

Circular No. 45

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OKLAHOMA
AGRICULTURAL AND MECHANICAL COLLEGE
STILLWATER, OKLAHOMA

—o—
EXTENSION DIVISION

IN COOPERATION WITH

UNITED STATES DEPARTMENT OF AGRICULTURE
STATES RELATIONS SERVICE

JAS. A. WILSON, DIRECTOR
—o—

PLANS FOR 1917
HOME DEMONSTRATION CLUBS
AND
POULTRY CLUBS
—o—



SCHOLARSHIP WINNERS, OKLAHOMA A. & M. COLLEGE, YEAR 1916-1917
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ASSISTANT IN CHARGE OF POULTRY CLUBS

OUTLINE OF PLANS FOR 1917 HOME DEMONSTRATION CLUBS

Canning, Poultry and Better Bread Clubs are being formed for boys and girls of Oklahoma for the following reasons:

1. To encourage rural families to provide more and better food at a lower cost.
2. To encourage club members to have a better education.
3. To enable boys and girls to raise more and better poultry on Oklahoma farms and thus increase the family income.
4. To stimulate interest and cooperation among members of the immediate family and the people in the community.
5. To make life in rural communities more attractive.
6. To make better home-makers, thus better Oklahoma citizens.

PLANS FOR CLUBS

The following clubs will be organized and supervised by the county home demonstration agents, and in a very limited number of counties by the county agent, in cooperation with the Extension Division of the Agricultural and Mechanical College and the United States Department of Agriculture.

Requirements

Boys and girls from ten to eighteen years of age may join any one or more of these clubs. All club members will be expected to attend club meetings if possible. All club members are expected to keep records of their work and send a written account of their work to the agent. All reports are due at Office of Boys and Girls Clubs November 15, 1917.

Canning Club

Canning Club members must cultivate one-tenth acre garden. All Canning Club girls will be expected to keep a daily record book and write a story of the year's work and send in to the county home demonstration agent by November 6, 1917.

If weather conditions are unfavorable, the following rules in regard to exhibits may be changed:

First year Canning Club members shall cultivate one-tenth acre garden, all tomatoes, if advisable. They should exhibit at the township, county and State Fair in quart jars—1 jar of tomatoes, 1 jar of tomato puree, 1 jar chili sauce, 1 jar of ketchup, 1 jar green tomato pickles and 1 jar of peaches. If these vegetables are not available, other vegetables may be substituted,

but in counties in which these vegetables are available we shall hold to this request. They shall make a holder, hem a dishtowel and make an apron according to instructions of agent.

Second year girls shall have one-tenth acre garden, part of which is planted to tomatoes and part in string beans. They should exhibit at township, county and State Fair in uniform quart jars 1 jar tomatoes, 1 jar soup mixture containing okra, 1 jar chili sauce, 1 jar ketchup, 1 jar green tomato pickles, 1 jar beans, 1 jar canned peaches, 1 jar peach marmalade, 1 jar watermelon preserves, and three other fruits. They shall make cap and embroider the club emblem on apron and cap.

Third year girls shall cultivate one-tenth acre garden, part of which is planted in tomatoes, part in beans and part in one other vegetable. They should start a perennial if possible. They shall exhibit at the township, county and State Fair in uniform quart jars—1 jar tomatoes, 1 jar soup mixture using beans and okra, 1 jar beans, 1 jar corn, 1 bottle or jar of ketchup, 1 jar dixie relish, 1 jar beet pickles, 1 jar canned beets, 3 jars of canned fruits, 1 jar of peach or watermelon preserves, and 2 cans tomatoes (tin). One can will be opened at State Fair. They should make a club dress of blue or pink chambray or gingham, or white muslin, if possible.

