear

[^9]should be the fundamental guide to any medium by which it is provided.

Authorities differ, of course, in their theories as to what initial approach should be made to sight singing. The Hindemith approach to music reading utilized by the Eastman School of Music was the first method employing rhythmic reading. The viewpoint of other educators is that the melodic approach should take precedence over the rhythmic in the beginning phases of music reading. However, rhythmic accuracy was given preference over melodic accuracy in twothirds of the schools of music examined by Simpson in 1957.1 It is interesting to note that many of the more recent texts utilize the rhythmic approach. Ottman, ${ }^{2}$ Thomson, ${ }^{3}$ Benward, ${ }^{4}$ Lieberman, ${ }^{5}$ Fish and Lloyd, ${ }^{6}$ and Walton and Wilson ${ }^{7}$ are
${ }^{1}$ Simpson, op.cit., p. 62.
${ }^{2}$ Robert W. Ottman, Music for Sight Singing (New York: Prentice-Hall, Inc., 1956).
$3_{\text {William Thomson, Introduction to Music Reading }}$ (Belmont, California: Wadsworth Publishing Company, Inc., 1966).
${ }^{4}$ Bruce Benward, Sightsinging Complete (Dubuque, Iowa: William C. Brown, Inc., 1965).

5Maurice Lieberman, Ear Training and Sight Singing (New York: W. W. Norton and Company, Inc., 1959).
${ }^{6}$ Arnold Fish and Norman Lloyd, Fundamentals of Sight Singing and Ear Training (New York: Dodd, Mead, and Company, Inc., 1968).
${ }^{7}$ Charles W. Walton and Harry Robert Wilson, Music Reading Through Singing (Belmont, California: Wadsworth Publishing Company, Inc., 1968).
among those who isolate rhythmic sections from melodic sections in their texts.

Possibly the most fundamental, powerful, and primeval element in music is rhythm; it must surely be the element most closely related to life itself which is so basically oriented rhythmically. All of the intricacies of musical time can be represented by the preciseness of body sensations.

Jaques-Dalcroze refers to the role of the body as the intermediary between aural stimuli and perceptivity of the mind. 1 Carl Seashore affirms that rhythm involves the whole body organism in the responsiveness to measures of time intervals, and that the whole of rhythm involves a two-fold response--perception and reaction. ${ }^{2}$

If the physical resources are properly trained and perfected in rhythmic delineation, then the resulting clarity of perception will aid the consciousness of musical rhythm. 3

Ruckmick ${ }^{4}$ discovered that fundamental cognizance of rhythm required the existence of kinaesthesis, but that the need for muscular movement inclined to disappear without

[^10]necessarily losing the perceptivity of a thoroughly established rhythmic pattern.

Many music educators ask students to use a footbeat, conductor beat, and meter tapping as an aid to rhythmic pattern development while sight singing. It is the opinion of many teachers that a student cannot properly execute rhythms until they can feel them. This sense of feeling rhythms does not come from the thinking part of the brain, but rather from the medula oblongata, the source area of the controls exerted on the movements of the body. ${ }^{1}$ Thus it is necessary in the mastering of rhythms that the motor senses be exercised.

Karl Orff and Zoltan Kodaly ${ }^{2}$ stress the necessity of rhythmic activity as a concomitant of the learning process of developing musical percipiency. The necessity for practicing scales, arpeggios, broken chords, articulation techniques, and other motor coordination skills is obvious. Conceivably then, a key requirement in total musical achievement could be a unit of study dealing with the problems of reading rhythms in isolation from other problems.

[^11]It was Brahms, according to Karl Wilson Gehrkens, ${ }^{1}$ who first gave voice to the dictum, "In the beginning was rhythm"; and he might well have added, "and, in the end, rhythm is still the most vitalizing and most intriguing and the most tantalizing of the musical elements. ${ }^{2}$

Summary--It can be seen from the foregoing review of related research studies that all but the Barnes study dealt with rhythm as an isolated and fundamental element of sight singing. Most of these studies have contributed toward an understanding of the relative effectiveness of individual drill and isolated units of learning with regard to rhythmic understanding.

This writer's research has been an attempt to apply two clearly defined, competing sight-singing programs of study based on the "isolated rhythm" and "traditional" concepts to the teaching of thirty students to determine the relative effectiveness of these "isolated rhythm" and "traditional" concepts in teaching sight singing in its beginning stages.

[^12]THE DESIGN OF THE RESEARCH PROJECT

It is the purpose of this chapter to describe the research design for the experimental project. The description will include the nature of the two sight-singing groups studied and the materials and techniques utilized in the experiment.

## The Sight-Singing Groups

The subjects comprising the experimental and control groups were freshmen at Oklahoma City Southwestern College during the fall session of the 1968-1969 school year. All of the individuals in the groups had little or no previous formal study in sight singing.

The parallel group technique was utilized in arranging and equating the thirty subjects comprising the experimental and control groups. Fifteen students were selected to be members of the experimental group and were equated with fifteen students selected to be members of the control group.

The experimental subjects followed the program of study utilizing the "isolated rhythmic concept" derived for
the study, and the subjects of the control group followed the program of study utilizing the "traditional" concepts. Thirty-six class sessions were devoted to teaching each sight-singing program of study. The two groups were equated on the basis of group averages in terms of musical achievement and musical aptitude.

The tests for equating and upon which the group averages were based are:

1. The DeVon Helbling Sight-Singing Test (raw scores)
2. The Aliferis Music Achievement Test: College Entrance Level (raw scores)
3. The Seashore Tests (1939 Revision, Series A) for Sense of Pitch, the Sense of Rhythm, and Tonal Memory (raw scores)

The Helbling Sight-Singing Test consists of five melodies that contain a sampling of the tonal and rhythmic characteristics taught in the two competing sight-singing classes. These characteristics include major and minor keys; commonly used note and rest values; simple and compound meters; chromatic neighbor tones and passing tones; melodic tonal patterns that imply harmonies on the tonic, dominant, dominant-seventh, and subdominant chords; scalewise patterns; rhythm patterns involving the triplet, dotted-eighthsixteenth note combination; and division of the beat into eighth and sixteenth note combinations. The melodies are
also similar in terms of level and difficulty. (See the illustration on page 27.)

The Helbling Sight-Singing Test was checked for reliability by the author, who utilized the test-retest method, and was found to have a reliability coefficient of .97. Also, a high content validity is claimed for the test by the author.

In using the Helbling Sight-Singing Test as part of the equating procedure in terms of group averages, the mean scores of the sight-singing groups were compared. Since there was a mean difference of 10.6 between the two groups, the $t$ test was used to determine whether the difference is statistically significant. Since the confidence level did not reach .05, the mean difference was not considered significant. 1 The following formula was used for the $t$ test of significant. ${ }^{2}$

$$
t=\frac{\bar{X}_{1}-\bar{X}_{2}}{S-D}
$$

To apply the $t$ test, the two sets of scores were arranged in separate columns and listed in terms of descending
${ }^{1}$ For justification of this confidence limit, see Allen Edwards, Statistical Methods for the Behavioral Sciences (New York: Rinehart and Company, Inc., 1954), p. 241, and Paul Bloomers and E. F. Lindquist, Elementary Statistical Methods in Psychology and Education (Boston: Houghton-Mifflin Company, 1960), p. 281.
${ }^{2}$ Helen Walker and Joseph Lev, Statistical Inference (New York: Henry Holt Company, 1953), p. 152, and Edwards, op. cit., p. 501.

## Melodies for Sight Singing


$d=100$

$d=76$
3.

$d=126$
5.

numerical value. With this arrangement of each set of scores, individual scores between the two sets of scores were then matched in terms of their positions within the columns. This arrangement made it possible to determine whether the two groups were equated on the basis of group averages. The results of this equating procedure is shown in Table 1. The test for measuring musical achievement included items to determine the student's power of auditoryvisual discrimination of melodic, harmonic, and rhythmic elements and idioms. Since the Aliferis Music Achievement Test (College Entrance Ievel) measures these particular items, it was used in this phase of the equating procedure. In each question the candidate is asked to choose the musical notation from the four alternatives which matches the melody, harmony, or rinthm he has heard played. The instructions to the candidates are given orally and are fully set forth in the manual. The music is recorded on a standard tape played at $71 / 2 \mathrm{ips}$. The utilization of the tape recording assures uniformity in presentation and, consequently, maximum reliability. $\mathbb{T}^{r}$ e Aliferis Music Achievement Test is a well-documented and thoroughly developed test. ${ }^{1}$ It may be used with confidence for measuring the music student:s power of auditory-visual discrimination of melodic, harmonic, and rhythmic elements and idioms. A reliability coefficient of
${ }^{1}$ James Aliferis, Aliferis Music Achievement Test Manual: College Entrance Level (Minneapolis: University of Minnesota Press, 1954); pp. 12-16.

TABLE 1
RESULTS OF EQUATING THE TWO SIGHT-SINGING GROUPS IN TERMS OF THE HEIBLING SIGHT-SINGING TEST

${ }^{2}$ Scores equal number of correct responses.
$\mathrm{b}_{\text {Mean difference of }} 10.6$ is not statistically significant at confidence limits most frequently used. (See foctnote 1, page 26.)
. 88 is claimed by the publisher for the test as well as high content validity.

To determine whether the two sight-singing groups were equated in terms of musical achievement, the $t$ test of significance was applied to the two sets of scores derived from administering the Aliferis Music Achievement Test. Again, the two sets of scores were arranged in separate columns and listed in terms of descending numerical value from top to bottom. With this arrangement of each set of scores, individual scores between the two sets of scores were then matched in terms of their positions within the columns. This arrangement made it possible to determine whether the two sight-singing groups were equated on the basis of group averages in regard to musical achievement. The results of this equating procedure is shown in Table 2, page 31.

To determine whether the two sight-singing groups were equated in terms of musical aptitude, the Seashore Tests for the Sense of Pitch, the Sense of Rhythm, and Tonal Memory were used since they are generally used for this purpose. Although sufficient validity for these tests to predict adequately musical success and measure musical talent is questioned by some authorities, the tests detect certain abilities for perceiving elements that function consistentiy in musical situations, particularly the musical learning situations involved in the proposed sight-singing programs of study. The elements referred to include the

## TABLE 2

RESUTTS OF EQUATING THE TWO SIGHT-SINGING GROUPS IN TERMS OF THE ALIFERIS ACHIEVEMENT TEST:

COLLEGE ENTRANCE LEVEL

| Scores |  |  |  |
| :---: | :---: | :---: | :---: |
| Experimental Group |  | Contr | oup |
| D. M | 40 | B. M. | 37 |
| $J . T$. | 33 | M. M. | 34 |
| P. M. | 33 | I. G. | 32 |
| H. K。 | 32 | W. H. | 31 |
| B. H. | 31 | 0 . T. | 29 |
| O. B. | 28 | W. C. | 28 |
| G. M. | 25 | E. W. | 27 |
| D. F. | 24 | A. B. | 26 |
| $J . R$. | 22 | J. G. | 24 |
| F. D. | 20 | M. D. | 22 |
| J. S. | 20 | L. A. | 21 |
| C. M. | 20 | B. Y. | 20 |
| A. R。 | 17 | K. N. | 20 |
| L. M. | 17 | I. B. | 17 |
| E. So | 10 | D. M. | 16 |
| Mean ${ }^{\text {a }}$ | 25.0 |  | 25.6 |

${ }^{2}$ Mean difference of .6 is not significant.
sense of pitch, memory for tonal relationships in terms of pitch, and note relationships in terms of rhythm. ${ }^{1}$

The Seashore Test for Sense of Pitch consists of fifty pairs of tones. The second tone of each pair is higher, lower, or the same as the first tone. The listener responds to the pairs of tones by indicating whether the second tone is higher or lower in pitch than the first. The author claims high content validity and a reliability coefficient of .84 . The results of administering the test indicated the same mean score for both groups. (See Table 3, page 33.)

The Seashore Test for Sense of Rhythm consists of thirty pairs of rhythmic patterns (non-melodic). The rhythmic patterns vary from seven to nine tones in length and are set to simple triple, simple quadruple, and simple quintuple. The iistener responds to the pairs of stimuli in terms of "same" or "different." The author claims high internal validity and a reliability coefficient of .64. To determine whether the two sight-singing groups were equated, the $t$ test was applied in the same way it was applied to the Aliferis Music Achievement Test. The difference of .74 between the mean score of the two groups was not found to be statistically significant. (See Table 4, page 34.)

