# MIGRATION PATTERNS, LANGUAGE PROFICIENCY AND ETHNIC COMMUNITY TIES AS FACTORS IN THE SOCIAL SERVICE UTILIZATION AND ADJUSTMENT OF INDOCHINESE FAMILIES

Ву

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# CHAPTER I

### INTRODUCTION

# The Problem

Ethnicity, the cultural characteristics of different ethnic groups, has been a fact of life in the United States from the inception of the republic when British, French, Dutch and Spanish colonists began to mold the country. Today the interest in ethnicity is evidenced by popular literature and television programs such as <u>Roots</u> and <u>Centennial</u>, by the increasing interest in family genealogy, and by the resurgence of ethnic festivals and traditions across the country.

Over the past 20 years, needs assessments, journal articles and books have analyzed the different sub-cultures that comprise American society and have pointed to the specific needs and characteristics of the families within these sub-cultures in such areas as education, health, employment, and finances. Recent social legislation requires that needs of ethnic and minority groups be met as a function of federal, state, and local government programs (U.S. Government, 1975 & 1976). In 1975 social service agencies began addressing the specific needs of Indochinese refugees, one of the newest American ethnic groups, and the largest group of refugees ever to arrive in such a compressed period of time. These political and economic refugees include people from Laos, Kampuchea (formerly Cambodia), and Vietnam. Each group is culturally

different from the others and within each national group there is further cultural diversity.

As of March, 1981, some 475,480 Indochinese refugees had settled in the United States. Over 500,000 refugees still live in refugee camps awaiting resettlement (Dept. of State, 1981b). Currently the United States is accepting 14,000 refugees per month. The initial estimate of the total Indochinese refugees expected to come to the United States was 130,000. To date, over three times that number have settled in United States communities and each month more arrive.

Unlike other recent refugee groups that have come to the United States, Indochinese refugees could look to no existing indigenous ethnic community for guidance and cultural kinship in the adjustment process. Consequently, there were no occupational or social networks into which the refugees could immediately assimilate. Indochinese families face acculturation problems as they attend local schools, engage in business and social relationships, and compete for jobs and services. Their languages, family structures, life styles, world views, and value systems are radically different from those held by most Americans. In addition, many refugees face problems related to acceptance by the host community due to ignorance, prejudice, and preconceived notions that cause difficulties among those in the American community. For most Indochinese, adjusting to the new environment requires obtaining access to needed financial, occupational, medical, and educational resources (Skinner & Hendricks, 1979). Many of the Indochinese families coming to the United States are non-English speakers, unable to utilize their old job skills, and in need of retraining to enter United States job markets. Learning a new language and retraining both require time.

To meet primary human needs until they are self-supporting, these people must rely heavily on the utilization of community services.

Indochinese families are vulnerable to crisis and conflict during their migration process due to role changes, generational conflict, and suspicion of government and government activities. Migrating families striving for stability during the resettlement process have differing degrees of "success." Each family must create its own unique coping patterns and new lifestyles in which that particular family can continue to function. Currently, Indochinese families can be found in each stage of the migration process.

Traditionally, the Indochinese family met all crises and conflicts with resources generated through the extended family (Thuy, 1976). Indochinese refugee families are often forced to rely on government supported agencies for the assistance they need to survive. It is at this point that government policy impacts on Indochinese family behavior. If policy makers are to serve the best interests of the United States as a whole, as well as Indochinese individuals and families, they must become better acquainted with the responses of Indochinese to social services and to the procedures through which resources may be provided. The same information is needed in relation to other minority groups in this country.

## Purpose and Objectives

The purpose of this study is to gain knowledge of the migration process and ethnic factors impacting on the social service utilization of Indochinese refugee families. The knowledge thus gained can then be used by service professionals to improve the planning and implementation

of services for Indochinese refugee families. The following paragraphs outline the four objectives underlying the purpose of this research.

Before a population with social service needs can be helped, it is first necessary to understand the unique characteristics of this population. Indochinese refugee families have experienced an uprooting from Southeast Asian culture into American culture through the process of migration. This process has different stages which bring to focus specific human needs. Therefore, the first objective of this research is:

1. To provide a theory of migration applicable to Indochinese refugees experiencing resettlement into and adjustment to American life.

Once a theoretical framework is established to aid in understanding Indochinese refugee families in general, it is important to obtain an accurate profile of the specific Indochinese population needing services. Oklahoma has two large urban areas of refugee resettlement: Tulsa and Oklahoma City. Does the profile of Indochinese vary between these two major cities of refugee concentration? How does the profile differ from the national profile? The second objective of this research is:

2. To provide a profile of Indochinese refugees living in Tulsa and Oklahoma City.

Social service policy makers and providers are constantly challenged to provide ethnically sensitive services to minority groups in the United States. What effect do selected ethnic factors have on Indochinese family service utilization? The third objective of this research is as follows:

3. To increase the body of knowledge regarding the effects of the role of language and ethnic ties on social service

utilization by Indochinese refugees.

Large federal appropriations have been allocated to state and local service providers to assist Indochinese families in becoming economically self-sufficient. In Oklahoma, programs for refugee resettlement have been administered primarily through the auspices of Catholic Charities, the Oklahoma Department of Health and Human Services, and recently, the Vietnamese American Association (VAA) in Oklahoma City. A comprehensive profile of Indochinese families in Oklahoma and an increased knowledge of the migration process and the impact of ethnic and language factors on service utilization should encourage re-thinking of policies for refugee families. Therefore, the fourth objective for this research is as follows:

 To delineate policy implications for future laws and agency strategies regarding Indochinese refugee families in Oklahoma.

# The Organization of the Dissertation

In the chapters to follow, the ideas discussed in the introduction are more fully presented. A brief overview of these chapters may help the reader place this material in context.

A somewhat unorthodox approach is taken in Chapters II and III of this dissertation. These chapters present an unusually extensive literature review and delineation of background material. The intent is to assist the reader to understand the complex historical, social, and political events leading to the mass migration of Indochinese refugees. Rather than merely setting the stage for a research project, these two chapters are conceptualized as presenting their own unique contribution to the body of knowledge concerning the Indochinese refugee migration.

A five-stage Developmental Migration Model (DMM) is developed in Chapter II. Utilizing the DMM framework, an overview of the Indochinese refugee migration is presented. The two migration stages, Preflight and Flight Process, are discussed in the second part of Chapter II.

Chapter III examines the last three migration stages of the DMM as they affect Indochinese refugees in the United States. The Initial Entry section discusses United States refugee legislation and the United States climate of acceptance towards Indochinese refugees. The Settling In section provides a national profile of Indochinese refugees in the United States and discusses social services provided to Indochinese families. The Adjustment section addresses current research concerning Indochinese families. In the last part of Chapter III, a social service utilization research study is outlined. The two hypotheses to be tested in this research are the following:

Hypothesis #1: English language proficiency of Indochinese refugees is positively related to the use of community family services by Indochinese families.

Hypothesis #2: The extent of involvement of Indochinese refugees in the ethnic community is positively related to their utilization of social services approved by the ethnic community.

Chapter IV outlines the research methods utilized for the Oklahoma studies. The chapter opens with a Strategies section which discusses the techniques utilized for studying the two urban Indochinese populations in Oklahoma. The Sampling section discusses the problems of sampling the Vietnamese in Tulsa and Oklahoma City. The Measurement section examines the demographic indicators utilized for the Oklahoma Profile study and the variables tested in the Service Utilization Study. Finally, the data Analysis section discusses the statistics used in this research.

Chapter V presents the findings of the two studies. For the Oklahoma Profile of Indochinese refugees, category percentages of the demographic variables for the two urban samples are compared. The findings are presented against the DMM stages. For the Service Utilization Study, category percentages and correlation analysis results are reported.

Chapter VI, the concluding chapter of the dissertation, presents conclusions, implications, and recommendations. The conclusions and implications are discussed separately for the Developmental Migration Model, the Oklahoma Profile, and the Service Utilization Study. Then recommendations for further research and for action by policy makers and service providers are offered.

## CHAPTER II

# THE MIGRATION PROCESS: FROM INDOCHINA TO THE UNITED STATES

The purpose of this chapter is to provide a background for the reader and to develop a theory of migration that will assist service providers in their understanding and service planning for Indochinese refugee families assimilating into American community life. Building on literature from family relations, psychology, sociology, and social work, the first section of the chapter develops a theoretical framework of the migration process: the Developmental Migration Model (DMM). In the DMM, five stages of migration are outlined. Each stage is then discussed theoretically. The possible impact each stage might have on migrating Indochinese families coming to the United States following the Vietnam War is explored.

The second section of the chapter looks in depth at the preflight characteristics of Indochinese refugee families. A brief history of Vietnam, Kampuchea (formerly Cambodia), and Laos provides a perspective on these three countries prior to the war. A short history of the Indochinese wars is given to aid understanding of the events leading up to the mass migration of Indochinese in 1975. Areas of cultural diversity and cohesiveness are discussed showing the complexities and uniqueness of Indochinese refugees.

The last section describes various flight processes Indochinese

families have experienced, based upon the time of the migration and country of origin. The chapter concludes at the point where refugee families reach the United States.

# Overview of Migration Process

# Theoretical Framework

The goal of refugee family services is to enhance the adaptation and assimilation process of Indochinese into American life. In order for these services to meet the needs of refugee families, it is important to understand that such families have unique problems that are tied to the migration process. Several migration theories of refugee and immigrant adaptation are found in the literature. Five different theories are considered in this section.

Kunz (1973) analyzes refugee movement commonalities to create a general theory of refugee migration. However, his theory is a typology of refugees in the flight process rather than a delineation of a general migration developmental process. He delineates three types of refugee categories (anticipatory refugees, intermediate refugees, and acute refugees) based upon the degree of the push to leave their homeland and the preparedness refugees experience. Anticipatory refugees have the least amount of push to leave coupled with the greatest opportunity and time to prepare their exit. Acute refugees, at the other extreme, have the greatest push to leave quickly and least time to prepare for their exits. Intermediate refugees lie between these two extremes.

Kunz' (1973) theory uses the preflight characteristics of the refugees (gender, age, educational background, resources, and assimilation potential)

to understand refugee populations. These characteristics give service providers predictive insights into the kinds of services a refugee population might need at the initial stage of resettlement into the United States. While valuable, Kunz' typology does not maximize understanding of the migration process. It does, however, point to the importance of the preflight stage for predicting successful adaptation (see Table I).

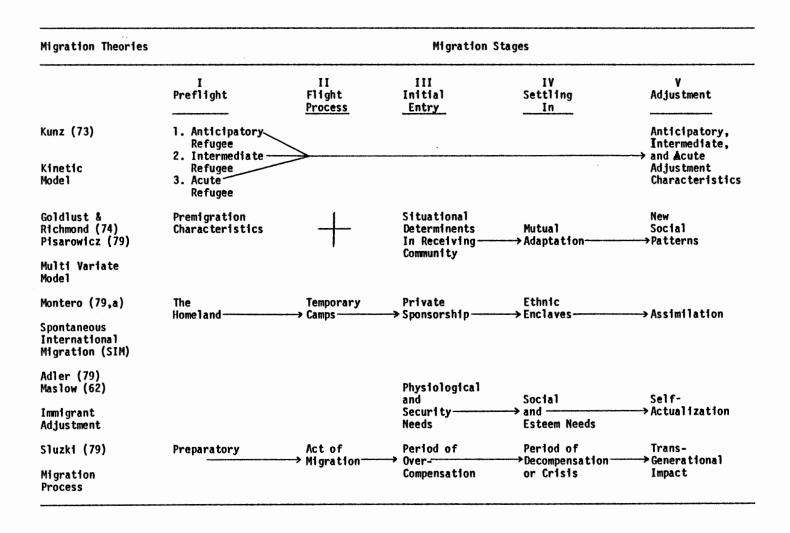
Goldlust and Richmond (1974) offer a multivariate model of immigrant adaptation, which Pisarowicz (1979) adapts to the Indochinese refugee process. This model takes into account the premigration characteristics and conditions of the refugees (as in Kunz' theory) and adds the situational determinants within the receiving society to predict mutual adaptation. This theory alerts service providers formulating resettlement service plans to the importance of considering the community resources and the climate of acceptance facing the refugees, the two determinants Goldlust and Richmond delineate.

Montero (1979a, 1979b) provides a descriptive model called Spontaneous International Migration (SIM) which describes the Vietnamese pattern of resettlement as a series of recognizable migration stages from "homeland" to "final assimilation" (see Table I). This model is based upon his analysis of five telephone surveys with the same sample of Vietnamese families conducted between July, 1975 and August, 1977. Montero predicts a rapid movement through each stage.

Adler (1979) describes four stages of the adjustment process based upon Maslow's (1962) needs hierarchy. In the first stage, refugees are pushed towards satisfying basic physiological and safety needs. In the second, social needs come to dominate. In the third, self-esteem requirements (indicated by job satisfaction and majority community recognized to the second of the adjustment process based upon Maslow's (1962) needs hierarchy. In the first stage, refugees are pushed towards satisfying basic physiological and safety needs. In the

TABLE I

DEVELOPMENTAL MIGRATION MODEL



nition) takes primary importance. The final stage of the adjustment process is reached when self-actualization (striving for full realization of personal uniqueness and potential) is addressed.

Sluzki (1979) suggests that the migration process occurs in five specific stages. First, in the "preparatory" stage, families make their decision to migrate. Next, in the "act of migration" stage, groups vary greatly in experiences. Individual groups sharing the same migration experiences often form strong alliances. Sluzki's "period of overcompensation" stage requires that families develop new adaptive skills for dealing with their new culture. Often families in this stage need to focus their attention on the essentials of life, avoiding the broader implications of life in the new culture. Fourth, the "period of decompensation" stage is filled with conflicts, symptoms, and difficulties as different family members begin to engage more fully into the new culture. Families often need special services to settle family crises in this stage. Finally, the "transgenerational impact" stage examines families in the assimilation and adjustment process.

While the above theories make valuable contributions, Adler (1979) and Sluzki (1979) offer service providers the most comprehensive insights concerning the needs of migrating families in the process of assimilation. Table I presents the five theories integrated within a framework of five stages referred to throughout this dissertation as the Developmental Migration Model (DMM) (Brown, 1981b). The DMM considers the contribution of each component theory while, at the same time, it operates as a more wholistic framework. The DMM contributes important knowledge to potential service professionals assisting refugee populations. Regardless of their background, refugees face cultural uprooting,

migration, and family conflict. The DMM stages are discussed in the following five sections.

# Stage I: Preflight

The time that Indochinese families have available to consider and prepare for leaving their homelands varies widely. Some have to make their decision within a few hours, others plan their migration for months before risking the move. Few Indochinese families have the luxury of being anticipatory refugees able to prepare and to come with maximum economic resources to help in their resettlement into the American culture. Some are in Kunz' (1973) "intermediate refugee" category, but most Indochinese families are in the "acute refugee" category. The acute migrants in the first wave fled just ahead of the oncoming Communist forces. Later refugee waves have included thousands of ethnic Chinese who were forced to leave their homes because of political and economic pressures.

Whatever the motives or social forces causing the decision to migrate, few Indochinese are able to bring many possessions. Furthermore, most refugees leave extended kin groups behind. Family members often have to develop new roles during this stage. Some of these roles break down the harmony of established extended family patterns. In the first wave, for example, many adult children influenced their parents to leave the homeland. These sons and daughters, with their superior English language fluency and U.S. contacts, took the lead in the decision to migrate and the formulation of exit plans. Figure 1 depicts the factors impacting on Stage I migrating families.

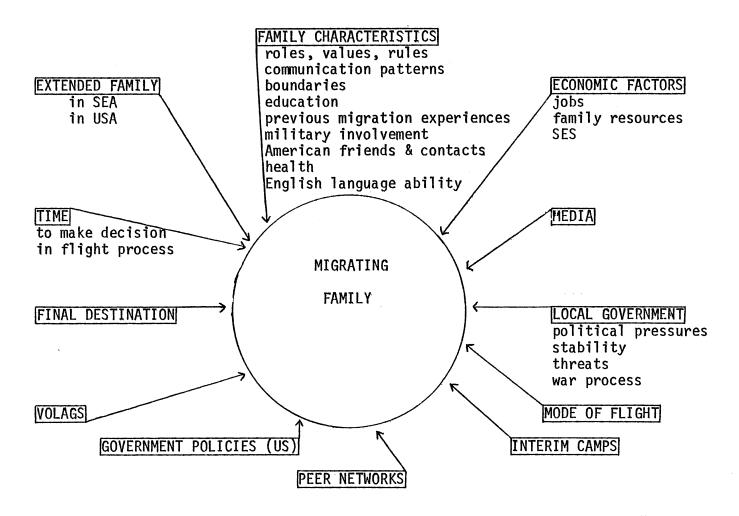


Figure 1. Developmental Migration Model, Factors Impacting on Migrating Families during Stage I-Preflight and Stage II-Flight

# Stage II: Flight Process

This stage has no prescribed rituals. If the duration is protracted (such as in the case of temporary settlement camps), families often establish strong alliances with the people exposed to the same experiences (e.g. interim camp marriages). Families and wider groups sharing this process often build strong relationship networks that carry on after the migration process has ended. At times, these networks influence final settlement decisions. The trauma experienced during this stage may impact on the mental health and resettlement adjustment of Indochinese families. Many Indochinese families have been exposed to a variety of traumatic experiences including starvation, death of family members, loss of friends, loss of possessions, and health problems, in addition to the loss of their homeland.

Current regulatory government policies directly affect families in the first and second stages of migration and indirectly affect those in the third and fourth stages by limiting the numbers of refugees allowed into the U.S. at any one time and by defining characteristics of refugees acceptable for U.S. immigration. The rate of refugee migration to the U.S. is affected by the availability of sponsors, by the health and occupations of the potential U.S. refugees, and by the presence of Indochinese relatives already located in the U.S. These policies often cause long delays which impact on the mental and physical health of refugee families awaiting migration and/or those resettled families waiting for relatives and friends to join them.

# Stage III: Initial Entry

Stage III requires that the family develop new adaptive mechanisms

enabling them to deal with a new language, job, and family lifestyle. During this stage, the first priority is one of sheer survival and the satisfaction of basic needs. Conflicts and symptoms of anxiety tend to remain dormant, whereas family rules, regulations, and styles tend to appear slightly exaggerated. Many individuals within the family have so narrow a focus of attention on life essentials that the broader implications of life in the new culture are not in focus or even fully recognized for some time. Indochinese families often cling to their old norms during this stage and do not actively engage with the new environment beyond the necessary survival level. Ethnic group networks are very important to families in this stage. Figure 2 presents factors impacting on migrating families in Stages III and IV.

Indochinese refugees, in the Initial Entry stage, are greatly affected by the regulatory policies of the government. These refugee policies are implemented through resettlement agencies (called VOLAGS), sponsors, and local agencies. They impact on the family's relocation, initial finances, housing, job search, education, job training, language training, and health services. The goal of the agencies and sponsors is to help the refugees settle into American life as quickly as possible. Emphasis at this time is not on giving the refugee family many choices of services and job possibilities, but rather on getting them jobs and providing them with the immediate essentials for daily life. As a result, skilled workers and professionals often end up in emotionally unsatisfying, unskilled jobs. They are often separated from friends and relatives living elsewhere in the U.S. Levels of dissatisfaction, usually focused upon climate, job, or family, frequently become apparent at the end of this stage.

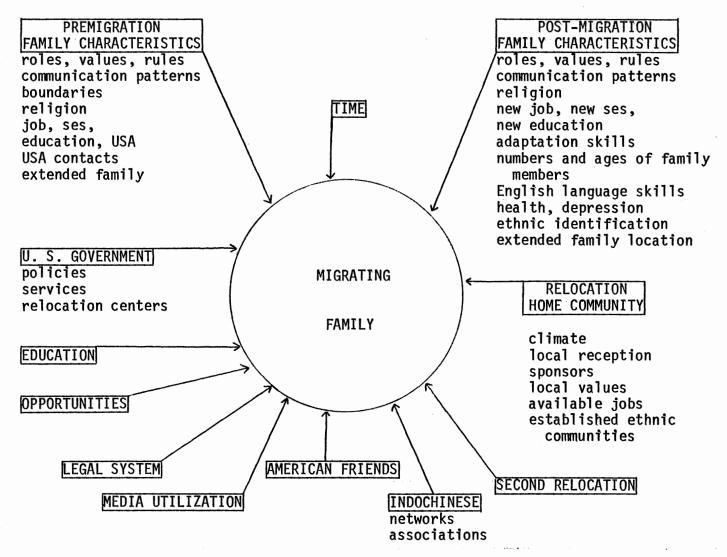


Figure 2. Developmental Migration Model, Factors Impacting on Migrating Families during Stage III-Initial Entry and Stage IV-Settling In

# Stage IV: Settling In

After basic family needs have been satisfied and the refugees begin to engage more fully in the new cultural milieu, many families need help. The task of settling into American life may be difficult, painful, and complex, but it is unavoidable. Children are often the generators of conflict as they highlight clashes of language, education, values, and roles in their differential adaptation to the new culture. Parents, often forced to rely on their children's superior English language skills and American cultural knowledge, are placed in uncomfortable, nontraditional roles. Families emerge from this process with differing outcomes. Some families gain new individual and collective strengths; other families may become splintered into factions. Some escape into the new culture, while others idealize the old culture and live for the day they will return to their country of origin.

Families in Stage IV of the migration process have greater access to support services and have a wider variety of options open to them. In addition to services of federal, state, and local government agencies, religious agencies, and private agencies, the Indochinese have begun to organize to help each other satisfy needs and wants. As they gain economic and linguistic mobility, they tend to relocate in certain areas where they can maximize this self-help process.

Often government supported services, although available to Indochinese consumers, are underutilized (Sedanko, 1978). Indochinese family and ethnic networks are preferred avenues of obtaining help. Ethnic organizations and associations are being established throughout the U.S. for self-help, religious, political, professional, and student purposes. These organizations provide Indochinese refugees with a sense of cultural identity and greater service accessibility. Some of these organizations are now in competition with local service agencies for federal funding available to provide services to newly arriving refugees. As the ethnic professional services become available, the urge to relocate should diminish (see Figure 2 for factors impacting on Stage IV migrating families).

Despite the original policy of dispersing the Indochinese refugees evenly throughout the U.S., the tendency of Indochinese families to relocate in certain areas had become apparent by 1979 (Gordon, 1980). Secondary relocation takes place for reasons of climate, job opportunities, family and friend reunification, existing Asian populations and local attitudes toward minorities (Andrews & Stopp, 1979; Pho, 1979; Bach & Bach, 1980). This migration causes confusion and problems for local service providers, but enhances emotional and economic stability for the refugee families.

# Stage V: Adjustment

Indochinese refugee resettlement impacts on American communities and professionals in many ways. Competition for jobs, housing, and services between Indochinese refugees and other ethnic minorities has occurred in several U. S. communities (Pisarowicz, 1979; Seguin, 1979; Taniwaki, Valencia & Warner, 1979). Refugee relocation and settlement have created many new jobs for Americans and refugees. Government funded research projects concerning Indochinese families have provided many professionals and researchers with funding, publication possibilities, and opportunities for building careers. Indochinese service

and education professionals are critical of the implicit federal, state, and local policies which have restricted the number of Indochinese professionals participating in the decision making process and sharing the responsibilities of making top level decisions concerning Indochinese resettlement (Thuy, 1980). This criticism by Indochinese professionals is healthy and suggests that the Adjustment stage has been successfully reached by some Indochinese (see Figure 3).

Families striving for cybernetic balance through the five DMM stages have differing degrees of success. Each family must create its own unique coping patterns and new lifestyle. The time required for adjustment may take more than one generation. As the Indochinese change and adapt to new patterns of living, the communities in which they live also change due to the impact of these "new Americans." The major institutions at local, state, and national levels are impacted by each new group migrating to the U.S. The media, government policies, resources, education systems, food patterns, cultural patterns, and marriage patterns are just a few of the systems that will be impacted and changed by the Indochinese migration to the U.S.

It is hoped that service providers having a basic knowledge of the migration process from Stage I (Preflight) to Stage V (Adjustment) will be better prepared to develop and implement service plans for their Indochinese clients. The next section of this chapter examines the historical and cultural factors that help explain the character of Indochinese families prior to their migration to the United States.

# Preflight Characteristics

To fully understand the Indochinese refugees that have come to the

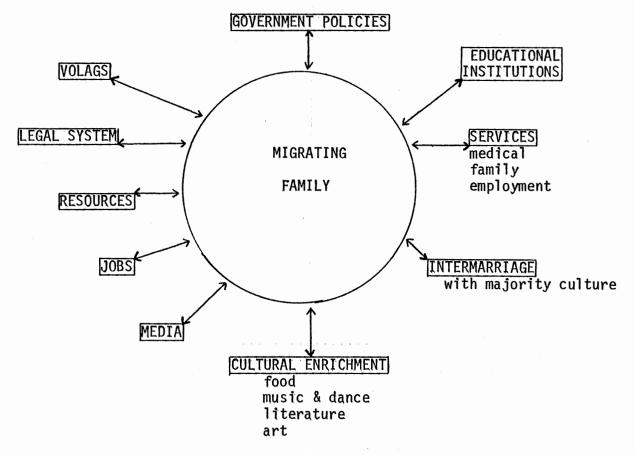


Figure 3. Developmental Migration Model, Factors Co-impacting on Migrating Families and Institutions during Stage V - Adjustment

United States, it is important to consider them in the context of the DMM stages. The historical and cultural characteristics of the Indochinese help service providers to understand the dynamics of the Preflight Stage. The following section describes the historical and cultural antecedents of preflight. This helps to provide insight as to why the Indochinese people migrated away from their homelands in such large numbers at such high risk to their lives.

