# THE EFFECTS OF MATERIAL REWARD

# ON PERFORMANCE IN DRUG

DEPENDENT SUBJECTS

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# Thesis Approved:

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### CHAPTER I

#### **RESEARCH PROBLEM**

Several investigators have shown that reward, when introduced into children's discrimination learning and other simple tasks, hinders rather than facilitates performance (Terrell, Durkin, & Weisley, 1959; McCullers & Martin, 1971; Spence & Segner, 1967). Subsequently, the detrimental effects of material rewards have been demonstrated across a wide range of tasks and developmental levels. Contrary to expected facilitation, rewards have been shown to undermine subsequent interest in an activity (Csikszentmihalyi, 1975; Deci, 1975; Lepper, Greene & Nisbett, 1973), and to have detrimental effects on immediate task performance (McGraw, 1978; Kruglanski, Friedman, & Zeevi, 1971).

Recently, investigators have suggested another interpretation, that of developmental regression (Fabes, Moran, & McCullers, 1981; Moran, McCullers, & Fabes, 1984). According to this view, based upon results obtained through research with university students using the Weschler Adult Intelligence Scale, rewards may have an adverse effect by producing a temporary regression in cognitive and psychological functioning. Extending the regression inquiry to children, Moran et al. (1984) replicated Fabes et al. (1981) findings with adults. However, based on findings with

children, it was suggested that there may be a minimal level below which regression effects do not occur or are not detectable.

Fabes, McCullers, & Moran, (in press) utilitzed ten developmental variables of the Holtzman Inkblot Technique (HIT) with university students to extend the inquiry from higher (cognitive) functions, to more primitive, perceptual tasks. Results again supported the regression hypothesis. Based on these results, it seemed resonable to conclude that rewards can produce a regression in higher cognitive functioning and lead to less mature perceptual organization and functioning as well. Although as Fabes et al. (in press) point out, a further search for the mechanisms by which rewards produce these effects is needed.

Few would disagree that from an evolutionary perspective, rewards are essential to individual and species survival. For this reason, rewards may be related to behaviors and brain centers that could be described as primitive (MacLean, 1973). From a biochemical perspective, brain mechanisms for reward have recently received new attention as a result of the discovery of endogenous neuropeptides, the endorphins and enkephalins, present in the brain tissue of humans (Goldstein, 1976). Stein and Belluzzi (1979) have strongly suggested that brain endorphins are involved in the reward function. Concurrent with the study of the biochemical processes involved in the reward system, recent research has also shown a relationship between the process of addiction or dependence on opiate substances and

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the functioning of the endorphin/enkephalin system Goldstein, 1983).

Based upon the physiology of other hormone systems, Goldstein (1983) suggests that the endorphin/enkephalin system operates on a negative feedback cycle which provides the body with natural opiates as needed. When an outside source of opiates is present in the system, as happens when opiates are ingested by a drug abusing person, the body's internal endorphin/enkephalin system ceases to function. Sudden removal of the outside source is believed to result in painful withdrawal symptoms because the natrual opiate mechanism has lost the capacity to function properly.

Logically, one might deduce that the addiction process and the reward system share a common ground. Likewise, the phenomenon of regression under reward may be related to these same subcortical centers of the brain that are involved in the biochemical reward system and the process of drug addiction or dependency. It is this potential interrelationship between the reward system, regression and the process of addiction that provided impetus for the present research.

The specific purposes of the present study were to further investigate the regression hypothesis, expanding the inquiry to adult subjects under the influence of an exogenous opiate substance. The study also attempted to replicate earlier findings (Fabes et al., 1981; Moran et al., 1984; Fabes et al., in press), and increase the body of knowledge about the reward system and the process of drug dependence.

The experiment attempted to answer the following questions: (a) Does the offer of reward to a normal subject produce responses that resemble those of a nonrewarded drug-dependent subject or a drug-free subject with a history of drug dependence?, and (b) What effect do rewards have on the performance of the drug-dependent subject?

It was hypothesized the performance of normal and drug-free subjects under reward would resemble the performance of drug subjects not under reward on instruments sensitive to reward effects and changes in developmental level. That is, a regression effect would occur in normals and drug-free subjects as a result of rewards, and in drug-dependent subjects as a result of drugs. The performance of drug subjects under reward might be further regressed or show no change if these subjects were maximally regressed already as a result of the daily chemical ingestion of Methadone. It was also hypothesized that reward subjects, relative to nonreward subjects, in the drug-free and normal groups, would perform at a developmentally less mature level.

### CHAPTER II

# METHOD

#### Logic

A sample of persons undergoing treatment for dependency on exogenous opiates was thought to yield the best opportunity for detecting a relationship between such dependency and a reward-system disruption. If endorphins are responsible for the "reward" or "pleasure" effect, which is essentially duplicated daily in the drug group from an external source (Methadone), then the subject's internal reward system should be disrupted which behaviorally would be demonstrated in the performance of these subjects under reward and nonreward conditions.

#### Subjects

All subjects in the experiment were adult male volunteers who ranged in age from 26 to 54 years. The mean ages for the Drug group and the Drug-free group were 38.8 and 35.9 years respectively. Mean age for the normal group was 33.4 years. Subjects in the Drug and Drug-free were undergoing treatment for drug dependency in Oklahoma. The potential maximum sample available for participation in the Drug and Drug-free groups was 45 subjects. Of this number, 37 participated initially, with 28 completing both sessions. Each of the three groups consisted of 14 subjects, or a total of 42.

Occupationally and educationally, the subjects varied widely, but equally within and between groups, with members of each group having educational preparation ranging from high school to graduate school and occupations ranging from skilled workman to professional.

#### Drug Group

The 14 subjects in the Drug group, ranged in age from 28 to 54 years. Each was involved in an outpatient treatment for drug dependence. The treatment generally consisted of several visits per week to the clinic for group or individual counseling or psychotherapy and daily oral maintenance doses of Methadone Hydrochloride in amounts ranging from 30 to 55mg per day. The dosage varied individually depending on need, and medical history. Additionally, to remain in the program and be eligible for receipt of Methadone maintanence, each patient was required to maintain some type of paid employment and avoid all other drugs. Subjects in this group had been enrolled in the treatment program for various periods of time ranging from one to five years.

### Drug-Free Group

The 14 subjects in the Drug-free group ranged, in age from 26 to 44 years. These subjects also were involved in treatment for drug dependence, with 12 undergoing treatment for dependence upon exogenous opiates and 2 undergoing treatment for dependence upon a variety of drugs including narcotics. The treatment consisted of weekly individual and group psychotherapy, but did not include receiving Methadone Hydrocholride. Members of this group were also required to

maintain paid employment and avoid all drugs. Therefore, this group was was referred to as the Drug-free group. Subjects in this group had been drug-free at the time of participation for periods of time ranging from a few months to several years.

#### Normal Group

The 14 subjects in the Normal group ranged in age from 26 to 36 years, and were currently employed as firefighters. As part of the criteria for employment, these men were required to pass physical and psychological screening batteries designed to eliminate persons having any of several problems, including drug dependence. Holtzman et al.(1961) utilized Austin, Texas, firefighters to obtain adult normative data for the HIT. In matching this group to the other two, the same rationale applied. This group varied educationally in the same ways as the other two groups.

Interviews were held with each man prior to participation and each subject was asked to exclude himself if he was using any prescription medication now, or if he had ever been involved in treatment for drug dependence. The administration of the department was also asked to identify those persons whom they thought might now, or previously have had a drug abuse problem.

### Matching Procedure

All three groups were matched as closely as possible on age, sex and initial intellectual ability. The Vocabulary and the Block Design subscales of the WAIS were used to estimate IQ. Research on short forms of the WAIS (Tipton, & Stroud, 1973; Silverstein, 1967; 1970) has shown this pair of subscales to be one of the best duads for predicting Full Scale IQ (r=.90). The average IQ estimations for the groups ranged from 95 to 119. The results of the matching procedure and the data on the matching variables are presented in the Results section.

#### Selection Procedure

A presentation was made by the investigator inviting the total population of patients to participate in a study aimed at helping to increase information about drug dependence and treatment. No mention of reward was made at any point in the The patients were told that participation was presentation. not required by either the treatment program or the counselors. Volunteers we asked to contact the secretary at the clinic for an appointment. Confidentiality was stressed concerning identities of the participants. A letter, restating the oral presentation was placed on the program bulletin board and patients told of its location. Several meetings were held with the staff and administration to explain the study and enlist cooperation. The staff was asked not to discuss the project with the patients but to refer questions to the investigator.

Essentially the same procedure was followed with the normal group, with emphasis placed on confidentiality and on voluntary participation. Finally, letters were provided to those not present at the oral presentation inviting participation. All sessions were scheduled at the subjects' convenience.

#### Materials

#### Background and pretest.

In deciding upon the appropriate instruments for the study, the following criteria the effects of developmental change in a normal population. (b) The instrument should be sensitive to the effects of reward. (c) Ideally, the instruments should be well-known, published devices with established reliability, validity, and standardized normative data available.

The instruments selected for use in the present study were four subscales of the Wechsler Adult Intelligence Scale (WAIS), i.e., Picture Arrangement (PA), Object Assembly (OA), Block Design (BD), and Vocabulary (V), (Wechsler, 1955); and Form A of the Holtzman Inkblot Technique (HIT), (Holtzman et al., 1961). These instruments have been used with drug dependent populations, including methadone patients. Also, these instruments meet the selection criteria of the present study (Moran et al., 1984; Fabes et al., 1981; Fabes et al., in press; Lombardo,Lombardo, & Goldstein, 1976; Culver & King, 1974; Appel & Gordon, 1976).

#### The Holtzman Inkblot Technique

The Holtzman Inkblot Technique was developed by Holtzman, Thorpe, Swartz and Herron (1961) in an attempt to produce an inkblot series for use in research, free from limitations of the Rorschach Inkblots. Of the possible 21 variables scored on the HIT, 10 have appeared sensitive to developmental change in previous studies (Fabes, et al., 1981; Fabes, et al., in press; Clark, Veldman & Thorpe, 1965). These variables are Form Appropriateness (FA), Form Definiteness (FD), Location (L), Shading (Sh), Human (H), Movement (M), Color (C), Integration (I), Reaction Time (RT), and Pathonogmic Verbalization (PV) and are scored individually for each inkblot.

A total score is obtained for each subject's performance by totalling all individual inkblot scores on each variable. Higher scores in FA, FD, Sh, C, H, M, and I with lower scores in L, and PV, with slower RT, are associated with a more mature level of perceptual development in previous studies. Conversly, a more immature level of development would be demonstrated in lower FA, FD, Sh, C, H, M, I scores, higher L, and PV, and a faster RT.

Holtzman et al.(1961) reports consistently high reliability for the instrument, on several factors. Reported measures of interscorer reliability, regardless of the scorer's degree of training and experience with the HIT, were generally .90 or higher (p. 104). Likewise, a split-half reliability study on college age males, using Form A, reveal reliability coefficients for each variable ranging from .84 to .99.

Only a portion of the HIT was used due to the time required for administration of the total 45 blots, (usually 70 minutes), and the length of time the subjects typically were available for each session. Initially, the total 45 blots were to be administered to each subject. However, in two pilot sessions the subjects failed to complete the blots due to fatigue and time available. Interviews held with program staff and several patients, revealed that the optimal period for maximum participation of subjects in the Drug and Drug-free groups would be about one hour per session. The HIT literature indicated that a 30 item short form of Form A was available for group administration. However, the group format could have resulted in a loss of sensitivity to several developmental variables of interest (Herron, 1963; Holtzman et al., 1961).

Based upon these considerations, the first 30 blots of Form A, individual form, were chosen for use in the study. These were divided into two sets of 15 blots each. Set one consisted of the even numbered blots (2-30), and Set two consisted of the odd numbered blots (1-29). Holtzman et al. (1961) reported that in a study of 92 college aged males, the even numbered blots were compared to the odd numbered blots, and yielded split-half reliability coefficients for each variable that ranged from .84 to .99.