[^13]
## TABLE 3

RESULTS OF EQUATING THE TWO SIGHT-SINGING GROUPS
IN TERMS OF THE SEASHORE MEASURE OF MUSICAL TALENT FOR PITCH

|  |  |  |  |
| :---: | :---: | :---: | :---: |
| Experimental | Group | Control | oup |
| J. T. | 52 | A. B. | 49 |
| D. F. | 51 | W. C. | 47 |
| O. B. | 48 | M. M. | 47 |
| J. R. | 48 | L. A. | 47 |
| D. M. | 47 | W. H. | 45 |
| P. M. | 46 | 0. T. | 44 |
| J. S. | ${ }^{4} 46$ | B. M. ${ }^{-}$ | 44 |
| F. $\mathrm{D}^{\text {。 }}$ | 44 | E. W. | 43 |
| L. M. | 44 | M. B. | 41 |
| B. H. | 43 | L. G. | 41 |
| C. M. | 41 | D. M. | 40 |
| E. S. | 40 | J. G. | 39 |
| H. K. | 40 | K. H. | 37 |
| G. M. | 29 | T. B. | 36 |
| A. R. | 14 | B. Y. | 33 |
| Mean ${ }^{\text {b }}$ | 42.2 |  | 42 |
| ${ }^{a}$ Scores equal the number of correct responses $\mathrm{b}_{\text {The }}$ Mean score for both groups is the same. |  |  |  |

TABLE 4
RESULTS OF EQUATING THE TWO SIGHT-SINGING GROUPS IN TERMS OF THE SEASHORE MEASURE OF MUSICAL TALENT FOR RHYTHM

|  |  |  |  |
| :---: | :---: | :---: | :---: |
| Experimental | Group | Contr | up |
| D. F. | 32 | E. W. | 31 |
| D. M. | $3!$ | W. C. | 30 |
| B. H. | 30 | M. M. | 30 |
| P. M. | 30 | J. G. | 29 |
| 0. B. | 29 | L. G. | 29 |
| C. M. | 28 | B. M. | 28 |
| J. T. | 28 | M. B. | 28 |
| A. R | 28 | O. T. | 27 |
| H. K. | 27 | W. H, | 26 |
| L. M. | 27 | L. A. | 25 |
| J. R. | 26 | D. M. | 25 |
| J. S. | 25 | I. B. | 24 |
| E. S. | 24 | A. B. | 24 |
| G. M. | 24 | B. Y. | 23 |
| F. D. | 23 | K. W. | 22 |
| Mean ${ }^{\text {b }}$ | 27.47 |  |  |
| ${ }^{\mathrm{a}}$ Scores equal number of correct responses. <br> $\mathrm{b}_{\text {Mean }}$ difference of .74 is not significant. |  |  |  |

The Seashore Test of Tonal Memory consists of thirty pairs of non-melodic sequences of tones in spans of four, five, and six notes. The listener responds to each pair by indicating the number which note in the second group is different from the first. As a result of applying the $t$ test, the mean difference of .06 is not significant. (See Table 5, page 36.)

## Materials of the Experiment

## The Sight-Singing Test

The Helbling Sight-Singing Test described earlier as part of the means for equating the two sight-singing groups was also used as a pre-test, midterm test, and post-test to measure the relative progress of the experimental group and the control group.

The validity of the test was determined in terms of "content validity." The five melodies chosen for sight singing on the test, and found on page 27 , correspond to the type and level of difficulty of the melodies intended as the teaching-learning goal of the programs of study. The goal was the development of the ability to sight sing relatively simple, non-modulatory, melodies in minor and major keys which contain the characteristics related on page 25. Major and minor keys were represented in the five melodies, types of meter included were simple quadruple, simple triple, simple quintuple, and compound quadruple; note and rest values included were half, quarter, eighths, and sixteenth;

TABLE 5
RESULTS OF EQUATING THE TWO SIGHT-SINGING GROUPS IN TERMS OF THE SEASHORE TEST

OF TONAL MEMORY

| Scores ${ }^{\text {a }}$ |  |  |  |
| :---: | :---: | :---: | :---: |
| Experimental Group |  | Control Group |  |
| G. M. | 30 | J. G. | 29 |
| J. T. | 30 | O. T. | 29 |
| O. B. | 30 | E. W. | 28 |
| J. S. | 28 | M. M. | 28 |
| B. H. | 28 | W. H. | 28 |
| D. M. | 28 | W. C. | 28 |
| A. R. | 27 | B. M. | 27 |
| D. M. | 26 | A. B. | 27 |
| L. M. | 26 | M. B. | 27 |
| D. F. | 25 | D. M. | 26 |
| E. S. | 24 | K. H. | 25 |
| J. R. | 24 | I. B. | 25 |
| H. K. | 23 | L. G. | 24 |
| F. D. | 22 | L. A. | 23 |
| C. M. | 20 | B. Y. | 17 |
| Mean ${ }^{\text {b }}$ | 26.00 |  | 26.06 |
| ${ }^{2}$ Scores equal number of correct responses. <br> $\mathrm{b}_{\text {Mean difference of }} .06$ is not significant. |  |  |  |

melodies three and four contain chromatic auxiliary and passing tones; melodies one and two contain harmonic implication of the tonic, dominant, dominant-seventh, and subdominant chords. The test was checked for reliability by the test-retest method and the reliability coefficient was found to be .97.

## The two competing programs

of study
The basic learning materials of the two programs of study were developed into daily lesson plans of learning materials. These daily lesson plans were then organized into thirty-two lessons for each program of study. The sightsinging midterm test and post-test took up the other four class sessions. The implications concluded from the "isolated rhythm" and "traditional" concepts were utilized in working out procedures for each lesson. The procedures and materials are given in detail in Appendices $A, B$, and $C$.

## Experimental techniques

The Helbling Sight-Singing Test was used as a pretest, midterm, and post-test to measure the relative progress of the two sight-singing groups. Each member of the two groups was given the pre-test, midterm test, and post-test, under similar conditions. Each time the test was administered by the investigator in the same room, with the same
equipment, and following the same procedure. The test procedure was as follows:

1. The metronome was set to the designated tempo for melody number one and the pitch of the first note was sounded on the piano.
2. The student was allowed a few seconds to look over the melody.
3. The tape recorder was started.
4. The student announced his name.
5. The pitch of the first note of the melody was sounded again.
6. The metronome was turned off.
7. The student sang the melody on the neutral pitch of "la." Singing by actual pitch names, numbers, and/or syllables was permitted.
8. Immediately following the singing of the melody, the tape recorder was turned off.
9. For each succeeding melody the same procedure was followed.

Following the pre-testing of the groups, each group participated in the appropriate sight-singing program of study, which involved thirty-two class sessions for each group. The class sessions were held on Tuesdays and Thursdays from 10:30 a.m. to 12:15 p.m. and were conducted in the same room.

The experimental group met during the first half of the class period on Tuesday and during the last half of the class period on Thursday. The control group met during the last half of the class period on Thursday and during the first half of the class period on Tuesday.

Contact was made with class absentees to see that the learning material presented during their absence was presented to them in a way similar to that in which it was presented to their classmates.

The sight-singing test was repeated as a midterm test at the middle of the semester and as a post-test at the end of the experimental semester.

To allow for a high degree of objectivity in scoring the test each time it was administered, a tape recorder was used. The use of the tape recorder made it possible to carry out the criteria established for scoring more accurately since tapes can be replayed as often as necessary. The criteria for scoring was as follows:

1. Each correct note in terms of pitch counted one point.
2. If a wrong melodic interval led to a transposition (succeeding pitches correct in terms of the new tonal center), each succeeding note counted as one.
3. Each repeated note that was not called for in the melody subtracted one from the total number of correct responses.
4. Each correct note and rest in terms of rhythmic value counted one.
5. Maintaining the given tempo counted one for each melody.
6. If the tempo was changed, the rhythmic values of notes were interpreted in terms of the new rhythm (tempo).
7. The total score was the total number of correct responses.

The scores from the sight-singing pre-test, midterm test, and post-test were compared to measure the relative progress of the experimental group and the control group.

To compare the relative progress of the experimental group and the control group from the time of the pre-test to the time of the post-test, a set of "difference" scores was computed for each group by subtracting each subject's pre-test score from his post-test score and then finding the mean "difference" score for each group.

The $t$ test was used to determine whether the mean difference between the two sets of "difference" scores could be regarded as statistically significant. This same procedure was used to compare the relative progress of the two sight-singing groups from the time of the midterm test to
the time of the post-test as well as from the time of the pre-test to the midterm. The results of these tests are given in tho following chapter.

An arrangement of the two sets of scores resulting from each of these units of progress was made for applying the $t$ test of significance. The arrangement involved the matching of difference scores, justified on the basis that the study involved working in terms of group averages rather than the pairing of individual students. The "difference" scores for each set of scores was arranged in a separate column and listed in terms of descending numerical value from top to bottom. With this arrangement each set of difference scores were matched in terms of their positions within the columns.

In addition to comparing the means of the two sets of "difference" scores on the sight-singing tests as a whole, the progress of the two sight-singing groups was also compared in terms of pitch and rhythm discrimination. Again, the $t$ test was used to determine whether the mean difference between the groups for each of these elements could be regarded as statistically significant. The results of these procedures are included in the following chapter.

## Equipment

The equipment used for the sight-singing test each time it was administered included a Wollensak tape recorder,
a Hamilton studio piano, and a Seth Thomas metronome. The tape recorder was used for more accurate scoring of the tests. The piano was used to sound the beginning pitch of each melody on the test. The metronome was used to establish the tempo of each melody before it was sung. The piano and metronome were also used frequently for similar purposes during the class study periods.

An analysis and interpretation of the results of the pre-, midterm, and post-testing as measures of progress will be discussed in the next chapter.

THE ANALYSIS AND INTERPRETATION OF THE DATA

## Dre-Test to Post-Test Results

The mean "difference" score ${ }^{1}$ for the isolated rhythm group was 78.93. The mean "difference" score for the traditional group was 78.27. The mean difference of .66 in favor of the isolated rhythm group was not found to be statistically significant. (See Table 6, page 44.) The result indicates that neither the isolated rhythm method nor the traditional method is superior in teaching sight-singing for the course as a whole.

## Pre-Test to Midterm Test Results

The mean "difference" score for the isolated rhythm group was 51.67. The mean "difference" score for the traditional group was 44.07. The mean difference of 7.60 in favor of the isolated rhythm group was found to be significant at the .05 level of confidence. (See Table 7, page 45.) This result indicates the superiority of the isolated rhythm

[^14]TABLE 6
COMPARISON OF THE PROGRESS MADE BETWEEN THE PRE-TESTS AND THE POST-TESTS OF THE TWO SIGHT-SINGING GROUPS

| Experimental Group |  |  |  | Control Group |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Name | PreTest Scores ${ }^{\text {a }}$ | Post Test Scores | Difference Scores ${ }^{\text {b }}$ | Name | PreTest Scores ${ }^{\text {a }}$ | Post Test Scores | $\begin{aligned} & \text { Differ- } \\ & \text { ence } \\ & \text { Scores } \end{aligned}$ |
| H. K. | 38 | 186 | 148 | B. M. | 191 | 311 | 120 |
| J. R. | 117 | 263 | 146 | L. G. | 152 | 270 | 118 |
| O. B. | 114 | 248 | 134 | I. B. | 56 | 170 | 114 |
| B. H . | 175 | 309 | 134 | W. H. | 78 | 174 | 96 |
| E. S. | 27 | 159 | 132 | D. M. | 36 | 130 | 94 |
| A. R. | 48 | 172 | 124 | M. M. | 195 | 291 | 96 |
| C. M. | 74 | 190 | 116 | K. W. | 64 | 158 | 94 |
| J. T. | 162 | 220 | 60 | B. Y . | 59 | 151 | 92 |
| D. F. | 123 | 164 | 41 | O. T. | 148 | 237 | 89 |
| P. M. | 197 | 237 | 40 | J. G. | 133 | 216 | 83 |
| F. D. |  | 91 | 38 | M. D. | 82 | 141 | 59 |
| D. M. | 218 | 252 | 34 | W. C. | 169 | 225 | 56 |
| G. M. | 131 | 160 | 29 | E. W. | 172 | 209 | 37 |
| J. S. | 93 | 105 | 12 | A. E. | 93 | 127 | 34 |
| L. M. | 16 | 12 | -4 | L. A. | 117 | 109 | -8 |
| Mean ${ }^{\text {c }}$ |  |  | 78.93 |  |  |  | 78.27 |

${ }^{\text {a }}$ Pre-test and post-test scores equal number of correct responses.
${ }^{\mathrm{b}}$ Difference scores equal post-test scores minus pre-test scores.
${ }^{\mathrm{c}}$ Mean difference of .66 is not significant.