There are a number of historical and cultural themes which impact on Indochinese refugees during their assimilation process. These themes have assisted the Vietnamese in developing a strong national identity and becoming a people equipped to handle and accomodate change. In this section, historical themes, such as links to Chinese culture and history, cultural borrowing from other countries, internal and external conflicts, and population migration patterns will be discussed. The cultural themes to be discussed for Indochina (including Laos and Kampuchea) will be the diversity of geography, ethnic origins and patterns, and urban/rural contrasts.

# Indochinese History: Vietnam, Kampuchea and Laos

The Vietnamese of today have their origins in the people who lived below the Yangtze river in China. The earliest Vietnamese kingdom, known as the Nan Yueh (pronounced Nam Viet), was founded in the Red River Valley in about 1040 B.C. (Williams, 1976). In 111 B.C. the Chinese under the Han Dynasty conquered the Vietnamese kingdom and continuously occupied it for the next 1,000 years. Despite this long occupation, the Vietnamese kept their language, folk culture, and patriotism alive (Fitzgerald, 1972). Although they adopted religious practices and forms

of government from the Chinese, they adapted them to meet their own needs.

Borrowing from other invaders has occurred throughout the history of Vietnam. Each invasion has left its impact on Vietnamese culture. The Portugese laid the foundations for the Romanization of the Vietnamese language still in use today (Williams, 1976). The French missionaries added another religion to Vietnam by converting 10% of the population to Catholicism. They also left the French school system (Thuy, 1976) which South Vietnam adopted during the 75 year history of French colonialism. The Japanese renewed Vietnamese faith in Eastern cultural superiority by sweeping the European colonialists out of Southeast Asia and shattering the myth of white invincibility (Committee of Concerned Asian Scholars, 1970). Finally, the Americans gave the South Vietnamese a taste of western materialistic culture, free enterprise, and a desire for democracy.

The Vietnamese have never lived in total peace for lengthy periods.

Throughout their history they have been in conflict, militarily and culturally, with outside invaders such as the Chinese (111 B.C. to 939 A.D.), the Portugese (1535-1600), the French (1600-1954), the Japanese (World War II), and more recently the Chinese Communists and the Americans (Committee of Concerned Asian Scholars, 1970; Williams, 1976).

When not involved with outside invaders they have been involved in civil war and internal power struggles. These often developed between the ruling families of the North versus those in the South. Two times in the history of Vietnam, the country has been geographically divided into North and South at the 17th parallel. Between 1613 and 1673, the Trinh family dominated the North and the Nguyen family dominated the South (Williams, 1976). The second official division came between 1954

and 1975 when the Communist National Liberation Forces under Ho Chi Minh dominated the North and the South Vietnamese forces, supported by the Americans, dominated the South (Devillers & Lacouture, 1969).

Three major periods of migration have been documented in Vietnamese history. They reveal that many current refugees in the U.S. have had previous migration experiences within their national history, some within their own life time. The first migration came shortly after the Vietnamese Kingdom gained its political independence from China in 949 A.D. Vietnam spent the next 900 years pushing its borders southward to gain control of the fertile Mekong Delta. In the process of southern migration, they came as invaders displacing the Champa people (early forebearers of modern day Kampucheans) (Williams, 1976).

The second major historical migration of the Vietnamese was compacted into 300 days when 900,000 North Vietnamese, fearing the Communist government of Ho Chi Minh, came south with the French and American sponsored South Vietnamese forces in 1954. These refugees consisted of three major groups. The first was more than 100,000 Vietnamese troops of the colonial army and their dependents. The second and largest group consisted of more than 600,000 Vietnamese Catholics. The last group of refugees consisted of Chinese merchants fearing there would be no free enterprise under Communism (Williams, 1976). Units of the U.S.

Seventh Fleet played a major role in moving the refugees south, and the U.S. government provided \$93 million for their resettlement (Committee of Concerned Asian Scholars, 1970).

The third migration, which started in 1965 (and is still in process), involved refugees leaving their homes due to war and forced resettlement in safer areas. Three million people were officially registered as

refugees in 1965 due to bombing, crop destruction and forced relocations. These people were either placed in refugee camps in Vietnam or settled in cities, increasing urbanization from 15% of the South Vietnamese population in 1960 to 50% in 1969 (Committee of Concerned Asian Scholars, 1970). Following the end of the Vietnamese war in 1975, thousands of Vietnamese displaced by the war, or fearing loss of economic or political freedom, or forced out by the new government left their homelands to resettle in other lands.

Although Vietnam has supplied most of the Indochinese refugees coming to the U.S., Kampuchea and Laos have also been areas of Indochinese refugee migration. A brief sketch of these two countries is necessary before an in-depth analysis of the flow of refugees can be discussed.

Kampuchea, the size of the state of Missouri, forms a large fertile basin for the lower Mekong River (see Figure 4). Nearly one-tenth of its 66,000 square miles is water. The fertile plains are surrounded by heavily forested hills and mountains (Gettleman, Gettleman, Kaplan & Kaplan, 1970). Kampuchea has a tropical monsoon climate with year round temperature variations between 68°F and 97°F. This country was dominated by one city, Phnom Pehn, and the national government. Prior to the Vietnam War, it was essentially an agricultural country whose major products included rice, rubber, fish, and timber (Dept. of State, 1981a).

Kampuchea's history is filled with political and military struggles.

From 802 until 1432 the Kambuja Period, known as the Golden Age, reunited the old Chen La Empire into the Khmer Empire. The powerful

Khmer empire, at its peak in the 12th and 13th centuries, covered

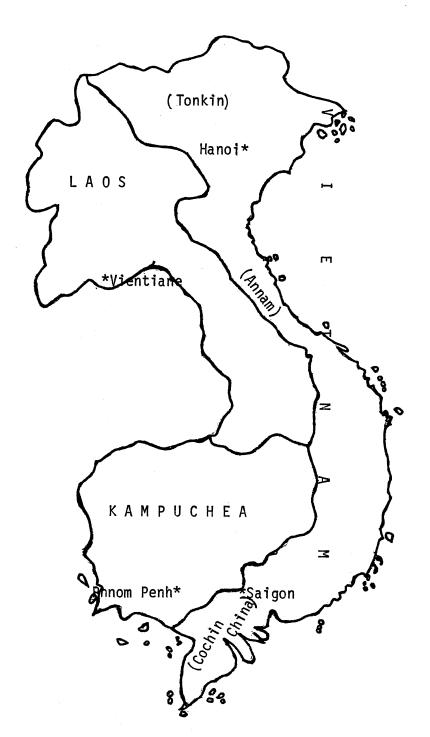


Figure 4. Indochina

a large part of Southeast Asia now occupied by Kampuchea, Laos, Thailand and Vietnam. Royal patronage to the arts, architecture and learning helped develop cultural forms which continue to the present day. After 1215, the Empire started to decline with the infiltration of the Thai. Wars with Thailand continued for centuries (National Indochinese Clearinghouse, 1979a; White, 1982).

The French influence in Kampuchea started in the mid-19th century and continued until Kampuchea obtained its independence in 1954. France's primary interest in Kampuchea was defensive. It needed Kampuchea to prevent others from challenging its new, rich colony in Vietnam (Gettleman et al., 1970). Few Kampucheans were educated during the French occupation. They did not have any meaningful participation in the affairs of their own country. Refugees from Kampuchea may not be as strongly nationalistic as the Vietnamese refugees due to their different homeland experiences.

Laos, a landlocked country of 91,000 square miles, is situated in the middle of the Indochina Peninsula (see Figure 4). It averages about 150 to 200 miles in width from east to west and extends nearly 700 miles from north to south. It is a mountainous country with narrow river valleys in the north which give way to sparsely forested tablelands in the south. A long mountain chain separates Laos and Vietnam, creating many rivers which flow westward toward the Mekong River. Laos is bordered by China, Burma, Kampuchea, Thailand, and Vietnam (Dept. of State, 1979).

Laos is an agricultural country with 90% of the population engaged in subsistance farming. The Lao villagers are traditionally self-sufficient, growing their own food, producing their own fibers, and

spinning and weaving their own cloth. Laos has mineral potential which to date has only been marginally tapped due to a poor transportation system.

The first historic record of the Lao people comes from the Chinese Chronicles of the 6th century B.C., which refers to the Lao as "barbarians." By the 8th century A.D., the Lao had created a military kingdom called Chao which thrived until its destruction by Kublai Khan in 1253 A.D. The first recorded migration of the Lao people occurred after this destruction when they migrated south and displaced the indigenous people living in the region (National Indochinese Clearing House, 1979a). The founding of the kingdom of Lan Xang in 1353 A.D. marked the beginning of the Lao people living in and controlling their present geographic location.

Lan Xang, conquered by Burma in 1571, was liberated by Siam (Thailand) twenty years later. Siam kept Lan Xung a vassel until 1694 when Laos divided into three separate autonomous kingdoms. During the 18th and 19th centuries until 1830, Laos was marked by interfamilial quarrels which contributed to widespread instability. Laos was politically dominated by Thailand, Burma, and Annam (a section of Vietnam), during this period. French intervention in Laos started in the 1880's. Following a half century of French rule, Laos emerged from World War II with very few developed resources. Few of the Laotians were educated, and commerce was dominated by French and Chinese merchants (Gettleman et al., 1970). The initial push for Laos' independence came in 1941 with the revival of an age-old power struggle among aristocratic Lao families. In 1950, with the help of the Vietminh (Vietnamese Nationalists), the Pathet Lao was created to throw out the French colonists.

France granted Laos its independence in 1953.

Refugees coming from Laos may have few transplantable skills usable in the U.S., considering their subsistance agricultural economy and limited educational opportunities. It is important that service providers be familiar with the backgrounds from which their Laotian clients have come to adequately address their unique needs.

# Cultural Diversity

The geography and history of Indochina have created regional variations among the peoples of this area. Modern Vietnam has had only a brief history as one country. Differences existed between northern Vietnam (Tonkin and most of Annam) and southern Vietnam (Cochin China and southern Annam) (see Figure 4). The north had more of a Chinese cultural orientation, while the south had been exposed to Khmer and Hindu influences. In the north, the climate was harsher and the economy was primarily industrial, while the south was a rich rice basket. French colonial rule was always more secure in the South, where rice as well as rubber resources were exploited (Dept. of State, 1978). Sully (1971) vividly describes geographical differences in national character between the northern and the southern regions.

North Vietnam, the 'cradle of Vietnamese civilization' has produced a type (of man) reputed to be overly ambitious, sometimes quarrelsome, and aggressive in all his pursuits. The Northerner supposedly is convinced of his intellectual superiority and is contemptous of those from other regions, especially the easy going Southerners.

The Southerner is a product of his environment: South Vietnam was long a frontier region, settled by Vietnamese pioneers in a march south that continued through the 19th century. Land in the South is fertile, and in peacetime, life has tended to be slower and easier than elsewhere in Vietnam. The Southerner has a reputation - perhaps because French

economic and cultural influences have been more dominant in the south - of being more open to Western ideas, more adaptable to progress, less rigid and inhibited by traditional ways of doing things. (pp. 15-16)

These regional differences may be reflected in differential assimilation patterns by Indochinese refugees coming to the U.S. from these two Vietnamese regions.

Ethnic variations, in addition to regional variations, impact upon refugee cultural diversity. Ethnic groups add to the complexity of trying to give the Indochinese refugee a character profile. Five major ethnic groups enhance the cultural diversity of Indochina. Each will be briefly described.

The Vietnamese speaking peoples, known as the Viet, populate Vietnam's coastal lowlands and deltas of the Red and Mekong Rivers and make up over 87% of Vietnam's people. They share a common culture, which has emerged from a largely peasant society engaged in wet-rice cultivation (Zasloff & Brown, 1978). The Vietnamese people boast a history of centuries of struggle against outside invaders which helps to create a strong national pride in the Vietnamese people coming as refugees to the U.S.

The Chinese have lived throughout Indochina for thousands of years. Some came as farmers, but most filtered down from China to settle among the Vietnamese as traders and laborers. They have traditionally clustered in ports and urban centers and carried on most of Indochina's trade and commerce. Many of these people maintain dual cultures, observing their adopted land's customs and language in business dealings while preserving their Chinese identity in family life (Williams, 1976). Many of the more recent waves of Indochinese refugees are of Chinese origin.

The Khmer, representing 85% of the Kampuchean population, traditionally organized themselves into several nomadic tribes. They are mainly farmers involved in rice cultivation living in small villages, each village independent and governed by a council of elders (Gettleman et al., 1970). Today, the Khmer are the leaders of the Communist party.

The Lao, the culturally dominant group in Laos are ethnically and linguistically related to the Thai. They traditionally dwell in the plains and valleys, leading an existence based on subsistence wet-rice agriculture. The social structure of the Lao divided people into the elite and peasantry. The elite tended to remove themselves to ubran centers and return to the village only during elections. Feelings of loyality between the peasants and the elite have been destroyed in recent times (Gettleman et al., 1970). The Lao elite formed the ruling class of Laos before the Communist takeover. This small minority held most of the major political and non-political offices in the country. Many of the elite maintained profitable business alliances with Chinese and Europeans. These people also were the first and second echelons of the staff and line organization of the royal army. Laotian refugees, depending upon which social class they came from, would have differing skills and needs in the process of resettling into the U.S.

The tribal Meo or Hmong, as they are also called, reside traditionally in the mountains of Laos and Kampuchea. They are known for their aggressive and activist character. Many were hired by the U.S. as soldiers during the Indochinese war (Committee of Concerned Asian Scholars, 1970). They traditionally grew opium which provided a large percentage of the Lao government's revenues (Gettleman et al., 1970). Most of the tribal people in Indochina have not benefitted from economic development and education available to the majority ethnic groups. They have had little voice in government decisions and policies. These people

might have many unique needs and problems in adapting to American society.

The last cultural theme that brings diversity to Indochina is the dichotomy between the rural village people and the urban city dweller. The city dwellers of Indochina often lost their ethnic identities, quickly becoming assimilated to their urban cultures. Urban people are greatly affected by modern western civilization through direct contact and education. Until recently, Indochinese cities were few in number and functioned almost exclusively as places of residence for the elite and those who served them. In rural areas, technology and circumstances are similar to those existing thousands of years ago. For this reason, the chasm between cities and villages today is one of centuries as well as one of distance (Williams, 1976). Indochinese refugees coming from these two very different settings have different needs and skills for coping with their new life in the United States.

# Cultural Cohesiveness

What gives the Indochinese a sense of cohesiveness and identity amidst all the diversity they experience in their countries of origin may be 1) their religious values and 2) their strong family and village systems. Buddhism, the prevailing religion of this area, is a religion whose strength does not lie in organization, but in the deep roots of the psychological and moral values held by the people (Thich, 1967). It is a religion that shapes the lives of the people by dictating conduct within all spheres and for all social classes. The spiritual force of this religion cannot be easily grasped, for it represents an inner attitude, a disposition more than a specific program or ideology.

The Indochinese family serves many purposes and unifies and struc-

tures people's daily lives. Thuy (1976) vividly describes the Vietnamese family:

The Vietnamese family is the back-bone of the Vietnamese. It is also a socially self-sufficient and autonomous unit. In a way, it is a mini-commune where its members live and share together, a maternity center where children are born (especially in rural areas), a funeral home where funeral rituals are observed, an adoption agency where adoptions by a relative are arranged, an orphanage where orphans are brought up and given love and affection, a courtroom where conflicts or disputes between members are settled, a welfare center where assistance and social security services are rendered, a hospital where patients are treated, a nursing home where the elderly are taken care of, an educational center where family and formal education is provided, a bank where money is available, a council where all important decisions affecting one or more than one family member are made and carried out, and a place where all members share the joys, the sadness, the enjoyments, the sufferings of life... The Vietnamese family has been so indispensable for the existence and survival of Vietnamese society and of the nation that it has been said without exaggeration that if anyone wishes to destroy that society or nation he must first destroy the Vietnamese family. (p. 21-22)

After family, village membership is the second highest personal loyalty. Vietnamese villages rather than the clan stand as the primary community. Village units are very self-sufficient, requiring little help from the central government. This self-sufficiency has given villagers a keen sense of permanence and a strong sense of community (Fitzgerald, 1972; National Indochinese Clearing House, 1979b).

From the brief historical and cultural review above, it becomes apparent that the Indochinese refugees are a complex group of people used to variations in ethnic group, language, religion, geography, and rural/urban experiences. The historical heritage they share is a strong sense of nationalism, French colonialization, internal and external conflicts, and migration experiences. The unifying system that balances out the differences in these people appears to be their strong family structures, village loyalities, and religious values.

#### Indochinese Wars

The history of the war in Indochina helps to explain the large migration of Vietnamese, Kampucheans, and Laotians to the United States and other nations. The roots of this war started as World War II was ending. The struggle for independence from France by the Vietnamese, the Kampucheans, and the Laotians eventually led to the French withdrawal from Indochina in 1954. The end result of this war split Vietnam into two countries, North and South Vietnam. This division led to the migration of some 900,000 people from North Vietnam to the South (Devillers & Lacoutre, 1969). Many current Vietnamese refugee families experienced this earlier migration.

The United States involvement in Indochina started in 1950 with economic aid supporting France's conflict in Indochina (Gleb & Betts, 1979). Along with the Korean Conflict, which started in 1950, Vietnam was regarded as the second front of a larger struggle to check Communist expansion.

When the French left Vietnam in 1954 following the division of Vietnam into North and South Vietnam, the United States continued economic support of the South Vietnamese government. The second Indochinese war began in 1957. Gradually, the United States became more financially and militarily committed to this struggle. By 1967, over one-half million American troops were in Vietnam (Williams, 1976). In 1970 Kampuchea became involved through U.S. air attacks and the South Vietnam invasion of Kampuchea. North Vietnamese forces came to the support of the Kampuchean Communist forces.

American disillusionment with the Indochinese War led to a gradual decrease of U.S. economic support and a phase-out of American forces.

Finally, in 1975, the Indochinese war ended with the victory of the Communist North Vietnamese forces in Vietnam and the Communist takeover in both Kampuchea and Laos (Gleb & Betts, 1979).

The end of the war in Indochina started the large migration of people from Vietnam, Kampuchea and Laos to the United States. For a more detailed account of the Indochina wars see Appendix A. The next section focuses on the flight process of the Indochinese refugees to the U.S.

# Flight Process

To better understand the Indochinese refugees coming to the United States, it may be helpful to follow the flight process they experienced en route. This section will discuss both the waves of Indochinese refugees and the temporary camps in Southeast Asia which are the refugees' first stopping places en route.

#### Refugee Waves

One of the outcomes of the Indochinese war was the large exodus of refugees leaving Vietnam, Laos, and Kampuchea. Since 1975, over one million people have left this area (Marsh, 1980). The first wave of refugee resettlement to the United States came immediately following the end of the Indochinese War in April, 1975, when 135,000 ethnic Vietnamese, Kampucheans, and Laotians who were closely connected with the U.S. military effort, quickly left their homelands. Many of this group feared that association with the Saigon regime or the American effort carried the risk of subsequent discrimination or punishment by the new regimes. Between 1975 and 1978, the number leaving Indochina

and arriving in countries of first asylum was approximately 30,000.

After May of 1978, Indochinese refugee departures dramatically increased. The motives for this exodus varied according to ethnic and class backgrounds and geographical regions. These specific motives for flight have an impact upon resettlement adjustment. Each wave of refugees has a different experience and subgroups within the wave have differing coping skills and resources with which to sustain the flight.

Since the flight process for Indochinese refugees has varied according to the political and economic circumstances of the country from which they come, each country is discussed separately.

In Vietnam, the new government was plagued with domestic problems. Post war construction was slow, much agricultural land had been devastated by the war, natural disasters ruined the rice harvests, and the management of the new government was full of problems. Former city dwellers were expected to undertake pioneer agricultural labor for which they were unsuited both physically and temperamentally. The absorption of the South Vietnamese into the new united country was difficult because of their reluctance to give up their earlier political identification and western life style (Osborne, 1980).

In 1978, the Vietnamese government made a new policy of stopping free enterprise and issuing new national currency (Osborne, 1980). These changes greatly limited the possibilities for the large group of ethnic Chinese businessmen and traders to pursue their former livelihood. The 1979 invasion of Vietnam by the People's Republic of China caused the ethnic Chinese in Vietnam to be regarded as politically and economically dangerous to the state (AFL-CIO, 1979; Girardet, 1980). These two incidents started a major outflow of ethnic Chinese refugees from Vietnam.

The Vietnamese government promoted and assisted the exit of the ethnic Chinese, often for high monetary fees (Niehaus, 1979).

A second major push for Vietnamese migration came from the reeducation camps prepared for former South Vietnamese military personnel, politicians, government officials, civil servants, and others who might be a threat to the new government. An estimated 100,000 to 500,000 people were detained in Vietnamese reeducation camps for varying periods of time (AFL-CIO, 1979; Niehaus, 1979). Many Vietnamese fled their country to escape the new government policies. This large exodus of ethnic Chinese and Vietnamese was accomplished mainly by boat. The dramatic plight of these "Boat" people brought worldwide concern (Hohl, 1978; Butler, 1979a, 1979b). From 10 to 50% of the numbers who left Vietnam are estimated to have drowned or been killed by attacking pirates while others suffered trauma and deprivation before reaching areas of first asylum (AFL-CIO, 1979). Refugees experiencing traumatic exodus are expected to have special, unique needs in the resettlement process.

Political and economic factors are the major pushes for Kampuchean refugees. Once Kampuchea was captured by the Khmer Communists in 1971, the major cities were immediately evacuated, large numbers of the former government officials and army were liquidated, and the restructing of the economy and society was begun (Zasloff Brown, 1978. The refugee policies of the Kampuchea Government from April, 1975 until January, 1979, contributed to a large exodus of Kampucheans from their country. Many Kampuchean refugee families sustained trauma and loss during their migration which might impact their resettlement adjustment.

Developments in Laos generated large numbers of refugees (Osborne, 1980). In 1975, many politicians and military officers associated with

the former government quickly left Laos. Later, persons who found the new government's policies unattractive joined the refugee population. Economic conditions also encouraged Lao migration. Laos, one of the poorest countries in the world, had a GNP per capita estimated at \$90.00 (U.S.) in 1980 (Suhrke, 1981). Approximately half of the Laotian refugees came from the upland ethnic group known as the Hmong (or Meo). The Hmong people, widely recruited by the U.S. to fight Communist-led Lao forces, played a prominent role during the war (Suhrke, 1981). After the Laotian Communist takeover, they continued to fight, and many decided that they had no alternative but to flee into Thailand as military defeat became more likely. The tribal Hmong refugees come to the resettlement process with quite different skills and needs than do the urban dwelling ethnic Chinese or Vietnamese refugees.

# Interim Camps

Upon leaving their country of origin, Indochinese refugees have faced differing migration stopovers en route to the United States. Some have been to several refugee camps before reaching their final destination. Locations of first asylum include Thailand, Malaysia, Singapore, Indonesia, the Philippines, China, and Hong Kong (see Figure 5).

Thailand has received the largest number of refugees. Thai refugee policies attempted to find a middle path that would not jeopardize relations with either China or Vietnam (AFL-CIO, 1979; Osborne, 1980; Suhrke, 1981). The large economic drain on Thailand's resources limited the feasibility of accepting endless numbers of refugees.

Malaysia refused to accept refugees as permanent settlers. In 1979, with the continued exodus of ethnic Chinese refugees from Vietnam by



Figure 5. Indochinese Refugee Routes and Interim Camp Locations

boat, many newly arriving refugees were forcibly expelled because of the strong political reaction against the presence of ethnic Chinese refugees. Singapore accepted refugees only if they were assured onward passage for resettlement elsewhere. Refugee boats were often turned away after renewing water and fuel supplies (Osborne, 1980).

Indonesia and the Philippines followed a policy of isolating refugees from the general population. In 1980, the United Nations opened two new holding camps for 10,000 refugees in Indonesia and 17,500 in the Philippines. These camps were intended to decrease the pressure of refugees on first asylum countries and to provide more language training opportunities (Dept. of State, 1981b).

China has received some of the largest numbers of Indochinese refugees. Chinese policy has been to accept all those who left Vietnam as refugees. Hong Kong, despite overcrowing, has not turned away any Indochinese refugees. Accommodation problems predominate but Hong Kong's chronic labor shortage has enabled large numbers of refugees to work while awaiting resettlement (Osborne, 1980).

Each of the governments administering the interim camps discussed above face political and economic challenges. These countries cannot offer permanent sanctuary to the refugees and therefore make restrictive policies. Refugees living in the less than favorable conditions of refugee camps for long periods of time may have health and psychological problems to overcome when they reach their final resettlement destination. Figure 6 presents the permanent settlement locations of Indochinese refugees.

In the next chapter, the Initial Entry, Settling In, and Adjustment stages of refugee resettlement in the United States are discussed.