### The Wechsler Adult Intelligence Scale

The Wechsler Adult Intelligence Scale is a standardized psychological instrument used commonly for assessment of intelliqence in adults. Three subscales, Block Design, Picture Arrangement, and Object Assembly from the nonverbal intelligence portion of the WAIS, were chosen for use in the study. Validity and reliability values are available in the WAIS manual (Wechsler, 1955).

#### Experimental Procedure

In order to insure that the subjects in the Drug-free group remained drug free, and that those in the Drug group

ingested only their prescribed daily Methadone, random urine samples were taken weekly from the Drug and Drug-free throughout the project. None of the subjects was in need of detoxification at the time of their participation. Subjects suspected, either by the experimenter or the staff, of taking drugs other than the prescribed Methadone, or subjects having a positive urine screening test were excluded from the study. Subjects behaving in an intoxicated manner during testing or during their regular clinic psychotherapy sessions were given a urine test. A total of eight subjects from the Drug group were excluded based upon positive urine tests following the first session of testing. Urine screening tests were not conducted with the normal group. None of the normals was suspected of taking drugs and none was excluded from the study.

All subjects performed individually in two separate sessions, each lasting approximately one hour. Informed consent was obtained from each subject prior to participation in the first session. In the first session, all subjects were administered Set One of the HIT (even numbered blots, 2-30) and subscales of BD, V, PA, OA, of the WAIS, according to the standard (nonreward ) procedures contained in the manuals of the two instruments (Wechsler, 1955; Holtzman et al., 1961). Following Session One, subjects in each group were randomly assigned to either a reward or a nonreward condition, with the restriction on randomization that there be equal numbers of subjects in each condition. Session Two was scheduled an average of ten days after

Session One. Prior to administration of the instruments in Session two, subjects in the reward condition were told:

> This research is being funded by a grant and as a result we have been authorized to give money to some of the participants in this experiment. Therefore, you will receive five dollars for your participation. I have the money with me and after the session is completed, I'll fill out a receipt and I will give you five dollars.

In Session two, all subjects again received the same instruments used in Session One, except that Set Two of the HIT (odd numbered blots, 1-29) was used in place of Set One and the Vocabulary subscale was omitted. The Vocabulary subscale had been used in Session One only for estimating IQ. Following completion of the instruments, in both Sessions One and Two, all subjects were interviewed concerning whether and how much they enjoyed the experiment, and were debriefed and asked not to discuss the experiment with their peers.

#### Design

The final design was a multi-factor mixed design with repeated measures. Three groups of subjects were matched on initial ability, age and sex: (a) a Drug group, (b) a Drug-free group, and (c) a Normal group. In the first session, all subjects performed under standard, nonreward conditions. In the second session, within each group, subjects were assigned randomly to either a reward or a nonreward condition.

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### CHAPTER III

### RESULTS

### Matching Variables

The matching procedure yielded average estimates of IQ that ranged from 96 to 119 across groups. The mean IQ estimates for the Drug group were lower than the other two groups, on analysis the Drug group, mean IQ was 96 and 105 for reward and nonreward conditions respectively. For the Drug-free group, the reward and nonreward mean IQ scores were 112 and 119, repectively. For the Normal group, the reward and nonreward IQ means were 119 and 115 respectively.

Analysis of the Vocabulary and Block Design score revealed that mean Vocabulary score for the Normal group was 14.2, and mean Block Design score was 12.5. For the Drug-free group, mean Vocabulary and Block Design scores were 14.2 and 11.2 respectively. Mean scores for Vocabulary and Block Design for the Drug group were 13 and 9.6 respectively. The majority of the subjects in the Drug group responded to the Block Design tasks at a much slower rate than in the other groups, resulting in a lower scale score on Block Design and an overall lower IQ estimate. Drug group subjects also had an overall slower Reaction Time on the Holtzman Inkblot Technique. These results appear to be due to the effect of the ingestion of Methadone daily and could reflect

an underestimate of true IQ in the Drug group.

#### Quantitative Findings

Initially, a 3 (Drug, Drug-free, Normal) X 2 (Reward, Nonreward) analysis of variance with repeated measures on the 10 targeted HIT variables and the 3 WAIS variables revealed significant main effects for group on 4 of the HIT variables and on all 3 WAIS variables, as well as significant group x treatment x pre and post measures interactions. Individual comparisons for each of these significant variables were computed using F tests for repeated measures. The results of these analysis indicated that reward subjects in the Drug group scored significantly lower on Location, F(1,36) =10.19, p < .05, higher on Movement, F(1,36) = 4.33, p < .05, and lower on Human F(1,36) = 4.20, p < .05, and Pathognomic Verbalization F(1,36) = 8.06, p < .05, than nonreward Drug subjects. All other values in the Drug group failed to reach statistical significance. Table 1 summarizes these results.

Insert Table 1 about here

Analysis of reward and nonreward pretest/posttest scores revealed nonsignificant trends in the Drug group toward faster Reaction Time, higher scores on Form Appropriateness, Shading, Form Definiteness, and lower scores on Integration under reward compared to nonreward Drug subjects. Table 1 summarizes the Session One and Session

Two results. In both the Normal and Drug-free groups no significant effect of reward was found.

Analysis for the Normal and Drug-free groups revealed no significant reward effects. Although there were trends in predicted directions in several variables, these failed to reach statistical significance. The mean HIT scores for each group tend to be somewhat misleading unless pretest/posttest scores for each group by condition are considered as well. Tables 2 and 3 summarize these results.

Insert Tables 2 and 3 about here

Analysis of pretest/posttest raw score differences for the Normal group revealed trends toward lower scores on Integration, Movement, Form Appropriateness, higher scores on Location and Form Definiteness, and faster Reaction Time under reward conditions. Analysis of the pre/posttest raw scores of subjects in the Drug-free group revealed trends toward lower scores in Integration, Color and higher scores in Location, and Human and a slower Reaction Time under reward conditions. While not statistically significant, comparison of these pretest/posttest raw scores assist to clarify relationships between the variables.

Significant group differences occurred between the Drug-free and the Normal groups in Human variable scores, with the Drug-free group scoring significantly higher than the Normal group. F(1,24) = 8.08, p < .05. All other group main effect differences occurred between the Drug and the Normal group, with the Drug group scoring significantly lower on Form Appropriateness F(1,24) = 8.97, p < .05, Block Design F(1,24) = 12.97, p < .001, and Object Assembly F(1,24) =16.85, p < .001, Picture Arrangement F(1,24) = 6.75, p < .05, and significantly higher on Movement F(1,24) = 7.82, p < .05, and Integration F(1,24) = 6.58, p < .05, than the Normal group.

There were no significant effects on the WAIS subscales of Picture Arrangement, Block Design, and Object Assembly in reward or nonreward conditions, however, reward subjects did have a higher error rate on the WAIS variables than the subjects in nonreward conditions and a shorter solution time measure. The exception to this was the drug subjects, where the time measure slowed under reward.

### Qualitative Findings

Subjects questioned following the sessions concerning their enjoyment of the tasks overwhelmingly stated they enjoyed the tasks and frequently described the experience as "fun" or "interesting". The majority of the subjects perceived the inkblots to be the most difficult of the tasks presented. With regard to reward, several interesting responses occurred to the offering of reward during the second session.

In the Drug group, all but one of the subjects were delighted to receive payment, with the one simply not commenting. The Drug-free group likewise, happily accepted

the reward without hesitation. However, in the Normal group, which was chosen from volunteers of local firefighters, the first four subjects offered the reward, abruptly declined stating they did not wish to participate for payment, because they were "doing this to help". When reminded that the money came from a grant for the project and not from the personal funds of the investigator, these four subjects again replied consistently that they were participating to "help". At this point, the investigator discontinued the discussion and re-assigned these subjects to the nonreward condition, retesting them without reward. All remaining Normal subjects except one accepted the reward in a manner similar to the subjects in the Drug-free and Drug groups. The additional Normal subject who refused reward was also re-assigned to the nonreward condition.

In attempting to explain the refusal of reward by five subjects in the Normal group, a study by Upton (1974) where blood donors were payed for giving blood and compared to donors who were enlisted to help by voluntarily giving blood may be of relevance. The offer of monetary reward to potential donors was found to undermine their motivation for giving blood. Perhaps in this instance, an added variable of altruistic concern or a specific characteristic of the subjects was responsible for their response. Additional research in these areas is needed to clarify these issues.

#### CHAPTER IV

#### DISCUSSION

Initially, one sees from the results that reward does affect performance on certain HIT variables in all three groups, however, reward affects performance differently in each group. This is not a surprising idea, for as group differences are compared, results seem to indicate that all three groups are different to some degree, with the Drug group and the Normal group differing significantly (p < .05) on several HIT and variables. The Drug group had significantly lower scores than the Normals on FA of the HIT, and BD, PA, OA of the WAIS, and significantly higher scores on the HIT variables of M and I. In addition, the Drug group tends to score higher, though not significantly so, on H and PV than the Normals under nonreward conditions. Essentially, these differences indicate the Drug group is developmentally less mature relative to the Normal group prior to the administration of reward. This conclusion was further clarified by comparing the Drug group scores to the HIT norms for five year olds, elementary school children, and 7th graders, by multiplying the score obtained on the fifteen HIT blots by three, to get full form estimates. The Drug group scores resembled the normative scores for children more than the adult norms supplied by Holtzman et al, (1961).

Although the Drug group's HIT profile does not match any one particular group profile, the score values are more in the average ranges for the younger normative groups than the older, normative groups. In fact, only scores on two of the ten variables, M (66%) and L (57%), in the Drug group approaches the 50th percentile for the adult norms. All others fall in extreme (below 35% or above 85%) percentages of the adult norms. Higher M, H, and I for the Drug group seem not to be in a developmentally less mature direction, however, Hill (1972) reports higher H and M scores in persons with labile emotions. In one of the few studies using the HIT with Drug users, Hartzung & Skorka (1980) report higher H and M scores for psychedelic drug users compared to nondrug users. Thorpe & Swartz (1965) found a regular increase of I scores with increasing age from five to twenty years, with late adolescents scoring higher than older adults. This finding supports the idea that the Drug group may be developmentally younger than the Normal group on I, considering mean chronological age and comparison to HIT adult norms.

Differences on H and M variables may be consistent with profiles of populations with labile emotions, or with Drug abuse histories. These findings and comparisons, along with the present data suggest the scores of the Drug group prior to reward, are at a developmentally less mature level relative to the Normal group. This is consistent with the hypothesis predicting the Drug group would be developmentally less mature than the other groups.

In comparing the Drug-free to the Normal group, no differences existed between the Drug-free and the Normals except on the H and M variables, which were higher for the Drug-free group and consistent with the direction of the same variables in the Drug group and in the study of Drug users. On other variables, the Drug-free group was more like the Normal group developmentally. When compared to the HIT norms, these two groups appear most like the adult and college-age norms, which is more consistent with their chronological age, under nonreward conditions. Thus, the hypothesis that these two groups would differ developmentally from the Drug group, but not from each other, was supported by the results.

The idea that the performance of the Drug-free and Normal groups under reward would be at a developmentally less mature level under nonreward, was not supported statistically . However, the performance of Drug-free and Normal groups under reward, while not reaching statistical significance, did modify in the predicted directions, suggesting that the idea of performance und reward resembling performance under Drug effect is a viable one. As a comparison of Drug group responses is made to those of the Normal group, an opposite effect is observed. The Normal group reacts to reward in a way very similar to previous studies (Fabes, 1981; Fabes et al., in press), that is, scores on FA, Sh, RT, M, I, and H decrease, with a raising of L and FV scores, with reward. In the present study, this response makes the Normal group under reward

resemble the Drug group's performance. Only in the M and H variables do the Drug group and the Normal group under reward differ widely, most probably related to the inherent differences in the two populations, also seen in previous studies of Drug users (Hartzung & Skorka, 1980).

