EXPRESSION OF TEMPERAMENT: TODDLER PLAY IN A GROUP SETTING

Ву

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1979

Submitted to the Faculty of the Graduate College of the Oklahoma State University in partial fulfillment of the requirements for the Degree of MASTER OF SCIENCE December, 1991

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Thesis Approved:

ACKNOWLEDGMENTS

Many people have been helpful and supportive on the way to completing this thesis.

Special mention is made of those individuals who by affiliation with the OSU Child Development Laboratory or by direct involvement were part of this study: Dr. Donna Couchenour, Director, Sandi Sams, Lead Teacher of the infant and toddler labs, and the teachers, parents, and children of Labs I and II.

Thanks to my committee members, who have been most patient; and to Glenda Walters, Cathy Renney, and Mark Phillips, who helped with the coding, initial sorting and computer entry of the data.

Thanks go to Dr. James D. Moran III for his belief in and dedication to the educational process.

Special appreciation goes to Dr. Patricia A. Self, without whose encouragement and confidence this project would have not been completed.

To my parents, Arval and Anna Putnam, my aunt, Ida Hall, and my friend, George Kohfeldt go my love and gratitude for their encouragement.

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Expression of Temperament: Toddler

Play in a Group Setting

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This article is based on the Master's thesis research of the author under the direction of Dr. James D. Moran III and Dr. Patricia A. Self. Data collection was funded by a grant to Dr. Donna Couchenour from the Oklahoma State University College of Home Economics. The author wishes to thank those individuals who by affiliation with the OSU Child Development Laboratory or by direct involvement were part of this study: Dr. Donna Couchenour, Director and Project Director of the Exploratory Play Project, Sandi Sams, Lead Teacher of the infant and toddler labs, and the teachers, parents, and children of Labs I and II.

Abstract

Observational investigation of children's free play behavior was undertaken to explore individual differences in play and the dimensions of temperament that may organize play in a group setting. Naturalistic observations of the free-play of 23 infants and toddlers, 12 to 35 months of age, were coded for qualitative and quantitative aspects of exploratory play. Collected over a four-month period, these play behaviors were expected to show longitudinal, intraindividual, developmental changes and consistent, interindividual differences in style. Play behaviors were then regressed by age and certain dimensions of temperament, measured by the Toddler Temperament Scale (Fullard, McDevitt, and Carey, 1984). As expected, age accounted for much of the variation in every category of play, except number of objects handled. The temperamental dimension of persistence predicted visual behavior, while withdrawal combined with age predicted both visual and vocal behavior. Thus, with respect to persistence and withdrawal scores on the TTS, what these children were doing during play was related to how they approached the world.

Expression of Temperament: Toddler Play in a Group Setting

Play is both a medium of learning and of expression for the young child (Garvey, 1977). Play includes pleasurable, spontaneous activity, exploration, and self expression; play may be solitary or social. It is the primary activity of children in a period of life during which knowledge of the physical and social world, systems of communication, and understanding of self are rapidly and dramatically changing. It has been linked to a number of cognitive and social phenomena (Weisler & McCall, 1976; Arend, Gove, & Sroufe, 1979; Connolly & Doyle, 1984; Caruso, 1990). As a medium of expression for the child, it provides an important link to many areas of development.

(Field, Adler, Vega-Lahr, Scafidi, & Goldstein, 1987).

The expression of individual differences in play has been recognized as an important component of the study of play (Arend, Gove, & Sroufe, 1979). Toddlers who were more flexible, resourceful, and persistent at 2 years of age were more happy and curious while manipulating a Banta box in the laboratory at age 4 to 5 (Arend, Gove, & Sroufe, 1979). Toddlers scoring high on the threshold dimension of temperament were noted to be more vigorous in their play and to change toys more often in a structured play situation (Wenckstern, Weizmann, & Leenaars, 1984). Persistence was correlated with constructive play, and distractibility correlated with vocalizations in infants 3 to 20 months, when engaged in structured play with their mothers in a laboratory setting (Field et al, 1987).

Stability of characteristics of child play found in the literature suggests an underlying, unifying construct within the individual. Because different behaviors are sophisticated at different ages, Caruso (1990) argued that, although actual behaviors of his sample changed from time 1 to time 2, the quality of play behaviors remained stable. Children who were using more sophisticated cognitive schemes at 12 months, were also using more sophisticated cogitive schemes at 24 months. The stability of play interaction behavior reported by Rothbart (1986) suggests

that stability can be found during the first 9 months of infancy when temperament-like behaviors, such as activity level and smiling/laughter, are observed in a play interaction context. Stability in certain temperament dimensions (e.g., activity, rhythmicity, intensity, mood, and persistence) and in play interaction behaviors (looking, smiling, and vocalizing) has also been found from 3 to 20 months (Field et al, 1987). Consistency in expression of temperament was found to be moderate and significant between 12 and 18 months and increased substantially between 18 and 24 months (Matheny, Wilson, & Nuss, 1984). Intraindividual consistency was also found by Bronson (1985) in a study which showed increased stability of behavior in play sessions in the second year of life.

Infants' exploratory play is remarkably open to environmental influences (Yarrow, Rubenstein, Pedersen, & Janowski, 1972). Caruso (1984) argued that the optimal play environment is an open playroom equipped with a variety of play areas and toys and that such an environment would stimulate the child to display more and a greater variety of exploratory play behaviors. Measures of the physical environment, as well as amount of social stimulation and contingent responsiveness have been related to early cognitive and motivational development in infants (Yarrow, Rubenstein, & Pedersen, 1975). Yarrow et al.

(1975) found that social stimulation and inanimate stimulation, two dimensions of the natural environment, make substantial and distinctive contributions in the development of the young child.

Evidence for an underlying personal quality which may be measured by assessing temperament, the importance and ubiquity of play in toddlerhood, and findings of convergent validity and stability of temperament measures and free-play behavior, suggest that certain types of play behavior might be predicted from particular dimensions of temperament. However, studies in which such a link has been investigated (Caruso, 1990; Field et al., 1987) examined young children's play behaviors in restricted play episodes. The current study examined the prediction of certain types of play behavior in a free-play, group setting by particular dimensions of temperament, as measured by the Toddler Temperament Scale (Fullard, McDevitt, & Carey, 1984).

Play was coded into categories of manipulation, vocalizations, visual behavior, locomotion, number of objects handled over a 5 minute time period, and length of time in continuous play (a measure of sustained attention). Categories for coding play are described in Couchenour (1989). Since children are changing so rapidly during the period from 12 to 35 months, it was anticipated

that TTS scores for the particular dimensions of temperament would predict type of play (simple linear regression) and that TTS and age together would significantly predict measures of play (multiple regression). Persistence score was expected to predict length of time in continuous play, visual behaviors, and number of objects handled over the 5 minute time period. Withdrawal score was expected to predict amount of manipulations, vocalizations, locomotor-focused behaviors, length of time in play, and visual behavior. Distractibility was expected to predict the number of objects handled over a 5 minute time period and length of time in continuous play. Threshold of stimulation was expected to be predictive of locomotor- unfocused behavior, manipulations, vocalizations, and visual behaviors.

Method

Subjects

The sample consisted of 10 males and 13 females enrolled in the Oklahoma State University Child Development Laboratory. At the beginning of the study, the age range was 12 to 35 months, with a mean age of 24.5 months. The children were primarily middle-class Caucasians. One child was Chinese.

Procedure

Observations of play were conducted as part of a larger

Study (Couchenour, 1989) at the Oklahoma State University Child Development Laboratory over the course of the fall 1988 school semester. On six days during the four month period, each child was independently observed for five minutes during the indoor free play period by each of two observers, making a total of one hour of observation for each child. Days on which data were collected were spaced throughout the four month period as follows: two observations were completed near the beginning of the fall semester (when children were newly enrolled), two near the middle of the semester, and two at the end of the fall semester. The order in which the children were observed was randomized daily.

Observations took the form of narrative descriptions of the play behavior of the target child during the five-minute period, which was broken down into twenty 15-second intervals. Intervals were timed inconspicuously for the observers through an earphone connected to a tape recorder on which the 15-second intervals were recorded. Observers were instructed to write down the behaviors of the children in as much detail as possible.

Coding

A person who had not recorded play observations and who was naive concerning the hypotheses in the study coded the data into five primary categories and two superordinate

categories of exploratory play. Data were coded for the following behaviors:

Manipulation, defined as touching or handling an object or objects as long as that activity is uninterrupted by other activities. For example, "stacking blocks" is one manipulation, as is "picks up brick block. Stacks four of them." On the other hand, "Picks up bucket. Takes dump truck." is two manipulations.

<u>Vocal</u>, defined as talking or making sounds with the vocal apparatus as part of or as an aspect of play. This category includes laughing, snorting, and growling, as well as "Come on", "Amy, will you play with me?", and "Choo-choo train's gone. Bye, bye choo-choo train." Examples of vocalizations which are all on the same topic and within the same 15 second interval were coded as a single instance.