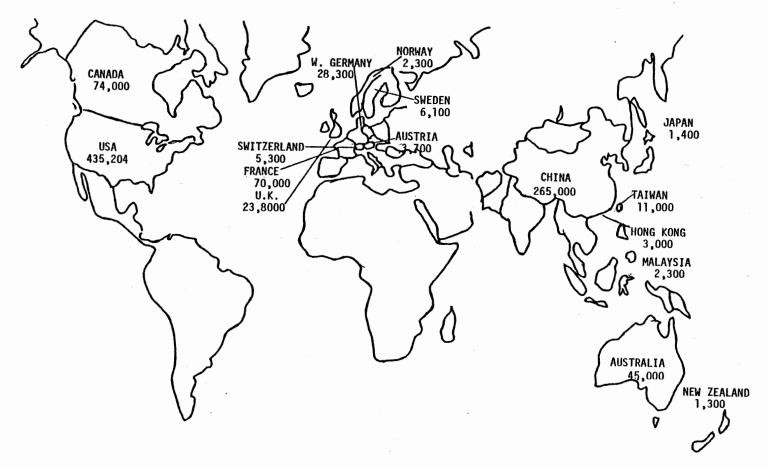


Figure 6. Indochinese Refugees Accepted for Permanent Settlement, November, 1980. U.S. Committee for Refugees

Service providers with knowledge and understanding of the Preflight and Flight stages of migration may be better prepared to plan and provide needed services to Indochinese refugee families.

#### CHAPTER III

# THE MIGRATION PROCESS: ADJUSTING

#### IN THE UNITED STATES

The purpose of this chapter is to present a clearer picture of the Indochinese refugee experience in the U.S. and the factors that enhance or impede the refugee acculturation process. Presently, it is only possible to examine migrating Indochinese families in terms of their Initial Entry and Settling In stages. Total adjustment for them will most likely require a generation or more.

Part one of this chapter discusses the Initial Entry stage, which includes a section on U.S. government refugee policies. The Settling In stage provides a national profile of the Indochinese and a section on social service utilization. The Adjustment stage includes a section on the current research variables that enhance or impede the adjustment of Indochinese refugees. The last part of this section discusses the Social Service Utilization study.

#### Initial Entry

A knowledge of legislation guiding Indochinese resettlement is important for service providers serving the Indochinese. In this section, the historical perspective of Indochinese legislation will be addressed, followed by a discussion of the most current refugee law.

# Legislation

Historical Perspective on Indochinese Refugee Legislation. U.S. legislation concerning Indochinese refugees has addressed two different priorities. The first was to help Indochinese assimilate into American life as quickly and as painlessly as possible. The second was to assist state and local communities in the resettlement process so that these communities are not over burdened. At times, these two priorities have caused conflict and problems for both the Indochinese and American communities.

Currently there are five public laws addressing Indochinese refugees (see Figure 7). The main policy areas of this legislation are outlined to enhance the reader's understanding:

- 1. Regulatory policies providing refugee quota and definitions of alien status.
- 2. Regulatory policies providing funding and guidelines for refugee resettlement through government and voluntary agencies (VOLAGS).
- 3. Regulatory and support policies providing funding for locally implemented programs (with federal guidelines) enhancing resettlement and aiming at making the refugees economically independent. Services provided through these policies include cash assistance, medical care, special education programs for children, language instruction, job training, employment search, and family services.

Inherent in the five laws are two protections for state and local communities. First, they are protected from the adverse impact of heavy refugee concentration by policies promoting the scattering of Indochinese refugees throughout the country. A second protection is full reimbursement to state and local social service agencies for a specified period of time, after which it is assumed that refugees will be economically self-sufficient.

#### 1975

"The Indochinese Migration & Refugee Assistance Act"

Passed May 23, 1975, Public Law - PL 94-23

- a. Amended 1962 Refugee Act to include Indochinese Refugees
- b. Offered services for transportation

"Appropriations - Cambodia and Vietnam Refugees"

Passed May 27, 1975, Public Law - PL 94-24

a. Funds made available to carry out the above services

## 1976

"Indochina Refugee Children Assistance Act"

Passed September 10, 1976, Public Law - PL 94-405

 a. Provides education funds to schools for services to Indochinese children and adults

#### 1977

"Indochinese Refugees - Records - Assistance"

Passed October 28, 1977, Public Law - PL 95-145

- a. Enables Indochinese refugees to become permanent residents
- b. Extends service funds through 1981

#### 1980

"Immigration and Nationality Act"

Passed March 17, 1980, Public Law - PL 96-212

- a. Revises the procedures for admission of refugees
- b. Establishes a more uniform basis for the provision of assistance to all refugees to the U.S.

Figure 7. U.S. Refugee Legislation

The refugee legislation passed from 1975 through 1977 deals primarily with the Initial Entry and Settling In stages of Indochinese refugees. The principle responsibility for resettlement was given to nine voluntary agencies referred to as VOLAGS (see Table II). With the Department of Health and Human Services, the VOLAGS made every effort to disperse the refugees throughout the U.S. (Taft, 1975). They recruited sponsors from individual U.S. families, churches, and other organizations to assist the refugees in their initial entry into American life. Sponsors assumed a moral (humanitarian) obligation to help refugee families find housing, employment, and educational opportunities. No explicit financial obligation was demanded from the sponsors, although financial help was implicitly expected.

Once the Indochinese families entered local communities, they started impacting local school systems. The 1976 legislation addressed education needs. The task of educating this group was complicated by the fact that, initially, families were widely scattered within individual educational communities. Socioeconomic distinctions, Indochinese patterns of social behavior, and language structures among refugee families further complicated the education picture. The 1976 legislation generated many jobs for teachers of English as a second language, Vietnamese teachers, and school aids. Many special materials, workshops, and training programs were implemented throughout the United States to meet the needs of the staff and students in schools with Indochinese students (Buu, 1976; Kessler & Idar, 1977; Kelly, 1978; and Wei, 1980). The Center for Applied Linguistics (1981) published a guide to orientation materials for refugees and their sponsors in the area of education and social services. Of the 30 sources listed in the education section

TABLE II

VOLUNTARY AGENCIES SERVING
INDOCHINESE REFUGEES

VOLAGS	Approximate Percentage of Refugees Served
U.S. Catholic Conference	45%
Church World Service	13%
American Council for Nationalities Service	12%
Lutheran Immigration Services	10%
International Rescue Committee	9%
World Relief Refugee Service	4%
Hebrew Immigrant Aid Society	3%
American Fund for Czechoslovak Refugees	3%
Tolstoy Foundation	1%

Source: Project Share (1981).

of this guide, 24 sources offered information to Indochinese refugees on how to adapt to the American School System. The remaining six sources were guides for teachers to help Indochinese adapt to the American system of education. See Appendix B for a more detailed discussion of each refugee law passed between 1975 and 1978.

Current Legislation and Future Projections. The 1980 "Immigration and Nationality Act," PL 96-212, further revised the procedures for refugee admission into the United States and established a uniform basis for providing assistance to all refugees coming to the U.S. The 1980 legislation restricted eligibility for refugee financial assistance to those who have been in the U.S. for three years or less beginning April 1, 1981. An Office of Refugee Resettlement within the Department of Health and Human Services was created by this act, and the Coordinator for Refugee Affairs has the rank of ambassador-at-large and the statutory authority to develop and coordinate overall refugee and resettlement policy (Marsh, 1980).

PL 96-212 defined a refugee as any person outside his/her country of nationality who is unable or unwilling to return to his/her country because of persecution or a well founded fear of persecution on account of race, religion, nationality, membership in a particular social group, or political opinion. However, the intent of the act has been seriously challenged by both the government and the public. By the end of 1981, Indochinese resettled in the U.S. totaled over 475,000. With high inflation and unemployment, many Americans questioned the feasibility of taking in such large numbers of refugees.

Much criticism has been leveled at the implementation of the 1980 Refugee Act by black leaders, human rights activists, church groups involved in refugee work, and civil rights organizations (Suhrke, 1981). Many critics argued that those coming out of Indochina today do not meet the refugee requirements of the 1980 Refugee Act (Moritz, 1981). Suhrke (1981) concluded, however, that U.S. Government policy will continue to follow the traditional practice of giving persons fleeing from Communist countries priority. This policy should favor the future political acceptance of Indochinese refugees and the continued funding for Indochinese resettlement programs.

The next section of this chapter addresses the climate of American acceptance to the Indochinese refugees. Political acceptance of refugees into the U.S. does not guarantee social acceptance in local communities where refugee populations resettle.

# U.S. Climate of Acceptance Toward Indochinese Refugees

In May, 1975, as the first Indochinese refugees were coming to the U.S., a Gallop poll indicated that 52 percent of the national sample opposed resettlement of the refugees in the U.S., with 36 percent in favor (Gallop Opinion Index, 1975). Deming (1979) cited as the predominant reason for this rejection, a fear that the new arrivals would become welfare recipients and competition for scarce jobs. Hostility was most pronounced in the communities where the Indochinese refugees were first temporarily housed, such as Orange County, California; Niceville, Florida, and the areas surrounding Fort Chaffee, Arkansas (Stern, 1981). Governor Brown protested the 1975 Indochinese refugee influx because he believed that refugees would take jobs away from Californians when California already had nearly one million people

unemployed (Kneeland, 1975).

In contrast to these voices of rejection towards the Indochinese refugees, several vocal supporters of the refugees were also heard. President Ford (1975), in a White House press release, spoke of support for refugee resettlement from the AFL-CIO and from business, agriculture, labor, church, government, and professional groups. He reminded the country of the nation's history of acceptance of immigrants from all over the world. Senator Hayakawa (1979) spoke of the opposition to his actions from his own state regarding the refugees. His response to this opposition was, "We ourselves are boat people. Every American owes something to those fragile wooden vessels that sailed from Europe in the 17th Century with groups of misfits, riffraff and political and religious dissenters whom we have historically come to know as the Pilgrim Fathers."

Pielke (1979) speaks of the Indochinese right to refuge. Granting refuge, for Pielke, means the satisfying of basic physiological and safety needs since they are prerequesite to the satisfaction of all other needs (Maslow, 1962). In Pielke's viewpoint, the U.S. should feel obliged to grant refuge to less fortunate people in need of a new homeland.

Cotter and Cotter (1979) suggest that the Indochinese refugees have generated three major concerns:

- The Indochinese people are ever present, painful reminders of America's long, bitter and losing involvement in Southeast Asia.
- In race conscious America, the Indochinese people are visibly different from both the "blacks" and the "whites" who are currently the predominent racial groups in the U.S.
- 3. Indochinese people threaten U.S. citizens as potential competitors for scarce jobs and other economic resources.

Social service professionals should be aware of these concerns.

It would appear from a more recent Gallup poll (Gallup Opinion Index, 1979), that public opinion changed very little from 1975 to 1979 regarding the Indochinese refugees. The climate of community acceptance that Indochinese refugees face in their communities impacts upon their assimilation process into American life. It is important to understand the conditions leading to the acceptance or rejection of Indochinese refugees into their communities to help predict the needs and services Indochinese families will require for successful adjustment into U.S. life.

The next section discusses Stage IV, Settling In. The two major waves of Indochinese refugees are discussed and a profile of each group is given.

# Settling In

Most Indochinese refugees living in the U.S. are currently in the Settling In stage of the migration process. In this stage, they face the challenge of becoming American citizens, establishing homes, finding jobs that satisfy their financial and psychological needs, and finding or building social relationships.

# <u>National Profile</u>

In order to draw a national profile of Indochinese refugees, it is important to consider the two major inflow groups separately. Figure 8 shows the annual arrival of Indochinese to the U.S. from 1975 to 1980. The first group to come between 1975 and 1978 were quite different from those coming after 1978.

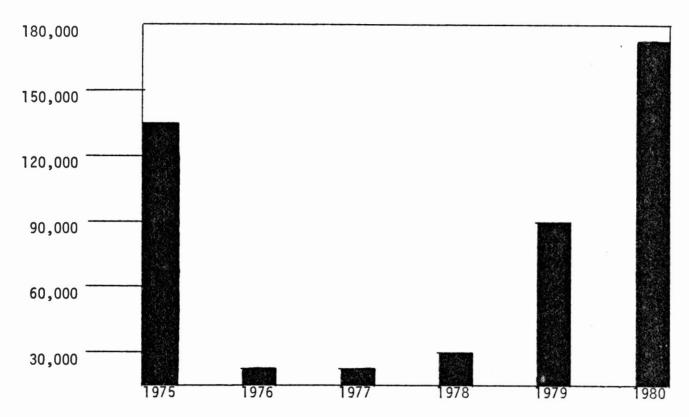


Figure 8. Annual Arrivals of Indochinese Refugees to U.S. according to the State Dept. of Health, Education and Welfare, 1981.

First Wave 1975-1978. The initial group of 130,000 refugees from Indochina engaged in an acute flight pattern as American forces withdrew from the country. Mass escape was completed within the time period of April 25th to May 1st, 1975. In just two days, over 75% of the initial group of refugees left Vietnam (Liu & Murata, 1977; Gordon, 1980). This group was resettled into the U.S. by the end of December, 1975. They were scattered throughout the U.S. with California receiving over 20% of the total group (see Table III).

Refugees in the first wave were primarily young Vietnamese who came in family groups. Nearly 50% were Roman Catholic. Two-thirds were from urban centers and came from relatively affluent families. Many of them were among the educated elite and held high socioeconomic status in Vietnam (Kelly, 1977; Liu & Murata, 1977, 1978; Rahe, 1978; Montero, 1979a, 1979b; and Marsh, 1980). Two-thirds of the refugee household heads were in white collar occupations in Vietnam. Nearly one-half of these were professionals, one-fifth held management positions, and the remaining third were clerical workers or salesmen. Half of the blue-collar workers were craftsmen. They came with large families by American standards. Marsh (1980) notes that one-third of the families had house-holds of at least six persons.

Federal welfare assistance to this initial group of refugees was relatively small. Marsh (1980) reveals that from 1976 through 1978, less than 10 cents of every dollar received by a surveyed group of Vietnamese families was from Federal aid sources. Another 1978 study of all the Indochinese in the U.S. (Kahn, 1980) reveals that only 2% of the refugees were receiving Supplemental Security Income payments. Of these 2%, over 72% comprised aged recipients, 26% were disabled and 2%

TABLE III

STATE DISTRIBUTION OF INDOCHINESE REFUGEES

State	Initial Wave	After Boat People		
	1976	1980	1981	Current Percent Refugees
Alabama Alaska Arizona Arkansas California Colorado Connecticut Delaware District of Columbia Florida Georgia Hawaii Idaho Illinois Indiana Iowa Kansas Kentucky Louisiana Maine Maryland Massachusetts Michigan Minnesota Mississippi Missouri Montana Nebraska	1,439 94 1,444 2,127 30,495 2,350 1,304 173 613 5,237 1,622 2,411 4,675 2,175 3,352 1,953 1,174 3,916 376 2,828 1,439 2,949 4,250 493 3,154 360 1,418	2,266 430 2,987 2,705 142,094 7,574 4,161 258 3,448 8,871 4,563 5,947 818 16,312 3,867 7,142 5,502 1,853 10,691 643 4,811 6,835 8,029 14,716 1,377 4,398 1,038 2,066	2,172 424 3,080 2,470 164,743 8,109 4,352 260 847 8,764 4,883 5,948 894 17,565 3,736 7,477 6,240 1,728 11,225 697 5,615 8,114 8,550 15,830 1,416 4,296 1,023 1,897	34.6 1.7 1.8 1.25 3.7 1.6 1.3 2.4 1.7 1.8 3.3
Nevada New Hampshire New Jersey New Mexico New York	519 171 1,918 1,047 4,749	1,894 295 4,175 2,197 12,728	1,966 313 4,530 2,249 13,208	: : : 2.76

TABLE III (Continued)

State	Initial Af		fter Boat Pe	ter Boat People	
	1976	1980	1981	Current Percent Refugees	
North Carolina North Dakota Ohio Oklahoma Oregon Pennsylvania Rhode Island South Carolina South Dakota Tennessee Texas Utah Vermont Virginia Washington West Virginia Wisconsin Wyoming Guam Puerto Rico Virgin Islands	1,334 408 3,496 3,716 2,448 8,187 545 926 604 1,250 11,136 964 106 5,620 5,250 268 2,461 143 818	3,808 588 6,177 6,418 12,824 17,513 2,398 1,609 894 3,375 37,848 5,759 240 12,141 19,313 437 6,127 328 384 35	4,020 520 6,437 6,494 14,323 18,488 2,589 1,698 855 2,937 42,033 6,062 285 14,437 22,049 467 6,409 357 349 33	1.4 1.4 3.0 3.9  8.8 1.3 3.0 4.6	
American Samoa Unknown Total	2,475 144,758	287 435,202	<u>11</u>	•	

were blind.

Refugees in the first wave coming to the U.S. from 1975 to 1978 were the wealthiest members of the fallen South Vietnam regime: the professionals, businessmen, and middle level government officials. These were the most assertive, most prominent and most ideologically, anticommunist (Taft, North & Ford, 1979). It is possible to assume that this group has good prospects of adjusting quickly into American society, having brought with them many adjustment skills and resources. However, their adjustment is not without problems (Wong, 1976; Doan, 1977; Kneeland, 1977; Moore, 1977; Liu & Yu, 1978; Miller, 1978; Hayes, Magee, Nguyen, Rustin, Shearer & Van Arsdale, 1980; Brown, 1981a; Henkin & Nguyen, 1981).

Second Wave 1978-1980: The "Boat People". The second large wave of Indochinese refugees, often referred to as the "Boat People" (see Chapter II), contained the lower levels of the occupational scales as well as a continuing flow of relatives of the first wave (Taft, et al, 1979). In the fall of 1978, more than 150,000 refugees left Indochina, and, in 1979, more than 270,000 Indochinese left their homelands (Brown, 1979; Butler, 1979a, 1979b; Williams, 1979; Girardet, 1980).

The resettlement of this large wave of refugees presented many challenges. These people came to countries of first asylum frightened, exhausted, and with few, if any, material resources to aid them in resettlement. Opium addiction, illiteracy, ill health, poor job skills and personal tragedies further complicated the "Boat People's" resettlement struggle (Butler, 1979a, 1979b; Deming, 1979).

By the spring of 1981, 475,484 Indochinese had been resettled into the U.S. Currently, Indochinese refugees are coming to the U.S. at the

rate of 14,000 per month. These new refugees fall mainly into four categories: 1. Family reunification cases, 2. Former U.S. Government employees with at least one year of service, 3. Persons with other ties to the U.S.--former employees of American firms or organizations, former students in the U.S., etc., and 4. Cases of special humanitarian concern (Refugee Reports, November, 1980). There is a need for a more accurate profile of the second wave of Indochinese refugees in the United States.

Eighty percent of the Indochinese in the United States are currently concentrated within 16 states. California alone has more than 34% of the Indochinese refugees (see Table IV) with Texas having 8.8% and Washington 4.6%. These three states have 48% of all the Indochinese refugees. California, Texas, Louisiana, and Virginia gained refugees through secondary migration (Bach & Bach, 1980). This shift has occurred with a reduction in numbers in some states such as Maine, the Dakotas, and Hawaii.

California appears to attract large groups of Indochinese for three main reasons, according to Andrews and Stopp (1979). First, the South California climate attracts Indochinese as it reminds many of home; second, the large Asian population of California provides a cultural milieu for incoming refugees; and third, several large refugee processing camps were initially established in California.

Texas is also an appealing location to Indochinese refugees due to its warm climate and growing economy. Houston and Dallas have been especially attractive to large numbers of refugees. Resettlement authorities also attempted to resettle Vietnamese fishermen and their families on the Gulf Coast (Andrews & Stopp, 1979).

TABLE IV

INDOCHINESE REFUGEE CONCENTRATION
BY STATE IN 1981

State		Percentage	
California		34.6	
Texas		8.8	
Washington		4.6	
Total			48.0%
Pennsylvania		3.9	
Illinois		3.7	
Minnesota		3.3	
Virginia		3.0	
Oregon		3.0	
New York		2.7	
Louisiana		2.4	
Total			22.0%
Florida		1.8	
Michigan		1.8	
Massachusetts		1.7	
Colorado		1.7	
Iowa		1.6	
Oklahoma		1.4	
Total			10.0%
16 States	GRAND TOTAL		80.0%

The large concentration of refugees within a few states places a great burden on those states' resources and social service agencies.

The next section of this chapter will address the social service provision and utilization by Indochinese families.

# Social Service Utilization

Social Services. Social services are intended to nurture or restore a mutually beneficial interaction between individuals and society in order to improve the quality of life for everyone (Social Work, January, 1981, p. 6). To promote such an interaction, service providers attempt to help people increase their problem solving skills, obtain resources, facilitate communication between individuals, influence interactions between organization and institutions, and influence social and environmental policies. Theoretically, social service agencies and the professionals providing the services adhere to these ideal goals.

Providing services which effectively assist Indochinese families to carry out their essential life tasks and maintain beneficial interaction between themselves and American culture requires a knowledge of how ethnic factors affect social service delivery. This knowledge has been considered essential in the framework of social service strategies since the beginning of the Social Work profession (Richmond, 1917; Longres, 1982). As early as 1937, journal articles began discussing the need for social service providers to become more aware of the cultural orientations of the families that they serve (Boie, 1937). Numerous articles and books about ethnicity and social service delivery have been published since that time (Montelius, 1952; New York Cultural Project, 1955; Meir, 1959; Mizio, 1972; Urban Associates, 1972; Chu, 1977;

Jenkins & Morrison, 1977; Pederson, 1977; Trader, 1977; Satow & Lorber, 1978; Morales & Sheafor, 1980; Project Share, 1981; Social Work, January, 1982).

Over the past 20 years, needs assessments, journal articles and books have looked at specific sub-cultures that comprise American society and have pointed to the specific needs and characteristics of the families within these sub-cultures in such areas as education, health, employment, and finances (Weiss, 1970; Kiyuns, 1972; Kuykendall, 1972; Lee, 1972; Sue & Kirk, 1972, 1975; Chien, 1973; Harkness, 1973; Kiefer, 1974; Chan, 1975a; Johnson & Arvid, 1975; Ogawa, 1975; Kendis & Randall, 1976; Jung, 1976; Onoda, 1976; Reiko, 1976; Schwartz, 1976; Merry, 1977; Ittig, 1978; Morishima, 1980). Recent social legislation requires that needs of ethnic and minority groups be met as a function of federal, state, and local government programs (Title XX, Public Law 91-230 and Public Law 94-405).

In 1975, U.S. social service agencies began addressing the specific needs of Indochinese refugees. Unlike the Cuban, Hungarian and other refugee groups that have come to the United States in recent years, the United States had no existing indigenous ethnic community to which these refugees could look for guidance and cultural kinship (U.S. Senate, 1976, 1978). Consequently, there were no occupational and social networks into which the refugees could immediately fit. For most Indochinese, adjusting to the new environment has meant gaining access to needed financial, occupational, and educational resources.

Social Services for Indochinese Families. A growing body of literature concerning the Indochinese examines adjustment problems, adjustment

patterns, and service programs (Brown, 1975; Dept. of State, 1975; U.S. House of Representatives, 1977; Lackey, Kuepper & Swinerton, 1979; Starr, Roberts, LeNoir & Nguyen, 1979; Tran, 1979d; Hamer, 1980; Horn, 1980). Services for Indochinese families are expensive and a growing business. In 1975, \$400 million was allotted for relocation and social services. One hundred million of this total was for Department of Health and Human Services (DHHS) services. In fiscal year 1979, total funding to the DHHS for Indochinese refugees was \$147 million. Relocation costs were initially funneled through the nine VOLAGS (discussed in the Legislation Section of this chapter) to individuals and families. For each refugee, the VOLAGS were given \$500 to defray the costs of relocation. How these funds were administered was up to the individual agency.

Refugees were highly dissatisfied about the way VOLAG funds were given to them. In the first resettlement wave, some VOLAGS gave a larger portion of the \$500 as a transitional allowance to the individual refugee than other VOLAGS (Comptroller General of the U.S., 1977; Kelly, 1977). Catholic Services gave each refugee \$100 transitional allowance plus \$10 travel money. Lutheran Immigration and Refugee Service gave no transitional allowance directly to the refugees but gave each person \$10 pocket money. Chinese Consolidated Benevolent Association, settling a small group of the refugees, distributed the entire \$500 to each refugee in installments (Comptroller General of the U.S., 1977). The original government contract with the VOLAGS did not require financial reporting. This has since been changed due to the criticisms and dissatisfactions expressed by the refugees.

Today, Indochinese refugees are becoming more vocally and professionally involved in the decision making process concerning the services that directly affect them. Those refugees who are settled are also financially involved as sponsors in the resettlement of new groups of refugees (Thuy, 1980).

