HOSPITAL INTERIOR DESIGN

SPECIFICATION

DEVELOPMENT

By

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When a study is made in any specialized area, credit should not be given only to its author. It is with the help of his faculty, specialists in the area, and others knowledgeable about the field that the author can have a more complete picture of what he is studying.

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CHAPTER I

INTRODUCTION

Architectural innovations in hospital design have changed the traditional institutional appearance associated with hospital structures into contemporary designs which allow transition from the exterior environmental setting. The interiors, too, continue the transition not only from the exterior but also from the residential to the institutional.

Placement, function and durability of products used in hospitals head the considerations a designer must face; but the aesthetic qualities such as color and texture can affect the psychological atmosphere as well. Attitudes of patients, their families and the hospital staff can ultimately affect recovery.

The typical austere clinical look of hospitals of the past is being replaced with warm, more inviting interiors. Cool colors, ceramic tile walls and hard flooring are frequently being replaced by warm earth colors, vinyl wall covering and carpeted floors.

Changes in the shapes of patient rooms from the rectangular to innovative areas which include at least one diagonal wall have produced trapezoidal, hexagonal and other angular shapes. Placement of beds on the angled wall may facilitate patient handling.

The architect in developing his design works with the hospital board and staff to help determine the functional flow. General specialty suites and room dimensions have been established by the time the interior designer is consulted. The flow pattern has been charted and the areas arranged accordingly. Open space regions designed for business office, lobby, lounge or waiting room use are often the responsibility of the interior designer. Definition of these spaces can be achieved through the use of a contrast of carpeting and resilient flooring, a contrast of patterns or colors in carpeting, or through furniture grouping as well as divider screen panels.

Graphics and color keying of specific areas of the hospital and universal visual identifications aid in the ease of traffic flow.

Waiting rooms and lobbies do not comprise a majority of the space in a hospital. Patient rooms and areas for specialized treatment dominate. Most of these areas call for specific equipment. This machinery by nature of its function is an integral part of the space design. Many products now being designed are aesthetically more pleasing and lend themselves to more attractive interiors than formerly. When specialized equipment is obtained directly from hospital supply companies, it is not generally the responsibility of the interior designer. However, knowledge of the dimensions and color of this equipment is essential.

New developments in hospital furnishings have revolutionized the design approach in certain areas. The introduction of modular furnishing systems exemplifies a new approach to health care interiors. This and other innovations such as environmental care units and the patient room supply system will be covered in ensuing chapters.

This study involves the development of design specifications for hospital interiors and <u>does not encompass</u> the design of the structure except where it pertains to the division of space. Product knowledge is vital to the designer/specifier. Flooring, wall treatments, lighting,

furnishings and communication systems must be combined as an integral whole. Lack of vital information in any of these areas can be unfortunate toward the function of the finished interior.

Purpose

The purpose of this study is to provide interior designers, students, and administrators unfamiliar with hospital requirements a reference which may acquaint them with some of the specifications needed for hospital interiors.

Procedure

The procedure of this study was to review the literature and investigate current installations at the Stillwater Municipal Hospital as well as selections for the Stillwater Municipal Hospital scheduled for completion Fall, 1975, and from these studies developed criteria applicable to the selection of flooring, wall covering, color, lighting, and furnishings.

CHAPTER II

REVIEW OF LITERATURE

Health care is becoming one of the nation's fastest growing industries. As a result, interest in the field has increased. Architects, interior designers, and manufacturers as well as those actually working in the area such as doctors, nurses and administrators are all becoming cognizant of the new trends in hospital design. Awareness is increased by regularly featured articles in <u>Interiors</u> and <u>Interior Design</u>, publications of both residential and contract interiors, <u>Contract</u>, the magazine of commercial furnishings and interior architecture, <u>Architectural Record</u>, <u>Progressive Architecture</u> and the <u>AIA Journal</u>, publications directed toward architects.

Experienced designers of medical facilities generally agree that a hospital environment should be humanistic, warm and functional. The importance of color, finishes, and furnishings have been discussed by Mary Louise Shum, A.I.D.¹ and designer Jain Malkin², both of California, and James Falick, A.I.A. of New York City.³ These and other designers differ in opinions about specific use of such techniques as supergraphics but have similar interests in their search for solutions to the physiological and psychological needs of both patients and staff within the hospital.

Flooring

In <u>Interiors</u>, Herbert Bright, a flooring consultant, reviewed resilient and hard surface flooring. The different types of vinyls and other resilient products were included as well as wood, marble, ceramic, stone, slate and brick. Designer-supplier relationships and installation procedure information acquaint the designer with the business aspects of resilient flooring.⁴ New product information is featured periodically in <u>Interiors</u> and in <u>Contract</u>. Innovations in construction and design are pictured with a brief synopsis describing them. Manufacturers' literature supplies information on their products outlining performance, suggested end uses and recommended maintenance procedures. The general concensus of all was that, of the resilient floorings, vinyl asbestos tile is currently the most widely used. Poured epoxy terrazzo-like surfaces are generally preferred where conductive flooring is needed.

Innovations in carpet have changed its end uses, especially in the contract field. Bernie Egerter discusses flamability, wearability, main-tenance, acoustics, traction, static and color of carpeting as outlined relating to health care use.⁵

Wallcoverings

New developments in wall treatment are featured in both <u>Interiors</u> and <u>Contract</u> magazines and in numerous other design publications. At least two issues per year discuss vinyl wallcoverings as well as High Performance Architectural Coatings, their uses, types of coatings and general characteristics. Most of the articles are centered around product information. Throughout design magazines products are featured and accompanied by photographs. The trends in the design of wallcoverings

can be visually interpreted through these photographs which are frequently in full color. Specification guides supplied by manufacturers describe their products and give their suggested uses. Selection of wallcoverings is flexible, as many new products insure durability and ease of maintenance as well as contributing to the aesthetic quality of the hospital.

Color

Color selection for hospital interiors involves both physiological and psychological effects of color. Mary Louise Shum⁶ and James Falick⁷ feel that color is an integral part of the design of the hospital. In these articles and in <u>Hospitals</u>, <u>J.A.H.A.</u> the behavioral effects of color in interior design are discussed. Absence of stress, relief from the monotony of long stays and the effect of color in diagnostic areas are all considerations the designer faces in selecting colors for hospital interiors. Faber Birren, noted for his research in color, explores the use of color in everyday life, color in diagnosis, psychiatry and color, and the effect of color on mood.⁸

Lighting

Lighting is a highly technical area which is mainly the responsibility of the architect. The I.E.S. Lighting Handbook, a publication of the Illuminating Engineer Society, provides a list of the minimum footcandles needed in each particular area of the hospital.⁹ The choice between the use of incandescent or fluorescent fixtures depends upon the activity in the space for which it is selected. When maximum visability and consistent illumination are needed, fluorescent lamps may be

preferred. When warmth and a less harsh environment is desired, incandescent lighting fulfills this need. Whichever lighting is selected, most sources agree that a consistency of color in diagnostic areas is essential.

Furnishings

Product literature in issues of <u>Interiors</u> magazine which featured health care furnishings and brochures from manufacturers provided information on current innovations in hospital equipment and furnishings. "Design Lines", a regular feature in <u>Hospitals</u>, <u>J.A.H.A.</u>, follows current trends and developments in hospital design. A guide for hospital equipment buyers, published annually in this magazine, lists hospital products and services currently available.

August Hoenack, Chief of the Architectural and Engineering Branch of the Public Health Service, suggests layouts of each hospital department including interrelationships and inventory lists of equipment and furnishings. Although most of this information is directed toward architects, interior designers can also benefit from suggestions regarding finishes and furnishings.¹⁰ For a detailed discussion of patient housing, therapy, supply, housekeeping, administrative, business and utility systems, Roy Hudenburg has devoted the majority of his book, <u>Planning the Community Hospital</u>, to these areas.¹¹ Brochures and product information as published by manufacturers are listed in Appendix H.

FOOTNOTES

Mary Louise Shum, "Hospital Interiors Should Comfort, Entertain---Not Excite," <u>Interiors</u>, CXXXIV (1974), pp. 93-94.

²Jain Malkin, "Thoughts on Interior Design of Medical Facilities," <u>Interior Design</u>, XLIII (1972), pp. 157, 170-171.

³James Falick, "Inmate...Patient...Patron," <u>Interiors</u>, CXXXII (1972), pp. 102-104.

⁴Herbert Bright, "The Do's and Don'ts of Resilient and Hard Surface Flooring," <u>Interiors</u>, CXXX (1970), pp. 158-159.

⁵Bernie Egerter, "Carpet World in Hospitals and Nursing Homes," <u>Interiors</u>, CXXXII (1972), p. 76.