<u>Visual</u>, defined as visually surveying an object or play area in a focused manner.

<u>Locomotion-focused</u>, defined as moving toward an object or moving the body as part of interacting with an object, with others, or to music.

<u>Locomotion-unfocused</u>, defined as aimless wandering or searching behavior.

Number of objects handled or touched in each 5 minute interval. This category describes change in activity as

well as activity level. For example, a child who tosses a block, crawls through a tunnel, climbs on large motor equipment, smashes another child's block tower, tries to grab a toy from another child's hand, and takes a book from the shelf within a 5 minute period is coded 6; whereas a child who spends 5 minutes gluing 20 beans to paper is coded 1.

Length of time in continuous play — the number of time units in which play with a specific toy or in which a specific play activity continued throughout one 15 second interval and into another time interval. The measure was designed to capture sustained attentiveness.

Reliability

A third of the data was coded by two individuals, one of whom was naive to the purposes of the study, the other being one of the observers. Reliability for the categories of play, computed by percent agreement, was as follows: manipulation .91, vocal .96, visual .92, locomotion-focused .72, locomotion-unfocused .57, number of objects .78, length of time in play .78. Because of the low reliability for the category of locomotion-unfocused, the two categories of locomotion were combined. This raised reliability for the locomotion category to .90. After collapsing the two categories of locomotion, overall reliability was .88. The remaining two-thirds of the data

was then coded by the naive individual alone. All play codes used in the analysis were those coded by the naive individual.

Toddler Temperament Scale

For this study, the questionnaire developed by Carey and his colleagues was selected because of its wide use, available norms, and the extensive research and clinical applications for which it has been used. At 12 to 36 months, the appropriate version was the Toddler Temperament Scale (TTS) (Fullard, McDevitt, & Carey, 1984).

The questionnaire includes 97 behavioral descriptions rated on a six-point scale from "almost never" to "almost always". A weighted averaging procedure is employed to obtain scores on each of the nine dimensions of temperament postulated by Thomas and Chess (1977). Reliability and validity data for the TTS are described by Fullard, McDevitt, and Carey (1984). One month test-retest reliability for the nine categories ranges from .69 to .89, with a median correlation of .81. Internal consistency for the nine categories ranges from .53 to .86, with a median correlation of .70 for 1-2 year-olds and .72 for 2-3 year-olds

For the purpose of this study, the scale, although designed to be completed by the primary caregiver, was completed by the lead teacher of the classroom.

Teacher-rated temperament scores were judged to be most appropriate since observations were made within the school setting (Worobey, 1987). Worobey (1987) argued that different settings may elicit alternate aspects of temperament from the child, and therefore the teacher is best able to assess the child's temperament within the school setting. The lead teacher who filled out the scale had known the children over at least the nine-month period that they were in the classroom, and was acquainted with age-appropriate child behavior and strategies for their observation, as well as with responding to forced-choice instruments.

Thirteen items, considered to be outside the teacher's normal sphere of interaction with the children, were removed from the version of the scale completed by the teacher, making the revised scale a total of 84 items.

Removed items included "The child gets sleepy at about the same time each evening (within 1/2 hour)", "A child's initial reaction to seeing the doctor is acceptance", and questions related to television viewing, bathing, and sleeping patterns. Questions regarding the child's response to new environments, e.g. "The child accepts within 10 minutes (feels at home, at ease) new surroundings (home, store, play area)" remained in the teacher's questionnaire, since the children were taken on field trips

during which the teacher had opportunity to observe their responses to new surroundings. During the course of the nine months, the teacher became well acquainted with each child's eating and toileting habits, interactions with other children, and responses to strangers and to frustration. The Toddler Temperament Scale is included in full in Appendix C, with items which were deleted from the teacher's version marked.

Results

Analysis

Four dimensions of temperament were used in the analyses: Persistence, Approach/Withdrawal,
Distractibility, and Threshold. The six categories of play used in the analyses were manipulation, vocal, visual,
locomotion, number of objects, and length of time in play.
Data were analyzed for the following relationships: (1)
differences between males and females in amount of play by category (repeated measures ANOVA); (2) differences in amount of play by category for weeks 1 through 6 (repeated measures ANOVA); (3) correlation of week 1 to week 6 by category of play; (4) age predicts amount of play by category (regression); and (5) the main analyses, temperament scores predict amount of play by category (regression).

Table 1 lists the means and standard deviations for the

play behaviors for each 5 minute observation period.

Insert Table 1 about here

Sex Differences

As an initial check for sex differences, the scores of males and females were compared for type of play. There were no significant differences between the sexes for any of the six categories of play. Results of these analyses are shown in Table 2.

Insert Table 2 about here

The scores for females and males were then pooled for subsequent analyses.

Time-In-Program and Age Effects

Children's play changed from week to week. (See Table 2.) Play scores were averaged by category for each week of observation, the first to the sixth weeks of observation extending across a 4-month time period. Play was then analyzed by week in multiple repeated measures ANOVA. Differences between weeks in average amount of play were significant at p<.05 for manipulation, locomotion, number of objects handled, and length of time in play. Only visual and vocal behaviors did not differ significantly by

week.

Correlation of children's play from week 1 to week 6 by category yielded the lowest correlation for manipulation (r=.13, N.S.) and the highest (r=.70, p<.01) for the vocal behaviors category. Older children manipulated their toys, dressed and undressed dolls, and turned knobs, wheels, and rotors more than younger children. (See Age and Manipulation, below.) Correlations of week 1 to week 6 for the other categories of play were as follows: locomotion r=.40 (N.S.), visual r=.31 (N.S.), number of objects r=.30 (N.S.), and time in play r=.37 (N.S.).

The length of time the children had been in the program and age were not separable in the above analyses, so the influence of age in predicting amount of play by category was analyzed separately by regression. Age was found to predict differences in play for the categories of length of time in play, manipulation, and vocalization. Age was not significant in predicting visual behavior, locomotion, or number of objects.

The following predictions were significant:

Age and Length of Time in Play. Older children spent more time in play, the measure of sustained attentiveness, than did younger children. Age explained 33% of the difference in time in play between individual children (adjusted R-squared=.3325, p<.01).

Age and Manipulation. Older children played with puzzles and manipulated their toys (i.e., pushing buttons, stacking objects, turning and twirling them) more than did younger children. Age explained 20% of the difference in manipulation between individual children (adjusted R-squared=.20, p<.03).

Age and Vocalizations. Older children talked, made noises (growled and choo-chooed), laughed, and sang more than younger children. Age explained 19% of the difference in vocalizations (adjusted R-squared=.19, p<.05) between children.

Non-significant predictions of play by age were as follows:

Age and Visual Behavior. Younger children appeared to watch others, look about the room, and visually explore their toys more often and longer than older children, with age explaining 14% of the difference in visual behavior. However, this relationship was not significant for this sample (adjusted R-squared=.14, p=.08).

Age and Locomotion. Younger children appeared to move about the room more, dance, and used the large motor equipment, such as steps, tunnel, and slide more than older children. Age explained 14% of the difference in locomotion, not significant at p=.08.

Age and Number of Objects. All the children handled

objects in their play. There was no significant difference between older and younger children in number of objects handled (adjusted R-squared=.01, p>.64).

Temperament Measures

Age had the greatest power in predicting play by category in this study. Of the temperament dimensions used to predict play, only persistence indicated significant predictive power (of visual behavior, see below). Age interacted with approach/withdrawal to predict vocalizations and visual behaviors.

Table 3 lists the Toddler Temperament Scale mean scores. Table 4 shows each child's mean number of play behaviors by category across all observations.

Insert	Table	3	about	here	•
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Results of regression analyses of play by temperament were as follows:

Play and Persistence

The persistence score on the Toddler Temperament Scale was not related to how often a child stayed involved in an

activity through successive time periods, the length of time in continuous play measure (adjusted R-squared for full model=.35, age p<.05, persistence p=.44). Length of time involved in sustained activity appeared to be controlled by age (adjusted R-squared=.33, p<.01). Persistence score was also unrelated to the number of toys a child handled during a five minute interval of observation (adjusted R-squared for full model=.06, age p=.43, persistence p=.32). A child's persistence score on the TTS did, however, significantly predict the number of times that a child was observed visually focusing on or inspecting a toy, object, or play area (adjusted R-squared for full model=.28, age p<.05, persistence p=.05).

Play and Approach/Withdrawal

Because of the clinical purpose for which the Toddler Temperament Scale was developed, the approach/withdrawal category references the problem behavior, that of withdrawal from novel or unusual situations, objects, and people. A high score in this category indicates withdrawal. A low score in this category indicates that the child tends to approach novel or unusual situations, objects, and people.