A variety of services are needed to meet the diverse population of Indochinese refugees. Initially, services were geared primarily toward practical, survival needs such as:

- English language training and education (Kim, 1979; Grognet, 1981; Smalley, 1981; also see Legislation Section)
- 2. Housing (Lutheran Immigration & Refugee Services, 1979; Cramer, 1981)
- Health (Tran, 1979a, 1979b, 1979c; Silverman, 1979, 1980; Erickson & Hoang, 1980; Floriani, 1980; Gordon, et al, 1980 Rocerto, 1981)
- 4. Nutrition (Hurlich, 1981; Tong, 1981)
- 5. Jobs and job training (Plant, 1979; Stein, 1979; Finnan, 1980; Johnson, 1981; Shearer, 1981)
- 6. Counseling of students (Martin, 1976; Skinner & Hendricks, 1978, 1979; Alley, 1980)
- 7. Counseling of families (Outreach Counseling, 1977; Wold, Yoon & Mayo, 1977; Miller, 1978; Brower, 1980; Baker, 1981; Davison, 1981; Haines, Rutherford, & Thomas, 1981; Tran, 1981)

Mental health services for Indochinese refugees are seen as essential to the adjustment process. Much has been written concerning the difficulties and challenges in providing Indochinese with effective mental health services (Harding & Looney, 1977; Rahe, 1978; Chu, 1979; Lin, Tazuma & Masuda, 1979; Vignes & Hall, 1979; Xuong, 1979; Burch & Powell, 1980; Cohon, 1980; Kinzie, Tran, Breckenridge & Bloom, 1980; Masuda, Lin & Tazuma, 1980; Starr, Roberts, LeNoir & Nguyen, 1980; Charron, 1981; Kinzie, 1981).

Once the Indochinese refugees started interacting within American communities, a need quickly surfaced for bilingual orientation materials to help the Indochinese to understand American culture and handbooks to help the American sponsors and professionals understand the Indochinese (Chan, 1975b; Buu, 1976; Nguyen, 1976; Yang & Barney, 1978; National Indochinese Clearing House, 1978, 1979a, 1979b; Koscanann & Tobin, 1979; Center for Applied Linguistics, 1981; Conway, 1981; Orientation Resource Center, 1981). More recently the Center for Applied Linguistics has started making bilingual orientation tapes. Newsletters (such as Refugee Reports, the Indochinese In Oregon, Indochinese Refugee Alert Bulletin, Sharing and NAVAE) keep professionals attuned to the latest information concerning refugee programs and policies. In the fall of 1981, the Journal of Refugee Resettlement published its first issue. This journal provides an avenue for service professionals to share research findings and service practices.

Conferences attuned to refugee services are occurring on a yearly basis through the National Association for Vietnamese Education and more infrequently sponsored by other local and national organizations such as the 1981 Nebraska Conference "Helping Indochinese Families in Transition," the 1979 Conference on Indochinese Refugees at George Mason University, and the small VAA conference in Oklahoma City in 1979. These conferences also give service providers opportunities to share research and program planning ideas (see proceedings of these conferences; Stopp & Nguyen, 1979; Vietnamese American Association, 1979; Meredith & Tweten, 1981).

Program models are now appearing in the service literature to assist service providers in program planning, implementation, assessment, and revision (Barger & Truong, 1978; King, 1980; Moore, 1980; Aylesworth,

1981; Erickson, 1981; Hirst, 1981; Stein, 1981; Montero & Dieppa, 1982). Social service research publications concerning the Indochinese are growing rapidly. Needs assessments such as Boosey's (1976) in Arkansas, Sedanko's (1978) in Texas, Soberano's (1980) in New Orleans and Meredith and Cramer's (1981) in Nebraska help provide a profile of the refugee population in a particular area and their unique service needs. Service providers with access to such assessments can more competently plan and implement services to Indochinese clients.

In January, 1981, the Department of Health & Human Services began collecting information on service delivery to U.S. Indochinese refugee families (Refugee Reports, 1981). DHHS assessment teams scheduled data collection in the nine states of highest refugee concentration (see Table IV). Interviews with 500 refugees and 200 service providers were arranged to gather relevant data. The purpose of this assessment was to suggest areas where reasonable improvements might be made and what important issues needed to be brought to policy makers' attention. The results of this study have not yet been published. A DHHS assessment conducted in 1979 showed that the refugees' greatest need was to learn English. This finding encouraged DHHS to double the funding for English as a second language for FY 1980.

Mutual assistance associations have played, and will continue to play, an increasingly important role in service provision to the Indochinese. These organizations can be grouped into five categories: religious, political, self-help, professional, and student (Vinh, 1981). The establishment of these organizations is a healthy sign of Indochinese self-confidence and responsibility. These organizations strive to help the Indochinese adjust to American life, promote mutual understanding

between Indochinese and American people, and preserve Indochinese culture (Nguyen, 1980). Mutual assistance organizations also function as a linkage between Indochinese and majority culture services.

The next section of Chapter III addresses the Adjustment stage. By looking at current research concerning variables that enhance or impede the adjustment process, service providers will gain important service knowledge.

#### Adjustment

#### Research

There has been little research regarding the important variables aiding or hindering Indochinese adjustment. Adjustment variables are important in the planning stage leading to legislation at the federal, state, and local levels and also at the implementation stage of service provision. If the underlying assumptions are not valid then money, time, and effort by service providers will be wasted. Assumptions that certain variables are of great importance must be supported by reliable research.

Chuong (1976) investigated the similarities and differences in value systems among Vietnamese subgroups living in Saigon and between these subgroups and Americans shortly before the fall of the Saigon government. Findings showed that Vietnamese were more concerned about security and less concerned with individual freedom than were Americans. The study also showed that college educated Vietnamese respondents were more like their American counterparts in values than were less educated Vietnamese. This research would appear to support the assumption that college educated Indochinese refugees might adjust more rapidly and easily to American culture than less well educated Indochinese.

Smither and Rodriguez-Giegling (1979) studied the relationships of marginality and anxiety within Vietnamese and Laotian refugees. Marginality was defined as being on the edge of two cultures rather than well-integrated into one. The study hypothesized that refugees would evidence a higher level of marginality and anxiety than majority culture Americans. The study conclusion was that marginality may be unrelated to anxiety in Indochinese refugees. The authors suggest that practical worries about job, home, and family override concerns about marginality. They also suggest that an in-depth understanding of the personality variables operating during the acculturation process would, perhaps, provide a clearer picture of how this process works and how it affects the individual.

In a second study of 114 Indochinese and 32 Nicaraguan refugees, Smither and Rodriguez-Giegling (1980) hypothesized that psychological factors are more important variables to predict acculturation than sociological factors. Their findings indicate no significant correlation of sociological factors for either group. Psychological factors were significantly correlated with acculturation with the Vietnamese, but not with the Nicaraguans. Conscientiousness and likeability were the most strongly linked variables. The conclusions imply that acculturation is a psychological as well as a sociocultural process.

Liu, Lamana and Murata (1979) studied Indochinese mental health adjustment through refugee interviews and writings and also through relevant publications of government agencies, private agencies, and popular journals. Their research highlights the struggle between the host society and the refugees in the perceptions of refugee needs. They concluded that refugees desire to prolong their refugee status and the practical assistance attendant to this status. However, the government

wants to stop refugee support as soon as possible. Sources of and manifestations of depression, of felt status deprivations, and of failure by government authorities to understand the mental health needs of refugees are also highlighted.

Lerner (1980) studied adaptation of Vietnamese in the U.S. in order to delineate important variables that differentiate men who were making a relatively good adaptation to life in the U.S. from those who were making a relatively poor adjustment. One significant correlation resulted. The breakup of the patriarchal family in Vietnam, as measured by the wife working outside the household, was the single most important variable in later adaptation of Vietnamese men to the U.S. Those men whose families in Vietnam were nontraditional, e.g. the wife or mother had worked outside the Vietnam household, adjusted more readily to life in the U.S. Once a variable such as the above is identified, then legislators and service providers may be able to use this knowledge to identify individuals or groups with specific needs, and provide adjustment assistance.

Oggeri (1979) studied the unique characteristics of Vietnamese culture that affect the adjustment process of Vietnamese refugees to American culture. Oggeri applied a qualitative approach to content analysis, analyzing data collected from various sources. Those unique characteristics he found to affect refugee acculturation were:

- 1. World view emphasizing harmony and balance
- 2. Pragmatism
- Respect for education
- 4. <u>Tanh Can Cu</u> (a philosophy embracing thrift, industriousness, patience, determination and endurance)

- 5. Extended family systems
- 6. Exaggerated importance to concept of "face"
- 7. Achievement orientation
- 8. Individualism

Service providers with a knowledge of these characteristics may be better prepared to plan and implement services for Indochinese.

Le (1978, 1980) studied Vietnamese refugees' perceptions and methods for coping with mental illness. Two hundred Indochinese were interviewed. The independent variables were religion, length of stay in the U.S. and educational level. Dependent variables were perceptions of mental illness, coping methods with mental illness, knowledge of mental illness services, attitudes toward mental health services, and perceptions of barriers to receiving mental health services.

The results of Le's study indicate that:

- Refugees associate mental illness with psychotic or extremely violent behavior but not with lesser emotional or behavioral disorders.
- 2. Most Vietnamese prefer to treat mental illness within the family system rather than through community services.
- 3. Shame or loss of face is a crucial problem for Vietnamese seeking professional help.
- 4. Language barriers intensify discomfort with mental health services.
- 5. 63% of the respondents were not familiar with any community health programs.

Some implications of Le's results for service providers are:

- A need for multi-service approaches to multi-dimensional problems.
- 2. A need for Vietnamese community participation in service planning and implementation.
- 3. A need for mental health programs that are based upon the

Vietnamese family structure strengthened by western mental health knowledge and methods.

All of the above studies are important and have made contributions to social service knowledge. However, further studies are needed. Full acculturization of Indochinese refugees may take 20 years or even longer. If scarce federal, state, and local funds (not to mention private and volunteer efforts) are to be spent wisely and economically, it behooves policy makers and service planners to identify and isolate the precise areas in which service providers should concentrate their efforts.

#### Social Service Utilization Study

The objective of providing social services to the Indochinese is only realized if these services are utilized and if they actually assist in the Indochinese refugee adjustment process. The studies discussed in the previous section give service providers information about what is needed to improve social service delivery. Knowledge of the utilization of these services may permit service providers to improve their community outreach and enable them to redesign programs and dissemination methodology to achieve wider acceptance by the Indochinese communities.

Components of ethnicity are of interest in the study of family service utilization among Indochinese refugees. This study focuses on two of these components: language and ethnic community ties.

English Language Proficiency. Many of the problems facing Indochinese refugees are related to, or attenuated by, the refugees' inability to communicate effectively in English. A 1978 needs assessment of Texas Indochinese refugees (Sedanko, 1978) found that the lack of fluency in the English language was perceived by the refugees as one of the greatest barriers to adjusting to life in the United States. English language programs and vocational education are the two most frequently mentioned needs of Asian American families (Urban Associates, 1972; U.S. Senate, 1978).

The Sedanko study (1978) also found that the majority of refugees interviewed had not received the services necessary to meet their acculturation needs despite the availability of public and private help to ease the trauma of resettlement. Was the lack of service utilization due to an inability to communicate effectively with the service provider? Sedanko's data did not allow a firm conclusion. While the need for sensitivity to language barriers by service providers is generally recognized, a review of literature reveals that little empirical investigation has focused on the relationship between language and service utilization.

The one related study of Chinese immigrant families showed that the presence of a bilingual staff was a key factor in successful utilization of service programs (Homma-True, 1976). This study claimed to have documented a positive relationship between language proficiency and social service utilization within the Chinese community. Although the Sedanko study (1978) suggests that a similar relationship may exist within the Vietnamese community, more empirical attention is needed. Hypothesis #1 of the present research states that:

English language proficiency of Indochinese refugees is positively related to use of community family services by Indochinese families.

Ethnic Ties. Ethnic minority families often do not have equal access to majority culture opportunities for developing their capacities

and interests, nor do they have alternative private resources that would compensate for these inequalities. The federal government has set up programs to correct this imbalance by providing priority services for ethnic minority families. An evaluative study (Urban Associates, 1972) prepared for the Department of Health, Education and Welfare on services to ethnic minorities reports:

- 1. All of the ethnic minority families in this study (Black Americans, Asian Americans, American Indians and Spanish Americans) have serious needs and problems with their health, education, and welfare.
- Because each group is unique, services must be delivered to each group in an individualized and culturally sensitive manner.
- 3. Each of the communities studied has serious complaints about the availability and method of delivery of services, as well as about the lack of cultural sensitivity and ethnic minority staff in HEW funded programs at the local level. (p. 13)

One difficulty that many Indochinese face in resettlement is that their traditions encourage service provision through family, relatives, and friends (Thuy, 1976) rather than external support agencies. Many Indochinese lost their extended family structures during the process of settlement into the United States. These refugees are motivated to seek help first from their own ethnic group (Light, 1972; Le, 1980). They have no tradition of seeking assistance from the government. Their presettlement cultural experience makes them suspicious of government aid (Thuy, 1976).

Sedanko's (1978) study supports this conclusion with the finding that Texas refugees tend to meet service needs on their own or with the assistance of other Vietnamese. Since early 1976, the Vietnamese have been regrouping in recognition of their need for physical and emotional

support. They have been moving from small towns to large metropolitan areas, forming ethnic communities in such cities as New York, Dallas, New Orleans, and San Francisco (Montero, 1979a; Bach & Bach, 1980).

The ethnic community usually has limited resources to directly aid refugees. One way of providing effective assistance may be to alert community members to external services. To the extent that particular services are positively sanctioned by the Indochinese community, they should be more acceptable to the individuals needing them. The following two assumptions were considered in formulating the second hypothesis. If established members of the Indochinese community find a community service helpful, then this service will more likely be known to other Indochinese tied to that ethnic community and will be utilized by them. If the "majority community" social services have not been helpful or are not known to the established members of the Indochinese community, they will not be utilized by others having ties to the ethnic community. Therefore, Hypothesis #2 states that:

The extent of involvement of Indochinese refugees in the ethnic community is positively related to their utilization of social services approved by the ethnic community.

In the next chapter, the research methods of this study are examined. The problems of designing an accurate Oklahoma refugee profile are discussed. In addition, the chapter presents the methodology for the study of service utilization.

#### CHAPTER IV

#### ME THODS

Chapter IV discusses the major methodological features of this study in order to address the two goals of this study which are: 1) to provide a profile of Oklahoma Indochinese use of social services in the two major cities of concentration in Oklahoma and 2) to examine two variables, language and ethnic ties, as they relate to service utilization. The first section of this chapter presents the research implementation strategies. The second discusses problems inherent in attempting to draw a sample without an accurate sampling frame. The third section focuses on the measurement of the research variables, and the last section discusses the statistical techniques chosen for the data analysis.

#### Strategies

The study of Oklahoma's newest ethnic population and its utilization of social services required consultation with and assistance from Indochinese professionals. The Vietnamese American Association (VAA) in Oklahoma City provided the assistance needed. The VAA was involved in a needs assessment of the Oklahoma City Indochinese at the time this study was started. The researcher had no input into the Oklahoma City study but shared the raw data for analysis. The researcher independently sampled Tulsa Indochinese to obtain a broader profile and to test two

hypotheses related to language and ethnic ties as they impact on service utilization.

The VAA offered their expertise and guidance for the training of bilingual interviewers needed for the Tulsa study. They permitted the use of a portion of their interview schedule for the Tulsa profile study.

Indochinese interviewers were recruited through a two credit workshop in the Department of Family Relations and Child Development at Oklahoma State University during the 1979 spring semester. This workshop, entitled "Vietnamese Families in Oklahoma," addressed the strengths and problems Indochinese families face in the adjustment process. Part of the course work for the thirteen male Vietnamese students enrolled in the workshop involved learning and participating in family research (see course description in Appendix C). The students assisted the researcher in drawing up a Tulsa sampling frame, translated the questionnaire into Vietnamese, and administered the bilingual interview to families in Tulsa, Oklahoma.

#### Sampling

A major methodological challenge faced in this research was the task of drawing a random sample of Indochinese families in the State of Oklahoma. Budgetary constraints mandated that only urban families could be studied at this time. Since the Indochinese refugees in Oklahoma City, the largest urban center in Oklahoma, were already being studied, the researcher limited direct investigation to Tulsa, Oklahoma, the other major urban center in the state.

It was estimated that the Oklahoma Indochinese population ranged between 4,000 and 7,000 in 1979. A 1978 study by the VAA indicated that

approximately 95% of the Indochinese in Oklahoma were Vietnamese with about 5% Laotian; there were no figures for Kampucheans (Vietnamese American Association, 1978). It was decided to limit this study to Vietnamese in Oklahoma since they were the majority of the Indochinese population accessible to the investigator. Due to the rapidly transient Vietnamese population base and the lack of reliable household listings, no reliable sampling frame could be constructed, making probability sampling techniques virtually impossible.

The Oklahoma City portion of the data set came from the mental health survey conducted by the VAA in the fall of 1978 and the spring of 1979. The Tulsa portion came from a survey conducted by the researcher and the class of Vietnamese students mentioned above. Because of the logistical and sampling limitations described above, there was no attempt to study Vietnamese in smaller Oklahoma communities. This in itself may be a source of some bias. However, the major concentrations of Indochinese in the United States have been in urban areas (Andrews & Stopp, 1979), thus the results should have relevance for most service providers.

The VAA Oklahoma City study utilized a nonrandom sampling technique. Respondents were drawn from a list of households that had been referred to the VAA or had referred themselves. This basic list was expanded via the snowball technique of asking the original respondents for a list of Vietnamese friends (Simon, 1978, p. 142).

Fifty heads of household responded to the questionnaire administered by the VAA research team. All the respondents were Vietnamese. The questions were asked from an English questionnaire by a bilingual interviewer. If the respondent did not know English, the VAA interviewers

freely translated the questions at the time of the interview. This may have introduced some bias into the findings. A second problem may be that the sample reflected only those Indochinese who may have had a special need for VAA services and did not reflect the total population of Oklahoma City Indochinese.

The Tulsa study also utilized a nonrandom sampling technique. As an initial sampling frame, the Tulsa phone directory was utilized. The thirteen Vietnamese students assisting in this research agreed upon and compiled a list of probable Vietnamese surnames that might be found listed in the telephone directory. This presented the limitation of restricting the sample to those having phones and to those who had not changed their family name. However, no reliable list of Tulsa Indochinese was available and no Indochinese organization such as the VAA was operant in Tulsa at the time. This technique gave the investigator an initial sample list.

Using this list, 95 households were determined as probable Vietnamese. Bilingual introductory letters (see Appendix D) were sent to these households. Six of these letters were returned bearing the statement "addressee unknown." The basic list of 89 validated households was then personally contacted by the Vietnamese interviewers and then the list was expanded via the snowball technique.

One hundred five Vietnamese heads of household ultimately responded to the questionnaire delivered by the research team. The respondents answered the identical questions asked in the Oklahoma City study. However, instead of having the interviewer freely translate for those who did not know English, the questionnaire had each question written in both English and Vietnamese.

The questionnaire was prepared using the back translation method (Lee, 1977). Items were translated from English into Vietnamese and then back into English by other bilinguals who had not seen the original form. The two English versions were then compared to isolate inconsistencies and differences in meaning. The differences were resolved by discussion and compromise among 13 bilingual translators. The final version of the questionnaire was presented in both Vietnamese and English so that each question could be read by the respondent in the language of his choice (see Appendix E for questionnaire).

#### Measurement

For the Oklahoma Profile portion of the study, the researcher examined indicators of income, education, and other demographic data taken from the VAA study of Oklahoma City Vietnamese. These indicators were incorporated into a questionnaire administered to Tulsa Vietnamese. It should be noted that some bias may have entered from the fact the study in Oklahoma City was administered by the VAA whereas the Tulsa study was administered by the Vietnamese students. However, both groups of interviewers were given training by the same VAA team.

For the Service Utilization portion of the Tulsa study, only questions designed by the researcher and her doctoral committee were used. The independent variables of language proficiency and ethnic ties were tested against the dependent variables of service utilization. To operationalize the variables for this research, the investigator only examined social services meeting the following three criteria:

1. That they be widely needed by Indochinese refugees in successfully assimilating into American life.

- 2. That they be positively sanctioned by (but external to) the Indochinese ethnic community.
- 3. That they be readily available to all respondents through an extension of the Indochina Migration and Refugee Assistance Act of 1975 known as PL 95-145 (U.S. Government, 1977).

Three services satisfying these criteria were identified as:
employment assistance, general financial assistance, and medical care
assistance. Those services meeting the above three criteria are available to Indochinese families in Oklahoma through the Department of
Human Services and other public and private agencies. Each respondent
was asked the degree to which they utilized each service on a forced
choice five-point Likert scale (see Appendix E for questionnaire).

English language proficiency (ELP) was measured by an evaluation of self-reported language skills of the respondent in relation to other Vietnamese. Although self-perception statements can often lead to questionnaire bias, it was decided that an involved objective test of English language proficiency would interfere with the completeness of the responses, given the length of the questionnaire.

The extent to which individuals felt committed to or associated with the Vietnamese community (ethnicity) was measured by asking:
"To what extent do you find it important to have the high regard or approval of the Vietnamese community?" Based on Thomas' dictum, "If men define situations as real they are real in their consequences" (Thomas & Znaniecki, 1918), it was felt that self-perceptions of ethnic ties would be a more accurate indicator of involvement with the ethnic community than would be determined by asking the community's perception of the individual's involvement.

Shame, education, and income were utilized as control variables in

the service utilization study. Shame was measured by having the respondents choose one of five categories expressing the extent to which shame ever prevented them from using services. The responses ranged from no perceived prevention to very large prevention. Education was measured by having the respondents report their highest educational achievement using the following five categories: elementary, junior and senior high, college, higher education, other. Income was measured by having the respondents assign themselves to one of five categories ranging from under \$400 per month to over \$1,000.

### Data Analysis

Analysis for the Oklahoma Profile study was limited to the demographic categories of income, education and other descriptive criteria. Category percentages were utilized. Tables were constructed showing simple percentage differences between Tulsa and Oklahoma City responses to the profile portion of the questionnaire. The various demographic indicators were correlated against the national profile discussed in the migration stages (see Chapters II and III).

For the service utilization portion of the study, Pearson product moment correlation coefficients (r) were utilized to measure the associations between variables. The range of (r) is between the values of +1.0 and -1.0. A positive correlation means that two variables tend to increase or decrease together; a negative r denotes an inverse relationship. When there is no association between the variables, r will be close to zero. The objective of correlation analysis is to determine the extent to which variation in one variable is linked to variation in the other (Nie, et al., 1975, p. 279). Squaring the Pearson's r statistic

gives a measure of the proportion of the total variation in one variable that is "explained" by the other.

Finally, partial correlational analysis was conducted to measure the associations between the major variables (language, ethnic ties, and service utilization) while adjusting for the effects of the three control variables (shame, education, and income level). Shame, closely connected to the concept of "face" discussed in Chapter III, was considered an important variable to control as were education and income level in evaluating social service utilization. The effects of each of these control variables were removed from the calculation of the simple correlation between the independent and dependent variables. This kind of analysis aids the researcher in uncovering spurious relationships, in determining the importance of intervening linking variables, and in uncovering relationships where none appear to exist (Nie et al., 1975, p. 305).

Unfortunately, the Vietnamese students who collected the completed questionnaires did not check for completeness of individual items and many instances of randomly distributed missing information were discovered in the returned questionnaires. In the interest of maximizing usable "n" in this study "pairwise" deletion of missing data was employed (Nie et al., 1975, p. 313). With this technique, a case is only deleted from the analysis if it lacks information for one of the two variables in the computation; hence "pairwise." This technique retains the largest possible sample size but must be used with caution since multiple regression computations and resulting beta weights are based on different sizes of "n" depending on which variables go into each computation. Since the computations under both pairwise and listwise

deletion of missing data showed only minimal differences in this study, pairwise deletion of missing data was employed.

In the next chapter, the findings of this study are examined as follows: 1) the Oklahoma profile is analyzed against the Developmental Migration Model framework, 2) language proficiency and ethnic ties are analyzed in the service utilization portion of the study.

#### CHAPTER V

# FINDINGS OF THE OKLAHOMA PROFILE AND SERVICE UTILIZATION STUDIES

This chapter begins by examining the results of the Oklahoma City and Tulsa profile indicator questions. The analysis is presented as a comparison of the two major urban populations in Oklahoma. In addition, the chapter examines the results of the Tulsa service utilization study. The question of whether English language proficiency or ethnic ties could be used as predictors of current service utilization is examined.

#### Oklahoma Profile

The following profile will follow the Developmental Migration Model framework to give service providers a more comprehensive understanding of the two major urban populations of Indochinese in Oklahoma. Following a demographic overview, the known premigration, migration process, initial entry, and settling in characteristics of this population will be discussed. The adjustment characteristics will be delineated last.

#### Demographic Overview

Demographic characteristics show the two samples to be similar in sex but varying in age distribution, marital status, religion, and education (see Table V). Both samples reflect male opinions with approx-

TABLE V

OKLAHOMA INDOCHINESE PROFILE
DEMOGRAPHIC CHARACTERISTICS
SPRING 1979

	Tulsa (N=105)	Oklahoma City (N=50)
Sex		
Male Female	78% 22%	82% 18%
Age		
19-25 26-30 31-40 41-50 51-60 60+	30% 17% 34% 11% 6% 2%	20% 22% 30% 14% 12% 2%
Education		
Elementary Junior and Senior HS Trade School, etc. College Higher Ed.	1% 37% 5% 49% 11%	42% 40% 4% 10% 4%
Marital Status		
Single Married-no children Married with children Widowed Divorced/separated	37% 8% 51% 3% 1%	30% 6% 62% 0 2%
Religion		
Traditional Vietnamese (Buddhist, etc.) Catholic Protestant Other	56% 40% 2% 2%	40% 58% 2% 0

imately 80% of the respondents of the two groups being male. The majority of both groups are relatively young with 81% of the Tulsa sample and 72% of the Oklahoma City sample between the ages of 19 and 40. Fifty-nine percent of the Tulsa sample are married compared with 68% of the Oklahoma City sample. Tulsa has a slightly larger group professing traditional Vietnamese religions (56%) over Catholic (40%) whereas Oklahoma City respondents professed 40% and 58% respectively.