The Drug group, on the other hand, unpredictably, did respond to reward, but in a way unlike the other groups. The Drug group's scores elevate significantly on L and M, while decreasing on H and PV under reward. On FA, Sh, and FD, there is a trend toward elevation and a decrease in I with reward. This seems to suggest that the Drug subjects under reward move towards a higher developmental level, while the Normals move in an opposite direction. An explanation of these findings seems to be found in the Moran et al.(1984) study where nursery school children's performance was facilitated on heuristic tasks when reward was offered. In the same study, college-age subjects' performance was disrupted by reward on heuristic tasks. Perhaps because the Drug subjects were at a developmentally less mature level than the Normals, their performance was facilitated in the same ways as the nursery school children. Perhaps, for both young children and drug patients, further regression can not occur or can not be measured. On the other hand, the performance of the Normal group under reward tends to look more like that of the Drug subjects, though not statistically significant, these directions provide rationale for exploring these questions more fully.

As stated previously, performance on the subscales of

the WAIS was not significantly different for reward or nonreward conditions in any group. The Drug group did score significantly lower than the Normal group on all three WAIS variables, probably related to their lack of ability to respond as quickly as the Normals due to the Drug effects of Methadone. The Drug-free group did not score significantly differently than the Normal group, suggesting the slowness of the Drug group may be related again to Drug ingestion versus long term neurological deficits from a history of Drug use.

An increase in errors with a shorter response time, did occur in the Normal and Drug-free reward groups, consistent with previous findings of reward disrupting performance on these tasks (Fabes et al., 1981). On the contrary, there was a tendency toward slowing of response times and an increase in errors in the Drug groups suggesting that reward may have enhanced the effects of the drug with the Drug subjects, although no significant conclusions can be drawn at this point.

#### Conclusions and Implications

The present study produced much information for thought on the issues initially raised. The findings provide some support for the idea that reward may produce regression effects in normals that resemble performance of subjects under the influence of a drug. Certainly, from these results, the effects of reward seem most duplicated by the people receiving an actual drug substance, than by those with only a history of drug taking. The normal group under reward tends to regress developmentally to perform like the drug group,

with the drug-free group looking more like the normal subjects than the drug subjects. The tendency for normals under reward to perform like drug subjects under nonreward may mean the effect of reward resembles that of an opiate in this case, Methadone. However, the effects of reward in these populations is far from clear at this point.

The present study was limited to a small sample and partial measures on the Holtzman Inkblot Technique. The effects of these limitations are difficult to predict. So, replication with a larger sample, and all 45 HIT blots would be useful. Likewise, comparison of a drug population to a population previously shown to have a highly significant reward effect would also be useful in gaining a more accurate understanding of the concept of regression, reward and the reward system.

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## Table 1

# HIT Performance of Drug Group Under Reward

HIT	Nonreward				Reward				
Variable	Session 1		Session 2		Session 1		Session 2		
	М	<u>SD</u>	M	<u>SD</u>	M	<u>SD</u>	М	<u>SD</u>	
RT	16.8	6.1	16.2	7.0	30.7	15.2	27.7	12.9	
L	10.0	2.1	12.1	3.4	11.7*	4.9	9.8	2.9	
FD	23.0	4.2	23.1	3.2	21.0	4.5	22.8	2.6	
FA	14.0	3.3	15.4	1.5	13.0	3.7	16.8	3.5	
С	14.2	5.2	10.7	5.6	11.5	4.8	11.8	2.9	
Sh	8.4	2.4	9.1	2.4	5.8	2.2	7.8	2.1	
М	17.8	10.1	16.5	7.2	9.1*	7.2	13.1	5.4	
Н	8,0	5.6	8.4	3.3	8.4*	3.7	6.1	4.4	
PV	3.0	2.5	2.5	2.7	0.5#	1.1	0.4	0.7	
I	5.0	2.9	4.1	2.9	4.5	2.7	2.7	1.8	

and Nonreward Conditions

\* <u>p</u> < .05

### Table 2

# HIT Performance of Drug Free Group Under Reward

## and Nonreward Conditions

HIT	Nonreward				Reward				
Variable	Session 1		Session 2		Session 1		Session 2		
	М	<u>SD</u>	M	<u>SD</u>	M	<u>SD</u>	М	<u>SD</u>	
RT	21.5	8.4	20.5	7.0	19.8	3.7	22.8	10.2	
L	11.5	4.7	10.8	4.4	9.4	2.6	14.4	4.1	
FD	24.4	3.9	24.1	4.0	22.1	3.8	24.7	6.1	
FA	16.5	3.2	16.2	2.7	16.8	1.3	16.5	4.0	
С	9.5	2.8	10.0	2.8	12.0	1.9	9.4	4.0	
Sh	7.7	4.0	8.7	3.7	8.8	2.2	6.7	2.7	
М	15.8	3.8	14.0	6.8	12.0	5.1	11.1	5.6	
Н	9.1	3.5	8.5	3.9	8.1	3.0	9.4	4.0	
PV	0.4	0.7	0.8	0.8	1.4	1.5	1.1	1.9	
I	4.0	1.7	3.4	2.2	3.4	2.2	2.7	2.3	

## Table 3

## HIT Performance of Normal Group Under Reward

## and Nonreward Conditions

HIT	Nonreward				Reward				
Variable	Session 1		Session 2		Session 1		Session 2		
	M	<u>SD</u>	M	<u>SD</u>	М	<u>SD</u>	М	<u>SD</u>	
RT	25.2	6.1	24.7	8.3	24.5	5.8	23.1	9.6	
L	8.7	1.2	10.2	2.9	9.5	2.0	13.4	4.7	
FD	22.0	1.1	22.4	3.0	21.1	3.7	24.4	4.1	
FA	17.7	1.9	16.2	3.1	18.2	2.3	17.0	1.7	
С	12.4	4.0	9.4	3.9	12.0	4.4	10.8	4.0	
Sh	8.4	2.3	5.8	3.4	7.7	2.0	6.0	2.1	
М	7.1	4.3	7.4	5.2	10.1	6.3	6.7	3.8	
Н	7.2	1.6	4.4	2.4	6.4	1.6	5.4	2.5	
PV	0.2	0.7	0.8	1.2	1.5	1.8	1.0	1.4	
I	2.4	1.8	2.1	2.4	2.7	0.7	2.0	1.4	

### APPENDIX A

## REVIEW OF LITERATURE

#### **REVIEW OF THE LITERATURE**

A review of the literature was conducted focusing on the main concepts providing the background and foundation for the present study. These concepts included reward and performance; endorphin/enkephalin compounds; the reward system; drug dependency, specifically opiate dependency; and the relationships between these concepts which are pertinent to the present research. A review of literature concerning the instruments used in the present study is also included.

Reward, Performance and the Concept of Regression

As previously stated, several researchers have shown that reward, when introduced into children's discrimination learning and other simple tasks, hinders rather than facilitates performance (Terrell, Durkin, & Weisley, 1959; Spence & Segner, 1967; McCullers & Martin, 1971). Subsequently, the detrimental effects of material rewards have been demonstrated across a wide range of tasks and developmental levels. Contrary to an expected facilitation, rewards have been shown to undermine subsequent interest in an activity (Csikszentmihalyi, 1975; Deci, 1975; Lepper, Greene & Nisbett, 1973), and to have detrimental effects on immediate task performance (McGraw, 1978; Kruglanski, Friedman, & Zeevi, 1971).

In an effort to explain and understand the seemingly

illogical finding of material reward having a detrimental effect on performance, McGraw (1978) proposed an empirical prediction model consisting of an algorithmic--heuristic dimension and an attractive--aversive dimension. Simply, the model predicts material rewards will facilitate aversive and algorithmic tasks, but prove detrimental to performance on tasks that are both heuristic and attractive. An empirical test of this model (Fabes, Moran, & McCullers, 1981) revealed that subjects under reward performed heuristic--attractive tasks with a greater error rate than did subjects under nonreward conditions. Reward and nonreward subjects in the Fabes et al.(1981) study, however, did not perform significantly different on the algorithmic tasks suggesting that reward may not facilitate algorithmic task performance, as McGraw (1978) would have predicated. If nonreward subjects had preformed more poorly on both algorithmic and heuristic tasks one might argue that reward disrupts performance in general. Nonetheless, reward--nonreward differences were confined to heuristic tasks, which typically require a higher level of cognitive functioning. These findings led McCullers and colleagues to suggest that a regression of higher level, cognitive functioning may occur under reward. That is, subjects under reward may function at a lower level developmentally than they would if reward were not present.

Investigation of the concept of regression in cognitive functioning under reward conditions has continued in several subsequent studies. To examine the effects of reward on the drawings of preschool children under conditions that would

· 1.

allow for a developmental assessment of performance, McCullers, Moran, & Fabes, (in press) utilized Goodenough's Draw-A-Man (DAM) and the Peabody Picture Vocabulary (PPVT) with boys and girls from 42 to 68 months of age. The children under reward conditions demonstrated consistently poorer performance on both the drawing tasks of the DAM and the intelligence measure of the PPVT whether measured between or within subjects. In addition, when given opportunity to perform in the first session under reward conditions, then in the second session under nonreward conditions, the children's performance improved dramatically in the second, nonreward condition, a finding that would be difficult to explain by means of cognitive motivational theory. In support of the regression hypothesis, consistently poorer (developmentally less mature) performance, was obtained under reward on both measures in the study. The finding, that the offer of reward to subjects often led to less mature performance was in general agreement with the results of previous studies by these researchers using selected subscales of the Wechsler Adult Intelligence Scale (Wechsler, 1955) and developmental variables on the Holtzman Inkblot Technique (Holtzman et al., 1961) with adults and children (Fabes et al. 1981; Moran, McCullers, & Fabes, 1984; Fabes, McCullers, & Moran, in press).

In one such study, Moran et al. (1984) attempted to replicate earlier findings (Fabes et al. 1981) and extend the inquiry to children, utilizing subscales of the Wechsler tests (ie. The Wechsler Adult Intelligence Scale [WAIS] for

university students; the Wechsler Intelligence Mcale for Children--Revised [WISC-R] for fourth graders; and the Wechsler Preschool and Primary Scale of Intelligence [WPPSI] for nursery school children). Results in reward and nonreward conditions revealed reward again significantly hindered performance on those subscales defined as heuristic (Similarities [S]; Block Design [BD]; Object Assembly [OA];) for college students, while also revealing the subjects made significantly more errors than nonrewarded adults on the heuristic tasks. Surprisingly for the nursery school children, the effect of reward on the algorithmic and heuristic tasks was reversed. That is, reward facilitated heuristic performance and hampered algorithmic performance. While for elementary school subjects, there was no significant effect with reward on either set of subscales. These results provided further evidence that reward can have adverse effects on performance on heuristic tasks, consistent with McGraw's (1978) model and Fabes et al.(1981) findings. The results for the nursery school children suggest, according to Moran et al. (1984), that while reward produces regression in performance, there is a minimum level of development below which regression effects do not occur or are not detectable.

The developmental impact of reward is further clarified and expanded by Fabes, McCullers, & Moran (in press) utilizing variables of the Holtzman Inkblot Technique (HIT) sensitive to developmental change. Focusing on detecting reward-induced regression by extending inquiry from higher

(cognitive) function to more primitive, perceptual tasks requiring heuristic processes, Fabes et al.(in press) explored the effect of reward on the inkblot responses of male and female university students. Results revealed a highly significant main effect of reward. That is, reward subjects performed at a significantly lower level across the developmental variables, than nonreward subjects. Males performed relatively lower under reward than females. In general, these results again supported McGraw's (1978) model which predicts the detrimental effects or rewards in tasks that are attractive and require heuristic solutions. To further illustrate the regression effect, comparisons of the median HIT scores of the reward and nonreward groups to the normative data presented by Holtzman et al. (1961) indicate the scores of the nonreward group resembled the normative information for college students. Whereas, the same comparison to norms with the reward group data, indicate reward subjects' scores resemble the normative scores for fifth-grade elementary children. The results reviewed in the literature have led to the conclusions that rewards produce a regression in higher level (cognitive) functioning and lead to less mature perceptual organization and functioning, as Although, as Fabes et al. (in press) point out, a well. further search for the mechnisms by which rewards produce these effects is needed.