TABLE 7
COMPARISON OF THE PROGRESS MADE BETWEEN THE PRE-TESTS AND THE MIDTERM TESTS OF THE TWO SIGHT-SINGING GROUPS

|  | Experimental Group |  |  | Control Group |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Name | Pre- <br> Test Scores ${ }^{\text {a }}$ | Midterm Test Scores | $\begin{aligned} & \text { Differ- } \\ & \text { ence } \\ & \text { Scores } \end{aligned}$ | Name | Pre- <br> Test Scoresa | Midterm Test Scores | Difference Scoresb |
| H. K. | 38 | 181 | 143 | I. B. | 56 | 172 | 116 |
| J. R. | 117 | 244 | 127 | L. G. | 152 | 254 | 102 |
| A. R. | 48 | 144 | 96 | M. M. | 195 | 283 | 88 |
| E. S. | 27 | 108 | 81 | B. Y. | 59 | 136 | 77 |
| C. M. | 74 | 141 | 67 | W. H. | 78 | 153 | 75 |
| J. T. | 162 | 226 | 64 | B. M. | 191 | 261 | 70 |
| D. M. | 218 | 270 | 52 | D. M. | 36 | 75 | 39 |
| B. H. | 175 | 213 | 38 | J. G. | 133 | 165 | 32 |
| D. F. | 123 | 153 | 30 | K. W. | +64 | 86 | 22 |
| K. M. | 16 | 43 | 27 | O. T. | 148 | 168 | 20 |
| G. M. | 131 | 156 | 25 | L. A. | 117 | 131 | 14 |
| P. M. | 197 | 211 | 14 | W. C. | 169 | 181 | 12 |
| J. S. | 93 | 103 | 10 | A. B. | 93 | 95 | 2 |
| F. D. | 53 | 56 | 3 | E. W. | 172 | 172 | 0 |
| O. B. | 114 | 112 | -2 | M. D. | 82 | 74 | -8 |
| Mean ${ }^{\text {c }}$ |  |  | 51.67 |  |  |  | 44.07 |

${ }^{\text {a Pre-test and midterm test scores equal number of correct responses. }}$
$b_{\text {Difference }}$ scores equal midterm test scores minus pre-test scores.
${ }^{\mathrm{c}}$ Mean difference of 7.60 is significant at the .05 level of confidence.
group in teaching sight singing for the first half of the course.

## Midterm Test to Post-Test Results

The mean "difference" score for the isolated rhythm group was 27.13. The mean "difference" score for the traditional group was 24.2. The mean difference of 7.07 in favor of the traditional group was found to be significant at the . 01 level of confidence. (See Table 8, page 47.) This result indicates the superiority of the traditional group in teaching sight singing for the last half of the course.

## Pre-Test to Post-Test Results in <br> Terms of Pitch Development

The mean "difference" score for the isolated rhythm group was 21.33. The mean "difference" score for the traditional group was 21.47. The mean difference of .14 in favor of the traditional group was not found to be statistically significant. (See Table 9, page 48.) This result indicates that neither the Isolated Rhythm Method nor the Traditional Method is superior in teaching the development of pitch discrimination for the sight singing course as a whole.

## Pre-Test to Post-Test Results in Terms of Rhythm Development

The mean "difference" score for the isolated rhythm group was 58.07. The mean "difference" score for the

TABLE 8
COMPARISON OF THE PROGRESS MADE BETWEEN THE MID-TERM TESTS AND POST-TESTS OF THE TWO SIGHT-SIIVGING GROUPS

|  | Experimental Group |  |  | Control Group |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Name | Midterm Test Scores ${ }^{\text {a }}$ | Post Test Scores | $\begin{aligned} & \text { Differ- } \\ & \text { ence } \\ & \text { Scores } \end{aligned}$ | Name | Midterm Test Scoresa | Post Test Scores | Difference Scores ${ }^{\text {b }}$ |
| 0. B. | 112 | 248 | 136 | O. T. | 168 | 237 | 69 |
| B. H. | 213 | 309 | 96 | M. D. | 74 | 141 | 67 |
| E. S. | 108 | 159 | 51 | D. M. | 75 | 130 | 55 |
| C. M. | 141 | 190 | 49 | J. G. | 165 | 216 | 51 |
| F. D. | 59 | 91 | 35 | B. M. | 261 | 311 | 50 |
| A. R. | 144 | 172 | 28 | W. C. | 181 | 225 | 44 |
| P. M. | 211 | 237 | 26 | E. W. | 172 | 209 | 37 |
| J. R. | 244 | 263 | 19 | A. B. | 95 | 127 | 32 |
| D. F. | 153 | 164 | 11 | W. H. | 153 | 174 | 21 |
| H. K. | 181 | 186 | 5 | L. G. | 254 | 270 | 16 |
| G. M. | 156 | 160 | 4 | B. Y . | 136 | 151 | 15 |
| J. S. | 103 | 105 | 2 | K. W. | 86 | 158 | 12 |
| J. T. | 226 | 220 | -6 | M. M. | 283 | 291 | 8 |
| D. M. | 270 | 252 | -18 | I. B. | 172 | 170 | -2 |
| L. M. | 43 | 12 | -31 | L. A. | 131 | 109 | -22 |
| Mean ${ }^{\text {c }}$ |  |  | 27.13 |  |  |  | 34.2 |

a Midterm test scores and post-test scores equal number of correct responses.
$b_{\text {Difference }}$ scores equal post-test scores minus midterm scores.
$c_{\text {Mean }}$ difference of 7.07 is significant at the .01 level of confidence.

TABLE 9
COMPARISON OF THE PROGRESS MADE IN THE DEVELOPMENT OF PITCH DISCRIMINATION OF THE TWO EXPERIMENTAL SIGFT-SINGING GROUPS

|  | Experimental Group |  |  | Control Group |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Name | Pre- <br> Test Scores ${ }^{\text {a }}$ | Post Test Scores | Difference Scores ${ }^{\text {b }}$ | Name | Pre- <br> Test Scores ${ }^{\text {a }}$ | Post Test Scores | Difference Scores ${ }^{\text {b }}$ |
| J. R. | 49 | 123 | 74 | I. B. | 36 | 94 | 58 |
| A. R. | 24 | 80 | 56 | L. G. | 88 | 142 | 54 |
| O. B. | 49 | 100 | 51 | D. M. | 14 | 68 | 54 |
| E. S. | 10 | 57 | 47 | J. G. | 42 | 92 | 50 |
| H. K. | 14 | 60 | 46 | W. H. | 48 | 0 | 48 |
| B. H. | 70 | 112 | 42 | B. M. | 104 | 140 | 36 |
| C. M. | 34 | 70 | 36 | B. Y. | 39 | 72 | 33 |
| D. F. | 60 | 87 | 27 | A. B. | 42 | 60 | 18 |
| J. T. | 72 | 85 | 13 | W. C. | 89 | 101 | 12 |
| P. M. | 93 | 95 | 3 | M. D. | 46 | 55 | 9 |
| L. M. | 0 | 0 | 0 | O. T. | 96 | 98 | 2 |
| F. D. | 31 | 27 | -4 | K. W. | 34 | 34 | 0 |
| J. S. | 43 | 23 | -20 | E. W. | 92 | 89 | -3 |
| G. M. | 71 | 29 | -42 | M. M. | 124 | 113 | -11 |
| D. M. | 130 | 82 | -48 | L. A. | 87 | 49 | -38 |
| Mean ${ }^{\text {c }}$ |  |  | 21.33 |  |  |  | 21.47 |

apre-test scores and post-test scores equal number of correct responses.
$\mathrm{b}_{\text {Difference }}$ scores equal post-test scores minus pre-test scores.
${ }^{c}$ Mean difference of .14 is not significant.

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traditional group was 58.13. The mean difference of .06 in favor of the isolated rhythm group is not significant. (See Table 10, page 50.) This result indicates that neither the Isolated Rhythm Method nor the Traditional Method is superior in teaching rhythm development for the sight-singing course as a whole.

TABLE 10
COMPARISON OF THE PROGRESS MADE IN THE RHYTHM DEVELOPMENT OF THE TWO SIGHT-SINGING GROUPS BETWEEN THE PRE-TESTS AND THE POST-TESTS

| Experimental Group |  |  |  | Control Group |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Name | Pre- <br> Test Scores ${ }^{\text {a }}$ | $\begin{gathered} \text { Post } \\ \text { Test } \\ \text { Scores } \end{gathered}$ | Difference Scores ${ }^{\text {b }}$ | Name | Pre- <br> Test Scoresa | Post <br> Test Scores | Difference Scores ${ }^{\text {b }}$ |
| H. K. | 24 | 126 | 102 | M. M. | 71 | 178 | 107 |
| B. H. | 105 | 197 | 92 | K. W. | 30 | 127 | 94 |
| E. S. | 17 | 102 | 85 | O. T. | 52 | 139 | 87 |
| O. B. | 65 | 148 | 83 | B. M. | 87 | 171 | 84 |
| D. M. | 88 | 170 | 82 | I. B. | 20 | 96 | 76 |
| C. M. | 40 | 120 | 80 | L. G. | 64 | 128 | 64 |
| J. R. | 68 | 140 | 72 | B. Y. | 20 | 79 | 59 |
| G. M. | 60 | 131 | 71 | M. D. | 36 | 86 | 50 |
| A. R. | 24 | 92 | 68 | W. H. | 30 | 78 | 48 |
| J. T. | 90 | 135 | 45 | W. C. | 80 | 124 | 44 |
| J. D. | 22 | 64 | 42 | D. M. | 22 | 62 | 40 |
| P. M. | 104 | 141 | 37 | E. W. | 80 | 120 | 40 |
| J. S. | 50 | 82 | 32 | J. G. | 91 | 124 | 33 |
| D. F. | 63 | 77 | 14 | I. A. | 30 | 60 | 30 |
| L. M. | 46 | 12 | -34 | A. B. | 51 | 67 | 16 |
| Mean ${ }^{\text {c }}$ |  |  | 58.07 |  |  |  | 58.13 |
| ${ }^{a_{\text {Midterm }}}$ test scores and post-test scores equal number of eorreet responses. $\mathrm{b}_{\text {Difference }}$ scores equal post-test scores minus midterm test scores. ${ }^{c_{\text {Mean }}}$ difference of .06 is not significant. |  |  |  |  |  |  |  |

## CHAPTER V

SUMMARY, CONCLUSIONS, AND RECOMMENDATIONS

## Summary

The primary purpose of this study was the determination of the relative effectiveness of the "isolated rhythm method" of teaching sight singing. The realization of the concept of the Isolated Rhythm Method of learning to sight sing was utilized in this study. The proper application of the isolated rhythm concept within a framework of a basic curriculum of learning materials for teaching the experimental sight-singing group with a competing sight-singing control group was also a goal of this study.

In order to have a sight-singing test that could be used as a pre-test, midterm test, and post-test to measure the relative progress of the experimental group and the control group, the investigator examined many sight-singing tests. A test was sought which contained the types of melodies for sight singing that were intended as the teachinglearning goal for the course. Following the selection of the DeVon Helbling "Melodies for Sight Singing," ${ }^{1}$ which is a

[^15]sight-singing test with an established high reliability coefficient, the investigator administered the test to two groups of freshmen music students at Oklahoma City Southwestern College both as a pre-, midterm, and post-test to measure the relative progress of the two sight-singing groups and as a part of the equating procedure of the two groups. Other tests involved in the equating procedure were as follows:

1. The Aliferis Music Achievement Test: College Entrance Level.
2. The Seashore Test (1939 Revision, Series A) for Sense of Pitch, the Sense of Rhythm, and Tonal Memory.

The two groups utilized the same basic curriculum of learning materials for the sight-singing course as a whole. The only difference was the sequence of the items of learning and the procedures utilized with their presentation. Also, thirty-six class sessions were allocated to teaching both groups at the same hour of the day and by the same instructor, the investigator.

The results of the experiment indicate that neither the isolated rhythm group nor the traditional group excelled in significant progress in sight-singing performance. However, the isolated rhythm group made significantly more progress during the first half of the training period, and the traditional group made significantly more progress during the last half of the training period. The results
of the experiment also indicate no significant difference in progress was made by either sight-singing group in rhythm development or pitch development for the sight-singing course as a whole.

## Conclusions

Although neither group's progress was significantly better than the other in terms of the sight-singing course as a whole, it is interesting to observe the significant difference in progress both for the first half and for the last half of the course. The fact that the isolated rhythm group made more significant progress during the earlier stages of the course could be explained on the basis of the isolated rhythm method involving less complex teachinglearning experiences than the traditional metrud during the earlier stages of the experiment. The fact that the traditional method usually included more items of learning and more involved teaching procedures in any one daily lesson plan during these earlier stages plus the fact the experimental subjects had little or no previous training in an unusual and complicated skill as sight singing is evidently the explanation for the traditional method's added complexity in the beginning stages of the project.

However, the fact that the traditional group made significantly more progress during the later stages of the experiment would indicate that the length of time involved in this type of teaching-learning experience may also have
an effect on the results. This experimental study was concerned with the relative effectiveness of the two methods of teaching sight-singing skill in its very elementary stages during a one-term sight-singing course for the experimental group and the control group.