The largest difference in the two groups is the disparity in education. Tulsa respondents on whole are more highly educated with 60% of the sample having attended some college or higher education. Fourteen percent of the Oklahoma City sample have some college education. Conversely, 1% of Tulsa respondents versus 42% of Oklahoma City respondents had only an elementary education. Those coming in later refugee waves often have less education than those in the first wave. This appears to be reflected in this study as discussed below.

#### Migration Process

The only premigration characteristic asked in this study, "What was your profession in Vietnam," is discussed later in relation to current professions. The migration process characteristics are briefly analyzed (see Table VI). Fifty-two percent of the Oklahoma City respondents compared to 36% of the Tulsa sample came with the initial wave of refugees leaving Saigon immediately following the end of the war. A further 59% of the Tulsa sample came within a year of the fall of Saigon compared to 8% of the Oklahoma City sample. This difference increases when considering populations coming most recently. Almost 38% of the Oklahoma City sample have come to the U.S. after May, 1977 compared to 5% of the

TABLE VI

OKLAHOMA INDOCHINESE PROFILE
MIGRATION PROCESS
CHARACTERISTICS
SPRING 1979

	Tulsa (N=105)	Oklahoma City (N=50)
Arrived In U.S.		
Before May, 1975 May, 1975 to May, 1976 May, 1976 to May, 1977 After May, 1977	36% 59% 0 5%	52% 8% 2% 38%
Arrived By		
Plane Ship Boat Other	57% 36% 6% 1%	52% 28% 20% 0
Plan To Relocate (Secondary Migration)		
No interest Yes-for new job Yes-to be with friends Yes-bad weather Yes-to travel No comment	36% 23% 5% 14% 2% 20%	66% 4% 0 0 4% 26%

Tulsa sample. Those having two or less years in the U.S. are at a different stage of adjustment when compared to those having 3 to 4 years in the U.S.

The differential in stages of adjustment may help explain the large difference between the two groups over interest in relocating to another area. Ninety-two percent of the Oklahoma City sample indicated no interest or no comment about a desire to relocate to another place compared to 56% of the Tulsa sample. Forty-four percent of the Tulsa respondents were considering a move compared to 8% of the Oklahoma City sample who planned to relocate. This may reflect a greater need for security and time to settle into American culture by the Oklahoma City sample. Tulsa Indochinese may have greater confidence in their abilities to adapt to a new location.

The difference in English language proficiency (ELP) between these two groups is another indicator of the Tulsa respondents' greater self-confidence. The ELP question in the VAA instrument that gives a comparison of both populations asked, "Who speaks English fluently in your family?" The response categories were nobody (Tulsa, 10%; Oklahoma City, 50%); everybody (Tulsa, 44%; Oklahoma City, 10%); only the respondent (Tulsa, 28%; Oklahoma City, 20%); and others (Tulsa, 18%; Oklahoma City, 20%). The self-perceptions of the respondents show that the Tulsa sample is more confident about their English speaking ability (Tulsa, 72%) compared to the Oklahoma City sample (30%). English language proficiency for the Tulsa population will be discussed in greater depth in the service utilization portion of this chapter.

#### Premigration Process

The only premigration characteristic that the questionnaire could determine was a respondent's profession in Vietnam (see Table VII).

The Tulsa sample had a greater percentage of the sample in high paying, high status professions (27%) compared to Oklahoma City (2%). The two groups were nearly equal in middle pay, middle status professions (Tulsa, 28%; Oklahoma City, 26%). Correspondingly, the Oklahoma City sample had a higher percentage in lower paid, lower status positions (40%) than Tulsa (12%). Eight percent more of the Tulsa sample were students in Vietnam (25%) than in the Oklahoma City sample (16%). Nine percent of the Tulsa sample and 16% of the Oklahoma City sample could not be categorized.

### Initial Entry and Settling In Process

It would be reasonable to assume that these same differences would show up in their professional status in Oklahoma in 1979 (see Table VIII). However, the percentage of those having high pay, high status jobs in Oklahoma is less in both cities (Tulsa, 7%; Oklahoma City, 0%). This shows a greater loss of status for Tulsa Vietnamese than Oklahoma City Vietnamese. Those respondents with lower paid, lower status jobs represented by the category unskilled workers (Tulsa, 15%; Oklahoma City, 44%) corresponds closely to the premigration classification of occupation (Tulsa, 12%; Oklahoma City, 40%). The student population is also similar to the premigration findings (currently Tulsa 25% and Oklahoma City 12%). About half of the Tulsans who were dropped from the high pay, high status jobs apparently ended up in the middle level since the proportion went up 8% to 36% whereas the proportion in Oklahoma City

# TABLE VII

# OKLAHOMA INDOCHINESE PROFILE PREMIGRATION OCCUPATION CHARACTERISTICS SPRING 1979

Profession In Vietnam	Tulsa (N=105)	Oklahoma City (N=50)
High Pay/High Status		
M.D., Engineer, Professor, Officer (Major to General), High Ranking Public Official, Large Businessman	27%	2%
Middle Pay/Middle Status		
Teacher, Officer (Sergeant to Captain), Public Official, (Chief of Section to Chief of Service), Small Businessman	28%	26%
Low Pay/Low Status		
Other Military Ranks, Low Ranking Official, Clerk, Laborer	12%	40%
Student		
Elementary, Secondary, College	24%	16%
Non-Catagorizable	9%	16%

TABLE VIII

# OKLAHOMA INDOCHINESE PROFILE CURRENT OCCUPATION CHARACTERISTICS SPRING 1979

	Tulsa (N=105)	Oklahoma City (N=50)
Oklahoma Profession		
M.D., Engineer, Professor	7%	0
Skilled worker, small		
businessman	36%	26%
College student	25%	12%
Unskilled worker	14%	44%
Others	18%	18%
Income per Month		
1,000+	22%	4%
8-1,000	28%	6%
6-800	19%	17%
4-600	14%	47%
Less than 400	17%	23%
Not reported	0	3%
Job Satisfaction		
Very pleased	24%	16%
Somewhat pleased	33%	34%
Not pleased	26%	26%
Other	17%	24%
Desire Job Change		
No	27%	20%
Yes	64%	56%
Other	17%	24%
Family Members Working		
Self only	35%	32%
Self and spouse	40%	36%
Self, spouse and family	3%	4%
Not working	8%	16%
Other	14%	12%

remained the same. The rest of the displaced Tulsans may have ended up in the non-categorized group which jumped from 9% to 18%. The Oklahoma City figure went up 2% to 18% (perhaps the 2% dropped from the high pay, high status category). The figures, of course, do not show that there was any mobility from high pay, high status occupations to low pay, low status occupations or from low pay, low status occupations to middle pay, middle status occupations. However, the above explanation probably accounts for most of the post migration changes in job status.

When asked if they were anxious to recover the status that they had in Vietnam, 69% of the Oklahoma City sample responded in the affirmative compared to 40% of the Tulsa sample. This finding was surprising considering the findings showing relatively little change in job status for Oklahoma City Vietnamese as a group. It may be partially explained by the difference in time spent in the U.S. and in English language proficiency between the two groups. The Tulsa sample may be more confident of their ability to do well in the U.S. than the Oklahoma City population.

Another difference, perhaps related to the above finding, is the differential incomes earned by the two populations. Fifty percent of the Tulsa sample earned more than \$800 per month compared to 10% of the Oklahoma City sample. At the lower end of the income scale, 80% of the Oklahoma City sample earn less than \$600 per month compared to 31% of the Tulsa sample. Low income may be a motivating factor to remember the "lost status" the refugees had in Vietnam. It also reflects upon confidence in one's ability to do well in the U.S. It should be noted here that many of the low pay, low status premigrants had fair status in their village communities whereas they would be unprepared mentally

and educationally for low skilled urban life in the U.S.

Both sample populations are similar in the percentage of family members working. The major difference found is in those not working at all. Sixteen percent of the Oklahoma City sample are not working at all, a figure that is twice the percentage of the Tulsa group (8%). The two populations differ in living patterns primarily in those living alone (Tulsa, 25%; and Oklahoma City, 8%) and those who own their own homes (Tulsa, 27%; and Oklahoma City, 18%; see Table IX). The percentage of refugees owning their own cars is higher in Tulsa (86%) than in Oklahoma City (62%). As shown by the above statistics, the Tulsa respondents consistently appear to show greater prosperity than their Oklahoma City counterparts. This factor may positively influence the settling in process of the Tulsa group over the Oklahoma City group.

The extended family is an extremely important system in the lives of Indochinese people as discussed in Chapter II of this paper. Table X shows the percentages of extended family members of the respondents still in Indochina. The Tulsa respondents have a greater percentage of family members (spouses, children, and parents) still in Vietnam compared with the Oklahoma City respondents (Tulsa, 100%; and Oklahoma City, 55%). The two groups have similar percentages now living within extended family groups. The location of extended family members appears to play a role in the adjustment of Indochinese. Adjustment will be addressed in more detail later in this section.

The Tulsa and Oklahoma City Indochinese are in the process of settling into American life. Physical and mental health concerns may play a role in Indochinese Settling In and Adjustment stages. Table XI looks at the physical health concerns of the two samples. The Tulsa

TABLE IX

OKLAHOMA INDOCHINESE PROFILE
LIVING ARRANGEMENTS AND
TRANSPORTATION
SPRING 1979

	Tulsa (N=105)	Oklahoma City (N=50)
Living Arrangements		
Alone Nuclear Family Extended Family Other	24% 49% 13% 16%	8% 60% 12% 20%
Residence Status		
Home Owner Renter Sponsor's House Other	27% 55% 3% 17%	18% 74% 4% 4%
Transportation		
Own Cars No Car Use Buses Carpool Other	86% 3% 5% 5% 1%	62% 30% 0 8% 0

TABLE X

OKLAHOMA INDOCHINESE PROFILE
EXTENDED FAMILY
CHARACTERISTICS
SPRING 1979

	Tulsa (N=105)	Oklahoma City (N=50)
Close Relatives In Vietnam		
Spouse	11%	2%
Children	1%	0
Parent (s)	88%	54%
Brothers and Sisters	0	34%
None	0	10%
Living With Extended Family In U.S.	13%	12%

TABLE XI

# OKLAHOMA INDOCHINESE PROFILE PHYSICAL HEALTH CHARACTERISTICS SPRING 1979

	Tulsa (N=105)	Oklahoma City (N=50)
Increasingly Tired		
No Yes Other	33% 48% 19%	82% 14% 4%
Difficulty Sleeping		
No Yes Other	53% 39% 8%	80% 20% 0
No Yes	55% 45%	92% 8%
Health Worries		
No Yes	50% 50%	80% 20%
Current Illness		
No Headaches, dizziness Heart trouble Stomach problems Rhumatism Mental Illness Other	45% 28% 3% 7% 4% 4%	74% 8% 2% 6% 2% 0
Treatment For Medical Problems		
Help with traditional medicine at home Go to doctor/hospital Don't know Other	7% 76% 11% 6%	8% 38% 36% 18%

sample had a greater incidence of tiredness, loss of sleep, poor appetite, health worries, and current illness than the Oklahoma City group. When respondents were asked where they would get treatment for their medical problems, 76% of the Tulsa sample said that they would go to a doctor and/or the hospital while 38% of the Oklahoma City sample said they would use this source of help. A larger percentage of the Oklahoma City respondents (36%) said that they did not know where to get help compared to the Tulsa sample (11%). The Oklahoma City sample may exhibit these findings because 40% of them are relatively new to Oklahoma City and are not yet settled into Oklahoma life. The Oklahoma City group's lower English language proficiency may be another barrier to its seeking standard American health care. The high pay, high status premigration group (predominantly found in Tulsa) would have had a much greater exposure to the American way of life and urban health treatment practices than predominantly low pay, low status Oklahoma City premigration group. This may also explain this difference.

The mental health concerns (presented in Table XII) show that the Tulsa sample respondents confessed to a higher incidence of mental depression (Tulsa, 28%; and Oklahoma City, 12%). A higher percentage of the Tulsa group (27%) admitted to feeling anger frequently than the Oklahoma City group (10%). However, more of the Oklahoma City respondents expressed angry feelings sometimes (86%) than the Tulsa group (26%). A similar finding for the two groups was shown in the expressed feelings of depression, i.e. 21% of the Tulsans frequently felt depressed compared to 8% of the Oklahoma City group, whereas 86% of the Oklahoma City respondents felt depressed sometimes compared to 64% of the Tulsans. These findings support the theory in Chapter I concerning Stage IV,

TABLE XII

OKLAHOMA INDOCHINESE PROFILE MENTAL HEALTH
CHARACTERISTICS
SPRING 1979

	Tulsa (N=105)	Oklahoma City (N=50)
Feel Well		
Yes	43%	82%
No-physically ill	29%	6%
No-mentally depressed	10%	6%
No-both mental and physical	18%	6%
Get Angry Easily		
No	23%	4%
Sometimes	26%	86%
Yes, often	27%	10%
No answer	24%	0
Feel Depressed		
Never	9%	6%
Sometimes	64%	86%
Yes, often	21%	8%
No answer	6%	0
Strategies To Diminish Sorrow		
Alcohol and cigarettes	20%	12%
Hobbies	47%	54%
Gambling	8%	0
Friends	8%	4%
Endure secretly or cry	13%	28%
Other	4%	2%

Settling In. The Tulsans, who are further along in the adjustment process, are inclined to feel and express anger or depression more frequently than the more recent Oklahoma City migrants. The most popular strategies the two groups utilized to diminish their sorrows included hobbies (Tulsa, 47%; Oklahoma City, 54%); alcohol and cigarettes (Tulsa, 20%; Oklahoma City, 12%) and enduring their problems in private (Tulsa, 13%; and Oklahoma City, 28%).

One worry about marriage the Tulsa and Oklahoma City samples appear to have is the fear that they will be unable to find a suitable Vietnamese spouse. Almost twice as many Tulsans (20% versus 12%) as Oklahoma City residents expressed this fear (see Table XIII). The Tulsa group also had greater fear of having a "foreign" son or daughter. The difference between the Tulsa and Oklahoma City groups may be caused by the greater number of single Tulsans and the possible differential opportunities of meeting eligible Vietnamese. The Oklahoma City group with the established VAA has more access to ethnic group interaction than the Tulsa group which has few such opportunities. Four percent of each group were interested in finding a "foreign" spouse; 96% preferred a Vietnamese mate. This latter worry supports the need for ethnic identity and pride by Indochinese refugees.

Major concerns about family adjustment center around the respondents regret that their children adopt "modern" trends (Tulsa, 32%; and Oklahoma City, 27%). When asked their concerns about children's education, respondents regretted being unable to check their children's studies (Tulsa, 23%; Oklahoma City, 14%) and unqualified to tutor their children (Tulsa, 11%; Oklahoma City, 26%). Respondents felt concern about the influence of television on their children (Tulsa, 15%; Oklahoma City, 12%).

TABLE XIII

OKLAHOMA INDOCHINESE PROFILE
NUCLEAR FAMILY ADJUSTMENT

CHARACTERISTICS SPRING 1979

	Tulsa (N=105)	Oklahoma City (N=50)
Marriage Anxiety		
None	37%	78%
Worried about finding Vietnamese spouse	20%	12%
Anxious to marry a foreigner (American)	4%	4%
Anxious about having a foreign son or daughter Other	13% 26%	2% 4%
Concern About Family Situation		
Regret spouse Americanization Regret children's modern trends Other	3% 32% 65%	4% 27% 69%
Anxious About Children's Education		
No time to check children's studies	23%	14%
Not qualified to tutor children	11%	26%
Worried about influence of a. television b. narcotics	15% 4%	12% 0
Other	47%	47%

The Tulsa respondents higher educational background and facility in using English is reflected in these responses.

The two groups are close in regretting the passing of traditional ways. The slightly greater regret for Tulsa respondents is probably a result, once again, of lesser access to ethnic group interaction. These findings suggest that Oklahoma Vietnamese are concerned about the new roles and values their children are learning in the U.S. They may fear the loss of traditional authority and control over the younger generation.

#### Adjustment Process

The only factor in the VAA questionnaire that was relevant for adaptation to American life was the U.S. living standard. (This is an inherent weakness of the questionnaire.) The response to the question showed that 54% of the Oklahoma City respondents perceived this factor as the cause for their successful adaptation to American life as opposed to 29% of the Tulsa group (see Table XIV). This appears to be a contradiction to other findings showing that the Tulsa group is wealthier, better educated, and more pleased with their jobs. However, the finding is supported when examined in the context of physical and mental health worries. Perhaps more of the Tulsa group are living at a lower status than they had in Vietnam, and they, therefore, do not perceive their life in the U.S. to be at a higher standard of living. Another possible cause for the difference in perceived adaptation may well be their current stage in the migration process. The Tulsa group, having been in the U.S. longer, has had time to satisfy basic necessities and may now be more anxious to achieve their social and esteem needs (see Chapter II, Theoretical Framework). The more recently arrived Oklahoma City group,

TABLE XIV

# OKLAHOMA INDOCHINESE PROFILE SELF-PERCEIVED ADJUSTMENT TO AMERICAN LIFE SPRING 1979

	Tulsa (N=105)	Oklahoma City (N=50)
Are You Adapted To American Life		
Yes-because of high living standard No-fast paced mechanized life No-generation gap No-weather No-all above Other	29% 20% 12% 8% 14% 17%	54% 26% 2% 4% 12% 2%
Life Affected Most By*		
Unemployment, job dissatisfaction, low salary Sorry over loss of property and life	22%	22%
<pre>in Vietnam Worried about family in Vietnam Language barriers Other</pre>	15% 53% 27% 9%	6% 16% 52% 4%
*Tulsa sample answered more than 1 category		
Most Satisfying In Current Life		
Employment, job, economics Housing No forced military service Education possibilities for a. children b. self Other	28% 4% 5% 19% 41% 3%	36% 6% 2% 16% 28% 12%
Most Helpful Change In Life Style	3,6	12%
Employment Finances Housing Transport Other	37% 19% 8% 11% 25%	36% 14% 10% 18% 22%

on the other hand, in its search for (Stage III) physiological and security needs, is more easily satisfied with any job, home, or other solutions to basic needs. The presence of the VAA, in this respect, is probably a powerful factor in the self-perception of the Oklahoma City respondents as "adapted."

The major barrier to adjustment for Tulsa respondents appears to be their worry about family members still in Vietnam (53%) and their loss of property and life in Vietnam (15%) coupled with previously discussed job dissatisfaction (22%) and language barriers (27%). These strong ties to their extended families and country of origin are potent factors in their sense of well being. Conversely, Oklahoma City respondents have a smaller percentage of close family members still in Vietnam so this is not as large a concern for them (16%). However, language barriers appear to affect their adaptation the most (52%) followed by job dissatisfaction (22%) and worry about family members in Vietnam (16%).

When asked about the most satisfying factors in their current life, both groups valued educational opportunities for themselves and their children (Tulsa, 60%; Oklahoma City, 44%). Consistent with the Tulsan's higher educational levels, a higher percentage of Tulsa Vietnamese cited this factor. The next greatest factor was job opportunity (Tulsa, 28%; Oklahoma City, 26%). Education seems to be the key that both groups believe will improve their quality of life in the U.S., with enhanced employment opportunities as a result of this education.

When asked about their thoughts for the future, 20% of the Tulsa group thought it "will be great" compared to 2% of the Oklahoma City group. However, 54% of the Oklahoma City group thought it might be

"somewhat better," compared to 36% of the Tulsa group. Three percent of the Tulsa group thought it would be worse and none of the Oklahoma City group answered that category. Both groups had a large percentage of "no comment" (Tulsa, 30%; Oklahoma City, 26%).

Fifty-six percent of each view the future as being "somewhat better" or "great." This group apparently expects to achieve a good adjustment into American life. These individuals are probably self-reliant, upward striving people. Conversely, the group who believes the future will be about the same or worse or are unwilling to give comment are perhaps the population that will need the greatest assistance from service providers in the future.

The two VAA questions regarding social services and assistance revealed that 79% of the Tulsa group and 70% of the Oklahoma City group perceived that they received none at all (see Table XV). For both questions, a large proportion of the "positive" respondents chose the catch-all category of "other" (Tulsa, 12% and 23% respectively; Oklahoma City 10% and 26% respectively). It is, thus, difficult to ascertain the biggest sources of the assistance that these families do receive. The largest source of known assistance for the Tulsa group is scholarships (20%) with food stamps a low second (4%). These two sources are reversed for the Oklahoma City sample (scholarships, 10% and food stamps, 12%).

The profile findings reveal two important variables affecting the adjustment process, ethnic ties and English language proficiency. The next section of this chapter presents the findings of the service utilization portion of the study done in Tulsa.

TABLE XV

# OKLAHOMA INDOCHINESE PROFILE SOCIAL SERVICES AND ASSISTANCE RECEIVED SPRING 1979

	Tulsa (N=105)	Oklahoma City (N=50)	
Receiving Social Services			
Cash Medical Food Stamps Other None	2% 3% 4% 12% 79%	6% 2% 12% 10% 70%	
Other Types Of Aid			
Scholarship Rent assistance Individual assistance Other None	20% 1% 2% 23% 54%	10% 0 0 26% 64%	
Feelings About Sponsor			
Great Help Fair Could do better No help No comment	49% 29% 5% 9% 8%	10% 58% 10% 16% 6%	

#### Service Utilization

The following discussion of the findings of the Tulsa Service Utilization study examines whether ELP or ethnic ties may be viable predictors of current service utilization. The two predictors are examined separately against the three service utilization indicators selected. The findings are then summarized.

Table XVI shows the use of selected services by Vietnamese families in Tulsa. Almost 70% of the respondents use these services only rarely or not al all. It would appear that available services are not highly utilized by Vietnamese families in Tulsa even though the families have service needs. Medical services are the most highly utilized services by Tulsa Vietnamese followed closely by employment and financial services.

TABLE XVI
USE OF SELECTED SOCIAL SERVICES
BY VIETNAMESE FAMILIES

Response Categories	Employment Services n=65	Financial Services n=63	Medical Services n=62	Mean
Very Often	1.5%	6.3%	11.3%	6.36%
Often	7.7%	9.5%	8.1%	8.4 %
Sometimes	20.0%	14.3%	14.5%	16.26%
Rarely	30.8%	19.0%	19.4%	23.66%
Not at All	40.0%	50.8%	46.8%	45.86%

### English Language Proficiency

In order to test Hypothesis #1 (English language proficiency of Vietnamese refugees is positively related to use of community family services by Vietnamese families), the researcher asked the respondents to evaluate their ELP compared to other Vietnamese. A bivariate correlation matrix (r) of the study variables was prepared.

Table XVII shows the respondents' evaluation of their English language proficiency compared to other Vietnamese. Over 30% of the respondents evaluated their English proficiency to be "good" or "very good" when compared with other Vietnamese. This indicated that approximately one-third of the Tulsa sample perceive themselves as able to communicate in English, at least to some extent. However, over one-half of the respondents evaluated their relative English language proficiency as "O.K." and the remaining 15% as "poor" or "very poor." A significant percentage of this sample perceives difficulty in communication in the English language.

Table XVIII presents the bivariate correlation matrix (r) for the indicators of English language proficiency, ethnic community ties, and the three service utilization indicators. English language proficiency, as measured, does not appear to be strongly associated with either use of employment services (r = -.140), financial services (r = .095), or medical services (r = -.027). Squaring the three correlations  $(r^2 = 2\%, 1\%, and 0\%)$  shows that ELP does not appear to be significantly related to the use of social services. The correlation analysis does not provide sufficient support for the first hypothesis. Consequently, the hypothesis (English language proficiency of Vietnamese refugees is

# TABLE XVII

# ENGLISH LANGUAGE PROFICIENCY COMPARED TO OTHER VIETNAMESE (n=87)

Response Categories	Percentages
Very Good	11.5%
Good	19.5%
0. K.	56.3%
Poor	8.0%
Very Poor	4.6%

TABLE XVIII
BIVARIATE ASSOCIATIONS AND UNIVARIATE DISTRIBUTIONS

Variable	1	2	3	4	5	$\overline{\mathbf{X}}$	SD	N
1. E.L.P.	## for for	080	140	.095	027	3.25	.93	87
2. Ethnic Ties			.329	.218	.266	3.54	1.21	80
3. Employment Service				.402	.478	2.00	1.03	65
4. Financial Services					.658	2.02	1.28	63
5. Medical Services						2.18	1.40	62

positively related to use of community family services by Vietnamese families) was rejected.

The rejection of Hypothesis #1 needs some discussion. Elsewhere in the questionnaire, the respondents were asked to directly associate English language proficiency and utilization of social services. In response to the question, "To what extent does your English language proficiency prevent you from using social services?", 44% of the respondents answered "some," "a large," or "a very large" extent. In fact, 27% of the Tulsa sample identified language barriers as one of the most difficult problems that they faced in the U.S. However, when the separate measure of perceived English language proficiency was statistically correlated with service use indicators, the relationship was low, as indicated above.