⁶Shum, pp. 93-94

⁷Falick, pp. 102-104.

⁸Faber Birren, <u>Color</u>: <u>A Survey in Words and Pictures</u> (New Hyde Park, New York, 1963), pp. 177-212.

⁹John E. Kaufman, ed., <u>I.E.S. Lighting Handbook</u> (New York, 1972), pp. 9-84 - 9-85.

¹⁰August Hoenack, "Health: Hospitals," <u>Time-Saver Standards for</u> <u>Building Types</u> (New York, 1973), pp. 327-366.

¹¹Rov Hudenburg, <u>Planning the Community Hospital</u> (New York, 1967), pp. 130-402.

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CHAPTER III

DEVELOPMENT OF SPECIFICATION CRITERIA

Designing interiors involves the use of a wide range of materials. Knowledge of suitability and availability of these products is vital to the designer. This knowledge is especially important when dealing with health care interiors. Continued awareness of the different products for flooring, wall treatments, lighting, and furnishings is necessary for responsible designing. Color is an aspect which appears in all of these areas.

Flooring

Resilient and Hard Surface Flooring

Resilient and hard surface flooring were predominately used until the late 1960's when carpet was introduced into hospital interiors. In certain areas such as operating rooms, delivery rooms, fracture rooms, cystology, radiology, and most laboratories, carpet would not be so practical as resilient or hard surface flooring.

According to Alden Mills:

Conductive floors have been essential in anesthetic areas, although some hospitals using increasing amounts of non-explosive anesthetic gases are designing some rooms without conductive features. Brass stripping is no longer recommended and some authorities are skeptical of conductive terrazzo because it can develop innumerable cracks for the retention of bacteria. Conductive ceramic or vinyl tile has fewer crevices and is proportionly more acceptable. Many planners favor the trowel applied floor-

ings of epoxyresins and polyesterins.¹

In 1950, a static-conductive solid vinyl flooring was developed which dissipates electrostatic charges from persons wearing conductive footwear and from properly grounded equipment. This smooth continuous floor covering resists abrasion and chemicals, and helps to muffle sound and reduce foot fatigue.

Hard surface flooring refers to natural products such as wood, marble, slate, stone, brick, terrazzo, and ceramics. Durability in wood flooring necessary for contract use has been achieved through recent technology. The wood is saturated throughout its pore structure with a liquid plastic (acrylic or monomer) and is hardened by exposure to nuclear radiation. The result is the toughness of terrazzo, permanent color and low maintenance.² Wood flooring can be used in some areas such as hospital lobbies, waiting rooms, coffee shops and other public areas to add warmth through its natural wood grain.

"Marble and slate are quarried minerals, sliced into tile or slab shapes and thicknesses, polished and installed."³ The initial cost continues to rise, but the permanent quality almost elimates replacement costs.

Also expensive but becoming more popular are quarry tiles, terra cotta tiles, ceramic tiles and glazed stone tiles. According to Herbert Bright in an article for <u>Interiors</u>, tiles are defined as follows:

Quarry tiles are domestically made tiles of clay, molded into shape and baked. Such tiles are flat and undifferientiated in color. Terra cotta tiles are made of similar clay but usually made by hand outside of the United States, and have more interesting shadings. Both quarry tiles and terra cotta tiles are quite porous and require oiling and paste waxing. They are not the easiest tiles to maintain. Ceramic tiles both can be clay or several different types of compressed mineral granules with color pigment applied to the surface before baking. The higher the temperature used in baking, the more resistant the surface will be to scratching and cracking. The temperature is determined by the color. Pure prime colors must be baked at low temperatures.⁴

Unless the quarry and terra cotta tiles are coated with an acrylic or similar sealer, maintenance problems would make them unsuitable for hospital use. Ceramic tiles are available in relief patterns, decorative patterns or brilliant solid colors.

The most widely used resilient floorings include vinyl asbestos tile, asphalt tile, linoleum, sheet vinyl, cork and rubber tile. Cork is too porous for institutional use while sheet vinyl lacks the surface durability required on commercial floors. Vinyl asbestos tile is now the most widely used in contract installations, and as a result new colors and patterns have been developed.

Vinyl flooring made of polyvinyl chloride (PVC) falls into three catagories. The first, a translucent vinyl with floating color pigments, forms a marbleized pattern which does not wear off. The second, an opaque vinyl, has fillers which help to resist cigarette burns and make it appropriate for commercial use. However, "embossed patterns resembling slate, travertine, wood, stone, or brick are not recommended for heavy duty traffic areas, because once the surface embossing wears off, the pattern is gone."⁵ The third, a laminate, fuses a design element--silk screen design, fabric, wood veneer, caning, etc.--between two layers of vinyl.

Cushioned sheet vinyl is available in various colors and designs. The added resilience, when used where hospital staff members are required to stand for extended periods of time, gives relief to their legs. Germ-free and waterproof surfaces result from welded seams and edges coved up walls.⁶ A sheet vinyl of vinyl resins, colorfast pigments and

a hydrafelt backing is suitable for this use.

In addition to traditional flooring surfaces, urethane, a more durable vinyl that PVC, in the future may be fabricated into a flooring material. Urethane is a substance that has proved to be long wearing and resistant to abrasion.⁸

In a hospital where there is activity day and night, an abrasionresistant rubber tile permits the staff to properly maintain the floor's appearance with a minimum of traffic disturbance.⁹ Rubber sheet flooring may allow movement over its surface, deaden sound, absorb shocks, prevent slipping and minimize bacterial growth. With these characteristics this particular flooring could be adopted for use in the physical therapy area.

Epoxy flooring provides maximum resistance to acids, alkalis, solvents and wear. The flooring forms a uniform seamless surface that can be simply maintained with detergents or cleaning solvents. Some manufacturers incorporate rough marble chips in their epoxy resin to resemble terrazzo.

In all other areas, except those specifically restricted to resilient or hard surfaces, carpet is now being widely used throughout hospital interiors.

Carpet

Flamability, wearability, static resistance, color fastness, cleanability, resilience, acoustical qualities and aesthetics are all elements to consider when selecting carpeting for installation in hospital interiors. Patient safety and reduced maintenance costs are especially important to the client. Earl Taylor, Director of Aviation at McCarram International Airport in Las Vegas, Nevada, reported at least a forty percent savings in labor and material since the carpet replaced the tile flooring.¹⁰ Using low level loop carpet, the airport also lowered its serious accident rate one hundred percent in the first three years after its installation. As a result the insurance rate was lowered.¹¹ According to George Human, Assistant Director of Public Works, the Fort Worth Municipal Building in Texas recovered the original carpet cost in two and one half years through maintenance cost savings.¹²

Carpet maintenance can be further minimized through proper selection of the type of fiber to be used. Fibers with maximum stain and soil resistance are recommended such as olefins and second generation nylons. Natural fibers such as wool are more porous and absorbant than the continous filament fibers which resist moisture absorption. Fibers which contribute to bacteriological growth cannot be specified for hospital use. Spilled food and liquids, airborne fumes, grease and trackedin particles all soil carpeting. Trapped dust particles in the carpet are held and generally not circulated into the air again until vacuuming removes them. During the interim periods the color of the carpet as well as the type of fiber minimizes the appearance of soil. This quality is further improved by selection of colors peculiar to the geographic soil conditions or the environment. For example, Alan Lightkep, President of the Carpet Technical Service Institute, recommends:

Carpets in earth-tone colors are easier to maintain in areas where reddish clay soil is tracked in. Gray or neutral color combinations in carpet usually can be maintained satisfactorily in industrial or urban environments, where the air is saturated with unburned hydrocarbons, or soot.¹³

Solids show stains and soil more readily than most tweeds, heathers

or salt and pepper mixtures. However, the lightest yarn in these combinations will still discolor like the lighter solids even though they may not be visable as soon. Patterns mask tracking and are suitable for high traffic areas such as the lobby, corridors, dining rooms and lounges. The possible exception to these colors is the use of a light color in the patient rooms. Some hospital staffs prefer to have the soil visable so that it can be thoroughly cleaned to prevent bacterial growth.

Walk-off mats bridging tiled and carpeted areas as well as immediate spot-cleaning delay the need for extensive cleaning. Preventive maintenance prolongs the life and general appearance of any carpet.

Resilience is a desirable feature for hospital carpeting as it not only prolongs the appearance of wear but increases the tractive quality and helps reduce the number of falls to ambulatory patients.

Safety factors needed in hospital interiors not only include minimization of injuries but also the protection of the patient from problems related to static build-up. Cardiac and other monitoring equipment are sensitive to the presence of a medium to high voltage level. The danger related to the presence of excess oxygen is also lessened with reduced static build-up.