Variation in children's scores on withdrawal on the TTS did not predict the frequency and amount that children touched and handled objects (adjusted R-squared for full

model=.21, age p<.05, withdrawal p=.58) or how often a child stayed involved in an activity through successive time periods (adjusted R-squared for full model=.34, age p<.01, withdrawal p=.63). Low withdrawal score (i.e., those children who were on the approach end of the category) did not significantly predict a child's movement about the room (locomotion category of play) (adjusted R-squared for full model= .23, age p<.10, withdrawal p=.14). All three of the play variables, manipulation, length of time in activity, and locomotion, appeared to be controlled by age (adjusted R-squared=.21 p<.05, adjusted R-squared=.34 p<.01, and adjusted R-squared=.14 p<.10, respectively).

Age and withdrawal tended to produce different effects with regard to visual behavior in children of different ages (adjusted R-squared for the full model=.37, age p=.23, withdrawal p<.05, age and withdrawal, when withdrawal entered into the model last, p=.08). Younger children who were assessed high on the withdrawal scale were more likely to visually survey toys, objects, or play areas. Older children who were assessed high on the withdrawal scale were less likely to visually inspect their toys, objects in the room, or play areas.

Age and withdrawal together predicted 58% of the variation in vocal behavior. Age and withdrawal score

together produced different effects in the category of vocal behavior in children of different ages (age p<.01, withdrawal p=.14, age and withdrawal, when withdrawal entered into the model last, p<.05). Older children who were low on the withdrawal scale (more approaching) talked, sang, and made more vocal sounds during play, whereas younger children who were low on the withdrawal scale (more approaching) talked and sang less, and made fewer vocal sounds during their play.

Play and Distractibility

The distractibility score on the Toddler Temperament Scale was not related to the number of toys and other objects touched and handled during the five-minute observation of play, the objects measure (adjusted R-squared=.09, N.S.). Nor did children who were assessed high in distractibility appear to spend less time in continuous play than did children who were not assessed as distractible (adjusted R-squared for full model=.36, age p<.01, distractibility p=.35).

Play and Threshold

Regression analyses examined the predictability of manipulations, vocalizations, visual activity, and locomotion. A child's score on the threshold dimension of temperament did not appear to be related to manipulation of toys and objects (adjusted R-squared=.22, N.S.), amount of

talking and other vocal activity (adjusted R-squared=.19, N.S.), looking around at others, or visually inspecting their toys (adjusted R-squared=.18, N.S.). Nor was threshold related to the amount of walking, running, and climbing the children did (adjusted R-squared=.15, N.S.). Manipulation, vocal behavior, and locomotion were predicted by age alone (p<.10 for each category).

Discussion

Of the relationships tested, age had the strongest effect, accounting for much of the variation in play in all areas except the number of objects handled. Given the age range of the children, it is to be expected that age is very important. Between the ages of one and three years many important changes take place, including walking and talking. Age appeared to be the most important factor in predicting play for these children.

of the temperament variables, persistence and withdrawal demonstrated predictability of the variability in children's play. Persistence predicted visual attentiveness, such as looking around the room, at other areas of play, at other children or teachers, and visually inspecting toys. It may be that persistent children are more curious and are better able to remain organized while observing a variety of activities, so that a persistent child can observe things in the room from one vantage

point, without moving from one thing to another, and thus received a code for visual behavior, rather than locomotion, for example. Using a construct of ego-resiliency related to flexibility, resourcefulness, and persistence, Arend, Gove, and Sroufe (1979) found that ego-resilient preschoolers were more likely to remain engaged with a Banta box and demonstrated more continuity in their behavior in the face of novelty. It is this ability to respond to the environment in an organized, controlled manner that appears to be measured by the dimension of persistence.

Visual behavior was predicted by withdrawal but only in concert with age. Younger children who were withdrawn were more likely to watch others in activity and were not themselves engaged. They were more likely to watch other children at play, to watch teachers, and to spend more time looking at their toys and play materials, such as the paint on their paper, and to gaze at play areas from a distance. Older children who were assessed high on the withdrawal scale were much less likely to watch other children, teachers, or play areas, or to visually inspect their toys, and other objects in the room. Perhaps younger withdrawn children watch what is going on around them without becoming involved, while older children withdraw by engaging in quiet, solitary activity.

Conceptually and intuitively, the prediction of more vocal play by older, more approachful children makes sense. Easy temperament may interact with the development of language to predict more vocal activity as children grow from 12 to 35 months. Field, et al, (1987) found that generally easier temperament was associated with less frequent crying but more frequent vocalizing in a sample of 3- to 20-month-olds. In this study, older children who scored low on the withdrawal scale (more approaching) talked, sang, and made more vocal sounds during play, whereas younger children who were low on the withdrawal scale (more approaching) talked and sang less, and made fewer vocal sounds during play. Children become more skilled with language as they near three years of age. Approachful children, who are willing to become involved in activities and with others, may use language as a tool for engaging others and to express themselves in play. children might also be more approachable, in the sense that they are easier to talk to, and so more likely to be engaged in conversation.

The present study is significant primarily because its focus on the construct of temperament as a patterner of experience in relationship to play departs from previous research. The argument that temperament, as a measure of individual differences, serves to organize specific play

behaviors has not previously been made.

That specific play behaviors were coded instead of rated, making them less global than the temperament ratings, may have lessened the likelihood of finding relationships. This and the small sample size may have diminished the probability of finding relationships between specific temperament dimensions and specific play behaviors. However, the convergence of the dimensions of temperament and play relationships found in this study may provide a basis for formulating further questions in this area.

Table 1

Amount of Play Behaviors Per 5 Minute Observation

Play Behavior	Means	Standard Deviations
Manipulation	16.17	8.30
Locomotion	14.95	9.82
Visual	10.25	7.39
Vocal	4.22	4.12
Objects	4.44	2.11
Time	9.90	4.85

Table 2

Gender and Time-In-Program Effects

Play Behavior	Variable	F value	p>F
Manipulation	Gender	0.15	0.70
	Week	5.84	0.00*
4	Week * Gender	0.69	0.64
Locomotion	Gender	0.96	0.34
	Week	2.59	0.03*
	Week * Gender	1.22	0.31
Visual	Gender	1.30	0.27
	Week	1.27	0.28
	Week * Gender	0.64	0.67
Vocal	Gender	1.33	0.26
	Week	0.93	0.47
	Week * Gender	0.63	0.68
Objects	Gender	0.40	0.53
	Week	3.94	0.00*
	Week * Gender	1.55	0.18
Time	Gender	0.16	0.69
	Week	2.31	0.05*
	Week * Gender	0.17	0.97

^{*} p≤.05.

Table 3

Toddler Temperament Scale Mean Scores

		_		
Subject	Approach	Persistence	Distractibility	Threshold
1	5.40	2.0	4.0	3.88
2	3.89	2.9	4.8	2.50
3	5.36	1.9	3.6	3.00
4	2.46	3.1	3.6	2.00
5	5.40	2.2	2.0	2.13
6	2.18	1.8	3.4	2.38
7	2.45	3.0	3.4	2.13
8	4.27	2.9	3.4	2.63
9	2.73	1.6	2.8	2.38
10	5.82	2.0	3.6	2.38
11	3.82	3.5	4.4	2.38
12	2.00	4.4	3.0	1.50
13	3.27	2.3	3.5	2.38
14	3.73	2.1	3.4	2.38
15	5.82	2.6	3.9	3.38
16	4.91	3.5	4.0	4.50
17	2.91	4.0	3.7	1.88
20	4.18	2.3	2.5	3.13
21	2.64	3.4	4.0	2.63
22	3.64	3.0	4.0	3.13
24	4.36	2.9	4.1	2.63
25	2.18	2.1	3.6	4.00
26	3.18	2.8	3.5	3.38

Table 4

Amount of Play Behaviors Across Observations

						
Subject	Manipulation	Locomotion	Visua1	Voca1	Objects 0	Time
1	16.17	16.17	10.08	2.42	4.50	8.50
2	14.00	15.33	9.42	5.58	5.08	8.92
3	25.58	7.50	9.50	2.17	3.00	14.33
4	18.42	14.33	11.67	4.33	4.42	9.08
5	18.00	10.83	12.50	1.00	3.75	10.75
6	16.67	16.42	13.83	11.75	6.42	14.83
7	19.08	10.08	6.42	8.75	4.75	10.75
8	17.00	13.75	11.00	3.58	3.75	11.08
9	15.58	15.08	8.58	5.92	4.67	10.92
10	15.92	17.17	10.67	1.17	4.17	9.75
11	18.08	17.50	7.50	8.92	4.83	12.00
12	13.83	21.83	6.58	5.00	4.58	10.08
13	21.00	9.00	7.00	5.92	4.33	14.58
14	16.00	12.25	10.08	8.00	4.50	11.83
15	15.10	12.20	14.30	4.10	4.00	8.00
16	12.42	16.75	11.75	4.17	4.25	7.83
17	17.58	15.50	11.33	2.33	5.25	7.83
20	13.08	15.50	12.50	.92	3.50	7.75
21	14.42	23.58	8.08	2.58	5.75	9.08
22	14.58	19.00	9.83	4.42	5.58	8.75
24	11.80	18.80	13.60	1.70	3.30	5.60
25	13.67	16.67	10.00	5.58	5.00	7.08
26	14.64	13.45	13.64	3.18	4.09	9.18

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APPENDIX A

LITERATURE REVIEW

<u>Play</u>

Play is at the same time the primary mode of learning and of self-expression. Attesting to its importance, play is widely acknowledged to be a key ingredient in social behavior, cognition, exploration, and a host of other factors. (See Rubin, Fein, & Vandenburg, 1983, for a full review.) Through play, young children interact with and learn about the world, their peers, and themselves. As the dominant mode of activity for the infant and toddler, play is a vehicle for both internalizing information from the environment and for the external expression of knowledge and affect.