A 1977 national sample reported by Montero (1979a) may provide some clarification. Montero found that English language proficiency did not appear to be related to employment rates:

The rate of employment for those reporting that they do not understand English at all is 88.8%. For those who speak, read, and write English well, the rate increases to 97%. It is difficult to explain the virtual lack of relationship between English language proficiency and the rate of employment. (p. 49)

It may be that the <u>motivation</u> to obtain needed services such as employment, financial aid, or health care is great enough that some alternative for language proficiency is found. For example, the language barrier may be overcome with the assistance of the Vietnamese ethnic community which would aid in: (a) providing an awareness of available services, and (b) facilitating communication with service providers.

Supporting the above speculation is the response to the question,
"How did you learn about these services?" Over 65% of the respondents

answered that Vietnamese friends, family or neighbors told them of the services. Nine percent learned about them from American friends, 8% from their sponsors, and the remaining 17% from churches, schools, social workers, nurses, and the media. It would appear that the majority of the Tulsa respondents are in direct communication with the ethnic community in learning about community services available to them. Ethnic ties, therefore, appear to be of greater importance to knowledge of services than ELP.

#### Ethnic Ties

In order to test Hypothesis #2 (the more an individual is tied to the ethnic community, the more likely he/she is to utilize social services approved by the ethnic community), the researcher asked the respondents to evaluate their need for positive acceptance within the ethnic community. A bivariate correlation of ethnic ties was made with the three service utilization indicators. Table XIX indicates how important it is to the respondent to have the high regard of the Vietnamese community. Fifty-five percent of the respondents felt it important or very important to have their ethnic community's high regard. Nearly one-third had mixed feelings about the Vietnamese community, and 15% denied the importance of ethnic community ties. The data suggest that these ties are generally important to Vietnamese.

Some association is found between Vietnamese involvement in the ethnic community and their social service utilization (see Table XVIII). The correlation between ethnic ties and employment service is r = .329 ( $r^2 = 11\%$ ). The correlations for financial assistance (r = .218;  $r^2 = 5\%$ ) and for medical assistance (r = .266;  $r^2 = 7\%$ ) are somewhat smaller.

# TABLE XIX

# THE EXTENT IT IS IMPORTANT TO HAVE THE HIGH REGARD OF THE VIETNAMESE COMMUNITY (n=80)

Response Categories	Percentages			
Very important	23.7%			
Important	31.3%			
Neither important nor unimportant	31.3%			
Not very important	2.5%			
Not at all important	11.2%			

While these correlations are modest, there are some grounds for tentatively supporting the hypothesis that the more an individual is tied to the ethnic community, the more likely he/she is to utilize social services approved by the ethnic community.

Another research finding supports the importance of ethnic community ties for Indochinese families. Tulsa Vietnamese are inclined to seek help from within their ethnic community. Table XX gives the sources of help reported by Tulsa Indochinese. Twenty-nine percent of the services utilized are supplied through Vietnamese friends or through the individual's and family's efforts. This would seem to indicate that the Tulsa Vietnamese have a relatively high incidence of independence from government assistance. Similar findings among Texas Vietnamese are reported by Sedanko (1978) and support the assertion that Vietnamese traditionally help themselves and their own family groups.

#### Summary

The first hypothesis was rejected in this study on the basis of the above analysis. The second hypothesis, while not strongly supported by the research data, was tentatively accepted. Even though ELP was rejected as a determiner of service utilization, it still appears to be a problem in effective service utilization.

To further understand the two hypotheses, the three social service utilization indicators were examined while controlling for possible related extraneous variables using partial correlation analysis. The researcher considered that the most important variables to control were shame, educational level, and income. Shame was considered to be a factor since traditional Asian society encourages shame as a behavioral

TABLE XX REPORTED SOURCES OF SERVICES

Service	Government Providers	Private Providers	Self Arranged and Vietnamese Providers		
Employment Services n=55	26.5%	54.8%	18.8%		
Financial Services n=44	38.7%	20.5%	40.9%		
Medical Services n=43	64.4%	8.8%	26.7%		
MEAN					
X	43.2%	28.03%	28.8%		

Department of Welfare, CETA, Health Department, State Employment Government Providers include:

Private Service Providers include: Catholic Charities, Churches,

Red Cross, Sponsors

Self Arranged and Vietnamese Providers include: Vietnamese friends,

family, and self paid

services

influence (Morales & Sheafor, 1980). Family loyalty plays an important role in Vietnamese conduct and acts as a source of pride and shame (Thuy, 1976; Nguyen, 1976). If using social services supplied by outside agencies would cause the family to feel shame, there should be a measurable difference in the relationship between ethnic ties and service use for those who feel shame and those who do not. Similarly, highly educated and upper income Vietnamese could be expected to evidence different relationships between ethnic ties and ELP with service use than lower educated and low income Vietnamese. Table XXI presents the bivariate and partial correlations while controlling for shame, education, and income. As can be seen, the relationships were basically unaffected when the effects of shame, education, and income were removed.

Although it was not hypothesized, there may be a fairly high degree of intercorrelation between the use of one social service within a context of general social service use. This is indicated by the following correlations:

- r = .402 financial services and employment services
- r = .478 employment services and medical services
- r = .658 financial services and medical services

The correlation between financial service and employment service may be partially explained by the source of financial assistance providing help along with employment assistance. Often government sources of financial aid are predicated upon the recipient's regular participation in an employment search. The highest correlation found, between financial and medical services, may be partially explained by the high cost of medical care. Vietnamese families needing medical care may also need financial help to pay for this care.

For the service utilization portion of this study, there was an

TABLE XXI

BIVARIATE AND PARTIAL ASSOCIATIONS CONTROLLING FOR SHAME, EDUCATION & INCOME

Variable Bivariate <u>ELP<sup>a</sup> Ties</u>	Biva	Bivariate		Partial Associations					
	Shame ELP <u>Ties</u>		Education ELP Ties		Income ELP <u>Ties</u>				
Employment	14	.329	15	.318	1368	.2445	15	.343	
	(n=60)	(n=57)	(n=43)	(n=43)	(n=57)	(n=54)	(n=53)	(n=53)	
Financial	.095	.218	.093	.212	.0839	.2043	.1031	.2105	
Assistance	(n=57)	(n=53)	(n=44)	(n=44)	(n=54)	(n=50)	(n=50)	(n=50)	
Medical	027	.266	035	.251	0328	.2682	0326	.2764	
Assistance	(n=57)	(n=53)	(n=43)	(n=43)	(n=54)	(n=54)	(n=49)	(n=49)	

a. English Language Proficiency

obvious interest in obtaining results which could be generalized beyond the sample. However, it was not clear that this sample was representative of any larger population. A comparison of the Tulsa sample with a 1977 national survey of Vietnamese refugees (Montero, 1979a) revealed rough similarity in time in the U.S., age, monthly income, federal public assistance rates, employment rates, and the proportion of refugees experiencing downward job mobility in the U.S. Where the Tulsa sample is atypical, however, is in the area of education. In the national sample, 50% of the heads of household had at least a secondary education and 25% were college graduates. In the Tulsa sample, 94% of the respondents had at least a secondary education and 59% were college educated (25% of the Tulsa sample are currently college students). This difference predicates that generalization beyond the Tulsa sample may be invalid and misleading.

In the next chapter, the conclusions and recommendations from this research are discussed. The Developmental Migration Model, the Oklahoma Profile, and the Social Service Utilization Study are each addressed separately.

#### CHAPTER VI

# CONCLUSIONS, IMPLICATIONS, AND RECOMMENDATIONS

The purpose of this study was to develop a theory of migration applicable to Indochinese refugees, compile a profile of Oklahoma Indochinese and study the effects of two ethnic factors on social service utilization. The first section of this chapter includes conclusions and implications of the three different phases of this research. The last section lists the research and policy recommendations.

# Conclusions and Implications

# Developmental Migration Model

The purpose for developing the Developmental Migration Model was to gain knowledge of the effects of the migration process on Indochinese refugee families. With the aid of the Developmental Migration Model, service providers should be in a better position to evaluate the needs and strengths of the refugee families they serve. Knowledge of how Preflight, Flight, Initial Entry, Settling In, and Adjustment stages directly affect migrating families should speed up the helping process and enable service providers to anticipate future problems and needs.

The Developmental Migration Model provides a framework of easily collected data on a refugee family which aids in predicting how successfully the refugee will pass through the various stages of acculturation.

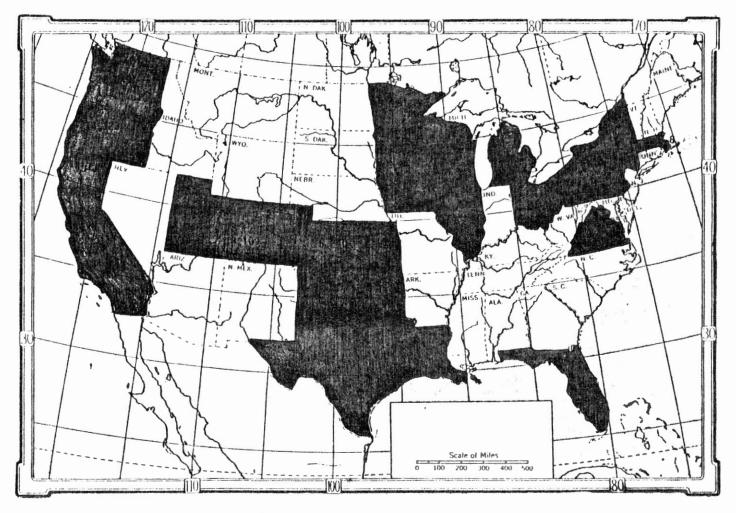
The emergent framework also aids in the determination of where the refugee is in this process and how best to provide the services needed.

The researcher has gone beyond the model and has developed an evaluation tool of Indochinese refugee service needs (Brown, 1981b) which is based on the DMM data (see Appendix F). This tool gives service providers a way of organizing the raw data in a form which is concrete and easily delineates complex information.

The Developmental Migration Model framework may also be of use in the evaluation of other migrating families such as Cuban refugees and economic migrants seeking better employment possibilities. Service providers aware of the five migration stages should be better prepared to assess and plan the kinds of service help that migrating families can best utilize, depending upon the stage of the migration process in which they are currently involved. Prevention programs are more possible to plan with a Developmental Migration Model perspective.

The National Profile delineated in the DMM presents important know-ledge of refugee concentrations. Going beyond the statistics presented and looking geographically at the 20 states of highest refugee concentration reveals five main patterns of state groupings (see Figure 9).

The three west coast states, California, Oregon, and Washington, have more than 50% of all the Indochinese refugees in the United States. The three gulf coast states have the next highest concentration with 13%. Six northern midwestern states contain 12% of the Indochinese in the United States followed by four east central coastal states with 7.7%. The last area of significant regional concentration are the four west central states of Utah, Colorado, Kansas, and Oklahoma containing 5.8% of the Indochinese. Together, these 20 states have 90% of all Indo-



Source: Refugee Reports (1981).

Figure 9. Regional Concentrations of Indochinese Refugees

chinese refugees. National planners with this understanding should plan regional offices in these five areas to serve the special regional needs of Indochinese refugees.

The DMM is also an educational tool for service providers to appreciate the complexity of their Indochinese clients. It is important that the cultural, as well as personal, uniqueness of Indochinese families be recognized. The DMM established in this research brings into focus the diverse cultural and national backgrounds of the refugees. In addition, it highlights the difference between the initial wave of refugees and later wave of "Boat People." These people do not all have the same needs or style of life. It is essential for service providers working with Indochinese families to understand and be sensitive to the uniqueness of this complex group of people. More information is needed about the "Boat People" to compile a more accurate profile of these Indochinese refugees coming since 1978.

The next section of this paper looks at the Oklahoma profile conclusions and implications.

#### Oklahoma Profile

The purpose of the Oklahoma Profile Study was to provide a current profile of the two major urban groups of Oklahoma Indochinese. One conclusion drawn from the findings is that the residents of each city are quite different in several important ways. The Tulsa group has better English language proficiency, is more highly educated, and appears to be further into the Settling In migration stage than the Oklahoma City Indochinese study group.

Due to the uniqueness of these two different refugee populations,

service providers must address different problems in each community. English language classes for Indochinese families are a more pressing need in Oklahoma City then in Tulsa. The profile findings also bring to focus the disparity of economic and transportation resources available to the two groups. The Oklahoma City group has less knowledge of how to obtain medical services than the Tulsa group. These findings suggest that Oklahoma City service providers are addressing the more concrete daily survival needs characteristic of the Initial Entry stage of migration whereas the Tulsa group is more concerned with psychological adjustment needs.

The profile findings alert service providers to the greater physical and mental health concerns of the Tulsa population than their Oklahoma City counterparts. Another conclusion drawn from the Oklahoma profile study is that Indochinese families in both cities place great importance on education for themselves and their children (see Table XIV in Chapter V). This finding suggests that one area in which help may be welcomed, accepted and utilized is the academic setting. Services based on an educational approach and provided in a nonthreatening setting may be better utilized than those services offered in traditional social service agency settings. Examples of this are parenting classes, American culture classes, and English language classes that address practical subjects at the same time. Haught (1979) speaks of the increasing number of Indochinese utilizing the nation's community colleges for English classes, vocational courses, and professional and academic study. She believes that this inexpensive academic opportunity offers important adjustment help. The Oklahoma profile supports Haught's findings with 25% of the Tulsa sample and 12% of the Oklahoma City group currently

being college students.

An implication from this research for Oklahoma service providers is the utilization of neighborhood schools as special service settings for Indochinese families. Services offered at schools can be provided without the stigma attached to social service agencies. Their location may be more accessible to Indochinese families as well. Tulsa, without a VAA equivalent, may be a good location to test this idea. School settings might be operative in increasing more social interaction between the majority culture Americans and Indochinese families. The adjustment process is always two dimensional. Indochinese families are being impacted by, and at the same time, are impacting upon American culture. Facilitating greater exposure for majority Americans to know and interact with Indochinese Americans ought to facilitate this adjustment process.

The profile study supports the conclusion that refugee families place great importance on their extended family ties. Although it appears from the 1979 profile study that Tulsa Vietnamese are more worried about their extended family in Vietnam than Oklahoma City Vietnamese, a 1980 VAA study in Oklahoma City shows that 80% of those interviewed were significantly concerned for their relatives left behind in Vietnam compared to 16% in the 1979 Oklahoma City sample (Vietnamese American Association, 1980). This may be an indication that the Oklahoma City Vietnamese are shifting from the Initial Entry stage to the Settling In stage of the migration process. Family worries contribute to feelings of depression. Service providers in both cities must help address family reconciliation needs and mental health needs of Indochinese families.

### Tulsa Service Utilization Study

The purpose of this research was to examine two types of ethnicity (language and community ties) and their relationship to service use among the Vietnamese in Tulsa. One conclusion from this research is that language proficiency is not a critical component in social service use. However, the study findings do indicate that English language proficiency is perceived as a problem for 27% of the Tulsa sample group. English language proficiency is an important factor in the adjustment process for Indochinese.

The second conclusion from this research is that ethnic ties play a role in service utilization of Vietnamese. Ethnic ties may even make up for language barriers. Indochinese lacking ELP but tied to the ethnic community receive help in getting needed services from their ethnic cohorts with greater ELP. In this sense, ethnic ties serve in the mediation of external social services.

From the findings, it is clear that Tulsa Vietnamese are inclined to seek help from within their ethnic community. These helping networks should be supported and strengthened whenever possible. If government funded services for ethnic minority families do not meet the needs they are intended to fulfill, new options clearly must be explored. The ethnic factors discussed in this study should be considered in the formulation of service programs. New definitions and strategies for providing services in ethnically sensitive ways also need to be considered. Currently, overhead and administration costs represent a high proportion of the monies earmarked for aid to Indochinese. The results of this study appear to support the movement of channeling more service funds for Indochinese families through ethnic service agencies. Where that is

impossible, training ethnic paraprofessionals to aid existing service agencies in helping ethnic communities may be necessary. Ethnicity as a factor in service delivery cannot be ignored.

#### Recommendations

The following recommendations for further research, policy, and services are made based upon the findings of this research.

#### Recommendations for Further Research

#### There is a need to:

- 1. replicate the DMM framework for other migrating groups such as the Cuban and Haitian refugee groups and economic migrant populations such as the Mexicans.
- 2. compile a more complete profile of the later wave of Indochinese refugees known as the "Boat People" to aid policy makers and service providers in serving this unique population.
- 3. conduct a content analysis of programs serving ethnic populations to identify those factors which are related to service utilization.
- 4. replicate the service utilization study with other Indochinese refugee populations to determine if findings regarding the relationship of ELP and ethnic ties to service utilization are consistent with findings in other states.
- 5. further test the profile and service utilization instruments for validity by doing another study in Tulsa and Oklahoma City.
- 6. study service provision strategies and evaluation of these strategies for ethnic populations to determine their usefulness.

#### Recommendations for Policy Makers and

#### Service Providers

1. Policy makers and service providers need to be more sensi-

tive to the unique needs of ethnic populations in their policy decisions and service implementation.

- Service agencies providing help to ethnic populations should attempt to hire more ethnic professionals and paraprofessionals.
- 3. Policy makers and service providers should be encouraged to utilize the current literature sources of program development, evaluation, and service strategies concerning the ethnic populations they serve.

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**APPENDIXES** 

#### APPENDIX A

POST WORLD WAR II INDOCHINESE WARS

#### POST WORLD WAR II INDOCHINESE WARS

#### French Conflict

The history of the war in Indochina helps to explain the huge migration of Vietnamese, Kampucheans, and Laotians to the United States and other nations. The roots of this war started as World War II was ending. With the Japanese power crumbling, Vietnamese Nationalists called the Vietminh (a coalition of Communist and nationalist forces) rushed to win power before French colonial rule could be reimposed. In March, 1944, the Vietminh under Ho Chi Minh's leadership organized the Democratic Republic of Vietnam committed to the destruction of Japanese military occupation and French colonialism. This new government gained power in Hanoi, Saigon, and the imperial city of Hue, making the Democratic Republic of Vietnam a reality (Gleb & Betts, 1979).

Following the end of WWII, the French returned to their colonial interest in Vietnam. They seized Saigon in September, 1945, and disbanded the factionalized Vietnamese coalition government. In March, 1946, the French made an agreement with the Vietminh which recognized the creation of the Vietminh state in the north as an autonomous member of the Indochinese Federation and the French union (Williams, 1976). In November, 1946, however, the French moved north to crush the Vietminh forces which made attempts at a settlement futile. On December 20, 1946, the first Indochina war officially began.

At the start of the war, the French brought back the former

Vietnamese Emperor Bao Dai from retirement in Hong Kong to head a rival

regime against Ho Chi Minh, the Vietminh leader (Gleb & Betts, 1979). The course of the war took the pattern of the cities being in control of the French and the villages and rural areas being controlled by the Vietminh. French conveys moving along the roads linking cities were regularly ambushed by the Vietminh. The modern military power of the French forces turned out to be of little avail in the guerrilla war fought by small units of the Vietminh (Gleb & Betts, 1979).

The Khmers of Kampuchea, inspired by the Vietminh success in Vietnam, organized their own resistence against the French in 1946. The Pathet Lao (The Lao National Movement), also organized a French resistence which increased France's military involvement in Indochina. In the summer of 1953, France granted Laos and Kampuchea their independence to concentrate all their military resources in Vietnam. In March, 1954, the French and Vietminh came to a fixed point of conflict at Dienbienphu near the Laotian border. To engage in this decisive battle, both sides had to overcome formidable supply problems. The Vietminh military moved food, ammunition and disassembled heavy weapons and equipment to the war zone with the help of bicycles and peasant farmers. The French, by contrast, were dependent upon air delivered supplies. Therefore, the Vietminh tunneled close to the French lines bringing guns and antiaircraft weapons to attack the airfield. Dienbienphu was captured on May 7, 1954 by the Vietminh. The political impact of this defeat brought about the withdrawal of France from Vietnam (Williams, 1976; Devillers & Lacouture, 1969; Millett, 1978).

A ceasefire agreement, finalized in Geneva in July, 1954, divided Vietnam at the 17th parallel. Vietminh troops were to move north and the French and South Vietnam troops were to move south. For 300 days,

a cease-fire was maintained to allow some 900,000 people to leave North Vietnam and become refugees in the south (Devillers & Lacouture, 1969). Many of the early Vietnamese refugees coming to the United States had been refugees from North Vietnam to South Vietnam in 1954.

#### United States Involvement in Indochina

In January, 1950, prior to France's withdrawal from Indochina, Communist China and the Soviet Union granted diplomatic recognition to the Democratic Republic of North Vietnam. This prompted the U.S. to recognize South Vietnam, the Kingdom of Cambodia (Kampuchea) and the Kingdom of Laos as independent states within the French Union. In May, 1950, a full scale U.S. aid program was announced for France's involvement in Indochina (Gleb & Betts, 1979). Along with the Korean Conflict, which also started in 1950, Vietnam was regarded as the second front of a larger struggle to check Communist expansion. The stand of the French against the Vietminh was seen as supportive of American resistance in Korea. Washington began aiding the French effort with military equipment, supplies and advisers. At the time of France's withdrawal from Vietnam, U.S. aid covered 80% of the costs of the Indochina War (Gleb & Betts, 1979). When Dienbienphu fell in 1954, the U.S. supported Ngo Din Diem as the new Premier for the South Vietnam Government, then headed by Bao Dui, working in association with the French. Diem, a well educated Roman Catholic patriot, assumed the presidency of South Vietnam in 1955. He crushed all resistence to his rule and ignored the planned 1956 plebiscite required by the Geneva accords of 1954. He feared a nationwide vote would favor Ho Chi Minh. His Vietnamese support was derived mainly from the Catholics and urban middle class, many of whom

were refugees from the north.

In 1957, the second Indochinese war began when the North Vietnamese Communists started a campaign to defeat Diem's power in the South by terrorizing and assinating pro-Diem officials. The Viet Cong (South Vietnamese Communists) joined by the North Vietnamese army utilized the strategies that defeated the French. They confined their attention to the villages and countryside leaving Diem's forces to control the urban centers and the main roads (Committee of Concerned Asian Scholars, 1970).

To help him with the Communist threat, Diem looked for help and guidance within his family. The Ngo family regime became very unpopular with many South Vietnamese. In December, 1960, South Vietnamese resistence fighters announced the creation of the National Liberation Front of South Vietnam (NLF). The NLF, sanctioned by the Hanoi government, was dedicated to the overthrow of the South Vietnamese Government (Committee of Concerned Asian Scholars, 1970).

U.S. military personnel gradually became involved in Vietnam. At first, they were known as military advisers and as early as July, 1959, two U.S. military advisers had been killed in action. In May, 1960, the U.S. announced an increase in military advisers to 685. By December of 1961, over 3,200 U.S. military personnel were in South Vietnam and they ceased to be called advisers. U.S. forces increased weekly, and by December, 1962, the U.S. forces totaled 11,300 (Millett, 1978).

The Ngo Regime started persecuting the Buddhist majority in 1963 which caused the Buddhists to openly defy the Ngo government. A Buddhist monk in Saigon protested the South Vietnam regime by drenching his robes in gasoline and setting himself aflame. A news photo showing

him with his hands in an attitude of prayer as he died shocked the world and weakened the Ngo family influence in Washington. President Kennedy ordered a reduction of the financial aid that kept the Ngo regime in power (Williams, 1976). This rebuke encouraged Saigon's senior military officers to overthrow the Ngo family regime via a November, 1963 military coup.

Following the Ngo family, a series of coups and counter coups brought 11 governments to power in two years. In 1965, the government headed by Nguyen Cao Ky and Nguyen Van Thieu came to power which put a stop to government instability (Lippman, 1978). The U.S. government was hopeful that this stable government would achieve greater success against the Communists.

By 1967, over one half million American troops were in Vietnam.

These troops, together with the South Vietnamese army, and troops from neighboring countries, totaled 1,300,000. Through the military intervention in Vietnam, both North and South Vietnam suffered heavier aerial bombardment than had been inflicted on the Axis powers throughout all of World War II and still there was no indication of peace. In 1970, the Nixon administration tried a new offensive by agreeing to the invasion of Kampuchea. The rationale for the attack was to prevent Communist North Vietnam forces from using Kampuchea as a staging ground. The Kampuchean leader, Shinouk, was toppled and, in March, 1970, General Lon Nol seized power. He aided the American and South Vietnam forces in their attempt to clear eastern Kampuchea of Communists. This resulted in the South Vietnamese soldiers going on a looting rampage in the homelands of their ancient enemies the Khmers. Vietnamese Communist forces were promptly dispatched from Hanoi to aid the Kampuchea Communist forces

(called the Khamer Rouge). This help enabled the Khamer Rouge to triumph against the Lon Nol forces in 1975. The new Communist government of Kampuchea then launched a policy of forcing the evacuation of the cities and resettlement of the people to labor as peasants. The results of these policies led to thousands of political and economic refugees leaving Kampuchea (Williams, 1976).