Methods employed to control static include chemical spray treatments which are short lived and tin-coated copper wires combined with yarn which can break with abrasion. Nylon blends with stainless steel fibers, continuous extruded filament fibers with a humectant built in using moisture for the conductor and a continuous filament fiber using carbon for its conductor have been more successful in reducing static build-up to below the common threshold of sensitivity reached between

2000 and 3000 volts.¹⁴

Direct glue-down of low level loop carpets is preferred for hospital use because of lower initial cost, stability under carts, wheeled stretchers and mobile equipment, and minimization of "shrinkage, mildew, or delamination problems with systematic cleaning."¹⁵

Carpeting itself is rarely the primary element responsible for the development and spread of fires. However, government regulations prohibit the manufacture and sale of carpeting which does not pass flamability testing. Each piece of carpet must be tested individually due to the infinite combinations of "weave, fiber and backing."¹⁶ Research is being conducted to determine ways to limit the smoke and toxic fumes released when the carpet is consumed by fire.

Noise level reduction helps the psychological well-being of the patient. In addition to absorbing the sound of footsteps, rolling equipment, dropped objects, office machinery, air conditioners and tele-

Depending on fabric construction and method of installation, carpet will absorb between 20 and 70 per cent of the sound energy which strikes it; subjective noise levels are usually less than half that of similar hard floor areas.¹⁷

The aesthetic appearance of carpet may also have an important psychological effect on the patients' recovery process, the patients' families and the hospital staff. Color selection for ease of maintenance has been discussed. Color, texture and pattern to create a certain atmosphere are the tools of the interior designer. As long as intended use is taken into consideration and proper maintenance is assured, the designer can coordinate the carpet with the other interior finishings. Plain carpeting is best where sanitation measures must be maintained, such as in patient rooms. Pattern areas are recommended for long stretches of corridors, nurses stations, lounges, dining areas, lobbies and other large public areas.

According to the <u>Contract Carpet Specification</u> <u>Guide</u>, the causes for disappointment in carpet selected include:

Firstly, failure to analyze correctly the type of use to which the carpet will be put and the kind of performance expected from it, followed by specification of the wrong type of fiber in the wrong type of carpet construction, color, and design for the particular job.

Secondly, the wrong system of installation. Such as using a direct glue down method where maximum luxury is sought or conversely a traditional type of installation with padding, in an area which would be frequently traversed by heavy trolleys or carts whose progress would be impeded by such a method.

Thirdly, the failure to recognize the importance of preventive and routine maintenance procedures using the correct equipment, cleaning agents and schedules for the particular installation and surface fiber.

Fourthly, the purchase of inexpensive carpet in the belief that it would be amortized and then failing to replace it.¹⁸

Wall Treatments

In specifying for hospitals the designer must be cognizant of the stringent building codes which regulate not only the type of flooring which may be used but also the specific weights, textures and thicknesses of wallcoverings allowed. In most areas of a hospital smooth, nonporcus surfaces help to minimize the accumulation of germs and bacteria. These surfaces should be durable, stain-resistant and fire retardant as well as attractive. Surfacings are divided into three catagories. Coated surfacings include paint and glazes, soft surfacings refer to wall paper, vinyls and fabrics, and hard surfacings include paneling and tile.

Coated Surfacings

In the past ceramic tile was used almost exclusively in the critical areas of hospitals. Unlike tile where bacteria can lodge in crevices, smooth, impervious surfaces are easier to keep clean. Alterations in wall-mounted surgical equipment produce fewer problems when walls are covered with coatings or other soft materials. For this reason as well as rising costs in construction High Performance Architectural Coatings (HIPAC) are beginning to replace the use of tile. Epoxy polyamide, an alkali-resistant coating used on damp masonry and in highhumidity areas, is resistant to abrasion. Ultraviolet light does not affect either its color or gloss. Polyurethane coatings in one- and twocomponent coatings which dry to a hard glaze glossy finish with good color are extremely abrasion-resistant and fire-resistant. HIPAC coatings usually require less scrubbing time because they are stain- and chemical-resistant. The non-porous nature of the HIPAC finishes can be important in areas where entrapment of bacteria or radiation particles could cause problems, such as operating rooms, food preparation areas, laboratories and X-Ray rooms.¹⁹ These coatings can be applied over concrete, masonry, plaster, gypsum drywall, cement-asbestos, painted surfaces, and most rigid surfaces.

An epoxy-resin paint which dries to a high gloss enamel finish that will not chip, crack or peel may be used in laboratories because it resists chemicals, heat, moisture, abrasion, cils, scaps, detergents, solvents, and most acids and alkalis.

Soft Surfacings

A coated vinyl wall covering which is stain-resistant, mildew-

resistant and anti-bacterial may be specified for corridors, patient rooms, most treatment areas, and lounges as well as waiting rooms and the lobby. The heavier weight vinyls should be specified for areas where wall protection is needed most, while the lighter weight vinyls are sufficient for lighter use areas. Non-porous vinyl wall coverings are particularly effective in the hospital's kitchen where spattered grease can be easily cleaned with detergents and wall damage from food carts is reduced.

Fabric can be applied to walls and sealed with an acrylic for soil resistance and cleanability. Accent areas in patient rooms, nurses stations, lounges and waiting rooms can be treated in this way.

Wallpaper that is not in itself scrubbable must also have an acrylic or other sealant applied over the surface. Any surface which cannot be cleaned regularly would not be appropriate for hospital use.

Hard Surfacings

Of the hard surfacings, ceramic tile is used most extensively. However, plastic laminates are increasing in popularity. Marble presents problems of cracking which can allow bacterial growth and is therefore not suitable for sterile areas. Cork, extremely porous, is rarely used except as accents in lobby or lounge areas.

Development of new designs and colors have brought ceramic tiles increased popularity, but cost tends to discourage use. Sheets of ceramic tile can be grouted with non-allergenic waterproof silicone rubber grout that resists stains, dirt, bacteria and fungi, and that will not crack, powder, or mildew. The tiles can be applied over gypsum board, masonry, or existing tile installations. The sheets conform to slight irregularities in the wall but maintain perfect joint alignment.

Most of the decorative interior hardboard paneling being produced in the seventies is a "preprinted smooth surface; about one-fifth of the volume (is) embossed."²⁰ To pass building codes, all paneling must conform to rigid flamability requirements. Used in lobbies, lounges, waiting rooms, and dining areas, wood grain panels add warmth which helps patients as well as their families to make the transition from the residential to the institutional.

New developments and applications of plastic laminates widen their possible uses. Wall panels have been introduced which are surfaced with deeply embossed vinyl-facings factory laminated to a fireproof core of The panels are durable, easy to maintain and come in a range of gypsum. colors. Color-matched moldings are also available. Wood grains, marbles, abstracts, leathers, veneered cork, woven reed and solid colors are used sucessfully in satin, mirror and textured finishes. Plastic laminates are generally not recommended for direct application to plastered walls, gypsum wallboard or concrete walls, but can be bonded to plywood, particle board, flake board or metal using adhesives. A recently developed real metalic laminate is designed for use only as vertical or light duty horizontal applications.²¹ Its suitability for hospital interiors is limited to areas where more dramatic statements are possible such as in public dining areas.

Color

Color offers the designer the opportunity to make a significant statement without the investment of additional money. In the initial specifications the choice of one color over another does not vary the price. It costs no more to select a "good" color than it does to choose a "bad" one. Color properly used can provide a sense of orientation and enhance the patient environment.

According to a report prepared by Indiana's Grant-Blackford Mental Health Association:

Color is a highly subjective, personalized stimulus that must be recognized and used for its strong effect (good and bad) on the patient's mental condition. Thus rather than handling color as an architectural veneer the designer would do well to treat color as an architectural mass capable of fitting and shaping space, setting environment mood.²²

Mary Louise Shum, Vice President of Associated Design, Planning and Art, Inc. of Los Angeles believes:

Color judiciously used (can) alleviate tension; divert attention by distracting pleasantly, thus encouraging recovery; and for staff personnel, provide a more pleasant, comfortable environment, thus promoting efficiency.²³

From the physiological standpoint, color selection in hospitals must not interfere with diagnosis. For instance, reflection of light from yellow walls might make a patient appear jaundiced, a green appearance could indicate anemia, or a reddish cast might give the patient a flushed or feverish look.

Robert Gerard, a California clinical psychologist, studied the physical and emotional influences of color. In his testing he used colored lights to stimulate responses in blood pressure, palmar conductance, respiration, heart rate, muscular activation, frequency of eye blinks and brain waves. Body reactions were partially summarized as follows:

- 1. Blood pressure increased under red light and decreased under blue light.
- 2. Respiration rate increased with red light and decreased with blue light.
- 3. Heart rate had no appreciable differences with red or blue light.