Early observational investigations of children's preferences in free play often focused upon the formulation of social participation hierarchies. Thus, in a now classic study, Parten (1932) discovered that social participation among preschoolers increased with the child's age. Parten defined six sequential social participation categories: unoccupied behavior, solitary play, onlooker behavior, parallel play, associative play, and cooperative play. Preschoolers' modal play preference from 2 1/2 years to 3 1/2 years was parallel play, and from 3 1/2 years to 4 1/2 years was associative play.

Another major early source concerning children's play

behaviors was Piaget's (1963) classification of three successive stages of play. Sensorimotor play, the first stage, occupies the period from infancy to 24 months, when children are learning control of movements and beginning to perceive the effects of their experimenting with the sensory world and making events recur. Symbolic or representational play is the second stage. During this period children acquire the ability to encode experiences in symbols and begin imaginary play. The third stage of play is games with rules, which begins with the school years. Children begin to think objectively, to understand social concepts of cooperation and competition, and these are present in play.

Smilansky (1968) elaborated on the Piagetian categories with four types of play: (a) functional play--simple repetitive muscle movements with or without objects; (b) constructive play--manipulation of objects to construct or to "create" something; (c) dramatic play--the substitution of an imaginary situation to satisfy the child's personal wishes and needs; and (d) games-with-rules--the acceptance of prearranged rules and the adjustment to these rules. Smilansky's categories were considered to be a relatively fixed developmental sequence from infancy to concrete operations. Recent studies, however, have indicated that constructive and dramatic play develop simultaneously and

follow the same developmental course (Rubin, Fein, & Vandenberg, 1983).

Exploration theory was developed by Hutt (1970; 1971), who related the constructs of specific and diversive exploration to both curiosity and play in children. Hutt described exploration as intense examination of an object, an idea, or a skill, for the purpose of learning about it. Nunnally and Lemond (1973), building on Hutt's (1970) work on exploration, detailed a temporal sequence of exploratory behaviors. They described play, as distinguished from exploration, as the practice and extension of the skill; play is exercise for the sake of mastery. During play, children test the limits of what is known and gradually extend those limits. Exploration is where most of the initial information gathering takes place. More recently, Belsky, Goode, and Most (1980) developed twelve categories and operational definitions for a hypothesized sequence of the development of exploration and play. There appears to be a reciprocal relationship between exploration and play and a continual movement back and forth from exploratory activity to play to more exploration.

Exploration and play have been found to be related to the presence of parents, peers, teachers, and strangers (Henderson, 1984). Amount and quality of play has been related to increased performance on social and cognitive

functioning (Fein, 1981), maternal responsiveness and stimulation (Belsky, Goode, & Most, 1980; Tamis-LeMonda & Bornstein, 1989), social class (Rubin, Maioni, & Hornung, 1976), adult support (Henderson, 1984), mastery motivation (Jennings, Harmon, Morgan, Gaiter, & Yarrow, 1979), creativity (Vandenberg, 1980), social competence (Connolly & Doyle, 1984; Rubin, 1980), ego-resiliency (Arend, Gove, & Sroufe, 1979), and many other factors.

As an experimental construct, play has proven extremely difficult to define operationally. Play has been defined in many different ways, related to such concepts as curiosity, creativity, novelty, language, games, fantasy, and smiling. See Weisler and McCall (1976) for a review of the many definitions. They concluded that, while the many subjective definitions have proven unsatisfactory, objective definitions of play may not capture the quintessential processes and attributes of play that make it fascinating for many scholars. The present study will follow Nunnally and Lemond (1973) in defining play with the addition of qualitative measures, following Jennings, Harmon, Morgan, Gaiter, and Yarrow (1979).

The continuity of relationships found in the literature between child play and behavior suggests an underlying, unifying construct within the individual. It is thought that that underlying personal quality may be measured by

assessing temperament.

Temperament

According to Thomas and Chess (1986), temperament refers to the how of behavior, as distinguished from the what of behavior (abilities) or the why of behavior (motivation). So, for example, two children may ride a bicycle with the same dexterity and have the same motives for doing so, have similar learning ability and academic goals, or have the same reason for being friends. Yet these two children may differ significantly in the quickness with which they move, the ease with which they approach a new situation or task, and the effort required to distract them when they are involved in an activity. In other words, their abilities and motivations may be the same, but their temperaments may be different. Or their temperaments may be similar and their abilities and motivations may differ.

Bates (1987) reviewed definitions of temperament formulated by Thomas and Chess, Buss and Plomin, Rothbart and Derryberry, and Goldsmith and Campos. Thomas and Chess defined temperament as consistent patterns in how actions are performed and operationalized it by means of nine dimensions of behavior that can be seen in infants:

(1) Approach or withdrawal: the nature of the initial response to a new stimulus, be it a new food, new toy, or

new person. Approach responses are positive and withdrawal reactions negative, whether displayed by mood expression or motor activity.

- (2) Adaptability: rather than the nature of the initial response, this category is concerned with the ease with which the response is modified in the desired direction.
- (3) Quality of mood: the amount of pleasant, joyful, and friendly behavior, as contrasted with unpleasant, crying, and unfriendly behavior.
- (4) Intensity of emotional reaction: the energy level of response regardless of its quality or direction.
- (5) Rhythmicity (regularity): the predictability or unpredictability in time of any biological function.
- (6) Persistence in the face of environmental counterforces: this category includes the related concepts, attention span and persistence. Attention span concerns the length of time the child pursues a particular activity; persistence refers to the continuation of an activity direction in the face of obstacles.
- (7) Distractibility: the effectiveness of extraneous environmental stimuli in interfering with or altering the direction of the ongoing behavior.
- (8) Activity level: the motor component of the child's functioning.
- (9) Threshold of responsiveness: the intensity level of

stimulation necessary for a response.

Three temperamental groups have been defined from analysis of patterns of these categories in the data of Thomas and Chess (1986). These groups are called the "difficult child", the "easy child", and the "slow-to-warm-up child." The child with difficult temperament shows irregular biological function, negative withdrawal responses to new stimuli, nonadaptability or slow adaptability to change, and intense mood expressions that are frequently negative. On the opposite end of the temperamental spectrum is the "easy child" group. group is characterized by regularity, positive approach responses to new stimuli, high adaptability to change, and mildly or moderately intense mood that is preponderantly positive. The third temperamental group is marked by a combination of negative responses of mild intensity to new stimuli, with slow adaptability after repeated contact. Not all children fit into one of these temperamental groups, and children who fit one of these three patterns may differ widely in how it is made evident.

Temperament is likely to affect personality outcomes by affecting the social relationships that produce personality. Thomas and Chess (Goldsmith et al, 1987) place emphasis on the content of the behavior, rather than the style, or tempo.

Buss and Plomin (Goldsmith et al, 1987) place greater emphasis on biological influences, especially genetic influences, which indirectly shape behavioral responses to the environment. They define temperament using three concepts: (1) emotionality, defined as an autonomic nervous system predisposition to negative arousal response to events; (2) activity, defined as the preferred activity level or energy expenditure; and (3) sociability, defined as the level of preference for the rewards of being with other people. A fourth factor which Buss and Plomin use in discussing temperament is impulsivity, defined as a combination of inhibitory control and excitement seeking.

In the theory of Rothbart and Derryberry (Bates, 1987), the basic processes of temperament are reactivity and self-regulation. These are constitutional tendencies to show particular patterns of basic psychobiological processes which form the core of affective functioning and motivation. Acting in concert with environmental and maturational variables, they contribute to traits of affect, cognition, and action, which, in turn, are the core of the child's developing personality.

The most radically behavioral of the major definitions of temperament is that of Goldsmith and Campos (Goldsmith et al, 1987). They also limit their definition to infancy. Temperament is described as structures that

organize the expression of emotion. These structures consist of intensity and time parameters of affect expression which organize a predictable pattern of responses to which the caregiver can accommodate. Social and cognitive processes are explicitly excluded.

Thus, while the general consensus is that temperament refers to individual behavioral differences, no universally accepted definition has emerged. Given the diversity of definitional criteria and lack of agreement on a definition, the common practice is to define this trait operationally, based on the instruments used to assess temperament.