As American disillusionment with the Indochinese war increased, the strategy of Vietnamization was initiated. This strategy was to phase out American forces slowly enough not to jeopardize the battlefield situation, but fast enough to assuage American political opinion (Gleb & Betts, 1979; Nelson, 1982). Supplies continued to be sent to Saigon to help Vietnamese forces. U.S. Air Force personnel based in Thailand flew combat missions against North Vietnam. In January, 1973, peace talks produced a cease-fire agreement, but it was not effective. Finally, in 1975, the 2nd Indochinese war came to a close. The Communist North Vietnamese forces with their Southern allies, the National Liberation Forces, were victorious. When Saigon, the last city to be surrendered, was evacuated by the American Embassy in April, 1975, over 130,000 South Vietnamese became refugees abroad.

Laos, due to its strategic position, was important to both North and South Vietnamese forces during the war. The North Vietnamese controlled the Pathet Lao (Laotian Communists) and the United States controlled the Laotian Government with the help of CIA trained troops and bombing planes (Nelson, 1982). Finally, after 25 years of national division and conflict, the Pathet Lao gained control of the government in December, 1975, and established the People's Democratic Republic (Zasloff & Brown, 1978). In the wake of this Communist victory, more

than 100,000 people fled Lao as political refugees.

The end of the war in Indochina started the large migration of people from Vietnam, Kampuchea and Laos to the United States. In the next section, United States reaction to the war will be addressed.

#### United States Reaction to the War

Throughout the war in Indochina, there were two battlefronts: militarily, in Indochina, and politically, in the United States. The U.S. struggle was a clash between the political imperative not to loose a country to Communism versus the social and moral counterdesire not to get embroiled in an endless Asian land war. Popular support for the war in Indochina varied due to public reactions to the news coverage of the war and the bombing practices. The war was most highly supported by public opinion in 1965. This support slowly decreased until mid 1967 when opposition to the war outweighed support. Finally, in 1971, more than 60% of the U.S. population were against the war and less than 30% of the population were in favor of the war effort (Muller, 1973).

This was the first war in history to be graphically chronicalled for Americans through the medium of television. Daily news coverage displayed the evidence of the destruction and atrocities of war. Civil protests in the form of demonstrations, songs, literature, drama, draft card burnings, and draft evasions were used as weapons against the war on the home front. Many Americans refused to fight; some spent time in prison, others fled the country. In the political realm, President Johnson resigned from the 1967-68 presidential race partially due to the unpopularity of his Indochina War Policies (Lippman, 1978). President Nixon was elected in 1968 on a promise to end the American involvement

and to bring "peace with honor" to Indochina (Lippman, 1978). The political climate of the U.S. at the end of the Indochinese War was one of economic insecurity and distrust of government. Following the resignation of President Nixon over Watergate, President Ford was left with the task of guiding the country through the return of the war veterans, draft resisters, and the new influx of Indochinese refugees.

#### APPENDIX B

UNITED STATES REFUGEE LEGISLATION DISCUSSION

#### UNITED STATES REFUGEE LEGISLATION DISCUSSION

#### PL 94-23

In 1975, the first legislation PL 94-23 was passed. Known as the Indochinese Migration and Refugee Assistance Act, this law authorized emergency assistance for the transportation, maintanence, and resettlement of Indochinese refugees. It also permitted assistance to state and local public agencies to provide services for refugees. Vocational training was authorized to facilitate the assimilation of refugees into American society (U.S. Senate, 1975). The principle responsibility for resettlement was given to nine voluntary agencies.

#### PL 94-24

Legislation PL 94-24, also passed in 1975, made the initial appropriations for carrying out the projects outlined in PL 94-23. Approximately 300 million dollars was made available for social rehabilitation services through public agencies to assist the refugees' assimilation into American life. PL 94-24 mandated that these social service programs were to be limited to those refugees considered at high risk of becoming dependent on public assistance unless they received help with pressing problems. The major purpose of this assistance was to help vulnerable individuals and families achieve and maintain self-support.

#### PL 94-405

The 1976 "Indochina Refugee Children Assistance Act", PL 94-405, provided Federal assistance to states in order to assist local education agencies to provide special English language instruction and bilingual education for refugee children and emergency adult education programs for adult Indochinese refugees. Guidance and counseling for educational, career, and employment opportunities in conjunction with special projects were designed to develop occupational and related skills. Many of these programs were authorized under the Comprehensive Employment and Training Act of 1973 (CETA) and the Vocational Education Act of 1963.

Much literature has been generated concerning the challenge of educating Indochinese children and adults in American schools (Office of Refugee Affairs, 1975, 1976a, 1976b, 1979; Ogawa, 1975; Martin, 1976; McCarthy, 1976; Nguyen, 1976; Mulroy, 1977; Nguyen, 1978; and Deem & Marshall, 1980. Burmark and Kim (1978) report that 42 percent of the refugee population qualify for regular public education.

#### PL 95-145

In 1977, PL 95-145, "Indochinese Refugees - Records - Assistance," was passed. It outlined the process of enabling refugees to become U.S. permanent residents. This act further extended the period during which refugee assistance could be provided. The funds appropriated in this act reimbursed state and local public agencies for non-federal share of costs under the Aid to Families with Dependent Children (AFDC) and medicaid and medicare programs.

#### APPENDIX C

## VIETNAMESE FAMILIES IN OKLAHOMA COURSE OUTLINE

#### WORKSHOP: VIETNAMESE FAMILIES IN OKLAHOMA

FRCD 3810 or 5810 (1 - 2 Credits)
Approved for "Humanities Credit" for students in College of Business and College of Engineering

Open to all OSU students--there are no prerequisites. Vietnamese undergraduates and graduate students particularly encouraged. Graduates will have a supervisory role.

#### COURSE DESCRIPTION:

The course will consider social, emotional, historical, psychological, religious, and cultural problems faced by Vietnamese families in Oklahoma. Specific curricula will be developed for individual student interests. Guest lecturers will be encouraged.

#### **EVALUATION:**

Evaluation will be based on individual projects and field experience, there will be no exams. Students will be responsible for class presentations.

#### INDEPENDENT STUDIES:

Each student will choose a topic of interest to research and write up and present to the class. Possible suggestions for these areas are:

- 1. family structure and marriage patterns
- cultural values
- 3. ceremonial practices around birth, marriage, death, etc.
- 4. religious background and current religious practices
- 5. identity crisis in the U.S.

#### FIELD EXPERIENCES:

- I. Field experiences related to independent items 1 through 5 will be decided by interested students and course instructor.
- II. All students will be asked to participate in creating a questionnaire to:
  - A. Assess the needs for Oklahoma Vietnamese Families in the areas of:
    - 1. family and educational services
    - 2. physical and mental health services
    - 3. employment and job training
- III. All students will be trained in the administration of these questionnaires in their local communities.

#### **REGISTRATION:**

CID 37544 FRCD 3810 is Section 3 Credit 1-2 Friday 12:30-1:20 HEW 330

or (undergraduate credit)
CID 31548 FRCD 5810 is Section 1 Credit 1-2 Friday 12:30-1:20 HEW 330 (graduate credit - permission of instructor required)

This course has been approved for "Humanities Credit" for students in College of Business and College of Engineering. Verification can be made in appropriate Dean's Office.

For further information, please contact:
Sara Brown or Godfrey Ellis
at 333 HEW or x5061

#### APPENDIX D

LETTER TO VIETNAMESE FAMILIES IN TULSA



### Oklahoma State University

DEPARTMENT OF FAMILY RELATIONS AND CHILD DEVELOPMENT

STILLWATER, OKLAHOMA 74074 241 HOME ECONOMICS WEST (405) 624-5057

Dear Vietnamese family,

The Department of Family Relations in the faculty of Home Economics at Oklahoma State University and the American Vietnamese Association in Oklahoma City are working together to learn of the special needs Vietnamese families have in Oklahoma. We are concerned with knowing the special needs your family face in order to better plan family services for the Vietnamese Community.

In the next few weeks you will be receiving a call from a Vietnamese student asking you to participate in an interview. Your opinions will be most helpful. We believe that Oklahoma's Vietnamese families should have an opportunity to share their opinions which will enable your special needs to be better known.

We look forward to talking to you. Once all the opinions of the Tulsa Vietnamese families are known, a report will be written to help Oklahoma service providers better understand Vietnamese families.

Thank you for your cooperation.

Sincerely,

Dr. Godfrey Ellis
Associate Professor
Department of Family Relations
and Child Development
Faculty Associate
Family Study Center

Sara N. Brown Research Coordinator

Sara N. Broson

Kinh Thua Quy Vi,

Phân Khoa Kinh Tế Gia Đinh thuộc Viên Đại Học Oklahoma State (OSU) và Hội Việt Mỹ tại Oklahoma City dạng phỏi hợp trong việc tim hiểu nhưng nhu cấu dặc biệt của các gia dinh Việt Nam tại Oklahoma City. Chúng tội rất quan tâm dên vấn dễ tim hiểu nhưng nhu cấu dặc biệt của quy vị. ngô hầu có thể soạn thao nhưng chương trình tốt dẹp hòn, nhằm mục dich giúp dỗ Công Đong Người Việt.

Trong vai tuần lễ tối, một sinh viên Việt Nam sẽ diễn thoại den quý vị dễ xin dước phong vấn. Ý kiến của quy vị sẽ rất huu ich. Chung tôi tin tương rằng sự chập thuận của quy vị là một dóng gọp lớn lao và huu hiệu trong việc cắi tiến dói sống của Công Đông Người Việt.

Sau khi thấu thấp ý, kiến của quy vị, chúng tôi sẽ đúc kết một bản tường trình gửi đến nhưng có quan đẩm trách việc giúp đổ người Việt Nam. Với bản tưởng trình nây, chúng tôi hy vọng nhưng có quan trên sẽ thông hiểu nhưng nhu câu của quy vị hón để giúp đổ quy vị một cách thiết thực.

Chúng tôi thanh thật da tạ sự hộp tác của quy vị.

Trấn trọng Kinh Chão.