#### The Holtzman Inkblot Technique

The Holtzman Inkblot Technique was developed by Holtzman, Thorpe, and Herron (1961) in an attempt to produce an

inkblot series for use in research free from limitations of the Rorschach Inkblots. By permitting a subject only on response per card, increasing the number of blots used, and employing more objective standardized, yet simplified scoring procedures, Holtzman et al.(1961) attempted to preserve the rich perceptual, projective material of the Rorschach, while enhancing the psychometric value (Holtzman et al., 1961).

As evidence of achievement of enhancing the psychometric value, Holtzman et al. (1961) reports consistently high reliability for the instrument, on several factors. Reported measures of interscorer reliability, regardless of the scorer's degree of training and experience with the HIT, were generally .90 or higher (p. 104). Likewise, a split-half reliability study on college age males, using Form A, reveal reliability coefficients for each variable ranging from .84 to .99.

Furthermore, the HIT has been used to investigate developmental cognitive functioning. Thorpe and Swartz (1965, 1966) administered the HIT to several different levels (6.7, 9.7, 12.7 years of age). Results revealed significant increases in variables of Integration (I), Form appropriateness (FA), Form Definiteness (FD), Movement (M), Human (H), and Shading (Sh) with increasing age. Decreases were seen with increasing age in Pathognomic Verbalization (PV). Other studies utilizing the HIT to assess developmental, as well as heuristic processes, reveal the above developmental changes, in addition to increases in Color (C) and

Response Time (RT) and decreases in Location (L). These variables were found to be related to flexible, creative or divergent thinking (Clark, Veldman, & Thorpe, 1965; Richter & Winter, 1966).

Fabes et al.(in press), utilized ten developmental variables on the HIT, under reward and nonreward, with college students. Reward subjects had lower scores on the variables of FA, FD, Sh, I, M, H, C; and higher scores on PV and L; with faster RT. Generally, these findings were again consistent with a lower developmental level in problem solving, creativity and perceptual maturity. Evidence from previous research actively supports the selection of the HIT as an instrument for measuring developmental change of perceptual or heuristic stimuli.

The Wechsler Adult Intelligence Scale The study also employed selected subscales of the WAIS. Subscales previously defined as heuristic attractive, by Fabes et al. (1981) were chosen in an attempt to replicate those findings and others (Moran et al., 1984). The subscales utilized in the present study are the Block Design (BD), Picture Arrangement (PA), Object Assembly (OA), and Vocabulary (V). V and BD were combined to yield a scaled score IQ equivalent for matching each group on initial ability. Reliability an validity scores for the WAIS are available in the WAIS manual (Wechsler, 1955; p. 12).

#### Brain Reward Mechanisms

Few would disagree that from an evolutionary

perspective, rewards are essential to individual and species survival. For this reason, rewards may be related to behaviors and brain centers that could be described as primitive (MacLean, 1973). From a biochemical perspective, brain mechanisms for reward have recently received new attention as a result of the discovery of endogenous neuropeptides present in brain tissue of humans, named endorphins and enkephalins (Goldstein, 1976). In examining the function of endorphins and enkephalins in the brain, Stein and Belluzzi (1979) have strongly suggested a reward, and the release of endorphins into the body. Concurrent with the study of biochemical processes in the reward system, recent research has also shown a relationship between the process of addiction or dependence on opiate substances and the endorphin/enkephalin system (Goldstein, 1983). A review of these areas of study follows.

#### Endorphins/Enkephalins

The endorphins are a group of chemical compounds known as neuropeptides, containing as principle members Leu-enkephalin and Met-enkephalin. For the purposes of the present study, these will be referred to collectively as endorphins. The search for endocrine substances which interact with the brain began as a result of research aimed at understanding mental illness and drug action on the brain. Studies conducted by Avram Goldstein (1971) revealed the presence of specialized receptors for endogenous opiate substances located in the brain. Almost simultaneously, Snyder and Pert (1973)

discovered specific opiate receptor pathways. An uneven regional distribution of these receptore in the limbic area suggested specific neuropharmacologic functions such as pain modulation for the endogenous substances, and Pert's (1973) discovery of the presence of these receptors as far down the developmental ladder as the hagfish, further suggested some specific functional role. These discoveries stimulated several investigators to pursue the search for a morphinelike substance. In 1974, John Hughes identified two such pentapeptides, methionine enkephalin and leucine enkephalin (Hughes, 1975). Likewise, high concentrations of biologically active peptides or beta-endorphins, were discovered in the pituitary and brain (Goldstein, 1976).

Following discovery of endogenous opiates, questions concerning the function of these substances centered around the recognition that the location of the endorphin and enkephalin receptors were placed strategically along those nerve pathways within the brain dominated by the monoamine neurotransmitters, positioned to control communication from one nerve cell to the other (Synder, 1977). The position of these receptors along primary pathways of perception, emotion, and pain, the enkephalins, at least appeared situated to modulate sensory sensations and emotional reactions. The suggestion of a relationship of these substances to the control of emotional processes led to further differentiation and identification of other active compounds (beta endorphins) capable of either

enhancing or inhibiting the awareness of pain and stress (Bloom, 1978). This finding led to speculation that with the brain, beta endorphin might control an opiate system which might dominate the opiate network or pathways identified by Pert (1973). Until this time though, studies revealing these findings were limited to animal studies only.

Finally, Li (1977) began synthesizing a replica of human endorphin for administration to humans with pain. Studies followed in five drug dependent subjects who volunteered to withdraw from exogenous opiates and receive the synthetic endorphin and as a result, suffered no withdrawal sickness (Li, Yamashiro, Tseng & Loh, 1977). Watson et al. (1978) investigated the relationship between endorphin administration and mental illness in several studies with psychiatric patients revealing dramatic reversals of symptoms in some of the patients receiving the synthetic compound. As a consequence of these beginning investigations, hypotheses resulted describing various roles for endogenous opioids in sensations of pain, emotional disorders, drug dependence, pleasure mediation, and reinforcement systems.

Endorphins, The Reward System, and Drug Dependence

For the past thirty years, interest has focused on the study of the physiological basis of motivation. Much of the research has attempted to identify reward centers or pathways in the brain using animals. Olds and Milner (1954), using rats, found that when given a brief electrical stimulus to their brains, animals learned as well as when rewarded by food. This finding led to the belief that a specialized

system was present in the brain, which when activated, yielded behaviors similar to those seen in behaviors motivated by biological needs. This heralded the beginning of research on the reward system in the brain, using direct intracranial stimulation. Other studies continued following Olds (1954) footsteps, eventually leading to a fairly consistent model of the anatomical and physiological reward system. A portion of the brain known as the median forebrain bundle emerged as the location for a majority of the "reward system" neurons (Olds, 1960; Routtenberg, 1971). Interestingly, this portion of the brain cooresponds closely to the primitive or reptilian centers of the triune brain as described by MacLean (1973). This same area is also densely concentrated in endorphin and enkephalin receptors (Belluzzi & Stein, 1977).

Further research with the endorphin receptors using narcotic antagonists, or synthetic drugs which compete for the natural opiate binding sites, demonstrated an ability to reverse self-administration behavior (M. Olds, 1979) and an ability to reverse reward effects (Stein, 1978; Akil, Mayer, & Libeskind, 1975). These findings suggest the physiological reward system may be biochemically mediated by the endorphin/enkephalin compounds. Based upon this idea, investigations further clarifying the relationship between the reward system, endorphins and drug dependency, centered around the phenomenon of self administration. Logically, if endorphins serve as "reward transmitters", behavior should be reinforced not only by administration of exogenous opiates

but also by direct release of endogenous opiate following electrical stimulation of the probable opiate sites. As stated previously, animal self-administration studies reveal when the reward section of the brain is stimulated, or when endorphins are self-administered, the animals will self-administer the compounds at intense rates even when hunger or survival are threatened (Belluzzi & Stein, 1977).

Adams et al.(1972) supported this idea by finding that morphine facilitated self-administration behavior, suggesting yet another link between endorphins and drug dependency. In addition, Marcus and Kornetsky (1974) implicated the reward system in opiate abuse based on the outcomes of their experiments showing that morphine lowered the threshold for rewarding brain stimulation. Subsequently, the hypothesis that the euphoric effects, or "high" of morphine are due to activation of the reward system has been advanced by these, and other investigators (Farber & Reid, 1976). The link between the

reward system, endorphins and drug dependency is most predicated on the self-administration behavioral studies mentioned above.

Regardless of the effects bound in chemical or physical dependency and regardless of the activation of the reward system itself, the key question seems to be, what mechanisms are activated to mediate self-administration ? As discussed, numerous investigations support the ideas that, (a) The facilitation of self-administration by exogenous and endogenous opiates. (b) The reversal of this facilitation

using narcotic antagonists, (c) Location of endorphin/enkephalin receptor sites indirect proximity to "reward pathways" identified through intracranial stimulation, and (d) An abstinence or withdrawal syndrome is present which is practically identical to the withdrawal syndrome seen in opiate addiction, initiated by administration of a narcotic antagonist and reversed by administration of exogenous opiates (Collier, 1983).

Originating in the behavioral, social and biochemical sciences, these studies provide the foundation for the theory of drug dependence offered by Goldstein (1976, 1978) and others (Collier, 1983).

In relating the logic of his ideas, Goldstein (1978) suggests that most pharmacological substances, or drugs, function by mimicking endogenous substances in the body. That is, they interact with specific receptors on each cell, to bring about a biochemical alteration of cell function, ultimately producing a pharmacologic action. However, the body is not endowed, evolutionarily, with specific receptors for man made chemical substances. Logically then, the receptors with which many drugs interact are actually receptors for endogenous substances which are necessary or have a normal role in organism physiology. Goldstein (1978) proposes that the endorphin system is analogous to other endocrine and neuroendocrine systems, that is to say, the administration of an exogenous hormone will activate a homeostatic negative feedback mechanism in the body that turns off endogenous production of the similar hormone.

Sudden removal of the exogenous hormone substance following institution of this negative feedback cycle results in a deficiency in endogenous synthesis. The deficiency induces an abstinence crisis until endogenous production can begin again.

Goldstein (1976) compares the above cycle to the drug dependence abstinence syndrome or drug withdrawal people. The presence of such a withdrawal syndrome to further validates his hypothesis that, given the presence of a naturally occurring opiate (endorphins), adminstration of an exogenous opiate substance (opiate drugs) produces binding of the substance with receptors usually occupied by natural endogenous substances. Subsequently, a "supply and demand" negative feedback cycle is initiated as occupation of the cell sites by the exogenous opiate signals the body's biochemical system to stop making the endogenous substance. Following interruption of the exogenous "supply" of opiates, the receptor sites are no longer bound and the "demand" for opiates ensues. Unfortunately, because the internal mechanism for production of the compounds has previously been turned off, the person experiences withdrawal, with the accompanying physiological and psychological properties. This abstinence syndrome or withdrawal is rapidly reversed by administration of exogenous opiates when once again, the body's demand is met (Goldstein, 1976; Goldstein, 1983; Stein, 1978).

Opiate Dependency and Methadone Maintenance Opiates were developed in the nineteenth century, from extracts of the opium poppy plant. In the early 1800's, the chemist Frederich Serturner isloated the active ingredient of the poppy and named it morphine after Morpheus, the Greed god of dreams. The other natural occurring opiate is codeine, which is present in the poppy at about 1/20th the natural concentration of morphine. The subjective effects of opium were known to several ancient civilizations, while the addictive properties of the drug were recognized by Greek physicians at the time of Hippocrates. Opium smoking became popular only in the eighteenth century in the orient. The oral use of opium extracts produced a mild form of addiction which did not represent a serious public health problem.

Widespread concern about severe opiate addiction originated in the second half of the nineteenth century with the invention of the hypodermic needle and the ready availability of pure morphine. Intravenous morphine to relieve severe pain rapidly was a medical breakthrough that had wide application in the Civil War, but came to be known as "soldiers disease" due to the resulting addiction which occurred commonly in Civil War veterans (Musto, 1974; Synder, 1980).

