A DESCRIPTION OF MEANINGFUL CONTEXTS, EMPATHIC THINKING, AND PERSONAL BREAKTHROUGHS IN THE PERFORMANCE OF ADULT

BASIC WRITERS

Ву

LYNELL D. KRISTAN

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Thesis Approved:

Thesi Advisor

Dean of the Graduate College

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#### CHAPTER I

#### INTRODUCTION

In researching attitudes and abilities of adult basic writers, educators have found patterns emerging relating to the motivation and voice of these students (See Literature Review section of this paper). The data presented here addresses the incongruences in these patterns for basic writers and for those of the average writing student. Specifically, basic writers have special needs that set them apart from many of the more traditional students.

English classes in secondary schools often impart stigma to students who are already having difficulties with their studies. Writing seems inaccessible, and topics required for composition usually carry no interest for them. Later, as adults returning to school, these students still remember English classes as torture sessions of grammar, diagramming, and irrelevant subject matter. Yet, as adults, they feel they need basic writing skills not only to further their education but to succeed in the workplace as well. To aid the efforts of these adult students, instructors need to find new approaches in teaching basic writing, to make writing more meaningful, and erase old prejudices. Current research (Shaughnessy, 1981) suggests that teaching techniques of the past have proven ineffective in reaching this segment of adult learners. A more recent study (Krashen, 1984) emphasizes the importance of process instruction for writing and the role that meaningful context plays in such instruction. Yet instructors are still unsure about what contexts are meaningful for these students, or how those contexts can be accessed.

Given the diversity within most adult basic composition classes, instructors often find it impossible to create relevancy for all students. In fact, no single demographic profile can fully describe the variety of backgrounds from which basic writers come. Specific assignments that fit the relevancy needs for all these students are difficult to devise. Ultimately, the responsibility for creating meaningful context resides with each individual student. The role of the instructor is to help develop within the students a method of addressing their own needs of relevancy and of accessing contexts for themselves. In this manner, they encourage the writing process.

One method for accomplishing this goal is the instruction of empathic thinking skills as a complement to the critical thinking skills already emphasized within adult education. (See Definitions, p. 5.) Most

basic writers are not prepared for the rigor imposed through critical thinking exercises. Already suffering from self-concepts incongruent with the college image, these adults still struggle with confidence and motivation to even express their ideas on paper. To push them too quickly into defense of personal ideas, or to expect them to feel up to the task of formulating hypotheses, is too much to ask. Often, instructors come up against strong resistance from these students, generated mostly by fear and lack of adequate preparation in the writing process.

Empathic thinking skills can aid the students' initial task of accessing their own voices and philosophies. Such skills can help them feel part of the writing process. By discovering the relationship between their philosophies and their own experiences, they are validated and given a foundation on which to stand for further learning in new settings. This knowledge of student worlds aids the teacher as well. For just as instructors cannot provide meaningful context for each individual student, neither can they provide meaningful goals without truly understanding where a student begins the search.

#### Problem

This study addressed the instructor's recurring problem of creating meaningful context to encourage student involvement in the acquisition of writing skills. Lack of motivation and confidence in the ability to succeed as a student has always plagued basic writers. In the past, cognitive theorists have suggested that these students have not reached the higher level of formal logic stages necessary to further their education. Yet, recent research reveals that much more than remedial development is needed to encourage and help these adults. In essence, Basic Writing classes must begin to meet students within the borders of their own contextual frames of reference to encourage meaningful learning experiences.

#### Purpose

The study was undertaken to determine if instruction of empathic thinking skills facilitated student breakthroughs in writing development by helping them access personal contexts.

Writing is a process skill and should be taught as such. Basic writers are merely "stuck" somewhere along that process; they cannot move on to more critical

modes of thinking if they have not been able to first work through the initial stages of expressing themselves in writing. Errors are only symptoms of distracted attention and arrested discovery. To further retard that discovery with too much emphasis on mechanics and grammar is to miss the opportunity to aid basic writers in breakthrough experiences. Empathic thinking skills could very well be the tools needed to access personal relevancy and experience. These skills help put students in touch with their own personal frames of references, their own contexts which they can, then, begin to explore and enlarge.

# Definitions

Basic Writing is a term used to designate adult writing classes, also referred to as developmental or remedial writing. For the purpose of this paper, Basic Writing classes are those college classes taken to correct any deficiencies in English writing skills and to prepare students for advancement to freshman composition.

Context, as used in this paper, refers to the subject matter of student compositions, and in a broader sense, to the body of knowledge, experience,

and circumstances (whether personal or not) that students draw on for content material in writing assignments.

Empathic thinking refers to a process of reflection whereby people rely on experience, intuition, and feeling to evaluate ideas in relation to their own personal philosophical orientation. Empathic thinking is, for the most part, subjective in that personality is involved in the process. The term "empathic," in its strictest, dictionary sense involves not only the personal, imaginative or cognitive, apprehension of another's subjective condition but also the projection of one's own subjective state on to the surrounding environment.

Critical thinking refers to the process of analysis whereby people use logic and measurable observation to evaluate ideas for facts and probable realities, usually for broader application than individual relevancy. Critical thinking is more objective in that an attempt is made to remove personality from the process. Creative, or discovery, thinking involves the combination of empathic and critical thinking abilities; and writing, any writing, is creative in nature. The study will:

 Identify attitudes of basic writers toward the writing process and contextual subjects.

2. Identify teaching strategies used by instructors to help basic writers discover more meaningful contexts for composition.

3. Determine if these teaching strategies involve empathic thinking skills.

4. Determine if these strategies are identified by students as helping them improve in writing performance.

5. Determine if these strategies are perceived by instructors as effective methods in facilitating breakthroughs in writing performance.

Scope and Limitations of the Study

 The current study surveys and interviews were limited to nine classes of basic writers attending school at a midwestern, two year community college.

2. The research was considered a qualitative study only and may or may not be representative of other Basic Writing classes elsewhere.

#### CHAPTER II

# **REVIEW OF LITERATURE**

# An Introduction to the Contextualistic Approach to Life-Span Cognitive Development Theory

# The Complexity of Cognitive Development

Before discussing the relationship between context and basic writing, a brief overview of how context influences cognitive development in general can help clarify the role of context in thought and perception. Life-span cognitive development theories propose that thinking patterns and abilities change throughout the life time of individuals. Several approaches to that theory have been advanced. Some see cognitive development occurring in stages correlating closely to physical and psychological development, while others explain cognitive maturation in terms of phases (tasks) in social development. The contextualistic approach, however, differs from these age specific approaches in that it accounts for the complex contextual interactions between changing individuals and environments that are, themselves, changing and not static. Contexts are seen as inherently active in modifying growth and development.

This approach, then, recognizes the existence of multidirectional avenues of growth and insists that there is no fixed, absolute end toward which all growth proceeds. Effects of both immediate (proximal) and past (distal) contexts of development are given credence for influencing individual change (Rebok, 1987, p. 54). For example, cohorts growing up during World War II may have faced different ethical and logical dilemmas throughout their various stages of development as compared to those cohorts growing up during the Viet Nam era. In this regard, the contextualistic approach places stronger emphasis on individualized change and varying outcomes as opposed to set, universal stages or phases. For basic writers, whose backgrounds often differ markedly from those of traditional students, this acknowledgement validates their experiences and allows for greater understanding of their developmental paths.

## <u>A Dialectic Model of Growth</u>

In also questioning whether formal, logical thinking should be the ideal standard by which cognitive development is judged, the contextualistic approach provides for the possibility of a more dialectic model of growth. That is, "It sees

individuals as both products and producers of the context that provides a basis for their development. As such, individuals may be seen as producers of their development" (Lerner, 1981, p. 6). Each person is active, not passive, in bringing to their own developmental process unique attitudes, thoughts, and behaviors which interact with contextual settings. For instance, individualized life goals, determined by personality and circumstance, will greatly influence how a person approaches new situations or knowledge. Often, the reasons that basic writers return to school reflect goals from earlier life stages and may come into conflict with the climate of academic regimens. They may question the usefulness of their endeavors if they cannot assimilate their new circumstances. These conflicts have to be resolved for the students to succeed in school.

#### An Informed Awareness

In fact, new levels (stages) of development can be achieved through the resolution by individuals of dialectic exchanges or contradictions between the various areas of context (psychological, physical, or sociological) with which they come in contact. The contextualistic approach allows that an individual

cannot be an exception to the rule, but actually creates a unique, perceptual rule of his/her own. Instead of defining growth and behavior, this approach attempts to interpret these in light of an evolving relationship between person and matrix. Individual choice, while influenced by previous experience and choice, still remains the main determinant of development, and is therefore, as strictly unpredictable as human behavior (or life) itself. Understanding human development becomes not a process of labeling and matching, but of observation and discovery. As indicated earlier, basic writers are not only different from traditional students, but they are also different from one another. Their success or failure in educational pursuits cannot be judged solely by past experiences, or even current levels of development, but by personal choice and future influences.