Fourth year girls shall cultivate one-tenth acre garden in which they may specialize on all one vegetable or may have a variety of vegetables. They should start a second perennial, if one was started during the third year, or start the first perennial if possible. They should exhibit at the township, county and State Fair in uniform quart jars—1 jar of dixie relish, 1 jar corn, 1 jar tomatoes, 1 jar beans, 1 jar of corn relish, 1 jar peas, 1 jar of peach pickles, 1 jar cucumber pickles, 1 jar peach preserves, 3 jars of other fruits, and 6 tin cans, 2 of which are tomatoes, 2 of beans and 2 of soup mixture. One tin can of each variety will be opened at the State Fair. They should make a woolen dress of blue serge if possible.

No prize for Canning Club work will be paid by State Fair Association unless record books are in Office of Boys and Girls Clubs by November 15, 1917.

Fifth year girls shall cultivate one-tenth acre garden. They may have all perennials, a variety of vegetables, or may specialize on one vegetable. Agents should be consulted before the garden is made. We suggest that the members display in the general exhibit. They may compete with fourth year girls. They are expected to cook many vegetables.

Better Bread Club

All club members shall carry out each week all instructions sent them. Lessons should be followed out in order given.

Report of work should be sent county home demonstration agent every two months.

All club members will be expected to write a story of the year's work and to make a final report on blanks furnished them.

First year members shall follow instructions in first year leaflet. The work will consist of making batters and soft and stiff doughs. Each member should exhibit at the township and county fair—1 loaf of bread, 6 biscuits and 1 loaf of gingerbread or ½ dozen cookies. These articles must be made from recipes given in Bread Club leaflet.

Club members should make a holder, hem a dishtowel and make an apron.

Second year club members shall follow instructions in second year leaflets. The work will consist of breadmaking, cookery of milk, eggs and vegetables. Each member should exhibit at the township and county fair—1 loaf of bread and 6 light rolls.

Club members should make a cap and embroider club emblems on cap and apron.

Third year club members shall follow instructions in third year leaflets. The work will consist of breadmaking, poultry and vegetable cookery and preparation of meals. They shall exhibit at the township and county fair—1 loaf of bread and club dress. The third year club girls should make a club dress out of some cotton material, such as pink or blue chambray or white muslin.

Poultry Club

First Year Members.—Each member must set three sittings of purebred eggs (if possible), raise at least seven purebred pullets and one cockerel (if possible), to be carried over for use in the second year work, keep an accurate record on blanks provided by Boys and Girls Club Department, furnish a report of the first year's work, and exhibit a trio of birds at the county fair or contest.

Second Year Members.—Each member must set three sittings of purebred eggs and raise at least fifteen purebred pullets and two cockerels (if possible), keep an accurate record on blanks provided by Boys and Girls Club Department, and exhibit a trio of birds at the county fair or contest.

NOTE.—There will be a poultry management contest, open to second year members who have shown that they are especially interested in the Poultry Club work. There will be a suitable premium for this contest.

REQUIREMENTS FOR STATE AND STATE FAIR CONTESTS

Canning Club

The ten best exhibits shown at county fair by Canning Club members shall constitute the county canning club team, and should be sent to the State Fair .

Better Bread Club

The girls winning on Bread Club exhibit the first, second and third places at the county fair will be expected to bake a second loaf of bread and send it to the county home demonstration agent in time to be exhibited at the State Fair.

Poultry Club

The five best trios of purebred birds in each county contest shall constitute the county team, and be sent to the Oklahoma State Fair as such.

Each member of the team shall exhibit a trio of purebred birds, consisting of two pullets and one cockerel.

Egg Contest

There will be an egg contest open to Poultry Club members taking work under the Club Department of the United States Department of Agriculture and the Extension Division of the Oklahoma A. and M. College cooperatively. This contest will be based upon the quality of the interior of the egg.

There will also be an egg contest for the adult demonstrators who are doing work under the direction of the county and women agents.

All club members who send in good reports and stories of year's work required will be given a certificate. When the club member has received four of these certificates a diploma will be awarded by the Office of Boys and Girls Clubs.

All club members who have a grade of 85% in Office of Boys and Girls Clubs will receive a certificate signed by State Superintendent of Public Instruction, Director of Extension and agent in charge of club work. This certificate will excuse club members from eighth grade examinations in agriculture or domestic economy.