## Limitations

The investigator recognizes certain ways in which the conclusions drawn from this study were limited. These are as follows:

1. There is a lack of tangible evidence, as in other research studies of this type with which the investigator is familiar, that the experimental subject actually conceived the desired thought processes during the teachinglearning experiences in the class sessions and during the practice that occurred outside the regular class sessions.

It is true, however, that a deliberate attempt was made to guide these thought processes appropriately in the procedural setting during each class training period. The fact that the experimental subjects had little or no previous formal training in sight singing would tend to influence their thought processes in the intended manner. Also, the fact that the subjects understood they would be asked to recite individually during the class period in terms of the particular procedures used had a tendency to influence their thought processes in the prescribed manner during their outside practice sessions.

Nevertheless, further research in this area of study could profit from types of controls that go beyond the guidance type of controls used in this study.
2. If the information gained from recent research on the relative difficulty of musical intervals in the context of melody and harmony were applied in working out a curriculum of instructional materials and procedures, the results of future studies in the investigator's area of research might be influenced.
3. The two methods of instruction employed in the experiment were formulated by the investigator and were based on his own interpretations of the learning concepts involved. Further interpretations of the educational theories upon which these concepts were based and their application to the teaching of sight-singing methods and materials might supplement the findings of the present study.
4. The experimental subjects used in the study were music emphasis students in a private Oklahoma junior college. All of the subjects had had little or no background in formal music. Although the use of music emphasis students from the junior college was considered pertinent to the cause of sight-singing pedagogy, sight singing is a part of the junior college curriculum.

Further research may reveal additional information with the use of undergraduate music majors with more precollege musical training and greater musical aptitude.

Also, the longer duration of music majors training in this area of the college curriculum may supplement the results of the present study.
5. The experimental subjects utilized in this study represent the upper three four ths of their respective highschool graduating classes. It would be interesting to determine whether the results would be similar with subjects drawn from a student body in a more highly selective institution.
6. A small segment of music learning--that of introductory sight-singing classes--was explored. Exploration of the implications utilized in this study as they relate to more advanced sight-singing methods and materials may reveal additional information on the relative effectiveness of the applications of the concepts.

## Recommendations

As a result of recognizing the limitations of the present study, the investigator makes the following recommendations for future research:

1. The development of a methodology which will attempt better direction in treating the variables pertaining to the actual thought processes of the teaching-learning procedures is suggested for future research in this area of study.
2. Investigation into the possible utilization of a research design such as the Solomon Four-Group Design which
would determine the effects of such variables as pre-testing or post-testing, history, and maturation is suggested for future research in this area of study.
3. A longer experimental period utilizing undergraduate music students as experimental subjects is recommended to determine the influence of the length of training period on the relative effectiveness of the application of the concepts of this type of population.
4. The utilization of undergraduate music majors who have had more background in musical training and aptitude is recommended to determine what effects this type of background would have on the results of the experiment.
5. The utilization of undergraduate music majors who are enrolled in a music degree program at an institution whose enrollment represents the upper quartile of their highschool graduating classes is recommended to determine what effects this type of background would have on the results of the experiment.

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## APPENDIX A

GENERAL PROCEDURES UTILIZED IN THE SIGHT-SINGING PROGRAMS

The organization and sequence of material within the text is so arranged that it can be utilized with any standard theory book. For this reason no specific system of sight reading is recommended. Rather, several optional methods are provided to sight sing melodies and rinythms. The student is requested to use syllables, scale numbers, and letter names in melodic reading although ne is often given his choice as to which one he wishes to use. The student is also requested to utilize the one-and counting system as well as the one-ta counting system, although he is frequently allowed his choice. 1

The melodies included in the texts used and the following daily lesson plans for both sight-singing groups are tonal and non-modulatory. The author of the text and the writer in the daily lesson plans seek to provide a balance between:

1. Exercises in the major and minor modes.
2. Exercises using treble and bass clefs.
3. Exercises taken from instrumental and vocal music.

1Benward, op. cit., p. v.
4. Excerpts from all historical periods.
5. Easy and difficult exercises.

The following seven procedures are recommended to help the student utilize the text effectively: ${ }^{1}$

1. Do each rhythmic and melodic study in its entirety. Do not stop to make corrections. Stopping breaks the flow of rhythm and leads to a halting and insecure performance. When you make mistakes, go back and isolate them; practice the weak spots; then, perform the entire study correctly several times before moving to the next.
2. Use the following as a general procedure for each study:
a) Glance through the entire study before attempting to perform it. Look for new rhythmic or melodic problems. Make a mental note of those that might cause trouble and analyze them in relation to the surrounding material.
b) Always look ahead. "Do not keep your eyes on the notes you are performing, but keep them on those that lie ahead."
c) Try to read groups of notes as patterns rather than as a series of individual notes --as you read words and phrases in a book. Reading music note by note is like reading a story letter by letter.
d) Choose a moderate tempo, unless a tempo mark is given. Repeat each study at various tempos.
e) Determine the purpose of each study-the musical problem being treated. "Relate this problem to the music you are studying on your instrument or at your voice lesson."

[^16]3. When the melody is in the bass, women should sing their part in their own range; when it is in the treble, men should sing their part in their own range. When the melody range is high, it is often easier for men to sing with a light tone--mezzo voce--than in full voice.
4. Locate the first tone of each study on the piano, pitch pipe, etc. However, do not play through a study on the piano or any other instrument except where specifically indicated. Using an instrument will lead merely to rote memorization and will impede learning of sight-singing skills.
5. Don't allow lack of practice facilities to interfere with progress in ear training. One technique that calls for no facilities (other than pencil and paper) is to notate familiar folk songs, hymn tunes, popular songs, or "singing commercials." You can practice this in class or out. After notating a few phrases or an entire piece, you should check your version either by performing it yourself or have a classmate perform it. Another technique is this: As your listen to music, you are to practice visualizing it in musical notation; later, you may check your version against the printed score, if a score is available.
6. If you have problems with rhythm, you are to try singing and clapping the rhythmic patterns of various instrumental parts in symphonic works by Haydn and Mozart.
7. Remember, the important thing is that you practice sight reading often and regularly.

## Determining Tempo

The melodies contained in the text and in the sixtyfour daily lesson plans were primarily simple duple, simple triple, simple quadruple, and alla breve. Tempo was established by:

1. Utilization of the conductor's patterns.
2. Utilization of rhythmic syllables.
3. Tapping and clapping of rhythmic notation.

After meter feeling and rhythm was established, "tuning-up" exercises follows.

## Tuning-Up Exercises

The following "tuning-up" exercises were practiced prior to all melodic singing:

1. The beginning pitch was played from the piano.
2. The student associates the beginning pitch with the scale of the key.
3. The scale of the key is then sung ascending and descending.

## Melody Singing

After it had been determined that the students were oriented with regard to key feeling and meter, any or several of the following general procedures were followed:

1. Sing the melodies using scale numbers, syllables, and/or letter names.
2. Sing the melodies while tapping the meter with one hand.
3. Sing the melodies while conducting with one hand and arm.

## Rhythm Singing

Students were asked to sing certain exercises observing rhythm only utilizing any or several of the following procedures:

1. Clap the meter; sing the rhythm (using numbers).
2. Say the meter (using numbers); clap the rhythm.
3. Tap the meter with one hand and the rhythm with the other.
4. Half of the class taps the meter while the other half of the class claps the rhythm.

## Two-Voice Melodies

Many of the exercises in the text and daily lesson plans were two-voice melodies. Any or several of the following procedures were utilized for singing two-voice melodies:

1. The student sings one voice and plays the other on the piano.
2. The student sings one voice (melody) and another student sings the other voice (melody).
3. Half of the class sings one voice (melody) while the other half of the class sings the second voice (melody).

## Two-Voice Rhythms

The general procedures followed for two-voice rhythms were any or several of the following:

1. One student recites the rhythm of the upper line while another student recites the rhythm of the lower line.
2. A single student recites the rhythm of the upper line while clapping the rhythm of the lower line.
3. A single student taps the rhythm of the upper line with one hand and the rhythm of the lower line with the other hand.

## Interval Drill

Interval drill is included after major and minor scale singing has been mastered. The intervals of the major second and minor second will be introduced first since they are included within the major and minor scales. The remaining intervals found within the major scale (the intervals formed between the tonic pitch and the other pitches within the scale) are introduced and are specifically the perfect unison, perfect fourth, perfect fifth, and perfect octave. Also included within the major scale are the thirds, sixths, and sevenths which are major in quality. Remaining intervals are taught as alterations of the intervals found within the major scale (i.e., minor, augmented, and diminished intervals). Large intervals are also introduced as inversions of smaller intervals through the utilization of the theory of inversion.

Intervallic drill is included in the majority of the daily lesson plans for both sight-singing groups. The student is requested to do the following manipulations:

1. The student sings the upper note of any given melodic interval when the lower note is given from the piano.
2. The student sings the lower note of any given melodic interval when the upper note is given from the piano.
3. The student recognizes and names melodic and harmonic intervals when the upper and lower notes are played from the piano.

## Triad Study

The study of triads is included along with the section of the text containing melodies including harmonic implications. The major triad (tonic triad) is introduced in fundamental order, first inversion, and second inversion. The student is expected to do the following:

1. Sing the major triad in fundamental order from the given:
a) $\operatorname{root}(1-3-5-3-1)$
b) $3 r d$ ( $3-1-3-5-3$ )
c) 5th (5-3-1-3-5)
2. Sing the major triad in first inversion from the given:
a) root (8-5-3-5-8)
b) $3 \mathrm{rd}(3-5-8-5-3)$
3. Sing the major triad in second inversion from the given:
a) root ( $8-5-8-3-8$ )
b) 3rd (3-8-5-8-3)
c) 5 th $(5-8-3-8-5)$

Similarly, the remaining triads are introduced as the students understanding of triadic singing is advanced. Finally, the dominant-seventh chord in root position is included in the chordal drills.

## Dominant-Seventh Chord

The dominant seventh chord (major-minor seventh) is introduced in fundamental order only. However, it is sung from the root, third, fifth, and seventh. The following is the suggested practice procedure for the arpeggiation of the dominant-seventh chord:

1. Sing the dominant-seventh chord in fundamental order from the root (1-3-5-7-5-3-1).
2. Sing the dominant-seventh chord in fundamental order from the third (3-1-3-5-7-5-3).
3. Sing the dominant-seventh chord in fundamental order from the fifth (5-3-1-3-5-7-5).
4. Sing the dominant-seventh chord in fundamental order from the seventh (7-5-3-1-3-5-7).

## Chordal Study

Chordal study is limited, primarily, to the knowledge required for understanding chord-like skips. As the student is able to sing the triads, they are also included and related to relaiive triadic functions in related literature. The following procedures were utilized for the study of implied chords:

1. Student brackets outlined triads and seventh-chords in given melodies.
2. Student analyzes bracketed triadic and seventh-chord implications.
3. Student sings the isolated triads and chords out of the context of the melody.
4. Student sings the exercise utilizing numbers, syllables, or pitch names as in the usual melodic drills.

## Melodic and Rhythmic Memory

Rhythmic and melodic memory drill were also included in the daily lesson plans. After singing certain given melodies two or more times, the student is to perform the following procedures:

1. Sing the melody with only the rhythmic notation as a guide (rhythm notation is on a separate sheet).
2. Sing the melody with only the pitch notation as a guide (pitch notation is on a separate sheet).
3. Sing the exercises without guides or helps (entirely from memory).

## Harmonic Implications

As the student gains proficiency in the analysis and bracketing procedure, he is requested to determine chord quality from harmonic dictation. The following procedures were utilized in this facet of the training program:

1. The instructor plays a harmonic progression from the piano (excluding non-harmonic tones).
2. Student responds by singing the chord in its root position.
3. Student determines the triad factor in the soprano. (The student matches the soprano and arpeggiates dowr until he finds the root.)
4. The student determines the triad factor in the bass. (The student matches the bass note and arpeggiates down until he finds the root. The root can be determined by the fact that the root down to the iifth will be the only interval larger than the third.)

## Dictation, Melody Completion, and Error Detection

It was hoped that certain difficulties which students experience in writing down melodies and rhythms from dictation could be avoided by avoiding faulty procedures.

The following elements were generally given in regard to dictation, melody completion, and error detection:

1. Meter signature.
2. Key signature.
3. Beginning pitch.

Generally, the following schedule was adhered to:

1. First playing--Student writes melody/rhythm.
2. Second playing--Student writes melody/rhythm.
3. Third playing--Student completes melody and rhythm and double checks his work.
4. Fourth playing--Utilized only when considered necessary, especially for the students who were not able to complete the exercise during the three playings.

## Rhythmic Dictation

The following techniques were often valuable in rhythmic dictation:

1. Horizontal strokes were used to indicate the pulse of the tempo.
2. Vertical strokes were written under the horizontal strokes to indicate the number subdivisions of each pulse.