If individuals are, indeed, producers of their own development, then this process of discovery should be the main concern of educators. The current favored goal of learner empowerment is seen as, not so much an effort of elevating individuals' stages of growth to a predetermined, logical end, but more as an endeavor to help these individuals become more aware of their own "contexts" and, therefore, begin to make conscious,

informed decisions concerning their development. This approach to learning admits all experience, both within individuals and surrounding them, and emphasizes instructional methods that help learners access and dialogue with their own knowledge precursory to further cognitive growth. This approach is essential, in particular, for understanding and working with basic writers of all backgrounds. Presumably, these writers cannot create meaningful contexts for writing without first discovering meaning in the contexts of their lives.

> The Relationship of Context to Teaching Basic Writing Skills to Adult Learners

# <u>Resistance</u> in <u>Basic</u> <u>Writing</u> <u>Classes</u>

Although the benefits of literacy are well recognized, both by educators and adult learners, fear and resistance to Basic Writing classes still exist among students. This fear is not necessarily based on lack of ability, but most usually, on experiences with lack of success in previous writing classes. What has caused this failure? Writing classes, along with studies in language arts and English grammar, produce stigmas of pages marred by red ink and notations of

incomprehensible rules and grammar diagrams. Students may have a lot of worthwhile things to say, but never seem to get past the English class "critic," whether that critic is in the form of a flesh and blood teacher or a conjured image of a remembered censor. For the basic writer, in particular, the student who has not adapted well to the writing environment, or who has been away from that environment long enough to forget the rules, the writing classroom poses a veritable threat to self-esteem. As Murphy (1989) explains, it isn't enough that instructors ask their students to open up and share thoughts and ideas, they are also expected to do so in correct form.

Before teachers can legitimately ask basic writers to conform to academic standards, they must meet those students where they are and be willing to accept them on their own terms. This acceptance can only be accomplished by allowing students initial leeway in expressing their ideas. In other words, whatever the students offer tentatively for sharing, in whatever context, needs to be recognized as sufficient communication. In fact, the contexts of basic writers can serve as the best means to break down resistance to the writing process and help students develop more advanced writing skills.

The main reason for resistance to writing

instruction appears to be the inability of students to acknowledge their own voice within the academic world. Past failures can set up a feeling of incongruence whereby students have difficulty picturing themselves entering the new roles expected of them in higher education. Again, Murphy (1989) refers to basic writers' "grave personal fears about the traitorous implications of mainstream intellectual accomplishment" and suggests that this confrontation can make the "composition classroom an emotionally volatile experience for basic writing students" (p. 184). These students try to cope with this fear by establishing their own validation through their first attempts at writing. They write about themselves, about what means the most to them, either exploring subjects they feel confidence in, or confronting those feelings of inadequacies which are threatening them at that time. These personal experiences tend to dominate basic writers' compositions.

#### The Classroom in Context

Yet, working with adult students' personal experiences (contexts) can help bridge the gap between remedial writing and more critically advanced prose. Basic writers need validation for what they already

know and acknowledgement of their fears. To push them academically when they have not had sufficient time to work through this initial stage in the writing process can actually hamper any further development they might be able to attain. In this regard, Krashen (1984) has said, "Remedial writers are probably the most in need of reading and writing for meaning, and the most damaged by excessive rule teaching" (p. 36). He advocates allowing students time to respond affectively to what he terms "comprehensible input" (p. 28), that is, contexts and assignments that relate to the body of experience which students already possess. Performance, as well as competency, cannot be accomplished by students without this practice in meaningful dialogue.

So, the main purposes of teaching with context in mind are, then, to establish relevancy, a meaningful place to begin, and to encourage the beginning of individual voices in students. This approach, Reuys (1992) informs us, is:

an attempt to push the pendulum in all these areas [of Basic Education] away from artificial, decontextualized exercises in "skill building: and toward meaning and comprehension, critical thinking, and problem-solving; toward encounters with real texts to read and write, real problems

to analyze, and real contexts for learning and assessing literacy. (p. 23)

With this newly found voice, students can begin to realistically place themselves in the world around them and to resolve the incongruent self-image of evolving roles engendered by their education. Problem solving and critical thinking skills cannot be developed without this base firmly established. Nor can a teacher construct the base for students; each individual alone knows what is needed to establish relevancy.

The reality is that adult basic writers represent diverse and varied personal and academic backgrounds. Instructors cannot always assess student needs adequately, and even if they could, providing for those needs in a classroom filled with such a diversity of students would be an insurmountable task. Classrooms of adult learners are typically conglomerates of experience, ability, as well as backgrounds (Sommer, 1989). For the teacher to take on the task of "herding" a class along the academic trail is to believe in Mission Impossible. Society is not that tidy, not even in the logical world of higher learning.

#### Writer-Based Prose

Instead, beginning Basic Writing is usually expressed in prose based on writer perception, typified by various dialects and personal, idiomatic speech. Emphasis is placed on the writer's ideas, and the reader's opinions often are not taken into account. Not only is this writing self-consciously based in the writer's often private world, but it usually reflects more of the oral tradition the writer participates in rather than a written language system. Because of this tendency, the responsibility for interpreting this prose into more academic styles must rest with the student who has composed it. In other words, students must be in charge of their own writing process, simply because it is the students, as individuals, who best understand their own writing. To accomplish this goal, instructors themselves need to first understand the complex nature of language, its multilayered structure, and then accept that language forms cannot be imposed on individuals, but must evolve out of previous layers (Mayher, 1990). That is, language is acquired step by step, each new feature building on what has been learned previously, assimilated gradually into Those contexts, by virtue of pre-existing contexts. the nature of language acquisition, are impossible to ignore, override, or eradicate.

Thus, addressing basic writers' personal, narrative style is an essential stage in the overall writing process. It is an essential stage because educators cannot realistically deny what already exists. Writer-based prose is the context out of which advanced writing development begins. The sooner that students can become comfortable with their own voices, the sooner further learning can take place. To express this another way: change cannot occur until a "problem" is acknowledged. This is not to say that it is the student who has the problem. In fact, Shaughnessy (1981) has written that, when dealing with Basic Writing classes, the instructor is often the one that eventually needs "remediation" (p. 67), since it is the instructor who must learn more about the basic writer and about the writing process itself. Educators must set aside their desires to "quard the tower" or "convert the natives" (Shaughnessy, 1981, p. 64). The problem, then, for students is more one of hearing their own voices clearly enough to also hear the differences between those voices and that of the academic world. Only then, can they begin to make adjustments in their language in accordance with their personal goals.

Writer-based prose, therefore, provides a cognitive foundation for later expository writing which

demands supported opinions and persuasions from the writer. Students must first be able to express their opinions, without ridicule or crippling criticism, before they can effectively support or fully develop those opinions. Educational research findings demonstrate that, after all, no real incompatibility exists between personal narrative styles and expository formats. Not only do these two modes of expression exist on a writing continuum, but often, the two forms overlap and support one another. Even the most academically acclaimed writers will call upon their personal powers of persuasion and experience to augment otherwise dry, dull texts. White (1989) supports this Referring to what he considers "good writing," idea. he claims:

Such writing, at all levels, is never neutral, voiceless, wholly detached . . . [but] promot[es] individual thought, considered response, intellectual creativity, and the unifying power of the mind. (p. 68)

Complex thought can be expressed in any form of writing, not just the formally logic. In accepting basic writer's prose, educators must address their own narrow prejudices concerning what really constitutes "good writing."

#### Expanding Contexts

And when educators can validate personal voices in academic writing, then basic writers can begin to gain confidence in their own philosophies by connecting to their contextual experiences. They can start to have insights into their own worlds and to address the needs they see there, as well as celebrate the strengths they find.

Lindemann (1987) even maintains that "through the process of writing itself, we learn about thinking, discovery, imagination, and creativity" (p. 73). If this is true, then by allowing a certain amount of freedom in writing practice and exercise, instead of promoting surveillance and censorship, instructors also encourage the type of thinking that is essential for the quality of writing they are trying to elicit. Lindemann (1987) further explains that writing helps students resolve incongruities and dichotomies in their lives by providing practice in making choices:

Those choices are generally determined more by who we are than by our ability to make unbiased observations based on "facts." What we write has a lot to do with what we see, how we interpret experiences, how we relate them to other experiences. (p. 72) Problem solving skills spill over into every area of life, writing and living, each area informing the other, supporting growth and exploration.

Accessing context, thereby, promotes risk-taking in Basic Writing students. Addressing personal context, though, as stated previously, is the responsibility of the student. While the teacher plays an important, mediating role in encouraging reflective writing, learning is always accomplished according to the student's time table. Forcing direction or even demanding particular styles of writing, whether expository or narrative, does not belong in the domain of the instructor. Knowles and his associates (1984) have advocated student autonomy and self-directed learning in adult education as the most productive approach to the teaching process. Through wrestling with one's own demons and angels, each individual adds experience and understanding to the personal voice. This work cannot be done by another. The ability to examine past belief systems and compare them to others is gained only through personal reflection, not from direct confrontation outside one's self.