A wide variety of instruments are available to assess temperament in infancy and childhood. Twenty-six of these have been reviewed by Hubert, Wachs, Peters-Martin, and Gandour (1982), with special attention given to construct validity. Although no single measure of temperament appears to be entirely satisfactory, the Toddler Temperament Scale was rated among the highest in test-retest reliability (median correlation of .81 reported by Fullard, McDevitt, & Carey, 1984), acceptable internal consistency with median alphas of .70 and .72 (Fullard, McDevitt, & Carey, 1984), and moderate stability. Evidence on validity is sparse, although Fullard, McDevitt, and Carey (1984) report significant correlations for 16 out of

18 TTS categories with maternal general impressions, ranging from .09 to .55 (median r = .31). In a study of predictive validity, McDevitt and Carey (1981) found longitudinal stability for all nine categories (range .24 - .58, median = .38, all p < .001) in a comparison of ITQ assessments of 115 infants, rated on the TTS an average of 17 months later.

Age Effects

Age affects the way children play. As children grow, their play becomes more focused, more physically active, and more complex. For example, as fine muscle coordination develops, it is seen in play; as are large motor control, fine muscle coordination, vocal behavior, social sophistication, etc.

Age, theoretically, does not affect temperament, however, it appears to affect the expression of temperament. Although instruments for the assessment of temperament have been constructed for children from 4 months to 12 years of age (Fullard, McDevitt, & Carey, 1984), little is known about long-term stability of these characteristics. A temperament dimension may be expressed in different ways at different times in development. For example, persistence in a 1 or 2-year-old may be expressed in repeatedly stacking and restacking a tower of blocks, whereas in an older child, persistence may be expressed in

hours of practice throwing a ball. Rothbart and Derryberry (1981) have argued that temperament is a psychobiological concept, attuned to the linkages between the nervous system and behavior. This constitutional basis for temperament may be affected by maturational changes that influence reference behaviors. However, some degree of continuity is expected. Matheny, Wilson, and Nuss (1984) found that longitudinal stabilities were moderate and significant (p<.05) between 12 and 18 months and increased substantially between 18 and 24 months in a comparison of laboratory and TTS assessments of temperament. The authors stated that the evidence indicated that the ordering of individual differences became more clearly defined during the 18 to 24 month interval. They also found consistency in expression of temperament across home and laboratory settings.

Several studies indicate that intraindividual consistency becomes increasingly more coherent and stable from infancy through the second year of life. In a comparing 3- and 20-month temperament ratings (ITQ) and play behaviors, Field, Adler, Vega-Lahr, Scafidi, and Goldstein, (1987) found stability in the temperament dimensions of activity (r = .39, p < .05), rhythmicity (r = .51, p < .01), intensity (r = .39, p < .05), mood (r = .53, p < .01), and persistence (r = .57, p < .01) and in play

behaviors of smiling (r = .52, p < .01), and vocalizing (r = .49, p < .01). Coherence of individual differences across situations and time was found by Bronson (1985) to increase in play sessions recorded throughout the second year. Matheny, Wilson, and Nuss (1984) found evidence of stability in the temperament dimensions mood, adaptability, approach, intensity, and activity across 6-month intervals during the second year.

Temperament has been related to many factors. There is some evidence for linking temperament to cognitive growth (Campos, Barrett, Lamb, Goldsmith, & Stenberg, 1983). For instance, persistence has predicted IQ and grades in school. In addition McCall, Eichorn, and Hogarty (1977) and Yarrow, Rubenstein, and Pedersen (1975) have found correlations between cognitive competence and the infant's alertness, attentiveness to objects, persistence on tasks, and goal-directed behaviors. Temperament has been related to other areas of individual functioning, such as exploratory behavior (Gandour, 1989), positive emotional tone, sustained attentiveness, social approachfulness, and calmer acceptance of restraint (Matheny, Wilson, & Nuss, 1984), tempo (Wenckstern, Weizmann, & Leenaars, 1984), and play (Field et al, 1987).

The expression of individual differences in play has been recognized as an important component of the study of

play (Arend, Gove, & Sroufe, 1979). Toddlers who were more flexible, resourceful, and persistent at 2 years of age were more happy and curious while manipulating a Banta box in the laboratory at age 4 to 5 (Arend, Gove, & Sroufe, 1979). Toddlers scoring high on the threshold dimension of temperament were noted to be more vigorous in their play and to change toys more often (Wenckstern, Weizmann, & Leenaars, 1984). Persistence was correlated with constructive play, and distractibility correlated with vocalizations in infants 3 to 20 months (Field et al, 1987).

Stability of characteristics of child play found in the literature suggests an underlying, unifying construct within the individual. The stability of play interaction behavior reported by Rothbart (1986) suggests that stability can be found during the first 9 months of infancy when temperament-like behaviors, such as activity level and smiling/laughter, are observed in a play interaction context. Stability in certain temperament dimensions (e.g., activity, rhythmicity, intensity, mood, and persistence) and in play interaction behaviors (looking, smiling, and vocalizing) has also been found from 3 to 20 months (Field et al, 1987). Consistency in expression of temperament was found to be moderate and significant between 12 and 18 months and increased substantially

between 18 and 24 months (Matheny, Wilson, & Nuss, 1984).

Intraindividual consistency was also found by Bronson
(1985) in a study which showed increased stability of
behavior in play sessions in the second year of life.

Evidence for an underlying personal quality which may be measured by assessing temperament, the importance and ubiquity of play in toddlerhood, and findings of convergent validity and stability of temperament measures and play behavior, suggest that particular dimensions of temperament might be predicted from certain types of play behavior.

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APPENDIX B

TODDLER TEMPERAMENT SCALE

Fullard, W., McDevitt, S. C., & Carey, W. B. (1984).
Assessing temperament in one- to three-year-old children. Journal of Pediatric Psychology, 9, 205-217.

^{*} Items not completed by teacher.

BEHAVIOR H	IAS BEEN	LIKE THE	BEHAVIOR	DESCRIBED	BY EAC	H ITEM.
Almost	Rarely	Usuall	v Usual	ly Frequ	ently	Almost
never	•		ot doe			always
1	2	3	4	5		6
	о н (а так на населе					
* 1. Th	e child	nete ele	anvatah	out the sam	mo timo	aaah
evening (w	rithin 1/	2 hour)	epy at ab	out the sai	me cime	each
CVCHILIB ("			• •	· almost		
	never 1	-· <u>-</u> 3	-°- <u>4</u> •- <u>5</u>	:almost 6 always		
2. Th	e child	fidgets	during an	iet activi	ties (s	torv
telling, 1	ooking a	t pictur	es).	TCC GCCTAT	crep (2	cory
				· almost		
	never 1	<u>- </u>	- '-4 -5	:almost 6 always		
3. Th	e child	takes fe	edinos an	ietly with	mild	
expression				recry wrest	mıı	
				: almost		
	never 1	$\frac{1}{2}$ $\frac{1}{3}$	4 5	:almost 6 always		
4. Th	e child	is pleas	ant (smil	es, laughs) when	firet
arriving i				co, Laagno	, when	11100
				: almost		
	never 1	$\frac{-\sqrt{2}}{2}$	4 5	almost 6 always		
* 5. A				to seeing	the doc	tor is
acceptance			2 0 2 0 2 0 11	co occans	ene doc	201 15
		: :	: :	: almost		
	never 1	$\frac{1}{2}$ $\frac{1}{3}$	4 5	:almost 6 always		
6. Th				game with	narent	for
only a min				84	parono	101
,			: :	: almost		
	never 1	$\frac{1}{2}$ $\frac{1}{3}$	4 5	:almost 6 always		
7. Th				come at di	ifferen	t times
from day t						
	never 1	$\frac{2}{3}$	4 5	:almost 6 always		
* 8. Th				g up (frow	ns. com	plains.
cries).		,		,	,	,
•	almost	•	:	: almost		
4	never 1	$\frac{1}{2}$ $\frac{1}{3}$	4 5	almost 6 always		
9. Th				n to a new	babv s	itter
				other, etc		
Ü	almost	: :	· :	: almost		
	never 1	$\frac{-}{2}$ $\frac{-}{3}$	4 5	almost 6 always		
10. Th	e child	reacts t	o a disli	ked food e	ven if	it is
mixed with						
				: almost		
	never 1	$\frac{}{2}$ $\frac{}{3}$	4 5	:almost 6 always		
11. Th	e child	accepts	delays (f	or severål	minute	s) for
desired ob	jects or	activit	ies (snac	ks, treats	, gifts).
				· 21most		-