3. Finally, the actual rhythmic notation was written.


## Melodic Dictation

A. Control Group

The following suggestions were made to the students in the control group taking melodic dictation.

1. Listen to the entire excerpt before writing tones down. (Sing the excerpt quietly in your mind.)
2. Determine whether the melody begins on 1, 3, or 5. (Beginning with the wrong tone can make succeeding tones wrong.)
3. Set down the correct key signature and write the scale-step numbers for the ictate melody. (Write the melody in notalion without rhythm.)
4. Establish the meter by counting the number of unaccented beats between the strong beats.
5. Determine the rhythm between the strong beats.
B. Experimental Group
6. Establish the pulse of the excerpt. (Horizontal strokes may be utilized.)
7. Establish the subdivisions within the beat unit. (Vertical strokes may be utilized for this process.)
8. Listen for the melody and notate it using melodic syllables or numbers.
9. Determine proper placement of strong pulses for proper division into measures.
10. Notate the rhythm and pitch on the staff and double check the results.

## Melody (Rhythm) Completion

For those exercises dealing with melody completion, the first phrase or first measure(s) were given. The following procedures were then followed to complete the melody and/or rhythms:

1. The given phrase or measure(s) is played along with an additional phrase or measure(s).
2. A student is selected to sing the additional phrase.
3. A second student is selected to sing the phrase again.
4. The entire class is asked to repeat the phrase that has been heard.
5. The class then is instructed to complete and notate (transcribe) the new phrase.
6. Remaining phrases are complєted as the preceding phrases were completed.

## Error Detection

Error detection involves the student's ability to discover errors within an incorrectly notated melody from literature. The incorrectly notated version is given to the students (indicated "b" in the lesson plans) so that they may hear the correct version (indicated "a" in the lesson plans) and will $b \in$ exposed to new literature without incorrect notation. The following procedures were used for error detection:

1. The correct version is played from the piano.
2. Students circle the errors contained on their copies. (Errors were melodic and rhythmic.)
3. Students rewrite the melody with correction.

The text was periodically used for error detection at which time the students observe the correct copy in their text and hear incorrect versions played from the piano.

## Procedure Departures

Procedures utilized other than those described on the preceding pages of this outline of procedures will be noted on the individual plans as "Procedure Departures" (P. D.) and will be explained in each individual situation.

## APPENDIX B

# DAILY RECORD OF PROGRESS OF THE SIGHT-SINGING GROUP UTILIZING THE "ISOLATED RHYTHM" CONCEPT 

Section Date


Assignment Covered: (Benward) Unit__ Page(s) 10-11_ Exercise(s) $1-10$ Learning Materials: Explanation of rhythm, rhythm notation, meter signature, and the function of meter. Common note and rest values.


## Literature Utilized

## Dictation:



Error Detection:
Book Ottman Page(s)_5_Exercise(s)_1_P.D. Rhythm only.


Melody Completion: (Given: First 2 measures)
Book_Benward Page(s)__ Exercise(s)_1_P.D.__


Assignment Made: (Benward) Unit_1 Page(s) 10-11 Exercise(s) 1-10
Comments:


## Literature Utilized

## Dictation:



Error Detection:
Book Ottman Page(s)_5 Exercise(s) 4 P.D. Rhythm only.


Melody Completion: (Given: First 2 measures)
Book Lieberman_ Page(s)39,40 Exercise(s) 1,2 P.D. Rhythm only.


Assignment Made: (Benward) Unit_2 Page(s) $19-21$ Exercise(s) 1-15
Comments: Writing rhythm only from melodic exercises in Unit I.

| $2 / 2$ | $2 / 4$ | $2 / 8$ | $2 / 16$ |
| :--- | :--- | :--- | :--- |
| $3 / 2$ | $3 / 4$ | $3 / 8$ | $3 / 16$ |
| $4 / 2$ | $4 / 4$ | $4 / 8$ | $4 / 16$ |

Lesson Plan
Music Theory 112
Section
Date $\qquad$
Assignment Covered: (Benward) Unit_2 Page(s) |9-21 Exercise(s)__ Learning Materiais: Simple syncopation and introduction of half-beat values, singing


Literature Utilized
Dictation:


Error Detection:
BookLieberman Page(s) 61 Exercise(s) 6_P.D. Rhythm only.


Melody Completion: (Given: First _ 3 measures)
Book_ieberman Page(s) 61 Exercise(s)_1_P.D. Rhythm only.


Assignment Made: (Benward). Unit_2_ Page(s)_2_ Exercise(s) $11-15$ Comments: Dictation practice from Unit II, exercises 1-8 (rhythm only).


## Literature Utilized

## Dictation:

Book McGaughey Page (s) 25 Exercise(s) $1-b, 2-b$ P.D. Rhythm only.


Error Detection:


Melody Completion: (Given: First $\quad 1 \quad$ measures)



Assignment Made: (Benward) Unit_3 Page(s)29-31 Exercise(s) 1-10 Comments: Introduction to rhythmic syllables.
$\delta\left\{d d / \int J \delta / d . / d \cdot d \delta / \frac{3}{4} d / \delta \delta d . / d \delta / d\right.$. JJ (Complete measure by adding proper rhythmic value with one note only.)

Lesson Plan
Music Theory 112
Section
Date $\qquad$
Assignment Covered: (Benward) Unit_3 Page(s) 29-31 Exercise(s) 1-10 Learning Materials: Simple syncopation, retrograde rhythmic canon, rhythmic crescendo and decrescendo, drill an rhythmic syllables. Introduction to half-beat wolues.


## Literature Utilized

## Dictation:

Book McGqughey $\operatorname{Page}(\mathrm{s}) 26$
The Bartered Bride, Act I (Polka, $T \mathrm{Th}$
I)


Error Detection:
Srudent makes proper Book McHose Page(s) 12 Exercise(s) 138, 146 P.D. $\begin{gathered}\text { danges in rhythmic } \\ \text { notion. }\end{gathered}$


Melody Completion: (Given: First 1 measures)



Assignment Made: (Benward) Unit_3 Page(s)29-31 Exercise(s) 1-10 Comments: Dictation Prom Unit III, rhythm only.

Rhythmic syllables include : 1 and 2 and 3 and 4 and
Section $\frac{1}{6}$
Date

Assignment Covered: (Benward) Unit_3 Page(s) 29-31 Exercise(s) 1-10 Learning Materials: Introduction of quarter-beat values. Explanation of rhythmic augmentation. Explanation of riythmic syllables. Simple syncopation. Illustration: (Benward) Unit_3 Page(s) 30 Exercise(s) 5


## Literature Utilized

Dictation:
Book McGaughey Page(s) 26 Exercise(s) 7-a P.D. Rhythm only.


Error Detection:


Melody Completion: (Given: First 2 measures)
Sing with syllables, numbers Book Ottman Page(s) 113 Exercise(s)_26_P.D. andfer letter Mames before writ


Assignment Made: (Benward) Unit_ 4 Page(s) 43-44 Exercise(s) 1-5
Comments: Dictation Prom the melodic section of Unit III utilizing only rhythmic notation. Counting exercises utilizing the same with emphasis on rhythmic syllables.
Rhythmic syllables include: $1 a$ an du $2 a$ an du 3 a an du $4 a$ an du 1 ta te ta 2 tate ta 3 ta te ta 4 ta te ta

Lesson Plan
Music Theory 112
Section $\frac{1}{7}$

Assignment Covered: (Benward) Unit_4 Page(s) 43-44 Exercise(s) 1-5 Learning Materials: More extensive use of syncopation and half-beat values.


## Literature Utilized

Dictation:
Book McGaughey Page(s) $\begin{aligned} & 91 \\ & 18\end{aligned} \quad$ Exercise(s) $\begin{aligned} & 245 \\ & 4-a\end{aligned}$ P.D. Rhythm only. Tempo giusto


Error Detection:
Student makes proper Book Mchose Page(s) 6_ Exercise(s) 34, 38_P.D. changes in rhythmic


Melody Completion: (Given: First ___ measures)
Book Ottman Page(s) 159 Exercise(s) 136 P.D. Rhythm only.


Assignment Made: (Benward) Unit 4 Page(s) 43-45 Exercise(s) 6-10 Comments:


Lesson Plan

Music Theory 112
Section $-\frac{1}{9}$ Date

Assignment Covered: (Benward) Unit 5 Page(s) 55-56 Exercise(s) 1-b
Learning Materials: More extensive use of quarter-beat values. Introduction to compound rhythm (rhythmic syllables) $6 / 8 \quad 9 / 8 \quad 12 / 8$.
Illustration: (Benward) Unit_5 Page(s)_ 55 Exercise(s) Example
Rhythmic syllables:


## Literature Utilized

Dictation:
Book McGaughey Page(s) 52 Exercise(s) 5 P.D. Rhythm only. Allegro assai


Error Detection:
Student makes proper Book MoHose Page(s) 13 Exercise(s) 175,170 P.D. $\begin{gathered}\text { changes in notation. }\end{gathered}$


Assignment Made: (Benward) Unit_ 5 Page(s) 57-58 Exercise(s) 7-11


Lesson Plan
Music Theory 112
Section Date $\qquad$ Assignment Covered: (Benward) Unit 5 Page(s) 57-58 Exercise(s)7-11 Learning Materials: More extensive use of compound time and exhaustive drill in simple sub-division.
Illustration: (Benward) Unit_5 Page(s) 57 Exercise(s) 9


## Literature Utilized

Dictation:
Book Ottman Page(s) 173 Exercise(s) 6_P.D. Rhythm only.
Allegro ben moderato Mayerbeer


Error Detection:
Book Benward Page(s) 30 Exercise(s) 6_P.D. the played rhythm. the complete




Assignment Made: (Benward) Unit_6 Page(s) 71 Exercise(s) 1-7 Comments:

Section
Date $\qquad$ Exercise(s) 1-7 eighter-quarter in $3 / 8$ quarter-half-quarter in $4 / 4$ quarter-half in $3 / 4$


## Literature Utilized

Dictation:
Book Benward Page(s) 71 Exercise(s) 7_ P.D. Rhythm only.


Student sees copy contain-
ing incorrect rhythms and hoars cornect excerpt and
Error Detection:

 Book Benward Page(s) 73 Exercise(s) 1,2 P.D. Aromust determine rhythm Bach: A Mighty Fontress Dvorak: New World Symphony


Assignment Made: (Benward) Unit_6 Pi,e(s) 72 Exercise(s) 8-12 Comments:

Lesson Plan Music Theory 112
Assignment Covered: (Benward) Unit 6 Page(s) 72 Exercise(s) $8-12$
Learning Materials: More drill on syncopation, rhythmic augmentation (writing rhythms in different meters).
Illustration: (Benward) Unit_6 Page(s) 72 Exercise(s) 8


## Titerature Utilized

Dictation:
Book McHose Page(s) 26 Exercise(s) 36,41 P.D. Rhythm only: D. Scarlatti W. Morart


Error Detection:


Melody Completion: (Given: First _ _ measures)
Book Benward Page(s) 74 Exercise(s)_11_P.D. Rhythm only. Prelude No. 17, Well Tempered Klavier Bach
 Assignment Made: (Benward) Unit_ 7 Page(s) 83-84 Exercise(s) 1-5 Comments:

Section
Date $\qquad$
Assignment Covered: (Benward) Unit_1 Page(s) 83-84 Exercise(s) 1-5 Learning Materials: The beat unit in triplets.


## Literature Utilized

## Dictation:

Book Benward Page(s) 83 Exercise(s)_2_R.D. Rhythm only.


Error Detection:
Student makes proper Book_Benward Page(s) 86 Exercise(s) 3_D.D. $\begin{gathered}\text { changes in rhythmic } \\ \text { notation: }\end{gathered}$ (44 $\frac{a}{4}$


Melody Completion: (Given: First $\quad 1 \quad$ measures)
Book Thomson Page(s) 105 Exercise(s)_ $\quad$ Y__ P. Rhythm only.___
 Assignment Made: (Benward) Unit_7 Page(s)84-85 Exercise(s) 6-10 Comments:


Literature Utilized
Dictation:
Each phrase is played
twice followed by two playings of the entire Book Thomson Page(s) 109 Exercise(s) 20 P.D. excerpt; rhythm only.