#### Breakthroughs in Resolving Incongruities

Breakthrough experiences are initiated when

students' perspectives are challenged through self-examination. These breakthroughs can be seen in the writing of the students. Marked improvement in grammar, structure, and organization of ideas occurs alongside shifts in self-understanding and expression of philosophies (Nelson, 1991). Initially, though, breakthroughs are characterized by writing regression and blocking; failure and fatigue seem to threaten the student. But eventually, further growth in writing and creative/cognitive development emerges, often in what many educators refer to as paradigm shifts or "quantum leaps." These times, prior to and throughout the breakthrough phases, can be very stressful for students. Along with whatever external events are occurring in their lives, the disorienting, internal shifting of belief systems, self-images, and role definitions can cause students to temporarily lose contact with daily life. Inside the classroom, performance may falter as they focus on and grapple with new-found ideas. This dialectic exchange occurs most often when students are given permission to include personal voices within their work (Nelson, 1991).

Yet, these breakthroughs, engendered by personal discovery, mark the stages from writer-based prose to reader-based prose, that is, expository writing that

acknowledges the presence and opinions of an audience. Students have gained, through these experiences, confidence and skill sufficient enough to answer their worlds and the "others" they encounter. Their worlds have broadened to include at least an understanding of many of those "others" who previously appeared as alien and untouchable. Ritchie (1989) applauds this movement of students towards self-direction:

Our students will be most valuable as members of our communities not by merely "fitting in," or acquiescing to the requirements of the institution, but by making some unique contribution to the evolving dialogue. The classroom, as seen here, [in accepting the diversity of voices and individual identity] can open for students a process of "becoming" which ultimately prepares them for more than the narrow vocation of academic life. (p. 173)

## <u>A Contextualistic Approach to Writing Development</u>

Once again, the connection between the personal life and the classroom must be acknowledged. Ellsworth (1989), also recognizing the importance of an educated society which has the ability to reform itself, advocates the freedom of students to express divergent voices; voices which, after having been challenged themselves, then, in turn, challenge the established traditions that house them. The basic writer has theoretically moved from the personal realm, through the academic world, to the community. For this reason, educators need to respect the integrity, unique contribution, and decision-making process of each adult student. No singular cognitive theory should define or confine the writing process and accompanying growth and development of cognition and creativity (Rose, 1988).

Educators need to trust the writing process in its more natural expression, to relinquish strong controls, and to realize that writing development, as well as human growth, cannot be engineered or predestined. The contexts of all our lives are dynamic, evolving, and unpredictable. They do not represent stable backgrounds from which we need to flee, but rather changing sceneries with which we need to interact. As Fox (1988) states, "the heart of the idea of empowerment involves people coming into a sense of their own power, a new relationship with their own contexts" (p. 2).

A model, then, of writing development reflects that of life-span development. That is, writers first become confident in their initial contexts by expressing their worlds through writer-based prose.

They then begin to resolve incongruities between those contexts and the new concepts they meet by accepting or rejecting this new data one piece at a time. Often, appearances suggest that more pieces have been rejected, or at least ignored, than have been accepted. Yet, breakthroughs occur when enough "pieces" have been internally assimilated to engender more global, outward, and measurable changes in performance. At this point, writing becomes more reader-based, more academic, and more grammatically sound. Not only are writers' contextual philosophies expanded, but writing techniques and skills increase as well (Nelson, 1991, p.174).

> Breakthrough and the Relationship of Empathic Thinking Skills to Context

# Accessing Meaningful Context to Improve Writing Skills

As more and more adult students enter the classroom, particularly the Basic Writing class, instructors are beginning to understand the nature of basic writer needs and the scope of their abilities. These adults are not "hopeless causes," but legitimate students, capable of responding to attentive instruction and positive feedback. Shaughnessy (1977)

assures us that "severely unprepared freshmen showed improvement even after only low intensity instruction in basic writing needs" (pp. 282-283). With sincere effort on the part of educators, by dialoguing with students and listening to their concerns, educators have been able to better help these students. The key seems to be in finding more efficient ways to assess learner deficiencies and to measure progress of the learning process in general. By helping students access their personal contexts themselves, educators open the door to a wealth of knowledge concerning student needs. Only then can these deficiencies be addressed and students encouraged to continue in their writing development.

How, then, do instructors aid students in accessing meaningful context? What methods can be employed to elicit the viewpoints, opinions, and beliefs of basic writers? According to Sommers (1981), most basic writers still adhere to pre-set rules of grammar and writing which they learned, or attempted to learn, in high school. This tendency naturally limits their ability to expand thinking skills and prevents the discovery of new ideas. The students are too concerned with procedures and rules to allow themselves the freedom to explore possibilities beyond their philosophical "comfort zones."

In fact, the intense concentration of getting "it" right stymies almost any advancement of cognitive skills. Perl (1979), in reviewing this obsession in basic writers, tells us that this premature editing broke "the rhythm generated by thinking and writing," causing writers "to lose track of their ideas" (p. 333). Even with all this attention given, both by students and teachers, to error correction, significant improvement in mechanics is rarely experienced. In comparing good writers with the typical basic writer, Wall and Petrovsky (1981) found that these least able writers did not spend as much time thinking and taking notes during the writing process, but rather, just began writing and pushed forward to the end. In contrast, better writers reformulate, not only structure and organization, but ideas and thinking as well throughout the whole writing process (Pianko, 1979).

Students, then, may be unconsciously throwing context onto the paper, but what meaning it may carry is questionable. Yet the role of the instructor does not need to be one of monitoring writing refinement, but rather one of mediating. Teachers must help the student stop critiquing their writing long enough to listen to what they, as writers, are saying, and so, begin conscious self-dialogue. Becoming literate means

learning to look critically at one's world, in fact, to be an actor (Salvatori, 1990). This thinking process pushes past grammar and structure and focuses more on content.

Chomsky (1965) has done much to help educators understand more fully the nature of language and language acquisition. He confirms the idea that language and writing are learned naturally by doing, through practice, then gradually extrapolating principles encountered through this exercise. Writing is not developed by studying abstract concepts, but by the writing process itself. Again, instructors need to focus on encouraging the writing, and therefore, thinking processes, not censoring expression.

# The Role of Thinking Skills in Writing Development

Breakthroughs in writing skills and cognitive development occur as the students learn, then, to listen to their own voices, monitor their own growth and development, and employ thinking skills in exploring their personal contextual worlds. This process is the essence of the contextualistic approach to life-span development theories, as cited earlier (Rebok, 1987). Writing is a perfect "playground" for this growth work. Moffett (1968) even tells us that different styles and formats of writing will aid certain kinds of thinking and answer different types of questions. These modes of thinking and questioning, in turn, influence the writing process.

Basically, two styles of thinking exist, each adding strengths to different aspects of life. However, they work most efficiently when combined in a cognitive "partnership." Empathic thinking refers to a process of reflection whereby people rely on experience, intuition, and feeling to evaluate ideas in relation to their own personal philosophical orientation. This style of thinking is often referred to as right brain processing, and is considered fairly subjective in content since personality is thrown into the process itself. On the other hand, critical thinking refers to the process of analysis whereby people use logic and measurable observation to evaluate ideas for facts and probable realities, usually for broader application than individual relevancy. This thinking style is also known as left brain thinking, and is felt to be more objective if the attempt to remove personality from the thinking process is successful. True creativity occurs when these two methods of processing information and perceptions are utilized together. Moreover, according to contextualistic approaches, full cognitive development

cannot occur without the partnership of both thinking abilities (Rebok, 1987).

In relation to writing, empathic thinking has been shown to be of greater value in the initial stages of the writing process. At this stage, personal experiences and feelings most inform composition. Here, context is most revealing, and educators must also be the most accepting of student work. Rogers (1992) informs us that a wealth of knowledge is found in these personal narratives. Such knowledge expressed by students, particularly by basic writers, needs to be validated by teachers. Flower (1981), also, has written extensively on the value of personal expression, and favors the empathic styles of accessing contextual information. Concerning the writer-based prose of beginning basic writers, she writes:

Writer-based prose is a workable concept which can help us teach writing. As a way to intervene in the thinking process, it taps intuitive communication strategies writers already have, but

are not adequately using. (p. 269) In fact, she claims that empathic, writer-based expression is not just a developmental stage, but that even the best of writers use it throughout their writing careers (p. 272). Again, this statement coincides with the concept of creativity growing out of the union of critical and empathic thinking.

Following a natural line of development, critical thinking skills emerge more strongly during later stages of writing, although they are present all along. These two thinking styles exist on a continuum, as well as in partnership. Lunsford (1981) explains that cognitive development moves from doing, to doing consciously, and only then to formal conceptualization. Here is another testament to the idea that logical thinking, in the form of expository writing, cannot be forced upon students who have not adequately engaged their empathic thinking skills in preparation for this later stage in development. Lunsford also tells us that students can be assisted in their development by practicing in classrooms the necessary thinking skills needed at each particular stage in the writing process.

Because adult basic writers come from such a diverse background, even to the extent of exhibiting differing cultural dialects (Montgomery, 1990), writing methodology must include intuitive techniques for accessing information. Basic writers must learn to think through the writing process in order to discover, and then answer, their own questions. No amount of instruction in method or modeling of "good" writing will compensate for lack of this individual, self-directed work.