The conclusion of his experiments was that blue tends to be a "relaxant and tranquilizer (while) red and other 'warm' colors are in general more related to excitation."²⁴

The effect a certain color has on one person is not necessarily the same on another. Although cool colors generally have a quieting effect, some people may find them stimulating. Likewise, warm colors may calm one person and excite another. Generally red is a highly exciting color and its use should be limited in areas such as the psychiatric ward where suppression of anxieties may be important. Yellow provides the warmth desired for an anti-depressant without the additional stimulation. The effect of hue, value and intensity is best summarized in Table I.²⁵

No matter what color scheme is selected, variations are needed within each area. For instance, patient rooms may have three or more different schemes, the corridors on alternating floors can differ, and the color matched to their particular use. Color keying of certain areas throughout the hospital is an effective way to orientate patients and visitors to the proper location.

In hospitals people are often confined to limited areas for extended periods of time. Colors which add to the pleasantness, cheerfulness and intimacy of their surroundings help the patient to be more comfortable and secure.

Color can be introduced in accent areas. Problems with color are more frequent when all walls are the same hue. When light reflects off these surfaces a saturation of the same basic hue make it even more exaggerated. Neutral surroundings provide a background for colorful wallcoverings, upholstery, bedspreads, cubicle curtains, works of art or supergraphics. Stronger colors can be specified for lobbies, dining

areas and nurses' stations than are possible in areas where restricted activity is needed such as in the patient rooms.

TABLE I

THE EFFECT OF HUE VALUE AND INTENSITY ON INTERIOR DESIGN

	HUE	VALUE	INTENSITY
FEELINGS	Warm hues are stim- ulating, cool hues quieting.	Light values are cheering; dark values range from restful to depres- sing; contrasts are alerting.	High intensities are heartening and strong: low inten- sities are peace- ful.
ATTENTION	Warm hues attract more attention than cool hues.	Extreme values tend to attract the eye; but contrasts or sur- prises are even more effective.	High intensities attract attention.
SIZE	Warm hues increase apparent size of ob- jects; used on walls they decrease appar- ent size of room.	Light values increase apparent size of ob- jects; but strong contrast with back- ground is equally effective.	High intensities increase apparent size of objects; used on walls, they decrease apparent size of room.
DISTANCE	Warm hues bring objects forward; cool hues make them recede.	Light values recede, dark values advance; sharp contrasts also bring objects forward.	High intensities decrease apparent distances.
OUTLINE OR CONTOUR	Warm hues soften outlines slightly more than cool hues; contrasting hues make outlines clear- er than related hues.	Value contrasts are a potent way of em- phasizing contours.	Intensity con∞ trasts emphasize outlines.

Variations in color may be restricted to things which do not require a large investment and may be easily changed if the use of the area is changed. Furnishings should be color-coordinated so that they might be easily moved from one area to another and still go with the new surroundings.

Pediatric wards are the exception for the use of strong primary colors. Contrasted with adults who need serene surroundings, children respond to the brighter colors. Use of strong colors, patterns and forms in children's areas have proved beneficial to their recovery.

Bright colors may be appropriate for use in physical therapy rooms. According to Faber Birren "brightness of color seems to draw human interest outward and to spur muscular reactions".²⁶ However, after the therapy is completed the patient should be moved to an area where cool colors are dominant so he can relax and let his body return to a less stimulated level.

Lighting

Natural lighting is generally determined by the architectural design. Electrical lighting needs are met by the architect, the medical specialist and the interior designer. Considerations for selection include the type of fixture, the number to be used and the location of each. The desired effect determines whether fluorescent, incandescent or a combination of both will be used.

Lighting fixtures for hospitals must be of the highest quality, give excellent performance and be easy to maintain. They must not only aid the hospital staff in caring for patients but can contribute greatly to the patient's morale which can aid in his recovery. This applies not only to light fixtures but also to window glare and reflection from room surfaces.

According to R. G. Hopkinson and J. D. Kay, general lighting in patient rooms should be sufficient for the nursing staff to work efficiently and the patient to read, sew, etc., but there should be no glare or visual distraction or irritation. No patient should face the window and the glare index of the artificial lighting should not exceed 13. A reading light controlled by the patient and a night light switched at the door are also needed.²⁷ A doctor's examining light may also be installed either separately or incorporated into the patient's reading light.

Soft semi-direct lighting in the hospital recovery room protects the eyes of patients while providing an illumination level sufficient for post-operative care and observation.

In the corridors indirect lighting or fully diffusing units with no possibility of view of a bare lamp avoids glare to patients being wheeled from one area to another. A lowering of the level of corridor lighting at night is desirable in the patient areas. Currently recommended foot-candles for selected areas are listed in the <u>IES Lighting</u> Handbook, fifth edition.²⁸

Daylight and incandescent filament lamp lighting have in the past been the most commonly accepted sources of illumination for critical seeing involving color determination. A daylight type of fluorescent lamp can aid in recognition of early jaundice but is not suitable for general lighting. "Delux warm" is recommended for general lighting. Whichever type of fluorescent light is selected, medical staffs prefer that it be consistant throughout the hospital. They could adjust their

judgment of skin coloration to the color rendering given by the light-

Furnishings

Until recently only a few manufacturers have handled interior furnishings in the health care field. Now many companies are researching the requirements of "patient, staff and treatment" which produces an end product that meets function, quality, cost and aesthetics. Numerous companies specialize in hospital equipment or offer these furnishings in addition to their other lines. To find a complete listing consult the American Hospital Association publication, <u>Hospitals</u>. This directory, published annually as a part of the <u>Journal of the American Hospital</u> <u>Association</u>, contains a guide for buyers of hospital equipment which lists manufacturers who offer products and services used in hospitals. For a brief listing, see Appendix H.

Robert Probst designed an outstanding and revolutionary development in total hospital care. Probst researched the problem that "hospitals are too small institutions with unusually complex functions. They provide a multitude of services, each demanding improvement and each threatened by rising costs and obsolescence."²⁹ This system, called CO/STRUC, is an assemblage of legless furniture pieces which are hung on walls, rails on doors, rails on partitions and bedrails. A few items that swing on arms are coupled onto polls and posts, including bed posts. The goal of CO/STRUC is to provide all surface and storage needs in the hospital.

The system entails the assembly of all furniture pieces from their component parts---which parts can be stored in minimal space and for their dismantling and reassembly into either the same or other furniture combinations. Disassembled or assembled, the items and/or components thereof are washable and sanitizable eigher by hand or in dishwasher equipment.

All CO/STRUC surfaces are pleasant to touch and handle, stain-proof, fade-proof, mar-proof, indifferent to water, oil, acids, alkalis, heat, cold, impact and abrasion---these being the characteristics of the high-performance engineering thermoplastic of which CO/STRUC components are injection-molded. 30

In the patient rooms furniture should be selected with patient needs in mind. Chairs with special height and seat pitch enable patients to get in and out of them more easily. Night stands which are not built-in should be on casters so they can easily be moved for cleaning or to make room for emergency equipment. A small shelf may help keep flowers out of the way and at the same time make them more easily enjoyed by the patient. The addition of a small bulletin board gives extended stay patients a place to display their cards and help to personalize their area.

Patient service walls contain technical equipment including a "medical gas module, the communication/physiological monitoring modules and the electric-service/lighting module".³¹ Though not furnishings per se, the designer may help select these items.

The pediatric unit is similar to other patient care areas in the care it offers except that the interior design must relate specifically to the age of its occupants. Imaginative approaches help children adjust to an unfamiliar surrounding. Wall graphics, bright murals, wall hangings and bright prints are often incorporated into the design. Bright colors can be used extensively in many small areas, particularly in patterns where white is the background. However, color reflection cannot be so intense that it interferes with diagnosis. According to the Committee on Hospital Care for the American Academy of Pediatrics: Every pediatric unit should have a playroom. It (is) not a luxury. . .but a therapeutic adjunct for patients who are convalescent or ambulatory. There should be tables and chairs suitable both for food service and play activities.³²

Appropriate toys, equipment and programs help to alleviate children's anxieties and boredom. A colorful toybox adds to the cheerfulness of the play area while a large bulletin board might be placed near the patient's bed. This should be topped with a juvenile motif, as some children do not receive get-well cards. A chairbed which can be opened at night for a parent is suggested for each pediatric room. Automatic pediatric beds with nylon-mesh net sides or transparent plexiglass panels are recommended.

Few furnishings are need for corridors with the exception of planters, ash urns, and water fountains. The main consideration in selection and placement of these items is ease of maintenance. For this reason, wall-hung fixtures are generally preferred. Shock absorbent handrails and bumper guards protect the walls from rolling equipment and provide a safe, sure grip for ambulatory patients.