Error Detection:
Student makes proper changes in rhythmic Book Benward Page(s) 75 Exercise(s) 14 P.D. $\begin{aligned} & \text { chatation. }\end{aligned}$ Hardn: Little Pieces, No. 7


Melody Completion: (Given: First 1 measures) Book Thomson Page(s) 132 Exercise(s) 24 P.D. Rhythm only
 Assignment Made: (Benward) Unit 8 Page(s) 96-98 Exercise(s) 1-10 Comments: Tempo indications (not in Benward): Definitions of - larghissimo (very broad), largo (broad), lento (slow), adagio (slow), andante (walking), moderato (moderate), allegretto (rather fast), allegro (fast), vivace (lively), presto (very fast), prestissimo (very, very fast), also ritardando, ritenuto, accelerando, etc. Find examples of the above in literature.
Section $\frac{1}{15}$ Date

Assignment Covered: (Benward) Unit 8 Page(s) $96-98$ Exercise(s) $1-10$
Learning Materials: More extensive use and further explanation of Illustration: (Benward) Unit 8 Page(s) 96 Exercise(s)Ex.


## Iiterature Utilized

Dictation:
Book MoHose_ Page(s) 16 Exercise(s) 207 P.D. Rhythm only.


Error Detection:
Student makes proper changes in rhythmic Book Benward Page(s) 105 Exercise(s) 20 P.D. notation. rhythmic a


Melody Completion: (Given: First
 measures)
BookWalton \& Wilson Page(s) 156 Exercise(s) 31 P.D. Rhythm only.


Assignment Made: (Benward) Unit_8 Page(s) 96-98 Exercise(s) 1-10 Comments:

Section
Date $\qquad$ 16

Assignment Covered: (Benward) Unit_ 8 Page (s) $96-98$ Exercise (s) $1-10$ Learning Materials: More extensive use and further explanation of comIllustration: (Benward) Unit _8 Page (s) 96 Exercise (s) $\perp$


I la le 2 le 1 la 2 ka 1 la le 2 le rale la le 1 la le 2 le 1 le 2 le 1 la le 2 le 1 la le 2

## Literature Utilized

Dictation:
Book Mc Hose Page (s) 17 Exercise (s)228 P.D. Rhythm only.


Error Detection: Book Maltose Page (s) 16 Exercise (s) 23,203 P.D. $\begin{gathered}\text { changes in mythic } \\ \text { notate }\end{gathered}$


Assignment Made: (Benward) Unit Page (s) $1-3$ Exercise (s) $1-10$ Comments: Midterm exam and completion of Unit 7II.

$$
\begin{aligned}
& \text { Mctose, p. 17, ex. } 227 .
\end{aligned}
$$

Section $\qquad$ Date 17

Assignment Covered: (Benward) Unit__ Page(s) 1-8 Exercise(s)All Learning Materials: Melodies containing no leaps, major-scale orientation and the utilization of numbers and syilables in relationship to scale tones.
Illustration:
Bach $\quad \begin{gathered}\text { (Benward) Unit__ } 1 \text { Magaughey }\end{gathered} \frac{5}{56}$ Exercise(s) $\frac{8}{3}$


Scale Singing with Numbers


Literature Utilized
Dictation:
Book Ottman Page(s)_ 5 Exercise(s)_ $1 \quad$ P.D. $\qquad$


Error Detection:
Book Benward Page(s)_1 Exercise(s)_1 P.D.


Melody Completion: (Given: First ___ measures)
Book Ottman Page(s)_6_Exercise(s)_7 P.D. $\qquad$
 Assignment Made: (Benward) Unit__ Page(s) 9 Exercise(s) 1-13 Comments:

Lesson Plan
Music Theory 112
Section
Date $\qquad$
Assignment Covered: (Benward) Unit_1 Page(s) $9 \quad$ Exercise(s)1-13 Learning Materials: Singing major triads, recognition of triad factor in soprano, explanation of melodic error detection/melodic dictation.


Literature Utilized
Dictation:
Book Ottman Page(s)_7 Exercise(s)_13 P.D.


Error Detection:
Book Benward Page(s)_2 Exercise(s)_6_P.D. $\qquad$


Assignment Made: (Benward) Unit_2 Page(s) 12-18 Exercise(s)All Comments:


Error Detection:


Assignment Made: (Benward) Unit_2_Page(s) 19 Exercise(s) 1-12 Comments:

Section $\qquad$ Date $\qquad$ 20

Assignment Covered: (Benward) Unit_2 Page(s) 19 Exercise(s) 1-12 Learning Materials: Singing the minartriad, recognition of triad factor in Illustration: (Benward) Unit_1 Page(s) 8,9 Exercise(s) 91



Literature Utilized
Dictation:
Book McHose Page(s) 7 Exercise(s) 1_ P.D $\qquad$


Error Detection:
Book Lieberman Page(s) 47 Exercise(s)_4 P.D.


Melody Completion: (Given: First $\qquad$ measures) Book McHose Page(s) 20 Exercise(s) 67 P.D. $\qquad$
 Assignment Made: (Benward) Unit 3 Page(s)22-27 Exercise(s) All Comments:


Assignment Covered: (Benward) Unit_3 Page(s) 22-27 Exercise(s)All Learning Materials: I and $\bar{Z}$ triads outlined, singing the major triad Prom the root, 3 rd, and 5 th (also minor triad).
Illustration: (Benward) Unit_3 Page(s)26, 28 Exercise(s)1,1


Literature Utilized
Dictation:
Book Benward Page(s) 34 Exercise(s) 14 P.D.______ Clementi: "Trumpet Call" Sonata


Error Detection:
Book Thomson Page(s) 84 Exercise(s) 32 P.D.
Giardint: Protestant Hymn


Melody Completion: (Given: First _ 2 measures)
Book Thomson Page(s)_13 Exercise(s)_e__ P.D. $\qquad$


Assignment Made: (Benward) Unit_3 Page(s)28-29 Exercise(s) All Comments: Learning Materials: Determining the triad factor in the soprano, recogniIllustration: (Benward) Unit__ Page(s)___ Exercise(s)__


Literature U̇tilized
Dictation:
Book Benward Page(s) 34 Exercise(s) 15 P.D. Anon. - Dona Nobis Pacem


Error Detection:


Melody Completion: (Given: First _ $\quad$ _ measures)
Book Thomson Page(s) 57 Exercise(s)_15 P.D. Hungary


Assignment Made: (Benward) Unit_ 4 Page(s) $32-38$ Exercise(s) All Comments:

Section $\frac{1}{23}$

Assignment Covered: (Benward) Unit_4 Page(s) 32-38 Exercise(s) All Learning Materials: I and $\Psi$ rriads (outlined), arpeggios filled in with neighbor rones and passing tones.


Literature Utilized
Dictation:


Error Detection:


Assignment Made: (Benward) Unit_ 4 Page(s)39-42 Exercise(s) All Comments:

Lesson Plan
Music Theory 112
Section $\qquad$ Date 24 Assignment Covered: (Benward) Unit_4 Page(s)39-42 Exercise(s)__ Learning Materials: Singing diminished triads (also minor or major), singing Illustration: (Benward) Unit_4 Page(s) 39,41 Exercise(s) 1,1


Literature Utilized
Dictation:
Book Thomson Page(s) 83 Exercise(s)29 P.D. $\qquad$


Error Detection:
Book Thomson Page(s) 75 Exercise(s)_2 P.D. Beethoven


Melody Completion: (Given: First _ 2 measures)
Book Thomson_ Page (s) 94 Exercise(s)_2 P.D. $\qquad$


Assignment Made: (Benward) Unit_5 Page(s)46-51 Exercise(s) $\qquad$ Comments:

Section $\qquad$ Date 25

Assignment Covered: (Benward) Unit 5 Page(s) 46-51 Exercise(s) $\qquad$
Learning Materials: Outlining the I,IV, and $\Psi$ chords, positions of the major triad on a fixed tone.
Illustration: (Benward) Unit_5 Page(s) 46 Exercise(s) 2
Mozart: Minuet in $F$


Literature Utilized
Dictation:
Book Benward Page(s) 46 Exercise(s) 4 P.D.
Von Weber: Der Freishutz Overture


Error Detection:
Book Ottman Page(s) 67 Exercise(s) 201 P.D. $\qquad$ Allogñ


Melody Completion: (Given: First 2 measures)
Book Thomson Page(s) 85 Exercise(s) 36 P.D.______ Bartok
 Assignment Made: (Benward) Unit_ 5 Page(s)53 Exercise(s)____ Comments:

Section $\qquad$
Date $\qquad$ 26

Assignment Covered: (Benward) Unit 5 Page(s) 53-58 Exercise(s) $\qquad$ Learning Materials: Singing the I, IV, and I triads, outlining the I, IV, and $\mathbb{Z}$ triads.
Illustration: (Benward) Unit_5 Page(s) 53 Exercise(s) 1


Literature Utilized
Dictation:
Book Benward Page(s) 48 Exercise(s) 13 P.D.
Bull-The King's Hunting Jigg


Error Detection:
Book Thomson Page(s)_ 54 Exercise(s)_3 P.D. Schubert-Andantino


Melody Completion: (Given: First _ $\frac{1}{2}$ measures)
Book Thomson Page(s) 128 Exercise(s) $9 \quad$ P.D. $\qquad$


Assignment Made: (Benward) Unit_6 Page(s) 59-66 Exercise(s) Comments:

## Lesson Plan

Musj.c Theory 112
Section $\qquad$
Assignment Covered: (Benward) Unit 6 Page(s) 59-66 Exercise(s) $\qquad$
Learning Materials: More difficult exercises, interval drill and dictation (major and minor 2 nds and 3 rds).
Illustration: (Benward) Unit_6 Page(s) 64 Exercise(s) 1


Literature Utilized
Dictation:
Book Benward Page(s) 63 Exercise(s) 20 P.D. Handel-Sarabande


Error Detection:
Book Thomson Page(s) 103 Exercise(s)_3 P.D. Schumann


Melody Completion: (Given: First $\quad 1 \quad$ measures)
Book Thomson_ Page(s) 75 Exercise(s)_2 P.D. $\qquad$ Beethoven


Assignment Made: (Benward) Unit_6 Page(s) 67-72 Exercise(s) $\qquad$ Comments:

## Lesson Plan

Music Theory 112
Section
Date $\qquad$ $\frac{1}{28}$
$\qquad$ Assignment Covered: (Benward) Unit 6 Page(s) 67-72 Exercise(s)__ Learning Materials: Positions of the minor triad on a fixed tone, singing and outlining I, IV, I, and vii chords, chord quality discrimination. Illustration: (Benward) Unit_6 Page(s) 67,68 Exercise(s) 1,1


Literature Utilized
Dictation:
Book Benward Page(s) 61 Exercise(s) 12 P.D. Beethoven: Ecossaise in E Flat


Error Detection:


Melody Completion: (Given: First _ $\quad$.__ measures)
Book Ottman Page(s) 119 Exercise(s) 43 P.D. $\qquad$ Schubert


Assignment Made: (Benward) Unit__ Page(s) 73-80 Exercise(s) $\qquad$ Comments:

## Lesson Plan

Music Theory 112
Section $\qquad$
Assignment Covered: (Benward) Unit__ Page(s) $73-80$ Exercise(s)__ Learning Materials:Larger melodic leaps, more difficult rhythms, singing the Illustration: (Benward) Unit_ $\quad$ Page(s) 80,79 Exercise(s) 1,1


Literature Utilized
Dictation:
Book Benwand Page(s) 73 Exercise(s)_ 5 P.D.


Error Detection:
Book Ortman Page(s) 91 Exercise(s) 245 P.D. $\qquad$


Melody Completion: (Given: First $\quad 1 \quad$ measures)
Book Ottman Page(s) 135 Exercise(s) 90 P.D.


Assignment Made: (Benward) Unit 7 Page(s) 80-82 Exercise(s) $\qquad$
Comments: Student sings from this given chart:
$\qquad$
Assignment Covered: (Benward) Unit 7 Page(s) 80-82 Exercise(s) __ Learning Materials: Singing and Outlining the $I, I V, I, i i$, and viio triads, chord quality identification.
Illustration: (Benward) Unit_ $7 \operatorname{Page}(s) .80 \quad$ Exercise(s) 1


Literature Utilized
Dictation:
Book Benward Page(s) 75 Exercise(s) 14 P.D. $\qquad$


Error Detection:
Book Thomson Page(s) 122 Exercise(s) 6 $\qquad$


Melody Completion: (Given: First _ 2 measures) Book Ottman. Page(s)_49 Exercise(s) 149 P.D.


Assignment Made: (Benward) Unit_ 8 Page(s) 86-92 Exercise(s) $\qquad$ Comments:
Lesson Plan Music Iheory 112 Date Learning Materials: More difficult exercises without modulation. Interval drill, add final tone to melody (key feeling).
Illustration: (Benward) Unit__ Page(s) Exercise(s)__
Isolated Intervals

Literature Utilized
Dictation:
 Book Ottman Page(s) 127 Exercise(s) 67 P.D.

Melody Completion: (Given: First _


Assignment Made: (Benward) Unit_8 Page(s) 93-95 Exercise(s) $\qquad$ Comments:


Literature Utilized
Dictation:
Book Benward Page(s) 86 Exercise(s) 3 P.D.