In the late nineteenth century, many drug companies searched actively for an alternative opiate which would have the good effects of morphine without the addictive properties. In 1898, a Bayer Drug Company chemist added two acetyl groups to morphine, thereby creating heroin. The acetyl groups facilitated the passage of heroin from the blood to the brain, assisting it to produce more euphoria,

more analgesia and a more rapid action than morphine. Apparantly, physicians mistakenly adopted heroin as a cure for morphine addiction, using the drug to wean addicts from morphine to heroin, taking five to ten years to recognize heroin addiction. By 1915, heroin had fully replaced morphine as the drug of choice for opiate addicts (Snyder, 1980).

The Boylan Act of 1914, passed by the New York state legislature, controlled prescribing of most opiates and established guidelines regulating the maintainence administration of opiates to addicts. Numerous opiate maintainence clinics were established to contain the problem of heroin addiction. In the atmosphere of World War I, however, all drugs and alcohol were banned from army training camps, a movement to rid the United States of degenerate people, and a rationale was shared by society that if drugs were controlled, then most of crime would be eliminated (Musto, 1974). Consequently, all drug maintenance clinics were closed, spawning a widespread illicit drug market (Synder, 1980).

In the mid 1960's a major heroin "epidemic" spread throughout the United States for various reasons, including the fact that available, potent heroin was used by U. S. servicemen in Viet Nam. Methadone maintenance, as a modality in the treatment of narcotic addiction, was developed during the 1960's by Drs. Vincient Dole and Maris Nyswander, in response to the heroin "epidemic" (Inciardi, 1977).

### Methadone Maintenance

Methadone is a synthetic narcotic drug with analgesic, euphorigenic, and dependency producing qualities. The pharmacological basis of its use in treatment rests on the notion that methadone intervention can restrain the phenomonally untoward effects of morphine-like drugs by substitution. According to Inciardi (1977), methadone reflects many of the characteristics of morphine, including: (a) cross tolerance, that is a person tolerant to one morphine-like drug is also tolerant to equally potent doses of another. (b) Methadone, when administered to an opiate dependent person, will either prevent or eliminate the withdrawal symptoms caused by abstinence, including "drug hunger", that is the feeling of person freedom from administration of heroin three to four times a day; (d) High doses of methadone will prevent withdrawal and block the eurphoric effect from an injection of heroin: (e) Methadone is administered orally and unlike heroin, medically controlled, having minimal side effects (Incardi, 1977). Under various trade names, the pharmacological actions of methadone are qualitatively identical to morphine.

Substitution of dependency on other opiates with dependency on methadone was accepted based upon the criteria discussed above, with the general aim of the methadone maintenance movement focusing on rehabilitation from criminal activity secondary to drug dependency, and eventual withdrawal from methadone which produces a relative low intensity, slow onset abstinence syndrome compared to

other narcotic dependencies (Incardi, 1977).

#### Opiates

The group of drugs known as opiates or sometimes as narcotics comprises the various naturally occurring alkaloids of the opium poppy, of which, morphine is the principle example. Various other synthetic compounds mimic the chemical structure and actions of morphine and include many commonly prescribed pain relieving medications. Opiates readily support the development of drug tolerance, that is, following repeated administrations of opiate compounds, the person receiving the drug becomes less responsive to the effects of the drug and requires a greater dosage to achieve responsiveness. Drug tolerance, with opiates, is also accompanied by physical dependence.

Iverson and Iverson (1981) define physical dependence as a condition where the organism requires an outside substance for normal functioning. Such a state is revealed by withdrawing the substance which elicits physical symptoms of various types. Unfortunately, the mechanisms of physical dependence and tolerance are largely unknown.

### APPENDIX B

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### REFERENCES TO REVIEW OF LITERATURE

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## APPENDIX C

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## RESEARCH HYPOTHESES

#### **RESEARCH HYPOTHESIS**

The present study attempted to test the following hypotheses:

1. The performance of the drug-free and normal group will be at a developmentally less mature level under reward, when compared to performance under nonreward.

2. The performance of the drug group under reward will not differ from performance under nonreward.

3. The performance of the drug-free and normal groups under reward, will resemble the performance of the drug group under nonreward.

4. The performance of the drug group will be at a developmentally less mature level, under reward and nonreward , when compared to the other two groups.

5. The performance of the normal group will be no different than the performance of the drug-free group under either condition.

#### RESEARCH VARIABLES

#### Dependent Variables

The following dependent variables are utilized in the present design:

The following variables from the Holtzman Inkblot Technique, have been shown to be sensitive to developmental change (Thorpe & Swartz, 1965, 1966; Fabes, et al., in press).

1. Reaction Time (RT): The time in seconds from the presentation of the blot to the beginning of the primary response. Faster RT associated with more immature level of development.

2. Location (L): The tendency by the subject to perceive the blot by breaking it down blot into smaller fragments. Higher score associated with a more immature level of development.

3. Form Definiteness (FD): The definiteness of the form of the concept reported, regardless of the goodness of fit to the inkblot. A five-point scale with 0 for vague perception and 4 for highly specific, detailed perception. Lower score is associated with a more immature level of development. 4. Form Appropriateness (FA): The goodness of fit of the form of the percept to the form of the inkblot. A range of poor to good is possible, with a poor goodness of fit associated with a more immature level of development.

5. Color (C): The apparent primacy of color (including black, gray or white), as a response-determinant. Score 0 for no use of color, 1 for secondary to form, 2 when used as a primary determinant, but some form present, 3 for use as a primary determinant with no form present. A lower score is associated with a more immature level of development.

6. Shading (Sh): The apparant primacy of shading as a response-determinant (texture, depth, vista). Score 0 for no use of shading, 1 for use in a secondary manner, 2 when used as primary determinant with little or no form present. A lower score is associated with a more immature level of development.

7. Movement (M): The energy level of movement or potential movement ascribed to the percept regardless of the content. Score 0 for none, 1 for static movement, 2 for causal, 3 for dynamic movement, 4 for violent movement. A lower score is associated with a more immature level of development.

8. Integration (I): Score 1 for the organization of two or more, adequately perceived blot elements into a larger whole; otherwise, score 0. A lower score is associated with a more

immature level of development.

9. Human (H): Degree of human quality in the content of response. Score 0 for none, 1 for parts of humans, distortions, cartoons, 2 for whole human beings or elaborated human faces. A lower score is associated with a more immature level of development.

10. Pathognomic Verbalization (PV): Degree of autistic, bizarre thinking evident in the response as rated on a five-point scale. Score 0 for no pathology is present. Nine categories of PV with scores for different types of responses is possible with scoring ranges from 0 to 5. A higher PV is associated with more immature level of development.

The Weschler Adult Intelligence Scale

Heuristic Scales: Block Design, Picture Arrangement
Object Assembly. Score based upon correct response
within a given time period.
## APPENDIX D

## DATA ANALYSIS

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PAGE	9	DISSERTATION	

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ANALY DEPEN	SIS DF VARIANCE FDR 1-5 Ident Variable - LDC1	LDC2	LOCATI HOLTZMAN IN	ON KBLOT TECHNIQUE		
	SOURCE	SUM DF Squares	DEGREES OF FREEDOM	NEAN SQUARE	F	FAIL Prob.
L	ME AN GRP TX GT ERROR	10164.00000 16.28571 13.75190 18.38095 622.57143	1 2 1 2 36	10154.00000 8.14286 13.75190 9.19048 17.29365	587-73 0-47 0-80 0+53	0.0000 0.6283 0.3783 0.5923
2	D DG DT DGT ERROR	58.33333 25.52381 9.33333 84.95238 306.85714	1 2 1 2 36	58.33333 12.76190 9.33333 42.47619 8.52381	6.84 1.50 1.09 4.98	0.0129 0.2374 C.3023 0.0123

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CELL MEANS FOR 1-ST DEPENDENT VARIABLE

	G R P T X	= = D	DRUG Reward	D RUG N DNR E WA R	NDNDRUG Reward	NONDRUG Nonrewar	NDRMAL Reward	NDRMAL Nonrewar	MARGINAL
L D C 1 L D C 2		1 2	11.71429 9.85714	10.00000 12.14286	9+42857 14+42857	11.57143 10.85714	9.57143 13.42857	8.71429 10.28571	10.16657 11.83333
	MARG	ENAL	10.78571	11.07143	11.92857	11.21429	11.50000	9.50000	11.00000
	COUN	Г	7	7	7	7	7	7	42
STAN	DARD I	DEVIAT	IDNS FOR	1-ST DEPENDE	NT VARIABLEI				
	GRP TX	=	DRUG Renard	DRUG NDNR E NA R	NDNDRUG REWARD	NONDRUG Nonrewar	NDRMAL Reward	NORMAL Nonrewar	
		-1 2	4,99047	2.16025	2.69921	4.72377	2.07020	1.25357	<u></u>

PAGE 2	10	DISSERT	AFION							
ANALYS: DEPENDI	LS OF Ent Vi	VARIANCE RIABLE -	FOR R <b>t 1</b>	2-ND RT 2		REACTION HOLTZMAN	I TIME INKBLOT TECHNIQ	ÚE		
	SOURC	E			SUM DF Squares	DEGREES FREEDOM	DF MEAN SQUARE	F	TAIL Prob.	
	MEAN				43840.01190	1	43840.01190	351.72	0.0000	
	TX				324.13714	1	324.10714	2.63	0.1156	·
1	GT ERROI	2			4487.14286	36	124.64286	3.23	V+U514	
	D				7.44048	1	7.44048	0.21	0.6532	
	DG				28.88095	2	1 \$ \$ \$ \$ 0 4 B	0.40	0.6743	
	DT				0.29762	1	0.29762	0.01	0.9283	
	DGT				39.30952	Ž	19.65476	0.54	0.5860	
2	ĒŘŔO	र			1304.57143	36	35.23810			

CELL MEANS FOR 2-ND DEPENDENT VARIABLE

	GRP = TX =	DRUG Reward	DRUG NONREMAR	NJNDRUS Reward	NONDRUG Nonrewar	NDRMAL Reward	NORMAL Nonrewar	MARGINAL
R T 1 R T 2	1 2	30.71429 27.71429	16.85714 16.28571	19.85714 22.85714	21.57143 20.57143	24.57143 23.14285	25.28571 24.71429	23.14286 22.54762
	MARGINAL	29.21.429	16.57143	21-35714	21.07143	23.8571+	25.00000	22.84524
	COUNT	7	7	7	7	7	7	42
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PAGE 3 DISSERTATION

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STANDARD DEVIATIONS FOR 2-ND DEPENDENT VARIABLE

	GRP TX	=	DRUG Reward	D RUG N DNR E WAR	NONDRUS Reward	NDNDRUG NDNREWAR	NDRMAL Reward	NORMAL Nonrewar		
RT1 RT2		12	15.29395 12.98351	6.17599 7.06433	3.76070 10.25392	8.48247 7.04408	5.85540 9.65105	6.12955 8.30089	· ·	

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### PAGE 11 DISSERTATION

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# FORM DEFINITENESS

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ANALYSIS	OF VARIANCE	FDR	3-RD
DEPENDENT	VARIABLEI -	=D 1	F 3 2

HOLTZMAN INKBLOT TECHNIQUE

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	SOURCE	 SUM DF Squares	DEGREES OF FREEDOM	MEAN SQUARE	F	TAIL Prob.	
	MEAN GRP TX	44252.19048 34.38095 4.75190	1	4252.19048 17.19048 4.76190	2144.53 0.83 0.23	0.0000 0.4429 0.6339	
1	ERROR	742.85714	36	23.63492	0.29	0.7528	
	D DG DT DG T	 42.85714 2.57143 27.42857 1.14285	1	42.85714 1.28571 27.42857 3.57143	4.33 0.13 2.77 0.05	0.0445 0.8785 0.1045	
2	ERROR	 356.00000	36	9.88889			