almost : : : : : : : almost never 1 2 3 4 5 6 always

Almost	Rarely	Usually	Usually	Frequently	Almost
never		does not	does		always
1	2	3	4	5	6
12. Th	ne child	moves littl	e (stavs	still) when b	eina
dressed.		,	(===,=	,cm b	CING
,	almost		: :	almost	
	never 1	-::::::::::_	$\frac{7}{4}$ $\frac{7}{5}$ $\frac{7}{6}$	always	
13. Th	e child	continues a	n activit	y in spite of	noises
in the sam	ne room.				
	almost	-::::	::	_almost	
7 / m.	never 1	2 3	4 5 6	always	
14. Th	e child a	shows strong	g reactio	ns (cries, st	amps
feet) to f				_	
	almost	-:::::	,_:_ <u>_</u> :	_almost	
15 ጥዜ	never 1	2 3	4 5 6	always	
nı .cı	e child p	plays contin	nuously f	or more than	10
minutes at	a cime v	with a favor	rite toy.		
	almost_1	-:::::	<i>_</i> ::	_almost	
16 Th	nevel 1	ianaraa tha	+ 3 0	always	
hot or col	d child .	ranores the	cemperac	ure of food,	whether
				almost	
	never 1	-::::		_almost	
* 17. Th	e child	varies from	dav to d	ay in wanting	
bottle or	snack bei	ore bedtime	e at nich	t.	a
	almost	: : :	: :	almost	
	never 1	:::	5 6	_always	
18. Th	e child s	sits still v	while wai	ting for food	•
	almost		· : :	almost	•
	never 1	-:::::::::: _	4 5 6	_ always	
19. Th	e child i	is easily ex	cited by	praise (laug	hs,
yells, jum	ps).				•
	almost	-::	::	_almost	
0.0 771	never 1	2 3 4	5 6	always	
20. Th	e child d	ries after	a fall o	r bump.	
	almost	: 3: -2	::	_almost	
01 ma	never 1	2 3 4	5 6	always	
41. IN	e child a	ipproaches a	and plays	with unfamil	iar pets
(small dog	s, cats).			. 1	
	never 1	:::::::::		_almost	
22. Th	e child a	tone estima	t J O	always	
walks by.	- chilu S	cohe carril	3 and 100	ks up when a	person
	almost	• • •		almost	
	never 1	:::	5 - 6	_armosc alwave	
		~ -		urmays	

Almost	Rarelv	lisualiv	Henelly	Frequently	A 7 m a a b
never		does not	does	rrequencry	
1	2	3	4	_	always
•	4	3	4	5	6
					
2.3 m	ha ahili		C 1.C		
fordlier	ne cutto s	seems unawa	re or diri	erences in ta	iste of
lamillal	ridaras (1	Type or mir	k, differe	ent juices).	
	almost	:;;;		almost	
0./ m·	never 1	2 3	4 5 6	always	
24. T	pe cuild b	oves about	actively	when he/she e	explores
new place	s (runs, c	limbs, or	jumps).	I.	
	almost	-:::_	::	_almost	
	never 1	2 3	4 5 6	always	
25. Ti	he child f	usses or w	hines when	bottom clean	ıed
after bow	el movemen	ıt.			
	almost		: :	almost	
	never 1	-:::-	4 5 6	always	
26. Ti	he child s	miles when	nlaved wi	th by unfamil	iar
adults.			padjed #1	.cm by uniamin	. Lai
	almost		•	olmoat	
	never 1	:::	7, '	almost	
27. TI	he child 1	ooke up fr	9 J U	always	
room.	ne chita i	ooks up ir	om pray wn	en mother ent	ers the
room.	01=0==			.	
	aimost	:::	, 	almost	
ററ സ	never 1	2 3	4 5 6	always	
28. Ti	ne child s	pends over	an hour r	eading a book	or
rooking at	t the pict				
	almost	:::	9 9	almost	
00 70	never 1	2 3	4 5 6	always	
29. Ti	ne child r	esponds in	tensely (s	creams, yells) to
frustratio					
	almost	::::		almost	
	never 1	2 3	4 5 6	always	
30. Th	ne child e	ats about	the same a	mount of soli	d food
at meals i	from dav t	o dav.			
	almost	2:3:	0 0 0 0	almost	
	never 1	2 3	4 5 6	alwavs	
31. TI	ne child r	emains plea	asant when	hungry and w	aiting
for food t	to be prep	ared.			4444
	almost	: : :		almost	
	never 1	:::	4 5 6	alwavs	
32. Th	ne child a	llows face	washino w	ithout protes	+
(squirming	3, turning	away).	"""""	renout proces	L
, , , ,	almost	• • •	9	almost	
	never 1	:::::::::	<u>~ ° -5 ° -6 </u>	alware	
33. Th	TO SMOUNT	of milk or	inica tha	child takes	a t
mealtime i	ie unnwad:	Or mit COL	Jurce rue	curra cakes	at
difference	') ro anbrear	crante ILOI	n mear ro	meal (over 2	OZ.
arrer ence	= / • 1 m h			1 ,	

Almost never 1	Rarely 2	Usually does not 3	Usually does 4	Frequently 5	Almost always 6
	pushing ob	ractices p jects) for	under 5 m		mbing,
35. Ti milk when spoon, etc	ne child v full (spi :.)	igorously ts out, cl	resists acamps mouth	lditional food n closed, bats	or at
36. Th	ne child pors.		ely (bangs	s, throws, run	s) with
37. The	ne child i oy.		ces when p	laying with a	
38. Ti	ne child a		(moves tow	vard) new visi	tors at
39. The seeming to	ne child p o notice d	ifferences	de on hot in temper	or cold days	without
40. Thunder five	ne child c minutes	and then g	laying wit oes elsewh	th other child nere.	ren for
spite of o	ne child c listractin	g noises (o look at car horns,	a picture boo doorbell).	k in
42. Ti	ne child w	:;; ants a sna difference	ck at a di	almost always fferent time	each
	almost_ never l ne child i	:::_	4 5 6	almost always when put down	for
_	almost_never 1	::; akes sever		almost always get used to	(show

Almost	Rarely	Usually	Usually	Frequently	Almost
never		does not	does	• •	always
1	2	3	4	5	6
usual beha	avior in)	new situat	ions away	from parent ((n1 o w
group, day	z care ce	nter, sitte	r.)	rrom parent (CPIAY
				almost	
	never 1	-: <u>-</u> :-3:-	$\frac{7}{4}$ $\frac{5}{5}$ $\frac{6}{6}$	alwave	
45. Th	ne child	speaks (or	vocalizes	right away t	- 0
unfamilian	adults.		,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,	zagne andy	-0
		• • •		almost	
	never 1	-:::_	4 5 6	always	
46. Th	e child	reacts stro	ngly (crie	es or screams)) when
unable to	complete	a play act	ivity.	or or octoumb,	, when
	almost	_: :	: ;	almost	
	never 1	<u>-::: _</u> :	4 5 6	alwavs	
47. Th	e child	enjoys game	s with run	ning and jump	ing
over games	done si	tting down.			8
	almost	_::	:	almost	
	never 1	-:::_	4 5 6	always	
48. Th	e child	notices wet	clothing,	and wants to	be
changed ri	.ght away	•			
	almost	-:::	•	almost	
	never 1	2 3	4 5 6	always	
49. Th	e child	is fussy or	moody thr	oughout a col	d or an
ıntestinal	. virus.				
	almost	-::-	• • • • • • • • • • • • • • • • • • • •	almost	
d	never 1	2 3	4 5 6	always	
* 50. Th	e child:	lgnores par	ent's firs	t call while	
watching a	favorite	e T.V. prog	ram.		
	almost	-::::		almost	
F 3 A	never 1	2 3	4 5 6	always ,	
an hour,				toy or game	within
	almost	-::: _	:	almost	
	never 1	2 3	4 5 6	always	
52. Th	e child i	cuns to get	where he/	she wants to	go.
	almost	::::	* * * * * * * * * * * * * * * * * * * *	almost	
	never 1	2 3	4 5 6	always	
. 53. Fo	r the fir	st few min	utes in a	new place (st	ore,
home or va	cation pl	lace) the c	hild is wa	ry (clings to	•
mother, ho				_	
	almost	· <u>·</u> · <u>3</u> :	,	almost	
% E/ m1	never 1	2 3	4 5 6	always	
* 54. Th	e child t	akes dayti	me naps at	differing ti	mes
(over 1/2	nour diff	erence) fr	om day to	day.	
	almost	::::	 ;;	almost	
	never 1	4 3	4 2 6	alwavs	

USING THE SCALE SHOWN BELOW, PLEASE MARK AN "X" IN THE SPACE THAT TELLS HOW OFTEN THE CHILD'S RECENT AND CURRENT BEHAVIOR HAS BEEN LIKE THE BEHAVIOR DESCRIBED BY EACH ITEM.