For flexibility in design mobile or modular furniture can be specified for lounge areas. Depending on use, the furniture can be arranged formally or in small conversation areas allowing for more privacy in a residential-like arrangement. Regardless of whether it is the main lobby, a waiting room or doctors' lounge, the designer should strive for a non-institutional look.

The "first impression of the lobby, corridor and room is crucial to the patient's mental outlook which (ultimately) affects his recovery."33 James Falick feels that:

Lobbies need not be large, extremely ordered spaces centered around a reception counter (but) can have smaller intimate areas where volunteers can offer coffee or talk to anxious

members of the family. 34

Business offices, dining and other public areas are designed as in other types of buildings. Flexibility of furniture use is achieved through selection of colors and styles which are compatible throughout.

Large scale projects may be facilitated through the use of computers. Not only can the special arrangement of the hospital as a whole be determined with computerized programming, but space relationships with individual rooms can be calculated. Once the needs of each area are determined an inventory is made and a set of cards is punched. After cards are completed for the entire inventory of movable equipment, they can be fed into the computer. Print outs may simply be a listing of inventory by rooms or a master list of specific types and amounts of equipment such as beds, overtables, chairs, etc. The latter list is especially helpful when writing the specification sheets for bids. Companies bidding can easily price each type of furnishings without making a repetiticus room-by-room price list.

FOOTNOTES

¹Alden B. Mills, ed., <u>Functional Planning of General Hospitals</u> (New York, 1969), p. 176.

²"The Quest for Resilient and Hard Surface Floor Coverings," <u>Interiors</u>, CXXXI (1971), p. 147.

³Herbert Bright, "The Do's and Don'ts of Resilient and Hard Surface Flooring," <u>Interiors</u>, CXXX (1970), p. 158.

⁴Ibid.

5_{Ibid}.

⁶Jain Malkin, "Thoughts on the Interior Design of Medical Facilities," <u>Interior Design</u>, XLIII (1972), p. 171.

⁷"Hard Surface & Resilient Flooring," <u>Interiors</u>, CXXXII (1973), p. 109.

⁸Bright, p. 158.

⁹"The Quest for Resilient and Hard Surface Flooring," p. 149.

¹⁰E. I. Du Pont de Nemours and Company, <u>Specification Guide for</u> <u>Carpet of Antron Nylon</u> (Wilmington, Delaware, 1974), p. 12.

¹¹Bernie Egerter, "Carpet World in Hospitals and Nursing Homes," <u>Interiors</u>, CXXXXII (1972), p. 76.

¹²Du Pont, p. 8.

¹³Alan H. Lightkep, "Don't Specify the Carpet Without a Maintenance Program," <u>Contract</u>, XV (1974), p. 106.

¹⁴Monsanto Company, <u>Monsanto Contract Carpet Specification Guide</u> (New York, 1974), p. 18.

¹⁵I. L. Shaw, "Update on No-pad Carpet Direct Glue-down," <u>Installa-</u> <u>tion Specialist</u>, XII (1974), p. 27.

¹⁶Egerter, p. 76.

17Du Pont, p. 16.

18_{Monsanto}, p. 10.
19"High Performance Wall Coating," <u>Hospitals</u>, <u>J.A.H.A.</u>, XLIX (1975), p. 86.

²⁰"Durable Surfacing Material," <u>Interiors</u>, CXXXI (1972), p. 108.

²¹Ibid, p. 113.

²²Noreen Walsh, "Therapeutic Furniture Concept Shape Hospital Environment, <u>Contract</u>, XV (1974), p. 74.

²³Mary Louise Shum, "Hospital Interiors Should Comfort, Entertain--not Excite," <u>Interiors</u>, CXXXIV (1974), p. 93.

²⁴Faber Birren, <u>Color: A Survey in Words and Pictures</u> (New Hyde Park, New York, 1963), p. 178.

²⁵Ray Faulkner and Sarah Faulkner, <u>Inside Today's Home</u> (New York, 1968), p. 134.

26_{Birren, p. 177.}

27R. G. Hopkinson and J. D. Day, <u>The Lighting of Buildings</u> (New York, 1969), pp. 201-202.

²⁸John E. Kaufman, ed., <u>I.E.S.</u> Lighting Handbook (New York, 1972), p. 9-84 = 9-85.

29"CO/STRUC...The Systems Answer for Hospital Furnishing," <u>Interi-</u> ors, XLIII (1972), p. 150.

³⁰Ibid., pp. 148-149.

31"Patient Service Walls," <u>Hospitals</u>, <u>J.A.H.A.</u>, SLVIII (1974), p. 113.

³²Committee on Hospital Care for the American Academy of Pediatrics, "Planning the Pediatric Nursing Unit," <u>Hospitals</u>, <u>Clinics and</u> <u>Health Centers</u> (New York, 1960), p. 139.

33James Falick, "Inmate...Patient...Patron," <u>Interiors</u>, CXXXII (1972), p. 103.

34Ibid.

CHAPTER IV

SPECIFICATION DEVELOPMENT

Most all of the specifications in this study are intended for use in all general hospitals regardless of size. However, this study has dealt primarily with facilities which are approximately 100-bed structures.

For this reason, the Stillwater Municipal Hospital in Stillwater, Oklahoma, was selected for application of these design specifications. A new hospital is being constructed and is scheduled for completion Fall, 1975. The hospital in current use is presently operating at a maximum 90-bed capacity while the proposed new building will exceed 100 beds and the maximum occupancy will be less than 200 beds.

Although the number of patient rooms will not increase proportionately, services offered in the new structure will exceed those currently available.

For comparitive purposes, an inventory of finishes and lighting was conducted. The results of this inventory are listed in Appendix A.

After completing the inventory of finishes and lighting of the existing hospital, the proposed structure was studied. Since the building was not completed, the architectural plans were the primary sources reviewed. The schedule of finishes and lighting for the proposed Stillwater Hospital is in Appendix B. The division of movable equipment into groups of similar items such as chairs, desks, beds, etc., enables

the designer to easily note which furnishings are needed in the different areas. The furnishings and movable equipment of the present hospital and the proposed hospital are found in Appendixes D and E. For a comparison with currently suggested furnishings and their placement, an adaptation of Shampaine Industries' <u>Hospital Planning Guide¹</u> is included in Appendix G.

The literature and these four inventories made by the author, plus an inventory of placement of movable equipment made by Shampaine Industries reinforced the salient points of material, color, lighting, and furnishings for hospital interior design and form the basis for the recommended schedule of floor and wall finishes and lighting.

The basic problems faced by the Stillwater Municipal Hospital were far more serious than could be corrected by a simple cosmetic change. Growth in daily occupancy, changing medical techniques, and additional equipment and services have resulted in an extremely poor spatial arrangement. Awareness of these problems resulted in the decision to construct a new building. Most of the conditions existing in the old structure have been solved by the architect in the design of the new hospital. Not only have additional patient romms been provided, but a logical and efficient arrangement of services and their satellite units allows for a smoother flow of personnel and patients.

Lighting in most of the old hospital was inadequate. Most of the incandescent fixtures are to be replaced by fluorescent lighting except in areas where a softer effect was desired, such as in corridors and patient rooms.

Surface materials were not altered drastically with the exception of the introduction of the vinyl wall coverings into the patient rooms and some public areas. Painted gypsum board surfaces will still dominate the list of wall finishes in the building.

Floors throughout the existing structure are almost totally covered with vinyl asbestos tile. This is also the case in the new hospital with the exception of the use of carpet in the office areas and conductive flooring in surgery-related areas. Although carpet is being used widely in hospital interiors, both initial cost and rolling resistance made it unacceptable to the Stillwater Hospital planners.

Although floor and wall finishes were not changed greatly in the new design, the colors selected for the finishes in each differ. Cool colors in pastel shades have been replaced by an array of warm golds, olive greens, browns, oranges, and yellows. Plain, unbroken, solidcolor walls are now accented in areas with patterned vinyl wall covering.

Some of the existing furnishings will be transferred to the new structure. Much of the movable equipment will be retained and increased to the quantity needed. In many public areas and business offices, new furnishings have been specified. Except for a few recent acquisitions, new furnishings were selected which should improve the functioning of activities in these areas. Inadequate and inappropriate furnishings are to be replaced. The check lists substantiated these changes and are reflected in the schedule of recommended finishes.

FOOTNOTES

¹Shampaine Industries, <u>Hospital Planning Guide</u> (St. Louis, Missouri, 1960), pp. 5-91.