### CELL MEANS FOR 3-RD DEPENDENT VARIABLE

GRP = TX =	DRUG REWARD	DRUG NDNREWAR	ND NDR US REWARD	NONDRUG Nonrewar	NDRMAL: Reward	NORMAL Nonrewar	MARGINAL
1 2	21.00000 22.85714	23.00000 23.14286	22.14286 24.71429	24.14286 24.42857	21.14286 24.42857	22.00000 22.42857	22.23810 23.66657
MARGINAL	21.92857	23.07143	23.42857	24.28571	22.78571.	22.21429	22.95238
COUNT	7	7	7	7	7	7	42
	GRP = TX = 1 Marginal Count	GRP = DRUG TX = REWARD 1 21.00000 2 22.85714 MARGINAL 21.92857 COUNT 7	GRP         =         DRUG         DRUG           TX         =         REWARD         NDNREWAR           1         21.00000         23.00000           2         22.85714         23.14286           MARGINAL         21.92857         23.07143           COUNT         7         7	GRP     =     DRUG     DRUG     NDNDRUG       TX     =     REWARD     NDNREWAR     REWARD       D     1     21.00000     23.00000     22.14286       2     22.85714     23.14286     24.71429       MARGINAL     21.92857     23.07143     23.42857       COUNT     7     7     7	GRP     =     DRUG     DRUG     NDNDRUG     NDNDRUG       TX     =     REWARD     NDNREWAR     REWARD     NDNREWAR       D     1     21.00000     23.00000     22.14286     24.42857       2     22.85714     23.014286     24.42857     24.42857       MARGINAL     21.92857     23.07143     23.42857     24.28571       COUNT     7     7     7     7	GRP     =     DRUG     DRUG     NDNDRUG     NDNDRUG     NDRMAL       TX     =     REWARD     NDNREWAR     REWARD     NDNREWAR     REWARD     NDREWAR     REWARD       D     1     21.00000     23.00000     22.14286     24.14286     21.14286       2     22.85714     23.14286     24.71429     24.42857     24.42857       MARGINAL     21.92857     23.07143     23.42857     24.28571     22.78571.       COUNT     7     7     7     7     7	GRP     =     DRUG     DRUG     NDNDRUG     NONDRUG     NDRMAL:     NORMAL:       TX     =     REWARD     NDNREWAR     REWARD     NONREWAR     REWARD     NONREWAR       D     1     21.00000     23.00000     22.14286     24.142867     24.42857     24.42857       2     2.85714     23.14286     24.71429     24.42857     24.42857     22.42857       MARGINAL     21.92857     23.07143     23.42857     24.28571     22.78571.     22.21429       COUNT     7     7     7     7     7     7

STANDARD DEVIATIONS FOR 3-RD DEPENDENT VARIABLE

	GRP TX	=	DRUG Reward	DRUG NONREWAR	NONDRUG Reward	NONDRUG NONREWAR	NDRMAL Remard	NDRMAL NDNREMAR
F <b>j1</b> F <b>j2</b>		1 2	4.54606 2.60951	4.28174 3.28778	3 • 8 91 38 6 • 1 2 9 5 5	3.93398 4.07665	3.7607D 4.11733	1.15470 3.04725

EFEND	CHI VANIADLI	C - FAL FA							:
	SOURCE	·····	SUM JF Square	DEGRE S FREE	ES OF P Don So	IEAN DUARE	F	TAIL Prob.	€. 
	MEAN GRP TX		22148.761 92.166 3.017	90 1 67 2 62 1	L 22148 2 46	75190	2165.05 4.50 0.30	0.0000	1 1 1
L	GT Error		0.758	10 30	j 10	36905 23016	0.04	0,9646	1
	D DG		2.333	33 81	2	33333 01190	0.37	0.5479	
2	DI DGT ERROR		3 • 857 6 • 5 7 0 22 8 • 2 8 5	10 00 71 30	1 3 4 2 3 4 5 6 6	85714 25000 34127	0.61 0.51	0.4405 0.6033	
	CELL P	IEANS FOR 4-TH	I DEPENDENT	VARIABLE			100 H		MARGINAL
	CELL P GRP = TX = D	NEANS FOR 4-TH Drug Dr Reward No	UG N NREWAR R	VARIABLE Ondrug Iward	NONDRUG Nonrewar	NDRMAL Remard	NORMI NONRE	L WAR	MARGINAL
F A1 F A2	CELL P GRP # TX # D 1 2	NEANS FOR 4-TH Drug Dr Reward No 13.00000 1 16.65714 1	UG NDENT UG N NREWAR R 4.00000 5.42657	VARIABLE DNDRUG Eward 15.85714 15.57143	NONDRUG Nonrewar 16.57143 16.28571	NDRMAL REWARD 18.2857 17.0000	NORMI Norre 1 17.1 2 16.2	L WAR 71429 28571	MARGINAL 16.07143 16.40475
F A1 F A2	CELL P GRP = TX = L 2 MARGINAL	AEANS FDR 4-TH DRUG DR REMARD ND 13.00000 1 16:85714 1 14.92857 1	UG NDENT UG N INREMAR R 4.00000 5.42857 4.71429	VARIABLE DNDRUG EWARD 15.85714 15.57143 15.71429	NONDRUG Nonremar 16.57143 16.28571 16.42857	NDRMAL Remard 18.2857 17.0000 17.6428	NORM NONR 1 17.1 16.1 16.1 16.17.0	L MAR 71429 28571 00000	MARGINAL 16.07143 16.40476 16.23810
FA1 FA2	CELL P GRP = TX = L 2 MARGINAL CDUNT	MEANS FOR 4-TH DRUG DR REMARD ND 13.00000 1 16.85714 1 14.92857 1 7	UG NDENT NREWAR R 4.00000 5.42857 4.71429 7	VARIABLE ONDRUG EWARD 15.85714 16.57143 16.71429	NONDRUG NONREWAR 16.57143 16.28571 16.42857 7	NDRHAL REMARD 18.2857 17:0000 17.6428 7	NORMI NONRE 1 17.1 3 16.1 16 17.0	L EMAR 71429 28571 00000 7	MARGINAL 16.07143 16.40475 16.23810 42
FA1 FA2 PAG	CELL P GRP = TX = D 1 2 MARGINAL COUNT	NEANS FOR 4-TH DRUG DR REMARD NO 13.00000 1 16.65714 1 14.92857 1 7	UG NDENT NREMAR R 4.00000 5.42857 4.71429 7	VARIABLE DNDRUG EWARD 15.85714 15.57143 16.71429	NONDRUG NONREWAR 16.57143 16.28571 16.42857	NDRMAL REMARD 18.2857 17.0000 17.6428 7	NORMA NONRE 1 17.1 16.1 16.1 16.1 17.0	VAR 71429 28571 20000 7	MARGINAL 16.07143 16.40475 16.23810 42
FA1 FA2 Pag Sta	CELL P GRP = TX = D 1 2 MARGINAL CDUNT EE 4 D I NDARD DEVIAT	AEANS FDR 4-TH DRUG DR REMARD ND 13.00000 1 16.85714 1 14.92857 1 7 USSERTATION	U DEPENDENT UG NREWAR R 4.00000 5.42857 4.71429 7 H DEPENDENT	VARIABLE ONDRUG EWARD 15.85714 16.57143 16.71429 VARIABLE	NONDRUG NONREWAR 16.57143 16.28571 16.42857 7	NDRMAL REMARD 10.2057 17:0000 17.6428 7	NORM NONR 1 17.1 5 16.2 36 17.0	NAR 71429 28571 00000 7	MARGINAL 16.07143 16.40476 16.23810 42
FA1 FA2 Pag Sta	CELL P GRP = TX D L D L CDUNT GRP = TX =	AEANS FOR       4-TH         DRUG       DR         REMARD       ND         13.00000       1         16.85714       1         14.92857       1         7       7         USSERTATION       7         IONS       FOR       4-T         DRUS       FOR       4-T         DRUS       FOR       4-T         DRUS       NO       NO	UG NDENT UG NRENAR R 4.00000 5.42857 4.71429 7 H DEPENDENT RUG DNREMAR	VARIABLE DNDRUG EWARD 15.85714 15.57143 16.71429 7 VARIABLE NDNDRUG REMARD	NONDRUG NONREWAR 16.57143 16.28571 16.42857 7 7	NDRMAL REMARD 18.2857 17:0000 17.6428 7	NORM NONR 1 17.1 3 16.1 16 17.0 NOR	1429 20571 00000 7	MARGINAL 16.07143 16.40476 16.23810 42

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### PAGE 13 DISSERTATION

SHADING HOLTZMAN INKBLOT TECHNIQUE

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ANALYSIS OF VARIANCE FOR 5-TH Dependent variable - SH1 - SH2

SOURCE	SUM DF Squares	DEGREES OF Freedom	MEAN SQUARE	F	TAIL Prob.	
MEAN	4860.95429	1	4861.96429	494.73	0.0000	
GRP	15,92857	ž	7.96420			
TX	16.29762	<b>.</b>	16 30763	V + 01	0.4020	
GT - example and a second s	11-50634-	<b>4</b>	10.29/02	1.00	0.2050	
ERROR	353.71429	36	5.79762 9.82540	0.59	0.5596	
	4.29762	1	4.29762	0.79	0.3798	
	43.02381	2	21.51190	3.95	0.0280	
	0.58333	1	0.58333	0.11	0.7451	
	20.88095	2	10.44048	1.92	0.1613	
ERRUR	195.71429	36	5.43651			

CELL MEANS FOR 5+TH DEPENDENT VARIABLE

	GRP =	DRUG REWARD	D RUG N DNR E WAR	NDNDRUG REWARD	NONDRUG NDNREWAR	NORMALI REWARD	NORMAL NONREWAR	MARGINAL
5H1 5H2	1 2	5.85714 7.85714	8•42857 9•14286	8.85714 5.71429	7.71#29 8.71429	7.71429 6.00000	8.42857 5.85714	7•83333 7•38095
	MARGINAL	6.85714	8.78571	7.78571	8.21429	6.8571+	7.14286	7.60714
	COUNT	7	7	7	7	7	7	42
STAN	IDARD DEVIAT	IONS FOR	5-TH DEPENDEN	T VARIABLE				Auri Auri in
	GRP =	DRUG	DRUG	NDNDRUG	NONDRUG	NORMAL	NORMAL	a a sur a

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 TX
 REWARD
 NONREWAR
 REWARD
 NONREWAR
 REWARD
 NONREWAR

 D
 D
 2.25779
 2.43975
 2.25779
 4.07080
 2.05865
 2.37045

 SH1
 1
 2.25779
 2.43975
 2.25779
 4.07080
 2.05865
 2.37045

 SH2
 2
 2.19306
 2.41030
 2.75152
 3.77334
 2.15025
 3.43650

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16E	14 SIS DE	VADTA	LKIAILUN NCF 708 6	-TH		COLOR				
PEN	DENT V	ARIAGL	E CO1	CD 2	HOLTZ	MAN-INKBLOT	TECHNIQUE		• • • • • •	
	SOUR	CE		50 50	MOF DEG Uares fr	REES OF EEDON	MEAN SQUARE	F I	AIL Rob.	م : :
	ME AN GRP			10496	.67857 .28571	1 1049	5.67857 4.14286	541.82 0	.0000	
,	TX GT FRPN	 D	a	0 11 697	.96429 .14286 .42857		0.96429 5.57143 9.37302	0.05 0	.8247 .7518	
-	D			53		1	53.44048	3.99	.0533	
	DG DT DGT			4	•29762 •29762	1 2 2	4.29762		• 5744 • 2108	
2	ĔŔŔO	R		481	.71 4 29	36 1	3.38095			:
	C	ELL NE	ANS FOR 6	TH DEPENDEN	T VARIABLE	· · · · · · · · · · · · · · · · · · ·			a a a manda a w	
	GRP TX	= 0 = R	RUG EWARD	DRUG NDNREWAR	NDNDRUS Reward	NONDRUG	NDR MAL REWARD	NORMAL Nonrewar	MARGINA	L
01 02		1 2	11.57143 11.85714	14.28571	12.00000	9.57143 19:00000	12.00000	12.4285	11.9761 10.3809	9 5
	MARGIN	AL	11.71429	12.50000	10.71429	9.78571	11.42857	10.92857	11.1785	7
	COUNT		· · · · · ·	· · 7 · ·	7	7	7	7	42	
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PAG	E 5	DI	SSERTATION							
STA	NDARD	DEVIAT	IONS FOR	6-TH DEPEND	ENT VARIABLI			amania		a sa fa sa
	GRP TX	=	DRUG Rewar)	DRUG NDNRENAR	NONDRUG Reward	NONDRUG Nonrewar	NDRMAL Reward	NORMAL Nonrew/	AR	
		1 2	4.82553 2.96808	5.21901 5.67786	1.9148 4.0766	5 2.8784 5 2.8284	9 4.4721 3 4.0999	4 4.03 3.90	556 969	
C 01 C 02										