SCORE CARDS

Score Card for Canning Contest

Business showing	30 points
(To include management, 10 points; yield, 10 points; and profit, 10 points)	
Quality	30 points
(Exhibit, 15 points; other canned products not exhibited, 15 points)	
Dairy record book	20 points
Written account of season's work	20 points

Score Card for Better Bread Contest

Exhibit	45 points
Written account	20 points
Monthly reports	35 points

Score Card for Poultry

First Year—

Total number of purebred birds at weaning	40 points
Exhibit	25 points
Reports and compositions	35 points

Second, Third and Fourth Years—

Size of flock cared for by club member	15 points
Net profit from mature flock	30 points
Number of purebred birds at weaning	25 points
Exhibit	15 points
Reports and compositions	15 points

STORY OF THE DEMONSTRATION EMBLEM

Parts of the Emblem

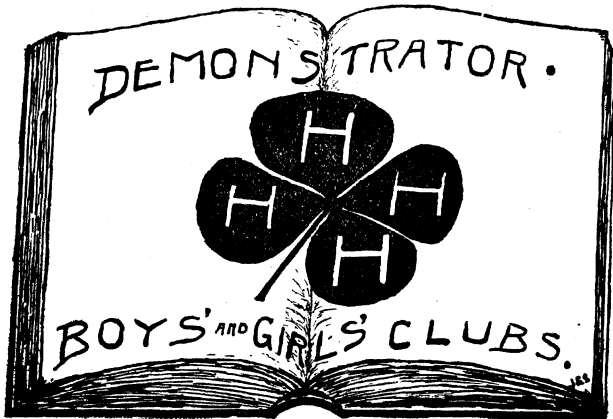
Book, four-leaf clover, tomato, kernel of corn or boll of cotton and the four or five "H's". In addition to this, at the top of the book the words "Girls P. and C. Club", "Boys Corn Club", "Boys Cotton Club", "All Star Corn Club".

The regular emblem of the club work will also be the trademark for the "Members of the Demonstration Club Work", and will be found upon all labels used on seed corn and canned products, grown and packed by regular members of the club.

Meaning and Story and Division

The Boys and Girls Demonstration work represents a "Four Square" training of its members for the "Four Square" needs of citizenship and home life.

The four "H's" represent the equal training of the head, heart, hands and health of every child.



Club Emblem

These "H's" Have a Trinity Training Value

Train Head to:

- (a) Think
- (b) Plan
- (c) Reason

Train Heart to:

- (a) Be Kind
- (b) Be True
- (c) Be Sympathetic

Train Hands to:

- (a) Be Useful
- (b) Be Helpful
- (c) Be Skillful

Train Health to:

- (a) Resist Disease
- (b) Enjoy Life
- (c) Make for Efficiency

The five "H's" of the "All Star Corn Club" pin signify the Head, Heart, Hands, Health and Home. For "All Star Club" work we add the fifth "H", which represents the "Home" and its training of value is the real bulwark of our Nation. The club work strives to train for a home life that represents (a) True Character, (b) Comfort, and (c) Contentment.

Book.—The book, as a background, signifies the need of education and definite knowledge on the farm and home interests in order to make for better rural life.

Four-Leaf Clover.—The four-leaf clover represents the principles of scientific farming—rotation of crops, and building, and larger production and greater profits on less acres for the common people.

Objective Interest.—The tomato, kernel of corn or boll of cotton signify the relation of the garden or farm products to a happy and contented citizenship.

"Demonstrator".—The word "Demonstrator" means that every club member is a demonstrator of the best known methods in modern agriculture, and that they have not only agreed to read the instructions furnished by the College of Agriculture and United States Department of Agriculture, but have followed these instructions during a period of not less than one year on not less than one acre in the Corn, Grain Sorghum, Peanut and Cotton Club work, and on not less than one-tenth-acre in the Girls Garden and Canning Club work.