#### Teaching Empathic Thinking Skills

Many teachers and educators are now experimenting with instructional methods to help students develop these more empathic, intuitive abilities. Most of these innovators would agree with Smith (1991) who says, "The heart of the learning process is developing the awareness and capacities for effective self-monitoring and active reflection" (p. 12). Collins (1983) also suggests that poor writers lack skill, not because of cognitive deficiencies, but because contextually meaningful practice has been insufficient.

One method of developing intuitive abilities in accessing context is through summary work. Instead of focusing on factual reporting of reading assignments, Barton (1989) sees summaries as interpretive acts, never completely objective. Therefore, teaching students to listen not only to an author's thoughts, but to their own as well generates more meaningful summary work. Bean (1986) writes:

I have found that if students can place summary writing within a personally meaningful theoretical framework, their objections to summaries will

largely disappear. (p. 344) Through this acceptance of dialectic interchange, students learn to focus their own thoughts and become articulate in presenting their ideas in conjunction with those of another. They learn that their thoughts can be just as valid, in many respects, as those of published writers.

Journaling and freewriting exercises where students respond to ideas in selected, meaningful reading texts can also generate empathic, reflective thinking. Students not only are exposed to samples of writing to absorb and emulate, but they can begin to see how their ideas fit into a broader context than they were aware of before. In speaking of the freewrite exercises he assigns his students, Sheridan (1992) reports:

What happened was that their intuitive, spontaneous, emotional right sides kicked in and they dashed off the written pieces without interference. Of course, the pieces are disorganized and lack unity. Of course, the leftside editing-organizing function is important, but not now! Not at the genesis. One cannot edit nothing! Allow the right side free play to generate the words and ideas, however inchoate; afterward the left side can bring order to them. It is trust in the right side that gets one to start skipping on the brink of the abyss. (p. 55)

Carrying this teaching concept further,

Bartholomae (1979) conducts Basic Writing classes with student compositions as the only texts. He encourages group discussions, analysis, and critiques of peer writing, and then assigns revisions and new approaches on previous work. Hoffman (1982) uses letters and diaries of ordinary people as textbooks in her writing She finds that these journals help her classes. writing students to recover their own voices since they can easily relate to what they read. Response writings demonstrate to basic writers the validity of their ideas, and help them recognize their own voices and express them with confidence. Nudleman (1981) identifies these techniques among those that successfully combine experiential (empathic) and expository (critical) modes of learning.

Providing an environment free from censure applies to group work as well as journaling. Odell (1991) writes that we should make sure that:

Every student in the class participates in developing a classroom atmosphere in which students feel free to talk to one another about their writing and in which they develop trust in their ability to collaborate in rethinking and revising what they have written. (p. 19) Group work is only beneficial if the interaction

promotes communication, not retards it. Often, work with peers can act as an intermediary step in writing assessment and critique before the instructor steps in as "authority." Sheridan (1992) also includes the class as a whole in setting up the evaluation process for student papers. He contends that, if students participate in the initial decision on how their writings should be graded, they participate more in the writing process itself. This technique positively promotes self-direction in students.

Another method Sheridan (1992) uses to engage new contexts for students is through real life assignments. He asks students to imagine they are writing letters or proposals to real people within the community. This technique utilizes both empathic thinking abilities (role play) and critical thinking skills (persuasion). Simulating real life experiences, a more experiential approach to teaching, asks students to tackle writing assignments more holistically, and less from a merely academic view of life.

Although such group work, brainstorming, and freewriting are popular ways to help open communication with students, recently tutoring also has been shown to have a significant and positive impact on students (Smith, 1988). Tutoring's relationship to empathic skills is found in the one-on-one approach to

learning. More time is allowed for the student to self-reflect and to entertain dialogue concerning those reflections. Building on this idea, Bizzaro and Werner (1985) even describe a program utilizing a counseling component in a developmental writing course. The counseling sessions address students' sense of isolation through discussions on group formation, goal setting, values clarification, and strength identification. The success of the program is demonstrated by the fact that participants outperform nonremedial students in later composition courses.

### The Affective Domain and Writing Development

Recognizing that emotions and personal circumstance can affect work is a giant step in addressing the needs of basic writers. Brand (1987) states:

Students may be able to improve at a wide range of writing tasks if they can appreciate and recruit certain emotions at critical junctures in the process. (p. 441)

He emphasizes that awareness of common attitudes, along with these individual motivations, toward different phases of the writing process can help students deal with waning interest. For example, after completing first drafts of assignments, students often experience a sense of completion and find it difficult to continue their efforts during the revision stages. Knowing that this gestalt feeling is typical, students can understand it for what it is: an emotion that can serve as an affirmation of accomplishment. Then they can look for a new refinement of their ideas to inspire them to move into the revision process.

Interpreting subjective perceptions correctly can not only help students counteract the tendency of some emotions to interfere with the writing process but can also aid them in adding conviction to that process (McLeod, 1987). Whatever method or technique is used in teaching, the important focus seems to be encouraging the practice of this particular empathic thinking skill. Breakthroughs in student writing occur as students come to terms affectively with various, or even conflicting, contextual demands, as they become conscious of what they value and why. This process moves basic writers from talking solely <u>about</u> feelings to writing with feeling (Nelson, 1991).

At this bridge point, when subjectivity becomes conscious, students enter new territory, discovering more about themselves in reference to a newly emerging context. The exploration of personal contexts, in itself, can modify and broaden those contexts. Nelson

(1991) describes in detail how basic writers grapple with personal philosophies in relation to new contextual input. If allowed this freedom of discovery, these same struggling students advance successfully along the academic path to more critical awareness of self, composition, and community. Such research has shown that practice of empathic thinking skills does not retard basic writers' progress but actually propels students into greater cognitive development. As Odell (1991) insists, concerning the thinking processes involved in writing:

Clearly the processes I have mentioned interact in complex and unpredictable ways. Further, thinking relies heavily on nonrational, intuitive processes that seem unknowable. But . . . some thinking processes are conscious. Through our writing assignments, we can help students use some of these processes as they try to make sense of what they hear, see, and read in our courses. (p. 17)

#### CHAPTER III

#### METHODOLOGY

#### Research Theory

#### The Approach to Research Used in This Study

The present study was undertaken as a qualitative study according to guidelines found in Stainback and Stainback (1988). Research focused holistically on participant viewpoints and values, how realities were described and interpreted by students. In line with this research philosophy advocating involvement of the subjects under observation, the researcher allowed the greatest amount of input from both instructors of Basic Writing and the students of those classes. The paper comprises a description of those responses.

This approach to research methodology suggests that subjects should participate in any research in which they are involved, in the process of assessment, and in the evaluation of results. In this manner, we consciously help participants understand and change their situations by providing more information to them about their learning. Too often, in the name of emancipation, researchers impose meaning on situations rather than constructing meaning through negotiation with research participants (Lather, 1991).

Along with the belief that the personal is also political, this reciprocity in the research process validates individual voices and provides for self-determination among students (Heron, 1981). Interactive research helps educators develop an understanding of the world view of research participants through dialogue. Such dialectic techniques inspire and guide the dispossessed in the process of cultural transformation and demonstrate to them how their ideologies might also serve them poorly at times. The task, as Lather (1991) sees it, is to construct classroom relations that engender fresh confrontation with value and meaning, not to demonstrate to students their ignorance.

#### Research Method

#### General Description

In this study, students in nine sections of basic writing classes attending school at a two year community college were asked to complete a written survey and, immediately afterward, discuss their writing experiences. A smaller sample of students were

later interviewed on a one-on-one basis for similar information, using the survey as an interview schedule.

The instructors were also given a written survey to fill out privately, and later, they were interviewed for further discussion on their approaches to teaching Basic Writing.

Before proceeding, these surveys were presented to the Arts and Humanities division director at the college who oversees the Basic Writing courses. She gave her approval for the survey use. The individual instructors were then solicited for their permission and arrangements were made concerning presentation of the surveys to the students. Positive feedback from the instructors was received regarding the appropriateness of the survey questions. In all, six Basic Writing instructors participated, and nine classes were surveyed, with a total of 102 students participating. Of these students, 23 were also interviewed personally.

The instrument was pilot tested in one of the nine classes of basic writers. After analyzing the results of these surveys, it was determined that class discussions held immediately after the surveys were completed was needed to elicit more in-depth responses from students regarding the reasons behind the choices given in their written answers.

#### How The Survey Instruments Were Used

The purpose of using an individually answered form (See Appendix E.) was to provide anonymity for students. The issue of anonymity was important; the researcher wanted the students, in particular, to feel they could open up and share their ideas without censor. In responding as individuals, the students could express their views without also being influenced by group comment.

The survey was administered in the classroom by the researcher, or in some cases, by the instructor. The students were allowed to fill the forms out at their own pace, usually taking twenty to thirty minutes to complete the survey.

The focus of the student survey differed from that of the instructor's. The student form presented questions that dealt with subjects (contexts) for writing assignments, and student attitudes toward the writing process. One question asked students to identify learning activities (teaching techniques) and to decide how helpful these activities were in developing better writing skills.