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### PAGE 15 DISSERTATION

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ANALYS DEPEND	SIS OF VARIANCE FOR 7-TH Dent Variable - PV1 PV2	PATHONOGMIC VERBALIZATION HOLTZMAN_INKBLOT_TECHNIQUE						
	SOURCE	SUM DF Squares	DEGREES OF Freedom	MEAN Square	F	TAIL Prob.	<b>.</b>	
	MEAN GRP TX GT FRROP	116.67857 9.07143 2.01190 41.02381	1 2 1 2 36	115.67857 4.53571 2.01190 20.51190	34.23 1.33 0.59 6.02	0.0000 0.2770 0.4473 0.0056		
2	D DG DT DGT ERROR	0.10714 0.53000 1.44048 1.88095 63.57143	1 2 1 2 36	0.10714 ).25000 1.44048 ).94048 1.76587	0.06 0.14 0.82 0.53	0.8068 0.8685 0.3724 0.5916		

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CELL MEANS FOR 7-TH DEPENDENT VARIABLE

	GRP = TX =	DRUG REWARD	DRUG NDNREWAR	NDNDRU5 REWARD	NONDRUG Nonrewar	NDRMAL REWARD	NORMAL Nonrewar	MARGINAL
P V 1 P V 2	1 2	0.57143 0.42857	3.00000 2.57143	1.42857 1.1.4285	0•42857 0•85714	1.57143 1.00000	0.28571 0.85714	1.21429 1.14286
	MARGINAL	D.50000	2.78571	1.28571	0.64286	1,28571	0.57143	1.17857
	COUNT	7	7	7	7	7.	7	42
STAN	DARD DEVIA	TIONS FOR	7-TH DEPENDE	NT VARIABLE				

	GRP TX	****	DRUG REWARD	DRUG NDNREWAR	NDNDRUG REWARD	NONDRUG Nonrewar	NDRMAL Reward	NORMAL Nonrewar
P V 1 P V 2		1 2	1.13389 0.78680	2.58199 2.76026	1.51186 1.95180	0•78680 0•89974	1.81265 1.41421	0.75593 1.21499

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IALY PEN	SIS OF VARIANCE FOR 8-TH Dent Variable1 - 41 H2	H	OLTZMAN -INKBI	OT TECHNIQUE	•	1	
	SOURCE	SUM DF Squares	DEGREES OF Freedom	MEAN Square	F	TAIL Prob.	
	ME AN GRP T X	4710.D1190 122.95238 2.01190	1 2 1	471).01190 51.47619 2.01190	251.04 3.28 0.11	0.0000 0.0493 0.7452	
	GT Error	4.09524	36	2.04762 18.75190	0.11	0.8959	
	D DG DT DGT FRPNP	$ \begin{array}{r} 14.58333\\ 18.38095\\ 0.58333\\ 24.38095\\ 216.57143 \end{array} $	1	1 4 .58333 9 .19048 0 .58333 1 2 .19048	2.42 1.53 0.10 2.03	0.1282 0.2308 0.7573 0.1466	garant dinaga

	GRP = · TX =	DRUG REMAR)	DRUG NDNRE WAR	NDNDRUG REWARD	NONDRUG	NORMAL Reward	NORMAL NONRENAR	MARGINAL	
H1 H2	1 2	8.12857 5.14286	8.00000 8.42857	8+14286 9+42857	9.14286 8.57143	6+42857 5+42857	7.28571 4.42857	7.90476 7.07143	··
	MARGINAL	7.28571	8.21429	8.78571	8.85714	5.92857	5.85714	7.48810	
	COUNT	7	7	7		7	7	42	

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PAGE 6 DISSERTATION

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5 T A N	DARD	DEVIAT	IONS FOR	8-TH DEPENDE	T VARIABLE	•		• •••••••	 
	GRP TX	=	DRUG REWAR)	DRUG NDNREWAR	ND NDRUG Reward	NONDRUG Nonrenar	NDRMAL: REMARD	NORMAL Nonrénar	
H 1 H 2		12	3.77964 4.48808	5.65685 3.35942	3.02372 4.03556	3.53217 3.95209	1.61835 2.50713	1.60357 2.43975	
				a contra					 

			en en en de la composition de la compos		· · · · · · · · · · · · · · · · · · ·	
AGE Anali Deper	YSIS OF VARIANCE FOR 9-TH NDENT VARIABLE - M1 M2	H	MOVEME DLTZMAN INKB	NT LOT TECHNIQUE		<b></b>
	SDURCE	SUM DF Squares	DEGREES OF Freedom	MEAN SQUARE	F	TAIL Prob.
	MEAN	11620.76190	1	11620.76190	188.55	0.0000
	<u>G</u> RP	652.45238	2	326.22619	5.29	0.0097
1	GT ERROR	185.88095 2218.71429	2 36	92.94048 51.63095	1.51	0.2350
	D	5.75190	1	5.76190	0.39	0.5386
	DG en	37.33952	2	18.65476	1.25	. 0.2992
	DT	3.85714	1	3.85714	0.26	0.6146
2	DGT FRRDR	70.92857 538.14286	2 36	35.46429 14.94841	2.37	0.1077

CELL MEANS FOR 9-TH DEPENDENT VARIABLE

	GRP =			NONDRUS	NONDRUG	NORMAL	NORNAL	MARGINAL
ML	D 1	9.14286	17.85714	12.00000	15.85714	10.14285	7.14286	12.02381
M 2	2	13.14286	16.57143	11.1.285	14.00000	6.71.429	7.42857	11.50000
	MARGINAL	11.14286	17.21429	11.57143	14.92857	8.42857	7.28571	11.76190
	COUNT	7	7	7.	7	7	7	42
STA	NDARD DEVIA	TIONS FOR	9-TH DEPENDE	NT VARIABLE				
	GRP #	DRUG	DRUG	NONDRUG	NONDRUG	NORMAL	NODMAL	

	TX ····	REMARD	NONREWAR	REWARD	NONREWAR	REWARD	NONREWAR	
M 1 M 2	1 2	7.24405 5.42920	10.17232 7.20780	5.13160 5.63999	3 • 891 38 5 • 87992	6 • 36 20 9 3 • 81 725	4.37526 5.22357	

AGE NALI EPEN	18 DISSERTATION SIS OF VARIANCE FOR 10-TH Ident Variable - 11 12	HOLT	INTEGRATION ZMAN INKBLOT	I TECHNIQUE		
	SOURCE	SUM DF Squares	DEGREES OF Freedom	MEAN SQUARE	F	TAIL Prob.
	MEAN GRP TX	900.29752 45.23810 5.25000	1 2 1	9)).29762 22.61905 5.25000	128.61 3.23 0.75	0.0000 0.0512 0.3922
1	ERROR	252.0000	36	1.85714 7.00000	0.27	0.7685
2	D DG DT DGT ERROR	14.58333 2.95238 1.44048 0.65667 104.85714	1 2 1 2 36	1 4 • 5 8 3 3 3 1 • 4 7 6 1 9 1 • 4 4 0 4 8 0 • 3 3 3 3 3 2 • 91 2 7 0	5+01 0+51 0+49 0+11	0.0315 0.6055 0.4864 0.8922

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## CELL MEANS FOR 10-TH DEPENDENT VARIABLE

	GRP = TX =	DRUG Reward	DRUG NDNREWAR	NDNDRUG Reward	NONDRUG	NORMAL: Reward	NORMAL NONREWAR	MARGINAL	
1 2	1 2	4.57143 2.71429	5.00000	3.42857	4.00000 3.42857	2.71429	2.42857	3.69048	
	MARGINAL	3.64286	4.57143	3.07143	3.71429	2.35711	2.28571	3.27381	
	COUNT		· · · · 7 ·	7	<b>7</b>	<del>-</del>	7	42	
							s i an ann an		

### DISSERTATION PAGE 7

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STANDARD	DEVIAT	IONS FOR	10-TH DEPENDE	NT VAREABLES			
GRP	2	DRUG	DRUG	NDNDRUG	NONDRUG	NOR MAL	NORMAL
Tx		REWARD	NDNREWAR	Reward	Nonrenar	Reward	Nonrewar

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	ŤX		REWARD	NDNREWAR	REWARD	NONRENAR	REWARD	NONRENAR	
I L I 2		1 2	2.87849 1.88982	2.94392 2.91139	2.22539 2.36039	1.73205 2.29907	0.75593 1.41421	1.81265 2.41030	

### PAGE 19 DISSERTATION

ANALYSIS DE VARIANCE FOR 11-TH DEPENDENT VARIABLE - BD1 BD2	W	BŁOCK ECHSLER_ADUL	DESIGN T INTELLIGENCE	SCALE	
SOURCE	SUM DF Squares	DEGREES OF Freedom	MEAN Square	F	TAIL Prob.
MEAN GRP	11715-D4762 119-59524	1 2	11715.04762 59.79762	1529.63 7.81	0.0000

	TX	0.42857	1	0 + 42857	0.06	0.8143	
1	GT ERROR	23.21.429	36	11.60714 7.65873	1.52	0:2334	
	D	10.71429	1	10.71429	7.26	0.0107	
		1.55714	2	0.75100	0.45	0.6351	
	DGT	0.02381	2	0.01190	0.01	0.9920	
2	ERROR	53.14286	36	1.47619			

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	GRP TX		DRUG REWARD	DRUG NDNREMAR	NDNDRUS- Reward	NONDRUG	NDRMAL REWARD	NORMAL	MARGINAL
B D 1 B D 2		D 1 2	9.57143 10.28571	9.85714 11.00000	11.57143	12.57143	13.28571	11.85714 12.85714	11.45238 12.16657
	MARGI	NAL	9.92857	10.42857	11.54285	12.85714	13.64285	12.35714	11.80952
	COUNT	•	7	7	7	7	7.	7	42
5 T AND	ARD D	EVIAT	IDNS FOR 11	-TH DEPENDE	NT VARIABLE				
	GRP TX		DRUG Reward	DRUG NDNREWAR	NDNDRUG Reward	NON DRUG NON REWAR	NORMAL Reward	NORMAL	•••••
8)1 802		ו 2	1.39728 2.42997	1.67616 1.41421	2.29907 2.49762	1.61835	2.75162	1.57616 2.41030	

	20 Nexe ar		JERTHILUN									
EPE	TSIS OF NDENT V	VARI	ANCE FOR 12 Le – PA1	PA2	WEG	PICTURE	ARRANGEN	IENT	IF			
	SOUR	CE	• • •	Su Su	M DF UARES	DEGREES OF FREEDOM	ME S QUI	AN ARE	F	TAIL PROB	•	
	MEAN GRP TX GT			11176 66 2	.10714 .07143 .67857 .07143	1 2 1 2	11178.1 33.0 2.5	0714 3571 7857 3571	1737.74 5.14 0.42 0.01	0.00	00 09 26	
1	ERRO	)R	• · • • • •	231	.57143	36	6.4	3254	23.47	0.00		
	DG DT DGT		····		.88095	2	0.4	048 4048	0.25	0.78	06 13	
2	ERRO	R		63	.57143	36	1.5	6587	0.90	U. 41	09	
	с	ELL ME	EANS FOR 12	-TH DEPENDEN	T VARIA	DLE	·					
	GPP		PHG	DRUG		NONDR	196 - N		NORMAL		MARGINAL	
	TX	_ = }	REWARD	NONREWAR	REWARD	NONRE	MAR R	EMARD	NONREW	\R		
A1 A2		_1 2	9.42857 10.71429	10.00000	11.571	43 11-2 43 13-5	28571 7143	1.57143 2.28571	11.143	286 571	10.83333 12.23810	
	MARGIN	AL	10.07143	10.50000	12.071	143 12.4	2857	11.92857	12.214	29	11.53571	
	COUNT		7	7	7	a da ante a Ante a da ante a da an	<b>7</b>	7	7		42	
											Na mala serie de la compansión de la compa	
PAG	6E 8	0 1	SSERTATION	l			•					
S T #	NDARD	DEVIAI	IONS FOR	12-TH DEPEND	ENT VARI	ABLEI					***	
	GRP TX		DRUG REWARD	D RUG N DNR E WAR	NDNDR Rewar	UG NON	DRUG REWAR	NDR MAL Reward	NORMA	L WAR		
PA1 PA2	2	1 2	2.43975 2.13809	2.38048 1.52753	1.5 1.9	1835 2 9238 1	•28869 •51186	1.51186	2.4	1030 6348	-	
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### PAGE 21 DISSERTATION