CHAPTER V

SUMMARY, CONCLUSIONS, AND RECOMMENDATIONS

Summary

The development of specifications for hospital interiors is a highly_detailed, specialized problem. The designer must be aware of the unique functions of the hospital and coordinate the many details of the interior design to meet these needs. The psychological and physiological needs of the patient are met through the placement, function, durability, and aesthetic quality of the products used. This study provides designers and planners with bases for specification of hospital interiors.

General trends in hospital design have been discussed with regard to the floor and wall finishes, color, lighting, and furnishings. Due to the increased emphasis in the health care field, these elements are becoming increasingly more important.

Comparative inventories of the existing Stillwater Hospital and its proposed replacement substantiate recommendations observed in the literature and in actual use. This made possible a development of a schedule of recommended finishes.

Conclusions and Recommendations

For an interior designer to adequately fulfil the design specifications, he needs to be experienced in the function of the building for

which he is designing. The designer will be more adequately prepared to accurately and efficiently specify the finishes and furnishings for a total hospital environment after he has a working knowledge of hospital activities. Creativity within the functional needs of the hospital is, of course, what allows the designer to reach beyond what is conventional.

Since the specifications on the new Stillwater Municipal Hospital were proposed and not installed, the author would like to recommend that a follow-up survey be conducted after the proposed hospital has been in use for a year or more.

Another possible study would be to review in depth the available products used in all phases of health care. A study of the performance, dependability, ease of maintenance, and cleaning would be a helpful reference for those in the health care field.

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APPENDIX A

FINISH AND LIGHTING SCHEDULE FOR EXISTING

STILLWATER MUNICIPAL HOSPITAL

	Corridor Stat =	Dishwash	Dining	Vitchen	Kitchen Storage	Mechanical	Janitor Closet	Housekeening	Engineer	Boiler Koom	Clean Linen Soiled Linen	Pharmacy	Shop Central Storare	Women/Men	Waiting Thurstool Macourt	Fubhard	Treatment	Work Room	Generator	Auxiliary	Gift.	Director/Nursing	Board Room	Patient Room	Nurse's Station	Viewing	Surgical Supervisor	Work Area Fauitment Room	Surgery Walting	Intensive Care Unit	Central Sterile Sterilizer	Sterile Storage
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APPENDIX B

FINISH AND LIGHTING SCHEDULE FOR PROPOSED

STILLWATER MUNICIPAL HOSPITAL

	Corridor	Stalr	Classroom	Cartwash	DISAWASh	Semine Line	Kitchen	Kitchen Storage	Meals on Wheels	Mechanical	Janitor Closet	Locker Housekeeping	Trash	Tele. Equipment	Boiler Room	Clean Linen	Soiled Linen	Pharmacy	Autonsv	Central Storage	Women/Men Weitting	Physical Therapy	Hubbard	Trestment		Generator	Vestibule	AUXILIBRY	Canteen	Minister	Director/Nursing	Patient Room	Nurses' Lounge	With Murse's Station	Surgical	Supervisor		
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APPENDIX C

RECOMMENDED FINISH AND LIGHTING SCHEDULE

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APPENDIX D

INVENTORY OF FURNISHINGS OF EXISTING STILLWATER MUNICIPAL HOSPITAL

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APPENDIX E

INVENTORY OF FURNISHINGS OF PROPOSED STILLWATER MUNICIPAL HOSPITAL

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APPENDIX F

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CURRENTLY RECOMMENDED MIMIMUM ILLUMINATION

FOOTCANDLES FOR HOSPITAL LIGHTING

CURRENTLY RECOMMENDED MINIMUM ILLUMINATION

FOOTCANDLES FOR HOSPITAL LIGHTING

Anesthetising and preparation		Eye, ear, nose, and throat su:	ite
room	30	Dark room	10
Auditorium		Eye examination and treat-	
Assembly	15	ment room	50
Exhibition	30	Ear, nose and throat room	50
Autopsy and morgue		Exits, at floor	5
Autopsy room	100	Flower room	10
Autopsy table	2500	Formula room	30
Morgue, general	20	Fracture room	
Central sterile supply		General	50
General	30	Fracture table	200
Needle sharpening	150	Kitchen	
Corridor		Central	70
General	10	Floor, kitchen and pantry	70
Operating and delivery		Dishwashing	30
suites and laboratories	20	Laboratories	
Cystoscopic room		Assay rooms	30
General	100	Work tables	50
Cystoscopic table	2500	Close work	100
Dental suite		Laundry	70
Waiting room		General	30
General	15	Pressers and ironers	70
Reading	30	Sorting	70
Operatory, general	70	Libraries	70
Instrument cabinet	70	Linen closet	10
Dental chair	1000	Locker rooms	20
Laboratory, bench	100	Lobby	30
Recovery room	5	Lounge rooms	30
Dining areas	20	Maintenance shop	
Encephalographic suite		General	30
Office	100	Work benches	100
Workroom	30	Paint storage	10
Patients' room	30	Medical records room	1 00
Emergency room		Nurses' station	
General	100	General	30
Local	2000	Desk and charts	50
EKG, BMR and Specimen room		Medicine room counter	100
General	20	Nurses [®] workroom	30
Specimen table (supplementa:	ry) 50	Nurseries	
Examination and treatment room	m	General	10
General	50	Examination table	70
Examining table	100	Play room, pediatric	30

Obstetrical	
Cleanup room	30
Scrubup room	30
Labor room	30
Delivery room, general	100
Delivery table	2500
Offices	
General	100
Bookkeeping and fine work	150
Conference and consultation	-)*
room	30
Information and switchboard	30
Retiring room	10
Waiting room	20
Perking lot	<u>د</u>
Power nlant)
Boiler room	10
Machine moom	20
Suitebboard mean	20
Transformer room	10
Pharmaour	10
General	30
Wank table	100
Active stemens	100
Active Storage	10
Alconol vault	10
Private rooms and wards	10
General	10
Reading	30
Psychiatric disturbed patient's	* ^
area Daliatantana Castrina	10
Radioisotope lacilities	~~
Radiochemical Laboratory	30
Uptake measuring room	20
Examination table	50
Retiring room	10
Sewing room	•••
General	20
Work area	100
Solariums	20
Stairways	20
Storage, central	
General	15
Office	70
Surgery	
Instrument and sterile supply	
room	30
Cleanup room (instruments)	100
Scrubup room	30
Uperating room, general	100
Operating table	2500
Recovery room	30
Therapy	~~
rnysical	20
Uccupational	30

	Toilets	10
30	Utility room	20
30	Waiting room	
30	General	15
00	Reading	30
00	X-ray room and facilities	
	Radiography and fluoroscopy	10
00	Deep and superficial therapy	10
50	Dark room	10
	Waiting room, general	15
30	Waiting room, reading	30
30	Viewing room	30
10	Filing room, developed films	30
05	Storage, undeveloped films	10

APPENDIX G

INVENTORY AND PLACEMENT OF MOVABLE EQUIPMENT

FOR HOSPITAL INTERIORS



Typical One-Bed Room

- 1. Built-in locker
- 2. Bedside cabinet
- 3. Adjustable hospital bed
- 4. Straight chair
- 5. Nurses call 6. Sliding window curtain
- 7. Waste basket
- 8. Lavatory (knee control)
- 9. Wall bracket light
- 10. Bed light
- 11. Corridor dome light
- 12. Night light
- 13. Overbed table
- 14. Telephone outlet
- 15. Easy chair
- 16. Floor lamp
- 17. Dresser



Central Sterilizing and Supply Room

- 1. Counter, Stainless Steel top 2. Shelf, Stainless Steel 3. Sink and drainboard, Stainless Steel 4. Wall cabinet, sloping top 5. Supply cart 6. Waste basket 7. Multiple rubber tube washer 8. Table with shelf over. 42 X 96 9. Counter, cabinets and drawers below 10. Dressing sterilizers 11. Water still 12. Ventilated mechanical space 13. Pass window 14. Telephone outlet 15. Built-in desk, Stainless Steel top 16. Step ladder 17. Sterile supply cabinet, sloping top
- 18. Glove drying rack
- 19. Dutch door
- 20. Bulletin board
- 21. Straight chair
- 22. Hot air sterilizer
- 23. Floor drain
- 24. Dues waiter

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Doctors' and Nurses' Locker Rooms in Surgical Suite

2. Counter, plastic top with back splash

Cystoscopic Room

- 1. Shelf, Stainless Steel
- 2. Sink, knee control
- 3. Counter, Stainless Steel
- 4. Light proof shade
- 5. Wall cabinet, sloping top
- 6. Adjustable stool
- 7. Urological X-Ray table
- 8. Ceiling light
- 9. Kick bucket
- 10. Wheeled catheter tray
- 11. Examining light
- 12. Electric cautery
- 13. Urological instrument cabinet
- 14. Irrigator stand
- 15. Film hanger rack
- 16. Safelight 17. Exhaust fan
- 18. Light-proofed door
- 19. Ceiling light, white and red
- 20. Towel bar
- 21. Developing tank
- 22. Film drying bracket