On the other hand, the instructor's survey (See Appendix D.) concentrated on the approaches and teaching techniques used by the instructor to help students access context and develop cognitive skills. As a check against the student survey, one question asked on the instructor survey addressed the issue of student motivation.

The contents of these surveys were devised in order to investigate both the problem established by this study and the purpose objectives outlined. In this regard, both surveys explored the validity of the problem, that is, the need to create meaningful context for students, and so, encourage writing development. Beyond this intent, the surveys further addressed the objectives of the study, specifically, identifying effective teaching techniques useful for accessing context.

Additionally, in accordance with the above research theory, the survey was used only to generate student or teacher comment and discussion. The questions themselves were not meant to gain point by point responses to the stated objectives. Rather, they were meant to work together, to approach the subjects of context, thinking skills, and writing development from a variety of directions. Responses to each question would naturally overlap responses to the others. This questioning technique provided students and teachers with more than one avenue to express thoughts and feelings regarding the writing

experience. All the responses to the survey questions were brought together, along with discussion and interview comments, to present an overall picture of the basic writer's experience with writing instruction.

#### Group and Individual Interviews

In addition to the written forms, the classes had time later to discuss the questions as a group. The researcher was also able to interview a sample of volunteer students individually. Written notes were taken on these interviews, compiled, and compared with the notes taken during class discussions. Instructors were also given the opportunity to further discuss their answers from the survey or bring up other points not covered by the questions, if they so desired. These discussions and interviews used the survey as a schedule outline, providing more detailed feedback to the questions.

#### Reporting and Feedback

After the data was collected the instructors and the division director were provided with copies of the results. The students were encouraged to contact instructors for these results. Instructors were also

encouraged to discuss results with their current Basic Writing class students. Feedback was elicited and recorded after the initial study was completed.

A Summary of Procedure Steps

Steps used in data collection were as follows:

 Contacted college Arts and Humanities division director for approval of project and for information regarding number of Basic Writing classes, instructors, and procedures for contacting them.

2. Selected a sample of nine intact sections of basic writing classes, and arranged with instructors the manner of administering surveys and discussions.

3. Pilot tested survey to one basic writing class of ten students.

4. Manually analyzed pilot test data and determined to add class discussions and personal interviews to study research.

5. Surveyed and interviewed instructors of these classes in regards to their impressions of student expectations and writing context as well as their own teaching techniques.

6. Surveyed 102 students individually and facilitated group discussions in the nine classes for information parallel to that requested from teachers.

7. Interviewed 23 volunteer students for the same information, recording student comments manually.

8. Manually analyzed the survey and interview data according to objectives outlined by the study in Chapter I, page 7:

a. Identify attitudes of basic writers toward the writing process and contextual subjects.

b. Identify teaching strategies used by instructors to help basic writers discover more meaningful contexts for composition.

c. Determine if these teaching strategies involve empathic thinking skills.

d. Determine if these strategies are identified by students as helping them improve in writing performance.

e. Determine if these strategies are perceived by instructors as effective methods in facilitating breakthroughs in writing performance.

9. Provided a summary of data to the division director in order to make that information available to interested instructors or students.

Chapter IV will present the findings of this research while Chapter V will submit conclusions and recommendations in regards to these findings.

#### CHAPTER IV

#### FINDINGS

#### General Overview

In review, the problem proposed by this study was the need for instructors to create meaningful contexts for students in order to encourage student involvement in the acquisition of writing skills. The purpose of the study was to determine if instruction of empathic thinking skills facilitated writing development by helping students access these personal contexts. To accomplish this purpose the following objectives were proposed (See Chapter I, page 7.):

1. Identify attitudes of basic writers toward the writing process and contextual subjects.

2. Identify teaching strategies used by instructors to help basic writers discover more meaningful contexts for composition.

3. Determine if these teaching strategies involve empathic thinking skills.

 Determine if these strategies are identified by students as helping them improve in writing performance. 5. Determine if these strategies are perceived by instructors as effective methods in facilitating breakthroughs in writing performance.

Findings of this study are reported according to the above objectives through narrative and tabled data. The information gathered from both instructor and student surveys comprise the focus of the study, providing the numerical data for the objectives. The responses from discussions and interviews are presented under a separate heading in this chapter (Additional Findings), and provide qualitative support for the survey results.

# Demographic Information Concerning Subjects

The subjects of this study were basic writing students enrolled in developmental composition classes at a midwestern, two year community college. To profile the overall student population of this college, the following statistics are given:

Eighty-five per cent of students attending this college come from small towns or rural communities.

Seventy nine per cent of the college population are from white, non-hispanic ethnic backgrounds; sixteen per cent are of Native American descent. Sixty-five per cent are female and thirty-five per cent are male.

In regards to age, forty-four percent of the college population are between 17 years of age and 24, twenty-seven per cent are between the ages of 25 and 34, and twenty-nine per cent are over 35 years of age.

Demographics for the nine classes participating in this study are typical of the overall college statistics just provided. Specifically, of the 102 students surveyed, the demographics reported were as follows:

Fifty-nine students were female and forty-two students were male.

Thirty-eight students were between the ages of 18 and 20, twenty students were between 21 years of age and 25, twenty-one were between the ages of 26 and 35, while nineteen students were 36 or older.

All the students had completed their secondary education: sixteen students had received GED's; eighty-six had received high school diplomas.

Objective One: Attitudes of Basic Writers Toward the Writing Process and Contextual Subjects

In addressing Objective One, the students were asked the following questions on their survey (See Student Survey, Appendix E.): Do you enjoy writing? Why or why not?
 (Question 1 on survey)

 Do you prefer that the teacher choose your topics for writing or do you like to choose? Why? (Question 2 on survey)

3. Do you like to write about subjects that you generally understand or subjects that you need to explore more about? (Question 4 on survey)

4. What subjects do you like to write about?Why? (Question 3 on survey)

Data gathered from the responses on these questions are presented in Tables I-IV respectively.

#### TABLE I

#### STUDENT ATTITUDES TOWARD THE WRITING PROCESS AS CITED ON SURVEY

Attitude Per Cent of Total Stude Who Expressed the Att:	
Detachment/Ambivalence toward Writing	55
Does not like	26
Likes sometimes, but not always / it depends	21
Likes more now, but did not before class	8
Enjoyment/Ease with Writing	45
Writes to express feelings or ideas	27
Writes to create	8
Writes to explore new ideas / to learn	7
Writes to relieve tension and stress	3

Table I (p. 50) summarizes the findings concerning student attitudes toward the writing process. As noted, 55% of all students surveyed expressed a detachment or ambivalence toward writing. They either did not enjoy writing at all, or only sometimes, or were just beginning to feel comfortable with the Those students who stated that they did not process. like writing at all, comprising approximately 26% of the students, said that they lacked the ability or skills needed to express themselves on paper. Another 21% of the total students stated that they liked to write "sometimes," depending on their mood, the topic assigned, time allowed, or whether grades would be given. Eight per cent of the students said that they liked writing better now than they did in the past because they felt like they had improved in their skills and, therefore, now felt more comfortable with the writing process.

Forty-five per cent of all students surveyed said they enjoyed writing. Twenty-seven per cent gave self-expression as the reason for this affinity. Another 8% of all students said writing was a form of creative expression, a means to explore their imaginations. A small percentage of students, 3%, said they used writing as a means to release tension and deal with stress. Only 7% of the students surveyed

gave self-development, learning, or exploring new ideas as reasons for enjoying the writing process.

In addition to the questions asked of students, the instructors were also asked the following as a verification of student attitudes: do you find students initially receptive to learning writing skills, and what attitudes do you encounter? (See Instructor Survey, Appendix D, Question 1) In response to these questions, instructors expressed recognition of typical student fear and resistance. While five instructors claimed having more experience with negative student attitudes, one instructor believed that this response was only temporary, and that students generally wanted to succeed, and tried hard to do so.

In summarizing responses to the question regarding the selection of writing topics, Table II (p. 53) presents student preferences in this area. Sixty-three percent of students surveyed preferred to choose their own topics for writing assignments. Thirteen per cent preferred the teacher to choose, while 24% stated that a combination of both worked best for them.

#### TABLE II

Attitudes Toward Choosing Topics for Writing as Expressed by Students on Survey

Attitude	Per Cent of Total Students Who Expressed the Attitude
Prefer to choose own topic	63
Prefer teacher to choose	13
Both / either / depends	24

Similarly, Table III (p. 53) summarizes student attitudes toward familiar or unfamiliar topics for writing assignments. Sixty-four per cent of all students surveyed preferred to write on subjects which they had some understanding of or enjoyed writing about. Only 8% claimed a preference for topics which required some amount of research. Twenty-eight per cent preferred a combination of both types of subject matter for assignments.