Almos never 1	t Rarely 2	Usually does not 3	Usually does 4	Frequently 5	Almost always 6
55. his/her	play is int	errupted b	y parent.	or smile) who	en
	never 1	-:::	4 5 6	always	
56.	The child a	ccepts bei	ng dressed	l and undress	ed .
without	protest.				
	almost	:::_	• • • • • • • • • • • • • • • • • • • •	_almost	
<i>-</i> -	never 1	2 3	4 5 6	always	
57.	The child i	s outgoing.	with adul	lt strangers o	outside
the home					
	armost	:::_	:: <u>_</u>	_almost	
58.	The child r	une chood	4 2 0	arways ing with the p	
30 .	almost	uns aneau	when wark	ing with the]	parent.
	never 1	:::_	4 5 6	_almosc	
59.	The child's	neriod of	greatest	physical act	ivity
comes a	t same time	of day.		*	LVICY
	almost	• • •	• •	almost	
	never 1	· 2 · 3	4 5 6	alwavs	
60.	The child c	an be coax	ed out of	a forbidden	
activit	y •				
	almost	· <u> </u>	· · · · · · · · · · · · · · · · · · ·	almost	
	never 1	2 3	4 5 6	_always	
61.	The child s	tops play	and watche	es when someon	ne walks
bу.	-				
	almost	:::_		almost	
60	never l	2 3	4 5 6	always	
62.	The child g	oes back t	o the same	e activity aft	cer
briet i	nterruption	(snack, tr	ip to toil	.et).	
	almost	-:::_	° •	almost	
63	never 1	2 3	4 5 6	always	
		augns or s	miles when	meeting othe	er
childre				-1	
	never 1	:::_		almost	
64.	The child a	ite etill	while wate	ching TV or li	latanina
to music		TCD SCIII	willie wate	THE TO UT I	racentug
	-			almost	
	never 1	:::_	4 5 6	always	
65.	The child w	ill avoid	repetition	of misbehavi	ior if
punished	d firmly onc	e or twice	9		
	almost	*	9 è	almost	
	never 1	:::_	4 5 6	always	

Almost

USING THE SCALE SHOWN BELOW, PLEASE MARK AN "X" IN THE SPACE THAT TELLS HOW OFTEN THE CHILD'S RECENT AND CURRENT BEHAVIOR HAS BEEN LIKE THE BEHAVIOR DESCRIBED BY EACH ITEM.

Usually

does

Frequently

Usually

does not

Rarely

Almost

never

neve		does not	does	· ·	always
1	2	3	4	5	6
66.	The child		_ 1	. 1	
ou.	noises from	continues to	o pray wr	th a toy in s	pite of
Sadden	21 20 25	outdoors (car norn,	siren, etc.)	•
	armost	_::::	_	_almost	
67	The child	ianamaa dim	+ 5 0	always	
07.	almost	ignores dir	c on nimse	eli/nerseli.	
	never 1	-::	 ::	_almost	
* 68.	The child!	. 4 J 4	4 5 6	always	_
areatly	The Chill	s rime or Ma	aking in	the morning v	aries
greati	y (by 1 nour	or more) f	rom day to	o day.	4
	armost	-: <u>-</u> : <u>-</u> 3:-	,_::_ <u>_</u>	_aimost	*
60	never i		+ 5 6	always	
fucer a	ine cuito	nas moody of	r "off" da	ays when he/s	he is
russy a	all day.			_	
	almost	-: <u>-</u> :- <u>3</u> :- <u>4</u>		_almost	
70	never 1	2 3 4	5 6	always	
// .	ine child	reacts mild	Ly (frown	or smile) wh	en
another	r child take	s his/her to	оу.	_	
	almost	-: :	::	_almost	
~ 1	never 1	2 3 4	¥ 5 6	always	
/1.	the child	stays with a	routine	task (dressi	ng,
picking	g up toys) f	or 5 minutes	or more	•	
	almost	-:::::::::: _	•	_almost	
	never 1	2 3 4	5 6	always	
72.	The child	stops eating	g and look	s when he/sh	e hears
an unus	sual noise (telephone, d	loorbell),	9	
	almost	-:::	_::	_almost	
	never 1	2 3 4	5 6	always	
* 73.	The child	sits still (moves lit	ttle) during	
procedu	ıres like ha	ir brushing	or nail d	cutting.	
	almost	_:::_	::	_almost	
	never 1	-::	5 6	always	
74.	The child	shows much b	odily mov	vement (stomp	s,
writhes	s, swings ar	ms) when ups	set or cry	/ing.	-
	almost	_: <u></u> ::	;:	almost	
	never 1	2 3 4	5 6	always	
75.	The child	is pleasant	(smiles,	laughs) duri	ng face
washing	g •				Ü
	almost_	• •	:	almost	
	never 1	-: <u>-</u> : <u>-</u> 3: <u>-</u> 4	5 6	_ always	
* 76.	The child'	s initial re	eaction at	t home to app	roach by
strange	ers is accep	tance (looks	at, read	ches out).	- 3
	never 1	-: <u>-</u> : <u>-</u> 3:-	5 6	always	
				-	

Almost	Rarely	Usually	Usually	Frequently	Almost	
never		does not		- ,	always	
1	2	3	4	5	6	
77. Ti	he child	is hungry a	t dinner t	ime.		
	almost	-:::::	·:	almost		
	never 1	. 2 3	4 5 6	always		
78. Ti	he child	continues t	o get into	forbidden ar	eas or	
objects in	n spite o	f parents'	repeated w	arnings.		
	almost	: :	: :	almost		
	never 1	-:	4 5 6	always		
79. TI	he child	stops to ex	amine new	objects thoro	ughlv	
(5 minutes	s or more).	1	J	,	
			: :	almost		
	never 1		4 5 6	alwavs		
80. Ti	he child	ignores odo:	rs (cookin	g, smoke, per	fume)	
whether pl	leasant o	r not.	(00011211	B, Smoke, per	Lume	
•			: •	almost		
	never 1	2 3	4 5 6	alwavs		
81. TI				vity when he/	cho	
hears the	sounds o	f children	om un acci nlavino	vicy when he/	Sile	
				almost		
	never 1	-: 2: 3:	7. · - 5 · - 6	a1ware		
* 82. Ti	he child	falle aclee	n at ahout	the same leng	ath of	
time after	r heing n	ut to bed.	p ac about	the same ren	gru or	
cime dice	almost	ac co bea.		almost		
	never 1	· · · · · · · · · · · · · · · · · · ·	° -	almost		
83. TI	he child	araata bahw	7 J U	dly with much		
exhreagion	almost	rug wherher	hogiciae	or negative.		
	nower 1	: 2:3:	- · - · - · - · - · · - · · · · · · · ·	almost		
ያለ ጥ						
			r more tha	n a few minute	es wnen	
corrected				. 7		
	armost		, 	almost		
סב יויי						
05. 11	ie curra	SILS STILL	(little sd	uirming) while	е	
travering	in car o	r stroller.		.		
	almost	-:	_ ::	almost		
* 06 TI	never I	2 3 4	4 5 6	always	•	
* 80. 11	ne cnila	watches IV :	tor under	10 minutes, the	hen	
turns to a	another a	ctivity.		.		
	armost	-: :	,.: <u> </u>	aimost		
0.77 m+	never 1	2 3	4 5 6	a⊥ways		
87. TI	ne child	is shy (tur	ns away or	clings to mo	ther)	
on meeting		child for				
	almost	· · · · · · · · · · · · · · · · · · ·	, ° :	almost		
	never 1	2 3	4 5 6	always		

Almost never	Rarely	Usually does not	Usually	Frequently	
1	2	3	4 	5	always 6
88. Ti	he child	is still wa	ry of stra	angers after 1	5
	almost	: : :	• •	almost	
	never 1	-::::	4° 5° 6	_almosc	
89. T	he child	frets or cr	ries when t	first learning	
task (dre	ssino sel	f, picking	in tone)	rrisc regiming	a new
2001 (020)	almost	. bround	up coys).	01mon+	
	never 1	_:::_	7. · - <u>5</u> · <u>-</u> 6	_aimost	
* 90 Ti	he child	sits quietl	w in the l	aiways	
, , , , , , , , , , , , , , , , , , ,	almost	orco darecr	y in the i	olmost	
	never 1	-: <u>-</u> :-3:-		_aimost	
O.1 Tri	never r	nrocticos o	4 J U	always	
drawing)	for 10 mi	nutes or mo	Hew SKITI	l (throwing, p	ıııng,
drawing)	almost	nares or mo	re.	-1 -	
	aimost_1	-:::-	 `·	_almost	
02 Th	never r	anamaa diff	4 5 6	always	
consistant	s currer	gnores diff iliar foods	erences in	i taste or	
Constatent				. 1	
	nower 1	-: <u></u> :- <u>3</u> :-	· · · · · · · · · · · · · · · · · · ·	_almost	
* 03 TI	never r	4 J	4) 0	always	•
n10000 for	r finat 2	sreebs boor	Ty (restre	ess, wakeful)	ın new
braces to	r lirst 2	or 3 times	•	.	
	almost	_ :: ::	, , 	_almost	
* 04 01	never 1	2 3	4 5 6	always	
7 94. (1	illd is r	eariul of b	eing put o	lown in an unf	amiliar
prace (su)	permarket	cart, new	stroller,	playpen) with	parent
present.	.				
	almost	-:::-	—· <u> </u>	_almost	
or m	never 1	2 3	4 5 6	always	_
95. Ti	ie cuita	rowns or c	omplains w	when left to p	lay by
self.	۹ ,				
	almost	-:::	<u>,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,</u>	_almost	
0.6 70	never 1	2 3	4 5 6	always	
96. TI	ne child	accepts wit	hin 10 mir	nutes (feels a	t home,
at ease) 1	new surro	undings (ho	me, store,	, play area).	
	almost	- :	:::	_almost	
07 77	never 1	2 3	4 5 6	always	
97. TI	ne child	looks up fr	om play wh	nen the teleph	one or
doorbell 1					
	almost	-: <u>-</u> :- <u>3</u> :-	,_::	_almost	
	never 1	2 3	4 5 6	always	