Error Detection:
Book Ottman Page(s) 143 Exercise(s) 111 P.D.


Melody Completion: (Given: First ___ measures)
Book Thomson Page(s) 132 Exercise(s) 24 P.D. $\qquad$


Assignment Made: (Benward) Unit___ Page(s)___ Exercise(s)___ Comments:

## APPENDIX C

DAILY RECORD OF PROGRESS OF THE SIGHT-SINGING GROUP UTILIZING THE "TRADITIONAL" CONCEPTS

Lesson Plan
Music Theory 112


Assignment Covered: (Benward) Unit__ Page(s) _1-6 Exercise(s)__ Learning Materials: Charac. of tone duration timbre, amplitude, volume, overtones, 4 scale ainging with numbers. Conductor's beat for 2/4, 3/4; and 4/4. Melodies containing no leaps (scalé wise passages). Illustration: (Benward) Unit_1 Page(s)_ Exercise(s) ـ_


Dictation:
Book Benward Page(s) 5 Exercise(s)_ 8 P.D.


Error Detection:
Book Ottman Page(s)_ 6 Exercise(s) $7 \quad$ P.D.


Melody Completion: (Given: First 4 measures) Book Ottman Page(s)_ 5 Exercise(s)_1_ P.D. $\qquad$


Assignment Made: (Benward) Unit__ Page(s) 7-8 Exercise(s) Comments: Practice singing with scale numbers, syllables, and/or letter names.


Dictation:


Error Detection:


Assignment Made: (Benward) Unit__ $\quad$ Page(s) 9 Exercise(s) Comments: Practice singing with scale numbers, syllables and /or letter names.


## Literature Utilized

Dictation:



Error Detection:
Book Ottman Page(s)_ 7 Exercise(s) 14 P.D.


Comments: Practice singing only with syllable names or letter names without notation on the staff. Practice with other members of the class.


## Literature Utilized

Dictation:
Book_Ottman Page(s)_q Exercise(s)_24_P.D.


Error Detection:



Melody Completion: (Given: First _ 2 measures)
Book McHose Page(s) 20 Exercise(s) 67 P.D. $\qquad$


Assignment Made: (Benward) Unit_2 Page(s) 12-16 Exercise(s) $\qquad$ Comments: Rhythm: 1 and 2 -beat values.

Lesson Plan
Music Theory 112
Section Date
$\qquad$ 2 Assignment Covered: (Benward) Unit_2 Page(s) 12-16 Exercise(s)__ Learning Materials: Explanation of rhythm, rhythm notation, meter signature, and the function of meter. Combine leaps with tonic triad. (Benward) Unit_2 Page(s) 12 Exercise(s) 1
Illustration: $\qquad$


## Literature Utilized

Dictation:
Book $\frac{\text { Benward }}{(\text { Wkbk. })} \operatorname{Page}(s) 211$ Exercise(s) 1-d P.D.


Error Detection:
Book Ottman Page(s)_ 5 Exercise(s)_2_P.D.


Melody Completion: (Given: First 2 measures)
Book Ottman Page(s)_6 Exercise(s)_ 8 P.D. $\qquad$


Assignment Made: (Benward) Unit__2 Page(s) 17-18 Exercise(s)
Comments: Practice singing with letter names, numbers, and/or syllables. Practice dictation with other members of the class.


Lesson Plan
Music Theory 112
Section 2
Date
6
Assignment Covered: (Benward) Unit_2 Page(s) 17-18 Exercise(s)__
Learning Materials: Tonic triad with scalewise passages. Harmonic and Illustration: (Benward) Unit__ Page(s)___ Exercise(s)___

## Harmonic Minor:



Iiterature Utilized
Dictation:
Book Benward Page(s) 12 Exercise(s) 1,2 P.D.


Error Detection:
Book Ottman Page(s)_ 15 Exercise(s) 42 P.D.


Melody Completion: (Given: First _ _ measures)


Assignment Made: (Benward) Unit_2 Page(s) 19 Exercise(s)
Comments: Practice all exercises using letter names, syllables, and/or numbers.
Practice dictation with other members of the class.


## Literature Utilized

Dictation:
Book Benward Page(s) 15 Exercise(s)_1 P.D. $\qquad$


Error Detection:
Book Ottman Page(s)_27 Exercise(s) 86_P.D.


Melody Completion: (Given: First _ 2 measures) Book Ottman Page(s) 23 Exercise(s)_67 P.D. $\qquad$ Ziemlich schnell


Assignment Made: (Benward) Unit_2 Page(s) $19-2 \mid$ Exercise(s) $\qquad$ Comments: Tap the meter with one hand, the rhythm with the othen.

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Lesson Plan
Music Theory 112
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Section $\frac{2}{8}$ Date

Assignment Covered: (Benward) Unit_2 Page(s) |9-2| Exercise(s)__ Learning Materials: Further explanation of simple time (one and two-beat values), simple syncopation.

2.


Literature Utilized
Dictation:
Book Ottman Page(s) 22 Exercise(s) 64 P.D.


Error Detection:
Book Benward $\frac{\text { (Wkbk) }}{}$ Page(s) 261 Exercise(s)_ 4 P.D:


Melody Completion: (Given: First _ $\quad 1 \quad$ measures)
Book McGaughey Page(s) 25 Exercise(s)_a_P.D. $\qquad$
Mozart: Minuet


Assignment Made: (Benward) Unit_3 Page(s) 22-25 Exercise(s)
Comments: $2 / 2 \quad 2 / 4 \quad 2 / 8 \quad 2 / 16 \quad$ Practice singing rhythms. Practice the $\begin{array}{lllll}3 / 2 & 3 / 4 & 3 / 8 & 3 / 16 & \text { rhythms in dictation with members } \\ 4 / 2 & 4 / 4 & 4 / 8 & 4 / 16 & \text { of the class. }\end{array}$


## Literature Utilized

Dictation:


Error Detection:
Book Ottman Page(s) 35 Exercise(s) 107 P.D. $\qquad$


Assignment Made: (Benward) Unit_3 Page(s) 26-27Exercise(s) $\qquad$ Comments: Make any given note the root, third, and/or fifth of a triad.


## Literature Utilized

Dictation:
Book Ottman Page(s)_33 Exercise(s) 102 P.D.


Error Detection:
Book Ottman Page(s) 32 Exercise(s)_99 P.D.


Melody Completion: (Given: First $\quad$ _ measures)
Book Ottman Page(s)_35 Exercise(s)_108 P.D. $\qquad$


Assignment Made: (Benward) Unit_3 Page(s) 28 Exercise(s) $\qquad$
Comments: Tap the meter with one hand and the rhythm with the other hand. Practice dictation with other members of the class.

Lesson Plan

Music Theory 112
Section $\qquad$
Assignment Covered: (Benward) Unit_3 Page(s) 28_ Exercise(s)__ Learning Materials: Dictation from Unit 3. Outlining the $I$ and $\Psi$ chords.
Illustration: (Benward) Unit_3 Page(s) 28 Exercise(s)2,3
3.


## Literature Utilized

Dictation:
Book Thomson Page(s) 57 Exercise(s) 14 P.D. Germany


Error Detection:
Intervallic dictation sub-



Melody Completion: (Given: First 4 $\qquad$ measures)
Book Thomson Page (s) 57 Exercise(s) 13 P.D. $\qquad$
 Assignment Made: (Benward) Unit_3 Page(s) 29-31 Exercise(s) $\qquad$
Comments:

## Lesson Plan

Music Theory 112
Section
Date $\qquad$ 12

Assignment Covered: (Benward) Unit_3 Page(s) 29-31 Exercise(s)__ Learning Materials: Simple syncopation. Measure completion, provide bar lines and meter signatures. Rhythmic dictation.
Illustration: (Benward) Unit_ Page(s)_ Exercise(s)__


## Literature Utilized

Dictation:
Count the rhythmic syllables, then write Prom memory Book McHose Page(s) 6 Exercise(s) 31, 37 P.D. on staff paper.
 - proper bar lines. Student

 -


Melody Completion: (Given: First _ 2 measures) Book Ottman Page(s)_ 161 Exercise(s) 139 P.D. $\qquad$


Assignment Made: (Benward) Unit 4 Page(s) 32-38 Exercise(s) $\qquad$


## Lesson Plan

Music Theory 112
Section $\qquad$ 2
Date 13

Assignment Covered: (Benward) Unit_4 Page(s) 32-38 Exercise(s)__ Learning Materials: Melodies (I and $\mathbb{Z}$ triads outlined), memory retention. Illustration: (Benward) Unit__ Page(s)___ Exercise(s)__



Literature Utilized
Dictation:
Book Benward Page(s) 32 Exercise(s)_3 P.D. $\qquad$
 Error Detection:

Student is given rhythmo is to write melody as heard Book Benward Page(s) 37 Exercise(s) 1,3_ P.D. $\frac{\text { from piano, (Silse Benward, pisa-versa. for add. }}{\text { tional examplec.) }}$



Melody Completion: (Given: First___ measures) Book Benward Page(s) 32 Exercise(s)_1_P.D. $\qquad$


Assignment Made: (Benward) Unit_4 Page(s)39-40Exercise(s) $\qquad$ Comments:

## Lesson Plan <br> Music Theory 112

Section
Date
$\qquad$ 2 14


Assignment Covered: (Benward) Unit 4 Page(s) 39-40 Exercise(s) $\qquad$ Learning Materials:

Illustration:
(Benward) Unit $\qquad$ 4

Page (s) 39 Exercise(s) 1


Literature Utilized
Dictation:
Book Benward Page(s) 32 Exercise(s)_2 P.D. $\qquad$


Error Detection:


Melody Completion: (Given: First _ 5 $\qquad$ measures) Book Lieberman Page(s) 132 Exercise(s) 74 P.D. Triad is announced.
 Assignment Made: (Benward) Unit_ 4 Page(s) $41-42$ Exercise(s) $\qquad$ Comments:

Section 2
Date $\qquad$ 15

Assignment Covered: (Benward) Unit_4 Page(s) 41-42 Exercise(s)__ Learning Materials: Singing the $I, \Psi$, and viio triads from analysis.


Dictation:
Book Ottman Page(s) 20 Exercise(s) 80 P.D.


Error Detection:
Harmonic interval drill
Book_ Page (s)__ Exercise(s)__ P._ Triad factor detection


Melody Completion: (Given: First 4 measures)
Book Lieberman Page(s) 62 Exercise(s) 14 P.D. $\qquad$

Assignment Made: (Benward) Unit 4 Page(s) 43-45Exercise(s)
Comments: The second illus. example is the result of the following problem: I vii, I II In determining the triad factor, student sings soprano note and arpeggiates down to root (when he sings an interval larger than the 3rd he has left the root).

Lesson Plan
Assignment Covered: (Benward) Unit_4 Page(s) 43-45 Exercise(s) $\qquad$ Learning Materials: Half-beat values, rhythmic drill with syllables,
Illustration: (Benward) Unit__ Page(s)___ Exercise(s)__


Iiterature Utilized
Dictation:
Book Benward Page(s) 45 Exercise(s)_ 10 P.D. Rhythmic dictation


Error Detection:


Melody Completion: (Given: First $\quad 2$ measures)
Book Lieberman Page(s) 66 Exercise(s) 33 P.D. $\qquad$


Assignment Made: (Benward) Unit_ 5 Page(s) 46-51 Exercise(s) $\qquad$
 measure to complete measure.)
 different time signature.)


## Literature Utilized

Dictation:
Book Thomson Page (s) 55 Exercise(s) 4 P.D. Pretorius


Error Detection:


Melody Completion: (Given: First _ 4 measures)
Book Thomson Page(s) 79 Exercise(s)_15 P.D. $\qquad$


Assignment Made: (Benward) Unit_5 Page(s) 52 Exercise(s) Comments: Brahms' piece (detection) is also used for lecture demonstration for harmonic rhythm.


## Literature Utilized

## Dictation:

 Der Freischutz Overture Von Weber


Error Detection:
Book Benward Page(s) 46 Exercise(s)_2_P_D__ Mozart
Minyet in F


Melody Completion: (Given: First _
Book Benward Page(s) 46 Exercise(s) 3_P.D. $\qquad$
 Assignment Made: (Benward) Unit_5 Page(s) 53-54 Exercise(s) All Comments:

## Lesson Plan

Music Theory 112
Section Date
$\qquad$ 2 19
 _ Assignment Covered: (Benward) Unit_5 Page(s) 53-54 Exercise(s)All Learning Materials: Singing the I, IV, 4 V triads, singing the I, II, + ITriads in chord progression, recognition of triad factor in sop. \& bass, harmonic interval drill. Illustration: (Benward) Unit_5 Page(s) 53 Exercise(s) 2


Literature Utilized
Dictation:
Book Thomson Page(s) 57 Exercise(s)_15_P.D.
Hungary


Error Detection:
Book Thomson Page(s) 83 Exercise(s) 29 P.D. $\qquad$
Handel
2


Melody Completion: (Given: First _ _ measures)
Book Thomson Page(s) 73 Exercise(s)_e_ P.D.