#### TABLE III

#### PREFERENCES TOWARD FAMILIAR OR UNFAMILIAR TOPICS FOR WRITING AS CITED BY STUDENTS ON SURVEY

Preference	Per Cent of Total Students
	Who Expressed the Preference
Familiar Topics: topics wh has an understanding	
enjoys writing about	64
Unfamiliar Topics: topics	which student
needs to research or	learn more about 8
Both / it depends on time	or information
available for explori	ng topic 28

# TABLE IV

# PREFERRED WRITING TOPICS CITED BY BASIC WRITERS ON SURVEY

Subject	Number of Times Cited
Personal Experiences/Events	35
Sports	13
Family	12
Personal Issues/Feelings	10
Animals	10
Nature	10
Art/Stories	10
Friends	6
Work	6
Current Events/Social Issues	6
Love/Relationships	4
Hobbies	4
Cars/Motorcycles	4
Music	4
People	4
History	3
Environmental Concerns	2
Electronics/Computers	2
Law/Criminal Justice	2
Ethnic Origins	2
Medical Field	2
Children	2
Others	4

Table IV (p. 54) summarizes the preferred writing topics identified by students on the survey. At least 83% of the subjects listed concerned personal interests and experiences. Only 17% of the listed subjects concerned more social contexts, such as environmental or political controversies.

Instructors were asked the following additional question regarding relevancy and context: is the concern for relevancy or meaningful context ever expressed by the students, and if so, how do you try to address this question? (See Appendix D, question 2.) In response to this question, all six instructors verified that meaningful context was important for students. All spent time helping students access those The issue of relevancy was addressed early contexts. in the semester, and only one instructor said that relevant context ever became an issue for students. The main technique, initially, for providing meaningful context was given by instructors as student choice in selecting topics for writing assignments. All the instructors helped students in that selection by providing lists of topics, suggestions to work from.

# Objective Two: Teaching Strategies that Access Meaningful Context

In addressing the second objective of this study, students were asked the following question: what types of learning activities do you do in class? (See Student Survey, Appendix E, question 5.) Table V (p. 57) gives a list of all activities referenced by the students and how often they were cited. The class activity most often referenced by students was practice writing to express ideas, mentioned 61 times. Grammar exercises done from a textbook, handout, or chalkboard were referenced 48 times. Exercises to generate ideas for writing were cited 42 times, while writing skills and organization exercises were mentioned 29 and 26 times, respectively. Other activities cited often by students included computer lab exercises, group work, class discussion, and freewriting exercises.

#### TABLE V

#### WRITING ACTIVITIES IDENTIFIED BY STUDENTS ON SURVEY

Activity	Total Number of	of Times Referenced
Expressing/Practice Wr	iting	61
Grammar Exercises		48
Idea Generation Exerci	ses	42
Writing Skills Exercis	es	29
Organization Exercises		26
Computer Lab (Grammar)		24
Groups/Peers		22
Class Discussion		21
Freewriting		20
Journals		13
Revisions		11
Clarity/Coherence Exer	cises	10
Brainstorming		8
Process/Graded Writing		6
Reading		4
Notetaking		2
Clustering		2
Reading Aloud		2
Title Writing		2
Teacher Interview		1
Tutor		1
Quiz		1

In further addressing Objective Two, the six instructors of basic writing surveyed in this study were asked the following questions (See Appendix D.):

 What is your approach in regard to establishing appropriate context for writing assignments? (Question 3 on survey)

2. Do you try to draw out the students' individual contexts in teaching writing? If not, why? If so, what techniques have you used? (Question 4)

3. Do you encourage students, on their own to explore their personal contexts for writing material? If not, why? If so, what techniques do you use? (Question 5)

Table VI (p. 59) presents the strategies cited by instructors in response to these questions. All instructors allowed students the choice of topics for writing assignments and encouraged personal narrative styles of writing, at least in the beginning of the semester. Freewriting, referenced five times, and peer work, cited four instances, were also considered useful in helping students access personal contexts.

# TABLE VI

### STRATEGIES TO ACCESS STUDENT CONTEXTS AS CITED BY INSTRUCTORS ON SURVEY

Strategies	Number	of	Times Cited	l
Student Choice of Topics			6	)
Personal Narratives			6	)
Freewriting			5	;
Peer/Group Work			4	ł
Clustering			3	}
Brainstorming			3	}
List of Possible Topics			3	ł
Journals			3	ł
Exploring Broader Contexts			3	ł
Individual Student Conferences			2	•
Instructor Feedback on Papers			2	•
Real Life Simulation Exercises			1	
Current Event Reports			1	

Objective Three: Teaching Strategies Involving Empathic Thinking Skills

In addressing the third objective of this study, instructors were asked the following questions (See Appendix D, question 6.):

Do you try to teach thinking skills? If not, why? If so, what modes of thinking do you teach? How? Are the skills practiced effective in increasing students' writing abilities?

Table VII (p. 61) summarizes the approaches of the instructors toward teaching general thinking skills in basic writing classes. An assumption was made by the researcher that some characteristics of these thinking skills would qualify them as empathic skills as well. Four of the six instructors felt that thinking skills could be taught through the writing process itself, and because they encouraged academic prose, they also promoted analytical thinking over the empathic. Two instructors expressed that any direct emphasis in teaching thinking skills was usually not effective for basic writers. The four instructors who did promote thinking skills reported that they taught more than one thinking "style." Some of these skills qualified as empathic thinking, emphasizing creativity and personal experience.

#### TABLE VII

# INSTRUCTOR APPROACHES TO TEACHING THINKING SKILLS TO BASIC WRITERS AS CITED ON SURVEY

Approach Number o	<u>of Times</u>	<u>Cited</u>
Teach analytical thinking through the development of academic prose		4
Teach rudimentary thinking skills through instruction in idea organization and paragraph development		3
Through instruction in critical readi	ng	1
Through instruction in listening skil	.1s	1
Teach logical thinking process directly		3
Through instruction in logical fallac	ies	1
Through instruction in organization a structure of ideas	ind	1
Teach creative thinking process directly	*	2
Through instruction in idea developme and prewriting exercises *	ent	1
Through self-directed, personal narra and descriptive prose of student		1
Teaching thinking skills directly is not e	effectiv	e 2

\* These approaches to the instruction of thinking skills have been identified by the researcher as promoting empathic thinking abilities. Objective Four: Strategies Identified by Students as Beneficial to the Writing Process

In addressing Objective Four, students were asked the following questions (See Appendix E):

 Which [learning activities] do you think help you to learn to write better? (Question 5)

2. What do you think is the most difficult thing about writing? What is the easiest? (Question 6)

Table VIII (p. 63) presents a summary of responses to those questions. The process of writing itself was often given as the activity which best aided them in learning to write more effectively. The various forms of writing were referenced a total of 99 times by students. Table VIII individually lists these writing forms cited as: practice writing to express ideas, freewriting, revisions, writing skill exercises, journals, and process or graded writing. Some of these forms overlap, depending on the term the individual student used to label the activity. The practice of "just writing" was also felt to be the easiest aspect of the writing process.

#### TABLE VIII

# WRITING ACTIVITIES CITED BY STUDENTS ON SURVEY AS BENEFICIAL OR DIFFICULT TO THE WRITING PROCESS

Activity	Number of Times Beneficial	
Expressing/Practice Writing	50	5
Grammar Exercises	9	24
Idea Generation Exercises	16	26
Writing Skills Exercises	16	7
Organization Exercises	2	20
Computer Lab (Grammar)	19	
Groups/Peers	11	3
Class Discussion	11	1
Freewriting	15	
Journals	9	1
Revisions	6	3
Clarity/Coherence Exercises	2	8
Brainstorming	3	1
Process/Graded Writing	4	1
Reading		4
Reading Aloud		2
Title Writing	2	

Other activities reported by students as beneficial in writing development were the various forms of group or peer exercises, which were listed 11 times, and in-class discussions, also given 11 times. Computer lab grammar exercises were cited 19 times as beneficial to writing improvement. Students were divided about the benefit of exercises in idea generation. Of the 42 times mentioned, 16 references were positive, while 26 were negative.

Students discussed grammar exercises as activities they participated in during class time, but did not list them as particularly beneficial. Nine references were positive while 24 references were negative. Students also listed organization exercises, outlining, and mapping 20 times as difficult. Exercises in clarity and coherence (such as revising sentence structures) were listed 8 instances as difficult to master. Objective Five: Strategies Perceived by Instructors as Effective in Accessing Contexts

In addressing Objective Five, the instructors were asked the following questions (See Appendix D):

 Which [techniques in drawing out students' individual contexts] are effective and which are not? (Question 4 on survey)

 Do you find this self-directed method of establishing context effective? (Question 5 on survey)

Table IX (p. 66) summarizes the strategies cited by instructors as effective in accessing contexts and improving writing abilities. The researcher found that all instructors participating in this study used teaching techniques that helped elicit personal contexts and also developed empathic thinking abilities. Freewriting was referenced five times as being most effective in this regard. Encouraging personal narratives, at least in the beginning of the semester, was listed by four instructors as effective in fostering writing development. Group and peer work were cited four times as effective in accessing meaningful contexts, and prewriting exercises, such as clustering and brainstorming were also noted, three times each. Other class activities listed were similar to those listed by students, and are also presented in Table IX.