APPENDIX C

RAW DATA

Variable Codes - Play Data

Variable Labels

Subject Subject number

Date Date of observation

Manipula Manipulation play behaviors

Locfocus Locomotion focused play behaviors

Locunfoc Locomotion unfocused play behaviors

Visual play behaviors

Vocalizations

Objects Number of objects handled

Time Length of time in continuous play

Observer Observer

Coder Coder

Week of observation

Totalloc Combined locomotion focused and locomotion

unfocused

Value Labels

Observer 1 = Observer 1, 2 = Observer 2

Coder 1 = Coder 1, 2 = Coder 2

Variable Codes - Temperament Data

Variable Labels

Subject Subject Number

Gender Gender of subject

Birthday Date of birth

Approach Approach score

Adaptabl Adaptability score

Persist Persistence score

Distract Distractibility score

Threshol Threshold score

Ageweekl Age at initial observation

Value Labels

Gender 1 = Male, 2 = Female

S E R R K C
U S
L A
T E
E C T

S U B J E C	D A T E	M A N I P U L A	L O C F O C U S	L O C U N F O C	V I S U A L	V O C A L	O B J E C T S	T I M E	O B S E R V E R	C O D E R	W E E K	T O T A L L O C
4444444455555555555666666666667777	880922 881006 881012 881014 881017 881019 881128 881130 881205 880916 880920 880920 880926 881014 881017 881019 881129 881130 881205 881207 881003 881205 881013 881205 881013 881205 881014 881019 881129 881129 881013 881017 881018 881019 88	27 17 2 33 30 18 16 9 27 20 10 12 23 18 33 20 16 22 5 16 27 5 17 16 22 19 11 3 16 16 17 16 17 16 17 16 17 16 17 16 17 16 17 17 17 17 17 17 17 17 17 17 17 17 17	1 28 1 10 5 9 16 3 5 16 13 0 1 19 3 11 2 4 4 4 0 4 13 1 6 14 6 0 20 13 15 10 16 12 12 12 13 14 14 15 16 16 16 16 16 16 16 16 16 16 16 16 16	202200010040011003016010000001002001001	2 13 216 5 12 10 15 6 27 1 1 1 1 7 2 6 1 6 7 1 7 1 7 2 6 7 1 7 1 8 1 7 1 8 1 8 1 7 1 8 1 8 1 8 1	02052982470014100003035508139504749424	42161444356115265473322242356847353185	17 10 13 10 13 14 8 13 7 8 3 19 11 18 7 9 13 10 11 11 15 19 11 16 16 17 18 19 19 19 19 19 19 19 19 19 19 19 19 19	1212121212121212121212121212121212	122222222212222222222212222222222222222	22334455661122334455661122334455661122	38 32 5 9 16 4 5 16 17 0 1 20 3 11 5 4 5 6 4 4 4 1 1 6 1 6 0 0 0 1 1 1 1 1 1 1 2 2 1 1 3 1 1 2 1 1 1 1 1

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10 10 10 10 10 10 10 11 11 11 11 11 11 1	881031 881101 881115 881202 881206 881206 880913 880915 880920 880921 881012 881017 881031 881029 881129 881130 881205 880919 880920 880920 880920 881101 881128 881129 881129 881121 881020 881121 881020 88	11 33 18 32 7 15 19 16 14 12 17 42 6 19 16 1 10 15 14 1 5 8 8 8 7 6 1 20 13 27 19 10 15 14 15 18 18 18 18 18 18 18 18 18 18 18 18 18	6 5 8 20 25 22 6 12 19 26 20 38 31 17 1 36 27 8 20 7 15 5 17 13 8 9 31 2 3 3 3 4 3 1 6 2 7	004020080020200001000202860100000000	2 23 2 17 5 20 3 13 0 13 2 6 2 12 2 6 0 11 1 8 3 11 1 21 5 12 1 8 1 8 3 17 2 12 0 12 2	2 0 1 7 0 0 2 19 3 9 7 6 5 8 4 4 10 0 0 4 0 11 5 4 1 3 5 11 11 5 3 10 4 4 5 14 4	7302444674654231053655434744555341456	7 19 5 3 9 8 6 9 4 4 4 1 1 0 1 1 8 7 19 8 9 5 9 6 7 4 1 5 6 5 3 5 9 3 2 3 8 1 1 7 1 8 1 1 7 1 8	12121212121212121212121212121212121	222222122222222222222222222222222222222	4455661122334455661122334455661122334	6 5 12 27 22 6 20 19 26 22 38 15 17 1 36 28 20 7 17 35 9 12 3 3 3 4 3 1 6 2 7 17 35 9 12 13 3 3 4 3 1 6 2 7
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1333344444444444555555555555556666666666	881128 881130 881205 880913 880915 880919 880921 881012 881014 881019 881115 881130 881205 881005 881005 881005 881005 881014 881017 881019 881207 881207 881209 881207 881209 881207 881013 881209 881207 880914 880922 880929 881013 881014 881017 881018 881017 881018 881017 881018 881017 881018 881017 881018 881017 881018 881017 881018	23 17 22 20 12 16 13 13 10 10 10 12 19 19 19 10 15 16 16 3 16 3 16 16 17 18 19 19 19 19 19 19 19 19 19 19 19 19 19	0 24 5 17 4 1 0 7 3 25 18 3 2 16 9 4 5 7 7 · · · 8 3 6 6 20 8 16 37 11 21 8 8 4 9 16	000000000000000000000000000000000000000	5 16 2 3 8 19 4 18 6 8 6 15 2 17 3 15 8 22 2 · · · 5 3 1 4 4 1 18 7 13 7 23 1 17 14 23 5 17 3	1076912601248760184311 12305556530026685	7237232230366845205 • • 51533385332333956	15 13 14 13 13 17 12 13 17 19 10 10 10 10 10 10 10 10 10 10 10 10 10	121212121212121212121212121212121	222221222222222222222222222222222222222	55661122334455661112233445566112233445	0 2 4 5 17 4 1 0 7 3 5 18 3 1 2 2 9 5 5 1 1 1 · · · 9 4 6 6 0 8 16 37 1 2 6 8 19 10 14 13 2 1

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26 26 26 26 26 26 26 26	881013 881014 881020 881019 881205 881201 881208 881206	25 28 16 16 8 2 8	8 9 20 19 10 3 21	1 0 3 1 0 0 0 5	3 25 8 17 15 26 11	3 6 5 0 5 11	7 4 2 6 3 1 3	12 16 9 2 19 7 7	1 2 1 2 1 2 1 2	2 2 2 2 2 2 2	3 3 4 4 5 5 6 6	9 4 12 21 19 10 3 26

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1	1	860212	5.40	3.86	2.0	4.0	3.88	31
2 3 4	1	861031	3.89	4.00	2.9	4.8	2.50	35
3	2 2	860807	5.36	2.25	1.9	3.6	3.00	25
5	2	860607 860518	2.46 5.40	2.00	3.1	3.6	2.00	28
6	2 2	860403	2.18	2.67 1.75	2.2 1.8	2.0	2.13	28
7	2	860723	2.45	3.13	3.0	3.4 3.4	2.38 2.13	30 26
8	1	860825	4.27	3.50	2.9	3.4	2.13	25 25
9	2	861221	2.73	1.10	1.6	2.8	2.38	33
10	2 2	860618	5.82	2.25	2.0	3.6	2.38	27
11	1	851101	3.82	5.25	3.5	4.4	2.38	34
12	1	860922	2.00	3.38	4.4	3.0	1.50	24
13	1	861220	3.27	3.75	2.3	3.5	2.38	33
14	1	860711	3.73	3.63	2.1	3.4	2.38	26
15	1	870407	5.82	3.00	2.6	3.9	3.38	18
16	1	870402	4.91	3.75	3.5	4.0	4.50	17
17	1	861202	2.91	3.25	4.0	3.7	1.88	21
20	2	861209	4.18	2.25	2.3	2.5	3.13	21
21	2	870915	2.64	5.00	3.4	4.0	2.63	12
22	2	870405	3.64	3.50	3.0	4.0	3.13	17
24	2	870707	4.36	2.50	2.9	4.1	2.63	14
25	2	861123	2.18	2.13	2.1	3.6	4.00	22
26	2	870410	3.18	3.00	2.8	3.5	3.38	17

VITA

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Candidate for the Degree of

Master of Science

Thesis: EXPRESSION OF TEMPERAMENT: TODDLER PLAY IN A GROUP SETTING

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