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	SOURCE	SUM OF Squares	OBJECT Degrees of Freedom	E ASSEMBLY Mean Square	• F	TAIL Prob.	
1	MEAN GRP TX GT Error	12434.33333 83.73810 15.42857 20.21429 203.28571	1 2 1 2 36	L2434.33333 41.86905 L5.42857 13.10714 5.64683	2202.00 7.41 2.73 1.79	0.0000 0.0020 0.1070 0.1815	
3	D DG DT DG FRROR	105.19048 13.15867 1.71429 4.78571 84.1428	1 2 1 2 36	105.19048 6.58333 1.71429 2.39286 2.33730	45.01: 2.82 0.73 1.02	0.0000 0.0730 0.3974 0.3695	

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1.29099 1.39728 1.81265 1.60357 2.23607 1.60357 1.86445 2.91139

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G R P T X		DRUG REWARD	D RUG N DN R E WA R	NDNDRUS Reward	NONDRUG Nonrewar	NDRMAL <sup>1</sup> Reward	NORMAL Nonrewar	MARGINAL
A1 A2	D 1 2	10.00000	10.42857 11.71429	11.57143	10.71429	13.28571	10.28571 14.42857	11.04762 13.28571
MAR	RGINAL	11.00000	11.07143	12.21429	11.78571	14-57143	12.35714	12,16657
COL	JN T	7	7	7	7	7	7	42
TANDARD	DEVIAT	IONS FOR 1	3-TH DEPENDE	NT VARIABLE			•	
GRF	) <b>=</b>	DRUG	DRUG	NONDRUG	NONDRUG	NORMAL	NORMAL	

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## APPENDIX E

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## INSTITUTIONAL APPROVAL

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I.R.B. ID #: 02533

TITLE:

' The

"Reward and Performance in Drug Patients

University of Oklahoma Oklahoma City Campus-Health Sciences Center

INSTITUTIONAL REVIEW BOARD May 3, 1984

Earl Young, Ph.D. / Glenda McGaha, R.N. Psychiatry and Behavior Sciences Building 3 Room 101 OUHSC

Dear Glenda,

The Institutional Review Board reviewed the captioned application which will involve human subjects and approved the study. It is the opinion of this Board that the rights and welfare of the individuals who are to be studied will be completely respected; that informed consent will be obtained in a manner consistent with the Code of Federal Regulations, Title 45, Part 46, "Protection of Human Subjects" of January 26, 1981, and that the risks to the individuals are so outweighed by the benefits to the subject and the importance of the knowledge to be gained that it warrants the decision to allow the subjects to accept these risks.

The Board would like to call your attention to the following obligations as Principal Investigator of this study. Under the terms of our approved Institutional Assurance to DHHS, you must provide us with a progress report at the termination of the study, or at the annual anniversary date of the approval, whichever comes first. If the study will be continued beyond the initial year, an annual review by the Board is required, with a progress report constituting an important part of the review.

Any substantive changes in the protocol such as a change in the investigator, procedure or number of subjects should be reported immediately to the Board. These conditions are spelled out in detail in the Institutional Assurance under Item II, B4, "Continuing Review of Research."

Finally, we urge you to review your professional liability insurance to make sure your coverage includes the activities in this study.

Sincerely yours.

Fletcher B. Taylor, Jr., M.D. Chairman, Institutional Review Board

FBT: gs

Veterans Administration

Date: April 3, 1984

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Memorandum

To: Chairman, Research and Developmen' Committee (151)

Subi:Review of "Reward and Performance in Drug Patients," Glenda McGaha, R.N., M.S.N., Principle Investigat

l. first reviewer:	Scientific merit Effect on VA Investigator Overall	3.3 NA 4.0 J.8
Second reviewer:	Scientific merit Effect on VA Investigator Overall	3.7 NA 4.0 3.8

2. The proposed project is a doctoral dissertation in nursing by Glenda McGaha, R.N., M.S.N. The investigator proposes to investigate how material rewards affect cognitive performance in patients receiving methadone for narcotic addiction as compared to matched patients not receiving methadone and to patients not on drug treatment.

3. The proposal does not contain specific differential predictions of how material reward should affect the problem of: methadone patients, opiate abusers not receiving methadone, or control patients. The rationale proposed is that material rewards have been shown to impair cognitive performance in humans working on tasks which are engaging in problem solving. The investigator speculates that certain rewards may produce a regression of ' cognitive functioning and that this regression may be due to an effect that rewards have on endogenous opiates (endorphins). In animal studies endorphins have been shown to respond to rewards. The investigator further speculates that since the use of exogenous opiates (e.g. methadone) affect the endogenous opiate system (endorphins), that the effect of reward on cognitive function should be studied in patients taxing methadone for opiate addiction.

4. The proposal suffers significant logical weakness which stems from proceeding from a well verified, but not fully tested empirical finding that reward depresses cognitive functioning. From this empirical finding the investigator makes three speculations: 1) cognitive function regresses under reward; 2) regression may be due to the endogenous opiate system; and 3) the effect may be modified in opiate users.

VA FORM 2106 MAR 1980 Review of "Reward and Performance in Drug Patients" April 3, 1984

5. The basic effect that reward depresses cognitive function may have a number of possible causes. Each of these is in need of testing prior to proceeding into specific tests with patients.

6. The proposal is given a low numerical rating but the recommendation from the ad hoc committee is approval with communication of comments to the P.I. There are no risks to VA patients, the clinical impact costs are minimal and the proposal potentially will contribute information important in treatment of opiate dependent patients.

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)ate:	4/1	8/84		From: Adm Res	inistrative Officer earch Service (151)
To:	Gle Ear	nda McGaha, R.N. 1 R. Young, Ph.D.	(116C)	Subj: Not act	ice of R&D Committee/Subcommittee ions on research proposal
	1.	Title of project	: Reward and p	erformance	in drug patients
	2.	Date of meeting:	4/3/84		
	3.	Recommendation:	A. Approval	<u></u> .	
			B. Conditional response/rev and/or compl to Director	approval for visions by r etion of ne s GPF accou	or scientific merit; pending responsible investigator gotiations with PI for reimbursemen int
			C. Disapproval committee an	e appended.	_; comments/criticisms of review
	4.	Subcommittee rec	ommendations:		
		A. Animal Studi	e <b>s:</b> Approval Dis <b>a</b> pproval		Conditional Approval
		B. Biohazards:	Approval Disapproval		Conditional Approval
		C. IRB (Human Studies):	App <b>roval</b> Disapproval	X**	Conditional Approval
٠		D. RSC (Radio- isotopes):	Approval Disapproval		Conditional Approval
	5.	Remarks: *Comm tion Revi the meet	ents from the rev /information. As ew Board approval official Minutes ing, you may begi	iewing comm soon as A) , and upon of the 4/3/ n this proj	<pre>ittee are attached for your conside  you have final notice of Instituti  the VAMC Director's approval/signin  784 Research and Development Committ  ect.</pre>
~~	X	**It i maki both MAS.M. TIERNEY	s our understandi ng some changes w your Advisor and	ng that IRB ith <u>in the c</u> Or. Earl Y	approval was contingent upon your protocol and providing letters from young
		$\sim$ $\star$	** Spoke T N Telling I.	Irs. Robin	Son il24
			require lette	firm Dr	young - Statel this
				u nu (7)	

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Medical Center ( )-

921 Northeast 13th Street Oklahoma City OK 73104

Veterans Administration

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March 16, 1984

Glenda S. McGaha 1050 E. 53rd St. Tulsa, Ok 74105



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Dear Ms. McGaha:

Welcome to the Veterans Administration. You will be assigned to our facility as -Research Student from

2/15/92 through 8/15/92 under authority of 38 U.S.C., 4114(a)(1)(A). During your period of affiliation with our facility, you are authorized to perform services as directed by the Chief, **Research Service** 

In accepting this assignment you will receive no monetary compensation and you will not be entitled to those benefits normally given to regularly paid employees of the Department of Medicine and Surgery, such as leave, retirement, etc. You will, however, be eligible to receive the benefits indicated below. Cash cannot be paid in lieu of any of these benefits.

Quarters Subsistence Uniforms Laundering of Uniforms

If you agree to these conditions, please sign the statement below and return the letter in the enclosed postage-free envelope. This agreement may be terminated at any time by either party by written notice of such intent.

Please indicate your veteran status by circling the appropriate number below.

Sincerely yours,

ANFORD **cting** Chief, Personnel Service

Enclosure

Veteran Status 1— Vietnam Veteran * 2— Other Veteran 3— Non-Veteran * For this purpose, a Vietnam Veteran is one with service between August 5, 1964, and May 7, 197	Signati Date	$\frac{2ll}{(1-p_1)} = \frac{2}{2} \frac{3}{3} \frac{3}{1}$	
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### Hello:

I am a graduate student at Oklahoma State University and as part of my work with the school, I am conducting a research project in the clinic beginning in June. The purpose of the project is to look at types of problem solving present in several groups of people. I would like to invite you to participate in the study by taking a brief series of puzzles, solving problems which will be enjoyable and take relatively little time. This will involve meeting with me here at the clinic, at a time which best suits you for a total of two meetings, each lasting about 40 minutes. Your personal background are not a part of the study and your name will not be used in the materials at any time. The clinic staff and counselors are not allowed to see the results of our meetings and this study is not a part of your program here. Also, nothing in the study is harmful to you or your program in any way. After the project is completed, I will be happy to share the results with you and provide you a copy in writing if you wish.

I hope you will decide to participate, as I think you will enjoy doing so and your help will be appreciated.

You can contact the secretary here at the clinic at any time to sign up for participation. I will be in the clinic during operating hours and will be happy to answer any questions you may have if you will let me know.

Thank you for your help. Lin Ň m

Glenda McGaha Graduate Student

Oklahoma State University

VITA

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Glenda Sharp McGaha

Candidate of the Degree of

Doctor of Philosophy

Thesis: THE EFFECTS OF MATERIAL REWARD ON PERFORMANCE IN DRUG DEPENDENT SUBJECTS

Major Field: Home Economics - Family Relations and Child Development

Biographical:

- Personal Data: Born in Ft. Stockton, Texas, June 20, 1953, the daughter of Mr. and Mrs. W. A. Craven.
- Education: Graduated from Spring Valley High School, Columbia, South Carolina, in June, 1971; received Bachelor of Science in Nursing degree from the University of South Carolina, Columbia, South Carolina in December, 1974; received Master of Science in Nursing degree from the University of Alabama in Birmingham, in August, 1979; completed requirements for the Doctor of Philosophy degree at Oklahoma State University in December, 1984.
- Professional Experience: Staff nurse, Selma Medical Center, Selma, Alabama, 1974-1975; Director of Nursing Services, Warren Manor Nursing Home, Selma, Alabama, 1975-1977; Coordinated health care services, Central Alabama Youth Services, Selma, Alabama, 1977-1979; Clinical specialist in pediatrics, St. Francis Medical Center, Tulsa, Oklahoma, 1979-1980; Assistant Professor, University of Tulsa, College of Nursing, Tulsa, Oklahoma, 1980-1984; Associate Professor, Coordinator of Bachelor of Science program, Southeast Missouri State University, Department of Nursing, 1984-present.