#### TABLE IX

#### STRATEGIES CITED BY INSTRUCTORS ON SURVEY AS EFFECTIVE IN ACCESSING CONTEXTS

Strategies	Number	of	Times Cited
			as Effective
Freewriting			5
Personal Narratives			4
Peer/Group Work			4
Clustering			3
Brainstorming			3
Journals			2
Exploring Broader Contexts			1
Individual Student Conferences			1
Instructor Feedback on Papers			1

# Additional Findings: A Qualitative Review of Group and Individual Interviews

During discussions and interviews, most students expressed fear or confusion with the writing process, even though some still claimed to enjoy writing. Discouraging experiences in earlier classrooms, particularly in regards to rules of grammar, were often cited as reasons for an aversion to writing.

Basic writers felt overwhelmed with the amount of information they needed to learn. They often expressed concern for insufficient time available for writing, citing responsibilities at home and work as general interferents with success. Concern for the amount of time they had been out of school and for the unfamiliarity of the classroom experience was also another common anxiety.

In regards to specific fears, basic writers, in interviews, expressed fear of humiliation, of being criticized by other students as well as by the instructor. Some students told stories of how they had been labeled as "slow" or "stupid" by high school teachers or parents. Those who did not like writing at all claimed they lacked talent. Fear of not living up to expectations blocked their efforts; they did not want to try. Since they could not get thoughts on

paper, writing was not a means of communication for them. Again and again, grammar was cited as the villain of the writing experience.

A sense of confidence was expressed in discussions for writing about subjects they knew about or on which they considered themselves authorities. They tended not to list philosophies, controversial issues, or current events as subjects they liked to write on, unless the issue affected them personally.

Students who seemed more confident in the writing process also discussed subjects for writing which they were interested in learning about, but were not already expects in. These students didn't mind doing some research to explore new topics, if they had the time to do so. The types of subjects these particular students wanted to explore, however, were still more personal than most formal, academic topics preferred by college professors.

In discussions and interviews, most basic writers expressed a general lack of confidence about writing, and a confusion about skills that could aid their writing development. Not seeing the connection between writing techniques and success emphasized the detachment that students felt toward writing. They could not take ownership of their own learning process. Basic writers spoke more about what they

disliked than what they liked, and were unsure of methods that produced better writing. They tended not to see errors, to understand the corrections instructors made on their papers. They further reported that they didn't feel they had made sufficient progress in improving their writing abilities.

Students did not relate to the exercises in organization or structure. The activities they listed on the surveys and discussed orally as beneficial to their writing development emphasized empathic skills over critical thinking abilities. In fact, organizational skills, outlining, limiting topics, and moving from general points to specific supporting ideas were cited as difficult to master.

Students spoke about how difficult it was to "get started." Their responses demonstrated a gap between their life experiences and what they considered "worth" writing about. In these cases, insecurity in their own contexts further alienated them from the writing process. It was as if these basic writers didn't even know where to begin. The writing process was seen as a mysterious skill which they could not connect with at any level.

Although many felt that grammar exercises were important, they also expressed a fear of grammar, citing it in discussions as being the most difficult

part of writing. Most preferred to work on grammar exercises through computer tutorials instead of textbook practice.

While students demonstrated a desire to stick with personal narratives and writer-based prose, feeling more comfortable with these modes of expression, instructors usually felt the pressures of time constraints to move students along. Teachers felt the goal of Basic Writing was to prepare these students adequately for more advanced expository composition. For this reason, they reported the importance of moving "beyond" the personal, empathic expressions to more critical, academic prose.

Instructors did tend to be aware and sensitive to basic writers' fear of grammar, structure, and other mechanics of writing development. The teaching of these skills, along with rudimentary thinking skills in organization, were considered by instructors as the greatest challenge in their instruction of Basic Writing students. The fundamental difference in attitudes between students and instructors in this area centered around concepts of time: how much time should it take for students to acquire these skills? The issue that emerged was whether writing development should be teacher-directed or student-centered, or a compromise of both, given the requirements of state and institutional course guidelines.

#### CHAPTER V

# SUMMARY, CONCLUSIONS, AND RECOMMENDATIONS

## Summary

Responses from the 102 students given in surveys and discussions, and from the 23 students interviewed indicated common attitudes and experiences with the writing process. Certain patterns of coping were also discernible through these responses. Fifty-five per cent of all students surveyed expressed a detachment or ambivalence toward writing. Forty-five per cent said they enjoyed writing. All six instructors surveyed confirmed the ambivalence expressed by their students as well as the efforts made by the students who held a more positive view of writing.

In regards to Objective One, basic writers cited personal context as very important to their writing. Sixty-three per cent preferred to choose their own subjects to write about. Sixty-four per cent preferred to write about those subjects with which they were already very familiar. At least 83% of the subjects listed concerned home, family, relations, work, school, or other topics of personal interest. Only 17% of listed subjects concerned more social contexts, such as environmental or political controversies.

Instructors also verified that meaningful context was important for students, and they all spent time helping students access those contexts. In addition, the six instructors used teaching techniques that helped elicit personal contexts and developed empathic thinking skills.

In response to the question raised by Objective Two, the class activity most referenced by students was practice writing, mentioned 61 times. Grammar exercises done from a textbook, handout, or chalkboard were cited 48 times. Exercises to generate ideas for writing were referenced 42 times.

All instructors cited personal narrative styles of writing as the activity most often used in accessing personal contexts. Freewriting, referenced five times, and peer work, cited four instances, were also considered useful in helping students access contexts.

In relation to Objective Three, four of the six instructors reported that thinking skills could be taught through the writing process. Two instructors expressed that, although thinking skills emerged through the development of writing abilities, any direct emphasis in teaching thinking skills was not effective.

In answer to the questions suggested by Objective Four, students referenced the process of writing

itself, in the form of writing exercises and journaling, 99 times as the activity which best aided them in learning to write more effectively. The practice of "just writing" was felt to be the easiest aspect of the writing process. On the other hand, although many felt that grammar exercises were important, they also expressed a fear of grammar, citing it 24 times as being difficult to understand. The generation of ideas, finding contexts to write about, was mentioned 26 times as being the most difficult part of writing. Outlining and organization was reported 20 occasions as also being difficult to master.

In regards to Objective Five, the researcher found that all instructors used teaching techniques that helped elicit personal contexts and also developed empathic thinking skills. Freewriting was referenced five times as being most effective in this regard. Encouraging personal narratives, at least in the beginning of the semester, was listed by four instructors as effective in fostering writing progress. Group and peer work was also cited four times as effective in accessing meaningful contexts. Instructors, however, were divided in their opinions concerning how quickly students should be expected to move "away" from personal narratives toward more academic prose.

# Conclusions

In analysing both student responses and instructor comments, the study here shows support for the literature concerned with the importance of context in teaching Basic Writing. Those students who did consider themselves successful writers, citing examples of improvement, demonstrated a connection to their own writing development. They felt like their ideas, their "life" lessons, were important enough to express. Because they were encouraged by instructors to share those contexts with others, they were, then, less uncomfortable with the mechanics of writing than those majority of students who still felt "inferior" to other college students.

Students who had come to terms with their personal contexts, in whatever shape that took, also demonstrated a more open attitude toward the contexts, ideas and opinions, of others (in the reading assignments or class discussions). The other students who still seemed closed to their own contexts, unable to voice or write about them adequately, were either less accepting of new ideas or skills, or less capable of processing them.

The syndrome that seemed to play out for the majority of basic writers who were "stuck" along the

writing continuum was easily identified through the following phases:

 Fear of the writing process, and lack of confidence in oneself as a student.

 Detachment from the writing process and one's own personal contexts of experience, strengths, voice, and abilities.

3. Avoidance of or difficulty in assimilating new ideas or skills.

 Delay of breakthrough, little if any improvement in writing ability.

When this scenario is compared with the developmental model of writing presented in the literature of this study, a similarity can be seen. If we, again, outline that model, this comparison will be more easily demonstrated. For that purpose, the steps of successful writing development, as discussed in the literature, are enumerated below:

Confidence in and awareness of personal contexts.

2. Self-expression through writer-based prose.

3. Meeting and resolving incongruities between personal contexts and new contexts encountered.

4. Breakthroughs in writing development characterized by more incidence of reader-based and academic prose.

The difference between successful or struggling writers is not an ability to adapt to a more academic, critical thinking mode of expression, but rather a prevailing attitude of self-knowledge, confidence, and "connectedness" to the writing process. The successful student has learned to work effectively with personal contexts. In the study, the student who expressed an affinity for writing, and who demonstrated breakthroughs, most often cited, as beneficial, teaching techniques that fostered the development of empathic thinking abilities.

The main conclusion reached through this study, then, is that any teaching technique that assists students in getting in touch with their own base of knowledge and skills provides for them a surer footing to proceed on to more advanced forms of writing and expression. In teaching basic writers how to connect with their own learning process, instructors help alleviate the fear that cripples these students. Particularly, by teaching empathic thinking skills in the primary stages of writing development, instructors assist students to become more involved and self-directed in the acquisition of writing skills.