Assignment Made: (Benward) Unit_5 Page(s)55-58 Exercise(s) 1-11 Comments:


Literature Utilized
Dictation:
Book Thomson Page(s) 91 Exercise(s)_a_P.D.
 Error Detection:
Book Thomson Page(s) 93 Exercise(s)_L P.D. $\qquad$


Melody Completion: (Given: First _ 2 measures) Book_Thomson Page(s) 94 Exercise(s)_o_P.D._ $\qquad$ (4x+6.4 Assignment Made: (Benward) Unit_6 Page(s)59-63 Exercise(s) All Comments:

Lesson Plan
Music Theory 112
Section $\frac{2}{21}$ Assignment Covered: (Benward) Unit_6 Page(s) 59-63 Exercise(s)All Learning Materials: More difficult exercises, dictation of melodies with an accompaniment, dictation with scale numbers, completion of two-voice melodies.


Iiterature Utilized
Dictation:
Book Benward Page(s) 60 Exercise(s) 4 P.D.
Piano Concerto
Tchaihousky


Error Detection:
Book Thomson Page(s) 75 Exercise(s) $2 \quad$ P.D. Beethoven


Melody Completion: (Given: First 2 measures)
Book Thomson Page(s) 75 Exercise(s)__ P.D. $\qquad$


Assignment Made: (Benward) Unit_6 Page(s) 64-66Exercise(s)All Comments:

Section Date $\qquad$ 22
Assignment Covered: (Benward) Unit_6 Page(s) 64-66 Exercise(s)All Learning Materials: More difficult intervals, major and minor 2 nds/3rds, harmonic interval drill (supply second tone), melodic/rhythmic dictation. Illustration: (Benward) Unit 6 Page(s) 64 Exercise(s) 1 All 2nds and 3rds plus the perfect 4 th (interval drill)


Sing $M$ and $m z$ above given note (below)

Literature Utilized
Dictation:
Book Thomson Page(s) 78 Exercise(s)_13 P.D.


Error Detection:
Book Thomson Page(s) 76 Exercise(s) 4 P.D. $\qquad$ (49) a


Melody Completion: (Given: First ___ measures)
Book Thomson Page(s) 77 Exercise(s) q_P.D. $\qquad$


Assignment Made: (Benward) Unit_6 Page(s) 67-70 Exercise(s) All Comments:




Literature Utilized
Dictation:
Book Benward Page(s) 75 Exercise(s) 14 P.D.


Error Detection:
Book Thomson Page(s) 84 Exercise(s) 32 P.D.

Melody Completion: (Given: First _ 2 measures)
Book Thomson Page(s) 85 Exercise(s) 36 P.D.___________



Literature Utilized

## Dictation:

Book Benward Page(s) 75 Exercise(s)_16 P.D.


Error Detection:
Book Thomsen Page(s) 54 Exercise(s) 3 P.D.


Melody Completion: (Given: First $\quad 1 \frac{1}{2}$ measures)
Book Thomson Page(s) 128 Exercise(s) $9 \quad$ P.D. $\qquad$


Assignment Made: (Benward) Unit_7 Page(s)80-82 Exercise(s) 1-6 Comments: Singing with letter names, numbers and syllables only. Also, transcribing the same on the staff in different keys.

Section $\frac{2}{27}$
Date

Assignment Covered: (Benward) Unit_7 Page(s) 80-82 Exercise(s)1-6 Learning Materials: Recognition drills in I, IF, vii, ii, and III triads. Determining triad factor in soprano.
Illustration: (Benward) Unit 7 Page(s) 80 Exercise(s)B-1 Singing the $I, I$, vii ${ }^{\circ}$, ii, and III triads:


Outlining same:


Literature Utilized
Dictation:
Book Benward Page(s) 73 Exercise(s)_4 P.D.
The Wanderer (Op.80, No.1) Schubert


Error Detection:
Book Thomson Page(s) 103 Exercise(s) 3_P.D.


Melody Completion: (Given: First $\quad 1 \quad$ measures) Book Thomson Page(s) 75 Exercise(s)_2 P.D. $\qquad$ $6^{6} \mathrm{~b}^{6} \mathrm{C}$ Assignment Made: (Benward) Unit_7 Page(s) 83-85 Exercise(s) All Comments:

Lesson Plan Music Theory $112 \quad$ Section $\frac{2}{29}$

Assignment Covered: (Benward) Unit_8 Page(s) 86-92 Exercise(s) All Learning Materials: More difficult exercises without modulation, interval Illustration: (Benward) Unit_ 8 Page(s) 92 Exercise(s)_L Identify and sing:


## Literature Utilized

Dictation:
Book Benward Page(s) 86 Exercise(s) 3 P.D.
Sonata in C Major, Ist Mov't. Haydn
 Error Detection:
Book Thomson Page(s) 126 Exercise(s)_2_P.D.


Melody Completion: (Given: First $\qquad$ measures)
Book Thomson Page(s) B3 Exercise(s) 27 P.D. $\qquad$
 Assignment Made: (Benward) Unit_8 Page(s) 93 Exercise(s) 1-7 Comments:

## Lesson Plan

Music Theory 112
Section $\qquad$
Assignment Covered: (Benward) Unit_8 Page(s) 93 Exercise(s) 1-7 Learning Materials: Positions of the $\nabla_{7}\left(X_{6}, \Psi_{4_{3}}, \Psi_{2}\right)$.
Illustration: (Benward) Unit_8 Page(s) 93 Exercise(s) 1
Positions of the $\Psi_{7}$ :


Literature Utilized
Dictation:
Book Benward Page(s) 86 Exercise(s)_1_1_P._ P._____
With the Green Lute Ribbon Schubent


Error Detection:
Book Thomsen Page(s) 122 Exercise(s) Ex. 6 P.D. $\qquad$


Melody Completion: (Given: First $\quad 1 \quad$ measures) Book Ottman Page(s) 26 Exercise(s) 80_ P.D. $\qquad$ (exyfotaty Assignment Made: (Benward) Unit 8 Page(s) 94-95 Exercise(s) 1-5 Comments:
Section $\frac{2}{31}$
Date

Assignment Covered: (Benward) Unit_8 Page(s) $94-95$ Exercise(s) $1-5$ Learning Materials: I, ii, IV, $\mathbb{I}_{7}$, vii $^{\circ}$ - Har monic backgrounds, triad identification interval drill
Illustration: (Benward́d)Unit_8 Page(s) 94-B Exercise(s) 1 Singing the $I, i i, I I, I, I$, viio


Literature Utilized
Dictation:
Book Thomson Page(s) 83 Exercise(s) 28 P.D. $\qquad$
Bartók
届 Error Detection:

Book Thomson Page(s) 163 Exercise(s) 14 P.D.

$\qquad$


Melody Completion: (Given: First _ $\quad$ _ measures)
Book Thomson Page(s) 129 Exercise(s)_ 13 P.D. $\qquad$


Assignment Made: (Benward) Unit 8 Page(s) 96-98 Exercise(s) 1-10 Comments:

Section 2
Date


Assignment Covered: (Benward) Unit 8 Page(s) 96-98 Exercise(s) 1-10 Learning Materials: Introduction to compound time, rhythmic erroor detection, providing bar lines.
Illustration: (Benward) Unit_8 Page(s) 96 Exercise(s) 1
Introduction to compound time:


Literature Utilized
Dictation:
Book Thomson Page(s) 145 Exercise(s)_11 P.D.


Error Detection:
Book Ottman Page(s) 127 Exercise(s) 67 P.D. $\qquad$
Brahms
a Andante



Melody Completion: (Given: First _ 2 measures)
Book Thomson Page(s) 150 Exercise(s)_28 P.D. $\qquad$


Assignment Made: (Benward) Unit___ Page(s)__ Exercise( 5 ) Comments:


[^0]:    ${ }^{1}$ Robert W. John, "Our Forefather's Favorite System," Educational Music Magazine, XXIV, No. 5, p. 54.

[^1]:    ${ }^{1}$ Karl W. Gehrkens, "Why Can't College Students Read Better?", Etude Magazine, LXIX, No. 12, p. 23.
    ${ }^{2}$ John David Boyle, "The Effect of Prescribed Rhythmical Movements on the Ability to Sight Read Music" (unpublished Doctor's dissertation, University of Kansas, Lawrence, Kansas, 1968), pp. 4, 7.

[^2]:    ${ }^{1}$ W. Otto Miessner, "How to Master Rhythms," Music Educators Journal, LIII, No. 3, p. 49.
    ${ }^{2}$ Ibid.

[^3]:    ${ }^{1}$ E. D. Thompson, "What Shall I Teach?", The Instrumentalist, XIX, No. 7, p. 37.
    ${ }^{2}$ Dorothy D. Horn, "Music Theory for High School Students," Music Educators Journal, XLVI, No. 3, p. 74.

    3 Irving Lowens and Allen P. Britton, "The Easy Instructor (1798-1831): A History and Bibliography of the First Shape Note Tune Book," Journal of Research in Music Education, I, No. 1, p. 32.

[^4]:    ${ }^{1}$ George H . Kyme, "An Experiment in Teaching Children to Read Music with Shape Notes, "Journal of Research in Music Education, VIII, No. 1, p. 3.
    ${ }^{2}$ Ibid., p. 3.
    3 Ibid., p. 8.

[^5]:    ${ }^{1}$ James Allen Middleton, "A Study on the Effectiveness of the Breath Impulse Technique in the Instruction of Wind Instrument Performers" (unpublished Doctor's dissertation, University of Oklahoma, Norman, Oklahoma, 1967), p. 59.
    ${ }^{2}$ DeVon Willis Helbling, "An Experimental Study of the Relative Effectiveness of 'Whole' and 'Part' Methods of Teaching Sight Singing" (unpublished Doctor's dissertation, Indiana University, Bloomington, Indiana, 1965), p. 2.

[^6]:    ${ }^{1}$ Arnold Fish and Norman Lloyd, Fundamentals of Sight Singing and Ear Training (New York: Dodd, Mead, \& Co., 1968), p. 1.
    $2_{\text {Beryl }}$ Rubinstein The Pianist's Approach to SightReading and Memorization (New York: Carl Fischer, Inc., 1950), p. 7.

[^7]:    ${ }^{1}$ William S. Newman, The Pianist's Problems (New York: Harper \& Brothers Publishers, 1950), p. 20.
    ${ }^{2}$ Katherine Eloise Simpson, "Contemporary Methods in the Teaching of Ear Training and Sight Singing"

[^8]:    (unpublished Master's thesis, Northwesterr University, Evanston, Illinois, 1957), p. 48.
    ${ }^{1}$ Alvin Bauman, Elementary Musicianship (New York: Prentice-Hall, Inc., 1947), p. v.

    2Ibid., p. 21.

[^9]:    ${ }^{1}$ Lilla Belle Pitts, The Developmental Approach to Music (New York: Ginn and Company, 1950), p. 3. ${ }^{2}$ Duff Harstad, "Teach Them to Read," Music Educators Journal, XLI, No. 3, p. 59.
    $3_{\text {Simpson, op. cit. }}$, p. 57.
    ${ }^{4}$ Chester Barris, "It's Not Theory, It's Music," Etude Magazine, LXXV, No. 3, p. 42.

[^10]:    ${ }^{1}$ E. Jaques-Dalcroze, Rhythm, Music, and Education (New York: G. P. Putnam's Sons, 1921), p. 8.
    ${ }^{2}$ Seashore, op. cit., p. 115.
    3Dalcroze, op.cit., p. 83.
    ${ }^{4}$ James L. Mursell, The Psychology of Music (New
    York: W. W. Norton and Company, Inc., 1937), pp. 160-164.

[^11]:    ${ }^{1}$ Carl C. Francis, Introduction to Human Anatomy (St. Louis: C. V. Mosley Co., 1968), p. 224.

    2Zoltan Kodaly, "Folk Song in Pedagogy," Music Educators Journal, LIII, No. 7, p. 59.

[^12]:    ${ }^{1}$ Karl Wilson Gehrkens, "Rhythm in Music," Music Educators Journal, XLIX, No. 5, p. 46.
    ${ }^{2}$ Ibid.

[^13]:    ${ }^{1}$ Paul R. Lehman, Tests and Measurements in Music (Englewood Cliffs, New Jersey: Prentice-Hall, Inc., 1968), p. 62.

[^14]:    ${ }^{1}$ The "difference" score is the average of the posttest scores minus the average of the pre-test scores.

[^15]:    ${ }^{1}$ Helbling, op. cit., p. 24.

[^16]:    ${ }^{1}$ Fish and Lloyd, op. cit., p. xi.