#### APPENDIX E

# PROFILE AND SERVICE UTILIZATION QUESTIONNAIRE

VIETNAMESE AMERICAN ASSOCIATION OKLAHOMA STATE UNIVERSITY FAMILY STUDY CENTER	Name (Ten) Age (Tuổi) Address (Địa Chi)
NEEDS ASSESSMENT FOR VIETNAMESE QUESTIONNAIRES	Occupation (Nghê Nghiệp
1. SEX (PHAI) A. Male (Nam) ( ) B. Female (Nu) ( )	
2. AGE (TUOI)  A. From 19 to 25 (Tu 19 den 25) ()  B. From 26 to 30 (Tu 26 den 30) ()  C. From 31 to 40 (Tu 31 den 40) ()  D. From 41 to 50 (Tu 41 den 50) ()  E. From 51 to 60 (Tu 51 den 60) ()  F. Over 60 Trên 60 ()	
3. EDUCATION (GIAO DUC)  A. Elementary (Grade 1st, 2nd, 3rd, 4th, 5th Tiều Học (Lợp 1, 2, 3, 4, 5)  B. Junior and Senior High (Grade 6th, 7th, 8 Trung Học Đề Nhật Cấp và Đề Nhị Cấp (Lớc ())  C. College (Year 1, 2, 3, 4) Đại Học (Nắm Thiện Education (Year 1, 2, 3, 4) Giảo Dil, III, III, IV) (,)  E. Other (Những thủ khác) ()	th, 9th, 10th, 11th, 12th) 5p 6, 7, 8, 9, 10, 11, 12) Thu I, II, III, IV) (,)
4. RELIGION (TÔN GIÁO) A. Ancestor worship (Thổ Ông, Bả) () B. Buddhism (Phật Giáo) () C. Catholicism (Công Giáo) () D. Protestantism (Tin Lanh) () E. Others (Nhưng Đạo Khác) ()	
5. FAMILY SITUATION (TINH TRANG GIA DINH) A. Single (Độc Thân) () B. Married with children (Co gia dinh vã cor C. Married without children (Co gia dinh, kh D. Widowed (Goa Phu) () E. Divorced (Ly di hoac la không sống chung F. Others (Tinh trạng khác) ()	lông con) ()
6. WHO ARE LIVING WITH YOU (ONG (BA) DANG SO A. You live by yourself (Single, divorced, wi Song môt minh (dộc thân, ly di, goa phu)	(dowed)

```
C. Spouse and Children (Vo va Con)
        D. Spouse, children and parents (Vo, con va Cha Me) ()

    E. Spouse, children, parents, brothers, sisters (Vo., con, Cha Me va Anh Chi Em) ()
    F. Others (Nhung nguoi khac) ()

7.
        WHAT WAS YOUR PROFESSION? (Before you came to the USA)
       ÔNG (BA) LAM NGHE GI? (Trước Khi đến Hoa-Kỹ)
       A. M.D., Engineer, Professor, Other Intellectual profession
Cao Hoc, Ky Su, Giao Su, Nhung nghe tri oc khac
        B. Officer (Major to General) High ranking officials (Director to Secretary
            of State)
            Tuổng Lanh Cao Cấp ()
       C. Business, Industrial, Contractor (Buon Ban, Ky Nghê, Thau Khoan)
       D. Officer (Sergent to Captain) Officials (Chief of Section to Chief of Service) Teacher (Si Quan (Trung Si den Dai Uy) (Quan Trương) Thây
            Giáo ( )
       E. College Student, Elementary Student (Sinh Viên Hoc Sinh) () F. Soldier, Officials (Binh Si) ()
       G. Small business, worker, laborer (Tieu Thương, Thọ) ()
       H. Others (Nhưng nghệ khác) ()
       WHAT'S YOUR PROFESSION NOW? (HIỆN THỐI ONG (BA) LAM NGHẾ GI?)
A. M.D., Engineer, Professor (Cao Học, Kỹ Sử, Giao Sử) ()
8.
       B. Skillworker, Laborer, Small business (Tho chuyển môn, Lao dông, Buon ban nhỏ hoặc Thường gia nhỏ) ()
       C. Unskill worker (Không có nghệ chuyển môn) ( )
D. College student, Student (Sinh Viên Đại Học, Học Sinh) ( )
       E. Others (Nhung thu khac) ( )
       ARE YOU PLEASED WITH YOUR PRESENT JOB? (ÔNG, BĀ CÓ HĀI LONG VIỆC LÀM HIỆN TẠI KHÔNG?)
9.
       A. Very Pleased (Rat hai long) ( )
       B. Pleased with the job but not with salary
            (Thich việc lam nhưng không bắng long tiên lương) ( )
       C. Pleased with the salary but not with the job.
(Bang long tiên lương nhưng không thích công việc do) ()
       D. Pleased with the job and the salary but not with the staff (Thich cong việc vã tiến lương nhưng không thích ban diễu hanh)
       E. Not very pleased (but it's all right)
       Không thịch lam (nhúng tạm dước) ()
F. Others (Vân dê khác) ()
       ARE YOU PLANNING TO CHANGE THE JOB? ONG BA CO DU DINH THAY ĐỐI VIỆC LẠM KHÔNG?
10.
       A. Yes, I am looking for a new job (Vang, dang tim việc mói) () B. Yes, If I can find a better job (Vang, nêu kiếm dực việc tốt hón)
       C. No (Không) ( )
       D. I want to quit to go back to school, to rest, or because of family
            situation
            Muốn nghi việc để di học, để đương súc, hay vi lý do gia cảnh
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```
INCOME (Per Month) LUÓNG THANG?
11.
        A. Under $400 (Duoi 400$) ( )
       B. From $400 to $600 (Tự 400$ dên 600$) ( )
C. From $600 to $800 (Tự 600$ dên 800$) ( )
D. From $800 to $1000 (Từ 800$ dên 1000$) ( )
        E. Over $1000 (Trên 1000$) ( )
       DO YOU HAVE ANY PROFESSIONAL SKILLS THAT YOU CONSIDER THE MOST
12.
       IMPORTANT?
        NGHÉ CHUYẾN MÓN NAO QUAN TRONG NHẤT?
        A. Medical skills (Y Khoa), ( )
        B. Building skills (Xây cât) ()
       C. Skills in electricity (Điện) (.)
D. Skills in electronics (Điện tủ) (.)
       E. Administrative and fiduciary skills (Quan tri) ( )F. Educational skills (Giao Duc) ( )
       G. Art skills (Nghệ thuật) ( )
H. Mechanical skills (May moc) ( )
I. Tailoring skills (May) ( )
J. Others (Nhúng nghệ khác) ( )
       HOW MANY PEOPLE IN YOUR FAMILY ARE HOLDING A JOB? BAO NHIEU NGƯỚI TRONG GIA ĐINH ĐANG CƠ VIỆC?
13.
        A. Myself (Tôi) ( )
        B. Myself and my spouse (Tôi va người hôn phôi) ()
        C. Myself and my spouse and my parents (Tôi, người hôn phối và cha
            Me ( )
        D. Myself and my spouse, my parents or one of my parents and 1 to 3
            of my children
            Tối, người hôn phối, cha me, hoặc cha hay me và 1 đến 3 dua con
        E. Myself, my spouse, my parents or one of my parents and 4 to 6 of
            my children
            Tôi, người hôn phôi, cha me, hoặc cha hay me và 4 dên 6 dua con
        F. Nobody (Khong co ai) (, )
        G. Others (Truong hop khac) ( )
        ARE YOU RECEIVING ANY SOCIAL AIDS? ONG BA CO NHÂN TRO CAP CUA XÃ HOI KHÔNG?
        A. Social security (unemployment) Tro cap that nghiệp ()
B. Cash money (Tiên mặt) ()
C. Medicaid and Medicaie (Tro cap Y-Tê) ()
        D. Food Stamps (The mua, thúc phẩm) ()
        E. None (Không có tró cấp) ()
F. Others (Nhưng tró cấp khác) ()
        ARE YOU RECEIVING ANY OTHER TYPE OF AID?

ÔNG BÀ CÓ NHÂN TRO CẬP NAO KHAC?

A. Scholarship (Hoc bông) ()

B. Renting assistance (Tro giup tiến mươn nhã) ()
        C. Aid from individual or association (Tro cap tu ca nhan hoac hoi) ( )
D. Others (Tai tro khac) ( )
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HOW DO YOU FEEL ABOUT YOUR PRESENT PROFESSIONAL PERFORMANCE? ÔNG BÃ CẨM THẨY CÔNG VIỆC HIỆN TẠI RA SAO? A. I can work about as well as before (Lam viec tot như thương lê) ( B. It takes an extra effort to get started at doing something. Cân gang súc de bat dâu lam một việc gi. ( ) C. I have to push myself very hard to do anything. Rang het suc minh de lam môt việc gi ( ) D. I can't do any work at all Không thể lam bất cử việc gi ca () DO YOU FEEL USUALLY TIRED? (ÔNG BÀ THƯỚNG CẨM THÂY MỆT KHÔNG)? A. Not more than before (Không mệt nhủ trước kia) (),
B. Getting tired more easily than before (De mệt hón trước) ()
C. Getting tired doing almost anything (De mệt bất cử lam chuyên gi) ( ) D. Others (Chuyen khac) ( ) DO YOU SLEEP WELL? (ONG BA CO NGU NGON KHONG? A. As well as usual (Ngu ngon như thương) ( ) B. I don't sleep as well as I used to (Không ngũ ngon nhú thương lê) C. I wake up 1-2 hours earlier than usual and find it hard to get back to sleep. Thực dấy 1 hay 2 giố sóm hón vã kho mã lấy lại giấc ngữ () D. I wake up several hours earlier than I used to and cannot get back to sleep. Thức dây nhiều giỏ sốm hón mọi bua va không lấy lại dựoc giác ngữ ( ) E. Others (Truong hop khac) ( ) DO YOU HAVE A GOOD APPETITE? (ONG BA CAM THAY AN CO NGON KHONG)? 19. A. Not worse than before (Không tệ hơn trước) ()
B. Not as good as usual (Không ngon, như thường lệ) ()
C. Much worse now (Tế hơn trước) () D. Not at all any more (Không con ngon núa) () \* Câu hỗi tư số 20 đến 22 chung tôi không để cấp đến. ARE YOU WORRYING ABOUT YOUR HEALTH? (ONG BA CO LUU Y DEN SUC KHOE KHONG? A. I am no more worried about my health than usual Chung tôi không con bấn tâm đến sưc khỏe nưa ( )

B. I am worried about physical problems such as aches and plains or

C. I am very worried about physical problems, and it's hard to think

Chung tôi ban tâm dên, chẳng han như nhúc dấu, sốt ruột hay táo

Chúng tôi rất bấn tấm đến súc khỏe va khó mà chung tôi có thể nghĩ

upselt stomach, or constipation.

bon ()

of much else,

dên chuyên khác.

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* Cấu hỗi tu 24 đến 25, chúng tối không để cấp ở dây.
        DO YOU FEEL WELL? (ÔNG BĀ CẨM THẨY KHỐE KHÔNG?)
        A. Well physically and mentally (Suc khoe va tam tri van binh thương)
        B. Well physically, not mentally (depressed)
            Khoe nhung tam tri bat an ( )
       C. Well mentally not physically
Tâm tri binh thương nhưng không khốc ()
D. Not at all (mentally and physically)
Suc khốc và tâm tri dêu sa sút ()
       E. No, ill mentally and physically
            Không binh hoan tâm tri lần tinh thần ( )
       DO YOU HAVE ANY OF THE FOLLOWING?
ONG BA CO BI NHUNG CHUNG BENH SAU DÂY KHÔNG?
27.
       A. Chronic headache, dizziness, loss of sleep
Dau dau, chong mat, mat ngu ( )
B. Heart disease ( Dau tim) ( )
       C. Tuberculosis (Ho Lao) ()
D. Stomachache (Dau bao tu) ()
       E. Chronic rhumatism (Phong thap) ()
       F. Mental illness (Tinh thân suy nhước) ()
       G. None (Không bị nhưng chưng bệnh não cắ) ( )
H. Others (Bệnh khác) ( )
       DO YOU BELIEVE THAT YOUR ILLNESS COULD BE TREATED?
ONG BA CO TIN RANG CHUNG BENH CUA ONG BA SE DUOC CHUA TRI KHONG?
       A. Yes (Tôi tin diệu do) (,)
       B. No, not sure (không chắc) (
       C. No, not at all (Hoan toan không chúa duốc) ()
D. No, not entirely (Chi chúa duốc một phân não thôi) ()
       E. I don't know (Không biết) ( )
       F. Others (cam nghi khac) ( )
       DO YOU FEEL LIKE GETTING ANGRY EASILY? ONG BA CO BUC TUC MOT CACH DE DANG KHONG?
29.
       A. Yes, with total loss of self control
Vang, hoan toan không tự kiểm soát duốc ()
B. No, not easily (Không dễ dang) (1)
       C. No, I don't get angry at all (Chang giân ai cà) ( )
D. No answer (Không biết) ( )
       DO YOU FEEL DEPRESSED VERY OFTEN?
       ÔNG BA CO THƯỚNG HAY CHAN NAN KHONG?
       A. Yes, always (Vang, luôn luôn) ()
       B. Sometimes (thinh thoung) ( )
       C. Never (Không bao giố) ( )
D. No answer (Không biết) ( )
       WHAT DO, YOU DO TO DIMINISH YOUR SORROW? (To be asked when depressing
       TRONG LUC CHAN NAN ONG, BA THƯƠNG LAM GI?
                                                                         sorrow is present)
       A. Alcohol/Drugs/Cigarettes
           Uống rướu, hút thuốc ( )
       B. Hobbies (Reading, Movies, Traveling) Doc sanh, xem Cine, Du lich
       C. Gambling (Danh bai) ( )
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D. Looking for companionship (Tim ban) ()
        E. Enduring it secretly (Chiu dung môt ca'ch am thâm) () F. Crying (Khọc núc nò) () G. Others (Bang ca'ch khác) ()
* Câu hỏi số 32 chung tôi không muốn để cập đến
        ARE YOU ADAPTED TO THE AMERICAN WAY OF LIFE? ONG BA CO THICH UNG VOI DOI SONG HOA KY KHONG?
        A. No, it's too mechanized, too hasty (Không, vi qua may mọc) ()
B. No, because of the generation gasp (Không, bòi vi sự ngắn cách thể
             hê) ( )
        C. No, because of the weather (Không, bởi vi thời tiết) ( )
D. All of the above (Tất cấ nguyên do trên) ( )

    E. Yes, because of the high standard of living
Thich ung, boi doi sông tại dây cao ( )
    F. Others (Nhưng nguyên do khác) ( )

       DO YOU HAVE ANY CLOSE RELATIVE STILL IN VIET NAM?
ONG BA CON CO NGƯỚI THẬN THUỐC Ở LẠI VIỆT NAM KHÔNG?
A. Spouse (Người hôn phối) ( )
34.
        B. Both parents or one of them (Cha, Me hoac ca hai) ( )
        SINCE YOU ARE IN THE USA WHAT HAS AFFECTED YOU THE MOST? TU KHI O HOA KY SU KIEN NAO-DA GAY ANH HUONG CHO ONG BA NHIÊU NHAT?
        A. Unemployed (That nghiệp) ( )

    B. Not pleased with the job (Không hai long với việc lam) ( )
    C. Salary too low (Tiến lường qua thấp) ( )

        D. Sorry over the loss of the property and the way of life in V.N. Thương tiec của cai va lôi sông Việt Nam ()
        E. Worried about spouse still in Viet Nam
Lo lang ve người hón phối con ở lại Việt Nam ( )
        F. Worried about close relatives still in Viet Nam
             Lo lang vê họ hang con ở lại Việt Nam
        G. Being left by your lover, impoliteness of the children, behavioral problem from your spouse
             Bi người yêu bỏ, sử vô lễ của con cai, bất đồng về lỗi an ở của người
             hơn phối ( )
       H. Language barrier (Kho khan vê ngôn ngủ) ()
I. None (Không co gi ca) ()
J. Others (Thư khac) ()
       WHAT DO YOU THINK ABOUT YOUR FUTURE? ONG BA NGHI GI VE TUONG LAI?
36.
        A. Great, Nice (Rât kha) ( )
        B. It might be better than the present (Co thể khá hón hiện tai) ( ) C. The same as now (Như hiện tai) ( )
        D. Worse than now (Tê hon hiện tai) ( )
        E. No comment (Không có y kiến) ( )
F. I don't know (Không biết) ( )
        G. Others (Nhan xet khac) ( )
        IS THERE ANY EVENT IN YOUR LIFE THAT YOU CANNOT FORGET? SU KIẾN NÃO ĐÃ XÂY RA VÀ LAM ỐNG BÁ KHÔNG BÁO GIỐ QUẾN ĐƯỚC?
37.
        A. Spouse, parents, children dead of killed
             Chêt chóc cửa người hôn phối, Cha Me hoặc con cai ( )
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B. Being jilted (Bị lua gat) ()
C. Unsuccesful in career, education (That bai trong việc lam, học van)

          D. Being exiled (Bi luu day) ( )
E. Accident or serious illness (Tai nan hay benh nang) ( )
         F. Close relatives left behind (In Viet Nam)
Nhưng người thân thuộc con sot lại (O' Việt Nam) ()
G. All of the above (Tắt cả sử kiến trên) ()
          H. None (Không) ( )
I. Others (Sư kiến khác) ( )
* Cau họi tư 38 den 41 không để cấp ở dấy
         DO YOU RENT OR OWN THE HOUSE YOUR'RE LIVING IN? NHA ONG BA HIEN CU NGU DO ONG BA LAM CHU HAY THUE? A. I own the house (Toi la so huu chu can nha) ( )
          B. I rent the house (Toi thuê nha d) ()
          C. The house belongs to our sponsor (Can nha nay cua người bao trở) (
          D. Others (Trường hợp khác) ( )
         WHAT KIND OF TRANSPORTATION DO YOU HAVE? PHUONG TIEN DI CHUYEN NAO ONG BA DANG DUNG?
          A. Over 4 cars (Nhã có hỏn 4 chiếc xe hỏi) ( )
         B. From 1 to 3 cars (Co tu 1 den 3 xe hoi) ()
C. No car (Không co xe) ()
D. Using bus (Xu dung xe buyt) ()
E. Car pool (Di chung xe) ()
          F. Others (Phuong tien khac) ( )
         WHO SPEAKS FLUENTLY ENGLISH IN YOUR FAMILY?, , TRONG GIA DINH ONG, BA, AI LA NGUÓI NOI TIENG ANH KHA? A. Every body (Tât cả mọi người) ( ) B. Only me (Chi rieng tòi) ( ) C. Nobody (Không cò ai) ( ) D. Others (Môt nhân xet khac) ( )
         DO YOU LIKE TO BE WITH FRIENDS?
ONG BA CO THICH SONG CUNG BAN BE KHONG?
45.
         A. No (Không) ()
B. Yes, but I don't have any (Co thich, nhưng tới không cá ban) ()
C. Yes, usually with Vietnamese friends (Co, thương sống với ban Việt Nam)
          D. Yes, usually with American friends (Co, thương sông với ban Mỹ)
          E. Others (Khac cac câu trên) ( )
         WHAT DO YOU THINK ABOUT YOUR SPONSOR? (individual or group) ONG BA NGHI THE NAO VE NGUOI BAO TRO (Ca nhan hay hôi doan)
         A. Great help, nice people (Ho la người rất tốt) ()

B. Fair (Ho la người tốt) ()

C. The sponsor could do better (Ho có thể lam khác hon) ()

D. No help (Ho không giúp dước gi) ()

E. No comment (Không ý kiến) ()
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DO YOU PLAN TO MOVE TO ANOTHER STATE? If Yes, What is the reason? ONG BA CO DU TINH DI CHUYEN QUA TIEU BANG KHAC KHONG,
           Neu co, Nguyên do gi?
           A. No (Không) ( )

B. Yes, to look for a more compatible job
Co, de tim môt công việc kha quan de thích hợp hón ()
C. Yes, because I don't have any friends here
Co, bởi vi tôi không cơ ban ở dây ()

           D. Yes, because of the bad weather here Co, boi vi thoi tiet qua xâu ( )
           E. Yes, to see a different place (Co, tim môt dia diễm khác) () F. No comment (Không y kiến) ()
G. Others (Trường hợp khác) ()
48.
           WHEN DID YOU ARRIVE TO THE U.S.?
          ONG BA DÊN HOA KY KHI NAO?

A. Before May 75. (Trước Tháng 5 Nam 75) (),

B. From 5/75 to 5/76 (Khoảng thối gian 5/75 den 5/76) ()

C. From 5/76 to 5/77 (Khoảng thối gian tư 5/76 den 5/77) ()

D. After 5/77 (Sau tháng 5 Nam 77) ()
49.
           HOW DID YOU GET TO THE U.S.?
           ÔNG BÀ ĐẾN HOẠ KY BANG PHƯƠNG TIÊN GI?
           A. By plane (Bang may bay) ( )
B. By ship (Bang tau) ( )
           C. By boat (Bang ghe, thuyên) ( )
           D. Others (Bang phuong tien khac) ( )
           WHY ARE YOU ANXIOUS ABOUT YOUR CHILDREN'S EDUCATION? TAI SAO ONG BA LO LANG VE HOC VAN CUA CON CA'!?
50.
          A. Not enought time to check (control) their studies
Không dủ thời gian dế kiểm soát sử học của chúng ()

B. Not qualified to teach (to tutor) them
Không dử khá nang dễ day (hay kem) chúng

C. Because of some shows on T.V. might affect on their education
Tại vi một vai chương trinh trên Vô Tuyên Truyên Hinh anh hưởng dên
học hanh của chúng ()

D. Narcotics addict [Hut sach (nghiên thuộc)] ()

E. Others (Không y kiến) ()
           ARE YOU ANXIOUS ABOUT TRYING TO RECOVER YOUR STANDING YOU ONCE HAD
           IN VIET NAM?
           ÔNG BÀ CÓ LO NGHI HỐI PHUC CHÚC VI CƯ KHÔNG?
           A. Yes, so much I can't eat or sleep
          Co, rât nhiều nen không ăn hay ngu duốc ()
B. Yes, quite a bit (Co, it thôi) ()
C. Yes, (Some) or a little bit (Co, hỏi một chut) ()
          D. No (Không) ( )
          REGARDING YOUR JOB, WHAT ARE YOU CONCERNED ABOUT? ONG BA LO LANG TRONG CONG VIEC KHONG?
52.
          A. Cannot match strength with the American
          Không so sanh duốc với người Mỹ ()

B. Do not have a good health (Không có suc khỏe tốt) ()

C. Do not understand English (Kem Anh Ngủ) ()
          D. The work is too much mechanical—Not encough time to rest Cong viec nang nhoc—Không du thời giố dễ nghi tay ( ) E. Others (Chuyến khác) ( )
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WHAT DO YOU THING ABOUT YOUR FAMILY SITUATION? ONG BA NGHI GI VE TINH TRANG GIA DINH?
        A. Regret spouse "Americanization" (Vo Chong "My Hoa") ()

B. Regret children following "modern trends" too fast, too early

Con cai bien doi qua nhanh qua som theo khuynh huong Au My ()
        C. Others (Nhung tinh trang khac) ( )
* Cau hỏi tư 54 dên 55 chung tôi không để cấp ở dây
        ARE YOU ANXIOUS ABOUT MARRIAGE? ANH HOAC CHI CO LO LANG CHUYEN HON NHÂN KHÔNG?
        A. Yes, anxious to not find any Vietnamese spouse Co, lo không tim được người hơn phối Viet Nam ( )

B. Yes, anxious to get married to a foreigner Co, lo lang viec hon nhan ngoai chung ()
C. No (Không) ()

        D. Yes, to have a foreigner son or daughter Co, lo se co con re hoac con dau ngoai quốc () E. Other (Chuyên khác) ()
        SHOULD A MEMBER OF YOUR FAMILY GET SICK, WHAT WOULD YOU DO? ONG, BA SE LAM GI NEU NGUOI NHA BI BENH?
57.
        A. Help him at home (traditional medicine)
        Chủa benh tại gia (theo loi cổ truyền) ()
B. Take him to a doctor/a hospital (Dua dên Bac Si hay nhã thương) ()
        C. Don't know what to do (Khong biet phai lam gi) ( )
        D. Others (Cach khác) ( )
        WHAT PROBLEM ARE YOU FACED WITH WHEN YOU OR A MEMBER OF YOUR FAMILY
58.
        GET SEVERELY_ILL?
        KHI NGƯỚI NHÃ BỊ BỆNH NHƯNG KHO KHAN NÃO MÃ ỐNG BÃ GẤP PHÁI?
        A. Don't know what to do nor where to go
Chang biet phải lam gi, dem di dấu ( )

B. Don't know how to get to a doctor or to a hospital
Không biết cach liên lac với Bác Si cung nhú den benh viên ( )
        C. Don't know about modalities for admission in a hospital Khong biết gi về thủ tục để vao benh viên ()

D. No health insurance (Không có bao hiểm suc khôe) ()
        E. No money (Không có tiện) ( )
F. Others (Nhưng kho khan khac) ( )
      WHAT'S YOUR HOBBY OR HOBBIES? (THU TIÊU KHIÊN CỦA ÔNG BÃ LÁ GI?)
59.
        A. Movies (Ciné) ( )
        B. Sports (The thao) ( )
        C. Playing chess and cards (Danh co, Bai) ( )
        D. Reading, fishing, and gardening (Doc sach, câu ca, va trông hoa) ( )
        E. Shopping (Di mua sam) ()
        F. Traveling (Du lich) ()
        WHAT IN YOUR CURRENT LIFE SSATISFIES, YOU THE MOST?
        VÂN DÊ NÃO LÃM ÔNG BÃ HAI LONG NHẤT?
        A. The high economical level (Mưc sống cao) ()
B. The nice housing (Nhã của dep) ()
        C. Exemption of military service (Mien thi hanh nghia vu quan dịch) ()
D. All children can go to school (Con cai deu duoc di học) ()
E. The opportunity to improve my knowledge (Co cơ hội mỏ mang kiến thuc)
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	F. Good job (Cong viêc lam tốt) ( ) G. Others (Vân dễ khác) ( )
61.	WHAT IS THE MOST HELPFUL CHANGE THAT YOU WANT TO HAPPEN TO YOUR CURRENT LIFE HERE IN U.S.A.?  SU THAY ĐỐI NÃO DƯỚI DÂY DƯỚC COI LÃ HƯU ICH NHÂT?  A. Transportation (Phương tiến di chuyển) ()  B. Job (Nghế nghiệp) ()  C. Housing (Nha của) ()  D. Finance (Tai trỏ) ()  E. Others (Thư khac) ()
SUPPI	LEMENTARY: PHAN BO TUC:
1.	How many members in your family speak English?, Trong gia dinh Ong Ba co bao nhiều nói duốc tiếng Anh? Poor (Chút dinh) () Fair (Duốc) () Good (Kha) ()
2.	How many members in your family want to enroll in English Classes? 3 Bao nhiều người trong gia dinh Ông Ba muốn ghi danh học lớp Anh Ngủ?
	Beginning class (So cap) (), Intermediate class (Trung cap) () Advanced class (Cao cap) () Vocational English class (Anh Ngd Huong Nghiệp) ()
3.	How many members in your family are unemployed? Trong gia dinh Ong Ba co bao nhiều người thất nghiệp?
	Men (Ông) , Age (Tuổi) , , , , , , , , , , , , , , , , , , ,
4.	How many members of your family are underemployed and need a better job? Bao nhiều người trong gia dinh Ông Ba có việc lâm va dang cấn một việc lãm khác thích hợp hón?
	1 ( ) 2 ( ) 3 ( ) 4 ( )
5.	How many members in your family need a job? Trong gia dinh Ong Ba co bao nhiều người cấn việc lam?
	1 ( ) 2 ( ) 3 ( ) 4 ( )
6.	How many members in your family need a vocational training before getting a job?  Bao nhiều người trong gia dinh Ông Ba cần dực huẩn nghệ trước khi tim việc?
	1 ( ) 2 ( ) 3 ( ) 4 ( )

Day la danh sach nhung co quan phục vụ gia dinh. Ban chỉ diễn chủ X khi tra loi I. Here is a list of family services. Place an X for your answers.

Is each service available to	you?		Y	our e	xtent	of	use?		Who	pro	vide	eac	h se	rvic	e to y	ou?					
Một trong những cổ quan nấy c vụ ban không?	o the	è phục	]	u dun			?	1	Ai	sě 1	à ng										
M DAIL KIMING	YES Co Don't know Không	NO Không	Very often	Thuông thuông Often	Thinh thoang Sometimes	Rarely it khi	Hoān toān không Not at all		Nha tho Cong giao	Welfare (DISRS)	CETA	Diéu hanh nhân viên State Employment	Hoat dông thanh ni Youth Services	Khổi sử Head Start	Hội hông thập tử RED CROSS	Sponsor Cro	Ty y te Health Dpt.	Church	Van phong chân yvi Guidance Clinic	Ban Việtnam Vietnamese Friends	Other Thd khác
1. Employment Aid	6.												g,						g. B		
2. Vocational Training Truöng thúc nghiệp 3. Financial Assistance Phu cấp tại chánh 4. English Language Classes Lộp day Anh Ngủ 5. Medical Care Trợ giup Y-Tế 6. Family Planning Kế hoạch gia dinh 7. Immunization Chích ngưa 8. Family Counseling Cổ vấn gia dinh 9. Food Stamps The cấp mua thúc phẩm																					
10. Transportation Phương tiên di chuyển	+	-		1				-	$\neg$							-	-	$\vdash$	-		
11. Recreation for Youth, Giai tri cho thanh thiệu niel 12. Juvenile Delinquency Help Cai huân duối vị thanh niên 13. Services to Aged Phục vụ cho người lớn tuổi																					
14. Adult Education ,- , Học vấn dãnh cho người lớn																		_			

II. HOW DID YOUR LEARN ABOUT THESE SERVICES? (LAM SAO ANH BIET DUOC NHUNG CO QUAN NAY?)

 Vietnamese friends, family, neighbors Từ nhưng người bạn Việt Nam, Gia dinh, người hang xóm

 American friends, or neighbors Nhung nguôi ban Mỹ, hay nguôi Mỹ hang xom

3. Social worker, out reach worker Nhan vien xa hôi

4. Health nurse o

5. School Truong hoc

6. Doctor's office Van phong Bac Si

 Newspaper, yellow pages of Phone book Bao chi, phân giấy vang trong quyên Điên thoại niêm giám

8. Sponsor Người bao tró

9. Church Nha tho

10. County Home Economist Van phong Thuong Mai

III. IF YOU HAVE NEVER USED THESE SERVICES TO WHAT EXTENT ARE THESE THE REASONS YOU HAVE NOT USED THEM?

NEU BAN CHUA BAO GIÓ DUNG DEN NHƯNG CÓ QUAN NÂY, THỊ NGUYÊN NHÂN NÃO BẠN KHÔNG XỮ DỤNG?

1. Did not need them Khong can may

2. Use private services
Dung nhung co quan tu

 I don't have transportation to use them Tôi không co phuông tiến di chuyển dên nhưng cổ quan nây.

 I can't speak English well enough to use them , Tôi không noi thông thao Anh Ngư

 I feel ashamed to use them Tôi cam thay xau hô khi dung den nhúng có quan nay

 I did not know I could use them Tôi không biết tôi co quyền dung dên nhưng có quan nây

Very Large Rất Nhiều	Large Nhiểù	Some Iť	Small Rat it	Not at all Không cố gi
1	2	3	4	5
1	2	3	4	5
1	2	3	4	5
1	2	3	4	5
1	2	3	4	5
1	2	3	4	5

IV. HERE IS A LIST OF PEOPLE WHO MAY OR MAY NOT HAVE BEEN HELPFUL TO YOU SINCE YOU MOVED TO OKLAHOMA. PLEASE TELL ME HOW MUCH, IF AT ALL THEY HAVE HELPED YOU, TOI DUA RA 1 DANH SACH SAU DAY LA NHƯNG NGƯỚI NÂY CO THỂ HAY KHÔNG THỂ GIỰP DO ANH TỰ KHI ANH VỀ SỐNG TẠI TIẾU BANG OKLAHOMA. XIN ANH VUI LONG SỬ GIỰP DỐ NHỦ THỂ NÃO NEU NHƯNG NGƯỚI NÂY GIỰP DO ANH.

l. Social worker Nhan viên Xa Hôi

2. Sponsor

Nguoi bao tro 3. Vietnamese friends Ban be Vietnam

Very helpful Rất tấn tấm	Helpful Tận tâm	Somewhat Binh thườn	Little g) It	No help Không giúp
1	2	3	4	5
1	2	3	4	5
1	2	3	4	5

4.	Vietnamese	professional
	Giối chức V	lietnam

5. Teachers

Giáo Sú 6. Doctors

Bac Si

7. Psychiatrists Nha phâm tâm học

8. Health nurses Y ta dieu duong

9. Church minister Muc Sú

Very helpful Rất tần tầm	Helpful Tán tám	Somewha Binh thứ	No help Không giúp	
1	2	3	4	5
1	2	3	4	5
1	2	3	4	5
1	2	3	4	5
1	2	3	4	5
1	2	3	4	5

V. TO WHAT EXTENT DO YOU FIND IT IMPORTANT TO YOU TO HAVE THE HIGH REGARD OR APPROVAL OF THE FOLLOWING PEOPLE?

MUC -DÔ NAO ANH CAM THÂY QUAN TRONG ĐỔI VỚI ANH KHI ANH -DUỐC SỬ LỬU TÂM CỦA NHỮNG NGƯỚI SAU -ĐÂY.

1.	American friends
	Ban My
2.	Sponsor
	Người Bao Tró
3.	American Community
	Cong Dong Người Hoa Ky
4.	Vietnamese Friends
	Ban Việt Nam
5.	Vistnamese Community

Cong Đông Việtnam

Very important	Important	1	Not very	Not at
Rat quan trong	Quan trong	nor Un-	important Khong con quan tron	important
		Quan tron va không	8	5.5
1	2	3	4	5
1	2	3	4	5
1	2	3	4	5
1	2	3	4	5
1	2	<sup>'</sup> 3	4	5

VI. TO WHAT EXTENT DO YOU FIND THE FOLLOWING DIFFICULT IN OKLAHOMA? -DÊ HOA ĐÔNG VÃO XÃ HOI OKLAHOMA, MÃ ANH CAM THÂY KHO KHẨN CHO ANH?

Very

1.	Getting to know Oklahoma
	families?
	Lam quen voi nhung gia dinh
	dia phuong (Oklahoma)
2.	Talking to Oklahoma people
	Nói chuyên với người Oklahom
3.	Talking to teachers and

other service professionals Noi chuyen voi giao sử va nhân viên của nhưng có quan

Rat kho khan	Kho khan	Binh- thường	Không cần	Khong con quan trong
1	2	3	4	5
1	2	3	4	5
1	2	3	4	5

Difficult Somewhat Not very

Not at all

4.	Allowing	my.	child	iren	to
	Allowing Toi cho	phep	con	cai	tôi

- a. Go out alone at night Đi chỏi một minh ban dêm
- b. Go out on dates Di den mot cuoc hen
- Drive my car
   Duóc lái xe tôi
- d. Disagree with me
- Không dông y với Cha Me e. Watch T.V. & Movies Xem T.V. va Phim My
- 5. Getting used to the Oklahoma weather. Chiu dung quen voi thoi tiet cua Oklahoma chua?

Very difficul Rat kho khan		1	Not very difficult Không cần	Not at all difficult Khong con quan trong
1	2	3	4	5 .
1	2	3	4	5
1	2	3	4	5
1	2	3	4	5
1	2	3	4	5
1	2	3	4	5

### VII. HOW WOULD YOUR RATE YOUR ENGLISH SPEAKING ABILITY COMPARED TO , KHA NANG VA TRINH DO CUA BAN NHU THE NAO NEU SO SANH VOI NGƯỚI KHAC

a. Other Vietnamese you know, Nhưng Người Việtnam khác mã ban biết

b. Americans Người My

- c. Your family members
  Nhung nguồi trong gia
  dinh ban
- d. Your best friends Nhung ben chi'then

Very good Rât giỏi	Good Good	OK Tam	Poor Khá	Very poor Qua kem
1	2	3	4	5
1	2	3	4	5
1	2	3	4	5
1	2	3	4	5

VIII. HOW CLOSE ARE YOUR NEAREST VIETNAMESE NEIGHBORS? SECOND NEAREST NEIGHBORS? BAN CO'NHUNG NGƯỚI LANG GIẾNG VIỆTNAM KẾ CẦN KHÔNG? NGƯỚI KẾ NỮA?

1.	Same	bu1]	lding
	Cung	4 4 17	nha
	Cans	ua,	*****

- 2. 1 block away Cach 1 day that xa
- 3. 2-3 blocks
  Cach 2 hoac 3 day
- 3. 4-6 blocks Cach 4 hoar 6 day
- 5. More than 1 mile Cach hon 1 cay so (dam)

A.	Closest neighbors
в.	Lang giếng thất gấn Second closest
	Lang giêng kê.

IX. WHAT DO YOU REQUIRE TO MAKE YOUR LIFE HAPPIER IN OKLAHOMA?

NHUNG NHU CÂÙ CAN THIET NAO ĐÈ BAN CO ĐÓI SỐNG THOÀI MAI HON TAI OKLAHOMA?

#### APPENDIX F

EVALUATION TOOL OF INDOCHINESE REFUGEES
SERVICE NEEDS AND DISCUSSION

## EVALUATION TOOL OF INDOCHINESE REFUGEE SERVICE NEEDS Sara N. Brown, M.S.W. (1981)

+++++ lension Producing to
Family
----Strength to Family
- - -Tenuous Relationship

PRE MIGRATION CHARACTERISTICS  1 2 3 4 5 6 7  SES 10 rid hi	MIGRATION PROCESS  Date Left Homeland	EXTENDED FAMILY CHARACTERISTICS Still in Homeland: None Some Many
Religion	Date Arrived USA Method of Migration Time in Camps	In Process of Migration:  Relocated Where:  With Family Unit:
English 0 1 2 3 4 5 6 7 Proficiency/no lo md hi  Extended Family 0 1 2 3 4 5 6 7	IT duma of Exit	CURRENT FAMILY CHARACTERISTICS
Ties lo md hi	VB NTB MD SOME NONE  DIAGRAM OF FAMILY: Give Ages, Sex &  Initials	SES 1 2 3 4 5 6 7  Religion  Jobs: Wife Husband
HOST COMMUNITY CHARACTERISTICS  Climate  Rural or Urban?  Unemployment Rate  (Lo Md Hi)  Other Minority Groups?		Children           English Proficiency:         0         1         2         3         4         5         6         7           none         some         excellent           HEALTH:         Physical         0         1         2         3         4         5         6         7           Physical         Poor         0K         Excellent
Job Potential -  Education Facilities 1 2 3 4 5 6 7  Education Facilities 1 2 3 4 5 6 7  Attitudes Toward Indochinese:  Non 1 2 3 4 5 6 7 Welcome  Welcome  Presence of Indochinese Community:  O 1 2 3 4 5 6 7  None Some Large  Established	SERVICE AGENCY INTERACTION:  VOLOGCETA  ENGLISH CLASSVO TECH  HEALTH SERVICES  PUBLIC SCHOOLS	Mental

#### TOOL DISCUSSION

The first step in using the tool is to diagram the family being evaluated, giving the sex and age of each family member. The premigration characteristics are then assessed, giving number values to socioeconomic status, English language proficiency, and extended family ties. Information about the migration process is shown with numerical values given to health and exit trauma. Extended family characteristics are listed, showing the location of important family members.

Current family characteristics are listed with number values given to socioeconomic status, English language proficiency, health, housing, and transportation. Service agency interactions of the family are recorded and the last section evaluates the host community characteristics. This tool ideally should be filled out from the viewpoint of the Indochinese family itself. Areas of conflict, strength or tenuous relationships between families and the characteristics given on the tool will also be drawn. Those families having the highest composite scores and showing the greatest relationships of strength should have the highest adjustment potential. Further research with this tool is indicated.

Once the evaluation has been completed, this tool offers service providers a quick, fairly comprehensive evaluation of an Indochinese family's areas of strength and need. Service providers with an accurate knowledge of services available in the community can then direct these families to the community resources available to them. This tool might

also be used as a case summary that can be quickly shared in case consultations and service planning sessions.

VITA

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#### Candidate for the Degree of

#### Doctor of Philosophy

Thesis: MIGRATION PATTERNS, LANGUAGE PROFICIENCY AND ETHNIC COMMUNITY TIES AS FACTORS IN THE SOCIAL SERVICE UTILIZATION AND THE ADJUSTMENT OF INDOCHINESE FAMILIES

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