# Recommendations

As recommendations, the researcher would like to offer several specific teaching techniques. These instructional tools were listed most often by students and instructors as effective in fostering breakthroughs in writing development. Although they all involve the teaching of various types of skills and abilities, they share a common bond. These techniques tend to be experiential, student-directed, and all help to develop empathic thinking skills as defined by this study. In this regard, they also assist students in accessing their personal contexts and exploring new ones.

Because of the connection of thinking to the writing process, any exercise in writing itself fosters exploration of context. Along with the formal assignments in writing, freewriting and journaling, in various modes, are of great benefit to basic writers. They provide a means of practicing self-expression and idea formation. The important aspect of freewriting is that it remains uncritiqued and uncensored. Depending on the situation, journals can be shared within small groups or with the instructor. The sharing of ideas in writing also fosters cognitive development, but sometimes, for students to feel comfortable in exploring contexts, private writing should be encouraged. This writing would go unmonitored, except by the student individually.

Another technique to encourage context exploration is in the sharing of writing exercises in small groups. Group work stimulates and broadens contexts and helps students overcome feelings of isolation. Peer interaction can provide positive feedback and validation on writing assignments without the authoritarian input of the instructor. Group work is also beneficial for alleviating the pressure in grammar exercise work. Working on grammar exercises together can help students relax more with the mechanics of writing.

Computer tutorials, if user-friendly and readily accessible to students, are an excellent way of addressing grammar and the mechanics of writing. The private, self-directed correction of errors by the computer is gentler on students. Also, there is a sense of discovery that can promote student

self-confidence since tutorials move only at the pace of the individual.

Since basic writers also have difficulty with reading assignments, generally speaking, any instruction in notetaking and basic study skills will assist them in obtaining greater comprehension of reading texts. Summary writings can also provide opportunities to both practice writing and thinking skills as well as assimilate reading material.

## Concluding Recommendation

Finally, as a more general recommendation, the researcher offers the following observation. Basic writers respond positively to coursework that is more self-paced, with less structure. Learning writing skills within the confines of semester time frames places untold pressure on non-traditional, basic writing students. These students, again and again, expressed concern for the conflicts in personal responsibilities and duties. They did not have time to study, to keep up with the pace expected of them. In an expanded time frame, instructors can take the time necessary to establish that initial foundation of writer-based prose before emphasizing more expository composition based on academic standards of grammar and structure.

In this respect, educational institutes can genuinely honor these nontraditional students for the real life "contexts" within which they, as students and responsible adults, must work. Arrangements should be made to organize more independent study, while still providing adult students with tutoring assistance and group feedback. Advances in this direction are already being made in institutes of higher learning through various media and instructional models. Much more effort is needed if we truly expect to meet these students on their own home ground.

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Appendixes

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#### APPENDIX B

Oral Solicitation of Basic Writing Students

Students were told the following as introduction to the survey and oral discussion:

1. They will be given a survey to fill out asking them about their writing experiences: what they like and do not like about writing, what they like to write about, and what class activities seem to help them in their writing skills.

2. Participation is voluntary and anonymous. Students will not be required to put their names on the survey form. Some information is asked at the end of the survey regarding age, gender, and educational backgrounds and goals.

3. The information on this survey will be used to help students in the writing process. These surveys may be able to help make a better class for students by identifying more effective activities for teaching writing. Instructors will be able to read the responses on the surveys.

4. The surveys will be used as research data for a Master thesis project.

5. Students should fill out the survey as completely as possible. The more information received, the more effective the survey will be in addressing the needs of the students. If students have any questions, they can ask the researcher. The survey will take about twenty minutes to complete.

6. Students will also be given an opportunity to discuss orally any ideas about writing they would like to share after the survey is completed.

7. A sample of students will be asked to provide more detail about their writing experiences based on survey questions through personal interviews. These oral interviews will be recorded for later reference.

## APPENDIX C

Oral Solicitation of Basic Writing Students for Personal Interview

Students were told the following as introduction to and explanation of the interview schedule:

1. They will be asked questions about their writing experiences: what they like and do not like about writing, what they like to write about, and what class activities seem to help them in their writing skills. They may also share any experience, good or bad, which they have had in regards to writing, in classes or personal.

2. The interview is voluntary and anonymous. A written record will be made of the interview only for reference purposes later. The researcher will be the only one who hears the actual interview.

3. The information gathered will be added to other information gained from surveys and discussions and will be used to help students in the writing process. All this information may be able to help make a better class for students by identifying more effective activities for teaching writing.

4. The interviews will be used as research data for a Master thesis project.

5. Students are free to share as much information as they wish, and no more. However, the more information received, the more effective the research will be in addressing the needs of the students. If students have any questions, they can ask the researcher at any time. The interview should not take more than fifteen minutes.

#### APPENDIX D

Survey for Instructors of Adult Basic Composition

("Context," in this survey, refers to the body of knowledge, experience, and circumstances (whether personal or not) that students draw on for content material in writing assignments.)

1. Do you find students initially receptive to learning writing skills? What attitudes do you encounter?

2. Is the concern for relevancy or meaningful context ever expressed by the students? If so, how do you try to address this question?

3. What is your approach in regard to establishing appropriate context for writing assignments? Is context important in teaching writing skills? Why or why not?

4. Do you try to draw out the students' individual contexts in teaching writing? If not, why? If so, what techniques have you used? Which are effective and which are not?

5. Do you encourage students, on their own, to explore their personal contexts for writing material? If not, why? If so, what techniques do you use? Do you find this self-directed method of establishing context effective? Why or why not?

6. Do you try to teach thinking skills? If not, why? If so, what modes of thinking do you teach (i.e., logical, creative, etc.)? How? Are the skills practiced effective in increasing students' writing abilities?

## APPENDIX E

Survey for Students of Adult Basic Composition

1. Do you enjoy writing? Why or why not?

2. Do you get to choose what you want to write about for class assignments? If so, how do you decide what to write about? Do you prefer that the teacher choose your topics for writing or do you like to choose? Why?

3. What subjects do you like to write about? Why?

4. Do you like to write about subjects that you generally understand or subjects that you need to explore more about? Why?

5. What types of learning activities do you do in class? Which do you enjoy doing and which do you not enjoy? Which ones do you think help you to learn to write better?

6. What do you think is the most difficult thing about writing? What is the easiest?

Age:\_\_\_\_ Gender:\_\_\_\_

Do you have a H.S. diploma or a GED?\_\_\_\_\_ OR, still studying for a diploma or GED?\_\_\_\_\_

Will you be continuing your education in college?\_\_\_\_\_ OR, VocTech school?\_\_\_\_\_

# VITA

Lynell D Kristan

Candidate for the Degree of

Master of Science

Theses: A DESCRIPTION OF MEANINGFUL CONTEXTS, EMPATHIC THINKING, AND PERSONAL BREAKTHROUGHS IN THE PERFORMANCE OF ADULT BASIC WRITERS

Major Field: Occupational and Adult Education

Biographical:

- Personal Data: Born in Woodville, Texas, on August 29, 1953, the daughter of Virgil L. and E. Christine Perryman. Mother to Jacob K., Paul M., Michael L., and Steven F. Easter.
- Education: Graduated from Central High School, Tulsa, Oklahoma in 1971; received Bachelor of Science degree in English Literature from the University of the State of New York, Albany, New York in 1990. Completed the requirements for the Master of Arts degree with a major in Occupational and Adult Education at Oklahoma State University in May 1995.
- Experience: Taught Freshman Composition I, Basic Grammar, and Basic Writing At Rogers State College, Claremore, Oklahoma from 1993 to present. Also tutored in same subjects and served as Tutor Coordinator and Learning Resource Specialist at Rogers State College, Student Support Services from 1992 to present.
- Educational Memberships: Sigma Tae Delta and Golden Key Honor Societies.
- Professional Membership: Oklahoma Academic Advising Association.

#### OKLAHOMA STATE UNIVERSITY INSTITUTIONAL REVIEW BOARD HUMAN SUBJECTS REVIEW

Date: 10-28-94

IRB#: ED-95-021

**Proposal Title:** THE RELATIONSHIP OF EMPATHIC THINKING SKILLS TO CONTEXT IN TEACHING ADULT BASIC WRITING AT ROGERS STATE COLLEGE

Principal Investigator(s): Robert Nolan, Lynell D. Kristan

Reviewed and Processed as: Exempt

Approval Status Recommended by Reviewer(s): Approved with Provisions

APPROVAL STATUS SUBJECT TO REVIEW BY FULL INSTITUTIONAL REVIEW BOARD AT NEXT MEETING.

APPROVAL STATUS PERIOD VALID FOR ONE CALENDAR YEAR AFTER WHICH A CONTINUATION OR RENEWAL REQUEST IS REQUIRED TO BE SUBMITTED FOR BOARD APPROVAL. ANY MODIFICATIONS TO APPROVED PROJECT MUST ALSO BE SUBMITTED FOR APPROVAL.

Comments, Modifications/Conditions for Approval or Reasons for Deferral or Disapproval are as follows:

# **PROVISIONS REQUESTED:**

The subjects (students) should be told that participation is voluntary and should be given the approximate amount of time required to complete the questionnaire.

Signature:

Chair of Institutional Review Bear

Date: November 16, 1994