- 23. Sink with shelf over
- 24. Timer
- 25. Waste basket
- 26. Counter, cabinets below
- 27. Light-proofed door
- 28. Double recessed view box
- 29. Footstool

5. Easy Chair 6. Linen hamper

1. Mirror

3. Stool

- 4. Waste basket
- 7. Bulletin board 8. Lockers
- 9. Telephone outlet

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- 10. Desk
- 11. Straight chair
- 12. End table
- 13. Instrument cabinets, Stainless Steel
- 14. Obscure glass



Emergency Suite

43. Adjustable hospital bed 1. Telephone outlet 44. Cubicle curtain and rod 2. Wheel stretcher 45. Sliding Window curtain 3. Wheel chair 46. Cubicle partition 47. Night light 48. Wall pracket light 49. Corridor dome light 50. Vision panel Waste basket 4. 5. Explosion proof outlet 6. Clock 7. Portable emergency light 8. Mayo table 51. Obscure glass 9. Adjustable stool 10. Kick bucket 11. Examining table 12. Foot stool 13. Resuscitating apparatus 14. Anesthesia unit 15. Instrument table 16. Double basin stand 17 Mercury switch 18. Clinical sink with bed pan flushing attachment 19. Instrument and Scrub sink, knee control 20. Alcohol dispenser 21. Counter, Stainless Steel 22. Wall cabinet, sloping top 23. Locked wall cabinet. sloping top. 24. Leg stand 25. Sanitary waste receptacle 26. Curtain and rod 27. High speed pressure sterilizer 28. Single soap dispenser 29. Hook strip 30. Straight chair 31. Shallow tub 32. Towel bar 33. Linen hamper 34. Lavatory, knee control 35. Blanket warmer 36. Dome light and buzzer 77. Filing ca inet, 4-Drawer 38. Desk 39. Locker 40. Bedside capinet 41. Bed light 42. Nurses calling station

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- 1. Studio bed
- 2. Night table
- 3. Straight chair
- 4. Telephone outlet
- 5. Waste basket
- 6. Table
- 7. Recessed double X-Ray film illuminator 8. Lockers
- 9. Bulletin board
- 10. Linen hamper
- 11. Wheel stretcher
- 12. Double compartment laundry tray with drainboards
- 13. Water cooler
- 14. Clinical sink with bedpan flushing attachment
- 15. Dome light and buzzer
- 16. Counter, Stainless Steel top
- 17. Cabinet below counter

- 18. Sanitary waste receptacle
- 19. Vision panel
- 20. Adjustable open shelving, sloping Stainless Steel top
- 21. Clock with sweep second hand
- 22. Explosion proof outlet
- 23. Corridor dome light
- 24. Mercury switch
- 25. Single Basin stand
- 26. Explosion proof calling station, foot operated
- 27. Aspirator
- 28. Incubator
- 29. Adjustable stool
- 30. Portable emergency light, explosion proof
- 31. Anesthetists' table
- 32. Anesthetists' stool
- 33. Anesthesia unit
- 34. Instrument table
- 35. Kick cucket
- 36. Delivery table
- 37. Obstetrical light
- 38. Mayo table
- 39. Kick bucket
- 40. Flush cailing fixture
- 41. View window, clear glass
- 42. Scrub sink
- 43. Soap dispenser
- 44. Clock
- 45. Shelf over scrub sinks, Stainless Steel
- 46. High speed pressure sterilizer
- 47. Floor drain
- 48. Water sterilizers
- 49. Sink in counter, Stainless Steel
- 50. Wall cabinet, sloping Stainless Steel top
- 51. Blanket and solution warmer
- 52. Lavatory, knee control
- 53. Examining light
- 54. Nurses calling statio.
- 55. Bed light
- 56. Bedside cuoinet
- 57. Opstetrical .ed
- 58. Foot stool
- 59. Shelving
- 60. Jumbwaiter connecting with Central Sterile
- 61. Labor bed



20. Door, Spring latch

22. Built in seat

21. Mirror

Examination and Treatment Room with Dressing Cubicles

- 1. Cabinet
- 2. Examining table
- 3. Footstool
- 4. Paper sheet dispenser
- 5. Examining light
- 6. Hook strip
- 7. Adjustable stool
- 8. Adult scale
- 9. Instrument sterilizer
- 10. Lavatory, knee control 11. Waste basket
- 12. Cubicle curtain and rod
- 13. Table, 20 X 30
- 14. Straight chair
- 15. Counter, cabinets below
- 16. Obscure glass
- 17. Counter, open below
- 18. Stool
- 19. Door, spring latch and with throw bolt



Fracture Room

1. Instrument table 2. Galvanized iron can 3. Counter, Stainless Steel top 4. Plaster sink 5. Plaster trap 6. Light proof shade 7. Fracture table 8. Footstool 9. Ceiling Fixture 10. Recessed double X-Ray film illuminator 11. Linen hamper 12. Light-proof door 13. Three shelves 14. Plaster drawer

- 15. Adjustable stool
- 16. Plaster bin
- 1/. Six shelves
- 18. Step ladder
- 19. Two rows of 3/4 inch diameter dowels, staggered

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- 1. Step ladder
- 2. Shelving, 18 inches wide
- 3. Instrument cabinet, Stainless Steel
- 4. Vision panel
- 5. Waste basket 6. Straight chair

- 7. Desk 8. Telephone outlet
- 9. Shelving, 12 inches wide 10. Glazed door and partition, clear glass
- 11. Chalkboard

Laboratory



in

- 1. Desk
- 2. Filing cabinet
- 3. Microscope table
- 4. Cup sink, gooseneck
- spout
- 5. Microscope
- 6. Analytical balance
- 7. Acid resisting counter
- 8. Cabinets below counter
- 9. Wall cabinets
- 10. Book shelves
- 11. Laboratory sink
- 12. Air, gas and electric outlets
- 13. Single hot plate
- 14. Bunsen burner
- 15. Laboratory sink
- 16. Chemistry table
- 17. Straight chair
- 18. Stool
- 19. Sanitary waste receptacle
- 20. Closet
- 21. Wheel cart for frozen
- sections

- 22. Laboratory autoclave 23. Hot air sterilizer
- 24. Incubator
- 25. Water bath
- 26. Centrifuge
- 27. Shaking Machine on
- Stand
- 28. Waste basket
- 29. Refrigerator, 8 cubic
- feet
- 30. Refrigerator, 6 cubic feet
- 31. Bedside table
- 32. Shelves
- 33. Hospital bed
- 34. Cubicle curtain and rod
- 35. Basal metabolism
- apparatus 36. Electrocardiograph
- 37. Hook strip
- 38. Table, 24 X 36 39. Shelving
- 40. Sliding window curtain
- 41. Adult scale

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Morgue and Autopsy Suite



- 1. Mortuary refrigerator
- 2. Waste basket
- 3. Instrument and scrub sink, knee control
- 4. Instrument sterilizer
- 5. Shelf, Stainless Steel
- 6. Cabinet below counter
- 7. Double recessed view box
- 8. Counter, Stainless Steel
- 9. Floor drain
- 10. Autopsy table with sink
- 11. Mayo table
- 12, Scales
- 13. Footstool
- 14. Kick bucket
- 15. Light
- 16. Hook strip
- 17. Specimen cabinet with glazed doors, Stainless Steel
- 18. Portable observation stand
- 19. Suction glass
- 20. Ventilating fan
- 21. Telephone outlet
- 22. Obscure glass
- 23. Stretcher
- 24. View panel

Pharmacy



- 18. Prescription counter
- 1. Desk 2. Chair
- 3. Telephone outlet
- 4. Two-drawer file
- 5. Book shelves
- 6. Waste basket
- 7. Prescription scale,
- Class A
- 8. Prescription scale, heavy duty
- 9. Counter scale 10. Counter, open adjust-
- able shelves below
- 11. Carboy rack
- 12. Sanitary waste can
- 13. Sink with gooseneck spout and drain-board
- 14. Glass tank, distilled water
- 15. Cabinet, adjustable shelves
- 16. Drug cabinet, shelf above counter
- 17. Drug cabinets

- 19. Counter, cabinets below 20. Dutch door 12
- 21. Open adjustable shelves
- 22. Filter rack
- 23. Prescription file
- 24. Refrigerator, 8 cubic feet -
- 25. Narcotic safe
- 26. Gas outlet
- 27. Double element hot plate
- 28. Heat outlet grill. inlet
- grill in base of cabinet
- 29. Guards. at both windows

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- 11. Telephone outlet
- 12. Straight chair
- 13. Hook strip
- 14. Sink, Stainless Steel. knee control
- 15. Counter. cabinets below

*The above plan is for a mursery of a 50 bed general hospital. Additional bassinets are needed for a nursery of a 100 bed hospital.

Nurses' Station and Stretcher Space



1. Medicine sink, Stainless Steel 2. Locked wall cabinet 3. Counter, cabinets below, Stainless Steel top 4. Wall cabinet, sloping top 5. Waste basket 6. Stool 7. Bulletin board 8. Pigeonhole form rack 9. Chart Rack 10. Counter, open below 11. Dome light and buzzer 12. Nurses' desk 13. Straight chair 14. Telephone outlet 15. Shelving 16. Wheel stretcher

- 17. Obscure glass
- 18. RX cart



Operating Room, Scrub-up and Sub-Sterilizing

- 1. Sink and drainboard
- 2. Counter, Stainless Steel
- 3. High Speed pressure
- Sterilizer
- 4. Water sterilizers
- 5. Blanket and Solution
- warmer
- 6. Mercury switch
- 7. Floor drain
- 8. Glass shelf
- Scrub sink 9.
- 10. Soap dispenser
- 11. Clock
- 12. Alcohol dispenser
- 13. View window, clear
- 14. Access door
- 15. Sponge rack
- 16. Double basin stand
- 17. Instrument table
- 18. Mayo table
- 19. Operating table
- 20. Operating light
- 21. Footstool
- 22. Kick bucket
- 23. Single basin stand

24. Anesthetist's table 25. Anesthetist's stool

- 26. Anesthesia unit
- 27. Pack table
- 28. Explosion proof
- electric outlet
- 29. Adjustable stool
- 30. Irrigator stand
- 31. Adjustable open
- shelving
- 32. Vision panel
- 33. Clock
- 34. Recessed double X-Ray
- film illuminator
- 35. Aspirator
- 36. Flush ceiling fixture
- 37. Explosion proof calling
- station, foot operated 38. Corridor dome light
- 39. Caddy cart to hold accessories
- 40. Portable explosion proof light





22. Sanitary waste receptacle

ing top

27. Nurses' call

- 23. Laundry hamper
- 24. Clinical sink with bed-

26. Telephone outlet

28. 500-watt indirect

lighting units

lighting unit

29. 200-watt semidirect

- pan flushing attachment Storage cabinet, slop-25.
- 7. Lavatory, knee control 8. Waste basket
- 9. Paper towel dispenser

6. Partition to ceiling,

glass view panel

- 10. Vision panel
- 11. Table,24 X 48
- 12. Straight chair

4. Suction outlet

5. Cubicle cuttain

- 13. Executive type desk
- 14. Clock
- 15. Mirror
- 16. Locked wall cabinet
- 17. Shelf. Stainless Steel,
- Cabinets above and below
- 18. Work counter, Stainless Steel
- 30. Single receptacle 30
- 31. Glazed door
- 32. Hook strip

amps

- 33. Shelf, Stainless Steel
- ~7 1.00



Physical Therapy Suite

attached to ceiling

46. Parullel bars

Utility



1. Laundry hamper 2. Double compartment laundry trap with drainboards 3. Counter, open below, Stainless Steel top 4. Cracked ice bin 5. Partition 6. Single element hot plate on bracket 7. Sink in Stainless Steel counter, knee control 8. Stainless Steel counter, cabinets below 9. Bulletin board 10. Wall cabinet, sloping top 11. Dome light and buzzer 12. Vision panel 13. Dressing cart 14. Clinical sink

15. Fressure sterilizer

- 16. Sanitary waste receptacle
- 17. Waste basket

Radiographic Suite



- 1. Combination radiographic and fluoroscopic unit
- 2. Cassette changer
- 3. Control unit
- 4. Leaded glass view window
- 5. Lead lining .
- 6. Lead-lined door
- 7. Barium sink
- 8. Recessed cabinet
- 9. Light-proof shade
- 10. Low cabinet for supplies
- 11. Straight chair
- 12. Storage cabinet, sloping top
- 13. Cassette pass box
- 14. Film loading counter, cabinets below
- 15. Film storage bin
- 16. Film hanger racks
- 17. Safe light
- 18. Ceiling light, white and red
- 19. Two-door film dryer

- 20. Film dryer exhaust
- 21. Developing tank with thermostatic mixing valve
- 22. Timer
- 23. X-Ray film illuminator, wall mounted
- 24. Sink
- 25. Towel bar
- 26. Steroscope
- 27. Adjustable stool 28. Wall mounted view box
- 29. Executive-type desk
- 30. X-Ray film illuminator
- 31. Filing cabinet, 4-Drawer
- 32. Film filing cabinet, 3-Drawer
- 33. Footstool
- 34. Waste basket
- 35. Telephone outlet
- 36. Costumer
- 37. Fluoroscopic ceiling light
- 38. Hook strip
- 39. Mirror
- 40. Hook on door
- 41. Obscure glass
- 42. Movable partition
- 43. Light-proofed door
- 44. Seat

APPENDIX H

MANUFACTURERS OF PRODUCTS SUITABLE

FOR USE IN HOSPITALS

MANUFACTURERS OF PRODUCTS SUITABLE

FOR USE IN HOSPITALS

Flooring

Resilient and Hard Surface Flooring

American Olean Tile Company Arco Chemical Company Armstrong Cork Company Azrock Flooring Company Bangkok Industries Burke Rubber Company Commercial Steel Company Desco International Flintkote Company H. B. Fuller Company Interpace, Incorporated Kentile Corporation National Floor Products Parkwood Laminates Radiation Technology R. C. A. Rubber Company United States Ceramic Tile Company Vinyl Plastics, Incorporated

Carpet Fibers

Allied Chemical Company Brunswick Corporation Celanese Corporation Dow-Badische Company E. E. du Pont de Nemours and Company Herculon Monsanto Corporation Rohm. and Haas Company

Wallcoverings

Coated Surfacings

Desco International Association

Fisher Scientific Corporation

Vinyl Wallcoverings

L. E. Carpenter and Company Columbus Coated Fabrics, Division of Borden Chemical Durawall, Incorporated Flexi-Wall Systems General Tire Company Inmont Corporation J. Josephson Stauffer Chemical Company

Bangkok Industries Forms and Surfaces Georgia-Pacific Corporation Marlite Paneling Company

Laminates

Exxon Chemical Company Formica Corporation Parkwood Laminates Marvelwood Corporation Masonite Corporation U. S. Plywood, Incorporated

U. S. Gypsum Ralph Wilson Plastic Company

Ceramic Tile

American Olean Tile Company Amsterdam Corporation Mid-State Tile Company

Lighting

American Sterilizer Company Cavitron Burton Division Emerson Electric Company, Day-Brite Division Vista Lighting Company

Furnishings

Affliated Hospital Products American Sterilizer Company Borg-Warner, Ingersoll Products Division Crimso, Incorporated Fritz Hansen, Incoprorated Hardwood House Hill-Rom Company I. E. Industries Interroyal Corporation Isolette, a Narco Medical Company Joerns Furniture Company, Division of American Seating Company

Lundia Corporation Herman Miller Company National Industries Division, AVM of Maryland, Incorporated Reflector Hardware Corporation Rudd International, Skandi-Form, Incorporated Shelby-Williams Medical Shelley Manufacturing Company Simmons Company, Contract Division Sunroc Corporation Halsey W. Taylor Company Thonet Industries

Cubicle Curtains

Jack Lenor Larsen Steri-Tex Corporation Tami Products Company Vikton Company

Handrails and Bumper Guards

Brown Manufacturing Company

Construction Specialties

Carol Jean Bormann

Candidate for the Degree of

Master of Science

Thesis: HOSPITAL INTERIOR DESIGN SPECIFICATION DEVELOPMENT

Major Field: Housing and Interior Design

Biographical:

- Personal Data: Born in Lincoln, Nebraska, May 27, 1941, the daughter of Carl Johannes Christiansen and Wilma Heers Christiansen. Married Nicholas William Bormann, October 17, 1964.
- Education: Graduated from Joplin Senior High School, Joplin, Missouri, May, 1959; received the Bachelor of Science degree in art from Southwest Missouri State University, Springfield, Missouri, in 1963; completed requirements for the Master of Science degree, Oklahoma State University, Stillwater, Oklahoma, May, 1975.
- Professional Experience: Interior Design Consultant, Fenton Office Supply, Stillwater, Oklahoma (1974-1975).
- Organizations: Institute of Business Designers, Phi Kappa Phi, Omicron Nu, Delta Phi Delta, Who's Who Amoung Students in American Colleges and Universities.